



Serving Super Bowl XLII



ActiveForever.com

MEDICAL EQUIPMENT, SUPPLIES & HEALTHCARE INNOVATIONS

If ActiveForever carries it, it's a great choice!

Fitness & Physical Therapy

AQx Aquatic Training Shoes



see page 4

Body Back Buddy



see page 6

Lumbar Extender Back Stretcher



see page 6

SlumberSleeve® Pillow



see page 13

Spine-Worx Alignment System



see page 6

ReliaMed® ZZ320C TENS Unit



see page 10

A letter from the Chief Happiness Officer



Congratulations! If you are reading this catalog, you are one of the smartest and most loveable people in the country.

Dan, who heads up our product discovery department has super-hero powers and knows how to pinpoint the highest quality, feature-rich products in existence. You will also continue to enjoy paying the best prices for brilliant and hard-to-find products. We only ask four things in return for all of our hard work:

- Tell all of your smart and loveable friends and colleagues about ActiveForever
- Buy lots of gift certificates and enjoy bulk buying discounts
- Please contact DBrown@ActiveForever.com if you utilize, or are in search of the perfect sports related or health related product line. We either have wholesale access to what you're looking for, or we can warehouse, fulfill and launch your desired product line through our brilliant sales and fulfillment business operation.
- Sign up for our free Discovery Digest emailing to stay informed, and enjoy online specials

Proudly, your President & CEO,
Erika Feinberg



ANNOUNCING:

ActiveForever launches Western Fulfillment!

ActiveForever is now working closer than ever with its manufacturers to help ensure quality, speedy and accurate fulfillment, and a great customer experience.

Olive Business Park
9299 W. Olive Avenue,
Suite 604
Peoria AZ 85234
623-215-8470

Interactive Showroom
7:30am-5:30pm M-F

Follow 101 to Olive Ave
Exit. Follow Olive Ave into
the Olive Business Park
ActiveForever faces the 101 freeway



Now Open!
Another ActiveForever Showroom!

... Also Contains

Western Fulfillment

A Division of ActiveForever.com



Due to the rehabilitation and hygiene nature of our products, most of our products are non-returnable. Please call or go online to look at the products that interest you for details.



Where displayed: FREE ground shipping in the continental United States.



Where displayed: Due to size and weight, additional shipping charges apply



ActiveForever.com
Approved Product!

Since we test and try the products we choose to carry, it's safe to assume all of our products are fairly easy to assemble, high

quality, VERY well priced, and our manufacturers of choice are consumer-friendly. You will see this icon appear if a particular product is either one of a kind in the country, extraordinarily effective, or if we have purchased an entire warehouse of the product in an effort to bring it to you at an insanely low price.

10799 N. 90th Street, Scottsdale, Arizona 85260

480-767-6800

Interactive Showroom

7:00am - 5:30pm M-F

9:00 am - 2:00 pm Saturday

From 101, take Shea Exit; Follow Shea One Block East,
Then Left (North) On 90th Street, Second Building On The Right.



Please Call for Quote on Bulk Orders or on Expedited Shipping
AND ALL PAYMENTS BEING MAILED IN:
800-377-8033, 480-767-6800 or 623-215-8470

PAYMENT METHOD

- VISA / MASTERCARD DISCOVER PURCHASE ORDER
 AMERICAN EXPRESS WIRE TRANSFER CHECK
 MONEY ORDER

CARD NUMBER _____ EXPIRATION DATE _____

CARD HOLDER NAME (Please Print) _____ SIGNATURE _____

MAIL TO

Active Forever Products
10799 North 90th Street
Scottsdale, AZ 85260-6726

*Please Call 800-377-8033
for Bulk Orders,
Purchase Orders or
Expedited Shipping*

If you are mailing in your order:

1. Please call to place your order if you are mailing in your payment
2. We will furnish you with an order number to include on your check or money order and the exact amount of your order
3. Your items will be reserved for you and shipped when your check or money order is received

ActiveForever.com Satisfaction Guarantee

1. Please be sure to contact ActiveForever to obtain a Return Merchandise Authorization Code (RMA). Packages sent to us without RMA's will be refused due to security and business operations reasons.
2. Refunds and replacements are cheerfully extended on returns within 30 days of your order shipping date, and all defective products are exchangeable.
3. Products must be in resalable condition and in its original packaging in order to be accepted for (RMA). We will process your return immediately upon receipt.
4. Due to the rehabilitation and hygiene nature of our products, most of our products are non-returnable.

RMA's & Troubleshooting can be obtained via CustomerService@ActiveForever.com or 800-377-8033

Reprocessing Fees of 15%: On products such as scooters, lifts, lift chairs, walkers, rollators, bulk equipment, beds, electronics (such as Quicklook, MAX, HairMax, etc.) treadmills, ladders and steps.

Prices subject to change without prior notice.

This catalog only represents a small cross section of our product selection, to see our entire selection, please visit our website: www.ActiveForever.com.

LOW PRICE GUARANTEE

We shop for the best deal, so you don't have to!

SAME DAY SHIPPING

We ship all in-stock orders within 24 hrs.

PROCUREMENT RESEARCH

THIS IS A UNIQUE AND FREE SERVICE!
Leverage our buying power and market knowledge to track down the best choices and best prices on all of your major product expenses. We will achieve ways of helping your budgets go further.

Western Fulfillment is Committed to Building Partnerships

ActiveForever is so intensely committed to delivering perfection, we founded our own unique model of fulfillment operations. Due to the efficient, urgent and medical nature of our business, perfect and timely delivery is key.

Western Fulfillment exists to transform our relationship with our suppliers to more of a marketing partnership that helps turn inventory quicker and cleaner.



Western Fulfillment Is Ideally Poised For the Following Manufacturers

- Manufacturers who would benefit from having a Western or US based distribution center
- With health-related niche SKU's and craving a niche sales outlet
- With products that have tremendous revenue-generating potential
- With life-enhancing, quality products



- With well-designed, portable/ shippable products
- With outstanding product design and development capabilities

Your contact at Western Fulfillment:
Natasha Turra, General Manager
Western Fulfillment
623-215-8470
NTurra@ActiveForever.com
www.WesternFulfillment.com



Spa-N-A-Box Portable Spa



- You now have an easy, affordable way to enjoy a soothing spa experience anywhere, anytime!
 - Micro air-jets provides you vigorous body massage to soothe your aching muscles
 - Sets up in about 20 minutes and plugs into a regular household outlet
 - 300 gallon capacity, accommodates 4 - 6 people
 - Outer Diameter: 73 1/2", Inner Diameter: 64 1/2", Height: 27"
 - Empty Weight: 79 lbs, Filled Weight: 2,569 lbs
 - Spa requires 24 - 48 hours to reach operational temperature
- A19535** **999.00**
A19537 UV Full Cover for Spa-N-A-Box **79.00**



Spa2Go Portable Spa



- Jets provide a deep, relaxing massage
 - Tough vinyl construction allows indoor or outdoor use, any time of year
 - Fast setup using a standard home electrical outlet - no electrician needed!
 - Spacious, round design with InsulAir bladder keeps the heat in and saves energy; improved 2-stage filter, pump, and control system
 - Includes attractive, locking soft cover
 - 250 gallon capacity accommodates 3 - 4 adults
 - Outer diameter: 74", Inner diameter: 58", Height: 28"
 - Empty weight: 68 lbs, Filled weight: 2,245 lbs
- A19532** **749.00**



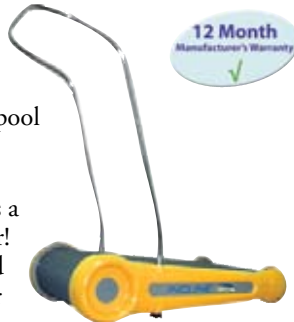
Spa2Go/Spa-N-A-Box Portable Spa Combo Care Kit

- Comes complete with all the supplies you need to keep your spa clean and clear
 - Includes Chemical Kit, 2-Pack of Replacement Filters, Drain and Fill Kit, Floating Bromine Dispenser, and detailed instructions for use of all chemicals and supplies
- A19539** **109.00**

The INCLINE Aquatic Treadmill

Lift the pressure off your joints and blood pressure, while allowing you to work your muscles in every direction!

- Very low impact, no muscle pain due to no lactic acid build-up
 - Soft feet for traction, no damage to pool
 - Removable stainless handle bar for easy flipping
 - Smooth, self-powered motion just as a traditional treadmill but under water!
- PAT 201** Model includes double-sided platform; unit roller side up for higher speed training, or platform side up for long distance runs. Weighs only 72 lbs
- PAT 302** Model includes 201 series features, and a Rotor Resistance component which enhances belt movement for interval training, the secret weapon for athletic training, health care facilities and injury rehab. Weighs only 75 lbs



Please encourage your Therapy or Fitness Director to contact ActiveForever for details.



- A12130 201** **1,793.95**
A12130 302 **2,395.95**

AQx Aquatic Training Shoes Enhance Your Aquatic Rehabilitation and Workout!

- Protect your feet and provide traction for deep water running
- Helps you build speed, agility, and lower body strength
- Add more resistance to aquatic exercise
- Great for rehabilitation and therapy exercises
- Ventilated mesh aids in the drying process
- Comfortable and form fitting – true to size
- Available in Women's sizes 6-10, Men's sizes 8-15



A16122 **74.95**



AquaJogger Active Water Exercise Belt

- Waist buoy takes stress off back and body
- Easy-to-operate quick-release buckle
- Promotes correct posture, lower back support, and tones abdominals
- Suspends you in deep end for upright flotation for exercise or jogging



Fits up to a 48" waist
A12124 **27.95**



SLENDERTONE®

Time to look and feel good



FLEX® Abdominal Toning System

SLENDERTONE FLEX Ab Belt Features:

- Firms and tones abdominal muscles using electro-muscle stimulation medical grade technology
- Clinically shown to firm, tone and strengthen abs
- Works out entire abdominal region, not just the muscles under the pads
- Four different workouts and different levels of intensity
- Can be worn during regular daily activities
- Great for anyone who doesn't have time for the gym
- Instructional DVD included

FREE

A13483 01 Men 139.00

A13483 02 Women 139.00

A13483 03 GelPad™ Refills..... 28.95



FLEX® GO! Abdominal Toning System

- Firms and tones your midsection
- Clinically shown to strengthen ab muscles and improve abdominal muscle endurance
- Medical-grade electro-muscle stimulation technology simultaneously works all of your ab muscles
- Compact and portable - easily worn under clothes
- Easy to use
- GelPads™ won't stick to your skin and do not require any messy gel
- Gives you an effective yet comfortable workout
- See results in just weeks!



FREE

A15959..... 99.99



FREE

FLEX® Toning Shorts for Bottoms and Thighs

- Uses electrical impulses to stimulate muscles, causing them to contract and relax
- Works and tones quadriceps, hamstrings, and gluteal muscles
- Focuses on same muscles used while skiing, rollerblading, or using elliptical cross-trainer
- Utilizes same patented, award-winning technology as SLENDERTONE FLEX Ab Belt
- Most users see results in just weeks when used regularly
- Ergonomically designed for women
- LCD Display with 4 workout programs
- Instructional DVD Included

A13484 01 Shorts..... 89.00

A13484 02 GelPad™ Refills..... 39.95



Lumbar Extender Back Stretcher

Enjoy Better Back Health!

- Relieves muscle tension to enhance overall well-being, helps with sore backs and stress-related tension
- Most beneficial when used before any prolonged activity or inactivity
- Convenient and easy-to-use treatment and preventative care product
- Provides three levels of stretching
- Flattens for easy transport, making it great for travel
- Collapsed dimensions: 16"L x 10"W x 1 1/8"D;
Arch ranges: 2 3/4 - 4 1/4"



FREE 

A12940.....69.95



Back Wave II

Give Your Back Relief From The Stress Of Everyday Life!

- Reverses the effects of spinal compression caused by walking, standing, and sitting
- Gently curved to give you natural traction
- Instantly relaxes lower back, shoulder, and neck muscles
- Relieves muscle spasms, eases disc pressure, and helps to prevent pinched nerves
- Sturdy wood frame covered with comfortable foam and wrapped in wipe-clean vinyl
- Dimensions: 15 1/2"H x 10"W x 3 1/2"D

A15949.....38.95



Spine-Worx

It's All About Spine Alignment and Pain Relief!

- As you lay down, align and stretch your spine for correcting posture and pain relief
- Can use on the bed, a treatment table or the floor
- Line your spine up between the rubber spine aligner, relax and stretch
- Designed to apply pressure to the mid (thoracic) and lower (lumbar) back only, not designed for the neck (cervical)
- Dimensions: 24"L x 7"W x 3"H
- Weight: 2 lbs

A12916.....34.95

FREE 



Male

Female

Sacro Wedgy

Achieve Better Muscle Balance for Better Posture

- Helps to relieve sciatica, low back pain, hip pain, knee pain, and more
- Lay down with this strategically placed under your lower back to elevate your sacrum, allowing muscles in your lower back to relax and realign
- Promotes long term care of your muscles and joints
- Creates "natural" traction when used with a firm neck support
- Male and female version available to fit the natural contours of your sacrum

A12941.....25.95



NeckPro® Cervical Traction Device

- Easy to use and release!
- Precision, computer designed compression spring together with a unique patented rope ratcheting device, delivers cervical traction incrementally
- Each audible "click" of the ratchet signals approximately 1 lb traction
- Includes compression spring and bracket assembly, head halter and overdoor bracket
- Fits standard doors 1 1/2" thick

1 year limited warranty on unit, 90 day limited warranty on head halter

A12915.....43.95

Bracket for doors up to 1 1/4"

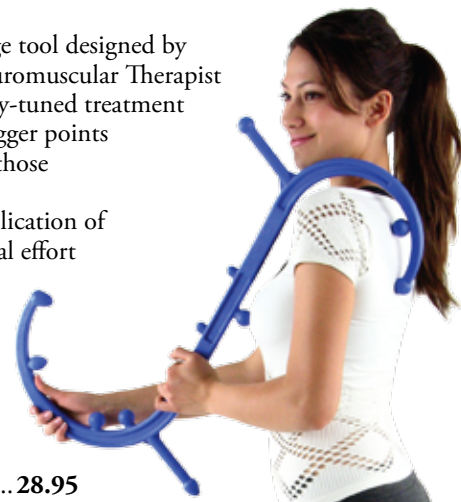
A13482.....13.95



Body Back Buddy

- Easy to handle self massage tool designed by certified Massage and Neuromuscular Therapist
- 11 therapy knobs for finely-tuned treatment of various muscles and trigger points
- Great for getting relief to those hard-to-reach tight spots
- S-shaped curve allows application of deep pressure with minimal effort
- Relieves chronic pain, muscle spasms, and stiffness while heightening awareness
- Overall length: 25", only available in blue

A1298028.95





Erika Feinberg, ActiveForever President & CEO, uses PowerLung® to maintain peak performance



PowerLung® – Active Series

Race Faster, Dive Deeper, Train Harder, And Exercise Easier!

- Improves muscles that support your lungs for inhaling and exhaling
- Separate controls for inhalation and exhalation to meet specific needs
- Uses techniques similar to strength training at a gym
- Simple to use – can be used anywhere even sitting down
- Available in 3 models tailored to your activity level
 - Low Intensity for low impact exercise, yoga and active lifestyle
 - Medium Intensity for sports and fitness training
 - High Intensity for performance athletes and high intensity training

- A13461 01 BreatheAir® (yellow - low) 63.95
- A13461 02 Trainer (light green - medium) 73.95
- A13461 03 Sport (dark blue - high)..... 78.95

SPO Medical 903036 Check Mate Pulse Oximeter

- A finger pulse oximeter for active lifestyles
- Used by athletes and aviators to check blood oxygen level and pulse rate
- Durable design ideal for those on the go
- Single button operation
- LCD display with backlight illumination button
- Battery included offers 1000 hours of use



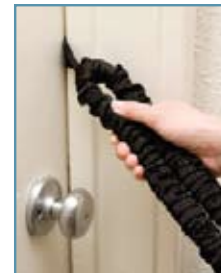
A19547 153.00

Omron Digital Premium Pedometer Model HJ-112 Count Your Steps to Weight Loss!

- Accurately measure aerobic steps and walking steps
- Can be worn on a belt or put in a purse or pocket
- Measures calorie consumption and distance traveled
- Large, easy-to-read display
- Weighs less than 2 ounces and fits in the palm of your hand



A19549 27.95



PilatesStick Portable Pilates Kit

- Attaches to any door
- Do authentic Pilates machine work anywhere
- For Men and Women
- Includes Workout DVD, workout chart, PilatesStick, mat, foot straps, Slastix safety tubing, foam door anchor - all in a stylish bag you can take anywhere

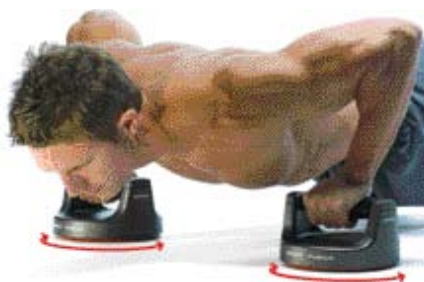
A16097 149.00

Magneciser Pedal Exerciser

- Resistive pedal exerciser for both lower and upper body
- Requires no electricity
- Five function digital display shows the speed, elapsed time, calories consumed, and distance “traveled”
- Two floor supports can be extended outward, away from the pedal exerciser for added stability
- Compact lightweight, only 22 lbs



A12104 119.00



TRAVEL EDITION FOLDS!

Perfect Push Up Developed by a U.S. Navy Seal!



- Rotating handles engage more muscles and reduce strain on your joints!
- Enables you to optimize your workout, toning your arms, chest, shoulders, and back
- Standard Edition includes instructional poster (22" x 33")
- Travel Edition is fully collapsible for travel, includes workout guide and travel pouch

Sold in Pairs
 A12977 Standard..... 39.95
 A15269 Travel 59.95

Travel Edition Only: Buy one get 2nd at ½ price and FREE 3 Day Shipping!



Gelbodies Protectors

Protection From Dangerous Pressure Sores!

- Improves circulation to key points
- Provides lightweight and comfortable padding where pressure sores tend to form
- Uses state-of-the-art gel found in high end wheelchair cushions
- Cotton-lycra band is soft against skin and stretches for ideal fit

A12617 (Head).....	34.95
A12618 (Heel & Elbow)....	34.95
A12619 (Sacral)	34.95
A12620 (Hip).....	54.95
A12621 (Universal Knee)...	34.95
A12622 (Shin)	34.95
A12623 (Heel & Ankle)	39.95



A12623

Please Call Us or
Visit our Website for
Gelbodies Size Options

Elasto-Gel Multi Purpose Wrap

Indestructible Gel Stays Warm or Cold For Penetrating Therapy

- Remains soft and flexible from 20° to 250°!
- Microwave or heat in conventional oven
- Heavy gel will not leak if punctured
- Cover protects skin from trauma
- Remains cold for 20-40 minutes
- Dry or moist heat for 20-30 minutes
- Latex Free



A12211 01 4" x 24"	23.95
A12211 02 6" x 16"	24.95
A12211 03 6" x 24"	32.95
A12211 04 9" x 24"	39.95
A12211 05 6" x 30"	39.95
A12211 06 9" x 30"	59.95

BioFreeze Pain Relieving Gel

- The top pain relieving topical recommended by health care professionals!
- Unique, effective pain reliever formulated to provide a variety of benefits for therapy, pain relief, exercise/training, and overall comfort
- Does not use waxes, oils, aloe, or petroleum
- Can be used up to 4 times per day



A12160 01 16oz	28.95
A12160 02 32oz	39.95
A12160 03 4oz	8.95
A12160 04 3oz (Roll-on).....	9.49

BioFreeze CryoSpray

A15243 01 4oz	9.95
A15243 02 16oz	29.95

SensaFlex Hot and Cold Compress

- Comfortable plush fabric is gentle to the skin, frost-free, washable and the RF sealing allows for multiple uses
- Non-toxic flexible gel conforms to body throughout hot or cold therapy
- Microwavable to provide soothing heat or store in freezer for penetrating cold therapy
- One year limited warranty



A13394 01 Large: 10" x 13"	11.95
A13394 02 Tri-Sectional: 8½" x 16"	11.95
A13394 03 Neck Contour: 6" x 20"	9.95
A13394 05 Small: 6" x 10"	7.95
A13394 06 Facial Mask: 6½" x 15"	11.95

Arthritis Really Hurts - Thermophore® Really Helps!



Available in four convenient sizes

Thermophore® Arthritis Pad™

Penetrating intense moist heat eases muscle spasm, pain and stiffness, whether from arthritis, overuse or short nights and long meetings.

Never add water – this product actually generates moisture from the atmosphere! Long enough to reach from shoulders to hips, so the entire area can relax under the soothing touch of comforting moist heat.

A15246 01 Large/Back - 14" x 27"	54.95
A15246 02 Medium/Joint - 14" x 14"	44.95
A15246 03 Petite/Neck - 4" x 17"	36.95
A15246 04 Muff/Hand - 17" x 8" roll	39.95

Pedlar® Light Workout Exerciser

Get low-impact cardiovascular exercise, sitting in your easy chair! High-gauge steel and heavy chrome finish make this one of the most durable units on the market. Arrives fully assembled and ready to go, with four flat gripper feet to reduce slipping. Adjustable resistance to increase strength and range of motion with one compact unit – great for RV's or as a gift idea!



A15966 Pedlar Light Workout Exerciser 39.95



The Core Sculptor Deluxe

Takes Core Training to a Whole New Level!

- Helps tone and sculpt your midsection with 4 easy workouts
- Rolling design allows you to target specific muscle groups
- Great for users of all levels
- Targets your upper abs, lower abs, obliques, lower back, and gut
- Includes workout videos, meal plan, recipe book, and journal
- Compact for easy travel and storage



A15933.....53.95

FitBall Exercise Ball Kit

Weight Capacity: 600 lbs

- Top quality exercise balls
- Absolutely round and weight tested to over 600 lbs
- World's best burst-resistant ball
- Includes Ball, Pump and Poster
- Determine ball size by height



A12145 02 55 CM (for 4'8" - 5'3").....24.95

A12145 03 65 CM (for 5'3" - 6'0").....29.95

A12145 04 75 CM (for 6'0" - 6'7").....33.95

Airex Balance Pad

- Most popular choice for balance and strength training
- Ideal for lower back strengthening
- Can be used as a seat cushion as well
- Constructed of a soft specialty foam; stand, sit or lay
- Waterproof and Latex Free
- Dimensions: 1.6 lbs, 20" L x 16 3/5"W x 2 1/2"H



A12242.....39.95

Available with Non-Skid Bottom

A12334 Airex Balance Pad Plus49.95



Fitball Seating Disc Balance Cushion

- The Fitball Seat Cushions are a MUST TRY!
- Sit on air to strengthen lower back muscles and eliminate pain
- Balance train sitting or standing
- Fully adjustable by blowing air in or letting air out
- Disc is even used to help kids with ADHD and ADD

A12139 01 13" Red only22.95

A12139 02 15" Blue only34.95



Xvest Weighted Vest

- Can be used by anyone of any skill levels and all body types
- Adjustable with individual cylindrical weights from 1 lb to 84 lbs
- Safer and more effective than ankle and wrist weights, weight belt or backpack. Use for aerobic conditioning, strength training, weight loss, sports specific training or fitness to increase performance, metabolic rate and burn more calories.
- Includes an instructional video to get you started



X2 Size — One size fits all

Xvest Sizes

01 X-Small fits waist sizes 22" - 28"

02 Small fits waist sizes 26" - 32"

03 Medium fits waist sizes 30" - 36"

04 Large fits waist sizes 34" - 40"

05 X-Large fits waist sizes 38" - 44"

A12918 X2 Fitness Vest 12 lbs (20 lbs max) 106.95

A12919 01-05 Xvest 12 lbs (20 lbs max) 134.95

A12920 01-05 Xvest 20 lbs (20 lbs max)149.95

A12921 01-05 Xvest 20 lbs (40 lbs max)161.95

A12922 01-05 Xvest 40 lbs (40 lbs max)173.95

A12923 01-05 Fire Fighter Xvest 84 lbs (84 lbs max)264.95

Versa Bell Adjustable Dumbbell

- The latest innovation in strength training technology!
- Adjustable weight system combines several dumbbells into one
- Quick select pin system makes weight changes quick and easy
- Chrome knurled grip to prevent slips
- High-quality steel bar with chrome weight plates
- Heavy duty nylon tray
- Weights adjust in 2.5 lb increments



A13474 01 25 lbs each – Set of 2.....139.00

A13474 03 25 lbs – Individual79.00

Fitball Wedge Balance Cushion

- Slightly angled for posture and fully adjustable by blowing air in or letting air out
- Sitting on air puts less stress on the spine and improves trunk strength
- Smooth surface on one side with sensory points on the other
- Made of tough, durable, latex-free PVC vinyl
- Dimensions: 13" x 13"



A12133.....21.95





FREE

DMS Deep Muscle Stimulator

Used by Professional Athletes Across the Country!

- Far more effective than any other machine on the market
- Uses mechanical vibrations that reach deep into muscle tissue to break up scar tissue and increase lymphatic flow
- Increases circulation to aid in healing and recovery
- Improves muscle metabolism and lactic acid cycle to relieve pain
- Great for migraine headaches, sciatica, TMJ, carpal tunnel syndrome, tendonitis, bursitis, edema, myofascial pain, and frozen joints
- Constructed entirely of stainless steel and aluminum – no plastic or rubber parts

A15263..... 2,395.00

**ReliaMed® ZZ320C TENS Unit
Outstanding TENS Therapy
At An Affordable Price!**

- 5 modes: burst, continuous, modulation, strength duration/ rate modulation, and strength duration/width modulation
- Easy-to-read LCD display
- Flip cover to protect controls
- Dual channel to make switching modes easier
- Batteries are included
- Enclosed in hard carrying case



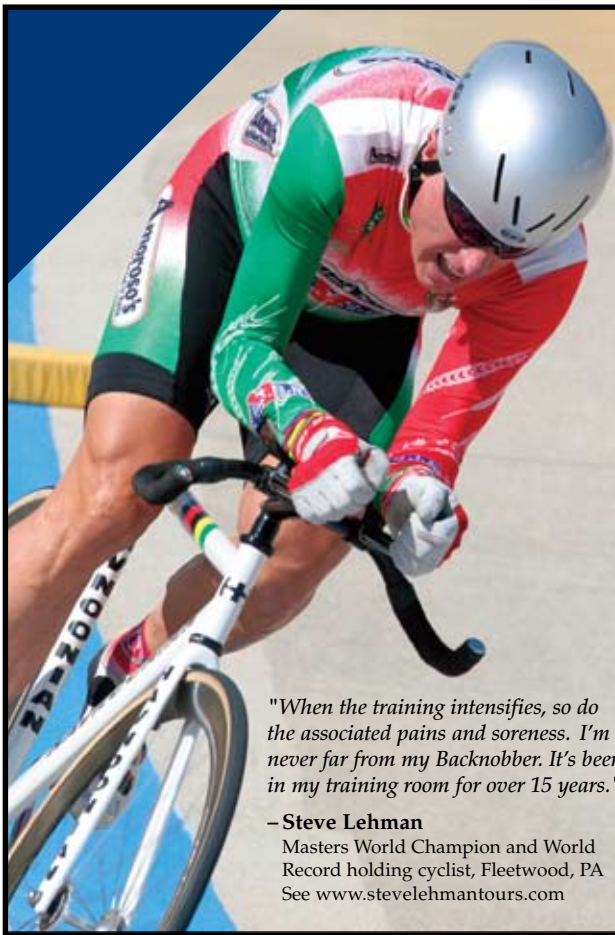
A12273..... 74.95

ReliaMed® ZZA550 Analog EMS Unit

- Works by sending weak electrical impulses to stimulate your target muscles, causing them to contract and relax
- Cycle bursts 2 bursts/second, 9 pulses/burst and 100 Hz
- Features protective cap over the amplitude adjustment knobs
- Prevents unintended changes to the pulse amplitude
- Batteries are included
- Comes in hard-sided, protective, plastic case



A16150..... 43.95



"When the training intensifies, so do the associated pains and soreness. I'm never far from my Backnobber. It's been in my training room for over 15 years."

– Steve Lehman
Masters World Champion and World Record holding cyclist, Fleetwood, PA
See www.stevelehmantours.com

Practical Trigger Point Self Care

The Original Backnobber II

- *Reduce Pain*
- *Improve Range of Motion*
- *Restore Function*

Practical and quality trigger point self care tools that work for you in your practice and for your clients at home.

Press a button to fold for travel!

Includes a 35 page User Guide



A12955 28.95



Power Plate® Exercise Machine

Get More From Your Workout in Less Time!

- The premium vibration-exercise machine produced for home use
- Transmits waves of energy through the body, activating muscle contractions
- Improves blood circulation, muscle strength, and flexibility

A16114 my3.....	1,999.00
A16115 01 Silver my5	4,500.00
A16115 02 Black my5	4,500.00
A16115 03 White my5	4,500.00
A16116 pro5.....	9,250.00
A16117 pro5 AIRdaptive	10,500.00

Specifications	my3	my5	pro5	pro5 AIRdaptive
Maximum Load	264lbs	300lbs	400lbs	500lbs
Frequency Range	35Hz	35Hz	25 - 50 Hz	25 - 50 Hz
Frequency Adjust	3 Mats/Varying Thickness	3 Mats/Varying Thickness	1 Hz Increments	1 Hz Increments
Vibration Energy	Low and High	Low and High	Low and High	Low and High
Time Settings	60 sec	30 or 60 sec	30, 45, or 60 sec	30, 45, or 60 sec
Total Machine Dimensions	25" x 32" x 53"	27" x 35" x 59"	34" x 42" x 61"	34" x 42" x 61"
Surface Plate Dimensions	25" x 15"	27" x 23"	33" x 33"	33" x 33"
Machine Weight	200lbs	200lbs	330lbs	348lbs
Warranty	Labor - 180 Days Parts - 1 Year	Labor - 180 Days Parts - 1 Year	Parts and Labor - 1 Year	Parts and Labor - 1 Year



Far Infrared Home Sauna

A State-of-the-Art Sauna in the Comfort of Your Own Home!

- Uses Far Infrared Heat Therapy to penetrate deep into soft tissue
- Effectively warms your body without warming the air around you
- Helps clear skin, improve circulation, reduce cellulite, and relieve tension
- Infrared technology allows you to bring electronics such as computers and radios into the sauna
- Great way to relieve pain and enhance your immune system
- Integrated CD player and reading light
- Uses a fraction of the energy of a traditional sauna
- Comfortable bench seating for two or three people
- Easy to assemble



FREE

Outer dimensions (2-person): 47"W x 40"D x 73"H
Outer dimensions (3-person): 59"W x 40"D x 73"H

A16102 01 2 Person	2,199.00
A16102 02 3 Person	2,499.00

Light Relief® Therapy

Far Infrared Heat Therapy in the Palm of your Hand!

- Hand held device provides penetrating heat therapy
- Provides temporary increase in blood circulation
- Aids in relaxation of muscles
- Flexible light pad can be detached to conform to parts of your body
- Heat can be turned on or off
- Uses 6 AA batteries (not included) or AC adapter (included)
- Includes user guide and carrying case
- 2 year warranty



A15934..... 79.95

Agion SilverClene 24

Clinically-Proven Protection From Infectious Diseases, Germs, and Bacteria

- Hospital-grade cleaning power
- Prevents spread of MRSA, VRE, HIV, and Influenza
- Works 20 times faster than traditional cleaners and continually disinfects for 24 hours
- Colorless, odorless, and non-toxic
- Non-corrosive and non-flammable
- Ideal for restaurants, offices, hotel rooms, and care facilities



A16121 01 4 oz Spray Bottle	6.39
A16121 02 24 oz Spray Bottle	19.95
A16121 03 1 gallon Bottle.....	47.95

ALWAYS OPEN!! www.ActiveForever.com





Poli Aire Conforming Travel Pillow

- Provides support for your head and neck to retain proper spinal alignment
- Unique blend of air and poly fiber for maximum comfort
- Auto-inflates to desired firmness
- Accordion-style deflation makes it easy to travel
- Zippered, removable, washable cover available in.
 - Burgundy
 - Navy Blue
 - Light Blue
 - Cream Sherpa - material is different, Tempur Pedic-like material
- Available with Ice N Heat Pack for added relief
- Pillow dimensions: 13"W x 4"D



A12937 (no Ice N Heat Pack)..... **21.95**
A12938 (with Ice N Heat Pack)..... **24.95**

Dr. Riter's REAL-EaSE® Neck and Shoulder Relaxer

- Sleep well again!
- Provides extraordinary and effective pain relief and gentle traction to the neck
- Cradle your neck and base of your skull for 10-15 minutes each day
- Allows the many tight neck and shoulder muscles to relax



A12911..... **27.95**

Bongers Massage Tool

- Break down muscle tension and stimulate circulation
- Pound away office tension with the flick of a wrist
- Designed with a flexible shaft and soft rubber ball for invigorating, Shiatsu-like massage
- Also good for proprioception and neuropathy



Sold in pairs
A12127..... **14.95**



Hermell Elevating Leg Rest Pillow

- Comfortable wedge pillow
- Relieves the discomfort from swollen legs and ankles, varicose veins or phlebitis
- Helps maintain the "pelvic tilt" position that eases stress on the spine
- Eliminates pressure and muscle tension on the lower back
- Available with Blue or White cover
- Made of polyurethane foam for added durability, removable/washable cover

Measures: 20" Top x 26" Base x 8" H
A12555..... **39.95**
Extra Washable Cover
A12614..... **17.95**

Hermell Knee Rest Wedge Cushion

- Relieves pressure on the spine and reduces pain
- Takes pressure off the back and legs Provides outstanding support comfort for your lower back when lying down
- Provides outstanding support
- Available with White cover
- Made of polyurethane foam for added durability, removable/washable cover

Measures: 22"W x 11"H x 15"L, Depth - 8"
A12249..... **29.95**
Extra Washable Cover
A16162..... **12.95**



CONTOUR
We support you for Life

Converts To
Any Position For
Ultimate Back Support
and Comfort

AS SEEN ON
TV

Back Max
The Complete Back Support System

A13453..... 99.95

- Can be positioned in a bed or on the floor
- Perfect for watching television, outdoor concerts or reading
- Unique, zippered design provides numerous positions for full-body comfort
- Ultimate comfort for back, hips, legs and feet
- Medical grade, high-quality support foam
- Removable, washable cover



upright seated position
elevated knee and calf support position
arched position
elevated knee support position
reclining position with bent knee



SlumberSleeve® Pillow

Rest Comfortably With Enhanced Circulation

- Can be worn around the arm, leg, wrist, or ankle
- Supports your extremities to keep them from "falling asleep"
- Great for college students or office workers taking a quick nap during breaks
- Knitted liner allows air to flow through it to keep you cool
- Adjustable – one size fits most

A13460..... 18.95

Cool-or-Heat Sleep Pad

- The only dual-purpose cooling / heating mattress pad system on the market!
- Advanced thermoelectric technology to create cold or heated liquid that circulates throughout the sleep pad with a flip of a switch.
- No electrical wires are in the pad itself
- Cools to 70°, Warms to 96°
- Pad measures: 29" W x 56" L
- Weight: 14.7 lbs
- 280 lb weight capacity
- Available in Blue

A15224..... 199.00



Cool-or-Heat Seat Cushion

- Heats or cools your seat at the flip of a switch
- Provides gentle relief from lower back pain
- Eliminates sweaty back from driving
- Constructed of fire-resistant materials
- Includes AC and DC adapters allowing it to be used almost anywhere, uses very little power
- 330 lb weight capacity
- Available in Black

A15220..... 119.00

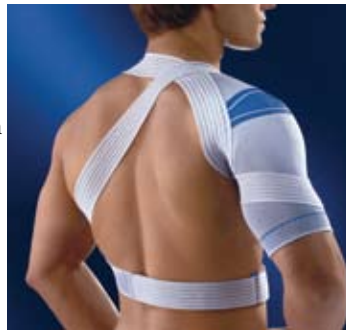


FREE



Bauerfeind OmoTrain Shoulder Support
Enjoy Shoulder Stability Without Restricted Mobility!

- Guides and centers your shoulder joint without restraining mobility
- Silicone insert provides compression to increase circulation
- Ideal for rotator cuff injuries and recovery from arthroscopic surgery
- Helps reduce swelling and prevent edema
- Lightweight, breathable knit is machine washable
- Attractive titanium color
- Can be used for left or right shoulder
- Size determined by measuring arm hanging loosely 6" above elbow
- Size 0: 7 3/4" – 8 1/2"
- Size 1: 8 1/2" – 9 1/2"
- Size 2: 9 1/2" – 10 1/4"
- Size 3: 10 1/4" – 11 1/2"
- Size 4: 11 1/2" – 12 1/2"
- Size 5: 12 1/2" – 14 1/4"
- Size 6: 14 1/4" – 15 3/4"



A12616**99.95**

Bauerfeind GenuTrain Active Knee Support

- Used by professional athletes!
- Anatomically knitted for a precise fit with an incorporated silicone insert
- Promotes proprioception which increases joint stabilization
- Graduated compression at the edges prevents constriction of circulation
- Available in Black
- Sizes XX-Small to XXX-Large, please visit our website for sizing



A12060**69.95**

Bauerfeind Malleoloc Ankle Brace
Enjoy Ankle Stability Without Restricting Mobility!

- Ideal for patients suffering from chronic ankle sprains, posterior tibialis, and tendonitis
- Fits in front of the outside Ankle bone and behind the inside to prevent the outward rolling of the ankle joint and enhance ankle support
- Made of thermo-molded plastic so it is malleable for you
- Allows increased comfort and heat transfer unlike typical sports ankle braces
- Available in Black or Blue
- Please specify Left or Right
- Measure the width of the heel:
- Size 1: Less than 2 3/8"
- Size 2: Greater than 2 3/8"



A12615**54.95**

Cho Pat Dual Action Knee Strap
Knee Pain Relief Has Never Been So Comfortable!

- Applies force to areas surrounding knee to prevent overuse
- Improves patellar tracking and elevation for less discomfort
- Helps to strengthen knee joints
- Ideal for Runner's Knee and Chondromalacia
- Lightweight and comfortable neoprene construction
- Measure around kneecap for size
- Sizes XX-Small to X-Large, please visit our website for sizing



A12995**19.95**

Shin Splint Compression Wrap

- Alleviates conditions of Medial and Anterior Stress Syndrome
- Compression strip provides targeted compression to help stabilize the surrounding tissue.



A15991**16.95**

ASO Ankle Brace
Enjoy The Same Ankle Support As The Nation's Top Athletes!

- Comfortable yet durable ankle support ideal for active lifestyles
- Ballistic nylon boot provides superior strength
- Figure-8 straps lock heel and eliminate the need for ankle wraps
- Improved ventilation makes this cooler to wear than most braces
- Convenient finger loops to allow firm tension while securing the brace
- Available in Black or White
- Sizes XX-Small to XXX-Large, please visit our website for sizing



A12953**29.95**

Arch Pro-Tec

- Applies upward compression to the arch alleviating conditions of plantar fasciitis and heel spurs
- Includes medial pad to prevent excessive pronation.



A15990**16.95**



IMAK Adjustable Tennis Elbow Support With ergoBeads™

Superior To Any Tennis Elbow Strap On The Market!

- Provides pressure for maximum pain relief
- ergoBeads™ pad provides massaging sensation and can be placed in freezer
- Full adjustable velcro strap
- Breathable cotton lining with soft foam cushion
- One size fits all



A12294.....16.95

ProStretch

- Ideal for stretching and rehabilitation of the ankle
- Unique rocking feature allows for dynamic stretching
- Single and double models are made of hard PVC
- Double model comes with an instructional DVD



A12948 01 Single 19.95

A12948 02 Double..... 39.95



Please Call Us or Visit our Website for Glove Size Options

Bionic Gloves

Recipient of the Arthritis Foundation Ease-of-Use Commendation!

- The only gloves on the market designed by a leading orthopedic hand specialist
- The difference in comfort, flexibility, and support is astounding
- **Anatomical Pad System** that evens out the surface of your hands to increase grip strength and reduce fatigue & friction - whether gripping a golf club, using gardening tools or driving
- **Motion Zones** over knuckles and **Web Zones** between fingers improve flexibility and let hands breathe
- Premium cabretta leather stands up to constant wear and is machine washable (air dry)

A12939 Classic Golf 24.95

A12974 Driving/Dress..... 36.95

A12973 Rose Gardening..... 41.95

A12971 Classic Gardening..... 34.95

A12972 Elite Gardening 33.95

Treat back pain at the source.

We also offer Teeter Hang Ups home-use inversion tables

DFM™ DECOMPRESSION & FUNCTIONAL MOVEMENT Inversion Table

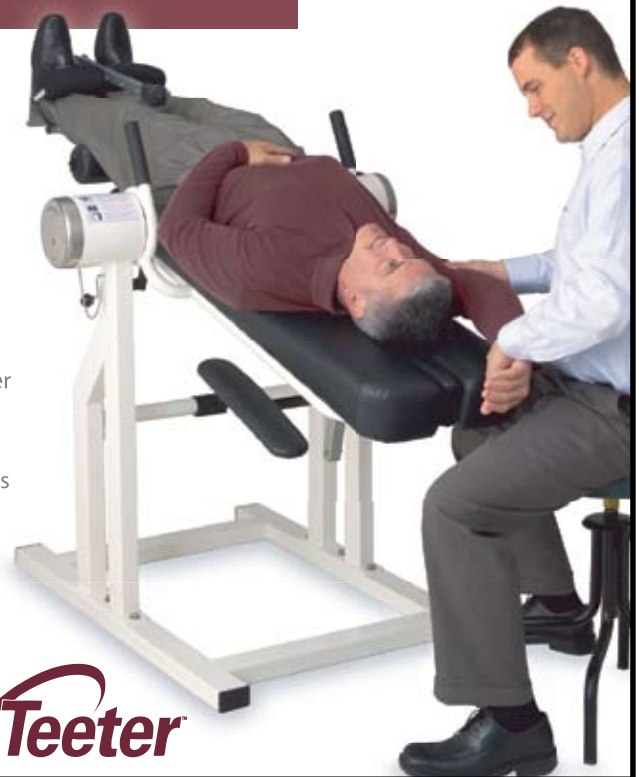
A cost-effective way to introduce Inverted Progressive Decompression Therapy to your practice

Teeter™ inverted progressive decompression therapy is a unique and proven method for relieving sciatica and back pain associated with disc injury:

Results of a recent preliminary study¹ at Newcastle Hospital suggest that patients who undergo inverted progressive decompression are **70.5% less likely** to need surgery as compared to an equivalent control group.

¹ Inversion therapy in patients with pure single level discogenic disease: a pilot randomized trial. Regional Neurosciences Centre, Newcastle General Hospital

- Motorized, push-button control
- Prone or supine positions for a wider range of treatment options
- Adjustable arm rests and knee supports
- Stable platform at any angle
- UL Listed motor
- 2-year commercial warranty



A16163.....2995.00



From the makers of ProStretch® and StretchRite® comes

Core Stretch
A12949..... 49.95

**Now Available
for
Personal Use!**

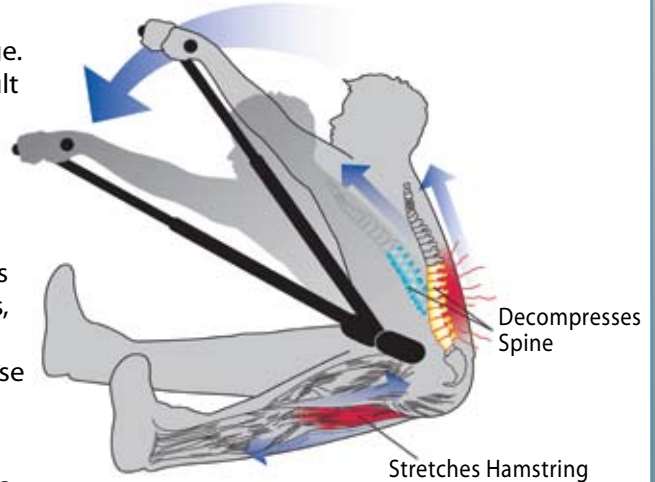
Getting a deep stretch in the hamstrings, piriformis, glutes, and back can be a challenge. Traditional methods are often inadequate, difficult to perform, or require the assistance of a trainer.

coreStretch™

Developed for rehab, the unique design of the CoreStretch ensures proper form while elongating the back and stretching the muscles, tendons and ligaments that work in conjunction with the back. CoreStretch allows you to achieve a stretch that can help to increase productivity and range of motion, prevent injury, reduce pain, or speed up recovery.

And the light-weight, collapsible CoreStretch is easy to transport so you can efficiently stretch exactly when and where you need it most.

The Deepest, Most Effective Way to Stretch Your Hamstrings, Hips and Back



ShouldersBack Posture Support™ Improve Your Posture Discreetly!

- Retrains your muscles to support your back, improving posture
- Allows you to stand taller and straighter
- Thin, lightweight material “breathes” for comfort and fits discreetly under clothes
- Velcro straps with adjustable levels of tension
- Vest-like design attaches just under chest and across shoulders
- Available in White or Black
- Measure circumference of rib cage just below chest for sizing
 - Small: 22” and smaller
 - Medium: 22” – 38”
 - Large: 38” and over



A15989 44.95

Mark of Fitness Exercise Monitor

- Easy to Use, No Chest Strap
- Simultaneous display of heart rate and percent of maximum heart rate
- Unit displays calories burned during exercise
- Automatic calculation of percent of maximum heart rate
- Outside Target Zone Alarms
- Time In, Above + Below Target Zone
- Calculates Recovery Rate
- Time, Day, Date, Stopwatch
- Water resistant
- Electro luminescent display
- 2 CR2032 batteries included
- Nylon storage bag included



A19503..... 67.95

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