

Shlokas for Kids

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Shlokas for Kids Salutations to OM (AUM)



*Onkar amB ndu Sanyukt am
N t yamDhyaayant i Yogi naha
KaanadamMkshadamChai va
Onkaar aaya Nano Nanaha*

OMuni ted with the Source , on whi ch the yogi s ever dwell ,
Grant s desi res and li ber at i on, Sal ut at i on s to the Onkar am.

For Level 2

OMnanah pr aNavAr t hAya
shuddaGAnai kantut t aye
ni r naI Aya pr ashAnt Aya
daxi NAntut t aye nanah

AUM symbolises the sound of creation, the hum of the universe, the Word of God. AUM leads to That which is beyond the knowable. 'A' symbolises the waking state. 'U' symbolises the dream state. 'M' symbolises the deep sleep or dreamless state. The silent pause after AUM symbolises the ultimate and timeless Truth, the eternal quest of philosophers and mystics.

"A" (pronounced "AH" as in "father") resonates in the center of the mouth. It represents normal waking consciousness, in which subject and object exist as separate entities. This is the level of mechanics, science, logical reason, the lower three chakras. Matter exists on a gross level, is stable and slow to change.

Then the sound "U" (pronounced as in "who") transfers the sense of vibration to the back of the mouth, and shifts the allegory to the level of dream consciousness. Here, object and subject become intertwined in awareness. Both are contained within us. Matter becomes subtle, more

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fluid, rapidly changing. This is the realm of dreams, divinities, imagination, the inner world.

"M" is the third element, humming with lips gently closed. This sound resonates forward in the mouth and buzzes throughout the head. (Try it.) This sound represents the realm of deep, dreamless sleep. There is neither observing subject nor observed object. All are one, and nothing. Only pure consciousness exists, unseen, pristine, latent, covered with darkness. This is the cosmic night, the interval between cycles of creation, the womb of the divine Mother.

Shlokas for Kids
Gayatri Mantra

ॐ

भूर भुवः स्वः
तत् सवितुर् वरेण्यं
भर्गो देवस्य धीमहि
धियो यो नः प्रचोदयात्

Om Bhoor Bhuva Swaha
Tat Savitur Varenyam
Bhargo Devaasya Dhimahim
Dhiyo-yo Naha Prachodayat
Om Shanti Shanti Shantihi

*Om = Symbol for Para Brahman
Bhur = Bhu-Loka (Physical plane)
Bhuvaha = Antariksha-Loka (Astral Plane)
Swaha = Svarga=Loka (Celestial Plane)
Tat = That Transcendent, Paramatma
Savitur = Ishvara or Creator
Varenyam = Fit to be worshipped or adored
Bhargaha = Remover of Sins and Ignorance; Glory Effulgence.
Devasya = Resplendent; shining
Deemahi = I meditate
Dhiyah = Buddhis, intellects, understandings
Yah = Which, Who
Nah = Our
Prachodayat = Enlighten, guide.*

"O God, Thou art the giver of life, the remover of pain and sorrow, the bestower of happiness; O Creator of the Universe, may we receive thy supreme, sin-destroying light; may Thou guide our intellect in the right direction."

Shlokas for Kids

Morning Shloka

Kar agre Vasat e Lakshmi

Kar a Mil e Sar aswat hi

Kar a Madhye Tu Govi ndah

Pr abat e Kar a Dar shanam

Sanskrit to English Word Meaning

Karagre-on the tip of your fingers; vasate- dwells; Lakshmi- the Goddess of Prosperity, Lakshmi; karamule- on the base of your hands; Saraswathi- the Goddess of Knowledge Saraswathi; karamadhye- in the middle of your hands; tu-whereas; Govindah-the Lord Govindah; prabhate-in the morning; karadarshanam-look at your palm.

Translation

On the tip of your fingers is Goddess Lakshmi; on the base of your fingers is Goddess Sarasvati; in the middle of your fingers is Lord Govinda. In this manner, look at your palm

Brief Explanation

This is a Morning Prayer called “karadarshana”. One begins the day with this prayer. ‘kara” means the palm of the hand and it stands for the five karmendriyas, or the organs of action. While looking at the palm, one invokes the Lord in the form of various deities, thus sanctifying all the actions that will be done during the day. By acknowledging the Lord as the giver of the capacity to perform actions and as the giver of the fruits of those actions, one sanctifies the actions. Thus, one prays in the morning to reinforce the attitude that all actions are performed as a service to the Lord.

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For Level 2

Mealtime Prayer

Br ahma ar panam Br ahma Havi r
Br ahma gnau Br ahma naa Hut am
Br ahma i va Tena Ga nt avyam
Br ahma Kar na Sa adhi na

Sanskrit to English Word Meaning

Brahma- Brahman; arpanam- the means of offering; havih-oblation; brahmagnau-unto the fire that is Brahman; brahmana-by brahman; hutam- is offered; eva- indeed; tena- by him; gantavyam- to be reached; brahma-karma-samadhina-who is abiding in Brahman

Translation

Any means of offering is Brahman, the oblation is Brahman, the fire in which the offering is made is Brahman, and the one who offers is Brahman. Such a person who abides in Brahman indeed gains Brahman

Brief Explanation

This verse from the Bhagavad Gita (chapter 4, verse 24) and is traditionally chanted before meals. Brahman is the name of the Lord, the cause of the whole creation. Looking at the whole creation as an effect, Brahman is seen as the cause of everything. The effect does not exist separate from its cause. This verse likens food that is eaten to an oblation poured into the fire during ritual. By chanting this prayer before meals, the food that is eaten is offered to Brahman, the Lord.

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Evening Prayer

करचरणकृतं वाक्कायजं कर्मजं वा
श्रवणानयनजं वा मानसं वाऽपराधम् ।
विहितमविहितं वा सर्वमेतत्तन्मम
जय जय करुणाब्धे श्रीमहादेव शंभो ॥

Kar achar anakr ut anVaa Kaayaj anKar naj anVaa
Shr avananayanaj amVaa ManasamVaa Apar aadham
Vi hi t anavi hi t amVaa Sar vanet at Kshanasva
Jaya Jaya Kar unaabdhe Shr eenahaadevashantoho

Meaning :-

O Lord, kindly forgive the wrong actions I have done knowingly or unknowingly, either through my organs of action (hands, feet, speech) or through my organs of perception (ear, eyes) or by my mind. Glory unto Thee, Oh Lord, who is the ocean of compassion.

Shlokas for Kids

Asat o Ma Sadganaya

Tamaso Ma Jyoti r ganaya

Mi t yor na Anni t amganaya

Om Shanti Shanti Shanti hi

Sanskrit to English Word Meaning

asato-from unreal; ma-me; sad-to the real; gamaya –lead; tamaso –from darkness (of ignorance), ma-me; jyothih-to light; gamaya-lead; mrtyoh- from death ; amrtam- immortality; gamaya –lead to immortality

Translation

Lead me (by giving knowledge) from the unreal to the real; from darkness (of ignorance) to the light (of knowledge); from death (sense of limitation) to immortality (limitless liberation)

Gur ur brahnaa gur ur vi shnuh

gur ur devo naheshvar ah

gur ur saakshaat par abr ahna

t asnai shree gur ave nanah.

Meaning - Know the Guru to be Brahma himself. He is Vishnu. He is also Shiva. Know Him to be the Supreme Brahman, and offer thy adorations unto that peerless Guru.

Tvaneva Ma a Cha Pi t a Tvaneva

Tvaneva Bandhuscha Sakha Tvaneva

Tvaneva Vi dya Dr avi namTvaneva

Tvaneva Sar vamMa Deva Deva

O Supreme Lord (deva-dev, Master of all demigods), You are our mother, father, brother, and friend. You are the knowledge and You are the only wealth. You are our everything.

Shlokas for Kids

For Level 2

*Omsahanaa vavat u
sahanau bhunakt u
sahaveer yamkar avaavahai
t ej aswi naa vadheet anast u
naa vi d vi shaa vahai
omshaant hi h, shaant hi h, shaant hi hi*

May he protect all, may he nurture all, may we all perform together the most heroic and divine actions; may our learning be prosperous to all; may we never quarrel on the different beliefs we may have; may we illumine together, may we live in harmony. may there be peace for all and for ever.

For Level 2

*aakaashaat .h pat i t aMt oyaM
yat haa gachchhat i saagar am
sar vadevananaskaar aan.h
keshavaMpr at i gachchhat i*

Like all the rivers flow into and merge with the one and the same ocean, devotion shown by the people to any name or form of God does reach the same Divinity

Shlokas for Kids

For Level 2

कायेन वाचा मनसेन्द्रियैर्वा
बुद्ध्याऽऽत्मना वा प्रकृतेः स्वभावात् ।
करोमि यद्यत् सकलं परस्मै
श्रीमन्नारायणायेति समर्पयामि ॥

kayena vaacha, manasendriyai va,
budhyat nana vaaq, prkritir svabhavat ,
karomi yad yad sakal amparasmai
narayanayet i sanar payami

Through body, speech, mind, sense organs,
intellect, word, instinct, nature,
everything that I do
I offer to Narayana.

Shlokas for Kids
Ganesha Shlokas



गजाननं भूतगणाधिसेवितम्
कपित्थ जम्बूफलसार भक्षणम् ।
उमासुतं शोकविनाशकारणम्
नमामि विघ्नेश्वर पादपङ्कजम् ॥ :

Gaj ananam Bhuta Ganat hi Sevi t am
Kapi t t ha Janbu Pal asar a Bhaksi t am
Uma Sut am Shoka Vi nasha Kar anam
Nanami Vi gnesvar a Pada Pankaj am

O elephant faced, served by hordes of divine followers, enjoyer of the essence and the juice of wood apple and jamuns, Son of Uma devi, destroyer of grief/sorrow, I salute at the lotus feet of Vigneshwara.

Shlokas for Kids

*Vakr at hunda Mahakaya,
Suryakoti i Samaprabha.
NirvighnamKuru Me Deva,
Sarva Karyeshu Sarvada.*

KuruMe - Please do for me, Deva – Lord, Nirvighnam – without obstacles, SarvaKaryeshu – all my undertakings, Sarvada – at all times, VakraThunda – (one with) crooked face(trunk), MahaKaya – mighty body, Suryakoti – 10 million Suns, Samaprabha – equivalent splendor

O, Lord Ganesha of the curved trunk and massive body, the one whose splendor is equal to millions of Suns, please bless me so that I do not face any obstacles in my endeavors.

शुक्लाम्बरधरं विष्णुं शशिवर्णं चतुर्भुजम् ।
प्रसन्न वदनं ध्यायेत् सर्व विघ्नोपशान्तये ॥

Shukl ambar a Dhar amVi shnum
Shashi var namChat ur Bhuj am
Prasanna VadanamDhyayet
Sar va Vi gnopa Sant aye

Translation-

Suklambaradaram-one who wears a white garment; visnum; all pervading; sasivarnam; who has a brilliant complexion; chaturbhujam-who had four hands; prasannavadanam- who has an ever smiling face; dhyayet- I meditate upon; sarvavighnopashantaye- for the removal of all obstacles

Shlokas for Kids

For Level 2

मूषकवाहन मोदकहस्त चामरकर्ण विलम्बितसूत्र ।
वामनरूप महेश्वर पुत्र विघ्नविनायक पादनमस्ते ॥ :

Moshi ka vahana modaka hast a
Chamar a kar na vi l amb i t a soot r a
Vanana roopa Maheswar a put r a
Vi gna-vi nayaka paada naast e

Translation -

He who has the mouse as his vahana(vehicle),

He who always keeps Modhakam (a traditional type of sweet)

He who has ears that resemble a hand held fan,

He who wears a chain-like ornament around his waist,

He who is short in stature,

He who is the son of Parameshwar,

O Lord Vinayaka who is all the above and he who always removes our obstacles,

We worship your Divine Feet.

Shlokas for Kids

Saraswathi Shlokas



सरस्वती नमस्तुभ्यं वरदे कामरूपिणी ।
विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा ॥ १ ॥

Sar aswat hi Namast ubhyam
Var ade Kanar upi ni
Vi dyar antamKar i shyani
Si ddhi r Bhavat u Me Sada

Translation -

Saraswathi- O Goddess of Knowledge Saraswathi, Namstubbyam-salutations to you; varade-one who gives boons; kamarupini- one who fulfills desires; vidyarambaham-to begin my studies; karisyami-I am going; siddhirbhavatu-may there be accomplishment; me- for me; sada- always.

Shlokas for Kids

For Level 2

याकुन्देन्दु तुषारहारधवळा याशुभ्र वस्त्रान्विता
यावीणा वरदण्डमण्डितकरा या श्वेत पद्मासना ।
याब्रह्माच्युत शङ्करप्रभृतिभिर्देवैस्सदा पूजिता
सामांपातु सरस्वती भगवती निःशेषजाड्यापहा ॥

Yaa kundendu t ushaar ahaar a dhaval aa
yaa shubhr a vast raavr i t aa
yaa veenaa var adanda nãndi t akar aa
yaa shvet a padmãasanaa
yaa brahmãachyut a shankar a pr abhri t i bi hi
devai h sadaa puj i t aa
saa nãampat t u sar avat ee bhagavat ee
ni hshesha j aadyaapahaa.

Meaning : Goddess Saraswati is all white like the kunda blossom, the moon, snow, and pearl. She is dressed in pure White. While two of Her hands play the veena, the two other hands are poised to give boons, and award punishments as needed. She is seated on a white lotus. She is ever worshipped by all the celestials including Brahma, Vishnu and Maheshwara. May this Saraswati remove my obstacles and protect me.

Shlokas for Kids

Devi/Durga Shlokas

Om Sar va-man-gal a-man-gal ye
Shi ve Sar vaar t ha-sadhake
Shar anye Tr ayan-bake Gaur i
Nar ayani Na-most ut e

Explanation

Goddess Parvati is the wife of Lord Siva and is worshipped as Sakti. The Puranic literature describes her as having many forms, including Durga, Candi, Kali and Uma. While Siva symbolizes the efficient cause of the creation, Sakti symbolizes the material cause.

Translation

The one who is the auspiciousness of all that is auspicious (sarvamangalamangalye), the consort of Siva (Sive), who is the means of accomplishing all desires sarvarthasadhake), who is the refuge of all (saranye), the three eyed one(tryambake), the fair complexioned one(Gouri), Salutations to you, Narayani(narayani namostute).

Salutations to the consort of Sri Narayana (Sri Lakshmi Devi) who blesses devotees succeed in their efforts and who is the refuge of all.

For Level 2

Chat ur bhuj e Chandr a-kal avat hanse
Kuchon at he Kunkun a-r aga-shone
Pundr eshu Pashaankusha Pushpabaana Hast e
Na-mast e Jagat ega Ma-ta ha

Oh, you with the four arms, wearing the digit of the moon,
whose face is the color of kumkum,
Holding the bow of sugar cane, the pasa, the ankusa and the five flower arrows
I bow down to you, who are the One Mother of the Universe

Shlokas for Kids

Krishna Shlokas



Kri shnaya Vasudevaya
Devaki Nanda Nayacha
Nandagopa Kunar aya
Sri Govi ndaya Namo Nana ha

I bow and pray to lord Krishna, son of Vasudeva and Devaki, also the son of Nandagopa, who takes away sorrows, sufferings, pain and trouble.

वसुदेव सुतं देवं कंस चाणूरमर्दनम् ।
देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम् ॥ १ ॥

Vasudeva sut amdevam
Kansa-Chanoor a nar danam
Devaki par ana-anandam
Kri shnamvande Jagat gur um

Shlokas for Kids

I do vandana (glorification) of Lord Krishna, the resplendent son of Vasudev, who killed the great tormentors like Kamsa and Chanoora, who is a source of greatest joy to Devaki, and who is indeed a world teacher.

For Level 2

Mokamkaroti vaachalam
Panghumlanghayate girim
Yat krupa tamaham vande
Paramananda Madhavam

Explanation

Lord Krishna is the avatara of Lord Visnu who personifies ananda, joy. He established dharma and also gave us the teaching of the Bhagavad Gita.

Translation

*Mukam(mute) karoti(makes) vacalam(eloquent), Pangum(lame) langhayate(cross)
girim(mountain), yatkrupa (whose grace) tamaham vande(I salute Him), paramananda (one
whose form is ananda) madhavam (Lord Krishna).*

Shlokas for Kids
Vishnu Shloka

Shant a Kar amBhuj aga Shayanam
Padma nabham Sur esham
Vi shvadar amGagana Sadr sham
Megha Var namShubhangam
Lakshmi Kant amKamal a Nayanam

शान्ताकारं भुजगशयनं पद्मनाभं सुरेशं
विश्वाकारं गगनसदृशं मेघवर्णं शुभाङ्गम् ।
लक्ष्मीकान्तं कमलनयनं योगिहृदयानगम्यं
वन्दे विष्णुं भवभयहरं सर्वलोकैकनाथम् ॥

Yogi bhi r Dhyana Ganyam
Vande Vi shnumBhava Bhaya Har am
Sar va Lokai aka Nat ham

*I adore Vishnu, the embodiment of Peace, who sleeps on the serpent,
Whose naval is the lotus of the Universe
Who is the Lord of the Gods, who is the support of the Universe, Who is in the form of Space (the Omnipresent)
Whose color resembles that of clouds, Whose body is auspicious
Who is the Lord of Lakshmi, whose eyes are like lotuses
Who is attainable by Yogis through meditation
Who is the destroyer of the fear of birth and death
And who is the One Lord of all the Worlds.*

Shlokas for Kids

Rama Shlokas

Raṇaya Raṇa Bhadr aya
Raṇachandr aya Vedhase
Raghu Nat haya Nat haya
S t ayah Pat aye Naṇaha

To Rama, Ramabhadra, Raghunatha(These are different names of Lord Rama), the Lord, the Consort of Seetha, our salutations to him.

Sri Raṇa Raṇa Raṇet i
Raṇe Raṇe Maṇor ane
Sahasr a Naṇa Tat Tul yam
Raṇa Naṇa Var anane

Lord Shiva told this shloka to Parvati I meditate upon Sri Ram as Sri Rama Rama Rama, the thrice recital of Rama's name is equal to Recitation of the thousand names of Lord Vishnu (Vishnu Sahasranama)

For Level 2

Maṇoj -avamMaṇ ut i Tul ya Vegam
Ji t endr i yamBhudhi -nat aamVar i sht am
Vaat aat naṇj amVaanaṇ a-yoot a-mukhyam
Sri Raṇadoot amShar anamPr apadye

I surrender to Hanuman, the messenger of Lord Rama, whose speed is as swift as the mind and as swift as the wind, who has controlled his sense organs and is the most intelligent among the intelligent ones; who is the son of Vayu and the chief of the monkey tribe.

Shlokas for Kids

Lamp Shloka

(This sloka is to be recited while lighting lamp)

SubhamKaroti Kal yanam
ArogyamDhana Sampadah
Shatru Buddhi Vinashaya
Dipa Jyoti namostute

Sanskrit to English Word Meaning

Subham- auspiciousness; karoti – which brings; kalyanam- prosperity; arogyam- good health; dhanasampadah- abundance of wealth; satrubuddhi- of the intellect's enemy (ignorance); vinasaya- for the destruction; dipajyotir- that lamplight; namosthute- I salute thee.

Translation

I salute the One who is the lamplight that brings auspiciousness; prosperity, good health, abundance of wealth, and the destruction of the intellect's enemy.

Brief explanation

This prayer is chanted before lighting the lamplight. Light is considered a symbol of auspiciousness, prosperity, and abundance in many cultures. Light brings with it brightness, but how does it destroy the intellect's enemy? The intellect's enemy is ignorance, which is likened to darkness. Light removes the darkness and makes it possible to see things clearly.

Shlokas for Kids

॥ जगदीश आरती ॥

ओम जय जगदीश हरे, स्वामी जय जगदीश हरे
भक्त जनों के संकट, दास जनों के संकट
क्षण में दूर करे, ओम जय...

जो ध्यावे फल पावे, दुख बिनसे मन का
सुख सम्पति घर आवे, कष्ट मिटे तन का, ओम जय...

मात पिता तुम मेरे, शरण गहूँ किसकी
तुम बिन और न दूजा, आस करूँ किसकी, ओम जय...

तुम पूरण परमात्मा, तुम अंतर्यामी
पारब्रह्म परमेश्वर, तुम सबके स्वामी, ओम जय...

तुम करुणा के सागर, तुम पालन करता
दीनबन्धु दुःखहर्ता, कृपा करो भरता, ओम जय...

तुम हो एक अगोचर सबके प्राण पति
किस विधि मिलूँ दयामय, तुमको मैं कुमति, ओम जय...

दीन बंधु दुःख हरता, तुम रक्षक मेरे
करुणा हस्त बढ़ाओ, द्वार पडा तेरे, ओम जय...

विषय विकार मिटावो पाप हरो देवा
श्रद्धा भक्ति बढ़ाओ संतन की सेवा, ओम जय...

Shlokas for Kids

Sri Ramachandra Kripalu Bhajaman - Tulsidas

Sri Ramachandra Kripalu Bhaja Man Haran Bhavabhaya Dharunam
Nava Kanja Lochana, Kanja Mukha Kar Kanja Pada Kanjarunam

Kandarpa Aganitha Amita Chavi, Navneel Neeraja Sundaram
Pata Peeth Manahu Taditha Ruchi, Shuchi Nowmi Janaka Sutavaram
(Sri Ram)

Bhaja Dheen Bandhu Dinesh Danava Daithya Vamsha Nikandanam
Raghunanda Anandakanda Koshalachanda Dasharatha Nandana
(Sri Ram)

Sira Mukuta Kundala Thilaka Charu Udaaru Anga Vibhushanam
Aajanubhuja Shar-Chaap-Dhara Sangram-Jitha-Kara-Dooshanam
(Sri Ram)

Iti Vaditha Tulasidasa Shankar Shesha-Muni-Mana-Ranjanam
Mama Hriduya-Kanja Nivasa Kuru Kaamadhi Khala-Dhala-Ganjanam
(Sri Ram)

श्रीराम-स्तुति

श्रीरामचन्द्र कृपालु भजु मन हरण भवभय दारुणं ॥
नवकंज-लोचन, कंजमुख, कर-कंज, पद कंजारुणं ॥
कंदर्प अगणित अमित छबि, नवनील-नीरज-सुंदरं ।
पट पीत मानहु तड़ित रुचि शुचि नौमि जनक सुतावरं ॥
भजु दीनबंधु दिनेश दानव-दैत्यवंश-निकंदनं ।
रघुनंद आनंदकंद कोशलचंद दशरथ-नंदनं ॥
सिर मुकुट कुंडल तिलक चारु उदारु अंग विभूषणं ।
आजानुभुज शर-चाप-धर, संग्राम-जित-खरदूषणं ॥
इति वदति तुलसीदास शंकर शेष-मुनि-मन-रंजनं ।
मम हृदय-कंज निवास कुरु, कामादि खल-दल-गंजनं ॥