



# **St. Helena Hospital Foundation 2017 Annual Impact Report**

When you're grateful – we're grateful!

ST. HELENA HOSPITAL FOUNDATION



Supporting Adventist Health St. Helena  
in its mission to inspire health,  
wholeness and hope.



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## A Message from the Foundation CEO and Hospital President



*Susan Dix Lyons and Dr. Steve Herber*

Thank you for your support of the St. Helena Hospital Foundation. Since 1878, Adventist Health St. Helena has served the needs of Napa Valley residents, honoring and building upon our roots in wellness while developing a reputation as a world-class institution in specialty care and destination medicine. Our hospital stands alone among community hospitals in the country, delivering state-of-the-art medicine that leads the field in both patient experience and advanced technology.

Through your generous support in 2017, we've been able to accomplish the following exciting improvements and advances:

- **New Beds throughout the Hospital.** Our upgraded high-tech beds improve the patient experience and increase patient and caregiver safety, decreasing the risk of falls and pressure ulcers, and improving care management.
- **13 New Monitors and Defibrillators.** Effective defibrillation is critical to increasing survival rates from sudden cardiac arrest. This new equipment replaces outdated machines throughout the hospital and offers new technologies such as real-time display of CPR quality metrics.
- **Yag Eye Laser Treatment.** Our new Yag Eye Laser improves access to care by allowing our cataract surgery patients to complete treatment at the hospital. Nearly half of all patients need Yag Laser treatment following cataract surgery in order to treat “capsule clouding,” which blurs vision.
- **Renovated Behavioral Health Inpatient Rooms for Youth.** Adventist Health Vallejo (Center for Behavioral Health) remodeled five inpatient rooms for kids and teens. The cheerful rooms support healing for the young patients, who receive evaluation and crisis intervention addressing a range of diagnoses including depression, anxiety, bipolar disorder, psychosis and severe attention deficit hyperactivity disorder (ADHD).
- **Cancer Clinical Trials Program.** The Martin-O’Neil Cancer Center Clinical Trials Program, in affiliation with UCSF Medical Center, ensures patients have onsite access to clinical trials. As part of this effort, we launched our first Regional Breast Cancer Tumor Board—a group of oncologists, radiologists, pathologists and surgical specialists from several Adventist Health hospitals who review cases together.

These are only a few of the advances we've been able to make because of you. Thank you for being a vital partner in the mission to transform the health of our communities. We look forward to working with you to support the hospital's continued leadership on the frontier of health.

Gratefully,

Susan Dix Lyons  
Foundation CEO

Steve Herber, MD  
President



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**Susan Dix Lyons**  
 President and CEO  
 St. Helena Hospital Foundation

**Steven Herber, MD**  
 President  
 Adventist Health St. Helena

“A strong local hospital is vital to a thriving community, but it requires extra effort from all of us. Being a part of hospital leadership allows me to ensure we’re going the extra mile to provide the excellence we all deserve.”

**PATRICK STOTESBERY**



# Timing is Everything

Late one evening last August, Jim Smith learned seconds can be the difference between life and death. Jim knew something was wrong—complaining of severe chest pain, he called for his wife Lorinda, who raced to his side. As a nurse, she immediately started CPR as his daughter Alura called 9-1-1.

First responders arrived, attempting—unsuccessfully—to revive Jim. After more than an hour, the paramedics finally stabilized him and rushed to the Adventist Health St. Helena (AHS) emergency room. However, Jim remained unresponsive.

Then, after 10 long minutes, there was hope: Jim became responsive enough to be transferred to the catheterization (cath) lab. Cardiologists Jeong Park, MD and Monica Divakaruni, MD placed stents and a balloon pump, and then the skilled Intensive Care Unit (ICU) team took over.

A few days later Jim was transferred to the Heart and Vascular Unit, where he quickly received rehabilitation services to help him with any memory loss.

“The support I received and continue to get from Hospital staff is mind-blowing. I can’t come close to being able to give what I received.”

**JIM SMITH, GRATEFUL PATIENT**

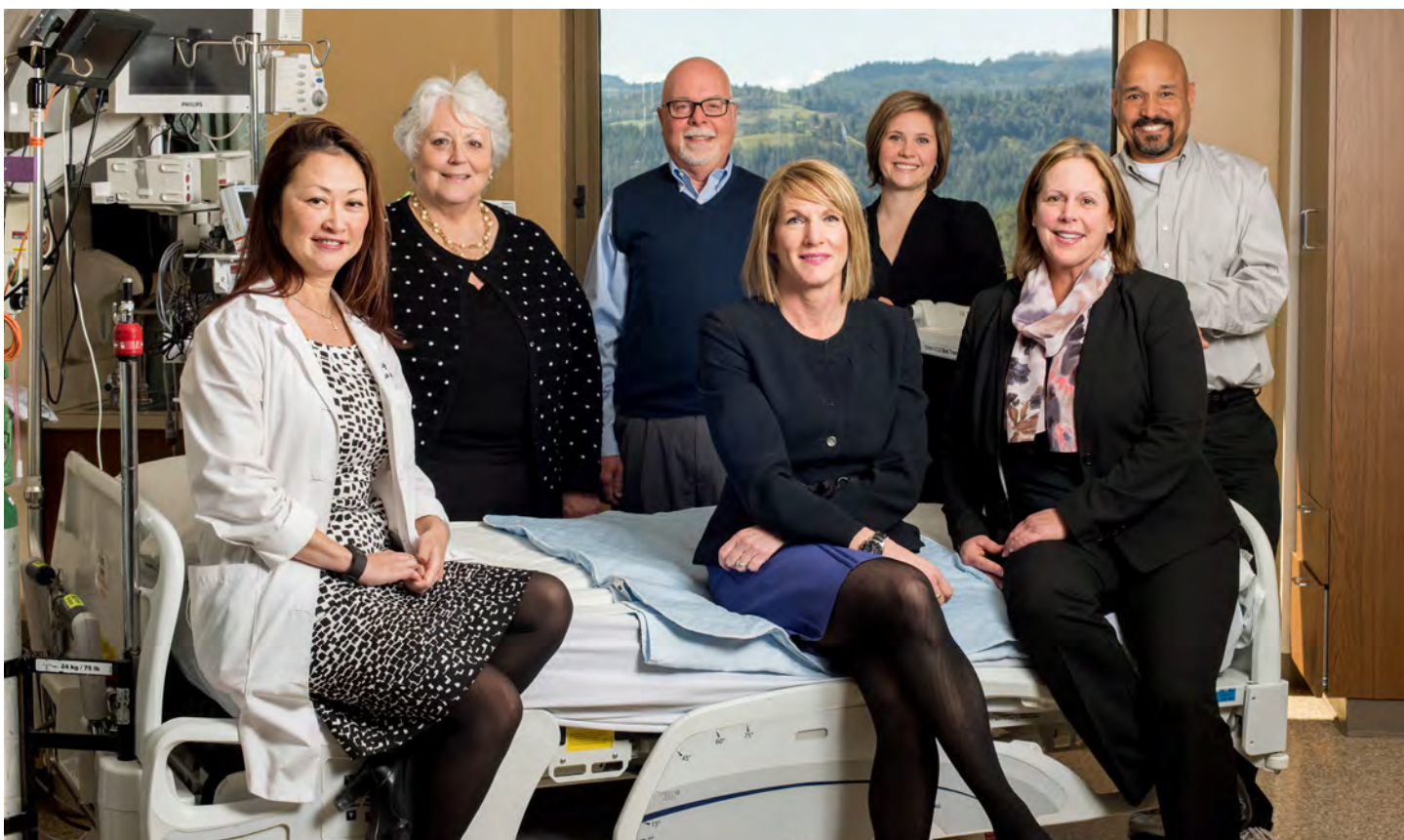


Thanks to the stellar AHS clinical team, Jim transitioned to a care center just two weeks after his near-death experience. He was sent home only a few weeks later, and is now recovering—both physically and mentally—thanks to the ongoing care from the rehabilitation team and cardiac electrophysiologist Dan Kaiser, MD.

Although Jim doesn’t remember much about his heart attack, he is certain the AHS team of talented caregivers saved his life. He realizes when a single moment can change your life, you can take comfort in knowing you have advanced medical care in your own community.

“There are not enough words to describe my gratitude, I feel blessed to be close to such a great hospital. I don’t know if my husband would have received this level of care anywhere else.”

**- LORINDA SMITH, WIFE**



*Adventist Health St. Helena Employee Giving Campaign Cabinet, front row, Patty Hsu, Chair, Kimberly Meredith, Ericka Iten, back row, Peggy O'Neil, Mike Dunn, Shauna Finley, Stephen Wallace*

## Comfort & Healing

Thanks to AHSB employees, and players and sponsors of the Volley in the Valley tennis tournament, over \$400,000 was raised to replace or upgrade every patient bed throughout the Hospital. These new high-tech beds and enhancements—purchased with your gifts—provide features to improve patient safety, outcomes, comfort and experience.

- **Enhances patient comfort & safety**
- **Improves caregiver safety**
- **Advances the standard of patient care**

“The new beds have numerous features that improve care management, such as helping to reduce the risk of falls, reducing pressure ulcers and alerting staff to patient needs. But most importantly, we want our patients to be comfortable while we give them the best possible healthcare experience.”

— NIA LENDARIS, RN, CNS,  
VICE PRESIDENT OF PATIENT CARE

“During my stay at the hospital, I was able to sleep soundly.  
The bed was so comfortable.”

— PATIENT, AHSB





*Leslie Mansfield*

## When Your Life Takes an Unexpected Turn

Leslie's life took an unexpected turn—from carefree days, to a multi-year fight for survival. Leslie was in disbelief when she was diagnosed with Stage IV inflammatory breast cancer. Guided by her trusted medical team, Leslie underwent chemotherapy and radiation treatment, a double mastectomy, and an ovariectomy. After overcoming seemingly insurmountable odds, you can imagine Leslie's shock upon hearing devastating news just a year and a half later: She had leukemia.

With Leslie's own determination and positive spirit, her husband Richard's love and support, and our expert medical care, Leslie has overcome every hurdle she's encountered. Though her journey to fully-restored health continues, she is confident her future is in the most capable and caring hands at Adventist Health St. Helena.

“One afternoon, as I was dozing off, my doctor came in to check on me wearing his white coat, and I thought he was an angel. He sat down and talked with me for an hour. Tammy, in the lab, would come up and visit me and bring me magazines to read. Dr. Ethan Schram brought his two young boys in to visit me and lift my spirits. And, I loved all the nurses so much. Words just can't express how meaningful their kindness was to me. I wouldn't go anywhere else for my care.”

**-LESLIE MANSFIELD, GRATEFUL PATIENT**

“What's remarkable about Leslie is not that lightning struck twice, but that she is living with real purpose and hope despite what she endured.”

**- ETHAN SCHRAM, MD**

# It's for the Kids

For more than 30 years, Adventist Health Vallejo (AHVO) has been serving the mental health needs of children from our community and throughout California. The need is staggering: with fewer than 60 inpatient psychiatric beds for children statewide—and 10% located at AHVO—our program is full year-round. In 2017, 641 children and teens received professional, compassionate care for a range of diagnoses, such as depression, anxiety, bi-polar disorder and psychosis.

Thanks to the generous support of AHVO employees and physicians, and an inspiring matching gift from supporters Deborah and Kenneth Novack, five kids' inpatient rooms were remodeled, creating a better healing environment.

“Patients and their families, employees, and our medical staff are happy and excited about the new and improved look of our Children's Unit. The department is much brighter and more healing, and brings smiles to the children and their families we serve. Thank you for your support in making this vision a reality!”

– KEVIN GERBER, ASSISTANT VICE PRESIDENT  
OF BEHAVIORAL HEALTH



- **Promotes a sense of belonging**
- **Creates a stress-free and safe environment**
- **Supports healing**

“We realize how important the well-being of children is—both in our community and beyond. Past, present, and future philanthropy ensures that facilities and services will be available for the kids.”

– DEBORAH & KENNETH NOVACK, DONORS





*Apryl Satterlee*

## Pain-Free and Loving It!

Apryl's life revolved around "what will not hurt." Three years after damaging her knees, she was still in great pain and discomfort. She visited several doctors who had told her she was too young for a knee replacement, so they tried to lessen the pain with medication and injections. At age 45, Apryl thought "This is as good as it is going to get."

Fortunately, Apryl met Dr. Ryan Moore from the Coon Joint Replacement Institute. Dr. Moore gave her hope when he said, "Age is not what we look at here; we look at the knee." After examining Apryl's knee, Dr. Moore saw how degraded the joint was and recommended surgery.

Apryl had surgery at 9:00 a.m. on a Thursday, and went home at 9:00 a.m. the next day, able to put full weight on her leg and walk around the house. Since then, she has been enjoying an active and fulfilling life—pain-free.

"The Coon Joint Replacement Institute is so cutting-edge and phenomenal. It gave me my life back. I am able to fully function and do what I love to do—nursing, taking care of babies."

APRYL SATTERLEE — GRATEFUL PATIENT

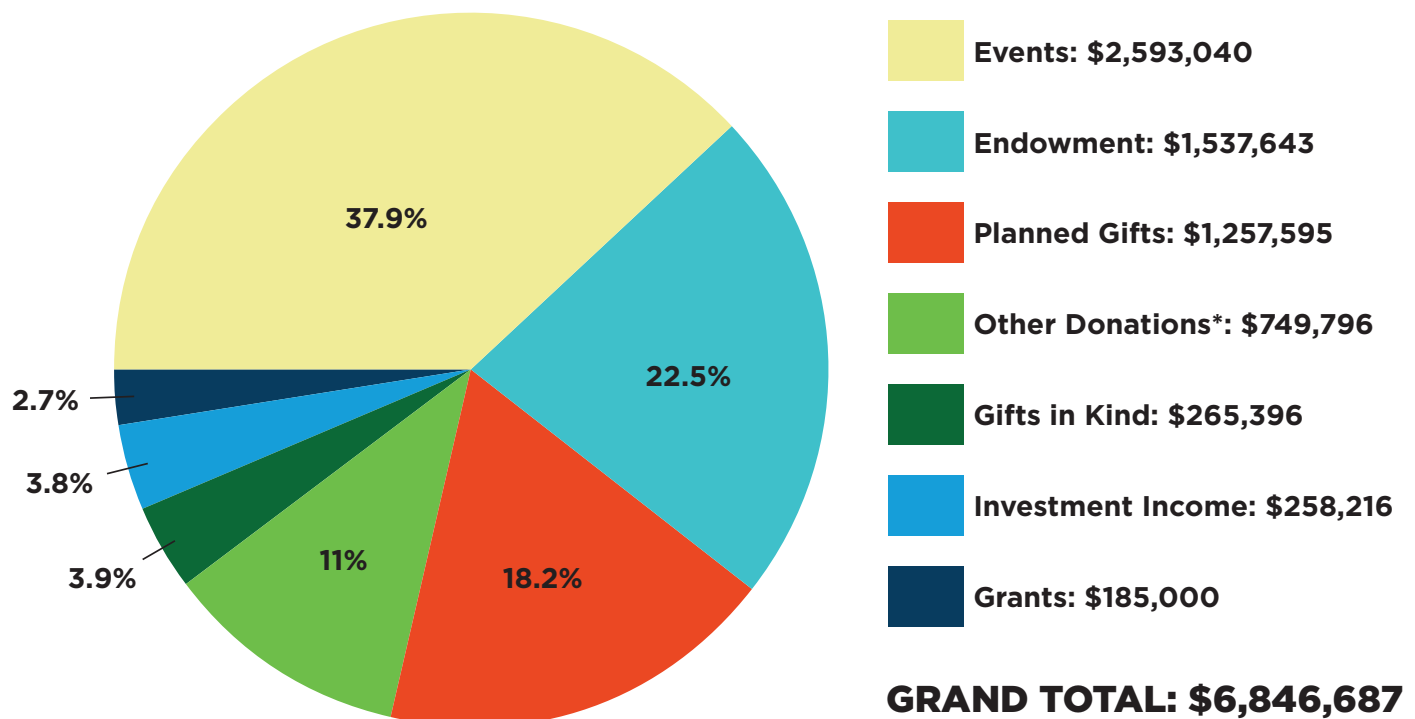
# The Impact of Philanthropy— Donors' Dollars at Work

In 2017, St. Helena Hospital Foundation's donors helped to ensure that our community receives the highest level of health care available by making \$6,846,866 in charitable gifts to our hospital.

Thanks to our faithful donors, the Foundation was able to distribute the funds to help Adventist Health St. Helena:

- Build and renovate areas to provide a healing environment for our patients;
- Purchase new equipment and life-saving technology for our physicians and care providers;
- Provide innovative clinical treatments and access to the best care available;
- Endow funds for the future that will ensure access to health care for our community in the years to come.

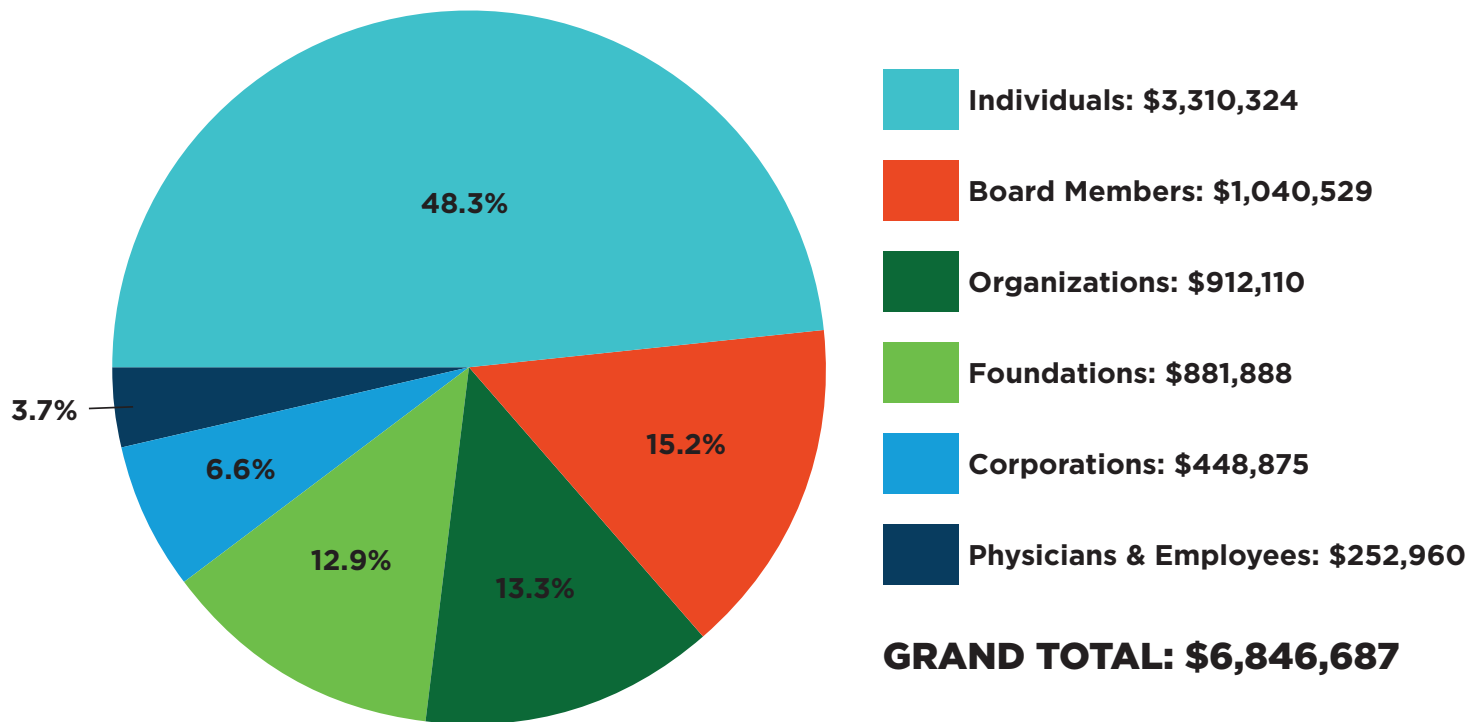
## How Donations Were Raised



\*Includes unsolicited gifts as well as donations made through employee giving, capital, direct mail and other special campaigns.

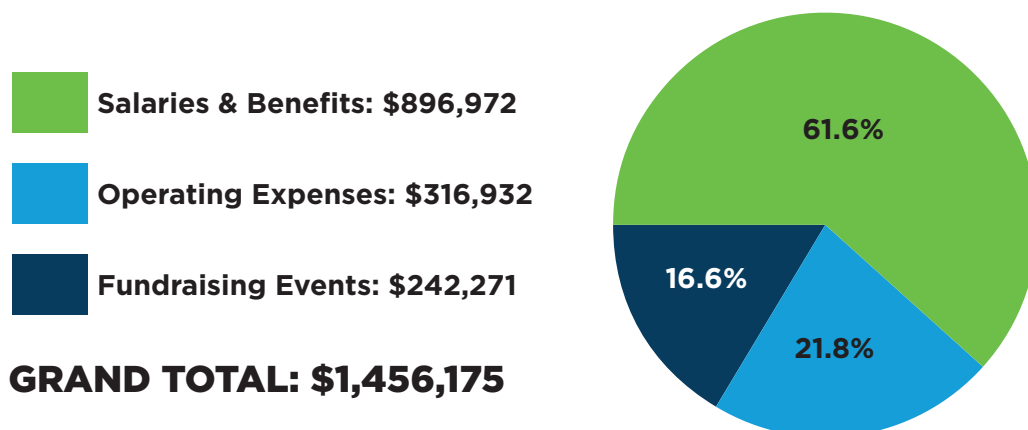


## Giving Totals by Type of Donor

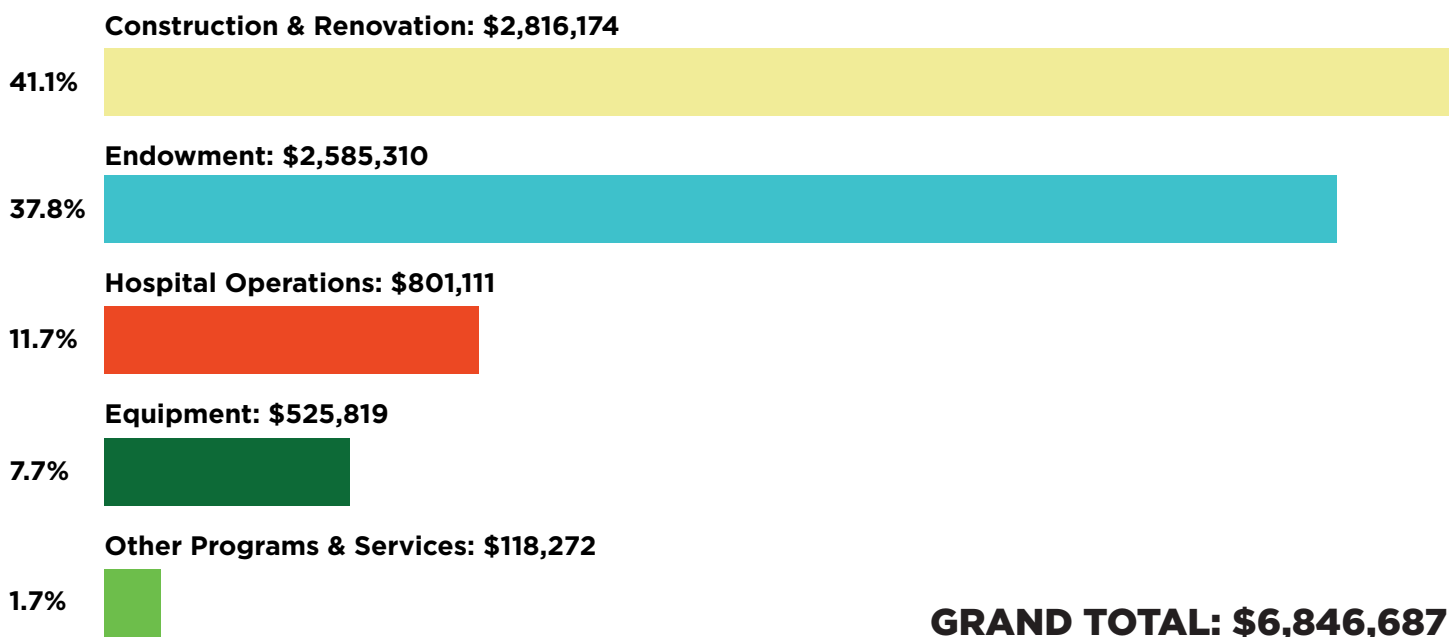


## Foundation Expenses

Adventist Health St. Helena covers 100% of the Foundation's salaries and benefits, and operating expenses. The Hospital's commitment to philanthropy allows the majority of donations to be allocated to patient care.



# What Your Donations Funded



## Construction & Renovation: \$2,816,174

Funds were distributed to help pay for renovation costs at the Vermeil House in Calistoga to expand access to health care in the upper valley. Plans include offering imaging services and access to primary care, specialists (currently a cardiologist) and a full-time nurse practitioner, supported by an internist.

## Endowment: \$2,585,309

The Foundation is committed to raising funds for the long-term benefit of our community. Endowed funds help ensure that access to health care is available for future generations.

For example, the Kary and David Duncan Endowment for Medical Innovation supports a leading medical professional to connect research with patient care. Current chair, cardiac electrophysiologist Dan Kaiser, MD, is conducting a clinical trial for patients with heart failure, which one in five adults will develop during their lifetime. Dr. Kaiser's goal is to balance heart function and improve breathing for patients with heart failure.

## Equipment: \$525,819

Patients benefit from the purchase of new medical equipment and technology, including new patient beds throughout the hospital; a YAG eye laser for patients following cataract surgery; remodeled inpatient rooms for children and teens at Adventist Health Vallejo (Center for Behavioral Health), and a high-tech prostate imaging machine.

## Hospital Operations: \$801,111

The Martin-O'Neil Cancer Center and Adventist Health Heart and Vascular Services received top designations from donors to help with program operational costs.

## Other Programs & Services: \$909,373

Charity care, research for cancer clinical trials, and community benefit programs are beneficiary of funds in this category.



# THANK YOU

Thank you for supporting Adventist Health St. Helena. Because of your support, we're able to provide innovative, quality care for our community and beyond. Your support ensures that you and your loved ones have convenient access to the latest health care technology, programs and services. Many thanks for helping us to improve and save lives.

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