

Simple Harmonic Motion

8.01

Week 12D1

Today's Reading Assignment

MIT 8.01 Course Notes

[Chapter 23 Simple Harmonic Motion](#)

Sections 23.1-23.4

Announcements

Sunday Tutoring in 26-152 from 1-5 pm

Problem Set 9 due Nov 19 Tuesday at 9 pm in box outside 26-152

Math Review Nov 19 Tuesday at 9-10:30 pm in 26-152

Exam 3 Tuesday Nov 26 7:30-9:30 pm

Conflict Exam 3 Wednesday Nov 27 8-10 am, 10-12 noon

Nov 20 Drop Date

Mass on a Spring C2: Simple Harmonic Motion

Hooke's Law

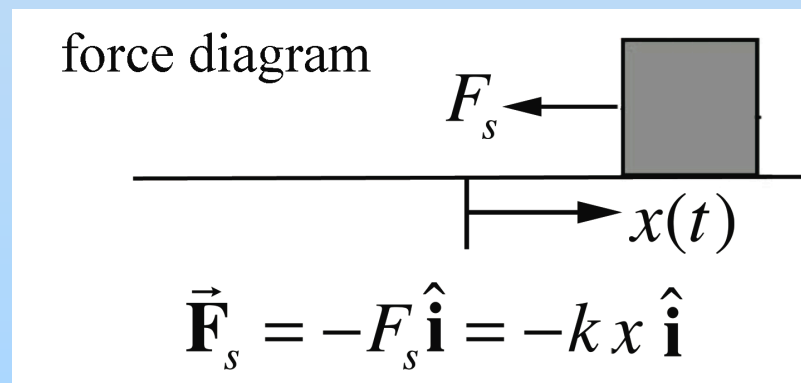
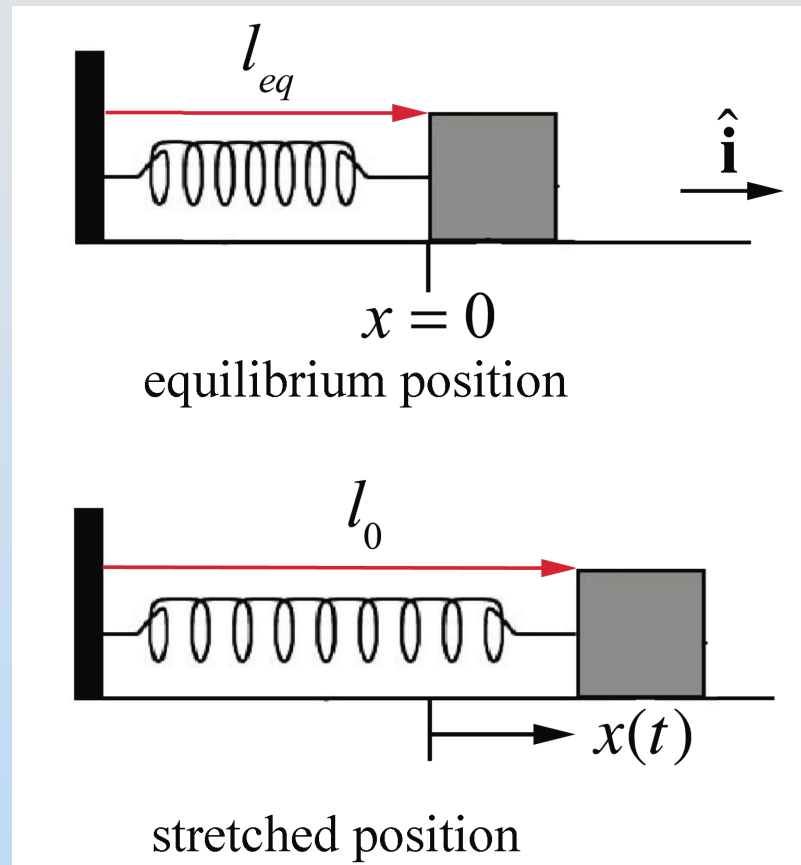
Define system, choose coordinate system.

Draw free-body diagram.

Hooke's Law

$$\vec{F}_{\text{spring}} = -kx \hat{\mathbf{i}}$$

$$-kx = m \frac{d^2 x}{dt^2}$$



Concept Q.: Simple Harmonic Motion

Which of the following functions $x(t)$ has a second derivative which is proportional to the negative of the function

$$\frac{d^2x}{dt^2} \propto -x?$$

1. $x(t) = \frac{1}{2}at^2$
2. $x(t) = Ae^{t/T}$
3. $x(t) = Ae^{-t/T}$
4. $x(t) = A\cos\left(\frac{2\pi}{T}t\right)$

SHM: Angular Frequency

Newton's Second Law

$$F_x = -kx \Rightarrow \text{SHM}$$

Simple Harmonic Oscillator
Differential Equation (SHO)

$$\frac{d^2x}{dt^2} = -\left(\frac{k}{m}\right)x$$

Particular Solution:

$$x(t) = C \cos((2\pi / T)t)$$

Required Condition:

$$\frac{d^2x}{dt^2} = -\left(\frac{2\pi}{T}\right)^2 x$$

$$2\pi / T = \sqrt{k / m}$$

Angular Frequency:

$$\omega_0 = 2\pi f = 2\pi / T = \sqrt{k / m}$$

Notation for particular solution:

$$x(t) = C \cos(\omega_0 t)$$

Mass on a Spring C2: Demonstrate Initial Conditions

Summary: SHO

Equation of Motion:

$$-kx = m \frac{d^2 x}{dt^2}$$

Solution: Oscillatory with Period

$$T = 2\pi / \omega_0 = 2\pi \sqrt{m / k}$$

Position:

$$x = C \cos(\omega_0 t) + D \sin(\omega_0 t)$$

Velocity:

$$v_x = \frac{dx}{dt} = -\omega_0 C \sin(\omega_0 t) + \omega_0 D \cos(\omega_0 t)$$

Initial Position at $t = 0$:

$$x_0 \equiv x(t = 0) = C$$

Initial Velocity at $t = 0$:

$$v_{x,0} \equiv v_x(t = 0) = \omega_0 D$$

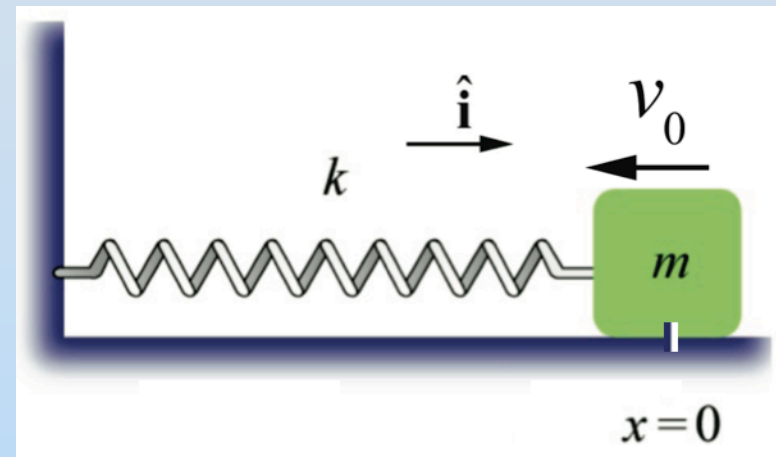
General Solution:

$$x = x_0 \cos(\omega_0 t) + \frac{v_{x,0}}{\omega_0} \sin(\omega_0 t)$$

Table Problem: Simple Harmonic Motion Block-Spring

A block of mass m , attached to a spring with spring constant k , is free to slide along a horizontal frictionless surface. At $t = 0$ the block-spring system is released from the equilibrium position $x_0 = 0$ and with speed v_0 in the negative x -direction.

a) What is the position as a function of time? b) What is the x -component of the velocity as a function of time?



Demo: Spray Paint Oscillator C4

Illustrating choice of alternative representations for position as a function of time (amplitude and phase or sum of sin and cos)

Phase and Amplitude

$$x(t) = C \cos(\omega_0 t) + D \sin(\omega_0 t)$$

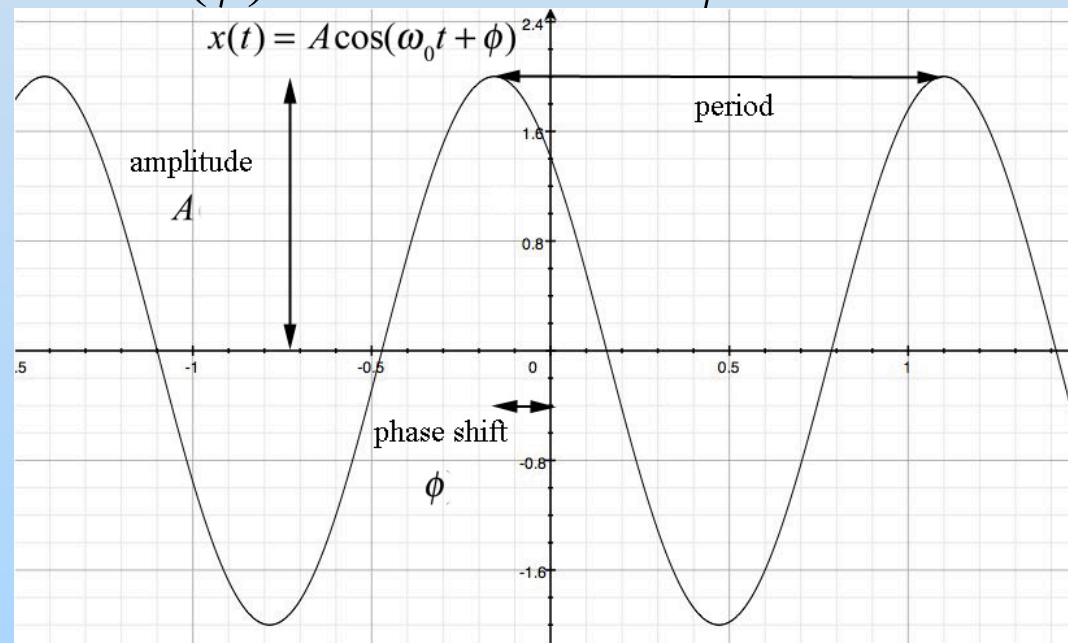
$$x(t) = A \cos(\omega_0 t + \phi) \Rightarrow$$

$$C = A \cos(\phi)$$

$$A = \sqrt{C^2 + D^2}$$

$$D = -A \sin(\phi)$$

$$\tan \phi = -D / C$$

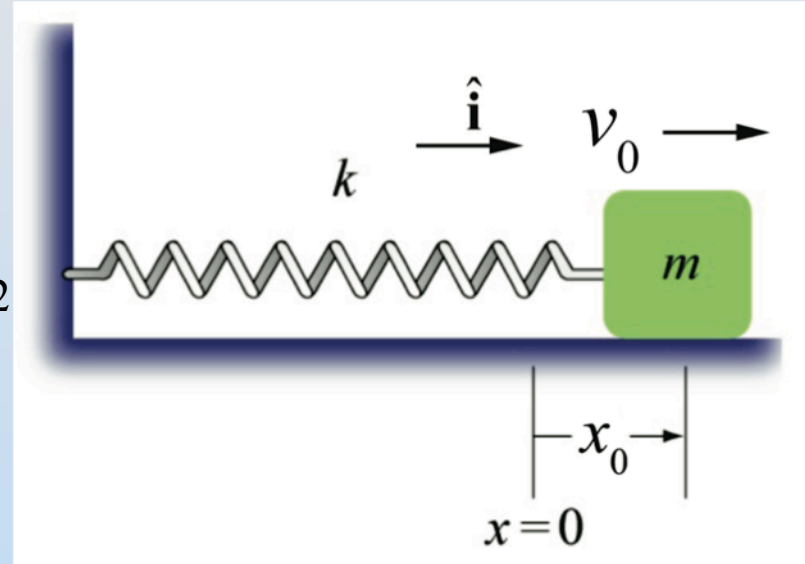


Mass on a Spring: Energy

$$x(t) = A \cos(\omega_0 t + \phi)$$

$$v_x(t) = -\omega_0 A \sin(\omega_0 t + \phi)$$

$$\omega_0 = \sqrt{k/m}, \quad A = \left(x_0^2 + \frac{v_{x,0}^2}{\omega_0^2} \right)^{1/2}$$



Constant energy oscillates between kinetic and potential energies

$$K(t) = (1/2)m(v_x(t))^2 = (1/2)m\omega_0^2 A^2 \sin^2(\omega_0 t + \phi)$$

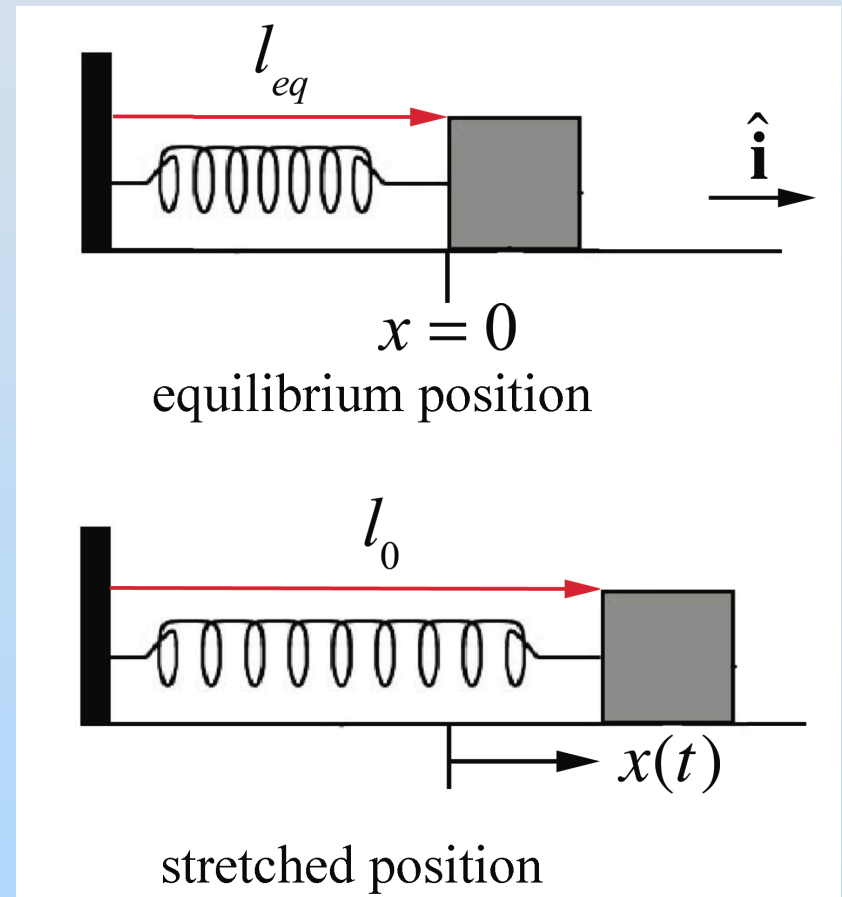
$$K(t) = (1/2)kA^2 \sin^2(\omega_0 t + \phi)$$

$$U(t) = (1/2)kx^2 = (1/2)kA^2 \cos^2(\omega_0 t + \phi)$$

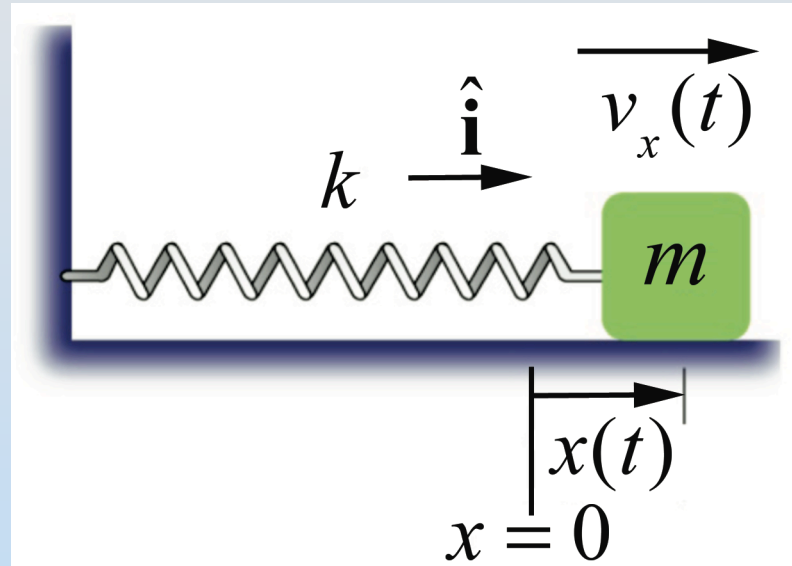
$$E = K(t) + U(t) = (1/2)kA^2 = (1/2)mv_{x,0}^2 + (1/2)kx_0^2 = \text{constant}$$

Worked Example: Block-Spring Energy Method

A block of mass is attached to spring with spring constant k . The block slides on a frictionless surface. Use the energy method to find the equation of motion for the spring-block system.



Energy and Simple Harmonic Motion



$$E = K(t) + U(t) = (1/2)k(x(t))^2 + (1/2)m(v_x(t))^2$$

Apply chain rule:

$$dE / dt = 0 \Rightarrow 0 = kx \frac{dx}{dt} + mv_x \frac{dv_x}{dt}$$

$$0 = kx + m_x \frac{d^2x}{dt^2}$$

Concept Question: SHM Velocity

A block of mass m is attached to a spring with spring constant k is free to slide along a horizontal frictionless surface.

At $t = 0$ the block-spring system is stretched an amount $x_0 > 0$ from the equilibrium position and is released from rest. What is the x -component of the velocity of the block when it first comes back to the equilibrium?

1.
$$v_x = -x_0 \frac{4}{T}$$

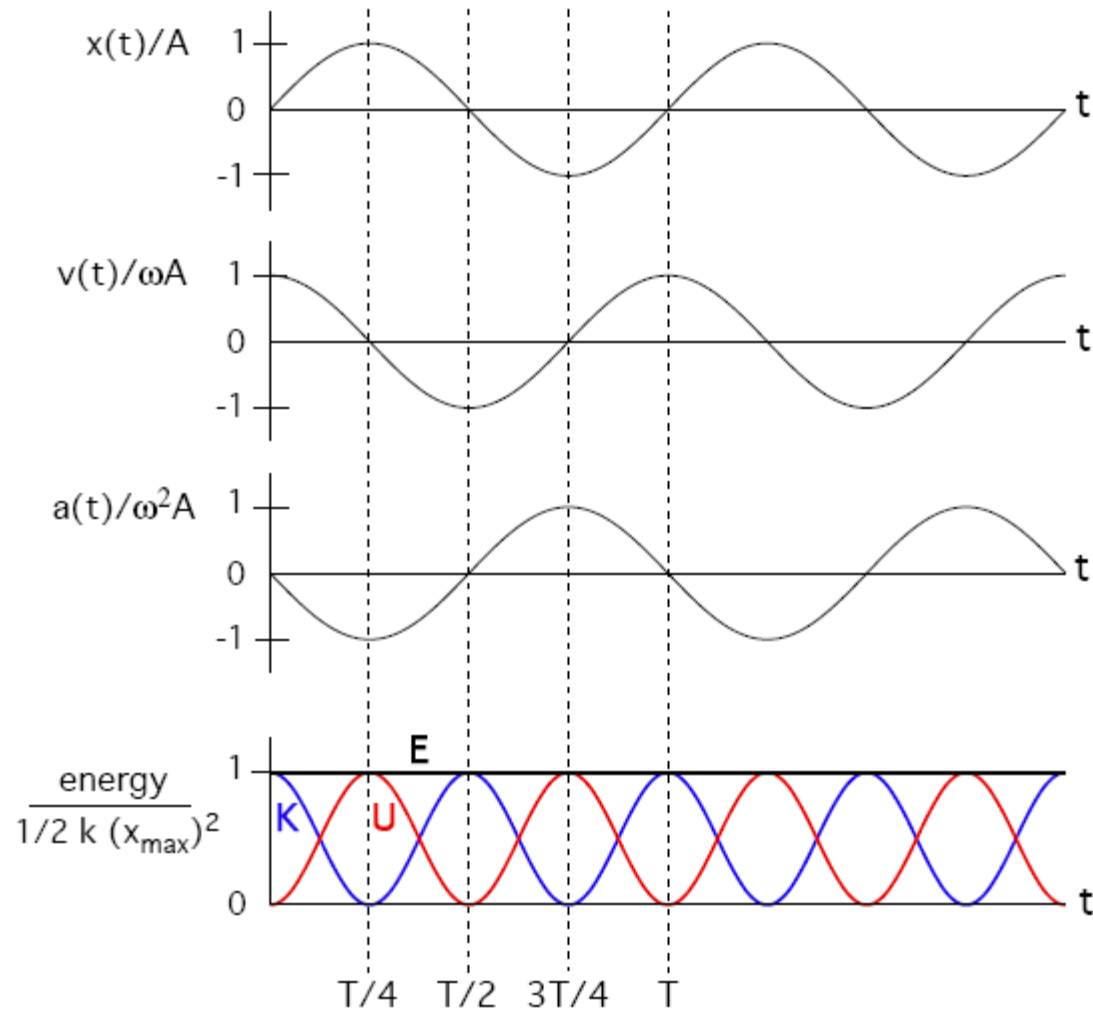
2.
$$v_x = x_0 \frac{4}{T}$$

3.
$$v_x = -\sqrt{\frac{k}{m}} x_0$$

4.
$$v_x = \sqrt{\frac{k}{m}} x_0$$

Graphical Representations

Functional Relationships for a Mass-Spring Oscillator



SHM: Oscillating Systems

$$\frac{d^2x}{dt^2} = -bx$$

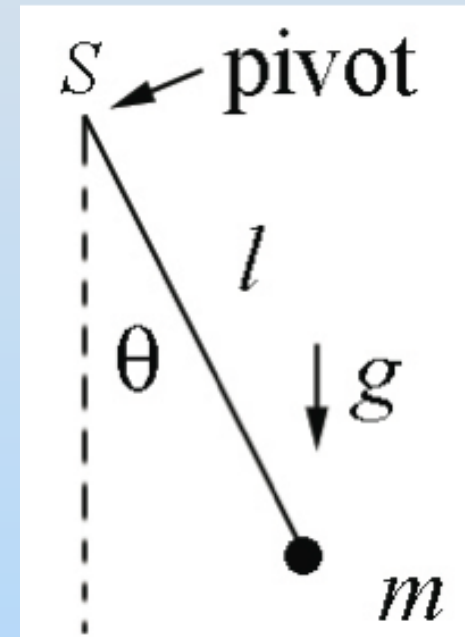
$$x(t) = C \cos(\omega_0 t) + D \sin(\omega_0 t)$$

$$v_x = \frac{dx}{dt} = -\omega_0 C \sin(\omega_0 t) + \omega_0 D \cos(\omega_0 t)$$

$$\omega_0 = \sqrt{b}$$

Table Problem: Simple Pendulum by the Energy Method

1. Find an expression for the mechanical energy when the pendulum is in motion in terms of $\theta(t)$ and its derivatives, m , l , and g as needed.
2. Find an equation of motion for $\theta(t)$ using the energy method.



Worked Example: Simple Pendulum

Small Angle Approximation

Equation of motion $-mg \sin \theta = ml \frac{d^2 \theta}{dt^2}$

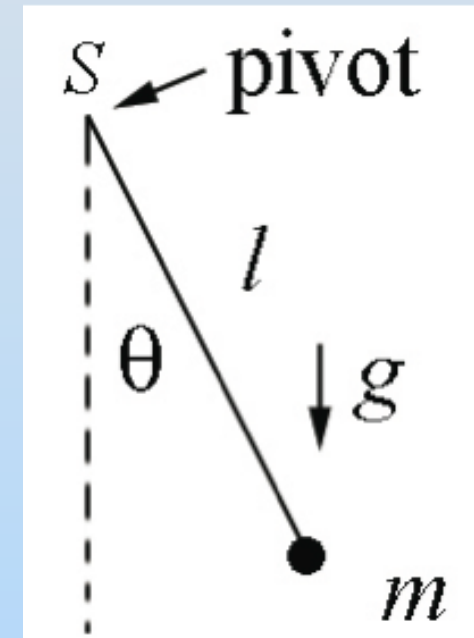
Angle of oscillation is small $\sin \theta \cong \theta$

Simple harmonic oscillator $\frac{d^2 \theta}{dt^2} \cong -\frac{g}{l} \theta$

Analogy to spring equation $\frac{d^2 x}{dt^2} = -\frac{k}{m} x$

Angular frequency of oscillation $\omega_0 \cong \sqrt{g / l}$

Period $T_0 = \frac{2\pi}{\omega_0} \cong 2\pi \sqrt{l / g}$



Periodic vs. Harmonic

Equation of motion
$$-\frac{g}{l} \sin \theta = \frac{d^2 \theta}{dt^2} \Rightarrow \text{periodic}$$

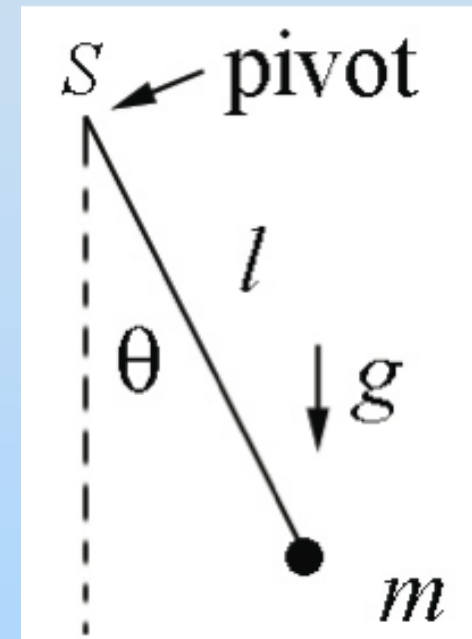
Angle of oscillation is small, linear restoring torque

$$\sin \theta \cong \theta$$

Simple harmonic oscillator
$$\frac{d^2 \theta}{dt^2} \cong -\frac{g}{l} \theta \Rightarrow \text{SHO}$$

Angular frequency for SHO is independent of amplitude

$$\omega_0 \cong \sqrt{g / l}$$



Demonstration: U-tube Oscillations

Worked Example: Fluid Oscillations in a U-tube

A U-tube open at both ends to atmospheric pressure is filled with an incompressible fluid of density ρ . The cross-sectional area A of the tube is uniform and the total length of the column of fluid is L . A piston is used to depress the height of the liquid column on one side by a distance x , and then is quickly removed. What is the frequency of the ensuing simple harmonic motion? Assume streamline flow and no drag at the walls of the U-tube. The gravitational constant is g .

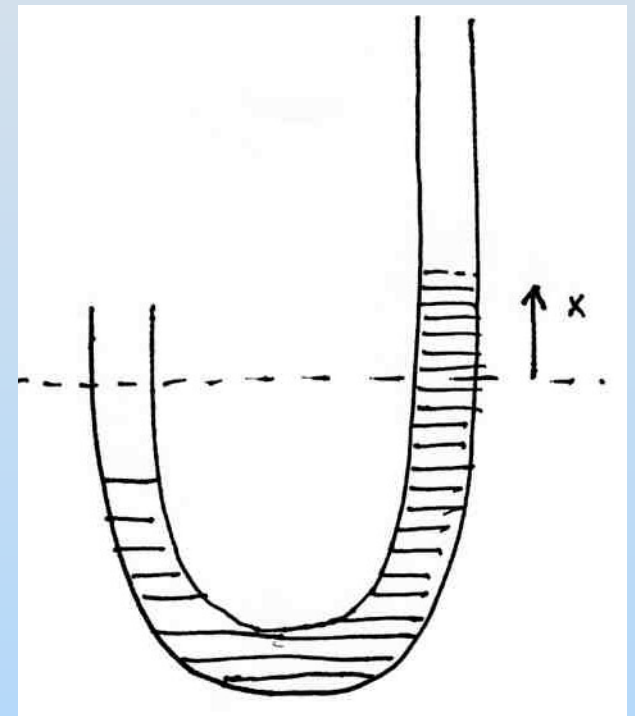
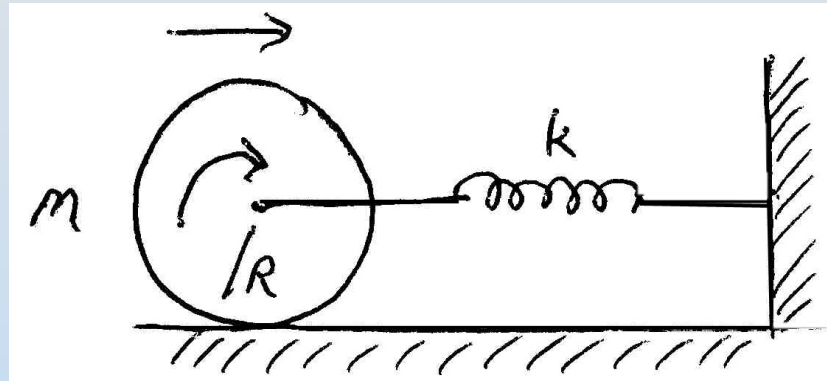


Table Problem: Rolling and Oscillating Cylinder



Attach a solid cylinder of mass M and radius R to a horizontal massless spring with spring constant k so that it can roll without slipping along a horizontal surface. At time t , the center of mass of the cylinder is moving with speed V_{cm} and the spring is compressed a distance x from its equilibrium length. What is the period of simple harmonic motion for the center of mass of the cylinder?