

Wilson Foundations

Level 1

Summary

WILSON SUMMARY

***Please don't feel overwhelmed by the amount of information. As we've learned over the course of the school year, you just build one layer at a time, one step at a time....Just take one unit, look at the words and sentences in the resource pages for those words and be the one to walk your child through the new concept. YOU CAN DO IT!!!!!! It's good to stretch your brain and keep it learning new things!!!!

Wilson Practice Words and Sentences~Level 1

These words and sentences are intended to provide resources for students completing first grade. Please click on the "activities" link for review game ideas to use with these words. For more complete understanding of terms and the tapping process, click on "level 2" resources.

- **Short vowel closed syllable words with a digraph (2 letters that make one unique sound):**

sh – rash, shut, shot, ship, dash

ch – such, chip, chin, chop, chat

th – thin, that, with, path, math

ck (only at the end of a syllable, after a short vowel) – duck, lock, kick, shock, sick

- **Bonus letter words (At the end of a one-syllable word, if the word has one vowel that is short and immediately followed by an f, l or s at the end, double that consonant. The extra letter is considered a bonus letter and is marked with a star.)**

Practice words:

cuff, off, puff, fell, chill, fill, shell, bell, miss, kiss, fuss, miss, Russ

Practice sentences:

I will huff and puff up the big hill.

Did they yell at you?

Mom did not miss the mud at all.

Toss one ball to Kim.

- **Glued sounds (sounds that are pronounced so closely together that the sounds are not easily segmented..."glued"!)** all, am, and an, ing, ang, ong, ung, ink, ank, onk, unk
- **Add –s to words if appropriate.**

all, call, tall, wall, hall, fall, ball

hang, fang, rang, sang

am, jam, Pam, bam, ram, ham

long, song

ran, fan, can, than, pan, man, van

lung, hung, rung, sung

king, wing, sing, thing

rink, sink, wink, pink, think

thank, tank, sank, Hank, bank
bonk, honk

sunk, junk, bunk, dunk, chunk

- ***Blend vs. a digraph***

A digraph contains two consonants and only makes one unique sound, such as /sh/, /ch/.

A blend, contains two or more consonants, but you can hear each letter make its own sound, such as /fl/, or /scr/, or /br/.

You could have a digraph blend together in a word, such as bench. That word has 4 sounds. Other examples: punch, bunch, ranch, bench, pinch, munch.

Practice sentences:

I wish that Kim would not brag.

She fell over the wet bench.

Get your trash to the dump.

I held my pup as he got a shot.

Brad is sick and could not help.

Could we bang on the drums?

Beth has her pink silk dress.

We will hunt for your lost raft.

Practice words:

soft, glad, slush, brush, limp, damp, spill, flock, blush, clock, pong, pest, grab, trash, skip, chimp, pump, mint, slam, swim, flash, dress, sniff, bless, still, grass, spell, camps, frogs, cracks, stacks, shrubs, pumps

- ***Closed syllables can have only one vowel. The vowel is followed by one or more consonants, so that it is “closed” in. The vowel is a short sound, marked with a breve, which looks like a smile above the letter. They will eventually learn 6 kinds of syllables or chunks of words.***
- ***Open syllables have one vowel without a consonant after it...The vowel is “open” and has a long sound, marked with a straight horizontal line above it.***

Practice words:

Held, wilt, smog, flash, stop, snug, shrub, pant, went, just, gift, crash, glass, fluff, grass, bless, belts, cliffs, drills, sniffs, champs, drops, ponds, pests, dents, stubs, grips, clocks, plugs, drums, vests, steps, flags, drags, drips, flips, tests, clicks, camps, frogs

no, we, hi, be, go, he, she, me

Practice sentences:

The kids dug in the soft sand.

Gram did say, "I will get lunch."

Do not dump that stuff on my bed!

Did she bump her leg?

Tom will jump between the rocks.

Pass each small block to me.

I held my pup as he got each shot.

The pink shell was between the rocks.

- ***Students learn to add the suffixes –ed (something already happened), and -ing (added to an action word, it is happening now) to unchanging basewords with closed syllables. They are not yet learning more than the most common sound of –ed.***

Practice words:

Brings, skunks, blinks, splash, scrub, plants, drifts, crafts, blends, squinted, trusted, drafted, crusted, twisted, slanted, stinging, drifting, grunting, drinking, spending, standing, swinging

- ***Syllable pattern vowel-consonant-e. The e is silent and the first vowel has a long sound. An s can be added to many of these words.***

Practice sentences:

Dad had a joke that made us all smile.

Did the pup choke on that bone?

My friend will take the flag down.

The ride ended on the other hill.

Stop pumping wind into the fire!

She dives into the pond.

Mom shakes the rug out.

These other grapes are bad.

There is another snake in that hole.

Sid has a flute for band class.

Long a: mate, same, rate, mane, made, cake, rake, sake, bake, wave, tape, pane, Kate, base, date, gate, late, came, game, name, tame, cane, lane, vane, fade, wade, cave, gave, save, cape, tape

Long e: Pete, these

Long o: robe, nose, note, cope, joke, hose, lobe, rose, tote, vote, hope, nope, rope, Coke, poke, woke, cone, lone, tone, dome, home, code, rode, hole, mole, pole, sole

Long u: cube, tube, mule, flute, cute, lute, fuse, duke, tune, dune, June, dude, rude, rule

- **Focus changes from sounds to syllables. Students learn to divide or chunk two-syllable words between consonants. They put a scoop under each syllable; left to right.**

Practice words: (add the suffix –s as appropriate).

upset, pigpen, hotrod, cobweb, undid, zigzag, dentist, disrupt, submit, absent, invent, publish, insist, sunset, backstop, humbug, contest, cupcake, reptile, excuse, include, flagpole, athlete, dislike, springtime, fireman, baseball, chipmunk, backpack

- **Add an –es for plurals in words ending in sh, ch, s, x, z.**

Practice words:

Boxes, dresses, foxes, kisses, waxes, classes, quizzes, benches, branches, crunches, dishes, inches, lunches, rashes, rushes, wishes, blushes, splashes, punches, finishes, publishes

Practice Sentences:

Dad insisted that I do this work.

The athletes jog on this path.

I insulted my friend by mistake.

Mom and Dad dislike to do their taxes.

That thing pinches my neck.

Get well wishes were sent to Ted.

He wishes to get a new backpack.

Those lunches are good.