

The 2014 Clifton Film Festival production team of (from left) Jan Weinberg, Aaron Superfin, David Weinberg, Robert Grey, Dani Weinberg and Eugene Abedejos.

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PHOTO COURTESY OF DANI WEINBERG



Thank you to the 2015 LBSS PTSA All Night Grad Party Supporters!

The Lake Braddock Senior Class of 2015 and their families would like to thank the following businesses, organizations and individuals for their support of the PTSA-sponsored alcohol- and drug-free All Night Graduation Celebration which was held on June 17th, 2015, at the Audrey Moore RECenter at Wakefield Park. We are grateful for their generous contributions and commitment to the young people of our community. Please support these organizations that invest in the success of Lake Braddock Secondary School.

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We’d like to thank the faculty and staff of LBSS and especially the LBSS PTSA for support of our All Night Graduation Celebration. A huge thank you to our volunteers: the parents, friends and relatives of the Classes of 2015, 2016, 2017 and 2018. We would also like to extend a special thank you to the Burke Volunteer Fire and Rescue Department and the Fairfax County Police for their vital presence at our party. Finally, we’d like to thank the staff of the Audrey Moore RECenter for all their help in making the night run smoothly. Make plans now to support our 2016 party on June 16th, 2016.



PHOTOS BY TIM PETERSON/THE CONNECTION

Syed Hsnai (right) of Centreville serves fried chicken to Muslim men for the iftar fast-breaking meal during Ramadan.



(From left) Farhan Mahmoud Jamal, his daughters Maryam and Aishah, and wife Mubashera Chaudhry stand outside the doors to the main hall of the Islamic Center Northern Virginia Trust after the iftar fast-breaking meal.

Fast Awake

BY TIM PETERSON
THE CONNECTION

One voice carries a melody in Arabic through the two-story hall of the Islamic Center Northern Virginia Trust, as over a hundred men bow their heads to the carpeted ground. Women and young children are in a designated area at the back and on the second floor. It's 8:39 p.m. on July 2 and Maghrib is the last group prayer before breaking a daylong fast from food and water.

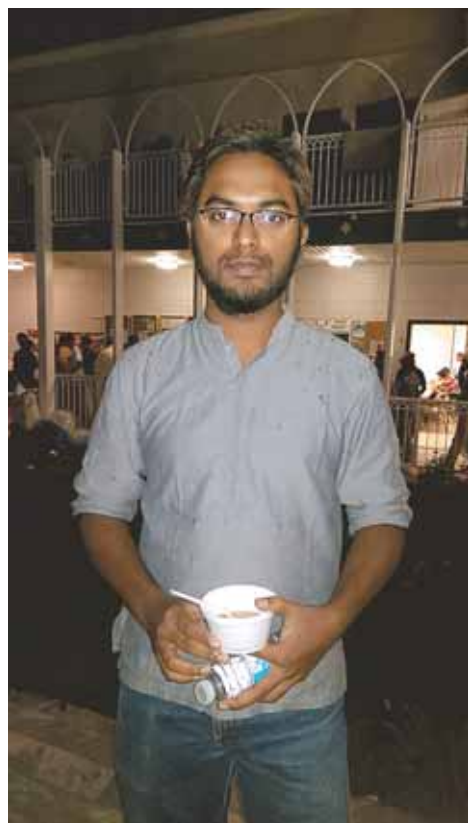
The group is observing Ramadan: a month of sacrifice and discipline on the Islamic lunar calendar. Typically, it includes fasting from dawn till dusk each day, additional praying and reciting from the Muslim holy book the Quran, and moral introspection.

"I just focus on myself and put down my goals," said Mubashera Chaudhry of Fairfax. "Ramadan means purifying thoughts and goals as a human, and finding new ways to really connect with God."

Chaudhry's daughter Aishah is having an easier time with the fasting than last year. As she learns to ignore her hunger during the day, it helps her focus on personal improvements. "I try to be honest, clean, a good listener," Aishah said. "Ramadan is about reconnecting to God and purifying your heart."

EACH NIGHT OF THE WEEK, between two and 300 people come to the mosque for evening prayers and to break the day's fast together, for unity, strength and fellowship. Though dates are a traditional favorite food for the meal iftar — they're a good source of fiber and sugar — tonight's menu also includes a mix of fried chicken, pizza, hearty chicken soup and spiced potato samosas.

The fast-breaking meals take on a festive atmosphere, culminating in a larger celebration at the end of the month, called Eid. This year, that date falls on July 17.



Moshiur Rahman, of Fairfax, comes to the Islamic Center Northern Virginia Trust each day to break his Ramadan fast.

For Rashid Moin of Centreville, the fasting isn't just about not eating and drinking. "It's fasting from bad actions," he said. "People are greedy for money, power and fame. If we can control our desires in the physical realm, we can control our thoughts, feelings and mental desires. Ramadan is great disciplining."

Like the physical reward of fried chicken and water at the end of a day of fasting, Ramadan is also about individuals receiving spiritual rewards for doing good in the world.

"The main purpose is to make Allah happy," said Moshiur Rahman of Fairfax. Rahman moved to Northern Virginia from

Muslims congregate at the Fairfax Islamic Center to break daily fasts together.



Rashid Moin and wife, Sadaf Arhaan, enjoy the iftar meal after sunset during Ramadan.

Bangladesh just nine months ago to study at Virginia International University.

"Things are not good all year — this is a time to do all things at our best," Rahman said. "When we do that we receive gifts directly from Allah. Ramadan is remembering to keep aware of these things."

One of the gifts is perspective, a window into understanding more about the human condition.

Farhan Mahmoud Jamal, of Fairfax, said the fasting is another way to "empathize with other humans." While realizing how little food and water a person can survive on, that motivates people to think and do more good in their lives, which helps their prayers get accepted. "You can be more productive," said Jamal, "there's an energy around good kinds of people."

THE COMPASSIONATE ENERGY Jamal referred to is love, according to Dr.

Muhammad Farooq of Woodbridge, president of the Islamic Center Northern Virginia Trust. "Love is keep on giving even when you're receiving nothing."

Between samosas and fried chicken pieces, Farooq contrasted the religion's overarching compassionate philosophy with the negative image of Islam associated with "one to two percent of extremists."

"The Quran emphasizes forgiveness for a prosperous society," he said. "America being a just society is the ideal place for Islam."

"Ramadan is training a person for 30 days how to be a better human being," Farooq added.

The Islamic Center Northern Virginia Trust is located at 4420 Shirley Gate Road in Fairfax. For more information about prayer times or meals, call 703-591-0999 or visit www.icnvt.com.

Summer of Celluloid

Clifton Film Festival returns to Workhouse Arts Center for seventh edition.

BY TIM PETERSON
THE CONNECTION

Fairfax resident Dani Weinberg thought she wanted to be a journalist. That was until she joined the crew of her high school's television program "Good Morning Robinson." Combined with her photography for the Robinson Secondary School newspaper, Weinberg started getting "really into film."

She went on to study filmmaking and video production at the Art Institute of Washington, D.C. After graduating she became a freelance film editor. With her extra time, she made a documentary about the closing of Clifton Elementary School. When she considered her options for showing the film, it struck her there weren't any local outlets for that type of work.

"I always wished in high school I had something locally to submit to," said Weinberg, "something easy for my friends and family to go to. I wanted to give that opportunity to people."

At 21, she started a local film festival in her hometown of Clifton, meant to give student filmmakers in particular a venue to showcase and develop their skills and passions through original works between 30 seconds and 10 minutes in length.

THE FIRST YEAR 10 films were screened and judged.

"People seemed interested in it, inspired," Weinberg said. "They came there and said, 'Wow, my friends, these people made films. I think I could probably do that too,' and came back and made it the next year."

And more entrants did return the next year. By 2011, the festival had grown too large for the historic town. Weinberg and company were allowed to use the quad area of the Workhouse Arts Center in Lorton to continue to grow the event.

"This is a great match for the mission and purpose of the Workhouse," the venue's director of performing arts Joseph Wallen said in an email, "as it showcases the artistry of the next generation of filmmakers and through a juried awards process has found a balance that both encourages and celebrates the creative spirit."

Now in its seventh year, the July 18 festival has over 22 submissions from students and several adults. A panel of expert judges awards prizes of film software subscriptions to the entry voted as best picture, best story, best sound, best editing and best cinematography.

The awards are purposely not simply a cash prize; Weinberg's intent is to nurture creativity and growth in anyone willing to try and succeed at the craft.

Of filmmaking, she said, "Some is talent,



Members of the cast and crew of Johnathan Breaux's "Philmoria" pose for an awkward family photo: Row 1: Caitlin Rodriguez, Johnathan Newport, Kyle Baude and Dustin Rodriguez; row 2: Christin Meador, Matthew Banks, and Roger Banks; row 3: Cole Quick.



Robinson graduate Chris Mayhew (left) and Alix Caccamo (right) acted in Alex Bulova's 2015 Clifton Film Festival entry "L'Échange."

some is creating the film, spending the time, energy and effort. I encourage anyone that's interested and wants to try it out — they might be surprised what the outcome is."

June Robinson Secondary School graduate Alex Bulova submitted a film he worked on with a team of classmates for the school's International Baccalaureate film studies class.

"L'Échange" is a "riff on noir films and mob films," said Bulova, who plans to attend the College of William and Mary in the fall and study film and international relations.

Filming took place over four days in Richmond, while editing lasted about a month. In the capital city, the shooting team was granted access to the governor's mansion.

"It was the coolest thing," said Bulova. "We were told the last person to film there was Steven Spielberg for 'Lincoln.' I like to imagine we're on similar levels at this point."

Bulova said he learned how filmmaking can be a collaborative process and an artform.

"It's such an intense balancing act: hav-

ing a great story and also conveying all these emotions in the background, almost like a game, trying to imagine how to share emotion," he said. "Movies have the potential to express the big emotions but also the small emotions, and capture the subtlety of life. That's what I strive for."

Like Bulova, 2015 South County High School graduate Jacqueline Olivo also plans to study film in college — in her case at the University of North Carolina School of the Arts. She's submitted to the Clifton festival numerous times; Weinberg and Olivo have seen each other grow up.

"It's gone from a very small festival that lumped in every film all together to a rather large festival with a presence in the community that attracts families and other people," Olivo said. "It does a good job of taking selections that can really compete against each other."

OF OLIVO, Weinberg said she's impressed with "her dedication, how she strives to make really great films and makes really good stuff."

"It's exciting to follow the people's careers, just the fact they keep getting better at their craft," Weinberg added.

Olivo's entry for 2015 is called "Friday the 14th." She describes it as "starting with a romantic comedy vibe" then switching to horror.

Olivo said she loves filmmaking because "I believe it's the highest form of storytelling: You get visual storytelling as well as what you would get from a book — the script — acting like in theater but also a different element that puts the viewer into the story."

Entrant Johnathan Breaux is submitting again this year as well. Though not in high school yet, the 12-year-old Kings Park West resident is already an accomplished director and professional actor using the stage surname Newport.

Breaux's submission for the 2015 festival is a political satire called "Philmoria" that follows the adult main character Philmore as he secedes his property from the United States, forms alliances with foreign powers and is spied on by American child operatives.

To produce "Philmoria," Breaux worked with both peers and adults. "It takes patience, discipline, and compassion towards others to be a good filmmaker," he said, "to bring out the best in the them."

"I also learned don't over complicate things," Breaux added. "Try to stay to the point on the shot, know what you're doing beforehand."

The 7th annual Clifton Film Festival takes place July 18 at the Workhouse Arts Center, 9518 Workhouse Way, Lorton. For more information visit www.cliftonfilmfest.com.

PHOTOS COURTESY OF ALEX BULOVA



PHOTO COURTESY OF THE CITY OF FAIRFAX BAND ASSOCIATION

The City of Fairfax Band welcomes children to try out instruments then performs a concert during their annual children's night.

City of Fairfax Band Performs Children's Concert July 16

Each year, the City of Fairfax community band gives its youngest fans a chance to try their hand at the shiny, twisty and just plain loud instruments in the ensemble. The group's Children's Concert event begins with an "instrument petting zoo"

at 6:30 p.m. on July 16 and includes a parade, opportunity to conduct the band and free ice cream and balloons. A youth-oriented concert program begins at 7:30 p.m. and includes music from popular movies such as "Star Trek" and "Jurassic Park," plus Disney

classics "Frozen" and "Aladdin." The event is scheduled to take place in the Veterans Amphitheater just outside Fairfax City Hall at 10455 Armstrong Street in Fairfax. For more information, visit www.fairfaxband.org.

— TIM PETERSON

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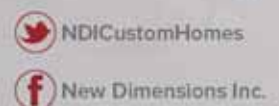


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Yes to Nonpartisan Redistricting

Politicians shouldn't be choosing voters.

Virginia's Congressional map is unconstitutional because African American voters are packed into District 3, according to the U.S. District Court for the Eastern District of Virginia. The problem will have to be remedied by drawing new boundaries.

The issue could be appealed to the U.S. Supreme Court.

In statewide elections, Virginia voters have chosen Democrats in the last two presidential elections, for U.S. Senate, for Governor, Lieutenant Governor and Attorney General. Every single official elected statewide is a Democrat.

Democrats won by a comfortable margin in most cases, but elections were close. In one case the margin was razor thin. (Attorney General Mark Herring beat Republican Mark Obenshain by 165 votes out of more than 2.2 million cast, and that was an election that had serious and immediate consequences, if you ever need an argument for the importance of your vote.)

It's reasonable to assume that a state so clearly leaning blue, but close to evenly divided would be about evenly divided in political representation.

But in fact, the Virginia House of Delegates consists of 67 Republicans and 33 Democrats.

Virginia's delegation to the U.S. House of Representatives consists of eight Republicans and three Democrats.

Virginia's 11 Congressional districts should be split about evenly. You could understand a split five Dems and six Republicans; or five Republicans and six Democrats. A four and

seven split would smack of some unusual circumstance. But three and eight?

The problem is gerrymandering.

The solution, which the Supreme Court just OK'd, is allowing the lines to be drawn by a non-partisan commission.

Both political parties have been guilty of this when in power, although new technology and better data have made the process more egregious, the effects more damaging.

EDITORIAL

Political parties should not control the drawing of political districts. Gerrymandering thwarts the will of the electorate. It is especially damaging in a Dillon rule state, like Virginia, where localities have only the power explicitly granted to them by the General Assembly. This is particularly unfair to localities like Fairfax County, Ar-

Pet Photos for the Pet Connection

The Pet Connection, a twice-yearly special edition, will publish on July 22, and photos and stories of your pets with you and your family should be submitted by July 15.

We invite you to send us stories about your pets, photos of you and/or your family with your cats, dogs, llamas, alpacas, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your home or yard with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures. Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a pet? Is your business about pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

lington and Alexandria, whose electorate and local officials have views that differ greatly from those of the majority of Virginia's General Assembly.

The reason Virginia's Congressional map has been ruled unconstitutional is about race; packing all the African American voters in one district and conceding that district to Democrats in order to reduce the power of African American voters in the adjacent districts. A similar challenge is in the works concerning districts in Virginia's House of Delegates.

It's long past time to take these decisions out of the hands of the officials who use the redistricting process to choose their own voters and effectively grant themselves lifetime appointments.

— MARY KIMM

Or take this opportunity to memorialize a beloved pet you have lost.

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Braddock Nights Concerts Kick Off July 10

By JOHN C. COOK
SUPERVISOR (R-BRADDOCK
DISTRICT)



Most people have fond, nostalgic memories of visits to the park. Perhaps celebrating family picnics and reunions, playing little league baseball games, enjoying quiet evenings in nature or even fishing and hiking with friends and family. The positive role that public parks have played in so many of our lives is undeniable. That is why the Fairfax County Board of Supervisors has designated July as Parks and Recreation Month.

We are not alone in our recognition of the vital role parks play in our local communities. Since 1985, various communities across America have recognized Parks and Recreation Month every July. And in 2009, Congress passed an

official resolution designating July Parks and Recreation Month.

Parks play an incredibly important part in supporting environmental, social, and health benefits. Parks improve water and air quality, prevent flooding, and support habitats for vegetation and wildlife. They are also critical to the physical and mental health of our communities: providing us with public gathering places for friends, families, and local organizations by giving us all the ability to enjoy nature, exercise, and stay healthy. Parks also provide people the opportunity to be engaged and to get involved in various volunteer activities being offered. This doesn't even begin to scratch the surface of all the benefits provided by public parks, which also includes a positive impact on our economy by enhanc-

ing property values, attracting homeowners, and retaining businesses.

This summer, the Fairfax County Park Authority is celebrating its 65th anniversary, and we are all extremely fortunate to be home to a wide variety of parks throughout the county. In addition, the Fairfax County Park Authority hosts a variety of different activities and classes all summer long, including summer day camps and public concerts. To find out more about all our parks have to offer, and all the different opportunities to get involved in this summer, please visit <http://www.fairfaxcounty.gov/parks/>. I can promise that you will find something for the whole family to enjoy.

This summer, there is also a great opportunity to attend a series of concerts being held at two of Braddock District's very own

parks. The Braddock Nights summer concert series kicks off July 10 from 7:30-8:30 p.m. at both Royal Lake and Lake Accotink Parks. These free musical performances will be held throughout the summer, and will include a wide array of performances from classical to bluegrass to everything in between. The atmosphere is informal and you're encouraged to bring a picnic dinner, blankets, lawn chairs, and to relax with friends and family to celebrate the end of the workweek. A list of this summer's performances can be found by visiting <http://bit.ly/BraddockNights2015>. For more information or to volunteer, please call 703-425-9300.

Whether it's a cookout, a family reunion, a hike, or even just an evening stroll, please be sure to spend some time outside this month and enjoy all that Fairfax County Parks have to offer.



AREA ROUNDUPS

No Criminal Charges for Officer Who Shot Dog

Eighteen-year Fairfax County Police Department veteran MPO Damien Cichocki has been cleared of any "criminal liability" in a September 2014 incident in which he shot a charging pit bull, police announced in a July 2 statement.

Officers had tracked a suspect in a Fairfax Station robbery to a residence in the 4100 block of Morrisons Way. The suspect came out of the residence and police were placing him in custody when the dog left the house and ran towards the officers.

Cichocki shot the dog while it was charging, wounding but not killing it. Then officers contained the animal and took it to a local veterinary clinic.

—TIM PETERSON

Rabid Fox Found Near South Run RECenter

Less than a month after a woman was injured by a rabid raccoon, police responded to reports of a fox "acting abnormally" in the same area: the South Run/Burke Lake Trail near the South Run RECenter.

The raccoon incident occurred June 10 while the fox was reported on July 1, according to a July 3 announcement from Fairfax County Police.

A young fox reportedly ran towards a dog and its owner in a wooded area close to the trail. The owner fell and lost his hat, which distracted the fox long enough for the man and dog to get away from the area.

Animal control officers searched the area afterwards and found a fox that was "vocalizing and showing clear signs of rabies." After the fox was put down, lab tests confirmed the animal had the virus, police said, but may or may not have been the fox that was initially reported.

Police have asked that anyone who may have had contact with a fox in this area contact Bryant Bullock, Environmental Health, 571-274-2296.

Information from the county about the rabies virus, tips for preventing exposure and what to do if bitten by an animal that may have rabies is available at www.fairfaxcounty.gov/hd/rabies/.

—TIM PETERSON



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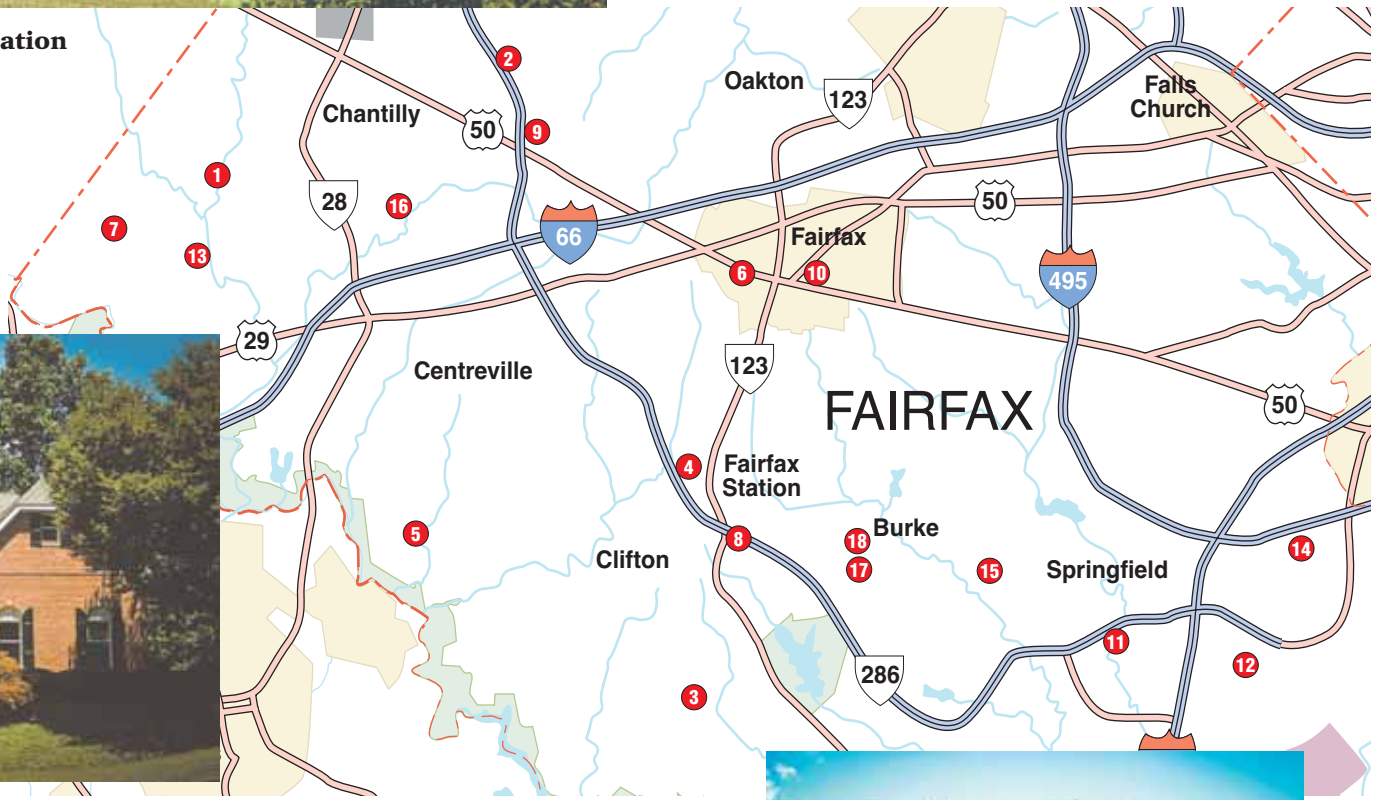
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9 12711 HUNT MANOR CT	4	4	1	FAIRFAX	\$910,000	Detached	0.30	22033	FAIR OAKS HUNT	05/15/15
10 10094 DANIELS RUN WAY	5	4	1	FAIRFAX	\$900,000	Detached	0.16	22030	FARRCROFT	05/29/15
11 7307 LAUREL CREEK CT	5	4	1	SPRINGFIELD	\$900,000	Detached	0.31	22150	SOUTHAMPTON	05/29/15
12 7505 BULFINCH CT	6	4	1	ALEXANDRIA	\$900,000	Detached	0.29	22315	GAYFIELDS ROAD	05/26/15
13 5874 IRON STONE CT	4	4	1	CENTREVILLE	\$870,000	Detached	0.83	20120	THE RIDINGS AT VIRGINIA RUN	05/14/15
14 6022 MASONDALE RD	4	4	1	ALEXANDRIA	\$810,000	Detached	0.10	22315	KINGSTOWNE	05/22/15
15 6317 CARDINAL HILL PL	5	3	1	SPRINGFIELD	\$805,000	Detached	0.24	22152	CARDINAL RUN II	05/28/15
16 4804 WALNEY KNOLL CT	4	4	1	CHANTILLY	\$772,000	Detached	0.37	20151	POPLAR PARK	05/27/15
17 9687 BRITFORD DR	4	3	1	BURKE	\$765,000	Detached	0.28	22015	BRITFORD	05/04/15
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HomeLifeStyle

A House by the Sea

Design ideas for beach homes.

BY MARILYN CAMPBELL
THE CONNECTION

As the sweaty days of summer slog on, many are dreaming about a home by the sea, a wistful retreat where cares flow as freely as an ocean breeze. A few local designers share seaside secrets for an idyllic hideaway.

When a Bethesda, Md., family decided to update and expand their vacation home on the shores of the Chesapeake Bay, functionality and style were top priorities.

Doug Roberts and Jessica Parker Wachtel of GTM Architects in Bethesda added more than 1,400 square feet, but kept many of the existing features of the 3,792-square-foot beach house, which was built in 1985.

“What was unique about this project is that the family’s father had originally designed this home himself,” said Roberts. “It’s modern with lots of glass and cathedral ceilings. The family didn’t want to change that. They just wanted to expand it.”

The home now has an open floor plan, including a kitchen that flows into the family room, an exercise and recreation room, glass garage doors, an outdoor shower and

a wet bar. The windowsills are lower, allowing in more light and expanded water views. The home’s bathrooms and five bedrooms were updated, adding a balcony with views of the bay to a rear bedroom.

“The work was all consistently done, so you really can’t tell that there was an addition,” said Roberts. “We replaced all of the materials — flooring, tile, trim — and put down new materials throughout.”

AN ALEXANDRIA COUPLE wanted their second home on the Eastern Shore to exude a calm serenity. They achieved that feel with white walls and furniture at the recommendation of interior designer Grace Nelson of Nelson Design Lab in Arlington.

“White exudes peace and quiet,” said Nelson. “They wanted their beach house to be the opposite of the chaos of Washington, but they didn’t want it to be too far removed modernity. They still wanted their luxuries.”

Among those amenities are a kitchen equipped with a Bosch dishwasher and a built-in Subzero refrigerator. The kitchen’s white cabinetry is accented with natural pine knobs and pulls that match the pine



PHOTO COURTESY OF GTM ARCHITECTS

This Chesapeake Bay vacation home with renovations by Doug Roberts and Jessica Parker Wachtel of GTM Architects has an abundance of windows that allow in sunlight and offer views of the water.

flooring.

A bay window in the living room allows for majestic ocean views. That seascape can also be enjoyed from the clawfoot soaking tub in the master bathroom.

WHEN THE OWNER of a Rehoboth Beach, Del., condominium decided to rent her property to beach goers, she wanted to marry casual elegance and durability.

Designer Sallie Kjos of Grey Hunt Interiors in Chantilly helped the homeowner, whose primary residence is in Great Falls, choose furnishings that created a relaxed, modern look.

“When you’re designing a beach property that is also used as a rental, you want to find something that is durable and can be cleaned easy and can stand up to the sand,” said Kjos. “You don’t over accessorize a beach property, especially if it’s a rental.”

They created an office space “because a lot of people have to work even when they’re on vacation,” said Kjos.

A chandelier made of natural capiz shells, with an easy-to-clean lacquered finish, hangs over the wooden dining room table. The result is a beach feel, but with a modern twist, says Kjos.

“We tried to get away from the stereotypical beach décor with motifs like seagulls and driftwood,” she said. “We wanted to use water-like colors because it makes for a relaxing environment, but we mixed the city with the ocean and created a flow throughout the house so that it connected visually.”

IT’S THAT CONNECTION, to the sand, the surf, and surroundings that makes a vacation house feel like a home. When Potomac, Md., architect James Rill went looking for a Vero Beach, Fla., vacation home, he was inspired by his favorite sport: baseball. “It’s very close to the Nationals spring training center,” he said. The home also accommodates Rill’s parents. “We took the master suite and we made it into a nicer, handicapped accessible space.”



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Corey Wallach, MD, completed his spine fellowship at the prestigious UCLA Comprehensive Spine Center which specializes in minimally invasive, motion preserving and traditional treatment for the neck and lumbar spine. He completed his residency at the University of Pittsburgh Medical Center, where he conducted research on biologic treatment strategies for degenerative spinal disorders, earning both national and international recognition for his efforts. He now serves as a medical director for the Inova Spine Institute.



CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

- Braddock Nights Concerts Series.** Fridays, through Aug. 28. 7:30 -8:30 p.m. at Lake Accotink Park, 7500 Accotink Park Road, Springfield, or Royal Lake Park, 5344 Gainsborough Drive, Fairfax. A series of free musical performances held throughout the summer.
- Stars on Sunday Concert Series.** Sundays, through Aug. 30. 3 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia. Concerts are free to attend and are perfect for families, a special date or a relaxing afternoon of music and dance.
- Burke Arts in the Parks.** Saturdays, through Aug. 22. 10 - 11 a.m. Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Entertain children, teach them the importance of protecting our natural resources, introduce them to live entertainment in an informal kid friendly atmosphere, and forge a connection between kids and parks. Call 703-323-6601.
- Summer Reading Program.** Friday-Saturday, through Sept. 5. 10 a.m.-5 p.m. Fairfax Library, 10360 North Street, Fairfax. Come to the library all summer for books and events. <http://www.fairfaxcounty.gov/library/branches/fx/>.

Springfield's Restaurant Week: July 12-19

Get ready for Springfield Town Center's Restaurant Week starting this weekend Sunday, July 12-19. Restaurants participating are Nando's Peri Peri, & pizza, Maggiano's Little Italy, Yard House and Chuy's. Restaurant Week allows diners to try a pre-fixed special menu at an affordable price. For more information visit, <http://springfieldtowncenter.com/restaurantweek>. Springfield Town Center is located at 6500 Springfield Mall, Springfield.

THURSDAY/JULY 9

Teen Video Production Workshop. 7 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Learn basic editing, cinematography, and camera settings, from Sam Sikora a teen who has won awards at Robinson High School for his work.

Jammin' Book Party. 7 p.m. Lorton Library, 9520 Richmond Highway, Lorton. Explore fun stories and games. Snacks provided. Age 9-12.

Afternoon Book Club. 1 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Join the afternoon book club, make new friends and chat about books. This month's title is "The Cuckoo's Egg" by Clifford Stoll.

FRIDAY/JULY 10

Fun & Games. 2 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Game day! The library is bringing out their board games for an afternoon of gaming fun. Age 6-12.

Fun Flicks. 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Watch movies based on children's books.

SATURDAY/JULY 11

Obon Festival. 5:30 -9 p.m. Highlighting Japanese culture at Ekoji Buddhist Temple, 6500 Lakehaven Lane, Fairfax Station. Visit www.ekoji.org for more.

Lorton Junior Chess Club. 2 p.m.

Lorton Library, 9520 Richmond Highway, Lorton. Practice chess and learn new moves. Age 8-12.

Tai Chi. 8 a.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Enjoy free, drop-in Art of Movement classes featuring Yoga, Hula, Mat Pilates, Surfset and Tai Chi! No experience is necessary, bring your own mat.

Ceramics Ice Cream Social Fundraiser. 12-4 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Purchase a one-of-a-kind handmade ice cream bowl created by Workhouse students, instructors and ceramic artists and fill it with ice cream! Participants can also enjoy live performances by The Great Zucchini and 50 Man Machine. \$20 donation includes bowl, ice cream and toppings.

2nd Saturday Art Walk. 6-9 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. The 2nd Saturday Art Walk at the Workhouse showcases the diverse work of more than 100 visual artists in a unique historic venue, creating an atmosphere that encourages visitors to immerse themselves in the richness of this creative community.

SUNDAY/JULY 12

Workhouse Farmers Market. 1-5 p.m., at the Workhouse, 9601 Ox Road, Lorton. Every Sunday on the quad is a producer-only market for discerning shoppers featuring locally

grown fruits and vegetables, locally raised meats and poultry and local foods from breads to salsas and sausages. <http://www.workhousearts.org>. Runs through Sept. 13.

Lorton Farmers Market. 9 a.m.-1 p.m. Sundays, May 3-Nov. 8. Featuring fresh produce, a Swiss bakery and potted plants and herbs. VRE Parking Lot, 8990 Lorton Station Boulevard, Lorton.

MONDAY/JULY 13

Maker Lab. 3:30 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Crafts using tubes and egg cartons. Ages 5-9.

TUESDAY/JULY 14

Bedtime Storytime. 7p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Come in your pajamas, bring your favorite stuffed animal and enjoy bedtime stories and music. Age birth-5 with adult.

WEDNESDAY/JULY 15

Grooms Night Out. 6:30 p.m. Capital Custom Clothiers, 203 Washington St., Suite D, Occoquan. Free, fun event for engaged couples that will focus on style options and fashion tips for the groom. Food, drink and door prizes.

Storytime Picnic. 12 p.m. Lorton Library, 9520 Richmond Highway, Lorton. Bring a picnic lunch and listen to stories and songs. Age 0-5 with adult.

THURSDAY/JULY 16

Springfield Writers' Group. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Share your work, give and receive feedback in a supportive setting. Adults.

FRIDAY/JULY 17

Cool Cow Comedy Presents Carmen Lynch. 8 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Each month (and sometimes twice a month) Cool Cow Comedy's headliners and featured performers take the stage in the W-3 Theatre.

SATURDAY/JULY 18

Clifton Film Festival. 7 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Enjoy live music, food and original films under the stars. During the event there will be two awards ceremonies, student's awards will be given during intermission and the 19+ category at the closing of the festival. Visit cliftonfilmfest.com.

Pilates. 8 a.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Enjoy free, drop-in Art of Movement classes featuring Yoga, Hula, Mat Pilates, Surfset and Tai Chi! No experience is necessary, bring your own mat.

SUNDAY/JULY 19

Model Trains Display. 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK Club will have N gauge model trains on display and running. Museum members and children 4 and under, free; children 5-15, \$2; adults 16 and older, \$4. www.fairfax-station.org.

Hooray for Hollywood. 7:30 p.m. Richard J. Ernst Cultural Center, 8333 Little River Turnpike, Annandale. The concert will focus on musical themes from some of Hollywood's most popular motion pictures such as "Titanic," "Apollo 13," "Schindler's List," the James Bond movies, and a 50th anniversary salute to "The Sound of Music."

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SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Raymond J. King of Clifton earned his Ph.D. in Mechanical Engineering, with a focus on Robotics, from the Mechanical Engineering Department of the University of Utah at the close of the Fall 2014 semester. An NSF - IGERT grant helped fund his post-graduate studies there. A 2003 graduate of Robinson Secondary School, Raymond went on to receive both his B.S. and M.S. degrees from the College of Engineering at Virginia Tech before marrying fellow VT engineering graduate, Amelia Davis. He is the son of Clifton residents Dr. Graham and Jane King.

Katie Bershadsky, born and raised in Burke, has been selected to the Delta Epsilon Iota Academic Honor Society in the local chapter at Kennesaw State University. Delta Epsilon Iota was established to recognize and encourage academic excellence in all fields of study. Bershadsky is expected to graduate in 2018 with a major in public relations. Her parents are Scott and Kim Bershadsky. Her grandparents Malcolm and Marcia have lived in Burke for more than 30 years.

Jacob M. Sage, of Burke, Junior, Pre-Construction Engr Mgt. has made the Scholastic Honor Roll Fall term at the Oregon State University. A total of 861 students earned straight-A (4.0). Another 3,598 earned a B-plus (3.5) or better to make the listing. To be on the Honor Roll, students must carry at least 12 graded hours of coursework.

Governor Terry McAuliffe and the state Board of Education announced on May 19, 2015, that 252 schools and four school divisions earned 2015 Virginia Index of Performance (VIP) awards for advanced learning and achievement. The VIP incentive program recognizes schools and divisions that exceed state and federal accountability standards and achieve excellence goals established by the governor and the board. 109 schools earned the Board of Education Excellence Award, the second-tier honor in the VIP program. The schools receiving Board of Education Excellence Awards are as follows:

Greenbriar West Elementary, Fairfax; Hunt Valley Elementary, Springfield; Hunters Woods Elementary for the Arts and Sciences, Reston; Keene Mill Elementary, Springfield; Mantua Elementary, Fairfax; Mosby Woods Elementary, Fairfax; Navy Elementary, Fairfax; Robinson Secondary, Fairfax; Sangster Elementary, Springfield; Springfield Estates Elementary, Springfield; Thomas Jefferson High for Science and Technology; West Springfield Elementary, Springfield; West Springfield High, Springfield; White Oaks Elementary, Burke; Willow Springs Elementary, Fairfax; and Woodson High, Fairfax.

The Fairfax County Band Directors Association has recognized 16 Fairfax County Public Schools (FCPS) students for excellence in solo instrumental music performance as part of the 2015 Fairfax County Band Directors Association Solo Competition. A total of 33 schools were represented; 66 students competed in the event.

The following students were named winners in the elementary school division: **Third place: Maia Trafton (trumpet), Keene Mill Elementary School.**

The following students were named winners in the high school division: **First place: Hunter Lorelli (bassoon), West Springfield High School.**

A student from Thomas Jefferson High School for Science and Technology (TJHSST) won the Best of Category Award and a first award in Robotics and Intelligent Machines at the Intel International Science and Engineering Fair, held in Pittsburgh. Fairfax County Public Schools (FCPS) students also won numerous special awards.

Ava Lakmazaheri of TJHSST earned the Best of Category award and a first award in Robotics and Intelligent Machines for her project, *Brain-Actuated Robotics: Controlling and Programming a Humanoid Using Electroencephalography*. Lakmazaheri also won several special awards, including:

The Ashtavadhani Vidwan Ambati Subbaraya Chetty Foundation award, that recognizes projects that display outstanding creativity, ingenuity, and have the potential to alleviate the human condition or mark a substantive advancement in the scientific field.

The China Association for Science and Technology (CAST) award, given to the projects that best reflect the originality and innovation of the students' work in all scientific disciplines.

A full tuition scholarship to Drexel University for projects best matching the university's curriculum.

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SPORTS

(Back, from left) Connie Polnow, Mikaela Voegele, Jackie Hafner (front, from left), Margot Baden, Angel Oh and Alex Marini perform a synchronized swimming routine for the 18-19 age group at the Junior Olympics.



PHOTOS COURTESY OF THE NORTHERN VIRGINIA NEREIDS



The Northern Virginia Nereids synchronized swimming team trains at the Audrey Moore RECenter in Annandale.



Northern Virginia Nereids coach Hayan Kim of Fairfax (right) works with one of the 13-15 age group teams competing at the Junior Olympics in Greensboro, N.C.

War of the Waters

Synchronized swimmers compete at championship event in North Carolina.

BY TIM PETERSON
THE CONNECTION

Lake Braddock graduate and Springfield resident Connie Polnow has been doing synchronized swimming since she was 9 years old. Her teammate and rising West Springfield freshman Angie Borkowski has only been at it for a year. But together, they were among 29 members of the Northern Virginia Nereids squad who participated in the United States Synchronized Swimming Junior Olympics between June 29 and July 4.

The meet in Greensboro, N.C. drew around 450 swimmers who competed in individual, duet and team events. For the Nereids, the meet was the culmination of training that started back in September.

"They all had their best swims of the year during the competition," said co-head coach and Washington, D.C. resident Julie Silverman. "I couldn't be more

proud of that." Last year, she added, the Nereids sent just nine swimmers to the championship meet.

Because it included teams from outside their normal area of competition (practices are held at Audrey Moore RECenter at Wakefield Park in Annandale) Silverman said the meet offered swimmers a chance to "see what else is out there" in terms of practice styles and water performance elements like "lifts" (swimmers bringing other swimmers out of the water) and "ripples" (when one person follows the action of another rather than moving simultaneously).

"It was definitely an exciting experience for them," she said.

Borkowski's team of seven young women between ages 13 and 15 performed a routine using World Cup-themed music for the soundtrack to match the "upbeat arms" and "really exciting and happy" choreography. The teammates custom-decorated their suits with international flags and

soccer balls.

She likes synchronized swimming because "it's artistic and works on my endurance," she said.

Borkowski swam for the Daventry Dolphins community summer league team for several years before seeing an ad in the Fairfax County Park Authority magazine "Parktakes." "It looked really different — I never did anything like it before," she said.

Connie Polnow was also a lap swimmer before switching to synchro. She remembers being at a practice at Audrey Moore and seeing the Nereids running their practice at the same time in the pool's deep end.

"That seemed more appealing to me," Polnow said. She talked to the coaches that day, got into a short summer program and joined the team in earnest the following fall.

Polnow likes synchro for "the people, first and foremost," she said. "I also like the sparkly suits."

With the difficulty of controlling your body and breath for several

minutes through numerous maneuvers and positions, the sport isn't exactly mainstream, which is something Polnow appreciates. "And there's always something new to learn; not just honing a skill, but always something new you can do."

In Polnow's Junior Olympics routine, she was joined by five other swimmers in the ages 18 to 19 group. They chose music from "Willy Wonka and the Chocolate Factory" featuring Johnny Depp to accompany approximately four minutes of tricky choreography (five lifts and nearly half of the time under water). "We wanted our routine to be fun for the audience, to be upbeat."

This is how the full contingent from the Northern Virginia Nereids fared at the United States Synchronized Swimming Junior Olympics:

18-19 Team: 18th Place,

Margot Baden, Jackie Hafner, Alex Marini, Angel Oh, Connie Polnow, Mikaela Voegele

18-19 Solo: 12th Place, Mikaela Voegele

16-17 Duet: 21st Place, Margot Baden and Jackie Hafner

13-15 Team: 26th Place, Grace Choi, Kayleigh Gagen, Violetta Nikitina, Shine Peng, Sarah Sanfield, Sara Schulwitz, Dora Stojanovic, Claire Werrlein,

13-15 Team: 41st Place: Angie Borkowski, Brianna Edwards, Hanna Lee, Erika Olivo, Karen Samy, Lisa Ugrymova, Huntleigh Zhang

13-15 Duet: 38th Place, Violetta Nikitina and Shine Peng

11-12 Team: 32nd Place, Laura Baitinger, Rose McClelland, Haley Oh, Sophie Prabhakar, Emily Song, Sarah Song, Viki Valentovics, Olivia Zuhoswki

11-12 Duet: 15th Place, Grace Choi and Sarah Sanfield

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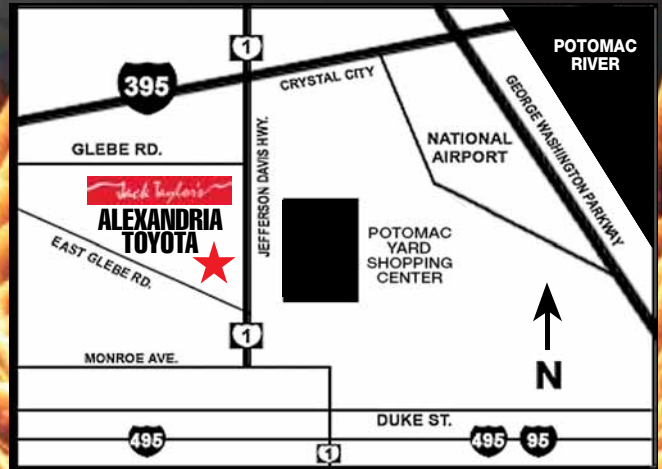
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BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

Is it Normal Aging or Dementia? 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Kings Park Library will be hosting an event that will teach participants the difference between normal aging and dementia, as well as the top 10 signs of Alzheimer's disease. For more information go to fairfaxcounty.gov/library/branches.

THURSDAY/JULY 9

Person Centered Dementia Care. 3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. It's hard to keep individuals with dementia active and engaged; learn to gear activities to them to make your time together enjoyable, frustration free, and memorable. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

Spanish Conversation Group. 2 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Participants can practice and improve their Spanish with a native speaker. For more information go to fairfaxcounty.gov/library/branches.

FRIDAY/JULY 10

English Conversation Group. 10:30 a.m. Lorton Library, 9250 Richmond Highway, Lorton. Practice speaking English with others and improve your skills. Adult.

SATURDAY/JULY 11

Living Trust Plus Seminar: How to Protect Your Assets from the Expenses of Probate and Long Term Care. The Law Firm of Evan H. Farr, P.C., 10640 Main Street, Suite 200, Fairfax. Learn how to protect your assets and obtain valuable Medicaid and Veterans benefits to pay for long-term care.

SATURDAY/JULY 11

Teen Advisory Board. 12 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. The Kingstowne Teen Advisory Board will be holding its meeting. For more information go to fairfaxcounty.gov/library/branches.

TUESDAY/JULY 14

Genealogy One-On-One. 1:30 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. A genealogical volunteer will be offering participants advice of starting or continuing their genealogical research. For more information go to fairfaxcounty.gov/library/branches.

English Conversation Group. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Practice and improve your English. Adults.

WEDNESDAY/JULY 15

Are They Doing That On Purpose? Understanding Behaviors. 1:30 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Join us for this free program at 1:30 pm. Come and learn strategies for communication and dealing with difficult behaviors. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

THURSDAY/JULY 16

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

The Guhyasamaja Buddhist Center, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism.

The center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming inner causes of suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation

and meditation. Visit <http://www.guhyasamaja.org> for more information.

Lord of Life Lutheran offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or www.Lordoflifeva.org.

First Baptist Church of Springfield offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspringfield.org.

Clifton Presbyterian Church, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided.

Christian education for all ages is at 9:45 a.m. 703-830-3175.

101 Computers 101 Computers 21 Announcements 21 Announcements

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VIRGINIA: IN THE GENERAL DISTRICT COURT FOR THE CITY OF VIRGINIA BEACH

CARTER LUMBER OF VIRGINIA, INC., PLAINTIFF,
v.
DANIEL ROBINSON, et al. DEFENDANTS.

ORDER OF PUBLICATION

The object of this suit is to recover money damages for breach of contract. It is ORDERED that Daniel Robinson and Alaric Holdings, LLC appear at the above-named court on July 30, 2015 at 8:30 A.M. to protect their interests. David M. O'Dell, Clerk June 10, 2015

21 Announcements 21 Announcements

LEGAL NOTICE

According to the Lease by and between Kathleen M O'Rourke aka Kathleen D Meehan of unit 1060 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: christmas decor, boxes, ladders, tool bench, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

According to the Lease by and between Khashayar Zargham aka K Zargham of unit 1077 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: file cabinets, boxes, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

According to the Lease by and between Steven Gonzalez of unit 2028 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: bins, lamp, medical supplies, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

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21 Announcements 21 Announcements 21 Announcements 21 Announcements

ABC LICENSE
Correct First Time Auto Service, Inc trading as Ox Road Exxon, 5211 Ox Road, Fairfax, VA 22030. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off premises license to sell or manufacture alcoholic beverages. Poonam Sharma, member
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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SPORTS

World Police and Fire Games Come to a Close

The World Police and Fire Games ended July 5 with law enforcement winning 1,308 gold medals, and firefighters bringing home 513 gold medals.

Law enforcement collected a total of 3,168 medals, including 1,036 silver and 824 bronze. Firefighters totaled 1,268 medals, including 417 silver and 338 bronze.

The United States held a large advantage in the medal count, winning 1,777, including 696 gold. Canada amassed the second-most medals with 429, including 172 gold. Russia won 207 medals (126 gold), Spain brought home 193 (77 gold) and Brazil tallied 174 (58 gold).

Several local teams/athletes captured gold during the 10-day event, including a pair of first-place finishes in 5-on-5 basketball. Fairfax Finest won gold in the women's competition, and Fairfax County PD won the men's 18+ Division II event.

Fairfax County firefighter Monica Harding won gold in the 18+ individual full gear stair



Fairfax County firefighter Monica Harding won gold in the 18+ individual full gear stair climb at the World Police and Fire Games.



Fairfax County Fire and Rescue's Holly Melendez finished first in the women's 30+ under 67.5 kg bench press at the World Police and Fire Games.

climb. Fairfax County Fire and Rescue's Holly Melendez finished first in the women's 30+ under 67.5 kg bench press.

In cross country, Fairfax County Fire and Rescue's Caldwell Clarke took gold in the 10,000 meters.

In police motorcycle competi-

tion, Richard Mattison of the Fairfax County Police Department finished first in the 18+ expert skill level cone event. Kevin Palizzi placed first in the 18+ challenge ride. The Fairfax County Police Department finished first in the team cone event.

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