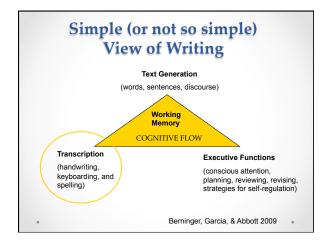
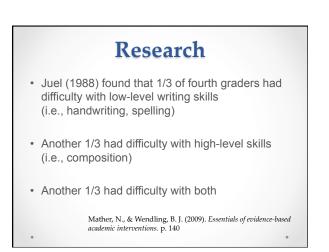
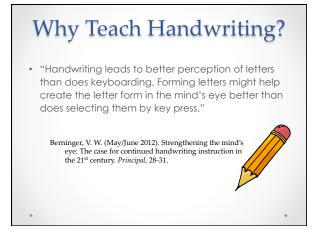


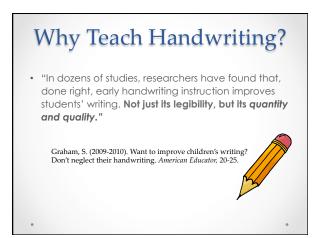
Overview

- Components of the writing process
- General education classroom instruction, screening, and intervention
- Information about dysgraphia and why children have difficulties with handwriting
- Handwriting/dysgraphia assessment









Tier 1: Core Instruction State Standards District Curriculum Classroom Instruction Screening Measure

Components of Handwriting

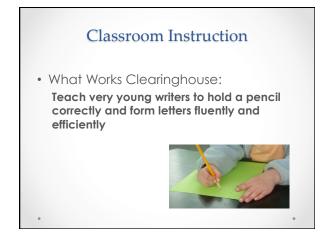
- Recall the appearance of the letters (orthographic memory)
- Coordinate the motor patterns needed to form the letters (motor)
- Judge the amount of space that is needed between the letters and words and try to position the letters on the writing lines (spatial)

Mather, N., Wendling, B., & Roberts, R. (2009). Writing Assessment and Instruction for Students with Learning Disabilities (p. 9)



 Recommendation 3: Teach students to become fluent with handwriting, spelling, sentence construction, typing, and word processing





Understanding the Hand

Two sides:

- 1. <u>Mobile side</u>: thumb, index finger, and middle finger; these fingers move when you write
- 2. <u>Stable side</u>: ring and pinky finger; these two fingers are generally closed and resting on the table during writing



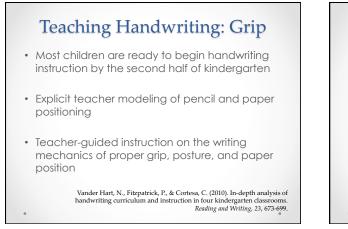
• From: Hold On You Have to Teach Grip, Handwriting Without Tears

Teaching Handwriting: Grip

- Tripod grip
- Pencil held at a 45-degree angle to the page
- Pencil should rest in the "web space"
- Students should hold the pencil firmly with a relaxed arm and hand
 - Pencil should point toward the shoulder of the writing arm



Teaching Students with Dyslexia and Dysgraphia, Berninger & Wolf, 2009



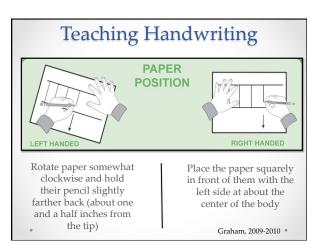
Teaching Handwriting: Grip

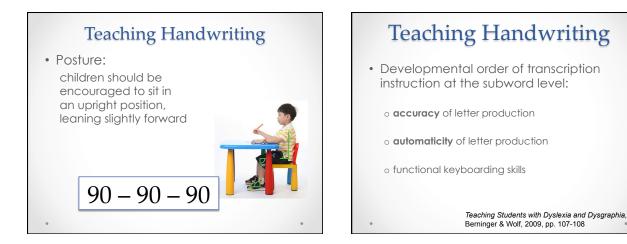
- The older the child, the harder it is to change the pencil grip
- Try to change grips if it hurts to write, or if the grip makes writing inefficient
- Use physical devices only if demonstration and practice haven't worked
- From: Hold On You Have to Teach Grip, Handwriting Without Tears

"Stop, pinch, lift"

- Redirection for pencil grip:
 - "Stop, place your pencils on the desk with the point toward you."
 - "Pinch your pencil." Index finger and thumb in a pinch position; light grasp; 1 inch from the point or where the point begins
 - "Lift your pencil."

Teaching Students with Dyslexia and Dysgraphia, Berninger & Wolf, 2009





Teaching Handwriting: Letter Formation

- Explicit teacher modeling of how the letter is formed
- Describe how the letter is similar & different from other letters
- Provide practice tracing, copying, and writing the letter from memory

Graham, S., & Harris, K. (Fall, 2010). Preventing writing difficulties. CASL News: Promoting Success in Grades K-3.

Teaching Handwriting: Letter Formation

- Use of corrective feedback
- Monitoring students' handwriting to give specific corrections about letter formation, spacing, slant, alignment, and line quality
- Praising students for correct letter formation

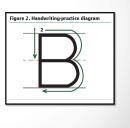
Vander Hart, N., Fitzpatrick, P., & Cortesa, C. (2010). In-depth analysis of handwriting curriculum and instruction in four kindergarten classrooms. *Reading and Writing*, 23, 673-699.

Teaching Handwriting: Letter Formation

What Works Clearinghouse:

Guided practice:

 use letters with
 numbered arrows
 depicting the order
 and direction of
 each stroke



Teaching Handwriting: Letter Formation What Works Clearinghouse: • Students should practice writing letters from memory (assists with automaticity) • show the letter with numbered arrows • cover the letter while the students practice writing it from memory

 gradually increase the length of time the letter is covered before students write it

Teaching Handwriting: Letter Formation

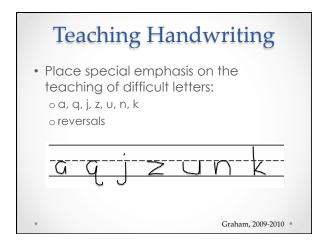
What Works Clearinghouse:

- Because handwriting is a motor skill, it is best to practice in multiple short sessions
- Students might practice a specific letter only five to eight times before moving to another activity
- Students should apply their handwriting skills in sentences and in authentic writing activities

Teaching Handwriting

- Provide children opportunities to use different types of writing instruments and paper
- Make sure students master one style of handwriting before introducing a second style

Graham, S. (2009-2010). Want to improve children's writing? Don't neglect their handwriting. American Educator, 20-25.



Why RTI?

• Early intervention for students at risk for handwriting and spelling difficulties can prevent more serious writing disabilities later in school

Mather, N., & Wendling, B. J. (2009). Essentials of evidence-based academic interventions. p. 141

Screening Measures

- Handwriting Without Tears <u>Screener of Handwriting Proficiency</u> (free)
 - Memory
 - Orientation
 Placement
 - o Sentence
 - Sentence
 Formation
 - o Size
 - o Neatness
 - o Speed
 - o Posture, Pencil Grip, Helper Hand

Screening for Handwriting (K-1st)

- Use of eraserless pencil & primary-lined paper
- Have students cross out and rewrite if they make a mistake
- Use of handwriting style used in instruction; lowercase letters
- Alphabet letters on display are covered
- Kindergarten untimed; 1st grade timed

Berninger, Vaughn, Abbott, Rogan, Brooks, Reed, & Graham. (1997); Berninger, Mizokawa, & Bragg. (1991)

Directions:

The pencil you will use does not have an eraser. Whenever you want to make a correction, cross out and write the change above or below what you want to correct. With this pencil write the entire alphabet in order in lower-case, manuscript letters. Make sure you print and do not use cursive handwriting. Work as quickly as you can without making mistakes. Remember to print in lower-case letters, not capital letters. Ready? Go.

Berninger & Rutberg. (1992)

Screening: Alphabet task

- Students write the alphabet in lowercase letters as quickly and accurately as possible.
- Score: number of letters correctly produced
- 1st grade: note where the student is at the end of 60 seconds, or mark the student's paper, and let the student complete the task.

Berninger, Vaughn, Abbott, Rogan, Brooks, Reed, & Graham. (1997); Berninger, Mizokawa, & Bragg. (1991)

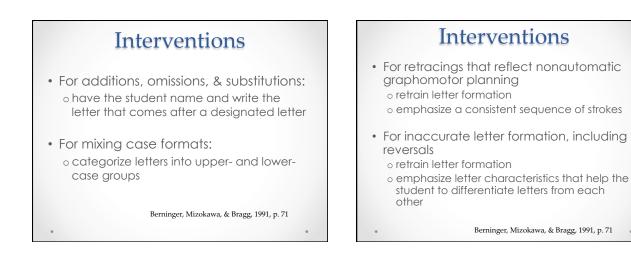
Screening: Alphabet task

- Scoring Errors:
 - letter omissions
 - case confusion (substituting upper-case letters)
 - -letter sequencing (letters out of order)
 - letter reversal (letter pointing left instead of right or vice versa)
 - letter substitution

Berninger, Vaughn, Abbott, Rogan, Brooks, Reed, & Graham. (1997); Berninger, Mizokawa, & Bragg. (1991)

Alphabet task ~ Means for error types Not to be used for diagnosis

End of Kindergarten	Mean	Standard Deviation
Top group	5	2.9
Middle-level group	11.8	7.9
Low-level group	14.3	4.2
End of First	Mean	Standard Deviation
Top group	0.7	1.3
Middle-level group	2.3	3.2
initiatic level group		
Low-level group	3.6	5.0



Interventions

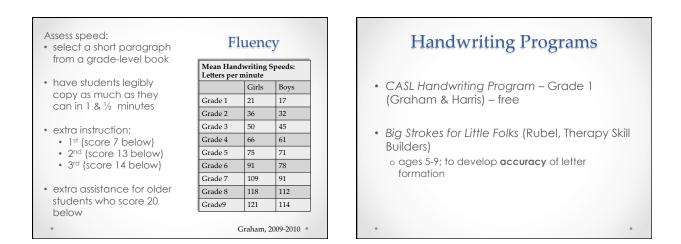
- For slow retrieval
 - have the student practice writing the alphabet from memory within time limits
 gradually decrease the time limit

Berninger, Mizokawa, & Bragg, 1991, p. 71

Handwriting Fluency

- Required to decrease interference with other writing processes
- According to researchers, handwriting fluency continues to account for 42% of the variability of students' writing in grades 4 6.
- Handwriting speed continues to increase until approximately 9th grade.

Graham, 2009-2010 •



Handwriting Programs

- Process Assessment of the Learner: Guides for Intervention (Berninger, Pearson)
 - Contains handwriting lessons designed to develop automaticity
- Loops and Groups: A Kinesthetic Writing System (Therapy Skill Builders)
 For grades 2 – HS; introduces cursive through common letter strokes

Classroom Instruction: Typing

What Works Clearinghouse:

Teach students to type fluently and to use a word processor to compose

- Grade 1 students should be introduced to typing
- Grade 2 students should begin regular typing practice
- By the end of Grade 2/3 students should be able to type as fast as they can write by hand
- By the end of Grade 2 students should be able to use a word processor to produce and revise text

Instructional Tools for Keyboarding

- Fry, E. (1993) *Computer keyboarding for beginners*. Westminister, CA. Teachers Created Materials, Inc.
- *Mavis Beacon*. Novato, CA: Software Toolworks. For IBM or Macintosh - <u>www.broderbund.com</u>
- Type to Learn. Sunburst Communications
- Read, Write, and Type <u>www.talkingfingers.com</u>

What are some "at risk" characteristics?

- Cramped fingers on writing tool
- Odd wrist, body, and paper positions
- Excessive erasures
- Mixture of upper- and lowercase letters
- Inconsistent letter formations and slant
- Irregular letter sizes and shapes
- Unfinished cursive letters
- Misuse of line and margin
- Poor organization on the page
 - Richards, R. (1999). The Source for Dyslexia and Dysgraphia. LinguiSystems

What are some "at risk" characteristics?

- Inefficient speed in copying
- Decreased speed of writing
- Excessive speed when writing
- General illegibility
- Inattentiveness about details when writing

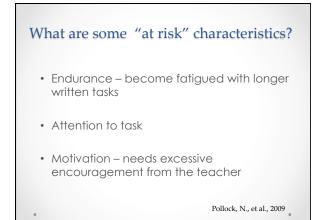
Richards, R., 1999

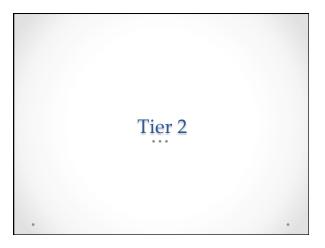
What are some "at risk" characteristics?

- Frequent need for verbal cues and use of sub-vocalizing
- Heavy reliance on vision to monitor what the hand is doing during writing
- Slow implementation of verbal directions that involve sequencing and planning

Richards, R., 1999

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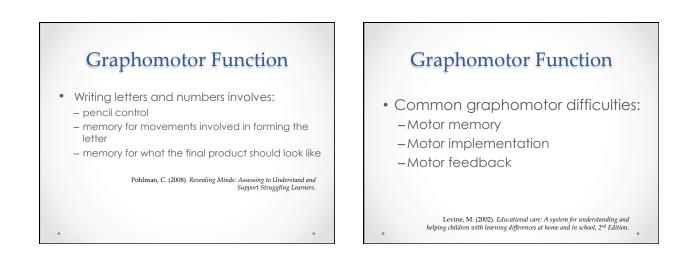


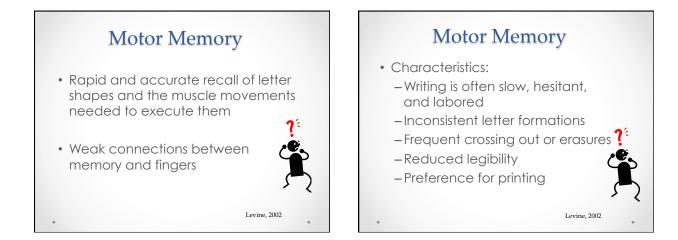
Tier 2

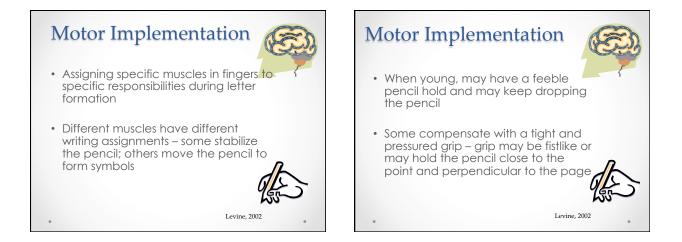
- Explicit instruction
- Small group setting
- Additional opportunities for practice
- Progress monitoring
- Add physical devices (e.g., pencil gripper, slant board)
- Consult with OT



Components of handwriting and sources of difficulty







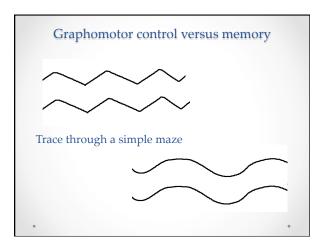
Motor Implementation

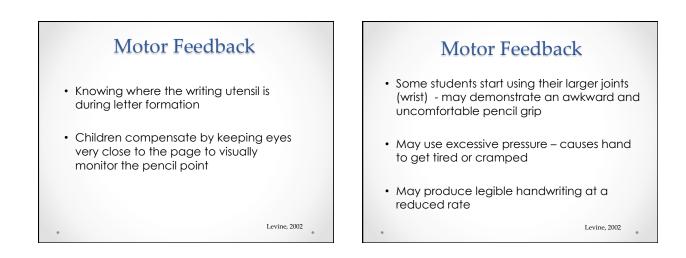


- Students may seem to be writing with their elbows rather than fingers
- Writing may be slow and labored
- Writing may be difficult to decipher
- May have history of speech articulation difficulties



Levine, 2002





 Research studies completed in the area of writing concluded that graphomotor function is necessary but not sufficient for handwriting – orthographic processes and their integration with graphomotor function are also important.

> Berninger, V. W., & Wolf, B. J. (2009). Teaching students with dyslexia and dysgraphia: Lessons from teaching and science.

Orthographic and Memory Processes

- Representation of letter forms in short-term and long term memory,
- Access to and retrieval of these representations in memory, and
- Planning for letter production

Berninger, V. W. (2004). Understanding the graphia in dysgraphia. In D. Dewey & D. Tupper (Eds.), Developmental motor disorders: A neuropsychological perspective. Guilford,

Orthographic and Memory Processes • Students with difficulties in this area may have crossed out letters and words • Make letters different ways • Make frequent letter reversals • Leave as much space between letters as between words

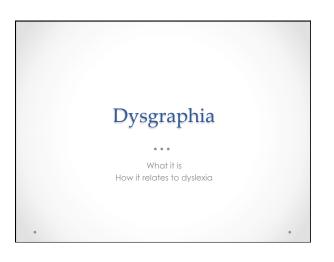
- Many may also have difficulty picturing whole words, which can lead to spelling delays
- May experience difficulty copying from the board

Levine, 2002

Orthographic and Memory Processes

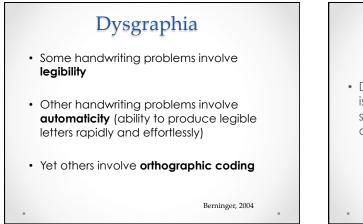
• Students with severe motor problems are likely to have handwriting problems, but children with motor development within the normal range may also have handwriting problems, which are more directly related to orthographic than motor processing skills.

> Berninger, V. W., & Amtmann, D. (2003). Handbook of Learning Disabilities.



Understanding Dysgraphia Fact Sheet, IDA

• Dysgraphia is the condition of impaired letter writing by hand, that is, disabled handwriting and sometimes spelling.





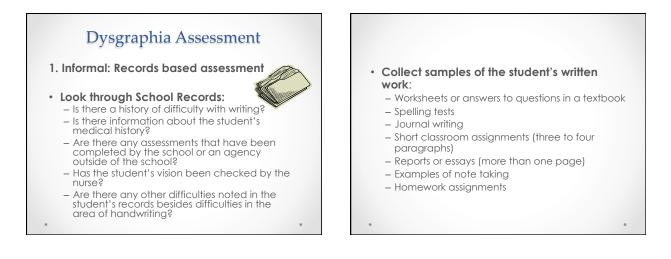
Relationship: Dyslexia and Dysgraphia

• Dyslexia is not just a reading disorder – it is also a **writing disorder** because of the spelling problems that interfere with development of written composition

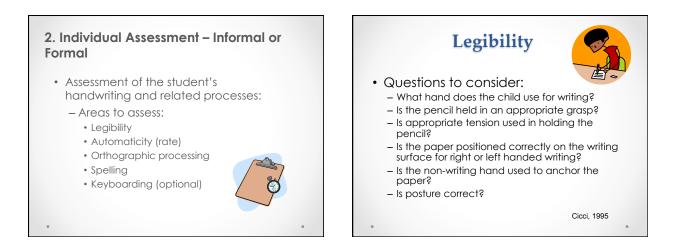
(Berninger, Nielson, Abbott, Wijsman, & Raskind, 2008)

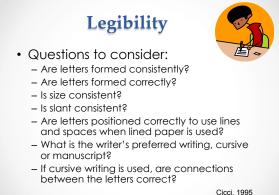
Dysgraphia Assessment

- Once assessment for handwriting/ dysgraphia is recommended, the procedures for Section 504 must be followed:
 - Provide Section 504 Rights information
 - Provide Notice of Assessment
 - Obtain permission for the assessment if this is an initial assessment for the student



- Obtain information from the student's parents and teacher(s)
 - Example: Written Productivity Needs Assessment (Written Productivity Profile; DeCoste)
 - Use a questionnaire already established by OTs in your district
- Obtain information from the student about their handwriting
 - Examples: Handwriting Evaluation Scale (Informal Assessment and Instruction in Written Language; Mather and Roberts)
 - The Writing Interview (Educational Care; Levine)





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Legibility

- Legible handwriting includes the following characteristics:
 - Letter formation
 - Size of the letters and proportional size between upper and lowercase letters
 - Spacing between letters and words
 - Line quality steadiness and thickness of line
 - Slant consistency in direction
 - alignment uniformity of size and consistency on the writing line

Mather, N., Wendling, B., & Roberts, R. (2009). Writing Assessment and Instruction for Students with Learning Disabilities (p. 10) 0.93

Letter formations, Size, & Proportion

- Are letters recognizable out of context?
- Are letters consistently formed?
- · Are there large fluctuations in the size of the letters?
- Are letters proportional to each other and to case?
- · Are letters capitalized appropriately?

Spacing & Alignment

- Is there crowding of words, letters, or lines? Are lines of text reasonably straight?
- Are margins relatively balanced?

Phelps, Stempel, & Speck (1984). Children's Handwriting Evaluation Scale

Line Quality

- Is there uneven pressure?
- Is there pressure that is too heavy?
- Is there pressure that is too light?

Slant

• Is the slant generally consistent?

General Appearance

- Are there excessive erasures or strikeovers (messy)?
- Is the writing too small for reading?
- Is the writing too large for reading?

Phelps, Stempel, & Speck (1984). Children's Handwriting Evaluation Scale



- Very Poor 0-1
- 2 Poor
- 3 Satisfactory
- Good 4
- 5 Very Good

Phelps, Stempel, & Speck (1984). Children's Handwriting Evaluation Scale

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Assessment Resource: Informal

Children's Handwriting Evaluation Scale (CHES)

Jody Phelps 5530 Farquhar Dallas, TX 75209 214-366-3667

 It is recommended to use classifications rather than standard scores due to age of test (1984)

Rate

- Handwriting abilities as well as handwriting speeds develop over time.
- Composing requires more reflection and thought, so it is not unexpected that letterper-minute or word-per-minute rates would be lower for tasks requiring composing than for copying tasks.

DeCoste, 2005

Rate

Mather & Goldstein, 2001

- To do a simple evaluation, ask the student to copy a sentence that contains most or all of the letters of the alphabet, such as "The quick brown fox jumps over the lazy dog."
- Have the student practice the sentence one time, and then ask the student to copy the sentence as quickly as possible in 3 minutes.

The quick brown fox jumps over the lazy dog.

The quick brown fox jumps over the lazy dog.

The quick brown fox jumps or

Rate

Mather & Goldstein, 2001

- Count the total number of letters the student has written in the 3-minute period.
- Divide this number by 3 to get the total letters per minute (Ipm).

93 ÷ 3 = 31 lpm

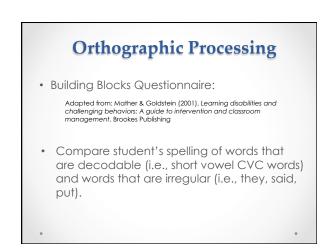
The quick brown fox jumps over the lazy dog.

The quick brown fox jumps over the lazy dog.

The quick brown fox jumps or

.

Rate		Mather & Goldstein, 2001
Compare t following so		t's proficiency to the
Grade 1:	25 lpm	
Grade 2:	30 lpm	
Grade 3:	38 lpm	31 lpm
Grade 4:	45 lpm	
Grade 5:	60 lpm	
Grade 6:	67 lpm	
Grade 7:	74 lpm	
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Orthographic Processing: Standardized Measures

- Early Reading Assessment (ERA)
 Pro-Ed
- Test of Orthographic Competence (TOC)

 Pro-Ed
- Symbol Imagery Test

 Lindamood Bell (also sold by Pro-Ed)

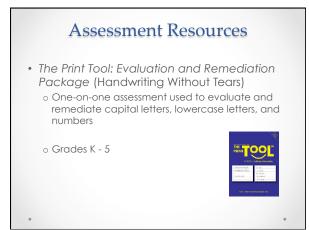
Spelling

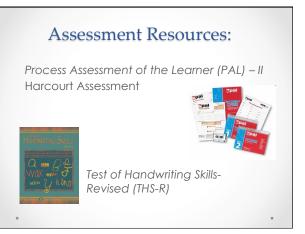
- Can use a norm-referenced measure or an informal developmental measure (example: Words Their Way: Word Study for Phonics, Vocabulary, and Spelling Instruction)
- Compare the student's ability to orally spell words to the student's written spelling

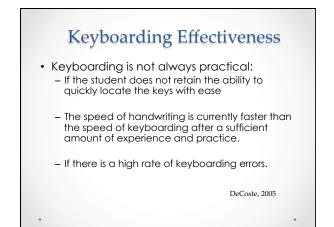














Differential Diagnosis

- Dysgraphia is not due to damage to motor systems of the brain
- Dysgraphia is not due to other developmental difficulties that may incorporate difficulties with fine motor (i.e. mental retardation, autism, pervasive developmental disorder)

Berninger, V. W. (2004). Understanding the graphia in dysgraphia. In D. Dewey & D. Tupper (Eds.), Developmental motor disorders: A neuropsychological perspective. Guilford,

Differential Diagnosis

- Not due to other conditions such as fetal alcohol syndrome, cerebral palsy, significant prematurity, meningitis, etc.
- Not due to generalized fine-motor deficit or coordination difficulties (Developmental Coordination Disorder)

Berninger, V. W. (2004). Understanding the graphia in dysgraphia. In D. Dewey & D. Tupper (Eds.), Developmental motor disorders: A neuropsychological perspective. Guilford,

Scoring Samples

Screening - Alphabet

Q bcdEF9hilkUMNoP9BituVWXYZ

Scoring – Errors:

_____letter omissions

_____ case confusion (substituting upper-case letters)

_____ letter sequencing (letters out of order)

_____ letter reversal (letter pointing left instead of right or vice versa)

_____ letter substitution

Interventions:

Legibility

I woke up itwas Khowing but Esciait Woundhot stecke The next day itwas packing down in Show. Then We had show ball fights, and we made forts. Then we got cold acame wherk in but we went back Date owe made Show angels.

General Appearance:

Letter formations, Size, & Proportion:

Spacing & Alignment:

Line quality:

Slant:

Score:

Legibility: 3rd grade student

was comeng from____ en graderes_ some COM up to him sidd give youre monly or Joe said I don't have any thats OUN he becane 50 like this. Which the ise padk his eye be case thery ____01 23_____

Scoring:

- _____ letter formations, size, & proportion
- _____ spacing & alignment
- _____ line quality
- _____ slant
- _____ general appearance

Overall score and description _____

Rate - 5th Grade

he quick brown Fox jumps over the lazy

Figure 8.4. Jon's Three-Minute Handwriting Sample.

Mather, N., Wendling, B., & Roberts, R. (2009). Writing Assessment and Instruction for Students with Learning Disabilities (p. 222)

Scoring:

Letters total: _____

Letters total divided by 3: _____ lpm

Describe student's rate: