

Song & Prayer Through Lent 2021

Lent is a season of preparation. This season starts on Ash Wednesday and ends on Easter, and it marked roughly by 40 days. During those days we reflect on a few important themes (really doctrines) central to our Faith. As mentioned above, Ash Wednesday begins the season. It usually encompasses receiving ashes on the forehead in the shape of a Cross. It's are reminder of our own bodily frailty because of the curse of sin. If you or family participates in Ash Wednesday, it can be a somber time to discuss how from dust we were made and to dust we will return (Gen 3:19). Why discuss what could be a depressing and awkward topic? The writer of Ecclesiastes tells us, "Death is the destiny of everyone. The living should take heart" (Ecc. 7:2).

As Lent continues it offers ample time to reflect on our own sin and shortcomings. Fasting and prayer accompany this time to help each person fully reflect on how we cannot save ourselves, but it is Christ that does. This is what is meant by preparation. As we prepare for Easter, Lent affords us an opportunity in the busyness of life to slow down and remember what Christ has redeemed us from. Sharing with your kids how you might observe or think about Lent will create honesty and deepen the parent-child relationship. You may not get much in return, some kids may not be as reflective, but you can share the Good News that all are redeemed who would turn to Jesus Christ.

Our theme of "Into the Wilderness" comes from Mark 1:12 where Jesus goes into the wilderness, endures and then overcomes temptation from Satan. The 40 days of Lent is symbolic of the days the Israelites wandered in the Wilderness and were totally reliant on God to guide and provide for them. Also it represents the 40 days Jesus experienced temptation in the desert (Matthew 4:1-11and Luke 4:1-13). Jesus fasted and prayed during this trial and relied on God and His Word to help Him face and overcome these temptations. Utter dependence on God alone is the key to the journey through Lent; trusting for Him for provision and guidance as we seek to uncover the things that we substitute for Him (idols).

Below you will see a link to the Lent 2021 Spotify Playlist, and below that you will find prayers and songs to use for you to use by yourself or with your family. Elementary Ministry Leader, Matt Statham, wrote a brief way each song connects with Lent too.

Lent 2021 Spotify Playlist (click here)

Ash Wednesday

Based on the Collect for Ash Wednesday from the Book of Common Prayer:

Almighty and everlasting God, you forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness;

through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

<u>Ash Wednesday's Early Morn</u> (Liturgical Folk) – A reflection of God's call to confession and seeking out His mercy.

<u>The Valley</u> (Oh Hellos) – Being born in darkness, yet we hear God call our name. Our plea is for God to lead our hearts

<u>Like the Dawn</u> (Oh Hellos) – Adam seeing Eve in the garden, "You will Surely be the death of me"

<u>Dust We Are and Shall Return</u> (The Brilliance) – A confession and call to God to restore our fragmented selves.

First Sunday of Lent

Based on the Collect for the First Sunday in Lent from the Book of Common Prayer:

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan; Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

<u>Abide With Me</u> (Indelible Grace) – That God would be near us as we endure the brokenness of this world.

<u>Lord From Sorrows Deep I Call</u> (Matt Boswell) – Hope in him who saves you, even in the midst of great sorrow.

<u>Guide Me O Thou Great Jehovah</u> (Indelible Grace) – Our guide and help through the wilderness <u>Poor Sinner Dejected with Fear</u> (Indelible Grace) – Our place before the feet of Jesus in the midst of our fear of sin and shame.

<u>Hymn of the Ages</u> (Rend Collective) – There is no power greater than our God's. Even in the desert, our messiah conquered temptation for our sake.

Second Sunday of Lent

Based on the Collect for the Second Sunday in Lent from the Book of Common Prayer:

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. Amen.

<u>Lent 2: Reclaim Your Sheep</u> (Liturgical Folk) – The sacrifice Christ shows God's mercy for his Children. That he would spare us and forsake His perfect Son.

<u>Let This Heart Not Wander</u> (Young Oceans) – An inward call to return to our closeness with God.

<u>Thy Mercy, My God</u> (Sandra McCracken) – That God's mercy would become sweet to our hearts.

<u>The Lament of Eustace Scrubb</u> (Oh Hellos) – the image from C.S Lewis and the transformation that comes from confession and repentance. The music changes as Eustace calls out to the Father and finds forgiveness. The water transforms the brokenness and washes his sin away.

Third Sunday of Lent

Based on the Collect (focused prayer) for the Third Sunday in Lent from the Book of Common Prayer:

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

O Church of Christ, Invincible (Matt Boswell) – For the one who called us has not changed and he has called us His people.

Rock of Ages When the Day Seems Long (Indelible Grace) – Our God is unchanging and brings us near, a rock that stands against all the ages of this life.

<u>He's Always Been Faithful</u> (Chelsea Moon) – The faithfulness of the Lord to keep our lives and hearts for His Glory.

Psalm: 46 (Bifrost Arts) – A proclamation that God is our refuge, strength and shield.

Thou Art My Life (Indelible Grace) – As our defender, God is our rest from this wicked world.

Fourth Sunday of Lent

Based on the Collect for the Fourth Sunday in Lent from the Book of Common Prayer:

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

<u>Lent 4: Set our Hearts Ablaze</u> (Liturgical Folk) – That the passion for our Jesus would grow in our hearts.

<u>Hail to the Lords Anointed</u> (Indelible Grace) – A prayer for the Messiah, that we might grow in our joy of His work in remembering his purpose.

<u>What Wondrous Love is This</u> (Chelsea Moon) – A song mourning and yet praising the wonderful love of Christ and his sacrifice.

<u>Until These Tears Are Gone</u> (Young Oceans) – That we would be overcome by who Christ is. <u>Great God From Thee</u> (Indelible Grace) – Our savior stands for us before God with, his righteousness becoming ours.

Fifth Sunday of Lent - Based on the Collect for the Fifth Sunday in Lent from the Book of Common Prayer:

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

<u>You Are My Vision</u> (The Rend Collective) – A remake of Be Thou My Vision, a Call to God to be the focus of our entire being.

Jesus Paid it All (Chelsea Moon) – That we may find our All in All in Christ.

<u>The Valley – Reprise</u> (Oh Hellos) – The shift from the plea to be led to the bold chant "Still you lead me, never leave me, never leave me", the song then ends with a melodic variation of Come Thou Fount.