A resume is a succinct outline of your education, experience, activities, accomplishments and skills as they pertain to your employment goals. Employers may spend only 30 seconds scanning a resume to determine whether your background matches their requirements. So, you need to think of your resume as a marketing tool that demonstrates that your product (you) meets the needs of your potential customer (the employer).

Effective resumes get noticed because they:

- Emphasize relevant accomplishments and potential contributions
- Focus on the skills necessary in a particular field or the requirements of a specific position
- Are concise, well-organized and easy to read

SIX STEPS TO AN EFFECTIVE RESUME

Self-Evaluation

If you have never written a resume, start with simple brainstorming to identify some of the skills and abilities you have to offer a potential employer.

- Think about your experiences (past and present) including education, coursework, jobs, internships, activities, honors, publications, language skills, study abroad experiences and community service projects.
- Create a rough outline that covers the past three to five years.

Industry Research

Next, research your field of interest using the resources and links available on our website to become more familiar with the skills and abilities employers are seeking in candidates.

- Review several job descriptions, on various job-posting sites, to help uncover specific needs and keywords in the industry. In general, all employers will be interested in communication and leadership skills.
- Keywords are nouns and phrases, industry buzzwords or acronyms used within a particular field. These are often found in the job description or the list of employer requirements. If your resume includes some industry keywords, it is more likely to be selected. However, only list terms you are familiar with and can answer questions about during an interview.
- Compare your qualifications to the requirements of employers and decide what to highlight on your resume.

Write Your First Draft

Follow the general guidelines on the next page and the tips here to create each section of your resume. There are also sample resumes included later in this section that offer a variety of formats and styles.

• Be concise! Express your qualifications and accomplishments using as few words as possible. For students and recent graduates with limited work experience, a one-page resume is recommended. If you have extensive experience, or are applying for graduate/ professional school or academic fellowships, you may create a two-page resume or CV.

- Resume writing is different from other styles of writing. Do not use first-person pronouns (I, me, my) or articles (a, an, the).
- Do not include your age, gender, religion, political affiliation, ethnicity, marital status, social security number, references or salary expectations/history.



Create Multiple Versions (optional)

You may need to have multiple versions of your resume for different industries or types of positions you are interested in.

Using industry research as your guide, you can develop tailored resumes that emphasize relevant skills pertaining to any number of fields. You will also need to create a formatted and non-formatted version for various modes of distribution (see the information below).



Edit, Proofread and Critique

This is the most critical step of all and will involve enlisting the assistance of others.

- Make sure that you have organized your resume so that the most relevant information appears closer to the top of the page.
- Read each section over carefully and be sure that you have effectively conveyed the skills, abilities or accomplishments you are trying to emphasize.
- Proofread for spelling, capitalization or punctuation
- Have your resume critiqued by a career adviser and, if possible, others within the field.



Save in Multiple Formats

You will need formatted and non-formatted versions of your resume for various modes of distribution.

- Convert your Word document into a PDF to retain the original formatting when sending as an attachment. Save as yourname.pdf.
- Use Notepad to convert your Word document to a text-only/non-formatted version suitable for copying and pasting into online applications and into the body of an email message (some companies do not accept attachments). Save as yourname.txt.

Showcase '	Your Brand:	Writing	Accomplish	ment Statements
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The point of the resume is to showcase your brand. Your brand is used to demonstrate who you are and what matters most to you.

By showcasing your accomplishments on a resume, you can help the prospective employer assess your ability to do the job. Use "Accomplishment Statements" to describe your achievements in the experience section. Quantify your work whenever possible. Avoid generic and vague statements.

EXAMPLE

Generic, vague statement:

Local Philanthropy Society

Event Coordinator

• Planned charity events

Strong, descriptive, quantified statement:

Local Philanthropy Society

Event Coordinator

• Coordinated three fundraising events for local shelters which raised over \$8,000 (20% over goal) and greatly improved community awareness

Action verb	+	Protect	+	Result	=	Accomplishment
Coordinated		three fundraising events for local shelt	ers	which raised over \$8,000 (20% over goal ad greatly improved		Coordinated three fundraising event for local shelters which raised over \$8,000 (20% over goal) ad greatly improved community awareness

Try It Yourself!

Write an example of an accomplishment statement that showcases the above:

ction verb:	
-	
roject:	
-	
esult:	
=	
ccomplishment:	

Using action verbs will ensure that your experience and qualifications stand out. Make sure to use a variety of strong verbs to showcase your skills.

Management & Leadership

administered appointed approved assigned attained authorized chaired consolidated contracted controlled coordinated decided delegated directed eliminated emphasized enforced enhanced executed handled headed hired hosted increased instituted led managed merged overhauled oversaw planned prioritized produced recommended streamlined strengthened supervised

Communication

terminated

addressed advertised arbitrated articulated authored clarified communicated composed condensed conferred consulted contacted conveyed convinced corresponded

debated defined described discussed drafted edited elicited enlisted expressed influenced informed instructed interacted interviewed involved ioined judged lectured listened mediated moderated motivated negotiated observed outlined participated persuaded presented promoted proposed publicized recruited reinforced reported responded solicited specified spoke suggested synthesized translated

Research

wrote

analyzed compared conducted critiqued detected determined diagnosed evaluated examined experimented explored extracted formulated

gathered identified inspected interpreted investigated located measured researched searched summarized surveyed tested

Technical

adapted assembled built constructed converted debugged engineered fabricated fortified installed maintained operated programmed rectified regulated remodeled repaired replaced solved specialized studied upgraded utilized

Financial/Data

adjusted allocated analyzed appraised assessed audited balanced calculated computed conserved corrected estimated forecasted managed marketed projected reconciled retrieved

Helping advised

aided

advocated

answered

assisted cared for coached collaborated contributed cooperated counseled demonstrated educated enabled encouraged ensured expedited explained facilitated familiarize furthered auided helped individualized insured intervened motivated provided referred rehabilitated simplified supplied supported taught trained tutored volunteered

Organization/ **Detail**

arranged cataloged categorized charted classified coded collected compiled distributed filed generated implemented incorporated logged monitored obtained

ordered organized prepared processed purchased recorded registered reserved reviewed routed scheduled submitted standardized systematized updated validated verified

Creative

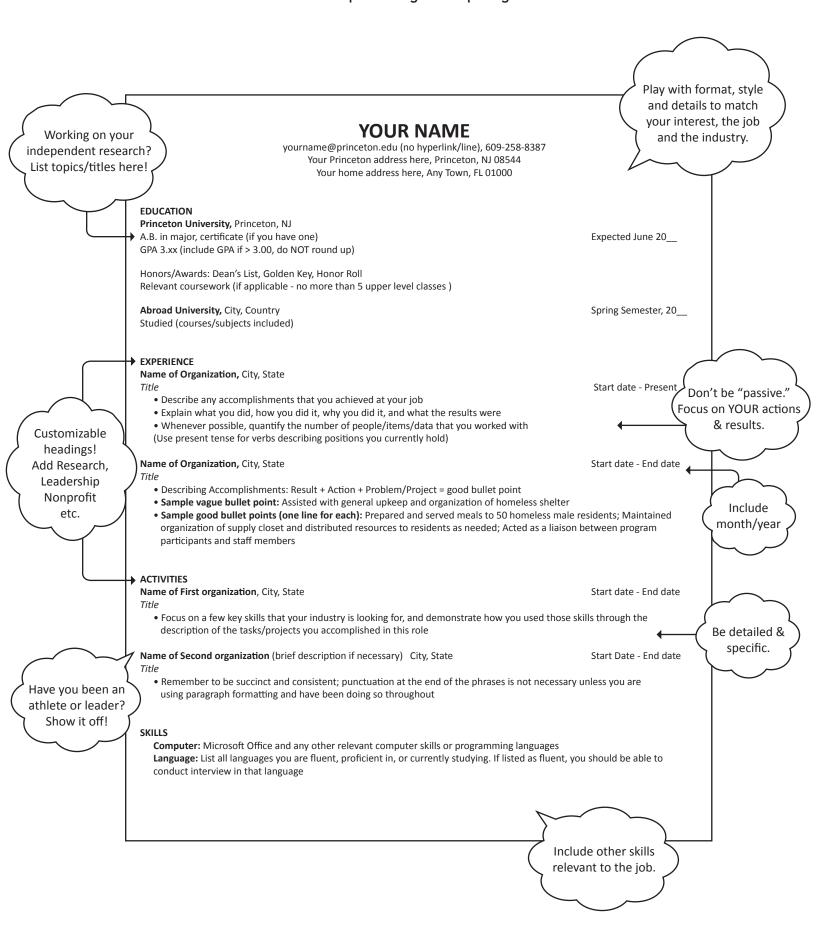
acted began combined conceptualized created customized designed developed displayed drew entertained established fashioned founded illustrated initiated integrated introduced invented modeled modified originated performed photographed revised revitalized shaped

Accomplishments

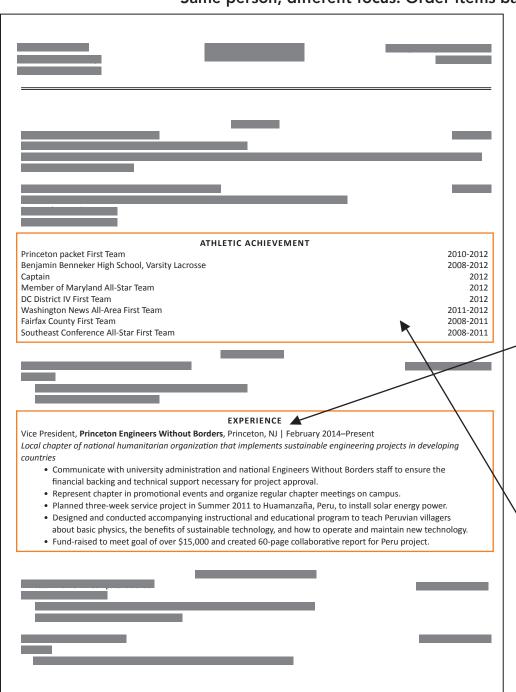
achieved completed expanded exceeded improved pioneered reduced resolved restored transformed

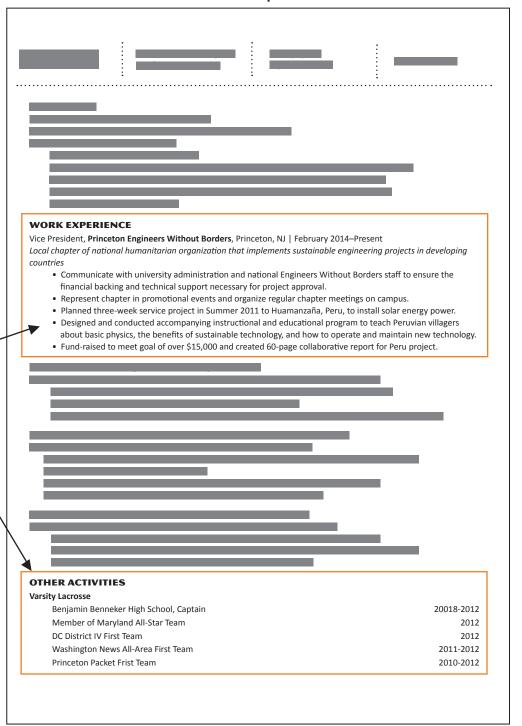
Foundations of a Resume

Follow these tips to design a compelling resume



Same person, different focus. Order items based on what is most relevant to the position.





Samples of First College Resume

0001 Frist Center **Princeton University** Princeton, NJ 08544

Marie Curie

ada.lipton@princeton.edu 609-332-0001

EDUCATION

Princeton University, Princeton, NJ

June 2020

BSE Candidate, Intended Concentration: Computer Science

Coursework: General Computer Science, Algorithms and Data Structures, Introduction to Programming Systems, Information Security, Artificial Intelligence, Optimization

Davis High School for Science and Technology, Portland, OR

June 2016

Relevant Coursework: Prototyping and Engineering Materials, Design and Technology, AP Computer Science plus Data Structures

Honors: National AP Scholar

EXPERIENCE

McGraw Center, Princeton University, Princeton NJ

September 2016-Present

Peer Tutor

- Tutor 25 undergraduate students on mathematics and physics.
- •Work 10 hours a week in the Center.

Davis High School for Science and Technology, Portland, OR

September 2014-June 2016

Math Tutor

- Tutored high school freshman ranging from arithmetic to calculus in one-on-one as well as in group
- Tutored over 100 high school students over two years.

Custom Solutions, Boston, MA

Summer 2015

Business Analyst Intern

- Examine competitors to identify feature gaps in current products.
- Prepared presentations to suggest recommendations based on research on competitor research.

EXTRACURRICULAR ACTIVITIES

Princeton Women in Computer Science

October 2016-Present

Member and Events Chair

- Partner with three other officers to plan educational programs and speaker events.
- · Coordinate and facilitate weekly meetings.

Princeton University Orchestra

August 2016-Present

Member

• Practice trumpet for ten hours a week and perform at three recitals each year.

SKILLS

Programming: Java, C, Python, PHP, HTML, CSS

Applications: Microsoft Office, Adobe Photoshop, Adobe Flash

Bruce Wayne

Cell:

Email: 212-555-1234 batman@princeton.edu

School Address: 36 University Place

Permanent Address: 350 5th Avenue

Princeton, NI 08544

Gotham City, NY 10118

EDUCATION

Princeton University, Princeton, NJ

Expected June 2020

A.B. Candidate; Intended Concentration: Economics

Intended Certificate: Urban Studies

Coursework includes: Vigilantes of the Mid Century, History of Organized Crime, Justice and the Law

Princeton University Bridge Year Program, Shadow Institute, Bhutan

Fall 2016

Fieldwork included: Keysi Fighting, Conquering Inner Fears

Gotham Preparatory School, Gotham City, NY

June 2016

Preparatory President, Criminal Justice Organization, GPA 3.8

EXPERIENCE

Wayne Enterprises, Gotham City, NY

Summer 2014, 2015

Assist in planning events that raise \$30,000 annually for local nonprofit orphaned children's foundation.

Managed event registration processes prior to and on day of events, including coordinating the efforts of 30 volunteers.

LEADERSHIP & SERVICE

Police Explorers Program, Gotham City Police Department, Gotham City, NY

September 2016-Present

Junior Volunteer

Participated in ride-alongs with Gotham City Police Department.

Shadowed investigations of arrested individuals.

League Of Shadows, Shadow Institute, Bhutan

August 2013-June 2014

Club President

Practiced the ancient art of Keysi.

Taught peers important techniques of quieting the mind and pushing past fear.

Assisted in research with world renowned scholar, Ra's al Ghul.

Business Today Club, Princeton University, Member

ACTIVITIES

Autonomous Vehicle Engineering Club, Princeton University, Member

August 2016- May 2017 August 2016- May 2017

SKILLS

Highly proficient in Microsoft Word, Excel, Access, and Power Point

Working knowledge of Adobe Dreamweaver, Photoshop, and Illustrator

General Sample Resumes

Olivia Pope

1000 State St. NW, Apt. 1 Washington, DC 20005

olivia.pope@princeton.edu

(123) 456-7890

EDUCATION

Princeton University, Princeton, NJ | June 2016

A.B. in Politics; Intended Certificates in Spanish & Latin (GPA 3.75)

Relevant Coursework: Campaigns & Elections, American Politics, Microeconomics

PROFESSIONAL EXPERIENCE

CAMPAIGN MANAGER 2015-2016

Princeton Undergraduate Student Government | Princeton, NJ

- Directed the winning campaign for Princeton's 2016 student body president, who received 73% of the votes.
- · Managed all aspects of the campaign including recruiting a team, volunteers, creating a budget, and monitoring expenses.
- Raised \$11,000 in campaign funds, 86% more than the competition, by planning events, contacting donors, and taking donations.
- · Assisted with speech writing and prepared the candidate for debates.
- · Coordinated the voter outreach program, which included email, social media, and traditional mailers, which increased participation by 13% from the 2011 elections.

OFFICE OF POLITICAL STRATEGY & OUTREACH

Summer Research Intern | The White House, Washington, D.C.

2015

- · Conducted foreign policies and domestic government research that advanced the goals of the office of
- Drafted memos and summary reports to inform President of relevant findings.
- Compiled critical date and analysis for presentations.
- Curated news clippings from major media outlets to support research findings.

CRISIS & RISK PUBLIC RELATIONS INTERN

Sterlina Public Relations | New York, NY

2014

- · Monitored large projects for various client accounts.
- Prepared press kits for distribution, updated media lists, and complied media coverage reports.
- · Conducted benchmarking and research that included client competition, branding perception, and general industry trends.

ATHLETIC ACHIEVEMENTS

· Princeton University Swim Team 2015-Present

· Swimming Coach, Trenton YMCA 20110-2013

· Trenton Central High School Swim Team, Captain 209-2013

· District Finals, 2nd place 2012

· Mercer County, 1st place 2011

SKILLS

- Crisis Management
- Publicity
- · Political Analysis
- · Campaign Relations
- Speechwriting
- · Opinion Polling
- Fundraising

Carlton Banks

Campus Address: Frist Campus Center Box 9999 Princeton, NJ 08544

310-111-9999 cbanks@princeton.edu

Permanent Address: 215 East Main Street, Apt 3 Bel Air, CA 90077

EDUCATION

Princeton University, Princeton, NJ

A.B. in Art and Archaeology, Certificate in Dance

June 2016 GPA: 3.0

Coursework includes:

- Modern Repertory and Choreography, Topics in Dance History, Criticism and Aesthetics
- The Russian Avant-Garde, Behind the Scenes of the University Art Museum

Sorbonne University of Paris, Paris, France

Summer 2012

Six-week summer study abroad in intermediate French

EXPERIENCE

The Daily Meal. New York, NY

Jan. 2012-Present

Editorial Intern

- Gather research on topics ranging from nutrition to cooking tips and pitch story ideas in regard to the college student demographic to editors of online food blogs that draws more than 8 million visitors per month.
- · Contribute to online stories for the Daily Finds page and write a daily blog for the Campus Eats section.
- Post daily responses to Campus Eats Q&A and comments page.
- · Utilize social media platforms such as Twitter, Facebook, and Pinterest to help increase readership among university students for the Campus Eats section of blog.

Quirk Gallery, Brooklyn, NY

July-Aug. 2011

Gallery Shop Intern

- · Researched, wrote, and designed artist cards for represented artists.
- Streamlined Gallery Shop for Domino magazine photo shoot.
- · Performed administrative and clerical tasks including answering phones and sorting mail.

Princeton University Bridge Year Program, Urubamba, Peru

Sept. 2010-June 2011

- · Selected for freshman year experience; worked in two rural communities building a ceramic water filter for residents as well as developing the frame work for an after school education program for children ages 5 to 10.
- Experience provided an autonomous cultural immersion of South America and Peruvian culture.

New York International Ballet Competition, New York, NY

June 2009-July 2010

- Summer Counselor (Live-in position with professional dancers, ages 17-24) • Directed dancers' daily schedules for rehearsal and classes.
- · Ensured fairness in competition by monitoring and timing rehearsals.
- · Coordinated daily delivery of supplies of food and water.
- · Communicated with judges and visiting company directors on behalf of the dancers.

CAMPUS ACTIVITIES

Program in Dance Selected Performer

Sept. 2011-Present

· Performed solo in Susan Marshall's Name by Name.

HONORS

Princeton University: Outstanding Freshman Award in Dance, June 2012

High School: Member of the National Honor Society; AP Scholar with Distinction

CAREER SERVICES

Sample Fellowship/Graduate School Resume (Research Highlighted)

SHELDON COOPER

phone (609) 462-4942 | email drcooper@princeton.edu | address 314 Galileo Ct., Galveston, TX 02104

Education

Princeton University | Princeton, NJ

May 2014

A.B. in Modern Physics and Cosmology (4.00 GPA)

Certificate in Engineering Physics

Honors: Astrophysics Honor Society, Princeton University Outstanding Senior *summa cum laude*

Research Assistant

January 2012-May 2014

- Analytical research of string theory and M-theory research studies.
- Participated in groundbreaking research in the areas of dark matter, analytical mechanics, and supersymmetric theories.
- Responsible for the Princeton University's six-loop quantum gravity calculations.

Experience

ABC Company | Sometown, MA

July 2014-Present

Research Scientist, Regenerative Medicine

Research Intern

- Recipient of the United States Military Fellowship in the Science. Completed internship with the Department of Physics at California Institute of Technology.
- Develop and execute analytical test methods and controls for the manufacture of cell-based biological products.

Research Highlights

- Performed extensive scientific research in the field of particle physics phenomenology at high-energy colliders such as the LHC.
- Served on research team that focused on theoretical plasma physics by studying turbulence and how it might be reduced to improve fusion reactor designs.
- Discovered why the Large Hadron Collider had yet to isolate the Higgs boson particle.
- Led laboratory bench studies for product advancements helping NASA create more innovative technology. Efforts contributed to leading-edge prototypes for the United States.
- · Worked with Dr. Barry Kripke to write the grant proposal for a new fusion reactor.

Interests

Physics, chemistry, biology, astronomy, cosmology, algebra, calculus, differential equations, vector calculus, computers, electronics, engineering, history, geography, linguistics, football.

Languages

Finnish, Spanish, French, Mandarin Chinese, Persian, Arabic, and Klingon

Sample Senior Thesis Resume

*There are many types of professional resume for artists, for example actors, writers, visual artists, dancers, directors, and producers. As you are starting out and looking for work outside of your artistic endeavors there are ways to translate your artistic work to traditional work. Below is an example of how a student might craft a resume that reflects their experience in a different way.

Simon Warhol

email: jd1992@gmail.com \ mobile: 917.555.5555 \ website: www.jackd.squarespace.com

EDUCATION

Princeton University

Class of 2016

Concentration: English Certificates: Visual Arts and Urban Studies

Awards: Martin A. Dale '53 Award (Broadways)

Summer 2014

Managed \$5k Dale Award grant to cover travel, housing, food, in-city transportation, and research
materials for cross country tour of "Broadways" in big cities and small towns in development of a
multimedia storytelling project integrating photographs, audio, and video

EXPERIENCE

Broadways, Producer

June 2014 - Present

- Produced interactive multimedia exhibit to be staged at the Lucas Gallery and available via app
- Developed funding prospectus, secured and managed \$10k from campus partners to produce, hire student staff, and promote exhibition that drew >200 people and over 22k unique users in one week
- Authored exhibit script and app materials, recorded and edited original material, and collaborated with a staff of 5 to develop exhibit and app
- Wrote copy for social media advertisements, theatre festival programs, and event descriptions
- Continuing development of app and exhibit to produce off campus

Visual Artist and Producer

September 2013 – Present

- · Developed and exhibited over 14 shows including both independent work and collaborations
- Curated and researched historical and cultural context, procuring materials and managing budgets ranging from \$200 to \$5k to exhibit work

Peer Academic Advisor

May 2015 - Present

- Build a support system both academically and socially for 25 first year students through collaboration with their Residential College Advisor.
- Assist students in matriculation, course selection, and department navigation, along with personal support

Town County Arts Center, Intern

June – August 2013

- Marketed 10 unique productions via social media, papering, and personal distribution at local events
- Created funding reports by analyzing box office data, compiling feedback, and projecting budgets for
 past and future theatrical and artistic exhibitions
- Introduced Google Documents infrastructure to coordinate project tasks between offices to increase efficiency

SKILLS

Languages: Fluent French; Proficient Spanish

Technical: Microsoft Office, Adobe InDesign, Final Cut Pro, Final Draft, R, Social Media applications including Facebook, Instagram, Snapchat and Hootesuite

Sample Pre-med Resume Sample STEM Resume

Gregory House

111 Frist Campus Center (609) 555-5678
Princeton, NJ 08544 house@princeton.edu

EDUCATION

Princeton University, Princeton, NJ

A.B. in Molecular Biology, Pre-med, Certificate in Neuroscience, 4.0 GPA

Relevant coursework: Genetics, Biochemistry, Introduction to Biological Dynamics, Biostatistics, Microbiology, Genome Integrity and Human Disease.

RESEARCH AND LAB EXPERIENCE

"Revising the Phylogenetic Reassignment of Oxytricha trifallax"

Fall 2014

A junior paper submitted that revised the phylogeny of O. trifallax using several conserved gene sequences.

Research Assistant, Frist Lab, Princeton University

Spring 2014

- · Conducted analytical experiment on gene expression, attempting to determine level of other factors.
- Performed purification of protein.
- · Generated statistical summaries and reports of collected data.

Lab Technician, Molecular Biology Department, Princeton University

Fall 2013

- Set up, adjusted, maintained and cleaned laboratory equipment daily.
- Analyzed and recorded test data to issue reports using charts, graphs and narratives.
- Examined cells stained with dye to locate abnormalities.

Research Intern, Princeton Pharmaceuticals, Princeton, NJ

Summer 2013

- · Performed DNA extraction and gel electrophoresis.
- Collaborated to design and develop antibody-based molecules.
- Conducted protein expression analysis to support research findings.
- · Assisted with developing and implementing analytical methods using biosensors technologies and immunoassays.

HOSPITAL EXPERIENCE

Emergency Room Volunteer, Princeton Plainsboro University Hospital, Princeton, NJ

Summer 2012

- Observed and assisted physicians and nurses as they examined and interviewed patients.
- Evaluated situations to identify patients requiring immediate attention and informed supervisor.
- Supported and comforted patients and their families.
- Performed clerical duties including filing and transferring phone calls.

LEADERSHIP EXPERIENCE

Residential College Advisor, Mathey College, Princeton University

September 2011-Present

- $\bullet \ \, \text{Advise 12 freshmen on academic and social issues to support their adjustment to college life}. \\$
- Plan and organize educational and social programs to develop a cohesive community on the

Peer Career Advisor, Career Services, Princeton University

September 2011-Present

- Conduct resume and internship workshops and individual resume reviews at the residential colleges.
- Develop career educational programs for students.

SKILLS

- Laboratory: primary cell proliferation assays, cell/tissue culture, FACS, ELISA, lymphocyte isolation
- Computer: C, Java, Microsoft Office
- · Language: Spanish

EXTRACURRICULAR ACTIVITIES

- · Staff Writer, Daily Princetonian
- · Cellist, Princeton University Orchestra

February 2011-Present

September 2010-Present

Campus Address:

36 University Place Princeton, NJ 08544 Howard Wolowitz

hwolowitz@princeton.edu 609-763-9412 Permanent Address:

398 Laguna Avenue Carlsbad, CA 92010

EDUCATION

Princeton University, Princeton, NJ

June

2019BSE, Mechanical and Aerospace Engineering; Certificate in Engineering and Management Systems GPA 3.4 Coursework: Introduction to Engineering Dynamics, Thermodynamics, Modern Solid Mechanics, Engineering Design, Fluid Dynamics, Environmental Fluid Mechanics, General Computer Science, Programming Systems

PROIECT

Box Lift Crane Project - Engineering Design Course

- Designed and built a crane to hold and endure 500 lbs.
- Acted as a team leader for a group of six students and delegated work to each member.

EXPERIENCE

Research Assistant, Mechanical & Aerospace Engineering Department, Princeton University

Fall 2015

- Assist professor and a post-doctoral fellow by performing computational fluids dynamics.
- Perform design validation testing of prototypes.

Engineering Intern, Liberal Design, Dallas, TX

January 2016-Present

- Designed mechanical products and systems by developing and testing specifications and methods.
- Evaluated product ideas, models, and requirements and provided suggestions for improvement.
- Collaborated in a cross-functional project team of mechanical, electrical, and system engineers and developed an
 understanding of the life cycle of product design.

LEADERSHIP ACTIVITIES

Team Leader, Engineers Without Borders

September 2016-Present

- \bullet Lead the Peru team to develop clean water infrastructure in a Peruvian village.
- Research technologies and local resources and design infrastructure for water lines.
- Conduct fundraising to cover all necessary expenses.

Trip Leader, Princeton Outdoor Action

Fall 2016-Present

- Led a group of eight freshmen on week-long wilderness trip.
- Ensured physical and emotional health of the students.
- Mentored them on college life at Princeton and addressed their concerns.

EXTRACURRICULAR ACTIVITIES

Vice President, German Association of Princeton Member, Princeton Bhangra

November 2012-Present February 2016-Present

SKILLS

Technology: Java, Python, MATLAB, Mathematica, SolidWorks

Languages: Majhi (Native fluency); German (Native fluency); Malwai (Conversational proficiency)