

This PDF contains extracts from the Teacher's Guide and the Student Skills Guide

An easy exercise **N2 Note names**An intermediate exercise **C4 Repetition**An advanced exercise **C7 Writing a blues**

Each exercise includes:

- Teacher's notes
- Students' notes
- Students' worksheet
- Teacher's completed worksheet (for marking purposes)

In addition you will find pages from the **Student Skills Guide** and the **Basics of Music** primer which support the exercises. We have also included examples from **Extra Resources**, which can be found in the Teacher's Guide.

Also included in the pack, but not in these extracts, are:

- Teacher's Tutorials showing how to set up your own additional exercises
- Sibelius scores a library of Sibelius scores from Bach to traditonal tunes

N2 Note names



These exercises give you practice in recognizing notes on the treble, bass and piano staves.



Objectives and assessment

To help students learn the names of notes on different clefs. Choose one or more of the three exercises to support what you are currently teaching. Each exercise takes about 20 minutes.



Required skills and preparation

Musical

• Note names for treble and bass clefs (B2, B4)

Sibelius

- Selecting (Skill 17)
- Editing text (Skill 24)





- Open N2 Note names treble, N2 Note names bass or N2 Note names piano
- 2. Double-click the line under the note you want to name to edit the text
- 3. Delete the line and type the note name in its place.

Extensions

- 1. Transpose the exercises diatonically to create further examples (see T1 Transposing an exercise or song).
- 2. Transpose to different keys for sharp and flat practice.
- 3. Transpose by an octave for leger lines practice you may need to move the text lines or drag the staves apart to remove collisions.

N2 Note names treble
N2 Note names bass
N2 Note names piano
+ 3 completed files

N2 Note names

These exercises give you practice in recognizing notes on the treble, bass and piano staves.

Before you start, ensure you know how to do the following in Sibelius:

- Selecting (Skill 17)
- Editing text (Skill 24)

Ask your teacher or look in the Student Skills Guide if you are not sure how to do something.

How to do this with Sibelius

- Open N2 Note names treble, N2 Note names bass or N2 Note names piano
- 2. Double-click the line under the note you want to name to edit the text
- 3. Delete the line and type the note name in its place.

If you finish early, ask your teacher for the extension to this exercise.



N2 Note names treble

N2 Note names treble clef

Fill in the note name under each note



Spaces





Lines & spaces





N2 Note names treble comp

N2 Note names treble clef

Completed worksheet





Spaces





Lines & spaces





C4 Repetition



Overview

This exercise uses Sibelius to construct a canon of Frère Jacques for string quartet from a piano score.



Objectives and assessment

In this exercise the student will begin to explore the uses of repetition and counterpoint as a preparation for their own compositions. Parts from the finished score can be extracted, printed and performed.



Required skills and preparation

Musical

• Basic notation (B1-B9)

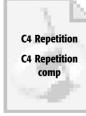
Sibelius

- Creating instruments (Skill 6)
- Selecting (Skill 17)
- Deleting (Skill 19)
- Create bars (Skill 10)
- Copying (Skill 18)
- Copyling (Skill 16)
- Transposing (Skill 28) (for extensions)



How to do this with Sibelius

- 1. Open **C4 Repetition**
- 2. Create four strings: Violin I, Violin II, Viola and Violoncello
- 3. You should now see the piano music with the empty bars of a string quartet below
- 4. Create six new bars at the end of the score
- 5. Select the whole of the melody in the piano part
- 6. Copy this (~-click or Alt+click) into bar 1 of the violin I part
- 7. You will see that the violin I part is still selected. If not, select it now.
- 8. Copy the violin I part (**∼**-click *or* **Alt**+click) into bar 3 of the violin II part
- 9. Repeat this process for the viola part, this time copying to bar 5, then for the cello, starting its music in bar 7
- 10. Play your arrangement
- 11. If it sounds as you expected, delete the piano staves.



Extensions

- 1. Transpose the violin I part up two octaves, violin II up one octave and the cello part down one octave.
- 2. Use the piano left hand to create a double bass part.
- 3. Offset the parts by different amounts perhaps syncopate (in which case you will need to add some rests to the string parts before copying).
- 4. Copy just part of the melody to one of the strings, and repeat it to make an ostinato.

C4 Repetition

In this exercise you will create a string quartet of the canon Frère Jacques. Your starting point will be a piano version. It is important that you listen to your piece as it builds up to make sure it sounds as you were expecting it to.

Before you start, ensure you know how to do the following in Sibelius:

- Creating instruments (Skill 6)
- Create bars (Skill 10)
- Selecting (Skill 17)
- Copying (Skill 18)
- Deleting (Skill 19)
- Transposing (Skill 28) (for extensions)

Ask your teacher or look in the Student Skills Guide if you are not sure how to do something.

How to do this with Sibelius

- 1. Open C4 Repetition
- 2. Create four strings: Violin I, Violin II, Viola and Violoncello
- 3. You should now see the piano music with the empty bars of a string quartet below
- 4. Create six new bars at the end of the score
- 5. Select the whole of the melody in the piano part
- 6. Copy this (**∼**-click *or* **Alt**+click) into bar 1 of the violin I part
- 7. You will see that the violin I part is still selected. If not, select it now.
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- 9. Repeat this process for the viola part, this time copying to bar 5, then for the cello, starting its music in bar 7
- 10. Play your arrangement
- 11. If it sounds as you expected, delete the piano staves.

If you finish early, ask your teacher for the extension to this exercise.



C4 Repetition



C4 Repetition comp

C4 Repetition







C7 Writing a blues



Overview

This exercise gives students practice in composing a piano melody over a twelve-bar blues bass part.



Objectives and assessment

To encourage improvisation as a method of composition and to give practice in playing a twelve-bar blues. For the less experienced student, a successful improvisation is a sufficient end-point. More experienced students may want to notate their ideas.



Required skills and preparation

Musical

- Basic notation
- Blues scale
- Twelve-bar blues construction

Sibelius

- Playback start/stop (Skill 4)
- Adding notes/rests (Skills 11, 12, 13, 14)



How to do this with Sibelius

- 1. Open C7 Writing a blues
- 2. Play the piece through a few times, listening carefully to where the harmony changes
- 3. Sing or play a melody along with the bass part using the blues scale (as shown in small notes)
- 4. Try this many times until you have an improvisation you like
- 5. Ask someone else to listen to your piece.

Extensions

- 1. Carefully notate the improvisation. You may want to switch on swing playback (in the **Play Performance** dialog), as in the completed worksheet.
- 2. Transpose the exercise into a more challenging key.
- 3. Arrange the piece for a jazz quartet.

C7 Writing a blues C7 Writing a blues comp

C7 Writing a blues

In this exercise you are invited to improvise a melody over a twelve-bar blues bass part.

Before you start, ensure you know how to do the following in Sibelius:

- Playback start/stop (Skill 4)
- Adding notes/rests (Skills 11, 12, 13, 14)

Ask your teacher or look in the Student Skills Guide if you are not sure how to do something.

How to do this with Sibelius

- 1. Open C7 Writing a blues
- 2. Play the piece through a few times, listening carefully to where the harmony changes
- 3. Sing or play a melody along with the bass part using the blues scale (as shown in small notes)
- 4. Try this many times until you have an improvisation you like
- 5. Ask someone else to listen to your piece.

If you finish early, ask your teacher for the extension to this exercise.

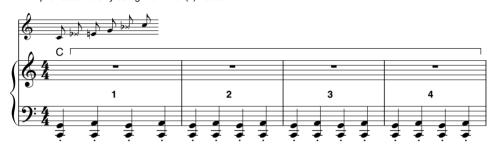


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C7 Writing a blues

C7 Writing a blues

The small notes show the scale you should use to play along with the bass part. Improvise a melody using the 'blue' (x) notes.







C7 Writing a blues comp

C7 Writing a blues

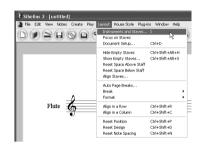
Completed worksheet



6. Creating instruments

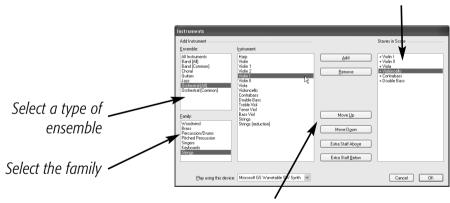
How to create new instruments for your score - you can do this at any time

- Choose Layout > Instruments and Staves
- 2. Select the correct instrumental section from the list on the left
- 3. In the middle list, scroll through the instruments in that section until you find the one you want. Select it and click **Add**.



- 4. Add any other instruments in the same way
- 5. Click **OK** and Sibelius will create the instrument(s) in the order shown.

These instruments will be added to the score



Use these buttons to change the order of staves

Keyboard shortcuts etc.



I Layout > Instruments and Staves dialog

Basics of Music

Basics of Music

B1 Pitch

Ξ	0
=	
	To hear what sound this note makes, point at it with the mouse, and click so the note turns blue.
	The five lines are called a staff (stave). A staff is for writing note
	Here's a second note. It's high up on the staff, so it sounds higher. Click on the note to hear it.
	Thigher. Chick off the hote to hear it.
-	
-	
	Click on the first note again. Hear how it
	sounds different from the second note.
	Here's a third note. It is low down on the staff, so the
	note sounds low. Click on the note to hear it. Compare it
	with the first two notes.
-	
-	
	The pitch of a note means how low or high it sounds.
	Olials on this note and null it up and days. Hear houstha
	Click on this note and pull it up and down. Hear how the pitch of the note goes up and down as you move it.
_	piloti of the note goes up and down as you move it.
-	0
i. l	Here's a row of notes, which is called a tune or melody .
-	0 0 0 0
-	0 0
	Click on the notes in turn, from left to right, and see if you can guess what tune this is.
	-

Then click the play button at the top of the screen.

Basics of Music

B16 Minor scales and minor triads

1. Here is a new kind of scale. It is called a **minor scale**. Play this scale and get to know its sound.



There are two main kinds of **minor scale**. This one is called the **harmonic minor scale**. Remember that a scale can start on any note, so long as the whole-steps and half-steps (tone and semitones) are in the right places. Here is a tune which uses the **harmonic minor scale**.



Notice that minor scales use key signatures too. The key of D minor has one flat note so the key signature shows one flat. (The C^{\sharp} is not put in the key signature)

2. Here is another minor scale. This one is called the **melodic minor scale**. Listen to the sound of this scale:



These are the notes we use to build chords in minor scales and keys. Let's build some triads like we did on the previous page.

Remember, we start with one note, then add the third and fifth notes above.



This is a **D minor triad**, because it's made from a D minor scale. (It doesn't matter whether you start with a harmonic or melodic minor scale - you end up with the same triad.)

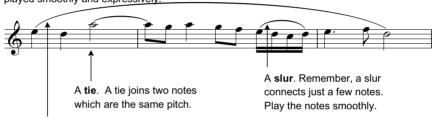
Basics of Music

B19 More special markings

Slurs. These curved lines are called slurs. They look similar to ties and connect two or more notes. Notes connected by **slurs** should be played smoothly.



Phrase-mark. A phrase-mark looks like a long slur. They usually cover a few bars of music. The music under a phrase-mark should be played smoothly and expressively.



A phrase-mark

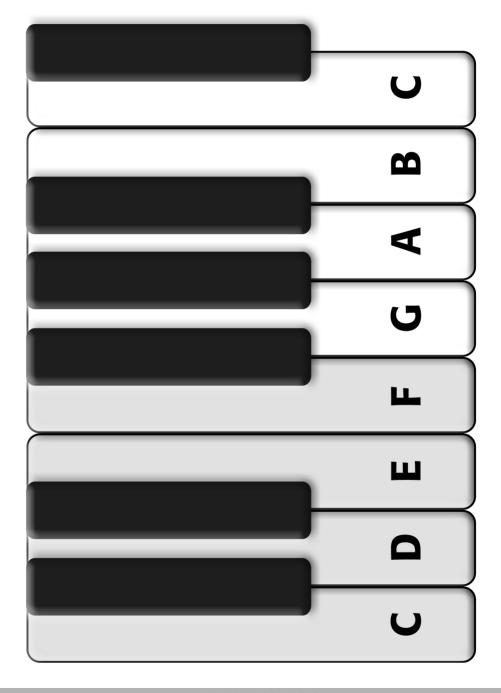
Repeat. These thick bars with two heavy dots are repeat signs. Music between repeat signs should be played more than once (twice unless indicated).



Triplet. This means to squash three notes into the time of two. Play the example:



E3 Keyboard 2



E5 Sharp circle

