



Jesus Appeared to His Disciples

Luke 24; John 20 | Kindergarten-3rd grade
Unit 27 - Session 3

SEP
05

STORY POINT:

Jesus proved he is alive!

KEY PASSAGE:

"I am the resurrection and the life. Whoever believes in me,
though he die, shall he live."

John 11:25

AS KIDS ARRIVE:

As kids arrive let them color and work on their activity pages. There are also some floor games they can play with like LEGOS, blocks, Go Fish, etc.

WELCOME KIDS AND GO OVER UP RULES:

"We are so glad you are here today! My name is _____. We always love hanging out with you and opening up the Bible together. We have a lot of fun things planned for today and I'm going to need your help to make it happen. Do you remember any of our UP Rules?"

Rules will always be on the wall in each room so you can refer back to them.

(Let the kids respond and remind them if they get off track)

1. Listen Up
2. Look Up
3. Sit Up
4. Hand Up
5. Zip Up
6. Mask Up
7. Clean Up

OPENING QUESTION:

Invite kids to come to the floor and sit on a log cushion. Ask them the following question to help start the conversation for the day.

SAY: "Before we get started I have a quick question for you. When was the last time someone proved you were wrong about something? Or maybe the last time you were surprised by someone or something?"

(Give the children time to respond.)

SAY: We feel surprised when something we don't expect happens suddenly or when someone proves we were wrong. Some surprises may be scary or sad, but often we think of happy surprises—like surprise birthday parties. Today we will learn about a time Jesus' disciples were surprised. At first they thought it was a scary surprise, but soon they realized it was the happiest surprise ever!

OPENING ACTIVITY: Prove it

Supplies: Animal Cards

Locate the animal cards. Kids will take turns making animal noises based on the card they choose. Make sure the kids don't see the animal card. See if the kids can figure out what animal the child at the front is pretending to be. If any kids in the group think the kid is making the wrong animal noise, they can say, "Prove you are a ____." Play as time allows.

SAY: In that game, you had to prove what animal you really had on your card. Today we will learn how **Jesus proved He is alive.**

BIBLE STORY: Jesus Appears to His Disciples

Luke 24; John 20 - Unit 27 - Session 3

Supplies: emoji prop sheets

(Tell the Bible story using the story below and then show the Bible story video)

Go over Key Passage: John 11:25

SAY: "Jesus spoke these words right before He raised Lazarus from the dead. Jesus died but then came back to life and is with God in heaven now. Because of Jesus' resurrection from the dead, we can be certain we will live forever with God too, if we have faith in Jesus."

(Encourage kids to repeat after you)

"I am the resurrection and the life."

"Whoever believes in me"

"Though he die, shall he live."

SAY: Alright, if you're ready to hear our story, wiggle your ears!

SAY: No other book is like the Bible. The Bible is God's Word, and God's Word is true. God's words are right and true; God's words are always there to help you. Today's Bible story is found in the book of Luke.

STORYTELLER TIP: As you tell the story, choose a few children to help tell the story. Cue the child with the narrator tips in parentheses. Use the **emoji prop sheets** provided to help tell the story.

SAY: Today we are going to tell our story entirely using emoji symbols. But I'm going to need some help. *(Choose a few children to help hold up emoji signs throughout the story)*

On the **first day of the week (#1 emoji)**, in the evening, **Jesus' disciples met together in a house (house emoji)**. They **locked the doors (lock emoji)** because **they were afraid (scared emoji)**. They didn't want to be killed too. But now some of the disciples were saying they had seen Jesus alive. **Could it be true (question mark emoji)?**

As the disciples talked, Jesus came and stood right there with them. **"Peace to you!" (Peace sign emoji)** He said.

Jesus' disciples were afraid (scared emoji)! Maybe they were **seeing a ghost (ghost emoji)**.

"Look at Me," **Jesus said. "Touch Me (finger emoji). A ghost does not have skin and bones (skeleton emoji), but I do."** Jesus showed them His hands (hands emoji) and His side. They saw where Jesus had been hurt. Jesus was alive! **What good news (newspaper emoji)!** The disciples were so happy.

Jesus' disciples gave Jesus some fish to eat (fish emoji). Jesus talked to them and **explained the Bible to them (Bible emoji)**. "The Bible is about Me," Jesus said. Then Jesus told them that **they had a job to do (briefcase emoji)**. **Jesus had died (cross emoji)** and was raised from the dead so that people could be **forgiven for their sins (heart and hand emoji)**. Jesus' disciples needed to **tell other people (megaphone emoji)** to turn away from sin and be forgiven.

Jesus said, **"God sent Me to earth. Now I am sending you (airplane emoji)."**

One of Jesus' disciples, Thomas, was not with the other disciples when Jesus visited them. **Thomas did not believe that they saw Him (prohibited circle emoji)**. "I want to see and touch the holes in His hands and His side, or I will never believe!" Thomas said.

Eight days later (#8 emoji), the disciples were together again. This time, Thomas was with them. Jesus came in and stood with them. **"Peace to you!" Jesus said (peace sign emoji)**.

Then Jesus told Thomas, **"Touch the marks on My hands (hands emoji) and My side. I am alive! Believe it!"**

Thomas did believe (*hands together emoji*). "My Lord and my God!" he said. Jesus said, "You believed because you saw Me. Those who believe in Me without seeing Me are blessed."

Here is how this points us to Jesus: God made Jesus alive again! Jesus visited many people so they would know He is alive. Jesus is still alive today. We have not seen Jesus, but if we believe in Him, we will be blessed. He wants us to tell others the good news about Him.

(Feel free to show the Bible Story video if you have time to help reinforce the story.)

Our Big Picture Question helps us think about how our story points us to Jesus. We will go over it for the next few weeks. After we say it a few times, you guys will be able to answer it.

Big Picture Question:

Where is Jesus now? *Jesus is in heaven.*

PRAYER:

(You can take prayer requests from kids before you pray if you want to pray for the kids. You can also ask a child if they would like to pray.)

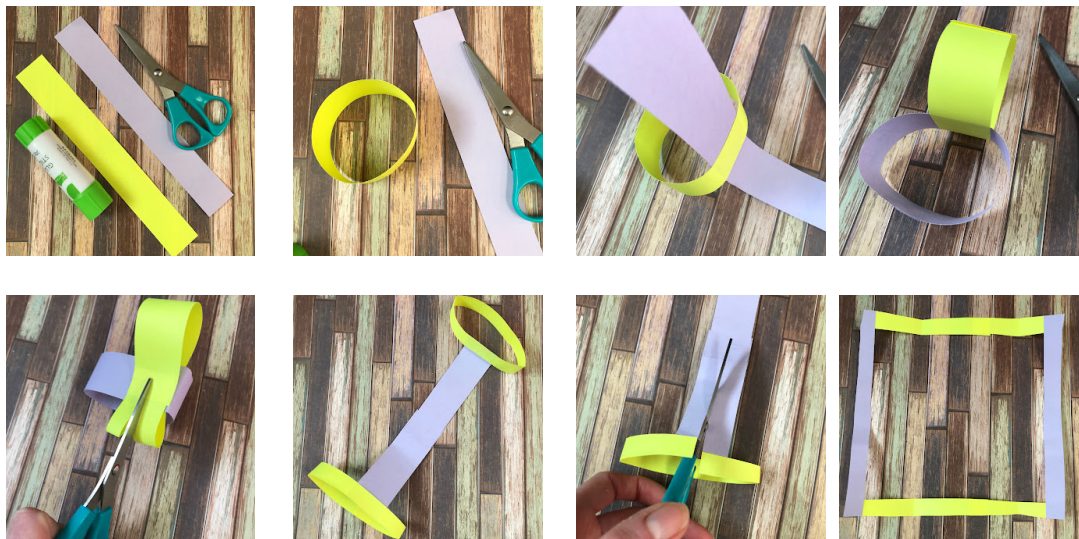
"God, thank You that Jesus is alive. Thank You that we can be sure we have eternal life through Your Son. Give us wisdom and courage to obey You and live for Your glory. Amen."

CRAFT: Doubting Thomas Circle Square

Supplies: glue stick, two strips of paper per child (lengthwise)

Instructions: Ask kids if they believe you can make a square out of the two interlocking paper circles. When they don't believe you, use the scissors to show them how to make a square.

Pass out two strips of paper per child. Show them how to glue the strips together. Then show them how to glue the two circles together. Invite kids to wow! their parents at home when they make a square out of their two paper circles. (Remind kids to ask before they use scissors!)



SAY • Sometimes trusting God can be difficult. We cannot see God, and we may feel tempted to question Him at times. It's OK to feel doubt. When we do, we can pray to God about it. We can ask the Holy Spirit to help us feel God's presence. We can read the Bible to remind ourselves what is true about God and about ourselves. If you are wondering about God, speaking to an adult you trust, like a pastor, your parents, or church leader, is a great way to learn more about God so you can trust Him more.

GROUP DISCUSSION QUESTIONS:

1. **Where were Jesus' disciples when He appeared to them?** *(together in a house with doors locked)*
2. **Why were the disciples afraid when they saw Jesus?** *(They thought they may be seeing a ghost.)*
3. **Who wanted to see and touch the holes in Jesus' hands and side before he would believe?** *(Thomas)*
4. **Did Thomas believe?** *(yes)*
5. **What did Jesus say about those who believe in Him without seeing?** *(They are blessed.)*
6. **Where is Jesus now?** *Jesus is in heaven.*

If you finish early, allow children to play on the floor with games or color while they wait for their parents.