

Starting From Scratch. The U.S. Department of Veterans Affairs Patient Experience Journey.

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U.S. Department of Veterans Affairs



About VA and VHA



~374,000 Employees

172 VA Medical Centers and ~1,200 Outpatient Sites of Care

- Community-Based Outpatient Clinics (CBOCs)
- Community Living Centers (CLC)
- Domiciliary (DOM)
- Substance Abuse Treatment Beds

Over 9 million Veterans enrolled in the VA health care program.

Over 120,000 trainees in over 40 heath professions disciplines, including:

- 41,000 physician residents,
- 23,000 medical students,
- 27,000 nurse trainees, and
- 27,000 other associated health disciplines.

VA is affiliated with over 1,800 unique educational institutions across over 7,000 training programs.

Over 70% of VA physicians have faculty appointments and spend some portion of their time in education and research activities.



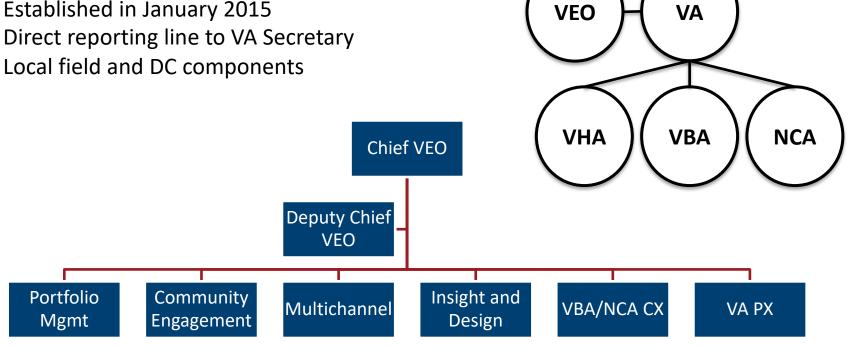
Veterans Experience Office (VEO)



VA

Background:

- Established in January 2015





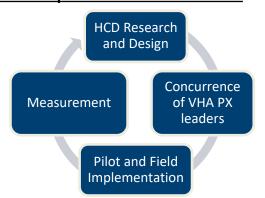
VEO Resources for VA PX Program



Strategic VHA Partnerships:

- VHA, Under Secretary for Health
- VHA, Network Director Executives
- VHA, 10N quarterly update
- National Labor Unions
- Advisory Board of VHA Senior Leaders, monthly (21 VHA FTEE in Pentad positions)
- VAMC PX Champions, monthly
- Monthly Community of Practice calls

VA PX Operational Model:



Organization of VA PX Directorate:

32 FTE 100% devoted to VHA for PX

Chief VEO

Executive Director PX Front Office 4 FTE

PX Operational Support Division 4 FTE Measurement & Policy Division 4 FTE

Research and Design Division 6 FTE

Implementation and Consultation 14 FTE

Division Functions

- Change Mgm³
 and Comms
- VHA Program and facility alignment
- Strategic planning
- Operational planning

- Medallia
- CAHPS / SHEP
 PY National
- PX National Directive
- PX National
 PD
- Project Mgm

- Discovery for Moments that
- Private sector benchmarking
- Pilot testing new solutions
- Partnership with program
- Facility PX onsite implementati
- Deep Dive
 SAIL Visits for
 PX
- PX Field Consultations





Goal - Consistent Exceptional PX

Phase 1 FY17: Build

Define PX

Design PX for VHA

Gain Trust & Pilot Toolkits





Phase 2 FY18: Deploy

Leadership Engagement Employee Engagement Orchestrated Touchpoints

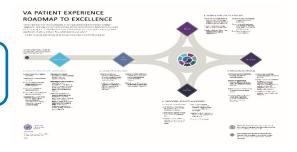
Phase 3 FY19: Mature

Assess Facility Needs & PX Maturity

PX Culture

Accountability & Outcomes







Phase 1: A Timeline of VA PX



Benchmarking and Synthesis

October 2016

VEO PX Outpatient Journey Interviews

January 2017

VHA and Stakeholders enlisted

VEO and VHA sign PX Charter

January through March 2017

Site visits, interviews, benchmarking, and literature reviews

March 2017

VHA & Partner Stakeholder Synthesis

April 2017

JAMA Article Published

Leadership Approval

April-June 2017

Solutions design and toolkit development Stakeholder engagements

June 2017

USH and DUSHOM Approve PX, the "VA WAY," and 4 PX toolkits

Sept 2017

SECVA Approves PX and 5 Toolkits and VEO briefs Secretary's VA Senior Leaders Business Meeting

Deployment and Consultation

October 2017

VEO reorganized with dedicated Patient Experience Directorate

Initial PX toolkit rollout throughout FY18:

- Implement to all VA facilities
- Continuous monitoring and improvement
- Additional toolkits in-development





Who did we learn from?



External Benchmarking Visits

- UCLA
- HCA
- Cleveland Clinic
- Univ. Pittsburg MC
- Stanford
- Kaiser
- Group Health Collaborative
- Mayo Clinic

Employee Research Visits

San Francisco, CA

Veteran Research Visits

84 Veterans in 9 sites

Internal Benchmarking Visits

- New Orleans, LA
- Orlando, FL
- Grand Junction, CO
- Iowa City, IA
- Boston, MA
- Gainesville, FL

Frameworks

- Beryl Institute
- VA Office of Patient Centered Care and Cultural Transformation (OPCC&CT)
- VA National Center for Organizational Development (NCOD)

Prior Key Work with Influence

- Commission on Care Report
- A Day in Life of PC Narrative
- Office of Patient Centered Care and Cultural Transformation (OPCC&CT)
- VA Research Center report on Access to Care
- VA Center for Innovation + Innovators Network



What is PX at VA?



PATIENT EXPERIENCE is:

The sum of all INTERACTIONS shaped by the organization's CULTURE, that influence Veterans' and their families' PERCEPTIONS along their health care journey.

Patient Experience is not a project or a single initiative. Patient Experience is a PHILOSOPHY. It is an **organizational alignment** of people, processes, and culture towards a common goal of providing exceptional experiences for all Veterans, their families, and caregivers - **from the first touch point to the last**.

VA PX Framework





Engaged Leaders

Engaged Employees

Caring and Friendly Environment

Clear Patient Communication

Orchestrated Touch Points

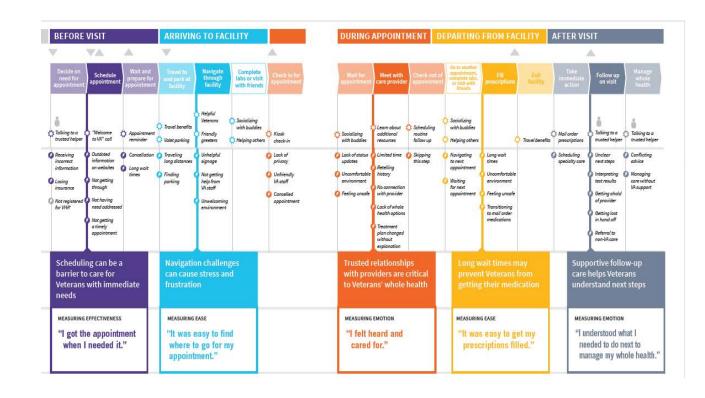
Measuring and Improving

Hearing the Voice of the Veteran

VHA Patient Experience Journey Map



Identifying the "moments that matter" to Veterans in their outpatient journey.





Designing PX Initiatives & Tools



Deployment Strategy:



Employee

Badges

Currently Featured VA PX Initiatives



WECARE Rounding

Medical Center Leader make "rounds." speaking directly with staff and visitors about the care and services they received



Own the Moment

This customer experience workshop encourages VA staff to connect with, understand, and help guide Veterans through the moments that matter on their VA journey



Standard Phone Greeting

Creates a uniform way to greet patients and to let them know they have reached the right number



"I Choose VA" Employee Badges

Standardized VA staff badges that include helpful and interesting information such as individual connections to VA, branch of service, and hometown



Red Coat Ambassadors

These amazing ambassadors welcome Veterans and their families at medical center entrances and direct them to their destination



Green Glove Initiative

A program that encourages staff to help ensure their facility is clean and safe by picking up litter

Phase 2: Deploying PX in VHA



- Conducting three-day on-site implementation of the five foundational VA PX tools and programs.
- National Webinars/Training/Monthly Calls
- Providing consultation services.









Engage Leaders

Leaders must:

- Set the PX tone,
- Ensure a structure is in place to maintain PX as a priority focus,
- Be relentless in quest for experience,
- Be visible,
- Experience their healthcare systems experience during all shifts,
- Reward and recognize PX behaviors, and
- Coach or hold accountable behaviors not representative of the VA WAY.





Engaged Leadership Behaviors



WECARE Leadership Rounding:

- Rounding for Experience: Veteran and employee questions focused on PX and EE. (*This is not Environment of Care Rounds or a Gemba Walk.)
- Recognition of employees you see representing ICARE values and WECARE behaviors (Cleveland Clinic/UCLA best practices).
- Allows leaders to build trust and connections with employees and to remove barriers
- Track follow-ups to completion and publish widely.

Engage Employees



Own the Moment (OTM)
Veterans Customer
Experience Workshop

- ✓ Values
- ✓ Behaviors
- ✓ Service Recovery
- ✓ Guiding Principles

"The way we treat
Veterans today is the
reason they will CHOOSE
VA tomorrow."

The VA Way

ICARE

Values: The key tenets each employee commits to in service to Veterans and VA. **WECARE**

Behaviors: The actions and behaviors we all do every time in each interaction.

SALUTE

Service Recovery:

Acknowledging errors and making them right to honor Veterans and their families to make sure their needs are met.

OTM Principles

Principles: The foundation and touchpoints for all of our decisions



The VA WAY



ICARE	WECARE	SALUTE	OTM Principles
Integrity	W elcome with a smile	S ay hello & introduce yourself	Connect and Care (Emotion)
C ommitment A dvocacy	Explain who you are Connect with the	Apologize & empathize	Understand and Respond to Needs
Respect	Veteran Actively listen to	Listen to the concern	(Effectiveness)
Excellence	their needs Respond to their	U nderstand what is needed	Guide the Journey (Ease)
	needs	Take action	
	Express gratitude	Express gratitude	

Engaged Employee Behaviors



- Tell employees what is expected. (WECARE and SALUTE)
- Ensure they are trained. (Own The Moment)
- Remind them why. (Own The Moment)
- Recognize and highlight behavior you want to reinforce.
 (ICARE awards and WECARE Leadership Rounding)
- Understand what matters to employees and let them know you listened. (AES)
- Allow staff to feel valued, psychologically safe and empowered to do the right thing. (Servant Leadership)

PX Spread: Environmental Scan



Quarterly Environmental Scan utilized to better understand the spread and penetration of the PX toolkits and to track implementation across VHA.

Toolkit	Feb-18	Jun-18	Sep-18	Jan-19
TOOIRIC	(103 responses)	(130 responses)	(121 Responses)	(135 Responses)
OTM	36	90	106	122
WECARE Leadership Rounding	36	85	105	116
I Choose VA Badges	72	80	83	90
Red Coat Ambassador Program	87	120	132	137
Standard Phone Greeting	71	94	101	122
Green Glove	13	15	22	31
Change in Primary Care Provider Letter	30	50	58	55
Employee Recognition	41	81	84	54
MLMS	N/A	N/A	N/A	26

Tracking Implementation:

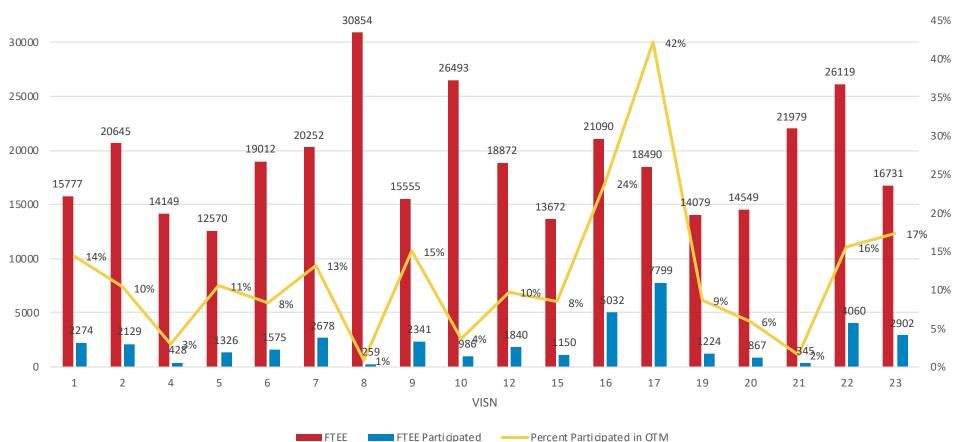
- How many facilities have we visited and trained?
- How many facilities are rolling out each of the solutions?
- Which facilities are rolling out the solutions?
- How many facilities are not scheduled for training?
- How is implementation going?
- Do facilities need assistance?
- Identify Best practices and share with other
- How can the PX program improve?



VHA Employees Trained in OTM per VISN 🔨



60,000 FTEE trained





Pulse Check: Modernization Survey



VHA Employee Responses: 21,308 (last 365 days as of 25 March 2019)

Service Chief Conducts Rounding

No (55.43%) | Yes (44.57%)

Standard Phone Greeting

No (26.72%) | Yes (73.28%)

Red Coat Ambassador / Navigation Assistance

No (14.13%) | Yes (85.87%)

Employees Treat Veterans with Courtesy and Respect

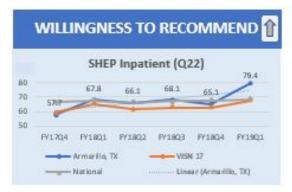
Strongly Agree (63.86%) | Somewhat Agree (29.71%) Somewhat Disagree (4.49%) | Strongly Disagree (1.94%)

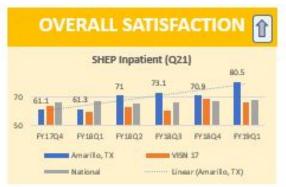


Tracking PX Data

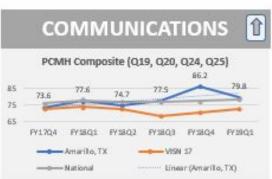


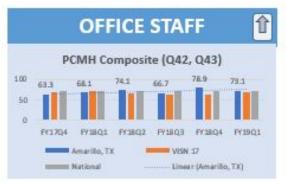
Survey of Healthcare Experience of Patients (SHEP) - Amarillo VA HCS













40% of staff trained (OTM) were trained in FY17Q4

Tracking PX Data

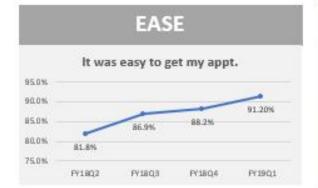


Veterans Signals (VSignals) – Amarillo VA HCS (Amarillo, TX)





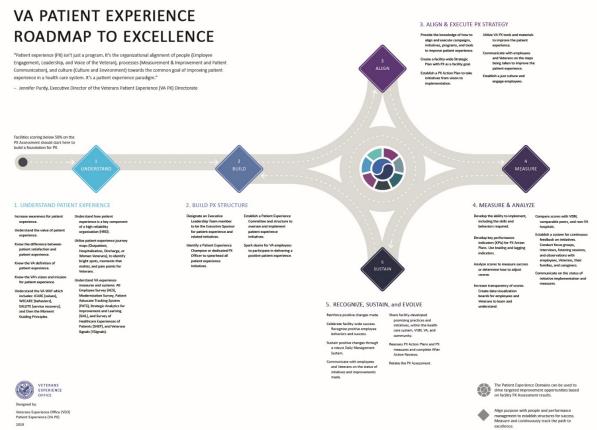






Phase 3: Maturing PX in VHA









2019 PX Self Assessment



The following assessment is designed to assist VHA facilities as a type of "pulse check" on its patient experience practice. We invite facility leaders to utilize this assessment as a tool to objectively identify strengths and opportunities within your patient experience practice. It is best to take the assessment Please select ONE answer that most accurately describes your health system's practices and processes by placing an X in the appropriate box. Take note of individually and then again as a team/unit after discussion was undertaken on different perspectives on the answers. Upon completion, compare your selections and observation notes with others in your team to discuss strengths, perceptions, and agree on areas for improvement. After discussion, you are encouraged to complete the assessment again as an organization to determine the most appropriate responses.

ement. All	A	UNDERSTAND	No/ Rarety	S	Maybe/ ometimes	Alw	rev's	"Maybe" and "Yes
ULTURE	px h	PX STRUCTURE as been discussed among leaders and and defined within the organization and defined within the organization.		1	1			
EADERSHIP	disc wh	ders provide dedicated at cuss patient experience concepts and at Veterans say about their healthcare princys	No/ Rarely		Maybe/ Sometime	=	yes/ Always	Your N (Address 5 Ws whe "Maybe" and
LEADERSHIP	ic	dedicated PX Champion has been dentified who is responsible and countable for PX efforts and directly eports to the Medical Center Director A Patient Experience Committee, directly a Patient Experience Committee, directly).	
LEADERSHI	. 1	aligned to leadership, her	+	_	+	-		
ENVIRONM	IENT	All staff, including physicians, are aware their roles and responsibilities in deliver exceptional PX	ng	_	+	_	-	
CULTU	IRE	Each Service in the organization's Organizational Chart understand how to responsibilities and functions enhance	heir PX	_	DRAFT_V	2 10.	22.2018	

Annual PX Awards



Excellence in Patient Experience (large and small facility awards)



Most Improved Patient Experience



Innovative Patient Experience Initiative Poster Award

Maturing PX Culture in VHA









10-4 In the Zone (Oklahoma City VAMC) - A model of how to Connect and Care, one of the Own the Moment guiding principles.

On Stage Coaching Moments (*Dallas VAMC*) - Opportunity for managers to promote "self-awareness" and make "on the spot corrections" with employees.

Commit to Sit and Take Five (*Dallas VAMC*) - Outpatient Office Visit Welcome, Explain, Ask, Sit, and Time away from electronics.

Own the Encounter (Dallas VAMC) - A workshop that consists of 4 sessions. Each session is 50 minutes long (perfect for front line and clinical staff so they can continue to care for our Veterans!).

PX Change Agent (*Phoenix VAMC*) - An initiative for employees that want to lead change in his/her service line and throughout the organization. PXCAs spread the news about PX in his/her own service lines as a part of day-to-day responsibilities.

Peer to Peer Recognition (*Phoenix VAMC*) - Employees recognizing Employees who "Own The Moment"

Conducting Inpatient Research





VAMC Sites

Discharge to Home

Cleveland OH Omaha NE Lexington KY Lebanon PA Portland OR

San Antonio TX

Hospitalization
Asheville NC
Biloxi MS
Marion IL
San Francisco CA
Dallas TX

Site Selection Criteria:

- Hospital Complexity Level/Star Rating
- Populations Served
- Discharge Volume and Length of Stay
- SHEP Composites Low and High Performing Facilities
- Innovation & PX Engagement
- Geographic Diversity

11	VAMCs VISITED
100	VETERAN INTERVIEWS (Home and VA)
433	EMPLOYEE INTERVIEWS



Identifying Inpatient "Moments that Matter"



Who Did We Talk To?

- Veterans/Family
- Caregivers
- Hospitalist
- Nursing
- **Pharmacist**
- Social Work
- **Patient Centered Care** Coordinator
- Physical Therapy
- **Nocturnist**

- LPN
- MSA/Clerks
- Dietitian
- **Interdisciplinary Team**
- NOD
- Associate Chief Nurse of Medicine & Surgery
- **EMS**
- Chief of Medicine
- Coding



VA INPATIENT EXPERIENCE: MOMENTS THAT MATTER



Moment	ZATION EXPERIENCE Veteran Perspective	VA Rationale
Get oriented	Being in the hospital is overhelming. Everything is unfamiliar. I don't feel good and I'm worried about my health.	Making certain a Veteran is well-oriented to their nev surroundings can provide the foundation for an easier, less stressful inpatient stay.
Understand care plan	I want time to speak with my nurses and doctors so that I can ask them about my treatment and prognosis.	When a Veteran is able to directly interact with their care team, trust is built, understanding increases and the Veteran feels more in control.
Talk to care team	I need to know what tests or procedures are going to be done and why they are being done.	Establishing a trusted relationship between Veterans and providers is essential to a positive experience. Clear and transparent communication is key to alleviating fears and vulnerability.
Room activities	If I'm going to spend the night, I want to be comfortable and choose how I pass the time.	Veterans value having control over their daily activities, such as: meal quality and regularity, dignified toileting, bed comfort, and access to entertainment.
		entertainment.
DISCHARGE	EXPERIENCE Veteran Perspective	VA Rationale
	EEXPERIENCE	
Noment Ready for	E EXPERIENCE Veteran Perspective I heard the word discharge and	VA Rationale When Veterans hear different members of their care teams mention discharge, they develop certain expectations. Not effectively managing these expectations leaves Veterans and their support

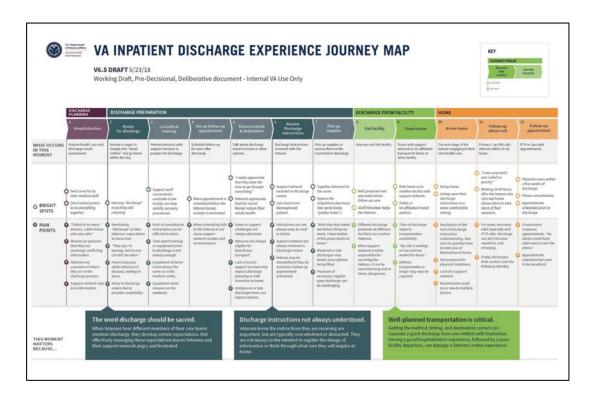
DRAFT 7/30/18 | Working Draft, Pre-Decisional, Deliberative Document - Internal VA Use Only





Developing Inpatient Tools & Solutions





Pilot Sites: Dallas and Atlanta VAMC

(1) Day of Discharge Checklist



(2) Discharge **Journey Booklet**



(3) Caregiver **Care Package**





PX Consultation Services



Available PX Consultative Services

- Utilizing Human Centered Design
- Strategic Planning
- Experience Data Deep Dives and Analysis
- Provide concrete actionable recommendations

Consultative Services

- PX Program Reviews (two day initial visit)
- PX Coaching (single or multiple visits, coaching needs determined by facility; ex: provider communication coaching).
- Strategic Planning (multiple visits, focus on developing a PX strategic plan and action plans, may also include coaching and local toolkit development; ex: "Commit to Sit" w/ Dallas)

Executive Performance Measures



4d:
Excellence in
Customer
Experience
(CX)

Improve Patient
Experience
(Customer
Service
Experience)

FS: Attendance of Medical Center Director at the VHA Patient Experience Symposium in December 2018; complete the VEO Patient Experience self-assessment, and finalize a facility/VISN action plan to improve Patient Experience.

Exceeds FS: Successful implementation of the facility/VISN action plan.

Outstanding: Demonstrated effectiveness of the facility/VISN Patient Experience Action Plan by improved Patient Experience and Employee Satisfaction (Best Places to Work) metrics as measured by SAIL.

See SECVA Policy Statement of August 22, 2018

https://vaww.insider.va .gov/wp-

content/uploads/2018/

<u>08/Customer-Service-</u> Policy-Statement-

SECVA-Signed.pdf





Reporting to OMB A-11 Directive



- VHA CX Self Assessment
- Deep Dive with OMB

Next Steps:

- Develop Action Plan
- Participate in monthly OMB follow-up meetings
- Finalize data submission for public reporting (Mar 2019)
- Check in for Action Plan development with OMB (May 2019)
- Action Plan Submission (June 2019)





Patient Experience Symposium 2019

VA VETERANS PATIENT EXPERIENCE

- Assembled more than 450 VA health care decision-makers and clinicians, including most VA Medical Center Directors
- Demonstrated current and new PX ideas, practices, and processes at VAMCs across the country
- Showcased 100 PX promising practices from VAMCs across the country
- Highlighted PX thought-partners, advocates, and practitioners sharing their expertise







Outcomes from PX Symposium

- 42 VAMCs volunteered to pilot inpatient tools
- 22 requested VA PX Consultation Services

- 41 VAMCs requested My Life My Story
- 6 requested VA Implementation Assistance



Anchoring Change VA PX



VHA Senior Leaders (Monthly Calls and Synthesis Sessions)

Audience: VHA Senior Executives from VAMCs representing each VISN, and Program Office partners.

Discussion Topics: Updates on PX rollout and support, updates on research and development of new journey maps and tools, and national governance.

VA PX Facility Liaisons Call (Monthly Community of Practice Calls)

Audience: Facility-appointed liaisons with responsibilities for PX. Discussion Topics: Best practices from across the enterprise, lessons learned for successful on-site implementation, national program updates, and relevant VA PX topics.

PX Symposium

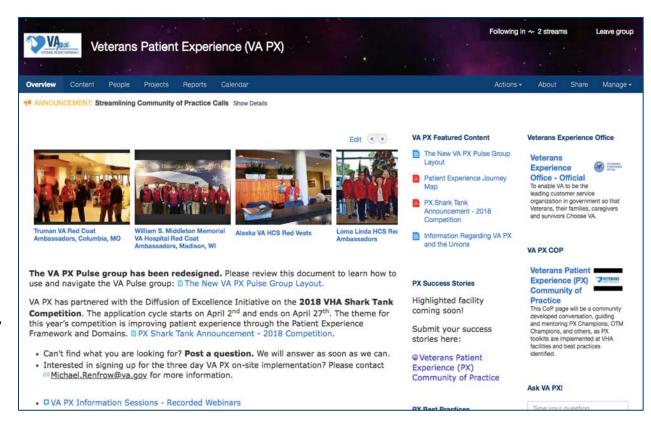
Goal: Teach, spread, and recognize PX across VHA.



VA PX VA Pulse Page



- Through the VA Pulse platform, VA PX created a single authoritative source for all VA PX program resources and engaged VA employees on VA PX tools and implementation materials.
- The establishment of a "drive to VA Pulse" communications plan by VA PX team members ensured version control.





Vision for FY19



- Consistent foundation of PX enterprise-wide.
- Strengthen visual indicators of PX.
- Education to Veterans about PX.
- Develop tactical framework for PX deployment and sustainment (PX Self-Assessment, Position Descriptions, PX Guidebook, and PX Roadmap)
- Prioritize PX Consulting
- Develop a PX best practices repository on VA PX group on VA Pulse.
- Develop a PX Communication Plan for SHEP and VSignals.
- Data outcomes.
- Spread field-based PX promising practices enterprise-wide.
- Host a PX Symposium to deepen organizational knowledge and commitment to PX.
- Spark PX innovations and awards for high-achievers within VHA.



Thank you. Questions?

