

Seahawk News



OCTOBER 2015

Notes from the Principal

I must begin this note by congratulating Mr. Hunter Kratz and Ms. Ruby Lindquist for their first place efforts at the 2015 Region III Cross-Country Championship Meet. It's worthy to note that Region III is the largest, and arguably the most competitive, in the state. Their season began in early August, but the reality is that they have been working hard since the early spring in preparation for this race and the State Championships on October 3rd. I couldn't be more proud of both the Boy's and Girl's State qualifying efforts. As Mr. Marshall says, "Seahawks fly, when they run."

The Football team played their hearts out against a much larger Ketchikan team. They came out with a 14-0 lead, but were not able to hold on through the second half. They never quit playing hard and represented Seward well. I was proud to wear my Green and Gold...even though we were playing my alma mater. The Seahawks Football team will round out their season against Nikiski on Friday October 2nd.

The Seward Seahawk Hawk Walk took place on Wednesday September 30th. Mr. Plan put out pledge sheets and students solicited funds to sponsor them for the walk. This is the school's signature activity fund raiser. The reality is that every sport at Seward High must be subsidized. Activity Fees and ticket sales are typically used up by the second or third trip of every season. Without the Hawk Walk account, we simply would not be able to compete. Please be sure to pay your pledges and thank you for supporting our students.

Both swimming and volleyball continue through mid-November. The hours of practice through these long seasons—even as they're working hard in the classroom—is a testament to their commitment and dedication. Please take the time to congratulate our athletes on their efforts.

Seward High School Vocational department and Ronn Hemstock would like to extend a big thank you to Catalyst Marine Engineering and Joe Tougas for allowing one of their professional welders to come up to the school and give several hours of personal instruction in the arts of the trade the students.

There are several important dates to note in October:

October 13	Picture Retakes
October 15	Seward Site-Based Council Meeting. This includes a District-Wide Budget Meeting at 5:30 PM.
October 16	End of the Quarter/In-Service (no school)
October 28	Teacher Collaboration Day (Early Release at 12:50)
October 29, 30	Parent/Teacher Conferences (no school)

As always, I maintain an open door policy for all stakeholders in Seward High School's success. Questions, comments, and/or concerns can be directed to me at 224-9077 or via email at twalker@kpbsd.k12.ak.us

Sincerely,
Trevan Walker



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School Photo Retakes
October 13

End of 1st Quarter
NO SCHOOL
In-service Day
October 16

Eligibility Grade Check
October 19

Early Release Day -12:50pm
October 28

Parent/Teacher Conferences
NO SCHOOL
October 29 & 30

Daylight Savings
Fall Back 1 Hour
November 1st

Counselor's Corner



Lots going on in October!!

- ◆ **UAF** representative coming to Seward on Friday, October 2nd.
- ◆ Go to the **Kenai Peninsula College** and see **their Process Technology** program on October 8th (sign up in office).
- ◆ October 14th - **PSAT's** given to 10th and 11th grade students – pay \$15 and sign up with Martha.
- ◆ **College and Career Fair in Anchorage** – October 18th & 19th. Over 100 schools and programs to see!! For Juniors and Seniors - Sign up with Martha.
- ◆ Senior trip to **AVTEC** – All seniors will be taking a morning tour of the vocational jewel of the state. See the Welding, Culinary, IT, Building Maintenance, Business and Diesel programs at work!
- ◆ Sign up for **Hospital Job Shadowing** days! See all the job opportunities in the health field! Shadow at Providence, Community Clinic and Mountain Haven! Sign up with Martha.
- ◆ KPBSD will administer the **Gallup Student Poll** to 5th and 10th grade students between September 28 and October 30th. Parent permission slips must be sign to participate in the survey. For more information you may go to www.gallupstudentpoll.com. See Martha for permission slips.



Parent/Teacher Conferences - October 29 & 30

No School for Students

Conference times are: **Thursday, 8am-12pm, 1pm-5pm, 6pm-8pm**

Friday, 8am-12pm

To sign up for a conference, please go to the following link:

<http://www.signupgenius.com/go/30e084fa4a62ea46-parent1>

Substitutes Needed for Seward Schools

Seward area schools are in need of substitutes at all levels and in all capacities. These include custodial, secretarial, food service, activity bussing, and teaching. If you are interested in supplementing your income, please log on to KPBSD.k12.ak.us. Click the Employment link and pick the positions for which you are interested. Be sure that you review the openings for the Seward area. Thanks for your support.

Seward High School Blog

<http://sewardhighschool.blogs.kpbsd.k12.ak.us/wpmu>

For all the latest news!

Be sure to add to your favorites for easy access.



Schools in the Kenai Peninsula Borough School District will participate in the Great Alaska ShakeOut “Drop, Cover, and Hold On” earthquake drill on Thursday, October 15, 2015, at 10:15 a.m.

Tens of thousands of Alaskans will “Drop, Cover, and Hold On” in The Great Alaska ShakeOut, the state’s largest earthquake drill ever, on October 15, 2015, at 10:15 a.m. KPBSD registered all our schools in the school district category, joining more than 66,000 Alaskans who have already registered to participate.

Dave Jones, assistant superintendent of instructional support, said, “We need to be prepared for incidents we hope never happen, but if they do, we can minimize the danger to our students, staff, and community.”

Earthquake preparation and the proper “Drop, Cover, and Hold On” technique is valuable safety education for our students and employees. We will also practice a radio check-in to the district office from each of our schools following this earthquake drill.

Alaska schools, families, and businesses are encouraged to participate.

Picture
Retake
Day



October 13th



Hawk Walk Pledges Being Collected

Students participated in the Hawk Walk on September 30th. Pledges are now being collected. If you have not paid your donation already you should receive in the mail copies of your pledge sheets with the amount that is due on them. Please submit your payment as soon as possible. Checks should be made out to Seward High School. The Hawk Walk funds are a substantial portion of the money that is needed to support our sports programs. Your contribution is greatly appreciated. To see your dollars at work, be sure to come and watch the Seahawks during their home games.

PowerSchool - Where to Go To Be In The Know

Seward High School makes every effort to communicate with students and their families about what is happening at the high school. A great source of information is our online *PowerSchool* program. Students and parents can access a wealth of information including class schedules, grades, attendance, and the school blog. Parents and students must have their own access code to use *PowerSchool* and letters with this information have been sent home this year. If you have not logged into *PowerSchool* please contact our school counselor.

There are two ways to log into *PowerSchool*. Go to the internet and type in 1.) <http://ps.kpbsd.org/public>. This will take you to the login page, or 2.) Go the school district’s website www.kpbsd.k12.ak.us and click on Students/Parents. On the left side of the screen you will see the *PowerSchool* icon or symbol. Click here and it will take you to the login page. If you haven’t checked out *PowerSchool* by now you should.

We also distribute information via daily announcements to the student body every morning and we send out a monthly newsletter that has a calendar for the month’s events with important dates to remember. All three schools use the electronic sign on the highway that is updated weekly. Also check out the High School’s blog for daily information. Be sure to take an active role in finding out what is happening at the high school. So, now you know—where to go—to be in the know!



KPC-Resurrection Bay Extension Site News

Junior and Seniors, Do you need PE credits? Consider taking a KPC yoga class using the JumpStart Program. The JumpStart Program offers discounted tuition for high school Seniors and Juniors. Yoga class is Mondays and Wednesdays, 5:30pm -7pm. October 5th -December 9th. **Registration deadline is Thursday, October 1.**

Juniors and Seniors, **The Kenai Peninsula College campus tour is coming up on October 8th.** The tour is geared toward students interested in KPC's Process Technology Program, but all are welcome. There is a sign-up sheet in the school office with a deadline of October 6th.

Grades: Fall semester 2015 grades will be available December 17 at UAOnline.

Transcripts for the college classes taken at KPC will need to be ordered and sent to the post-secondary institution you plan to apply to or attend. Transcripts must be ordered online via www.kpc.alaska.edu. Click on UAOnline and log in to the secured area using UA Username and UA Password. Please note-It is the student's responsibility to review their unofficial transcript for accuracy prior to submitting the online request for an official transcript.

Consider pursuing a college degree at KPC: Check out the areas of study offered at <http://www.kpc.alaska.edu/academics/areas-of-study/>.

KPC Residence Life (student housing) Please visit <http://www.kpcreslife.com>.

Contact Resurrection Bay Extension Site Coordinator Jackie Marshall for more information 224- 2285 or jjepimarshall@kpc.alaska.edu.

Blast From the Past: Where Are They Now?

Brown Mackie College 2015-2016 Women's Basketball Roster

No.	Name	Ht	Yr	Hometown/High School
1	Miranda Acuna	5'6	SO	San Antonio, Texas
2	Shavonta Bush	5'7	SO	Morrow, Louisiana
3	Tiara Brown	5'6	SO	Garland, Texas
4	Mylaya Lewis	5'8	SO	Arlington, Texas
5	Haja Kamara	5'6	SO	Pflugerville, Texas
6	Sandra Hodge	5'9	SO	St. Louis, Missouri
7	Tyriita Dixon	5'7	FR	Oklahoma City, Oklahoma
8	Alexis Bowman	5'7	FR	Texas City, Texas
9	Karia Fernandez	5'8	FR	Saint Jo, Texas
10	Bria Pierson	5'6	FR	Houston, Texas
11	Cinaya Straughter	5'9	FR	Wichita, Kansas
12	Jordanee Wilson	5'10	FR	Houston, Texas
13	Jasmine Perea	5'10	FR	Seward, Alaska
14	Briona Smith	5'5	FR	Baltimore, Maryland
15	Nicole Lorenzo	5'7	FR	Miami, Florida
16	Nakila Manuel	5'5	FR	Spring, Texas
17	Mia Roman	5'8	FR	Yulee, Florida

Head Coach: Chris Lehecka Wichita, Kansas
Assistant Coach: Michael Johnson Alice, Texas

Adversity is inevitable, but together WE can face any challenge that comes our way.



Check out #13 on the Brown Mackie College Women's Basketball roster...



Seward High alumni Griffin Plush (far right) with Secretary of State Kerry and Secretary of the Interior Jewell.



Seward Community Halloween Carnival



The Seward Community Halloween Carnival will be held October 31st at the Dale R. Lindsey Alaska Railroad Intermodal Terminal. This is a good opportunity for Seward school's sports teams, classes, and clubs to earn some money for their group by having a booth at the carnival. Applications are available at the High School or from the City's Parks and Rec office at AVTEC.



October Calendar

- 2 UAF Representative here
Football @ Nikiski 4pm
- 3 XC @ State - Bartlett 12pm
Swimming - Seward Invite 10am
- 5-9 Yearbooks on sale at lunch
- 6 **Volleyball vs. Nikiski 3pm**
- 8 KPC Field Trip
- 9 Volleyball @ Grace Tourney 1pm
- 10 Volleyball @ Grace Tourney 9am
- 13 Picture Day Retakes
- 14 PSAT Testing
- 15 Volleyball @ Houston 3pm
Shake Out Drill 10:15pm
- 16 End of 1st Quarter - **NO SCHOOL**
Teacher's In-service Day
Swimming @ Valley Invite
Volleyball @ ACS
- 17 Swimming @ Valley Invite
Volleyball @ Grace 11am
- 19 Eligibility Grade Check
College & Career Fair Field Trip
- 20 **Volleyball vs. Lumen Christi 4pm**
- 22 Wrestling @ Glenallen
- 23-24 Wrestling @ Valdez
- 28 Early Release Day - 12:50pm
- 29-30 Parent/Teacher Conferences
NO SCHOOL
- 30 Volleyball @ Nikiski 3pm
- 30 **Wrestling - King of the Mountain 2:30pm**
- 31 **Wrestling - King of the Mountain 9am**
- Nov. 1 Daylights Savings - Fall Back 1 Hour

Seward HS Pool Schedule

Aug 17 - Dec 18, 2015

Closed Sept 5- 7, Nov 26 - 29

Open Swim

M, W, F 6:30 pm - 7:50 pm
Sun 4:00 pm - 5:20 pm

Lap Swim

M, W, F 6:30 am - 8:00 am
5:00 pm - 6:30 pm
T & Th 11:00 am - 12:30 pm
Sun 5:30 pm - 7:00 pm

Parent & Tot Swim

T & Th 11:00 am - 12:30pm

Closed Evenings: Sept 4, 11, Oct 2, 30.

Admission Fees: Adults \$3. Youth \$ 2.

Schedule subject to change.

For current schedule call 224 -3900 or 224 9050.

Calendar of Events

Home sporting events are in bold print.





Seward High School
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