



# THE CATHOLIC PARISH OF THE MOST HOLY TRINITY

7th June 2020

## SOLEMNITY OF THE MOST HOLY TRINITY

### THANK GOD,

Father, Son and Holy Spirit! Not only are we celebrating the Solemnity of the Most Holy Trinity, but we are also celebrating (*all be it not as we would want to due to covid-19*), our Parish Feast Day.

Let us invoke the Holy Trinity for ourselves, but more importantly for each and every member of the Most Holy Trinity parish, that God me bless us in His love.

O my God, Trinity whom I adore; help me to forget myself entirely that I may be established in You as still and as peaceful as if my soul were already in eternity. May nothing trouble my peace or make me leave You, O my Unchanging One, but may each minute carry me further into the depths of Your mystery. Give peace to my soul; make it Your heaven, Your beloved dwelling and Your resting place. May I never leave You there alone but be wholly present, my faith wholly vigilant, wholly adoring, and wholly surrendered to Your creative Action.

O my beloved Christ, crucified by love, I wish to be a bride for Your Heart; I wish to cover You with glory; I wish to love You ... even unto death! But I feel my weakness, and I ask You to “clothe me with Yourself”, to identify my soul with all the movements of Your Soul, to overwhelm me, to possess me, to substitute yourself for me that my life may be but a radiance of Your Life. Come into me as Adorer, as Restorer, as Saviour.

O Eternal Word, Word of my God, I want to spend my life in listening to You, to become wholly teachable that I may learn all from You. Then, through all nights, all voids, all helplessness, I want to gaze on You always and remain in Your great light.

O my beloved Star, so fascinate me that I may not withdraw from Your radiance. O consuming Fire, Spirit of Love, “come upon me”, and create in my soul a kind of incarnation of the Word: that I may be another humanity for Him in which He can renew His whole Mystery. And You, O Father, bend lovingly over Your poor little creature; “cover her with Your shadow”, seeing in her only the “Beloved in whom You are well pleased”.

O my Three, my All, my Beatitude, infinite Solitude, Immensity in which I lose myself, I surrender myself to You as Your prey. Bury Yourself in me that I may bury myself in You until I depart to contemplate in Your light the abyss of Your greatness.

~Saint Elizabeth of the Trinity

### The Clergy

#### Parish Priest:

Fr Kevin Dow

#### Priest in Residence:

Fr Nicholas Hodgson

#### Pastoral Assistant:

Rev Pat Carrigan  
(Permanent Deacon)



St Peter in Chains Church,  
Inverkeithing



Ss John & Columba's Church,  
Rosyth



Our Lady of Lourdes Church,  
Dunfermline



## THE LITURGY OF THE WORD

### First reading                      Exodus 34:4-6,8-9

***'Lord, Lord, a God of tenderness and compassion'***

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there.

He called on the name of the Lord. The Lord passed before him and proclaimed, 'The Lord, a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness.' And Moses bowed down to the ground at once and worshipped. 'If I have indeed won your favour, Lord,' he said 'let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.'

*The word of the Lord.*

### Responsorial Psalm                      Daniel 3:52-56

*R/ To you glory and praise for evermore.*

You are blest, Lord God of our fathers.

*To you glory and praise for evermore.*

Blest your glorious holy name.

*To you glory and praise for evermore.*

You are blest in the temple of your glory.

*To you glory and praise for evermore.*

You are blest on the throne of your kingdom.

*To you glory and praise for evermore.*

You are blest who gaze into the depths.

*To you glory and praise for evermore.*

You are blest in the firmament of heaven.

*To you glory and praise for evermore.*

### Second reading                      2 Corinthians 13:11-13

***The grace of Jesus Christ, the love of God, and the fellowship of the Holy Spirit***

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you.

Greet one another with the holy kiss. All the saints send you greetings.

The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

*The word of the Lord.*

### Gospel Acclamation

**cf. Rv1:8**

Alleluia, alleluia!

Glory be to the Father, and to the Son, and to the Holy Spirit;

the God who is, who was, and who is to come.

Alleluia!

### Gospel

**John 3:16-18**

***God sent his Son so that through him the world might be saved***

Jesus said to Nicodemus:

'God loved the world so much that he gave his only Son,

so that everyone who believes in him may not be lost

but may have eternal life.

For God sent his Son into the world

not to condemn the world,

but so that through him the world might be saved.

No one who believes in him will be condemned;

but whoever refuses to believe is condemned already,

because he has refused to believe in the name of God's only Son.'

*The Gospel of the Lord.*

## DEVOTIONAL LIFE & PRAYER



On this Solemnity of the Most Holy Trinity, which of course is also our Parish Feast Day, we celebrate the mystery of one God in three divine persons: God the Father, God the Son, and God the Holy Spirit.

Make the sign of the Cross, invoking the Trinity and then pray a Glory be—giving praise and glory to the Most Holy Trinity.

*Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end, Amen*

### **A Spiritual Communion for use when not able to receive our Lord physically:**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

***Sacrament of Reconciliation & Holy Communion: if you wish to make an appointment with Fr Kevin to go to confession and receive Holy Communion (with all necessary safeguards in place), please contact him at the presbytery or by email.***

**June is a month dedicated to the Sacred Heart of Jesus**, and as you will have noticed, at the end of each Mass during this month, the Litany of the Sacred Heart is prayed. Please do join in, asking our Lord, to enfold you and your loved ones in the tender loving embrace of his Most Sacred Heart.

You may wish to offer up the following Novena as we lead up to celebrating the Solemnity of The Most Sacred Heart of Jesus on 19th June especially in these difficult times.

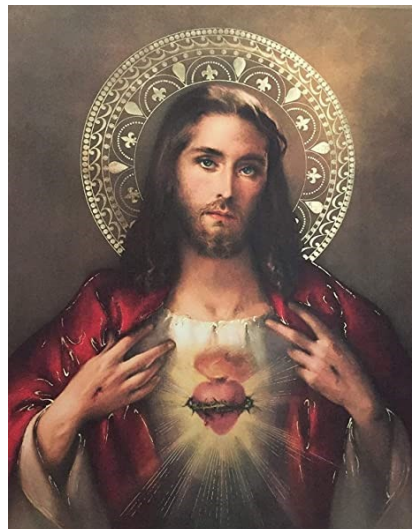
O my Jesus, You said, “Truly I say to you, ask and you shall receive, seek and you shall find, knock and it shall be opened to you,” behold I knock, I seek and I ask for the grace of ...

*Our Father, Hail Mary, Glory be.*

Sacred Heart of Jesus, I place all my trust in You. O my Jesus, You said, “Truly I say to you, whatsoever you shall ask the Father in My name, He will give it to you,” behold in your name I ask the Father for the grace of ... Our Father, Hail Mary, Glory be. Sacred Heart of Jesus, I place all my trust in You. O my Jesus, You said, “Truly I say to you, heaven and earth shall pass away but my words shall not pass away,” behold encouraged by your infallible words, I now ask for the grace of ...

*Our Father, Hail Mary, Glory be.*

Sacred Heart of Jesus, I place all my trust in You. O Sacred Heart of Jesus, to whom one thing alone is impossible, namely, not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of You through the Sorrowful and Immaculate Heart of Mary, Your and our tender Mother. Hail, Holy Queen ... St Joseph, foster father of Jesus, pray for us.



### **PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND INFIRM**

Canon McAllister,  
Maureen McLeod,  
James Morris,  
Elaine McCormick,  
Sandra Graham,  
Ester Wren,  
Daniel Cornet,  
Ann-Marie Bevan,  
Patricia Phee,  
Angie Kempson,  
Margaret Lynch,  
Edith Bryant,  
Elizabeth McVay,  
Veronica Fogherty,  
David and Lynn Dean,  
Colin Reid,  
Martin Lacey,  
Sandra Christie,  
Eleanor Haggett,  
Susan Stevenson,  
Elizabeth Byrne  
and Jennifer Imrie  
*Our Lady, Mother of the sick—pray for them*

### **OF YOUR CHARITY, PLEASE PRAY FOR THE RECENTLY DECEASED**

John McLoughlin  
RIP and those who have died of Covid-19



## COVID-19 & OUR PARISH

### MAKING A DONATION

During this time of Church closure, and no public Masses being celebrated, you have very little chance of supporting the ongoing mission of the parish and upkeep of our church buildings.

Therefore the archdiocese has arranged for a new way of giving. If you click on the relevant link, for which of our 3 churches you wish to make a donation towards, this will take you to the relevant site.

All you need is your credit or debit card details and you can securely make an online donation.

We thank you for all that you have contributed in the past, and if you are able to continue your support, which can also be Gift Aided, we would be eternally grateful. God bless.

For St Peter in Chains Church - <https://donor.secureoperations.com/detailed/donate...>

For Ss John & Columba's Church - <https://donor.secureoperations.com/detailed/donate...>

For Our Lady of Lourdes Church - <https://donor.secureoperations.com>



**Where are we at:** After consultation with the Scottish Government, the BCOS General Secretariat has released national guideline documents on how we prepare for the phased reopening of our churches. You will find their downloadable links on the following webpage: <https://www.bcos.org.uk/COVID19/tabid/127/Default.aspx>

### Volunteer Stewards

We are currently working hard on our preparations for the reopening of the church for private prayer. We continue to put measures in place so that we able to successfully complete the risk assessment once we receive it. We will also need a team of volunteer stewards who can supervise the church while it is open. This will include supervising social distancing and activities inside and outside the building. It will also entail some cleaning at the end of each opening session. Volunteers must be under 70 and with no underlying health conditions. If you are a parishioner and feel you would like to help, please email us with your contact details on [admin@catholicswife.com](mailto:admin@catholicswife.com)

*Please also note that a form (found on the BCOS website—link above) will be required to be filled in prior to the start of your volunteering.*

### THANK YOU

Thank you to all parishioners for your continued support of each other and of the parish. Thanks to those who have contacted us and other parishioners with kind messages of support and encouragement, and thanks to everyone for your continued financial support of the parish.

**It is important for us as a parish to begin to gather together a parish “support network”.** We need to recruit the following volunteers for each church:

1) A person in our community who has technical skills. This will be

useful if you think an electronic booking system might be used to facilitate low density activity and it will also help to keep our community connected;

2) A person who is well connected with active adults of your parish. This will be useful especially if you want help to increase the volunteer pool so that there are people to facilitate good practice and cleaning;

3) A person who may have connections to the more senior members of your community to ensure they are made aware of the changes taking place;

4) A person with sewing skills. Guidelines will very likely require the use of face coverings. It is likely that your parishioners will have their own face coverings and they will be asked to bring them and wear in the church buildings. We may be able to help parishioners who are unable to procure their own face coverings, or who come along without one. There is solid evidence based advice on how to sew home-made face coverings (click here: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>), and there may be volunteers willing to sew these;

5) A creative person. Protocols will involve the use of hand sanitisers and face coverings, and they may be able to prepare signage that will work within your parish to alert the faithful to these expectations. We hope to provide templates soon for you to use, but it's likely you will want to tailor them to your community and building, and someone to help with that would be an asset.

***Please email the parish if you wish to volunteer.***



## NEWS & EVENTS

**Sunday evenings** At this time, there is a weekly ecumenical call to prayer on Sundays at 7pm. Thirteen Christian churches and organisations are taking part for the fourth consecutive week, with people urged to place a candle in their window at that time. We will publish details for this Sunday's prayer on our social media and website when we receive it. Please see <https://archedinburgh.org/churchesjoin-in-prayer-for-sunday-evening/>

**Prayer resources** There are an increasing number of valuable resources online that are very useful to Catholics during the lockdown. One which you may find worthwhile is on a website called Thy Kingdom Come, which has issued a range of neatly formatted resources, including Morning, Evening and Night prayer as well as a Pentecost Novena. You may wish to share these with parishioners. Visit: <https://www.thykingdomcome.global/resources/resources-catholic-church>

**Day for Life:** The theme for this year's Day for Life is "Choose Life". During the coronavirus crisis calls from pregnant women are still being received so your donations will be well used by the Archdiocesan Pro-Life Office to help them. You can donate online: [https://donor.secure-operations.com/detailed/donate?charity\\_id=1086319&type=2&hidden\\_amount=&amount=&reference=LIFE](https://donor.secure-operations.com/detailed/donate?charity_id=1086319&type=2&hidden_amount=&amount=&reference=LIFE). Or cheques can be sent to Pro-Life Office, Archdiocesan Offices, 100 Strathearn Road, Edinburgh, EH9 1BB. Please make cheques payable to Archdiocese of St Andrews & Edinburgh. Thank you for your support at this time!

**Parish First Holy Communion celebrations:** because of the on going pandemic and the closure of our churches, the scheduled celebrations have been provisionally moved to the following dates after consultation with the senior management teams in our parish schools: Our Lady of Lourdes Church (St Margaret's PS) - Saturday 7th November at 11am & Ss John & Columba's Church (St John's PS) - Saturday 21st November at 10am.

**Online Activities to Support EU Citizens:** The national lockdown during the coronavirus outbreak, unfortunately, prevents us from traveling around Scotland with our free information sessions. Many EU citizens and their families however still require information and support with their EU Settlement Scheme applications. In response to their needs, Citizens' Rights Project has decided to launch an online information and support service. For more information, please contact [info@citizensrightsproject.org](mailto:info@citizensrightsproject.org).

## OUR VIRTUAL PARISH

as you all know, all public Masses, services, activities, clubs, etc are currently on hold. We do not know when the government will allow us to resume normal activities, and so please bear with us. Let us pray that the all clear may come soon, and that the virus does not claim anyone from our parish community.

During this trying time, both Deacon Pat and Fr Kevin have taken to social media to try and keep some form of parish activities on going. The timetable on the back of the newsletter, tells you of when and what we are doing.

All of these Masses and services are being 'live streamed' through the parish Facebook pages: "The Catholic Parish of the Most Holy Trinity" and "Most Holy Trinity Parish-Our Lady of Lourdes Church." If you have Facebook and you have not already 'liked' these pages (why wouldn't you have already?!), then please do so and keep in touch with the parish.



## DEACON PAT'S PONDERINGS



### Feast of Most Holy Trinity

Happy Parish Feast day! Sadly, we can't celebrate it in the way we would have wanted due to the present pandemic but we'll make up for it later in the year. What we can do is take solace in the words of the entrance

antiphon as we look to the future;

"Blest be God the Father, and the only begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love".

Paul, in the Second Reading speaks of the God of Love and Peace and if you remember last week's Night Prayer, I looked at the word Peace. I thought I would run through it again today!

The Disciples were filled with joy when they saw the Lord and Jesus said "Peace be with you"

What Jesus would have said is Shalom. Now Shalom is a Hebrew word and it

means peace, harmony, wholeness, completeness, prosperity, welfare and tranquillity and can be used idiomatically to mean

both hello and goodbye. Not just the English equivalent of quietness.

As it does in English, it can refer to either peace between two entities, especially between man and God or between two countries, or to the well-being, welfare or safety of an individual or a group of individuals.

This was what Jesus wished for his Disciples, not just tranquillity, but a genuine relationship with God, with Christ, a relationship full of harmony, a wholeness and completeness with God leading to spiritual prosperity, wellbeing and inner tranquillity

As we have been baptised in the name of the Father and of the Son and of the Holy Spirit and because of that we have become Christians, Disciples of Christ.

The Gospel, the Good News, and the baton of

evangelisation has been passed on to us modern day Disciples. Now it is up to us

Shalom

to 'go therefor and teach all nations' and to keep the Gospel message and Christianity alive.

So today as we celebrate our parish feast day, may I also wish you all Shalom!

**Parish Safeguarding Coordinators** Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLoL)

**Baptisms & Marriages** Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

**Sacrament of the Sick / Hospital Visitations** Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Dow to visit. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans of St Marie's Kirkcaldy (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain (emergency cover is provided by the various priests in Fife) please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Chris Heenan at St Margaret's (625611) **Please note that a patient/family request must be made before the clergy can visit.**

**Names for sick list** Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office of any name to be added or removed.

**Mass Intentions** Please try to have any intention that is required to be said on a particular date in a month before hand. On occasion when a funeral takes place, the stated intention will be moved to the next available date.

**Hall Bookings** Please contact (for St Peter's Hall) Mrs Pat Reid on 417214 or Mary Irvine at the Parish Office (for Our Lady of Lourdes Hall) for availability.

**Bulletin Notices** All notices should be with the Parish Office by Thursday morning for inclusion in the week-end bulletin

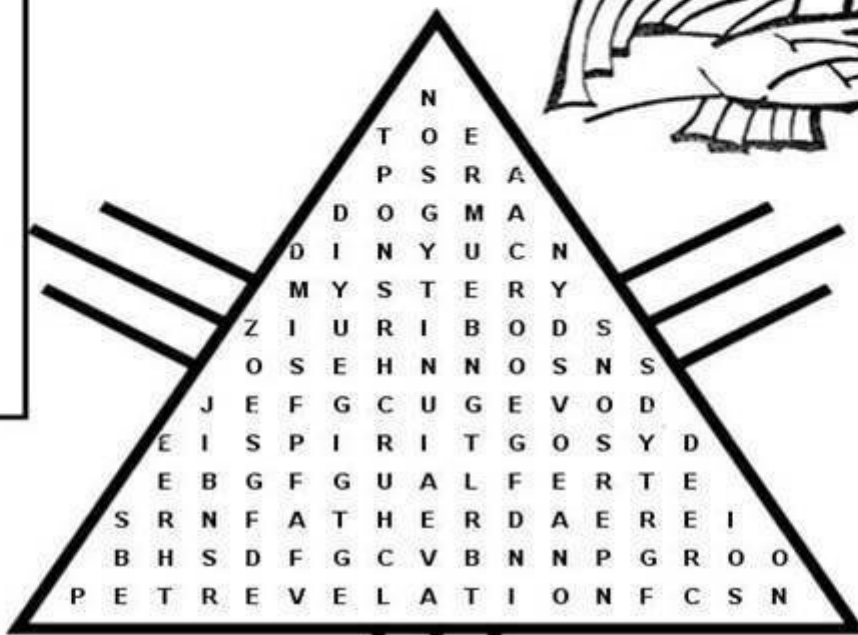


# THE KID'S KORNER

## The Blessed Trinity



- Persons
- Dogma
- Mystery
- Three
- Unity
- Father
- Son
- Spirit(Holy)
- Church
- Revelation
- Creed
- Jesus
- Dove
- God



Find the hidden words



## LITURGICAL TIMETABLE FOR COMING WEEK

<b>Sunday 7th June</b> <i>Solemnity of The Most Holy Trinity</i>	<b>10.00am</b> 4.00pm	<b>Holy Mass</b> <i>Exposition &amp; Benediction</i>	<i>Pro Populo</i>
<b>Monday 8th June</b> <i>in the 10th Week of the Year</i>	<b>No Mass</b>		
<b>Tuesday 9th June</b> <i>Feast of St Columba</i>	<b>10.00am</b>	<b>Holy Mass</b>	<i>For the Clergy &amp; Catholics of Scotland</i>
<b>Wednesday 10th June</b> <i>in the 10th Week of the Year</i>	<b>10.00am</b>	<b>Holy Mass</b>	<i>Fr Tommy Greenan RIP</i>
<b>Thursday 11th June</b> <i>Memorial of St Barnabas</i>	<b>10.00am</b>	<b>Holy Mass</b>	<i>John McLoughlin RIP</i>
<b>Friday 12th June</b> <i>in the 10th Week of the Year</i>	<b>10.00am</b>	<b>Holy Mass</b>	<i>Effie &amp; Tommy Murphy RIP</i>
<b>Saturday 13th June</b> <i>Memorial of St Anthony of Padua</i>	<b>10.00am</b>	<b>Holy Mass</b>	
<b>Sunday 14th June</b> <i>Solemnity of The Most Holy Body &amp; Blood of Christ (Corpus Christi)</i>	<b>10.00am</b> 4.00pm	<b>Holy Mass</b> <i>Exposition &amp; Benediction</i>	<i>Pro Populo</i>



### The Catholic Parish of The Most Holy Trinity



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Facebook: <https://www.facebook.com/catholicswfife/>



*The Most Holy Trinity is a parish of the Archdiocese of St Andrews & Edinburgh.  
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