SPRING 2019

Pocopson Elementary

Dave Carter

Technology

Noah Krey



CommonSenseMedia.org

Reviews and ratings for digital media, including movies, tv, books and games.

As an educator, I am excited about the accessibility to information that technology offers. **As a parent with three children**, I experience

frustration trying to constantly monitor my children's access to ageappropriate online content. I find myself spending an increasing amount of time trying to ensure my children are experiencing age-appropriate content on their digital devices.

"I experience frustration trying to constantly monitor my children's access to age appropriate online content."

THE GOOD NEWS is that companies and nonprofits, such as Commonsensemedia.org, have acknowledged the need to keep children safe online so resources to help parents are becoming more available. I have gathered a list of a few of the resources that I use to help with the task of monitoring our children's digital world. They offer general Advice for Parents, ratings on the topics linked below, as well as parental guides for things like YouTube, SnapChat, Fortnite and more.



Movies

Reviews for movies, TV and Youtube to help guide decision making.



Books

Besides reviews "Best of Lists" are offered which include by age, topic and awards.



Apps & Games

Many curated lists help narrow down the endless selection of available apps.



Many new <u>routers</u> support parental controls which help block inappropriate content.



Suplemental devices like <u>Disney</u> <u>Circle</u> add filtering capabilities to your current network.



Services like Open DNS have options which block inappropriate content on your network.



You are cordially invited to the

2019 Patton Spring Carnival

Friday, May 3th 3pm-7:30pm

All UCFSD Elementary students are invited to the Patton Middle School Spring Carnival!

- TONS of CARNIVAL GAMES with awesome prizes!!!
- ❖ NEW Drag Strip Challenge Racing
- Dippin Dots Ice Cream
- Three NEW GIANT inflatables
- Silly String Arena
- Kids Carnival for 8 yrs. and under! NEW GAMES
- ❖ NEW Carnival games, Frisbee toss, Hooley Ball, more
- . D.J. Candy walk

Plus..... all your favorite foods...

Bosco Sticks, Corn Dogs, French Fries, Chicken Sandwiches, Subs, Dinner Salads, Soft Pretzels, Fruit, Funnel Cakes, Smoothies, and Snack Shack / Sweet Treats!

Rain or Shine

Hope to see you there!!

Unionville High School presents



CHANTICLEER

The world-renowned, multiple Grammy Award-winning vocal ensemble

These men are phenomenal: as fresh as a blade of grass, tightly focused and keenly expressive."

NEW YORK TIMES

America's a cappella pride and joy."

CLASSICS TODAY

enth a fine th

of Chanticleer is breathtaking in its accuracy of intonation, purity of blend, variety of color and swagger of style."

BOSTON GLOBE

Chanticleer fascinates and enthralls for much the same reason a fine chocolate or a Rolls Royce does: through luxurious perfection."

LOS ANGELES TIMES

Then and There Here and Mow



April 3rd 2019

Wednesday at 7:30 PM
Unionville High School Auditorium
Kennett Square, PA 19348

Concert benefits
UHS Vocal Music Dept.

Get Tickets: uhs.ucfsd.org/music







Po-Mar-Lin Fire Company Tower Health/Brandywine Hospital & Medic 93

Present the 3rd annual

Go BALD with St. Baldrick's!

A FUNraiser for the St. Baldrick's Foundation that supports research for children w/ cancer

AND

Best Appearing Apparatus Competition with your local Chester County Fire & EMS Heroes!

SUNDAY, APRIL 14, 2019 from 2 P.M. to 6 P.M.

@ Po-Mar-Lin Fire Co. 36 Firehouse Drive, Kennett Square, PA 19348



Teams of 10-15 participants from our community will attempt to raise \$1,000. At the event participants will shave their heads BALD or cut 8 inches off.

COME HAVE FUN!



You don't have to go bald to help!

Join us for tons of family friendly activities!

Food Trucks • Raffle Baskets
Music • Moon Bounce • Drinks
Face Painting • & MUCH MORE!

CONTACT US & REGISTER AT

Email: GoBaldChesterCounty@gmail.com Facebook: St. Baldrick's, Chester County

REGISTRATION IS REQUIRED REGISTRATION DEADLINE IS APRIL 2, 2019

BEST APPEARING APPARATUS

Each appearing Fire, EMS, Police or Air Medical Unit will donate an entry fee of \$200. All units that have been entered into the competition will be judged on cleanliness, unique equipment and most practical piece. Winning piece will receive a plaque and a small monetary prize. All donations received for this vent will be given to the Chester County Hero Fund.

Unionville High School

YOUTH Spring Break CHEER CLINIC!!

Grades K-8





Wednesday
April 17th from
9AM-1PM

Join us for Cheering and Fun. If you want to be a future UHS Cheerleader or just want to see what cheering is all about, come learn from the current members and coaches!

Participants will learn cheers, chants, a dance and learn the fundamentals of stunting and jumps.

Please Contact Coach Justine to save your spot! <u>GoUvilleCheer@gmail.com</u>

Youth Cheerleading Clinic

Hosted by the UHS Varsity Cheerleaders Wednesday, April 17th

Date: Wednesday, April 17th, 2019
Time: 9am-1pm
Where: Unionville High School Aux Gym
Cost: \$40 (non-refundable)

Name: ______
Grade _____
Phone: _____
Address: ______

Email: _____
UHS Cheerleading Clinic Medical and Liability Release: ______elects to take part in the UHS Cheerleading event, which is sponsored by the UHS Cheerleading squad. I/We understand that our son/daughter is required to be in good physical shape and condition and that the activities, which he/she will be asked and expected to participate in, are strenuous and require physical and athletic agility. I/We understand that cheerleading is an activity in which the risk of injury is high; that any one of the routines involving our son/daughter's participation in cheerleading activities in general could lead to serious injury, including partial or total paralysis, even death. I/we have also discussed this with our child and among ourselves. Despite this understanding of the possibility of serious or catastrophic injury or death

I/We represent to that, to the best of our knowledge and belief, our son/daughter has no physical, medical, or mental disability or other limitation that would restrict his/her ability to fully participate in this activity.

and the risks involved, we still consent to the participation in this activity by our son/daughter.

I/We agree to, and by the signing of the agreement, release the coaches, volunteers, staff of Unionville High School, and the Board of Education from any claim of negligence by ourselves, our son/daughter, our heirs, executors and assigns, from any liability arising from claims for damages for injury to our son/daughter and any claims for loss of damage to his/her property which may arise out of his/her participation in the Unionville High School Cheerleading Clinic of April 17, 2019.

I/We further acknowledge that the above individual is covered by health insurance the particulars of which are described below. I hereby agree that we are responsible for any require medical treatment, and give permission for my child to receive medical treatment in the event that I am unable to be contacted. In order that participant may receive necessary treatments, I hereby hold Unionville High School and their cheerleaders, and coaches harmless in the exercise of this authority.

Name of Participant:	
D.O.B Grade	
Address:	
Parent Name:	
Parent Phone:	
Alternate Phone:	
Medical Insurance Carrier:	
Address of Carrier:	
Policy Number:	
Additional Insurance Info Required:	
Emergency Contact Name:	
Emergency Contact Phone:	
List any pre-existing conditions, allergies, medications, etc.:	
Parent/Guardian Signature:	_ Date:
Things to Know!	
· Hair must be pulled back	
· No jewelry	
· No gum	
· Apply Sunscreen before you arrive and bring some with you!	
 Water Jug/Bottle clearly labeled with name and a snack 	

**Please fill out, sign and return this form to Attn:

**Please include your non-refundable registration fee of \$40 payable to USC Cheerleading; Memo: Cheer Clinic.





AHHAH Inaugural 5K/1K Run/Walk for Children's Literacy

APRIL 27 Anson B. Nixon Park

\$25 for on-line registration, \$30 at the event registration \$5 children 8 and under

https://runsignup.com/Race/PA/KennettSquare/AHHAH5K

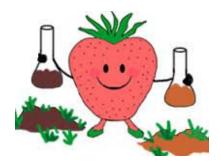
This run will kick of Kennett Square's National Healthy Kids Day Celebration Fresh smoothies courtesy of Chester County Food Bank

Arts Holding Hands and Hearts (AHHAH) literacy initiatives enable youth to succeed in life by becoming powerful readers, writers and thinkers. Kennett Square will host 14+ outdoor lending libraries and 20+ indoor lending libraries designed to get books in the hands of **EVERY** child in Kennett Square.

UHS is partnering with AHHAH on this initiative by helping build and paint some of these boxes.

Learn more at - https://www.ahhah.org/

Cooking in the Summer



Let's mix, knead, wrap, bake, cook and enjoy some delicious food while dabbling in **Molecular Gastronomy**!

Are you an adventurous foodie? Do you know your way around the kitchen? Do you like mixing science with food? Sign up for this new 4-day cooking camp so we can make and enjoy delicious recipes! Lunch included:)











Dates: June 24-27 or July 8-11

Time: 10am - 1pm

Place: CFES Science Lab

Cost: \$175

Class limit: 10 students, current 4th and 5th graders

Contact: Susana Shin (<u>sshin@ucfsd.net</u>)

Registration: Click here

Menu and Ingredients

(subject to change)

Savory:

Vietnamese Summer Rolls: rice paper, rice vermicelli noodles, lettuce, carrots, cucumbers, herbs, shrimp, peanut hoisin sauce (can be vegetarian)

Kimbap: seaweed wrap, sushi rice, rice vinegar, spinach, carrots, cucumber, egg, daikon, ham, fish cake, crab, cream cheese (can be vegetarian)

Wonton Soup: flour, water, pork, mushrooms, napa cabbage, egg, corn starch, soy sauce (can be vegetarian)

Fried Veggie Dumplings: flour, tofu, rice vermicelli noodles, spinach, carrots, wood ear mushrooms, corn starch, soy sauce, vegetable oil

Sweet:

Fizzy Fruit: assorted fruit, dry ice

Milk Bread: bread flour, all-purpose flour, milk, yeast, sugar, egg, heavy cream, corn starch, salt

Chocolate Wind: chocolate, water, soy lecithin

Yogurt Spheres: yogurt, sodium alginate, calcium lactate

Hotteok: flour, yeast, sugar, brown sugar, walnuts, water, vegetable oil, salt

Boba Smoothie: tapioca pearls, fruit, milk

Coconut Buns: bread flour, coconut, butter, sugar, yeast, milk, egg, salt, oil, vanilla, water

Jelly Bubbles: fruit, sugar, agar agar

White Sugar Sponge Cake: rice flour, yeast, sugar, water, oil

The **Kennett Community Wrestling Club** services both the Kennett and Unionville communities. The kids and coaches are about a 50/50 split very similar to Titan football and now boys lacrosse. The Camps KCWC offer are a great way to introduce your son or daughter to the great sport of wrestling. Spring Break and Summer Camp opportunities are listed below.

- Spring Break Camp 4/16 to 4/18 (9am to 1pm) \$80
 Instructors will be John Boyer and Johnny "J Rock" Johnson
- June Summer Camp 6/18 to 6/20 (9am to 4pm) \$125
 Instructors will be John Boyer and Johnny "J Rock" Johnson
- July Summer Camp 7/8 to 7/11 (9am to 4pm) \$175
 Instructors will be John Boyer and TBD
- July Summer Camp #2 7/16 to 7/18 (9am to 4pm) \$125 Instructors will be John Boyer and Johnny "J Rock" Johnson
- August Summer Camp 8/13 to 8/15 (9am to 4pm) \$125
 Instructors will be John Boyer and Johnny "J Rock" Johnson

Each camp will be very different and curriculum will come out closer to the camp. Camp registration will start soon. Please visit www.kennettwrestling.com or follow Kennett community wrestling club on facebook for more information.

KCWC also has these opportunities during the offseason. Feel free to stop by and talk to Coach Boyer for more information.

- Kraken Strength Monday through Thursday 4:45-5:45 (K-Adult)
- Kraken Wrestling Club Monday and Wednesday 6-7:30pm (K-12th grade)
- **Kraken LIVE** Tuesday and Thursday 6-7pm (3rd-12th grade)
- **Kraken Junior** Friday 4:45-6pm (K-3rd grade)

All practices are only \$5 and ALL practices are held at our building located in the Unionville school district.

503 North Walnut Rd Kennett Square, PA 19348 Suite 340 (REAR of Building) MAXOUT Basketball Camp is a great opportunity for future Unionville players to learn from the coaching staff, current and former Unionville players, current and former college players, and special guest speakers.

This year our team accomplished the following:

- 1st Division title since 1989
- 1st ever Chesmont Final Four appearance
- 1st ever Chesmont Championship game appearance
- 1st District playoff appearance since 2005-2006
- 1st District playoff win since 2005-2006

MAXOUT Camp is filling up quickly! If you have not had an opportunity to register for our camp, here is the registration link: MAXOUT Camp 2019





Come learn to play one of America's fasting growing sport, rugby.

Rookie Rugby is an introductory game of flag rugby. The rules and programs of Rookie Rugby tie together child development, healthy activity, fair play, fun, and safety. Brandywine Rookie Rugby is a co-ed program open to children ages 7 - 13.

Brandywine Rookie Rugby is hosting a series of clinics starting in April, ending with participation in a Rookie Rugby Tournament in June.

Use the following link to signup - Brandywine Rookie Rugby - Spring 2019

Any questions please contact - <u>brandywinerookierugby@gmail.com</u>.



Support your UHS Baseball team by buying a coupon card!

\$20 gets you savings throughout the year. Great way to support our local businesses throughout the community.

Purchase a card from any baseball player or email - uhsbaseball2016@gmail.com

PJ Whelihans (10% off food)
Agave (\$5 off \$25 or more)
Plaza Azteca (\$5 off \$25 or more)
Floga Bistro (2 large cheese pizzas for \$19.99)
Fox's Plzza Den (Buy large pizza get one free)
Applebees (10% off food)
Subway (buy 1 6-inch sub & drink, get 6-inch sub free)
Buffalo Wild Wings (10% off food)
Bertuccis (\$5 off \$25 or more)
The Gables (10% off food)
Dominoes (buy 1 get 1 free pizza)
Longwood Fam Restaurant (\$5 off \$25 or more)