

TCU
Silver**Frogs**



Spring 2021

Course & Lecture Catalog

TCU Extended Education

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TCU Silver Frogs

Spring 2021 Course and Lecture Request Process

- Members will have four days (January 19 - 22) to request and prioritize their courses and lectures
- Members can request up to 6 programs—any combination of courses and lectures
- Members can make adjustments to their requests up until Friday, January 22 at 4pm
- TCU will run the computer-generated Request Allocation program to place members in courses and lectures based on listed priorities, space, etc in a lottery fashion.
- Members will receive confirmation of their courses and lectures by Wednesday, January 27
- After the conclusion of the Request and Allocation period, members can sign up for any remaining offerings—no limit beginning on Friday, January 29.

See Sample at Back of Catalog!!



Spring 2021 Course & Lecture Request Worksheet

****Please note that some courses & lectures run concurrently****

Name: _____

Course or Lecture	Meets	Code	Priority
1.			
2.			
3.			
4.			
5.			
6.			

****You can only request up to 6 programs during the Request period. You can register for additional programs after the Request period is complete.**

Arts, Culture & Travel: Four-Week Courses

60's R&R: When the Music Was Hummable and the Lyrics Mattered

This course covers roughly the years 1960-1970 when Top 40 ruled the airwaves, focusing on the different types of music from folk to pop to psychedelic to the British Invasion. We will put the music of the baby-boomer generation into the context of the "Angry Decade." We will listen to a lot of wonderful music and analyze some lyrics because that's what we did in the '60s! If you've taken this course before, sign up again; there's lots more music to be played and different artists to discuss.

Instructor: Selcer, Rick & Plante, Colin

2/10/2021 - 3/3/2021 9:00AM - 10:30AM DOW: W

Session(s): 4 Code: F21SSFACT010A

Costuming: Why We Do It, Why It Matters

Shakespeare wrote that all the world is a stage, and indeed it is. From the words we say to how we dress and adorn ourselves we create images of how we want others to view us. We give extra thought and attention to costuming for special occasions, meaningful events and to create fantasy. This class will explore topics such as how we costume for rites of passage, holidays, religious traditions and entertainment.

Instructor: Kaigler-Walker, Karen & Gilbert, Zelda

2/11/2021 - 3/4/2021 11:00AM - 12:30PM DOW: Th

Session(s): 4 Code: F21SSFACT028A

The National Parks of Texas

From the establishment of Big Bend National Park in 1944 to the designation of Waco Mammoth National Monument in 2015, the course will explore the sixteen Texas treasures within the National Park System. Special emphasis will be placed on identifying the Texas NPS experience within the century-old national park movement and investigating the initiatives in creating the Lone Star State's natural and cultural sites within the system. No sunscreen or bug spray needed.

Instructor: Knudson, Kent

2/12/2021 - 3/5/2021 9:00AM - 10:30AM DOW: F

Session(s): 4 Code: F21SSFACT002A

The Empire Strikes Back: The British Invasion of American Music in the 1960s

The Beatles took America by storm in 1964, and opened the door for a host of other British musical acts. For the rest of the decade the Brits ruled the charts. Some were one-hit wonders; others like the Rolling Stones, endured. Join me as we take a walk through a seminal rock era. We will listen to a lot of golden oldies and discuss the different acts and their musical influence.

Instructor: Selcer, Rick & Plante, Colin

3/18/2021 - 4/15/2021 9:00AM - 10:30AM DOW: Th

Session(s): 4

Code: F21SSFACT017A

Fashion and Appearance in Art from Cave Drawings to Star Wars

Using examples of fashion and appearance in fine art, photography and video the course will explore how, from the dawn of history until now, adornment is an important reflection of culture, social class, political beliefs, age, power, etc. The class will discuss how specific aspects of appearance, such as clothing styles and accessories, identify and mirror societal shifts, economics, wars, gender/sex roles, racism and other cultural phenomena. By the end of the course participants should understand the complex relationship between human appearance and the world in which they live.

Instructor: Kaigler-Walker, Karen

4/19/2021 - 5/10/2021

1:00PM - 2:30PM

DOW: M

Session(s): 4

Code: F21SSFACT036A

The Silver Thread - A Colorado Scenic Byway

Take a trip down the an amazing highway, Colorado Route 149. Starting at 8000 feet, you will soar to almost 11,000 feet traveling over two passes and the Continental Divide. Learn about the geology that created some of the largest calderas in the West. Tales of wildlife, mining and a real American cannibal. For almost 50 years we have been returning to this area of the San Juan's in the Rockies. Let us share this area with you. And while we do lots of jeeping, this trip can be done in a passenger car.

Instructor: Main, Lynn

4/19/2021 - 5/10/2021

11:00AM - 12:30PM

DOW: M

Session(s): 4

Code: F21SSFACT034A

Remembering the Great Albums of the '60s

Popular music moved from albums to 45s, back to albums in the '60s. This class will explore eight of the albums that changed how we listened to music. We will listen to all or most of these albums all the way through because that is how we listened to them when we first brought them home from the record store. Then we will talk about what made them so significant -- and so meaningful to us. There should be a lot of opinions on the album choices!

Instructor: Selcer, Rick & Plante, Colin

4/22/2021 - 5/13/2021

9:00AM - 10:30AM

DOW: Th

Session(s): 4

Code: F21SSFACT025A

Arts, Culture & Travel: One-Time Lectures

Marfa. Ft. Davis. Alpine. Marathon and Big Bend - Why Go?

Marfa has been described as "Tough to Get To, Tougher to Forget, But Once You Get Here...You Get It..." The history, geology and attractions of the towns in the Big Bend Area will be explored. The presentation will include photos and descriptions of the attractions in each area such as art galleries, museums, hiking trails, shopping, restaurants and

lodging. Opportunities for tours such as those at McDonald Observatory, Marfa Maid Goat Farm, Big Bend Brewery in Alpine, and Angell Expeditions in Big Bend National Park will be highlighted in a power point presentation.

Instructor: Furche, Judy

2/10/2021 - 2/10/2021 3:00PM - 4:30PM DOW: W

Session(s): 1 Code: F21SSFACT007A

Cruising Quick Tips

Topics include the return to cruising (and other travel) after the COVID-19 pandemic starts to subside. We will cover cruise booking and itineraries, navigating cruise ads, cruise myths, travel advisors, travel insurance, and other subjects that will make your next cruise or vacation even more enjoyable. In a Zoom session, opportunity for questions and answers will be limited. This lecture is intended for previous cruise travelers, but anyone is welcome. If you are new to cruising, you may prefer the 4-session Silver Frogs "Cruise Vacations" class that may be available when we return to in-person classes.

Instructor: Woodard, Lewis

2/16/2021 - 2/16/2021 9:00AM - 10:30AM DOW: Tu

Session(s): 1 Code: F21SSFACT018A

Laissez Les Bon Temps Rouler! Learn Your Mardi Gras History

So you're new to Mardi Gras and don't want to act like it? Here, in brief, are the basic facts, history and traditions about America's greatest party. Learn why revelers from around the globe gather for the doubloons, beads, balls, festivities and general good times - all before the reflective season of Lent.

Instructor: Seeling, Ken

3/2/2021 - 3/2/2021 9:00AM - 10:30AM DOW: Tu

Session(s): 1 Code: F21SSFACT029A

Winchester -- The Ancient Capital of England and Beyond

Learn the history of this ancient city located in Hampshire, England and explore the famous cathedral, Winchester College, King Arthur's Round table, and much more. We will also travel to sites within easy access of Winchester, such as Salisbury, Broadlands (home of the Mountbatten's), Romsey Abbey, Portsmouth, HMS Victory, Highclere Castle (of Downton Abbey fame), and Carisbrooke Castle, on the Isle of Wight.

Instructor: Borne, Sian

3/15/2021 - 3/15/2021 11:00AM - 12:30PM DOW: M

Session(s): 1 Code: F21SSFACT015A

Painted Churches of Texas

Come take a virtual trip to the heart of Texas. Visit via photos the Czech and German churches built in the late 1800s and early 1900s and decorated with beautiful trompe l'oeil paintings. We will discuss the history of the settlements, the churches, the tours offered, as well as the festivals hosted by some of these churches.

Instructor: Hooper, Polly

3/17/2021 - 3/17/2021 3:00PM - 4:30PM DOW: W

Session(s): 1 Code: F21SSFACT016A

Autumn Adventure Travel Log: Foliage, Falls, Mountains and Mansions

Would you like to take a new driving adventure this Autumn? This lecture presents a possible itinerary you may never have considered. This flexible ten-to-fourteen day route takes us the same distance as Colorado, but east from Fort Worth instead of west. We will explore the colorful fall foliage of the scenic Smoky Mountains and the Blue Ridge Parkway, with stops at iconic mansions and incredible waterfalls. Along the way you may choose to visit a blues club, pick your own peck of apples, do a wine tasting (or two), visit log cabins and churches built in the 1820's, or conquer the infamous "Tail of the Dragon"!

Instructor: Parr, Jim

3/18/2021 - 3/18/2021 3:00PM - 4:30PM DOW: Th

Session(s): 1 Code: F21SSFACT032A

Living in Greece - In Photographs

My wife, Jean and I were gifted with a work assignment in Greece in 2004-5. Share our joyful, interesting and educational experience as we explored Greece together, both ancient and modern, urban and rural, it's art, people, food. Join as I show photos representing our time there that we think you will find enjoyable. Promise not "Our family vacation - 2004". I will narrate, but please promise not to ask detailed questions - have slept (and aged) since then.

Instructor: Clark, Tom

3/22/2021 - 3/22/2021 11:00AM - 12:30PM DOW: M

Session(s): 1 Code: F21SSFACT027A

Spring Rites: Bunnies, Bonnets, Eggs and May Flowers

From pagan religions to Passover to Easter, the end of winter and the beginning of spring have been celebrated across the globe as a time of new beginnings. The course will examine the common themes among these rites from the earliest civilizations to the present.

Instructor: Kaigler-Walker, Karen

3/25/2021 - 3/25/2021 11:00AM - 12:30PM DOW: Th

Session(s): 1 Code: F21SSFACT035A

Behind-the-Scenes of the TCU Permanent Art Collection

Staff from the Art Galleries at TCU and Mary Coats Burnett Library present highlights from the TCU Permanent Art Collection and discuss their ongoing efforts to showcase and preserve many wonderful works of art including photographs, paintings, drawings and prints. They also talk about ways in which TCU students are working with Collection items as part of their classes, including making exhibitions and conducting original research. Staff also discuss

the ways in which they are working to make art works accessible by digital means during the COVID pandemic, so more people can enjoy learning about the Collection.

Instructor: Parsons, Sara-Jayne

4/19/2021 - 4/19/2021 9:00AM - 10:30AM DOW: M

Session(s): 1 Code: F21SSFACT031A

Get to Know the Cultures of Fort Worth's Sister Cities from Japan to Indonesia and Beyond

Learn about the people and customs of some of Fort Worth's nine sister cities around the world.

Instructor: Ferguson, Mae

4/20/2021 - 4/20/2021 3:00PM - 4:30PM DOW: Tu

Session(s): 1 Code: F21SSFACT033A

Contemporary Art Inspired by Enrico Caruso's Performance at Cowtown Coliseum in 1920

On October 16, 1920, Enrico Caruso, the celebrated Italian operatic tenor, performed at the Cowtown Coliseum in Fort Worth's historic Stockyards to a standing-room-only crowd of nearly 8,000 people. To mark the anniversary of this extraordinary event, the Art Galleries at TCU invited contemporary artist Christie Blizard to create new artwork in response to this unique moment in the city's history. She is currently writing an opera that will be performed by students and filmed onsite at the Coliseum. This film will become the centerpiece of a new exhibition at Fort Worth Contemporary Arts in March 2021.

Instructor: Parsons, Sara-Jayne

5/3/2021 - 5/3/2021 9:00AM - 10:30AM DOW: M

Session(s): 1 Code: F21SSFACT030A

Financial Management: Four-Week Courses

Six Steps to Legacy Planning for the Generations

How generational planning is replacing traditional, stuffy estate planning - What happens when a legacy isn't planned - How legacy planning can be a meaningful even fun process - How to plan for sudden incapacity - The importance of expressing your wishes and conveying your values - How to successfully transfer your wealth, tangible and intangible - A six-step process to start leaving your mark on the next generation.

Instructor: Burrell, Tena

2/11/2021 - 3/4/2021 1:00PM - 2:30PM DOW: Th

Session(s): 4 Code: F21SSFFIN008A

Turn Retirement Savings Into Retirement Income

You saved for retirement your entire life. But when you finally retire, how will you create an income stream to support yourself the rest of your life? This course, which is for those who are or will soon be retired, addresses the many options for retirement income. Those who take the class should have a basic knowledge of investments.

Instructor: House, Jonathan

3/16/2021 - 4/13/2021 1:00PM - 3:30PM DOW: Tu

Session(s): 4 Code: F21SSFFIN009A

Financial Management: One-Time Lectures

Buying or Selling? Working with a Broker in Texas

This class provides a comprehensive overview of the relationship of a buyer or seller of Texas real estate to the real-estate broker they hire to help them with the process. Topics covered include the legal and ethical requirements of license holders, the services a consumer should expect, and the process of working with your broker to accomplish the sale or purchase of property.

Instructor: Parr, Jim

4/12/2021 - 4/12/2021 9:00AM - 10:30AM DOW: M

Session(s): 1 Code: F21SSFFIN001A

What Your POA/Executor Needs to Know

If something happens to you, will your family, Power of Attorney (POA) or the Executor of your estate know how to handle your affairs? We will go over a list of items that your POA/Executor needs to know to find documents, pay bills, handle assets, etc. A "template" MSWord document will be provided that can be used to create an "Emergency Document" with everything that will be needed by someone that needs to step in and take over your accounts. Discussion will include 1) what needs to be addressed NOW, and 2) what nightmares can occur if this information is not readily available to the person you have asked to be your POA or the executor of your estate.

Instructor: Weaver, Diane

5/4/2021 - 5/4/2021 9:00AM - 10:30AM DOW: Tu

Session(s): 1 Code: F21SSFFIN007A

History & Current Events: Four-Week Courses

The Rise and Fall of the Roman Republic

The class will explore the origins of the Roman city-state, the evolution to a Republic, and its extraordinary success and its ultimate demise.

Instructor: Cecere, Joseph

2/8/2021 - 3/1/2021 11:00AM - 12:30PM DOW: M

Session(s): 4 Code: F21SSFHCE002A

Under the Black Flag: A Pirate's Life for Me

An entertaining account of the golden age of piracy including the methods, means of recruitment, way of life and dismal ends of the pirates who flourished from the 16th to the end of the 18th century. The aim of the class is to examine the popular image of pirates today, to find out where this image came from, and to compare it with the real world of pirates.

Instructor: Seeling, Ken

2/9/2021 - 3/2/2021 3:00PM - 4:30PM DOW: Tu

Session(s): 4 Code: F21SSFHCE054A

Albert Einstein and the Revolution in Physics, 1900 to 1930

The early part of the 20th century was a time of revolutionary change in physics. The atomic theory was approaching full acceptance. A new theory, quantum mechanics, drastically changed our concept of how physics works at the atomic and molecular scale. Special relativity changed our concept of space and time, and general relativity changed our concept of gravity and the large-scale structure of the universe. Albert Einstein was involved in all these things and was the leader in the development of special and general relativity. This course will discuss his life and science. The science portion of the class will be directed at lay people and presented in a non-mathematical way. Nevertheless, it will require a willingness to think hard about some strange and non-intuitive concepts.

Instructor: Frey, Robert

3/16/2021 - 4/13/2021 11:00AM - 12:30PM DOW: Tu

Session(s): 4 Code: F21SSFCT023A

History & Current Events: One-Time Lectures

Operation VITTLES: The Berlin Airlift

Victorious allies during World War II, the United States and the Soviet Union would see their relations deteriorate following the Soviet blockade of a divided Berlin in June 1948. As the Cold War ignited, the United States and its allies gambled on a plan to save the city and its 2.2 million residents. Asked if the U.S. Air Force could deliver coal, Lieutenant General Curtis LeMay responded that "The Air Force can deliver anything!" American credibility and an affirmation of freedom to a war-torn Europe were counting on it. On this 70th anniversary of the Airlift, come hear how this 11-month round-the-clock operation became a humanitarian achievement.

Instructor: Knudson, Kent

2/9/2021 - 2/9/2021 1:00PM - 2:30PM DOW: Tu

Session(s): 1 Code: F21SSFHCE022A

Anchors Aweigh! Around the World with Theodore Roosevelt's Great White Fleet

One of the greatest peacetime achievements in United States naval history was the world cruise of the Great White Fleet. During the cruise President Theodore Roosevelt's message on American maritime power was spread. It's recognized to have become a diplomatic and humanitarian success. The lecture will include a prelude as to why TR

decided on this deployment in 1907 and then follow the fleet on its first circumnavigation of the world and its numerous port visits. Life in the early years of the "steel Navy" will also be considered as the ships head for home in 1909.

Instructor: Knudson, Kent

2/23/2021 - 2/23/2021 1:00PM - 2:30PM DOW: Tu

Session(s): 1 Code: F21SSFHCE023A

Political Psychology: A Brief Introduction

What shapes political behavior more: the situations in which individuals find themselves or their internal psychological makeup? The discipline of political psychology takes the psychological viewpoint and looks at how heredity, environment, emotions, and reason combine to drive our political choices. Topics include voter behavior, the moral philosophy behind partisanship, the conflict between rational thought and emotional behavior, personality differences between liberals and conservatives, and bio-politics and brain function.

Instructor: Gilbert, Zelda

2/23/2021 - 2/23/2021 9:00AM - 10:30AM DOW: Tu

Session(s): 1 Code: F21SSFHCE008A

The Germans' WWII Unbreakable Enigma Code

Prior to and throughout World War II, the German political and military commands encoded all messages sent over their radio networks to prevent the Allies from collecting this invaluable intelligence. They were so positive in the security of their Enigma system that they trusted it until the end of the war. Unknown to the Germans, the Allies had begun intercepting and decoding most of their highest level communications in the early 1930's and continued breaking the code throughout the war. The movie, *The Imitation Game*, is about Alan Turing, one of the principle code breakers and the work carried out by the British at Bletchley Park. The allies' ability to read the German's daily mail was a very closely guarded secret. This remarkable feat has been credited with shortening WW II by at least two years and saving millions of lives. The phenomenal accomplishments of Turing and the other Bletchley Park cryptanalyst were not publicly acknowledged until the early 1970's and many died without ever being recognized for this miraculous feat. This lecture will review the Enigma machine's history, its operation, and the allies' successful effort to break the code, even as it changed daily throughout the war.

Instructor: Smith, Randy

3/15/2021 - 3/15/2021 1:00PM - 2:30PM DOW: M

Session(s): 1 Code: F21SSFHCE010A

Even War Has Rules

This lecture is the current Introduction to International Humanitarian Law (IHL) course from the American Red Cross. "Even War Has Rules" is a basic level course that covers the origins of the Red Cross Movement and the Geneva Conventions and their supplemental protocols. IHL is also known as the Law of Armed Conflict and includes the fundamental principles of how humanity is part of all armed conflicts.

Instructor: Woodard, Lewis

3/15/2021 - 3/15/2021 9:00AM - 10:30AM DOW: M

Session(s): 1 Code: F21SSFHCE029A

Clarence Saunders - The Invention of the Modern Self-Service Grocery Store: The Story of Piggly Wiggly

Clarence Saunders was an American grocer who first developed the modern retail sales model of self service. His ideas have had a massive influence on the development of the modern supermarket. He patented the concept of the self service grocery store and founded the Piggly Wiggly chain and franchise company.

Instructor: Godfrey, James

3/17/2021 - 3/17/2021 9:00PM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFHCE046A

The Women that Flew for Hitler, Hanna Reitch and Melitta von Stoffenberg

The story of two extraordinary women who were test pilots for Hitler and the 3rd Reich. The lecture presents their biography and their connections with Adolf Hitler and other top Nazi officials as well as their outstanding accomplishments as test pilots for the Luftwaffe. This lecture explores the remarkable triumphs and the sad tragedies of both Hanna and Melitta.

Instructor: Godfrey, James

4/7/2021 - 4/7/2021 9:00AM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFHCE028A

The Long, Active Life of Winston Churchill

We all know that Winston Churchill was Prime Minister of Britain during World War II. You may not know that he was a national hero in the 1890s; First Lord of the Admiralty and later Minister of Munitions in World War I; also fought in the trenches, Colonial Secretary and Chancellor of the Exchequer in the 1920s; and warned of Hitler in the 1930s. He participated in every major event in British history for over 50 years. This class will examine his extraordinary life.

Instructor: Fahy, Richard

4/12/2021 - 4/12/2021 1:00PM - 2:30PM DOW: M

Session(s): 1 Code: F21SSFHCE043A

God Bless the USA!

Regardless of your political preferences, we are all citizens of this great country. However, it seems that people have lost their way when it comes to showing respect to the flag, national anthem and pledge of allegiance. Join me as we take a look at crazy ways Americans (unintentionally, I'm sure!) disrespect the flag, anthem and pledge. As a lover of trivial, I'll quiz you on fun flag, anthem and pledge facts, and we'll brush up on the whys and hows of respecting these symbols of our freedom. Get ready to laugh and learn 'cause we will be having a lot of fun with a very important topic.

Instructor: Turner, Susan

4/14/2021 - 4/14/2021 9:00AM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFHCE050A

Washington, DC- How it Came to Be in Its Location and the History of Its Formation

Because of a compromise with the Southern States the in 1790 the Residence Act set aside an area not exceeding ten miles square to establish a Permanent seat of Government of the United States in the South. And, with no "conflict of interest" due to land ownership by George Washington and Thomas Jefferson the area on the Potomac River was chosen for the city and the "Presidential Palace" renamed the "White House". Pierre L'Enfant dreamed up the concept of the city and Andrew Ellicott surveyed the layout of the city. This compromise created support for Alexander Hamilton's Federal Bank to take on the State's individual debts including much of the paper money the States had issued. But, according to one critic "the area bears no more proportion to the country about Philadelphia than a (scrawny) Crane does to a (fat) stalled-fed Ox" This class is to study and discuss the history of our "Paris" of the USA.

Instructor: Brittain, James

4/19/2021 - 4/19/2021 1:00PM - 2:30PM DOW: M

Session(s): 1 Code: F21SSFHCE052A

God is on the Side of the Big Battalion: Religion and the Civil War Soldier

This is a course about the religious life of Civil War soldiers. Both Northerners and Southerners believed that God was on their side and each side came into the war with a firm belief that they would win. But when what everyone thought would be a short war turned into a long and bloody conflict, attitudes changed. Religion became important not only for larger principles but on a day-to-day basis to men who knew their lives could end in the next battle. As the fighting turned against the Confederacy in the last year, the southern soldier had to wonder if God had abandoned his cause. We will also discuss the main denominations, which at that time were Methodists, Baptists, and Presbyterians, and their roles in the soldiers' lives.

Instructor: Bailey, Anne

4/20/2021 - 4/20/2021 11:00AM - 12:30PM DOW: Tu

Session(s): 1 Code: F21SSFHCE014A

When the Afrika Corp Came to Texas

This is the story of the prisoner of war camps operated in Texas during WWII. Texas had a very large number of prisoners both German and Japanese and camps spread out throughout Texas. Most of the Germans were from Rommel's Afrika Corp.

Instructor: Godfrey, James

4/21/2021 - 4/21/2021 9:00AM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFHCE057A

The USS PANAY Incident

The sinking of the USS PANAY on 12 December 1937 by Japanese forces while it was moored in China's Yangtze River took place nearly four years before the attack on Pearl Harbor. We will review the situation in Asia leading up to the attack, the river as a battleground during the events of 12 December, the American and Japanese responses afterward, and the road that led to the Pacific War.

Instructor: Knudson, Kent

4/22/2021 - 4/22/2021 11:00AM - 12:30PM DOW: Th

Session(s): 1 Code: F21SSFHCE055A

The 1920 - 1925 Fort Worth Panthers: A Minor League Dynasty

Between 1920 and 1925 the Fort Worth Panthers won six consecutive Texas League pennants and five of six Dixie Series titles. Led by manager Jake Atz and featuring pitching aces Joe Pate and Paul Wachtel and slugger Clarence "Big Boy" Kraft, the Panthers dominated minor league baseball in the South during the early 20's. They are considered by some to be one of the two greatest teams in minor league history.

Instructor: Stripling, Jim

4/26/2021 - 4/26/2021 9:00AM - 10:30AM DOW: M

Session(s): 1 Code: F21SSFHCE051A

Black Lives Should Have Always Mattered. A Discussion and Review of the Book "Stamped From The Beginning"

From the beginning of recorded time persons who have considered themselves as a Superior race have held other races as inferior intellectually, morally and spiritually. This is no different than the "Black Lives Matter" issue. This book more clearly defines how our parents and forefathers have influenced their children and fellow citizens on others that they consider as a lesser class of people. The history written in this book, such as turning black people's skin white or considering shipping blacks to an island or a separate isolated area is eye opening.

Instructor: Brittain, James

5/3/2021 - 5/3/2021 1:00PM - 2:30PM DOW: M

Session(s): 1 Code: F21SSFHCE053A

The Lady Be Good: The Story of a Lost Bomber and the Efforts to Find the Crew

The Lady Be Good. A US B-24 bomber lost in 1943 and not found until 1958. The bomber disappeared on its first mission to Tom Naples and was never heard from again. This is the story of the aircraft, the crew, the mission and the efforts to find the crew. The story does not end after the discovery of the aircraft. The saga continued for several years. This is the chronicle of the heroic efforts of the crew and the aftermath.

Instructor: Godfrey, James

5/5/2021 - 5/5/2021 9:00AM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFHCE056A

The Old Chisholm Trail: From Cow Path to Tourist Stop

Controversy over the name and route of the Chisholm Trail has persisted over time; and the popularity of late nineteenth-century Wild West shows, dime novels, and twentieth-century radio, movie, and television western drama has propelled the bygone era of the cattle trail into myth. The rise of automobile tourism, potential economic impact of tourists, and the appearance of numerous "historical" markers based on little more than hearsay contributed to the Chisholm Trail legend. Primary documents and sources that may have been unavailable to previous historians will be used to offer a new look at the Old Chisholm Trail.

Instructor: Ludwig, Wayne

5/5/2021 - 5/5/2021 9:00AM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFHCE034A

Hobbies, Crafts & Recreation: Four-Week Courses

Baker's Dozen: Cookies

Baking is art and science, method and madness, simple and complicated -- all at the same time. Join the fun as we explore cookie types (drop, bar, cutout, and more), look in-depth at ingredients, talk about equipment and gadgets and swap baking tips. Study, bake, and take home the recipes.

Instructor: Harrelson, Sharon

3/19/2021 - 4/16/2021 9:00AM - 10:30AM DOW: F

Session(s): 4 Code: F21SSFHCR005A

Oh, My! It's Pie!

Easy as Pie? This is a class for home bakers who aren't comfortable making pie -- yet. You'll learn three essential crust types with a variety of fillings ranging from sweet to savory. We'll start with the basics and create a different pie each class. You'll receive a recipe handout PDF in advance so you can follow along.

Instructor: Dulle, Mary

4/20/2021 - 5/11/2021 1:00PM - 2:30PM DOW: Tu

Session(s): 4 Code: F21SSFHCR014A

Baker's Dozen: Cookies II

Two mini-classes in one! In this course we'll spend two weeks exploring cookies that take advantage of bright, fruity spring & summer flavors, including lemon, strawberry and apricot; we will also discuss shortcuts and tips for making warm-weather baking more appealing. For the second two weeks we will focus on cutout cookies, including demonstrations and hands-on decorating (bakers will be encouraged to bake cookies and then we will decorate them together during class). Suggested supply list and recipes will be provided in advance. Note: The first Baker's Dozen: Cookies class is not a prerequisite but helpful if you are not an experienced baker.

Instructor: Harrelson, Sharon

4/23/2021 - 5/14/2021 9:00AM - 10:30AM DOW: F

Session(s): 4 Code: F21SSFHCR016A

Hobbies, Crafts & Recreation: One-Time Lectures

Understanding Soccer for Beginners

The Men's World Cup is not until November 2022, but the qualifying rounds have already started in some parts of the world. There are other tournaments and friendly games being played year-round. This lecture will provide an explanation of the laws of the "the beautiful game", with suggestions on how to watch and enjoy a match.

Instructor: Woodard, Lewis

3/22/2021 - 3/22/2021 9:00AM - 10:30AM DOW: M

Session(s): 1 Code: F21SSFHCR012A

The Chautauqua Institution: Summer Camp for Adults

Starting in late June, The Chautauqua Institution has a nine week summer season. It brings the best and the brightest experts from all areas to explore human values and bring life enrichment to the attendees.

Instructor: Dulle, Mary

4/13/2021 - 4/13/2021 11:00AM - 12:30PM DOW: Tu

Session(s): 1 Code: F21SSFHCR015A

Conquering the Bundt

If you love the beautiful shape and ease of serving a delicious Bundt cake, you don't have to run to the bakery to satisfy that craving! A show-stopping cake is no farther than your oven. Have your attempts to bake a Bundt left you frustrated? It doesn't have to be that way! Pick up some helpful tips for pan selection (bring your favorite for show-and-tell) and preparation, recipes that really work, and simple decorating ideas in this tasty lecture.

Instructor: Harrelson, Sharon

4/28/2021 - 4/28/2021 9:00AM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFHCR013A

Literature & Writing: Four-Week Courses

Literary Catholicism

Many of us know that the work of Roman Catholic literary artists like Francois Mauriac and Flannery O'Connor pervaded European and North American public culture in the last century. But where are today's Catholic writers? One answer to this searching question lies in two recent novels, Daniel Hornsby's "Via Negativa" and Edmund White's "A Saint from Texas," which explore issues linked to troubled faith and convent piety, economic privation and social justice, and ancient mysticism as well as emergent identities. Silver Frogs will discuss these two stories, which may be read as instructive examples of how post-Vatican II writers articulate discipleship's demands in light of their imagination.

Instructor: Middleton, Darren

2/11/2021 - 3/4/2021 9:00AM - 10:30AM DOW: Th

Session(s): 4 Code: F21SSF020A

Bucket List Books

FOUR DAYS WITH HEMINGWAY'S GHOST ((Tom Winton) starts our journey. Fictional hero Jack Phelan and Ernest Hemingway travel to the author's old haunts and meet his friends. We move to GIFT OF THE MAGI AND OTHER STORIES (SCHOLASTIC CLASSICS version preferred) by O .Henry. This collection gives us a rich sample of the author's storytelling. Our third book is THE SECRET GARDEN (Frances Hodgson Burnett); a short-tempered Mary Lennox is transformed as she discovers secrets. The last book is ALL THE LIGHT WE CANNOT SEE (Anthony Doerr); a blind girl and an orphaned German boy experience World War II.

Instructor: Barnes, Shari

4/22/2021 - 5/13/2021 1:00PM - 2:30PM DOW: Th

Session(s): 4 Code: F21SSFLW002A

Literature & Writing: One-Time Lectures

The Book That Changed My Life

In the spring of 2020, the editors of "The New York Times" invited its readers to nominate and then describe a book that influenced how they think, act or look at the world around them. The results were wondrously eclectic, everything from P.D. Eastman's "Go, Dog. Go!" to Soren Kierkegaard's "Concluding Unscientific Postscript to Philosophical Fragments." So, over to you! What book changed your life? After sharing his own answer to this question, Dr. Middleton will use this one-time lecture to invite Silver Frogs to reveal and then discuss their own responses.

Instructor: Middleton, Darren

5/11/2021 - 5/11/2021 11:00AM - 12:30PM DOW: Tu

Session(s): 1 Code: F21SSFLW008A

Personal Development: Four-Week Courses

Genealogy -- From Getting Started to Finding Kings Among Your Ancestors

You will learn easier steps to finding royalty in your family history and how to download the files into your Family Tree Maker file. You will be taught the names that are likely to lead you to royalty and how to publish your findings in a book for friends and relatives. You should be familiar with Family Tree Maker and Ancestry.com.

Instructor: Morton, Thomas

2/8/2021 - 3/1/2021 9:00AM - 10:30AM DOW: M

Session(s): 4 Code: F21SSFPER012A

Happier and More Resilient, Pandemic Edition

This class focuses on activities that have been demonstrated to enhance happiness and resilience. Although inheritance and circumstances play roles in our level of happiness, we also have some control over how happy we are. The course is based on the book *The How of Happiness* by Sonja Lyubomirsky, who writes that studies suggest that up to 40% of our happiness is within our power to change. The course discusses twelve activities and encourages participants to discover the activities best suited for them.

Instructor: Eads, Mary

2/9/2021 - 3/2/2021 11:00AM - 12:30PM DOW: Tu

Session(s): 4 Code: F21SSFPER019A

Sign Language for Seniors

Seniors will learn basic sign language skill and learn phrases to use with others.. or their mate! Fun and rewarding as you learn a new way to communicate. Students will be given a specific vocabulary to work on weekly and will practice with others on Zoom .

Instructor: Fisher, Dianne

3/16/2021 - 4/13/2021 9:00AM - 10:30AM DOW: Tu

Session(s): 4 Code: F21SSFLAN002A

The Professional Organizer's Guide to Having the Most Organized House on the Block

Are you at a loss for what to do with that giant box of family photos? Or that Jadeite glass you've been collecting for decades? Do you still have 8-track and VHS tapes you have no idea what to do with? Or a garage so full you can't park two cars inside? Then this class is for you! This promises to be a humorous, heartfelt look at all the things we have in our homes. Not only is it a step-by-step guide on decluttering and organizing, but you'll learn how to honor the things you love and want to keep.

Instructor: Jones, Elizabeth

4/21/2021 - 5/12/2021 3:00PM - 4:30PM DOW: W

Session(s): 4 Code: F21SSFPER008A

Beginning Genealogy

Truly a beginner's class to help you get started researching your family history. Starting with yourself and working back through your parents, grandparents, and beyond, using helpful forms and research guidance, you will be able to compile a family history and family tree to pass on to your descendants.

Instructor: Barth, Crystal

4/23/2021 - 5/14/2021 1:00PM - 2:30PM DOW: F

Session(s): 4 Code: F21SSFPER006A

Personal Development: One-Time Lectures

Keys to Making a Difference in a Family Caregiving Challenge

What every family's number one priority is when creating a caregiving plan - The most overlooked aspect of family caregiving planning - Best ways to start the caregiving discussion in your family - Why now is the best time to start the process - The critical legal issues that must be addressed quickly - What caregivers need to ensure they can help their family as much as possible - The key topics covered in a good caregiving plan - Why no one person can effectively do everything related to a caregiving plan - The key roles professionals play in helping families respond to caregiving challenge.

Instructor: Burrell, Tena

2/9/2021 - 3/2/2021 1:00PM - 2:30PM DOW: Tu

Session(s): 1 Code: F21SSFPER007A

Mindfulness and Contemplative Studies Today: An Update

Mindfulness and Contemplative Studies, at TCU and beyond, continue to expand, in part due to the stress and anxiety engendered by the COVID pandemic. This talk, with exercises, will offer an update on the mindfulness "wave" today, on campus and around the antion.

Instructor: Fort, Andrew

3/1/2021 - 3/1/2021 1:00PM - 2:30PM DOW: M

Session(s): 1 Code: F21SSFPER024A

You're Never Too Old to Lead

"You know it and I know it - with age comes wisdom - a LOT of wisdom. And, regardless of our age, we are all still leaders. The question is - are you a memorable, influential leader OR someone who radiates negativity OR someone who is a total bore? Here's hoping you are the first one! That said...There's a big difference between a leader who is popular and one who is respected. You may be popular if you are respected, but you will never be respected if you are only trying to be popular. What does it take to become a respected leader? The one people want to listen to and follow? Leaders who create environments where people are valued, inspired and empowered are able to lead ordinary people to great results. Let's not waste our best years! Let's share our wisdom in a way people want to hear and accept it. It just takes a few tweaks to your communication style. And I have faith in you!!!"

Instructor: Turner, Susan

3/3/2021 - 3/3/2021 9:00AM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFPER020A

Dinner--Let's Get Away From the TV and Back to the Table! Pinkies Up Everyone!

But I don't want to sit beside him!! Do I have to? Should we bring a gift to the hostess? Can I wear my flip-flops? She said it's casual... When can I start eating my salad? I'm starving and it's just sitting there... What do you mean I can't

read my toast off my phone! So what if I didn't RVSP? Is that still a thing? Gross! I'm spitting that thing out in my napkin because it's disgusting! Shall I continue? :) I'm dying to, you know...Spend an hour with me as we share crazy dinner stories and brush up on dining etiquette because guess what - it does still matter! Then one day - when we can all get together again - we'll test our knowledge at a real dinner!!

Instructor: Turner, Susan

3/24/2021 - 3/24/2021 9:00AM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFPER021A

Personal Coloring Changes as We Mature

This course will examine the properties of color and how our coloring changes with age. You will see how the properties of color are used to determine what colors are flattering on a person. For example: why do certain colors of clothing enhance your appearance while other colors are not as flattering?

Instructor: Stoltz, Elaine

4/20/2021 - 4/20/2021 9:00AM - 10:30AM DOW: Tu

Session(s): 1 Code: F21SSFPER015A

Why Don't Those Millenials and Gen Zers Make Any Sense? Improving Intergenerational Communication

So many generations! So much confusion! Traditionalists, Baby Boomers, Gen X, Millennial and Gen Z are alive and well today and differ greatly. Each brings value to a family or organization. Each also brings unique differences oftentimes evident in communication styles and values. If we better understand what makes each generation tick, we'll have greater success interacting with younger generations. Do you want to improve communication with your children? What about your grandchildren and great grandchildren (what are they saying anyway???)!! Let's talk about how to bridge these information gaps and see that we really do have a lot to learn from one another. (And by the way, there's a new yet-to-be-named generation now living - the 1-5 year olds! Yikes!)

Instructor: Turner, Susan

4/21/2021 - 4/21/2021 9:00AM - 10:30AM DOW: W

Session(s): 1 Code: F21SSFPER022A

Genealogy Research Using Online Applications

Genealogy research online has become more popular as records are digitized and made available through Ancestry, Family Search, Find a Grave, Google, and many, many other web sites. We will look at the more popular ones to see what is available.

Instructor: Barth, Crystal

4/27/2021 - 4/27/2021 11:00AM - 12:30PM DOW: Tu

Session(s): 1 Code: F21SSFPER023A

Religion: Four-Week Courses

Martin Luther and the Protestant Reformation

2017 was the 500th anniversary of an event that virtually all historians regard as the beginning of the Protestant Reformation. This Silver Frogs course will be an introduction to the personality and theology of Martin Luther (1483-1546) and how those led to a schism in Catholicism that became Protestantism. There will not be enough time to cover Luther's entire life, so the course will concentrate on those years in which Luther developed a theology that was inconsistent with traditional Catholic theology and how that theology led to the development of a new movement within Christendom, namely, Protestantism. The course will consist of the usual four lectures, but will conclude with an extra session for the showing of a full-length movie, "Martin Luther," that will pull together and summarize the material presented in the lectures. Course materials will also include a book by Graham Tomlin, Luther and His World, which is a very satisfactory introduction to this subject.

Instructor: Flowers, Ronald

2/10/2021 - 3/3/2021 11:00AM - 12:30PM DOW: W

Session(s): 4 Code: F21SSFREL005A

Literary Catholicism

Many of us know that the work of Roman Catholic literary artists like Francois Mauriac and Flannery O'Connor pervaded European and North American public culture in the last century. But where are today's Catholic writers? One answer to this searching question lies in two recent novels, Daniel Hornsby's "Via Negativa" and Edmund White's "A Saint from Texas," which explore issues linked to troubled faith and convent piety, economic privation and social justice, and ancient mysticism as well as emergent identities. Silver Frogs will discuss these two stories, which may be read as instructive examples of how post-Vatican II writers articulate discipleship's demands in light of their imagination.

Instructor: Middleton, Darren

2/11/2021 - 3/4/2021 9:00AM - 10:30AM DOW: Th

Session(s): 4 Code: F21SSF020A

The Evolution of God

Participants will explore several of the intertwining threads from history, anthropology, culture, ancient religions, and the technology of writing to discover one author's thesis about how modern religious understandings developed. We will also trace some of the similarities and differences found in the three Abrahamic religions' ideas and understandings about God as expressed in Judaism, Christianity and Islam have changed and developed throughout the millennia. This course will rely heavily on the work of Robert Wright in his book, The Evolution of God. (Not required reading, but recommended).

Instructor: Bowser, Kathy

3/17/2021 - 4/14/2021 3:00PM - 4:30PM DOW: W

Session(s): 4 Code: F21SSFREL019A

Churches, Sects, and Cults in American Religion

This course is designed to help people make sense of the proliferation of religious groups in this country. The study is based principally on the categories in the Sociology of Religion. The course will distinguish between and explain the

characteristics of church type, sect type, and cult type religious groups. Examples will be given of each. We shall also look at the phenomenon of sect to church progression and cult to church progression. Attention will also be given to the issue of the value of each type, i.e., the "goodness" or "evilness" of each type.

Instructor: Flowers, Ronald

3/17/2021 - 4/14/2021 9:00AM - 10:30AM DOW: W

Session(s): 4 Code: F21SSFREL021A

Religion: One-Time Lectures

Is the Johnson Amendment Good for Religious Institutions or Not?

Embedded in the language of Section 501(c)(3) of the Internal Revenue Code is a prohibition of tax exempt organizations (including religious institutions) being able to engage in elective politics. That is, religious organizations may not, under the law, either support or oppose persons running in a campaign to be elected for political office. The pro and con of that question is vigorously debated; should such a prohibition be in the tax code or not? Both sides of the question will receive equal treatment in the lecture.

Instructor: Flowers, Ronald

2/9/2021 - 2/9/2021 9:00AM - 10:30AM DOW: Tu

Session(s): 1 Code: F21SSFREL023A

Meet Howard Thurman: MLK Spiritual Advisor, College Dean & Author

In every age there are women and men of all races, genders, and cultures who are public standouts. They make unique contributions; they are recognized; and then they often are forgotten. One such person was Howard Thurman (1899-1981) who is being rediscovered today. He was Dean of the Chapel at two universities—Howard and Boston. In 1944 he was co-founder/minister of an interracial San Francisco church. He was a spiritual advisor to Martin Luther King, Jr. and author of many books. In this session we will quickly explore his life, sample his published meditations, and consider how he speaks to our contemporary situation.

Instructor: Rowell, J Cy

3/16/2021 - 3/16/2021 3:00PM - 4:30PM DOW: Tu

Session(s): 1 Code: F21SSFREL017A

Styles and Theologies of the Lord's Suppers

In the various branches of Christianity, there is considerable difference between the form various traditions practice the Lord's Supper, or Eucharist, in worship. The point of this lecture is to bring some clarity about the form and theology between the various styles. Using a primarily historical method, the lecture will show not only how and why Catholic and Orthodox procedures of celebrating the Lord's Supper differ from Protestantism, but also how and why different Protestant traditions differ from each other.

Instructor: Flowers, Ronald

3/22/2021 - 3/22/2021 1:00PM - 2:30PM DOW: M

Session(s): 1

Code: F21SSFREL022A

A Brand of Christian Racism: The Christian Identity Movement

American society these days is troubled by the existence of racist and anti-government groups. Much to the chagrin of many Christians, some of the anti-semitic, anti-black, and anti-government groups seem to be based on or at least influenced by extreme fundamentalist, evangelical Christian theology. From where does that religious justification for these hate groups or hate attitude come? In many cases, it comes from the Christian Identity movement.

Instructor: Flowers, Ronald

4/12/2021 - 4/12/2021

9:00AM - 10:30AM

DOW: M

Session(s): 1

Code: F21SSFREL024A

Evolution--a Religion

Who, What, When, Where, Why and How. Why is evolution a religion? How did it become a religion? Who are the founders of the religion? What brought about the religion of evolution? When did it become a religion? Where did it grow into a religion?

Instructor: Norman, Roger

4/27/2021 - 4/27/2021

9:00AM - 10:30AM

DOW: Tu

Session(s): 1

Code: F21SSFREL019B

Science, Technology & Computers: Four-Week Courses

Astronomy 101

This course will teach you everything you've ever wanted to know about astronomy - or at least we'll cover the basics and try to explain what you are curious about. Topics will include (1) an overview of Earth's night sky; (2) our solar system - origin, geography of the components, and interesting things about our little piece of the universe; and (3) the universe - origin, development of galaxies, stars, and elements. We'll have a night observation session and look at the sky through my telescope and enjoy a laser pointer show-and-tell.

Instructor: Smith, Randy

2/9/2021 - 3/2/2021

11:00AM - 12:30PM

DOW: Tu

Session(s): 4

Code: F21SSFCT016A

Albert Einstein and the Revolution in Physics, 1900 to 1930

The early part of the 20th century was a time of revolutionary change in physics. The atomic theory was approaching full acceptance. A new theory, quantum mechanics, drastically changed our concept of how physics works at the atomic and molecular scale. Special relativity changed our concept of space and time, and general relativity changed our concept of gravity and the large-scale structure of the universe. Albert Einstein was involved in all these things and was the leader in the development of special and general relativity. This course will discuss his life and science. The science portion of

the class will be directed at lay people and presented in a non-mathematical way. Nevertheless, it will require a willingness to think hard about some strange and non-intuitive concepts.

Instructor: Frey, Robert

3/16/2021 - 4/13/2021 11:00AM - 12:30PM DOW: Tu

Session(s): 4 Code: F21SSFCT023A

Ancient DNA Provides Clues to Who We Are and How We Got Here

Sequencing modern human DNA has been possible since the 1960s. Sequencing ancient DNA recovered from fossils found in Africa, Eurasia, Oceania and the Americas, which has been feasible for only 10 years, has already revealed details of prehistoric origins, migrations and matings of Homo species over last quarter-million years. In this course, we will review DNA related science and what it has revealed about our ancient ancestors. The course is designed for a lay audience with general knowledge of DNA and interest in ancient human migrations out of Africa into Eurasia, Oceania and the Americas.

Instructor: Fitzhugh, Hank

3/18/2021 - 4/15/2021 11:00AM - 12:30PM DOW: Th

Session(s): 4 Code: F21SSFCT022A

Mythology, Science, and Spirituality

A discussion of how Mythology and Science are related to Spirituality and Carl G. Jung's conception of the mind and the Archetype's of the collective unconscious. Will also include a discussion of the myths and rituals of Paleolithic and Neolithic humans and the Shaman. And finally, a discussion of how the mystical and science traditions are similar.

Instructor: Tarride, Joseph

4/21/2021 - 5/12/2021 11:00AM - 12:30PM DOW: W

Session(s): 4 Code: F21SSFCT009A

Science, Technology & Computers: One-Time Lectures

Sundials -What Makes 'em Tick

Have you ever looked at a sundial in a garden and been confused because it was not even close to what your watch showed? How about seeing a very elaborate sundial that showed nearly the correct time and you wondered how it worked? Join our "Silver Frog astronomer" and learn all you need to understand this ancient timekeeper. You may even learn how to make your own sundial.

Instructor: Smith, Randy

3/23/2021 - 3/23/2021 11:00AM - 12:30PM DOW: Tu

Session(s): 1 Code: F21SSFCT011A

Making Effective PowerPoint Presentations

Do you want to make your PowerPoint presentations more effective? How you package and present your content can be as important as the material itself. What can you do to make best use of PowerPoint as a tool to influence and illuminate your audience? Or, at least, what can you do to not make your PowerPoint an annoying distraction that gets in the way of your message. Spend 90 minutes and find out.

Instructor: Davis, Jerry

3/25/2021 - 3/25/2021 9:00AM - 11:30AM DOW: Th

Session(s): 1 Code: F21SSFCT021A

Well-Being: Four-Week Courses

The Gift of Years: Growing Older Gracefully, Part I

Using Joan Chittister's book, *The Gift of Years*, as our text, the class will reflect on and discuss this specific time of life (after retirement) as expressed by the author. Our major themes and engagement will come under these topics/chapters: success and accomplishment, finding and giving joy, meaning and purpose, intentional becoming and spirituality for the second half of life. Our learning methods are to: 1) read and reflect on assigned chapters (prior to class), 2) consider how and if this chapter intersects with your own experience of life, and 3) be ready to participate in class discussions.

FIRST ASSIGNMENT: Read INTRODUCTION, pp. vii-xvi and MEANING, pp. 7-12

Instructor: Bowser, Kathy

2/10/2021 - 3/3/2021 1:00PM - 2:30PM DOW: W

Session(s): 4 Code: F21SSFWELO16A

The Regulation and Ethics of Medical Research

This course will review the history and ethics of research, and how they inform today's research environment including vaccines, COVID treatments, and genetics. We will review the nomenclature of research, research methods, and the history of its regulation. Cases that have catalyzed important changes will be presented. We will explore how has this brought us to the research questions and controversies of today including COVID vaccines and treatments, data privacy, and genetics. Case studies will be used to illustrate the points of discussion.

Instructor: Dyson, Maynard

3/18/2021 - 4/15/2021 1:00PM - 2:30PM DOW: Th

Session(s): 4 Code: F21SSFWELO18A

Here's to Your Health

Specialists from UT Southwestern Monty and Tex Moncrief Medical Center and Moncrief Cancer Institute in Fort Worth as well as faculty from UT Southwestern in Dallas, will discuss a variety of conditions that can affect mature adults. Topics will include those related to oncology, otolaryngology, urology, and rheumatology. Each week a different specialist will present a topic related to their area of expertise. Previous topics included arthritis, kidney stones, and hereditary breast cancer to name a few. There will be plenty of opportunity to ask questions at the end of each presentation.

Instructor: Anderson, Randi

3/19/2021 - 4/16/2021 1:00PM - 2:30PM DOW: F

Session(s): 4 Code: F21SSFWEL005A

The Gift of Years: Growing Older Gracefully, Part II

The completion of Part I is helpful but NOT required. Using Joan Chittister's book, *The Gift of Years*, the class will reflect on and discuss additional aspects of this specific time of life (after retirement) as expressed by the author. Our major themes and engagement will come under these topics/chapters: authority of age and using this time, solitude and outreach, wisdom and limitations, legacy and the time of twilight. Our learning methods are to: 1) read and reflect on assigned chapters (prior to class), 2) consider how and if this topic intersects with your own life experiences, and 3) be ready to participate in class discussion.

FIRST ASSIGNMENT: Read or reread INTRODUCTION, pp. vii-xvi, LEARNING, pp. 95-99, Authority, pp. 33-38, and THE PRESENT, pp.201-206.

Instructor: Bowser, Kathy

4/21/2021 - 5/12/2021 1:00PM - 2:30PM DOW: W

Session(s): 4 Code: F21SSFWEL009A

Well-Being: One-Time Lectures

Sexuality and Older Adults

Topics about sex and sexuality are specifically targeted for older adults. This course offering is directed toward an interactive discussion with a question and answer period, with no question(s) being excluded. It will be facilitated by an experienced and knowledgeable retired university faculty member.

Instructor: Ancona, Lee

2/10/2021 - 2/10/2021 1:00PM - 2:30PM DOW: W

Session(s): 1 Code: F21SSFWEL004A

What to Expect if Your Loved One has Alzheimer's Disease

If you are caring for someone who is living with Alzheimer's disease or a related dementia understanding what to expect as the disease progresses will empower you to better manage the changes that will happen. We will discuss the common changes that occur and how best to manage the changes and focus on and nurture what remains throughout the progression of the disease.

Instructor: Cobb, Jaime

4/5/2021 - 4/5/2021 1:00PM - 2:30PM DOW: M

Session(s): 1 Code: F21SSFWEL017A

TCU Silver Frogs Spring 2021 Instructors

Lee Ancona: Lee C. Ancona, PhD is currently a staff Member in the TCU Athletic Department (Tutor/Academic Advisor). He is a volunteer in the Leadership Program, Neeley School of Business at TCU. Lee is a retired Faculty member of the University of North Texas.

Randi Anderson: There will be 8 different UT Southwestern faculty from Fort Worth and Dallas presenting. There biographies will be distributed on the first day of the lecture series.

Anne Bailey: Dr. Anne J. Bailey is the author of eight books on the Civil War, numerous book chapters, and more than 300 articles and book reviews. She serves as general editor of the "Great Campaigns of the Civil War" series published by the University of Nebraska Press, and was editor of the newsletter of the Society of Civil War Historians for 25 years. A native Texan with a Ph.D. from TCU, Dr. Bailey has taught at Texas Tech University, the University of Arkansas at Fayetteville, but most of her career was spent in the University of Georgia system where she also edited the Georgia Historical Quarterly.

Shari Barnes: Shari retired from TCU as an HR administrator and has finally found time to whittle down her own list of bucket books. In addition, she is active in her church and community and serves on several boards of directors. "Give me my grandchildren, travel, a good cup of coffee, Silver Frogs, and my books, and I'm a happy camper".

Crystal Barth: Crystal is a retired government employee who took up the challenge of tracing her family genealogy after she retired, 25 years ago. Her ancestors hail mainly from England and Germany, with a little French added, and have spread all over the USA and Canada. Her paternal line has been traced back to 1538 England. She is a member of several national, state, county and local genealogical societies and is currently Treasurer for the Fort Worth Genealogical Society.

Sian Borne: Sian is a retired RN and Human Resources Professional who came to Fort Worth from England after graduating with her RN. Winchester is the place she calls home in England and her mother still resides there. She returns to Winchester every couple of years and although the center of the city has changed, much of the essential charm remains.

Kathy Bowser: Kathy, as Pastor Emeritus from her founded church, currently serves as the Pastor of Care and Connection at First Congregational Church in Fort Worth. She has led contemplation and meditation groups for several years. Kathy's professional education includes studies of Christian theology, scripture, world religions, worship and prayer practices in institutions as diverse as Immaculata University (Catholic, conservative) and Brite Divinity School (Disciples of Christ, progressive). Her first 35 year career in the not for profit sector is as eclectic as her education. It encompasses fund raising, board and volunteer management, staff training, organizational design and executive leadership with the American Heart Association, National Center and the March of Dimes, Western Region.

James Brittain: James Brittain is a Registered Professional Land Surveyor, licensed in the State of Texas who studies history and enjoys discussing the oddities of how some decisions were made by our forefathers. He has instructed classes for Silver Frogs on the formation of states and the 1820 Missouri Compromise.

Tena Burrell: For over 30 years, Tena Burrell has worked to help individuals and families plan for their financial future. Specializing in the fields of retirement and estate planning, Ms. Burrell educates clients on how to help preserve their financial assets, while maintaining a sustainable standard of living. As the owner of Financial and Estate Planning Services, Tena Burrell takes her many years of experience and offers sound financial alternatives to create solutions, based on the needs of each individual client. It is Ms. Burrell's desire to apply her industry knowledge to developing tailored financial plans for individuals, professionals, business owners and corporations. Whether you are a business owner or are looking for ways to develop a secure financial future for you or your family, Tena Burrell is qualified to assist with your investment needs.

Joseph Cecere: Joseph Cecere, DMD is a retired Oral and Maxillofacial Surgeon. He recently completed the docent training program at the Kimbell Art Museum in Fort Worth.

Tom Clark: Tom Clark is an ex-Air Force Fighter pilot who then went to work at a little aircraft factory on the West Side, GD/LM, for a few years and stayed 30. His jobs there were wide ranging, from Advanced Design working under the head designer of the F-16, to international marketing in Australia, to fixing world-wide-structural problems from massive over-usage. His most-challenging was leading a 130-man interdisciplinary team that designed, qualified, flight tested and delivered new fuel tanks mounted on the outside top of the F-16 which extended its range over 50%. After 5 years on the road (31 trips to Israel alone, a combined 1 year there), his boss next asked him to go to Greece to find the problem holding up a Greek-national industry from delivering key parts on time. He said yes but wisely, only if he could take my wife along this time! Thus The Great-Greek Caper was born, essentially overnight. He and Jean are inveterate explorers and made max use of this gift.

Jaime Cobb: Jaime is a Certified Alzheimer's Educator and is the Vice President of Dementia & Caregiver Education at James L. West Center for Dementia Care.

Jerry Davis: Jerry Davis is a licensed Professional Engineer and after 15 years in the commercial power industry he taught in the University of North Texas College of Engineering for 21 years. One course he taught every semester, required of all engineering students, was Professional Presentations.

Mary Dulle: Mary Dulle, is retired and is as a community volunteer. After a career in public relations, she retired as Director of Strategic Corporate Communications from Alcon in 2005. She was an Adjunct Professor at TCU's Schieffer School of Journalism from 2001 to 2009. She is Secretary for Jubilee Theatre and served on the boards of GFW/PRSA, Berkeley Neighborhood Association, IABC, Fort Worth Sister Cities International, Downtown Fort Worth, The Better Business Bureau of Metropolitan Fort Worth, and Stage West. Mary lives in Fort Worth with her husband, Joe and cat, Cocoa. She enjoys traveling, gardening, reading and cooking.

Maynard Dyson: Dr. Dyson received his MD from UVa in 1974 and his MA in Bioethics from Loyola of Chicago in 2010. He has lived in Fort Worth since 1994 with his wife and two sons where he practiced Pediatric Pulmonology at Cook Childrens from 1994 till 2017 and was Chair of the Cooks Institutional Review Board from 2004 till 2019. Since 2006 he has been a consultant with a national IRB.

Mary Eads: I am a Silver Frog, Practicing Attorney, and Student of Positive Psychology. I have studied Positive Psychology with Tal Ben-Shahar through the University of Pennsylvania online and attended 3 International Positive Psychology Congresses. My husband and I are also active Ballroom Dancers (less active during the pandemic!). I believe that the classes and activities offered through Silver Frogs contribute to our well-being!

Richard Fahy: Dick Fahy is a retired airline lawyer, spending most of a career of over 30 years representing Pan Am, American Airlines, and TWA in various regulatory and legislative matters. He also was heavily involved in antitrust cases for many years

Mae Ferguson: Mae is the President and CEO of Fort Worth Sister Cities International and the Protocol Officer for the city. In her role, Ferguson manages the City of Fort Worth's international relations, international exchanges and outreach providing education and a positive economic impact for the City of Fort Worth.

Dianne Fisher: Dianne Fisher, MA, is supervisor of deaf education in Birdville ISD. She works with several statewide projects involving the deaf and has taught continuing education classes at TCU for many years.

Hank Fitzhugh: Following PhD (Texas A&M) and Post doctorate (Institute Animal Genetics, Edinburgh, UK), Hank Fitzhugh conducted research and taught genetics at TAMU before embarking on a career in international agricultural R&D which eventually led to his appointment as Director General (CEO) of the International Livestock Research Institute, Nairobi, Kenya.

Ronald Flowers: Dr. Ronald B. Flowers is John F. Weatherly Emeritus Professor of Religion at Texas Christian University. He taught at TCU for 37 years and was chair of the Religion Department for nine years. He is the author or co-author of ten books and 56 articles in scholarly publications, 96% of which were on church-state relations in the United States. He is a member of the Editorial Council of the Journal of Church and State. He still teaches his church-state course at TCU.

Andrew Fort: Andrew O. Fort (Ph. D., University of Pennsylvania) is Professor of Asian Religions (emeritus) and a Green Distinguished Emeritus Tutor at TCU. He has published extensively on aspects of Hindu thought and issues concerning teaching, particularly contemplative pedagogy. He founded TCU's Contemplative Studies initiative in 2012, and has been on the steering Committee of the Contemplative Studies group at the American Academy of Religion. He has practiced various forms of meditation for 45 years.

Robert Frey: Robert has had a lifelong interest in science. He received a BA in Physics and a PhD in Chemistry (Physical). He spent the bulk of his working career at the U.S. Army Aberdeen Proving Ground, where he worked on technical projects of a military nature.

Judy Furche: Judy Furche: Retired five years ago from the Everman Independent School District where she served as a principal, counselor, and teacher. She has Bachelor's and Master's degrees from TCU and is a charter Silver Frogs member. Judy's love of West Texas began four years ago when she went to Marfa on a girls' trip and has returned several times a year since then. With each visit, I have gained more knowledge about the area and experienced additional activities.

Zelda Gilbert: Dr. Zelda Gilbert is professor emerita of psychology from Woodbury University in Burbank, CA. Her areas of specialty are abnormal behavior, psychobiology, and research design. Her interest in political psychology dates from a 1993 sabbatical at UCLA. Although she is now retired from teaching, she stays active by writing a blog on political psychology.

James Godfrey: James was commissioned as a 2nd Lieutenant and served four years in the US Army as Paratrooper and Ranger before attending Rotary Wing Flight School. After flight school he served as a close air support gunship pilot in Vietnam. He is also researching the history of Camp and Fort Wolters. He served on the Fort Worth Airport Advisory Board for 7 years. He's published a book on Artwork of Single Aviation Unit in Vietnam war.

Sharon Harrelson: Sharon Harrelson is a Fort Worth native who has been baking for over 50 years, since the Christmas when Santa delivered a light-bulb-powered Easy Bake oven. Whether baking lunchbox desserts, celebration cakes or edible gifts, she loves sharing her creations.

Polly Hooper: Polly Hooper is a native Texan and a 35 year resident of Fort Worth. She is a professional photographer and an avid crafter. She writes the column On One Tank of Gas for the SilverStreak newsletter and is also on the newsletter committee.

Jonathan House: Jonathan House served in the military for 30 years, retiring as a Full Colonel. He then began a second career in industry and was VP of Global Supply Chain for three Fortune 500 companies. He earned an MS and an MBA. Jonathan has a life-long interest in travel and investing.

Elizabeth Jones: Elizabeth Jones started her organizing business in 2012 and is a Golden Circle member of the National Association of Professional Organizers. Elizabeth never gets tired of organizing -- or showing people all the fun, innovative ways to showcase their most beloved things.

Karen Kaigler-Walker: Karen is Professor Emerita (Woodbury University) where taught Marketing and Psychology and specialized in the social, psychological, and cultural meaning of Women's Fashion and Appearance. Currently she writes Ageless Beauty/Endless Spirit, a blog for older women. In addition to her Ph.D. she holds an M.A. in Theology and developed and taught the first course in Women's Spirituality at Fuller Theological Seminary in Pasadena, CA.

Kent Knudson: Knudson's parents took him to his first national park camping when he was 7 years old. He has traveled to many of the nation's parks since then and has given blood to the mosquito blood program at Everglades NP; encountered lovesick bears at Glacier Bay NP; and has volunteered at a number of national park sites.

Wayne Ludwig: Wayne Ludwig is an independent cattle trails historian, author of The Old Chisholm Trail: From Cow Path to Tourist Stop (recently released by Texas A&M University Press), creator of the Texas Cattle Trails History Group on Facebook, and member of Western Writers of America. He is a Fort Worth native and a volunteer at the National Multicultural Western Heritage Museum, formerly Cowboys of Color Museum.

Lynn Main: Lynn is a TCU graduate with a degree in elementary education. She has worked in education for over 30 years, the last 13 were spent as the principal of Lafayette Elementary School in the District of Columbia. Lynn has performed at the US Capitol, Kennedy Center, Ford's Theater, and the Washington National Cathedral.

Darren Middleton: Dr. Darren J. N. Middleton is John F. Weatherly Professor of Religion and the Director of the Master of Liberal Arts program at TCU. He has published eleven books, the most recent of which is *George Eliot: Literary Portals to Prayer*.

Thomas Morton: Thomas Morton is a Retired Professional Engineer from Canada. He has been doing Genealogy Research for over 50 years and has over 117,000 people in his Family Tree Maker data base. He has published over 100 Family History books for friends and family and has traced over 200 people back to kings, queens and emperors.

Roger Norman: Roger is a retired attorney having specialized in Estate Planning. He has taught several classes in the Extended Education Department of TCU and as part of the Silver Frogs program.

Jim Parr: Jim Parr is a semi-retired Commercial Realtor and entrepreneur. He is an approved instructor for the National Association of Realtors, Texas REALTORS, and the Texas Real Estate Commission. He has taught a variety of classes for TCU's Extended ED and Silver Frogs programs.

Sara-Jayne Parsons: Sara-Jayne Parsons joined the Art Galleries at TCU as the Director and Curator in August 2014 and she is responsible for exhibition programming at Fort Worth Contemporary Arts and Moudy Gallery <https://finearts.tcu.edu/art/events-and-programs/the-art-galleries-at-tcu/> Previously she was the Exhibitions Curator at the Bluecoat in Liverpool, UK, where she produced a contemporary exhibition programme featuring the work of a diverse group of artists in various media, including artist residencies and publications. Parsons's curatorial practice is informed by working in close partnership with artists to produce new works through commissions and exhibitions. She holds an MA in Art History from the University of North Texas and is currently completing a PhD.

Colin Plante: Colin is a retired Information Technology Manager who started his career with a degree in Broadcasting and Cinematic Arts, then worked 26 years at a motion picture film laboratory, where he transitioned into an Information Technology career.

J Cy Rowell: J Cy is an Emeritus Professor of Religious Education, Brite Divinity School at TCU. His current interests focus on the changing landscape of American religious life, contemplative spirituality, and modern art. Personal interests include writing, attending theatre productions, and travel with Road Scholar groups.

Ken Seeling: Ken Seeling is a native of New Orleans, who loves sharing his passion for the unique history, culture and traditions of the Crescent City. Ken is an avid researcher and his courses combine his interest of history, genealogy and reading to provide engaging facts and trivia on topics of interest.

Richard Selcer: Dr. Richard Selcer is a Fort Worth author and historian who has taught for 46 years, published 10 books and dozens of articles. He has taught at colleges and universities in both the US and Europe. He is an Austin College (BA and MA) and TCU (PhD) graduate.

Randy Smith: Randy is a retired aerospace engineer and former USAF navigator. He has many interests and hobbies beyond his work experience, several of which have been or will be presented as Silver Frog classes: astronomy, photography, military history, and woodworking.

Elaine Stoltz: Elaine Stolz is a certified image consultant master. She is one of twelve masters in the world. She has owned Stoltz Image Consulting in Fort Worth for 30 years, specializing in positive first impression and custom color analysis. For the last 15 years Elaine has been teaching others to be image consultants through Stoltz Image Institute.

Jim Stripling: Jim Stripling is a Fort Worth attorney who has been a baseball fan ever since his father took him at age 6 to LaGrave Field to see the Bobby Bragan-managed Fort Worth Cats. His grandfather was president of the Panthers from 1917 to 1929.

Joseph Tarride: Joseph is a Pathologist who is interested in science and philosophy. He is a member of the board of visitors of the University of Texas Mc Donald observatory in West Texas. He is interested in astronomy, paleontology, archeology, neuroscience and psychology.

Susan Turner: Susan Turner can't seem to retire! Still working full time at Lockheed Martin, she currently manages a leadership development program for high potential young professionals. Susan has been with Lockheed for 18 years. Prior to her current role, she and her team coordinated thousands of visits from senior government and military leaders to Lockheed as well as leading the effort to celebrate first aircraft deliveries to customer countries around the world. Susan is an active community volunteer, loves Fort Worth and TCU (go Frogs!).

Diane Weaver: Diane holds a Bachelor of Business Administration in Accounting. She is a Certified Public Accountant who spent most of her career in various positions within the oil and gas industry.

Lewis Woodard: Mr. Woodard had a career in accounting and auditing in the non-profit sector. He has a home-based travel agency. He has presented past courses on cruise vacations, Hawaii, international humanitarian law, Clara Barton, Vote Smart, and understanding soccer.

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Schedule-at-a-Glance**

Session I (February 8 - March 5)								
Title	Instructor	Type	Start Date	End Date	Start Time	End Time	DOW	SKU
Genealogy -- From Getting Started to Finding Kings Among Your Ancestors	Morton, Thomas	Course	2/8/2021	3/1/2021	9:00AM	10:30AM	M	F21SSPPER012A
The Rise and Fall of the Roman Republic	Cecere, Joseph	Course	2/8/2021	3/1/2021	11:00AM	12:30PM	M	F21SSFHCE002A
Operation VITTLES: The Berlin Airlift	Knudson, Kent	Lecture	2/9/2021	2/9/2021	1:00PM	2:30PM	Tu	F21SSFHCE022A
Keys to Making a Difference in a Family Caregiving Challenge	Burrell, Tena	Lecture	2/9/2021	3/2/2021	1:00PM	2:30PM	Tu	F21SSPPER007A
Under the Black Flag: A Pirate's Life for Me	Seeling, Ken	Course	2/9/2021	3/2/2021	3:00PM	4:30PM	Tu	F21SSFHCE054A
Is the Johnson Amendment Good for Religious Institutions or Not?	Flowers, Ronald	Lecture	2/9/2021	2/9/2021	9:00AM	10:30AM	Tu	F21SSFRELO23A
Astronomy 101	Smith, Randy	Course	2/9/2021	3/2/2021	11:00AM	12:30PM	Tu	F21SSFSCOT16A
Happier and More Resilient, Pandemic Edition	Eads, Mary	Course	2/9/2021	3/2/2021	11:00AM	12:30PM	T	F21SSPPER019A
The Gift of Years: Growing Older Gracefully, Part I	Bowser, Kathy	Course	2/10/2021	3/3/2021	1:00PM	2:30PM	W	F21SSFWEL016A
Sexuality and Older Adults	Ancona, Lee	Lecture	2/10/2021	2/10/2021	1:00PM	2:30PM	W	F21SSFWEL004A
Marfa. Ft. Davis. Alpine. Marathon and Big Bend - Why Go?	Furche, Judy	Lecture	2/10/2021	2/10/2021	3:00PM	4:30PM	W	F21SSFACT007A
60's R&R: When the Music Was Hummable and the Lyrics Mattered	Selcer, Richard & Plante, Colin	Course	2/10/2021	3/3/2021	9:00AM	10:30AM	W	F21SSFACT010A
Martin Luther and the Protestant Reformation	Flowers, Ronald	Course	2/10/2021	3/3/2021	11:00AM	12:30PM	W	F21SSFRELO05A
Six Steps to Legacy Planning for the Generations	Burrell, Tena	Course	2/11/2021	3/4/2021	1:00PM	2:30PM	Th	F21SSFFIN008A
Literary Catholicism	Middleton, Darren	Course	2/11/2021	3/4/2021	9:00AM	10:30AM	Th	F21SSF020A

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Title	Instructor	Type	Start Date	End Date	Start Time	End Time	DOW	SKU
Costuming: Why We Do It, Why It Matters	Kaigler-Walker, Karen & Gilbert, Zelda	Course	2/11/2021	3/4/2021	11:00AM	12:30PM	Th	F21SSFACT028A
The National Parks of Texas	Knudson, Kent	Course	2/12/2021	3/5/2021	9:00AM	10:30AM	F	F21SSFACT002A
Cruising Quick Tips	Woodard, Lewis	Lecture	2/16/2021	2/16/2021	9:00AM	10:30AM	Tu	F21SSFACT018A
Anchors Aweigh! Around the World with Theodore Roosevelt's Great White Fleet	Knudson, Kent	Lecture	2/23/2021	2/23/2021	1:00PM	2:30PM	Tu	F21SSFHCE023A
Political Psychology: A Brief Introduction	Gilbert, Zelda	Lecture	2/23/2021	2/23/2021	9:00AM	10:30AM	Tu	F21SSFHCE008A
Mindfulness and Contemplative Studies Today: An Update	Fort, Andrew	Lecture	3/1/2021	3/1/2021	1:00PM	2:30PM	M	F21SSSPER024A
Laissez Les Bon Temps Rouler! Learn Your Mardi Gras History	Seeling, Ken	Lecture	3/2/2021	3/2/2021	9:00AM	10:30AM	Tu	F21SSFACT029A
You're Never Too Old to Lead	Turner, Susan	Lecture	3/3/2021	3/3/2021	9:00AM	10:30AM	W	F21SSSPER020A
Session II (March 15 - April 16: No Classes March 27 - April 2)								
The Germans' WWII Unbreakable Enigma Code	Smith, Randy	Lecture	3/15/2021	3/15/2021	1:00PM	2:30PM	M	F21SSFHCE010A
Even War Has Rules	Woodard, Lewis	Lecture	3/15/2021	3/15/2021	9:00AM	10:30AM	M	F21SSFHCE029A
Winchester -- The Ancient Capital of England and Beyond	Borne, Sian	Lecture	3/15/2021	3/15/2021	11:00AM	12:30PM	M	F21SSFACT015A
Turn Retirement Savings Into Retirement Income	House, Jonathan	Course	3/16/2021	4/13/2021	1:00PM	3:30PM	Tu	F21SSFFIN009A
Meet Howard Thurman: MLK Spiritual Advisor, College Dean & Author	Rowell, J Cy	Lecture	3/16/2021	3/16/2021	3:00PM	4:30PM	Tu	F21SSFRELO17A
Sign Language for Seniors	Fisher, Dianne	Course	3/16/2021	4/13/2021	9:00AM	10:30AM	Tu	F21SSFLAN002A
Albert Einstein and the Revolution in Physics, 1900 to 1930	Frey, Robert	Course	3/16/2021	4/13/2021	11:00AM	12:30PM	Tu	F21SSFCT023A
Painted Churches of Texas	Hooper, Polly	Lecture	3/17/2021	3/17/2021	3:00PM	4:30PM	W	F21SSFACT016A
The Evolution of God	Bowser, Kathy	Course	3/17/2021	4/14/2021	3:00PM	4:30PM	W	F21SSFRELO19A
Churches, Sects, and Cults in American Religion	Flowers, Ronald	Course	3/17/2021	4/14/2021	9:00AM	10:30AM	W	F21SSFRELO21A

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Title	Instructor	Type	Start Date	End Date	Start Time	End Time	DOW	SKU
Clarence Saunders - The Invention of the Modern Self-Service Grocery Store: The Story of Piggly Wiggly	Godfrey, James	Lecture	3/17/2021	3/17/2021	9:00PM	10:30AM	W	F21SSFHCE046A
The Regulation and Ethics of Medical Research	Dyson, Maynard	Course	3/18/2021	4/15/2021	1:00PM	2:30PM	Th	F21SSFWEL018A
Autumn Adventure Travel Log: Foliage, Falls, Mountains and Mansions	Parr, Jim	Lecture	3/18/2021	3/18/2021	3:00PM	4:30PM	Th	F21SSFACT032A
The Empire Strikes Back: The British Invasion of American Music in the 1960s	Selcer, Richard & Plante, Colin	Course	3/18/2021	4/15/2021	9:00AM	10:30AM	Th	F21SSFACT017A
Ancient DNA Provides Clues to Who We Are and How We Got Here	Fitzhugh, Hank	Course	3/18/2021	4/15/2021	11:00AM	12:30PM	Th	F21SSFSCT022A
Here's to Your Health	Anderson, Randi	Course	3/19/2021	4/16/2021	1:00PM	2:30PM	F	F21SSFWEL005A
Baker's Dozen: Cookies	Harrelson, Sharon	Course	3/19/2021	4/16/2021	9:00AM	10:30AM	F	F21SSFHCR005A
Styles and Theologies of the Lord's Suppers	Flowers, Ronald	Lecture	3/22/2021	3/22/2021	1:00PM	2:30PM	M	F21SSFRELO22A
Understanding Soccer for Beginners	Woodard, Lewis	Lecture	3/22/2021	3/22/2021	9:00AM	10:30AM	M	F21SSFHCR012A
Living in Greece - In Photographs	Clark, Tom	Lecture	3/22/2021	3/22/2021	11:00AM	12:30PM	M	F21SSFACT027A
Sundials -What Makes 'em Tick	Smith, Randy	Lecture	3/23/2021	3/23/2021	11:00AM	12:30PM	Tu	F21SSFSCT011A
Dinner--Let's Get Away From the TV and Back to the Table! Pinkies Up Everyone!	Turner, Susan	Lecture	3/24/2021	3/24/2021	9:00AM	10:30AM	W	F21SSFPER021A
Making Effective PowerPoint Presentations	Davis, Jerry	Lecture	3/25/2021	3/25/2021	9:00AM	11:30AM	Th	F21SSFSCT021A
Spring Rites: Bunnies, Bonnets, Eggs and May Flowers	Kaigler-Walker, Karen	Lecture	3/25/2021	3/25/2021	11:00AM	12:30PM	Th	F21SSFACT035A
What to Expect if Your Loved One has Alzheimer's Disease	Cobb, Jaime	Lecture	4/5/2021	4/5/2021	1:00PM	2:30PM	M	F21SSFWEL017A
The Women that Flew for Hitler, Hanna Reitch and Melitta von Stoffenberg	Godfrey, James	Lecture	4/7/2021	4/7/2021	9:00AM	10:30AM	W	F21SSFHCE028A
The Long, Active Life of Winston Churchill	Fahy, Richard	Lecture	4/12/2021	4/12/2021	1:00PM	2:30PM	M	F21SSFHCE043A
Buying or Selling? Working with a Broker in Texas	Parr, Jim	Lecture	4/12/2021	4/12/2021	9:00AM	10:30AM	M	F21SSFFIN001A
A Brand of Christian Racism: The Christian Identity Movement	Flowers, Ronald	Lecture	4/12/2021	4/12/2021	9:00AM	10:30AM	M	F21SSFRELO24A
The Chautauqua Institution: Summer Camp for Adults	Dulle, Mary	Lecture	4/13/2021	4/13/2021	11:00AM	12:30PM	Tu	F21SSFHCR015A

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Title	Instructor	Type	Start Date	End Date	Start Time	End Time	DOW	SKU
God Bless the USA!	Turner, Susan	Lecture	4/14/2021	4/14/2021	9:00AM	10:30AM	W	F21SSFHCE050A
Session III (April 19 - May 14)								
Fashion and Appearance in Art from Cave Drawings to Star Wars	Kaigler-Walker, Karen	Course	4/19/2021	5/10/2021	1:00PM	2:30PM	M	F21SSFACT036A
Washington, DC- How it Came to Be in Its Location and the History of Its Formation	Brittain, James	Lecture	4/19/2021	4/19/2021	1:00PM	2:30PM	M	F21SSFHCE052A
Behind-the-Scenes of the TCU Permanent Art Collection	Parsons, Sara-Jayne	Lecture	4/19/2021	4/19/2021	9:00AM	10:30AM	M	F21SSFACT031A
The Silver Thread - A Colorado Scenic Byway	Main, Lynn	Course	4/19/2021	5/10/2021	11:00AM	12:30PM	M	F21SSFACT034A
Oh, My! It's Pie!	Dulle, Mary	Course	4/20/2021	5/11/2021	1:00PM	2:30PM	Tu	F21SSFHCR014A
Get to Know the Cultures of Fort Worth's Sister Cities from Japan to Indonesia and Beyond	Ferguson, Mae	Lecture	4/20/2021	4/20/2021	3:00PM	4:30PM	Tu	F21SSFACT033A
Personal Coloring Changes as We Mature	Stoltz, Elaine	Lecture	4/20/2021	4/20/2021	9:00AM	10:30AM	Tu	F21SSFPER015A
God is on the Side of the Big Battalion: Religion and the Civil War Soldier	Bailey, Anne	Lecture	4/20/2021	4/20/2021	11:00AM	12:30PM	Tu	F21SSFHCE014A
The Gift of Years: Growing Older Gracefully, Part II	Bowser, Kathy	Course	4/21/2021	5/12/2021	1:00PM	2:30PM	W	F21SSFWEL009A
The Professional Organizer's Guide to Having the Most Organized House on the Block	Jones, Elizabeth	Course	4/21/2021	5/12/2021	3:00PM	4:30PM	W	F21SSFPER008A
When the Afrika Corp Came to Texas	Godfrey, James	Lecture	4/21/2021	4/21/2021	9:00AM	10:30AM	W	F21SSFHCE057A
Why Don't Those Millenials and Gen Zers Make Any Sense? Improving Intergenerational Communication	Turner, Susan	Lecture	4/21/2021	4/21/2021	9:00AM	10:30AM	W	F21SSFPER022A
Mythology, Science, and Spirituality	Tarride, Joseph	Course	4/21/2021	5/12/2021	11:00AM	12:30PM	W	F21SSFSCCT009A
Bucket List Books	Barnes, Shari	Course	4/22/2021	5/13/2021	1:00PM	2:30PM	Th	F21SSFLW002A
Remembering the Great Albums of the '60s	Selcer, Richard & Plante, Colin	Course	4/22/2021	5/13/2021	9:00AM	10:30AM	Th	F21SSFACT025A
The USS PANAY Incident	Knudson, Kent	Lecture	4/22/2021	4/22/2021	11:00AM	12:30PM	Th	F21SSFHCE055A
Beginning Genealogy	Barth, Crystal	Course	4/23/2021	5/14/2021	1:00PM	2:30PM	F	F21SSFPER006A
Baker's Dozen: Cookies II	Harrelson, Sharon	Course	4/23/2021	5/14/2021	9:00AM	10:30AM	F	F21SSFHCR016A
The 1920 - 1925 Fort Worth Panthers: A Minor League Dynasty	Stripling, Jim	Lecture	4/26/2021	4/26/2021	9:00AM	10:30AM	M	F21SSFHCE051A

**TCU Silver Frogs Spring 2021
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Title	Instructor	Type	Start Date	End Date	Start Time	End Time	DOW	SKU
Evolution--a Religion	Norman, Roger	Lecture	4/27/2021	4/27/2021	9:00AM	10:30AM	Tu	F21SSFRELO19B
Genealogy Research Using Online Applications	Barth, Crystal	Lecture	4/27/2021	4/27/2021	11:00AM	12:30PM	Tu	F21SSFPER023A
Conquering the Bundt	Harrelson, Sharon	Lecture	4/28/2021	4/28/2021	9:00AM	10:30AM	W	F21SSFHCR013A
Black Lives Should Have Always Mattered. A Discussion and Review of the Book "Stamped From The Beginning"	Brittain, James	Lecture	5/3/2021	5/3/2021	1:00PM	2:30PM	M	F21SSFHCE053A
Contemporary Art Inspired by Enrico Caruso's Performance at Cowtown Coliseum in 1920	Parsons, Sara-Jayne	Lecture	5/3/2021	5/3/2021	9:00AM	10:30AM	M	F21SSFACT030A
What Your POA/Executor Needs to Know	Weaver, Diane	Lecture	5/4/2021	5/4/2021	9:00AM	10:30AM	Tu	F21SSFFIN007A
The Lady Be Good: The Story of a Lost Bomber and the Efforts to Find the Crew	Godfrey, James	Lecture	5/5/2021	5/5/2021	9:00AM	10:30AM	W	F21SSFHCE056A
The Old Chisholm Trail: From Cow Path to Tourist Stop	Ludwig, Wayne	Lecture	5/5/2021	5/5/2021	9:00AM	10:30AM	W	F21SSFHCE034A
The Book That Changed My Life	Middleton, Darren	Lecture	5/11/2021	5/11/2021	11:00AM	12:30PM	Tu	F21SSFLW008A

TCU Silver Frogs



TCU Silver Frogs Spring 2021

Course & Lecture Request & Allocation Process: January 19 - 22

Step 1: Go to your account: www.lifelong.tcu.edu and select TCU Silver Frogs from the top band.

The screenshot shows a web browser window with the URL lifelong.tcu.edu. The page features a dark purple header with the TCU logo and the text "TCU Extended Education". Below the header is a navigation menu with links for HOME, COMMUNITY EDUCATION, TCU SILVER FROGS, PROFESSIONAL EDUCATION, CREATE AN ACCOUNT/SIGN-IN, and REEL RELIGION. The main content area has a large banner image of a fountain on a campus. Overlaid on the banner is the text: "Welcome to TCU Extended Education", "WELCOME TO THE NEW & IMPROVED WEBSITE FOR THE SPRING 2020 SEMESTER. PLEASE CREATE AN ACCOUNT (EVEN IF YOU'VE TAKEN CLASSES BEFORE) SO YOU CAN REGISTER!", and "QUESTIONS? 817-257-7132 OR LIFELONG@TCU.EDU". The Windows taskbar is visible at the bottom of the browser window.

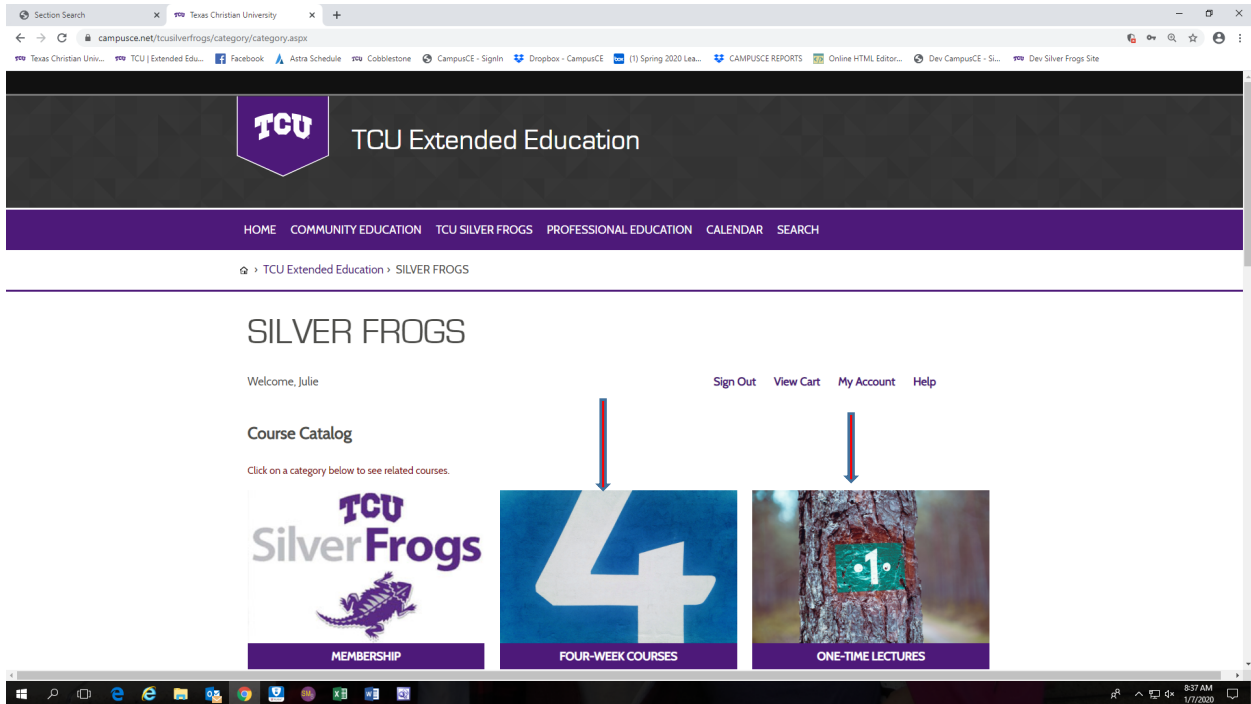
Step 2: Click the Sign-In Button

The screenshot shows the TCU Extended Education website. The header includes the TCU logo and the text "TCU Extended Education". Below the header is a navigation bar with links for HOME, COMMUNITY EDUCATION, TCU SILVER FROGS, PROFESSIONAL EDUCATION, CALENDAR, and SEARCH. The main content area features the "SILVER FROGS" title and a navigation menu with "Sign In", "View Cart", and "Help". A red arrow points to the "Sign In" button. Below the navigation menu is a "Course Catalog" section with the instruction "Click on a category below to see related courses." Three category tiles are displayed: "MEMBERSHIP" with a frog logo, "FOUR-WEEK COURSES" with a large number 4, and "ONE-TIME LECTURES" with a tree trunk and a number 1.

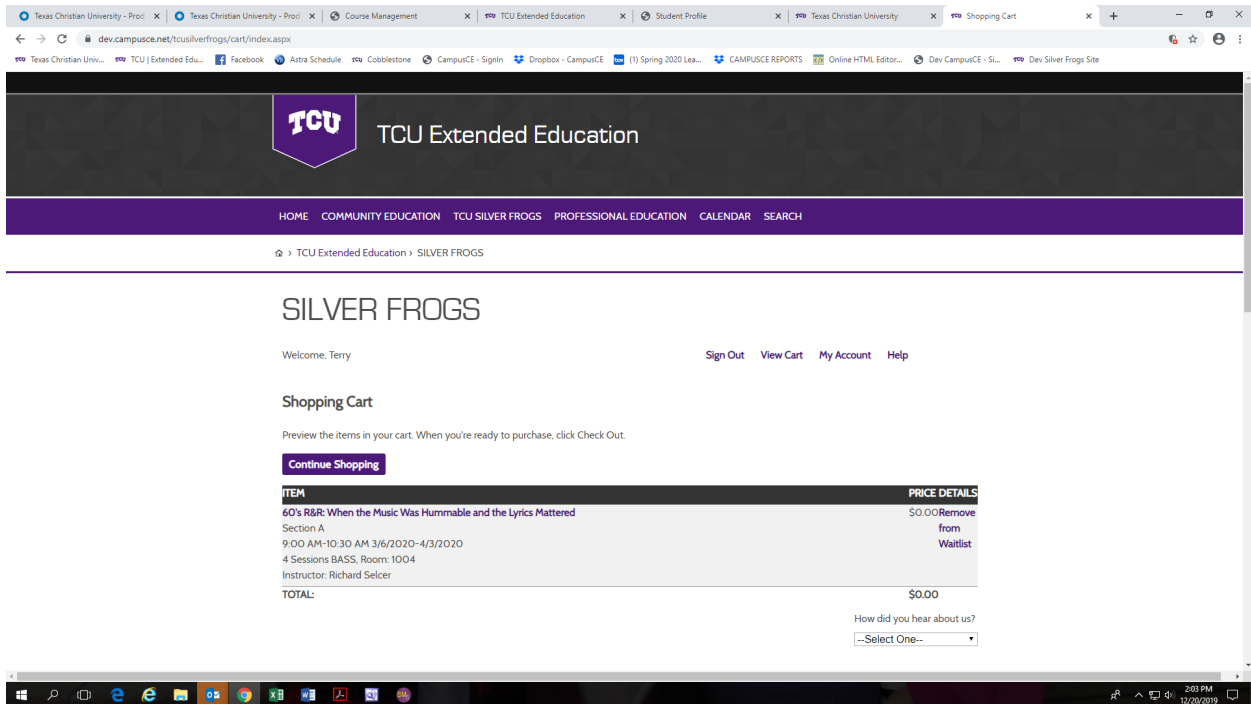
Step 3: Sign in to your account with your username and password

The screenshot shows the "Sign In" page on the TCU Extended Education website. The header includes the TCU logo and the text "SILVER FROGS". Below the header is a navigation bar with links for "Sign In", "View Cart", and "Help". The main content area features the "Sign In" title and the instruction "You must sign in to your account to register for courses." Below this is a section for "To sign in, enter your user name and password." and a note "If you don't have an account, you can create one quickly by specifying a user name, password, and e-mail address." The "When creating your username:" section includes instructions: "Choose something unique to you", "It must be a minimum of six characters", "You may use any combination of letters and numbers", and "Username is not case-sensitive". The "When creating your password:" section includes instructions: "Choose something unique to you", "It must be a minimum of six characters", "You may use any combination of upper & lower case letters, numbers and special characters (!@#%&*+=|<>?)", and "Password is case-sensitive and must be entered exactly the same way each time." Below these instructions are two input fields: "Username:" and "Password:".

Step 4: Select up to six 4-week courses or lectures or a combination of both for a max of 6 programs total!



Step 5: Click the Continue Shopping button to add more programs. You can also click the back button or TCU Silver Frogs in the purple banner to navigate between courses and lectures. You have from January 19 at 9am to January 22 at 4pm to make your selections—there’s no rush!!



Step 6: When you've selected your program requests, click Check-out

The screenshot shows a web browser window with the URL `dev.campusce.net/tcusilverfrogs/cart/index.aspx`. The page displays a shopping cart with the following items:

Item	Price	Action
SECURITI 9:00 AM-10:30 AM 3/6/2020-4/3/2020 4 Sessions BASS, Room: 1004 Instructor: Richard Selcer		Waitlist
Investing Foundations: Investing in Plain English Section A 3:00 PM-4:30 PM 2/6/2020-2/27/2020 4 Sessions SW, Room: 119 Instructor: Angela Tacco	\$0.00	Remove from Waitlist
Famous Supreme Court Cases on Sensitive Subjects Section A 1:00 PM-2:30 PM 3/6/2020-4/3/2020 4 Sessions SW, Room: 119 Instructor: Ronald Flowers	\$0.00	Remove from Waitlist
Bucket List Books Section A 9:00 AM-10:30 AM 2/6/2020-2/27/2020 4 Sessions SW, Room: 119 Instructor: Shari Barnes	\$0.00	Remove from Waitlist
Aloha Hawai'i Section A 1:00 PM-2:30 PM 2/24/2020-2/24/2020 1 Sessions SW, Room: 119 Instructor: Lewis Woodard	\$0.00	Remove from Waitlist
Bitcoin, Cryptocurrency, and Block-chain: A Very Brief Introduction Section A 3:00 PM-4:30 PM 3/24/2020-3/24/2020 1 Sessions DJKC, Room: Murphy Conference Room Instructor: Robert Frey	\$0.00	Remove from Waitlist
TOTAL:	\$0.00	

Below the cart items, there is a dropdown menu labeled "How did you hear about us?" with the value "--Select One--". At the bottom right of the cart area, there is a purple "Check Out" button. A red arrow points to this button from the right. Another red arrow points to the "Aloha Hawai'i" item from the left.

Step 7: You will see the programs you are requesting. Click Purchase (though there are no fees for the programs).

The screenshot shows a web browser window with the URL `dev.campusce.net/tcuisilverfrogs/cart/Checkout5.aspx`. The page displays a list of programs, each with a price of \$0.00. The programs listed are:

- 60's R&R: When the Music Was Hummable and the Lyrics Mattered** (Section A, 9:00 AM-10:30 AM 3/6/2020-4/3/2020, 4 Sessions BASS, Room: 1004, Instructor: Richard Selcer)
- Investing Foundations: Investing in Plain English** (Section A, 3:00 PM-4:30 PM 2/6/2020-2/27/2020, 4 Sessions SW, Room: 119, Instructor: Angela Tacco)
- Famous Supreme Court Cases on Sensitive Subjects** (Section A, 1:00 PM-2:30 PM 3/6/2020-4/3/2020, 4 Sessions SW, Room: 119, Instructor: Ronald Flowers)
- Bucket List Books** (Section A, 9:00 AM-10:30 AM 2/6/2020-2/27/2020, 4 Sessions SW, Room: 119, Instructor: Shari Barnes)
- Aloha Hawai'i** (Section A, 1:00 PM-2:30 PM 2/24/2020-2/24/2020, 1 Sessions SW, Room: 119, Instructor: Lewis Woodard)
- Bitcoin, Cryptocurrency, and Block-chain: A Very Brief Introduction** (Section A, 3:00 PM-4:30 PM 3/24/2020-3/24/2020, 1 Sessions DJKC, Room: Murphy Conference Room, Instructor: Robert Frey)

The total price is \$0.00. At the bottom right, there are two buttons: "Previous" and "Purchase". A red arrow points to the "Purchase" button.

Step 8: Go to My Account and select Course Priorities to rank order your requested programs

TCU Extended Education

HOME COMMUNITY EDUCATION TCU SILVER FROGS PROFESSIONAL EDUCATION CALENDAR SEARCH

TCU Extended Education > SILVER FROGS

SILVER FROGS

Welcome, Terry

Sign Out View Cart **My Account** Help

Account Overview

The Account Overview page allows you to review and correct your contact information (My Profile), change your Username and Password, review the orders you've placed and see the classes you've signed up for.

- My Profile
- Username & Password
- History
- Class List
- My Membership
- Course Priorities**
- View Transcript

Course Priorities

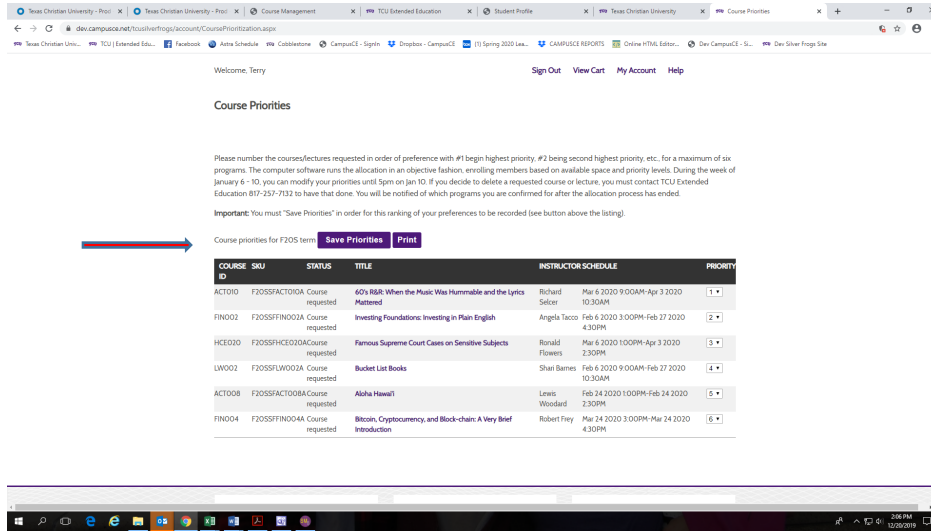
Please number the courses/lectures requested in order of preference with #1 begin highest priority, #2 being second highest priority, etc., for a maximum of six programs. The computer software runs the allocation in an objective fashion, enrolling members based on available space and priority levels. During the week of January 6 - 10, you can modify your priorities until 5pm on Jan 10. If you decide to delete a requested course or lecture, you must contact TCU Extended Education 817-257-7132 to have that done. You will be notified of which programs you are confirmed for after the allocation process has ended.

Important: You must "Save Priorities" in order for this ranking of your preferences to be recorded (see button above the listing).

Course priorities for F20S term **Save Priorities** **Print**

COURSE ID	SKU	STATUS	TITLE	INSTRUCTOR	SCHEDULE	PRIORITY
ACT010	F20SSFACT010A	Course requested	60's R&R: When the Music Was Hummable and the Lyrics Mattered	Richard Selcer	Mar 6 2020 9:00AM-Apr 3 2020 10:30AM	1
FIN002	F20SSFFIN002A	Course requested	Investing Foundations: Investing in Plain English	Angela Tacco	Feb 6 2020 3:00PM-Feb 27 2020 4:30PM	2
HCE020	F20SSFHCE020A	Course requested	Famous Supreme Court Cases on Sensitive Subjects	Ronald Flowers	Mar 6 2020 1:00PM-Apr 3 2020 2:30PM	3
LW002	F20SSFLW002A	Course requested	Bucket List Books	Shari Barnes	Feb 6 2020 9:00AM-Feb 27 2020 10:30AM	4
ACT008	F20SSFACT008A	Course requested	Aloha Hawai'i	Lewis Woodard	Feb 24 2020 1:00PM-Feb 24 2020 2:30PM	5
FIN004	F20SSFFIN004A	Course requested	Bitcoin, Cryptocurrency, and Block-chain: A Very Brief Introduction	Robert Frey	Mar 24 2020 3:00PM-Mar 24 2020 4:30PM	6

Step 9: After you've prioritized your program requests, YOU MUST CLICK SAVE PRIORITIES!!! That's it—you're all done! If you want to change your priorities, just go back to My Account and Click Course Priorities and make adjustments. If you want to drop a request, you must do that by calling TCU Extended Education, 817-257-7132. All requests must be completed by January 22 at 4pm.

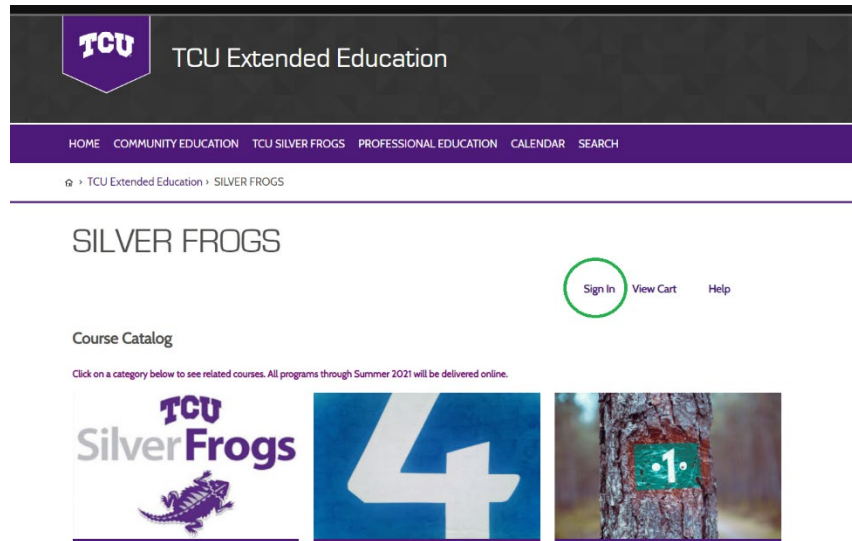


You will be notified by email of the programs you have been registered for no later than January 27th.

Forgot your User Name?

Go to: www.lifelong.tcu.edu

Click on TCU Silver Frogs and then on Sign In



Click on Find my User Name:

It must be a minimum of six characters

You may use any combination of upper & lower case letters, numbers and special characters (!@#%&^*+<=>?/)

Password is case-sensitive and must be entered exactly the same way each time.

Sign In to Existing Account

Username:

Password:

Sign In

[Find My Username](#)
[Reset My Password](#)

Enter your email address and then click Find My User Name.

SILVER FROGS

[Sign In](#) [View Cart](#) [Help](#)

Username Recovery

If you are unable to log in or forgotten your username, please follow the instructions below.

To recover your Username:

1. Enter the email address* associated with your student account.
2. Click on the **Find my Username** button
3. An email will be sent to you that includes any username associated with your email address.
**Note: The email address must be the same as the one you entered when creating your profile.*

Enter the email address you used for registration.

Email:

Find My Username

[Reset my Password](#)

[Return to Sign In](#)

[Contact Us](#)

Now check your email for a message containing your user name.

Oops! We all forget things sometimes.

Here is the username information you requested from our website: **trisha.obregon**

trisha.obregon@tcu.edu

You may use your username to log into your account here: [Click Here](#)

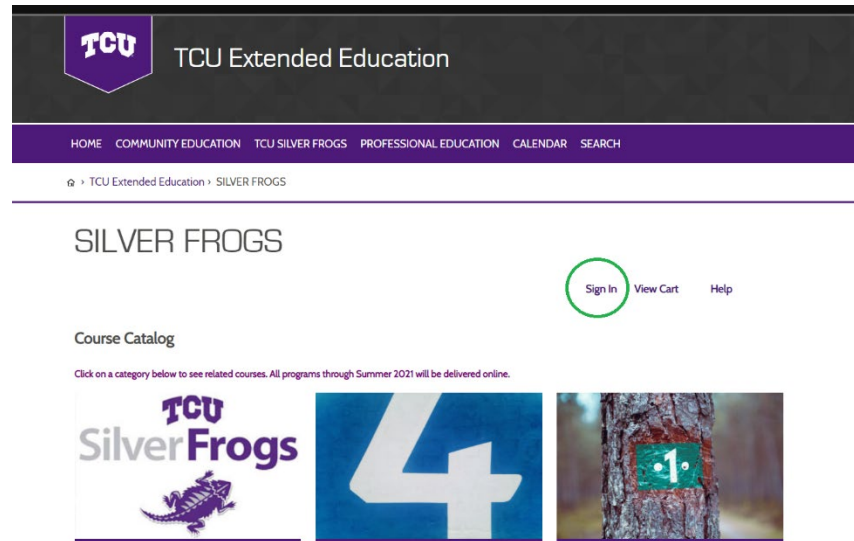
If you have a question or comment, please feel free to reply to this email, or call TCU Extended Education at (817) 257-7132.

Thank you!

Resetting Your Password:

Go to: www.lifelong.tcu.edu

Click on TCU Silver Frogs and then on Sign In



Click on Reset My Password:

Sign In

You must sign in to your account to register for courses.

To sign in, enter your user name and password.

If you don't have an account, you can create one quickly by specifying a user name, password, and e-mail address.

When creating your username:

Choose something unique to you

It must be a minimum of six characters

You may use any combination of letters and numbers

Username is not case-sensitive

When creating your password:

Choose something unique to you

It must be a minimum of six characters

You may use any combination of upper & lower case letters, numbers and special characters (!@#%&*+|=|<?/)

Password is case-sensitive and must be entered exactly the same way each time.

Sign In to Existing Account

Username:

Password:

Sign In

[Reset My Password](#)

Enter your user name and email address and then click Reset my password. (If you are not sure of your user name please follow the steps on the previous pages for finding your user name before you reset your password.)

COMMUNITY EDUCATION

[Sign In](#) [View Cart](#) [Help](#)

Password Reset

If you are unable to log in or forgotten your password, please follow the instructions below.

If you continue to have trouble, please contact our registration office.

To reset your Password:

1. Enter the unique username associated with your student account.
2. Enter the email address* associated with your student account.
3. Click on the **Reset my Password** button
4. An email will be sent to you with a temporary password for you to access your account.
**Note: The email address must be the same as the one you entered in your profile.*

Enter the email address and username you used for registration.

Username:

Email:

Reset My Password

[Find my Username](#)

[Return to Sign In](#)

[Contact Us](#)

Now check your email for a message. In the message make note (write it down or copy/paste) of the temporary password and then [Click Here](#)

Oops! We all forget things sometimes.

Here is the temporary password information you requested from our website.

Your temporary password: **f7pubvey**

Please update this password when you log in: [Click Here](#)

If you need help, please reply to this email or call our office at (817) 257-7132.

Thank you!

On this screen type in your user name and the temporary password that you received via email. Click Sign in.

Sign In to Existing Account

Username:

Password:

Sign In

At this screen – for Temporary/Old password enter the password that you received via email. Next, enter a new password and then retype the new password. Click Change Password.

Change Password

To change your password, please enter your temporary or old password followed by your new password:

Temporary/Old Password:

.....

New Password:

.....

Retype Password:

.....|

Change Password

You have now successfully changed your password.

Welcome, Trisha

[Sign Out](#) [View Cart](#) [My Account](#) [Help](#)

Change Username

Your current username: **trisha.obregon**

New Username:

Change Username

Change Password

To change your password, please enter your temporary or old password followed by your new password: **Your password has been updated!**

Temporary/Old Password:

New Password:

Retype Password:

Change Password

At the top of the screen, click Silver Frogs and then sign in using your new password.

SILVER FROGS

[Sign In](#) [View Cart](#) [Help](#)

Course Catalog

Click on a category below to see related courses. All programs through Summer 2021 will be delivered online.

