

St. Columba

Ecumenical Ministries, Inc. *Loaves* & *Fishes*

Spring 2010

"do justice...love mercy...unto the least of these..." Micah, Matthew

Board of Directors

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Will McKee
Vice President
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Secretary

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Virginia Armstrong
Bill Bertholf
Merlyn Blackwood
Butch Brenton
Mary Gantley
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Staff

Director of Ministries
Alicia Mathews
Assistant Director
Helmi Ortiz
Lead Case Manager
Ike Bingham
Case Manager
Melinda Robinson
Homeless Assistant
Krystle Pomory
Day Center Assistant
David Gungle

Volunteers

Virginia Armstrong
Bill Bertholf
Jackie Duncan
Cedric Harris
Don Hornick
Shelley Jensen
Carolyn Lett
Pat Pennington
Sam Saar
Joseph Spratley
Retta Swinson
Dan Sykes
Janet Thomas

In the 2009 Calendar Year St. Columba:

Helped 1,426 individuals in our Day Center.
Provided 2,168 showers.
Gave out 10,374 sandwiches.
Did 599 loads of client laundry.
Provided bus passes to 227 individuals.
Allowed 1,349 client phone calls.
Had 975 visits to our Clothing Closet.
Gave food to 2,530 individuals in 910 households.
Helped 43 families with rental and utility assistance.
Provided 969 prescriptions to 350 homeless persons.
Had 9 clients from Next Step move into permanent housing.

On Average:

We serve 55 persons a day in our Day Center.

80% of guests to our Day Center are male.

20% of guests are veterans.

25 persons visit our Clothing Closet each Monday.

75 families receive food from our Food Pantry each month.

Our Homeless Advocate meets with 130 persons each quarter.

Our Special Ministries:

Provided Easter baskets to 101 children.

Helped 238 children year with school supplies.

Gave out 148 Thanksgiving baskets.

And provided food and gifts to 50 families for the holidays.

See inside for ways you can continue to support our work! THANK YOU FOR YOUR HELP IN SERVING THOSE IN NEED!



DONATIONS FOR DECEMBER 2009 – FEBRUARY 2010

FINANCIAL

Bayside, Lafayette, Second, Norview, Knox, Squires Thalia Trinity, Wycliffe Presbyterian; Presbytery of Eastern Virginia; CFC, CCC, CVC, Christ the King, Blessed Sacrament Catholic; Fairmount Park, First, Larchmont, Great Bridge, Community United Methodist; Enoch Baptist; Faith Deliverance Church, SMOTJ, Church of the Epiphany, Warden Foundation, Farm Fresh Foundation; W. & R. Bertholf, G. Neil, C. Miskill, Capt. T. Smith, E. Baise, A. & H. Jensen, J. Stokley, J. Lego, E. & N. Pollock, H. & J. Ortiz,

D. & B. Damuth, R. Hidalgo, V. Armstrong, W. Prince, N. Bonney, J. Ramsey, A. & S. McCall, L. Greer, T. D. Morrison, S. Dinwiddie, M. Robinson, W. & M. Touray, R. & J. Labarge, S. Fudala, M. Berryman, S. & G. Notel, G. Dillon, P. Lichtenstein, B. & D. Stockburger, L. Wood Mays, S. & K. Wilson Elliott, M. & R. Hall, C. Patton, J. & K. Breitwieser, W. S. Baker, N. P. Gillette, D. Gantley, A. Rollins, H. Jones, B. McDaniels, H. Plessinger, P. Thompson.

IN-KIND

Bayside, Royster Memorial, Wycliffe, Lafayette, Norview, Calvin, Knox, Squires Memorial, Coleman Place, Covenant, Grace Covenant, First, Second, Third Norfolk, Presbyterian, Saesoon Presbyterian Church of Virginia; St. Stephens Episcopal; Norview, Fairmount Park, Community, United Methodist; Christ the King, Church of the Ascension, St. Pius X, Church of the Holy Family Catholic; Finding Refugee Ministry;



Enoch Baptist, Gethsemane Baptist; Laurel Ave. Church of Christ; Unitarian Church, The Fresh Market, Pizza Hut, Crossroad Lions Club, Plaza Bakery, Kentucky Fried Chicken, Hospitality for the Homeless, Hope House Thrift Store, Secular Franciscan Order, CDSI, Garrett Community, Ghent Montessori School, SMOTJ, USS Theodore Roosevelt, The Elk Lodge #38, Princess Anne Elementary School, Hollomon & Brown, Catholic Workers, Lakewood Plaza Residents, M. Allen, B. Bertholf, the Hornicks, R. Hidalgo, C. Inman, J. Lego, J. Bashara, L. Lewis, C. Bayma, A. Taylor, V. Armstrong, S. Haugh, M. Carreiro, S. Dinwiddie, B. Sykes, J. Birkel, K. White, B. Buch, C. Britt, P. Pennington, H. Barksdale, T. Bonk, A. Andrews, T. Watson, C. Seoane, E. Brevard, T. Sandifer, Borson, J. Wilson, D. Stockburger, N. & E. Pollock, T. Davis, M. Pennello, S. Mahler, K. Tedrow, J. Hudson, W. Smith, L. Greer, M. Robinson, H. Thompson, M. Blackwood, D. Burke, D. Kleeger, D. Harrell, S. Lenor, B. Busey, B. Greene, R. Smith, K. Mathews, F. Foreman, M Ortiz, T. Walton, S. Thomas, M. Guerva, L. Stith, A. Smith, H. Plessinger, N. Pace, N. Zimmerman, A. Allison, G. Gill, D. Basham, T. Anthony, J. Stokley.

If we have inadvertently omitted you, please call Alicia at (757) 627-6748.

Next Step Transitional Housing Success Stories

Next Step is a two-year transitional housing program for single homeless adults. We have 4 houses that are each home to 4 same-gender individuals who are working to overcome issues that perpetuate their homelessness. Case managers work closely with clients to make improvements in the areas of employment, budgeting, education, criminal history, substance abuse, physical and mental health, interpersonal relationships and life skills. As clients achieve their goals and reach their two-year mark, case managers guide them in finding appropriate housing where they can be independent, self-sufficient, productive members of society. Below are two success stories from recent graduates of the Next Step Program.

Jane

Jane became homeless after a relative with whom she was living passed and she had nowhere else to go. She was referred to Next Step by Union Mission, where she stayed prior to coming to transitional housing. While in the program Jane was nominated several times as employee of the month at her job as a security guard. She even received a pay raise because of her stellar performance. The most relevant change Jane underwent was solely because of the research and dedication of her Case Manager, Sharon Nelson. This dedication allowed Jane to undergo a complete dental makeover. Dentists removed rotten teeth and replaced them with new dentures, all free of charge. This outward change quickly transformed inward and it showed. Jane left the program successfully after only one year. In the end Jane received an unbeatable opportunity for an upstairs apartment. Jane is still living in Norfolk and is enjoying her life as an independent woman.

Melvin

Melvin entered the Next Step program in January of 2009. Although he got off to a slow start, the encouragement and guidance of his case manager allowed him to soon find his direction and make great steps towards overcoming his homelessness. During his 13 months in the program he completed all of his goals on his Individual Development Plan, including remaining clean and sober, pay off all court fines, being accepted into the drive-to-work program and getting his license back for transportation to and from work. He completed the Up Center's Spotlight Books program with perfect attendance and excellent job performance, leading him to full time employment as a Spotlight Books staff member. Melvin was accepted into the Shelter Plus Care program, which assists homeless individuals with permanent supportive housing, and now has his own apartment. He continues to attend church on a regular basis, to maintain his sobriety and to live as an independent and self-sufficient individual.



AND FUNDRAISER

The Board of St. Columba has decided to alter this year's annual fundraiser to a paper format to make it easier for more people to participate. We are having an **Absentee Auction** where no one is required to attend and all bids will be submitted via mail using this form. Please keep in mind the following:

- To bid on items, complete, detach and mail in this page; all forms must be received by **April 30, 2010**.
- All items have approximately half their retail value as their starting bid; please bid in whole dollar amounts.
- Print all information clearly and legible or we may not be able to process your submission.
- The high bidder will be contacted to make arrangements to pay for and pick up items.
- Only checks and cash can be accepted as payment.
- To view pictures of items, read complete item descriptions and learn other ways to participate visit our website at www.stcolumbaministries.com and click on our Auction page.
- If you are not interested in bidding on any items but would still like to support our fundraiser, please complete the bottom section and see donation amounts with examples of how your donation helps.

#	Item	Value	Minimum	Your
	(GC = Gift Card / Gift Certificate)		Bid	Maximum Bid
1	AAA Basic Membership	\$62	\$31	
2	Virginia Zoo Passes (4)	\$28	\$14	
3	Cinema Café Passes (10) #1	\$38	\$19	
4	Cinema Café Passes (10) #2	\$38	\$19	
5	Citgo Gas Cash Card #1	\$50	\$25	
6	Citgo Gas Cash Card #2	\$50	\$25	
7	Abbey Road Pub and Restaurant GC	\$50	\$25	
8	Wine Basket #1	\$50	\$25	
9	Wine Basket #2	\$30	\$15	
10	Italian Basket & Farm Fresh \$25 GC	\$120	\$60	
11	Planter and McDonald's Garden Center \$50 GC	\$76	\$38	
12	Chocolate Lovers Basket	\$64	\$32	
13	California Pizza Kitchen GC #1	\$50	\$25	
14	California Pizza Kitchen GC #2	\$50	\$25	
15	McCormick & Schmick's Seafood Restaurant GC #1	\$50	\$25	
16	McCormick & Schmick's Seafood Restaurant GC #2	\$50	\$25	
17	Ruth's Chris Steakhouse GC #1	\$50	\$25	
18	Ruth's Chris Steakhouse GC #2	\$50	\$25	
19	Nautica Men's Watch Light Face Brown Band #1	\$175	\$88	
20	Nautica Men's Watch Dark Face Black Band #2	\$175	\$88	
21	Ruby Tuesday GC	\$25	\$12	
22	Lillian's Restaurant GC	\$25	\$12	
23	The Gallery at East Beach GC	\$25	\$12	
24	Amway Global: Ribbon Gift of Choice GC	\$40	\$20	

Your Information (please print clearly!):

Name:	Phone(s):			
Address:	· · · · · · · · · · · · · · · · · · ·			
Email:				
· ·	items, but am including the followin	_		
□ \$20 (1 week of bus passes)	\square \$50 (1 month of bus passes)	□ \$100	(utilities for 1 family)	□ Other:
□ \$250 (food for 5 families)	□\$500 (Rx assistance for 5 clients)		□ \$1,000 (one month	of Day Center utilities)

St. Columba Ecumenical Ministries, Inc 2114 Lafayette Blvd. Norfolk, VA 23509 Ph. (757) 627-6748 Fx. (757) 622-2569 admin@stcolumba.hrcoxmail.com www.stcolumbaministries.com Return service requested.

Participate in our Absentee Auction! See inside for details!

Spring 2010

St. Columba Special Needs

St. Columba
Ecumenical Ministries, Inc.

Absentee Auction

This year it's easier than ever to participate in St. Columba's annual fundraiser! You can view items, make bids and support the work of our agency from the comfort of your own home. To participate simply complete the form inside this newsletter and mail it to be received by April 30, 2010. Visit our website to see pictures and read item descriptions. All proceeds go to sustain the many programs of St. Columba Ecumenical Ministries, Inc. We need your participation in this event!

ONGOING DAY CENTER NEEDS

Coffee, Razors, Travel Size Lotion, Travel Size Toothpaste, Toothbrushes, Spray Deodorant, Wash Cloths, Toilet Paper, Paper Towels, Disinfectant, Disposable Gloves, Hand Sanitizer,



Our Food Pantry Needs: Rice and Spaghetti Sauce

WE NEED BROWN PAPER BAGS!

Donations are accepted during normal office hours, Monday through Friday from 8 AM to 4 PM.