ARIZONA Specialty CROPGUIDE

FARMERS' MARKETS • U-PICK FARMS ARIZONA WINE GRAPE GROWERS EAT, PLANT & BUY LOCAL PROGRAMS AGRICULTURAL CAREERS & EDUCATION



ARIZONA Specialty Crops

SHOW YOUR SUPPORT & TAKE THE SURVEY!

Help us continue to provide this Guide to you by letting us know how much you enjoy it!

> VISIT WWW.ARIZONAGROWN.ORG TO PARTICIPATE

= THREE SISTERS CHILI —

A RECIPE BY: NINA SAJOVEC, AJO CENTER FOR SUSTAINABLE AGRICULTURE

 I b white tepary beans (or other dried bean), cleaned and cooked*
 onions, chopped
 tbsp cooking oil
 garlic cloves, chopped
 can chopped tomatoes
 carrot, grated
 baby Tohono O'odham Squash, chopped (or 1.5 cups summer squash or zucchini)

ONAGRO

 cup Tohono O'odham Roasted Cornmeal (gaiwsa) (or 2 cups fresh or frozen corn kernels)
 tbsp each cumin, mexican oregano, thyme and garlic powder
 tsp of chipotle flakes/powder or chili powder (more to taste)
 Salt, pepper to taste

OPTIONAL TOPPINGS: Sour cream, grated cheese, avocado, chopped l'itoi onions *(or other green onions)*, lime, pomegranate aerials

*Cook dried beans in slow-cooker with 1 tbsp of salt overnight approx. 12 hours or until soft; drain and reserve cooking water.

TOHONO O'ODHAM SQUASH

- A Native Squash, young squash look much like zucchini, at maturity they resemble gourds
- High in potassium, Vitamin C and beneficial carotenoids
- Cultivated in Southern Arizona for generations

TEPARY BEANS

- Smaller than a pinto bean and has one of the highest protein and fiber content found in a legume
- Heat tolerant, drought resistant,
 ideal for monsoon-based dry farming
- Historically grown as a sustainable source of food in the Sonoran Desert

I'ITOI ONION

- Mild shallot-like onion with spicy green leaves
- Easy to grow and drought tolerant
- Brought to the Southwest by Spanish missionaries in the late 17th century

GAIWSA

- Dried, roasted and ground 60-Day Corn
- High in protein, fiber and minerals
- 60-day corn is short-statured, quick maturing, and traditionally grown with summer rains

FOR MORE INFORMATION: To learn more about native crops and for more recipes visit

www.ajocsa.com.

— DIRECTIONS ——

Warm oil, add onions, 1/3 of spice mixture, chili, salt and pepper. Sauté until onions are translucent.

Add carrots, squash and another 1/3 of spices. Cook another 3-5 minutes until slightly caramelized.

Add garlic, gaiwsa, tomatoes, cooked beans and remaining spices.

Add 3 cups of bean water and let simmer for about 30 minutes. Stir often. (If the mixture looks dry add more bean water until the gaiwsa is soft. You are looking for a thick consistency.)

Adjust seasoning, and serve with toppings as desired.



FRUITS • VEGETABLES • TREE NUTS • DRIED FRUITS NURSERY CROPS (Including floriculture)

DEAR FRIEND OF ARIZONA AGRICULTURE,



The Arizona Department of Agriculture is pleased to provide the Arizona Specialty Crop Guide, updated for 2019. This Guide has proven to be a valuable resource for making informed decisions regarding Arizona agriculture, whether the decision is where to buy local produce, where to purchase the plants for your landscape project or whether to pursue a career in agriculture.

Arizona agriculture covers crops from A to Z. Asparagus and Zucchini are only two of the hundreds of crops we grow in the Grand Canyon State. Our Guide has something for everyone.

The Guide was designed to inform the public of the importance and availability of agriculture and to encourage Arizonans to purchase locally-produced fruits, vegetables, nuts, and nursery crops. On the following pages you will find information on Farmers' Markets, U-Pick Farms, Vineyards, agriculture activities, and career and educational opportunities in agriculture. Read on to learn more about specialty crops which help to make up part of Arizona's \$23.3 billion agriculture industry.

Mak a fall

Mark W. Killian, Director

FOR MORE INFORMATION ABOUT AGRICULTURE IN ARIZONA: Visit us online at http://agriculture.az.gov or follow us on



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= BENEFITS OF BUYING ——

ARIZONA GROWN SPECIALTY CROPS

BENEFITS OF BUYING —

ARIZONA GROWN SPECIALTY CROPS

LOCALLY GROWN PRODUCE

Food that is locally grown spends less time in the back of a truck, resulting in less damage to the food. When food is stored for long periods of time, the cells in the fruit begin to break down, causing wilting or bruising and the loss of nutrients. The sugars in the food also turn to starch, which makes the food tougher and not as flavorful. (Sue Baic, British Dietetic Association, 2007)

QUALITY YOU CAN SEE AND TASTE

Arizona fruits and vegetables destined for local markets are generally harvested by hand. Most farms in Arizona – large and small – avoid mechanical harvesting, opting to harvest by hand. Maintaining nutritional quality after harvest also requires special handling, particularly with delicate items like tomatoes. Once produce is separated from its source of nutrients (tree, plant, or vine) it undergoes higher rates of respiration, resulting in loss of moisture, nutrient degradation, and spoilage. Consuming locally grown foods minimizes such losses by reducing the distance and time it takes to get from the farm to table. (University of Arizona Cooperative Extension, Local Food in Arizona, 2015)

NUTRITION AND WELL-BEING

Fruits and vegetables provide key nutrients (e.g., carbohydrates, proteins, vitamins, and minerals), dietary fiber, and protective substances (e.g., antioxidants) that contribute to health and general well-being. They are associated with reducing the risk factors for many chronic diseases and aid in weight control. Locally grown produce at a farmstand, farmers' market, or grocery store tends to be fresher because it is picked at the peak of its quality and nutritional value. (University of Arizona Cooperative Extension, Local Food in Arizona, 2015)

LOCAL ECONOMIC STABILITY

Less than 2% of the total American population earn their living by farming and that number is dramatically decreasing. When farmers sell directly to consumers, they cut out the middleman and receive full retail value for their produce. This allows farmers to continue farming and providing a service to the community.

OPEN LAND PRESERVATION

Farms occupy large quantities of land. When farms stay profitable, there is less pressure to sell land to developers, thus preventing urban sprawl. This keeps Arizona beautiful and productive!

ENVIRONMENTAL BENEFITS

On average, food is shipped approximately 1,500 miles before reaching a supermarket (www.attra.ncat.org). Reducing the distance food has to travel from a field to a consumer can be beneficial to the environment. Depending on the distance traveled, locally grown foods require less fuel and energy to transport (by truck, rail, or air). Local foods often require special packaging for traveling great distances. Thus, buying locally can reduce the use of plastic bags and petroleum-based packaging, which helps reduce the waste associated with packaging. (University of Arizona Cooperative Extension, Local Food in Arizona, 2015)

EAT, PLANT & BUY LOCAL ==

MARKETING PROGRAMS

= EAT, PLANT & BUY LOCAL =



OUR ARIZONA ROOTS RUN DEEP

Starting as a seedling in the early 1990s, Arizona Grown has been growing ever since to raise awareness about the benefits of buying locally grown produce and plants. We wanted to make it easy for shoppers to spot Arizona products. That's what inspired us to create the orange logo Arizona farmers use to distinguish the fruits of their labor, grown right here in the Grand Canyon State.

BUYING AZ GROWN BENEFITS YOU AND YOUR COMMUNITY

Choosing Arizona Grown products provides quality you can trust, see, and – in the case of produce – taste.

We know there are times when you have a choice. In the summer, Arizona Grown melons are succulent and sweet. In the winter, Arizona Grown lettuce and other vegetables can't be beat. Arizona is the Winter Salad Bowl and you can always count on Arizona Grown produce to be of the highest standard and quality.

So whether you are from Arizona or outside the state, look for Arizona Grown at your grocer and local nursery to get the best produce and plant material your money can buy.

FOR MORE INFORMATION:

Visit the Arizona Grown website at: www.arizonagrown.org



PLANT SOMETHING

Plants are by their very nature half-buried, so it's easy to overlook the many things they do for us. They provide our earth some much needed color and spice up the old backyard. They make shade, manufacture oxygen, clean the air, and serve up healthy edibles. The point is, plants and trees are beneficial to you and your neighborhood.

Telling the story of the nursery industry is the mission of the Arizona Nursery Association. "By spreading the word about Arizona's plants, trees, our member retailers and the growers who supply them, we showcase the benefits all of us enjoy when we Plant Something."

GROWTH INVESTMENTS

By adding quality, low-maintenance landscaping to your home, you can boost its resale value by 15%.

LOCAL COLOR

One of the most important factors in neighborhood satisfaction is the abundance of trees and welllandscaped grounds.

SHADY DEAL

Carefully positioned plants and trees can cut as much as 25% of your household's energy consumption for cooling and heating.

GREENER IS CLEANER

One tree can remove 26 pounds of carbon dioxide from the atmosphere annually, equaling 11,000 miles of car emissions.

FOR MORE INFORMATION: Visit the Plant Something website at: www.plant-something.org/arizona

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MARKETING PROGRAMS



ONE FOR WATER

EAT. PLANT & BUY LOCAL =

RESOURCES

Water is essential for life. It supplies food, generates energy, and creates jobs. Water is also essential to our landscapes. The Arizona Municipal Water Users Association (AMWUA), "is dedicated to protecting our members' abilities to provide assured, safe, and sustainable water supplies to their communities." Water conservation is a way of life in the desert, both indoors and out. AMWUA provides expert, step-by-step guidance to designing, installing, and caring for attractive, water-efficient landscapes.

SELECTING DESERT ADAPTED PLANTS

To help you select from the best low-water-use plants to create your outdoor living spaces, AMWUA developed *Landscape Plants for the Arizona Desert*, a guide to more than 200 beautiful plants that will thrive with little water and maintenance. The searchable online database includes hundreds of photographs and useful details about each plant.

These featured plants were carefully chosen from the Arizona Department of Water Resources Low Water Use/Drought Tolerant Plant List by a team of landscape professionals. The selected plants are drought hardy, tolerant of heat and cold, and adapted to our soil conditions. Many are native to central Arizona, while others come from arid climates around the world. Most are readily available at local nurseries that are supplied by local growers.

The possibilities for creating beautiful, low-maintenance landscapes that thrive in our desert environment are endless.

FOR MORE INFORMATION:

Visit www.amwua.org/landscape for AMWUA's guides, including Landscape Plants for the Arizona Desert

ABOUT FARM FRESH FORKS

Yuma, Arizona is the Winter Vegetable Capital of the World. With 93% of the country's winter leafy greens coming from the area, Yuma is the perfect place for a vegetable tasting experience. For centuries, people have toured the wine countries, smelling the different aromas and tasting the different flavors. Beyond the wine itself, the experience has become just as important.

Local growers have teamed up with local chefs to offer guests a taste of what's growing in their fields. The Farm Fresh Forks program offers locals and visitors an opportunity to taste the freshest, healthiest products grown with unique culinary twists created by talented area chefs.

Vegetable tastings are the next big culinary trend...a healthy experience that starts with fresh produce grown on a local, family farm infused with culinary expertise. We hope to see you in Yuma, we promise to "cheers" you with a broccoli floret!

FOR MORE INFORMATION:

Visit the Farm Fresh Forks website at: www.farmfreshforks.com



= EAT, PLANT & BUY LOCAL -----

RESOURCES



The Arizona Farm Bureau established the "Fill Your Plate" program in December 2007 to help form a relationship between growers and the general public. The program provides chefs and the public with an opportunity to find and purchase locally grown food products. On the site www.azfb.org, simply click on the Fill Your Plate logo, seen above, to begin your search!

On the Fill Your Plate site, you'll have all sorts of entertaining opportunities to engage beyond just the searchable produce-based database. You can now search for farmers' markets throughout the state, search for lots of veggie recipes, read what local celebrities are saying about fruits and vegetables and much more! "We even provide information about how food prices are trending and nutritious tidbits that highlight Arizona fruits and vegetables. It's a cornucopia of insights so interesting that once you've begun to use Fill Your Plate you'll want to regularly check out what new articles we've posted on the site's weekly blog." EAT, PLANT & BUY LOCAL ==

RESOURCES

Good Food Finder is Arizona's online local food hub. The Good Food Directory and Food Business Hub make it easy to buy, sell, and access local food across Arizona.

The Good Food Directory provides a comprehensive list of locations to find locally grown specialty crops in Arizona. Simply type the food you are looking for in the search bar and Good Food Finder will bring up locations where that crop is available for purchase. You can also use Good Food Finder to locate farmers' markets, community gardens, Community Supported Agriculture (CSA) programs, restaurants and cafés sourcing locally, gardening tips, recipes, and so much more.

The Food Business Hub enables food procurers, farmers, restaurateurs, and institutions to connect, learn, grow, and form partnerships to strengthen our local food system. Find buyers and sellers of specialty crops, access resources, and find useful food events to enhance your business.

FOR MORE INFORMATION: Visit www.goodfoodfinderaz.com

FOR MORE INFORMATION: Visit www.fillyourplate.org

= ECONOMIC BENEFITS =

ARIZONA GROWN SPECIALTY CROPS

= ECONOMIC BENEFITS =

ARIZONA GROWN SPECIALTY CROPS

ARIZONA'S TREE NUT INDUSTRY

Arizona was the nation's 4th leading state in pecan production for 2017, with production of 28 million pounds of pecans valued at \$70 million (USDA-NASS, 2017). Pistachios are the 2nd largest nut crop grown in Arizona. In 2016, Arizona grew pistachios on approximately 7,000 acres, with production of 4.9 million pounds valued at \$5.2 million (Arizona State University W.P. Carey School of Business, Economic Impact Study, 2016).

ARIZONA'S PRODUCE INDUSTRY

Arizona ranks third in the nation for overall production of fresh market vegetables. Arizona acreage produced nearly 104 million cartons of fresh produce last year. Arizona ranks second in the nation in production of iceberg lettuce, leaf lettuce, romaine lettuce, cauliflower, broccoli, spinach, cantaloupes, and honeydews.

The top ten commodities, which account for almost 85% of the state's total produce production, based on carton count for fiscal year 2018 are as follows:

Commodity	Cartons	Commodity	Cartons
1. Iceberg lettuce	23,923,370	6. Broccoli	5,553,281
2. Romaine lettuce	21,912,452	7. Cauliflower	4,631,240
3. Cantaloupe	9,239,563	8. Watermelon	4,308,629
4. Spinach	7,427,594	9. Celery	4,017,663
5. Leaf Lettuce	6,548,719	10. Cabbage	3,297,703

*Arizona Department of Agriculture State Annual Report, 2017-2018

ARIZONA'S GREEN INDUSTRY

The green industry is defined as firms involved in the production, design, installation, maintenance, and sale of plant products to enhance human environments. As such, the industry consists of three major components: landscape services, nursery/ greenhouse production and distribution, and florists. The following statistics cover the landscape and nursery sectors.

The Arizona green industry provides \$1.68 billion in total sales, \$710 million in payroll and 30,300 jobs. This industry is also one of the most rapidly growing sectors in the state with a 26% growth in employment and a 46% growth in payroll since 2002.

FOR MORE INFORMATION AND STATISTICS: Visit www.azna.org and www.nass.usda.gov/az

ARIZONA'S HONEY PRODUCTION

There were 22,000 managed honeybee colonies in Arizona in 2017. The State produced 880,000 pounds of honey valued at \$1.7 million (USDA-NASS, 2017).

Honeybees are also essential to crop pollination. One in three bites of food we eat is dependent on honeybees for pollination. They are used to pollinate many agricultural crops, including almonds, apples, citrus, melons, squash, and vegetable seeds. The highest pollination services value is in almond and melon production, both of which are totally dependent on honeybees. Of the 100 crops that provide 90 percent of the world's food, over 70 are pollinated by bees.

With the advent of both parasitic mites and the Africanized Honeybee reaching Arizona, the beekeeping industry has seen a rapid and steady decline. Other factors negatively affecting honeybees are drought, loss of forage diversity, and a reduced genetic pool. In the 1980s and early 1990s Arizona had 2,200 registered beekeepers, who annually registered approximately 120,000 honeybee hives. Of the registered beekeepers, 80% were hobby beekeepers, representing approximately 20% of the total hives and 20% were commercial or semi-commercial beekeepers representing approximately 80% of the total hives.

FOOD SAFETY

WHAT IS BEING DONE

U.S. FOOD AND DRUG ADMINISTRATION (FDA)

The FDA has several programs focusing on food safety, such as the Center for Food Safety and Applied Nutrition, Food Safety Modernization Act (FSMA), and various action plans.

FSMA is transforming the nation's food safety system by shifting the focus from responding to foodborne illness to preventing it. The FDA has finalized seven major rules to prevent contamination. One is the Produce Safety Rule, establishing science-based minimum standards for the safe growing, harvesting, packing, and holding of fruits and vegetables grown for human consumption.

FOR MORE INFORMATION: Visit www.fda.gov/Food

GOOD AGRICULTURAL PRACTICES & GOOD HANDLING PRACTICES AUDIT VERIFICATION PROGRAM

The U.S. Department of Agriculture, Agricultural Marketing Service (USDA-AMS), in partnership with state departments of agriculture, offers a voluntary, auditbased program that verifies adherence to the recommendations made in the Food and Drug Administration's "Guide to Minimize Microbial Food Safety Hazards for Fresh Fruits and Vegetables."

The Arizona Department of Agriculture's Agricultural Consultation and Training Program offers Good Handling Practices and Good Agricultural Practices (GHP/GAP) Training and Certification Cost-Share Programs for food safety.

FOR MORE INFORMATION:

Visit www.ams.usda.gov or www.agriculture.az.gov/trainingassistance/food-safety/good-handling-practices-and-good-agricultural-practices-ghpgap

ARIZONA LEAFY GREENS FOOD SAFETY COMMITTEE

The Committee represents an industry-wide commitment to food safety with a collaborative effort to protect public health by reducing potential sources of contamination in Arizona leafy green products. The members of this group ensure that Arizona's leafy greens meet mandatory science-based food safety standards, verified through audits conducted by USDA licensed auditors.

FOR MORE INFORMATION: Visit www.arizonaleafygreens.org

BUYING

- Purchase produce that is not bruised or damaged.
- When selecting **fresh cut produce** such as half a watermelon or bagged mixed salad greens choose only those items that are **refrigerated or surrounded by ice**.

FOOD SAFETY =

WHAT THE PUBLIC CAN DO

• **Bag fresh fruits and vegetables separately** from meat, poultry, and seafood products when taking them home from the market.

STORAGE

- Certain **perishable fresh fruits and vegetables** (like strawberries, lettuce, herbs, and mushrooms) can be best maintained by storing in a clean refrigerator at a temperature of **40° F** or below. If you're not sure whether an item should be refrigerated to maintain quality, **ask your grocer.**
- All produce that is purchased **pre-cut or peeled should be refrigerated** to maintain both quality and safety.



FOOD SAFETY :

WHAT THE PUBLIC CAN DO

PREPARATION

When preparing any fresh produce, begin with clean hands. Wash your hands for 20 seconds with warm water and soap before and after preparation.

- **Cut away any damaged or bruised areas** on fresh fruits and vegetables before preparing and/or eating. Produce that looks rotten should be discarded.
- All produce should be **thoroughly washed before eating**. This includes produce grown conventionally or organically at home, or produce that is purchased from a grocery store or farmers' market. Wash fruits and vegetables under running water just before eating, cutting, or cooking.
- Even if you plan to peel the produce before eating, it is still important to wash it first.
- Washing fruits and vegetables with soap or detergent or using commercial produce washes is not recommended.
- Scrub firm produce, such as melons and cucumbers, with a clean produce brush.
- **Drying produce** with a clean cloth towel or paper towel may further reduce bacteria that may be present.
- Many **precut**, **bagged**, **or packaged produce** items like lettuce are pre-washed and ready to eat. **If the package indicates** that the contents have been **pre-washed and ready to eat**, you can use the product without further washing.
- If you do choose to wash a product marked "pre-washed" and "ready-to-eat," be sure to use safe handling practices to avoid any cross-contamination.

FOR MORE INFORMATION: Visit www.fda.gov/Food/ResourcesForYou

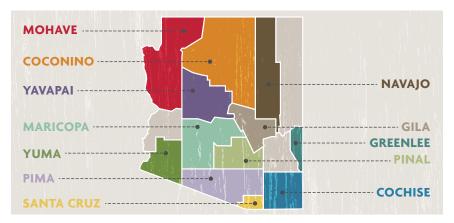
FARMERS' MARHETS By County

CROP GUIDI

AROUND THE CORNER

—— FARMERS' MARKETS ——

BY COUNTY



COCHISE COUNTY

BISBEE FARMERS' MARKET

100 W. Vista Bisbee, AZ 85603 Phone: 520-236-8409 Hours: Year-Round, Saturdays 9am-1pm

HIGH DESERT FARMERS' MARKET

1 Elks Ln. Sierra Vista, AZ 85635 Phone: 520-678-8655 Hours: Year-Round, Wednesdays 9am-1pm and Sundays 11am-3pm www.highdesertfarmersmarket.com

SIERRA VISTA FARMERS' MARKET

Veteran's Memorial Park 3105 E. Fry Blvd. Sierra Vista, AZ 85635 Phone: 520-678-2638 Hours: Year-Round, Thursdays 10am-2pm www.sierravistafarmersmarket.com

COCONINO COUNTY

FLAGSTAFF COMMUNITY MARKET

211 W. Aspen Ave. Flagstaff, AZ 86004 Phone: 928-607-2487 Hours: May – Oct, Sundays 8am-12pm www.flagstaffmarket.com

PAGE FARMERS' MARKET

699 S. Navajo Dr. Page, AZ 86040 Phone: 928-645-2741 Hours: May – Sept, Saturdays 8-11am

SUNNYSIDE MARKET

2532 E. 7th Ave. Flagstaff, AZ 86004 Phone: 928-600-6835 Hours: End of May – Mid-Sept, Wednesdays 2:30-6:30pm www.sunnysidemarket.org

GILA COUNTY

GLOBE-MIAMI FARMERS' MARKET Gila County Historical Museum Globe, AZ 85501 Phone: 928-701-3097 Hours: June – Sept, Saturdays 8am-11am

PAYSON FARMERS' MARKET

816 S. Beeline Highway Payson, AZ 85541 Phone: 928-468-0961 Hours: End of May – Mid-Sept, Saturdays 8am-12pm www.paysonfarmersmarket.com

GREENLEE COUNTY

CLIFTON FARMERS' MARKET

100 N. Coronado Blvd. Clifton, AZ 85533 Phone: 928-865-2806 Hours: Year-Round, Wednesdays 10am-4pm

MARICOPA COUNTY

6TH STREET MARKET 24 E. 6th St. Tempe, AZ 85281 Phone: 520-261-6982 Hours: Mid Oct – Mid April, Sundays 10am-3pm www.foodinroot.com

— FARMERS' MARKETS —

BY COUNTY

AHWATUKEE FARMERS' MARKET

4700 E. Warner Rd. Phoenix, AZ 85044 Phone: 623-848-1234 Hours: Oct – May, Sundays 9am-1pm, June – Sept, Sundays 8-11am www.arizonacommunityfarmersmarkets.com

ANTHEM FARMERS' MARKET

41703 N. Gavilan Peak Pkwy. Anthem, AZ 85086 Phone: 623-848-1234 Hours: Oct – May, Sundays 9am-1pm, June – July, Sundays 8-11am www.arizonacommunityfarmersmarkets.com

BUCKEYE FARMERS' MARKET

22865 W. Lower Buckeye Rd. Buckeye, AZ 85326 Phone: 623-349-6330 Hours: Nov – April, Saturdays 9am-1pm www.buckeyeaz.gov

CAPITOL FARMERS' MARKET

1700 W. Adams St. Phoenix, AZ 85007 Phone: 623-848-1234 Hours: Nov – April, Thursdays 10:30am-1:30pm www.arizonacommunityfarmersmarkets.com

CARE 1ST FARMERS' MARKET

328 W. Western Avondale, AZ 85037 Phone: 623-848-1234 Hours: July – Oct, Tuesdays 8am-12pm www.azcommunityfarmersmarket.com

CAREFREE FARMERS' MARKET

1 Sundial Circle Carefree, AZ 85377 Phone: 623-848-1234 Hours: Oct – May, Fridays 9am-1pm, June – Sept, Fridays 8-11am www.arizonacommunityfarmersmarkets.com

CHANDLER FARMERS' MARKET

Dr. A.J. Chandler Park West 3 S. Arizona Ave. Chandler, AZ 85225 Phone: 480-855-3539 Hours: Oct – May, Tuesdays 9am-1pm, Nov – May, Saturdays 8:30am-12:30pm www.downtownchandler.org

CLARK PARK FARMERS' MARKET

1730 S. Roosevelt St. Tempe, AZ 85281 Phone: 480-350-5893 Hours: Oct – April, Tuesdays 5-8pm www.clarkparkfarmersmarket.com

CORTE BELLA FARMERS' MARKET

22135 N. Mission Dr. Sun City West, AZ 85375 Phone: 623-848-1234 Hours: Oct – May, 2nd Wednesday of month 10am-1pm www.azfarmersmarkets.us

DESERT PALMS PRESBYTERIAN CHURCH MARKET

13459 W. Stardust Blvd. Sun City West, AZ 85375 Phone: 480-585-8639 Hours: Oct – April, 4th Tuesday of month 10am-1pm www.azfarmersmarkets.us

DOWNTOWN PHOENIX PUBLIC MARKET

721 N. Central Ave. Phoenix, AZ 85004 Phone: 602-625-6736 Hours: Oct – April, Saturdays 8am-1pm, May – Sept, Saturdays 8am-12pm www.phxpublicmarket.com

ESTRELLA MARKET AT SALES CENTER

10336 S. Estrella Pkwy. Goodyear, AZ 85338 Phone: 480-585-8639 Hours: Oct – April, 3rd Saturday of month 10am-2pm www.azfarmersmarkets.us

FARMERS' MARKET NORTH SCOTTSDALE

8744 E. Pinnacle Peak Rd. Scottsdale, AZ 85255 Phone: 480-389-5117 Hours: Oct – April, Saturdays 9am-1pm www.farmersmarketnorthscottsdale.com

FOUNTAIN HILLS FARMERS' MARKET

16858 Ave. of the Fountains Fountain Hills, AZ 85268 Phone: 602-888-6758 Hours: Oct – April, Thursdays 11am-5pm www.fhfarmersmarket.com

FREEMAN CORN PATCH

945 N. Center St. Mesa, AZ 85203 Phone: 602-799-7092 Hours: May – July, Monday – Saturday 7am-6pm

GILBERT FARMERS' MARKET

222 N. Ash Dr. Gilbert, AZ 85234 Hours: Oct – March, Saturdays 8am-12pm, April – Sept, Saturdays 7-11am www.gilbertmarket.com

—— FARMERS' MARKETS ——

BY COUNTY

GLENDALE FARMERS' MARKET

7102 N. 58th Dr. Glendale, AZ 85031 Phone: 602-920-0421 Hours: Oct – May, every other Saturday of month 8am-12pm www.glendalefarmersmarket.org

GOODYEAR COMMUNITY FARMERS' MARKET

3151 N. Litchfield Rd. Goodyear, AZ 85395 Phone: 623-848-1234 Hours: Oct – May, Saturdays 8am-12pm www.arizonacommunityfarmersmarkets.com

HIGH STREET FARMERS' MARKET

5415 E. High St. Phoenix, AZ 85054 Phone: 623-848-1234 Hours: Opens October 28th, Sundays 10am-1pm www.azcommunityfarmersmarket.com

MESA FARMERS' MARKET AND FLEA

Pioneer Park

526 E. Main St. Mesa, AZ 85203 Hours: June – Aug, Saturdays 7am-12pm, Sept – May, Saturdays 8am-1pm www.mesafarmersmarketandflea.com

MOUNTAIN PARK HEALTH CENTER FARMERS' MARKETS

Baseline Clinic 635 E. Baseline Rd. Phoenix, AZ 85042 Phone: 602-243-7277 Hours: Year-Round, Mondays 8am-12pm

Maryvale Clinic

6601 W. Thomas Rd. Phoenix, AZ 85033 Phone: 602-243-7277 Hours: Year-Round, Tuesdays 8am-12pm

OLD TOWN SCOTTSDALE

3806 N. Brown Rd. Scottsdale, AZ 85251 Phone: 623-848-1234 Hours: Oct – May, Saturdays 8am-1pm www.arizonacommunityfarmersmarkets.com

PEORIA FARMERS' MARKET AT PARK WEST

9744 W. Northern Ave. Peoria, AZ 85345 Phone: 602-703-7154 Hours: Year-Round, Saturdays 9am-2pm www.mommasorganicmarket.com

RAY'S MARKET AT THE BARN

AT POWER RANCH 3685 E. Autumn Dr. Gilbert, AZ 85297 Phone: 602-214-1653 Hours: Year-Round, Wednesdays 4-8pm www.raysmarket.net

ROADRUNNER PARK FARMERS' MARKET

3502 E. Cactus Rd. Phoenix, AZ 85032 Phone: 623-848-1234 Hours: Oct – May, Saturdays 8am-1pm, June – Sept, Saturdays 7-11am www.arizonacommunityfarmersmarkets.com

SINGH MEADOWS FARMERS' MARKET

1490 E. Weber Dr. Tempe, AZ 85281 Hours: Oct – May, Friday – Sunday 8am-2pm

SUN CITY FARMERS' MARKET

16820 N. 99th Ave. Sun City, AZ 85351 Phone: 623-848-1234 Hours: Oct – May, Thursdays 9am-1pm www.arizonacommunityfarmersmarkets.com

SUN CITY GRAND FARMERS' MARKET

19726 N. Remington Dr. Surprise, AZ 85374 Phone: 480-585-8639 Hours: Oct – April, 1st Saturday of month 9am-1pm www.azfarmersmarkets.us

SUN DOME PLAZA FARMERS' MARKET

13519 W. Camino del Sol Sun City West, AZ 85375 Phone: 480-585-8639 Hours: Oct – April, 4th Friday of month, 9am-1pm

SUN LAKES MARKET

25601 S. Sun Lakes Blvd. Sun Lakes, AZ 85248 Phone: 480-585-8639 Hours: Oct – April, 3rd Tuesday of month 10am-1pm www.azfarmersmarkets.us

SUPERSTITION FARMS FARMERS' MARKET

3440 S. Hawes Rd. Mesa, AZ 85212 Phone: 602-432-6865 Hours: Year-Round, Thursdays 4:30-7:30pm www.superstitionfarmaz.com

SUPERSTITION RANCH FARMERS' MARKETS

Apache Junction

7 N. 114th St. Apache Junction, AZ 85120 Phone: 480-984-3568 Hours: Year-Round, Monday – Saturday 7:30am-6:30pm and Sundays 8am-5:30pm www.superstitionranchmarket.com

Mesa

4755 E. Main St. Mesa, AZ 85205 Phone: 480-832-3421 Hours: Year-Round, Monday – Saturday 7:30am-7pm and Sundays 8am-5:30pm

THE CAMELBACK MARKET

3930 E. Camelback Rd. Phoenix, AZ 85018 Phone: 602-224-3727 Hours: Late Oct – Early May, Saturdays 9am-1pm www.vincentsoncamelback.com/market

THE FARM AT AGRITOPIA

3000 E. Ray Rd. Gilbert, AZ 85296 Phone: 480-988-1238 Hours: Opens Oct 17th, Wednesdays 5-8pm www.thefarmatagritopia.com

TRILOGY AT VISTANCIA COUNTRY CLUB

FARMERS' MARKET 27980 N. Trilogy Blvd. Peoria, AZ 85383 Phone: 480-585-8639 Hours: Oct – April, 4th Saturday of month 10am-1pm www.azfarmersmarkets.us

UPTOWN FARMERS' MARKET

5757 N. Central Ave. Phoenix, AZ 85012 Phone: 602-859-5648 Hours: Oct – April, Wednesdays 9am-1pm and Saturdays 8am-1pm; May – Sept, Saturdays 8am-12pm; May – June, Wednesdays 8am-12pm

VERRADO COMMUNITY FARMERS' MARKET

N. Market Pl. and W. Main St. Buckeye, AZ 85396 Phone: 623-848-1234 Hours: End of October – May, Saturdays 9:30am-1pm www.arizonacommunityfarmersmarkets.com/ FM_Verrado.html

Operating schedules may change from season to season and year to year.

It is recommended to call and confirm hours of operation prior to your visit.

MOHAVE COUNTY

BULLHEAD CITY FARMERS' MARKET

1251 Highway 95 Bullhead City, AZ 86442 Phone: 928-219-2333 Hours: Feb – May and Oct – Nov, 1st Saturday of month 9am-1pm www.bullheadcityfarmersmarket.com

KINGMAN FARMERS' MARKET

102 E. Beale St. Kingman, AZ 85401 Phone: 412-568-3536 Hours: May – Oct, Saturdays 9am-1pm www.kingmanfarmersmarket.org

NAVAJO COUNTY

SHOW LOW MAIN STREET FARMERS' MARKET AND ART WALK

1034 E. Duece of Clubs Show Low, AZ 85901 Phone: 928-532-2680 Hours: Late May – Sept, Saturdays 9am-1pm www.showlowmainstreet.org

PIMA COUNTY

AUTHENTICALLY AJO FARMERS' MARKET Ajo Plaza

Ajo, AZ 85321 Phone: 520-405-4872 Hours: Oct – March, Thursdays 4-7pm and Saturdays 9am-12pm, April – May, Thursdays 5-7pm www.ajocsa.com

BANNER UNIVERSITY MEDICAL CENTER

FARMERS' MARKET 1501 N. Campbell Ave.

Tucson, AZ 85724 Phone: 520-261-6982 Hours: Year-Round, Fridays 10am-2pm www.foodinroot.com

COMMUNITY FOOD BANK FARM STAND

3003 S. Country Club Dr. Tucson, AZ 85713 Phone: 520-882-3304 Hours: Year-Round, Tuesdays 8am-12pm www.communityfoodbank.org

GREEN VALLEY FARMERS' MARKET

1111 S. GVR Dr. Green Valley, AZ 85614 Phone: 520-261-6982 Hours: Year-Round, Tuesdays 9am-1pm www.foodinroot.com

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FARMERS' MARKETS ==

—— FARMERS' MARKETS ——

BY COUNTY

GREEN VALLEY VILLAGE FARMERS'

& ARTISANS' MARKET 101 S. Canada Dr. Green Valley, AZ 85614 Phone: 520-882-2157 Hours: Nov – April, Wednesdays 9am-1pm, May – Oct, Wednesdays 8am-12pm www.heirloomfm.org

ORO VALLEY FARMERS' MARKET

10901 N. Oracle Rd. Oro Valley, AZ 85737 Phone: 520-882-2157 Hours: Nov – April, Saturdays 9am-1pm, May – Oct, Saturdays 8am-12pm www.heirloomfm.org

PLAZA PALOMINO SATURDAY MERCADO

2960 N. Swan Rd. Tucson, AZ 85712 Hours: Year-Round, Saturdays 8am-12pm www.plazapalomino.com/farmers-market

RILLITO PARK FARMERS' & ARTISANS' MARKET

4502 N. 1st Ave. Tucson, AZ 85719 Phone: 520-882-2157 Hours: Nov – April, Sundays 9am-1pm, May – Oct, Sundays 8am-12pm www.heirloomfm.org

RINCON VALLEY FARMERS' & ARTISANS' MARKET

12500 E. Old Spanish Trail Tucson, AZ 85747 Phone: 520-882-2157 Hours: Nov – April, Saturdays 9am-1pm, May – Oct, Saturdays 8am-12pm www.heirloomfm.org

SANTA CRUZ RIVER FARMERS' MARKET

100 S. Avenida del Convento Tucson, AZ 85745 Phone: 520-882-3304 Hours: Oct – April, Thursdays 3-6pm, May – Sept, Thursdays 4-7pm www.communityfoodbank.org

ST. PHILIP'S PLAZA ARTISAN & CLASSIC

FARMERS' MARKETS 4280 N. Campbell Ave. Tucson, AZ 85718 Phone: 520-261-6982 Hours: Oct – April 9am-1pm, May – Sept 8am-12pm, Saturdays (Artisan) and Sundays (Classic) www.foodinroot.com

TRAIL DUST TOWN FARMERS' MARKET

6541 E. Tanque Verde Rd. Tucson, AZ 85715 Phone: 520-882-2157 Hours: Nov – April, Fridays 9am-1pm, May – Oct, Fridays 8am-12pm www.heirloomfm.org

UA MAIN CAMPUS FARMERS' MARKET

1303 E. University Blvd. Tucson, AZ 85719 Phone: 520-261-6982 Hours: Oct – May, Varying Wednesdays 10am-2pm www.foodinroot.com

PINAL COUNTY

ORACLE FARMERS' MARKET 1015 W. American Ave. Oracle, AZ 85623 Phone: 520-896-9200 Hours: April – May, Wednesdays 5-8pm, June – Oct, Wednesdays 6-9pm www.jerryparra.com/oracle-farmers-market.html

SAN TAN VALLEY FARMERS' MARKET

2505 E. Germann Rd. San Tan Valley, AZ 85140 Phone: 480-788-3648 Hours: Nov – Aug, 2nd Saturday of month 7am-Sold Out www.santanvalleyfarmersmarket.com

SANTA CRUZ COUNTY

ARIVACA FARMERS' MARKET

16800 Arivaca Rd. Arivaca, AZ 85601 Phone: 520-460-0011 Hours: Year-Round, Saturdays 9am -12pm

NOGALES MERCADO FARMERS' MARKET

163 N. Morley Ave. Nogales, AZ 85621 Phone: 520-375-6050 Hours: Oct – April, Fridays 3-6pm, May – Sept, Fridays 4-7pm www.nogalesmercado.com

SONOITA AND PATAGONIA FARMERS' MARKET

SW Corner Highway 82 & 83 Intersection Sonoita, AZ 85637 Phone: 520-223-5188 Hours: May – Oct, Saturdays 9am-12pm

YAVAPAI COUNTY

CHINO VALLEY MARKET

344 S. Highway 89 Chino Valley, AZ 86323 Phone: 928-713-1227 Hours: June – Oct, Thursdays 3-6pm www.prescottfarmersmarket.org

CORNVILLE FARMERS' MARKET

9950 E. Cornville Rd. Cornville, AZ 86325 Phone: 928-275-3802 Hours: Jan – Oct, Mondays 2pm-Dusk www.cornvilleaz.org

COTTONWOOD FARMERS' MARKET AND JAMBOREE

187 E. Pima St. Old Town Cottonwood, AZ 86326 Phone: 928-639-3200 Hours: May, June, Sept, Thursdays 5pm-Sundown

PRESCOTT FARMERS' MARKET

1100 E. Sheldon St. Prescott, AZ 86301 Phone: 928-713-1227 Hours: May – Oct, Saturdays 7:30am-12pm www.prescottfarmersmarket.org

PRESCOTT WINTER MARKET

1050 Ruth St. Prescott, AZ 86301 Phone: 928-713-1227 Hours: Nov – May, Saturdays 10am-1pm www.prescottfarmersmarket.org

SEDONA COMMUNITY FARMERS' MARKET

336 Highway 179 Sedona, AZ 86336 Phone: 928-821-1133 Hours: May – Oct, Fridays 8-11:30am

2201 W. State Route 89A Sedona, AZ 86336 Phone: 928-821-1133 Hours: End of Oct – April, Sundays 12-4pm www.sedona-farmers-market.com

VERDE VALLEY FARMERS' MARKET

Main St. and Hollaman Camp Verde, AZ 86322 Phone: 928-634-7077 Hours: Mid May – Early Oct, Saturdays 8am-12pm

YUMA COUNTY

YUMA COMMUNITY FARMERS' MARKET Phone: 425-941-5030

Downtown Main Street Hours: Jan – March, Tuesdays 9:30am-2:30pm

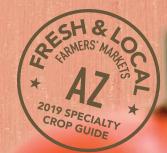
Yuma Palms Mall Hours: Nov – March, Saturdays 9:30am-2:30pm

= FARMERS' MARKETS ==





THE WEEK =



Market Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
COCHISE							
Bisbee Farmers' Market						Year-Round, 9a-1p	
High Desert Farmers' Market			Year-Round, 9a-1p				Year-Round, 11a-3p
Sierra Vista Farmers' Market				Year-Round, 10a-2p			
COCONINO							
Flagstaff Community Market							May-Oct, 8a-12p
Page Farmers' Market						May-Sept, 8a-11a	
Sunnyside Market			End of May-Mid Sept 2:30p-6:30p				
GILA							
Globe-Miami Farmers' Market						June-Sept, 8a-11a	
Payson Farmers' Market						End of May- Mid-Sept, 8a-12p	
GREENLEE							
Clifton Farmers' Market			Year Round, 10a-4p				
MARICOPA							
6th Street Market							Mid Oct-Mid Apr, 10a-3p
Ahwatukee Farmers' Market							Oct-May, 9a-1p June-Sept, 8a-11a
Anthem Farmers' Market							Oct-May, 9a-1p June-July, 8a-11a
Buckeye Farmers' Market						Nov-Apr, 9a-1p	
Capitol Farmers' Market				Nov-Apr, 10:30a-1:30p			
Care 1st Farmers' Market		July-Oct, 8a-12p					
Carefree Farmers' Market					Oct-May, 9a-1p June-Sept, 8a-11a		
Chandler Farmers' Market		Oct-May, 9a-1p				Nov-May, 8:30a-12:30p	
Clark Park Farmers' Market		Oct-Apr, 5p-8p					
Corte Bella Farmers' Market			Oct-May, 10a-1p (2nd Wednesday)				
Desert Palms Presbyterian Church Market		Oct-Apr, 10a-1p (4th Tuesdav)					
Downtown Phoenix Public Market						Oct-Apr, 8a-1p Mav-Sent 8a-12p	
Estrella Market at Sales Center						Oct-Apr, 10a-2p (3rd Saturday)	
Farmers' Market North Scottsdale						Oct-Apr, 9a-1p	
Fountain Hills Farmers' Market				Oct-Apr, 11a-5p			
Freeman Corn Patch	May-July, 7a-6p	May-July, 7a-6p	May-July, 7a-6p	May-July, 7a-6p	May-July, 7a-6p	May-July, 7a-6p	
Gilbert Farmers' Market						Oct-Mar, 8a-12p Apr-Sept. 7a-11a	
Glendale Farmers' Market						Oct-May, 8a-12p (everv other Saturdav)	
Goodyear Community Farmers' Market						Oct-May, 8a-12p	
High Street Farmers' Market							Opens Oct 28th, 10a-1p
Mesa Farmers' Market and Flea						Sept-May, 8a-1p June-Aug, 7a-12p	
Mountain Park Health Center, Baseline & Maryvale Clinics Old Town Scortsdale	Year-Round, 8a-12p (Baseline)	Year-Round, 8a-12p (Maryvale)				Oct-May, 8a-Ip	
Peoria Farmers' Market at Park West						Year-Round 9a-7p	
Ray's Market at the Barn at Power Ranch			Year-Round, 4p-8p				
Roadrunner Park Farmers' Market						Oct-May, 8a-1p Iune-Sent 7a-11a	
Singh Meadows Farmers' Market					Oct-May, 8a-2p	Oct-May, 8a-2p	Oct-May, 8a-2p
Sun City Farmers' Market				Oct-May, 9a-1p	-	-	-
Sun City Grand Farmers' Market						Oct-Apr, 9a-1p (1st Saturday)	
Sun Dome Plaza Farmers' Market					Oct-Apr, 9a-1p (4th Fridav)		
Sun Lakes Market		Oct-Apr, 10a-1p (3rd Tuesday)					
Superstition Farms Farmers' Market				Year-Round, 4:30p-7:30p			
Superstition Ranch Farmers' Markets	Year-Round, 7:30a-6:30p (AJ)	Year-Round, 7:30a-6:30p (AJ)	Year-Round, 7:30a-6:30p (AJ)	Year-Round, 7:30a-6:30p (AJ)	Year-Round, 7:30a-6:30p (AJ)	Year-Round, 7:30a-6:30p (AJ)	Year-Round, 8a-5:30p (AT & Mesa)
The Camelback Market	/:30a-7p (Mesa)	/:30a-/p (Mesa)	/:30a-7p (Mesa)	/:30a-7p (Mesa)	/:30a-7p (Mesa)	/:30a-/p (Mesa) Late Oct-Early May,	1
						74-17	

Operating schedules may change from season to season and year to year. It is recommended to call and confirm hours of operation prior to your visit.

Market Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MARICOPA CONTINUED							
The Farm at Agritopia			Opens Oct 17th, 5p-8p				
Trilogy at Vistancia Country Club Farmers' Market						Oct-Apr, 10a-1p (4th Saturday)	
Uptown Farmers' Market			Oct-Apr, 9a-1p May-June, 8a-12p			Oct-Apr, 8a-1p May-Sept, 8a-12p	
Verrado Community Farmers' Market						End of Oct-May, 9:30a-1p	
MOHAVE							
Bullhead City Farmers' Market						Feb-May, Oct-Nov, 9a-1p (1st Saturday)	
Kingman Farmers' Market						May-Oct, 9a-1p	
NAVAJO							
Show Low Main Street Farmers' Market and Art Walk						Late May-Sept, 9a-1p	
PIMA							
Authentically Ajo Farmers' Market				Oct-Mar, 4p-7p Apr-Mav, 5p-7p		Oct-Mar, 9a-12p	
Banner University Medical Center Farmers' Market					Year-Round, 10a-2p		
Community Food Bank Farm Stand		Year-Round, 8a-12p					
Green Valley Farmers' Market		Year-Round, 9a-1p					
Green Valley Village Farmers' & Artisans' Market			Nov-Apr, 9a-1p May-Oct, 8a-12p				
Oro Valley Farmers' Market						Nov-Apr, 9a-1p May-Oct, 8a-12p	
Plaza Palomino Saturday Mercado						Year-Round, 8a-12p	
Rillito Park Farmers' & Artisans' Market							Nov-Apr, 9a-1p May-Oct, 8a-12p
Rincon Valley Farmers' & Artisans' Market						Nov-Apr, 9a-1p May-Oct, 8a-12p	
Santa Cruz River Farmers' Market				Oct-Apr, 3p-6p May-Sept, 4p-7p			
St. Philip's Plaza Artisan & Classic Farmers' Markets						Oct-Apr, 9a-1p May-Sept, 8a-12p (Artisan)	Oct-Apr, 9a-1p May-Sept, 8a-12p (Classic)
Trail Dust Town Farmers' Market					Nov-Apr, 9a-1p May-Oct, 8a-12p		
UA Main Campus Farmers' Market			Oct-May, 10a-2p (Varying Wednesdays)				
PINAL							
Oracle Farmers' Market			Apr-May, 5p-8p June-Oct, 6p-9p				
San Tan Valley Farmers' Market						Nov-Aug, 7a-sold out (2nd Saturday)	
SANTA CRUZ							
Arivaca Farmers' Market						Year-Round, 9a-12p	
Nogales Mercado Farmers' Market					Oct-Apr, 3p-6p May-Sept, 4p-7p		
Sonoita and Patagonia Farmers' Market						May-Oct, 9a-12p	
YAVAPAI							
Chino Valley Market				June-Oct, 3p-6p			
Cornville Farmers' Market	Jan-Oct, 2p-Dusk						
Cottonwood Farmers' Market and Jamboree				May, June, Sept, 5p-Sundown			
Prescott Farmers' Market						May-Oct, 7:30a-12p	
Prescott Winter Market						Nov-May, 10a-1p	
Sedona Community Farmers' Market					May-Oct, 8a-11:30a		End of Oct-Apr, 12p-4p
Verde Valley Farmers' Market						Mid May-Early Oct, 8a-12p	
YUMA							
Yuma Community Farmers' Market		Jan-Mar, 9:30a -2:30p				Nov-Mar, 9:30a-2:30p	

Operating schedules may change from season to season and year to year. It is recommended to call and confirm hours of operation prior to your visit.

= U-PICK FARMS —

BY COUNTY

U-PICK FARMS PROVIDE AN INTERACTIVE AND EDUCATIONAL EXPERIENCE

COCHISE COUNTY

APPLE ANNIE'S ORCHARD

2081 W. Hardy Rd. Willcox, AZ 85643 Phone: 520-384-2084 Hours: July – Sept, 8am-5pm, October, 9am-5:30pm www.appleannies.com

Pumpkins and Produce

(not all produce is U-Pick) 6045 W. Williams Rd. Willcox, AZ 85643 Phone: 520-384-4685 Hours: July – Sept, 7am-5pm, October, 9am-5:30pm

Country Store

1510 W. Ćircle I Rd. Willcox, AZ 85643 Phone: 520-766-2084 Hours: Daily, 8am-5pm

VEGETABLES

Summer/Fall: Pumpkins, Summer and Winter Squash, Tomatoes, Sweet Corn, Onions, Okra, Pumpkins, Green Beans, Gourds, Eggplant, Cucumbers, Black Eyed Peas, Chili Peppers, Bell Pepper, Peas, Broccoli, Eggplant, Jalapeños

FRUIT, OTHER

Summer/Fall: Many different varieties of Apples, Peaches, Honeydew, Watermelon, Cantaloupe

MARICOPA COUNTY

COTTON LANE CITRUS U-PICK

14014 N. 172nd Ave. Surprise, AZ 85388 Phone: 602-361-2248 Hours: Dec – March, Monday – Saturday 9am-3pm and Sundays 10am-3pm www.bradburyfarmilyfarms.com

FRUIT

Oranges; Lemons; Tangerines; White, Pink and Red Grapefruit; Pomelos; and more

DATE CREEK RANCH

5 Date Creek Ranch Rd. Wickenburg, AZ 85358 Phone: 602-527-9369 Hours: Check website for dates and times www.datecreekranch.com

FRUIT

Apples, Peaches (seasonal)

FENWAY PARK ORCHARDS

42610 Highway 60-89 Morristown, AZ 85342 Phone: 623-388-2603 Hours: Call or visit website www.fenwayparkorchards.com

FRUIT

Peaches, Apples, Grapes

JUSTICE BROTHERS U-PICK

18800 W. Greenway Rd. Surprise, AZ 85388 Phone: 602-463-8469 Hours: Dec – March, Fridays, Saturdays and Sundays 9am-3pm www.justicebrothersupick.com

FRUIT

Citrus, including Navel, Valencia, and Mandarin Oranges; Tangerines and Tangelos; Red and White Grapefruit; Pomelos; Lemons; and many more

SCHNEPF FARMS

24610 Rittenhouse Rd. Queen Creek, AZ 85242 Hours: Year-Round, Thursday – Sunday 7:30am-1pm, Closed in August U-Pick garden may be open in August. Check website for time and available produce. www.schnepffarms.com

VEGETABLES

Fall: Broccoli, Cauliflower, Pumpkins Winter/Spring: Winter Squash, Beets, Radishes, Lettuce, Spinach, Zucchini, Cucumbers, Carrots, Tomatoes (Picked), Green Onions, Turnips, Cabbage, Green Beans, Sugar Peas Summer: Zucchini, Squash, Carrots, Radishes, Beets, Red and White Potatoes, Artichokes

FRUIT, OTHER

Winter/Spring: Peaches, Apples, Plums, Apricots, Flowers, Herbs

THE FARM AT AGRITOPIA

3000 E. Ray Rd. Gilbert, AZ 85296 Phone: 480-988-1238 Hours: Seasonal, call or visit website for more information www.thefarmatagritopia.com

FRUIT Peaches

U-HCH FARMS By County FRESH PRODUCE RIPE FOR THE PICKING





——— U-PICK FARMS ——

BY COUNTY

U-PICK FARMS PROVIDE AN INTERACTIVE AND EDUCATIONAL EXPERIENCE

TOLMACHOFF FARMS

5726 N. 75th Ave. Glendale, AZ 85303 Phone: 602-999-3276 Produce Stand Hours: Check website for days and times U-Pick Hours: June, Wednesdays, Fridays, Saturdays 7am-12pm www.Tolmachoff-Farms.com

VEGETABLES

Tomatoes – Vine Ripe Field Tomatoes; Sweet Corn (not U-Pick but available); Okra; Bell Peppers; Jalapeños; Eggplant; Green, Yellow, and Summer Squash

FRUIT

Cantaloupe, Watermelon (not U-Pick but available)

VERTUCCIO FARMS

4011 S. Power Rd. Mesa, AZ 85212 Phone: 480-882-1482 www.vertucciofarms.com

FRUIT

Peaches (May)

YAVAPAI COUNTY

MORTIMER FAMILY FARMS

12907 E. State Route 169 Dewey, AZ 86327 Phone: 928-830-1116 Country Store Hours: Daily, 7am-7pm Not all produce may be available for U-Pick, check website for U-Pick availability and hours. ww.mortimerfarmsaz.com

VEGETABLES

Sweet Corn, Pumpkins (U-Pick), Zucchini, Peppers, Onions, Potatoes, Carrots, Parsnips, Peppers, Okra, Sweet Peas, Lettuce, Cucumber, Turnips, Swiss Chard, Squash, Cabbage, Tomatillos, Tomatoes, Eggplant, Radishes

FRUIT

Watermelon, Strawberries, Blackberries

OTHER Sunflowers

Operating schedules may change from season to season and year to year. It is recommended to call and confirm hours of operation prior to your visit.

APACHE COUNTY

RED ROCK RANCH AND FARMS Concho, AZ in the White Mountains Phone: 928-337-2289

Lavender Festival and Wine Event June 20-23, 2019, Thursday – Sunday June 27-30, 2019, Thursday – Sunday June 18-21, 2020, Thursday – Sunday June 25-28, 2020, Thursday – Sunday Hours: 9am-3pm

Wine Tasting Room and Shop Hours: Open in the summer after the festivals, Saturdays 1-6pm www.redrockfarms.com

FESTIVAL ACTIVITIES

Lavender Growing Discussion, Cooking Demonstrations and Tastings, Wine Tasting, Food Vendors, and more

OFFERS

Lavender products, lavender plants, and wine are for sale during the festival

Lavender products are also available online

GILA COUNTY

PINE CREEK CANYON LAVENDER FARM 4223 Pine Creek Canyon Rd. Pine, AZ 85544 Phone: 619-772-6005 Farm Stand Hours: May – Oct, Friday – Sunday and Holiday Mondays 10am-4pm Closes for the winter, call for hours after Nov. 1st

www.pinelavenderfarm.com

OFFERS

Lavender products, culinary lavender, cooking and baking with lavender classes, photo shoots, products are also available online

NAVAJO COUNTY

WINDY HILLS LAVENDER FARM

3374 Stone Bridge Trail Heber, AZ 85928 Phone: 928-240-2273 Store Hours: Year-Round, Daily 11am-5pm www.windyhillslavender.com

OFFERS

Lavender products and classes, products are also available online

Operating schedules may change from season to season and year to year. It is recommended to call and confirm hours of operation prior to your visit.



= LAVENDER FARMS ====

BY COUNTY

WINE REGIONS

— ARIZONA WINE GRAPE GROWERS —

SONOITA REGION

WINE GRAPE REGIONS

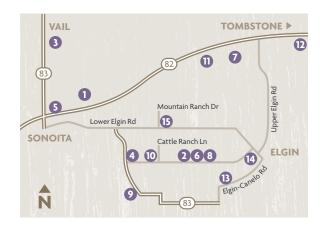
Grapes have been a part of Arizona's landscape since its earliest inhabitants, the Hohokam, planted native varieties. European species were introduced by Spanish colonials in the 1500's. However, this once thriving wine industry virtually disappeared in Arizona's passage of prohibition five years before the rest of the country. In 2006, as a result of state legislation, Arizona wineries were able to ship directly to consumers, resulting in expanded commercial growth of Arizona's wine industry.

Today, in Arizona, there are 106 licensed wineries (Arizona Department of Liquor Licenses and Control, 2018) that produced 297,145 gallons of bulk wine and 197,853 gallons of bottled wine in 2017/2018 (Alcohol and Tobacco Tax and Trade Bureau, 2017). This compares to 190,008 gallons of bulk wine and 118,811 gallons of bottled wine for the same period in 2016.

Arizona has three major grape growing regions, all in the high desert. The first region is in southern Arizona in the Sonoita/Elgin area. This is the only designated American Viticultural Area in the state. The Willcox area in Cochise County was the second area to come on board. In 2013, seventy-four percent of all Arizona wine grape production came from the Willcox region. And now the Verde Valley is the third major region for growing grapes. The elevation of these vineyards ranges between 3800 ft. to almost 6000 ft., allowing nice hot days and cool nights during the grape growing season. Another up-and-coming area is Skull Valley with three vineyards. You'll also find grape cultivation scattered around the state in areas such as Tombstone, Benson, Concho, and Portal.

FOR MORE INFORMATION: Visit www.azwinefestivals.com/about





1. ARIZONA HOPS & VINES

3450 Highway 82 Sonoita, AZ 85715 Phone: 520-296-0674 Hours: Sunday – Thursday 10am-4pm, Friday – Saturday 10am-6pm www.azhopsandvines.com

2. CALLAGHAN VINEYARDS

336 Elgin Rd. Elgin, AZ 85611 Phone: 520-455-5322 Hours: Thursday – Sunday 11am-4pm www.callaghanvineyards.com

3. CHARRON VINEYARDS

18585 S. Sonoita Highway Vail, AZ 85641 Phone: 520-762-8585 Hours: Thursday – Sunday 10am-6pm www.charronvineyards.com

4. DEEP SKY VINEYARDS

124 Elgin Rd. Elgin, AZ 85611 Phone: 520-490-6170 Hours: Thursday – Sunday 11am-5pm www.deepskyvineyards.com

5. DOS CABEZAS WINEWORKS

3248 Highway 82 Sonoita, AZ 85637 Phone: 520-455-5141 Hours: Thursday – Sunday 10:30am-4:30pm www.doscabezas.com

6. FLYING LEAP VINEYARDS, INC.

342 Elgin Rd. Elgin, AZ 85611 Phone: 520-455-5499 Hours: Daily 11am-4pm www.flyingleapvineyards.com

7. HANNAH'S HILL VINEYARD

State Highway 82 just east of milepost 40 on south side Elgin, AZ 85611 Phone: 520-456-9000 Email: hannahshill@msn.com Hours: Weekends 10am-5pm, 4:30pm on Sunday www.hannahshill.com

8. KIEF-JOSHUA VINEYARDS

370 Elgin Rd. Elgin, AZ 85611 Phone: 520-455-5582 Hours: Daily 11am-5pm www.kj-vineyards.com

9. LIGHTNING RIDGE CELLARS

2368 Highway 83 Elgin, AZ 85611 Phone: 520-455-5383 Hours: Friday – Sunday 11am-4pm www.lightningridgecellars.com

10. RANCHO ROSSA VINEYARDS

201 Cattle Ranch Ln. Elgin, AZ 85611 Phone: 520-455-0700 Hours: Friday – Sunday 10:30am-3:30pm www.ranchorossa.com

11. RUNE WINES

3969 Highway 82 Sonoita, AZ 85637 Phone: 520-338-8823 Hours: Thursday 12-4pm, Friday – Sunday 11am-5pm www.runeswine.com

ARD 12. SILVERSTRIKE WINERY

334 E. Allen St. Tombstone, AZ 85638 Phone: 520-678-8200 Hours: Daily 12-6pm www.silverstrikewinery.com

13. SONOITA VINEYARDS

290 Elgin-Canelo Rd. Elgin, AZ 85611 Phone: 520-455-5893 Hours: Daily 10am-4pm www.sonoitavineyards.com

14. VILLAGE OF ELGIN

WINERY

471 Elgin Rd. Elgin, AZ 85611 Phone: 520-455-9309 Hours: Daily 10am-4pm www.elginwines.com

15. WILHELM FAMILY VINEYARDS

21 Mountain Ranch Dr. Elgin, AZ 85611 Phone: 520-455-9291 Hours: Friday – Saturday 11am-4pm www.wilhelmvineyards.com

VERDE VALLEY REGION



1. ALCANTARA VINEYARD & WINERY

3445 S. Grapevine Way Cottonwood, AZ 86326 Phone: 928-649-8463 Hours: Daily 11am-5pm www.alcantaravineyard.com

2. ARIZONA STRONGHOLD 1023 N. Main St. Cottonwood. AZ 86326 Phone: 928-639-2789 Hours: Sunday – Thursday 12-7pm, Friday – Saturday 12-9pm www.azstronghold.com

3. BURNING TREE CELLARS

1040 N. Main St. Cottonwood, AZ 86326 Phone: 928-649-8733 Hours: Sunday – Thursday 12-7pm, Friday – Saturday 12-10pm www.burningtreecellars.com

4. CADUCEUS CELLARS

158 Main St. Jerome, AZ 86331 Phone: 928-639-9463 Hours: Sunday – Thursday 11am-6pm, Friday – Saturday 11am-8pm www.caduceus.org

5. CELLAR 433

240 Hull Ave. Jerome, AZ 86331 Phone: 928-634-7033 Hours: Thursday – Sunday 11am-7pm, Monday – Wednesday 11am-5pm www.cellar433.com

6. CHATEAU TUMBLEWEED

1151 W. State Route 89A Clarkdale, AZ 86324 Phone: 928-634-0443 Hours: Sunday - Thursday 12-7pm, Hours: Daily 10am-6pm Friday – Saturday 12-8pm www.chateautumbleweed.com

7. CLEAR CREEK VINEYARD & WINERY

4053 E. Highway 260 Camp Verde, AZ 86332 Phone: 602-859-7418 Hours: Wednesday – Sunday 11am-5pm www.clearcreekwineryaz.com

8. DEL RIO SPRINGS

VINEYARD 974 N. Grandview Paulden, AZ 86334 Phone: 928-636-9046 Hours: By Appointment www.delriospringsvineyard.com

9. GRANITE CREEK VINEYARDS Cottonwood, AZ 86326

2515 N. Road 1 East Chino Valley, AZ 86323 Phone: 928-636-2003 Hours: Thursday – Sunday 12-5pm Friday – Saturday 11am-9pm www.granitecreekvineyards.com www.pillsburywine.com

1565 Page Springs Rd. Cornville. AZ 86325 Phone: 928-649-2681 Hours: Daily 11am-6pm www.iavelinaleapwinerv.com

11. OAK CREEK VINEYARDS

1555 Page Springs Rd. Cornville, AZ 86325 Phone: 928-649-0290 www.oakcreekvineyards.net

12. PAGE SPRINGS CELLARS

1500 N. Page Springs Rd. Cornville, AZ 86325 Phone: 928-639-3004 Hours: Sunday – Wednesday 11am-7pm, Thursday – Saturday 11am-9pm www.pagespringscellars.com

13. PASSION CELLARS -

IEROME

417 Hull Ave. Jerome, AZ 86331 Phone: 928-649-9800 www.passioncellars.com

14. PILLSBURY WINE CO.

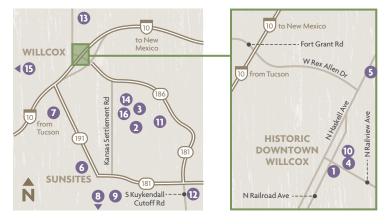
1012 N. Main St. Phone: 928-639-0646 Hours: Sunday – Thursday 11am-7pm.

10. JAVELINA LEAP VINEYARD 15. SOUTHWEST WINE CENTER

601 Black Hills Dr. Clarkdale, AZ 86324 Phone: 928-634-6566 Hours: Thursday – Sunday 12-6pm www.southwestwinecenter.org



WILLCOX REGION



1. ARIDUS WINE COMPANY

145 N. Railview Ave. Willcox, AZ 85643 Phone: 520-766-9463 Hours: Friday – Sunday 12-5pm www.ariduswineco.com

2. BIRDS AND BARRELS **VINEYARDS**

5000 E. Arzberger Rd. Willcox, AZ 85643 Phone: 520-507-0354 Call for Hours www.birdsandbarrels.com

3. BODEGA PIERCE/ SAECULUM CELLARS

4511 E. Robbs Rd. Willcox, AZ 85643 Phone: 602-320-1722 Hours: Thursday – Sunday 11am-5pm, Monday – Wednesday By Appointment www.bodegapierce.com www.saeculumcellars.com

4. CARLSON CREEK VINEYARDS

115 Railview Ave. Willcox. AZ 85643 Phone: 520-766-3000 Hours: Wednesday – Sunday 11am-5pm www.carlsoncreek.com

5. CORONADO VINEYARDS

2909 E. Country Club Dr. Willcox, AZ 85643 Phone: 520-384-2993 Hours: Monday – Saturday 9:30am-5:30pm, Sunday 10am-4pm www.coronadovineyards.com 274 E. Pearce Rd. Pearce, AZ 85625

Phone: 623-693-6547 www.fourtailsvineyard.com

7. GOLDEN RULE VINEYARD

Hours: By Appointment www.goldenrulevineyard.com

8. HIGH LONESOME VINEYARD

8979 N. High Lonesome Rd. McNeal, AZ 85617 Phone: 909-557-4872 Hours: By Appointment www.highlonesomevineyard.com Willcox, AZ 85643

9. HOFMANN VINEYARDS

9399 N. High Lonesome Rd. McNeal, AZ 85617 Phone: 520-403-2100 Hours: By Appointment www.hofmannvineyards.com

10. KEELING-SCHAEFER

TASTING ROOM 154 N. Railroad Ave. Willcox, AZ 85643 Phone: 520-766-0600 Hours: Wednesday – Sunday 11am-5pm www.keelingschaefervineyards.com

11. LARAMITA CELLARS CHIRICAHUA RANCH VINEYARDS

6223 E. Calle Dr. Willcox, AZ 85643 Phone: 480-560-2605 Hours: By Appointment www.laramitacellars.com

12. LAWRENCE DUNHAM VINEYARDS

13911 S. Kuykendall Cutoff Rd. Pearce, AZ 85625 Phone: 602-320-1485 Hours: By Appointment www.ldvwinerv.com

13. PASSION CELLARS -WILLCOX

3052 N. Fort Grant Rd. Willcox, AZ 85643 Phone: 928-649-9800 Hours: By Appointment www.passioncellars.com

14. PILLSBURY WINE COMPANY

6450 S. Bennett Pl. Phone: 928-595-1001 Hours: Saturday – Sunday 11am-5pm www.pillsburywine.com

15. SIERRA BONITA VINEYARDS

6720 E. Camino Principal Suite 101 Tucson, AZ 85715 Phone: 520-296-0674 Hours: Wednesday – Friday 4-8pm, Saturday 1-7pm www.sierrabonitavineyards.com

16. ZARPARA VINEYARD

6777 S. Zarpara Ln. Willcox. AZ 85643 Phone: 520-222-7114 Hours: Friday – Sunday 11am-5pm www.zarpara.com

6. FOUR TAILS VINEYARD

3525 N. Golden Rule Rd. Cochise, AZ 85606 Phone: 520-507-3310

FRUITS & HERBS

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AIIZONA Harwest Schedule

FRESH PRODUCE ==

USI AROUND THE CORNEL



VEGETABLES

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	ост	NOV	DEC
ARTICHOKES		•	•	•	•							
ARUGULA	•	٠	٠	٠							•	٠
ASPARAGUS		٠	٠	٠	•							
BEAN, FAVA		٠	•	٠								
BEAN, GREEN					٠	•			•			
BEAN, PINTO							٠	٠	•	•		
BEAN SPROUTS	•	•	•	٠	٠	•	•	٠	•	•	٠	
BEETS	•	•	٠								٠	•
BOK CHOY	•	•	٠								٠	•
BROCCOLI	٠	٠	٠							•	٠	•
BROCCOLI, BABY	٠	٠	٠								٠	•
BRUSSEL SPROUTS	٠	٠	٠									•
CABBAGE, GREEN	•	•	•	•	•	•	•	٠	•	•	•	•
CABBAGE, RED	•	•	٠	٠	•						•	•
CARROTS	•	•	•	•	•	•	•	٠	•	•	•	•
CAULIFLOWER	•	•	•	•							•	•
CAULIFLOWER, GREEN	•	•	٠								٠	•
CELERY	•	•	•								•	•
CORN, SWEET					•	•	•	•	•	•	٠	
CUCUMBER	•	•	•	•	•	•	•	•	•	•	٠	•
DAIKON (JAPANESE RADISH)	•	•	٠									
DANDELION	•	•	•	•							•	•
FRISEE	•	•	٠	•							٠	•
GREENS, BEET	•	•	٠	•							٠	•
GREENS, COLLARD	•	•	•	•							•	•
GREENS, MUSTARD	•	•	•	•							•	•
GREENS, TURNIP	•	•	•	•							•	•
KALE	•	•	•	•							•	•
KOHLRABI	•	•	•									•
LEEKS	•	•	•								•	•
LETTUCE, BUTTER/BOSTON	•	•	•								•	•
LETTUCE, ENDIVE		•	•								•	•
LETTUCE, ESCAROLE	•	•	•								•	•
LETTUCE, ICEBERG	•	•	•								•	•
LETTUCE, LEAF	•	•	•									•
LETTUCE, ROMAINE	•	•	•								•	•
LETTUCE, SPRING MIX	•	•	•	•							•	•
MACHE	•	•	•	•							•	•
NAPA	•	•	•	•							•	•
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ONIONS, SWEET (DRY) ONIONS, GREEN	•	•	•	•	•	-	-		•		•	•

VEGETABLES & TREE NUTS

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	ост	NOV	DEC
PARSNIPS					•	•						
PEPPERS, GREEN BELL							•	•	•	•		
PEPPERS, RED BELL							•	٠	٠	٠		
PEPPERS, GREEN CHILI						•	•	٠	٠	٠		
PEPPERS, RED CHILI								٠	٠	٠	٠	
POTATOES, RED				٠	٠	•	•					
POTATOES, RUSSET				٠	٠	•	•					
PUMPKIN									•	٠		
RADICCHIO	•	•	•									•
RADISHES	•	•	٠	٠	•					٠	٠	•
RAPINI	٠	٠	•									•
SALAD SAVOY	٠	٠	•								٠	•
SPINACH	•	•	٠							٠	٠	•
SQUASH (SUMMER) CROOKNECK						•	•	٠	•	٠		
SQUASH (SUMMER) SCALLOPED						•	•	٠	•	٠		
SQUASH (SUMMER) STRAIGHTNECK						•	•	٠	•	٠		
squash (summer) zucchini						•	•	•	•	•		
squash (winter) acorn									•	٠	•	
SQUASH (WINTER) BANANA									•	٠	•	
SQUASH (WINTER) BUTTERNUT									•	٠	٠	
SQUASH (WINTER) GOLD ACORN									•	٠	٠	
SQUASH (WINTER) HUBBARD									•	٠	٠	
squash (winter) kobacha									•	٠	٠	
SQUASH (WINTER) SPAGHETTI									•	٠	٠	
SQUASH (WINTER) TURBAN									•	٠	٠	
SWISS CHARD	•	•	•	٠							٠	•
TOMATOES	•	٠	٠	٠	٠	•	•	٠	•	٠	٠	٠
TURNIP	٠	٠	•	٠							٠	٠
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	ост	NOV	DEC
PECANS	•										٠	•
PISTACHIOS								•	•			

= AGRICULTURAL RESOURCES —

FOR TEACHERS

= AGRICULTURAL RESOURCES =

FOR TEACHERS



The Arizona Farm to School Program is growing! This initiative stems from the grassroots organization the **National Farm to School Network** that continues to build with the **United States Department of Agriculture** and has spurred a national movement that works to connect students to where their fruits and vegetables come from.

The Arizona Farm to School Program works to increase the consumption of fresh fruits and vegetables; teach students about Arizona agriculture; and support Arizona producers by bringing locally grown fruits and vegetables into school meals. These healthy educational programs are further emphasized with farm visits, experiences with native food traditions, and gardening programs. Farm to School Programs teach students to invest in their health, their community, and their environment.

FOR MORE INFORMATION:

ASHLEY SCHIMKE Arizona Department of Education

Health and Nutrition Services National Farm to School Network, Arizona Core Partner 602-364-2282

SHARMA TORRENS Arizona Department of Agriculture

Marketing Manager 602-542-3191

JESSICA DAVENPORT Arizona Department of Health Services

AZ Health Zone Food Systems Specialist 602-542-3210

SHANNON WHITEWATER FoodCorps

Arizona Program Manager 520-612-2197

AGRICULTURE IN THE CLASSROOM – ARIZONA FARM BUREAU

The Arizona Farm Bureau Agriculture in the Classroom Program develops and implements curriculum and programs aligned to the state learning standards to help students and teachers be successful, while increasing agricultural awareness in K-6 classrooms and beyond.

FOR MORE INFORMATION:

Visit www.azfb.org/programs/agriculture-in-the-classroom

ARIZONA AGRICULTURAL LITERACY PROGRAM – UNIVERSITY OF ARIZONA COOPERATIVE EXTENSION

Provides K-12 educators with professional development for improving students' knowledge which ensures an agriculturally literate society, one that understands and can communicate the source and value of agriculture as it affects our quality of life.

Programs include:

- **Summer Agricultural Institute:** SAI is a five-day, traveling tour designed to teach K-12 teachers about food and fiber production, and help them incorporate that knowledge in the classroom curriculum.
- School Garden Food Safety: This online training provides guidelines that schools should implement to minimize microbial food safety hazards for fresh fruits and vegetables. Information on receiving certification from the AZ Department of Health Services is also provided.
- **AZ Agricultural Literacy Days:** AZ Agricultural Literacy Days is a free program that focuses on educating Arizona students about our connection to agriculture and the commodities produced on Arizona's lands.
- **Lessons:** AZ specific lessons as well as the national Agricultural Literacy Curriculum Matrix feature standards-based curriculum for K-12 teachers.

FOR MORE INFORMATION: Visit www.cals.arizona.edu/agliteracy/home

= AGRICULTURAL RESOURCES —

FOR TEACHERS

ARIZONA AGRICULTURE: BEE'S AMAZING ADVENTURE BOOK

Arizona Agriculture: Bee's Amazing Adventure brings farming and ranching in the Grand Canyon State to life, exploring the State's rich agricultural diversity through the eyes of Pee Wee Bee. Delighting elementary-aged students as she flits from field to field, Pee Wee shares fascinating facts about agriculture that stimulate young minds, helping school children understand the integral role that agriculture plays in Arizona's economy.

FOR MORE INFORMATION: Visit www.arizonaagriculturebook.com

SCHOOL GARDEN PROGRAM – ARIZONA DEPARTMENT OF HEALTH SERVICES

The goal of the School Garden Program is to enable fresh produce to be safely served in school cafeterias from their on-site school garden. The Arizona Department of Health Services School Garden Program will help your school garden meet the requirements of approved source as required in the Arizona Food Code.

FOR MORE INFORMATION: Visit www.azdhs.gov/preparedness/ epidemiology-disease-control/food-safety-environmental-services/index. php#school-garden-program-safety





FOR ALL AGES

UNIVERSITY OF ARIZONA COOPERATIVE EXTENSION

Cooperative Extension is one of the pillars of The University of Arizona's Division of Agriculture, Life & Veterinary Sciences & Cooperative Extension. **Explore, Learn and Get Involved!** Arizona Cooperative Extension provides a link between the university and the citizens of this State through programs, publications, classes, events, and one-on-one teaching provided by knowledgeable faculty and staff.

COMMUNITY & BUSINESS

Beginning Farmer Production: This program area emphasizes basic specialty crop farming practices for small scale operations addressing: entrepreneurship and business training, financial and risk management training, record keeping practices, crop selection, diversification and marketing strategies, advanced training for soils and irrigation, hoop house operations, and safe food production and handling practices. **School Gardens:** Resource for school garden food safety and the Arizona School Garden Certification Process.

FOOD NUTRITION & HEALTH

Garden Kitchen: The Garden Kitchen offers seed-to-table gardening and cooking education, from growing and purchasing to preparing and storing. **Home Food Safety:** Information on preparing, cleaning, and storing food safely at home.

PLANTS & PESTS

Campus Arboretum: The University of Arizona main campus houses a truly unique collection of plants from arid and semi-arid climates around the world.

Crops/Soils: Crop and soil resources.

Home Gardening: Information on vegetable gardens, composting, flowers, pests, and more.

Master Gardener: Arizona Master Gardeners are university-trained volunteers who provide research-based information on environmentally responsible gardening and landscaping to the public.

Trees, Lawns, and Landscaping: Resources on trees, pruning, turf and lawn, Arizona desert plants, and more.

This is just a small part of what the UA Cooperative Extension has to offer.

FOR MORE INFORMATION: Visit www.extension.arizona.edu

— AGRICULTURAL OPPORTUNITIES —

FOR ALL AGES

COUNTY EXTENSION/4-H OFFICES

APACHE COUNTY **GREENLEE COUNTY ST. JOHNS** DUNCAN 845 W. 4th North 1684 Fairgrounds Rd. St. Johns, AZ 85936 Duncan, AZ 85534 928-359-2261 928-337-2267 **COCHISE COUNTY** LA PAZ COUNTY PARKER BISBEE 2524 Mutahar St. 66 Brewerv Ave. Parker, AZ 85344 Bisbee, AZ 85603 928-669-9843 520-366-8148 **SIERRA VISTA** MARICOPA COUNTY 1140 N. Colombo Ave. Sierra Vista, AZ 85635 **PHOENIX** 520-458-8278 4341 E. Broadway Rd. Phoenix, AZ 85040 WILLCOX 602-827-8200 450 S. Haskell Ave., Suite A Willcox. AZ 85643 MOHAVE COUNTY 520-384-3594

KINGMAN

928-753-3788

PEACH SPRINGS

947 Rodeo Way

928-769-1284

HOLBROOK

928-524-6271

HOPI TRIBE

928-734-3708

LAKESIDE

101 Main St.

748 North 3rd St.

Holbrook, AZ 86025

Kykotsmovi, AZ 86039

Lakeside, AZ 85926

1200 W. White Mountain Blvd.

928-205-5151/928-369-6001

101 E. Beale St., Suite A Kingman, AZ 86401

Peach Springs, AZ 86434

NAVAIO COUNTY

COCONINO COUNTY

FLAGSTAFF 2304 N. 3rd St. Flagstaff, AZ 86004 928-774-1868

GILA COUNTY

PAYSON 107 W. Frontier St., Bldg. C Payson, AZ 85541 928-474-4160

GLOBE 5515 S. Apache Ave., Suite 600 Globe, AZ 85501 928-402-8585

GRAHAM COUNTY

SOLOMON

2100 S. Bowie Solomon, AZ 85551 928-428-2611

PIMA COUNTY

GREEN VALLEY 503 E. Whitehouse Canyon Rd. Green Valley, AZ 85622 520-648-0808

TUCSON 4210 N. Campbell Ave. Tucson, AZ 85719 520-626-5161

PINAL COUNTY

CASA GRANDE 820 E. Cottonwood Ln., Bldg. C Casa Grande, AZ 85122 520-836-5221

SANTA CRUZ COUNTY

NOGALES

489 N. Arroyo Blvd. Nogales, AZ 85621 520-281-2994

YAVAPAI COUNTY

PRESCOTT 840 Rodeo Dr., Bldg. C Prescott, AZ 86305 928-445-6590

VERDE VALLEY

2830 N. Commonwealth Dr., Suite 103 Camp Verde, AZ 86322 928-554-8999

YUMA COUNTY

YUMA 2200 W. 28th St., Suite 102 Yuma, AZ 85364 928-726-3904

— AGRICULTURAL OPPORTUNITIES =

FOR KIDS AND TEENS

ARIZONA HAS MANY WAYS TO GET YOUNGSTERS INVOLVED IN AGRICULTURE. ARIZONA OFFERS CHAPTERS STATEWIDE FOR 4-H AND FFA.

ARIZONA 4-H

4-H is for all youth, ages 5-19, who want to have fun, learn new skills, and explore the world. Kids age 5-8 join Cloverbuds – a non-competitive, fun introduction to the many projects available through 4-H. Youth ages 9-19 participate in 4-H by enrolling in projects and joining a club. To get involved in 4-H in your area, contact your local UA County Extension from page 44.

In 4-H, young people make new friends, develop new skills, become leaders, and help shape their communities. Arizona 4-H builds upon a century of experience as it fosters positive youth development that is based on the needs and strengths of youth, their families, and communities. Youth have the opportunity to participate in 4-H experiences that strengthen a young person's sense of belonging, generosity, independence, and mastery.

About 9,000 youth are enrolled members of 4-H clubs in Arizona. Another 132,000 Arizona youth get involved in 4-H through special educational opportunities at school, in after school programs, or at neighborhood or youth centers. These youth live in cities, suburbs, small towns, and rural communities.

PROJECTS/OPPORTUNITIES

4-H gives young people a chance to pursue their own interests by enrolling in projects – from photography to computers, from building rockets to raising sheep.
4-H Project information is available online. They go places – to camp, to state and national conferences, even to other countries on 4-H exchange programs. They learn to be leaders and active citizens.

In 4-H clubs, youth serve as officers and learn to conduct meetings, handle club funds, and facilitate group decision-making. They give back to their communities. 4-H members get involved in volunteer projects to protect the environment, mentor younger children, and help people who are less fortunate.

FOR MORE INFORMATION: Visit www.extension.arizona.edu/4h or contact your county 4-H office at the number on page 44

= AGRICULTURAL OPPORTUNITIES ====

FOR KIDS AND TEENS

— AGRICULTURAL OPPORTUNITIES =

FOR KIDS AND TEENS

NATIONAL FFA ORGANIZATION

FFA makes a positive difference in the lives of its students by developing their potential for premier leadership, personal growth, and career success through agricultural education. The National FFA Organization is an integral, intra-curricular part of agricultural education. Initially organized in 1928 in Kansas City, Missouri, as Future Farmers of America, the official name of the organization was changed to the National FFA Organization to reflect the organization's evolution in response to expanded agricultural opportunities encompassing science, business, and technology in addition to production farming.

FFA is focused on preparing its members with important life skills through career development events, which focus on various aspects of agriculture, from Livestock Evaluation to Floriculture to Agricultural Communications, as well as leadership skills, including Prepared Public Speaking and Parliamentary Procedure. Arizona Association FFA administers to the local chapters throughout the State.

PROJECTS/OPPORTUNITIES

Being involved in FFA allows its members many opportunities. Some of these benefits include hands-on training, leadership opportunities on the local, state and national levels, success in Career Development Events and scholarships.

SOME OF THE EVENTS SPONSORED BY FFA INCLUDE:

- Spring Conference at the University of Arizona, for members to participate in one of sixteen Career Development Events, including Job Interview, Forestry, Wildlife Management, and Aquaculture.
- State FFA Camp in Heber, Arizona, a week-long leadership development event. Through various small group leadership activities and leadership workshops, students gain a deeper sense of their leadership ability while enjoying time with new and old friends from across Arizona.
- National FFA Convention is held each October with nearly 60,000 FFA members and guests from across the country in attendance. Members participate in general sessions, competitive events, educational tours, leadership workshops, a career show and expo, volunteer activities, and much more. It is the largest annual student gathering in the country.

FOR MORE INFORMATION: Visit www.azffa.org or call 602-542-5564

= AGRICULTURAL OPPORTUNITIES ===

FOR KIDS AND TEENS

THE PHOENIX ZOO – FRUIT AND VEGETABLE LEARNING GARDEN

The Phoenix Zoo's Fruit and Veggie Garden is an interactive learning experience, complete with hands-on activities emphasizing local agriculture. Visitors may explore planters and flood irrigation, visit the worm station, test their knowledge in the herb garden, and learn about the impact of agriculture to the state of Arizona.

A major goal of the learning garden is to connect people to their food source and share the importance of "planting up their plates." Half of our plates should be fruits and veggies, but unfortunately, that is not often the case.

In 1998, 9.7% of Arizona's 2-4 year-olds were obese; in 2008, that figure grew to 14.6%. Overall, Arizona has a 25.8% obesity rate among its general population. Fresh produce is the cornerstone of a healthy diet.

Arizona ranks second nationally in its production of cantaloupe and honeydew melons, head and leaf lettuce, spinach, broccoli, cauliflower, and lemons. There are more than 1,000 different types of fruits, veggies, and nuts grown in Arizona.

By "bringing the farm" to the Zoo's visitors, they can experience the joys of Arizona grown produce.

FOR MORE INFORMATION:

Western Growers Foundation www.csgn.org/arizona/zoo

The Phoenix Zoo

www.phoenixzoo.org 602-286-3881

= AGRICULTURAL OPPORTUNITIES

FOR YOUNG ADULTS

YOUNG FARMER AND RANCHER PROGRAM

The Young Farmer and Rancher (YF&R) Program is a national program for people 18-35 years of age. The objective is to provide leadership opportunities to those who wish to join the Farm Bureau in expanding agriculture and its communities. Not only do they offer local programs in leadership, but also legislative education, competitive events, and networking.

PROJECTS/OPPORTUNITIES

The Young Farmer and Rancher Program is committed to giving their participants well-rounded knowledge of agriculture.

ANNUAL YF&R ACTIVITIES INCLUDE:

- Leadership Conference focusing on agricultural issues, leadership, tours, collegiate competition, and networking.
- National Conference at which members compete in agricultural contests in one of three categories:
 - Excellence in Leadership
 - Excellence in Agriculture
 - Achievement Award
- Day at the Capitol. The YF&R members have a chance to visit with legislators and the Director of the Arizona Department of Agriculture.

FOR MORE INFORMATION:

Visit www.azfb.org/Programs/YFR or call 480-635-3615

ARIZONA AGRICULTURE =

IN HIGHER EDUCATION

UNIVERSITY OF ARIZONA

The University of Arizona is located in Tucson, Arizona, with a satellite campus in Sierra Vista. The College of Agriculture and Life Sciences offers the following agriculture programs:

- Agricultural and Bio-systems Engineering: utilizing biotechnology, biological sciences, and physical sciences to create innovative solutions in irrigation, agricultural products, waste management, and water conservation.
- Agricultural and Resource
 Economics: teaches students to
 analyze agriculture and resources
 from an economic perspective.
- Animal Sciences: focuses on the use of animals in agriculture.
- Agricultural Education: focuses on the integration, application, and disbursement of knowledge about agriculture and applied sciences.

FOR MORE INFORMATION: Visit www.cals.arizona.edu or call 520-621-7621

ARIZONA WESTERN COLLEGE

Offering services to Yuma and La Paz counties in the following programs:

- Agriculture: focuses on plant science and agribusiness management.
- **Agriculture Business:** teaches business analysis, management, budgeting, and finance.

FOR MORE INFORMATION: Visit www.azwestern.edu or call 928-317-6000

Arizona State University's Morrison School of Management and Agribusiness is located at the Polytechnic campus in Mesa and offers the following agricultural programs:

ARIZONA AGRICULTURE =

IN HIGHER EDUCATION

- **Food Science:** prepares students to turn agricultural commodities into food products; taking a look at business and science.
- **Food Marketing:** an effective production-to-consumer program focusing on consumer markets and business practices.
- **Agribusiness:** a generalized program for students to learn everything from marketing, business, finance, and today's latest technologies.
- **International Agribusiness:** students learn international economics, commodity finance, and training, as well as domestic skills.
- **Agribusiness Finance:** students learn risk factors that affect the agricultural market including environmental, biological, international trade policy; and how to use the tools of corporate management to fight these risk factors.

FOR MORE INFORMATION:

Visit www.wpcarey.asu.edu/agribusiness-degrees or call 480-727-1586

MARICOPA COMMUNITY COLLEGES

With branches throughout Maricopa County, this college provides the following agricultural program at the Mesa campuses:

• **Agribusiness:** This two-year program emphasizes the technology of production and management. The program is designed to prepare individuals to become employed as owners, managers, supervisors, technicians, herdsmen, or farm hands in farming, ranching, and dairying. The program also prepares the individuals for jobs with government agencies or other agencies involved with the technical phases of the Animal Science Industry.

FOR MORE INFORMATION: Visit www.maricopa.edu or call 480-731-8000

= ARIZONA AGRICULTURE —

IN HIGHER EDUCATION

EASTERN ARIZONA COLLEGE

Campuses located in Thatcher and Safford offer:

- Agribusiness: focuses on general studies and natural resource conservation.
- Agriculture: covers general studies but also technical writing and economics.

FOR MORE INFORMATION: Visit www.eac.edu or call 928-428-8472

YAVAPAI COLLEGE

With campuses in Chino, Verde and Prescott Valleys, Prescott, and Sedona, this college offers a range of agricultural studies:

- **Agriculture Education:** prepares students to become a high school agriculture teacher with a focus on technology.
- Agriculture Technology Management: offers a variety of specific topics including horticulture, equine science, sports and turf grass, aquaculture, and horticulture.

FOR MORE INFORMATION: Visit www.yc.edu or call 928-717-7720

COCHISE COLLEGE

Campuses located in Sierra Vista and Douglas offer:

• **Agriculture General:** Agriculture Associate of Applied Science degree is designed to prepare students for a career in the agricultural profession or for transfer to a university Bachelor of Applied Science degree program. It focuses on animal science, natural resources, and agribusiness management while introducing students to various careers in agriculture.

FOR MORE INFORMATION: Visit www.cochise.edu or call 1-800-966-7943

CENTRAL ARIZONA COLLEGE

Central Arizona College services Pinal County, offering a number of different levels of education, including three certificate programs and two Associate/transfer degrees. All programs are taught in a hands-on manner that prepares students for work in dairies, farms, business, real estate, biotechnology, etc:

ARIZONA AGRICULTURE =

IN HIGHER EDUCATION

- Agriculture: transfer degree to 4-year colleges.
- **Agriculture General:** Associates degree in Applied Sciences to prepare students for further education or working.
- Agriculture Business: certificate to prepare students for the workforce.
- Agriculture General: certificate for the workforce.
- Farm Business Management: certificate for the workforce.

FOR MORE INFORMATION: Visit www.centralaz.edu or call 520-494-5444

NORTHLAND PIONEER COLLEGE

Located in Apache county, with campuses in Show Low, Winslow, Holbrook, and Snowflake, Northland Pioneer College offers certificates and degrees in:

- **Agriculture-General:** Associates degree. Classes include animal husbandry, diseases, forestry, landscape design, and range management.
- **Turf Grass Management:** Associates Degree. Classes include soils, irrigation, wastewater treatment, and horticulture.
- **Agriculture-General:** Certificate of applied science. Classes include soils, irrigation, wastewater treatment, and horticulture.

- **Range Management:** Certificate of proficiency. Courses include ecology, range plants, and range management.
- Horticulture: Certificate of proficiency. Courses include soils, basic horticulture, and landscape construction. Program focus for a landscape or nursery aide.
- Animal Science: Certificate of proficiency. Courses include animal disease, industry, husbandry, breeding, and livestock judging.

FOR MORE INFORMATION: Visit www.npc.edu or call 1-800-266-7845

AGRICULTURAL =

CAREER OPPORTUNITIES

AGRICULTURAL =

EDUCATION

Elementary schools, middle and high schools, and universities in Arizona all have agricultural education in one form or another. There are even specialists that travel from school to school to teach students of all ages about agriculture. In the state of Arizona, agri-science teachers are in high demand and the position is very portable; meaning it can be put to use in every other state. To pursue an education and career in agriculture, contact a university or community college in your area.

IN THE FIELD

A few career opportunities in agriculture for those who love the outdoors and want a hands-on ag career include: crop manager, farm manager, crop assistant, herdsman/ breeding manager, pesticide technician, feedlot assistant, farm mechanic, food safety inspector, fertilizer/chemical applicator, soil scientist, air quality specialist, horticulturist, agriculture inspector, agriculture engineer, and livestock inspector.

NURSERY AND LANDSCAPE

Nursery, landscape, and garden industries offer many career opportunities for smart, passionate, and enthusiastic people like you. And luckily for you, this "field" is ripe for the picking. Look beyond the myths surrounding these careers to learn the truth about professions that offer variety, flexibility, competitive pay, opportunities to grow, and overall job satisfaction.

FOR MORE INFORMATION: Visit www.thelandlovers.org to learn more about careers in Nursery and Landscape

AGRIBUSINESS

For those who want a more "tame" agriculture career, agribusiness is the perfect fit. Most of these opportunities include some type of sales and management. Grain manager, seed sales manager, certified appraiser, seed specialist, agronomist, GPS supervisor, animal nutritionist, animal health sales (dairy), ethanol plant manager, chemical engineer, grain merchandiser, and farm accounting/finance are all agribusiness careers.

While a few of these positions do not require higher education, some of these careers require a Bachelors degree. At various Arizona community colleges and universities, students learn the skills they need to pursue a career in agribusiness.

BIOTECHNOLOGY

If you like being inside, but don't want to sit behind a desk, biotechnology might be the job for you. Careers in biotechnology are mostly science based and are hands on. A Bachelors Degree earned at the University of Arizona's College of Agriculture and BioSystems Engineering or Arizona State University's Ira Fulton School of Engineering (Bioengineering Department) can prepare students for any of these careers: agricultural science research technician, veterinary technician, microbiologist, veterinarian, genetic engineer, and bio-pesticide engineer.



AGRICULTURAL

SCHOLARSHIP OPPORTUNITIES

AGRICULTURAL

SCHOLARSHIP OPPORTUNITIES

THE ARIZONA CROP PROTECTION ASSOCIATION

The Arizona Crop Protection Association works to strengthen the crop protection industry by educating legislators and the public on crop protection. They also hold events and present their members with continued education opportunities.

Arizona Crop Protection Association Scholarships provide financial assistance to undergraduate college and university students who have demonstrated an interest in agriculture and who are either from Arizona or attending an Arizona school.

This scholarship is for full-time high school seniors or those currently pursuing a bachelors degree full-time at an Arizona University or College in agriculture, biological science, pest management, range management, golf course management, natural resource management, animal husbandry, or nutrition. Arizona students are preferred, but out-of-state students may also apply for this scholarship. The amount of funding awarded depends on funds available and number of applicants.

FOR MORE INFORMATION:

Visit www.azcropprotection.com/scholarship or call 602-266-6147

THE YUMA COUNTY AGRICULTURE PRODUCERS SCHOLARSHIP

\$500-\$1,500 per academic year in funding. This scholarship is for full-time high school or beginning college students enrolling at Arizona Western College and/or the University of Arizona in Yuma who are in a declared agriculture or agriculture related major. Science majors may also apply if there is an agricultural aspect of their program or career goals. For students to qualify, they must have at least a 2.5 grade point average (GPA). This scholarship is issued based on merit, financial need, or both.

FOR MORE INFORMATION: Visit www.ycapscholarship.com



CALIFORNIA ASSOCIATION OF PEST CONTROL ADVISORS

The California Association of Pest Control Advisers (CAPCA) represents more than 75% of the nearly 3,000 California EPA licensed pest control advisers (PCAs) that provide pest management consultation for the production of food, fiber, and ornamental industries of this State.

CAPCA's mission is to facilitate the success of the licensed pest control adviser. CAPCA's purpose is to serve as the leader in the evolution of the pest management industry through the communication of reliable information.

The Stanley W. Strew Educational Fund, Inc. annually offers a \$3,000 scholarship from the California Association of Pest Control Advisers (CAPCA). The scholarship is given to college students who: are currently attending school as an incoming Junior, Senior, or Grad Student, plan to pursue a career in pest management and have a 2.5 GPA or better.

FOR MORE INFORMATION:

Visit www.capca.com/scholarships-awards or call 916-928-1625

THE ARIZONA FARM BUREAU

The Arizona Farm Bureau offers annual scholarships through the County Farm Bureau offices to high school seniors and college students who are members, or whose parents are members, of the Farm Bureau. Applicants must have a 2.5 grade point average, but do not necessarily have to be agriculture majors. The individual county sets the major requirements for each scholarship.

FOR MORE INFORMATION:

Visit www.azfb.org/programs/scholarships or call 480-635-3616

THE ARIZONA NURSERY ASSOCIATION

The Arizona Nursery Association offers scholarships to Arizona residents who are employed in or have an interest in the nursery industry. Applicants must have above average scholastic achievements or have at least 2 years of work experience in the industry to be considered for funding. The deadline to apply is April 15 of every year and the scholarship funds range from \$500-\$3,000 each.

FOR MORE INFORMATION: Visit www.azna.org/scholarships or call 480-966-1610





ARIZONA DEPARTMENT OF AGRICULTURE AGRICULTURAL CONSULTATION AND TRAINING

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http://agriculture.az.gov Additional printed Guides can be requested at www.azgrown.org.