

# Sufi Ruhaniat International



The Esoteric Studies Program

Murshid Wali Ali Meyer

Wazifa Studies

Contents and Materials List



## Course Description

**Wazifa Studies** explores the 99 Beautiful Names of God. Extended periods of recitation of these sacred phrases is an important part of the developmental program for mureeds as given by Hazrat Inayat Khan. The repetition of these divine Names, often in pairs and in relational families, is used as a means of God-realization. Part of this realization is to come into wholeness and integration of self, through a process of embodiment of the divine qualities and individuation. This process involves the healing of psychological wounds that reinforce our creation of a false ego, one marked by a painful sense of isolation. The practice expands the limitations imposed by the “false self” into an increasing sense of the Real.

~Murshid Wali Ali Meyer

This series is intended for mureeds who have completed Prayer and the God-Ideal. If you feel that this particular class is appropriate for your growth at this time, without the prerequisite, please feel free to contact us for more guidance.

This program of study was offered over a two year period, in 2007 and 2008.

The materials have been divided into four series, allowing a student to study in a self-paced fashion. Many students take two months or more to work with each session. The materials have been used in local study circles adapted to meet the needs of the group. Finding a study partner or group can be extremely helpful.

Wali Ali is available by email for questions about the process and any experiences that arise.

## Study Materials

### TEXTS:

Mureeds are provided with a reader of texts drawn from the works of Hazrat Inayat Khan with commentaries and original writing by Murshid Samuel L Lewis.

Assignments and practices for each class are included.

### RECORDINGS:

The classes were recorded, and the recordings were edited into tracks of approximately 3 to 10 minute duration. Each track is titled by topic, and the listener can skip, repeat, and fast-forward to the next track, allowing for easy navigation.

Included in this packet is the table of contents and audio track list for *Wazifa Studies Series I-IV*. This provides an overview of the specific study materials. These were drawn from the pdfs of the reader.

**ONLINE ACCESS:**

Upon payment of class fees, the mureed is sent the weblink for the class materials, with access codes. The reader is provided as a PDF and the audio tracks are in MP3 format, compressed into zip files for easy download.

**HARD COPIES OF STUDY MATERIALS:**

Class fees cover the cost of tuition, and access to the online materials. Hard copies of the materials such as the reader or CDs of the recordings are available at an extra charge to cover production and shipping costs. Readers are produced double-sided with plastic cover and coil binding. Depending on the needs of the mureed, recordings are provided *either* as a set of audio CDs, *or* as one MP3 disk per series.

For current prices and an order form, please refer to the Esoteric School "General Overview" pdf document:

<http://ruhaniat.org/wa101/pdf/Overview%20and%20Registration%20Info.pdf>

For more information, and to register, contact registrar Ali Charles at [wa\\_file\\_admin@roadrunner.com](mailto:wa_file_admin@roadrunner.com).

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1.03 Disclose to Us Thy Divine Light .....	2:05
1.04 The Nature of the Soul .....	10:41
1.05 The Necessity for Forgiveness .....	13:12
1.06 Ya Wasi' .....	11:10
1.07 Ya Aziz Ya Nur .....	15:43

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1.08 Meaning of Ya Aziz.....	6:10
1.09 Question re Psychological Component .....	1:53
1.10 Ya Hayy Ya Haqq.....	3:20
1.11 Ya Fattah.....	1:25
1.12 Ya Ghaffar, Ya Ghafur .....	10:59
1.13 Practice of Ya Ghaffar Ya Ghafur .....	9:43
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2.05 From Source-Essence to Qualities .....	3:06
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2.10 Q&A 1 .....	7:03
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2.27 Reading from Text .....	2:44
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3.07 Ya Dhal Jelali wal 'Ikram Walk .....	6:51
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3.09 Q&A Re Depression .....	6:00
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3.18 Forgiveness family .....	1:15
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3.20 Ghaffar Ghafur Fikr .....	1:35
3.21 Ya Tawwab Practice .....	5:21
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3.24 Afuw Fikr .....	5:12
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10.13 Question about Wazifa Choices .....	1:41
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11.06 Reading and Commentary Akibayyat 1 .....	7:14
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13.05 Renunciation 2 .....	5:05
13.06 Ya Wajid .....	5:29
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13.12 Renunciation 4 .....	6:31
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15.11 Ya Baqi Ya Malik Ya Muhammin .....	5:23
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15.13 Ya Wali Ya Waliyy.....	4:07
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15.15 Protection Family.....	7:37
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16.08 The Jelali Wazaif .....	6:42
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16.15 Contemplation.....	9:58
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17.03 Ya Rahman Ya Rahim Walk.....	1:53
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