



The *Spa*
at Wintergreen



WELCOME TO
The *Spa*
at Wintergreen

GENERAL INFORMATION

Spa Etiquette

Help us keep the Spa a sanctuary of tranquility and relaxation. Please respect the quiet and privacy of other spa guests by refraining from using all cellular phones while at the Spa. The Spa is a non-smoking facility.

Hours of Operation

Monday through Thursday: 9 am -7 pm

Friday: 8 am - 9 pm

Saturday: 8 am - 9 pm

Sunday: 8 am - 7 pm

Reservations

As spa services are always very popular with our guests, we strongly recommend making your spa appointments when you make your lodging reservation. We require all appointments be guaranteed with a credit card. *Spa prices, services and hours of operation are subject to change.*

Check-In

We recommend that you check in with the Spa Concierge at least 30 minutes prior to your first scheduled appointment. We encourage you to shower and take advantage of other spa amenities prior to your service. Appointments begin promptly at the time they are scheduled. Should you arrive late, your appointment may be shortened to allow the service provider to be on time for his/her next appointment.

Appointment Cancellation

If you must cancel, we will be happy to assist you in rescheduling your appointment. However, if rescheduling your appointment is not an option for you, a 24-hour cancellation notice is required for à la carte services. For spa packages and parties, a 48-hour notice is required. Failure to comply with this cancellation policy will result in a full charge of each service or package. Group cancellations will be defined within a group contract. A \$25 change fee will be assessed for each treatment you wish to change on the day of that service.

Spa Attire

Robes, slippers and towels will be provided to you upon your arrival at the Spa. You will also be given a locker to store your personal belongings. Please do not bring jewelry to the Spa, as we cannot guarantee the security of these or other valuables.

Service Charge

For your convenience, an 18% service charge is added to all services at check out. Additional gratuities are optional.

Age Restrictions

Teen Spa services are for ages 13-17 and Tween Salon services are for ages 9-12.

Health Alerts

Please inform our staff of any health concerns you may have at the time of booking your appointment. Some of our treatments may not be appropriate or available if you are pregnant or have certain health conditions.

Last Scheduled Service of the Day

If you are scheduled for the last service of the day, we ask that you arrive early to enjoy the Spa's amenities as the Spa does close after the last service is completed.

Service Provider

When scheduling your treatments, you may request a male or female therapist. We will do our best to honor your request.

Spa Boutique

The Spa has a variety of products and merchandise available for yourself or that perfect gift. There are no refunds on opened or used items. Product exchange is available for unused items within three days of purchase with the receipt. Gift certificates are available for purchase; see Spa Concierge for details.

Pricing

Midweek pricing is available Monday - Thursday (excluding holidays).

MASSAGE

Wintergreen Signature Custom Massage

The Wintergreen Signature Massage will take you to a new level of relaxation. You will enjoy a harmonious combination of Swedish, deep tissue, reflexology and stone massage techniques to restore a heightened sense of well-being to your mind and body.

50 minutes wknd/holiday \$114;

midweek \$104

80 minutes wknd/holiday \$169;

midweek \$154

Mountain Stone Massage

An experience that is a hands-down favorite, stone therapy involves the use of smooth basalt stones placed at strategic points of the body and used to gently massage targeted muscles. This treatment promotes increased blood flow, energy balance, melts tension from your muscles and de-stresses your mind.

75 minutes wknd/holiday \$169;

midweek \$154

Shenandoah Deep Tissue Massage

Deep tissue massage is beneficial in releasing chronic muscle tension. The focus in this massage is on the deepest layers of muscle tissue, tendons, and fascia (the protective layer surrounding muscles, bones, and joints).

50 minutes wknd/holiday \$109;

midweek \$99

80 minutes wknd/holiday \$164;

midweek \$149

Aromatherapy Massage

The Aromatherapy Massage will delight you as much as the beautiful scents of a blooming Wintergreen spring. Derived from natural botanicals, these essential oils will provide for a truly personalized journey.

50 minutes wknd/holiday \$109;

midweek \$99

80 minutes wknd/holiday \$164;

midweek \$149

Reflexology

This ancient therapy focuses on the reflex points on the soles of the feet that correlate to all organs of the body. Your feet will be wrapped in essential oil infused towels followed by specific pressure techniques.

Reflexology can detect imbalances and dissipate energetic blocks, alleviating stress while promoting balance to the body.

50 minutes wknd/holiday \$109;

midweek \$99

25 minutes wknd/holiday \$74;

midweek \$69

Blue Ridge Swedish Massage

Inspired by the tranquility of the Blue Ridge Mountains, this light-to-medium touch massage is perfect for all walks of life.

50 minutes wknd/holiday \$104;

midweek \$94

80 minutes wknd/holiday \$144;

midweek \$129

Refresher Massage

For the guest on-the-go, this express massage will target the much needed areas of your body.

25 minutes wknd/holiday \$74; midweek \$69

Forget-Me-Knot (Couples) Massage

A unique experience to enjoy with someone special. Unwind and relax as you are massaged side-by-side, each with your own personal therapist in our couples' suite. This treatment is the ultimate self-indulgence for you and your loved one. Enjoy complimentary sparkling cider and chocolates immediately following your treatment. Select one massage type per person from the following:

Wintergreen Signature Massage

50 minutes wknd/holiday \$124 (per person);

midweek \$114

80 minutes wknd/holiday \$184 (per person);

midweek \$169

Shenandoah Deep Tissue

50 minutes wknd/holiday \$119 (per person);

midweek \$109

80 minutes wknd/holiday \$179 (per person);

midweek \$164

Blue Ridge Swedish Massage

50 minutes wknd/holiday \$114 (per person);

midweek \$104

80 minutes wknd/holiday \$164 (per person);

midweek \$149

MASSAGE ENHANCEMENT

This treatment is only available as an add-on to an existing massage or facial and must be pre-booked.

Aromatherapy Wrap

This add-on enhancement with your choice of an essential oil mixed with warm body butter will provide a hydrating and relaxing experience, leaving your skin baby soft while your therapist massages your scalp and feet.

25 minutes wknd/holiday \$69; midweek \$64



PAMPERING PACKAGES

Spirit Of Renewal

For the ultimate journey of the soul. A powerful combination of therapies recommended for those seeking balance, renewal, restoration and relaxation.

- Mountain Stone Massage (75 minutes)
 - Woodlands Essential Oil Wrap (50 minutes)
 - Signature Pedicure (50 minutes)
 - Radiant Glow Facial (80 minutes)
 - Light snack provided
- 5 hours \$429 per person

Wintergreen Signature Day

Indulge in a complete day of pampering with our custom signature services.

Your day will include:

- Signature Facial (50 minutes)
- Signature Massage (50 minutes)
- Duo Express (50 minutes)

3 hours \$249 per person

Lavender Dreams

Enjoy a combination of treatments designed to ease your stress, rejuvenate your skin and relax your mind.

- Lavender Facial (50 minutes)
 - Lavender Pedicure (50 minutes)
 - Lavender Body Glow (75 minutes)
- 3½ hours \$269 per person

Blue Ridge Couples Retreat

Reconnect with each other and escape from the stress and worry of everyday life as you both experience relaxation time together and begin the process of restoring your body, mind and spirit.

- Two synchronized Blue Ridge Swedish Massages (50 minutes)
 - Two Signature Pedicures (50 minutes)
- Complimentary sparkling cider and chocolates.

2 hours \$298 for two

Additional discounts do not apply to Pampering Packages or Spa Parties. No service substitutions please. Six person minimum per spa party required.

SPA PARTIES

Perfect for a bachelorette or bachelor party, graduation, Mother's Day, birthday or just getting together with friends.

Simple Celebration

(Two 25-minute services per person) Choice of a Refresher Massage or Refresher Facial and choice of Express Manicure or Pedicure. \$104 per person

Grand Gala

(Two 50-minute services per person) Includes a Raw Earth Pedicure and your choice of a Blue Ridge Swedish Massage or a Purifying Facial. \$149 per person

Additional discounts do not apply to Pampering Packages or Spa Parties. No service substitutions please. Six person minimum per spa party required.



BODY TREATMENTS

Wintergreen Signature Therapeutic Body Treatment *Vichy Room*

Your journey begins with an invigorating full body scrub, using richly scented salt or sugar scrub, and is followed by a cascading vichy shower. Your therapist will then transport you into a blissful relaxation with a full body oil application and hot stones on your back to complete the service. The 75 minute service includes a full body wrap while your therapist massages your scalp and feet.
50 minutes wknd/holiday \$119;
midweek \$109
75 minutes wknd/holiday \$154;
midweek \$139

Lavender Body Glow *Vichy Room*

Experience the ultimate soothing powers. Earthy minerals are combined with lavender's healing properties in an invigorating full body salt scrub, removed with a cascading vichy shower. You will be treated to a full body lavender oil application combined with hot stones on your back. The 75 minute service includes a full body wrap while your therapist massages your scalp and feet.
50 minutes wknd/holiday \$119;
midweek \$109
75 minutes wknd/holiday \$154;
midweek \$139

Blue Ridge Mud Wrap *Vichy Room*

A wonderful mélange of warm therapeutic mud is gently applied to your skin. After a 25 minute wrap that allows the mud to detoxify your body, the mud is removed using the cascading Vichy shower. This treatment includes a lotion application to soften your skin leaving you with a sense of comfort and peace.
75 minutes wknd/holiday \$154;
midweek \$139

Woodlands Essential Oil Wrap

Using your choice of essential oils mixed with warm body butter, this luxurious application moistens skin and promotes an overall sense of well-being. You will be cocooned in a wrap to aid absorption and your spirit is soothed as your mind drifts peacefully while your therapist massages your neck and feet.
50 minutes wknd/holiday \$114;
midweek \$104

Body Contour Wrap *Vichy Room*

An effective contouring treatment that utilizes detoxifying extracts, which aids in reduction of water retention, leaving hydrated and smoother skin. While wrapped, you are pampered with a scalp and neck massage. Our vichy waterfall shower will then gently cascade over you, followed by the application of a body contouring cream. This treatment will leave you feeling more youthful, slimmer and trimmer.
75 minutes wknd/holiday \$154;
midweek \$139

We ask that you do not shave prior to body treatments.



FACIAL CARE

Wintergreen Signature Custom Facial

Prepare to be pampered as your esthetician customizes your facial using our full line of organic products, designed to balance, detoxify, hydrate and create healthy skin. To enhance this experience, your feet will be wrapped in essential oil infused towels for complete relaxation.

Our 80 minute service will include the eye, lip, and décolletage treatment.

50 minutes wknd/holiday \$114;
midweek \$104

80 minutes wknd/holiday \$169;
midweek \$154

Illuminating Peptide Facial

Reveal the true nature of your skin! In just one treatment, you will see the difference; hyper-pigmentation is visibly reduced, texture is dramatically improved and your skin is truly luminescent. This anti-aging powerhouse targets collagen, which gives the skin strength, elasticity and suppleness. If you are looking for true anti-aging, look no further. This facial is safe for those with sensitive and rosacea skin types. Not recommended for those who are using prescription Retin-A products or have actinic acne.

25 minutes wknd/holiday \$84;
midweek \$79

- Maximum results, minimal time.

50 minutes wknd/holiday \$129;
midweek \$119

- Includes neck and shoulder massage.

80 minutes wknd/holiday \$184;
midweek \$169

- Includes eye, lip décolletage treatment along with neck and shoulder massage.

Sensitive Skin Facial

This facial is designed for those whose skin is often irritated and prone to redness. Sensitive skin can also react to poor diet, changes in weather, hormone imbalance and certain cosmetic products. Sensitive skin must be treated with gentle and soothing products to heal and relieve symptoms.

50 minutes wknd/holiday \$129;
midweek \$119

Radiant Glow Facial

Enjoy immediate youthful benefits to your face, neck and décolletage. This stimulating and oxygenating treatment will immediately increase circulation through its warming effect, leaving the skin refined and radiant. Cold compresses will be gently placed on the face enabling the skin to release the heat and allow the serum to penetrate the skin. Not recommended for rosacea sensitive skin.

50 minutes wknd/holiday \$124;
midweek \$114

80 minutes wknd/holiday \$179;
midweek \$164

Purifying Facial

For those with congested skin that need extractions. This purifying facial will gently remove impurities, calm inflammation and reduce irritation.

50 minutes wknd/holiday \$104;
midweek \$94

Refresher Facial

When pressed for time or getting ready for an event, this basic service will cleanse, exfoliate and hydrate your skin.

25 minutes wknd/holiday \$74;
midweek \$69

Refresher Back Facial

Relax and indulge as we gently take care of this often neglected part of the body. This service includes cleansing, exfoliation, mask and a hydrating lotion application, which leaves your back balanced and glowing.

25 minutes wknd/holiday \$74;
midweek \$69

Refresher Facial And Back Combo

This duo allows you to sample both of these express services, leaving both your back and face looking and feeling radiant.

50 minutes wknd/holiday \$124;
midweek \$114



FACIAL ENHANCEMENTS

These treatments are only available as add-ons to an existing facial and must be pre-booked.

De-Stress Eye Treatment

A restoration treatment for the delicate eye area. Smooths fine eye lines, hydrates the skin, gently tones and refreshes the eye area. \$19

Youthful Lip Treatment

This restoring treatment for the lip area results in rejuvenated and plumped lips with diminished fine lines. \$19

Eye, Lip and Décolletage Treatments

Eyes, lips and décolletage are transformed by toning and firming the elasticity for a visibly ageless appearance. \$49

Aromatherapy Wrap

This add-on enhancement with your choice of an essential oil mixed with warm body butter will provide a hydrating and relaxing experience, leaving your skin baby soft while your therapist massages your scalp and feet.

25 minutes wknd/holiday \$69;
midweek \$64

NAIL CARE

Wintergreen Signature Manicure

This manicure incorporates a hand exfoliation treatment based on nourishing oils. Hands are soaked and cuticles are enriched. Enjoy a soothing hand and arm massage along with full nail service to complete this soothing experience.

50 minutes wknd/holiday \$49; midweek \$44

Wintergreen Signature Pedicure

Our Signature pedicure begins with a nourishing scrub to exfoliate your feet. Your cuticles are strengthened and feet are soaked, followed by a relaxing foot and calf massage. Finally, a full nail service and polish completes this relaxing experience. Our 80 minute service includes a luxury hand and foot paraffin treatment.

50 minutes wknd/holiday \$59; midweek \$54

80 minutes wknd/holiday \$79; midweek \$74

Signature Duo Express

Take a breath, sit down and relax during this combination manicure and pedicure. Your nails will be cut, filed, cleaned and polished. The perfect treatment for when you want extra pampering but don't have a lot of extra time! The 80 minute service includes warm paraffin wrap for hands and feet.

50 minutes wknd/holiday \$79; midweek \$74

80 minutes wknd/holiday \$104; midweek \$94

Raw Earth Manicure

Inspired by the terrain in our Blue Ridge Mountains, this fundamental manicure turns into an exceptional spa experience. Hands are treated with triple-acting vitamin exfoliation and an essential oil masque to leave skin soft and supple. Followed by a full nail service to complete this experience.

50 minutes wknd/holiday \$59; midweek \$54

Raw Earth Pedicure

In concert with the Raw Earth Manicure, this pedicure also takes its cues from the terrain and earthiness of our Blue Ridge Mountains. A unique foot scrub provides instant warmth and triple-action vitamin exfoliation to smooth and polish your skin, followed by an essential oil masque leaving your feet soft and supple.

50 minutes wknd/holiday \$69; midweek \$64

UV Gel Manicure

Hard and rough on your nails? Polish never lasts? UV Gel is the manicure for you, no drying time and it can last up to 14 days. Choose from a variety of gel colors to enhance and protect your natural nails.

50 minutes wknd/holiday \$64; midweek \$59

- no gel previously on nails

80 minutes wknd/holiday \$84; midweek \$79

- includes prior gel removal

Express Manicure

For those on-the-go days when you need a quick finished look, enjoy this express service. We cut, file, buff, clean the cuticle and smooth on a hydrating cream to nourish skin and give a manicured look. Finish with your polish of choice.

25 minutes wknd/holiday \$39; midweek \$34

Express Pedicure

Your experience will begin by soaking your feet in a whirlpool jet tub. Your toes will be manicured, nails filed, cuticles nourished, feet exfoliated and completed with a moisturizing foot massage.

Finish with your polish of choice.

25 minutes wknd/holiday \$44; midweek \$39



NAIL CARE ENHANCEMENTS

Nail Repair \$5 per nail

French Polish \$10

OPI Polish Change \$15

Paraffin Treatment \$15

Dazzle Dry Polish with manicure service
additional \$10

Dazzle Dry Polish Change \$20

Soak Off Gel Polish \$15

- no service to hands

SALON

Haircut

Women \$44 and up*

Men \$24

Youth (5-14) \$14

Toddler (2 to 4 years) \$9

Shampoo, Blow Out \$54 and up*

Bang Trim \$9

Beard and Mustache Trim \$9

Deep Conditioning Treatment \$19

Color

Corrective Color - Consultation needed to
determine price

Color and Highlights \$129 and up*

Highlights \$89 and up*

Partial Highlights \$69 and up*

Special Occasion Consultation \$64

Special Occasion Styling \$89 and up

**Rate may vary due to hair length and thickness.*

MAKE UP

Make-Up Application 50 minutes, \$79

Teen Makeup Art 101

This customized makeup lesson will teach young teens how to moderately apply makeup to enhance their natural beauty.

25 minutes \$50

WAXING

Lip, Chin OR Brow \$24

Lip, Chin AND Brow \$44

Bikini \$54

Underarm \$29

Back \$54

We ask that you do not shave prior to any waxing treatments.



TWEEN AND TEEN

Our teen and tween services are designed for our next generation of spa visitors. Teen services are for ages 13-17 and Tween services are for ages 9-12. We recommend both teens and tweens wear bathing suits for spa services and parental accompaniment is always welcome.

Teen Facial

This treatment for young skin includes a thorough skin analysis, customized cleansing, exfoliation, gentle extractions, facial massage and a deep cleansing masque. Emphasis is placed on good skin care habits for clearer, healthier skin. This treatment is designed for all skin types. 50 minutes wknd/holiday \$94; midweek \$84

Teen Rub My Back and Feet

A perfect way to introduce your teen to massage, this experience will help young spa-goers see the importance of taking care of their bodies. 25 minutes wknd/holiday \$69; midweek \$64 with parental consent

Teen Hands Down Manicure

A fun, customized experience with the hands and nails being primed to perfection. Our 50 minute service will include a hydrating masque. 25 minutes wknd/holiday \$29; midweek \$24
50 minutes wknd/holiday \$39; midweek \$34

Teen Footloose Pedicure

Awaken and pamper your feet with a fruit infused scrub and masque. Top off with your favorite polish. Our 50 minute service will include a relaxing foot, ankle and calf massage. 25 minutes wknd/holiday \$39; midweek \$34
50 minutes wknd/holiday \$49; midweek \$44

**Additional discounts do not apply to BFF and Mom & Daughter Packages.*

*Teen BFF Primping Package

Bring a friend and you both receive a Hands Down Manicure and a Footloose Pedicure. 75 Minutes \$120 for two

Teen Makeup Art 101

This customized makeup lesson will teach young teens how to moderately apply makeup to enhance their natural beauty. 25 minutes \$50

Tween Facial

This gentle facial will introduce your tween to the importance of good skin care. Emphasis is placed on keeping things simple yet effective to facilitate good skin care for years to come. Does not include extractions. 25 minutes wknd/holiday \$64; midweek \$59

*Diva Day With Mom

A simply sweet day with two Rub My Back Massages and two Footloose Pedicures. 75 Minutes \$200 for two

Tween Ice Cream Sundae Scented Manicure and Pedicure

Designed especially for our youngest spa-goers, a petite experience to create your own ice cream sundae scented manicure and pedicure combination. 50 minutes \$49; midweek \$44

MOTHER TO BE

Morning Glow Facial

Expectant Moms usually enjoy a radiant glow attributed to pregnancy. Pregnancy hormones can change your skin but not always resulting in a glow. The skin may become drier and a little more sensitive. Pregnancy hormones make your skin produce more oil, which can lead to breakouts. This facial, using gentle and organic products will exfoliate, hydrate, and balance your skin. 25 minute wknd/holiday \$74; midweek \$69
50 minute wknd/holiday \$109; midweek \$99
80 minute wknd/holiday \$164; midweek \$144

Prenatal Massage

Although you are experiencing nature's most amazing female feat, you may have some aches and pains. The Prenatal Massage is the answer. Allows us to soothe those aching feet, relieve lower back pain, and calm your mind. (not recommended for women in their first trimester). 25 minute wknd/holiday \$74; midweek \$69
50 minute wknd/holiday \$109; midweek \$99
80 minute wknd/holiday \$164; midweek \$144

Color Me Pink or Blue

Manicure/Pedicure
Enjoy some "me" time with a pampering manicure or pedicure created especially for the mother to be. Choose any color, or reveal the true identity of your baby to your friends and family with a pink or blue announcement.

Manicure

25 minute wknd/holiday \$39; midweek \$34
50 minute wknd/holiday \$49; midweek \$44

Pedicure

25 minute wknd/holiday \$44; midweek \$39
50 minute wknd/holiday \$59; midweek \$54

Prenatal Package

Want to spoil yourself before your new arrival or give a gift to an expectant Mom? We have customized three of our most popular services to relax and prepare her for the new arrival. 50 minute Morning Glow Facial
50 minute Prenatal Massage
50 minute Pedicure
3 hours \$239



WEDDING

Hair

Bridal Consultation 80 minutes \$104 and up*
Wedding Updo Bride from \$89 and up*
Bridal Party Updo from \$89 and up*
Shampoo, Blow-Dry and Style \$54

Makeup

Bridal Make-Up Consultation
50 minutes \$79
Bridal Make-Up Application
50 minutes \$79
Bridal Party Make-Up Application
25 minutes \$49

Nails

25 minute French Manicure \$45
25 minute French Pedicure \$50
Bridal French Manicure and Pedicure
Package \$89

**Rate may vary due to hair length and thickness.*

Wedding Day Bliss for Her

50 minute Bridal Hair Styling
50 minute Bridal Makeup
25 minute express Pedicure
2½ hours \$189

Wedding Day Bliss for Him

50 minute Deep Tissue Massage
50 minute Gentleman's Manicure
25 minute Back Facial
2 hours \$199

Bachelorette Spa Party

(no minimum number)
25 minute Facial
25 minute Massage
50 minute Pedicure
2 hours \$184

Honeymoon Escape

50 minute Couples Signature Massage
per person
25 minute Add On Aromatherapy Wrap
per person
\$334 per couple



FOR THE GUYS

The Arnica Sports Massage

Need to improve your golf swing, alleviate tennis elbow or repair fatigued muscles after a day on the slopes? Arnica is perfect for sports massage and sport injuries because it helps to relax overworked muscles, reduce inflammation and decrease pain. This massage includes assisted stretching, deep tissue treatment and trigger point therapy - everything an athlete needs. 50 minutes wknd/holiday \$109; midweek \$99
80 minutes wknd/holiday \$164; midweek \$149

Refresher Back Facial

Relax and indulge as we gently take care of this often neglected part of the body. This service includes cleansing, exfoliation, mask and a hydrating lotion application. 25 minutes wknd/holiday \$74; midweek \$69

Gentleman's Facial

Designed to meet the specific needs of a man's skin, this is a renewal treatment for skin showing signs of aging or fatigue. Skin is energized, circulation is increased and skin exhibits the look of health and vitality. 50 minutes wknd/holiday \$104; midweek \$94

Gentleman's Manicure

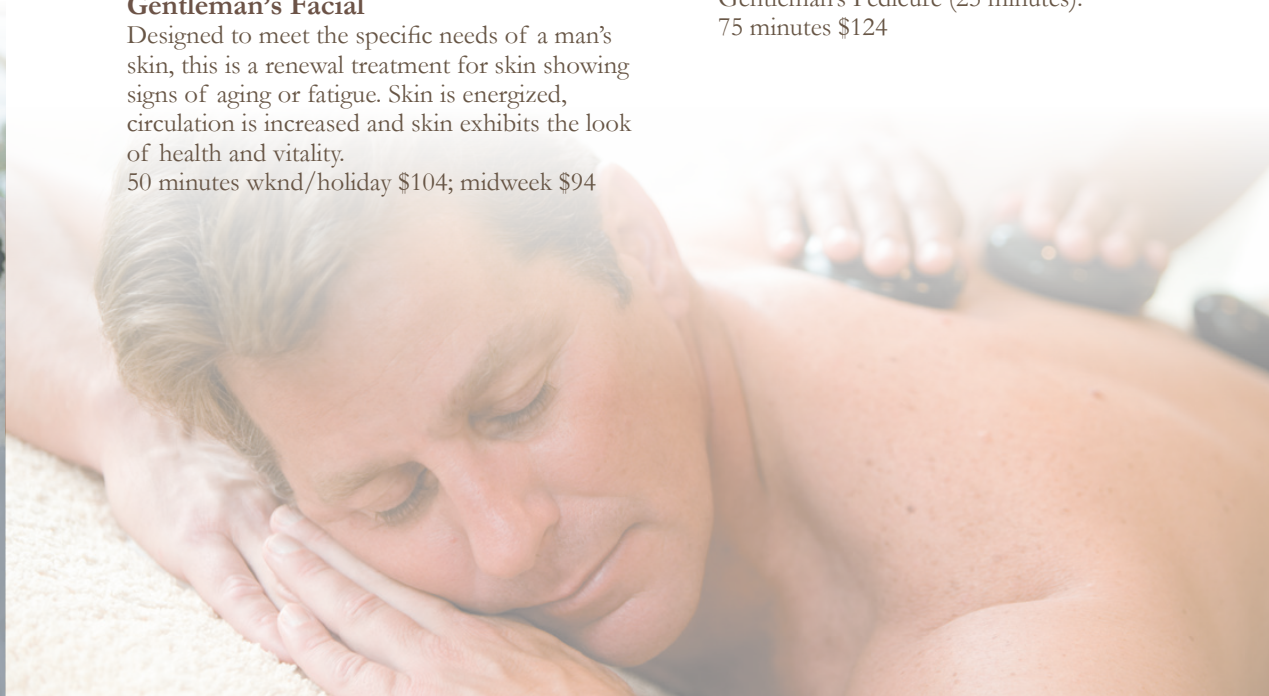
A firm handshake is the mark of a confident man. This reparative manicure keeps hands looking and feeling their best. Polish not included with this service. 25 minutes wknd/holiday \$39; midweek \$34

Gentleman's Pedicure

Relax as we soak your feet, trim and buff your nails, and scrub your heels. Finish with a relaxing foot massage, which will make you feel like you are walking on mountain air. Polish not included with this service. 25 minutes wknd/holiday \$39; midweek \$34

The Outdoorsman Package

Take time to recover after a day on the greens or on the slopes. Choice of an Arnica Sports Massage (50 minutes) or a Shenandoah Deep Tissue Massage (50 minutes) combined with a Gentleman's Pedicure (25 minutes). 75 minutes \$124



FALL September - November

French Vanilla Latte

This sugar scrub will start you thinking about the holidays, as your skin is replenished and exfoliated. A vichy shower follows, rinsing away your stress and leaving your body ready to receive a hydrating oil application. To complete this treatment, warm stones are placed on your back to increase circulation and ease muscle aches.

50 minutes wknd/holiday \$119; midweek \$109

Autumn Harvest Facial and Wrap

A nourishing 25 minute facial, combining a yam and pumpkin enzyme peel with a 25 minute hydrating full body oil wrap, for a great way to prepare your skin for the cold months ahead.

50 minutes wknd/holiday \$124; midweek \$114

Autumn Harvest Organic Massage

As the leaves start to change and the days get shorter, take advantage of this time with a well deserved massage. This massage will nourish your skin with grapeseed oil along with organic sunflower, sandalwood, vanilla and white rose. Nourish your body while nourishing your mind.

50 minutes wknd/holiday \$109; midweek \$99

WINTER December - February

Winter Rose Rejuvenation

Your experience starts with a dry brush buffing treatment to slough away dry winter skin, followed by a warm rose oil application. After a chilly day on the slopes, this treatment will nourish and hydrate your body, leaving you ready to ski the next day! Take the brush home with you to maintain that great glow!

50 minutes wknd/holiday \$114; midweek \$104

Peppermint Rosemary Elegance

This herbal salt scrub is a refreshing and invigorating boost after a full day on the slopes, tubing, or even shopping! After the scrub application a cascading vichy shower prepares you for the next step: a full body rosemary infused oil application. This invigorating treatment is completed with warm stones placed on your back.

50 minutes wknd/holiday \$119; midweek \$109

Winter Fig Manicure and Pedicure

Dead Sea salts are infused with essential oils that dissolve quickly and leave skin feeling soft and polished throughout the day to give a healthy, glowing effect. Pomegranate has natural antioxidant properties, and fig provides moisture, vitamin C and refreshes the skin. Indulge yourself in a relaxing nail treatment, as your skin is gently exfoliated and renewed from the cold, dry weather. A luxurious paraffin treatment is included in this service.

120 minutes wknd/holiday \$119; midweek \$109

SPRING March - May

Herbal Remedy

Beginning with a vigorous brown sugar scrub, your treatment will start with an invigorating full body exfoliation followed by a cascading vichy shower and a luxurious orange oil application. Hot stones on your back will complete the service.

50 minutes wknd/holiday \$119; midweek \$109

Rosehip Facial

This facial, high in vitamin C, revitalizes skin tone and restores vitality. Sweet red rose petals soothe and hydrate, while sweet red rose oil replenishes the skins moisture barrier. Visible signs of aging are reduced. Your skin will look and feel as bright as a spring bloom.

50 minutes wknd/holiday \$114; midweek \$109

Gardener's Hand Renewal

Allow us to massage away the damage of the elements with triple acting vitamin exfoliation and an essential oil masque, leaving your hands as supple as a new bloom. This relaxing and therapeutic treatment is followed by a full nail service making your nails as lovely as a Virginia wildflower!

50 minutes wknd/holiday \$69; midweek \$64

SUMMER June - August

Green Tea and Lemongrass

Beginning with a vigorous full body salt scrub to exfoliate dry skin, your experience continues as the salts are removed by our cascading vichy shower. You are then treated to a luxurious orange essential oil massage application. To conclude the treatment, you will then experience true serenity with an application of hot stones on your back.

50 minutes wknd/holiday \$119; midweek \$109

Berries and Cream Facial

This facial is designed to repair the visible signs of aging, plumps the skin and returns the appearance of elasticity. Your complexion will appear enriched and radiant and your skin will appear healthier.

50 minutes wknd/holiday \$114; midweek \$109

Warm Sun Pedicure

This pedicure is as much about the mind as it is the feet. Comforting and calming, these fruit infused products will draw out toxins and soothe sore fatigued feet. This luxurious scent envelops the sense, calms the mind and enlivens the body. This service includes a foot soak, scrub, massage and polish.

50 minutes wknd/holiday \$59; midweek \$54





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