

## Sneak peek: Start planning your Five Weeks of Summer 2020...

Sorrento Centre's Five Weeks of Summer is more engaging than ever in 2020, with returning favourites and new offerings.

- ✓ Want to dig your fingers into farm soil?
- ✓ Want to engage your mind and spirit with sacred words and practices?
- ✓ Want to take a pilgrimage along the beautiful trails of the Shuswap?
- ✓ Want to dance?
- ✓ Want to find healing?
- ✓ Want to express your creative self?
- ✓ Want to engage in social justice issues?
- ✓ Want to embrace Mother Earth?

All this and more on offer from July 5 to Aug 8 – the heart of the summer in one of the most beautiful spots in Canada. Our 24-acre main campus features accommodation from suites to tenting sites, and our 8-acre natural farm is bursting with growth. We have fields and forests, gardens and wetlands, a glorious waterfront with great swimming.

A typical day may include morning worship and contemplation, breakfast, courses from 9.30 to 12.30, lunch, optional activities and events in the afternoon on our campus and in the surrounding region. Every evening there are gatherings, and evening worship and contemplation. Guests can sign up for a five-day course (listed below) or choose rest and relaxation option. Some financial support is available to those who need help.

New in 2020: we will be offering half-day events during the course of each week for those that don't want to commit to a full-week course. Stay tuned for more details.



**Registration begins online in January at [www.sorrentocentre.ca](http://www.sorrentocentre.ca)  
or call our office at 1.866.694.2409**

**Week one (July 5 – 11):**



**21<sup>st</sup> century pilgrims: walking on sacred ground**

*with Phil McIntyre-Paul*

Now a 21-year tradition at the Sorrento Centre! Five day-hikes – five little pilgrimages – draw wisdom from naturalists, poets, rascals, and saints as we consider our relationship within the natural world and a viable place within God’s ecology. Phil McIntyre-Paul is the dynamic and visionary leader of the Shuswap Trails Alliance and brings his popular course to the Sorrento Centre for its 21<sup>st</sup> year!

**Eco printing on paper: small journals and cards**

*with Kathy Kinsella*

Explore the amazing way that leaves and botanical bits we gather at Sorrento Centre will be encouraged to transfer their shapes and colours to paper. Eco printing is a wonderfully natural process influenced by natural dyes that are put in the vat with the paper. The beautiful paper that we print will be made into small journals and greeting cards that will provide you with lasting memories of Sorrento Centre! Kathy Kinsella is a gifted Shuswap fibre artist who creates original art quilts and eco print accessories in her home studio.



**Waking up, growing up, clearing up and showing up in the second half of life**

*with Lin Langley, Dianne, Westwood & Marv Westwood*

We need courage to become whole, fully responsible humans who actively pursue our soul’s deepest longings. In workshop we reflect upon, write about, read and share with others our efforts on this heart and soul journey. Then we articulate and develop steps to take in spiritual, relational, community, creative, professional, or environmental domains to ensure we move ahead intentionally and authentically.

**Turbulent 2020s: A theological field guide**

*with Anna Greenwood-Lee and Christine Conkin*

Nobody knows what is coming, but most agree it will be turbulent. Join us as we consider big voices in the theological / religious landscape: Richard Rohr, Christena Cleveland, Brian McLaren, Nadia Bolz Weber, Brene Brown, and Kathryn Tanner. We will struggle and laugh towards theology that sees us through spiritual, political, cultural, and ecological challenges. Anna Greenwood-Lee is rector of St. Laurence Anglican Church, Calgary, and Director of the Wisdom Centre. Christine Conkin has served in three Calgary parishes.



**Week two (July 12 – 18):**



**Creative journaling: cultivating wonder**

*with Kathie MacDuff*

Wonder should not be reserved for the amazing, the awesome or the spectacular. Wonder, when done right, reminds us to stop taking the precious pieces of our lives for granted. Join us as we intentionally “get our wonder on”! Kathie MacDuff is a trained journalist and self-taught artist who has developed a strong following at the Sorrento Centre over the years.

**Ministry to aging parishes**

*with Dan Meakes*

Aging congregations and respect for past generations: Growing old for people and for church communities doesn’t just mean death. As churches close, new forms of ministry can begin. We are people of the resurrection. We know that death proceeds new life. This is a course designed for small teams from parishes considering their future in a time what we are told is full of decline and death. Dan Meakes is a former parish priest and has served as executive director of the Sorrento Centre. He is a skilled farmer, and during 2019, brought the Sorrento Centre farm back into abundant growth!



**All light we cannot see**

*with Joanna Manning*

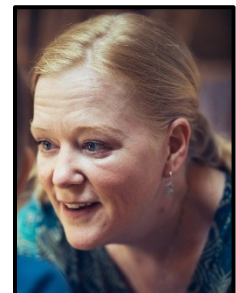
A Journey into the Mystery of God, the Ground of All Being, in the company of science, mysticism and prophecy. From the great flaring forth, we follow the marvellous trajectory of evolution, guided by mystics Pierre Teilhard de Chardin, Hildegarde of Bingen, Julian of Norwich, Oscar Romero, Dorothy Day and Greta Thunberg. Joanna Manning entered the convent of the Sisters of the Holy Child Jesus in England and obtained a B.A. (Hons) in medieval history at the University of London, and an M.Div. at Heythrop College. Joanna left the convent, married and emigrated to Canada with her husband and two sons in 1975. Her stand on the denial of equality for women in the RC church and the sexual abuse of children by priests brought her into conflict with the RC hierarchy, especially with her best-selling book: *Is the Pope Catholic?* (1999). She has published three other books: *Take Back the Truth* (2002) and *The*

*Magdalene Moment* (2006) and *A Trail of Tears* (2019). In 2007, Joanna was received into the Anglican congregation of San Lorenzo and discerned a call to priestly ordination. She was ordained in 2011.

**Neuromovement: freedom from pain**

*with Phoebe MacRae*

Freedom from pain. Relief from anxiety. New skills and connections. Personal balance and empowerment. Ease, calm, creativity, excellence. Mental and physical flexibility. Natural and drug-free. Phoebe MacRae is a fully certified and master level trained neuromovement practitioner, teaching private and public lessons to children and adults. She is a musician, a mother and a life-long learner.





**Week three (July 19 – 25):**



**Creative journaling: magic and mystery (or wonder two)**

with Kathie MacDuff

We began in mystery and we will end in mystery. In the meantime, magic and mystery abound every day. And wonder walks every step with us if we pay attention. The Little Prince told us that what is essential is invisible. Join us as we explore our connection to the mystery. Kathie MacDuff is a trained journalist and self-taught artist who has developed a strong following at the Sorrento Centre over the years.

**Dance your prayers: JourneyDance**

with Sheilagh McGlynn

This is a course for everyone: young, old, differently abled, women, men – everyone who wants to explore movement. JourneyDance is an embodied movement practice done to music. Participants do not need dance experience – just a willingness to listen to your body and move the way your body wants. (Dance Your Prayers). Sheilagh McGlynn is a registered psychotherapist, certified JourneyDance facilitator and works with youth and young adults in the Anglican Church of Canada.



**Sister Water and the Sultan: Lessons from Francis of Assisi**

with Len Desroches

Francis was a friar, deacon and preacher known for his love of nature. He engaged in political and social issues – including a powerful encounter with the Muslim Sultan of Egypt. His thoughts and lessons resonate with the big questions of today: how do we live responsibly and lovingly with the natural world? How do we live lovingly in a world divided by hatred and greed? Len Desroches is a leading Canadian authority on Francis, as well as a peace and environmental activist.

***To be confirmed:* Heaven on earth**

with Michael Battle

The brilliant Episcopal theologian Michael Battle will weave together images from the Biblical book of Revelation as well as the African concept of ubuntu to create images of heaven on earth. Michael Battle is the Herbert Thompson Professor of Church and Society and Director of the Desmond Tutu Center at General Theological Seminary in New York, the Very Rev. Michael Battle, Ph.D. has an undergraduate degree from Duke University, received his master's of Divinity from Princeton Theological Seminary, a master's of Sacred Theology from Yale University and a PhD in theology and ethics, also from Duke University. He was ordained a priest by Archbishop Desmond Tutu in 1993.



## Week four (July 26 – Aug 1):



### **A mosaic workshop for the Sorrento Centre**

*with Marina Papais and Daniel Collett*

A mosaic is “a picture or pattern produced by arranging together small colored pieces of hard material, such as stone, tile, or glass.” Great beauty comes from individual diversity. In this workshop participants will work with Marina Papais and Daniel Collett to create a new mosaic that will be part of the enduring legacy of our beloved Centre. Marina Papais and Daniel Collett have, since 2015, been working with others on a major mosaic project in Ashcroft, BC.

### **Creating homefulness, building community**

*with Michael Shapcott*

In 2019, Canada’s Parliament incorporated the international right to adequate housing in Canadian law. Billions of dollars have been committed. Preventing and ending homelessness requires vibrant homes in healthy communities. Come to learn more about housing and homelessness, learn how to become actively engaged in your community. Michael Shapcott is Executive Director of the Sorrento Centre and is president of the South Shuswap Housing Society, created in 2019. He has been developing housing for more than three decades.



### **Watercolour Flow and Glow**

*with Karin Huehold*

Immerse yourself in the ultimate beauty of watercolour. In this class, we will explore just how magical and wondrous watercolour can be. Using Karin's signature technique of pouring you will create stunning works on a variety of sizes of paper. We'll explore colour choices, paper options, foreground possibilities and much more. Karin Huehold is a well-known Calgary area artist who has taught a multitude of workshops and is well-loved at the Sorrento Centre.

### **Challenging and disarming empire!**

*with Brian Walsh and Sylvia Keesmaat*

Sylvia Keesmaat and Brian Walsh are Canadian theologians who tie sacred stories with contemporary issues to challenge us to think and live more deeply. Together, and with others, they have written on critical social issues, the environment, and also engaging and contemporary commentaries. They nourish and steward a natural farm. Please check back for more details on this offering...



## Week five (Aug 2 - 8):



### Sharing bread four: the journey continues

with *Suzanne Rumsey*

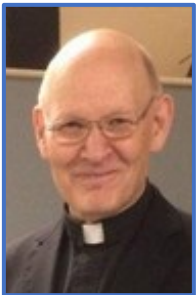
The Primate's World Relief and Development Fund, the international and domestic development agency of the Anglican Church of Canada, has offered this workshop on food security and food justice with both international and domestic perspectives – drawing on local and global examples. The Sorrento Centre's 8-acre natural farm will, once again, form part of the week's activity. Stay tuned for more details.

Suzanne Rumsey is public engagement co-ordinator at PWRDF, a gifted lay theologian and has worked across Canada and globally for several decades.

### Celtic Treasures

with *Lorie Martin and David Taylor*

Come engage in Christian Celtic Spirituality themes through story, chants, and interactive experiences to connect more deeply with our True Essence, the Sacred Earth, and Oneness with God. The course includes time in the classroom, and also around the main campus and natural farm of the Sorrento Centre. Lorie Martin is a spiritual director and contemplative retreat leader. David Taylor is the Rector of the Parish of St. Dunstan in Aldergrove and works with Lorie as the Executive Director of the new Centre for Spiritual Renewal at St. Dunstan's.



### Epiphany: a journey of faith and justice

with *Michael Coren*

Michael Coren was a high-profile broadcaster and author, associated with the Christian right, until he began a journey prompted in part by the marriage equality debate. His book, *Epiphany*, and other writings set out the costs and challenges of this journey. Michael wrote, on his ordination in 2019 to the transitional diaconate in the Anglican Church: "The day I was ordained to join the rebel Jesus, I came into Hamilton's cathedral as one thing, and left as another."

### **To be confirmed:** For everyone born: global songs for an emerging church

with *Jorge Lockward*

This is a music workshop for everyone! Jorge Lockward is a song leader and workshop leader who models a passion for the ways congregational song reflects and shapes the theology and praxis of the community. He is the Minister of Worship for a new United Methodist church in the Northwest Bronx and leads the ecumenical chorale *Cántico Nuevo*. Born and raised in the Dominican Republic, Jorge Lockward lives in New York City where he works as Director of the Global Praise Program of the General Board of Global Ministries, The United Methodist Church, and lectures on worship at Union Theological Seminary.

