

TRAIL



TIPS

Sons in Retirement, Inc.

Mission Trail Branch 35

Los Altos, California

Branch 35 web site: www.sirinc2.org/branch35/

March, 2020

– NEXT MEETING –

3rd Wednesday, March 18, 2020

Elks Lodge, 4249 El Camino Real, Palo Alto

Social Hour 11 a.m. – Lunch 11:55 a.m.

Please, **IF BRINGING A GUEST OR
NOT ATTENDING!**

CALL 650-823-0702

or E-MAIL sir35notify@gmail.com

by **SATURDAY, Mar 14th (Leave name and badge #)**

PROGRAM

Speaker: Edward Karpman, MD, FACS

Topic: "Sex and the Senior Male"



Our speaker for March will discuss a topic that has already created great anticipation among our members. Dr. Ed Karpman is the head of the Male Health Center for El Camino Hospital. He leads a team of doctors who specialize in diagnosis and treatment of erectile dysfunction, urinary issues and prostate problems. He has written and taught extensively on these subjects and developed unique surgical solutions for his patients.

Dr. Karpman joined the practice of El Camino Urology Medical Group, Inc. after completing his fellowship in Male Reproductive and Sexual Medicine and Surgery at Baylor College of Medicine in Houston, TX and his residency at the University of California, Davis. He is a national proctor for the minimally invasive penile implant procedure and Greenlight laser procedure and has developed and published his own technique for laser enucleation (*a type of laser surgery used to treat blockage of urine flow*) of the prostate.

This will be a great time to invite a guest to join us for lunch on March 18th.

The Big Sir Says . . .

Yesterday (February 27th) I attended the State SIR Town Hall meeting in San Jose where Ed Benson, our SIR president, reviewed last year's statewide performance, updated us on this year's challenges and sought our advice on ways to improve the organization. Not surprisingly, Branch 35 is perceived to be doing extremely well and is looked to for advice. So congratulations to our large group of volunteer officers, directors, staff and activity chairmen.



The state SIR management team evaluates its organization on five criteria. Using their criteria, here is how I see our branch:

- 1) **Membership Stability** – it is assumed that members will leave due to a change in life status so the challenge is to be able to attract new and younger members (you sponsored 31 members in 2019);
- 2) **Membership Satisfaction** - last May we were the first branch to do a successful electronic survey in which you offered good advice but in summary told us "don't change anything, it's going well";
- 3) **Volunteer Recognition and Appreciation** – we have lots of great volunteers and most returned in 2020. If you'd liked to join this team please contact me. There is always room for talented members;
- 4) **Communications** – a) Del's monthly Tail Tips newsletter runs 7 to 8 pages long and you go to our website to get and read it, b) using our membership database we send you eMails which you read, and you can update your profile and pay your dues on-line and c) we've improved the look and content of our website;
- 5) **Leadership** – from my perspective our Branch Executive Council (BEC) – is staffed by passionate, enthusiastic, and skilled members - so the answer is a resounding "Yes". Tell me what you think!!

Branch 35, you deserve an A+ as an organization.

Thank you for your enthusiasm, participation and willingness to help. And remember to live by our mission statement: "Enrich the lives of our members through fun activities and events while making friends for life".

You can always eMail me your suggestions on how we can make this an even better branch for you.

Andy

adanver@ix.netcom.com

\$25 MARCH HOT-PLATE MENU \$25

Corned Beef with Cabbage

Red Potatoes

Carrots

Shamrock Cookies

To reserve a vegetarian meal, contact Terry Barnhart at
408-960-6674 or terry.b2007@sbcglobal.net

\$25 MARCH COLD-PLATE MENU \$25

Turkey, Ham, & Roast Beef Sandwiches

Salads, Assorted Chips and Shamrock Cookies

To reserve this meal, you must call 650-823-0702

or e-mail sir35notify@gmail.com by **SUNDAY, March 15th**

You may also make a permanent reservation for cold plates.

MARCH 2020 ROSTER

Active Members: 341 Net Monthly Change: 0

NEW MEMBERS

Roman Beyer (Joanna) 650-823-5503
11370 Page Mill Road roman@steinkebeyer.com
Los Altos Hills, CA 94022 Steinke Beyer, Inc., Exponent Inc.
Dining In/Out, Wine Group, Brewing, Cooking, Horseshoes,
Pickleball, Yoga

Dick Heiman (Siva) 650-678-6493
372 Virginia Avenue richardheiman@sbcglobal.net
San Mateo, CA 94402 Campbell Hausfeld
Gin Rummy, Pickleball, Poker, Pool

Darrell Monda (Betty Jo) 408-402-5674
780 Bicknell Road darrell.monda@tourfactory.com
Los Gatos, CA 95030 Champion International
Bocce, Book Club, Dining In/Out, Breakfast Club, Cooking,
Gardening, Veterans

MARCH ANNIVERSARIES: 10+ YEARS

Skip Ross	23	Jim Holman	15
Ben Director	20	Les Fisher	13
Gary Larson	20	Jim Harvey	13
Don Lintz	20	Carl Plescia	13
Larry Wright	20	Don Cameron	12
Robert Pittman	19	Howard Bull	11
Bob Willwerth	19	David Falconer	10
Ian Band	18	Bob Jones	10
Arden Anderson	15	Tom Smith	10

MARCH BIRTHDAYS

Russ Ayres	Dick Heiman	Pete Peterson
Terry Barnhart	Dirk Hoekstra	Paul Schutz
Kishen Bhagavan	Jim Holman	Bob Steinberg
Leonard Chan	Rick McColloch	Ray Taylor
John Daines	Joe Miller	Ian Thomson
Don Gladstone	Roy Mize	Phil Vanderwerf
Ron Grace	Dick Morris	Tony Vankessel
French Harris	Gene Opine	Milt Wehrman
Bob Hedges		

BOOK SWAP

TIM TOPOLE -650-793-0838
ttopole@yahoo.com

During the social hour before every luncheon, 11:00 a.m.

Bring a few and take a few – **FREE!** After the meeting, residuals go to Friends of the Library of Los Altos.

TRAIL BIRDS

DAVID SKURNICK 650-650-473-9263
daveskur@comcast.net

Rehearsal: 2nd Wednesday, March 11, 10:00 a.m. in the Choir Room, Los Altos Methodist Church.

Pre-Meeting Rehearsal: March 18, 11:00 a.m., Elks Lodge.

Parody Writers: Bob Simon, David Skurnick

Accompanist: Don Cameron

David Skurnick will write the parody for the March meeting. All are welcome to join our singing.

TRAVEL

LARRY GARDNER 650-776-1970
larry_gardner@xanda.com

SEE THE MARCH TRAVEL BULLETIN ON THE WEBSITE

BE SURE TO READ PAGES 4 AND 5 ABOUT NEW CHECK-IN COMPUTERS AND VOLUNTEERING FOR THE ANNUAL PICNIC!

TENNIS

SYD JACOBSEN 408-738-3233
sljacob@att.net

Every Monday and Thursday, starting at 8:00 a.m. at the Rinconada Park Courts – Located on Hopkins Avenue, off Newell near Embarcadero Road, Palo Alto. We play a relaxed doubles spin in open format. Sirs and non-Sirs alike are welcome.

DINING IN

ALAN GAUDIE 650-964-6510
alangaudie@yahoo.com

This activity is groups of couples who meet, eat, and share friendship on a bimonthly basis in a member's home. It has grown to 19 members who are organized into four groups. Contact me if you may be interested, we have periodic events to test the interest and, hopefully, start new groups or find people who would like to substitute. And we do have fun!

BRIDGE

MARK LEVI 650-305-9132
mlevi@comcast.net

The Bridge group flourishes, playing on the 2nd and 4th Wednesday afternoon of the month. If you enjoy bridge and want to get back in the game, please contact us and join us for a session

BIKING

JIM LUNT 408-252-6804
jamesdlunt@yahoo.com

2nd Thursday— March 12, 2020, 11:00 AM

Wives and guests welcome Rain cancels ride; Helmet mandatory
Coyote Hills / Alameda Creek — Niles/Fremont

Ride: We will begin the ride at the Coyote Hills Park and continue on the Alameda Trail to Niles where we will have lunch at a restaurant in downtown Niles. The ride is flat (at the start there are some rolling hills) and approximately 9 miles each way, with an optional loop for a scenic view of the bay that adds about one mile (a total ride of 19 miles).

Directions: Take Highway 84 across the Dumbarton Bridge past the toll booth to the first exit, which is Paseo Padre Parkway. Turn left and go one mile to Paterson Ranch Road; turn left. This is the entrance to Coyote Hills Park (there is a small sign). Go 1/2 mile to the park toll booth (\$5 per car or use your East Bay Regional Park District season pass). Continue another 1/2 mile over several speed bumps to the park office and museum; park there.

If you plan to ride or have questions, contact me (see above), or Gordon Tong at (408) 242-0557 or gordy6850@gmail.com so we can know when all have arrived at the start.

HIKING

DELL SMITH 650-968-5006
dellnmolly@sbcglobal.net

Friday, March 27, 2020 - Location to be Determined

Wives and guests are welcome

A location will be determined based upon suggestions from members and considering expected weather on hike day. Hikes are typically on moderate trails for about 5-7 miles. We hike in nearby hillside parks and open space preserves usually within a driving distance of 25 miles. Hikes start at the trailhead at 10:00AM. Bring water, a trail lunch, hiking shoes and clothing for weather conditions. Our February 28 hike was at Russian Ridge.

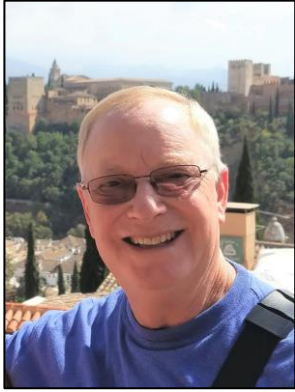
Contact me by phone or email if you would like to attend this hike, and if you have a suggestion as to a location. I will send out an email reminder about March 21, detailing the selected location. If you have not been receiving the hiking emails and would like to be included, let me know and I will add you to my list.

Member Profile

RON NAKAMOTO 408-440-2330
ron.nakamoto@yahoo.com

This monthly article highlights one of our branch members. We hope that you enjoy knowing a little more about your fellow members and the interesting life they have had. If you have someone you would like to nominate or if you would like to help author an article, please email ron.nakamoto@yahoo.com.

Jerry Belden



"Growing up in Napa... I didn't whine or 'wine & dine'. No, I caught tadpoles in a creek and hunted for arrowheads in the fields before all the vineyards were planted. Not to say there weren't any vineyards at the time, but many fewer. In the 50s, Napa was a small town of 17,000. For a kid and a teen, there was plenty of freedom to roam. At a younger age, riding my bike all over town was not a problem since traffic was light and distances were not great. In high school, cruising the 'Main' with friends downtown on weekend evenings was a fun activity.

"As a young teen, there were no video games, and we rarely watched TV. So, we did a variety of things that kids don't do much of today. One memorable event was the time a friend and I rode our bikes up a narrow, mountain road towards what is now Hess Vineyards. We were going to a place we called 'Broken Dam' on a creek beside the road. Unfortunately, my friend's bike chain broke near the dam, so we had a tricky time getting back. He coasted downhill on his bike using his shoes for brakes and on the flats, we used his bike chain as a rope so I could pull him using my bike. We got back after dark and our parents were quite worried.

"My sense of independence and enjoyment of the outdoors was probably tied to growing up in a small town with lots of freedom and plenty of open space nearby. As a boy, I participated in boy scouts and loved going to summer camp at Pinecrest Lake. I even swam across it but got a touch of hypothermia. I'm not doing that again.

"A little more background.... After leaving the Army, my dad entered Cal (U.C. Berkeley) and I was born a couple years later at Alta Bates hospital in Berkeley. I was later blessed with two sisters. A couple years after graduating from Cal, my dad got a job in Napa at the state hospital. He was a psychologist, which probably explains my quirks and interest in other people's problems. So, if I get too analytical in our conversations, my apologies.

"In the second grade I got an 'Erector Set', a great toy, which as kids some of you may also have had the pleasure of playing with. I loved making structures, which included a mini crane with a motor to hoist things. So, from that time on, I had it in my head that I was going to become an engineer. I went to Napa High, the only high school in town at that time. Besides all the usual classes, I took all the math courses including a college Calculus course at the JC. I also played a bit of tennis and took French classes through my senior year. I later used that French on several trips in France and became a bit of a 'Francophile'.

"Of course, since my dad went to Cal, I always assumed I would go there as well. Fortunately for me, one didn't need an A+ average to get in back then, so Cal Berkeley is where I went. I lived in a 'Co-Op' which was a somewhat reduced cost housing option where all the students were assigned 5 hr. / week work-shifts such as preparing or serving meals, doing maintenance, and cleaning common areas. As a result, it was a more hang loose experience where people could do what they wanted within reason. We had a basketball court and had regular Sunday tournaments which included a beer bust my first year there.

"I majored in electrical engineering. However, in my senior year I took a

couple programming classes, which I enjoyed, so I graduated with a 'Computer Option.' This was before the advent of the Computer Science degree. While going to college, I also worked at the student store to make some spending money. Fortunately, I made it out of Berkeley the year before the Vietnam protests and the teargassing started. Therefore, I was there at a rather dull time according to my wife.

"My first job out of college was at Philco-Ford Western Development Labs in Palo Alto. I took a job designing assembly language software tools including a trace/debugging tool for a new minicomputer. During my early years in technology, I worked at several different companies doing software, but shortly after the recession hit in 1970, job openings became limited. I can't exactly say how I got this bright idea, but I felt that I would like to help kids get excited about learning and off to a good start in life. This motivated me to enter the teaching profession, so I went back to Cal and obtained an elementary teaching credential.

"One benefit of getting a credential that I didn't initially realize was that it was a great place to meet young women. The men in my program were outnumbered five-to-one. It was a good move as I met Lindsay, who became my wife a couple years later. Our first date was at my apartment where I cooked her 'Mish-Mush', a dish she said tasted like its name. In spite of this, she married me and we've now been together over 40 years.

"The year after getting my credential, I taught 4th grade in Novato. Teaching made me realize that the kids in my class were the same as I was at that age, and I was conflicted about letting them get away with stuff vs. getting them to tow the line. So, after my one year of teaching, I decided to go back to work in tech partly because I felt I was better suited for it, and partly because of the better pay. My first job back in tech was at Measurix (process control systems) in Cupertino, which I really enjoyed. I was a software engineer and often the Team Leader, integrating the work of the various team members (physics group, process control, marketing, and support). I also went to customer sites to help with system installation. In this position, I often acted as a catalyst to make everything come together. I liked that part of the job a lot.

"After a few more years at Measurix, I realized that I was actually much less of a techie, and more of a people person. And it was clear I preferred working with people in many disciplines, and at a systems level. So, for my next job, I went to work at ROLM and worked in Product Management. The first product I was involved with was a PBX-integrated voice messaging system called PhoneMail. This product turned out to be the first truly viable medium to large-scale business voicemail system. Over time, I gradually moved to working on 'Call Center' solutions, and eventually became responsible for managing the relationships with several other companies whose products ROLM had integrated into its Call Center solutions.

"I worked at ROLM (which was later bought by IBM and then Siemens) for the majority of my career. But a couple years after the telecommunications industry slowed down dramatically in the early 2000's, I made a big change. I started selling Long Term Care insurance, and eventually Medicare products. That turned out to be very enjoyable, and I still help my existing clients today.

"For those of you who aren't totally familiar with the term 'long term care', it is not an uncommon part of aging. Many people eventually need some amount of assistance with everyday activities such as mobility, dressing, bathing, etc. due to physical or mental decline. The fact that people are generally living longer can exacerbate this need. The cost of long-term care can be very high, and insurance is one way to help mitigate out-of-pocket costs.

"Unfortunately, in the last 8-9 years insurance companies have discovered that the prior model for providing this insurance was not sustainable, so policies have become much more limited and harder to get. Actuarial data now shows that the revenues from insurance premiums haven't been adequate to pay claims given the greater number and length of those claims. This area continues to be a tough nut to crack. If you have questions, feel free to ask me about it.

"As for my family, I have two wonderful daughters, both married, and two

grandkids. We get to see them all fairly often, since they live reasonably close by. I have told my kids from time to time... 'Life is not a destination but a journey.' From my history above, you can see why I believe that. Of course, being their father, my advice is only worth so much.

"SIR has been a wonderful addition to my life over the past several years. I have made great new friends, enjoyed a number of the activities, and have had a chance to volunteer and help others. It's hard to imagine life today without my involvement with SIR! As a volunteer, I am co-author of the annual 'hard copy' Membership Roster with Gordon Tong. I also co-lead the book club with John Lehner. Last, I help manage the folks who do check-in at our monthly meetings.

"Nowadays, I very much enjoy reading and exercise including walks, hiking and biking. And our dog Finn, a feisty 20 lb. mutt, keeps me going on daily walks in the neighborhood. My wife and I still enjoy trips to the Sierras and occasional trips to other parts of the US as well as to other countries. We have enjoyed some great trips to such places as Beijing, China, Peru, Canada, and many parts of Europe. We truly enjoyed our walking tours in many of the cities we visited, as well as some very special places such as along the Great Wall, several cities in Andalusia, Spain, and around Machu Pichu. We also did a 20-mile bike ride along the Danube in Austria a few years ago.



On the Great Wall - Badaling, China

"I enjoy nature, different cultures, and people in general. I care about the environment and future generations on this planet. In spite of current events, I try to find the positive in life and I find that family and my new and old friends make it all worthwhile. SIR is certainly a great help in that regard!"

Luncheon Check-in System Technology Upgrade

Branch 35 has the smartest luncheon check-in system of the more than one hundred SIR branches. When a member checks in and pays for lunch, the system automatically updates the attendance database, prints a personalized badge with the member's nickname, years as a member, positions held and company. Visitors and guests (potential members) are recorded and badges printed. Reports of luncheon guests and visitors are printed and door prize and birthday winners are randomly selected from the members present for recognition during lunch. After lunch a Treasurer's report is created with the final count for payment to the Elks Lodge.

The system is also used for creation of the Attendance Report for review at the next Branch Executive Committee (BEC) meeting; creation of Notification emails sent to members prior to the next luncheon; and creation of Notification reports used to determine the expected number of attendees at the next Elks Lodge luncheon.

The computer hardware is about fourteen years old. The end-of-life Windows XP laptops have been replaced by Windows 10 laptops and new badge printers have been purchased. Final testing is underway and we expect the new hardware to be in use at the March luncheon. The technology upgrade will not only provide a solid platform for luncheon check-in, but will offer the potential for improved member service. Improvements under review include the possible addition of a third check-in station, creation of Express Check-in with online credit card and check payment, and use of technologies such as QR Code scanning.

Bill Young, Attendance Chairman; Richard Blackborow Database Manager; and John Goldsborough, system architect and programmer deserve our admiration and appreciation for making this technology upgrade happen.

.....Peter Thurston

BOWLING

BOB TAGGART 650-321-2654
 cbtaggart@earthlink.net
 DOUG ANDERSON 415-407-4000
 marktinti@aol.com Prizes: Alan Gaudie

Every Tuesday, 1:00 p.m., at Homestead Lanes, Homestead & Stelling, in Cupertino. The 2019 bowling year concluded with the presentation of the Champion trophy to Ruth Morgan-Ososkie and Ron Nakamoto who both bowled a series high 734 over three games. The Champions have agreed that Ruth will hold it for the first half of the year and Ron will take it the second half. Congratulations to both players. Here also is the winning team for the Fall Session. The bowlers (left to right) are Jerry Ososkie, Ruth Morgan-Ososkie, Phil Vanderwerf and Ken Jones.



FALL SESSION – FINAL STANDING

- 1ST PLACE – Ruth Ososkie, Ken Jones, Jerry Ososkie, Phil Vanderwerf
- 2ND PLACE – Al Delfino, Harold Kaye, Arnie Satterlee, Joe Enos
- 3RD PLACE – Rick McColloch, Doug Anderson, Gerry Bennett, Tim Eastham
- 4TH PLACE -TIE– Nancy Jones, Michael Ibarra, Alan Gaudie, Jay Jonekait
- 4TH PLACE -TIE– Patti Shaffer, Gerry Shebar, Bob Taggart, Larry Low
- 4TH PLACE -TIE – Ranney Thayer, Mark Castro, Rich McGrath, Gabriel Ibarra
- 7TH PLACE – Joe Geist, Jim Holman, Gerry Cooley, John Faucett
- 8TH PLACE – Les Fisher, Fred Emmenegger, Ron Nakamoto, Bob Garten

HERE ARE THE LEADERS – FINAL

HIGH SERIES - SCRATCH	HIGH GAME - SCRATCH
1st – Ron Nakamoto: 578	1st – Jerry Ososkie: 235
2nd – John Faucett: 572	2nd – Jay Jonekait: 225
3rd – Gabriel Ibarra: 559	3rd – Tim Eastham: 222
HIGH HANDICAP SERIES	HIGH HANDICAP GAME
1st – Ruth Ososkie: 734	1st – Jim Holman: 282
2nd – Rick McColloch: 700	2nd – Jerry Shebar: 268
3rd – Ranney Thayer: 669	3rd – Gerry Cooley: 222

BOCCE BALL

NORM PASS – SCHEDULE/
 CANCELLATIONS 408-737-7639;
 normpass@sbcglobal.net

FRED SCHWALBACH – PLAYER
 DEVELOPMENT 408-257-9713;
 fpschwalbach@aol.com
 JOHN RICHARDSON - SUPPORT
 650-996-7787; jlr@rcgc.com

Every Friday, 10:00 am to noon. Wives and guests are welcome. Location: The two Bocce Courts in Cuesta Park, Mountain View accessed from Cuesta Drive, using the turnoff and park entrance at Menalto Dr. Parking is near the tennis courts and restrooms. The Bocce Courts are next to the lawn area by the parking lot.

Bocce Ball Spring League 2020 at the University Club Palo Alto [UCPA] (3277 Miranda Ave., Palo Alto, CA 94304): Last day to sign up, Friday March 8 with Sir Bocce Participants Peter Thurston, Norm Pass or John Richardson. We will turn in our team list by Monday, March 9. League play is March 17 - April 16 with dates for Playoffs to be determined. Non-member (of UCPA) price to play using UCPA facilities and receiving light appetizers and beverages is \$95 plus 9% tax and 20% service charge payable at the start of play (\$122.55). Play will be on a Tues., Wed. or Thurs. early evening with each Team assigned to a schedule. There will be 5 - 7 weeks of play followed by the play-offs. If you would like to join in on the fun and competition please indicate you interest and sign up with Peter, Norm or John. Sir Branch 35 Teams have won the Championship twice in the last several years

GIANTS BASEBALL

San Francisco Giants on Sunday, April 5th
against the Los Angeles Dodgers

1. Tickets are still available
2. April 5 game has been changed to 5 pm to accommodate ESPN
3. Tickets also available for April 26 vs Washington Nationals and for May 17 vs Atlanta Braves --same price \$50/ticket for Lower Box seats

Ben Gikis, Special Activities

INVESTMENTS

JIM DUNAWAY 408-255-9244
jedandled@sbcglobal

SIR Financial Investment Group will meet on Wednesday, March 4 at 1:00 PM at Los Altos Branch of First Republic Bank on San Antonio Road. Please bring information on how you have handled the recent market turmoil.

GOLF

JOE CIONI, GOLF CHAIRMAN
516-448-6721, jacioni@yahoo.com

SIGN-UP for the following by Friday, March 13th with John Gerich, 650-969-6679, jgerich@juno.com

Silver Creek (SCR)	Thu Apr 2	9:30	\$99
McGrath 408-307-8056 richard.mcgrath(at)yahoo.vcom/ Tran			
Tilden (TLD) (Cart)	Mon Apr 6	10:00	\$40
Enos 650-712-1201 j.enos@comcast.net/ Rittweger			
Crazy Horse Ranch (CHR) (Cart)	Thu Apr 9	9:30	\$65
Shotgun	O'Meara 408-251-5402 Omearatimo(at)gmail.com/ Goodman		
Eagle Ridge (EGR) (Cart,Prize)	Mon Apr 13	9:30	\$55
4 Man 2 Best Ball	Garten 408-253-5860 xonon1(at)comcast.net/ Im		
Hiddenbrooke (HDB) (Cart,Range)	Thu Apr 16	10:06	\$50
Jim Schlatter Invitational	McGrath 408-307-8056 richard.mcgrath@yahoo.vcom/ Jonekait		
Boulder Ridge (BRG) (Cart,Range)	Mon Apr 20	10:00	\$75
shotgun	Taboada 925-785-4318 ttaboada(at)earthlink.net/ Vanderwerf		
Seascape (SCP) (Cart)	Thu Apr 23	10:00	\$50
O'Meara 408-251-5402 Omearatimo(at)gmail.com/ Wong P			
San Juan Oaks (SJO) (Cart)	Mon Apr 27	9:30	\$68
Lau 408-730-9115 ronwjau@gmail.com/ Hall			
Pacific Grove (PGR)	Thu Apr 30	9:30	\$49
Metheany 408-375-7854 Brad_mathenay(at)fuhsd.org/ Holman			

GOLF RESULTS

Nakamoto Cards the Round of the Month

The Round of the Month recognizes the best round compared to the Course Rating. **Ron Nakamoto** had this month's best round at San Jose Country Club on Feb. 3. Playing from the white tees Ron was 1.2 strokes "under" and won the Palmer flight by 3 strokes.

Honors for Vanderwerf, Danver and Cioni

In addition to the honors announced in previous newsletters, three prestigious awards were handed out at the Annual Golf Banquet on Feb 7. **Phil Vanderwerf** was recognized as the "Iron Man" for playing in the most tournaments in 2019. **Andy Danver** was the "Most Improved Golfer" for achieving the largest percentage reduction in his handicap index. **Joe Cioni** was named "Golfer of the Year" for having the best over/under performance during the year.

PICNIC JULY 15TH

Branch 35's **Annual Summer Picnic** will be on **Wednesday July 15** at Blackberry Farm in Cupertino. Details will be in next month's Trail Tips. We operate the Picnic with volunteers. The tasks include Logistics, Set Up, Clean Up, Games, Drinks, Cooking, Salad Station, Check in and registration and "General Help". If you previously helped and can volunteer again this year, we would greatly appreciate your help. Please send me an e-mail at gikisben@yahoo.com and indicate which task you would like to work on. If you are a new volunteer, also send me an e-mail with your area of interest and we will assign you to a team.

We are looking forward to another great event. DJ Sir Milt Wehrman will be providing music and entertainment and Chefs Ron and Ron will be cooking.
...Ben Gikis

Poplar Creek				Par 70				Jan. 27, 2020			
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$	Nicklaus Flt.	Net	\$			
Jonekait Jay	70	21GC	Gerich John	67	21GC	Mattson Don	67	21GC			
Nakamoto R	71	18GC	Schutz Paul	69	18GC	Larson Gary	68	18GC			
McGrath Rich	71	16GC	Baugher L	32	16GC	Im Sam	69	16GC			
Garten Bob	73	11GC	Grace Ron	33	11GC	Enos Joe	78	11GC			
Closest-to-pin Dist. \$			Closest-to-pin Dist. \$			Closest-to-pin Dist. \$					
Nakamoto R	8'10"	\$2	Schutz Paul	31'5"	\$2	Mattson Don	25'6"	\$2			
Vanderwerf	20'2"	\$1	Grace Ron	39'1"	\$1	Larson Gary	44'2"	\$1			
Low Gross: Richard McGrath 82											

Los Lagos Eclectic Round 3				Par 68				Jan. 30, 2020			
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$	Nicklaus Flt.	Net	\$			
Garten Bob	66	\$22	Butte Eric	66	\$22	Gikis Ben	68	\$21			
Low Larry	67	\$16	Schutz Paul	72	\$16	Mattson Don	70	\$16			
McGrath Rich	68	\$11	Nakamoto R	73	\$11	Larson Gary	71	\$10			
Vanderwerf P	69	\$6	Metheany B	73	\$6	O'Meara Tim	72	\$5			
Closest-to-pin Dist. \$			Closest-to-pin Dist. \$			Closest-to-pin Dist. \$					
Wilson Dick	7'10"	\$2	Butte Eric	20'2"	\$2	Ray John	19'3"	\$2			
Rittweger J	13'8"	\$1	Squellati Dave	31'11"	\$1	Gikis Ben	20'2"	\$1			
Low Gross: Richard McGrath 76											

Los Lagos Eclectic Final Results				Par 68				January 2020			
Palmer Flight #1	Net	Prize	Palmer Flight #2	Net	Prize		Net	Prize		Net	Prize
Garten Bob	59	\$19	Jones Ken	60	\$19		60	\$19			
Jonekait Jay	62	\$15	Davis James	64	\$15		64	\$15			
Cioni Joe	63	\$10	Wehrman Milt	67	\$10		67	\$10			
McGrath Richard	64	\$5	Lau Ron	68	\$5		68	\$5			
Palmer Flight #3			Net Prize			Nicklaus Flight			Net Prize		
Barkey Stan	60	\$19	O'Meara Tim	60	\$25		60	\$25			
Squellati David	66	\$15	Cooley Gerald	66	\$21		66	\$21			
Schutz Paul	68	\$10	Gikis Benjamin	68	\$16		68	\$16			
Hall Bill	70	\$5	Larson Gary	69	\$11		69	\$11			
			Ray John	70	\$9		70	\$9			

San Jose Country Club				Par 70				Feb. 3, 2020			
Palmer Flight	Net	Prize	Nicklaus Flight	Net	Prize		Net	Prize		Net	Prize
Nakamoto Ron	69	\$25	Narva Jim	72	\$17		72	\$17			
Goodman Chris	72	\$21	O'Meara Tim	77	\$10		77	\$10			
Miles Les	74	\$16	Mattson Don	78	\$5		78	\$5			
Metheany Brad	76	\$11									
Hall Bill	76	\$9									
Closest-to-pin			Dist. Prize			Closest-to-pin			Dist. Prize		
Cioni Joe	46' 5"	\$2				No CTP winners					
Low Gross: Chris Goodman, Phil Vanderwerf and Joe Cioni tied with 92											

Callippe Preserve Scramble				Par 72				Feb. 6, 2020			
Team	Score	Prize		Score	Prize		Score	Prize		Score	Prize
Robert Manetta, Milt Wehrman, Don Mattson, Dave Ogle	55	\$20@		55	\$20@		55	\$20@		55	\$20@
Larry Low, Terry Barnhart, Paul Schutz, Jim Narva	55	\$16@		57	\$11@		57	\$11@		57	\$11@
Phil Vanderwerf, Ken Jones, Benjamin Gikis, Tim O'Meara	57	\$11@									
Closest-to-pin			Dist. Prize			Closest-to-pin			Dist. Prize		
Vanderwerf Phil	5' 2"	\$2				Gikis Benjamin	14' 10"	\$2			
Goodman Chris	12' 7"	\$1				Cooley Gerald	16' 0"	\$1			

Monterey Pines			Par 69			Feb. 10, 2020		
Palmer Flight	Net	Prize	Nicklaus Flight	Net	Prize			
Jones Ken	71	\$24	Gikis Benjamin	71	\$18			
Schutz Paul	73	\$18	Ogle Dave	72	\$12			
Newton Ken	73	\$12	Narva Jim	75	\$7			
Jonekait Jay	74	\$8						
Closest-to-pin	Dist.	Prize	Closest-to-pin	Dist.	Prize			
Baughner Larry	57' 4"	\$2	Mattson Don	21' 2"	\$2			
Low Gross: Jay Jonekait 88								

Half Moon Bay Old			Par 72			Feb. 13, 2020		
Palmer Flight	Net	Prize	Nicklaus Flight	Net	Prize			
Cioni Joe	72	\$25	Narva Jim	75	\$18			
Bush Alex	76	\$20	Im Sam	76	\$12			
McGrath Richard	76	\$15	Wong Peter	79	\$7			
Grace Ron	76	\$10						
Vanderwerf Phil	72	\$7						
Closest-to-pin	Dist.	Prize	Closest-to-pin	Dist.	Prize			
Cioni Joe	27' 9"	\$2	No CTP winners					
Rittweger John	43' 3"	\$1						
Galli John (extra)	66' 7"	\$1						
Low Gross: Alex Bush 84								

Los Lagos 4-club			Par 68			Feb. 17, 2020		
Team			Score	Prize				
Ron Nakamoto and David Squellati			67	\$25 @				
Milt Wehrman and Peter Wong			68	\$20 @				
Sam Im and Bill Hall			69	\$15 @				
Stan Scardino and Paul Schutz			70	\$10 @				
Mark Castro and Jerry Ososkie			70	\$7 @				
Closest-to-pin Palmer	Dist.	Prize	Closest-to-pin Nicklaus	Dist.	Prize			
Schutz Paul	6' 5"	\$2	Cooley Gerald	8' 0"	\$2			
Jonekait Jay	23' 1"	\$1	Castro Mark	58' 5"	\$1			

Metropolitan			Par 72			Feb. 20, 2020		
Palmer Flight	Net	Prize	Nicklaus Flight	Net	Prize			
Goodman Chris	68	\$25	Wall Larry	70	\$18			
Jonekait Jay	73	\$20	Gikis Benjamin	70	\$14			
Wehrman Milt	73	\$15	Lau Peter	74	\$10			
Vanderwerf Phil	73	\$10	Enos Joe	76	\$5			
Cioni Joe	73	\$7						
Closest-to-pin	Dist.	Prize	Closest-to-pin	Dist.	Prize			
Garten Bob	26' 8"	\$2	No CTP winners					
Jones Ken	36' 8"	\$1						
Nakamoto Ron (extra)	39' 9"	\$1						
Jonekait Jay (extra)	44' 0"	\$1						
Low Gross: Chris Goodman 82								

Canyon Lakes			Par 71			Feb. 24, 2020		
Palmer Flight	Net	Prize	Nicklaus Flight	Net	Prize			
Jones Ken	71	\$25	Gikis Benjamin	68	\$18			
Newton Ken	73	\$19	Lau Peter	71	\$12			
Davis James	77	\$14	Kalsi Balbir	74	\$7			
Goodman Chris	77	\$9						
Heiman Dick	78	\$5						
Closest-to-pin	Dist.	Prize	Closest-to-pin	Dist.	Prize			
Cioni Joe	7' 7"	\$2	Gikis Benjamin	8' 0"	\$2			
Jonekait Jay	11' 7"	\$1						
Vanderwerf P (extra)	20' 7"	\$1						
Low Gross: James Davis 91								

MEMBER PROFILE OPEN CALL FOR 2020 CANDIDATES

The purpose of the Member Profile articles in our Trail Tips Newsletter is to provide a little more background on a fellow member's history, experience and hobbies. Every single one of us is unique and has a story to tell. Whether the member had an interesting work history, met or worked with someone famous, travelled to some exotic destination or did something to benefit society, we would like to know. The articles serve as an icebreaker, for members to meet and have a conversation with other members. Another benefit of the articles is the member can now share a portion of his personal history with his children, grandchildren and friends. If you are interested in getting profiled sooner rather than later, please send me your interest and we can start the process. It is easy and painless, after all, who knows more about you than you?

Send your interest to ron.nakamoto@yahoo.com

MOVIE REVIEW from Jim Quillinan - Honeyland. This amazing documentary follows the life of Hatidze Muratova. She is the only woman beekeeper in the rugged hills of North Macedonia. Hatidze lives in a stone hut with her aged and infirm mother. She ekes out a living selling her honey in the markets of Skopje. She has learned how to stay in balance with the bees and their environment. Her simple and quiet life is turned topsy-turvy when a family of nomadic herders invade her unique place. They have no respect for the land and the environment and come close to killing all of their cattle and the bees. Hatidze is resourceful and as the invaders leave and winter sets in, she sets about to reestablish the natural order of things. This film is quiet and beautiful. Each frame is like an art piece. It's hard to imagine that in modern Europe people are so primitive. This film is Oscar nominated and needs to be seen. Not rated but would be R for language and graphic content. It is Peggy's Pick.



Join the Slugfest --- State SIR Annual Bay Bridge Series
SIR Day at the Ballpark, June 7, 2020, Sunday, 1pm
Oakland Coliseum, Section 106 (shaded) Cost: \$55/ticket

INSTRUCTIONS: Make a \$55/pp check to W. Lee Moy.
Include a self-stamped return addressed envelope to W.
Lee Moy, 127 N. Helm Ave, Clovis, CA 93612. Deadline
May 5, 2020.

STATE OFFICERS

State President.....	Ed Benson	925-943-7011
Vice President.....	Jim Johnson	209-536-1595
Director Region 4.....	Pat O'Keefe	831-809-5830
Governor Area 13.....	Foster Kinney	605-299-9479

BRANCH 35 EXECUTIVE COMMITTEE

Big Sir.....	Andy Danver	650-948-1692
Little Sir.....	Stan Barkey	408-996-3133
Secretary.....	Jim Quillinan	408-736-7332
Assistant.....	Dave Squellati	408-245-3787
Treasurer.....	Jim Narva	408-446-1160
Assistant.....	Gerry Feeny	408-515-8604
Director (Membership).....	Paul Schutz	408-313-6852
Director (Events).....	Ben Gikis	408-802-0794
Director (Publicity).....	Bob Roy	408-736-3521
Director (Nominations).....	Peter Thurston	650-776-5713
Director (Activities).....	Joe Mullen	650-941-8254
Director (Social).....	Stan Scardino	650-743-6819

STAFF

Attendance.....	Bill Young	650-493-1710
Audio/Visual.....	Ron Schoengold	408-309-9830
Auditing.....	Gordon Mullin	408-732-3718
Assistant.....	Syd Jacobsen	408-738-3233
Car Pools.....	Tom Taboada	408-867-4640
Historian/Photographer.....	Frank Crossman	650-493-9182
Luncheon Host.....	Terry Barnhart	408-960-6674
Luncheon Revenuer.....	Jerry Belden	650-207-6280
Medical Emergency Response Team.....	Dave Ogle	650-704-2130
Membership Data Base.....	Richard Blackborow	408-255-4066
New Member Orientation.....	Dave Ogle	650-704-2130
Membership Roster.....	Jerry Belden	650-207-6280

STAFF (CONTINUED)

Trail Tips Editor.....	Del Fillmore	408-739-7769
Website.....	John Ray	408-386-3573
Well and Comfort Wisher.....	Don Lintz	408-245-3332


ACTIVITIES CHAIRMEN

Bicycling.....	Jim Lunt	408-252-6804
.....	Gordon Tong	408-997-0822
Bocce Ball.....	Gil Eakins	650-400-5813
.....	Norm Pass	408-737-7639
.....	John Richardson	650-996-7787
Book Club.....	Jerry Belden	650-207-6280
.....	John Lehner	408-735-8149
Book Swap.....	Timothy Topole	650-793-0838
Bowling.....	Bob Taggart	650-321-2654
.....	Doug Anderson	415-407-4000
Bridge.....	Mark Levi	650-965-2786
Dining In.....	Alan Gaudie	650-964-6510
Golf.....	Joe Cioni	650-393-5711
Hiking.....	Dell Smith	650-968-5006
Investments.....	Jim Dunaway	408-255-9244
Tennis.....	Syd Jacobsen	408-738-3233
Trail Birds.....	David Skumick	650-473-9263
Musical Introductions.....	Bob Simon	650-948-9054
Musical Introductions.....	David Skumick	650-473-9263
Pianist.....	Don Cameron	650-968-9103
Travel.....	Larry Gardner	650-941-7020
Wine Group.....	Dan Zemanek	650-810-6556

WELL & COMFORT WISHER: Death or illness of a fellow Sir should be reported to Don Lintz (408-245-3332 or donlintz(at)comcast.net). He will express concerns of our Branch and communicate memorial announcements immediately among members via e-mail.

All activities arranged for or by Sons in Retirement, Incorporated, and its Branches, are for the convenience and pleasure of its members and their guests who desire to participate. Sons in Retirement, Incorporated, and its Branches do not assume any responsibility for the well-being or safety of the participants or their property in any matters pertaining to said activities.

SIR Branch 35 Activities - March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Tennis 8:00 a.m. Golf- Castlewood CC Hill 10:00 a.m.	3 Bowling 12:50 p.m.	4	5 Tennis 8:00 a.m. Golf-Pajaro 9:30 a.m.	6 Bocce Ball 10:00 a.m.	7
8	9 Tennis 8:00 a.m. Golf- Wente Vineyards 10:00 a.m.	10 Bowling 12:50 p.m.	11 Trail Birds 10:00 a.m. LA Methodist Church	12 Tennis 8:00 a.m. Golf- Shoreline 10:00 a.m. Biking 11:00 a.m. Coyote Creek Trail	13 Bocce Ball 10:00 a.m.	14
15	16 Tennis 8:00 a.m. Golf- Cinnabar Hills 10:00 a.m.	17 Bowling 12:50 p.m. 	18 Social Hour 11:00 a.m. Trail Bird Rehearsal Book Swap Luncheon 11:55 a.m.	19 Tennis 8:00 a.m. Golf- Bayonet 9:30 a.m.	20 Bocce Ball 10:00 a.m.	21
22	23 Tennis 8:00 a.m. Golf- Callippe Preserve 10:36a.m.	24 Bowling 12:50 p.m.	25	26 Tennis 8:00 a.m. Golf- Poppy Ridge TBD Trail Tips Cutoff	27 Bocce Ball 10:00 a.m. Hiking 10:00 a.m. TBA	28
29	30 Tennis 8:00 a.m. Golf- Santa Teresa 10:00 a.m.	31 Bowling 12:50 p.m.				