## St. Joseph High School

## MINI COURSES

January 7-10, 2020

## Bell Schedule - UPDATED

Period 1: 7:45-9:15am

Break: 9:15-9:25am

Period 2: 9:25-10:55am

Break: 10:55-11:05am

• Period 3: 11:05am-12:35pm

## Httendance Policy

- A student may miss one day of class with a doctor's note.
- Missing one day unexcused or more than one day excused will result in losing credit for the course(s).
- Students who do not earn the required .75 mini course credits (.25 credits per class) will be required to forego a free period in their senior year and enroll in an elective semester course in order to graduate.

## Discipline and Dress Code

 All regular discipline policies will be enforced, and the regular dress code will apply with the exception that students will be permitted to wear appropriate t-shirts. Athletic pants/shorts are approved and leggings cannot be worn unless appropriate shorts are worn over them.

#### **PLEASE NOTE:**

- All students will enroll in three mini courses.
- No one will be allowed to repeat a course taken in a previous year.
- Sex Respect is a **required** course for **freshmen**.
- ALL COURSE FEES AND SIGNED PERMISSIONS SLIPS ARE DUE AT REGISTRATION.

## Registration Schedule

#### ALL COURSE FEES AND SIGNED PERMISSIONS SLIPS ARE DUE AT REGISTRATION.

- Seniors: Tuesday, November 19
- Juniors: Wednesday, November 20
- Sophomores: Thursday, November 21
- Freshmen: Friday, November 22

#### Period 1

AP 2D Art & Design Studio

**Camp Games** 

Crocheting, \$5

**DIY Print Publishing** 

Fun with Fashion!

How to Find Your Soulmate

Life Skills

Movie Script Writing

Painfully Funny: Slapstick Comedy

Rummikub

Save a Life, \$6

SJHS Heritage

Self-Defense\*

Sex Respect\*\* (9)

Sports & College

Sustained Silent Reading

That's Puzzling

**Twisted Fairy Tales** 

Volleyball\*

Period 2

Audible Visuals

BBQ / Lifetime Games

Beginning French

**Board Games** 

Children's Cinematics

Crafts DIY, \$10

Crocheting, **\$5** 

**DIY Print Publishing** 

Outbreak! Virus Hunters, \$6

Own Business? Dream Vacay?

How Do You Get There?

Monopol-we!

Painting, **\$10** 

Poppin' Piñatas, \$5

Sex Respect\*\* (9)

Spring Musical Prep

Story Boarding

Sustained Silent Reading

Time Management Skills

We Got the Beat

Period 3

AP Chemistry Lab

BBQ 101\*, \$20

**BBQ / Lifetime Games** 

Beginning French

**Book Creation, \$5** 

Camp Games

Country Music: Cash-N-Carrie

Crafts DIY, \$10

For the Love of Disney

Hero's Journey

I ♥ the '90s

The Science Competition, \$5

Sex Respect\*\* (9)

Sports & College

Succulents, \$10

We Got the Beat

Weight Training\*

WWII Experience, \$5

**KEY** 

\*Permission Slip REQUIRED

\*\*Special Permission Slip Required

(9) Mandatory 9th Grade Class (choose 1, non-filled period)

## AP 2-D Art & Design Studio

Mrs. Otremba, D-2

In preparation for AP Art Portfolio submissions, those enrolled in AP Art must take this extended class. Students will work toward portfolio submissions.

Max Enrollment: 10

Items students need to bring for class: <u>iPad.</u>

Prerequisite: REQUIRED for AP 2-D Art & Design students

## **Camp Games**

Mr. Halloran, D-3

vill learn play games commonly played at summer camps across the nation. Games include, but are not limited to, Kemps, Spoons, Mafia, and Superfriends.

Max Enrollment: 20

Items students need to bring for class: One deck of cards (per student).

## Crocheting (I or II)

Mrs. Meza, E-9



Learn the basic stitches to crochet a scarf or blanket.

Finish a scarf or begin a blanket.

Max Enrollment: 30

Fee: \$5 for one crochet hook and one spool of yarn DUE AT REGISTRATION

## **DIY Print Publishing**

Mr. Yurasek, E-8

From punk rock to Star Trek fan fiction, 'zines (aka "fanzines") have been a creative outlet for lovers of not-so-mainstream topics.

Employ your creative writing and artistic skills and love of a chosen topic to create your very own 'zine.

Max Enrollment: 15

Items students need to bring for class: <u>Students must have a topic selected</u> <u>before start of mini courses, and should bring at least one print magazine for class use.</u>



http://support.epson.net/fun/ww/?LG2=EN&OSC=WS&MKN=&PINF=fcont\_83

#### **Fun with Fashion!**

Ms. Davis, E-5

This class will introduce you to the exciting world of fashion! We'll talk about history, trends, and elements of design, all while working on your own fashion portfolio!

Students will demonstrate an understanding of fashion trends, history, and design by creating a portfolio of a five-piece collection to be shown at the end of the course.



https://www.icollector.com/Audrey-Hepburn-Holly-Golightly-costume-plot-sketches-by-Edith-Head-for-Breakfast-at-Tiffany-s\_i31870131

Max Enrollment: 30

Items students need to bring for class: <u>Drawing implements</u>, <u>sketchbook</u>, <u>iPad</u>.

## **How to Find Your Soulmate**

#### Without Losing Your Soul

Mr. and Mrs. Halsell, C-2 and D-5 (there will be separate sessions for males and females)

In this class, Mr. and Mrs. Halsell with explore with you what it means to let God write your love story. Honest and practical, this class challenges cultural assumptions about relationships and provides solid, biblical alternatives to society's norm which oftentimes leads to disappointment and heartache. Mr. and Mrs. Halsell will share stories of their dating struggles and things they learned along the way, ultimately leading them to let God write their love story. You will learn practical ways to identify relationship types you should avoid but also, how it is you know you have found a person worth dating and possibly marrying. You will learn how to foster meaningful relationships with the opposite sex without the pressure of sexual intimacy getting in the way.

Max Enrollment: 28

#### Life Skills

Mr. Davis, E-1

Open forum for students to discuss adversities in high school and those they will face in life. The instructor will teach skills to manage stress by teaching life skills through faith.

Learn skills to maneuver through life.

Max Enrollment: 30

Items students need to bring for class: Paper and pens or pencils.

## **Movie Script Writing**

Mr. Stark, D-6

Have you ever wanted to write a script for TV or for the movies? Do you have a wild imagination and just have to get it all on paper? This class will show you the fundamentals of writing scripts that will allow your imagination to soar! Then in groups you'll get to act them out!

All students will be able to utilize scriptwriting software, learn specific key terms, and write a functional script.

Max Enrollment: 20

Items students need to bring for class: Notebook.

## Painfully Funny: Slapstick Comedy

Mr. Head, C-3

From court jesters to the Three Stooges, to Wile E. Coyote, to Homer Simpson, slapstick comedy has brought joy to generations of people. Join us in gaining an understanding of just why this form of comedy is so appealing, through movies, TV, and performance. Be prepared to get up and move!



https://www.atlasobscura.com/articles/whv-do-people-throw-pies

Students will be able to explain the nature of this form of comedy and identify the reasons it has been successful for centuries.

Max Enrollment: 20

#### Rummikub

Mrs. Chavez and Mrs. Cochiolo, C-1

Rummikub is a tile-based game combining elements of the Rummy Card game and Mahjong. The unique combination of tactical thinking, luck, and tense combination has made this classic family game one of the most successful games over the past 70 years!

Participate in the game of Rummikub and use logical thinking to manipulate and strategize moves to eliminate all the tiles in their possession.

Max Enrollment: 40

#### Save a Life

Ms. Franco; Guest Instructor: Mr. Penner; E-7

Learn how to give CPR and be prepared to save a person's life. Mr. Penner will be here to teach you what you need to know and how to be prepared. 27 states required seniors graduating to know how to give CPR. It is that important!

Students will know how to assess a CPR situation and know proper CPR skills if needed in a situation.

Max Enrollment: 12

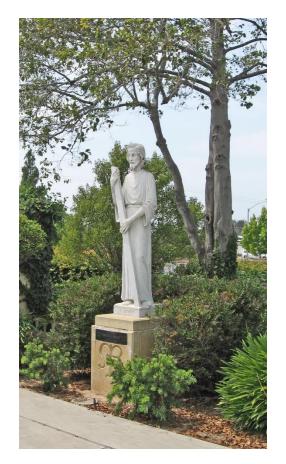
Fee: \$6 for certificates DUE AT REGISTRATION

## **SJHS Heritage**

Fr. Ed Jalbert, CJ; E-11

Learn about the founding, traditions, and international connections of your high school.

Includes tours of campus sites.



Max Enrollment: 24

#### **Self-Defense**

Mrs. Hartman; Guest Instructor: Mr. Ruiz; Wrestling Room

Come learn the basics of self-defense from SJHS Alum Mr. Chris Ruiz, owner of Santa Maria Brazilian Jiu Jitsu.

Learn the basic skills needed to defend yourselves and make you aware of your surroundings.

Max Enrollment: 36 (MUST BE EVEN #)

Items students need to bring for class: Wear athletic clothing.

Permission Slip: <u>✓</u> for potential safety issue.

## **Sex Respect**

Mrs. Gregory; Guest Instructors: Cindy Hoya, The Culture Project; Library

Learn about healthy relationships and gender respect, as well as fetal development, the results of STI's, etc.

Learn the Roman Catholic Church teachings on healthy relationships, sexuality and chastity.

Max Enrollment: 35-40

Prerequisite: **REQUIRED for ALL freshmen** 

Permission Slip: <u>✓</u>

## **Sports & College**

Mr. Jauregui, E-2



Get a 4-day crash course of what you need to do in order to play in college and what to expect when you get there.

Topics covered include grade/test score requirements, how to get seen by college coaches, and a day in the life of a collegiate student athlete.

Max Enrollment: 24

Items students need to bring for class: Paper & pen (no iPad).

https://upload.wikimedia.org/wikipedia/commons/0/0c/Sport\_balls.svg

## **Sustained Silent Reading**

Mrs. McDonald, D-4

Do you have reading required over the Christmas Holiday? Do you know that you will probably not do it all? Then sign up for SSR and get that holiday reading done before classes begin, or read one of those books on the stack next to your bed that has been waiting for your attention. Bring a book and enjoy quiet, structured time to complete your work.

Max Enrollment: <u>15</u>

Items students need to bring for class: SJHS required reading book or fun reading book with at least 250 pages.

## **That's Puzzling**

Mr. Noe, D-1

Do you like crosswords, jigsaw, sudoku and other puzzles? How about mind-boggling games, mental twists and turns, or stories of mystery and wonder? Both fun and challenging, this class will test your ability to put the pieces together.

This class will encourage using the brain via constructive thinking and deductive reasoning.

Max Enrollment: <u>25</u>

## **Twisted Fairy Tales: Happily Ever After?**

Mr. Krob, E-4

Fairy tale movies will be compared on several levels such as archetypes, themes, and morals. Also, the class will explore various movie formats, from live action to stop-motion to computer generated with techniques used in each being discussed and evaluated. This year's movies *may* include **Stardust**, **Tangled**, **Enchanted**, **Princess Bride**, or **Wall-E**. Also, there will be a Trivia Contest.

Compare and contrast traditional fairy tales with their modern equivalents in film.

Max Enrollment: 28



https://www.pinterest.com/pin/580823683165365559

## **Volleyball Basics**

Ms. Abeytia, Gym

Learn the basics of volleyball and play against others during scrimmage games.

Students will learn how to play volleyball.

Max Enrollment: 24

Items students need to bring for class: Athletic shoes and clothing.

Permission Slip: **✓** for potential safety issue.

## **Audible Visuals**

Mr. Noe, D-1

"Every picture tells a story," and your artwork—drawings, computer graphics and more—will come alive as you are inspired by listening to short stories from "Audible."

Create visual art that complements storytelling.

Max Enrollment: 25

Items students need to bring for class: Personal drawing materials if you prefer.

## **BBQ / Lifetime Games**

Mrs. Hartman, Tennis Courts/Football Field

Learn the rules and strategies required to play popular summer games (pickleball, spikeball, corn hole, ultimate frisbee).

Learn games that can be played long after high school—life-time activities.

Max Enrollment: 20

Items students need to bring for class: Wear athletic clothing.

## **Beginning French**

Ms. Davis, E-5

Voulez-vous parler français? Come learn the basics of the French language, culture, art, fashion, and cuisine. By the end of the week, you'll be well on your way to speaking the language of love.

Be able to say short, conversational French phrases and demonstrate an awareness of French cultural trends.

Max Enrollment: 30

Items students need to bring for class: Pen and Paper.



Compare and contrast traditional games with their variant equivalents. Learn gaming strategy.

Max Enrollment: 20

## **Children's Cinematics**

Mr. Halloran, D-3

Watch and analyze classic children's movies.

All students will be able to identify the major themes and devices used in children's movies.

Max Enrollment: 24

## **Crafts DIY**

Ms. Abeytia, D-7

Love to express your creativity and make things? Well, Crafts DIY will let you do that with new crafts different from last year!

Express creativity through making items.

Max Enrollment: 20

Fee: \$10 for supplies DUE AT REGISTRATION

Items students need to bring for class: Any art supplies you would like to bring from home, if any (optional)

## Crocheting (I or II)

Mrs. Meza, E-9



Learn the basic stitches to crochet a scarf or blanket.

Finish a scarf or begin a blanket.

Max Enrollment: 30

Fee: \$5 for one crochet hook and one spool of yarn DUE AT REGISTRATION

## **DIY Print Publishing**

Mr. Yurasek, E-8

From punk rock to Star Trek fan fiction, 'zines (aka "fanzines") have been a creative outlet for lovers of not-so-mainstream topics.

Employ your creative writing and artistic skills and love of a chosen topic to create your very own 'zine.

Max Enrollment: 15

Items students need to bring for class: Students must have a topic selected before start of mini courses, and should bring at least one print magazine for class use.



http://support.epson.net/fun/ww/?LG2=EN&OSC=WS&MKN=&PINF=fcont\_83

## **Outbreak! Virus Hunters**

Mrs. Halsell, D-5

Are you prepared for the next global pandemic? Can you beat the clock to find the viral strain responsible for a deadly outbreak? Come practice techniques like gel electrophoresis and interpreting DNA fingerprints while you solve the mystery. Learn how real scientists work to prevent disease outbreaks and study emerging viruses like Ebola.

Practice new laboratory techniques and study current viral threats.

Max Enrollment: 24

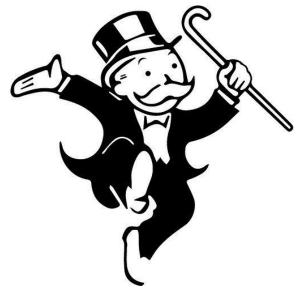
Fee: \$6 for lab supplies DUE AT REGISTRATION

## Only 6 Spaces Left Period 2 Monopol-we!

Mr. Head, C-3

Ah, Monopoly, the game of games! From a young age it teaches us the triumphs and tragedies of capitalism, and how to be a good loser! Join us as we discuss Monopoly, play Monopoly, live Monopoly, and create your own Monopoly.

Learn basic economic lessons and express creativity by researching and creating your own Monopoly game.



Max Enrollment: 30

Items students need to bring for class: A copy of Monopoly (optional).

## **Painting**

Ms. Kirschner, E-10

Spend the week learning the basics of acrylic painting and producing a quality piece of art.

Practice a variety of painting techniques and have an opportunity for self-expression.

Max Enrollment: 20

Items to bring to class: Paintbrushes (not required) and a photograph of something you would like to paint.

Fee: \$10 for supplies DUE AT REGISTRATION

# Poppin' Piñatas Mrs. Otremba, D-2 Create your very own piñata during the state a mique services. Max an agricology of the state of t

Items students need to bring for class: <u>iPad and creative ideas.</u>

Fee: \$5 for candy and supplies DUE AT REGISTRATION

## **Sex Respect**

Mrs. Gregory; Guest Instructors: Cindy Hoya, The Culture Project; Library

Learn about healthy relationships and gender respect, as well as fetal development, the results of STI's, etc.

Learn the Roman Catholic Church teachings on healthy relationships, sexuality and chastity.

Max Enrollment: 35-40

Prerequisite: **REQUIRED for ALL freshmen** 

Permission Slip: <u>✓</u>

## **Spring Musical Ready**

Mrs. Curti, Performing Arts Studio

Calling all actors, singers and dancers—and those open to learning.

Let's dig into preparation for our Spring Production!

## **Story Boarding**

Mr. Stark, D-6

Students will learn the fundamentals of story boarding: how it's done, why it's done, and much much more! Represent and create a story using the story boarding method.

Max Enrollment: 20

Items students need to bring for class: Notebook and pencils.

## **Sustained Silent Reading**

Mrs. McDonald, D-4

Do you have reading required over the Christmas Holiday? Do you know that you will probably not do it all? Then sign up for SSR and get that holiday reading done before classes begin, or read one of those books on the stack next to your bed that has been waiting for your attention. Bring a book and enjoy quiet, structured time to complete your work.

Max Enrollment: <u>15</u>

Items students need to bring for class: SJHS required reading book or fun reading book with at least 250 pages.

## **Time Management Skills**

Mr. Davis, E-1

Students will learn to find ways to adjust to an ever-changing schedule through school and into adulthood.

Learn how to balance high school and other activities.

Max Enrollment: 26

Items students need to bring for class: Notebook, paper and pencil.

### **We Got the Beat**

Mrs. Chavez and Mrs. Cochiolo, Gym

Wouldn't it be exciting to go to a dance or gathering and have everyone on the dance floor doing the same moves!?! Then take this class to learn some of the most popular, choreographed dances from country to hip hop and also some unique dances that only SJ students will know how to perform. We will be doing individual as well as partner dances.

Demonstrate mastery of multiple choreographed dances.

100% participation is required to enroll in this class!!!

## **AP Chemistry Lab**

Mrs. McDonald, D-4

AP Chemistry labs as required by the College Board.

AP Chemistry students will complete data collection and analysis of four AP labs.

Max Enrollment: 23

Items students need to bring for class: <u>Lab notebook</u>.

Prerequisite: REQUIRED for AP Chemistry students

### **BBQ 101**

Mr. Villaseñor & Fr. Ed Jalbert, CJ; Guest Instructor: Robert Bonilla; BBQ shed near stadium snack shack

A practicum in the culinary art of barbequing in the Santa Maria Style.

Learn how to properly handle and prepare food safely and cleanly.

Max Enrollment: 16

Permission Slip: **✓** for potential safety issue.

Fee: \$20 for food for the week DUE AT REGISTRATION

### **BBQ / Lifetime Games**

Mrs. Hartman, Tennis Courts/Football Field

Learn the rules and strategies require the rules and strategies required the rules and strateg

Max Enrollment: 20

Items students need to bring for class: Wear athletic clothing.

## **Beginning French**

Ms. Davis, E-5

Voulez-vous parler français? Come learn the basics of the French language, culture, art, fashion, and cuisine. By the end of the week, you'll be well on your way to speaking the language of love.

Be able to say short, conversational French phrases and demonstrate an awareness of French cultural trends.

Max Enrollment: 30

Items students need to bring for class: Pen and Paper.

### **Book Creation**

Mrs. Otremba, D-2

Create your very own paper, binding and cover for a very unique book or journal.

Max Enrollment: 15

Items students need to bring for class: <u>iPad.</u>

Fee: \$5 for supplies DUE AT REGISTRATION

# Only 3 Spaces Left SJHS MIN Camp Games

Mr. Halloran, D-3



Students will learn to play games commonly played at summer camps across the nation. Games include, but are not limited to, Kemps, Spoons, Mafia, and Superfriends.

Max Enrollment: 20

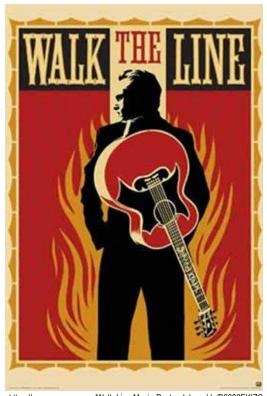
Items students need to bring for class: One deck of cards (per student).

# **Country Music: Cash-N-Carrie**

Mr. Noe, D-1

Johnny Cash and Carrie Underwood took two very different paths to country music stardom. Follow along as we trace their steps; "Walk the Line" and let "Jesus Take the Wheel."

Learn about country music history.



https://www.amazon.com/Walk-Line-Movie-Poster-Johnny/dp/B0088EKIZC

### **Crafts DIY**

Ms. Abeytia, D-7

Love to express your creativity and make things? Well, Crafts DIY will let you do that with new crafts different from last year!

Express creativity through making items.

Max Enrollment: 20

Fee: \$10 for supplies DUE AT REGISTRATION

Items students need to bring for class: Any art supplies you would like to bring from home, if any—not necessary!

### For the Love of Disney

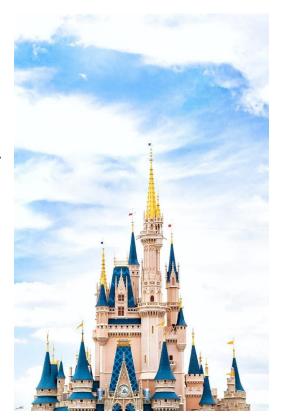
Ms. Franco, E-7

For the love of Disney! This mini course is about all things Disney. If this is right up your kingdom, sign up for this mini course. Be ready to recreate your favorite Disney things.

Students will be able to recall 5 favorite Disney things and recreate at least 1.

Max Enrollment: 24

Items students need to bring for class: <u>Imagination</u>, <u>mouse ears</u>, <u>assorted food items</u>, <u>assorted props</u>.



## Hero's Journey

Mr. Krob, E-4



https://empirecinema.com.mt/avengers-endgame/

All genres of heroes will be examined and then applied to modern superheroes in **Avengers End Game**, **Black Panther**, **The Dark Knight** and other films.

Compare/contrast Hero archetypes and Greek rules of drama; apply those rules to film.

### I **▼** the '90s

Mr. Yurasek, E-8



How you doin'? The '90s was a decade full of pop culture and newsworthy headlines: from **T2** to **Titanic**, Nirvana to No Doubt, **Full House** to **Friends**, this class will explore what made this decade special.

Students will contribute to a class project identifying influences of the '90s on modern culture.

## **The Science Competition**

Mrs. Halsell, D-5

Can you build the tallest spaghetti and marshmallow tower? Build the strongest bridge made of straws? Join a week-long tournament that tests your design skills and application of science concepts.

This course will encourage ingenuity and creativity in the application of science principles.

Max Enrollment: 25

Items students need to bring for class: Notebook.

Fee: \$5 for materials for building DUE AT REGISTRATION

## **Sex Respect**

Mrs. Gregory; Guest Instructors: Cindy Hoya, The Culture Project; Library

Learn about healthy relationships and gender respect, as well as fetal development, the results of STI's, etc.

Learn the Roman Catholic Church teachings on healthy relationships, sexuality and chastity.

Max Enrollment: 35-40

Prerequisite: **REQUIRED for ALL freshmen** 

Permission Slip: <u>✓</u>

## **Sports & College**

Mr. Jauregui, E-2



Get a 4-day crash course of what you need to do in order to play in college and what to expect when you get there.

Topics covered include grade/test score requirements, how to get seen by college coaches, and a day in the life of a collegiate student athlete.

Max Enrollment: 24

Items students need to bring for class: Paper & pen (no iPad).

### **Succulents**

Mrs. Kirschner; Guest Instructor: Mrs. Laura Kirschner, E-10

Make arrangements and art projects out of succulents.

Create aesthetically pleasing and sustainable art.

Max Enrollment: 20

Fee: \$10 for succulents and materials DUE AT REGISTRATION



### We Got the Beat

Mrs. Chavez and Mrs. Cochiolo, Gym

Wouldn't it be exciting to go to a dance or gathering and have everyone on the dance floor doing the same moves!?! Then take this class to learn some of the most popular, choreographed dances from country to hip hop and also some unique dances that only SJ students will know how to perform. We will be doing individual as well as partner dances.

Demonstrate mastery of multiple choreographed dances.

100% participation is required to enroll in this class!!!

## **Weight Training**

Mr. Davis, Weight Room

Learn proper lifting techniques and different weight training workouts that will improve health and mental health.

Improve body strength.

Max Enrollment: 20

Items students need to bring for class: P.E. clothes.

Permission Slip: **✓** for potential safety issue.



### **WWII Experience**

Mr. and Mrs. Head; Surprise Guest Instructors; C-3

It's 1942, WWII is in full-swing, and everyone's involved. Take a look at what life as a teenager during the war may have looked like through activities, from raising a Victory Garden to working in a factory to peeling potatoes on KP duty.

Learn about life during WWII on the U.S. Homefront and in the Armed Forces.

Max Enrollment: 24

Items students need to bring for class: Coins for soda/candy shop (optional).

Fee: \$5 for activity materials DUE AT REGISTRATION