

# Simple, Skin-Friendly Solutions



## 3M Skin Health

### Simple, Skin-Friendly Solutions

From easy-to-use, effective wound care and I.V. site dressings to skin care products, 3M offers simple, skin-friendly solutions that cover a continuum of care for healthy skin maintenance.

Our trusted brands continue to set the industry standard and offer the finest in skin health care products, programs and services.

Our major brands include Tegaderm™, Cavilon™, Micropore™, Coban™ and Steri-Strip™. All of our products are supported by educational services, professional and technical support, and ongoing research and development.

### Customer-Focussed

What sets us apart from our competition is our ability to respond to customers' needs in a variety of ways.

- **Experienced sales team**, including specially-trained representatives who provide in-service training and continuing education
- **Technical specialist** to provide additional support and expert product knowledge
- **Professional continuing education programs**
- **Solutions-based website** for 24 hours per day, 7 days-per-week access to information on a wide range of skin and wound clinical conditions. Visit [www.3M.com/skinhealth](http://www.3M.com/skinhealth)
- **Customer service representatives** who are available to handle daily calls for order entry, and special shipment requests to ensure customer satisfaction

Innovative Solutions  
Improving Patients' Lives

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# Film Dressings



## 3M™ Tegaderm™ Transparent Film Dressing

A breathable dressing, impermeable to liquids, bacteria and viruses.\*

- “Picture-frame” delivery – preferred by clinicians
- Transparent dressings allow easy monitoring of wounds and I.V. sites without the need to remove the dressing
- Secure adhesion, yet gentle to the skin
- Breathable film, allows oxygen in and moisture vapour out
- Barrier to external contaminants
- Comprehensive clinical documentation
- Unique shapes and designs for special I.V. and wound needs
- Problem catheter sites (i.e., jugular lines)

### Suggested Applications:

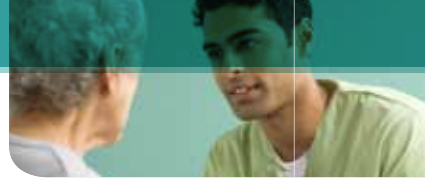
- Catheter sites
- Acute and chronic wounds
- Skin protection



### Ordering Information:

Short Code	Description	Size	Packaging
<b>1614</b>	3M™ Tegaderm™ Transparent Dressing with Border for added secural	6cm x 7cm	100 Each/Box 4 Box/Case
<b>1616</b>	3M™ Tegaderm™ Transparent Dressing with Border for added secural	10cm x 12cm	50 Each/Box 4 Box/Case
<b>1622W</b>	3M™ Tegaderm™ Transparent Dressing, Picture Frame Style	4.4cm x 4.4cm	100 Each/Box 4 Box/Case
<b>1624W</b>	3M™ Tegaderm™ Transparent Dressing, Picture Frame Style with label	6cm x 7cm	100 Each/Box 4 Box/Case
<b>1626W</b>	3M™ Tegaderm™ Transparent Dressing, Picture Frame Style with label	10cm x 12cm	50 Each/Box 4 Box/Case
<b>1630</b>	3M™ Tegaderm™ Transparent Dressing, Picture Frame Style with label	10cm x 11.5cm	50 Each/Box 4 Box/Case
<b>1627</b>	3M™ Tegaderm™ Transparent Dressing - Original Frame Style	10cm x 25cm	20 Each/Box 4 Box/Case
<b>1628</b>	3M™ Tegaderm™ Transparent Dressing - Original Frame Style	15cm x 20cm	10 Each/Box 8 Box/Case
<b>1629</b>	3M™ Tegaderm™ Transparent Dressing - Original Frame Style	20cm x 30cm	10 Each/Box 8 Box/Case

\* Laboratory testing has proven 3M™ Tegaderm™ and Tegaderm™ HP Transparent Dressings provide a viral (HIV-1 and HBV) barrier while dressings remain intact without leakage.



## 3M™ Tegaderm™ Transparent Film Roll

### A non-sterile\* version of Tegaderm™ Transparent Film Dressings.

3M™ Tegaderm™ Roll provides maximum versatility and is the affordable choice for skin protection and waterproof cover dressings.

- Waterproof backing provides a bacterial and viral\*\* barrier to outside contaminants and allows the patient to shower
- Can be cut and customised to desired length
- Transparent to allow for easy monitoring
- Easy-to-use delivery reduces application waste

### Suggested Applications:

- Protection of at-risk skin from friction and body fluids
- Waterproof fixation of primary dressings such as gauzes, alginates, foams, etc.
- Fixation of medical devices (e.g. drainage tubes etc)

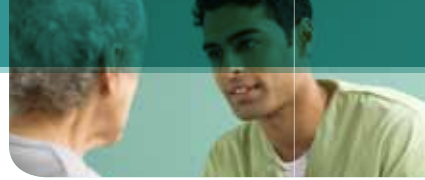


### Ordering Information:

Short Code	Description	Size	Packaging
<b>16002</b>	3M™ Tegaderm™ Roll Transparent Film Roll	5cm x 10m	1 Roll/Box 4 Box/Case
<b>16004</b>	3M™ Tegaderm™ Roll Transparent Film Roll	10cm x 10m	1 Roll/Box 4 Box/Case
<b>16006</b>	3M™ Tegaderm™ Roll Transparent Film Roll	15cm x 10m	1 Roll/Box 4 Box/Case

\* Product is non-sterile; not recommended as a primary wound or I.V. dressing.

\*\* Laboratory testing has proven 3M™ Tegaderm™ and Tegaderm™ HP Transparent Dressings provide a viral (HIV-1 and HBV) barrier while dressings remain intact without leakage.



## 3M™ Tegaderm™ I.V. Transparent Film Dressing

### A sterile, waterproof, thin, transparent film dressing.

Designed for I.V. applications, the dressing is notched and reinforced with soft cloth tape to provide a better seal and reduced edge lift around catheters and other devices.

- Notched design provides a better seal around the catheter
- Sterile tape strips are provided for catheter secural
- Breathable film allows moisture vapour and oxygen exchange
- Transparent dressings allow easy monitoring of I.V. sites without the need to remove the dressing
- Unique picture-frame style allows one-handed application and less waste
- Sterile, waterproof dressing provides a breathable bacterial and viral barrier\* to outside contaminants and allows the patient to shower

### Suggested Applications:

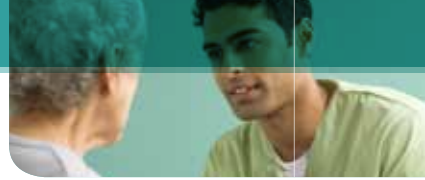
- Peripheral and midline venous catheters
- Central venous catheters (including subclavian, jugular, femoral and PICCs)
- Implanted infusion devices (ports)
- Dialysis catheters
- Pulmonary artery catheters
- Arterial catheters
- Epidural catheters
- Insulin pump catheters
- Scalp vein needles
- Feeding tubes



### Ordering Information:

Short Code	Description	Size	Packaging
<b>1610</b>	3M™ Tegaderm™ I.V. Transparent Dressing with Added Secural - Paediatric	5cm x 5.7cm	100 Each/Box 4 Box/Case
<b>1623</b>	3M™ Tegaderm™ I.V. Transparent Dressing	6cm x 7cm	100 Each/Box 4 Box/Case
<b>1633</b>	3M™ Tegaderm™ I.V. Transparent Dressing with label and tape strips – Peripheral lines and arterial lines	7cm x 8.5cm	100 Each/Box 4 Box/Case
<b>1635</b>	3M™ Tegaderm™ I.V. Transparent Dressing with label and tape strips – CV lines	8.5cm x 10.5cm	50 Each/Box 4 Box/Case
<b>1655</b>	3M™ Tegaderm™ I.V. Transparent Dressing with Added Secural – CV lines	8.9cm x 11.5cm	50 Each/Box 4 Box/Case
<b>1650</b>	3M™ Tegaderm™ I.V. Transparent Dressing with Added Secural – PICC lines	10cm x 15.5cm	25 Each/Box 4 Box/Case

\* Laboratory testing has proven 3M™ Tegaderm™ and Tegaderm™ HP Transparent Dressings provide a viral (HIV-1 and HBV) barrier while dressings remain intact without leakage.



## 3M™ Tegaderm™ I.V. Securement Dressing Designed for the BD Nexiva™ Closed I.V. Catheter System

The Tegaderm I.V. Dressing for BD Nexiva™ Catheter System was specifically designed to fit the contour of the new uniquely designed BD Nexiva™ Closed Catheter System. The dressing has a unique J-shaped slit, which fits snugly around the extension tubing, helping to secure both the tubing and catheter. The dressing also includes a tape strip for additional securement and a label for documentation.



### Product Benefits:

- Designed specifically to reduce catheter dislodgement
- Judged by clinicians as an excellent alternative in decreasing catheter movement, dislodgments and fall outs compared to current stabilization techniques\*
- Better at conforming around the BD Nexiva™ Closed Catheter System as compared to other standard dressings
- Perceived by clinicians to wear longer than their current dressings\*
- Transparent, breathable and impermeable to liquids, viruses\*\* and bacteria

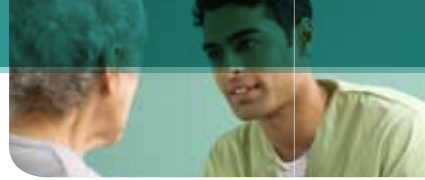
### Ordering Information:

Short Code	Description	Size	Packaging
9525HP	3M™ Tegaderm™ I.V. Securement Dressing, Designed for the 3M™ BD Nexiva™ Closed I.V. Catheter System	6.5x 7cm	100 Each/Box 4 Box/Case

*BD Nexiva is a trademark of Becton, Dickinson and Company.*

*\*3M internal data on file.*

*\*\*In vitro testing has proven that Tegaderm™ and Tegaderm™ HP provide a vital barrier from viruses 27nm in diameter, (e.g. HCV) or larger. (e.g. HBV and HIV) while the dressing remains intact without leakage.*



## 3M™ Tegaderm™ CHG

### Chlorhexidine Gluconate IV Securement Dressing

Integrates the powerful antimicrobial effectiveness of CHG with the simplicity of a Tegaderm dressing to support your best protocols and practices

#### Product Benefits:

- Proven to be as effective as, or better at, reducing skin flora on healthy volunteers for up to 10 days than BIOPATCH\*
- Proven to be more effective at preventing re-growth on healthy volunteers at 7 days than BIOPATCH\*
- Clear, allowing continuous visualisation of the insertion site
- Integrated design of dressing and CHG gel pad reduces application steps and minimises potential for application error
- As easy-to use and easy to train as a Tegaderm™ dressing
- Absorbs fluid
- Larger coverage that BIOPATCH allows for coverage of sutures as well as insertion site

#### Suggested Applications:

For use over catheter sites and devices:

- Central venous catheters (CVC)
  - Internal jugular (IJ) vein
  - Femoral vein
  - Subclavian vein
- Peripherally inserted central catheters (PICCS)
- Tunneled CVCs
- Arterial catheters
- Dialysis catheters
- Any percutaneous device



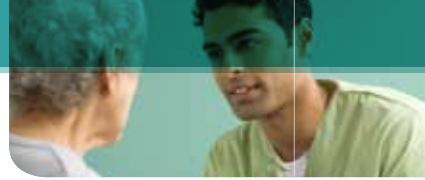
#### Ordering Information:

Short Code	Description	Size**	Packaging	Same Size/Shape as Non-Antimicrobial Dressing
<b>1657R</b>	3M™ Tegaderm™ CHG IV Securement Dressing	3cm x 4cm 8.5cm x 11.5cm	25 Each/Box 4 Box/Case	1655
<b>1658R</b>	3M™ Tegaderm™ CHG IV Securement Dressing	3cm x 4cm 10cm x 12cm	25 Each/Box 4 Box/Case	1616
<b>1659R</b>	3M™ Tegaderm™ CHG IV Securement Dressing	3cm x 7cm 10cm x 15.5cm	25 Each/Box 4 Box/Case	1650

\* BIOPATCH is a trademark of ETHICON INC

\*\*Gel pad size followed by overall dressing size





### 3M™ Tegaderm™ I.V. Starter Kits

3M™ Tegaderm™ I.V. Starter Kits deliver best practice solutions in I.V. site management conforming to current global standards. The “All-in-one” kit provides a total solution.

- Saves time
- Reduces inventory
- Improved clinical outcomes
- Cost effective
- Improved documentation
- Compatible with all cannulas

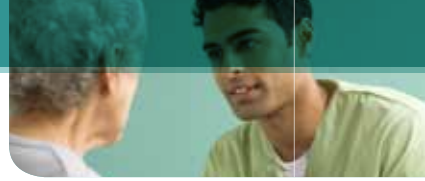
#### Kit Contents:

- Large impervious sterile field
- 2% CHG large skin prep swab
- Latex free disposable tourniquet
- Comprehensive patient labelling system
- Unique Tegaderm™ frame delivery system
- Gauze swabs



#### Ordering Information:

Short Code	Description	Size	Packaging
1633K	3M™ Tegaderm™ I.V. Starter Kit	7cm x 8.5cm	90 Kits/Box 4 Box/Case



## 3M™ Tegaderm™ HP Transparent Film Dressing

3M™ Tegaderm™ HP Transparent Film Dressing (Holding Power) helps to reduce unscheduled dressing changes in problem situations.

Provides all of the benefits of Tegaderm dressing, plus greater staying power in the presence of moderate amounts of moisture. Especially useful for:

- Hot, humid climates
- Diaphoretic patients
- Lightly draining wounds
- Difficult-to-dress wounds (i.e., sacral area)
- Problem catheter sites (i.e., jugular lines)
- A bacterial and viral\* barrier helps prevent external bacteria



### Suggested Applications:

- To protect reddened/at-risk skin
- For Stage I and Stage II pressure ulcers
- Skin tears and minor excisions
- Catheter sites
- Closed surgical incisions
- As a secondary dressing

### Ordering Information:

Short Code	Description	Size	Packaging
<b>9536HP</b>	3M™ Tegaderm™ HP Transparent Dressing (Holding Power) - Picture Frame Style with label	10cm x 12 cm	50 Each/Box 4 Box/Case
<b>9543HP</b>	3M™ Tegaderm™ HP Transparent Dressing (Holding Power) - Picture Frame Style, Sacral	11.5cm x 12cm	12 Each/Box 4 Box/Case

\* Laboratory testing has proven 3M™ Tegaderm™ and Tegaderm™ HP Transparent Dressings provide a viral (HIV-1 and HBV) barrier while dressings remain intact without leakage.

# Dressings – Composite



## 3M™ Tegaderm™ + Pad Film Dressing with Non-Adherent Pad

A waterproof, absorbent dressing.

- All-in-one sterile dressing – reduces application time
- A bacterial and viral\* barrier – helps prevent external bacteria and contaminants from entering the site
- A waterproof barrier – patient may bathe or shower without removing dressing
- Conforms to body contours, providing comfort
- Non-adherent absorbent pad
- Breathable film allows skin to function normally with good exchange of moisture vapour and oxygen
- Provides moist wound environment to enhance healing and lessen pain

### Suggested Applications:

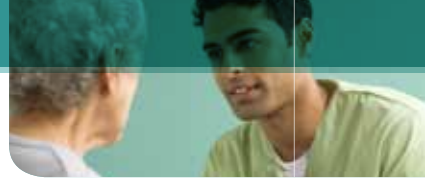
- Post-surgical dressings – especially on areas where swelling or movement is expected
- Superficial and partial thickness wounds
- Lacerations, abrasions and burns
- I.V. catheter sites
- Light to moderately draining wounds



### Ordering Information:

Short Code	Description	Size	Packaging
<b>3582</b>	3M™ Tegaderm™ + Pad Film Dressing with Nonadherent Pad	5cm x 7cm	50 Each/Box 4 Box/Case
<b>3584</b>	3M™ Tegaderm™ + Pad Film Dressing with Nonadherent Pad	6cm x 10cm	50 Each/Box 4 Box/Case
<b>3586</b>	3M™ Tegaderm™ + Pad Film Dressing with Nonadherent Pad	9cm x 10cm	25 Each/Box 4 Box/Case
<b>3587</b>	3M™ Tegaderm™ + Pad Film Dressing with Nonadherent Pad	9cm x 10.5cm	25 Each/Box 4 Box/Case
<b>3589</b>	3M™ Tegaderm™ + Pad Film Dressing with Nonadherent Pad	9cm x 15cm	25 Each/Box 4 Box/Case
<b>3590</b>	3M™ Tegaderm™ + Pad Film Dressing with Nonadherent Pad	9cm x 20cm	25 Each/Box 4 Box/Case
<b>3591</b>	3M™ Tegaderm™ + Pad Film Dressing with Nonadherent Pad	9cm x 25cm	25 Each/Box 4 Box/Case
<b>3593</b>	3M™ Tegaderm™ + Pad Film Dressing with Nonadherent Pad	9cm x 35cm	25 Each/Box 4 Box/Case

\* Laboratory testing has proven 3M™ Tegaderm™ and Tegaderm™ HP Transparent Dressings provide a viral (HIV-1 and HBV) barrier while dressings remain intact without leakage.



## 3M™ Medipore™ + Pad Soft Cloth Adhesive Wound Dressing

A gentle, comfortable, absorbent dressing.

- All-in-one sterile dressing – reduces application time
- Conforms to body contours, providing comfort
- Gentle, porous and breathable
- Non-adherent absorbent pad
- Absorbent pad protects wound and absorbs drainage

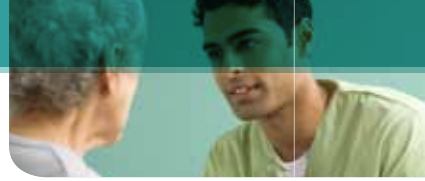


### Suggested Applications:

- Post-surgical dressings – especially on areas where swelling or movement is expected
- Superficial and partial thickness wounds
- Lacerations, abrasions and burns
- I.V. catheter sites
- Light to moderately draining wounds

### Ordering Information:

Short Code	Description	Size	Packaging
<b>3562</b>	Medipore™ +Pad Soft Cloth Adhesive Wound Dressing	5cm x 7cm	50 Each/Box 4 Box/Case
<b>3564</b>	Medipore™ +Pad Soft Cloth Adhesive Wound Dressing	6cm x 10cm	50 Each/Box 4 Box/Case
<b>3566</b>	Medipore™ +Pad Soft Cloth Adhesive Wound Dressing	9cm x 10cm	25 Each/Box 4 Box/Case
<b>3570</b>	Medipore™ +Pad Soft Cloth Adhesive Wound Dressing	9cm x 20cm	25 Each/Box 4 Box/Case
<b>3573</b>	Medipore™ +Pad Soft Cloth Adhesive Wound Dressing	9cm x 35cm	25 Each/Box 4 Box/Case



## 3M™ Tegaderm™ Absorbent Clear Acrylic Dressing

Transparent plus absorbent for optimal clinical performance and wear time.

- Easy monitoring of the wound, exudate and periwound skin
- May eliminate unnecessary dressing changes
- Eliminates hydrocolloid-related odour
- No dressing breakdown in the wound
- Barrier to external contaminants\*
- Better fluid management and wear time



### Suggested Applications:

Partial and full thickness dermal ulcers

- Pressure ulcers
- Abrasions, superficial wounds, donor sites and skin tears
- Clean closed approximated surgical sites and laparoscopic incisions

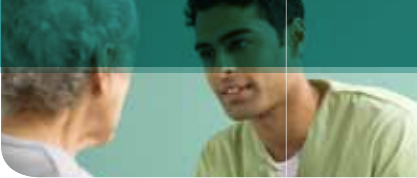
### Ordering Information:

Short Code	Description	Size**	Packaging
<b>90800</b>	3M™ Tegaderm™ Absorbent Clear Acrylic Dressing - Oval	3.8 x 5.7cm 7.6 x 9.5cm	5 Each/Box
<b>90801</b>	3M™ Tegaderm™ Absorbent Clear Acrylic Dressing - Oval	6.0 x 7.6 cm 11.1 x 12.7cm	5 Each/Box
<b>90802</b>	3M™ Tegaderm™ Absorbent Clear Acrylic Dressing - Square	9.8 x 10.1cm 14.9 x 15.2cm	5 Each/Box
<b>90803</b>	3M™ Tegaderm™ Absorbent Clear Acrylic Dressing - Oval	8.5 x 10.7cm 14.2 x 15.8cm	5 Each/Box
<b>90805</b>	3M™ Tegaderm™ Absorbent Clear Acrylic Dressing - Square	14.9 x 15.2cm 20.0 x 20.3cm	5 Each/Box
<b>90807</b>	3M™ Tegaderm™ Absorbent Clear Acrylic Dressing - Sacral	11.75 x 14.3cm 16.8 x 19.0cm	5 Each/Box

\* Laboratory testing has proven 3M™ Tegaderm™ and Tegaderm™ HP Transparent Dressings provide a viral (HIV-1 and HBV) barrier while dressings remain intact without leakage.

\*\* Dressing pad size given and then overall dressing size.

# Alginate Dressings



## 3M™ Tegaderm™ High Integrity Alginate Dressing

Provides a moist wound healing environment.

- Gel forming for optimal moist wound healing and allowing for atraumatic removal
- Absorbent – use on moderate to heavily exudating wounds
- Highly conformable primary wound dressing
- Compatible with 3M cover dressings

### Suggested Applications:

- Dermal ulcers: pressure, arterial, venous, neuropathic (diabetic)
- Donor sites
- Trauma wounds and abrasions
- Malignant lesions
- Dehisced surgical wounds



### Ordering Information:

Short Code	Description	Size	Packaging
90112	3M™ Tegaderm™ Alginate High-Integrity Alginate Dressing	10cm x 10cm	10 Each/Box 5 Box/Case
90120	3M™ Tegaderm™ Alginate High-Integrity Alginate Dressing	30.4cm rope	5 Each/Box 4 Box/Case

# Foam Dressings



## 3M™ Tegaderm™ Foam Adhesive Dressing

Total fluid management and spoke delivery.

- Fast wicking, and high evaporation/absorbency provide
- Reduced potential for skin maceration
- No cutting – saves you time and materials
- One-handed application – conforms to heel or other body contours

Total fluid management

- Soft, comfortable – patient comfort
- Designed for dry and moist skins conditions



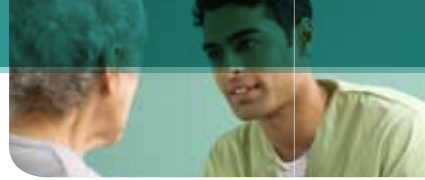
### Suggested Applications:

- Minimal to highly exudating partial and full thickness dermal wounds
- Pressure, arterial, neuropathic (diabetic) and venous leg ulcers, including use under compression wraps
- Difficult body contours; heel, elbow
- Abrasions and donor sites

### Ordering Information:

Short Code	Description	Size*	Packaging
90614	3M™ Tegaderm™ Foam Adhesive Dressing - Mini oval	3.1cm x 3.8cm	10 Each/Box
		6.9cm x 7.6cm	4 Box/Case
90615	3M™ Tegaderm™ Foam Adhesive Dressing - Mini wrap	2.5cm x 2.5cm	10 Each/Box
		6.9cm x 6.9cm	4 Box/Case
90610	3M™ Tegaderm™ Foam Adhesive Dressing - Square	5cm x 5cm	10 Each/Box
		8.8cm x 8.8cm	4 Box/Case
90611	3M™ Tegaderm™ Foam Adhesive Dressing - Oval	6cm x 7.6cm	10 Each/Box
		10cm x 11cm	4 Box/Case
90612	3M™ Tegaderm™ Foam Adhesive Dressing - Square	10cm x 10cm	10 Each/Box
		14.3cm x 14.3cm	4 Box/Case
90613	3M™ Tegaderm™ Foam Adhesive Dressing - Oval	10cm x 11cm	5 Each/Box
		14.3cm x 15.6cm	6 Box/Case
90616	3M™ Tegaderm™ Foam Adhesive Dressing - Oval	14cm x 17.1cm	5 Each/Box
		19cm x 22.2cm	3 Box/Case
90619	3M™ Tegaderm™ Foam Adhesive Dressing - Heel/Elbow	7.62cm x 7.62cm	5 Each/Box
		13.97cm x 13.97cm	4 Box/Case

\* Foam pad size followed by overall dressing size.



## 3M™ Tegaderm™ Foam Dressing (non-adhesive)

Fast absorbency plus breathable film barrier means total fluid management.

- Reduced potential for skin maceration\*
- Easy to use
- Barrier to strike-through
- Non-swelling
- Variety of sizes and styles

### Suggested Applications:

- Minimal to highly exudating partial and full thickness dermal wounds
- Pressure, neuropathic (diabetic) and venous leg ulcers, including use under compression wraps
- Skin graft donor sites



### Ordering Information:

Short Code	Description	Size	Packaging
<b>90600</b>	3M™ Tegaderm™ Foam Dressing (nonadhesive) - Square	5cm x 5cm	10 Each/Box 4 Box/Case
<b>90601</b>	3M™ Tegaderm™ Foam Dressing (nonadhesive) - Square	10cm x 10cm	10 Each/Box 4 Box/Case
<b>90602</b>	3M™ Tegaderm™ Foam Dressing (nonadhesive) - Rectangle	10cm x 20cm	5 Each/Box 6 Box/Case
<b>90603</b>	3M™ Tegaderm™ Foam Dressing (nonadhesive) - Square	20cm x 20cm	5 Each/Box 6 Box/Case
<b>90604</b>	3M™ Tegaderm™ Foam Dressing (nonadhesive) - Fenestrated	8.9cm x 8.9cm	10 Each/Box 4 Box/Case
<b>90605</b>	3M™ Tegaderm™ Foam Dressing (nonadhesive) - Roll	10cm x 60cm	1 Roll/Pkg 6 Roll/Case

\* Studies on file at 3M.



# Hydrocolloid Dressings



## 3M™ Tegaderm™ Hydrocolloid Dressing

Maintains an optimal moist wound environment which has been shown to enhance healing.

- Hydrocolloid adhesive rapidly absorbs exudate
- Breathable outer film layer provides consistently high rate of moisture vapour transmission
- Water-resistant film border adheres firmly
- Outer film barrier protects wound and surrounding skin from contaminants and body fluids\*
- Range includes a dressing designed specifically for sacral area to allow long wear time

### Suggested Applications:

- Partial and full thickness dermal ulcers
- Superficial wounds and abrasions
- Superficial partial thickness burns and donor sites

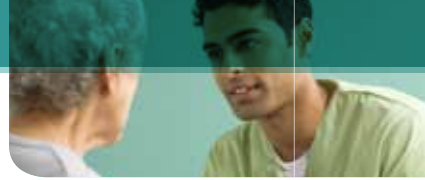


### Ordering Information:

Short Code	Description	Size**	Packaging
90001	3M™ Tegaderm™ Hydrocolloid Dressing - Oval, Film border - designed for long wear time	7cm x 9cm	5 Each/Box
90003	3M™ Tegaderm™ Hydrocolloid Dressing - Oval, Film border - designed for long wear time	10cm x 12cm	5 Each/Box
90007	3M™ Tegaderm™ Hydrocolloid Dressing - Sacral Design, Film border - designed for long wear time	12.4cm x 13.9cm	6 Each/Box

\* Laboratory testing has proven 3M™ Tegaderm™ and Tegaderm™ HP Transparent Dressings provide a viral (HIV-1 and HBV) barrier while dressings remain intact without leakage.

\*\* Dimensions of entire dressing, including hydrocolloid and film backing.



## 3M™ Tegaderm™ Hydrocolloid Thin Dressing

Thin, absorbent and highly conformable.

- Hydrocolloid adhesive rapidly absorbs exudate
- Unique film border on oval sizes seals to prevent premature dressing failure due to edge lift
- May be used on intact skin to protect from friction
- Protects from contaminants and body fluids\*
- Allows better visibility of the wound site



### Suggested Applications:

- Superficial, dry to lightly exudating partial thickness dermal ulcers and skin tears
- May be used as a protective covering over fragile skin or newly healed skin
- Donor sites

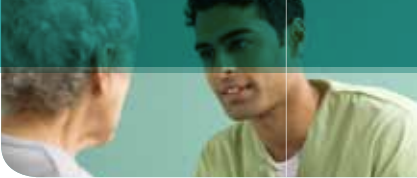
### Ordering Information:

Short Code	Description	Size	Packaging
90021	3M™ Tegaderm™ Hydrocolloid Thin Dressing - Oval, Film border - designed for long wear time	7cm x 9cm**	10 Each/Box
90022	3M™ Tegaderm™ Hydrocolloid Thin Dressing - Square	10cm x 10cm	5 Each/Box
90024	3M™ Tegaderm™ Hydrocolloid Thin Dressing - Oval, Film border - designed for long wear time	14cm x 17cm**	6 Each/Box

\* Laboratory testing has proven 3M™ Tegaderm™ and Tegaderm™ HP Transparent Dressings provide a viral (HIV-1 and HBV) barrier while dressings remain intact without leakage.

\*\* Dimensions of entire dressing, including hydrocolloid and film backing.

# Contact Layer Dressings



## 3M™ Tegaderm™ Non-Adherent Contact Layer

Protects the wound bed while reducing pain of dressing changes.

- Minimises disruption of granulating tissue
- May lessen patient pain during dressing changes and removal
- Maintains an optimal moist wound environment for healing
- Indicated for both partial and full thickness ulcers

### Suggested Applications:

- Chronic wounds including vascular ulcers, pressure ulcers, malignant lesions
- Donor sites – superficial partial-thickness burns and graft fixation
- Surgical wounds
- Traumatic wounds – abrasions, lacerations



### Ordering Information:

Short Code	Description	Size	Packaging
5642	3M™ Tegaderm™ Contact Non-Adherent Contact Layer	7.5cm x 10cm	10 Each/Box 4 Boxes/Case
5643	3M™ Tegaderm™ Contact Non-Adherent Contact Layer	7.5cm x 20cm	10 Each/Box 4 Boxes/Case
5644	3M™ Tegaderm™ Contact Non-Adherent Contact Layer	20 x 25cm	5 Each/Box 4 Boxes/Case

# Silver Dressings



## 3M™ Tegaderm™ Ag Mesh Dressing with Silver

A fast-acting, long lasting antimicrobial barrier in an affordable dressing.

- Effective against a wide range of microbes, including antibiotic-resistant bacteria, yeast and fungi\*
- Releases silver ions to form a fast-acting antimicrobial barrier within minutes\*
- Versatile, may be used as primary dressing or with absorbent wound fillers
- Can use with sterile saline or water, no to minimal staining and non-irritating
- Easy to use, can be cut, folded or customised
- Effective up to 7 days

### Suggested Applications:

- Ulcers (pressure, venous, arterial, and neuropathic)
- Open surgical wounds
- Trauma wounds
- Superficial partial thickness burns
- Abrasions



### Ordering Information:

Short Code	Description	Size	Packaging
90500	3M™ Tegaderm™ Ag Mesh Dressing with Silver	5cm x 5cm	5 Each/Box 4 Box/Case
90501	3M™ Tegaderm™ Ag Mesh Dressing with Silver	10cm x 12cm	5 Each/Box 4 Box/Case
90502	3M™ Tegaderm™ Ag Mesh Dressing with Silver	10cm x 20cm	5 Each/Box 4 Box/Case
90503	3M™ Tegaderm™ Ag Mesh Dressing with Silver	20cm x 20cm	3 Each/Box 4 Box/Case
90506	3M™ Tegaderm™ Ag Mesh Dressing with Silver	40cm x 40cm	4 Each/Box 1 Box/Case

\* Based upon in-vitro studies; data on file, 3M Health Care.

# Skin Care



## 3M™ Cavilon™ No Sting Barrier Film

A versatile product for preventing skin damage.

- Forms a transparent protective film between skin and urine, faeces or body fluids and protects against adhesive trauma and friction
- Completely alcohol-free – will not sting even when applied to reddened, damaged or denuded skin
- Under normal use, provides up to 72 hours incontinence protection, which saves nursing time and budget dollars
- Will not clog diapers or interfere with absorbent pads
- Sterile, non-cytotoxic – will not interfere with skin or wound healing



### Suggested Applications:

- Provide incontinence, periwound, peristomal and peritube skin protection
- Helps prevent skin damage from adhesives or friction

### Ordering Information:

Short Code	Description	Size	Packaging
<b>3344</b>	3M™ Cavilon™ No Sting Barrier Film - Wipe	1.0mL wipe	25 Each/Box 4 Box/Case
<b>3343</b>	3M™ Cavilon™ No Sting Barrier Film - Small Wand Applicator	1.0mL wand	25 Each/Box 4 Box/Case
<b>3346</b>	3M™ Cavilon™ No Sting Barrier Film - Pump Spray Bottle	28.0mL spray bottle	12 Each/Case



## 3M™ Cavilon™ Durable Barrier Cream

Provides durable, long-lasting protection from body fluids while moisturising skin.

- Resists wash-off
- Concentrated, so a little goes a long way
- Will not interfere with tape or dressing adhesion
- pH balanced to preserve the skin's natural acid mantle
- Does not clog briefs or absorbency products

### Suggested Applications:

- Protection for “at-risk” skin from damage associated with incontinence
- Moisturises dry skin



### Ordering Information:

Short Code	Description	Size	Packaging
<b>3391</b>	3M™ Cavilon™ Durable Barrier Cream	28g tube	48 Each/Case
<b>3392</b>	3M™ Cavilon™ Durable Barrier Cream	92g tube	12 Each/Case



## 3M™ Cavilon™ Foot & Dry Skin Cream

A specially formulated moisturiser for dry skin.

- Lipid-rich formula – softens and replenishes rough, cracked or scaly skin
- Provides 24-hour moisturisation; lasts all day
- Ideal for individuals with diabetes or other dry skin conditions
- Prevents dry skin
- Non-greasy – vanishes into skin
- pH balanced
- Silky, rub-on feel

### Suggested Applications:

- Moisturises rough, cracked or scaly skin
- Helps prevent dry skin
- Ideal for individuals with diabetes or other dry skin conditions



### Ordering Information:

Short Code	Description	Size	Packaging
3386	3M™ Cavilon™ Foot & Dry Skin Cream	4oz tube	12 Each/Case



## 3M™ Cavilon™ Moisturising Lotion

Skin damage from handwashing and glove use is a frequent and serious problem for clinicians' hands. The use of Cavilon Moisturising Lotion can help maintain or restore the skin's natural moisture and pliability while not reducing the effectiveness of chlorhexidine gluconate (CHG) hand antiseptic products or the tensile strength of gloves.

### Product Benefits:

- CHG compatible
- Will not break down latex or synthetic gloves
- Hypoallergenic
- Fragrance-free
- Compatible with the 3M™ Avagard™ family of products
- Latex free



### Suggested Applications:

- In between hand washings or use of hand sanitisers
- General purpose moisturiser

### Ordering Information:

Short Code	Description	Size	Packaging
9205	3M™ Cavilon™ Moisturising Lotion 9205	473ml Bottle	12 Each/Case



# Bandaging



## 3M™ Crepe Bandages

Traditional, high quality, multipurpose 100% cotton crepe bandage.

Available sterile and non-sterile.

- Permeable to air
- Absorbs perspiration
- Comfortable to wear
- Conforms well to the body
- Soft and supple
- Neat and clean appearance

### Suggested Applications:

- Provides support, padding and protection
- Supportive bandage for strains, sprains, injuries to tendons or muscles
- For light compression over wide areas
- For support and relief subsequent to removal of plaster casts
- For skin grafts and pressure dressing for burns



### Ordering Information:

Short Code	Description	Size*	Packaging
<b>10501</b>	3M™ Crepe Stretch Bandages	25mm x 1.5m (25mm x 4.5m stretched)	24 Rolls/Bag 15 Bags/Carton
<b>10502</b>	3M™ Crepe Stretch Bandages	50mm x 1.5m (50mm x 4.5m stretched)	12 Rolls/Bag 60 Bags/Carton
<b>10503</b>	3M™ Crepe Stretch Bandages	75mm x 1.5m (75mm x 4.5m stretched)	12 Rolls/Bag 40 Bags/Carton
<b>10504</b>	3M™ Crepe Stretch Bandages	100mm x 1.5m (100mm x 4.5m stretched)	12 Rolls/Bag 30 Bags/Carton
<b>10506</b>	3M™ Crepe Stretch Bandages	150mm x 1.5m (150mm x 4.5m stretched)	12 Rolls/Bag 20 Bags/Carton
<b>10502S</b>	3M™ Crepe Stretch Bandages - Sterile	50mm x 1.5m (50mm x 4.5m stretched)	480 Rolls/Carton
<b>10503S</b>	3M™ Crepe Stretch Bandages - Sterile	75mm x 1.5m (75mm x 4.5m stretched)	240 Rolls/Carton
<b>10504S</b>	3M™ Crepe Stretch Bandages - Sterile	100mm x 1.5m (100mm x 4.5m stretched)	240 Rolls/Carton
<b>10506S</b>	3M™ Crepe Stretch Bandages - Sterile	150mm x 1.5m (150mm x 4.5m stretched)	120 Rolls/Carton

\* Stretched length given in brackets



## 3M™ Coban™ 2 Layer Compression System

A low-profile, comfortable compression system that goes on in just two easy steps.

The system consists of an inner comfort layer and an outer compression layer that are fast and easy to apply. After application, the two layers cohere together, providing comfortable, effective compression. This thin, lightweight system allows patients to wear normal footwear.

### Product Benefits:

- Soft, gentle foam layer provides patient comfort.
- Cohesive outer layer delivers sustained compression.
- Revolutionary interlocking materials help reduce slippage.
- Thin, lightweight design allows patients to wear normal footwear.
- Can be worn up to seven days.
- An all latex-free product.



### Suggested Applications:

For treatment of oedema associated with venous leg ulcers and related conditions.

### Ordering Information:

Short Code	Description	Size	Packaging
2094	3M™ Coban™ 2 Layer Compression System	Roll 1 – Comfort Layer 10cm x 2.7m Unstretched Roll2 – Compression Layer 10cm x 4.7m Fully stretched. Each kit contains 2 rolls	1 Kit/Box 8 Box/Case



## 3M™ Coban™ Self-Adherent Wrap and 3M™ Coban™ LF (Latex Free) Self-Adherent Wrap

The self-adherent elastic wrap that functions like a tape, but sticks only to itself.

- Maintains degree of compression you chose over time
- Sticks to itself without adhesive – needs no pins or clips
- Protects primary dressing
- Wrap will not slip so no need for frequent readjustment
- Available sterile, non-sterile and latex free\*
- Also available in a variety of colours and sizes

### Suggested Applications:

- Post-op leg wrap or sterile drape stabilisation
- Securing I.V.s and other devices
- Partial immobilisation
- Overwrap for Unna's boot
- Compression bandage



### Ordering Information:

Short Code	Description	Size**	Packaging
<b>1581</b>	3M™ Coban™ Self-Adherent Wrap - Tan	25mm x 4.5m	5 Roll/Pack 6 Pack/Case
<b>1582</b>	3M™ Coban™ Self-Adherent Wrap - Tan	50mm x 4.5m	36 Roll/Case
<b>1583</b>	3M™ Coban™ Self-Adherent Wrap - Tan	75mm x 4.5m	24 Roll/Case
<b>1583N</b>	3M™ Coban™ Self-Adherent Wrap - Bright Color Assortment	75mm x 4.5m	12 Roll/Case
<b>1584</b>	3M™ Coban™ Self-Adherent Wrap - Tan	100mm x 4.5m	18 Roll/Case
<b>1584L</b>	3M™ Coban™ Self-Adherent Wrap, Longer Length - Tan	100mm x 6m	18 Roll/Case
<b>1584S</b>	3M™ Coban™ Self-Adherent Wrap – Tan, Sterile	100mm x 4.5m	18 Roll/Case
<b>2084</b>	3M™ Coban™LF Self-Adherent Wrap – Tan, Latex Free	100mm x 4.5m	18 Roll/Case
<b>1586</b>	3M™ Coban™ Self-Adherent Wrap - Tan	150mm x 4.5m	12 Roll/Case

\* **Caution:** 3M™ Coban™ Self-Adherent Wrap contains natural rubber latex which may cause allergic reactions.

\*\* Fully Stretched Length

# Surgical Tapes



## 3M™ Micropore™ Surgical Tape

The dependable choice for a gentle, general purpose paper tape.

- Gentle to the skin, conformable
- Porous, highly breathable to maintain skin integrity
- Adheres well on damp skin
- Hypoallergenic and latex free

### Suggested Applications:

- Securing small to medium dressings
- Securing lightweight tubing
- Securing ostomy appliances
- Taping fragile, at-risk skin
- When repeated taping is needed



### Ordering Information:

Short Code	Description	Size	Packaging
1530-0	3M™ Micropore™ Surgical Tape - Standard	1.25cm x 9.14m	24 Rolls/Box 10 Box/Case
1530-1	3M™ Micropore™ Surgical Tape - Standard	2.5cm x 9.14m	12 Rolls/Box 10 Box/Case
1530-2	3M™ Micropore™ Surgical Tape - Standard	5.0 cm x 9.14 m	6 Rolls/Box 10 Box/Case
1530-3	3M™ Micropore™ Surgical Tape - Standard	7.5cm x 1. 37m	4 Rolls/Box 10 Box/Case
1530S-1	3M™ Micropore™ Surgical Tape – Single Use	2.5cm x 1. 37m	100 Rolls/Box
1533-0	3M™ Micropore™ Surgical Tape - Tan	1.25cm x 9.14m	24 Rolls/Box 10 Box/Case
1533-1	3M™ Micropore™ Surgical Tape - Tan	2.5cm x 9.14m	12 Rolls/Box 10 Box/Case
1533-2	3M™ Micropore™ Surgical Tape - Tan	5.0cm x 9.14m	6 Rolls/Box 10 Box/Case
1535-0	3M™ Micropore™ Surgical Tape – Dispenser Pack	1.25cm x 9.14m	24 Rolls/Box 10 Box/Case
1535-1	3M™ Micropore™ Surgical Tape – Dispenser Pack	2.5cm x 9.14m	12 Rolls/Box 10 Box/Case
1535-2	3M™ Micropore™ Surgical Tape – Dispenser Pack	5.0cm x 9.14m	6 Rolls/Box 10 Box/Case



## 3M™ Transpore™ Surgical Tape

Transparent, perforated plastic tape that tears easily, works reliably.

- Easy, straight bi-directional tear
- Easy to handle with gloves
- Good adhesion to skin and tubing
- Transparent, porous
- Hypoallergenic and latex free
- Water resistant



### Suggested Applications:

- Securing tubing and devices (e.g., catheters, I.V. tubing)
- Anchoring bulky dressings
- When tape width must be customised

### Ordering Information:

Short Code	Description	Size	Packaging
1527-0	3M™ Transpore™ Surgical Tape	1.25cm x 9.14m	24 Rolls/Box 10 Box/Case
1527-1	3M™ Transpore™ Surgical Tape	2.5cm x 9.14m	12 Rolls/Box 10 Box/Case
1527-2	3M™ Transpore™ Surgical Tape	5.0cm x 9.14m	6 Rolls/Box 10 Box/Case



## 3M™ Transpore™ White Dressing Tape

Gentle tape with strong adhesion and easy, bi-directional tear for dressing and device secural.

- Gentle to skin
- Breathable to maintain skin integrity
- Good initial and long-term adhesion (72 hours)
- Easy to handle with gloves
- Hypoallergenic and latex free
- Water resistant



### Suggested Applications:

- To secure dressings to damp or dry skin
- To tape fragile, at-risk skin
- For repeated taping
- Anchoring tubing and devices

### Ordering Information:

Short Code	Description	Size	Packaging
1534-0	3M™ Transpore™ White Dressing Tape	1.25cm x 9.14m	24 Rolls/Box 10 Box/Case
1534-1	3M™ Transpore™ White Dressing Tape	2.5cm x 9.14m	12 Rolls/Box 10 Box/Case
1534-2	3M™ Transpore™ White Dressing Tape	5.0cm x 9.14m	6 Rolls/Box 10 Box/Case



## 3M™ Medipore™ Soft Cloth Surgical Tape

**Soft, gentle, conformable tape that is easy-to-use and easy on the skin.**

- Easy-tear perforated rolls
- Gentle, breathable to maintain skin integrity
- Excellent cross and diagonal stretch
- Easy to handle – no curling or self-adhesion
- No paper liner on roll tapes
- Hypoallergenic and latex free
- Water resistant



### Suggested Applications:

- Securing dressings and ostomy pouches to fragile skin
- When repeated taping is needed
- Anchoring post-surgical dressings
- Used as retentive sheeting over gauze
- Securing over areas where skin may stretch  
(e.g., edema, distention, hematoma formation or movement)

### Ordering Information:

Short Code	Description	Size	Packaging
<b>2961</b>	3M™ Medipore™ Soft Cloth Surgical Tape	2.5cm x 9.14m	24 Rolls/Box 1 Box/Case
<b>2962</b>	3M™ Medipore™ Soft Cloth Surgical Tape	5.0cm x 9.14m	12 Rolls/Box 1 Box/Case
<b>2963</b>	3M™ Medipore™ Soft Cloth Surgical Tape	7.5cm x 9.14m	12 Rolls/Box 1 Box/Case
<b>2964</b>	3M™ Medipore™ Soft Cloth Surgical Tape	10cm x 9.14m	12 Rolls/Box 1 Box/Case
<b>2966</b>	3M™ Medipore™ Soft Cloth Surgical Tape	15cm x 9.14m	12 Rolls/Box 1 Box/Case
<b>2968</b>	3M™ Medipore™ Soft Cloth Surgical Tape	20cm x 9.14m	6 Rolls/Box 1 Box/Case



### 3M™ Medipore™ H Soft Cloth Surgical Tape

The same soft, conformable tape as standard Medipore tape, but with increased gentleness and stronger adhesion for more challenging applications.

- Easy-tear perforated rolls
- Gentle, breathable to maintain skin integrity
- Excellent cross and diagonal stretch
- Easy to handle – no curling or self-adhesion
- No paper liner on roll tapes
- Hypoallergenic and latex free
- Water resistant
- Gentler
- Higher adhesion
- More breathable
- Water resistant



#### Suggested Applications:

- When repeated taping is needed
- Securing over areas where skin may stretch  
(e.g., edema, distention, hematoma formation or movement)

#### Ordering Information:

Short Code	Description	Size	Packaging
<b>2862</b>	3M™ Medipore™ H Soft Cloth Surgical Tape	5.0cm x 9.14m	12 Rolls/Box 1 Box/Case
<b>2863</b>	3M™ Medipore™ H Soft Cloth Surgical Tape	7.5cm x 9.14m	12 Rolls/Box 1 Box/Case
<b>2864</b>	3M™ Medipore™ H Soft Cloth Surgical Tape	10cm x 9.14m	12 Rolls/Box 1 Box/Case
<b>2866</b>	3M™ Medipore™ H Soft Cloth Surgical Tape	15cm x 9.14m	12 Rolls/Box 1 Box/Case





## 3M™ Durapore™ Surgical Tape

Silk-like cloth tape with strong adhesion for securing bulky dressings, heavier tubing and small splints.

- High strength, versatile, conformable
- Adheres well to dry skin
- Convenient bi-directional tear
- Hypoallergenic and latex free
- Water resistant

### Suggested Applications:

- Securing tubing and devices
- Anchoring bulky dressings
- Immobilising fingers and toes
- Stabilising finger splints



### Ordering Information:

Short Code	Description	Size	Packaging
1538-0	3M™ Durapore™ Surgical Tape	1.25cm x 9.14m	24 Rolls/Box 10 Box/Case
1538-1	3M™ Durapore™ Surgical Tape	2.5cm x 9.14m	12 Rolls/Box 10 Box/Case
1538-2	3M™ Durapore™ Surgical Tape	5.0cm x 9.14m	6 Rolls/Box 10 Box/Case
1538-3	3M™ Durapore™ Surgical Tape	7.5cm x 9.14m	4 Rolls/Box 10 Box/Case



### 3M™ Microfoam™ Surgical Tape

Highly conformable elastic foam tape that stretches for compression applications, or securing dressings on challenging areas.

- Secure adhesion and highly conformable
- Can be used to provide compression
- Water resistant
- Hypoallergenic and latex free

#### Suggested Applications:

- Securing dressings where movement is likely
- Compression dressings over cardiovascular/angio sites, breast biopsies and other surgical sites
- Provides cushioning as needed



#### Ordering Information:

Short Code	Description	Size*	Packaging
1528-1	3M™ Microfoam™ Surgical Tape	2.5cm x 5m	12 Rolls/Box 6 Box/Case
1528-2	3M™ Microfoam™ Surgical Tape	5.0cm x 5m	6 Rolls/Box 6 Box/Case
1528-3	3M™ Microfoam™ Surgical Tape	7.5cm x 5m	4 Rolls/Box 6 Box/Case
1528-4	3M™ Microfoam™ Surgical Tape	10.1cm x 5m	3 Rolls/Box 6 Box/Case

\* Stretched Length



## 3M™ Blenderm™ Surgical Tape

Occlusive, transparent plastic tape that protects from external fluids and contaminants.

- Waterproof barrier
- Flexible
- Transparent to allow monitoring
- Hypoallergenic and latex free

### Suggested Applications:

- Protecting dressings from external moisture, fluids, contaminants
- Enhancing penetration of topical medications
- Dermatological patch testing



### Ordering Information:

Short Code	Description	Size	Packaging
1525-0	3M™ Blenderm™ Surgical Tape	1.25cm x 4.5m	24 Rolls/Box 10 Box/Case
1525-1	3M™ Blenderm™ Surgical Tape	2.5cm x 4.5m	12 Rolls/Box 10 Box/Case
1525-2	3M™ Blenderm™ Surgical Tape	5.0cm x 4.5m	6 Rolls/Box 10 Box/Case

# Skin Closures

## 3M™ Steri-Strip™ Adhesive Skin Closures (reinforced)

Designed to make wound closure fast and simple.

Sterile skin closure strips that are made of a porous, non-woven backing coated with a pressure-sensitive, hypoallergenic adhesive and reinforced with polyester filaments for added strength.

- Breathable
- Hypoallergenic adhesive
- Provides wound support and assists in increasing the tensile strength of the wound
- Provides better cosmetic outcome than sutures or staples\*
- Less infection potential than suture and staple use
- Enhances patient comfort
- Fast application



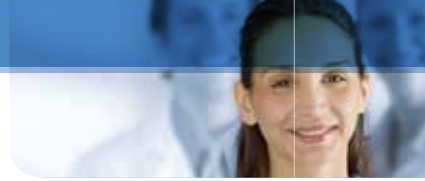
### Suggested Applications:

- Closure of lacerations or surgical incisions
- Low-tension wounds
- Wound support following early suture or staple removal

### Ordering Information:

Short Code	Description	Size	Packaging
<b>R1540</b>	3M™ Steri-Strip™ Adhesive Skin Closures (reinforced) - 5 strips/envelope	3mm x 75mm	50 Env/Box 4 Box/Case
<b>R1541</b>	3M™ Steri-Strip™ Adhesive Skin Closures (reinforced) - 3 strips/envelope	6mm x 75mm	50 Env/Box 4 Box/Case
<b>R1542</b>	3M™ Steri-Strip™ Adhesive Skin Closures (reinforced) - 6 strips/envelope	6mm x 38mm	50 Env/Box 4 Box/Case
<b>R1546</b>	3M™ Steri-Strip™ Adhesive Skin Closures (reinforced) - 10 strips/envelope	6mm x 100mm	50 Env/Box 4 Box/Case
<b>R1547</b>	3M™ Steri-Strip™ Adhesive Skin Closures (reinforced) - 6 strips/envelope	12mm x 100mm	50 Env/Box 4 Box/Case
<b>R1548</b>	3M™ Steri-Strip™ Adhesive Skin Closures (reinforced) - 4 strips/envelope	25mm x 125mm	25 Env/Box 4 Box/Case

\* Studies on file at 3M.



## 3M™ Steri-Strip™ Elastic Skin Closures

Sterile, flexible skin closure strips that are made of a porous, non-woven, elastic backing coated with a pressure-sensitive, hypoallergenic adhesive.

- Stretches and flexes with movement and swelling
- Breathable
- Hypoallergenic adhesive
- Provides wound support and assists in increasing the tensile strength of the wound
- Provides better cosmetic outcome than sutures or staples\*
- Less infection potential than suture and staple use
- Enhanced patient comfort, stays in place despite movement
- Fast application



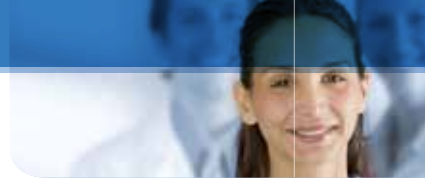
### Suggested Applications:

- For use in highly contoured areas or body areas of musculoskeletal movements, like joints
- For use in areas where swelling, edema, hematomas, or bloating may occur
- Closure of lacerations or surgical incisions
- Low-tension wounds
- Wound support following early suture or staple removal

### Ordering Information:

Short Code	Description	Size	Packaging
<b>E4540</b>	3M™ Steri-Strip™ Elastic Skin Closures - 5 strips/envelope	3mm x 75mm	50 Env/Box 4 Box/Case
<b>E4541</b>	3M™ Steri-Strip™ Elastic Skin Closures - 3 strips/envelope	6mm x 75mm	50 Env/Box 4 Box/Case
<b>E4542</b>	3M™ Steri-Strip™ Elastic Skin Closures - 6 strips/envelope	6mm x 38mm	50 Env/Box 4 Box/Case
<b>E4547</b>	3M™ Steri-Strip™ Elastic Skin Closures - 6 strips/envelope	12mm x 100mm	50 Env/Box 4 Box/Case
<b>E4549</b>	3M™ Steri-Strip™ Elastic Skin Closures - 6 strips/envelope	12mm x 50mm	50 Env/Box 4 Box/Case

\* Studies on file at 3M.



## 3M™ Steri-Strip™ Blend Tone Skin Closures

Sterile, light beige skin closure strips made of a porous, non-woven backing coated with a pressure-sensitive, hypoallergenic adhesive.

- Breathable
- Hypoallergenic adhesive
- Provides wound support and assists in increasing the tensile strength of the wound
- Provides better cosmetic outcome than sutures or staples\*
- Less infection potential than suture and staple use
- Enhanced patient comfort
- Blends with skin tone, not very visible
- Fast application



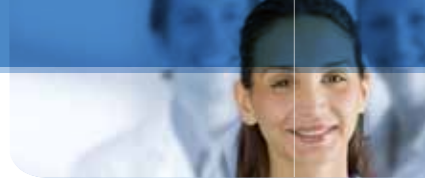
### Suggested Applications:

- For use in facial applications or where less-visible strips are desired
- Closing surgical incisions
- Providing wound support following early suture or staple removal

### Ordering Information:

Short Code	Description	Size	Packaging
<b>B1551</b>	3M™ Steri-Strip™ Blend Tone Skin Closures (non-reinforced) - tan, 3 strips/envelope.	6mm x 75mm	50 Env/Box 4 Box/Case

\* Studies on file at 3M.



## 3M™ Steri-Strip™ Wound Closure System

A sterile wound closure system that includes one reinforced 3M™ Steri-Strip™ Adhesive Skin Closure and one 3M™ Tegaderm™ Transparent Dressing.

- Breathable
- Hypoallergenic adhesive
- Provides wound support and assists in increasing the tensile strength of the wound
- Provides better cosmetic outcome than sutures or staples\*
- Less infection potential than suture and staple use
- Enhanced patient comfort
- Convenient to use
- Fast application
- Keeps wound protected, Steri-Strip closure secure, and allows patient to shower or bathe
- Reduces needs for dressing changes



### Suggested Applications:

- For use in skin closure applications where extra protection is required
- Arthroscopy portals
- Laparoscopy/cholecystectomy
- Skin tears

### Ordering Information:

Short Code	Description	Size	Packaging
<b>W8512</b>	3M™ Steri-Strip™ Wound Closure System - 1 closure/envelope	60mm x 48mm	25 Env/Box 4 Box/Case
<b>W8514</b>	3M™ Steri-Strip™ Wound Closure System - 3 closures/envelope	60mm x 48mm	25 Env/Box 4 Box/Case
<b>W8516</b>	3M™ Steri-Strip™ Wound Closure System - 5 closures/envelope	60mm x 48mm	25 Env/Box 4 Box/Case

\* Studies on file at 3M.

# Other Products



## 3M™Reston™ Self-Adhering Foam Products\*

Cushions and protects skin from damage.

- Easily cut and shaped
- Protects against abrasions, shearing and pressure
- Can be layered for greater thickness
- Adheres efficiently to cushion skin, casts, appliances and other devices.

### Suggested Applications:

- Versatile padding for skin protection
- Distributing body weight to help prevent skin breakdown and pressure ulcers
- Preventing skin damage from splints, casts and prostheses
- Use as a padding for devices like beds, chairs and operating room



### Ordering Information:

Short Code	Description	Size	Packaging
1563L	3M™ Reston™ Self-Adhering Foam - Light Support Pad	0.5cm thick 10cm x 5m	1 Roll/Pack 5 Pack/Case

*\* Contraindications: This product is not to be used as a dressing in post-surgical treatment procedures such as liposuction. Such uses can result in damage to the skin such as blistering or tearing which may lead to hypopigmentation and the risk of serious infection.*





## 3M™ Nexcare™ Hot and Cold Packs

A soft, gel-filled pack that can be used to provide hot or cold therapy. Be sure to follow the instructions for use found on the box and the pack.

- Stores conveniently in home freezer, remaining pliable and ready to use
- Reusable for cost savings and convenience

### Suggested Applications:

- Providing hot or cold pain relief
- Sprains, strains and bruising

### Ordering Information:



Short Code	Description	Size	Packaging
<b>2640</b>	3M™ Nexcare™ Instant Cold Pack		12 Each/Carton
<b>2646</b>	3M™ Nexcare™ Reusable Cold Pack		4 Each/Carton
<b>2671</b>	3M™ Nexcare™ Reusable ColdHot Pack with Cover		4 Each/Carton
<b>2671</b>	3M™ Nexcare™ Reusable ColdHot Pack with Cover		12 Each/Carton
<b>1570</b>	3M™ Nexcare™ Reusable ColdHot Pack with Cover	10cm x 25cm	2 Each/Box 10 Box/Carton

# Using Tape Effectively – Information Summary

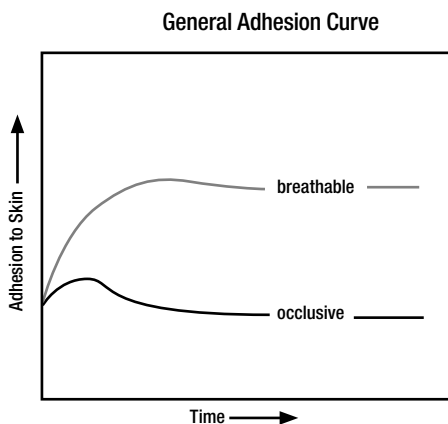


## 3M™ Pressure Sensitive Adhesives

All 3M™ Surgical Tapes and Adhesive Skin Closures feature adhesives that are:

- Hypoallergenic
- Free of natural rubber latex
- Pressure sensitive (adhere with only finger or hand pressure)
- Designed to be as gentle as possible yet deliver the desired performance

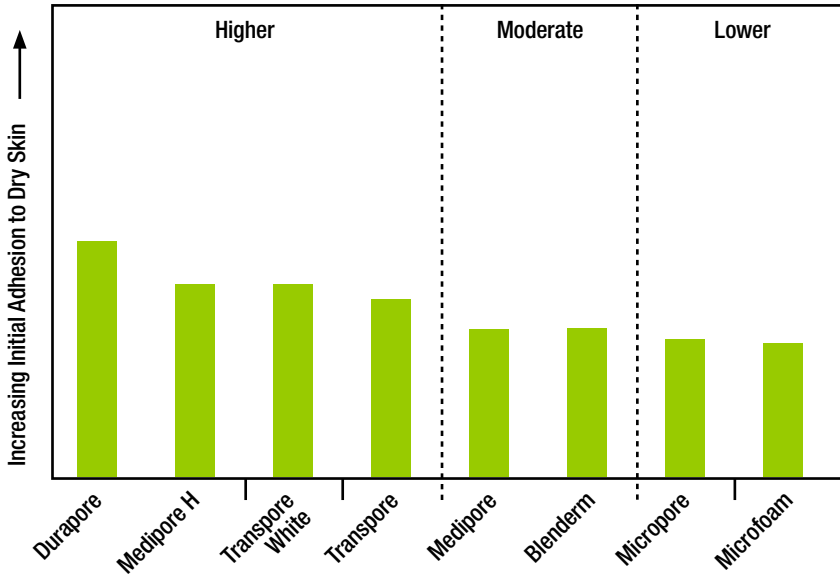
In general, tape adhesion builds over time, with the fastest rate of increase during the first 24 hours.



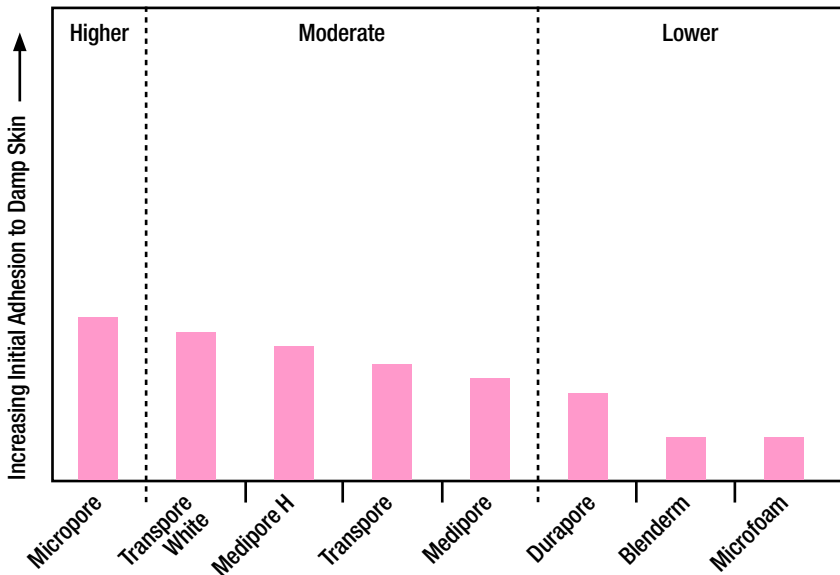
Use the educational materials on the following pages to guide your selection of tape and skin closure products to give the desired result: the safe, effective securement of devices and dressings, or closure of low-tension wounds with minimal risk of skin damage.



### Average initial adhesion to dry skin

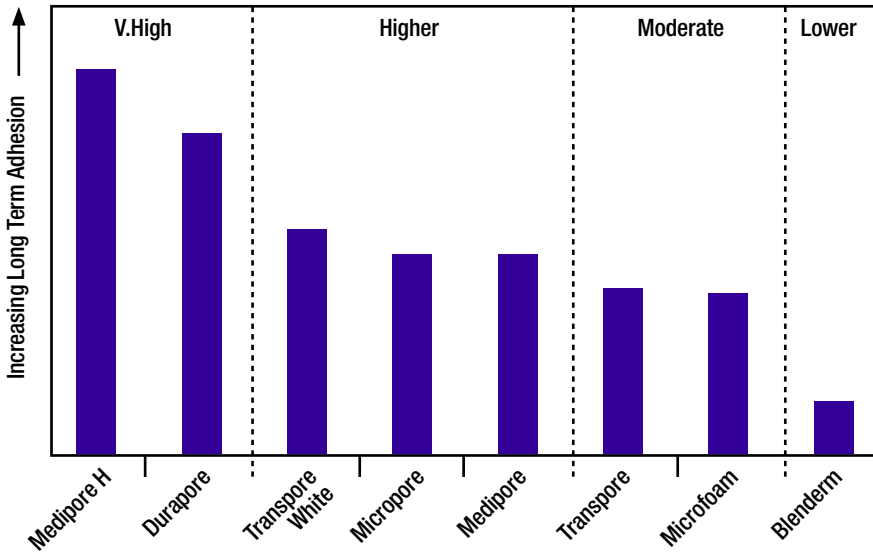


### Average initial adhesion to damp skin

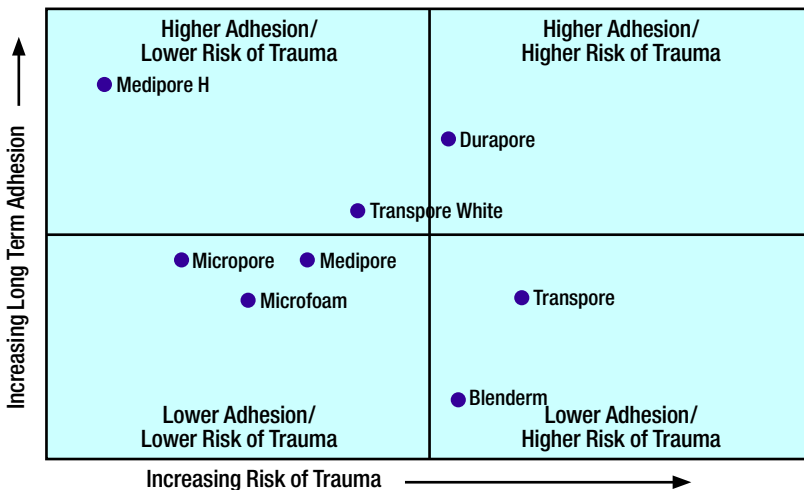




## Average long term adhesion to dry skin (48 hrs.)



## Relationship between adhesion and risk of skin trauma



# Considerations in Choosing a Tape For Tube Or Dressing Secural



## I. Degree of importance of tube or dressing

- The more critical the tubing/dressing, the higher the adhesion required.
- Strength of adhesion and backing may be more important than gentleness.
- Gentle tapes with higher adhesion may be used without increasing the risk of skin trauma if properly applied and removed.
- Some tapes are less gentle (e.g. 3M™ Durapore™ Tape) but are used for:
  - high initial adhesion
  - high long-term adhesion
  - high strength of backing

## II. Surface characteristics

### Skin

- Dry
- Damp
- Diaphoretic
- Wet: secretions, leaking tubes
- Weeping
- Macerated
- Oily
- Hairy
- Edematous
- Intact vs. impaired skin integrity
- Elastic vs. non-elastic
- Fragile skin (elderly, very young)

- “At-risk” (e.g., patient on systemic corticosteroids, chemotherapy; malnourished)
- Flexing

### Dressing

- Material
- Weight
- Conformability

### Device

- Contour
- Weight
- Material: metal, plastic, other

### Tubing

- Diameter: small, large
- Texture: smooth, ribbed, other
- Material: PVC, silicone, other
- Weight
- Length
- Potential for drag or pull
- Other support (e.g., sutures, tunneling)

- Heavy tubings require higher adhesion.
- Bulky dressings require high conformability and may require greater adhesion.
- Individual results may vary.

## III. Activity level of patient

The more active the patient, the higher the adhesion required.

## IV. Potential for skin surface distention or movement

The risk of skin damage may be reduced by using tapes that stretch with skin distention or movement.

## V. Anticipated wear time

Tape adhesion generally builds over time. Occlusive plastic tapes promote moisture build up. They are best used short term since adhesion decreases over time. Breathable tapes should be used for longer term wear.

## VI. History and current medical conditions

For example, allergies/sensitivities to medical adhesives, medications, medical conditions.

# Tape Selection



**Table A**

## When you need a tape that stretches

(e.g., anticipate edema, distention, hematoma formation or movement; compression)

	Lower Adhesion	Moderate Adhesion	Higher Adhesion
Dry Skin	<i>Microfoam</i>	<i>Medipore</i>	<i>Medipore H</i>
Damp Skin	<i>Microfoam</i>	<i>Medipore H</i> <i>Medipore</i>	

**Table B**

## General secural when stretch is not needed

	Lower Adhesion	Moderate Adhesion	Higher Adhesion
Dry Skin	<i>Micropore</i>	Blenderm	Durapore <i>Transpore White</i> Transpore
Damp Skin	Durapore Blenderm	<i>Transpore White</i> Transpore	<i>Micropore</i>

“Stretchable” tape such as: Medipore, Medipore H, and Microfoam tapes may also be used for general secural (see Table A).

**Table C**

## High risk or delicate skin

	Lower Adhesion	Moderate Adhesion	Higher Adhesion
Dry Skin	<i>Microfoam</i> <i>Micropore</i>	<i>Medipore</i>	<i>Medipore H</i> <i>Transpore White</i>
Damp Skin	<i>Microfoam</i>	<i>Transpore White</i> <i>Medipore H</i> <i>Medipore</i>	<i>Micropore</i>

For critical tubings/dressings, strength of adhesion and backing may be more important than gentleness. (See pages 48-49 for ways to reduce the risk of superficial skin damage.)

### KEY:

*Italicized type* = Tapes that stretch

*Pink type* = Very gentle tapes

*Blue type* = Gentle tapes

# Tape Application

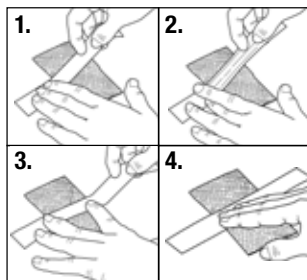


1. Select the correct size and type of tape for the application.
2. Clip hair, if necessary.
3. Apply 3M™ Cavilon™ No Sting Barrier Film to protect at-risk skin.  
When thoroughly dry, tape may be applied over it.
4. Minimise touching of adhesive.
5. Apply tape without tension to clean, dry skin.
6. Smooth tape in place with smooth, gentle pressure. Avoid gaps and wrinkles.  
In general, do not encircle a limb completely with tape.
7. Rub in place to get a good seal.



## A. General taping

Apply the tape without tension, gently but firmly stroking the surface to maximise adhesion. Tape should extend at least one-half inch beyond the dressing. Tape should not be pulled or stretched when applied. If swelling does occur, loosen and re-fasten or replace tape to relieve the tension.



## B. When compression is needed

1. Place first section of tape without tension onto skin on one side of the dressing, gently pressing downward.
2. With one hand, secure tape on one edge of the dressing while slightly stretching next section of tape over the dressing.
3. Secure tape on opposite edge of the dressing.
4. Press remaining tape onto skin without tension.

Compression should come from the multiple layers of dressing material, not from excessive tension in the tape. Skin distention under tape may result in blistering and should be relieved as soon as possible.



## C. When distention is anticipated

Use a tape that stretches or a self-adherent wrap to secure the dressing or tubing. Foam tapes generally stretch in all directions. Nonwoven soft cloth tapes, such as 3M™ Medipore™ Soft Cloth Surgical Tape, stretch in the cross-direction and on the bias. The direction of the stretch should be considered when securing a dressing or tubing to an area that is at high risk for distention, edema, hematoma formation, or movement. Anecdotally, applying soft cloth tape parallel to the incision appears to be associated with fewer skin tension injuries than taping perpendicular to the incision.

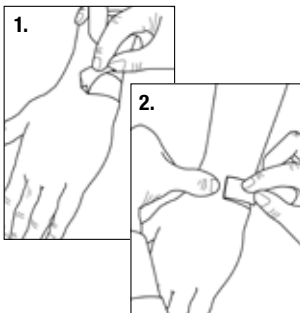
# Tape and Transparent Dressing Removal



Proper tape removal is critical in reducing the occurrence of traumatic skin injuries.

## A. Tape strips.

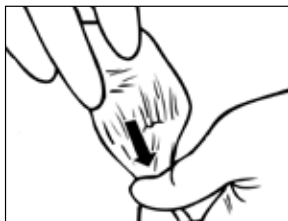
1. Loosen edges of tape. If necessary, press a small piece of tape onto a corner to start an edge of the tape.
2. Stabilise the skin with one finger. Remove tape “low and slow” in direction of hair growth, keeping it close to skin surface and pulled back over itself. Removing tape at an angle will pull at the epidermis increasing risk of mechanical trauma. As tape is removed, continue supporting newly exposed skin.
3. For tape that is strongly adhered to skin or hair, you may consider using a medical grade adhesive remover or moisturiser to soften the adhesive along the peel line (peel edge).



## B. 3M™ Tegaderm™ Transparent Dressing.

### Stretch method

- Grasp one edge or catch a “corner” of the Tegaderm dressing with a piece of tape.
- Gently lift edge.
- With other hand, place fingers on top of dressing to support skin.
- Gently stretch the Tegaderm dressing straight out and parallel to skin. This will release the adhesion of the dressing to the skin.



As the Tegaderm dressing is loosened, you may either (1) alternately stretch and relax the dressing or (2) “walk” your fingers under the dressing to continue stretching it. With both approaches, one hand continually supports the skin adhered to the Tegaderm dressing.

### Tape method

This procedure is similar to the method described for removing tape strips.

- Stabilise skin next to the Tegaderm dressing.
- With other hand, grasp one edge of the dressing.
- Slowly peel dressing back over itself, “low and slow,” in direction of hair growth. Removing dressing at an angle will pull at the epidermis, increasing risk of mechanical trauma. As dressing is removed, continue moving finger as necessary, supporting newly exposed skin.





# Two Common Taping Concerns



## Tape doesn't stick?

The problem might be:

## Skin damage?

The problem might be:

### Skin preparation

- Moist or oily skin
- Soap/moisturiser on skin
- Prep solution containing surfactant or glycerin was not allowed to dry
- Vigorous alcohol prep
- Sensitivity to tackifier
- Skin irritated/denuded before tape applied

### Application/removal technique

- Repeated touching of adhesive
- Area under tape distended or moved
- Tape not gently & firmly stroked after applying
- Gaps left between tape and tubing/dressing
- Loose tape edges
- "Folded tab" left on tape
- Tubing subjected to tension/pulling
- Too much moisture (maceration)
- Tape applied under tension
- Traumatic removal
- Tape removed at an angle
- Skin not supported during tape removal
- Too much tape
- Area completely encircled with tape



### Choice of tape

- Adhesive not strong enough for the particular application, for example:
  - very active patient
  - patient pulls at tubing/dressing
  - heavy device or tubing
  - lacking tension loop
  - "critical" application
- Tape too stiff to conform to contours
- Inappropriate tape for degree of skin moisture or surface of dressing/device
- Adhesion may vary depending on skin type and body chemistry; if one tape doesn't adhere, consider selecting another 3M surgical tape
- "Non-stretch" tape used on area that "expanded" (e.g., oedema, hematoma formation, distention) or moved
- Adhesive more aggressive than needed
- Occlusive tape left on too long
- Patient sensitive to specific adhesive
- Irritating tape or substance placed over perforated or porous tape





# Reducing the Risk of Superficial Skin Damage Related to Adhesive Use



Superficial skin damage can occur when adhesive products are used. Skin stripping and tension blisters are the most common problems associated with taping. Many of these injuries may be prevented by correct use including careful attention to skin preparation, choice of tape, and proper application and removal of tape. Less common types of skin damage are irritant contact dermatitis, allergic contact dermatitis, folliculitis and maceration. A small percentage of individuals may experience hypopigmentation or hyperpigmentation of the skin following the removal of an adhesive product. Similar problems may occur with skin closure strips.

Problem	Cause	To reduce the risk of injury
 <p>Stripping</p>	<p>A partial thickness injury occurring when adhesive bond between tape and skin is greater than the bond between epidermis and dermis. As tape is removed, the epidermis remains attached to the adhesive, resulting in epidermal damage or a painful area of exposed dermis. Degree of stripping varies with skin condition, adhesive characteristics, and frequency of taping.</p>	<ul style="list-style-type: none"> <li>• Use gentle, hypoallergenic tape</li> <li>• Match strength of adhesive to clinical needs and skin condition</li> <li>• Apply tape to clean, dry skin</li> <li>• For high risk patients, avoid using skin tackifiers under tape</li> <li>• Protect skin with 3M™ Cavilon™ No Sting Barrier Film allowing it to dry before taping</li> <li>• If repeated taping is anticipated, consider applying tape over a platform</li> <li>• Use proper removal technique</li> </ul>
 <p>Mechanical injury due to tension</p>	<p>The most common causes of tension injury are inappropriate strapping of tape during application and distention of skin under an unyielding tape. Strapping tape across skin is mistakenly thought to increase adhesion. As the tape backing resists stretch or regains its original shape, the epidermis begins to lift. This results in “tension blisters” typically seen at ends of the tape. Skin tears may occur before a blister even forms. Tension injuries may also occur when oedema, hematoma formation, or distention distorts the skin surface or when a joint or other area of movement is covered with an unyielding tape.</p>	<ul style="list-style-type: none"> <li>• Apply tape without tension</li> <li>• Identify patients at high-risk: fragile skin, medical conditions (e.g., long-term corticosteroid use, malnutrition) or surgical procedures where oedema or distention is expected (abdominal, orthopedic)</li> <li>• Protect skin with 3M™ Cavilon™ No Sting Barrier Film</li> <li>• If swelling or movement is expected, use a tape that stretches. Apply tape so direction of stretch corresponds with direction of swelling</li> <li>• If desired, compression may be obtained by carefully stretching tape over a dressing while securing the tape to the skin without tension.</li> <li>• If distention or oedema is noted, loosen, reposition, or replace tape</li> </ul>



Problem	Cause	To reduce the risk of injury
 <p>Non-Allergic Contact Dermatitis</p>	<p>A non-allergic contact dermatitis may result when chemical irritants such as tackifiers or some skin preparations are trapped between adhesive and skin. The affected area will correlate to the area of exposure and may appear reddened, swollen, blistered, or weeping.</p>	<ul style="list-style-type: none"> <li>• Assure that skin is clean and dry before applying tape</li> <li>• Protect skin with 3M™ Cavilon™ No Sting Barrier Film allowing it to dry before applying tape</li> <li>• If possible, avoid using tackifiers</li> </ul>
 <p>Allergic Contact Dermatitis</p>	<p>Allergic reactions are cell-mediated immunologic responses to a particular component of a tape adhesive or backing and occur infrequently. Patients may be mistakenly identified as having tape allergies when, in fact, they have experienced a non-allergic contact dermatitis. Clinical signs include well-defined areas of erythema and oedema; vesicles may be present, as well as small erosions.</p>	<ul style="list-style-type: none"> <li>• Identifying type of tape causing sensitivity</li> <li>• Options may include identifying an alternative hypoallergenic tape or contacting tape manufacturer for assistance</li> <li>• Using 3M™ Cavilon™ No Sting Barrier Film may not prevent an allergic reaction</li> </ul>
 <p>Folliculitis</p>	<p>Folliculitis is an inflammation of the hair follicle caused by shaving or entrapment of bacteria.</p>	<ul style="list-style-type: none"> <li>• Use a clipper or depilatory preparation if hair removal is necessary</li> </ul>
 <p>Maceration</p>	<p>Maceration refers to skin changes seen when moisture is trapped against the skin for a prolonged period. The skin will turn white or gray, softens and wrinkles. Macerated skin is more permeable and prone to damage from friction and irritants.</p>	<ul style="list-style-type: none"> <li>• Keep taped skin clean and dry</li> <li>• Replace tape if soiled</li> <li>• Use breathable tape in moist areas</li> <li>• Avoid occlusive tapes unless clinically indicated</li> </ul>

## For more information

For more information, contact your local 3M Sales Representative,  
or call the 3M Health Care Customer Helpline on

**0800 80 81 82**

3M's knowledgeable sales force is also available to train health care professional  
in the use of all 3M Skin Health products.



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