

What's Cooking? *at Shabbos House*



Shabbos House Chabad Jewish Student Center - serving the Jewish Community at the University at Albany (SUNY) since 1976.



“Hello Rabbi – great to hear from you, and many thanks for the photo! You and Raizy are doing such wonderful work for our campus community. I meet students all the time who feel at home here at the University, thanks to the events and activities of Shabbos House. It is a gem in our community, and we appreciate your energy and imagination, all year long.” (via email)

Susan Herbst

Officer In Charge, Provost and Executive Vice President for Academic Affairs, Professor of Political Science - University at Albany / SUNY

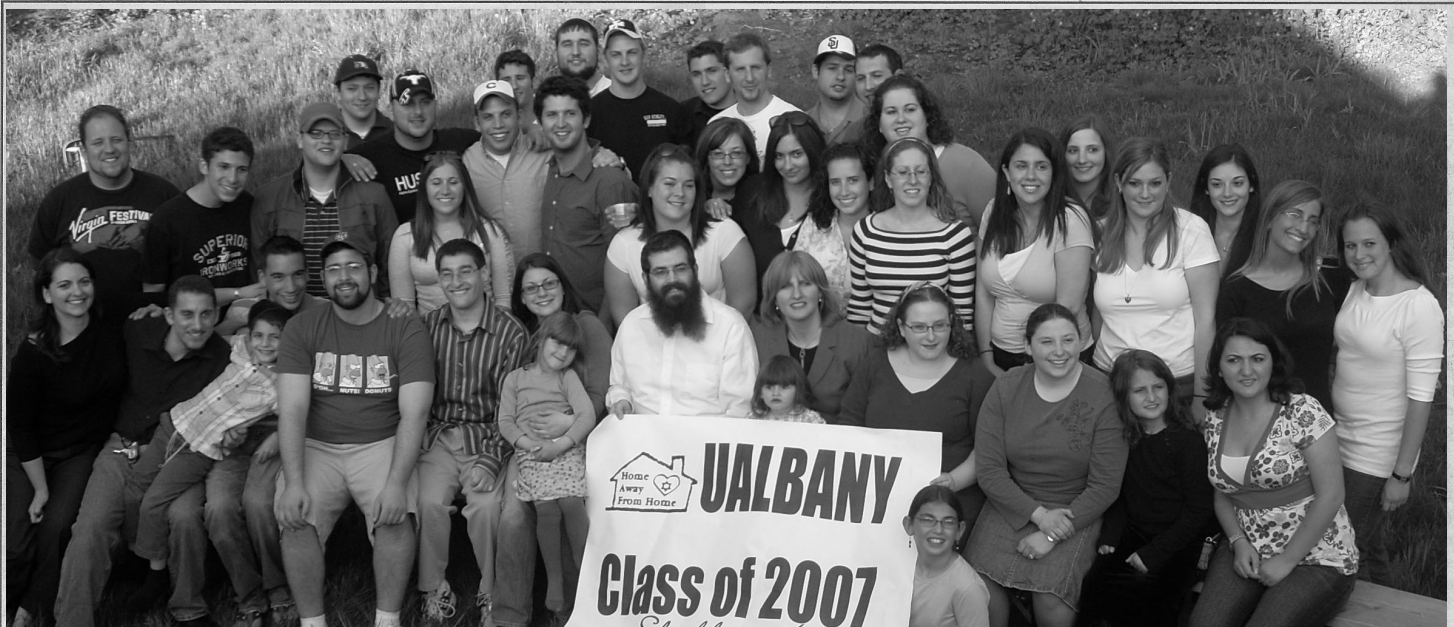
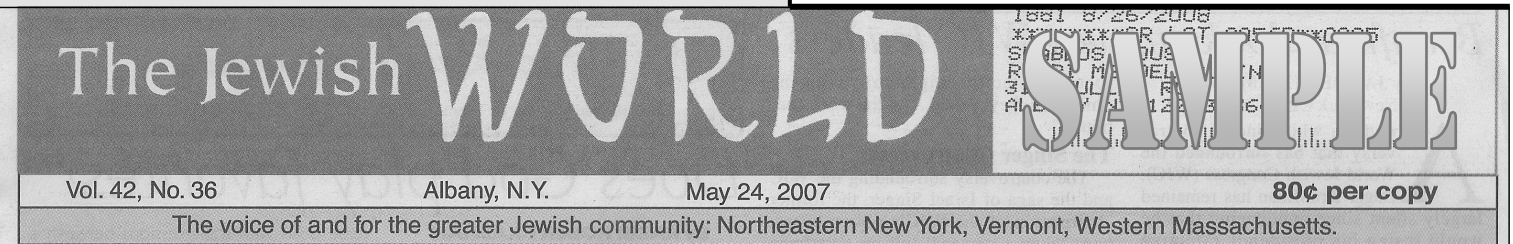
SHABBOS HOUSE

Jewish Student Center

a project of Capital Chabad Centers
Chabad Lubavitch of the Capital District
316 Fuller Rd
Albany NY 12203

Non-Profit-Org
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Front page spread in Albany's Jewish weekly paper:



U-Albany Class of 2007 Grad Party at Shabbos House

Students at the University at Albany active at the Shabbos House held their own graduation party, complete with presentations and gifts, Sunday, May 13. The group included new graduates, those who received degrees earlier and master's degrees. Seated, from left, Aviva Snyder, U-Albany Hillel director; Justin Hirsch, David Rozen, Moshe Rubin on lap; Ariel Lipper, Mike Landsman, Kimi Wolk, Sara Rubin on lap; Rabbi Mendel and Raizy Rubin, with Bassie above sign; Alexandra Newman, Mushky Rubin on right of sign; Ilana Nathan,

Chani Rubin and Mirvari Tzvaygenbaum; standing, Elliot Cowen, Hillel engagement associate '06-'07; Daniel Small, Brian Landesman, Jeff Goldstein, Ethan Grubman, Jenn Rosenblum, Josh Sisskind, Mike Kupferberg, Mike Sloman, John Taylor, Steve Linder, Sara Berger, Zohar Kastner, Erin Jeffrey, Josh Levine, Arielle Krasner, Marc Hayut, Natalie Lesser, Shaun Bennett, Wendy Miller, Dana Gialanella, Laura Novello, Laura Gerson, Halle Steinberg, Lisa Dadush, Danyel Goldberg and Tara Beth Corn.

OPERATING FUND

Yes! I/We would like to sponsor an event below in honor/memory of:

Friday Night Dinner \$500

Help defray the extensive costs of our hallmark event. Home-cooked Shabbat dinner with warm family atmosphere. Between 120-180 students of all backgrounds participate.

Shabbos Lunch \$175

"Best Kept Secret at UAlbany" (EdL.) Now 25-60 students with Kiddush, Chulent, Salads and Desserts. Often students linger all afternoon with noshing, games, chat or study.

Shalosh Seudos \$50

Light meal at close of Shabbat in early Fall & Late Spring, enlivened with song & study.

Kiddush \$25

L'chaim! Grape juice or wine - traditional welcome to the Shabbat meal.

Challah with Love \$36

Homemade Challah baked and distributed by Students to the elderly and home-bound.

Jamming Night \$120

Sat Night monthly special, with Pizza, Hot Pretzels and Nosh. Variety of musical styles.

BBQ's \$150

Sukkah Building, Lag B'Omer, Summer etc..

Minyan Bagel Brunches \$100

Bagels, Lox & Tefillin. Prayers and a delicious brunch, on Sundays.

Learning Nights \$75

Rabbi Mendel's original, relevant Torah text studies, with Raizy's delicious dairy dinners, each Tuesday evening.

Mitzvah Awareness \$54

co-sponsor popular Shofar Factory & Latke Table etc... promoting Jewish tradition.

Holiday Packets \$18

Thousands of Holiday giveaways in all University cafeterias: Honey-cookies, Dreidels & Hamantaschen etc..

Speakers/Performers \$750

Past speakers included Dr. Susskind "Falling in Love, Staying in Love", Dr. Laz "Diversity - Together!" & "Matisyahu" -Hasidic Reggae.

Mini-Shabbat \$200

Cozy Shabbat Dinners when Campus is not in

session during Winter & Summer Breaks.

Amount of Your Choice! _____

Every bit counts! Due to minimal overhead & salary expenses, Shabbos House maximizes your contribution to best reach the students.

Some funds for some of these events are received from partnering groups (L'chaim & Tagar (sa) Ufaratzta Fund & UAlbany Hillel), but these events and services and many others would not be possible without your support. THANK YOU!

BUILDING FUND

(payable over 2 years)

___ (\$500) Half-Share

___ (\$1,000) Share

___ (\$1,800) Mezuzah

contact us for complete list of dedication opportunities in the new building

Contributions payable to

"SHABBOS HOUSE

- CHABAD CENTER"

are tax-deductible.



Shabbos House now accepts Credit Cards

Thanks to alumni interest and initiative, Shabbos House will now accept contributions made via Visa, Mastercard and American Express for a one-time gift or a recurring monthly contribution.

Shabbos House greatly appreciates the generous support of parents, alumni and friends on an annual or semi-annual basis. Some supporters may consider these reasons for joining the CHAI CLUB of monthly contributors to Shabbos House.

- Incremental contributions make regular giving more feasible.
- In terms of operating costs, monthly contributions help Shabbos House with cash flow in the busy months before newsletter appeals.
- For our Building Fund, donations in place over an extended period of time, will help us secure a substantial mortgage/interest-free loan.

Obviously, one should not go into debt to give Tzedakah. Benefits of credit-card giving include: (a) bonus points and rewards (b) regular giving in smaller increments.

You can designate your contribution to help defray ongoing operating costs, go toward the Building Fund, or both!

NAME <input type="text"/>		CHARGE MY CARD WITH CONTRIBUTION OF \$ <input type="text"/>	
ADDRESS <input type="text"/>		<input type="checkbox"/> 1 TIME ONLY <input type="checkbox"/> UNTIL FURTHER NOTICE <input type="checkbox"/> UNTIL __/__/__	
CITY <input type="text"/>	ST <input type="text"/>	ZIP <input type="text"/>	
PHONE <input type="text"/>		RECURRING MONTHLY CONTRIBUTION TO "SHABBOS HOUSE - CHABAD CENTER"	
CARD # <input type="text"/>		___ BUILDING FUND ___ OPERATING FUND ___ HALF TO BUILDING and HALF TO OPERATING	
EXP DATE <input type="text"/>	3-DIGIT CODE <input type="text"/>	MONTHLY AMOUNT \$10 \$18 \$36 \$54 OTHER:\$ <input type="text"/>	
CARD TYPE <input type="text"/>	VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> AMEX <input type="checkbox"/>	PROCESS CARD ON 1st of Month <input type="checkbox"/> 15th of Month <input type="checkbox"/>	
SIGNATURE: <input type="text"/>		I/WE WILL SET-UP AUTO BILL PAY (CHECK) INSTEAD OF CREDIT CARD (this option saves Shabbos House card service fees).	

BH. Sivan 5767 / June 2007

Dear Friends,

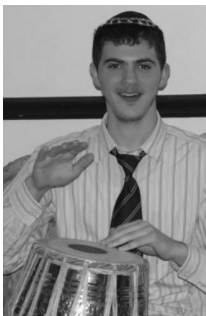
Our latest family picture (and most recent Facebook photo) while it wasn't at Target, has the wonderful message of being centered around the core, the rock-solid *Pintele Yid* (Jewish spark) that we all share, regardless of background, affiliation or level of involvement. It comes alive at Shabbos House, where we all gather 'round the table, sharing and celebrating Jewishly, in the spirit of the Rebbe's great vision of creating circles and centers - "where every Jew is family." Thanks to all who make this possible. Every student who participates, each supporter who contributes, helps complete the circle, keeping the vibrant current of Jewish life pulsating & expanding at UAlbany.



the vibrant current of Jewish life pulsating & expanding at UAlbany.

THANK YOU!

Rabbi Mendel and Raizy and Mushky, Chani, Moshe, Sara & Bassy Rubin @ Shabbos House



SAVE THE DATE!

**ALUMNI REUNION
Summer '07 - NYC**

**Sunday July 15th 1-3pm
@ The Chabad Loft
182 Fifth Ave 10010**

Subway: NRQW (across street)
FV (1 block) & 4,5,6 (2 blocks)

Bagels, Spreads & Salads
\$20pp / \$50 sponsor

RSVP appreciated
Info/program ideas:
(518) 438-4227
mail@shabboshouse.com

www.shabboshouse.com

TORAH TUESDAYS @ Shabbos House

SPRING 2007 CLASSES

TORAH TUESDAYS at Shabbos House

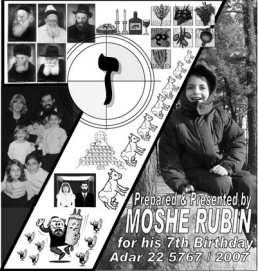
בנינו



**BUILDING
MOMENTUM**

prepared by Rabbi Mendel Rubin
Creative: Yehuda Chabai - Jewish Student Center
100 Avenue H, Suite 904 - Tel Aviv 6109 4000

TORAH TUESDAYS @ Shabbos House כל השבועות הכיבון Special SEVENS



Prepared & Presented by
MOSHE RUBIN
for his 74th Birthday
Adar 22, 5767 / 2007

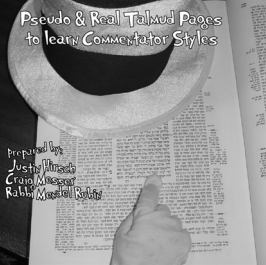
ניצוץ SPARKING

באתי לגני Basi L'Gani



אמת Yours Truly

TORAH TUESDAYS presents Seussian Talmud



LY:
IN RELATIONSHIPS

בסטה OUT OF ORDER Seder Song Symbolism

SLEEPLESS in SHUSHAN



INSOMNIA & THE PURIM STORY





SHABBOS TABLE-CARDS

- Listing of upcoming Jewish events
- Thank you to Shabbos Dinner and Lunch Sponsors
- Occasional accompanying graphic for Rabbi Mendel's Dvar Torah

Thank You!

to the Set-Up and Prep Student Teams, and to all who make our community united and special!

Ed Levin ('01)

FRIDAY NIGHT DINNER SPONSOR

NCFJE & the Northstar Grant

SHABBOS LUNCH SPONSOR

Tomorrow, Shabbat Day 5/12

Shabbat Minyan 10am @ Chapel House

Minyan can use a lot of help!!!

Torah Reading: Behar-Bechukotai, Chazak!

Parsha & a Prayer: 11:30am

Shabbat Lunch 1pm @ Shabbos House

Seudah Shlishit (Light Meal) at end of Shabbat 7:30pm

Shabbos ends 8:53



Ed Levin
As we approach the "Shilohim" (30th day since his passing) Shabbos House Chabad Jewish Student Center and the National Committee for the Furtherance of Jewish Education (NCFJE) and the Northstar Grant present:

The Legacy of Virginia Tech Professor

Liviu Librescu

of blessed memory, killed at Virginia Tech massacre while protecting students. Liviu received the Holocaust Remembrance and Hero Award for Torah, he was an innovator expert in aerospace engineering.

a short talk of inspiration, lessons and reflection at Shabbos Lunch 5/12 Parshat Chazak, by

Shachar Luz

Engineer at MSE Power Inc.

Thank You!

to the Set-Up and Prep Student Teams, and to all who make our community united and special!

L'chaim Student Group (sa funded)
Student Association Supplemental Funding

Pinchas & Yehudis Schreiber & Family

(Shabbos House Directors 1992-1999)

Rabbi Choni & Gitty Lesches

Dr. Richard & Fran Legum

PASSOVER SPONSORS

8th Night & Day of Passover

Looking Forward to Moshlach and the ultimate Redemption

Splitting of the Sea



7th Night & Day of Passover

The Song at the Sea



Thank You! Welcome Back!

to the Set-Up and Prep Student Teams, and to all who make our community special!

David ('00) & Stacey Gosman
FRIDAY NIGHT DINNER SPONSORS

Ira, Sheri & Rachael ('10) Woven
SHABBOS LUNCH SPONSOR

Tomorrow, Shabbat Day 1/20:
Shabbat Minyan 10am @ Chapel House
Minyan can always use help. Torah Reading: Va'era
Parsha & a Prayer 11:30am @ Shabbos House
for girls. Torah portion discussion with Raisy
Shabbat Lunch 12:30ishpm @ Shabbos House
or come when you can.
Havdalah 5:40

Some Spring '07 Highlights:

- 1/28 Hillel Snow-Tubing Trip
- 2/2 Tu B'Shvat Shabbat - Fruit Themed Dinner
- 2/3 Jamming Night at Shabbos House
- 2/14 Tagar Anti-Terror Rally at Campus Center
- 3/3 Sat Night Big Purim Festivity TBA...
- 3/5-8 Global Awareness Week (Hillel-Tzedek)
- 3/10 Hillel Semi-Formal at the Appel Inn
- 3/18 Comic Book Rabbi: "Up, Up, Oy Vey!"
- 5/5 Hillel Havdalah & Lag B'Omer
- 5/13 Grad Party - Class of 2007

Thank You!

to the Set-Up and Prep Student Teams, and to all who make our community united and special!

L'chaim Student Group (sa funded)
Dale & Richard Katz
FRIDAY NIGHT DINNER SPONSORS

Joel Feuer ('99)
and Mail 'n Pack on Avenue M
SHABBOS LUNCH SPONSOR

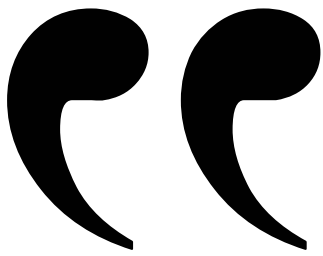
Tomorrow, Shabbat Day 3/17
Shabbat Minyan 10am @ Shabbos House
Minyan can use help. Torah Reading: Vayakhel-Pekudei
Special Important Reading: HACHODESH
No Parsha & Prayer - all welcome to join prayers.
Shabbat Lunch 12:30ishpm @ Shabbos House
or come when you can.
Shabbos ends 7:45pm



Join us tonight for a spirited Oneg with Rabbi Kaplan following Dinner

Shabbat 3/17 1pm: **Subs-Shabbat Lunch**
+ Rabbi Cantor Kaplan for Morning Services 10am
Note: Prayers and Lunch @ Shabbos House

Sunday 3/18 12pm:
Tefillin Prayers 11am, 12pm Brunch,
Talk & Book-Signing (books @ \$20) with
Comic Book Rabbi Simcha
author of "Up, Up, and Oy Vey!"



FROM THE SHABBOS HOUSE MAILBOX

You have no idea how much of an influence you had on his life. We truly believe that his entire Jewish

education, including Israel, culminated in the Shabbos House experience. It was in your home that he blossomed into the committed Jewish leader we hoped he would aspire to be. You gave him the confidence, security, nourishment and wisdom to make it happen.

Parents of a Senior

Thanks so much for opening your home to me during my time at Albany. I couldn't have made it through without your warmth, encouragement and wisdom. I'm sad to be leaving Shabbos House, as it's my favorite part of Albany.

A Transferring Student

We appreciated the opportunity to sit in on Raizy's "Parsha and a Prayer" session and meeting the students during Shabbat lunch. We are very active participants in our Reform congregation on Long Island and assume it must be quite an expensive undertaking to open your home each weekend for so many students. Enclosed is a token of our appreciation.

Prospective Parents

You've been so accepting of everyone and their varied backgrounds. Everyone's apprehensions and ideas about Shabbos House completely change when they enter your home. It is the warmest place on campus.

Senior - Class of 2007

It is amazing that you fit everyone into your snug Shabbos House. Everyone obviously enjoys being there with you for the spirit and meaning of the Sabbath. It was a joy to see young Jewish people, in such good numbers.

Community Guest at Friday Night

You helped me find a college job, find a local doctor, pick up my car from the repair-shop, wrote me a graduate school recommendation, and you helped me honor my grandmother's Yartzeit. You have been there to talk about my problems, big or small. Everyone is amazed by all the spectacular things that come out of that tiny kitchen. The kids are incredible and awesome, especially when I was stressed and needed some perspective...

Senior - Class of 2007

Mazal Tov on a decade of providing a "Jewish home away from home" for so many students... Actually, I really enjoyed the Challah Baking Nights. If only I could remember how to do that five-braid!

Alumnae, Class of 2000



BY THE NUMBERS

Spring '07

2,700

Hamantaschen eaten on Purim

750

Approx Friday Night food-only cost

395

"Taste of Shabbos House"

Cookbooks sold to-date

372

Bottles of Kiddush grape-juice

280

Logged hours of CPSP volunteers

175

Selections from a 1,000 volume Haggadah Collection @ Torah Tues

35

Around the table for the 2nd summer Cozy Shabbat dinner

19

Drums at Lag B'Omer Drum Circle

14

Activity booths at Purim Carnival

7

Moshe's "Special Sevens" birthday Torah Tuesdays class

0

Bumps in University walkway to Shabbos House - now repaved



LOOKING BACK...

A few of the many wonderful highlights of Spring 2007

SUPER-SHABBAT

Rabbi Cantor Levi Kaplan of ILSTP and Rabbi Simcha, author of "Up, Up and Oy Vey!"

PURIM WEEKEND

Italian-Shabbat themed Shabbat dinner
Purim Carnival - 1st time in Campus Center
Wings over Shushan Purim Feast

WOMENS GROUP

Communal Spa for Body & Soul,
Seder-Cups, Raizy's 30th birthday

MINYANEERS

Longest run of consecutive Sunday Minyan
Bagel Brunches, Mendel's birthday Farbrengen

PASSOVER

7th & 8th Night Sing-off, even with all of
Passover in Spring Break, 70 students came

LAG B'OMER

Drum Circle and Hi-Def Havdalah

LOOKING FORWARD TO FALL '07!

Check Schedule on www.ShabbosHouse.com

Thank You for making Shabbos House SPRING '07 possible.

Operating Fund

Contributions listed below are from January 07 - June 07

Thanks to their generosity Shabbos House is possible.

* indicates Shabbat and Event Sponsors

** indicates Major Semester Sponsors

Judith Ashworth
Arlene Barnhart
Gary and Rose Baskind
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Ed and Randy Berns
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Lillian Ruth Leiman
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Frances and Steven Lesser
Ed Levin*
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Igal and Lynn Levy

Avi and Ariella Losice
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Seth Magot
Morris and Esther Massry
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Lili Monassebian
Dr. Joseph Morgan & Joyce Rubin
Leonard & Maxine Morgenbesser
Ilana Nathan
Tom and Hope Nathan
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Daniel and Merris Ruzow
Soochie Sabol
Rabbi Bentzion and Ruthie Saloff
Herman Prins Salomon
Rita Schachne
Deborah Schechter
Dr. Michael and Barbara Scher
Pinchas and Yehudis Schreiber**
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Howell and Sharon Serkin
Chani Simon

Yoel and Channi Shlessinger*
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Rami and Deborah Strosberg
Joyce Teitelman
Jeff and Rebecca Tepper
Debra Tierney
Bruce and Amy Wachtler
Motti Wein
Robert Wein
Michael and Pamela Wolk
Rabbi Hershel and Rochel Zaklos
Dr. Joseph and Elaine Zeitlin
Stuart and Judy Zeitlin
Joseph and Shirley Zeller

Co-sponsoring Organizations are listed in "Contribution Matters" below.

We apologize for inadvertent omissions. Anonymous Sponsors, Catering, and Cookbook purchases not included.

CONTRIBUTION MATTERS

- Shabbos House receives no funding from the University, or National Chabad. We do receive co-sponsorship grants from the L'CHAIM and TAGAR (Student Association) Student Groups, the University at Albany HILLEL, the UFARATZTA Fund, and support from Capital District CHABAD Centers, our parent organization.
- With minimal overhead and salary expenses, your contribution goes directly to benefit the students with dinners, atmosphere, programming and events. More Bang for your Buck!

- Our name notwithstanding, Shabbos House operates ALL week, with numerous weekday events, and is always open and welcoming to individual students for study, friendship and discussions, or to assist with urgent needs.
- As the crowd has grown, so have the expenses. It costs far more to serve a Shabbos meal to 120-180 students in 2007, than it cost to serve 25-30 students in 1997. Attendance at all our events has increased, and so have the costs. In addition, due to increased need, new services are provided, adding to the cost.
- Shabbos House is very grateful for the generous support and appreciation from our 'extended family' - YOU make it possible!

SPECIAL THANKS for goods and services:

Class of 2007 for the new state-of-the-art, super-speedy computer
Jerry & Ilene Sykes and The Party Warehouse
David Gosman ('99) and PCAmerica for hosting our website
Joyce Teitelman for the new kitchen floor
Lisa Dadush & Family for a more of the library of books
Laura Novello for books, sodas, nosh and more!
Justin Hirsch and Family for additional computer and printer
Shachar Luz for dynamic live Jewish music at events and Simchas

Dan Hershberg, Norman Massry, Jack Rosenblum and Don Stracher for their tireless continued efforts towards zoning approval for the new, bigger and better Shabbos House

THANKS to the CPSP semester volunteers, L'chaim Board, the pre-Shabbat set-up crew, and everyone who helps with Shabbat and event prep, serving and clean-up. It could not happen without you!

Building Fund

Contributions listed below are from January 07 - June 07 including both fulfilled Pledges and new Contributions.

* Names with asterisk indicate "Shares and Dedications".

Bryan and Susan Butensky
Lewis and Beth Gray
Bob and Bea Herman*

Eric Himy*
Dennis Kessler*
Rob and Elana Klein*

Harold and Andrea Krongelb*
Tom and Hope Nathan*
Estate of Nathan Rosenstein*

Pinchas and Yehudis Schreiber*
Josh and Rebekah Wildman