

### **CURRICULUM VITAE**

Guillermina R. Solis, PhD, APRN, FNP & GNP-C

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### **EDUCATION**

2012	Postdoctorate	University of Utah, College of Nursing, Salt Lake City, UT. Geriatrics research
2010	Ph.D.	Doctor of Philosophy, College of Health Science/School of Nursing, The University of Texas at El Paso, El Paso Texas Major: Interdisciplinary Health Science
2001	Post M.S.	Post Master of Sciences in Family Nurse Practitioner, School of Nursing, University of San Diego, San Diego, California
1995	M.S.	Master of Sciences in Nursing, School of Nursing, University of Arizona, Tucson, Arizona Major: Geriatric Nurse Practitioner
1986	B.S.N.	Bachelor of Science in Nursing, School of Nursing, The University of Texas at El Paso, El Paso Texas
1978	A.D.N.	Associate Degree in Nursing, School of Nursing, New Mexico State University, Las Cruces, New Mexico

### **ACADEMIC PROFESSIONAL EXPERIENCE**

2013	Assistant Professor, School of Nursing, Graduate College, The University of Texas at El Paso
2010-2013	Assistant Clinical Professor, School of Nursing, Graduate College, The University of Texas at El Paso Students: Acute and Family Nurse Practitioners; Master's nursing degree Committee: Pillars of Excellence; Community Service
2011-present	Adjunct Faculty, Texas Tech University, Paul Foster Medical School, El Paso, TX
2007-2010	Clinical Instructor, School of Nursing, Graduate College, The University of Texas El Paso Students: Master's Acute and Family Nurse Practitioners Development of on-line Primary Health Care of Adults Assistant Instructor in Pharmacology
2007-2008	Research Assistant, Dr. R. Anders, The University of Texas El Paso, El Paso, TX
2005-2010	Clinical Preceptor, School of Nursing, Nurse Practitioner program, Texas Tech University, Lubbock, Texas
2003-2005	Diabetes Educator El Paso Community, El Paso, Texas. (Private Practice)
2001-2007	Clinical Preceptor, School of Nursing, Nurse Practitioner program, New Mexico State University, Las Cruces, New Mexico

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- 1997-2009 Clinical Preceptor, School of Nursing, Nurse Practitioner program, The University Texas El Paso, El Paso, Texas
- 1997-1999 Lecturer, Baccalaureate Nursing Program, University of Phoenix, El Paso Campus, El Paso, Texas
- 1990-1993 Educator and liaison for Mexican Nurses in preparation for National Council Licensure Examination (NCLEX) for RN and migration to U.S., El Paso, Texas

### **RESEARCH, GRANTS, PROJECTS**

- 2013 Research Grant. Award from the University Research Incentive (URI) Program, The University of Texas at El Paso. Research project "Spatial distribution of falls in older adults living in El Paso, Texas". Effective September 1, 2013 to August 31, 2014. Principle Investigator. In progress.
- 2012 Project grant. Award from Office on Women's Health Safety and Health for Older Women. Implementation of "Preventing falls in El Paso women (PFEW)", A Matter of Balance Volunteer Lay Leader Model. January to August 2013. Project Director. Completed
- 2012 Research. Distant coder, audio taped interactions -320 encounters, of Hospice home care research project evaluating communication between nurse, caregiver, and cancer patients at end-of-life. University of Utah, College of Nursing. January to December 2012. Completed
- 2011-2013 Research. Multidisciplinary research project falls coalition, The University of Texas at El Paso Falls Coalition: "Evaluation of risks for falls in Hispanic older adults residing in El Paso County". Instrument development of health variables in fall risks. The U.S. National Library of Medicine. Research team investigator. Completed
- 2008-2010 Research Grant. Dissertation funded award: "Co-existence of Diabetes Mellitus Type 2 and Depression Symptoms: Its relationship to glucose control, perceived stress, and physical health." National Institutes of Health, National Center on Minority Health Disparities, Disparities Research Center, The University of Texas at El Paso
- 2006 Research. "Assessment of Mental Health status of residents in San Elizario, Texas." Research Grant from the National Institutes of Health, National Center on Minority Health Disparities through the Hispanic Health Disparities Research Center, The University of Texas at El Paso, El Paso, TX. Research team investigator. Completed
- 1995 Research. "Incidence of Caregiver Abuse among Mexican Americans and Euro-Americans." Thesis Research. University of Arizona, College of Nursing, Tucson, Arizona. Secondary data analysis. Completed
- 1993 Research. "Life and Health: Vida y Salud." Intervention study on childhood obesity in Mexican Americans residing in rural Arizona. University of Arizona, College of Nursing. Research Assistant, Principle Investigator Dr. I. Luna. Completed

### **PUBLICATIONS**

- Solis, G. (2015).** To Give & To Get: How Nurse Faculty Scholars Contribute and Benefit from Participating in Interdisciplinary Research Team. *Nursing Forum*. In Review October 20, 2015
- Solis, G., & Bradway, C. (2015). Enhancing Diversity Among Geriatric Nurse Scientists. *Res Gerontol Nurs*, 8(3), 106-108. doi: 10.3928/19404921-20150501-01

Solis, G., Olvera, H.O., Castillo, R. (2015). Fall injuries in older adults in a USA-Mexico border community: Personal characteristics, fall event, and emergency medical system utilization. *Ehquidad International Welfare Policies and Social Work Journal* 3-01, January 2015 e- ISSN 2386-4915.

Solis, G. (2014). Remember your roots: 3 nursing traits that can help you transition to the scholarly researcher role. *Reflections on Nursing Leadership*. September 30, 2014.

Reed-Jones, R., Solis, R. G., Lawson, K., Loya, A., Cude-Islas, D., & Berger, C. (2013). Vision and falls: A multidisciplinary review of the contributions of visual impairment to falls among older adults. *Maturitas*, 75(1), 22-28.

Moya, E., Solis, G., Lusk, M., & Ramos, R. (2012). In C.A.Winter (Ed.)\_U.S.-Mexico border (La Frontera): Challenges and Opportunities in Rural and Border Health. In Charlene A. Winters, PhD, APRN, ACNS-BC (Ed.), *Rural Nursing: Concepts, Theory, and Practice* (4<sup>th</sup> ed.). Springer Publishing

Anders, R., Olson, T., Robinson, K., Wiebe, J., Sias, J., Digregorio, R., Guillermina, Mina, Albrechtsen, J., Ortiz, M. (2010). A health survey of a colonia located On the West Texas, US/Mexico border. *Journal of Immigrant and Minority Health*, 12, 361-369.

Anders, R., Olson, T., Robinson, K, Wiebe, J., Sias, J., DiGregorio, R., Guillermina, M., Ortiz M. (2008). Diabetes prevalence and treatment adherence in residents living in a colonia located on the West Texas, US/Mexico Border. *Nursing Health Science*,10,195-202.

Phillips, R. L., Torres, de A. E., & Solis, B. G. (2001). Abuse of female caregivers by care recipients: another form of elder abuse. *Journal of Elder Abuse & Neglect*, 12 (3-4),123-143.

### **Submitted**

**Solis, G. (2015).** To Give & To Get: How Nurse Faculty Scholars Contribute and Benefit from Participating in Interdisciplinary Research Team. *Nursing Forum*. Submitted September 14, 2015

### **In Progress**

**Solis, G.,** Paez, R., Champion, J., (2015). Fall Injuries in Older Adult Men in A U.S.-Mexico border community: examining social-cultural influences. *Journal of American Academy of Nursing*. Expected completion date 11/15/2015.

**Solis, G.,** Lawson, K., Loya, A., & Berger, C. (2015). A pilot study to examine feasibility for integrating health professional students in-home research of Hispanic Older adults in a U.S.-Mexico border community. *Maturitas*. *Expected completion date 12/2015*

### **HONORS/AWARDS/RECOGNITION**

2015 Selected to NINR Big Data in Symptoms Research Methodologies Boot Camp. Baltimore, MD. July 20-24, 2015

2015 Selected in the inaugural class of the BUILDing SCHOLARS Supermentor Program. NIH funded cooperative university program. The University of Texas at El Paso and The University of Texas at Austin. January 2015

<http://buildingscholars.utep.edu/web/index.php/funding-opportunities/supermentor-program/2015-awardees>

- 2012 Selected to National Institute on Aging (NIA). Taking the Next Step: Grants Technical Assistance Workshop 2012. San Diego, CA. November 2012.
- 2012 Selected to the Leadership Conference of the Hartford Foundation-funded Building Academic Geriatric Nursing initiative. San Diego, CA. November 2012
- 2012 Selected for the Hartford Institute for Geriatric Nursing. Geriatric Nursing Research Summer Scholars Program. New York University College of Nursing, New York, NY. Summer 2012.
- 2012 Excellence in service award presented by University of Texas at El Paso. Peer selected for recognition of service to the university, students, and community. May 2012
- 2011 Selected as a Postdoctoral Fellow at the University of Utah, College of Nursing starting January 2012. Research focus: Safety issues in the Geriatric Population
- 2011 Selected Protégé for the National Hispanic Association Mentorship Academy. June 2011
- 2008 Scholastic Scholarship for future Nursing Faculty awarded by Del Sol Medical Center, El Paso, Texas. May 2008
- 2008 Selected participant of Johnson & Johnson Diabetes Institute, Diabetes Treatment Advocate/Educator, Milpitas, California. March 2008.
- 2007 Nurse Excellence Award, Outstanding Advanced Practice Nurse, awarded by Visiting Nurses Association of El Paso, Texas. May 2007
- 1999 Keynote speaker, Mexican National Nurses Day Celebration, Cd. Juarez, Chihuahua, Mexico. January 1999
- 1995 Distinguished Hispanic Nurse, National Hispanic Nurses Association, New York City, New York. July 1995
- 1995 Nominated Centennial Award, Outstanding Graduate Student Award, University of Arizona, Tucson, Arizona
- 1995-present Sigma Theta Tau, Beta Mu Chapter, International Honor Society of Nursing, Tucson, Arizona

### **PRESENTATIONS**

Solis, G. Workshop Series (3 hours each): "Cuidados del Adulto Mayor al Final de la Vida". End-of-Life Nursing Education Consortium (ELNEC) in Spanish with cultural and clinical practice relevance for Mexican nurses and multidisciplinary health professionals. Manzanillo, Colima, Mexico. March 14-16, 2016. (Invited)

Solis, G. "Cuidados de Enfermería al Final de la Vida del Adulto Mayor". 2<sup>nd</sup> International Geriatric Conference. Key note speaker. Manzanillo, Colima, Mexico. March 17, 2016 (Invited)

Solis, G. "The state of fall injuries in older adults and emergency service utilization". Border RAC. El Paso, TX. February 3, 2016. (Invited)

Solis, G. "Fall injuries in older adult men and its implications for public policy and service support". 2<sup>nd</sup> International Conference on Geriatric & Gerontology, Toronto, Canada. August 25, 2015. (Selected)

Solis, G. "A Fall in Older Adults Is More Than a Misstep: Find the Story and Take Action". Poster presentation, AANP 2015 National Conference, New Orleans, LA. June 10, 2015. (Selected)

Solis, G. "La Espiritualidad y La Salud En El Transcurso De La Vida: Spirituality and Health Across the Life-Span". Podium Presentation, Cuarto Simposium Nacional de Geriatria, Campus Celaya Salvatierra, Universidad de Guanajuato, Celaya, Guanajuato, Mexico (Invited). November 21, 2014

Solis, G. and Olvera, H.A. "Linking Fall Events and EMS Utilization by Older Adults In A U.S.-Mexico Border Community". Poster Presentation, Gerontological Association of America's 67<sup>th</sup> Annual Scientific Meeting, Washington, D.C. November 8<sup>th</sup>, 2014. (Selected).

Solis, G. "Falling Down Is not by Chance". Poster Presentation, National Association Hispanic Nurses 39<sup>th</sup> annual conference, Miami, Fl. July, 18<sup>th</sup>, 2014. (Selected).

Solis, G. and Acosta Ana. "Stay on your feet". Podium Presentation, 19<sup>th</sup> Annual Senior's Love Conference. El Paso Community College, El Paso, TX. February 15<sup>th</sup>, 2014. (Invited).

Solis, G. "Fall Prevention in Older Adults: Can We Stop Falls". Podium Presentation Sigma Theta Tau International-Delta Kappa & Phi Omega Conference. New Mexico State University, Las Cruces, NM. October 19, 2013. (Invited)

Solis, G. and Guerrero, V. "Tales of falls: fall risks in Hispanic Older Adults". Podium presentation at Mano y Corazon 2013. Podium presentation at Binational Conference of Multicultural Health Care Solutions. El Paso, TX. September 28, 2013. (Selected).

Solis, G., Quist, C., & Moya, E. "U.S.-Mexico Border: Challenges and Opportunities in Rural and Border Health. The Healthy Exchange Seminar Series. The University of Texas at El Paso. September 11, 2013. (Invited)

Solis, G. " Geriatric Care Competencies" NICHE curriculum series. University Medical Center, El Paso, TX. May 10 and 24<sup>th</sup>, 2013. (Invited)

Solis, G. "Enhancing Academic and Research Career with a Postdoctoral Fellowship". Delta Kappa & Pi Omega Regional Conference, El Paso, TX. March 30, 2013 (Selected)

Solis, G., J. Kehinde, Reblin, M., Clayton, M.F., & Ellington, L. "Using Distance Coders in Communication Research: How to Get Done". Poster presentation at the Western Institute of Nursing, Anaheim, CA., April 11, 2013. (Selected)

Solis, G. and J. Kehinde "The Process of Coding Communication Research by Distance Coders: Taking Advantage of Technology" Podium presentation at Seminar Series. University of Utah, College of Nursing, Salt Lake City, UT. February 15, 2013 (Invited)

Solis, G. "Challenges and Opportunities in U.S.-Mexico Border Health" Podium presentation at closing events of the XII Binational Health Week sponsored by Consulado de México: U.S.-Mexico. El Paso, TX. October 15, 2012. (Invited)

Solis, G. "Determinants of Fall Related Injuries". Podium presentation at the Mano y Corazon Binational Conference of Multicultural Care Solutions, El Paso, TX. October 1, 2012. (Selected)

Solis, G. "A lending hand: Awareness and Service". Podium presentation at the Mano y Corazon Binational Conference of Multicultural Care Solutions, El Paso, TX. October 1, 2012. (Selected)

Solis, G. "Relationship of Depression and Glucose Control in Mexican-American Adults with Type 2 Diabetes". Poster presentation at the Western Institute of Nursing, Portland, OR. April 20, 2012. (Selected)

Solis, G., Harris, M., & Berger, C. "Evaluating Risk Factors of Accidental Falls in Mexican-American older adults". Poster presentation at the STTI-Delta Kappa & Phi Omega Research Conference, El Paso, TX. March 10, 2012. Award winner. (Selected)

Solis, G. "Glucose Control Levels and Medical Health History as Predictors of Depression Symptoms in Mexican American adults with type 2 Diabetes". Podium presentation at the National Association of Hispanic Nurses 36<sup>th</sup> conference, Las Vegas, NV. July 20, 2011. (Selected)

Solis, G. "The connection between type 2 diabetes and depression symptoms, why it matters". Lecture for Social Work students. El Paso, TX. June 20, 2011. (Invited)

Solis, G. & Gybak, K. "Exploring Social Media and Enhancing Active Learning in Online Nursing Education". Podium presentation at Innovations in Online Learning Conference, San Antonio, TX. May 26, 2011. (Selected)

Solis, G & Gyabak, K. "Adventure Web 2.0: Exploring the Possibilities of New Media Tools in Creating Dynamic & Engaging Online Learning Experiences". Podium presentation at the Sun Conference, University of Texas at El Paso, El Paso, TX. March 11, 2011. (Selected)

Solis, G. "Co-existence of Diabetes Mellitus Type 2 and Depression Symptoms in Mexican-Americans". Poster presentation at the American Academy of Nurse Practitioners, Phoenix, Arizona. June, 2010. (Selected)

Solis, G. "The co-existence of diabetes and depression in Mexican Americans, background and significance". The University of Texas at El Paso Research Conference, El Paso, Texas, May 2010. (Selected)

Solis, G., Wiebe, J. & Anders, R.L. "Comparison of health status of individuals with self-reported diabetes and those without diabetes living in a *colonia* along the US/Mexico". Poster presentation at the U.S./Mexico Health Research Symposium, El Paso, TX. September, 2008. (Invited)

Solis, G. "Diabetes and Depression in Mexican Americans." Brown Bag Forum, College of Health Sciences, The University of Texas at El Paso, March, 2008. (Invited)

### **REVIEWER**

Peer reviewer for *The Gerontologist*. August-December 2014.

Peer reviewer for *Hispanic Health Care International*. January-December 2014.

### **CLINICAL WORK EXPERIENCE**

2010-present	Nurse Practitioner. Primary Health Care Provider for Adult and Geriatric patients at "The Clinic", Internal Medicine Practice, El Paso, Texas
2000- 2010	Family Nurse Practitioner, Primary Health Care Provider, Candelaria Medical Center. Evaluation and management of patients across the life span with acute and chronic medical conditions, El Paso, Texas
2007-2008	Community Educator, MERCK Pharmaceuticals, "HPV Infection and its relationship to cervical cancer" in predominantly Hispanic Cities in the U.S.
2004-2007	Nurse Practitioner, NCED Mental Health Hospital. Medical management of acute psychiatric patients, El Paso, Texas
1999-2001	Nurse Practitioner, Private Practice (owner). Primary Care Provider for Adults and Geriatric population, El Paso, Texas
1997-2000	Geriatric Nurse Practitioner, Columbia Hospital Outpatient Geriatric Clinic, Established a Geriatric outpatient clinic and provided Primary Health Care Services along with coordination of medical and community services for population served. El Paso, Texas
1998-2002	Home Health Nursing Services in Ciudad Juarez, Chihuahua, Mexico (owner)
1995-1997	Adult Nurse Practitioner, epPremier Internal Medicine Group, Nurse Clinician and Primary Care Provider. Assisted in the management of adult and older adults patients in acute care and rehabilitation services. El Paso, Texas

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- 1990-1993 Director of in-hospital Skilled Nursing Facility (SNF), Columbia Medical Center, El Paso, Texas. Established first in-hospital SNF. El Paso, Texas
- 1982-1989 Burn Nurse, Sun Towers Hospital. Responsible for acute and rehabilitative care of patients with burn injuries, air transport for stabilization and transferring to higher acute level facilities. El Paso, Texas
- 1979-1981 Intensive Care Unit staff nurse, Memorial General Hospital. Las Cruces, New Mexico

#### **JOURNAL REVIEWER**

- 2013 to present *Hispanic Health Care International*. Journal of the National Association of Hispanic Nurses
- 2014 *The Gerontologist*. Journal of The Gerontological Society of America

#### **PROFESSIONAL MEMBERSHIP**

American Nurses Association  
Gerontological Society of America  
American Academy of Nurse Practitioners  
El Paso Area Advance Practice Association  
2015 Continuing Education Committee  
National Association of Hispanic Nurses, El Paso Chapter  
2016: Chapter President  
2014 to 2015: Chapter President-elect  
2013 to present: National Mentorship Academy Advisor  
Sigma Theta Tau Delta Kappa Chapter,  
2013 to present: Board Member: Succession Committee

#### **CERTIFICATION**

- 2011-2016 Geriatric Nurse Practitioner, American Academy of Nurse Practitioners
- 2002-2016 Family Nurse Practitioner, American Academy of Nurse Practitioners
- 1995-2002 Adult Nurse Practitioner, American Academy of Nurse Practitioners
- 1995-2002 Geriatric Nurse Practitioner, American Nurses Credentialing Service
- 1995-Present Advanced Practice Nurse in Texas

#### **Professional & Community Service**

- 2014- present Fall Prevention Community Educator: El Paso Fire Department
- 2013-present Nursing educator: Geriatric Essentials. University Medical Center, Acute for the Elderly department
- 2012-present Reviewer for Hispanic Health Care International Journal a publication of the National Association of Hispanic Nurses
- 2012 Consultant to Infinite Minds Homeschool program in preparation for robotic project: The physiological changes of aging and safety concerns

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2012	Coordinated mentorship program for the National Hispanic Nurses Association El Paso Chapter. Program serves as a national model
2011-present	Director of non-profit volunteer wellness clinic for family shelter and outreach clients receiving service at the Center Against Family Violence community program
2011-present	Community outreach educator: "Addressing Domestic and Sexual Violence and Reproductive Coercion in Family Planning and Adolescent Health". Sponsored by Texas Public Health Initiative and The Center Against Family Violence, El Paso, TX.
2009-present	Community Advisory Board, Border Institute For Excellence In Gerontologic Care, The University of Texas at El Paso, El Paso, Texas
2007-2009	Primary Health Care Provider (volunteer), Adventist Family Clinic, Serves indigent clients residing in El Paso Lower Valley, El Paso, Texas
2005-2008	Medical Missionary for health care services, Chihuahua, Mexico
2004-2008	Merit badge counselor for Boy Scouts of America, Troop 86, YUCCA council, El Paso, Texas
2002-2005	Member of the Board of Directors, El Paso Visiting Nurses Association, El Paso, Texas
1995-2013	Primary Health Care Provider (volunteer) El Paso Baptist Clinic serves indigent clients from El Paso County and surrounding areas, El Paso, Texas

#### University of Texas at El Paso Service

2016: Thesis Committee, Spring 2016, S. Salinas, MPH. A comparison of nutritional guidelines and the impact on overweight-obese adults. College of Health Sciences

2015: Thesis Committee, Fall 2015, A. Mayorga, MPH. Effect of arsenic and lead in children's BP.

2015: Thesis committee, Spring 2015, Alexandra Burciaga, Speech Pathology. Seizure activity and speech effect

2014: Thesis committee member for Luisa Garcia, MPH

2013-present: Interdisciplinary Health Science PhD Executive Council member. School of Nursing representative

2011- present: Graduate Scholarship Committee member

Committee Member/Chair in Masters Degree in FNP and DNP program

2015 DNP Capstone Project Committee member, Editha Claros

2009 Chairperson, D. Vallejo

2009 Committee member, A. Silvas and B. Candelaria

2010 Chairperson, C. Gray, R. Slape, and M. Vasquez

2011 Spring Chairperson, P. Hamilton, H. Meza

2011 Summer Committee member: A.

2011 Fall Committee member: A. Hinshaw and V. Santana