



# Shepherd's Center News

**Mission:** *To help older adults pursue independent and active lives of purpose*

302 W. Market Street, Room 103  
Greensboro, NC 27401  
Phone: **336-378-0766**  
E-mail: [info@shepctr.org](mailto:info@shepctr.org)  
Website: [www.shepctr.org](http://www.shepctr.org)

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Wheels4Hope



## A T wo Decade A dventure in Learning

Dick Swanson

Sometime in the month of February 1996, I received a phone call in my office at

UNCG asking if I would be willing to teach a six-week course on the history of the Olympic Games. Since this would be the Centennial year of the Games and they were to be held in Atlanta, GA that summer, some historical background would be of great interest to many Adventures in Learning (AIL) participants. And so began what is now a nineteen year association with this intellectually stimulating program!

The following year I again received a call inviting me to teach another course in the area of sport history since that was my academic area of specialization. Based upon my first enjoyable experience with AIL, I agreed to put together a course on the early history of baseball.

Baseball and its role in American culture and history had long been an interest of mine and I had always included it as an integral part of my broader university courses on the cultural foundations of sport in American society. Much to my surprise, some three dozen men and women signed up for and actually attended the entire six weeks to explore the founding and first fifty years of American baseball and how it interacted with other important societal events of the period. The next year at AIL we covered the remainder of the twentieth century and along the way many participants shared their own personal experiences with the game. Over the years we have explored many aspects of the history of the "National Pastime" and even ventured into another subject examining the historical ties between sport and religion in America.



During this period I eased into retirement myself and have become an enthusiastic participant in AIL. *Why AIL?* The success and popularity of the Adventures in Learning program gives substance to the adage "*education is a life-long process.*" To see the smiling faces of participants each week as we gather to participate in the various course offerings is to witness this eager love of learning. An active mind is an open mind and an open mind leads us into new ideas and understandings that keep us stimulated and alive in the very best ways.

(continued on page 2)

Spring 2015

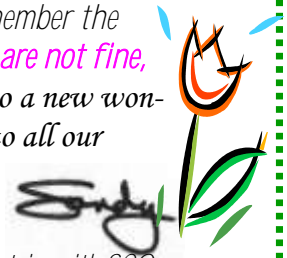
## A Note from SCG's Executive Director

Another year, another spring around the corner and another set of challenges for Shepherd's Center lying ahead of us. We began the year with a very successful Adventures In Learning series, reminding us of the continual necessity of learning, preparing and participating. As we adjust the budget to support the relocation of our ShepNet Computer labs and to allow for the rise in all operational expenses (insurances, equipment rental, printing, supplies, etc.), we are grateful for our board leadership, our many donors and our supporting sponsorships that keep our programs affordable.

This spring is also bringing us another Marigold Hotel movie. Did you see the first movie? Remember the host's response to all the complaints about the hotel? *"everything will be fine in the end; if things are not fine, then it's not the end."* I think of this phrase often when facing challenges. So let's take ShepNet to a new wonderful classroom, let's find supports that keep our programs vital, and welcome new participants to all our programs and services.

With your involvement in SCG...we can make it fine in the end.

*P.s. While you are reading this, I will be with 20 other older adults exploring San Antonio on our first fly-and-play trip with SCG. It may not be a perfect trip, but it's another adventure in front of us. And it's not the end of our group vacation options!*



### SCG Programs & Services ... announcements

- ◆ **Shepherd's Center needs your help in locating classroom space to relocate our ShepNet Computer Learning Center!** After six years in the Friends Home Guilford location, the space is no longer available to our program; so it's time to move the learning labs at the same time that we plan to upgrade the computers and class offerings. These classes are highly rated and the volunteers strive to keep up with changing technology that impacts the lives of older adults. Do you know of a church, retirement community or other site that would want to support education for older adults? It's a great program and we need YOUR help in locating two rooms and continuing the ShepNet program. Please call Sandy at 378-0766 with your ideas.
- ◆ Adventures in Learning has a Spring selection with brand new as well as returning favorite instructors...a line-up with many in-depth classes to choose from plus new Forum speakers (pages 8-11).
- ◆ Travel with us to the theatre in June and plan now for a great holiday trip. One of your favorites, Wohlfahrt Haus dinner theatre for "Under the Boardwalk" (page 5) and then, **a two night trip to Charleston in December for a classy way to ring in the holidays** (pages 7).
- ◆ Our office has been VERY busy in February and March with the Tax Prep (VITA) program. We are pleased to have served over 160 seniors with this free service. Special thanks to our long-time volunteer, Rita Reilly, for coordinating the volunteer team while also doing 6-8 returns each week.

**Hats off to YOU, Rita**

### A Two Decade Adventure in Learning (cont.)

Whether I am leading a class or sitting in as a member of another course, I am always struck by the eagerness of we seniors to continue learning. At the University, I tried to impart to generations of college students the idea that their education would not end when they received their diplomas. They would learn most of the important lessons outside the classroom. But also, they would need to continue learning through reading and through formal courses throughout their lives if they were to remain active, productive citizens in a democracy such as ours. And finally, that they would need to continue learning if they were to remain alive within themselves.

Adventures in Learning provides a perfect vehicle for those of us in our senior years to prove that fact to ourselves and to the younger generations who are witnesses to what it means in the lives of their parents and grandparents. Join us in the spring; you'll love AIL.

*Dick Swanson is currently the Chair of the AIL Planning Committee and a popular instructor.*

**VOLUNTEERS needed!**

**DRIVERS for Shepherd's WHEELS**

Imagine trying to maintain your independence yet not having the ability to drive. **Our riders (60+) need your help** to take them to the grocery store, bank, post office and other personal care errands. Rides are within the city limits, limited to a max of 2 hours weekdays, and flexible to suit your schedule. Supplemental insurance and partial reimbursement for mileage is available through our RSVP link. **This critical service needs drivers as soon as possible!**

**Office Volunteers**

Interested in working on computers to assist with data entry or general office work? OV's are the first voice you hear when you call SCG and are the key people who connect older adults to services in the community. Current shifts are 9:30am-12:30 or 12:30-3:30, Monday—Friday.

**Caring Friends with Adult Center for Enrichment**

If you prefer to work one-on-one with seniors who need your help and personal attention, we have a collaboration with ACE for Adult Day Care in respite settings (there are 4 locations in local churches). Help with games, activities, lunch and snack prep, field trips, and friendship. Your special talents or interests could be an added bonus for older fragile adults.

**Your time = support to other seniors  
Call 378-0766 to Volunteer!!**



Would you like to **remember** the wonderful women who raised us, the daughters and friends who continue to be strong role models and important mothers? Or is there a wonderful young woman you know in your family, congregation or community that you would like to **honor**?

*"I want my daughter to know how much I appreciate her in my life. She remains my joy."*

When we receive your donation, we will personalize a beautiful 5x8 card to the person you designate. The card will be mailed the week prior to Mother's Day in a glorious floral envelope ..sure to be a delight when they open the mailbox!

*"I was so touched when I received this beautiful honor card from an agency that serves my aunt with such respect."*

You may want to order a few cards to carry with you to provide last minute gifts or for random acts of kindness for a mom who could use a special note.



No need to shop for a card & stamp; plus these lovely cards benefit the Shepherd's Center and share a small piece of our "lives of purpose" mission.

\*While your name will be noted, the amount you donate will not be mentioned.

Call Sandy for further information or questions—378-0766

Please send this form with your contribution.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Amount of enclosed gift \$ \_\_\_\_\_

Given in honor of: \_\_\_\_\_

Her Address: \_\_\_\_\_

Given in memory of: \_\_\_\_\_

Name & address for memorial card \_\_\_\_\_

\*\*You may choose to add a separate list of people and addresses.

*Please make check payable to Shepherd's Center & mail to: 302 West Market Street, Room 103, Greensboro, NC 27401*

## Shepherd's Travelers Visit New Bern

SCG filled the bus with great travelers for a two-day trip to the historic town of New Bern, NC. Even with misty weather, the tours of the palace, historical docents, and beautiful gardens were enjoyable. A morning trolley of this lovely town gave us a broader view of the mix of history with today's lifestyle. Our tour group arranged a good hotel and restaurant choices were rated well (ask Vickie about shrimp and grits!).

*Photos taken by John Archer*



*“Travel, in the younger sort, is a part of education; in the elder, a part of experience.” – Francis Bacon*



*“You missed a great trip!”*



Singing, dancing, oldies and just plain fun!

Thursday, June 4, 2015

Wohlfahrt Haus Dinner Theatre

Wytheville, VA

Show: "Under the Boardwalk"

Cost: \$85.00 (includes transportation, lunch & gratuity)

We're taking you to the mountains for an afternoon of beach music!!

Reserve your seat now for a wonderful luncheon and Broadway Hit. "Under the Boardwalk" is filled with Carolina Beach music, a beloved trademark of the Southeastern seaboard. This show will start your summer and have you dancing in the aisles!

"IT'S SHAGTASTIC."

Depart from First Lutheran Church at 9:30 am.

Parking at 3600 W. Friendly Avenue

REGISTRATION DEADLINE FRIDAY, MAY 15, 2015



Please complete a form for each person traveling. Submit with payment to reserve your space.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

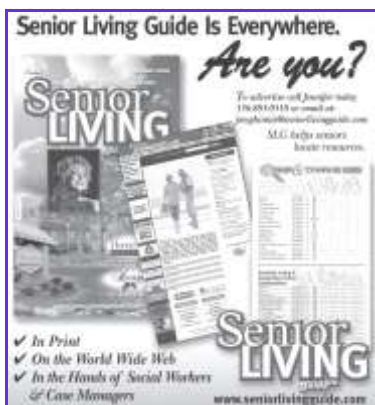
Email \_\_\_\_\_ Congregation \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

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Shepherd's Center team and all participants would like to extend a big Thank You to FRIENDS HOMES at Guilford for providing space for the ShepNet Senior Computer Center labs for over six years. Their support enabled our volunteers to provide quality classes for over 1300 older adults who wanted to improve computer skills, stay connected to family and friends, and learn the newest technology and communication tools. We will miss bringing new seniors to the FHG campus but hope to develop future services for our community's great older adults.



SCG would like to THANK our wonderful team of volunteer VITA Tax Preparers :

Jerry Eagle Emily Johnston  
Lourdes Elder Joe Kent  
Rita Reilly

By sharing their time and skills, they helped over 160 senior families file accurate tax returns in a safe, senior-friendly environment.



# A heritage of compassion. A revolutionary approach to skilled care.



Call **336-821-4000** to request information, or to schedule a private tour of a *Maryfield Health Care Household*.

*Located less than a mile from downtown Jamestown and only 10 minutes from Greensboro. All faiths welcome.*

For more than six decades, Pennybyrn at Maryfield has been building a foundation of respectful, compassionate care. Today, the *Maryfield Health Care Households* at Pennybyrn enhance this mission with a resident-centered approach to rehabilitation and skilled nursing care. We offer:

- Short-term Rehabilitative Services
- Memory Support
- Long-term Skilled Nursing Care

MARYFIELD HEALTH CARE HOUSEHOLDS

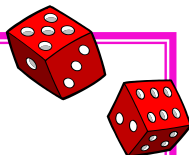


Sponsored by the Sisters of the Poor Servants of the Mother of God



109 Penny Road • High Point, NC 27260  
[www.PennybyrnAtMaryfield.org](http://www.PennybyrnAtMaryfield.org)

## Table Games



Love to play cards?  
Interested in the challenge of a new board game?  
Enjoy laughs & fellowship?

Then please join us for Table Games!

First Monday of the month  
**Mondays, May 4 - August 3**

9:30am—12noon followed by lunch  
at **Spring Arbor** of Greensboro  
5125 Michaux Road

\$7 fee includes lunch

Register with Karlyn Shankland, 294-8436  
on the Thursday prior to the Monday session.

P.S. You don't need to be a pro; our group leaders will share the rules and guide you through the various games.

### The Triad's Complete Guide for Seniors

- Housing
- Health Resources
- Moving & Downsizing
- Financial & Legal
- Aging in Place
- News and Information



**Pick up your copy today!**

at Harris Teeter, Lowe's Foods, Food Lion, real estate offices, senior centers, and rack locations throughout the Piedmont Triad.

The Triad  
**RETIREMENT**  
resource guide

**TheRetirementResourceGuide.com**

A Publication of Southern Trade Publications  
Now in our 53rd year of publishing consumer and trade magazines

# Holiday Trip to Charleston, SC

December 1-3, 2015

3 Days—2 Nights in this lovely city

\$ 389/person—double occupancy

\$495/person—single occupancy



Package includes: Lodging, 2 breakfasts, 2 full course dinners, guided city tour (homes, public buildings, churches, the Citadel, the Battery), Ft. Sumter, Magnolia Plantation Home, Magnolia Gardens tram tour, City Market, and a Charleston Harbor Cruise.



**A full, inclusive package to one of the south's most beautiful cities.**

Seating is very limited!

Register before **August 10th** for this rate.

After August 10, double occupancy rate is \$429.

Trip cancellation insurance is also available...call Vickie for details.

Please complete a form for each person traveling. Submit with full payment to reserve your space.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Congregation \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Roommate \_\_\_\_\_

Please make check payable to Shepherd's Center and mail to 302 West Market Street, Room 103, Greensboro, NC 27401.



SCG Affiliations:



# ADVENTURES IN LEARNING

April 16, 23, 30 and May 7, 14, 21, 2015

First Baptist Church, 1000 West Friendly Avenue

## Welcome!

**ADVENTURES IN LEARNING** offers enrichment and fellowship opportunities for all Greensboro area men and women. There are **16** classes from which you can create your own schedule. All variations are welcome. At midday, there is a quiet period of inspiration and meditation led by volunteers. After lunch, a Forum and announcements of general interest, along with social and fellowship activities, make midday a special time.

**Prepaid Lunch**, at a cost of \$8.00, is served in the Fellowship Hall beginning around noon. Or, bring a sack lunch and join any table.

**IMPORTANT NOTE:** All lunch reservations must be “PREPAID” by 3:00 p.m. the Monday prior to each Thursday session. Therefore, if you must cancel, call by that time each week. Shepherd’s Center is responsible for paying a minimum amount based on the number of lunches reserved, even if fewer lunches are served. If you prepay for lunch and fail to cancel by Monday at 3:00 p.m., there will be no refund.

### 9:30-10:30 a.m. Classes

**HEALTHY LIVING FOR SENIORS:** Join health and wellness experts from Cone Health as they share information to help keep your mind and body healthy as you age. This will include discussions about exercise, cancer prevention, chronic lung disease, hip fractures, fall prevention, nutrition and mental health.

*Cone Health Experts, Facilitators*

**MYSTERY QUILTING:** Use a piece of floral fabric to choose your colors for this Mystery Quilt. The design won’t be revealed until all the pieces are together at the very end. Surprise! A 24” wall quilt.

*Janet Dietz, Instructor*

**PROTESTANT DENOMINATIONS:** This course offers a special opportunity to learn about the development and beliefs of Protestant denominations. Main topics will include the Reformation (Lutherans and Anglicans), the Radical Reformation (Anabaptists and Quakers), The Reformation in England (Baptists, Presbyterians and Methodists), the Black experience in the U.S. (AME and COGIC), the Spiritual Awakenings in the U.S. (Disciples and Pentecostals), and New Movements in the U.S. (“Megachurches” and non-denominational churches).

*Max Carter, Coordinator*

**SELECTED POEMS FROM ENGLISH LITERATURE: Shakespeare to Hardy** Lectures and discussions of representative poems from 1609 to 1912.

*Don Darnell, Instructor*

**WOODCARVING:** The fundamentals for beginner or experienced woodcarving will be demonstrated and practiced. The spring project will be Love Spoons along with beginner’s geese, crosses, stars and miscellaneous blanks. Woodcarving blanks will be available. Bring a carving knife, if you have one. (For those who did not finish their carving in previous sessions, may work on them this session.)

**2-hr. class limited to 12** *Richard DeCoste, Instructor*

### 10:45-11:45 a.m. Classes

**CONTEMPORARY POETRY: Reading, Writing, Discussion** We will examine contemporary poetry with emphasis on accessibility. Instructor will draw on works of Natasha Trethewey, George Bilgere, P.K. Page and others, as well as his own work. Class members may read and discuss their poems in a collegial atmosphere. New materials have been added, so this class is appropriate for those who have taken it before, as well as those who have not.

*Bob Demaree, Instructor*

**LINE DANCING:** Put on your dancing shoes and come join this fun activity! Learn the Electric Slide, Cupid Shuffle and many others. No partner required.

**Class Limited-20** *Betsy Holder, Instructor*

**RELIGIOUS PERSPECTIVES ON MODERN ISRAEL:** Guided by the Shalom Hartman Institute video lecture series, “Images of Israel.” This six-session course will reflect upon themes of holiness, covenant, rejection, conflict, hope and interfaith encounter.

*Steve Pressley, Facilitator*



10:45-11:45 a.m. Classes-cont.

**SING FOR FUN: SINGING MORE OLDIES BUT GOODIES AND SOME NEW TUNES!** Come relive some memories by singing songs you will remember but haven't heard for years. "Start your day with a song, and it will surely end on a happy note."

*Eleanor Procton, Instructor*

**WRITING PERSONAL MEMOIRS:** This course will focus on a set of creative writing exercises and techniques for developing written stories that can organize and illuminate something of the overarching journey of your life. Each person will develop a Memoir booklet to outline and record significant events, relationships and directions in your past, and perhaps to look insightfully at present directions and decisions. We each have a life story to tell.

*Dr. William (Bill) Rogers, Instructor*

**QUILTING - continues for a second class.**

**WOODCARVING - continues for the second class.**

1:30 -2:30 pm Classes

**INVESTING IN AN UNCERTAIN WORLD: Protect Wealth and Reduce Taxes.** This class will focus on investment concepts, fundamentals, and philosophies of interest to the participants. It will include an economic and market update. A variety of investment vehicles will be explored, with plenty of time for questions and answers.

*Chad Barber & Keith Hiatt, Instructors*

**LET'S PLAY MAH JONGG:** If you ever wanted to learn to play Mah Jongg, now is the time. This class is designed for beginners and anyone who needs to brush up on their game. There will be a \$10.00 charge per person (this includes the purchase of the 2015 Mah Jongg card).

**Class limited to 15**

*Paula Becker, Instructor*

1:30-2:30 p.m. Classes-cont.

**MORE GREEK MYTHOLOGY:** This course will cover important myths from Greek and Roman mythology that were not covered in the Greek mythology class last spring, e.g. Achilles in the Trojan War, the travels of Odysseus, the murder of Agamemnon, the story of Oedipus, and founding of Rome. These myths are more complex than many of those that we talked about last year, and so we will spend one class period on each story.

**\*Class will be for 5 weeks** *Hugh Parker, Instructor*

**NORTH CAROLINA'S NATIVE AMERICANS:** Learn about North Carolina's indigenous peoples. There are more than 100,000 American Indians representing eight tribes and four urban Indian centers in our state. Topics of discussion will include history, cultural arts, health and wellness, education, and economic development from pre-European contact to the present day.

*Rick Oxendine, Coordinator*

**A STUDY OF SHAKESPEARE'S SONNETS:** Procreation Sonnets, The Sonnets, The Dark Lady Sonnets, The Rival Poet, themes of death, and the transience of life and mortality.

*Eleanor Liebowitz, Instructor*

**TECHNIQUES FOR MAKING YOUR HOME SAFER, MORE EFFICIENT, & MORE BEAUTIFUL:** Topics covered will include container and patio gardening, home safety products and techniques, updating kitchens, baths, living areas, bedrooms and how to manage simple home repairs. This class will have valuable information with a Q&A opportunity at its conclusion.

*Robert Poueymirou and Home Depot Specialists*

*Gayle Fripp's History of Greensboro class in January*



\*\*\*\*\*  
\* Please remember that all Shepherd's Center activities are cancelled when Guilford County Schools are closed \*  
\* for inclement weather. If the schools are delayed, Shepherd's Center will operate on our regular schedule. \*  
\* Watch WFMY Channel 2 for closing information. \*  
\*\*\*\*\*

# Who's Who?

## ADVENTURES IN LEARNING PLANNING COMMITTEE

Dick Swanson, Chair  
Jim Allen  
Jane Chandra

Brooks Graham  
Margaret Griffin  
Jothi Kumar

Phyllis Shavitz  
Marian Solleder  
Jean Tillman  
Jim Weikel

### Spring Instructors:

**Chad Barber** has been in the securities industry for 13 years. He is a Financial Advisor and Accredited Asset Management Specialist with Ameriprise Financial. He graduated from University of North Carolina Greensboro with a bachelors degree in marketing and finance in 1998.

**Paula Becker** has been teaching and playing Mah Jongg for over 30 years.

**Max Carter** is the Director of Friends Center at Guilford College. He leads annual work/study trips to Israel and Palestine to support peace work in that region.

**Don Darnell** is Professor Emeritus of English at University of North Carolina Greensboro.

**Richard DeCoste:** has been carving off and on for most of his life. He has been an active craver with Adventures in Learning since 2003 and a carving instructor since 2010. He has carved crosses, pocket-prayer-peaces, "wood-spirits" in walking-sticks and many other interesting pieces.

**Bob Demaree** is the author of three book-length collections of poems, including *After Labor Day* (2014). His poems have appeared in over 150 periodicals. He retired from Greensboro Day School in 2001 after 42 years in independent education.

**Janet Dietz** has been doing all forms of quilting for over 35 years. She is a member of the Triad Quilters.

**Keith Hiatt** is a CPA and partner with the firm Breslow, Starling, Frost, Warner, Boger & Hiatt, PLLC. He has 30+ years of experience in the areas of corporate & individual taxation. He received his BS and MA in Accountancy from Brigham Young University.

**Betsy Holder** brings years of experience as a line dancing instructor to this popular class.

**Eleanor Liebowitz** Ph.D. English Literature, retired. Also a retired New York State Licensed Psychoanalyst.

**Hugh Parker** is an Associate Professor and Department head of Classical Studies at UNCG. He teaches both Greek and Latin courses and classes dealing with different aspects of life in ancient Greece and Rome.

**Steve Pressley** has been Associate Pastor of First Baptist Church for 23 years. He has experienced the Holy Land on four occasions, including three sabbaticals and one pilgrimage tour.

**Eleanor Procton** has led "Music for Pleasure" at Friends Home Guilford. She began the class in 1978, worked in Special Services and later served as the department director. When she retired, they would not let her stop teaching and she continues to take great pleasure being with her friends. Now she adds the pleasure of singing with us at AIL!

**Dr. William (Bill) Rogers** is President Emeritus of Guilford College. Former Parkman Professor of Psychology and Religion at Harvard University 1970-80. Former Chair of the NC Association of Independent Colleges and Universities and author of 6 books and over 40 scholarly articles.

### Special Presenters:

**Cone Health Professionals:** Megan Norris, Wellness Coordinator; Christine Brannock, Oncology Outreach Manager; Debra Neblett, Pulmonary Clinical Nurse Specialist; Eva Hyde, Licensed Clinical Social Worker; Lynn Weisner, Gerontological Nutrition Specialist; Chrystal Land, Licensed Clinical Social Worker

**Home Depot:** Manager Robert Poueymirou and Specialists from various departments

**Guilford Native American Association:** Rick Oxendine, Executive Director, plus various Native American Experts

**William R. Rogers** Director of Friends Center & Quaker Studies at Guilford College plus various faith speakers

### *The Senior Class Singers in February*



**Forum Luncheon Speakers**

**April 16**

**Kelley King**

Haw River State Park

**April 30**

**John Graham & "Gov. Morehead"**

Preservation Greensboro

**May 14**

**Glenn Dobrogosz**

Greensboro Science Center

**April 23**

**GSO Scottish Country Dancers**

Greensboro, NC

**May 7**

**Jim Melvin**

J. Bryan Foundation & Greensboro

**May 21**

**To Be Announced**

***Thank You!***

Thanks to all the excellent Instructors, Forum Speakers and Inspirational Speakers for volunteering their time, knowledge and expertise to make another successful session of "ADVENTURES." Each winter, spring and fall, it is our privilege to be the guest of one of our sponsoring congregations and we are appreciative of the members of First Baptist Church and Christ UMC for sharing their facilities with us. We look forward to returning for yet another ADVENTURE!

**REGISTRATION FORM: SPRING 2015 Adventures in Learning**

Name (s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Church/Synagogue \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

**Please use initials if registering more than one person:**

**9:30 - 10:30 a.m.**

**10:45 - 11:45 a.m.**

**1:30 - 2:30 p.m.**

\_\_\_ Healthy Living for Seniors

\_\_\_ Contemporary Poetry

\_\_\_ Investments

\_\_\_ Poems from English Literature

\_\_\_ Line Dancing

\_\_\_ Mah Jongg

\_\_\_ Protestant Denominations

\_\_\_ Sing for Fun

\_\_\_ More Greek Mythology

\_\_\_ Quilting

\_\_\_ Writing Personal Memoirs

\_\_\_ N.C. Native Americans

\_\_\_ Woodcarving

\_\_\_ Quilting cont.

\_\_\_ Shakespeare's Sonnets

\_\_\_ Woodcarving cont.

\_\_\_ Techniques for Home Safety

\_\_\_ Religious Perspectives on Modern Israel

**Non-Refundable Registration fee, Spring 2015 TERM \$40.00 per person \$ \_\_\_\_\_**

**(ALL REGISTRATIONS received after April 14, 2015 will be \$50.00 per person)**

Lunch Reservation, April 16th only - \$8.00 or \$ \_\_\_\_\_

All six luncheons - \$48.00 \$ \_\_\_\_\_

Contribution to Shepherd's Center (Optional) \$ \_\_\_\_\_

Or volunteer your time TOTAL \$ \_\_\_\_\_

Is this your first time attending Adventures in Learning? \_\_\_Yes \_\_\_No

**MAIL NO LATER THAN April 13, 2015 (\$10.00 Late charge will be assessed after this date!)**

*Send to Shepherd's Center of Greensboro, 302 West Market Street, Room 103, Greensboro, NC 27401*



# Thank You For Your Gifts!

December 2014 through mid-February 2015

## ***Annual Fund:***

Jim & Betty Allen  
Anderson Family Foundation  
Richmond & Doris Bernhardt, Jr.  
Charles & Jeanie Biscoe  
Dorothy Borei  
Paul Brady  
Betty Brewer  
Edwin Bryan  
Nancy Clark  
Carrie Cowan  
Jackie Creed  
Daniel Cregar, Jr.  
Delois Curtis  
Bobbi Curtiss  
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W. Erwin Fuller, Jr.  
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Jothi Kumar  
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## ***Gifts in Memory of:***

**Nettie Motley**  
Teresa Ryan  
**William Oncea**  
Buddy & Katherine Poole

## ***Gifts in Honor of:***

**Eileen Beals**  
Joanne Caldwell  
**Margaret Coyne**  
Mary Coyne & Terry Wessling  
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**Suresh Chandra**  
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Enola Mixon  
Margaret Willard  
Jo Welch Hull  
**Vickie Williamson**  
Deane Heath  
**Judie Wright**  
Lewis & Carolyne Burgman  
  
***In-Kind donations:***  
Dr. John Krege  
Martha Robbins  
All our AIL Instructors

2014 SCG Financial Annual Summary

SCG Income and Charitable Support:

Program Fees*	51.7 %
Congregational Sponsors	8.0 %
Individual Contributions	21.6%
Sponsorships	6.7%
Endowment Distribution	7.8%
Business & Grant funding	3.5%
Misc.	.7%

SCG Program and Operations Expenses:

Direct Program costs	29%
Indirect Services/Program Exp.**	64%
Administrative (non-program)	4%
Fundraising	3%

\* Adventures In Learning, Table Games, Shepherd's Travelers, and ShepNet Computer Center

\*\* Includes insurances, equipment rentals, salaries, printing/copying, postage, newsletters, web, supplies, misc fees...all the things that keep SCG running behind the scenes.

**Community Connections**



Our Shepherd's Center is part of something much bigger than our community--we belong to a national network of 58 centers that has improved the quality of life for two million aging adults through volunteer service, lifelong learning and health enhancement.

A strong national network brings added value to the work we do supporting older adults. Our national network enhances both our individual and collective voice as we speak out to address the challenges and culture of aging in America today.

The Shepherd's Centers' mission and philosophy of compassion, cooperation and service to others is now a growing movement. We want you to know what a big part you play in this national network helping to promote meaningful aging as part of the social fabric of America!

[www.shepherdcenters.org](http://www.shepherdcenters.org)

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Your donation will support Wheels4Hope's mission of providing affordable, reliable transportation to low-wage earning families who are referred to us by one of our Partner Agencies in the Triad.

*Turning Donated Cars into Local Blessings*

Computer classes (using a Windows operating system) for persons age 50+ are taught by Shepherd's Center peer volunteers. They are offered monthly in the ShepNet Computer Center for Seniors at Friends Homes Guilford, 1st floor of the Hinshaw Building, 925A New Garden Road, Greensboro.



Classes meet twice weekly (Monday/Wednesday or Tuesday/Thursday) in the morning (9:00 – 11:30) or afternoon (1:30 – 4:00); some related activities are scheduled on Friday mornings but not on weekends or evenings. Course fees are \$35-40 for 6-8 sessions classes; \$15-20 for short courses.

- WORD PROCESSING (8 sessions)
- INTERNET & E-MAIL MANAGEMENT (6 sessions)  
(Internet access required)
- MANAGING WINDOWS 7 (6 sessions)
- MANAGING WINDOWS 8.1 (6 sessions)
- GENEALOGY (6 sessions)
- ANDROID TABLET Basics (3 sessions)
- PICASA PHOTO MANAGER (3 sessions)  
\*\*Managing Windows 7/8 is a prerequisite
- PHOTO EDITING using Photoshop Elements (8 sessions)
- APPLE iPHONE Basics (3 sessions)
- Apple iPad Basics (3 sessions)
- INTERNET & EMAIL Management for Windows 8 (6 sessions)

**A current schedule and on-line registration is available for all classes at [shepnetgreensboro.org](http://shepnetgreensboro.org)  
ALL registrations must be done on-line and paid through PayPal.**

Go to the ShepNet page, choose your class and then click on "Pay using PayPal."

Registration is non-refundable 7 days prior to class start date!

For people who are just learning to use computers and want the BASIC explanations and assistance:

BASIC COMPUTER SKILLS (3 sessions) or INTRODUCTION TO WINDOWS 7 or 8.1 (6 sessions)

The only exceptions to online registration are for these classes. To register for these 2 classes, complete and mail the information form below. For questions please call Evelyn at 292-4926.

Name \_\_\_\_\_

Email (if available) \_\_\_\_\_ Phone number \_\_\_\_\_

Address \_\_\_\_\_ Zip Code \_\_\_\_\_

Course  Basic Computer Skills or  Introduction to Windows

When your form is received, your name will be added to a waitlist. You will be contacted by phone when the class is offered. (Do not send money with this form.) **Mail to:**

**Shepherd's Center of Greensboro, 302 W. Market St., Room 103, Greensboro, NC 27401**

(Note: regular access to a PC computer – perhaps at a library—is required for all courses)

For more information about classes or to volunteer for this program, contact Coordinator Larry Johnston

at (336) 525-1728 or [ljohnston129@gmail.com](mailto:ljohnston129@gmail.com)



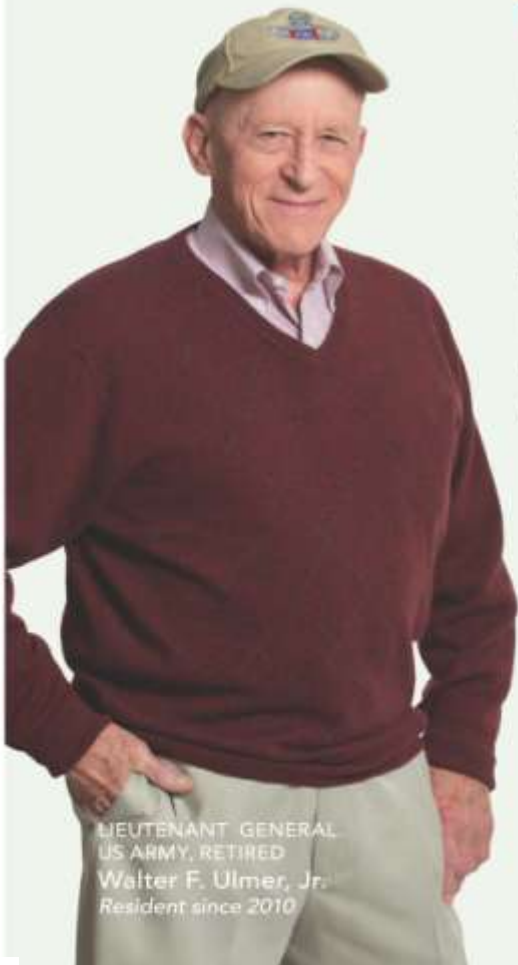
**ShepNet is seeking additional volunteer instructors who have knowledge in the subjects listed AND have an interest in coaching adult learners. Interested? Send a note to us at [info@shepctr.org](mailto:info@shepctr.org).**



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Vickie Williamson *Program Manager*



SPRING Calendar

<i>Board Meetings</i>	Mar.17, Apr. 21, May 19, June 16
<i>Shepherd's Travelers</i>	Mar.22-26 - San Antonio Tour June 4 - Wohlfahrt Haus Dinner Theatre
<i>Adventures in Learning</i>	April 16—May 21
<i>Table Games</i>	May 4, June 1, July 6, Aug. 3, etc.
<i>Office Closed</i>	April 6, May 25, July 3