

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Breeders	FXM Pres.	Paid Programs				Mike	Mike	Mike	Mike	Mike	Mission: Impossible III ★★★ ('06, Action) <i>Tom Cruise</i>						
FXM	384	⚠Warning (40) The Alligator People ('59)		The Terrorists ('75, Suspense) 'PG'			The Flight of the Phoenix ★★★ ('65, Adventure) 'NR'				(9:55) The Fly ('58, Horror) 'NR'	Curse							
FXX	125	Paid Programs						Mom	Captain Underpants: The First Epic Movie					Spider-Man: Into the Spider-Verse ('18, Children's)					
GETTV	373	Fantasy Island		Fantasy Island		Paid Programs		Paid Prog.	Paid Progr	Paid Progr	Mass	Life of Grizzly Adams		Shane	(15) Hondo				
GMSHW	116	Paid Programs											Deal or No Deal	America	America	America	America		
GOLF	401	⚠Live From the Olympics Men's Round 4 (L)			Olympics	2020 Tokyo Olympics Men's Golf, Final Round ♀			Golf LPGA & European Tour: ISPS HANDA World Invitational, Final Round (L)										
GRIT	217	Paid Programs				Laramie	Fort Worth ★★ ('51, Western) <i>Randolph Scott</i>			Run of the Arrow ('57, Western) <i>Rod Steiger</i>			The Badlanders ('58)						
HALL	185	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Paris, Wine & Romance ('19, Romance)			Pearl in Paradise ('18)				
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		When Calls the Heart			
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Monk <i>Murder</i> .		Monk		Monk		Monk		Monk		Monk			
HDMOV	130	⚠Fort Defiance ('51)		Paid Programs											G.I. Blues ('60, Musical Comedy) <i>Elvis Presley</i> (9:50) The Way West ★★ ('67, Western)				
HGTV	112	Paid Programs						Fixer to Fabulous			Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous				
HIST	120	Paid Programs						Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Counting Cars		
ID	192	Murder Comes to Town		Murder Comes to Town		Clown- Candy.		Clown- Candy.		Clown- Candy.		Clown- Candy.		Ice Cold Killers		Ice Cold Killers			
IFC	133	⚠48 HRS. ('82, Action)		Kids in Hall	Stooges	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	Star Trek: Nemesis			
LAFF	237	Paid Programs				Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	Videos	Videos	Videos	Videos		
LIFE	108	Paid Programs						Youseff	Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.		Abducted on Air ('20, Suspense) <i>Perrey Reeves</i>				
LMN	109	Paid Programs				Obsessed ★★ ('02, Drama) <i>Jenna Elfman</i>			Fatherly Obsession ('17, Suspense)			His Perfect Obsession ('18, Suspense)							
MGMHD	385	⚠Prick Up Your Ears		Studio	Studio	Studio	(3:5) Interiors ('78, Drama) <i>Diane Keaton</i>	(40) Crooked Hearts ★★ ('91, Drama) <i>Vincent D'Onofrio</i>		The Favor ★★ ('94)									
MOTOR	246	FantomWorks		FantomWorks		Faster With Finnegan		Junkyard	Dirty-Day	Sam's	(Motorhead)	Roadkill	Garage	Truck U	Car Fix	Garage			
MSNBC	209	Dateline		Dateline		Report		Report		Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)					
NATGEO	197	When Sharks Attack		When Sharks Attack		Paid Programs					Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted				
NGWLD	190	Paid Programs						Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet			
OUTD	396	Hunt Adv	Bucks Tec.	Hunting TV	Quests	Bill Dance	Match Fish.	Major League Fishing Big 5			Thirteen	Hunt	Territories	The One	Drop Zone	Quests			
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday			
OXYG	127	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		Dateline		Dateline		Snapped <i>Janice Bonnell</i>		Snapped <i>Annette Cahill</i>		Snapped <i>Kayla Nelson</i>		Snapped			
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue			
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion <i>Dumbster Fire</i>		Scorpion		Scorpion <i>Gator Done</i>		Scorpion <i>Foul Balls</i>			
REELZ	299	Paid Programs				Marilyn Monroe		James Dean's Legacy		Celebrity	Celebrity	Pretty Woman: Behind Closed Doors		My Guest My Guest					
RFDTV	231	Paid Programs				Church	Being Y	Jackson	Jeffress	David	Hagee Min	In Touch	Happy	Stuart	Porter	California	Reporter		
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made			
SMITH	367	Hanoi Hilton		Flag- Iwo Jima		Aerial Britain		Aerial Britain		Aerial Britain <i>Wales</i>		Aerial Britain <i>Scotland</i>		Aerial Greece		Aerial Greece			
SONY	386	⚠7 Seconds ('05, Action)		The Marksman ★★ ('05, Action) (4:5) Urban Warfare (40) Against All Odds ('84, Crime Drama) <i>Rachel Ward</i>			The Legend of Zorro ★★ ('05, Adventure)												
SUND-E	358	Monk (Part 2 of 2)		Monk (Part 1 of 2)		Monk (Part 2 of 2)		Monk		Monk		Monk		Monk		Monk			
SYFY	122	⚠Valerian		Futurama	Futurama	Futurama	Paid Programs			Child's Play 2 ★★ ('90, Horror) <i>Alex Vincent</i>			Cult of Chucky ('17, Horror) <i>Fiona Dourif</i>						
TBN	260	Love Lang	Harvest	J. Rubin	Connect	Ed Young	From His	Passion!	T. Evans	S. Furtick	Merritt	Jentezen	David	R. Jeffress	Win Walk	Joel Osteen	Daily Hope		
TBS	139	Broke Girl	Broke Girl	Matters	Matters	Matters	Matters	Rush Hour ★★★ ('98, Action) <i>Jackie Chan</i>			Rush Hour 2 ★★ ('01, Action) <i>Jackie Chan</i>		Rush Hour 3 ('07)						
TCM	132	⚠Secrets (4:5) The Secret Bride ('35, Drama)		Marked Woman ★★★ ('37, Crime Drama)			Winter Meeting ('48, Drama) <i>Bette Davis</i>			The Corn Is Green ('45, Drama) <i>Bette Davis</i>									
TLC	183	Say Yes to the		Say Yes to the		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		You, Me & My Ex			
TMC-W	329	⚠Witches (40) The House by the Cemetery (10) The Queens of Comedy ('01)		Mimic ★★ ('97, Horror) <i>Mira Sorvino</i> 'NR'			(20) The Turning ('20) 'PG-13'		(10:55) Waves ('19) 'R'										
TNT	238	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Man of Steel ★★ ('13, Action) <i>Henry Cavill</i>			(4:5) Suicide Squad ('16, Action)						
TRU	142	Foodies		Foodies		Foodies		Ad. Ruins		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
TRVL	196	Paid Programs						When Vacations Attack		When Vacations Attack		When Vacations Attack		When Vacations Attack		When Vacations Attack			
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Old Christine		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	(4:5) The Golden Girls		Gold Girls		
UP	188	Paid Programs				Br.- Bates	Mass	In Touch	Your Move		Amazing	The Librarians		The Librarians		The Librarians			
USA	105	2020 Tokyo Olympics: <i>Men's Basketball</i>			(1:15) 2020 Tokyo Olympics <i>Beach Volleyball (N)</i>							2020 Tokyo Olympics			Olympics	2020 Tokyo Olympics			
WE	128	Beyond the Pole		Paid Programs											NCIS	NCIS			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs				Local Programs				Good Morning America (N)				Local Programs				This Week		Local Programs			
CBS-E	Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)		Local Prog.							
CW-E	Local Programs				Local Programs				Local Programs				Local Programs									
FOX-E	Local Programs				Local Programs				Fox News Sunday				Local Programs				Local Programs					
NBC-E	⚠2020 Tokyo Olympics		Local Programs						© 2020 Tokyo Olympics <i>Volleyball, BMX, Weightlifting, Fencing, Tennis, Gymnastics (L)</i>													
METV	247*	Time Tunnel		The Invaders		Powers/ Matthew Star		Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones	The Jetsons			
ABC-W	Local Programs				Local Programs				Good Morning America (N)				This Week		Local Programs							
CBS-W	Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)		Local Prog.							
CW-W	Local Programs				Local Programs				Local Programs				Local Programs									
FOX-W	Local Programs				Local Programs				Local Programs				Fox News Sunday		Local Programs							
NBC-W	⚠2020 Tokyo Olympics				2020 Tokyo Olympics				Local Prog.				© 2020 Tokyo Olympics <i>Volleyball, BMX, Weightlifting, Fencing, Tennis, Gymnastics (L)</i>									
PBS	Antiques	Antiques	Wash	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious						

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	The Chi Cooley High	The Chi Native Son	The Chi The Girl From Chicago	The Chi The Spook Who Sat by the Door	The Chi Candyman	The Chi ...Black Messiah	The Chi Love Jones	The Chi Space Jam	
	SHO-W 319	John Q ★★ ('02, Drama) 'PG-13'			The Chi Soul Food	The Chi Cooley High	The Chi Native Son	The Chi	The Chi Candyman	
	SHO2-E 320	★Munich★★★★ ('05, Suspense) Eric Bana, Daniel Craig 'R'	Saving Private Ryan ★★★★★ ('98, War) Tom Hanks, Edward Burns 'R'			The End F Christmas	The End Flatbush Polar Bear	Black Monday	Seven ★★★★★ ('95, Suspense) Brad Pitt, Morgan Freeman 'R'	
	SHOBET 321	★The Captive ('14) 'R'	★Boiler Room ('00, Drama) Giovanni Ribisi 'R'	★RocknRolla ★★ ('08, Crime Drama) 'R'			★Fences ★★★★★ ('16, Drama) Denzel Washington 'PG-13'		★Shooter 'R'	
	SHOX-E 322	★Sphere ★ ('98) 'PG-13'	★Indiana Jones and the Kingdom of the Crystal Skull			★The Gentlemen ★★ ('20, Crime Drama) 'R'		★Em battled ('20, Drama) Stephen Dorff 'R'		
	SHOS-E 323	★The Firm ★★ ('93, Drama) Tom Cruise 'R'	★Cloud Atlas ★★ ('12, Drama) Tom Hanks, Halle Berry 'R'			★Platoon ('86, War) Tom Berenger 'R'		★Full Metal Jacket ('87)		
TMC-E 327	★Cujo ('83, Horror) Dee Wallace 'R'	★Changing Lanes ('02) 'R'			★American Gangster ('07, Crime Drama) Denzel Washington 'R'		★Moonlight ('16, Drama) Mahershala Ali 'R'			
TMCX-E 328	★About Shakespeare in Love ('98) Joseph Fiennes 'R'	★Road Trip ('00, Comedy) 'R'			★Welcome to the Punch ('13, Action) 'R'		★In the Line of Fire ('93, Suspense) 'R'			
FLIX-E 333	★Set It Off ('96) 'R'	★Death at a Funeral ('10) 'R'			★The Longest Yard ('05, Comedy) 'PG-13'		★Moonrise Kingdom ('12) 'PG-13'		★The Full Monty ('97) 'R'	
STARZ	ENCR-E 340	★Airplane! ★★★★★ ('80, Comedy) Robert Hays, Julie Hagerty 'PG'	★Jury Duty ★★ ('95, Comedy) Pauly Shore, Tia Carrere 'PG-13'	★Stir Crazy ★★★★★ ('80, Comedy) Gene Wilder, Richard Pryor 'R'	★Panic Room ★★★★★ ('02, Suspense) Jodie Foster, Forest Whitaker 'R'		★Eat Pray Love ★★ ('10, Drama) Julia Roberts 'PG-13'			
	STARZ-E 350	★Get Him to the Greek ('10, Comedy) 'R'	★Charlie's Angels ('19, Action) Kristen Stewart, Naomi Scott 'PG-13'			★Daylight ★★ ('96, Action) Sylvester Stallone, Amy Brenneman 'PG-13'		★Tyler Perry's Meet the Browns ('08) Tyler Perry 'PG-13'		
	STARZ-W 351	★Tyler Perry's Meet the Browns ★★ ('08) 'R'			★Get Him to the Greek ('10, Comedy) 'R'		★Charlie's Angels ('19, Action) 'PG-13'		★Blindspot	
	STRZED 352	★Harold Power Book III: Raising	★Resident Evil: Retribution ('12) 'R'			★Standing Up, Falling Down ('44) The Grudge 2 ★★ ('06, Horror) 'PG-13'		★Blindspot		
	STRZCI 353	★The Affair ('19) 'NR'			★The Climb ('19, Comedy-Drama) 'R'		★Runaway Jury ('03, Suspense) 'PG-13'		★Promised Land ★★ ('12, Drama) Matt Damon 'R'	
	STRZCO 354	★The Nanny Diaries ('12) Biloxi Blues ('88) 'PG-13'			★Christmas with the Kranks ('04) 'PG'		★The Bronze ('15, Comedy) 'R'		★Trading Places ('83, Comedy) Dan Aykroyd 'R'	
STRZIB 355	★Miles Ahead ('16) 'R'			★Blade: Trinity ★★ ('04) 'R'		★Behind the Curtain: Todrick Hall ('17)		★Booty Call ('97, Comedy) 'R'		
STRZKF 356	★My Hero Academia ('12) 'PG-13'			★Snowflake, the White Gorilla ('05) 'NR'		★Strike ('19, Adventure) 'R'		★Here Comes the Boom ('12, Comedy) 'PG'		
EPIX	EPIX 380	★The Legend of Bagger Vance ('00, Drama) Sylvester Stallone			★The Expendables ★★ ('10, Action) Sylvester Stallone, Jason Statham		★The Expendables 2 ★★ ('12, Action) Sylvester Stallone, Jason Statham		★The Expendables 3 ★★ ('14, Action) Sylvester Stallone, Jason Statham	
	EPIX2 381	★The Age of Adaline ★★ ('15) Domina Treason			★War-Wrlds ('10) War of the Worlds		★War of the Worlds		★War of the Worlds	
	EPIXH 382	★The Addams Family ('23) Playing With Fire ('19)			★The Adventures of Tintin ('11, Children's)		★One for the Money ★★ ('12)		★Heartbreakers ★★ ('01, Comedy)	
	EPIXDR 292	★Rules ('40) Twisted ★★ ('04, Suspense) Ashley Judd			★Jennifer 8 ('92, Suspense) Andy Garcia		★The Condemned ('07, Action) Steve Austin		★From Paris With Love ('10)	

AMERICA'S TOP PROGRAMMING

A&E 118	Kids Behind Bars		Kids Behind Bars		Kids Behind Bars		Kids Behind Bars		Kids Behind Bars		Accused: Guilty		Accused: Guilty		Accused: Guilty	
AHC 195	Ancient Assassins		Ancient Assassins		Ancient Assassins		Ancient Assassins		Hitler's Empire		Hitler's Empire		Hitler's Empire		Hitler's Empire	
AMC 131	★Erin Brockovich ('00, Drama)		★Sixteen Candles ('84, Comedy) Molly Ringwald		★Molly Ringwald		★Grown Ups ★ ('10, Comedy) Adam Sandler		★Grown Ups 2 ★ ('13, Comedy) Adam Sandler							
APL 184	North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law	
AXSTV 167	★YES ('45) Chicago				(1:50) REO Speedwagon		Cheap Trick		Bon Jovi: Lost Highway		Heart		Alison Krauss		Willie Nelson	
BBCA 135	★Fight Club: The Last of the Mohicans ★★ ('92, Historical Drama)		★Van Helsing ★★ ('04, Fantasy) Hugh Jackman, Kate Beckinsale												★The Shawshank Redemption ('94, Drama)	
BET 124	Celebrity Family Feud		Celebrity Family Feud		Celebrity Family Feud		Tyler Perry's A Madea Family Funeral ★ ('19, Comedy) Tyler Perry								TBA	
BOUNCE 359	Bernie Mac		Bernie Mac		Bernie Mac		★King's Ransom ★★ ('05, Comedy) Jay Mohr		★Passenger 57 ('92, Action) Wesley Snipes						★The Taking of Pelham 123 ('09, Action)	
BRAVO 129	Real Housewives		Real Housewives		Real Housewives		Real Housewives		Real Housewives		Housewives/Potomac		Housewives/Potomac		Housewives/Potomac	
BUZZR 245	Match Gm./Match Gm.		Match Gm./Match Gm.		Match Gm./Match Gm.		Match-Squares		Concentrat.		Concentrat.		Tattletales		Tattletales	
CHHD 249	Casanova Killers		Casanova Killers		Casanova Killers		Jacked		Jacked		Jacked		Jacked		Manhunters	
CMT 166	★Overboard ★★ ('87, Comedy) Goldie Hawn, Kurt Russell		Mom		Mom		Mom		Mom		Mom		Mom		Mom	
CNBC 208	Paid Programs				Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank	
CNN 200	State-Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom	
COM 107	The Office		The Office		★Anchorman 2: The Legend Continues ('13, Comedy)		★We're the Millers ★★ ('13, Comedy) Jennifer Aniston		★Step Brothers ('08, Comedy)							
COMET 289	★Bradbury		★Cannibal Women in Avocado Jungle		★From Dusk Till Dawn ★★ ('96, Horror)		★From Dusk Till Dawn 2: Texas Blood Money ('08, Comedy)									
COOK 113	Best Thing		Bizarre		Bizarre		Delicious		Delicious		Man, Food		Man, Food		Man, Food	
DISC 182	Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid	
DFC 179	LittlePony		Pet Shop		Ponysitters		Cool Pools		The Pool Master		Kids BBQ Championship		Kids BBQ Championship		Cake Boss	
DISN-E 172	Gabby		TBA		Bluey		Bluey		Ladybug		TBA		Big City		Big City	
DIY 111	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation	
ENCR-W 341	★Rosemary's Baby ('68)		★The Ballad of Josie ('68) 'NR'		★Airplane! ('80, Comedy) Robert Hays 'PG'		★Jury Duty ★★ ('95) 'PG-13'		★Stir Crazy ('80, Comedy) 'R'		★Panic Rm					
EWESTN 342	★Smoky ('66) 'NR'		(12:59) ★Frenchie ('51, Western) 'NR'		(22) ★The Rare Breed ('66) 'NR'		★Silverado ('85, Western) Kevin Kline 'PG-13'		(14) ★The Beguiled ('71, Historical Drama) 'R'							
EACTN 343	★Big Trouble in Little China ('86)		(32) ★Black and Blue ★★ ('19, Suspense) 'R'		(22) ★Bulletproof ('96, Action) 'R'		(4:49) ★Buffy the Vampire Slayer ('17) Man of the House ★★ ('05)									
ESUSP 344	★Lara Croft: Tomb Raider ('01)		(16) ★John Grisham's The Rainmaker ('97)		(34) ★Chain Reaction ★★ ('96, Action) 'PG-13'		(23) ★The Frighteners ('96) 'R'		★Thomas Crown							
EBLACK 345	★Radio ★★ ('03) 'PG'		(05) ★Honey ('03, Drama) 'PG-13'		(41) ★Ghosts of Mars ('01, Science Fiction) 'R'		(22) ★Premium Rush ('12) 'PG-13'		(5:56) ★Radio ★★ ('03, Drama) Ed Harris 'PG'							
ECLASS 346	★Titanic ('41) Spider-Man ★★ ('02, Action) 'PG-13'		(45) ★Spider-Man 2 ('04, Action) Tobey Maguire 'PG-13'		(4:55) ★Spider-Man 3 ('07, Action) Tobey Maguire 'PG-13'		(4:57) ★Daddy Day Camp ('07) 'PG'		(28) ★The Ballad of Luce Whipple							
EFAMILY 347	★Ballad-Lucy W.		★Land Before Time III: The Great Escape		(17) ★Ice Age ('02) 'PG'		★Stuart Little 3: Call of the Wild									
ESPN 140	★The Basketball Tournament		TBT		The Basketball Tournament		ESPN Original Documentaries		Baseball Tonight		MLB Baseball					
ESPN2 143	★30 for 30		★ESPN Films 144		30 for 30 Breakaway		30 for 30 The U		30 for 30 The U: Part 2		ESPN Films					
EWTV 261	Sunday Mass		In Concert: Penderecki: Seven Gates		Chaplet		Rosary		Vaticano (N)		Savoring		The Church		Saints	
FETV 82	Masterson		Masterson		Masterson		Ranger		Ranger		Ranger		Ranger		Ranger	
FNC 205	Fox News Live (L)		Fox News Live (L)		Fox News Live (L)		Maria Bartiromo		Fox News Live (L)		The Big Sunday Show (L)		Fox Report		Sunday Night	
FOOD 110	Trisha's		Trisha's		The Kitchen		BBQ Brawl		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	
FREFM 180	★Can't Hardly Wait ('05) John Tucker Must Die ('06) Jesse Metcalfe		(1:10) ★10 Things I Hate About You ★★ ('99)		(1:15) ★Cinderella ★★ ('15, Children's) Cate Blanchett, Lily James											
F51 150	★Athletes Un. Lacrosse		Athletes		★Athletes Unlimited Lacrosse		Horse Racing		Saratoga Live (L)		Motorcycle Race		Motorcycle			

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Mission 3 Skyscraper ★★ ('18, Action) <i>Dwayne Johnson</i>				Jurassic World ★★★ ('15, Adventure) <i>Chris Pratt</i>				Jurassic World: Fallen Kingdom ★★★ ('18, Adventure) <i>Chris Pratt</i>							
FXM	384	The Curse of the Fly Alien ('79, Science Fiction) <i>Tom Skerritt</i> 'R'				The Darkest Minds ★★ ('18) 'PG-13'				(05) The Predator ('18, Science Fiction) 'R'		The Revenant ('15) 'R'					
FXT	125	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GETTV	373	Hondo		Laredo		(45) Casey Jones		Casey J.		Guns of Paradise		Hawkeye		Furlough		Barbery Coast	
GMSHW	116	Common		Common		Ma. Minds		Ma. Minds		Cash Cab		Cash Cab		Cash Cab		Cash Cab	
GOLF	401	Golf LPGA & European Feherty <i>Laura Davies</i>				Women's Golf U.S. Senior Open, Final Round (L)				2020 Tokyo Olympics Men's Golf, Final Round							
GRIT	217	The Badlanders ('58) Angel and the Badman ('47, Western) <i>John Wayne</i>				3 Godfathers ★★★ ('48, Western) <i>John Wayne</i>				Tall in the Saddle ('44, Western) <i>John Wayne</i>							
HALL	185	Pearl in Paradise ('18) Love and Sunshine ('19, Romance)				You Had Me at Aloha ('21, Romance)				A Summer Romance ('19, Romance)				Love, for Real ('21)			
HALLDR	186	When Calls the Heart				When Calls the Heart				When Calls the Heart				When Calls the Heart			
HALLMV	187	Monk				To Catch a Spy ('21, Mystery) <i>Nathalie Kelley</i>				Mystery 101 Dead Talk				Mystery 101 An Education in Murder		Mystery 101	
HDMOV	130	The Wild Bunch ★★★ ('69, Western) <i>William Holden</i>				Support Your Local Sheriff! ('69)				Support Your Local Gunfighter (40) <i>Wyatt Earp</i> ★★★ ('94, Biography) <i>Kevin Costner</i>							
HGTV	112	Fixer to Fabulous		Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		Renovation Island (N)	
HIST	120	Cnt. Cars		Cnt. Cars		Cnt. Cars		Cnt. Cars		Counting Cars		Counting Cars		Counting Cars		Counting Cars	
ID	192	Ice Cold Killers		Homicide City		Homicide City		Homicide City		See No Evil		See No Evil		See No Evil		See No Evil	
IFC	133	Star Trek: Nemesis ★★ ('02) RV ★★ ('06, Children's) <i>Robin Williams</i>				(45) Vacation ★★ ('15, Comedy) <i>Ed Helms</i>				Dude, Where's My Car? ★ ('00, Comedy)							
LAFF	237	Jim	Jim	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	
LIFE	108	Her Deadly Sugar Daddy ('20, Suspense)				Unwanted Guest ('16, Suspense) <i>Kate Mans</i>				Nobody Will Believe You ('21, Suspense)				You're Not Safe Here ('21, Suspense)			
LMN	109	A Predator's Obsession ('20, Suspense)				Obsession: Stalked by My Lover ('20)				Obsession: Escaping My Ex ('20, Suspense)				Obsession: Her Final Vengeance ('20)			
MGMHD	385	The Favor ★★ ('94) (10) Speechless ('94, Romance-Comedy) <i>Michael Keaton</i>				(20) <i>Some Girls</i> ('88, Comedy) <i>Patrick Dempsey</i>				(25) <i>Benny & Joon</i> ('93, Romance-Comedy)		Mermaids					
MOTOR	246	Restoration		MotorWeek		FantomWorks		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides	
MSNBC	209	Alex Witt Reports (L)				Alex Witt Reports (L)				Yasmin Vossoughian				Yasmin Vossoughian		PoliticsNation (L)	
NATGEO	197	Ramsay: Uncharted				Ramsay: Uncharted				Ramsay: Uncharted				Ramsay: Uncharted		Ramsay: Uncharted	
NGWLD	190	Dr. Oakley, Yukon Vet		Dog Whisperer		Dog Whisperer		Dog Whisperer		Dog Whisperer		Dog Whisperer		Dog Whisperer		Dog Whisperer	
OUTD	396	Archer's		Addicted		Am. Archer		Bushman		Outdoors		Outdoors		Game		Dirt Trax	
OWN	189	Super Soul Sunday		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life	
OPYG	127	Snapped				Snapped				Snapped				Snapped		Snapped	
PARMT	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
POP	117	Scorpion				NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans		NCIS: New Orleans	
REELZ	299	Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.	
RFDTV	231	Rancher		Rodeo		Equestrian		Horses		Tailgate Party		(2:50) Cheyenne Frontier Days Finals coverage from the Finals.				Midwest Country (N)	
SCI	193	How/Made		How/Made		How/Made		How/Made		How/Made		How/Made		How/Made		How/Made	
SMITH	367	Aerial Greece		Aerial Greece		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters	
SONY	386	Zorro (20) <i>McLintock!</i> ('63, Western) <i>John Wayne</i>				(45) <i>Kings of South Beach</i> ('07, Docudrama) <i>Belushi</i>				(35) <i>S.I.S.</i> ('08, Crime Drama)				(15) <i>Blind Fury</i> ('89, Action) <i>Rutger Hauer</i>			
SUND-E	358	Monk <i>Monk's fidelity</i> . Another 48 HRS. ('90, Action) <i>Eddie Murphy</i>				K-9 ★★ ('89, Comedy) <i>James Belushi, Mel Harris</i>				Animal House ★★★ ('78, Comedy) <i>John Belushi</i>							
SYFY	122	Curse of Chucky ('13, Horror) <i>Fiona Dourif</i>				Seed of Chucky ('04, Horror) <i>Jennifer Tilly</i>				Bride of Chucky ('98, Horror) <i>Jennifer Tilly</i>				Child's Play 3 ★ ('91, Horror) <i>Justin Whalin</i>			
TBN	260	Jackson		In Touch		PowerPoint		Written		Gregory		Mazzapica		Dave and		Hagee Min	
TBS	139	Rush Hour 3 ('07)				MLB Baseball				Semi-Pro ★★ ('08, Comedy) <i>Will Ferrell</i>				Big Bang		Big Bang	
TCM	132	The Old Maid ('39, Drama)				(45) <i>A Stolen Life</i> ('46, Drama) <i>Bette Davis</i>				(45) <i>Pocketful of Miracles</i> ('61, Comedy-Drama) <i>Glenn Ford</i>				(15) <i>The Bride Came C.O.D.</i> ('41, Comedy)			
TLC	183	You, Me & My Ex				You, Me & My Ex				You, Me & My Ex				You, Me & My Ex		Darcey & Stacey	
TMC-W	329	Waves ('19, Drama) 'R'				(15) <i>Out of Time</i> ('03, Suspense) 'PG-13'				<i>Cujo</i> ('83, Horror) <i>Dee Wallace 'R'</i>				(35) <i>Changing Lanes</i> ('02) 'R'		(15) <i>American Gangster</i> ('07, Crime Drama) 'R'	
TNT	138	Suicide Squad ('16)				(15) <i>Shazam!</i> ★★★ ('19, Action) <i>Zachary Levi</i>				(45) <i>Justice League</i> ★★ ('17, Action) <i>Ben Affleck</i>				<i>Aquaman</i> ★★★ ('18, Action) <i>Jason Momoa</i>			
TRU	242	Jokes		Jokes		Jokes		Jokes		Big Trick		Big Trick		Imp. Jokers		Imp. Jokers	
TRVL	196	Fear the Woods		Fear the Woods		Fear the Woods		Fear the Woods		Fear the Woods		Fear the Woods		Fear the Woods		Fear the Woods	
TVLND	106	Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls	
UP	188	The Librarians				The Librarians				The Librarians				The Librarians		The Librarians	
USA	105	Olympics				2020 Tokyo Olympics				2020 Tokyo Olympics				2020 Tokyo Olympics		2020 Tokyo Olympics	
WE	128	NCIS				NCIS				NCIS				NCIS		NCIS	

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Prog.		Local Prog.		Local Programs				Local Programs		World of X Games (N)		World of X Games (N)		Local Programs		Local Prog. News		Funniest Home Videos	
CBS-E	Local Prog.		Local Prog.		Bull Riding				CrossFit Games From Madison, Wis. (L)				Major League Rugby				Local Prog. News		60 Minutes (N)	
CW-E	Local Programs				Local Programs				Local Programs				Local Programs				Local Programs			
FOX-E	Local Programs				Local Programs				PBC				NHRA Drag Racing Lucas Oil Winternationals (L)				LEGO Masters			
NBC-E	Olympics (45) 2020 Tokyo Olympics				Volleyball, BMX, Weightlifting, Fencing, Tennis, Gymnastics (N)				Local Prog. News				2020 Tokyo Olympics							
MEV	247*	Brady	Brady	Brady	Brady	Gilligan	Gilligan	Gilligan	Gilligan	Mama's	Mama's	The Love Boat	Columbo <i>Étude in Black</i>							
ABC-W	Local Prog.		Local Prog.		Local Programs				Local Programs		World of X Games (N)		World of X Games (N)		Local Programs		Local Programs		Local Programs	
CBS-W	Local Prog.		Local Prog.		Bull Riding				CrossFit Games From Madison, Wis. (L)				Major League Rugby				Local Prog. Local Programs		Local Programs	
CW-W	Local Programs				Local Programs				Local Programs				Local Programs				Local Programs			
FOX-W	Local Programs				Local Programs				PBC				NHRA Drag Racing Lucas Oil Winternationals (L)				Local Programs			
NBC-W	2020 Tokyo Olympics				Volleyball, BMX, Weightlifting, Fencing, Tennis, Gymnastics (L)				Local Prog. News				2020 Tokyo Olympics							
PBS	Splash		Cyberchase		Contrary		British Baking		Austin City Limits		Chefs Life		British Baking		NOVA		Weekend Wash		Antiques Roadshow	

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	The End Art vs Life	The End Art vs Life	The Chi A Raisin in the Sun (N)	Black Monday ONE! (N)	Flatbush Mis	Desus & Mero (N)	The Chi A Raisin in the Sun	Flatbush Mis	Desus & Mero	Black Monday ONE!	The Chi A Raisin in the Sun	The End Art vs Life	The End Art vs Life
	SHO-W 319	The Chi ...Black Messiah	The Chi Love Jones	The Chi Space Jam	The End	The End	Desus & Mero	The Chi (N)	Black Mon	Flatbush	Desus	The Chi	Flatbush	
	SHO2-E 320	7Seven ('95) 'R'	45 American Psycho ★★★ ('00, Horror) Christian Bale, Willem Dafoe 'R'	The End	The End	Desus & Mero	Dead in Tombstone ('13, Western) Danny Trejo 'R'	13, West-ern) Danny Trejo 'R'	40) Van Helsing ★★★ ('04, Fantasy) Hugh Jackman, Kate Beckinsale 'PG-13'					
	SHOBET 321	Shooter ★★★ ('07, Suspense) 'R'	45) The Jackal ★★ ('97, Suspense) Bruce Willis 'R'			Desus	The Chi		Flatbush	Black Mon	Half Baked ★★ ('98, Comedy) 'R'			
	SHOX-E 322	Pitch Black ★★★ ('00, Science Fiction) 'R'	The Chronicles of Riddick ★★ ('04) 'PG-13'			The Ring Two ★★ ('05, Horror) 'PG-13'	1:50) Savage ('19) John Tui 'NR'	Sinister 'R'						
	SHOS-E 323	Full Metal Jacket ('87) 8:55) Eyes Wide Shut ★★★ ('99, Drama) Tom Cruise 'R' 35) A Clockwork Orange ★★★★★ ('71, Drama) 'R'	1:55) Burden ('18, Drama) Garrett Hedlund 'R'											
	TMC-E 327	The Nest ('20, Suspense) Jude Law 'R'	Room ★★★ ('15, Drama) Brie Larson 'R'			Leaving Las Vegas ★★★★★ ('95, Drama) 'R'	American Honey ('16, Comedy-Drama) 'R'							
TMCX-E 328	Seven Psychopaths ★★★ ('12, Comedy) 'R'	True History of the Kelly Gang ('19) 'R'			12:05) Lawless ★★★ ('12, Crime Drama) 'R'	0:05) Outlaws ('17) Ryan Corr 'R'	My Best							
FLIX-E 333	Four Weddings and a Funeral ('94) 'R'	Notting Hill ('99, Romance-Comedy) 'PG-13'			12:05) The Master ('12, Drama) Joaquin Phoenix 'R'	25) Fatal Attraction ('87) 'R'								

STARZ	ENCR-E 340	Eat Pray Love ★★ ('10, Drama) 'PG-13'	Top Gun ★★★★★ ('86, Action) Tom Cruise, Kelly McGillis 'PG'	10:53) Rosemary's Baby ★★★★★ ('68, Horror) Mia Farrow, John Cassavetes 'R'	14) Road House ★★ ('89, Action) Patrick Swayze, Kelly Lynch 'R'	12) Young Guns ('88, Western) 'R'					
	STARZ-E 350	Power Book III: Raising Kanan (N)	Blindspotting (N)	34) The Deceived (N)	Power Book III: Raising Kanan	22) Blindspotting (N)	11:56) The Deceived	44) Power Book III: Raising Kanan	44) Blindspotting	16) The Deceived	04) The Stepford Wives ('04) 'PG-13'
	STARZ-W 351	Daylight Tyler Perry's Meet the Browns	Power Book III: Raising Kanan	Power Book III: Raising Kanan	Blindspot	34) The Deceived (N)	Power Book III: Raising Kanan	Blindspot	The Dec	Power III	
	STRZED 352	Harold Love, Weddings	11) Dallas Buyers Club ('13, Drama) 'R'	12:12) Larry Crowne ('11) Tom Hanks 'PG-13'	1:54) The Craft: Legacy ★★ ('20) Grudge						
	STRZCI 353	14) The Affair ('19, Drama) Claes Bang 'NR'	The Climb ('19) Kyle Marvin 'R'	40) The Calling ('14, Suspense) 'R'	32) Where's My Roy Cohn? ('19) 1:13) Get on the Bus						
	STRZCO 354	Another You ('91, Comedy) 'R'	37) Biloxi Blues ★★★★★ ('88, Comedy) 'PG-13'	Return of the Living Dead Part II	A League of Their Own ('92) Tom Hanks 'PG'	Zack and Miri Make					
	STRZIB 355	05) Blade: Trinity ★★ ('04, Horror) 'R'	Miles Ahead ('16, Biography) 'R'	43) Booty Call ('97, Comedy) 'R'	07) No Good Deed ★★ ('02, Suspense) Samuel L. Jackson 'R'						
STRZKF 356	The Amazing Spider-Man ★★★★★ ('12, Action) 'PG-13'	18) Friday Night Lights ('04, Drama) 'PG-13'	17) Saving Flora ('18) 'NR'	1:54) Pit Pony ('97, Drama) 'NR'	My Hero						

EPIX	EPIX 380	The Avengers ('12, Action) Robert Downey Jr.	War of the Worlds Episode Eight (N)	Domina Happiness (N)	War of the Worlds Episode Eight	Domina Happiness	War of the Worlds Episode Eight	Domina Happiness	Book of Shadows: Blair Witch 2 ★ ('00)
	EPIX2 381	War of the Worlds	War of the Worlds (N)	Domina Happiness	Dredd ('12, Action) Karl Urban	40) The Last Stand ★★ ('13, Action)	Waiting ... ★★ ('05, Comedy)		
	EPIXH 382	The Hustle ★★ ('19, Comedy)	35) Thelma & Louise ('91, Comedy-Drama)	45) Like a Boss ('20, Comedy)	10) Heartbreakers ★★ ('01, Comedy)	What to Expect When			
	EPIXDR 292	Mad Max ('79, Action) Mel Gibson	35) Virtuosity ('95, Action) Denzel Washington	25) Universal Soldier ★★ ('92)	10) From Paris With Love ('10) 4:45) 10 to Midnight ★★ ('83)				

AMERICA'S TOP PROGRAMMING

A&E 118	Accused: Guilty	Accused: Guilty	Accused: Guilty	Accused: Guilty	Accused: Guilty	Accused: Guilty	Accused: Guilty	Accused: Guilty							
AHC 195	World War II in Color	World War II in Color	WWII: Witness to War	WWII: Masters of War	World War II in Color	WWII: Witness to War	WWII: Masters of War	World War II in Color							
AMC 131	A Discovery of Witches (N)	Kevin Can F... Himself (N)	A Discovery of Witches	Kevin Can F... Himself	12:04) Grown Ups 2 ★ ('13, Comedy) Adam Sandler	Kevin Can F... Himself	A Discov.								
APL 184	North Woods Law	North Woods Law (N)	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law								
AXSTV 167	Top Ten	Year-Music	LA Ink Boobs Rule (N)	Lynyrd Skynyrd	Top Ten	Year-Music	LA Ink Boobs Rule	Lynyrd Skynyrd	Willie Nelson	Alison Krauss					
BBCA 135	Shawshank	The Shawshank Redemption ★★★★★ ('94, Drama) Tim Robbins	Van Helsing ★★ ('04, Fantasy) Hugh Jackman, Kate Beckinsale	Fight Club ('99)											
BET 124	36th Annual Stellar Gospel Music Awards (N)	Tyler Perry's the Family That Preys ★★ ('08, Drama) Kathy Bates	The Parkers	The Parkers	The Parkers	42) The Parkers	The Parkers								
BOUNCE 359	Johnson (N)	Johnson (N)	Boyz n the Hood ('91, Drama) Larry Fishburne	Johnson	Johnson	Love Beats Rhymes ('17, Drama) Azealia Banks, Jill Scott	Stomp the Yard ('07, Drama)								
BRAVO 129	Housewives/Potomac	Shahs of Sunset (N)	Watch	Housewives/Potomac	Shahs of Sunset	Family Karma	Chrisley	Chrisley	Chrisley	Chrisley	Watch				
BUZZR 245	Password	Password	Match	Match	FamFeud	FamFeud	Password	Match	Match	FamFeud	FamFeud	Sale of	Sale of	My Line?	My Line?
CHHD 249	Jacked	Jacked	Jacked	Jacked	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	
CMT 166	Mom	Mom	Mom	Mom	Mom	Overboard ★★ ('87, Comedy) Goldie Hawn, Kurt Russell	Grumpy Old Men ★★ ('93, Comedy) Jack Lemmon	Housewife							
CNBC 208	2020 Tokyo Olympics	2020 Tokyo Olympics	Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	Badminton (L)	10) 2020 Tokyo Olympics	Diving (L)					
CNN 200	History of the Sitcom	History of the Sitcom (N)	Jerusalem: City of Faith	History of the Sitcom	History of the Sitcom	History of the Sitcom	Jerusalem: City of Faith	CNN Newsroom Live (N)	CNN Newsroom Live (N)						
COM 107	Step Bro! We're the Millers ★★ ('13, Comedy) Jennifer Aniston	Step Brothers ('08, Comedy) Will Ferrell	South Park	South Park	South Park	South Park	South Park	South Park	South Park						
COMET 289	From Dusk-3	Pumpkinhead ('88, Horror) Lance Henriksen	The Wrath ★★ ('86, Action) Charlie Sheen	Buried Alive ★★ ('90, Horror) Robert Vaughn	Paid Programs										
COOK 113	Carn Eats	Carn Eats	Carn Eats	Snackmasters	Best Thing	Best Thing	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Snackmasters	Best Thing	Best Thing		
DISC 182	Naked and Afraid (N)	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid						
DFC 179	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Reno	Reno					
DISN-E 172	Big City	UglyDolls ★★ ('19, Children's)	Big City	Big City	Ladybug	Ladybug	Big City	Big City	Jessie	Jessie	Liv-Mad.	Liv-Mad.	Austin	Austin	
DIY 111	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders				
ENCR-W 341	Panic Room ('02, Suspense) 'R'	36) Eat Pray Love ★★ ('10, Drama) Julia Roberts 'PG-13'	Top Gun ★★ ('86, Action) Tom Cruise 'PG'	1:53) Rosemary's Baby ('68, Horror) 'R'											
EWESTN 342	Posse From Hell ★★ ('61) 'NR'	Sierra ★★ ('50, Western) 'NR'	10:54) Ride Clear of Diablo ('54)	Boss of Lonely Valley ('18) Smoky ('66, Western) 'NR'	0:2) Sierra ('50) 'NR'										
EACTN 343	Stripes ★★ ('81, Comedy) Bill Murray 'R'	9:50) Big Trouble in Little China	33) Bulletproof ('96, Action) 'R'	0:2) Braveheart ★★ ('95, Historical Drama) Mel Gibson 'R'											
ESUSP 344	Thomas Crown	Lara Croft: Tomb Raider ('01)	4:3) Chain Reaction ★★ ('96, Action) 'PG-13'	34) The Fog ('05, Horror) Tom Welling 'PG-13'	1:16) Christine ('83, Horror) 'R'										
EBLACK 345	The Express ('08, Biography) Dennis Quaid 'PG'	Honey ★★ ('03, Drama) 'PG-13'	36) Premium Rush ('12) 'PG-13'	10) How High ('01, Comedy) Method Man 'R'	2:46) Gladiator ('92)										
ECLASS 346	After Earth ★★ ('13) Titanic ★★★★★ ('97, Historical Drama) Leonardo DiCaprio, Kate Winslet 'PG-13'	1:17) Parenthood ('89, Comedy-Drama) 'PG-13'	2:23) Total Recall ('12) 'PG-13'												
EFAMILY 347	Ice Age ('02, Children's) 'PG'	Land Before Time III	35) Daddy Day Camp ('07) 'PG'	12:06) The Good Dinosaur ('15)	4:4) Carpool ('96, Children's) 'PG'	1:12) Yellowbird ('14)									
ESPN 140	MLB Baseball: Red Sox at Rays	SportsCenter (L)	SportsCenter (L)	SportsCenter	SportsCenter	SportsCenter	SportsCenter	SportCtr							
ESPN2 143	ESPN Films	Formula 1 Racing Hungarian Grand Prix (N)	X Games	X Games	UFC 250: Nunes vs. Spencer										
EWTN 261	Sun. Mass Catholics	Life/Rock	Rosary	Franciscan U. Presents	Catholic	Catholic	Sunday Mass	Ignatius of Loyola: Soldier, Sinner, Saint	Religious						
FETV 82	Perry Mason	Addams	Addams	Addams	The Saint	B. Miller	B. Miller	Maude	Maude	One Day	One Day	Designing	Designing		
FNC 205	Life, Liberty & Levin (N)	The Next Revolution	Sunday Night	Life, Liberty & Levin	The Next Revolution	Sunday Night	Sunday Night	Fox News Sunday	The Next Revolution						
FOOD 110	Buddy vs. Duff	Buddy vs. Duff	Buddy vs. Duff (N)	Beat Bobby	Beat Bobby	Buddy vs. Duff	Buddy vs. Duff	Beat Bobby	Beat Bobby	Buddy vs. Duff					
FREFM 180	The Parent Trap ★★ ('98, Children's) Lindsay Lohan, Dennis Quaid	Mrs. Doubtfire ★★ ('93, Children's) Robin Williams, Sally Field	Paid Programs												
F51 150	Motorcycle	Gold Cup	2021 CONCACAF Gold Cup Final (L)	Boxing	2021 CONCACAF Gold Cup Final: Teams TBA	World Cup	NHRA								

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Jumanji: Welcome to the Jungle ★★★ ('17, Adventure)				Jumanji: Welcome to the Jungle ★★★ ('17, Adventure)				Buried ★★★ ('10, Suspense) <i>Ryan Reynolds</i>		Paid Programs					
FXM	384	The Revenant ★★★ ('15, Adventure) <i>R</i>				The Revenant ★★★ ('15, Adventure) <i>Leonardo DiCaprio, Tom Hardy</i> <i>R</i>				The Predator ★★ ('18) <i>R</i>		The Alligator People					
FXX	125	Family Guy	Family Guy	Simpsons	Simpsons	Burgers	Burgers	Burgers	Burgers	Archer	Archer	Archer	Archer	Paid Programs			
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		Starky and Hutch		Starky and Hutch		Charlie's Angels		Charlie's Angels		Hart to Hart <i>Slam Dunk</i>		Hart to Hart	
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Emogenius/Snap	
GOLF	401	Live From the Olympics <i>Coverage of the golf tournaments. (L)</i>											Live From the Olympics				
GRIT	217	El Dorado ★★★ ('67, Western) <i>John Wayne, Robert Mitchum</i>				Firecreek ★★ ('68, Western) <i>James Stewart, Henry Fonda</i>				Many Rivers to Cross ★★★ ('55, Western) <i>Robert Taylor</i>							
HALL	185	Love, for Real ('21) <i>Wedding Every Weekend</i> ('20) <i>Paul Campbell</i>				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier	
HALLDR	186	When Calls the Heart		When Calls the Heart		When Calls the Heart		The Waltons		The Waltons <i>The Pearls</i>		The Waltons <i>The Victims</i>		The Waltons		Little House on Prairie	
HALLMV	187	Mystery 101		Mystery 101 <i>Deadly History (N)</i>		(02) Murder, She Wrote		(02) Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Magnum, P.I.	
HDMOV	130	Wyatt Earp ('94) (8:55) <i>The Wild Bunch</i> ('69, Western) <i>William Holden</i> (25) <i>Support Your Local Sheriff!</i>		<i>Support Your Local Sheriff!</i>		<i>Support Your Local Sheriff!</i>		<i>Support Your Local Sheriff!</i>		<i>Support Your Local Sheriff!</i>		<i>Support Your Local Sheriff!</i>		<i>Support Your Local Sheriff!</i>		<i>Support Your Local Sheriff!</i>	
HGTV	112	Renovation Island (N)		Battle on the Beach (N)		Beach		Beach		Beach Cabana Royale (N)		Battle on the Beach		Beach		Beach Cabana Royale	
HIST	120	The Machines That Built		The Machines That Built		(03) Modern Marvels (N)		The Machines That Built		The Machines That Built		(06) Modern Marvels		The Machines That Built		The Machines That Built	
ID	192	Evil Lives Here		Evil Lives Here (N)		48 Hours on ID (N)		On the Case, Zahn		Evil Lives Here		48 Hours on ID		On the Case, Zahn		Evil Lives Here	
IFC	133	The Dukes of Hazzard ★★ ('05, Comedy) (15) <i>The Dukes of Hazzard</i> ('05, Comedy) <i>Johnny Knoxville</i>				Dude, Where's My Car? ★★ ('00, Comedy) <i>Star Trek: Nemesis</i> ★★ ('02)											
LAFF	237	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	Videos	Videos	Videos	Videos	Videos	Videos	Jim	Jim	Paid Programs	
LIFE	108	Waking Up to Danger ('21, Suspense) (03) <i>A Murder to Remember</i> ('20, Docudrama)				(12:01) Waking Up to Danger ('21, Suspense)		(12:01) Waking Up to Danger ('21, Suspense)		(12:01) Waking Up to Danger ('21, Suspense)		(12:01) Waking Up to Danger ('21, Suspense)		(12:01) Waking Up to Danger ('21, Suspense)		(12:01) Waking Up to Danger ('21, Suspense)	
LMN	109	Obsessed With the Babysitter ('21, Suspense) <i>Kidnap</i> ★★ ('17, Action) <i>Halle Berry</i>				Kidnap ★★ ('17, Action) <i>Halle Berry</i>		Obsessed With the Babysitter ('21) <i>Kidnap</i> ★★ ('17, Action) <i>Halle Berry</i>		Obsessed With the Babysitter ('21) <i>Kidnap</i> ★★ ('17, Action) <i>Halle Berry</i>		Obsessed With the Babysitter ('21) <i>Kidnap</i> ★★ ('17, Action) <i>Halle Berry</i>		Obsessed With the Babysitter ('21) <i>Kidnap</i> ★★ ('17, Action) <i>Halle Berry</i>		Obsessed With the Babysitter ('21) <i>Kidnap</i> ★★ ('17, Action) <i>Halle Berry</i>	
MGMHD	385	Mermaids ★★★ ('90, Comedy-Drama) <i>Cher</i>		She-Devil ★★ ('89, Comedy) <i>Meryl Streep</i>		She-Devil ★★ ('89, Comedy) <i>Meryl Streep</i>		She-Devil ★★ ('89, Comedy) <i>Meryl Streep</i>		She-Devil ★★ ('89, Comedy) <i>Meryl Streep</i>		She-Devil ★★ ('89, Comedy) <i>Meryl Streep</i>		She-Devil ★★ ('89, Comedy) <i>Meryl Streep</i>		She-Devil ★★ ('89, Comedy) <i>Meryl Streep</i>	
MOTOR	246	Bitchin' Rides		Street-Memphis		Getaway Driver		Chasing Classic Cars		Street-Memphis		Getaway Driver		Chasing Classic Cars		Bitchin' Rides	
MSNBC	209	The Mehdi Hasan Show (L)		Week-Joshua Johnson		Voices-Alicia Menendez		The Mehdi Hasan Show		Week-Joshua Johnson		Dateline		Dateline			
NATGEO	197	Wicked Tuna		Ramsay: Uncharted		Unknown Waters		Ramsay: Uncharted		Wicked Tuna		Unknown Waters		Ramsay: Uncharted		Ramsay: Uncharted	
NGWLD	190	Cesar Millan		Cesar Millan		Dog: Impossible (N)		Cesar Millan		Cesar Millan		Dog: Impossible		Dog: Impossible		Paid Programs	
OUTD	396	Crush	Hunt	Outdoors	Bone Coll.	Bushman	Hunting	Driven	Addicted	Nugent	Drop Zone	Lindsey	Jim Shock	Bowhunter	Live 2 Hunt	Crush	The One
OWN	189	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN	
OXYG	127	Snapped <i>Nena Bolton</i>		Accident, Suicide		Snapped		Snapped		Charmed to Death		Cold Justice		Cold Justice		Dateline	
PARMT	241	Bar Rescue		Bar Rescue		Bar Rescue (N)		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue <i>Chumps</i>	
POP	117	NCIS: New Orleans		Scorpion <i>Love Boat</i>		Scorpion <i>Going South</i>		Scorpion		Scorpion		Scorpion <i>Crossroads</i>		48 Hours <i>Resident Evil</i>		48 Hours	
REELZ	299	Autopsy-Last		Autopsy-Last		Autopsy-Last		Autopsy-Last		Autopsy-Last		Autopsy-Last		Celebrity		Celebrity	
RFDTV	231	Wild	Wild	The Rural Americans		FarmHer		Agribusiness		Farm Mon.		Gentle Gi. Pulling		Classic Tractor Fever		Paid Programs	
SCI	193	Mysteries-Abandoned		Hunting Atlantis		Secret Nazi Ruins (N)		Secret Nazi Ruins		Hunting Atlantis		Secret Nazi Ruins		Secret Nazi Ruins		Mysteries-Abandoned	
SMITH	367	Mighty Trains <i>KiwiRail</i>		Mighty Trains		Mighty Trains <i>AVE 103</i>		Aerial America		Mighty Trains <i>KiwiRail</i>		Mighty Trains		Mighty Trains <i>AVE 103</i>		Mighty Cruise Ships	
SONY	386	The Taking of Pelham 123 ('09, Action) (05) <i>Black Hawk Down</i> ★★ ('01, War) <i>Josh Hartnett</i> (35) <i>The Taking of Pelham 123</i> ('09, Action) <i>Black Hawk Down</i> ('01, War)				<i>The Taking of Pelham 123</i> ('09, Action) <i>Black Hawk Down</i> ('01, War)				<i>The Taking of Pelham 123</i> ('09, Action) <i>Black Hawk Down</i> ('01, War)							
SUND-E	358	Crocodile Dundee ('86, Comedy) <i>Paul Hogan</i>				Crocodile Dundee II ★★ ('88, Comedy) <i>Paul Hogan</i>				Crocodile Dundee in Los Angeles ★★ ('01) (45) <i>Another 48 HRS.</i> ('90, Action)							
SYFY	122	Child's Play 2 ★★ ('90, Horror) <i>Alex Vincent</i>				Child's Play 3 ★★ ('91, Horror) <i>Justin Whalin</i>				Bride of Chucky ('98, Horror) <i>Jennifer Tilly</i>				Seed of Chucky ('04, Horror) <i>Jennifer Tilly</i>			
TBN	260	Joel Osteen	David	Huckabee		Metaxas		Creflo Doll		Praise		Praise		Jordan Rubin		The Unholy Father	
TBS	139	Big Bang	Big Bang	Wipeout (N)		Wipeout		(02) Rush Hour ('98, Action) <i>Jackie Chan</i>		(02) Rush Hour 2 ('01, Action) <i>Jackie Chan</i>		(02) Rush Hour 3 ('07)		(02) Rush Hour 3 ('07)		(02) Rush Hour 3 ('07)	
TCM	132	Jezebel ★★★ ('38, Drama) <i>Bette Davis</i>				All This and Heaven Too ★★★ ('40, Drama) <i>Bette Davis</i>				What Ever Happened to Baby Jane? ('62, Horror)				The Star ('52, Drama)			
TLC	183	90 Day Fiancé: Happily Ever After? (N)				(02) You, Me & My Ex (N)				90 Day Fiancé		90 Day Fiancé: Happily Ever After?		(02) You, Me & My Ex		90 Day Fiancé	
TMC-W	329	American Gangster <i>Moonlight</i> ('16, Drama) <i>Mahershala Ali</i> <i>R</i>				The Nest ('20, Suspense) <i>Jude Law</i> <i>R</i>				Room ★★★ ('15, Drama) <i>Brie Larson</i> <i>R</i>				Leaving Las Vegas <i>R</i>			
TNT	138	Aquaman ('18, Action) <i>Animal Kingdom Power</i> (N)		<i>Animal Kingdom Power</i> (N)		Tacoma FD		Tacoma FD		Tacoma FD		Tacoma FD		Jokes		Jokes	
TRU	242	Impractical Jokers: The Movie ('20, Comedy)				Tacoma FD		Tacoma FD		Jokes		Jokes		Jokes		Jokes	
TRVL	196	Mountain Monsters		Mountain Monsters (N)		These Woods Are Haunted (N)				Mountain Monsters		Mountain Monsters		These Woods Are Haunted			
TVLND	106	Two Men	Two and a Half Men	Two Men		Two Men		Two Men		Two Men		Two Men		Roseanne		Roseanne	
UP	188	The Librarians		The Librarians		The Librarians		The Librarians		The Librarians		The Librarians		The Librarians		Paid Programs	
USA	105	2020 Tokyo Olympics <i>Track and Field</i> (L)				2020 Tokyo Olympics				2020 Tokyo Olympics: Women's Basketball				2020 Tokyo Olympics			
WE	128	NCIS		NCIS		NCIS		NCIS		NCIS		Law Order: CI		Law Order: CI		Monk	

LOCAL NETWORKS

ABC-E	Celebrity Family Feud		The Chase		To Tell the Truth		Local Programs				ABC World News Now (N)												
CBS-E	Big Brother (N)		Love Island (N)		Local Programs				CBS Overnight News (N)														
CW-E	DC's Legends		Wellington		Dead P. (N)		Local Programs																
FOX-E	Simpsons	The-North	Burgers	Family Guy	Local Programs																		
NBC-E	2020 Tokyo Olympics <i>Diving, Beach Volleyball, Gymnastics, Track and Field</i> (L)				Local Prog.				2020 Tokyo Olympics: Women's Volleyball				2020 Tokyo Olympics										
METV	247*	Monk		Monk		Ed Sullivan		C. Burnett		Van Dyke		Van Dyke		Honeymn.		Twi. Zone		Alfred Hitchcock Hour		The Fugitive		Mission: Impossible	
ABC-W	Local Programs		News		Funniest Home Videos		Celebrity Family Feud				The Chase		To Tell the Truth		Local Programs								
CBS-W	Local Programs		News		60 Minutes (N)		Big Brother (N)				(12:01) Love Island (N)				Local Programs								
CW-W	Local Programs				DC's Legends				Wellington		Dead P. (N)		Local Programs										
FOX-W	Local Programs				LEGO Masters		Simpsons		The-North		Burgers		Family Guy		Local Programs								
NBC-W	2020 Tokyo Olympics <i>Diving, Beach Volleyball, Gymnastics, Track and Field</i> (L)				Olympics				2020 Tokyo Olympics: Women's Volleyball				Local Prog./2020 Tokyo Olympics										
PBS	Secrets of Royal Travel		Unforgotten		Professor T (N)		Austin City Limits		Secrets of Royal Travel		Unforgotten		Professor T <i>Mother Love</i>		Icon: Music Through								

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Black Monday	Flatbush Mis	Obsessed ★★ ('09, Suspense) <i>Idris Elba, Beyoncé Knowles</i> 'PG-13'				The Haunting in Connecticut ('09, Horror) <i>Virginia Madsen</i> 'PG-13'				Pitch Black ★★★ ('00, Science Fiction) <i>Radha Mitchell, Vin Diesel</i> 'R'				The Chronicles of Riddick ★★★ ('04, Science Fiction) 'PG-13'				
	SHO-W 319	Desus	Black Mon	The Chi	The End	The End	Black Mon	Flatbush	Obsessed ('09, Suspense) <i>Idris Elba</i> 'PG-13'				The Haunting in Connecticut ('09) Pitch Blk							
	SHO2-E 320	Rescue Dawn ★★★ ('06, War) <i>Christian Bale, Steve Zahn</i> 'PG-13'			:(10) Erin Brockovich ★★★ ('00, Drama) <i>Julia Roberts, Albert Finney</i> 'R'				The Bridges of Madison County ★★★ ('95, Romance) <i>Clint Eastwood, Meryl Streep</i> 'PG-13'				:(45) Whitney: Can I Be Me ('17, Documentary) <i>Tony Anderson</i> 'NR'							
	SHOBET 321	Fast and Fierce: Death Race ('20)				Conan the Destroyer ('84) 'PG'				:(15) Mad Hot Ballroom ('05, Documentary) 'PG'				Basketball County: In Mother of George ★★★ ('13, Drama) 'R'						
	SHOX-E 322	Sinister ★★ ('12, Horror) 'R'				:(20) eXistenZ ★★★ ('99) 'R'				Mob Town ('19, Crime Drama) 'R'				RocknRolla ★★★ ('08, Crime Drama) 'R'				U-571 ('00, Suspense) 'PG-13'		

STARZ	SHOS-E 323	Platoon ★★★ ('86, War) <i>Tom Berenger</i> 'R'				The Current War: Director's Cut (45) Crisis ('21, Suspense) <i>Gary Oldman</i> 'R'				:(45) The Nutty Professor ('96, Comedy) 'PG-13'				Nutty 2							
	TMC-E 327	Honey Momma				:(05) Moonlight ('16, Drama) <i>Mahershala Ali</i> 'R'				Hoop Dreams ('94, Documentary) <i>Narrated by Steve James</i> 'PG-13'				Amy ('15, Documentary) <i>Tony Bennett</i> 'R'							
	TMCX-E 328	My Best Friend's Girl ('08) 'R'				:(25) Shakespeare in Love ★★★ ('98) 'R'				Obvious Child ('14, Comedy) 'R'				Delivery Man ★★ ('13) 'PG-13'				:(45) The Turning ('20) 'PG-13'			
	FLIX-E 333	Fatal Att. (25) Glengarry Glen Ross ('92) 'R'				:(10) Below ('02, Suspense) <i>Matthew Davis</i> 'R'				The Woman in Black ('12) 'PG-13'				:(40) Moon ★★★ ('09, Science Fiction) 'R'				Kate			
	ENCR-E 340	Young Guns ★★ ('88, Western) 'R'				:(02) The Lone Ranger ★★ ('13, Western) <i>Johnny Depp, Armie Hammer</i> 'PG-13'				:(37) Top Gun ★★ ('86, Action) <i>Tom Cruise, Kelly McGillis</i> 'PG'				Misbehaviour ('20, Comedy-Drama) <i>Keira Knightley, Gugu Mbatha-Raw</i> 'NR'				:(20) Eat Pray Love			

STARZ	STARZ-E 350	Stepford Wives (41) Sheep and Wolves: Pig Deal (41) How Do You Know ★★ ('10, Romance-Comedy) <i>Reese Witherspoon</i> 'PG-13'				:(04) I Don't Know How She Does It ★ ('11, Comedy) 'PG-13'				:(38) Earth to Echo ('14, Children's) <i>Brian "Astro" Bradley</i> 'PG'				:(13) Undercover Brother ('02) 'PG-13'							
	STARZ-W 351	Power III (44) Blindspotting (44) The Dec (04) The Stepford Wives ('04) (41) Sheep and Wolves: Pig Deal (41) How Do You Know ★★ ('10) 'PG-13'				I Don't Know How															
	STRZED 352	The Grudge ('20) 'R'				:(09) The Grudge 2 ★ ('06, Horror) 'PG-13'				:(6:55) Megan Leavy ('17, War) 'PG-13'				:(8:55) Heist ★★★ ('01, Crime Drama) 'R'				The Craft: Legacy			
	STRZCI 353	Get on the Bus ('96, Drama) 'R'				:(17) The Traitor ('19, Crime Drama) <i>Pierfrancesco Favino</i> 'R'				:(7:51) Curse of the Golden Flower ('06) 'R'				:(9:48) Promised Land ('12) 'R'				Anthrop			
	STRZCO 354	Zack and Miri Make (4:55) Catch and Release ★★ ('06) 'PG-13'				:(6:49) Ana ('19) <i>Dafne Keen</i> 'NR'				:(37) A League of Their Own ('92, Comedy-Drama) 'PG'				Beth Cooper							

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs				Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	Monster in My Family	Monster in My Family							
AHC 195	Hitler's Empire		Hitler's Empire		Warrior POV <i>Fallujah</i>	Warrior POV	Warrior POV	Warrior POV	Weaponology <i>Artillery</i>	Weaponology	Ancient Assassins	Ancient Assassins								
AMC 131	A Discov. Kevin Can F... Himself		Stooges		Paid Programs				The Truman Show	Sixteen Candles ('84, Comedy) <i>Molly Ringwald</i>										
APL 184	North Woods Law		North Woods Law		Too Cute!		My Cat From Hell		The Crocodile Hunter	Secret Life-Zoo	The Zoo	Treehouse Masters								
AXSTV 167	Paid Programs								The Big Interview	Live From Daryl's (L)	Train	The Wallflowers								
BBCA 135	Fight Club ★★★ ('99, Suspense) <i>Brad Pitt</i>				Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Next	Star Trek: Next	Star Trek: Next								
BET 124	The Parkers	The Parkers	Browns	Browns	Prince	Prince	Prince	Prince	The Parkers	The Parkers	The Parkers	The Parkers	Martin	Martin	Martin	Martin				
BOUNCE 359	Stomp the Yard ('07)		<i>The Real Jenna Elfman</i>		Wendy Williams Show	Judge Faith	Judge Faith	Judge Faith	Judge Faith	Judge B.	Judge B.	Judge B.	Judge B.	Law & Order <i>Terminal</i>						
BRAVO 129	Kelly Clarkson		Paid Programs		Million Dollar LA	Million Dollar LA	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Below Deck							
BUZZR 245	Blockbust	Blockbust	Press Luck	Press Luck	Paid Programs	Les Feldick	Paid Prog.	Tell Truth	My Line?	Concentrat.	Sweep	Body Lang.	Blockbust	Match-Squares						
CHD 249	Jacked	Jacked	Jacked	Jacked	Paid Programs	American Justice	American Justice	American Justice	American Justice	Nightwatch	Nightwatch	Nightwatch	Nightwatch							
CMT 166	CMT Music		CMT Music		CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne						
CNBC 208	Olympics Olympics		Worldwide Exchange (L)		Squawk Box (L)				Squawk on the Street (L)				TechCheck (L)							
CNN 200	CNN Newsroom Live (N)		Early Start w/Romans		New Day With		New Day With		New Day With		CNN Newsroom	CNN Newsroom	At This Hour-Kate							
COM 107	South Park	South Park	Paid Programs				Futurama	Futurama	Futurama	Futurama	South Park	South Park	South Park	South Park	South Park	South Park				
COMET 289	Paid Programs								Reptiliscus ('62, Science Fiction) <i>Carl Otosen</i>	The Beast Must Die										
COOK 113	Paid Programs					Southern	Southern	Brunch at	Brunch at	Brunch at	Brunch at	Burgers	Burgers	Burgers	Burgers					
DISC 182	Twin Turbos		Texas Car Wars		Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws							
DFC 179	Hse Crash	Hse Crash	Gi Joe	Gi Joe	Blazing	Transform.	Transform.	Transform.	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Pet Shop	Monsters	Monsters				
DISN-E 172	Jessie	Jessie	Ladybug	Ladybug	Sofia	Sofia	(6:55) TBA				Ladybug	Ladybug	Ladybug	Ladybug						
DIY 111	Paid Prog. Salvage		Paid Programs				Lakefront Bargain Hunt	Lakefront Bargain Hunt	Lakefront Bargain Hunt	Lakefront Bargain Hunt	Lakefront Bargain Hunt	Lakefront Bargain Hunt	Lakefront Bargain Hunt							
ENCR-W 341	:(14) Road House ★★ ('89, Action) 'R'				:(12) Young Guns ★★ ('88, Western) 'R'				:(02) The Lone Ranger ('13, Western) <i>Johnny Depp</i> 'PG-13'				:(37) Top Gun ('86, Action) 'PG'							
EWESTN 342	:(51) Sierra ('50) (26) The Bequiled ('71) 'R'				Boss of Lonely Valley (14) Whispering Smith ('48) 'NR'				:(45) Taggart ('65, Western) 'NR'				:(12) Day of the Bad Man ('58) Boss-Villy							
EACTN 343	:(02) Black and Blue ★★ ('19, Suspense) 'R'				:(5:52) The Negotiator ('98, Suspense) 'R'				:(14) Bat 21 ('88, Action) <i>Gene Hackman</i> 'R'				Bulletproof ★★ ('96, Action) 'R'				Red Sonja			
ESUSP 344	:(09) The Marine 2 ('09, Action) <i>Ted DiBiase</i> 'R'				:(5:47) Side Effects ('13, Drama) 'R'				:(35) Next ★★ ('07) 'PG-13'				:(14) Get Carter ★ ('00, Suspense) 'R'				:(10:59) The Marine 2			
EBLACK 345	Gladiator Devil ★★ ('10, Horror) 'PG-13'				:(5:53) Crooklyn ★★ ('94, Drama) 'PG-13'				:(7:49) Jumping the Broom ('11)				:(44) Redbelt ('08, Drama) <i>Chiwetel Ejiofor</i> 'R'				Hustle			
ECLASS 346	Total (24) Edward Scissorhands ('90)				:(12) Rescue Me <i>Change</i> (6:57) After Earth ('13) 'PG-13'				:(40) Spider-Man ★★★ ('02, Action) 'PG-13'				:(44) Hit & Run ('12, Comedy) 'R'							
EFAMILY 347	Yellowbird Pit Pony		Pit Pony		Swan Princess: Royally				:(6:53) Thumbelina ★★ ('94) 'G'				The Land Before Time (32) Yellowbird ('14) 'PG'				:(04) Inside Out ('15)			
ESPN 140	SportsCenter		SportsCenter		SportsCenter		SportsCenter (L)		Get Up (L)		First Take (L)		First Take (L)							
ESPN2 143	MLB Baseball: <i>Red Sox at Rays</i>				Keyshawn, JWill and Zubin (L)				SportsCenter (L)		SportsCenter (L)		Get Up							
EWTN 261	Defend Life	Sunday	Bookmark	Catholic	My God	Chesterton	St. Michael	Rosary	Daily Mass (L)	Holy	Sunday	Nazareth	Religious	Might-						
FETV 82	Sergeant	Lassie	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Patty Duke	Patty Duke	Knows Best	Knows Best	Hazel	Hazel	Jeannie	Jeannie				
FNC 205	FOX & Friends First (N)				FOX & Friends First (N)				FOX and Friends (L)				America's Newsroom With Hemmer & Perino				The Faulkner Focus (L)			
FOOD 110	Paid Programs								Trisha's	Trisha's	Trisha's	Symon	The Kitchen	The Kitchen	The Kitchen					
FREFM 180	Paid Programs						black-ish	black-ish	black-ish	black-ish	The 700 Club		700 Club	The Middle	The Middle	The Middle				
F51 150	NHRA	Drag Racing		Drag Racing		First Things First (L)		Skip and Shannon: Undisputed (L)												

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs							Mission: Impossible III ★★★ ('06, Action) <i>Tom Cruise</i>				Mike	Mike	Mike	Little ('19)			
FXM	384	Alligator		The Terrorists ('75, Suspense) 'PG'		The Kremlin Letter ('70, Suspense) 'PG'		(:05) The Fly ('58, Horror) 'NR'	(:40) The Curse of the Fly ('65)	(:10) Alien ('79) 'R'									
FXX	125	Paid Programs							Mom	Mom	Mom	The Intruder ★★ ('19, Suspense) <i>Michael Ealy</i>		Dawn of the Planet of the Apes					
GETTV	373	Fantasy Island		Fantasy Island		Paid Programs		Paid Progr	Paid Progr	Paid Progr	Amen	Amen	Good Time	Good Time	Good Time	Good Time			
GMSHW	116	Paid Programs							Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America			
GOLF	401	Live From the Olympics				Live From the Olympics				2020 Tokyo Olympics		<i>Men's Golf, Final Round</i>							
GRIT	217	Paid Programs							Zane Grey	Zane Grey	Death Vall.	Death Vall.	Death Vall.	Death Vall.	Neath the Arizona Skies ('34)		West of the Divide ('34, Western)		
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)	The Middle	The Middle			
HALLDR	186	Little House on Prairie		Little House on Prairie		Medicine Woman		Medicine Woman		Medicine Woman		Medicine Woman		The Waltons	The Waltons		<i>The Pearls</i>		
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Murder, She Wrote		Murder, She Wrote	Murder, She Wrote				
HDMOV	130	G.I. Blues Trailer		Paid Programs		Billy Two Hats ('73, Western) Trailer							Support Your Local Sheriff! ('69) <i>Wyatt Erp</i>						
HGTV	112	Renovation Island				Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters		
HIST	120	Paid Programs							Amazing	Paid Prog.	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers			
ID	192	Evil Lives Here		Evil Lives Here		On the Case, Zahn		On the Case, Zahn		On the Case, Zahn		Unusual Suspects		Unusual Suspects		Unusual Suspects			
IFC	133	Star Trek: Nemesis		Kids in Hall	Kids in Hall	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks			
LAFF	237	Paid Programs							Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	
LIFE	108	Paid Programs							Robison	Joyce M.	Paid Prog.	Grey's Anatomy		Grey's Anatomy		The Closer			
LMN	109	Paid Programs				My Daughter's Secret ('07, Drama)				Daughter for Sale ('17, Suspense) <i>Emily Rose</i>			My Daughter Must Live ('14, Suspense)						
MGMHD	385	The Music Lovers ('71)		Studio	Studio	Cellar Dweller ('88, Horror) <i>Debrah Farentino</i>		The Caller ★★ ('87, Horror)		(:50) Burnt Offerings ('76, Horror) <i>Karen Black</i>									
MOTOR	246	Bitchin' Rides		Bitchin' Rides <i>Mischief</i>		Garage Squad		Texas Metal		Junkyard Empire		Iron Resurrection		Iron Resurrection		Iron Resurrection			
MSNBC	209	The Mehdi Hasan Show		Way Too Early (L)		Morning Joe (L)						Stephanie Rühle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)			
NATGEO	197	Ramsay: Uncharted		Ramsay: Uncharted		Paid Programs				Drain the Oceans		Drain the Oceans		Drain the Oceans					
NGWLD	190	Paid Programs							Shark-cano		Australia's Sh		Sharks-Bermuda Tri.		Big Sharks Rule		Sharktraz		
OUTD	396	Outdoors	Buck.	Bushman	Hunting	Whitetail	Archer's	Am. Archer	Outdoors	Whitetail	Heartland	Outdoors	Quests	Fowl Life	Flush (N)	Hunt Adv	Jim Shock		
OWN	189	Dr. Phil		Dr. Phil		TBA		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		NCIS <i>Internal Affairs</i>		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS <i>In the Zone</i>			
PARMT	241	Paid Programs							Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	48 Hours		48 Hours		ER		ER		ER		ER		ER		ER			
REELZ	299	Paid Programs				TBA		Roseanne Barr		Brad & Angelina		Khloe & Lamar		Playmate Killer		Night Stalker		The Dating Game Killer	
RFDTV	231	Paid Programs							Pulling	Agribusiness	Jeremiah	Rural News/AgDay (N)		Market Day Report (L)					
SCI	193	Mysteries-Abandoned		Mysteries-Abandoned		Conspiracies Decoded		Conspiracies Decoded		Conspiracies Decoded		Conspiracies Decoded		Conspiracies Decoded		Conspiracies Decoded			
SMITH	367	Mighty Cruise Ships		Mighty Cruise Ships <i>Regal Princess</i>		Aerial America <i>Hawaii</i>				Aerial America		Europe's Last		Europe's Last		Europe's Last			
SONY	386	Black Hawk Down		Walking Tall: Lone Justice ('07) (:40) McLintock! ★★ ('63, Western) <i>John Wayne</i>		Brothers in Arms ('05, Western) (:40) Red Water ('03, Suspense)													
SUND-E	358	Another Heroes		Heroes	Love Lust	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes		
SYFY	122	Curse of Chucky ('13, Horror) <i>Fiona Dourif</i>		The Twilight Zone <i>Mute</i>		Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Priest ('11, Fantasy) <i>Paul Bettany</i>			
TBN	260	Behind	Jordan	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo Doll	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen		
TBS	139	Rush Hour 3 ('07)		Matters	Matters	Matters	Matters	Matters	Matters	George	George	George	George	Friends	Friends	Friends	Friends		
TCM	132	The Star (:45) Satan Met a Lady ★★ ('36)		Villain ★★ ('71, Crime Drama)		(:45) Look Back in Anger ★★ ('58, Drama)		(:45) The Longest Day ★★ ('62, War) <i>John Wayne</i>											
TLC	183	Say Yes to the		Say Yes to the		Say Yes UK/Extreme		So Freakin Cheap		So Freakin Cheap		sMothered		sMothered		sMothered			
TMC-W	329	Leaving Las Vegas 'R'		American Honey ('16, Comedy-Drama) <i>Sasha Lane</i> 'R'		Momma		(:05) Moonlight ('16, Drama) <i>Mahershala Ali</i> 'R'		Hoop Dreams ('94, Documentary) 'PG-13'									
TNT	138	Charmed <i>Magic Hour</i>		Charmed		Charmed		Charmed <i>Sight Unseen</i>		Charmed		Charmed		Supernatural		Supernatural			
TRU	242	Paid Programs							Imp. Jokers	Paid Programs	Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	
TRVL	196	Paid Programs							Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown				
TVLND	106	Roseanne	Roseanne	Goldbergs	Goldbergs	Paid Programs				M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza					
UP	188	Paid Programs							Br.- Bates	Br.- Bates	Heartland	Heartland	Little House on Prairie		Little House on Prairie		Little House on Prairie		
USA	105	2020 Tokyo Olympics				2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics <i>Beach Volleyball (L)</i>				2020 Tokyo Olympics					
WE	128	Beyond the Pole		Paid Programs							Law & Order		Law & Order <i>Doped</i>						

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)		
CBS-E	CBS Overnight News (N)		News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right		
CW-E	Local Programs							Local Programs								
FOX-E	Local Programs							Local Programs								
NBC-E	Olympics		Local Programs		Local Programs		Today (N)		Today 3rd Hour (N)			Today-Hoda		Local Programs		
METV	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	toon In With Me (N)	Beaver	Beaver	Perry Mason	Matlock <i>Dead Air</i>		In the Heat of Night		
ABC-W	Local Programs			ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning		Good Morning America (N)		
CBS-W	Local Programs			CBS Overnight News (N)				News		News	News	CBS This Morning (N)				
CW-W	Local Programs							Local Programs								
FOX-W	Local Programs							Local Programs								
NBC-W	2020 Tokyo Olympics				Olympics	Local Programs		Local Programs			Today (N)					
PBS	Classic Albums		In Their Own Words		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Chronicles-Ridd (35) The Jackal ★★ ('97, Suspense) <i>Bruce Willis, Richard Gere</i> 'R'	(40) John Q ★★ ('02, Drama) <i>Denzel Washington, Robert Duvall</i> 'PG-13'	(40) Fences ★★★ ('16, Drama) <i>Denzel Washington, Viola Davis</i> 'PG-13'	The End	The End	
	SHO-W 319	Pitch Black ('00, Science Fiction) 'R'	(35) The Chronicles of Riddick ('04) 'PG-13'	(35) The Jackal ('97, Suspense) <i>Bruce Willis</i> 'R'	(40) John Q ★★ ('02, Drama) 'PG-13'	(40) Fences	
	SHO2-E 320	Whitney: Before Midnight ★★★ ('13, Romance) <i>Ethan Hawke, Julie Delpy</i> 'R'	(20) I Love You, Man ★★ ('09, Comedy) <i>Paul Rudd</i> 'R'	(10) End of Days ★ ('99, Horror) <i>Arnold Schwarzenegger, Gabriel Byrne</i> 'R'	(15) Em battled ('20, Drama) <i>Stephen Dorff, Darren Mann</i> 'R'		
	SHOBET 321	Mid90s ('18, Comedy-Drama) 'R'	This Ain't Normal ('18) 'NR'	(15) Devil in a Blue Dress ('95, Mystery) 'R'	The Art of War ★★ ('00, Suspense) 'R'	The Chi	
	SHOX-E 322	U-571 21 Bridges ★★ ('19, Action) 'R'	(10) Munich ★★ ('05, Suspense) <i>Eric Bana, Daniel Craig</i> 'R'	Shooter ('07, Suspense) <i>Mark Wahlberg</i> 'R'	Saving Private Ryan		
	SHOS-E 323	Nutty Professor II: The Klumps Van Helsing ★★ ('04, Fantasy) 'PG-13'	(45) The French Connection ('71) 'R'	O ('01, Drama) <i>Mekhi Phifer</i> 'R'	(15) Juice ('92) 'R'		
	TMC-E 327	Sex Pistols (35) Paranoia ★ ('13, Suspense) 'PG-13'	The Reluctant Fundamentalist ('12, Drama) <i>Riz Ahmed</i> 'R'	(4:50) Death Wish ★★ ('74) 'R'	(25) Road Trip ('00, Comedy) 'R'		
	TMCX-E 328	Turning (20) Out of the Furnace ('13, Crime Drama) 'R'	(20) Sphere ★ ('98, Science Fiction) 'PG-13'	(35) Collide ('16, Action) <i>Nicholas Hoult</i> 'PG-13'	(20) Changing Lanes ('02) 'R'		
	FLIX-E 333	Kate & Leopold ('01) 'PG-13'	(20) Without a Paddle ★★ ('04)	The Big Hit ★★ ('98, Action) 'R'	(35) The Ides of March ('11, Drama) 'R'	(20) Spaceballs ('87, Comedy) 'PG'	

STARZ	ENCR-E 340	Eat Pray Love ★★ ('10, Drama) <i>Julia Roberts, James Franco</i> 'PG-13'	(44) Bring It On Again ★★ ('04, Comedy) <i>Anne Judson-Yager, Bree Turner</i> 'PG-13'	(17) Top Gun ★★ ('86, Action) <i>Tom Cruise, Kelly McGillis</i> 'PG'	(10) Young Guns ★★ ('88, Western) <i>Emilio Estevez, Kiefer Sutherland</i> 'R'	Lonesome Dove	Leaving (Part 1 of 4)	
	STARZ-E 350	Undercover Br. (42) Power Book III: Raising Kanan	(42) Two Can Play That Game ★★ ('01, Romance-Comedy) <i>Vivica A. Fox</i> 'R'	(18) I Don't Know How She Does It ★★ ('11, Comedy) 'PG-13'	(4:52) Blindspotting <i>Latifah, Jimmy Fallon</i> 'PG-13'	(24) Taxi ★★ ('04, Comedy) <i>Queen</i>	(05) The Dilemma ('11, Comedy) 'PG-13'	
	STARZ-W 351	! Dont (38) Earth to Echo ('14) 'PG'	(13) Undercover Brother ('02)	Power Book III: Raising (42) Two Can Play That Game ★★ ('01) 'R'	I Don't Know How She Does It			
	STRZED 352	Craft (25) The Missing ('03, Western) <i>Tommy Lee Jones</i> 'R'	(2:46) Dallas Buyers Club ('13, Drama) 'R'	(4:47) The Grudge ('20, Horror) 'R'	(24) Megan Leavey ('17) 'PG-13'			
	STRZCI 353	Anthropoid ('16) <i>Cillian Murphy</i> 'R'	(42) Where's My Roy Cohn? ('19) 'PG-13'	(22) The Traitor ('19, Crime Drama) <i>Pierfrancesco Favino</i> 'R'	(5:55) Get on the Bus ★★ ('96, Drama) 'R'			
	STRZCO 354	Beth Coop (33) Office Space ('99, Comedy) 'R'	(06) Night Shift ★★ ('82, Comedy) 'R'	(3:55) Catch and Release ★★ ('06) 'PG-13'	(5:49) A League of Their Own ('92) 'PG'			
	STRZIB 355	America ('16) America to Me ('18) America to Me ('20) America to Me ('22) America to Me ('24) America to Me ('26) America to Me ('28) America to Me						
	STRZKF 356	Zoom (06) (44) Saving Flora ('18, Children's) 'NR'	Casper and Wendy's Adventure (3:47) SamSam ('19)	(06) Zoom ('06, Children's) 'PG'	(36) Dudley Do-Right ('99) 'PG'			

EPIX	EPIX 380	The Bookshop (25) Like Crazy ★★ ('11, Drama) <i>Anton Yelchin, Felicity Jones</i>	Ordinary People ★★ ('80, Drama) <i>Donald Sutherland, Timothy Hutton</i>	(05) The Conversation ★★ ('74, Suspense) <i>Gene Hackman, John Cazale</i>	Arrival ★★ ('16, Science Fiction) <i>Amy Adams, Jeremy Renner</i>
	EPIX2 381	Dredd ('12, Action) (12:55) The Last Stand ('13, Action) (4:5) '71 ★★ ('14, Action) <i>Jack O'Connell</i>	(25) The Forbidden Kingdom ('08)	(10) The Marksman ('21, Action) <i>Liam Neeson</i>	
	EPIXH 382	Thelma & Louise ('91) (10) Like a Boss ('20, Comedy) (35) Time Freak ('18, Romance-Comedy) (20) The Time Machine ('02)	Timeline ★★ ('03, Adventure) <i>Paul Walker</i>		
	EPIXDR 292	Mad Max (45) Virtuosity ('95, Action) <i>Denzel Washington</i>	(35) Universal Soldier ('92, Science Fiction) (20) Plaza Suite ('71, Comedy) (15) Scrooged ('88, Comedy) <i>Bill Murray</i>		

AMERICA'S TOP PROGRAMMING

A&E 118	Monster in My Family	Monster in My Family	Hoarders	Hoarders	Jan; Bebe	Hoarders	Hoarders	Dick & Karen	Hoarders	Hoarders	Ron; Carol					
AHC 195	Ancient Assassins	Weaponology	Rangers	Weaponology	SAS	Weaponology	Bomber	Weaponology	Hitler's Empire	Hitler's Empire	Nazi Secret Files					
AMC 131	Grown Ups ★ ('10, Comedy) <i>Adam Sandler</i>	Grown Ups 2 ★ ('13, Comedy) <i>Adam Sandler</i>	A Few Good Men ★★ ('92, Drama) <i>Tom Cruise, Jack Nicholson</i>	Torino												
APL 184	Tanked SHAQ-SIZED!	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue					
AXSTV 167	The Lumineers:	Jewel - Live at the Rialto Theatre		Top Ten	Top Ten	Top Ten	Top Ten	Top Ten	Top Ten	Top Ten	Year-Music	Year-Music	Year-Music	Year-Music		
BBCA 135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Under Siege 2: Dark Territory ('95, Action) <i>Steven Seagal</i>	Patriot Games ★★ ('92, Suspense) <i>Harrison Ford</i>											
BET 124	Martin	Martin	Prince	Prince	Browns	Browns	Tyler Perry's the Family That Preys ★★ ('08, Drama) <i>Kathy Bates</i>	What Men Want ★★ ('19, Romance-Comedy)								
BOUNCE 359	Law & Order Denial	Law & Order	Johnson	Johnson	Liberty Stands Still ★★ ('02, Suspense)	Gridiron Gang ★★ ('06, Crime Drama) <i>The Rock, Xzibit</i>										
BRAVO 129	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck					
BUZZR 245	Match Gm./Match Gm.	Concen.	Concen.	Password	Password	Super Pass.	Tattletales	Press Luck	Card	Match Gm./Match Gm.	Match Gm./Match Gm.	Match	Sale of			
CHD 249	Runaway Squad	Runaway	Runaway	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	The Big House	Angola	The Big House	The Big House			
CMT 166	Roseanne	Roseanne	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man			
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)				Fast Money (L)	Mad Money (N)	Shepard Smith						
CNN 200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper		Situation Room	Situation Room	Situation Room	Erin Burnett	OutFront (L)				
COM 107	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	The Office	The Office	The Office	The Office	The Office				
COMET 289	The Beast Must Die	The Outer Limits	Glitch	The Outer Limits	Sliders	California Reich	Stargate SG-1	Grace	Stargate SG-1	Fallout	Stargate SG-1	Chimera	Quantum Leap			
COOK 113	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Good Eats	Good Eats			
DISC 182	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street-Memphis	Street-Memphis					
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Too Cute!	Dogs 101	Beach	Beach	
DISN-E 172	Bluey	Bluey	Big City	Big City	Big City	Big City	Jessie	Jessie	Jessie	Big City	Big City	Jessie	Jessie	Raven	Raven	Big City
DIY 111	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters					
ENCR-W 341	Top Gun Misbehaviour ('20, Comedy-Drama) 'NR'	(20) Eat Pray Love ★★ ('10, Drama) 'PG-13'	(44) Bring It On Again ('04, Comedy) 'PG-13'	(17) Top Gun ('86, Action) 'PG'												
EWESTN 342	Boss-Villy (36) Sierra ('50, Western) 'NR'	Wyatt Earp	(27) The Big Valley	Laramie	Death Vall.	Death Vall.	Fargo	Rifleman	(5:56) The Virginian	Day of the Bad Man						
EACTN 343	Red Sonja ★★ ('85) (12:59) Braveheart ★★ ('95, Historical Drama) <i>Mel Gibson</i> 'R'	(3:59) Bat 21 ('88, Action) <i>Gene Hackman</i> 'R'	(5:46) The Negotiator ('98, Suspense) 'R'													
ESUSP 344	Marine 2 (37) The Crush ('93, Suspense) 'R'	(08) 3000 Miles to Graceland ('01, Action) 'R'	Tales From the Crypt Presents Demon Knight	(5:50) The Seventh Sign ('88) 'R'	The Crush											
EBLACK 345	Hustle and Heat ('03) (12:56) Bring It On ('00) 'PG-13'	(37) Jumping the Broom ('11, Comedy) 'PG-13'	(32) Breakin' All the Rules ('04)	Miami Vice	Lombard	Jeffersons	Crooklyn									
ECLASS 346	Hit & Run (26) Parenthood ('89, Comedy-Drama) 'PG-13'	(32) French Connection II ('75, Action) 'R'	(34) After Earth ('13, Science Fiction) 'PG-13'	(17) Total Recall ('12) 'PG-13'												
EFAMILY 347	Inside Out (40) The Good Dinosaur ('15) 'PG'	(15) The Land Before Time ('88) (25) Thumbelina ★★ ('94) 'G'	(4:53) Inside Out ('15) 'PG'	(29) Carpool ('96, Children's) 'PG'												
ESPN 140	SportsCenter (L)	SportsCenter (L)	Jalen	Question	NBA: The Jump (L)	NFL Live (L)	Around	Interruption	SportsCenter (L)	MLB Baseball						
ESPN2 143	First Take		SportsCenter	Question	Jalen	Question	Football	NFL Live	Daily Wager (L)	NFL Live						
EWTN 261	Daily Mass	Women of	At Home	Called to Communion	Chaplet	Rosary	Catholic	Lucy Friend	Bookmark	India: One	News	Living	Daily Mass			
FETV 82	Bewitched/Bewitched	Matlock (Part 1 of 2)	Matlock (Part 2 of 2)	Ranger	Ranger	Perry Mason	Perry Mason	Perry Mason	Matlock (Part 1 of 2)	Matlock (Part 1 of 2)	FOX News	Primetime (L)				
FNC 205	Outnumbered (L)	America Reports	With John Roberts	The Story	With Martha	Perry World	W/ Cavuto	The Five (L)	Special Report	FOX News	Primetime (L)					
FOOD 110	The Kitchen	The Kitchen	Yum-Yum	Yum-Yum	Yum-Yum	Yum-Yum	Yum-Yum	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive					
FREFM 180	The Middle	The Middle	The Middle	Evan Almighty ('07, Children's) <i>Steve Carell</i>	Big ★★ ('88, Children's) <i>Tom Hanks, Elizabeth Perkins</i>	Matilda ★★ ('96, Children's) <i>Mara Wilson</i>										
F51 150	The Herd with Colin Cowherd (L)			Speak for Yourself (L)		Undisputed	NASCAR Race Hub (N)	The Natural ('84)								

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Little ★★ ('19, Comedy) <i>Regina Hall, Issa Rae</i>				A Dog's Purpose ★★ ('17, Comedy-Drama)				The Boss Baby ★★★ ('17, Children's)				The Secret Life of Pets ('16, Children's)				
FXM	384	Alien ('79) 'R'				:(10) Enemy Mine ('85, Science Fiction) 'PG-13'				Everest ★★★ ('15, Adventure) <i>Jason Clarke</i> 'PG-13'				Assassin's Creed ★★ ('16, Action) 'PG-13'				Deadpool
FXX	125	Down of the Planet of the Apes				The Predator ★★ ('18, Science Fiction)				Pacific Rim Uprising ('18, Science Fiction) <i>John Boyega</i>				Simpsons	Simpsons	Simpsons	Simpsons	
GETTV	373	All/Family	All/Family	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger		
GMSHW	116	Deal or No Deal	Match Gm.	Match Gm.	Catch 21	Catch 21	The Chase	FamFeud	FamFeud	Chain Rea.	Common	Puzzler	America	America	America	America		
GOLF	401	2020 Tokyo Olympics Live From the Olympics <i>Coverage of the golf tournaments.</i>														PGA TOUR	PGA TOUR	
GRIT	217	The Virginian <i>Hideout</i>				Laramie				Laramie				Laramie	Fargo	Fargo	Fargo	Fargo
HALL	185	The Middle	The Middle	Reba	Reba <i>Pilot</i>	Reba	Reba	Reba	Reba	Love Struck Café ('17, Romance)				Sun, Sand & Romance ('17, Drama)				
HALLDR	186	The Waltons <i>The Victims</i>		The Waltons		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Chesapeake Shores		
HALLMV	187	Monk		Monk		Monk		Good Witch		Good Witch <i>The Prince</i>		Mystery 101 <i>Deadly History</i>						
HDMOV	130	Wyatt Earp ★★★ ('94, Biography) <i>Kevin Costner, Dennis Quaid</i>				:(10) The French Lieutenant's Woman ('81, Romance)				:(20) Absence of Malice ★★★ ('81, Drama)				Falling				
HGTV	112	Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		
HIST	120	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		
ID	192	Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Murder Comes to Town		Murder Comes to Town		Murder Comes to Town		People Magazine		People Magazine		
IFC	133	Parks	Parks	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Two Men	Two Men	
LAFF	237	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	'70s Show	'70s Show	
LIFE	108	The Closer		The Closer		Major Crimes		Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles <i>Bassholes</i>		Rizzoli & Isles		
LMN	109	A Daughter's Revenge ('18, Suspense)				A Daughter's Plan to Kill ('19, Drama)				A Daughter's Deception ('19, Drama)				The Babysitter's Revenge ('20, Suspense)				
MGMHD	385	Burnt Off. (35)		Lord of Illusions ★★ ('95, Horror) <i>Scott Bakula</i>		:(2:55) Amityville II: The Possession ('82, Horror)		:(10) Night of the Comet ('84, Science Fiction)				:(15) Tank Girl ('95)						
MOTOR	246	Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Texas Metal		Junkyard Empire		Bitchin' Rides		Garage Squad		
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Ayman Mohyeldin		Deadline: White House (L)				The Beat With		The ReidOut (L)		
NATGEO	197	Drain the Oceans		Drain the Ocean: Ghost		Drain the Oceans		Drain the Oceans		Drain the Oceans		Drain the Oceans		Drain the Oceans		Drain the Titanic		
NGWLD	190	Mega Hammerhead		Tiger Shark Terror		What the Shark?		When Sharks Attack		When Sharks Attack		When Sharks Attack		When Sharks Attack		When Sharks Attack		
OUTD	396	Sporting	Wild Boar	Territories	Wildlife	Gregg Ritz	Hunting TV	Lindsey	Raised	Buck.	Bucks Tec.	Legends	Bass	Wicked Tuna	Farming	Hunts		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dateline on OWN		Dateline on OWN		Dateline on OWN		Dateline on OWN		Dateline: Crime		
OXYG	127	NCIS <i>Recoil</i>		NCIS <i>About Face</i>		NCIS (Part 1 of 2)		NCIS (Part 2 of 2)		NCIS		NCIS <i>Agent Afloat</i>		NCIS <i>Capitol Offense</i>		NCIS <i>Internal Affairs</i>		
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Two Men		Two Men		Two Men		Two Men		
POP	117	ER		TBA		TBA		TBA		TBA		TBA		TBA		TBA		
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Playmate Killer		Night Stalker		The Dating Game Killer		Cops Rel.		Cops Rel.		Cops Rel.		
RFDTV	231	Market Day Report (L)				The Rural Americans		Horses	Toy Trains	Paula	DocTalk	Trains & Locomotives		Rural Health Matters (N)		FFA (N)	Rural News	
SCI	193	Conspiracies Decoded		Conspiracies Decoded		Conspiracies Decoded		Conspiracies Decoded		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		
SMITH	367	Air Warriors		Air Warriors <i>Spiritfire</i>		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Pacific War		
SONY	386	Red Water: The Order ★★ ('01, Action) <i>Charlton Heston</i> (20)				Murder at the Presidio ('05)				:(10) Physical Evidence ('89, Crime Drama)				:(05) Return to the Blue Lagoon ('91, Romance)				
SUND-E	358	Animal House ('78) (15)				Crocodile Dundee in Los Angeles ★★ ('01, Comedy)				Crocodile Dundee II ★★ ('88, Comedy) <i>Paul Hogan</i>				Crocodile Dundee ('86, Comedy) <i>Paul Hogan</i>				
SYFY	122	Priest ('11) Movie				:(03) Robin Hood ★★ ('18, Action) <i>Taron Egerton</i>				:(35) The Fast and the Furious: Tokyo Drift ('06, Action)								
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	Business	Praise		New Seas	Jewish Voi	Church	Potters	
TBS	139	Friends	Friends	Friends	Friends	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	
TCM	132	Longest The Comedians ★★ ('67, Drama) <i>Elizabeth Taylor</i>				:(15) The Sandpiper ★★★ ('65, Drama)				:(15) Where Eagles Dare ★★★ ('69, War) <i>Richard Burton</i>								
TLC	183	sMothered		sMothered		sMothered		sMothered		sMothered		sMothered		Darcey & Stacey		Darcey & Stacey		
TMC-W	329	Hoop Dreams ('94)				Amy ('15, Documentary) <i>Tony Bennett</i> 'R'				:(35) Paranoia ★★ ('13, Suspense) 'PG-13'				The Reluctant Fundamentalist ('12, Drama) <i>Riz Ahmed</i> 'R'				
TNT	138	Supernatural <i>Black</i>		Supernatural		Justice League ★★ ('17, Action) <i>Ben Affleck, Henry Cavill</i>				Aquaman ★★ ('18, Action) <i>Jason Momoa, Amber Heard</i>				Justice				
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes		Jokes		Jokes		Jokes		
TRVL	196	Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Mysteries of the Unknown				
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba	Reba	
USA	105	2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics: <i>Women's Basketball</i>				2020 Tokyo Olympics				
WE	128	Law & Order		Law & Order <i>Shotgun</i>		Law & Order <i>Fed</i>		Law & Order <i>Blackmail</i>		Law & Order		Law & Order		Law & Order		Law & Order <i>Innocence</i>		

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	GMA3-Need to Know				General Hospital (N)				Local Programs				Local Programs				News	Local Programs
CBS-E	Local Prog.	Young & Restless		Bold		The Talk (N)		Let's Make a Deal		Local Programs		Local Programs		Local Programs		News	Local Programs		
CW-E	Local Programs	Local Programs				Local Programs				Local Programs				Local Programs					
FOX-E	Local Programs	Local Programs														Local Prog.			
NBC-E	2020 Tokyo Olympics <i>Equestrian, Beach Volleyball, Water Polo, Diving, Gymnastics</i> (N)											Local Programs		Local Prog.	News	Local Programs			
METV	247*	The Waltons <i>The Spirit</i>		Gunsmoke <i>The Lost</i>		Bonanza		Rifeman	Rifeman	Wagon Train		Adam-12	Adam-12	Addams	Happy Day	M*A*S*H	M*A*S*H		
ABC-W	Local Programs	The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs							
CBS-W	Local Programs	The Price Is Right		Young & Restless		Local Prog.		Bold	The Talk (N)		Let's Make a Deal		Local Programs						
CW-W	Local Programs	Local Programs														Jerry Springer	Local Programs		
FOX-W	Local Programs	Local Programs														Local Prog.			
NBC-W	Today 3rd Hour (N)	2020 Tokyo Olympics <i>Equestrian, Beach Volleyball, Water Polo, Diving, Gymnastics</i> (N)											Local Prog.	News	Local Programs				
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Molly	Xavier	Odd	Arthur	Cat in the	Peg & Cat	PBS NewsHour (N)				

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	The Chi A Raisin in the Sun	Flatbush Mis	Black Monday ONE!	John Q ★★ ('02, Drama) Denzel Washington, Robert Duvall 'PG-13'				The Chi A Raisin in the Sun	Desus & Mero	The End	The End Art vs Life	The Overnight ★★★ ('15, Comedy) Adam Scott 'R'				
	SHO-W 319	Fences ('16, Drama) Denzel Washington 'PG-13'				The End	The Chi	Flatbush	Black Monday ONE!	John Q ★★ ('02, Drama) 'PG-13'			The Chi				
	SHO2-E 320	(15) The Challenger ('15, Drama) Kent Moran, Michael Clarke Duncan 'PG-13'				The Chi A Raisin in the Sun				Desus & Mero	Flatbush Mis	Black Monday ONE!	Hereditary ★★★ ('18, Horror) Toni Collette, Gabriel Byrne 'R'			(40) Act of Valor ★★ ('12, Action) Roselyn Sánchez 'R'	
	SHOBET 321	Monster's Ball ('01, Drama) Halle Berry 'R'				Cloud Atlas ★★ ('12, Drama) Tom Hanks, Halle Berry 'R'				Hoodlum ★★★ ('97, Crime Drama) 'R'			(15) Working Man				
	SHOX-E 322	Saving Private Ryan ('98, War) Tom Hanks 'R'				Bellator MMA Bellator 263				Desus			Full Metal Jacket ★★★ ('87, War) 'R'			A Clockwork Orange	
	SHOS-E 323	Juice ★★★ ('92) 'R' Crisis ('21, Suspense) Gary Oldman 'R'				The French Connection ('71) 'R'				Black Monday	Flatbush	(45) The To Do List ★★★ ('13, Comedy) 'R' Christs					
TMC-E 327	Sleepless in Seattle ('93) 'PG' (45) Made in Italy ('20, Comedy-Drama) 'R'				Regarding Henry ★★ ('91, Drama) 'PG-13'				Richard Pryor-Sunset Strip			Thin Line-Love					
TMCX-E 328	Room ★★★ ('15, Drama) Brie Larson 'R'				The Nest ('20, Suspense) Jude Law 'R'				Under the Skin ('13, Science Fiction) 'R'			(1:50) Selfie From Hell			A Violent Separation		
FLIX-E 333	Sahara ★★★ ('05, Adventure) 'PG-13'				(05) The Saint ('97, Action) Val Kilmer 'PG-13'				(12:05) Disturbing Behavior ('98)			Carrie ('76, Horror) Sissy Spacek 'R'			Jeepers Creepers 2 'R'		
STARZ	ENCR-E 340	(Lonesome) (38) Lonesome Dove On the Trail Dove (Part 2 of 4)	(12) Road House ★★ ('89, Action) Patrick Swayze, Kelly Lynch 'R'				(12:11) Big Trouble in Little China ★★★ ('86, Action) Kurt Russell, Kim Cattrall 'PG-13'			(1:54) John Carpenter's Escape From L.A. ★★ ('96, Action) 'R'			(38) Greed ('19) 'R'				
	STARZ-E 350	The Dilemma ★★ ('11, Comedy) 'PG-13' Power Book III: Raising Kanan				Blindspotting (33) Your Highness ★ ('11, Comedy) Danny McBride, James Franco 'R'				(2:1) Power Book III: Raising Kanan			(2:1) Blindspotting (1:53) The Dilemma ★★ ('11, Comedy) Vince Vaughn, Kevin James 'PG-13'				
	STARZ-W 351	Blindspotting (24) Taxi ('04, Comedy) 'PG-13'				(05) The Dilemma ★★ ('11, Comedy) 'PG-13'				Power Book III: Raising Kanan			(33) Your Highness ★ ('11, Comedy) 'R'			Power III	
	STRZED 352	Leavey (23) The Craft: Legacy ★★ ('20)				Ice (10:53) The Missing ★★★ ('03, Western) 'R'				(14) Scream 4 ('11, Horror) Neve Campbell 'R'			(07) Mona Lisa Smile				
	STRZCI 353	The Bravest ('19, Action) Jiang Du 'PG-13'				Curse of the Golden Flower ★★★ ('06) 'R'				(11:57) The Traitor ('19, Crime Drama) Luigi Lo Cascio 'R'			Pain and Glory ('19, Drama) 'R'				
	STRZCO 354	Office Space ('99, Comedy) 'R'				(32) Zack and Miri Make a Porno ('08) 'R'				(16) Night Shift ('82, Comedy) 'R'			(05) Orgazmo ★★ ('97) 'NC-17'			(40) Man of the House ★★ ('05)	
STRZIB 355	Blindspotting (31) Basic ★★ ('03, Suspense) John Travolta, Connie Nielsen 'R'				Behind Enemy Lines: Colombia Behind Enemy Lines II (10) Piranha 3D ('10)												
STRZKF 356	Saving Flora ('18, Children's) 'NR' (37) Wheely ('18, Children's) 'PG' (09) Buttons: A Christmas Tale (39) Dudley Do-Right ('99) 'PG' (03) Snowflake, the White Gorilla Millions																
EPIX	EPIX 380	War of the Worlds Episode Eight		Domina Happiness		Godfather of Harlem		(10:55) Godfather of Harlem		(11:50) Rocketman ★★★ ('19, Musical) Taron Egerton, Jamie Bell		(1:55) In a World ... ★★★ ('13, Comedy) Lake Bell, Fred Melamed		Road-house 66			
	EPIX2 381	Jack Reacher ★★ ('12, Action) Tom Cruise				(15) Cliffhanger ('93, Action) Sylvester Stallone				(12:10) Kick-Ass ('10, Action) Aaron Johnson		(10) Domina Happiness		(10) War of the Worlds			
	EPIXH 382	Bill & Ted Face the Music ('20) (35) Galaxy Quest ('99, Comedy) Tim Allen				(20) Sonic the Hedgehog ('20)				Timeline ★★ ('03, Adventure) Paul Walker		After Darkness ('18)					
	EPIXDR 292	As Good as It Gets ('97, Comedy-Drama) Jack Nicholson				(20) Sabrina ★★ ('95, Romance-Comedy)				The Love Letter ('99, Romance)		Scrooged ('88, Comedy) Bill Murray		I Love You			

AMERICA'S TOP PROGRAMMING

A&E 118	Hoarders: Coming Clean Carol (N)				Dirty Rotten Cleaners (N) (04) Hoarders				(12:03) Hoarders: Coming Clean Carol				Dirty Rotten Cleaners (05) Hoarders			
AHC 195	Nazi Secret Files				Nazi Secret Files				Nazi Secret Files				Nazi Secret Files			
AMC 131	Gran Torino ('08, Drama) Clint Eastwood				The Beast Must Die (N) (04) Outbreak ★★★ ('95, Suspense) Dustin Hoffman, Rene Russo				(04) The Fighter ('10, Drama) Mark Wahlberg							
APL 184	Homestead Rescue				Homestead Rescue: Raney Ranch The Long Haul (N)				Homestead Rescue				Homestead Rescue: Raney Ranch The Long Haul			
AXSTV 167	Nothing but Trailers (N) Alan Jackson: Small Town Southern Man				Nothing but Trailers				Alan Jackson: Small Town Southern Man				Old Dominion			
BBCA 135	S.W.A.T. ★★★ ('03, Action) Samuel L. Jackson				Patriot Games ★★★ ('92, Suspense) Harrison Ford				Under Siege 2: Dark Territory ('95, Action) Steven Seagal				S.W.A.T.			
BET 124	What Men Want ('19) Kevin Hart: Let Me Explain ('13, Comedy)				Martin				Martin				Martin			
BOUNCE 359	Detroit ★★★ ('17, Crime Drama) John Boyega, Will Poulter				Dark Blue ('02, Crime Drama) Kurt Russell				Blood Brother ('18, Action) Trey Songz				Johnson			
BRAVO 129	Below Deck				Watch				Below Deck				Shahs of Sunset			
BUZZR 245	Concen. Super Pass. Sweep				Sharks				Match-Squares				Concen. Super Pass. Sweep			
CHD 249	The Big House				The Big House				The Big House				The Big House			
CMT 166	Mom				Mom				Reba				Reba			
CNBC 208	2020 Tokyo Olympics Track and Field (L)				2020 Tokyo Olympics				2020 Tokyo Olympics				2020 Tokyo Olympics			
CNN 200	Anderson Cooper 360 (L)				Cuomo Prime Time (L)				Don Lemon Tonight (L)				Don Lemon Tonight (L)			
COM 107	The Office				The Office				The Office				The Office			
COMET 289	Quantum Leap				Quantum Leap				The X-Files				The X-Files The Truth			
COOK 113	Delicious				Delicious				Delicious				Delicious			
DISC 182	Street-Memphis				Getaway Driver (N)				Getaway Driver				Getaway Driver			
DFC 179	Beach				Beach				Beach				Beach			
DISN-E 172	UglyDolls ★★ ('19, Children's)				Big City				Big City				Big City			
DIY 111	Bargain Mansions				Bargain Mansions (N)				Bargain Mansions				Bargain Mansions			
ENCR-W 341	(10) Young Guns ★★ ('88, Western) 'R'				Lonesome Dove (Part 1 of 4)				(38) Lonesome Dove (Part 2 of 4)				(12) Road House ★★ ('89, Action) 'R'			
EWESTN 342	Day-Bad (36) Ride a Crooked Trail ('58)				(05) Taggart ('65, Western) 'NR'				(32) Streets of Laredo ('49) 'NR'				(07) Day of the Bad Man ('58)			
EACTN 343	(08) Scarface ★★ ('83, Crime Drama) Al Pacino, Michelle Pfeiffer 'R'				Miami Vice No Exit				Kn't Rider (42) White House Down ★★ ('13, Action) 'PG-13'				(2:56) Miller's Crossing			
ESUSP 344	The Crush ('93) 'R'				The Luminaries (9:59) The Luminaries				(10:59) Zombieland: Double Tap (43) Blue Velvet ('86, Suspense) Kyle MacLachlan 'R'				John Carpenter			
EBLACK 345	Crooklyn ('94, Drama) 'PG-13'				(38) Chill Factor ★ ('99, Action) 'R'				(22) Jumping the Broom ('11, Comedy) 'PG-13'				(19) Evil Dead ('13, Horror) 'R'			
ECLASS 346	Total ('18) Hit & Run ('12, Comedy) 'R'				Rescue Me Rules (08) Damages (11:57) The Accused ★★ ('88, Drama) 'R'				(1:50) Friday the 13th ('80) 'R'				Fri. 13th-2			
EFAMILY 347	The Land Before Time (10) The Good Dinosaur ('15) 'PG'				(45) Inside Out ★★ ('15, Children's) 'PG'				(21) Hotel Transylvania ('12) 'PG'				Swan Princess (14) Flicka 2 ('10) 'PG'			
ESPN 140	MLB Baseball Teams TBA				SportsCenter (L)				SportsCenter (L)				SportsCenter (L)			
ESPN2 143	ESPN Original Documentaries				ESPN Original Documentaries				UFC 265: Countdown				Around			
EWTV 261	The Journey Home				News				Rosary				World Over Live			
FETV 82	Perry Mason				Perry Mason				T.J. Hooker Sanctuary				Hart to Hart			
FNC 205	Tucker Carlson Tonight (L) Hannity (L)				The Ingraham Angle (L) Gutfield! (N)				Fox News at Night				Tucker Carlson Tonight			
FOOD 110	BBO Brawl				BBO Brawl (N)				Chopped				Chopped			
FREFM 180	Mrs. Doubtfire ★★ ('93, Children's) Robin Williams, Sally Field				The 700 Club				Simpsons				Simpsons			
F51 150	The Natural ('84, Drama)				Seabiscuit ★★ ('03, Drama) Tobey Maguire				2021 CONCACAF Gold Cup Final: Teams TBA				TMZ (N)			

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Secret Life of Pets 2 ('19, Children's)				The Secret Life of Pets ('16, Children's)				The Secret Life of Pets 2 ('19, Children's)				Mike	Mike	Paid Programs					
FXM	384	Deadpool ('16, Action) <i>Ryan Reynolds</i> 'R'				Deadpool ('16, Action) <i>Ryan Reynolds</i> 'R'				FXM Pres. Assassin's Creed ★★ ('16, Action) 'PG-13'				FXM Pres. Bad Medicine ('85)							
FX	125	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Sunny	Sunny	Sunny	Sunny	Paid Programs							
GTTV	373	Charlie's Angels				Hart to Hart				All/Family				Sanford	Sanford	Good Time	Good Time				
GMSHW	116	America	America	America	America	FamFeud		FamFeud		FamFeud		FamFeud		America	America	Ma. Minds	Common	Winsanity	Divided		
GOLF	401	Live From the Olympics <i>Coverage of the golf tournaments. (L)</i>												PGA TOUR	PGA TOUR	Live From the Olympics					
GRIT	217	Hour of the Gun ★★★ ('67, Western) <i>James Garner</i>				Ride Lonesome ('59, Western)				Westbound ★★★ ('59, Western)				Springfield Rifle ★★★ ('52, Western) <i>Gary Cooper</i>							
HALL	185	Beverly Hills Wedding ('21, Romance)				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier	Frasier	Frasier	Frasier	Frasier	Frasier		
HALLDR	186	Chesapeake Shores		The Russell Girl ('08, Drama) <i>Amber Tamblyn</i>				The Waltons		The Waltons		The Waltons		The Waltons		Little House on Prairie					
HALLMV	187	Morning		Aurora Teagarden <i>Mysteries How to Con a Con</i>				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Magnum, P.I. / Witness					
HDMOV	130	Falling in Love ('84)				Telling Lies in America ('97, Drama)				Music of the Heart ('99, Drama) <i>Meryl Streep</i>				Telling Lies in America ('97, Drama)		Music of the Heart					
HGTV	112	Celebrity IOU (N)				(:05) Love It or List It (N)		(:06) Love It or List It		(:03) Love It or List It		(:12:05) Love It or List It		(:06) Love It or List It		(:03) Love It or List It		Celebrity IOU			
HIST	120	American Pickers				(:02) American Pickers		(:05) American Pickers		(:05) American Pickers		(12:03) American Pickers		(:05) American Pickers		(:06) American Pickers		(:06) American Pickers			
ID	192	People Magazine				48 Hours on ID (N)				Reasonable Doubt (N)				See No Evil							
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Community	Community	Community	Community	Community	Community				
LAFF	237	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	'70s Show		'70s Show		The Cutting Edge ('92, Romance-Comedy)				Nt. Court	Nt. Court	Paid Programs			
LIFE	108	Rizzoli & Isles				(:03) Rizzoli & Isles				(:03) Rizzoli & Isles				(12:01) Rizzoli & Isles		Rizzoli & Isles		(:04) Rizzoli & Isles		(:04) Rizzoli & Isles	
LMN	109	Revenge for Daddy ('20, Suspense)				Killer Daddy Issues ('20, Suspense)				(12:01) Revenge for Daddy ('20, Suspense)				Killer Daddy Issues ('20, Suspense)							
MGMHD	385	Tank Girl ('95, Science Fiction)				(25) Stargate ★★★ ('94, Science Fiction) <i>Kurt Russell</i>				Unforgettable ★★ ('96, Mystery) <i>Ray Liotta</i>				Shattered ★★ ('91, Suspense)							
MOTOR	246	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues	Car Issues				
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word				The 11th Hour		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes			
NATGEO	197	Drain the Oceans (N)				Drain the Oceans (N)				Drain the Oceans (N)				Drain the Oceans							
NGWLD	190	When	When	Life of Lemon Sharks		Shark Beach		When	When	Life of Lemon Sharks		Shark Beach		50 Shades of Sharks		Paid Programs					
OUTD	396	MeatEater	Wild Ride	Longmire		Human (N)		McMillan	Farming	Fishmonger	Longmire		Humanimal	Wild Ride	Farming	Hunts	MeatEater	McMillan			
OWN	189	Deadline: Crime				Deadline: Crime				Deadline: Crime				Deadline: Crime							
OXYG	127	NCIS In the Zone				NCIS Recoil				NCIS About Face				NCIS (Part 1 of 2)							
PARMT	241	The Matrix ('99, Science Fiction) <i>Keanu Reeves</i>				The Matrix Reloaded ★★★ ('03, Science Fiction) <i>Keanu Reeves</i>				The Matrix Revolutions ★★ ('03, Science Fiction) <i>Keanu Reeves</i>				The Matrix Revolutions ★★ ('03, Science Fiction) <i>Keanu Reeves</i>							
POP	117	Movie				Movie				Movie				Movie							
REELZ	299	Casey Anthony: Her Friends Speak				Natalee Holloway: Her Friends Speak				Casey Anthony: Her Friends Speak				Natalee Holloway							
RFDTV	231	Rural America Live (L)		Rancher	Red Ste.	Rodeo	Horse-West	Horses	Rural News	Rural America Live	Rancher	Red Ste.	Paid Programs								
SCI	193	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown					
SMITH	367	Pacific War		Pacific War		Pacific War		Hannibal's March		Pacific War		Pacific War		Pacific War		Pacific War					
SUNDY	386	Conspiracy ★★ ('08, Suspense)				(:45) 88 Minutes ★ ('07, Suspense) <i>Al Pacino</i>				(:45) Conspiracy ('08, Suspense) <i>Val Kilmer</i>				(:25) 88 Minutes ★ ('07, Suspense) <i>Al Pacino</i>		Relentless					
SONY-E	358	Fast Times at Ridgemont High ('82, Comedy)				The Outsiders ★★ ('83, Drama) <i>Matt Dillon</i>				Fast Times at Ridgemont High ('82, Comedy)				The General's Daughter ('99, Suspense)							
SYFY	122	Apollo 13 ★★★ ('95, Historical Drama) <i>Tom Hanks, Bill Paxton</i>				(:05) The Fast and the Furious: Tokyo Drift ('06, Action)				Futurama				Futurama	Futurama	Futurama	Futurama				
TBN	260	Praise (N)		Cahn	McMan.(N)	Discovering Love		Praise	Prince	Cahn	McManus	Discovering Love	J. Rubin	Praise							
TBS	139	Family Guy	Family Guy	Family Guy	Family Guy	Amer. Dad	Rick, Morty	Tuca-Bert	Wipeout	<i>Couples</i>		Wipeout	Brooklyn	Brooklyn	Brooklyn	Imp. Jokers	Imp. Jokers				
TCM	132	Anne of the Thousand Days ('69, Historical Drama)				(:45) The Taming of the Shrew ★★★ ('67, Comedy)				The Night of the Iguana ('64, Drama)				(:15) Equus ('77)							
TLC	183	Darcey & Stacey (N)		sMothered (N)		So Freakin Cheap (N)		Call in Cheapskates (N)		Darcey & Stacey		sMothered		So Freakin Cheap		Call in the Cheapskates					
TMC-W	329	Death Wish ('74, Crime Drama) 'R'				(:25) Road Trip ('00, Comedy) 'R'				Sleepless in Seattle ('93) 'PG'				(:45) Made in Italy ('20, Comedy-Drama) 'R'		Regarding Henry ('91) 'PG-13'					
TNT	138	Justice League ★★ ('17, Action) <i>Ben Affleck</i>				Titans Doom Patrol (N)				(:10:57) Kick-Ass 2 ★★ ('13, Action)				(:12) One Championship		(:12) Big Game ('14, Action) <i>Samuel L. Jackson</i>					
TRU	242	Jokes	Jokes	Jokes	Jokes	Horrible Bosses 2 ('14, Comedy) <i>Jason Bateman</i>				(:12:15) The Bounty Hunter ★ ('10, Romance-Comedy)				Bar Wars	Jokes	Jokes					
TRVL	196	Mysteries of the Unknown (N)				Monsters and Mysteries in America (N)				Mysteries of the Unknown				Monsters and Mysteries in America							
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	King	King	Goldbergs	Goldbergs			
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Paid Programs				
USA	105	WWE Monday Night RAW (L)				2020 Tokyo Olympics <i>Diving</i> (N)				2020 Tokyo Olympics				2020 Tokyo Olympics							
WE	128	Law & Order		Law & Order <i>Brazil</i>		Law & Order <i>Crashers</i>		Law & Order		Law & Order <i>Immortal</i>		Law & Order		Law & Order		Monk					

LOCAL NETWORKS

ABC-E	The Bachelorette (N)				Celeb-Dating				Local Prog. (:35) Jimmy Kimmel Live!				Nightline (N)		Local Programs				ABC World News Now (N)	
CBS-E	Neighbor	Bob Heart	Sheldon	United-AI	NCIS: Los Angeles				Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)			
CW-E	Roswell, New Mexico (N)				The Republic of Sarah (N)				Local Programs											
FOX-E	Hell's Kitchen		House	Duncanville	Local Programs															
NBC-E	2020 Tokyo Olympics <i>Beach Volleyball, Track and Field, Gymnastics</i> (L)								Local Prog.				2020 Tokyo Olympics				2020 Tokyo Olympics			
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Hitchcock	Hitchcock	Mannix	Cannon <i>Death Chain</i>						
ABC-W	Local Programs				News	Local Programs				The Bachelorette (N)				Celeb-Dating		Local Prog. (:35) Jimmy Kimmel Live!				
CBS-W	Local Programs				News	Local Programs				Neighbor	Bob Heart	Sheldon	United-AI	NCIS: Los Angeles						
CW-W	Local Programs								Roswell, New Mexico (N)		The Republic of Sarah (N)		Local Programs							
FOX-W	Local Programs								Hell's Kitchen		House	Duncanville	Local Programs							
NBC-W	2020 Tokyo Olympics <i>Beach Volleyball, Track and Field, Gymnastics</i> (L)								Olympics		2020 Tokyo Olympics				Local Prog.		2020 Tokyo Olympics			
PBS	Antiques Roadshow		Antiques	Antiques	POV <i>Pier Kids</i> (N)				Amanpour-Co		Antiques Roadshow		Antiques	Antiques	TBA					

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Into the Blue ★★ ('05, Adventure) <i>Paul Walker, Jessica Alba</i> 'PG-13'	School Ties ★★★ ('92, Drama) <i>Brendan Fraser, Matt Damon</i> 'PG-13'	Van Helsing ★★ ('04, Fantasy) <i>Hugh Jackman, Kate Beckinsale</i> 'PG-13'	(:15) I Love You, Man ★★★ ('09, Comedy) <i>Paul Rudd, Jason Segel</i> 'R'	
	SHO-W 319	Desus The End The End	The Overnight ('15, Comedy) 'R'	Into the Blue ★★ ('05, Adventure) 'PG-13'	School Ties ★★★ ('92, Drama) 'PG-13'	Van Helsing ('04)
	SHO2-E 320	Act of Valor ('12) Pete Lee: Tall, Dark, and Pleasant	Whitney: Can I Be Me ('17, Documentary) <i>Tony Anderson</i> 'NR'	(:15) The Current War: Director's Cut ('19, Historical Drama) <i>Benedict Cumberbatch</i> 'PG-13'	As Cool as I Am ★ ('13, Comedy-Drama) <i>Claire Danes</i> 'R'	(:35) How to Build a Girl ('19, Comedy) <i>Beanie Feldstein</i> 'R'
	SHOBET 321	Working Man ('19) (:05) How She Move ('07) 'PG-13' (:45) The Fits ('15, Drama) 'NR'	Jamel Shabazz Street		Fast and Furious: Death Race ('20)	A Most Violent Year
	SHOX-E 322	A Clockwork Orange ('71, Drama) 'R'	The Firm ★★★ ('93, Drama) <i>Tom Cruise</i> 'R'		(:35) Into the Blue ('05, Adventure) 'PG-13'	The Quick and the Dead ('95) 'R'
	SHOS-E 323	Three Christs ('17, Drama) 'R'	(:20) Van Helsing ★★ ('04, Fantasy) 'PG-13'	Jesus Trejo: Stay Home	(:45) Dance With Me ('98, Drama) <i>Vanessa L. Williams</i> 'PG'	Rescue Dawn ('06)
TMC-E 327	Thin Line-Love Sex Pistols (:25) Made in Italy ('20) 'R'	Après Vous ... ('03, Romance) <i>Daniel Auteuil</i> 'R'		(:8:55) UHF ('89, Comedy) 'PG-13'	(:35) Slice ('18, Horror) 'R'	
TMCX-E 328	A Violent Separation ('19) 'NR'	The Turning ('20, Horror) 'PG-13'	(:05) Good Boy! ('03, Comedy) 'PG'	(:35) Max Steel ★ ('16) 'PG-13'	(:10) Working Man ('19, Drama) 'NR'	
FLIX-E 333	Jeepers Creepers 2 'R'	Moon ('09, Science Fiction) 'R'	(:45) Remember Me ('10, Romance) 'PG-13'	Separated	Tremors ('90, Horror) 'PG-13'	(:45) Spy Game ('01, Suspense) 'R'

STARZ	ENCR-E 340	Greed ★★ ('19, Comedy) <i>Steve Coogan, Isla Fisher</i> 'R'	(:26) The Call ★★ ('13, Suspense) <i>Halle Berry, Abigail Breslin</i> 'R'	(:04) Airplane! ★★★ ('80, Comedy) <i>Robert Hays</i> 'PG'	(:36) Here and Now ('18, Drama) <i>Sarah Jessica Parker</i> 'R'	(:12) Motives ('04, Suspense) <i>Vivica A. Fox, Shemar Moore</i> 'R'	(:43) Greed ('19) 'R'	
	STARZ-E 350	The Broken Hearts Gallery ('20, Romance-Comedy) 'PG-13'	(:43) Runaway Jury ★★★ ('03, Suspense) <i>John Cusack, Gene Hackman</i> 'PG-13'	(:7:53) Charlie's Angels ('19, Action) <i>Kristen Stewart, Naomi Scott</i> 'PG-13'	(:9:55) The Object of My Affection ★★ ('98, Romance-Comedy) <i>Jennifer Aniston</i> 'R'			
	STARZ-W 351	Power III Blindspot (:4:53) The Dilemma ('11, Comedy) 'PG-13'	(:6:50) The Broken Hearts Gallery (:4:30) Runaway Jury ('03, Suspense) <i>John Cusack</i> 'PG-13'	Charlie's Angels ('19)				
	STRZED 352	Mona Lisa Smile ('03) (:09) Ultraviolet ★ ('06) 'PG-13'	(:39) Christmas With the Kranks ('04) 'PG'	(:20) Elf ('03, Children's) 'PG'	(:9:59) A Beautiful Day in the Neighborhood			
	STRZCI 353	Pain Glory David Crosby: Remember (:02) Lock, Stock and Two Smoking Barrels 'R'	(:7:52) Anthropoid ('16, Historical Drama) 'R'	(:9:55) The Bravest ('19, Action) 'PG-13'				
	STRZCO 354	Man How to Lose Friends (:13) Kissing Jessica Stein ★★★ ('01) 'R'	(:7:51) Bad Boys for Life ★★ ('20, Action) 'R'	(:9:57) Bridget Jones's Diary ('01)	Bronze			
STRZB 355	Pirinha 3D (:41) Tyler Perry's Meet the Browns ★★ ('08) (:25) Hollywood Homicide ('03, Action) 'PG-13'	(:24) Class Action ★★ ('91, Drama) 'R'	(:16) The Cave ('05, Horror) 'PG-13'					
STRZKF 356	Millions ('04) 'PG'	(:10) Buttons: A Christmas Tale (:40) Amazing Ocean (:31) Zoom ('06, Children's) 'PG'	Charmers Charmers	(:9:49) Titan A.E. ★★★ ('00) 'PG' Red				
EPIX	EPIX 380	Roadhouse 66 ('84, Action) <i>Willem Dafoe</i>	(:05) Unprotected Sets ('12, Comedy) <i>Jena Sims</i>	(:6:55) The Soloist ★★ ('09, Drama) <i>Jamie Foxx, Robert Downey Jr.</i>	(:8:55) Witless Protection ★ ('08, Comedy) <i>Larry the Cable Guy</i>	(:35) Arrival ★★★ ('16, Science Fiction) <i>Amy Adams, Jeremy Renner</i>		
	EPIX2 381	(:10) Sex Life	(:05) The Panama Papers ('18)	(:45) Bernie the Dolphin 2 ('19, Children's)	(:25) The Adventures of Tintin	(:15) The Marksman ('21, Action) <i>Liam Neeson</i>		
	EPIXH 382	After Dark (:40) Killing Streets ('91, Action) <i>Michael Pare</i>	The Warrior Queen of Jhansi	(:15) Trial by Fire ('18, Drama) <i>Jack O'Connell, Laura Dern</i>	(:25) Bill & Ted Face the Music			
	EPIXDR 292	I Love You	(:15) French Postcards ('79, Romance-Comedy)	(:6:55) Someone Marry Barry ('14)	(:25) Garbo Talks ★★★ ('84)	(:15) As Good as It Gets ('97, Comedy-Drama)		

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs		Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	Storage	Storage	Storage	Storage			
AHC 195	Nazi Secret Files	Hitler's Empire	Top Tens of Warfare	Top Tens of Warfare	Top Tens of Warfare	Top Tens of Warfare	Top Tens of Warfare	Gunslingers	Gunslingers							
AMC 131	Fighter (:34) <i>The Beast Must Die</i>	Stooges	Paid Programs		The Fighter ★★★ ('10, Drama) <i>Mark Wahlberg</i>		Outbreak									
APL 184	Dr. Jeff: RMV	Dr. Jeff: RMV	Too Cute!	My Cat From Hell	The Crocodile Hunter	Secret Life-Zoo	The Zoo	Treehouse Masters								
AXSTV 167	Paid Programs				The Big Interview	Live From Daryl's (L)	Tina Turner: Live in Barcelona									
BBCA 135	5.W.A.T. ('03, Action) <i>Samuel L. Jackson</i>	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space							
BET 124	Husbands	Husbands	The Parkers	The Parkers	Prince	Prince	Prince	Prince	The Parkers	The Parkers	The Parkers	The Parkers	Martin	Martin	Martin	Martin
BOUNCE 359	Scandal	<i>That's My Girl</i>	The Real	Wendy Williams Show	Judge Faith	Judge Faith	Judge Faith	Judge Faith	Judge B.	Judge B.	Judge B.	Judge B.	Judge B.	Judge B.	Law & Order	<i>Harvest</i>
BRAVO 129	Kelly Clarkson	Paid Programs		Below Deck	Below Deck	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Housewives/NYC					
BUZZR 245	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Paid Programs	Les Feldick	Paid Prog.	Tell Truth	My Line?	Concentrat.	Sweep	Body Lang.	Blockbust	Match-Squares		
CHD 249	The Big House	The Big House	Paid Programs			American Justice	American Justice	American Justice	American Justice	Nightwatch	<i>Mardi Gras</i>	Nightwatch				
CMT 166	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Gold Girls	Gold Girls	
CNBC 208	TBA	S. Smith	Worldwide Exchange (L)	Squawk Box (L)			Squawk on the Street (L)	TechCheck (L)								
CNN 200	CNN Newsroom Live (L)	Early Start w/Romans	New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	At This Hour-Kate								
COM 107	South Park	South Park	Paid Programs	Futurama	Futurama	Futurama	Futurama	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	
COMET 289	Paid Programs				Poseidon Rex ('14, Science Fiction) <i>Brian Krause</i>		Sharktopus									
COOK 113	Paid Programs		Unwrap2.0	Unwrap2.0	Fact or Fict	Fact or Fict	Fact or Fict	Fact or Fict	Fact or Fict	Fact or Fict	Fact or Fict	Fact or Fict	Fact or Fict	Fact or Fict	Fact or Fict	Fact or Fict
DISC 182	Street-Memphis	Street-Memphis	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	
DFC 179	BathCrash	BathCrash	Gi Joe	Gi Joe	Blazing	Transform.	Transform.	Transform.	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Pet Shop	Monsters	Monsters
DISN-E 172	Jessie	Jessie	Ladybug	Ladybug	Sofia	Sofia	(:6:55) TBA	Bluey	(:7:55) TBA	Ladybug	Ladybug	Ladybug	Ladybug	Ladybug	Ladybug	
DIY 111	Paid Prog.	Salvage	Paid Programs	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	
ENCR-W 341	Big Trouble	Escape From L.A.		(:38) Greed ('19, Comedy) <i>Steve Coogan</i> 'R'	(:26) The Call ('13, Suspense) 'R'	(:04) Airplane! ('80, Comedy) 'PG'	Here Now									
EWESTN 342	The Broken Land ('62) <i>The Virginian</i>	<i>Rich Man, Poor Man</i>	(:17) Walk the Proud Land ('56) (7:47) Cattle Empire	(:12) Take a Hard Ride ('75, Western) 'PG'	Streets of Laredo ('49)											
EACTN 343	Miller's Crossing ('90) (:4:53) The Thing ('82, Horror) 'R'	(:44) Death Race ('08, Action) <i>Jason Statham</i> 'R'	(:33) Miami Vice No Exit (:25) The Newton Boys ★★ ('98) 'PG-13'	Pirates												
ESUSP 344	Vampires (:38) Premium Rush ('12) 'PG-13'	(:12) The Marine 4: Moving Target ('15) 'R'	(:7:46) The Bay of Silence ('20) 'NR'	(:23) Zombieland: Double Tap ('19) (:05) Looper ('12) 'R'												
EBLACK 345	Tears of the Sun ('03) (:4:56) Lucky Number Slevin ★★ ('06) 'R'	(:6:48) Crossover II ('06) 'PG-13'	(:25) Honey 2 ★ ('11, Drama) 'PG-13'	(:18) Higher Learning ('95) 'R'												
ECLASS 346	Friday 13th 2 (:4:57) Eastern Promises ('07) 'R'	(:40) French Connection II ('75, Action) 'R'	(:44) Fever Pitch ('05, Romance-Comedy) 'PG-13'	(:31) See No Evil, Hear No Evil 'R'												
EFAMILY 347	Flicka 2 ('10) 'PG'	(:4:51) Spy Kids ('01, Children's) 'PG'	(:20) Mary and the Witch's Flower (:05) Flicka 2 ('10, Children's) 'PG'	Swan Princess: Tomorrow	Hotel Transylvania											
ESPN 140	MLB Baseball	Teams	TBA	SportsCenter	SportsCenter (L)	Get Up (L)	First Take (L)									
ESPN2 143	SportsCenter	SportsCenter	Keyshawn, JWill and Zubin (L)	SportsCenter (L)	SportsCenter (L)	Get Up										
EWTN 261	Reasons	Blueprint	The Church	Real	My God	The Poor	St. Michael/Rosary	Daily Mass (L)	Holy	Living Right	Mother Angelica Live	Teresa				
FETV 82	Sergeant	Lassie	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Patty Duke	Patty Duke	Knows Best	Knows Best	Hazel	Hazel	Jeannie	Jeannie
FNC 205	FOX & Friends First (L)	FOX & Friends First (L)	FOX and Friends (L)			America's Newsroom	With Hemmer & Perino	The Faulkner Focus (L)								
FOOD 110	Kids Baking	Paid Programs				Delicious	Delicious	Delicious	Delicious	The Kitchen	The Kitchen	The Kitchen				
FREFM 180	Paid Programs		black-ish	black-ish	black-ish	black-ish	The 700 Club	700 Club	The Middle	Big ('88, Children's)						
F51 150	Boxing	Skip and Shannon: Undisputed		First Things First (L)			Skip and Shannon: Undisputed (L)									

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs						Little ★★ ('19, Comedy) <i>Regina Hall, Issa Rae</i>				Mike	A Dog's Purpose ★★ ('17, Comedy-Drama)				
FXM	384	Bad Med (:40)		The Horror of It All ('64) 'NR'		The Remarkable Mr. Pennypacker		Those Magnificent Men in Their Flying Machines ('65)				(:50) Caprice ('67, Comedy) 'NR'	GodsMust				
FXX	125	Paid Programs						Mom	Mom	Mom	Dawn of the Planet of the Apes ('14, Science Fiction) <i>Andy Serkis</i>				Predator		
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Progr	Paid Progr	Paid Progr	Paid Progr	Paid Progr	Amen	Amen	Good Time	Good Time	Good Time	Good Time	
GMSHW	116	Paid Programs						Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America		
GOLF	401	Live From the Olympics			Live From the Olympics <i>Coverage of the golf tournaments.</i>				PGA TOUR	PGA TOUR	PGA TOUR	PGA TOUR	Live From the Olympics				
GRIT	217	Paid Programs						Zane Grey	Zane Grey	Death Vall.	Death Vall.	Death Vall.	Death Vall.	Blue Steel ★★ ('34, Western)		The Trail Beyond ('34, Western)	
HALL	185	Frasier	Frasier	Reba	Reba <i>Pilot</i>	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)	The Middle	The Middle	
HALLDR	186	Little House on Prairie		Little House on Prairie		Medicine Woman		Medicine Woman		Medicine Woman		Medicine Woman		The Waltons		The Waltons	
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote	
HDMOV	130	Music of the Heart						Paid Programs				Falling in Love ('84, Romance) <i>Robert De Niro</i>					
HGTV	112	Celebrity IOU				Celebrity IOU		Bargain Block		Bargain Block		Bargain Block		Bargain Block		Bargain Block	
HIST	120	Paid Programs						Amazing	Paid Prog.	UFOs: White House		UFOs: Secret Missions		UFOs: Alien Technology		UFOs: Top Secret Alien Files	
ID	192	People Magazine		People Magazine		Pandora's Box		Pandora's Box		Pandora's Box		Evil Lives Here		Evil Lives Here		Ice Cold Killers	
IFC	133	Community	Community	Community	Community	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3's Comp.	3's Comp.	3's Comp.	3's Comp.
LAFF	237	Paid Programs						Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire
LIFE	108	Paid Programs						Robison	Joyce M.	Balancing	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Closer
LMN	109	Paid Programs						Backstabbed ('16, Suspense) <i>Josie Davis</i>				Death of a Cheerleader ('19, Crime Drama)					
MGMHD	385	Shattered		Studio	Studio	Studio	Studio	The White Bus (:25)		Shy People ★★★ ('87, Drama) <i>Jill Clayburgh</i>		(:05) Texasville ★★ ('90, Comedy-Drama)					
MOTOR	246	Garage Squad		Bitchin' Rides		Garage Squad		Texas Metal		Junkyard Empire		Speed Is the New Black		Speed Is the New Black		Speed Is the New Black	
MSNBC	209	Rachel Maddow Show		Way Too Early (L)		Morning Joe (L)		Morning Joe (L)				Stephanie Rühle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)	
NATGEO	197	Drain the Oceans		Drain the Oceans		Paid Programs						Life Below Zero		Life Below Zero		Life Below Zero	
NGWLD	190	Paid Programs						Kingdom of the Oceans		Kingdom of the Oceans		Kingdom of the Oceans		Kingdom of the Oceans		Raging Bull Shark	
OUTD	396	Wicked Tuna		Farming	Hunts	Bow. (N)	Hunting TV	Humanimal	The One	Bone Coll.	Gregg Ritz	Bow Mad.	Live 2 Hunt	Wild Ride	Bucks Tec.	Addicted	Dirt Trax
OWN	189	20/20 on OWN		20/20 on OWN		TBA		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Law Order: CI		Law Order: CI		Accident, Suicide		Accident, Suicide		Dateline: Secrets		Dateline: Secrets		Charmed to Death		Charmed to Death	
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
POP	117	Movie						ER		ER		ER		ER		ER	
REELZ	299	Paid Programs						Richard Pryor		John Belushi		Joan Rivers		The Real Prime Suspect		The Real Prime Suspect	
RFDTV	231	Paid Programs						Blu. Trail		'Presleys'		Stuart		Jeremiah		Rural News/AgDay	
SCI	193	What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?	
SMITH	367	Secrets-Third Reich		Secrets-Third Reich		Aerial America		Aerial America		Aerial America		Aerial America <i>Vermont</i>		Mystic Britain		Hampton Court Palace	
SONY	386	Relentless ('89)		Motives 2: Retribution ('07)		(:40) Universal Soldier: The Return				(:10) Red Hill ('10, Action) <i>Ryan Kwanten</i>				(:05) Buchanan Rides Alone ('58) Faith			
SUND-E	358	Generals		Hap and Leonard		G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	Law Order: CI		Law Order: CI	
SYFY	122	Paid Programs						Twi. Zone		Twi. Zone		Twi. Zone		Ghost Shark ('13, Horror) <i>Mackenzie Rosman</i>			
TBN	260	J. Rubin	Mysteries	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo Doll	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen
TBS	139	Imp. Jokers	Imp. Jokers	Matters	Matters	Matters	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends
TCM	132	Equus ★★★ ('77, Drama) <i>Richard Burton</i>				The Great Bank Robbery ('69)				(:45) Of Human Bondage ★★★ ('64, Drama)				Middle of the Night ('59, Drama) <i>Kim Novak</i>			
TLC	183	7 Little Johnstons		7 Little Johnstons		Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		Little People, Big World		Little People, Big World		Little People, Big World	
TMC-W	329	Regarding		Richard Pryor-Sunset Strip		A Thin Line Between Love and Hate ('96) 'R'				Sex Pistols (:25) Made in Italy ('20) 'R'				Après Vous ... ('03, Romance) <i>Daniel Auteuil</i> 'R'			
TNT	138	Arrow <i>Human Target</i> (4:59) Arrow				Charmed		Charmed		Coyote Piper		Charmed		Supernatural			
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers		Carbonaro	
TRVL	196	Paid Programs						True Paranormal				True Paranormal		True Paranormal		True Paranormal	
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H		M*A*S*H		M*A*S*H	
UP	188	Paid Programs						Bringing Up Bates		Heartland <i>Just Breathe</i>		Heartland		Little House on Prairie		Little House on Prairie	
USA	105	2020 Tokyo Olympics				2020 Tokyo Olympics				2020 Tokyo Olympics				Olympics			
WE	128	Beyond the Pole		Paid Programs				Law & Order				Law & Order		Law & Order			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)			
CBS-E	CBS Overnight News (N)		News	News	News	News	CBS This Morning (N)				Local Programs				The Price Is Right			
CW-E	Local Programs						Local Programs						Local Programs					
FOX-E	Local Programs						Local Programs						Local Programs					
NBC-E	Olympics		Local Programs		Local Programs		Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs			
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me (N)		Beaver	Beaver	Perry Mason		Matlock <i>The Getaway</i>		In the Heat of Night		
ABC-W	Local Programs						ABC World News Now (N)				Morning		Morning		Morning		Good Morning America (N)	
CBS-W	Corden		Local Prog.		CBS Overnight News (N)				News		News		CBS This Morning (N)					
CW-W	Local Programs						Local Programs						Local Programs					
FOX-W	Local Programs						Local Programs						Local Programs					
NBC-W	Olympics		2020 Tokyo Olympics				Olympics		Local Programs				Local Programs		Today (N)			
PBS	Unforgotten		Professor T <i>Mother Love</i>		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	RocknRolla ★★★ ('08, Crime Drama) <i>Gerard Butler, Tom Wilkinson</i> 'R'	Four Brothers ★★ ('05, Crime Drama) <i>Mark Wahlberg, Tyrese Gibson</i> 'R'	Morgan ★★★ ('95, Suspense) <i>Brad Pitt, Morgan Freeman</i> 'R'	(:15) 21 Bridges ★★★ ('19, Action) <i>Chadwick Boseman, Sienna Miller</i> 'R'	
	SHO-W 319	Van Helsing '04 (:15) I Love You, Man '09, Comedy 'R'	RocknRolla ★★★ ('08, Crime Drama) 'R'	Four Brothers ★★ ('05, Crime Drama) 'R'	Seven '95 'R'	
	SHO2-E 320	How to Build (:20) The Long Shadow '20, Mystery <i>Aasha Davis</i> 'NR'	The Ring Two ★★ ('05, Horror) <i>Naomi Watts, Simon Baker</i> 'PG-13'	The Last Exorcism Part II ★★ ('13, Horror) <i>Ashley Bell</i> 'PG-13'	Mid90s ★★★ ('18, Comedy-Drama) <i>Sunny Suljic</i> 'R'	Platoon '86, War <i>Tom Berenger</i> 'R'
	SHOBET 321	A Most Violent Year (:15) The Wash ★ ('01, Comedy) <i>Dr. Dre</i> 'R'	First Sunday '08, Comedy 'PG-13' (:45)	Death at a Funeral '10, Comedy 'R'	The Honeymooners '05 'PG-13'	
	SHOX-E 322	Quick (:20) The Longest Yard '05 (:15) End of Days '99, Horror <i>Arnold Schwarzenegger</i> 'R'	Acts of Violence '18, Action 'R'	Hustlers ★★★ ('19, Comedy-Drama) 'R'		
	SHOS-E 323	Rescue Dawn '06 Indiana Jones and the Raiders of the Lost Ark '12, Action <i>Harrison Ford</i> 'R'	Oasis: Supersonic '16, Documentary 'R' (:15)	Vampire in Brooklyn '95, Comedy 'R'	The Comedy Store	
TMC-E 327	Shuttlecock: Director's Cut '20 (:45) Sphere ★ ('98, Science Fiction) <i>Dustin Hoffman</i> 'PG-13'	Unforgiven '92, Western <i>Clint Eastwood</i> 'R' (:10)	Fist of Fury '72, Adventure <i>Bruce Lee</i> 'R'			
TMCX-E 328	Inescapable '12, Suspense 'R' (:35)	Mother of George '13, Drama 'R'	American Gangster ★★★ ('07, Crime Drama) 'R'	Mad Hot Ballroom '05, Documentary 'PG'		
FLIX-E 333	Spy Game '01 'R'	Salmon Fishing in the Yemen (:45) Winter Solstice '04 'R'	Sex, Lies, and Videotape '89, Drama 'R' (:15)	The Crying Game '92, Suspense 'R'		

STARZ	ENCR-E 340	Greed ★★ ('19, Comedy) <i>Steve Coogan, Isla Fisher</i> 'R'	(:31) Silverado ★★★ ('85, Western) <i>Kevin Kline, Scott Glenn</i> 'PG-13'	(3:48) Lonesome Dove Leaving (Part 1 of 4)	(:26) Lonesome Dove On the Trail (Part 2 of 4)	Lonesome Dove The Plains (Part 3 of 4)
	STARZ-E 350	Power Book III: Raising Kanan (:25) The Dilemma ★★ ('11, Comedy) <i>Vince Vaughn, Kevin James</i> 'PG-13'	(2:47) Your Highness ★★ ('11, Comedy) <i>Danny McBride</i> 'R'	(:34) The Edge ★★ ('97, Adventure) <i>Anthony Hopkins, Alec Baldwin</i> 'R'	(:36) Blindspotting	(:08) The Broken Hearts Gallery '20
	STARZ-W 351	Charlie's Angels '19 (:12:55) The Object of My Affection '98 'R'	Power Book III: Raising Kanan (:3:51) The Dilemma '11, Comedy 'PG-13'	(5:47) Your Highness ★ ('11) 'R'	The Edge	
	STRZED 352	Ultraviolet ★ ('06) 'PG-13' (:19) Scream 4 '11, Horror 'R'	(:12) The Seagull '18, Drama 'PG-13'	Beautiful Day Neighborhood (:44) Mona Lisa Smile '03 'PG-13'		
	STRZCI 353	Pain and Glory ★★★ ('19, Drama) 'R'	Lock, Stock and Two Smoking Barrels '03, Comedy 'R' (:43)	Kingdom of Heaven '05, Historical Drama 'R'	(:10) Colette '18, Biography <i>Keira Knightley</i> 'R'	
	STRZCO 354	The Bronze ★★ ('15, Comedy) <i>Melissa Rauch, Gary Cole</i> 'R'	So I Married an Axe Murderer '36, Comedy 'R' (:36)	Man of the House '05, Comedy 'PG-13'	(:18) The Kid Detective '20 'R'	
STRZIB 355	Tyler Perry's Meet the Browns (:40) The Guard ★★ ('11, Comedy) 'R'	Blindspot (3:50) Under Suspicion '00 'R'	(:44) Linewatch ★★★ ('08, Drama) 'R'	Power III		
STRZKF 356	Red Casper and Wendy's Adventure (:09) Millions ★★ ('04, Comedy-Drama) 'PG'	Sheep and Wolves (:05) The Red Stallion '47 'NR'	(:24) Titan A.E. ★★ ('00) 'PG'			
EPIX	EPIX 380	Arrival (:35) Rocketman ★★★ ('19, Musical) <i>Taron Egerton, Jamie Bell</i>	(:40) Heartbreakers ★★ ('01, Comedy) <i>Sigourney Weaver, Jennifer Love Hewitt</i>	(:45) One for the Money ★★ ('12, Action) <i>Katherine Heigl, Jason O'Mara</i>	(:20) Miami Blues ★★★ ('90, Comedy) <i>Alec Baldwin, Fred Ward</i>	
	EPIX2 381	(:05) Jack Reacher ★★ ('12, Action) <i>Tom Cruise</i>	(:20) Bloody Sunday ★★ ('02) (:15) Enemy at the Gates ★★ ('01, War) <i>Joseph Fiennes</i>	Jungleland '19, Drama		
	EPIXH 382	Galaxy Quest '99, Comedy (:45) Sonic the Hedgehog '20, Children's (:25)	The Blair Witch Project '99	Book of Shadows: Blair Witch 2 (:25) My Bloody Valentine '81		
	EPIXDR 292	As Good as Dead (:35) Sabrina ★★ ('95, Romance-Comedy) (:45) The Love Letter '99, Romance (:15)	Young Sherlock Holmes '85, Mystery (:05)	Rudy ★★ ('93, Drama) <i>Sean Astin</i>		

AMERICA'S TOP PROGRAMMING

A&E 118	Storage	Storage	Storage	Storage	Storage	Storage	Unstoppable '10, Action <i>Denzel Washington</i>	Den of Thieves ★★ ('18, Crime Drama) <i>Gerard Butler</i>
AHC 195	Nazi Secret Files	Nazi Secret Files	Nazi Secret Files	Nazi Secret Files	Nazi Secret Files	Nazi Secret Files	Ancient Assassins	Ancient Assassins
AMC 131	Outbreak ★★ ('95, Suspense) <i>Dustin Hoffman</i>	A Few Good Men ★★ ('92, Drama) <i>Tom Cruise, Jack Nicholson</i>	Gran Torino ★★ ('08, Drama) <i>Clint Eastwood</i>					
APL 184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law
AXSTV 167	Tina Turner	Sheryl Crow: Miles	Three Girls, Buddy	AXS TV	Ozzy & Jack's	Ozzy & Jack's	Ozzy & Jack's	Ozzy & Jack's
BBCA 135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next
BET 124	Martin	Martin	Prince	Prince	Browns	Browns	What Men Want ★★ ('19, Romance-Comedy) <i>Taraji P. Henson</i>	Ride Along ★★ ('14, Comedy) <i>Ice Cube</i>
BOUNCE 359	Law & Order	Bernie Mac	Bernie Mac	Agent Cody Banks 2: Destination London	Dirt '18, Drama <i>Kevin Dillon, DeRon Horton</i>	Passenger 57 '92, Action <i>Wesley Snipes</i>		
BRAVO 129	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC	Housewives/NYC
BUZZR 245	Match Gm./Match Gm.	Concen.	Concen.	Password	Super Pass, Tattletales	Press Luck/Card	Match Gm./Match Gm.	Match Gm./Match Gm.
CHHD 249	Nightwatch	Fugitive Chronicles <i>Daril</i>	Fugitive Chronicles	Grace vs. Abrams	Marcia Clark Investigates The First 48	The First 48: Detective	The First 48: Detective	The First 48: Detective
CMT 166	Gold Girls	Gold Girls	King	King	King	King	Last Man	Last Man
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Fast Money (L)	Mad Money (N)	Shepard Smith	
CNN 200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Situation Room	Situation Room	Erin Burnett OutFront (L)
COM 107	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	The Office/The Office	The Office/The Office	The Office/The Office
COMET 289	Sharktopus	The Outer Limits	The Outer Limits	Sliders	<i>The Dying Fields</i>	Stargate SG-1	Stargate SG-1 Heroes	Stargate SG-1 Heroes
COOK 113	Good Eats	Good Eats	Good Eats	Good Eats	Man's Greatest Food	Man's Greatest Food	Man Fire	Man Fire
DISC 182	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Master Distiller	Deadliest Catch	Deadliest Catch	Deadliest Catch
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony
DISN-E 172	Bluey	Bluey	Big City	Big City	Big City	Big City	Raven	Raven
DIY 111	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders
ENCR-W 341	Here and Now '18 (:12) Motives '04, Suspense 'R' (:43)	Greed '19, Comedy <i>Steve Coogan</i> 'R' (:31)	Silverado ★★★ ('85, Western) <i>Kevin Kline</i> 'PG-13' (:6:48)	Lonesome Dove				
EWESTN 342	Streets (:31) Ride a Crooked Trail '58	Wyatt Earp (:27) The Big Valley	Laramie	Death Vall.	Death Vall.	Fargo	Rifleman	(5:58) The Virginian (:15) Cattle Drive '51
EACTN 343	Pirates of the Caribbean: On Stranger Tides (1:49)	Death Race '08, Action 'R' (:36)	Men in Black 3 '12, Action 'PG-13' (:24)	White House Down '13, Action 'PG-13' (:31)	The Thing			
ESUSP 344	Looper '12 'R' (:06)	Kings ★ ('17, Drama) 'R' (:35)	Premium Rush '12 'PG-13' (:09)	The Covenant ★ ('06, Horror) 'PG-13' (:5:49)	Zombieland: Double Tap 'R' (:31)	Kings		
EBLACK 345	Higher (:29) The Contractor '07 'R'	(:10) The Gunman '15, Action <i>Sean Penn</i> 'R'	(:08) Lucky Number Sleev ★★ ('06) 'R'	Miami Vice	Malcolm	Higher		
ECLASS 346	See No (:16) Rosemary's Baby '68, Horror 'R'	(:35) Footloose '84, Drama <i>Kevin Bacon</i> 'PG' (:25)	Kiss of Death ★★ ('95) 'R' (:08)	Eastern Promises '07, Crime Drama 'R'				
EFAMILY 347	Hotel	Swan Princess-Royal	Born Free: A New Adventure	43 Spy Kids '01, Children's 'PG'	Swan Princess: Tomorrow	(:23) Flicka 2 '10, Children's 'PG'		
ESPN 140	SportsCenter (L)	SportsCenter (L)	Jalen	Question	NBA: The Jump (L)	NFL Live (L)	Around	Interruption
ESPN2 143	First Take	SportsCenter	Question	Jalen	Question	Football	NFL Live	Daily Wager (L)
EWTV 261	Daily Mass	Women of Pro-Life	Scripture and Tradition	Chaplet	Rosary	With Jesus/Adventures	Choices	Nigeria
FETV 82	Bewitched/Bewitched	Matlock <i>The Judge</i>	Matlock <i>The Stripper</i>	Ranger	Ranger	Perry Mason	Perry Mason	Matlock <i>The Affair</i>
FNC 205	Outnumbered (L)	America Reports With John Roberts	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report	FOX News Primetime (L)	
FOOD 110	The Kitchen	Chopped <i>Hearty Party</i>	Chopped	Chopped	Chopped	<i>Viewers Rule</i>	Chopped	Chopped
FREFM 180	Big '88, Children's <i>Tom Hanks</i>	Matilda ★★ ('96, Children's) <i>Mara Wilson</i>	The Croods ★★ ('13, Children's)	Hercules ★★ ('97, Children's) <i>Josh Keaton</i>	Incredible			
F51 150	The Herd with Colin Cowherd (L)	Speak for Yourself (L)	Undisputed	NASCAR Race Hub (N)	Seabiscuit '03			

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	The Boss Baby ★★ (‘17, Children’s)				Mission: Impossible: Fallout ★★★ (‘18, Action) <i>Tom Cruise</i>				World War Z ★★★ (‘13, Horror) <i>Brad Pitt, Mireille Enos</i>			Alita				
FXM	384	¶The Gods Must Be Crazy (‘81) (‘20) Bad Medicine (‘85) ‘PG-13’				Mike and Dave Need Wedding Dates (‘16) (‘45) Action Point ★ (‘18) ‘R’				Instant Family (‘18) ‘PG-13’							
FXX	125	¶The Predator (‘18, Science Fiction) Pacific Rim Uprising (‘18, Science Fiction) <i>John Boyega</i>				Horrible Bosses (‘11, Comedy) <i>Jason Bateman</i>				Simpsons	Simpsons	Simpsons	Simpsons				
GETTV	373	All/Family	All/Family	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	
GMSHW	116	Deal or No Deal	Match Gm.	Match Gm.	Catch 21	Catch 21	The Chase	FamFeud	FamFeud	Chain Rea.	Common	Puzzler	America	America	America	America	
GOLF	401	Live From the Olympics <i>Coverage of the golf tournaments.</i>										Live From the Olympics (L)		2020 Tokyo Olympics			
GRIT	217	The Virginian <i>Six Graves at Cripple Creek</i>				Laramie		Laramie <i>Bitter Glory</i>		Laramie	Fargo	Fargo	Fargo	Fargo	Fargo	Fargo	Fargo
HALL	185	The Middle	The Middle	Reba	Reba	Reba	Reba	Reba	Reba	Winter Love Story (‘19, Romance) <i>Jen Lilley</i>			You’re Bacon Me Crazy (‘20) <i>Natalie Hall</i>				
HALLDR	186	The Waltons		The Waltons		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Chesapeake Shores	
HALLMV	187	Monk		Monk		Good Witch <i>The Tea</i>		Good Witch		At Home in Mitford (‘17, Drama)			Signed, Sealed				
HDMOV	130	¶Absence (‘20) Death of a Salesman (‘85, Drama)				Good Day for a Hanging (‘45) Trailer (‘40) This Is Elvis (‘81, Docudrama) <i>David Scott</i>				The Desperados (‘69, Western)							
HGTV	112	Bargain Block		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones			
HIST	120	UFO Conspiracy: Hunt for the Truth				Unidentified: UFOs in the Headlines				History’s Greatest Mysteries			History’s Greatest Mysteries				
ID	192	Ice Cold Killers		Ice Cold Killers		Six Degrees of Murder		Six Degrees of Murder		See No Evil <i>Cold Feet</i>		See No Evil		See No Evil		Fear Thy Neighbor	
IFC	133	3’s Comp.		Star Trek VI: The Undiscovered Country ★★★ (‘91)				Star Trek: The Motion Picture (‘79, Science Fiction) <i>William Shatner</i>				Star Trek II: The Wrath of Khan ★★★ (‘82)					
LAFF	237	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	70s Show	70s Show	70s Show	70s Show	70s Show	
LIFE	108	The Closer		The Closer		Major Crimes		Major Crimes <i>Zoo Story</i>		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles	
LMN	109	Finding My Daughter (‘18, Suspense)				The Wrong Cheerleader Coach (‘20, Suspense)				The Pom Pom Murders (‘20, Suspense)				Cheerleader Abduction (‘20, Suspense)			
MGMHD	385	Speed Is the New Black (‘40) A Prayer for the Dying (‘87, Suspense) <i>Mickey Rourke</i>				CrissCross ★★ (‘92, Drama) <i>Goldie Hawn</i>				The Long Goodbye (‘55) <i>Elliott Gould</i>				House			
MOTOR	246	Speed Is the New Black		Speed Is the New Black		Speed Is the New Black		Speed Is the New Black		Texas Metal		Junkyard Empire		Bitchin’ Rides <i>Mischief</i>		Mundial	Motor (N)
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Ayman Mohyeldin		Deadline: White House (L)			The Beat With		The ReidOut (L)		
NATGEO	197	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero	
NGWLD	190	Biggest Tiger Shark		Life of Lemon Sharks		United Sharks		Big Sharks Rule		When Sharks Attack		When Sharks Attack		When Sharks Attack		When Sharks Attack	
OUTD	396	Outdoors	WildFed	Whitetail	McMillan	Legends	Hunter	Gun Stories	Guns	Am. Archer	Heartland	Outdoors	Crush	Wicked Tuna	Hunting	Lindsey	
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		The Haves, Nots	
OXYG	127	Charmed to Death		Snapped		Snapped <i>Julene Simko</i>		Snapped <i>Jackie Ray</i>		Snapped <i>Diana Lovejoy</i>		Snapped		Dateline: Secrets		Dateline: Secrets	
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Two Men		Two Men		Two Men		Two Men	
POP	117	ER		TBA		TBA		TBA		TBA		TBA		TBA		TBA	
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Execute-Norvil		Execute-Norvil		Execute-Norvil		Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Gangsters: Most Evil	
RFDTV	231	Market Day Report (L)				Western Sports		Horse-West/Horseman.		Duttons		Heritage	Machinery	Mecum Auction	Pulling	Agriculture	Rural News
SCI	193	What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?	
SMITH	367	Air Warriors Zero		Air Warriors F-15		Sacred Sites		Sacred Sites		Sacred Sites <i>Egypt</i>		Sacred Sites		Air Disasters		Air Disasters	
SONY	386	¶Faith of My Fathers ★★ (‘05) (‘35) Love Lies Bleeding (‘08, Suspense)				Police Story: The Freeway Killings (‘87, Crime Drama)				Hero Wanted (‘08, Suspense) <i>Ray Liotta</i>							
SUND-E	358	Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		NCIS <i>Frame-Up</i>		NCIS <i>Probie</i>		NCIS <i>Model Behavior</i>	
SYFY	122	Robin Hood ★★ (‘18, Action) <i>Taron Egerton, Jamie Foxx</i>				X-Men ★★★ (‘00, Action) <i>Hugh Jackman</i>				Apollo 13 ★★★ (‘95, Historical Drama) <i>Tom Hanks, Bill Paxton</i>							
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	Scudder	Praise		Jordan	T. Evans	Church	Potters
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Family Guy	Family Guy	Big Bang	Big Bang
TCM	132	¶Kiss Me, Stupid (‘64) <i>Dean Martin</i>				The Notorious Landlady (‘62, Suspense) <i>Kim Novak</i>				The Man With the Golden Arm (‘55, Drama)			Picnic ★★★ (‘55, Drama) <i>William Holden</i>				
TLC	183	90 Day: Other		90 Day: Other		90 Day: Other		90 Day: Other		90 Day: Other		90 Day: Other		Call in the Cheapstakes		So Freakin Cheap	
TMC-W	329	UHF ★★★ (‘89, Comedy) ‘PG-13’ (‘35) Slice (‘18, Horror) ‘R’				Shuttlecock: Director’s Cut (‘20) (‘45) Sphere ★ (‘98, Science Fiction) <i>Dustin Hoffman</i>				PG-13’ Unforgiven (‘92) ‘R’							
TNT	138	Supernatural		Supernatural		Supernatural		Two Weeks Notice (‘02, Romance-Comedy)				Mean Girls (‘04, Comedy) <i>Lindsay Lohan</i>		Crazy Rich Asians			
TRU	242	World’s Dumbest ...		World’s Dumbest ...		World’s Dumbest ...		World’s Dumbest ...		Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes
TRVL	196	Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.	
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba	Reba
USA	105	2020 Tokyo Olympics				2020 Tokyo Olympics <i>Table Tennis</i> (N)				2020 Tokyo Olympics				2020 Tokyo Olympics		2020 Tokyo Olympics	
WE	128	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order <i>Poison Ivy</i>		Law & Order		Law & Order	

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		News		Local Programs					
CBS-E	Local Prog./Young & Restless		Bold		The Talk (N)		Let’s Make a Deal		Local Programs		News		Local Programs					
CW-E	Local Programs				Local Programs		Jerry Springer <i>No Love</i>		Local Programs		Local Programs							
FOX-E	Local Programs		Local Programs		Local Programs				Local Prog./Local Programs									
NBC-E	2020 Tokyo Olympics <i>Sport Climbing, Canoe/Kayak, Cycling, Volleyball</i> (N)										Local Programs		Local Prog./News		Local Programs			
METV	247*	The Waltons		Gunsmoke <i>Phoenix</i>		Bonanza <i>Face of Fear</i>		Riflesman		Riflesman	Wagon Train		Adam-12	Adam-12	Addams	Happy Day	M*A*S*H	M*A*S*H
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		Local Programs			
CBS-W	Local Programs		The Price Is Right		Young & Restless		Local Prog./Bold		The Talk (N)		Let’s Make a Deal		Local Programs					
CW-W	Local Programs				Local Programs		Local Programs		Local Prog./Local Programs		Local Programs		Jerry Springer <i>No Love</i>		Local Programs			
FOX-W	Local Programs		Local Programs		Local Programs				Local Prog./Local Programs									
NBC-W	Today 3rd Hour (N)		2020 Tokyo Olympics <i>Sport Climbing, Canoe/Kayak, Cycling, Volleyball</i> (N)										Local Prog./News		Local Programs			
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Molly	Xavier	Odd	Arthur	Cat in the	Peg & Cat	PBS NewsHour (N)			

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Shooter ★★ (07, Suspense) <i>Mark Wahlberg, Michael Peña</i> 'R'	The Chi A Raisin in the Sun	Black Monday ONE! <i>Shooter</i>	Flatbush <i>Eyes Wide Shut</i> ★★★ (99, Drama) <i>Tom Cruise, Nicole Kidman</i> 'R'	(45) Seven ★★★ (95, Suspense) <i>Brad Pitt</i> 'R'	
	SHO-W 319	Seven (95) 'R'	(15) 21 Bridges ★★★ (19, Action) 'R'	(10:55) <i>Mois</i> ★★ (07, Suspense) 'R'	The Chi	Black Monday <i>Eyes Wide Shut</i> (99)	
	SHO2-E 320	Alphabet (86, War) <i>Tom Berenger</i> 'R'	The End Art vs Life	Full Metal Jacket ★★★ (87, War) <i>Matthew Modine, Adam Baldwin</i> 'R'	The Ring Two ★★ (05, Horror) <i>Naomi Watts, Simon Baker</i> 'PG-13'	Lost Lust (20, Adult) 'NR'	(35) Monster's Ball
	SHOBET 321	The Nutty Professor (96) 'PG-13'	(35) Nutty Professor II: The Klumps (00)	Hustle & Flow ★★★ (05, Drama) 'R'	Boiler Room (00, Drama) <i>Giovanni Ribisi</i> 'R'	Desus	
	SHOX-E 322	Killer Elite ★★ (11, Action) <i>Jason Statham</i> 'R'	Boxing Angelo Leo vs. Stephen Fulton	Desus	Wrong Turn (21, Horror) <i>Charlotte Vega</i> 'R'	Drive Ang	
	SHOS-E 323	The One and Only Dick Gregory (21) 'NR'	The Queens of Comedy (01) 'R'	The Overnight (15, Comedy) 'R'	The End	Spring Breakers (12, Comedy) 'R'	(35) Equals
	TMC-E 327	Becky (20, Action) <i>Kevin James</i> 'R'	(35) House at the End of the Street (12)	(20) The Rental (20, Horror) 'R'	(12:50) Lawless ★★★ (12) 'R'	(45) Redcon-1 (18, Horror) 'NR'	
TMCX-E 328	Made in Italy (20) 'R'	(35) Sleepless in Seattle (93) <i>Tom Hanks</i> 'PG'	Leaving Las Vegas ★★★ (95, Drama) 'R'	Double Date (17, Comedy) 'NR'	Legend-Charley		
FLIX-E 333	On the Road (12, Drama) <i>Garrett Hedlund</i> 'R'	(05) Remember Me (10, Romance) 'PG-13'	Half Baked ★★ (98, Comedy) 'R'	Tammy and the T-Rex: Uncut	Texas Chain		

STARZ	ENCR-E 340	Lonesome (38) Lonesome Dove <i>Return Gus is injured during an Indian attack.</i> (Part 4 of 4)	(16) Silverado ★★★ (85, Western) <i>Kevin Kline, Scott Glenn</i> 'PG-13'	(32) The Eiger Sanction ★★★ (75, Adventure) <i>Clint Eastwood, George Kennedy</i> 'R'	(43) Driven (18, Suspense) <i>Jason Sudeikis, Lee Pace</i> 'R'		
	STARZ-E 350	The Broken Hearts Gallery (20) 'PG-13'	Blindspotting (32) Men of Honor ★★★ (00, Biography) <i>Robert De Niro, Cuba Gooding Jr.</i> 'R'	(44) Charlie's Angels (19, Action) <i>Kristen Stewart, Naomi Scott</i> 'PG-13'	(147) Power Book III: Raising Kanan	(246) The Edge (97, Adventure) 'R'	
	STARZ-W 351	The Edge (97, Adventure) 'R'	Blindspotting (08) The Broken Hearts Gallery (20) 'PG-13'	Blindspotting (32) Men of Honor ★★★ (00, Biography) 'R'	(44) Charlie's Angels (19) 'PG-13'		
	STRZED 352	Mona Lisa (45) Legends of the Fall ★★★ (94, Drama) <i>Brad Pitt</i> 'R'	The Deceived	(11:47) Daylight ★★ (96, Action) 'PG-13'	The Dec	(33) Zack and Miri Make a Porno	
	STRZCI 353	(04) The Song of Names (19, Drama) 'PG-13'	Lock, Stock and Two Smoking Barrels (98) 'R'	(11:50) Pain and Glory (19, Drama) 'R'	(147) Jobs ★★ (13, Biography) 'PG-13'		
	STRZCO 354	Bad Boys for Life (20, Action) <i>Will Smith</i> 'R'	(06) Bridget Jones's Diary ★★★ (01) 'R'	How to Lose Friends	(39) The Bronze ★★ (15, Comedy) 'R'	OnlyLonely	
	STRZIB 355	Power III Tyler Perry's Meet the Browns	Power Book III: Raising	The Cave (05, Horror) 'PG-13'	(42) She Hate Me (04, Comedy-Drama) <i>Anthony Mackie</i> 'R'	(03) CB4 ★★ (93) 'R'	
STRZKF 356	Millions (04, Comedy-Drama) 'PG-13'	(40) SamSam (19, Children's) 'NR'	(10:59) The Red Stallion (47) 'NR'	(18) Casper: A Spirited Beginning	(45) Warren Miller's Timeless (19)		
EPIX	EPIX 380	Breaking News in Yuba County (21, Comedy) <i>Allison Janney</i>	(40) The Hustle ★★ (19, Comedy) <i>Anne Hathaway</i>	(15) Thelma & Louise ★★★ (91, Comedy-Drama) <i>Susan Sarandon, Geena Davis</i>	(25) Domina Treason	(25) Domina Happiness	War of the Worlds
	EPIX2 381	Domina Happiness	War of the Worlds	William Shakespeare's Romeo & Juliet (96)	(12:05) King Arthur (04, Historical Drama)	(15) Trauma Center (19, Action)	Hard N
	EPIXH 382	I Know What You Did Last	(45) Child's Play (19, Horror)	(15) You're Next (11, Horror) <i>Sharni Vinson</i>	(12:50) My Bloody Valentine (81)	(25) The Haunting (99, Horror)	
	EPIXDR 292	The Legend of Bagger Vance (00, Drama)	(10) Blue Chips (94, Drama) <i>Nick Nolte</i>	The Chumsclubber ★★ (05, Comedy-Drama)	(1:50) Rudy (93, Drama) <i>Sean Astin</i>	Neil	

AMERICA'S TOP PROGRAMMING

A&E 118	America's Top Dog (N)	Storage	Storage	Storage	Storage	Storage	Storage	America's Top Dog	Storage	Storage	Storage	Storage	Storage	Storage	Storage
AHC 195	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies
AMC 131	Forrest Gump ★★★ (94, Comedy-Drama) <i>Tom Hanks</i>	Fury ★★★ (14, War) <i>Brad Pitt, Shia LaBeouf</i>	The Walking Dead	The Walking Dead											
APL 184	North Woods Law: Wildside <i>Raising Gators</i> (N)	North Woods Law	(05) North Woods Law	North Woods Law: Wildside <i>Raising Gators</i>	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law
AXSTV 167	Top Ten Year-Music LA Ink <i>Boobs Rule</i>	Stevie Nicks	Top Ten Year-Music	LA Ink <i>Boobs Rule</i>	Stevie Nicks	Legends	Legends	Top Ten	Rock						
BBCA 135	Night at the Museum: Secret of the Tomb	(15) Anchorman: The Legend of Ron Burgundy (04)	Night at the Museum: Secret of the Tomb	Anchorman: Legend of Ron											
BET 124	Ride Along ★★ (14) Tyler Perry's The Oval (N)	Celebrity Family Feud	Celebrity Family Feud	Tyler Perry's The Oval	Martin	Martin	Martin	Martin	Prince	Prince					
BOUNCE 359	Most Wanted ★★ (97, Action) <i>Jon Voight</i>	Enemy of the State ★★ (98, Suspense) <i>Will Smith, Gene Hackman</i>	7 Seconds (05, Action) <i>Wesley Snipes</i>	The Game	The Game										
BRAVO 129	Housewives/NYC	Housewives/NYC	Watch	Housewives/NYC	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Watch
BUZZR 245	Concen. Super Pass. Sweep	Sharks	Match-Squares	Concen. Super Pass. Sweep	Match-Squares	Concen. Super Pass. Sweep	Match-Squares	Concen. Super Pass. Sweep	Match-Squares	Concen. Super Pass. Sweep	Match-Squares	Concen. Super Pass. Sweep	Match-Squares	Concen. Super Pass. Sweep	FamFeud
CHD 249	The First 48: Detective	First 48: Missing	Marcia Clark Investigates	The First 48	The First 48: Detective	Marcia Clark Investigates	The First 48	Marcia Clark Investigates	The First 48	Marcia Clark Investigates	The First 48	Marcia Clark Investigates	The First 48	Marcia Clark Investigates	The First 48
CMT 166	Mom	Mom	Mom	Mom	Mom	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba
CNBC 208	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics
CNN 200	Anderson Cooper 360 (L)	Cuomo Prime Time (L)	Don Lemon Tonight (L)	Don Lemon Tonight (L)	Anderson Cooper 360	Cuomo Prime Time	Don Lemon Tonight	Don Lemon Tonight							
COM 107	The Office	The Office	Drunk	Drunk	The Office	The Office	The Office	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park
COMET 289	Quantum Leap	Quantum Leap	The X-Files	My Struggle	The X-Files (Part 2 of 2)	Battlestar Galactica	Battlestar Galactica	Battlestar Galactica	Battlestar Galactica	Battlestar Galactica	Battlestar Galactica	Battlestar Galactica	Battlestar Galactica	Battlestar Galactica	Paid Programs
COOK 113	Man, Food	Man, Food	Man, Food	Burgers	Burgers	Burgers	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Burgers	Burgers	Burgers	Burgers
DISC 182	Deadliest Catch	Run Silent Run Deep (N)	Deadliest Catch	Hunting Atlantis	Deadliest Catch	Run Silent Run Deep	Deadliest Catch	Run Silent Run Deep	Deadliest Catch	Run Silent Run Deep	Deadliest Catch	Run Silent Run Deep	Deadliest Catch	Run Silent Run Deep	Hunting Atlantis
DFC 179	Kids Baking	Kids Baking	Kids Baking	Kids Baking	Kids Baking	Kids Baking	Kids Baking	Kids Baking	Too Cute!	Too Cute!	Dogs 101				
DISN-E 172	Big City	Big City	Sydney	Sydney	Big City	Big City	Gabby	Sydney	Raven	Raven	Jessie	Jessie	Liv-Mad.	Liv-Mad.	Austin
DIY 111	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid
ENCR-W 341	Lone. Dove (26) Lonesome Dove (Part 2 of 4)	Lonesome Dove (Part 3 of 4)	(38) Lonesome Dove	Return (Part 4 of 4)	(16) Silverado (85, Western) <i>Kevin Kline</i> 'PG-13'	Eiger									
EWESTN 342	Cattle Drv (34) Walk the Proud Land (56)	(04) Take a Hard Ride (75, Western) 'PG'	(11:48) Cattle Empire	(13) The Ballad of Josie (68, Western) 'NR'	Walk the Proud Land										
EACTN 343	The Thing (82, Horror) 'R'	(29) Blood Out (11, Action) 'R'	Miami Vice	Kn't Rider (43) The 6th Day ★★ (00, Science Fiction) 'PG-13'	(249) Sin (03) 'R'										
ESUSP 344	Kings (17, Drama) 'R'	The Luminaries	Leverage	The Luminaries	The Place Beyond the Pines (12, Crime Drama) 'R'	(26) Gigli (03, Romance-Comedy) <i>Ben Affleck</i> 'R'	Ret-Dead								
EBLACK 345	Higher Learning (95, Drama) <i>Omar Epps</i> 'R'	(9:53) Crossover ★★ (06) 'PG-13'	(31) The Contractor (07) 'R'	(14) Posse (93, Western) <i>Mario Van Peebles</i> 'R'	(08) Stir Crazy (80) 'R'										
ECLASS 346	Taps ★★ (81, Drama) <i>Timothy Hutton</i> 'PG'	Rescue Me	Rules (08) Damages (12:10) The Devil's Own (97, Suspense) 'R'	(04) Friday the 13th - Part III (82) Stealth											
EFAMILY 347	Hotel Transylvania (12) 'PG'	(33) Spy Kids (01, Children's) 'PG'	(02) Born Free: A New Adventure	(36) Mary and The Witch's Flower (17) 'PG'	(21) Little Boy ★★ (15) 'PG-13'										
ESPN 140	ESPN Documentaries	The Basketball Tournament	Final (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)
ESPN2 143	ESPN Original Documentaries	NBA Summer League	Basketball	Teams TBA	The Walk	UFC Top	Around	Interruption	UFC 259: Blachowicz vs. Adesanya (N)						
EWTN 261	Supreme Convention	Bethany	News	Scripture and Tradition	Long Ride	Women of	Daily Mass	Mother Angelica Live	News	Nigeria	(15) Papal Audience				
FETV 82	Perry Mason	Perry Mason	T.J. Hooker	Hart to Hart	B. Miller	B. Miller	Maude	Maude	One Day	One Day	Designing	Designing			
FNC 205	Tucker Carlson Tonight (L)	Hannity (L)	The Ingraham Angle (L)	Gutfeld! (N)	Fox News at Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle							
FOOD 110	Chopped	Chopped (N)	Chopped	Basket Buzz	Chopped	Chopped	Basket Buzz	Chopped	Chopped	Basket Buzz	Chopped	Chopped	Chopped	Chopped	Chopped
FREFM 180	The Incredibles ★★★ (04, Children's)	Motherland: Fort Salem (N)	The 700 Club	Simpsons	Simpsons	Simpsons	Simpsons	Paid Programs	The 700 Club						
F51 150	Seabiscuit ★★★ (03, Drama)	MLB's (N)	PBC	PBC Collection	TMZ (N)	Skip and Shannon: Undisputed	MotoAmerica Rewind	Drag Racing							

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Alita: Battle Angel ('19, Science Fiction)				Bumblebee ★★★ ('18, Action) <i>Hailee Steinfeld</i>			Killers ★ ('10, Action) <i>Ashton Kutcher</i>			Mike	Paid Programs					
FXM	384	Instant Family ('18)		Instant Family ★★★ ('18, Comedy-Drama) 'PG-13'		(20) Action Point ('18, Comedy) 'R'		(05) Mike and Dave Need Wedding Dates 'R'			Patton ('70, War) 'PG'							
FX	125	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Burgers	Burgers	Archer	Archer	Sunny	Sunny	Paid Programs				
GETTV	373	Charlie's Angels		Charlie's Angels		Hart to Hart	All/Family	All/Family	All/Family	All/Family	Sanford	Sanford	Sanford	Sanford	Good Time	Good Time		
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided	
GOLF	401	📍 2020 Tokyo Olympics Women's Golf, First Round First round coverage of women's golf. From Kasumigaseki Country Club in Kasahata, Saitama, Japan. (L)										Live From the Olympics (L)						
GRIT	217	The Quick Gun ('64, Western) <i>Audie Murphy</i>			Showdown ★★ ('63, Western) <i>Audie Murphy</i>			Dallas ★★ ('50, Western) <i>Gary Cooper, Ruth Roman</i>			The Legend of the Lone Ranger							
HALL	185	As Luck Would Have It ('21, Romance)			Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier		
HALLDR	186	Chesapeake Shores		Back When We Were Grownups ('04, Drama)			The Waltons <i>The Revel</i>		The Waltons		The Waltons		The Waltons <i>The Call</i>		Little House on Prairie			
HALLMV	187	Signed, Sealed		Murder, She Baked			Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Magnum, P.I.			
HDMOV	130	(05) Kid Colter ('85, Adventure) <i>Jim Stafford</i>		(9:50) Get Low ('09) <i>Robert Duvall</i>		(40) Marvin's Room ('96, Drama) <i>Meryl Streep</i>		(25) Get Low ('09, Comedy-Drama)		(15) Marvin's Room								
HGTV	112	Good Bones (N)		Good Bones (N)		Hunters	Hunt Intl	Hunters	Hunt Intl	Good Bones <i>Episode 8</i>		Hunters	Hunt Intl	Hunters	Hunt Intl	Good Bones		
HIST	120	History's Greatest Mysteries				(03) TBA			(12:03) History's Greatest Mysteries			(06) TBA						
ID	192	Fear Thy Neighbor		A Time to Kill (N)		Body Cam <i>Man Down</i> (N)		Body Cam <i>Near Miss</i>		A Time to Kill		Body Cam <i>Man Down</i>		Body Cam <i>Near Miss</i>		Fear Thy Neighbor		
IFC	133	Star Trek		Star Trek III: The Search for Spock ('84, Science Fiction)				Star Trek IV: The Voyage Home ('86, Science Fiction)				(45) Star Trek V: The Final Frontier ('89, Science Fiction)						
LAFF	237	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	'70s Show	'70s Show	Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Paid Programs		
LIFE	108	Rizzoli & Isles		Rizzoli & Isles 5:26		(03) Rizzoli & Isles		(03) Rizzoli & Isles		(12:01) Rizzoli & Isles		Rizzoli & Isles 5:26		(04) Rizzoli & Isles		(04) Rizzoli & Isles		
LMN	109	Cheer Squad Secrets ('20, Suspense)			Cheer Camp Killer ('20, Suspense)			(12:01) Cheer Squad Secrets ('20, Suspense)			Cheer Camp Killer ('20, Suspense)							
MGMHD	385	House of Games ★★★ ('87, Suspense)			Lions for Lambs ★★ ('07, Drama)			Witness to Murder ★★ ('54, Suspense)			Crime of Passion ('57, Crime Drama)							
MOTOR	246	Roadkill		Roadkill (N)		Goblin Works Garage (N)		Wheeler Dealers		Roadkill		Goblin Works Garage		Wheeler Dealers		Roadkill		
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes		
NATGEO	197	Life Below Zero <i>Predator Control</i>				Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		
NGWLD	190	When	When	When Sharks Attack (N)		Orca vs. Great White (N)		When	When	When Sharks Attack		Orca vs. Great White		Shark vs. Predator		Paid Programs		
OUTD	396	Hunt	Nugent	Mossy	Driven	Thirteen	Critical	Bowlife	Live 2 Hunt	Archer's	Raised	Addicted	Jim Shock	Hunting	Lindsey	Hunt	Nugent	
OWN	189	The Haves, Nots		David Makes Man (N)		David Makes Man		The Haves, Nots		David Makes Man		David Makes Man		The Haves, Nots		The Haves, Nots		
OPYG	127	Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		
PARMT	241	Fast & Furious 6 ('13, Action) <i>Vin Diesel</i>			Walking Tall ★★ ('04, Action) <i>The Rock</i>			Fast & Furious 6 ★★ ('13, Action) <i>Vin Diesel, Paul Walker</i>			Bar Rescue							
POP	117	TBA		TBA		TBA		TBA		TBA		TBA		TBA		Goldbergs	Goldbergs	
REELZ	299	Gangsters: Most Evil		Gangsters: Most Evil		Mafia Killers		Mobsters		Mobsters		Mobsters		Mafia Killers		Paid Programs		
RFDTV	231	Ag PhD	Cattlemen	Cattlemen	SharkFar.	Horseman.	McNabb	Best Amer	Rural News	Ag PhD	Cattlemen	Cattlemen	SharkFar.	Paid Programs				
SCI	193	Mysteries of the Abandoned: Ghost Stories (N)				Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		
SMITH	367	Disasters at Sea		Disasters at Sea		Inside Mighty Machines		Lost Superfleet		Disasters at Sea		Disasters at Sea		Air Disasters <i>Free Fall</i>		Air Disasters		
SONY	386	Anaconda ★ ('97, Suspense)		(45) Into the Grizzly Maze ('14, Adventure)		Anaconda ★ ('97, Suspense)		(10) Into the Grizzly Maze ('14)		(45) Body Double ('84, Suspense)								
SUND-E	358	NCIS <i>Boxed In</i>		NCIS <i>Deception</i>		NCIS <i>Light Sleeper</i>		NCIS <i>Head Case</i>		NCIS <i>Family Secret</i>		Columbo <i>The murder of a rock star.</i>		(15) Columbo				
SYFY	122	WWE NXT (N)			(08) The Fifth Element ('97, Science Fiction) <i>Bruce Willis</i>			(40) Ghost Shark ('13, Horror) <i>Richard Moll</i>		(42) X-Men ★★ ('00, Action)								
TBN	260	Praise		Joyce M.	Livg Proof	Together	Christine	Praise	Prince	Youseff	Sekulow	Christine	Jewish Voi	Harbinger	Praise			
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Miracle	Miracle	Wipeout	Wipeout		Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers		
TCM	132	Bell, Book and Candle ★★ ('58, Comedy)			Kim Novak: Live		(15) Vertigo ★★ ('58, Suspense) <i>James Stewart</i>		(45) Pushover ★★ ('54, Crime Drama)		Legend							
TLC	183	Little People, Big World		Little People, Big (N)		Doubling Down-Derricos		Doubling Down-Derricos		Little People, Big World		Little People, Big World		Doubling Down-Derricos		Doubling Down-Derricos		
TMC-W	329	Unforgiven ('92) 'R'		(10) Fist of Fury ('72, Adventure) <i>Bruce Lee</i>		Becky ('20, Action) <i>Kevin James</i>		(35) House at the End of the Street ('12)		(20) The Rental ('20, Horror) 'R'								
TNT	138	Crazy Rich Asians ★★ ('18)			A Star Is Born ★★ ('18, Romance) <i>Bradley Cooper, Lady Gaga</i>			Crazy Rich Asians ('18, Romance-Comedy) <i>Constance Wu</i>			NCIS: New Orleans							
TRU	242	Jokes	Jokes	Jokes	Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Big Trick	Big Trick	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Videos	Videos	
TRVL	196	Paranormal Ca.		Paranormal Caught on Camera (N)		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Caught on Camera		Paranormal Ca.				
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	King	King	Goldbergs	Goldbergs
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Paid Programs	
USA	105	📍 2020 Tokyo Olympics Track and Field (L)							2020 Tokyo Olympics			2020 Tokyo Olympics			2020 Tokyo Olympics Diving (L)			
WE	128	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law Order: CI		Monk		

LOCAL NETWORKS

ABC-E	Goldbergs	Home E.	Conners	black-ish	To Tell the Truth	Local Prog.	(35) Jimmy Kimmel Live!	Nightline (N)	Local Programs			ABC World News Now (N)		
CBS-E	NCIS <i>The First Day</i>	Love Island (N)	FBI: Most Wanted	Local Prog.	Late Show-Colbert	James Corden	Local Prog.	CBS Overnight News (N)						
CW-E	Penn & Teller: Fool Us	Superman & Lois	Local Programs											
FOX-E	LEGO Masters			Local Programs										
NBC-E	2020 Tokyo Olympics Men's Diving, Track and Field, Gymnastics (L)							Local Prog.	2020 Tokyo Olympics			2020 Tokyo Olympics		
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Hitchcock	Hitchcock	Mannix	Cannon Call <i>Unicorn</i>
ABC-W	Local Programs		News	Local Programs	Goldbergs	Home E.	Conners	black-ish	To Tell the Truth	Local Prog.	(35) Jimmy Kimmel Live!	Nightline (N)		
CBS-W	Local Programs		News	Local Programs	NCIS <i>The First Day</i>	Love Island (N)	FBI: Most Wanted	Local Prog.	Late Show-Colbert	Corden				
CW-W	Local Programs		Penn & Teller: Fool Us	Superman & Lois	Local Programs									
FOX-W	Local Programs		LEGO Masters			Local Programs								
NBC-W	2020 Tokyo Olympics Men's Diving, Track and Field, Gymnastics (L)							Local Prog.	2020 Tokyo Olympics			Local Prog.	2020 Tokyo Olympics	
PBS	Finding Your Roots	Jesse Owens: American	American Experience	Amanpour-Co	Finding Your Roots	Jesse Owens: American	American Experience	POV <i>Pier Kids</i>						

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	◀Seven ★★★ ('95, Suspense) Brad Pitt, Morgan Freeman 'R'	RocknRolla ★★ ('08, Crime Drama) Gerard Butler, Tom Wilkinson 'R'	Contact ★★★ ('97, Science Fiction) Jodie Foster, Matthew McConaughey 'PG'	Children of Men ★★★ ('06, Science Fiction) Clive Owen, Julianne Moore 'R'		
	SHO-W 319	◀Eyes Wide Shut '99, Drama 'R' (45)	Seven ★★★ ('95, Suspense) Brad Pitt, Morgan Freeman 'R'	RocknRolla ★★ ('08, Crime Drama) 'R'	Contact ★★★ ('97, Science Fiction) 'PG'		
	SHO2-E 320	◀Monster's Ball ★★ ('01, Drama) Halle Berry, Billy Bob Thornton 'R'	Junior ★★★ ('94, Comedy) Arnold Schwarzenegger, Danny DeVito 'PG-13'	(7:50) Twins ★★ ('88, Comedy) Arnold Schwarzenegger 'PG'	(40) Into the Blue ★★ ('05, Adventure) Paul Walker, Jessica Alba 'PG-13'	Step Up Revolution	
	SHOBET 321	Eddie Griffin: E-Nigga	Memphis ('13, Drama) 'NR'	August the First ('07, Drama) 'NR'	Pariah: The Lives an	Pitch Black ★★★ ('00, Science Fiction) 'R'	Guess
	SHOX-E 322	◀Drive Angry ('11) 'R' (15)	Dreamland ('19, Drama) Margot Robbie 'R'	Alex Cross ('12, Action) 'PG-13' (45)	Smokey and the Bandit ('77) 'PG'	(25) Blazing Saddles ('74) 'R'	
	SHOS-E 323	◀Equals ('15, Science Fiction) 'PG-13'	Indiana Jones and the	(15) The Bridges of Madison County ★★★ ('95) 'PG-13'	Erin Brockovich ★★★ ('00, Drama) Julia Roberts 'R'		
	TMC-E 327	◀Redcon-1 (45)	House at the End of the Street ('12)	Selkie From Hell ('18)	SpongeBob SquarePants	(15) Mad Hot Ballroom ('05, Documentary) 'PG'	(05) Mother of George
	TMCX-E 328	◀Legend Sex Pistols	Working Man ('19, Drama) Peter Gerety 'NR'	Resistance ('20, Biography) Jesse Eisenberg 'R'	(05) In the Line of Fire ('93, Suspense) 'R'	Reluctant Fund.	
	FLIX-E 333	◀Texas (20)	Cop Land ★★★ ('97) 'R' (05)	Après Vous ... ★★★ ('03, Romance) 'R'	UHF ★★★ ('89, Comedy) 'PG-13' (40)	Lifeguard ('76, Drama) Sam Elliott 'PG'	Your Sistr
	STARZ	ENCR-E 340	◀Driven ('18) 'R' (40)	Motives ('04, Suspense) Vivica A. Fox, Shemar Moore 'R'	(11) Edward Scissorhands ★★★ ('90, Fantasy) Johnny Depp, Winona Ryder 'PG-13'	(7:59) Hit & Run ★★ ('12, Comedy) Dax Shepard, Kristen Bell 'R'	(42) Black and Blue ★★ ('19, Suspense) Naomie Harris, Tyrese Gibson 'R'
STARZ-E 350		◀The Edge ★★ ('97, Adventure) 'R' (4:47)	The Grudge ★★ ('20, Horror) Andrea Riseborough 'R'	(24) The Chamber ★★ ('96, Drama) Chris O'Donnell, Gene Hackman 'R'	(20) Megan Leavey ★★ ('17, War) Kate Mara, Edie Falco 'PG-13'	(20) Men of Honor ★★ ('00, Biography) Robert De Niro 'R'	
STARZ-W 351		◀Charlie's Angels ('19)	Power Book III: Raising	(5:46) The Edge ★★ ('97, Adventure) 'R' (7:47)	The Grudge ('20, Horror) 'R'	(24) The Chamber ★★ ('96, Drama) 'R'	Leavey
STRZED 352		◀Zack Mirri (17)	Beneath Us ('19)	(45) Woman on Top ('00, Romance-Comedy) 'R'	Norman: Moderate Rise and Tragic Fall	(21) It's Complicated ('09) Meryl Streep 'R'	Devil
STRZCI 353		◀Yellow Rose ('19, Drama) 'PG-13'	(34) Kingdom of Heaven ('05, Historical Drama) 'R'	On Chesil Beach ('17, Romance) 'R'	(9:53) Jobs ★★ ('13, Biography) 'PG-13'		
STRZCO 354		◀Only the Lonely ('91)	30 Nights of Paranormal Activity	(29) Black Sheep ('96) 'PG-13'	(7:58) Prelude to a Kiss ('92, Fantasy) 'PG-13'	(9:46) Major League II ('94) 'PG'	Major Lge
STRZIB 355	◀CB4 ('93)	Blumhouse's Fantasy Island ('20) 'PG-13'	(26) Armored ★★ ('09) 'PG-13'	(7:56) Are We Done Yet? ('07) 'PG'	Overcomer ('19, Drama) Alex Kendrick 'PG'	Fantasy	
STRZKF 356	◀Timeless (26)	Warren Miller's Ticket to Ride (08)	Titan A.E. ★★ ('00) 'PG'	(44) Sheep and Wolves: Pig Deal	Charmers	Charmers (9:53) Warren Miller's Ticket to Ride	Timeless
EPIX	EPIX 380	◀War of the Worlds (25)	War of the Worlds Episode Eight (25)	Inherit the Viper ('19, Suspense) Josh Hartnett	(6:50) Special Effects ★★★ ('84, Suspense) Zoë Tamerlis	(40) The Tracker ('19, Action) Dolph Lundgren, Marco Mazzoli	(10) Thelma & Louise ★★★ ('91, Comedy-Drama) Susan Sarandon, Geena Davis
	EPIX2 381	◀Hard Night Falling (15)	Tonight You're Mine ('11)	(35) Hope Gap ('19, Drama) Annette Bening	General Commander (45)	William Shakespeare's Romeo & Juliet	King Arthr
	EPIXH 382	◀Haunting (20)	The Turkey Bowl ('19, Comedy)	(25) Soldiers of Fortune ★★ ('12)	Hell on the Border ('19, Western) David Gyasi	(9:55) The Dead Zone ('83)	I Know
	EPIXDR 292	◀Neil Young: Heart of Gold ('06)	Fun in Acapulco ('63) Elvis Presley (10)	Plaza Suite ('71, Comedy) Walter Matthau (10)	Elvis Goes There (10)	The Legend of Bagger Vance ('00)	

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs				Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	Court Cam	Court Cam	Court Cam	Court Cam							
AHC 195	Ancient Assassins		Ancient Assassins		America's Most Badass	America's Most Badass		What History Forgot		What History Forgot		America: Facts		America: Facts								
AMC 131	('03) The Walking Dead		Stooges	Stooges	Paid Programs				Gridiron Gang ★★ ('06, Crime Drama) The Rock, Xzibit													
APL 184	Dr. Jeff: RMV		Dr. Jeff: RMV		Too Cute!		My Cat From Hell		The Crocodile Hunter		Secret Life-Zoo		The Zoo Great Snakes!		Treehouse Masters							
AXSTV 167	Paid Programs								The Big Interview		Live From Daryl's (L)		Robert Plant		Sensations: The Story							
BBCA 135	◀Anchorman		Star Trek: Next		Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Next							
BET 124	The Parkers	The Parkers	The Parkers	The Parkers	Prince	Prince	Prince	Prince	The Parkers	The Parkers	The Parkers	The Parkers	Martin	Martin	Martin	Martin						
BOUNCE 359	Scandal		The Real Bebe Rexha		Wendy Williams Show		Judge Faith	Judge Faith	Judge Faith	Judge Faith	Judge B.	Judge B.	Judge B.	Judge B.	Law & Order							
BRAVO 129	Kelly Clarkson		Paid Programs		Below Deck		Below Deck		Shark Tank		Shark Tank		Shark Tank		Real Housewives							
BUZZR 245	Match Gm. Match Gm.		Match Gm. Match Gm.		Paid Programs		Les Feldick		Paid Prog.		Tell Truth		My Line?		Concentrat.	Sweep	Body Lang.	Blockbust	Match-Squares			
CHD 249	The First 48: Detective		First 48: Missing		Paid Programs				American Justice		American Justice		Nightwatch		Nightwatch		Nightwatch					
CMT 166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Roseanne		Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne			
CNBC 208	Shepard Smith		Worldwide Exchange (L)		Squawk Box (L)				Squawk on the Street (L)				Squawk on the Street (L)		TechCheck (L)							
CNN 200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom		At This Hour-Kate							
COM 107	South Park		South Park		Paid Programs				Futurama		Futurama		Futurama		Futurama		South Park		South Park			
COMET 289	Paid Programs								Barracuda ('78, Horror) Wayne David Crawford				The Rift ('89, Horror)									
COOK 113	Paid Programs								Fire Masters		Cheap Eats		Cheap Eats		Cheap Eats		Cheap Eats		No Reservation		Delicious	Delicious
DISC 182	Expedition X		Expedition X		How It's Made		How It's Made		How It's Made		How It's Made		How It's Made		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned			
DFC 179	BathCrash	BathCrash	Gi Joe	Gi Joe	Blazing	Transform.	Beast	Beast	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Puppies	Pet Shop	Monsters	Monsters	Monsters	Monsters			
DISN-E 172	Jessie	Jessie	Ladybug	Ladybug	Sofia	Sofia	(6:55) TBA						Ladybug	Ladybug	Ladybug	Ladybug	Ladybug	Ladybug	Ladybug			
DIY 111	Paid Prog. Salvage		Paid Programs				Stone		Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone		
ENCR-W 341	◀The Eiger Sanction ('75) 'R'		(43) Driven ('18, Suspense) Jason Sudeikis 'R'		(40) Motives ('04, Suspense) 'R'		(11) Edward Scissorhands ('90) 'PG-13'		(10:59) Hit & Run ('12)													
EWESTN 342	◀Walk Land		Rifleman (4:53)	Take a Hard Ride ('75) 'PG'		Beautiful Blonde		Wanted: The Sundance Woman (31)				Frontier Gal ★★ ('45) 'NR'		(10:57) Cattle Drive								
EACTN 343	◀Sin ('03) (39)		Chain Reaction ★★ ('96, Action) 'PG-13'		(28) Miami Vice		(19) The Eagle ★★ ('11, Action) 'PG-13'		(17) Men in Black 3 ('12) 'PG-13'		(06) Bulletproof ('96)											
ESUSP 344	◀Return-Dead II (02)		Air ('15) 'PG-13'		(39) The Burnt Orange Heresy ('19) 'R'				(20) Infamous ('06, Drama) Toby Jones 'R'		(21) Side Effects ('13, Drama) 'R'											
EBLACK 345	◀Stir Crazy ('80) 'R'		(02) Volcano ★★ ('97, Action) 'PG-13'		(6:49) Roll Bunch ('05) 'PG-13'		(43) Daddy Day Camp ('07) 'PG'		(15) Radio ('03, Drama) Cuba Gooding Jr. 'PG'													
ECLASS 346	◀Stealth ★★ ('05, Action) 'PG-13'		(45) Rebound ('05, Children's) 'PG'		(14) Mr. Mom ★★ ('83, Comedy) 'PG'		(6:48) For Love of the Game ('99) 'PG-13'		(08) Young Guns ('88)													
EFAMILY 347	(09) Nim's Island ★★ ('08, Children's) 'PG'		(11) Yellowbird ('14) 'PG'		(43) Aliens Ate My Homework		(15) Swift ('19, Children's) 'NR'		The Little Rascals Save the Day													
ESPN 140	SportsCenter		SportsCenter		SportsCenter		SportsCenter (L)		Get Up (L)		First Take (L)											
ESPN2 143	UFC 259: Blachowicz		UFC 265: Countdown		Keyshawn, JWill and Zubin (L)				SportsCenter (L)		SportsCenter (L)		Get Up									
EWTV 261	Reflections	Real	Suffering	Catholic	My God	Matthew's	St. Michael	Rosary	Daily Mass (L)	Holy	Scripture and Tradition	Mother Angelica Live	Saints									
FETV 82	Sergeant	Lassie	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Patty Duke	Patty Duke	Knows Best	Knows Best	Hazel	Hazel	Jeannie	Jeannie						
FNC 205	FOX & Friends First (L)		FOX & Friends First (L)		FOX & Friends (L)				America's Newsroom With Hemmer & Perino				The Faulkner Focus (L)									
FOOD 110	Chopped Junior				Paid Programs				Girl-Farm		Girl-Farm	Girl-Farm	Pioneer	Pioneer	Pioneer	Pioneer						
FREFM 180	Paid Programs				black-ish		black-ish	black-ish	black-ish	The 700 Club		700 Club		The Middle	The Middle	The Middle	The Middle					
F51 150	◀NHRA Drag Racing Lucas Oil Winternationals				Skip and Shannon: Undisputed				First Things First (L)				Skip and Shannon: Undisputed (L)									

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs						Killers ★ (‘10, Action) <i>Ashton Kutcher</i>				Mike	Mission: Impossible: Fallout (‘18, Action) <i>Tom Cruise</i>				
FXM	384	▶ Patton (‘70, War) <i>George C. Scott</i> ‘PG’			The Brasher Doubloon			(15) Berlin Correspondent (‘42)		The Frogmen (‘51, War) ‘NR’		(‘10) Von Ryan's Express (‘65, War) ‘NR’					
FXX	125	Paid Programs						Mom	Mom	Mom	Mom	Pilot	Brightburn ★★ (‘19, Horror) <i>Elizabeth Banks</i>		Breaking In ★★ (‘18)		
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs		Paid Progr	Paid Progr	Paid Progr	Paid Progr	Amen	Amen	Good Time	Good Time	Good Time	
GMSHW	116	Paid Programs						Whammy!	Whammy!	Pyramid	Pyramid	Get a Clue	Common	Catch 21	America	America	
GOLF	401	Live From the Olympics <i>Women's Round 1</i>			Live From the Olympics <i>Women's Round 1</i>			PGA TOUR				2020 Tokyo Olympics <i>Women's Golf, First Round</i>					
GRIT	217	Paid Programs						Zane Grey	Zane Grey	Death Vall.	Death Vall.	Death Vall.	Death Vall.	The Dawn Rider (‘35, Western)		The Star Packer (‘34, Western)	
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)	The Middle	The Middle	
HALLDR	186	Little House on Prairie		Little House on Prairie		Medicine Woman		Medicine Woman		Medicine Woman		Medicine Woman		The Waltons <i>The Revel</i>		The Waltons	
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote	
HDMOV	130	▶ Marvin's Room (‘96)			Paid Programs			Kid Colter ★★ (‘85, Adventure) (‘45)				The Desperados ★★ (‘69, Western)		Good Day			
HGTV	112	Good Bones			Good Bones			Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses	
HIST	120	Paid Programs						Amazing	Paid Prog.	Snack	Snack	Snack	Snack	Snack	Snack	Snack	The Machines That Built
ID	192	Six Degrees of Murder		Six Degrees of Murder		The Perfect Murder		The Perfect Murder		The Perfect Murder		Your Worst Nightmare		Your Worst Nightmare		Your Worst Nightmare	
IFC	133	Stooges	The Ropers	The Ropers	The Ropers	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	
LAFF	237	Paid Programs						Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire
LIFE	108	Paid Programs						Robison	Joyce M.	Designing	Grey's Anatomy	Grey's Anatomy	Grey's Anatomy	Grey's Anatomy	The Closer <i>Star Turn</i>		
LMN	109	Paid Programs			Who Killed My Husband? (‘16, Mystery)			My Husband's Secret Life (‘17, Suspense)				Your Husband Is Mine (‘19, Suspense)					
MGMHD	385	▶ Annie Hall ★★★★★ (‘77, Romance-Comedy)			Studio	Studio	Studio	(20) How to Beat the High Cost of Living (‘35)				Men at Work (‘90, Comedy) <i>Charlie Sheen</i>		Larger Life			
MOTOR	246	Mundial	MotorWeek	Bitchin' Rides	Mischief	Garage Squad	Garage Squad	Texas Metal	Texas Metal	Junkyard Empire	Junkyard Empire	Full Custom Garage	Full Custom Garage	Full Custom Garage	Full Custom Garage	Full Custom Garage	
MSNBC	209	Rachel Maddow Show		Way Too Early (L)		Morning Joe (L)		Morning Joe (L)		Morning Joe (L)		Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)	
NATGEO	197	Life Below Zero		Life Below Zero		Paid Programs		Paid Programs		Paid Programs		Locked Up Abroad		Locked Up Abroad		Locked Up Abroad	
NGWLD	190	Paid Programs						Big Sharks Rule		What the Shark?		Shark-cano		United Sharks		700 Sharks	
OUTD	396	Mossy	Driven	Thirteen	Critical	Fowl Life	The Flush	Hunt Adv	Legends	Driven	Archer's	Sporting	Bushman	Whitetail	Hunting TV	Buck	Crush
OWN	189	20/20 on OWN		20/20 on OWN		TBA		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Accident, Suicide		Accident, Suicide		Accident, Suicide		Accident, Suicide		Accident, Suicide		Dateline: Secrets		Dateline: Secrets		Aaron Hernandez Uncovered	
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
POP	117	Goldbergs	Goldbergs	Goldbergs	Goldbergs	ER	ER	ER	ER	ER	ER	ER	ER	ER	ER	ER	
REELZ	299	Paid Programs						George Clooney: Kitty		Drew Barrymore		Julia Roberts: Kitty		CopyCat Killers		CopyCat Killers	
RFDTV	231	Paid Programs						C. Burnett	Midwest Country	Jeremiah	Rural News	AgDay	Market Day Report (L)				
SCI	193	World's Strangest Sleep		World's Strangest		World's Strangest		World's Strangest		World's Strangest		Richard Hammond's		Richard Hammond's		Richard Hammond's	
SMITH	367	Inside Mighty Machines		Inside Mighty Machines		Aerial America		Aerial America		Aerial America <i>Maine</i>		The Hunt for Eagle 56		The Hunt for Eagle 56		The Hunt for Eagle 56	
SONY	386	▶ Body Double (‘84)		(4:50) Blood Crime (‘02, Suspense)		Starship Troopers 3: Marauder ★★ (‘08) (‘20) Today You Die (‘05, Action)				(‘05) The Gambler III: The Legend Continues							
SUND-E	358	▶ Columbo Death Hits the Jackpot Andy G.						Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.
SYFY	122	▶ X-Men (‘00, Action)		Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Ender's Game ★★ (‘13, Science Fiction)	
TBN	260	Christine	Access 360	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo Doll	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen
TBS	139	Imp. Jokers	Imp. Jokers	Matters	Matters	Matters	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends
TCM	132	▶ The Legend of Lylah Clare (‘68, Suspense)			New Orleans ★ (‘47, Musical)			(‘45) A Song Is Born (‘48, Musical)		Comedy <i>Danny Kaye</i>		Going Places (‘39) <i>Dick Powell</i>		Cabin Sky			
TLC	183	Extreme	Extreme	Extreme	Extreme	Extreme	Extreme	Extreme	Extreme	Extreme	Extreme	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	
TMC-W	329	▶ Lawless (‘12, Crime Drama) ‘R’		(‘45) Redcon-1 (‘18, Horror) <i>Oris Erhuero</i> ‘NR’		(‘45) House at the End of the Street (‘12)		Selfie From Hell (‘18)		SpongeBob SquarePants							
TNT	148	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed		Charmed <i>Just Harried</i>		Supernatural		Supernatural	
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers	
TRVL	196	Paid Programs						My Haunted House		My Haunted House		My Haunted House		My Haunted House		My Haunted House	
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs				M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H	
UP	188	Paid Programs						Br.- Bates		Br.- Bates		Heartland		Heartland		Little House on Prairie	
USA	105	▶ Olympics 2020 Tokyo Olympics			(‘10) ▶ 2020 Tokyo Olympics Artistic Swimming (L)			2020 Tokyo Olympics				2020 Tokyo Olympics		2020 Tokyo Olympics			
WE	128	Beyond the Pole		Paid Programs			NCIS		NCIS		NCIS		NCIS		NCIS		

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)			
CBS-E	▶CBS Overnight News (N)		News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right			
CW-E	Local Programs						Local Programs										
FOX-E	Local Programs						Local Programs						Local Programs				
NBC-E	▶Olympics		Local Programs			Local Programs			Today (N)			Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me (N)		Beaver	Beaver	Perry Mason	Matlock	The Verdict	In the Heat of Night		
ABC-W	Local Programs			ABC World News Now (N)			Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)			
CBS-W	▶Corden	Local Prog.		CBS Overnight News (N)			News		News	News	News	News	News	CBS This Morning (N)			
CW-W	Local Programs						Local Programs										
FOX-W	Local Programs						Local Programs						Local Programs				
NBC-W	▶2020 Tokyo Olympics			Local Prog.			2020 Tokyo Olympics		Local Programs			Local Programs		Today (N)			
PBS	▶POV	Antiques Roadshow		Antiques	Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious	

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Hustlers ★★★ ('19, Comedy-Drama) <i>Constance Wu, Jennifer Lopez</i> 'R'	Act of Valor ★★ ('12, Action) <i>Roselyn Sánchez, Jason Cottle</i> 'R'	First Reformed ★★★ ('17, Suspense) <i>Ethan Hawke, Amanda Seyfried</i> 'R'	Obsessed ★★ ('09, Suspense) <i>Idris Elba, Beyoncé</i> 'R'	PG-13
	SHO-W 319	Contact (97) 'PG'	Children of Men ('06, Science Fiction) 'R'	Hustlers ★★★ ('19, Comedy-Drama) 'R'	Act of Valor ('12, Action) <i>Roselyn Sánchez</i> 'R'	First Reformed ('17)
	SHO2-E 320	Step Up Revolution ('12, Drama) 'PG-13'	Dance Flick ★★ ('09, Comedy) <i>Shoshana Bush</i> 'PG-13'	The One and Only Dick Gregory ('21, Documentary) <i>Dave Chappelle, Chris Rock</i> 'NR'	Byzantium ★★★ ('12, Horror) <i>Gemma Arterton, Saoirse Ronan</i> 'R'	Fences ★★★ ('16, Drama) <i>Denzel Washington</i> 'PG-13'
	SHOBET 321	Guess Who ('05)	A Thin Line Between Love and Hate ('96)	Cloud Atlas ★★★ ('12, Drama) <i>Tom Hanks, Halle Berry</i> 'R'	Pitch Black ★★★ ('00, Science Fiction) 'R'	
	SHOX-E 322	Indiana Jones and the Temple of Doom ('84)	The Gentlemen ★★★ ('20, Crime Drama) 'R'	1917 ★★★ ('19, War) <i>George MacKay</i> 'R'	Rescue Dawn ('06, War) <i>Christian Bale</i> 'PG-13'	
	SHOS-E 323	Before Midnight ('13, Romance) 'R'	This Ain't Normal ('18, Documentary) 'NR'	Dark Waters ('19, Drama) <i>Mark Ruffalo</i> 'PG-13'	The Ring Two ★★ ('05, Horror) 'PG-13'	Mulholland
	TMC-E 327	Mother of George 'R'	A Walk on the Moon ★★ ('99, Drama) 'R'	Trespass Against Us ('16) 'R'	Countdown ★ ('19) 'PG-13'	Ghost Light ('18, Comedy) <i>Cary Elwes</i> 'NR'
	TMCX-E 328	The Reluctant Fundamentalist 'R'	A Most Violent Year ('14, Crime Drama) 'R'	Slice ('18, Horror) 'R'	Obvious Child ('14, Comedy) 'R'	Road Trip ('00, Comedy) 'R'
	FLIX-E 333	Your Sister's Sister 'R'	Texas Rangers ('01) 'PG-13'	Mimic ('97, Horror) 'NR'	Winter's Bone ★★★ ('10, Drama) 'R'	Ruby in Paradise ('93, Drama) <i>Ashley Judd</i> 'R'
	ENCR-E 340	The Eiger Sanction ★★★ ('75, Adventure) <i>Clint Eastwood</i> 'R'	Glory ★★★ ('89, War) <i>Matthew Broderick, Denzel Washington</i> 'R'	Titanic ★★★★★ ('97, Historical Drama) <i>Leonardo DiCaprio, Kate Winslet</i> 'PG-13'	Black and Blue ('09, Suspense) 'R'	
STARZ	STARZ-E 350	Men of Honor 'R'	Bridget Jones's Diary ('01, Romance-Comedy) <i>Renée Zellweger</i> 'R'	Power Book III: Kirsten Dunst, Isla Fisher 'R'	The Grudge ★ ('20, Horror) <i>Andrea Riseborough</i> 'R'	Power Book III
	STARZ-W 351	Megan Leavey ('17, War) 'PG-13'	Men of Honor ★★ ('00, Biography) 'R'	Bridget Jones's Diary ('01) 'R'	Power Book III: Raising	Booty Call ('97, Comedy) 'R'
	STRZED 352	The Devil Wears Prada ('06)	Once Upon a Time... In Hollywood ('19) <i>Brad Pitt</i> 'R'	Woman on Top ★★ ('00) 'R'	It's Complicated ('09) <i>Meryl Streep</i> 'R'	Blindspot
	STRZCI 353	Colette ('18, Biography) <i>Keira Knightley</i> 'R'	Saint Frances ('19) 'NR'	Yellow Rose ★★★ ('19, Drama) 'PG-13'	Jobs ★★ ('13, Biography) 'PG-13'	Paris
	STRZCO 354	Major League: Minors	30 Nights of Paranormal Activity	The Jane Austen Book Club ('07) 'PG-13'	Prelude to a Kiss ('92) 'PG-13'	The Lonely ('91) <i>John Candy</i> 'PG-13'
	STRZIB 355	Blumhouse's Fantasy Island ('20)	Boricua's Bond ★★ ('00) 'R'	Trading Places ★★ ('83, Comedy) 'R'	Armored ★★ ('09) 'PG-13'	Overcomer ('19, Drama) 'PG'
STRZKF 356	Warren Miller's Timeless ('19)	Sheep and Wolves	SamSam ('19, Children's) 'NR'	Casper's Scare School ('06) 'R'	Amazing Africa ('17)	Warren Miller's Timeless ('19)
EPIX	EPIX 380	Thelma & Louise County ('21, Comedy) <i>Mila Kunis</i>	Hello, My Name Is Doris ★★ ('15, Comedy-Drama) <i>Sally Field</i>	Chaplin ★★ ('92, Biography) <i>Robert Downey Jr., Dan Aykroyd</i>	Domina Happiness	War of the Worlds Episode Eight
	EPIX2 381	King Arthur ('04, Historical Drama) <i>Clive Owen</i>	Fast Color ('18)	Timeline ('03, Adventure) <i>Paul Walker</i>	We Were Soldiers ★★ ('02, War) <i>Mel Gibson</i>	
	EPIXH 382	I Know What You Did Last	Child's Play ('19, Horror)	You're Next ('11, Horror)	The Bookshop ('17, Drama) <i>Emily Mortimer</i>	Some Kind of Wonderful ('87)
	EPIXDR 292	Legend ('20) <i>Blue Chips</i> ('94, Drama)	The Chumsclubber ('05, Comedy-Drama)	The Outsider ('79, Drama) <i>Craig Wasson</i>	The Conversation ('74, Suspense)	

AMERICA'S TOP PROGRAMMING

A&E 118	Court Cam	Court Cam	Seatbelt	Seatbelt	Seatbelt	Seatbelt	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam
AHC 195	FutureWeapons	FutureWeapons	FutureWeapons	FutureWeapons	FutureWeapons	FutureWeapons	Captive: POW Stories	Apocalypse: Stalin	Apocalypse: Stalin	Apocalypse: Stalin	Apocalypse: Stalin	Apocalypse: Stalin	Apocalypse: Stalin	Apocalypse: Stalin	Apocalypse: Stalin	Apocalypse: Stalin
AMC 131	The Hunted ('03, Action) <i>Tommy Lee Jones</i>	Fury ★★★ ('14, War) <i>Brad Pitt, Shia LaBeouf</i>	Forrest Gump ★★★★★ ('94, Comedy-Drama) <i>Tom Hanks</i>													
APL 184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law
AXSTV 167	Sensations	Kid Rock Live From the Lynrd Skynrd	Legends	The Big Interview	The Big Interview	The Big Interview	The Big Interview	The Big Interview	The Big Interview	The Big Interview	The Big Interview	The Big Interview	The Big Interview	The Big Interview	The Big Interview	The Big Interview
BBCA 135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Law & Order Harm	Law & Order Shield	Law & Order Juvenile							
BET 124	Martin	Martin	Prince	Prince	Browns	Browns	Ride Along ★★ ('14, Comedy) <i>Ice Cube, Kevin Hart</i>	Life ('99, Comedy-Drama) <i>Eddie Murphy</i>								
BOUNCE 359	Law & Order Blood	Mr. Church ★★ ('16, Drama) <i>Eddie Murphy</i>	Not Easily Broken ★★ ('09, Drama) <i>Morris Chestnut</i>	The Perfect Match ('16, Romance-Comedy)												
BRAVO 129	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives
BUZZR 245	Match Gm.	Match Gm.	Concen.	Concen.	Password	Password	Super Pass, Tattletales	Press Luck Card	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Match Gm.
CHD 249	My Evil Sister	My Evil Sister	My Evil Sister	My Evil Sister	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces
CMT 166	Roseanne	Roseanne	King	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Fast Money (L)	Mad Money (N)	Shepard Smith									
CNN 200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Situation Room	Situation Room	Situation Room	Situation Room	Situation Room	Situation Room	Situation Room	Situation Room	Situation Room	Situation Room
COM 107	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park
COMET 289	The Rift ('89, Horror)	The Outer Limits Revival	The Outer Limits	Sliders	Lipschitz Live	Stargate SG-1	Stargate SG-1	Stargate SG-1	Stargate SG-1	Stargate SG-1	Stargate SG-1	Stargate SG-1	Stargate SG-1	Stargate SG-1	Stargate SG-1	Stargate SG-1
COOK 113	Delicious	Delicious	Yum-Yum	Yum-Yum	Best Thing	Best Thing	Best Thing	Best Thing	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers
DISC 182	Mysteries-Abandoned	Mysteries-Abandoned	Mysteries-Abandoned	Mysteries-Abandoned	Mysteries-Abandoned	Mysteries-Abandoned	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Too Cute!	Dogs 101	Chopped Junior		
DISN-E 172	Bluey	Bluey	Big City	Big City	Big City	Big City	Jessie	Jessie	Big City	Big City	Jessie	Jessie	Raven	Raven	Jessie	Jessie
DIY 111	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters
ENCR-W 341	Hit & Run ('42) <i>Black and Blue</i> ★★ ('19, Suspense) 'R'	The Eiger Sanction ('75, Adventure) 'R'	Glory ★★★★★ ('89, War) <i>Matthew Broderick</i> 'R'	Titanic ('97)												
EWESTN 342	Cattle Drv ('16) <i>The Ballad of Josie</i> ('68) 'NR'	Wyatt Earp ('27) <i>The Big Valley</i>	Laramie	Death Vall.	Death Vall.	Fargo	Rifleman	The Virginian	Frontier Gal ('45)							
EACTN 343	Bulletprf ('33) <i>The Professional</i> ('94, Suspense) 'R'	Starship Troopers ('97, Science Fiction) 'R'	Godzilla ★★ ('98, Science Fiction) <i>Jean Reno</i> 'PG-13'	The Eagle ('11)												
ESUSP 344	Air ('15, Science Fiction) 'PG-13'	The Fury ('78, Suspense) <i>Kirk Douglas</i> 'R'	Lara Croft: Tomb Raider ('31) <i>The Burnt Orange Heresy</i> 'R'	Side Effects ('13)												
EBLACK 345	Volcano ★★ ('97, Action) 'PG-13'	Stir Crazy ('80, Comedy) <i>Gene Wilder</i> 'R'	Mo' Better Blues ★★ ('90, Drama) 'R'	Miami Vice	Jeffersons	Roll										
ECLASS 346	Young Guns ('88) 'R'	Rebound ★★ ('05) 'PG'	Bewitched ★★ ('05) 'PG-13'	Roxanne ('87, Romance-Comedy) 'PG'	Stealth ★★ ('05, Action) <i>Josh Lucas</i> 'PG-13'											
EFAMILY 347	Little Rascals ('24) <i>Nim's Island</i> ('08) 'PG'	Yellowbird ('14) 'PG'	Flicka: Country Pride ('12) 'G'	The Little Rascals	Save the Day ('14) 'PG'	Swan Princess: Secret										
ESPN 140	SportsCenter (L)	SportsCenter (L)	Jalen	Question	NBA: The Jump (L)	NFL Live (L)	Around	Interruption	SportsCenter (L)	SportsCenter						
ESPN2 143	First Take		SportsCenter	Question	Jalen	Question	Football	NFL Live	Daily Wager (L)	NFL Live						
EWTN 261	Daily Mass	Women of	At Home	Fr. Spitzer's Universe	Supreme Convention	John Paul	Truth	Religious	Saints	News	The Church	Daily Mass				
FETV 82	Bewitched	Bewitched	Matlock (Part 1 of 2)	Matlock (Part 2 of 2)	Ranger	Ranger	Perry Mason	Perry Mason	Matlock	The Sisters	Matlock	The Cop				
FNC 205	Outnumbered (L)	America Reports With John Roberts	The Story With Martha	John W/ Cavuto	The Five (L)	Special Report	FOX News PrimeTime (L)									
FOOD 110	Pioneer	Pioneer	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games
FREFM 180	The Middle	The Middle	The Middle	The Middle	The Middle	Cocktail ★★ ('88, Romance) <i>Tom Cruise, Bryan Brown</i>	Mamma Mia! ★★ ('08, Musical Comedy) <i>Meryl Streep</i>	Pretty								
F51 150	The Herd with Colin Cowherd (L)				Speak for Yourself (L)	Undisputed	NASCAR Race Hub (N)	Drag Racing								

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	◀Mission	World War Z ★★★ ('13, Horror)	<i>Brad Pitt, Mireille Enos</i>	Alita: Battle Angel ('19, Science Fiction)	<i>Rosa Salazar</i>	Bumblebee ★★★ ('18, Action)	<i>Hailee Steinfeld</i>		
FXM	384	(:10)	Patton ★★★★★ ('70, War)	<i>George C. Scott, Karl Malden</i> 'PG'	Thank You for Your Service ('17, War) 'R'	(:15)	Alien: Covenant ★★★ ('17, Science Fiction) 'R'	Bohemian		
FXX	125	◀Breaking In ★★ ('18)	Holmes & Watson ('18, Comedy)	<i>Will Ferrell</i>	Horrible Bosses ('11, Comedy)	<i>Jason Bateman</i>	Baywatch ★★ ('17, Comedy)	<i>Dwayne Johnson, Zac Efron</i>		
GETTV	373	All/Family	All/Family	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Spillane's Mike Hammer		
GMSHW	116	Deal or No Deal	Match Gm.	Match Gm.	Catch 21	Catch 21	The Chase	FamFeud		
GOLF	401	◀2020 Tokyo Olympics			♀ Women's Golf U.S. Women's Amateur, Round of 64 (L)			Live From the Olympics (L)	2020 Tokyo Olympics	
GRIT	217	The Virginian <i>Lost Yesterday</i>			Laramie	Laramie	Laramie	Laramie	Laramie	
HALL	185	The Middle	The Middle	Reba	Reba	Reba	Reba	A Taste of Summer ('19, Romance)	<i>Eric Winter</i>	
HALLDR	186	The Waltons		The Waltons <i>The Call</i>		Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	
HALLMV	187	Monk		Monk		Good Witch	Good Witch	A Feeling of Home ('19, Romance)	Love on the Air ('15)	
HDMOV	130	◀Good-Hanging		(12:50) This Is Elvis ★★ ('81)	Support Your Local Gunfighter			(:15) The Duel ('16, Western)	<i>Woody Harrelson</i>	
HGTV	112	Unsellable Houses		Love It or List It		Love It or List It		Love It or List It		
HIST	120	The Machines That Built		The Machines That Built		The Machines That Built		Forged in Fire		
ID	192	Dead Silent		Dead Silent		Murder by Numbers		Murder by Numbers		
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Star Trek Generations ('94, Science Fiction)	<i>Patrick Stewart</i> (:45)	
LAFF	237	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	
LIFE	108	The Closer <i>Fresh Pursuit</i>		The Closer		Major Crimes		Major Crimes		
LMN	109	We Have Your Husband ('11, Docudrama)			My Husband's Secret Wife ('18, Suspense)			My Husband's Secret Twin ('19, Suspense)		
MGMHD	385	◀Larger Than Life ('96, Comedy)		<i>Bill Murray</i>	(1:50)	A Guy Thing ★ ('03, Romance-Comedy)		Throw Momma From the Train ('87, Comedy)		
MOTOR	246	Full Custom Garage		Full Custom Garage		Full Custom Garage		Texas Metal		
MSNBC	209	Andrea Mitchell Reports (L)	MTP Daily (L)		Katy Tur Reports (L)		Ayman Mohyeldin		Deadline: White House (L)	
NATGEO	197	Locked Up Abroad		Locked Up Abroad		Locked Up Abroad		Locked Up Abroad		
NGWLD	190	50 Shades of Sharks		Shark vs. Tuna		Orca vs. Great White		Shark vs. Predator		
OUTD	396	Bowhunter	Raised	Whitetail	Quests	Thirteen	Critical	Bow Mad.	Drop Zone	
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dateline on OWN		
OXYG	127	Aaron Hernandez Uncovered			Mark of a Serial Killer			Mark of a Serial Killer		
PARMT	241	Bar Rescue <i>Bug Bite</i>		Bar Rescue		Mom		Mom		
POP	117	ER		TBA		TBA		TBA		
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	CopyCat Killers		CopyCat Killers		
RFDTV	231	◀Market Day Report (L)			Rural America Live		Equestrian		Best Amer	
SCI	193	Impossible Fixes		Impossible Fixes		Impossible Fixes		Impossible Fixes		
SMITH	367	Air Disasters		Air Disasters		Air Disasters		Crash of the Concorde		
SONY	386	◀Gambler III: The Legend		(:45)	The Fifth Musketeer ('79, Adventure)		(:45)	Doing Hard Time ('04, Crime Drama)		
SUND-E	358	Andy G.	Andy G.	Criminal Minds	Criminal Minds	Criminal Minds <i>In Heat</i>		Criminal Minds		
SYFY	122	◀Ender		Legion ★ ('10, Horror)		<i>Paul Bettany</i>	(:35)	Deep Impact ★★ ('98, Drama)		
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Amer. Dad	Amer. Dad	
TCM	132	◀Cabin in the Sky ('43, Musical)		Pennies From Heaven ('36)		Jazz on a Summer's Day ('59)		Glory Alley ★★★ ('52, Drama)		
TLC	183	My Feet Are Killing Me		My Feet Are Killing Me		My Feet Are Killing Me		My Feet Are Killing Me		
TMC-W	329	(:15)	Mad Hot Ballroom ('05, Documentary) 'PG'		(:05)	Mother of George ('13, Drama) 'R'		A Walk on the Moon ★★ ('99, Drama) 'R'		
TNT	238	Supernatural		Supernatural		Supernatural		Jack Reacher: Never Go Back ('16, Action)		
TRU	142	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes		
TRVL	196	My Haunted House		My Haunted House		My Haunted House		Mysteries of the Unknown		
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		
USA	105	2020 Tokyo Olympics		2020 Tokyo Olympics		Olympics		2020 Tokyo Olympics		
WE	128	NCIS		NCIS		NCIS		NCIS		

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	News	Local Programs
CBS-E	Local Prog.	Young & Restless	Bold	The Talk (N)	Let's Make a Deal	Local Programs	News
CW-E	Local Programs	Local Programs	Local Programs	Jerry Springer	Local Programs	Local Programs	
FOX-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs		
NBC-E	2020 Tokyo Olympics	<i>Equestrian, Artistic Swimming, Sport Climbing, Beach Volleyball, Skateboarding</i> (N)			Local Programs	Local Prog.	News
METV	247*	The Waltons	Gunsmoke (Part 1 of 2)	<i>Bonanza Blind/Hunch</i>	Rifeman	Rifeman	Wagon Train
ABC-W	Local Programs	The View (N)	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs
CBS-W	Local Programs	The Price Is Right	Young & Restless	Local Prog.	Bold	The Talk (N)	Let's Make a Deal
CW-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Jerry Springer	Local Programs
FOX-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs		
NBC-W	Today 3rd Hour (N)	2020 Tokyo Olympics	<i>Equestrian, Artistic Swimming, Sport Climbing, Beach Volleyball, Skateboarding</i> (N)			Local Prog.	News
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Hustlers ★★★ ('19, Comedy-Drama) <i>Constance Wu, Jennifer Lopez</i> 'R'				Hustle & Flow ★★★ ('05, Drama) <i>Terrence Howard, Anthony Anderson</i> 'R'				The End	The End	Drive Angry ★★ ('11, Action) <i>Nicolas Cage, Amber Heard</i> 'R'		(.45) Desus & Mero	(.15) Eddie Griffin: E-Niggma			
	SHO-W 319	First Reformed ('17) Obsessed ('09, Suspense) <i>Idris Elba</i> 'PG-13'				Hustlers ★★★ ('19, Comedy-Drama) 'R'				Hustle & Flow ★★ ('05, Drama) 'R'		The End	The End					
	SHO2-E 320	Fences ★★★ ('16, Drama) 'PG-13'				John Q. ★★ ('02, Drama) <i>Denzel Washington, Robert Duvall</i> 'PG-13'				The Bodyguard ★★★ ('92, Drama) <i>Kevin Costner, Whitney Houston</i> 'R'		A Clockwork Orange ★★★★★ ('71, Drama) <i>Malcolm McDowell, Patrick Magee</i> 'R'		Wild Bill ('95) 'R'				
	SHOBET 321	Flatbush	Black Mon	The Chi		The Chronicles of Riddick ★★ ('04) 'PG-13'				The Longest Yard ('05, Comedy) 'PG-13'		Obsession ('18, Suspense) 'NR'		Rafiki ('18)				
STARZ	SHOX-E 322	Savage ('19, Crime Drama) <i>John Tui</i> 'NR'				Bellator MMA				(35) Action (Part 1 of 4)		Pete Lee: Tall, Dark		eRocktica ('19, Adult) 'NR'		American Psycho 2 'R'		
	SHOS-E 323	Mulholland Dr. ★★★ ('01, Suspense) 'R'				The End	The End	The Canyons ('13, Suspense) 'R'		(40) 21 Bridges ★★★ ('19, Action) 'R'		(20) Boiler Room ('00, Drama) 'R'						
	TMC-E 327	S...house ('20, Comedy) 'R'				(45) Silver Linings Playbook ('12, Comedy-Drama) 'R'				About Last Night... ('86, Comedy-Drama) 'R'		My Best Friend's Girl ('08) 'R'		Selfie				
	TMCX-E 328	House at the End of the Street (.45) Becky ('20, Action) <i>Kevin James</i> 'R'				Redcon-1 ('18, Horror) <i>Oris Erhuero</i> 'NR'				A Prayer Before Dawn ('17, Action) 'R'		Make Up						
FLIX-E 333	Devil in a Blue Dress ('95) 'R'				(45) Croupier ('98, Suspense) <i>Clive Owen</i> 'NR'				Hoodlum ★★★ ('97, Crime Drama) 'R'		(45) S.F.W. ★★ ('94, Drama) <i>Stephen Dorff</i> 'R'		FistFury					
STARZ	ENCR-E 340	Black and Blue ('19, Suspense) 'R'				Urban Cowboy ★★★ ('80, Drama) <i>John Travolta, Debra Winger</i> 'PG'				(18) Bring It On ★★★ ('00, Comedy) <i>Kirsten Dunst</i> 'PG-13'		Steel Magnolias ★★★ ('89, Comedy-Drama) <i>Sally Field, Dolly Parton</i> 'PG'		(03) The Song of Names ('19) 'PG-13'				
	STARZ-E 350	Power Book III: Raizing (.44) Brooklyn's Finest ★★ ('09, Crime Drama) <i>Richard Gere, Don Cheadle</i> 'R'				Power Book III: Raising Kanan				(12:01) The 24th ('20, Historical Drama) <i>Trae Byers, Aja Naomi King</i> 'NR'		(1:59) The Deceived		(2:47) Bridget Jones's Diary ★★ ('01) 'R'				
	STARZ-W 351	Bachelorette ('12) 'R'				(08) The Grudge ('20, Horror) 'R'				Power Book III: Raising Kanan		(44) Brooklyn's Finest ('09, Crime Drama) <i>Richard Gere</i> 'R'		Power Book III: Raising Kanan		The 24th ('20) 'NR'		
	STRZED 352	(08) The Devil Wears Prada ('06) 'PG-13'				Blindspot				(31) There's Something About Mary ('98) 'R'		Blindspot		Power Book III: Raising Kanan		(04) Girl, Interrupted ★★ ('99, Drama) 'R'		
EPIX	STRZCI 353	Paris Can Wait ('16) The Deceived				(9:47) On Chesil Beach ('17) 'R'				(39) My Life as a Zucchini ('16)		The Dec		(37) C.O.G. ('13, Comedy-Drama) <i>Jonathan Groff</i> 'R'				
	STRZCO 354	Major League II ★ ('94, Comedy) 'PG'				Major League: Back to the Minors				(29) Black Sheep ('96) 'PG-13'		Bachelor Party Vegas ('05) 'R'		(33) The Stepford Wives ('04)				
	STRZIB 355	Overcome! Down to Earth ★ ('01) 'PG-13'				Are We Done Yet? ('07) 'PG'				(34) Blumhouse's Fantasy Island ('20) 'PG-13'		(28) Behind Enemy Lines ('01, Action) <i>Owen Wilson</i> 'PG-13'						
	STRZKF 356	Casper: A Spirited Beginning 'PG'				Casper and Wendy's Adventure				(02) Casper's Scare School ('06) 'G'		(22) Warren Miller's Ticket to Ride		(05) The Astronaut Farmer ('07, Drama) 'PG'				
EPHX 381	The Expendables ('10, Action)				(45) The Expendables 2 ★★ ('12, Action)				The Expendables 3 ★★ ('14, Action)		(40) The Rhythm Section ★★ ('20, Action)		Domina					
EPHX 382	The Age of Adaline ★★ ('15, Romance)				(9:55) Revolutionary Road ('08, Drama)				(11:55) The Virgin Suicides ('99)		(35) Some Kind of Wonderful ('87)		(10) Garbo Talks ('84)					
EPHXDR 292	Jennifer 8 ★★ ('92, Suspense) <i>Andy Garcia</i>				(10) Twisted ★ ('04, Suspense) <i>Ashley Judd</i>				(11:50) Bound ('96, Suspense)		(40) The Conversation ('74, Suspense)		Christina					

AMERICA'S TOP PROGRAMMING

A&E 118	Court Cam	Court Cam	Court (N)	Court (N)	Seatbelt	Seatbelt	Hustle	Hustle	Court Cam	Court Cam	Court Cam	Court Cam	Seatbelt	Seatbelt	Hustle	Hustle	
AHC 195	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	Ultimate Warfare	
AMC 131	Tombstone ★★★ ('93, Western) <i>Kurt Russell, Val Kilmer</i>				Hell or High Water ('16, Crime Drama) <i>Jeff Bridges</i>				A Discovery of Witches		The Walking Dead		Walk:Dead				
APL 184	Lone Star Law: Uncuffed Episode 2 (N)				Northwest Law: Uncuffed Shocking Discoveries (N)				Lone Star Law: Uncuffed Episode 2		Northwest Law: Uncuffed Shocking Discoveries						
AXSTV 167	Music's If These	Band	Matchbox Twenty	Music's If These	Band	Matchbox Twenty	Legends	Legends	Top Ten	Rock							
BBCA 135	Law & Order	Law & Order Empire	Law & Order Ambitious	Law & Order	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	
BET 124	Life ('99) <i>Eddie Murphy</i>	Tyler Perry's Sistas (N)		The Encore Stack That (N)		Tyler Perry's Sistas		The Encore Stack That		Martin	Martin	Martin	Martin	Prince	Prince		
BOUNCE 359	Johnson	Johnson	Traffic ★ ('18, Suspense) <i>Paula Patton</i>	The Brave One ★★ ('07, Suspense) <i>Jodie Foster</i>				Black Snake Moan ★★ ('07, Drama) <i>Samuel L. Jackson</i>									
BRAVO 129	Real Housewives		Watch	Real Housewives		Real Housewives		Housewives/Potomac		Housewives/NYC		Me Before You ★★ ('16, Romance) <i>Emilia Clarke</i>					
BUZZR 245	Concen.	Super Pass.	Sweep	Card	Match-Squares	Concen.	Super Pass.	Sweep	Card	Match-Squares	Concen.	Concen.	FamFeud	FamFeud	FamFeud	FamFeud	
CHD 249	Paranormal	Paranormal	Paranormal	Paranormal	Female Forces	Female Forces	Paranormal	Paranormal	Paranormal	Paranormal	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	
CMT 166	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Reba	Reba	Reba	Reba	Housewife	Housewife	Housewife	Housewife	
CNBC 208	2020 Tokyo Olympics (.05) 2020 Tokyo Olympics Diving, Canoe (L)				2020 Tokyo Olympics (12:10) 2020 Tokyo Olympics Canoe (N)				2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		Greed		
CNN 200	Anderson Cooper 360 (L)		Cuomo Prime Time (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight		Don Lemon Tonight		
COM 107	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	
COMET 289	Quantum Leap		The X-Files Home Again		The X-Files Babylon		The X-Files (Part 2 of 2)		Battlestar Galactica		Battlestar Galactica		Paid Programs				
COOK 113	Carn Eats		Man's Greatest Food		Food Paradise		Food Paradise		Carn Eats		Carn Eats		Man's Greatest Food		Food Paradise		
DISC 182	Expedition Unknown (N)		(07) Hunting Atlantis (N)		(09) Expedition Unknown Finding Fenn's Fortune		Expedition Unknown		(07) Hunting Atlantis		Expedition Unknown		Expedition Unknown				
DFC 179	Chopped Junior		Chopped Junior		Chopped Junior		Chopped Junior		Chopped Junior		Chopped Junior		Too Cute!		Dogs 101		
DISN-E 172	Big City	Big City	Big City	Big City	Owl Hse.	Amphibia	Big City	Big City	Jessie	Jessie	Bunk'd	Raven	Raven	Cali Style	Cali Style	Austin	
DIY 111	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	
ENCR-W 341	Titanic ('97, Historical Drama) 'PG-13'				(09) Black and Blue ★★ ('19, Suspense) 'R'				Urban Cowboy ★★ ('80, Drama) <i>John Travolta</i> 'PG'		(18) Bring It On ('00) 'PG-13'						
EWESTN 342	Frontier (.41) The Ballad of Josie ('68, Western) 'NR'				Wanted: The Sundance Woman				(12:01) Incident at Phantom Hill		Frontier Gal ('45, Western) 'NR'		(2:55) Garden of Evil				
EACTN 343	The Eagle ('11, Action)		(8:55) Out of Sight ('98, Crime Drama) 'R'		Miami Vice Glades		Kn't Rider		(42) District 9 ('09, Science Fiction) 'R'		Crouching Tiger, Hidden Dragon						
ESUSP 344	Side Effects ('13) 'R'		The Luminaries Paradox ('02) The Luminaries		(03) Lara Croft: Tomb Raider ('01) 'PG-13'		(12:48) The Good Shepherd ('06, Drama) <i>Matt Damon</i> 'R'		The Beach								
EBLACK 345	Roll Bounce ★★ ('05) 'PG-13'		(36) Honey ('03, Drama) 'PG-13'		(12) Daddy Day Camp ('07, Children's) 'PG'		(12:46) Volcano ★★ ('97) 'PG-13'		(33) White House Down ('13)								
ECLASS 346	Working Girl ('88, Romance-Comedy) 'R'				Rescue Me Rules				(09) Damages		(12:05) The Siege ★★ ('98, Suspense) 'R'		(04) Evil Dead ('13, Horror) 'R'		Brave		
EFAMILY 347	Swift ('19, Children's) 'NR'		Little Boy ★★ ('15, Historical Drama) 'PG-13'				(18) Flicka: Country Pride ('12) 'G'		(12:52) Aliens Ate My Homework ('24) Penelope ('06, Children's) 'PG'								
ESPN 140	MLB Baseball Teams TBA				SportsCenter (L)				SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter		
ESPN2 143	ESPN Original Documentaries				USL Championship Soccer: Rising FC at Roots				UFC 265: Countdown		Around		Interruption		UFC Unleashed		
EWTN 261	EWTN Live (N)		News		Rosary		Fr. Spitzer's Universe		Crossing		Women of Daily Mass		EWTN Live		News		
FETV 82	Perry Mason		Perry Mason		T.J. Hooker		Hart to Hart Death Set		B. Miller		B. Miller		Maude		Maude		
FNC 205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		
FOOD 110	Guy's Grocery Games				Guy's Grocery Games (N)				Kitchen Crash (N)		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		
FREFM 180	Pretty Woman ★★ ('90, Romance-Comedy)				Good Trouble (N)				The 700 Club		Simpsons		Simpsons		Paid Programs		
F51 150	NHRA Drag Racing Lucas Oil Winternationals				MotoAmerica Rewind				Skip and Shannon: Undisputed		TMZ (N)		Boxing		Boxing		

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Transformers: Age of Extinction ★★ ('14, Action) <i>Mark Wahlberg, Stanley Tucci</i>						Transformers: Age of Extinction ★★ ('14, Action) <i>Mark Wahlberg, Stanley Tucci</i>						Fargo					
FXM	384	Bohemian Rhapsody ('18, Biography) <i>Rami Malek</i> 'PG-13'						Bohemian Rhapsody ('18, Biography) 'PG-13'						('05) Overlord ★★★ ('18, Horror) <i>Jovan Adepo</i> 'R'		Fight-Pho.			
FX	125	The Hangover Part II ★★ ('11, Comedy)			Dave (N)	Dave	Dave	Sunny	Family Guy	Family Guy	Dave	Sunny	Sunny	FXM Pres.	Paid Programs				
GETTV	373	Charlie's Angels			Charlie's Angels	Hart to Hart	All/Family	All/Family	All/Family	All/Family	Sanford	Sanford	Sanford	Sanford	Good Time/ Good Time				
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided			
GOLF	401	📍 2020 Tokyo Olympics Women's Golf, Second Round Second round coverage of women's golf. From Kasumigasaki Country Club in Kasahata, Saitama, Japan. (L)						Country Club in Kasahata, Saitama, Japan. (L)						Live From the Olympics (L)					
GRIT	217	Bandolero! ★★★ ('68, Western) <i>James Stewart</i>			The Last Wagon ★★★ ('56, Western) <i>Richard Widmark</i>			The Hanging Tree ★★★ ('59, Western) <i>Gary Cooper</i>						Paid Prog.					
HALL	185	A New Year's Resolution ('21) <i>Michael Rady</i>			Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier			
HALLDR	186	Chesapeake Shores	Secrets ★★ ('95, Drama) <i>Veronica Hamel</i>			The Waltons <i>The Hunt</i>			The Waltons			The Waltons <i>The Star</i>		The Waltons <i>The Sinner</i>		Little House on Prairie			
HALLMV	187	Love on the Air ('15) Murder, She Baked <i>A Plum Pudding Mystery</i>			Murder, She Wrote			Murder, She Wrote			Murder, She Wrote		Murder, She Wrote		Magnum, P.I.				
HDMOV	130	('10) The Possession ★★ ('12, Horror)			(9:50) As Good as Dead ★★ ('10)			(35) Species ('95, Science Fiction) <i>Ben Kingsley</i>			(25) As Good as Dead ★★ ('10)		(10) Species ★★ ('95)						
HGTV	112	Property Brothers		Breaking	Breaking	Hunters	Hunt Intl	Hunters	Hunt Intl	Hunters	Hunt Intl	Hunters	Hunt Intl	Hunters	Hunt Intl	Property Brothers			
HIST	120	Forged in Fire			Forged in Fire (N)			(03) Forged in Fire			(12:03) Forged in Fire			(06) Forged in Fire		(04) Forged in Fire			
ID	192	American Detective			American Detective			Shadows of Death			In Pursuit-J. Walsh			American Detective		American Detective			
IFC	133	Star Trk: Cntct			(15) Star Trek: Insurrection ★★ ('98, Science Fiction)			Star Trek: Nemesis ('02, Science Fiction) <i>Patrick Stewart</i>						Star Trek: Insurrection ('98, Science Fiction)					
LAFF	237	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	'70s Show	'70s Show	Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Paid Programs			
LIFE	108	Married at First Sight <i>Their First Rodeo</i> (N)			Married at First Sight (N)			Married at First Sight (N)			(12:01) Married at First Sight <i>Their First Rodeo</i>			Married at First Sight		Married at First Sight			
LMN	109	The Gift ★★★ ('15, Suspense) <i>Jason Bateman</i>			My Husband's Double Life ('18) (12:01) The Gift ★★★ ('15, Suspense) <i>Jason Bateman</i>						(31) My Husband's Double Life								
MGMHD	385	The Claim Doc ★★★ ('71, Western) <i>Stacy Keach</i>			(35) Valdez Is Coming ★★★ ('71, Western) <i>Burt Lancaster</i>			(40) Robbers' Roost ('55, Western)											
MOTOR	246	Iron Resurrection			Iron Resurrection (N)			Chasing Classic Cars (N)			Chasing Classic Cars			Iron Resurrection		Iron Resurrection			
MSNBC	209	All In With Chris Hayes (L)			Rachel Maddow Show			The Last Word			The 11th Hour			All In With Chris Hayes		All In With Chris Hayes			
NATGEO	197	Locked Up Abroad			Locked Up Abroad (N)			Locked Up Abroad (N)			Locked Up Abroad			Locked Up Abroad		Locked Up Abroad			
NGWLD	190	Sharks	When	When	Sharks Attack (N)	Croc That Ate Jaws (N)			Sharks	When	When	Sharks Attack	The Croc That Ate Jaws		Man vs. Shark		Paid Programs		
OUTD	396	Guns	Rifleman	Shooting USA			Gun Stories	American	Guns	Rifleman	Shooting USA			Gun Stories	American	Guns	Rifleman	Shooting USA	
OWN	189	20/20 on OWN			20/20 on OWN			20/20 on OWN			20/20 on OWN			20/20 on OWN		20/20 on OWN			
OXYG	127	Mark of a Serial Killer			Mark of a Serial Killer			Dateline: Secrets			Dateline: Secrets			Charmed to Death		In Ice Cold Blood			
PARMT	241	Walking Tall ('04)			Mr. & Mrs. Smith ★★ ('05, Action) <i>Brad Pitt, Angelina Jolie</i>			Red 2 ★★ ('13, Action) <i>Bruce Willis, John Malkovich</i>						The Office		The Office			
POP	117	NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans		NCIS: New Orleans			
REELZ	299	Mobsters			Mobsters			Mafia Killers			Gangsters: Most Evil			Gangsters: Most Evil		Mafia Killers		Paid Programs	
RFDTV	231	Hayden	Cash	Du. Ranch	Cowboy	TBA	Equestrian	Roping	Rural News	Hayden	Cash	Big Deal	Cowboy	Paid Programs		Paid Programs			
SCI	193	Engineering Catastrophes (N)			Impossible Engineering (N)			Catastrophes			Impossible Engineering			Catastrophes		Catastrophes			
SMITH	367	Over Australia (N)			Great Barrier Reef			The Curious Life			Great Barrier Reef			Great Barrier Reef		Air Disasters		Air Disasters	
SUNDY	386	The Texican ★★ ('66, Western)			(45) Seraphim Falls ★★ ('06, Western) <i>Liam Neeson</i>			(11:50) The Texican ('66, Western) (25) Seraphim Falls ('06, Western) <i>Liam Neeson</i>						Blackway					
SONE-E	358	Criminal Minds			Criminal Minds			Criminal Minds			Criminal Minds			Perry Mason		(15) Perry Mason		P. Mason	
SYFY	122	The Fifth Element ('97, Science Fiction)			I, Robot ★★ ('04, Science Fiction) <i>Will Smith</i>			Frenzy ('18, Action) <i>Gina Vitori</i>						Tw. Zone		Tw. Zone	Tw. Zone		
TBN	260	David	Gaither	Main Stage	Worship	Gospel	Elevation	S. Furtick	Watchman	Prince	Access 360	Harvest	Worship	Bethel	Elevation	Triumph Over Trials			
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Full Frontal	Full Frontal	Wipeout	Wipeout			New Girl	New Girl	New Girl	New Girl	New Girl		
TCM	132	Satchmo: Louis Armstrong			(45) The Five Pennies ★★★ ('59, Musical) <i>Danny Kaye</i>			High Society ★★★ ('56, Musical Comedy)						Satchmo: The Life of Louis Armstrong					
TLC	183	Dr. Pimple Popper (N)			Dr. Pimple Popper (N)			My Feet Are Killing Me (N)			My Feet Are Killing Me			Dr. Pimple Popper	Dr. Pimple Popper	My Feet Are Killing Me		My Feet Are Killing Me	
TMC-W	329	Countdown ★★ ('19)			(15) Ghost Light ('18, Comedy) <i>Cary Elwes</i> 'NR'			S...house ('20, Comedy) 'R'			(45) Silver Linings Playbook ('12, Comedy-Drama) 'R'			About Last Night ...					
TNT	138	All Elite Wrestling: Dynamite (L)			The Equalizer ★★ ('14, Action) <i>Denzel Washington</i>						(45) Jack Reacher: Never Go Back ('16, Action) <i>Tom Cruise</i>						NCIS: New Orleans		
TRU	242	Wipeout			Wipeout			Imp. Jokers			Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Big Trick	Big Trick
TRVL	196	Mysteries of the Unknown (N)			Beyond the Unknown			Beyond the Unknown			Mysteries of the Unknown			Beyond the Unknown		Beyond the Unknown			
TVLND	106	Raymond	Raymond	Raymond	Raymond	Younger (N)	Raymond	King	King	King	King	Younger	King	King	King	Goldbergs	Goldbergs		
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Paid Programs			
USA	105	📍 2020 Tokyo Olympics Track and Field Finals in men's shot put, men's triple jump and men's 110m hurdles, also men's and women's 4x100m. (L)						2020 Tokyo Olympics						2020 Tokyo Olympics					
WE	128	NCIS			NCIS			NCIS			NCIS			Law Order: CI		Law Order: CI		Monk	

LOCAL NETWORKS

ABC-E	Press Your Luck			The \$100,000 Pyramid			Match Game			Local Prog. (35) Jimmy Kimmel Live!			Nightline (N)		Local Programs		ABC World News Now (N)							
CBS-E	Big Brother (N)			Love Island (N)			S.W.A.T. <i>Next of Kin</i>			Local Prog.			Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)					
CW-E	World's Funniest			Whose Line			Whose Line			Local Programs														
FOX-E	MasterChef						Local Programs																	
NBC-E	2020 Tokyo Olympics Beach Volleyball, Track and Field, Women's Diving (L)						Local Prog.			2020 Tokyo Olympics						2020 Tokyo Olympics								
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Tw. Zone	Hitchcock	Hitchcock	Mannix	Cannon	Country Blues									
ABC-W	Local Programs			News			Local Programs			Press Your Luck			The \$100,000 Pyramid			Match Game		Local Prog. (35) Jimmy Kimmel Live!		Nightline (N)				
CBS-W	Local Programs			News			Local Programs			Big Brother (N)			(12:01) Love Island (N)			S.W.A.T. <i>Next of Kin</i>			Local Prog.		Late Show-Colbert		Corden	
CW-W	Local Programs						World's Funniest			Whose Line			Whose Line			Local Programs								
FOX-W	Local Programs						MasterChef										Local Programs							
NBC-W	2020 Tokyo Olympics Beach Volleyball, Track and Field, Women's Diving (L)						Local Prog.			2020 Tokyo Olympics						Local Prog.			2020 Tokyo Olympics					
PBS	Nature (Part 2 of 3)			NOVA			Secrets of the Dead			Amanpour-Co			Nature (Part 2 of 3)			NOVA		Secrets of the Dead		Jesse Owens: American				

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	(15) While We're Young ★★★ ('14, Comedy-Drama) <i>Ben Stiller, Naomi Watts</i> 'R'	The Challenger ('15, Drama)	(35) Alex Cross ★★ ('12, Action) <i>Tyler Perry, Matthew Fox</i> 'PG-13'	<i>Pete Lee: Tall, Dark, and Pleasant</i>	Fences ★★★ ('16, Drama) <i>Denzel Washington</i> 'PG-13'	
	SHO-W 319	Drive Angry ★★ ('11, Action) 'R'	Desus	Eddie Griffin: E-Nigma	(15) While We're Young ('14) <i>Ben Stiller</i> 'R'	The Challenger ('15) 'PG-13'	
	SHO2-E 320	(10) Wild Bill ('95, Western) <i>Jeff Bridges</i> 'R'	(10) Limitless ★★★ ('11, Suspense) <i>Bradley Cooper, Robert De Niro</i> 'PG-13'	Ghost World ★★★ ('01, Comedy-Drama) <i>Thora Birch, Scarlett Johansson</i> 'R'	1917 ★★★ ('19, War) <i>George MacKay, Dean-Charles Chapman</i> 'R'	The Gentlemen ('20, Crime Drama) 'R'	
	SHOBET 321	Rafiki ('18) 'NR'	Brown Girl Begins ('17) 'NR'	Useless Humans ('20) 'NR'	Working Man ('19, Drama) <i>Peter Gerety</i> 'NR'	Grace	Hoop Dreams ('94) 'PG-13'
	SHOX-E 322	American Fast and Furious: Death Race ('20)	Cop Land ('97, Crime Drama) 'R'	(45) Indiana Jones and the Last Crusade ('89) 'PG-13'	The Longest Yard ('05, Comedy) 'PG-13'		
	SHOS-E 323	Boiler Room More Funny Women	Lean on Pete ('17, Drama) <i>Charlie Plummer</i> 'R'	(05) Eternal Sunshine of the Spotless Mind 'R'	School Ties ★★★ ('92, Drama) 'PG-13'		
	TMC-E 327	Selfie From Hell ('18) (05) Ghost Light ('18, Comedy) <i>Cary Elwes</i> 'NR'	(6:50) Amy ('15, Documentary) <i>Tony Bennett</i> 'R'	Shakespeare in Love ('98) <i>Joseph Fiennes</i> 'R'	(05) Save the Date 'R'		
	TMCX-E 328	Make Up ('19) 'NR'	Obvious Child ('14, Comedy) 'R'	(25) Sphere ★ ('98, Science Fiction) 'PG-13'	(40) You Can't Say No ('18) 'NR'	(15) Mad Hot Ballroom ('05, Documentary) 'PG'	
	FLIX-E 333	Fist of Fury ('72) 'R'	(15) Hit! ★★★ ('73, Crime Drama) <i>Billy Dee Williams</i> 'R'	Career Opportunities ('91) 'PG-13'	The Perks of Being a Wallflower ('10) <i>Moonrise Kingdom</i> ('12)		
	ENCR-E 340	The Song of Names Glory ★★★ ('89, War) <i>Matthew Broderick, Denzel Washington</i> 'R'	(06) Bring It On ★★★ ('00, Comedy) <i>Kirsten Dunst, Eliza Dushku</i> 'PG-13'	(8:48) Fever Pitch ('05, Romance-Comedy) <i>Drew Barrymore</i> 'PG-13'	(35) The Song of Names ('19, Drama) <i>Tim Roth</i> 'PG-13'		
STARZ	STARZ-E 350	(29) Bachelorette ★★ ('12, Comedy) <i>Kirsten Dunst, Isla Fisher</i> 'R'	Three Can Play That Game ('07, Romance-Comedy) <i>Vivica A. Fox</i> 'R'	(34) Booby Call ★★ ('97, Comedy) <i>Jamie Foxx</i> 'R'	(8:57) Monster Hunter ★★ ('20, Fantasy) <i>Milla Jovovich</i> 'PG-13'	(44) The Grudge ★ ('20, Horror) <i>Andrea Riseborough</i> 'R'	
	STARZ-W 351	(14) The 24th ('20) 'NR'	(4:59) The Deceived	(5:47) Bridget Jones's Diary ('01)	(29) Bachelorette ('12, Comedy) 'R'	Three Can Play That Game ('07)	
	STRZED 352	(14) Absolute Deception ('13, Suspense) 'R'	(5:49) The Replacement Killers 'R'	(19) Paranormal Activity ('07) 'R'	(8:47) The Craft: Legacy ★★ ('20)	(24) Far and Away ('92) 'PG-13'	
	STRZCI 353	On Chesil Beach ('17, Romance) 'R'	(5:51) The Hollars ('16) 'PG-13'	(22) Where's My Roy Cohn? ('19)	(03) The Marsh ('06, Horror) 'R'	(38) C.O.G. ('13) <i>Jonathan Groff</i> 'R'	
	STRZCO 354	(08) Big Bully ('96, Comedy) 'PG'	(41) Hope Springs ('12) <i>Meryl Streep</i> 'PG-13'	(24) Mom and Dad ('17) 'R'	(8:54) Jury Duty ★★ ('95) 'PG-13'	(24) Scary Movie 4 ('06) 'PG-13'	
	STRZIB 355	Tijuana Jackson: Purpose Over ('44) White Men Can't Jump ('92, Comedy) 'R'	(41) Sparkle ('12, Drama) <i>Jordin Sparks</i> 'PG-13'	(40) Two Can Play That Game 'R'	(14) Miles Away ('16)		
	STRZKF 356	(17) Spider-Man 2 ('04, Action) 'PG-13'	(26) Earth to Echo ('14) 'PG'	(7:59) Amazing Africa	Charmers Charmers ('95) The Astronaut Farmer ('07) Spider 2		
EPIX	EPIX 380	(45) We Die Young ('89, Horror) <i>Jennifer Jason Leigh, Peter Coyote</i>	(20) The Assault ('17, Action) <i>Tom Sizemore</i>	(35) The Cup ★ ('11, Drama) <i>Brendan Gleeson, Stephen Curry</i>	(15) The Kid ★★★ ('19, Western) <i>Ethan Hawke, Dane DeHaan</i>	(10:55) Bill & Ted Face the Music ('20)	
	EPIX2 381	Domina War of the Worlds	Fish Don't Blink ('02, Comedy)	Euphoria ('17, Drama) <i>Eva Green</i>	(40) The Expendables ★★ ('10, Action)	(25) The Expendables 2 ('12)	
	EPIXH 382	Garbo Talks ('84)	Marianne & Leonard	(40) Valley Girl ('20, Musical) <i>Jessica Rothe</i>	(25) Shine a Light ('08, Documentary)	The Age of Adaline ★★ ('15)	
	EPIXDR 292	Christina's House ('00)	(15) Charley One-Eye ★★ ('73, Western)	(05) Walking Tall ★★★ ('73, Crime Drama)	Stephen King's Graveyard Shift	(40) The Gift ('00, Suspense)	

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs				Joyce M.	Murder-Laci	Murder-Laci	Murder-Laci	Murder-Laci	Murder-Laci
AHC 195	Apocalypse: Stalin	Apocalypse: Stalin	Apocalypse: Stalin	WWII: Masters of War	WWII: Masters of War	World War II in Color	World War II in Color	World War II in Color	World War II in Color	WWII: Witness to War
AMC 131	Walk:Dead (31) <i>The Walking Dead</i>	Stooges	Paid Programs			(15) The Hunted ('03, Action) <i>Tommy Lee Jones</i>	(15) Minority Report			
APL 184	Dr. Jeff: RMV	Dr. Jeff: RMV	Too Cute!	My Cat From Hell	The Crocodile Hunter	Secret Life-Zoo	The Zoo	Treehouse Masters		
AXSTV 167	Paid Programs					The Big Interview	Daryl's	AXS TV	(25) Norah Jones	Morrison
BBCA 135	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space
BET 124	The Parkers	The Parkers	The Parkers	The Parkers	Prince	Prince	The Parkers	The Parkers	The Parkers	Martin
BOUNCE 359	Scandal <i>Hardball</i>	The Real <i>Kofi Siriboe</i>	Wendy Williams Show	Judge Faith	Judge Faith	Judge Faith	Judge Faith	Judge B.	Judge B.	Law & Order <i>Shadow</i>
BRAVO 129	Kelly Clarkson	Paid Programs	Below Deck	Below Deck	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Top Chef
BUZZR 245	Match Gm. Match Gm.	Match Gm. Match Gm.	Paid Programs	Les Feldick	Paid Prog.	Tell Truth	My Line?	Concentrat.	Sweep	Body Lang. Blockbust
CHD 249	Paranormal	Paranormal	Paranormal	Paranormal	Paid Programs	American Justice	American Justice	American Justice	American Justice	Nightwatch
CMT 166	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne
CNBC 208	Shepard Smith	Worldwide Exchange (L)	Squawk Box (L)			Squawk on the Street (L)		Squawk on the Street (L)		TechCheck (L)
CNN 200	CNN Newsroom Live (L)	Early Start w/Romans	New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	At This Hour-Kate
COM 107	South Park	South Park	Paid Programs	Parks	Parks	Futurama	Futurama	Futurama	Futurama	(45) Futurama
COMET 289	Paid Programs							Buried Alive ★★ ('90, Horror) <i>Robert Vaughn</i>		Pumpkinhead ('88)
COOK 113	Paid Programs					Late Nite	Late Nite	Man's Greatest Food	Man's Greatest Food	Man Fire
DISC 182	Mysteries of the Deep	Mysteries of the Deep	Hunting Atlantis	Hunting Atlantis	Salvage Hunters (N)	Salvage Hunters (N)	Salvage Hunters (N)	Salvage Hunters (N)	Salvage Hunters (N)	Building Off the Grid
DFC 179	BathCrash	BathCrash	Gi Joe	Gi Joe	Blazing	Transform.	Beast	Beast	Rescue Bots	Rescue Bots
DISN-E 172	Austin	Bunk'd	Bunk'd	Big City Greens						Ladybug
DIY 111	Paid Prog.	Salvage	Paid Programs		Insane Pools: Deep End	Insane Pools: Deep End	Insane Pools: Deep End	Insane Pools: Deep End	Insane Pools: Deep End	Insane Pools: Deep End
ENCR-W 341	Steel Magnolias ('89, Comedy-Drama) 'PG'	(03) The Song of Names ('19, Drama) 'PG-13'	Glory ('89, War) <i>Matthew Broderick</i> 'R'	(06) Bring It On ★★★ ('00, Comedy) 'PG-13'						
EWESTN 342	(36) Garden ('16) <i>Laramie</i>	(26) Saddle Tramp	(43) Backlash ('56, Western) 'NR'	(08) Way of a Gaucho ('52) 'NR'	(40) Incident at Phantom Hill ('66)	Wild-Innocent				
EACTN 343	(40) QT8: The First Eight ('19) 'NR'	(25) Striking Distance ('93) 'R'	(10) District 9 ('09, Science Fiction) 'R'	(05) French Connection II ('75, Action) 'R'						
ESUSP 344	The Beach ★★ ('00, Drama) 'R'	(40) Animal Kingdom ('10, Crime Drama) 'R'	(37) The Orphanage ('07, Suspense) 'R'	(26) Heat ★★★ ('95, Crime Drama) <i>Al Pacino</i> 'R'						
EBLACK 345	White House Down (4:47) The Fog ('05, Horror) 'PG-13'	Courage Under Fire ★★★ ('96, Action) 'R'	(29) Ghosts of Mars ★★ ('01) 'R'	(10) In My Country ★★ ('04, Drama) 'R'						
ECLASS 346	Braveheart ('95, Historical Drama) <i>Mel Gibson</i> 'R'	(38) Rescue Me	(23) Parenthood ('89, Comedy-Drama) 'PG-13'	(28) The Thomas Crown Affair 'R'	(13) Road House ('89)					
EFAMILY 347	Pit Pony	Max Winslow and the House	Swan Princess: Royally	Troll in Park	(34) Baby Geniuses ★ ('99) 'PG'	(10) Jetsons: The Movie ('90) 'G'	Max			
ESPN 140	MLB Baseball <i>Teams TBA</i>			SportsCenter	SportsCenter (L)	Get Up (L)		First Take (L)		
ESPN2 143	SportsCenter			Keyshawn, JWill and Zubin (L)		SportsCenter (L)	SportsCenter (L)	Get Up		
EWTV 261	Bob	Heritage	Living Right	My God	Saints	St. Michael	Rosary	Daily Mass (L)	Holy	EWTV Live
FETV 82	Sergeant	Lassie	Prince	Jeremiah	Joyce M.	Robison	Ranger	Patty Duke	Patty Duke	Knows Best
FNC 205	FOX & Friends First (L)	FOX & Friends First (L)	FOX & Friends (L)					America's Newsroom	With Hemmer & Perino	The Faulkner Focus (L)
FOOD 110	Food Truck Race					Valerie's	Valerie's	Valerie's	Valerie's	Chopped
FREFM 180	Paid Programs				black-ish	black-ish	black-ish	black-ish	The 700 Club	700 Club
F51 150	Boxing	PBC	PBC	Skip and Shannon: Undisputed	First Things First (L)			Skip and Shannon: Undisputed (L)		

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Mike	FXM Pres.	Paid Programs				On the Basis of Sex ★★★ ('18, Biography) <i>Felicity Jones</i>				Mike	Mike	The Great Wall ('16, Adventure)			
FXM	384	◀The Flight of the Phoenix ('65) 'NR'			Berlin Correspondent			(15) The Frogmen ★★★ ('51, War) 'NR'	(8:55) The Flight of the Phoenix ('65, Adventure) 'NR'	Warning							
FX	125	Paid Programs															
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Progr	Paid Progr	Paid Progr	Paid Progr	Paid Progr	Amen	Amen	Good Time	Good Time	Good Time	Good Time	
GMSHW	116	Paid Programs															
GOLF	401	Live From the Olympics <i>Women's Round 2</i>				Live From the Olympics		2020 Tokyo Olympics		<i>Women's Golf, Second Round</i>				PGA Golf			
GRIT	217	Paid Programs															
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
HALLDR	186	Little House on Prairie		Little House on Prairie		Medicine Woman		Medicine Woman		Medicine Woman		Medicine Woman		The Waltons <i>The Hunt</i>		The Waltons	
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote	
HDMOV	130	◀Species ★★ ('95)				Paid Programs				Breakheart Pass ('76, Western) (40)				Frankie and Johnny ('66) (10) The Duel ('16)			
HGTV	112	Property Brothers		Property Brothers		Beach	Beach	Beach	Beach	Beach	Beach	Beach	Beach	Battle on the Beach		Battle on the Beach	
HIST	120	Paid Programs															
ID	192	Murder Calls		I Am Homicide		I Am Homicide		I Am Homicide		Deadly Recall		Deadly Recall		American Monster		American Monster	
IFC	133	Stooges	The Ropers	The Ropers	The Ropers	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	
LAFF	237	Paid Programs															
LIFE	108	Paid Programs															
LMN	109	Paid Programs															
MGMHD	385	◀Robbers	Studio	Studio	Studio	Studio	(25) Alexander the Great ★★★ ('56, Historical Drama)	Kings of the Sun ★★★ ('63, Adventure) <i>Yul Brynner</i>				Shout Dv					
MOTOR	246	Garage Squad		Bitchin' Rides		Garage Squad		Texas Metal		Junkyard Empire		Unique Rides		Unique Rides		Unique Rides	
MSNBC	209	Rachel Maddow Show		Way Too Early (L)		Morning Joe (L)				Stephanie Rühle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)		Craig Melvin Reports (L)	
NATGEO	197	Locked Up Abroad		Locked Up Abroad		Paid Programs				Wicked Tuna (N)		Wicked Tuna (N)		Wicked Tuna (N)		Wicked Tuna (N)	
NGWLD	190	Paid Programs															
OUTD	396	Gun Stories	American	Guns	Rifleman	Outdoors	Raised	Whitetail	Drop Zone	Am. Archer	Bucks Tec.	Bowhunter	Lindsey	Nugent	Gregg Ritz	Game	Critical
OWN	189	20/20 on OWN		20/20 on OWN		TBA		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil (Part 1 of 3)	
OXYG	127	In Ice Cold Blood		In Ice Cold Blood		Accident, Suicide		Accident, Suicide		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets	
PARMT	241	Paid Programs															
POP	117	NCIS: New Orleans		NCIS: New Orleans		ER		ER		ER		ER		ER		ER	
REELZ	299	Paid Programs															
RFDTV	231	Paid Programs															
SCI	193	Unearthed		Unearthed		Unearthed		Unearthed		Unearthed		Unearthed		Unearthed		Underground Marvels	
SMITH	367	Air Disasters		Air Disasters <i>Fatal Friction</i>		Aerial America		Aerial America		Aerial America <i>Oregon</i>		Aerial Greece		Aerial Greece		Over Australia	
SONY	386	◀Blackway ★ ('15)		(05) Deadly Crossing		Battle Beyond the Stars ('80, Science Fiction)				The Desperados ('69, Western) <i>Vince Edwards</i>		(9:50) Mercenary ('97, Action) <i>Olivier Gruner</i>					
SUND-E	358	◀P. Mason (45) Perry Mason		Andy G.		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
SYFY	122	Paid Programs															
TBN	260	TD Jakes	7 Men	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo Doll	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen
TBS	139	New Girl	New Girl	New Girl	Matters	Matters	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends
TCM	132	Pillow to Post ★★ ('45, Comedy) <i>Ida Lupino</i>		The Yellow Canary ★★ ('43)		The Demi-Paradise ('43, Romance-Comedy)		Blithe Spirit ('45, Fantasy)				Importance of					
TLC	183	7 Little Johnstons		7 Little Johnstons		So Freakin Cheap		So Freakin Cheap		So Freakin Cheap		So Freakin Cheap		So Freakin Cheap		So Freakin Cheap	
TMC-W	329	◀About Last Night ...		My Best Friend's Girl ('08) 'R'		(45) Selfie From Hell ('18) 'R'		(05) Ghost Light ('18, Comedy) <i>Cary Elwes</i> 'NR'		(9:50) Amy ('15, Documentary) <i>Tony Bennett</i> 'R'							
TNT	238	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed <i>Pre-Witched</i>		Charmed <i>Sin Francisco</i>		Charmed		Supernatural		Supernatural	
TRU	242	Paid Programs															
TRVL	196	Paid Programs															
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs				M*A*S*H		M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza	
UP	188	Paid Programs															
USA	105	2020 Tokyo Olympics				2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		Beach Volleyball (N)			
WE	128	Beyond the Pole		Paid Programs								Law Order: CI		Law Order: CI			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)	
CBS-E	◀CBS Overnight News (N)		News	News	News	News	CBS This Morning (N)				Local Programs				The Price Is Right	
CW-E	Local Programs															
FOX-E	Local Programs															
NBC-E	◀Olympics		Local Programs		Local Programs		Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me (N)		Beaver	Beaver	Perry Mason		Matlock	In the Heat of Night	
ABC-W	Local Programs															
CBS-W	◀Corden		Local Prog.		CBS Overnight News (N)		Morning		Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)	
CW-W	Local Programs															
FOX-W	Local Programs															
NBC-W	◀2020 Tokyo Olympics				Local Prog.		2020 Tokyo Olympics		Local Programs				Local Programs			
PBS	American Experience		Finding Your Roots		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious

EASTERN		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30				
CENTRAL		11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30				
MOUNTAIN		10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30				
PACIFIC		9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30				
PREMIUM MOVIES																					
SHOWTIME	SHO-E 318	◀Fences ★★★ (16, Drama) PG-13▶			O ★★★ (01, Drama) Mekhi Phifer, Josh Hartnett 'R'			:(35) The Bodyguard ★★★ (92, Drama) Kevin Costner, Whitney Houston 'R'			:(45) Olympic Dreams (19, Romance-Comedy) Nick Kroll 'PG-13'			:(15) I, Tonya ★★★ (17, Biography) Margot Robbie, Sebastian Stan 'R'							
	SHO-W 319	▶Alex Cross▶ Pete Lee: Tall, Dark			Fences ★★★ (16, Drama) Denzel Washington 'PG-13'			O (01, Drama) Mekhi Phifer 'R'			:(35) The Bodyguard ★★★ (92, Drama) 'R'			Olympic							
	SHO2-E 320	▶The Gentlemen▶ (20, Crime Drama) 'R'			Contact ★★★ (97, Science Fiction) Jodie Foster, Matthew McConaughey 'PG'			Burden (18, Drama) Garrett Hedlund, Forest Whitaker 'R'			Killer Elite ★★ (11, Action) Jason Statham, Robert De Niro 'R'			1917 (19, War) 'R'							
	SHOBET 321	▶Hoop Dreams (94) 'PG-13'▶			Death at a Funeral ★★ (10) 'R' (15) I Love You, Man (09, Comedy) 'R'			The Art of War ★★ (00, Suspense) 'R'			Four Brothers (05) 'R'										
	SHOX-E 322	▶Java Heat ★ (13, Action) 'R'▶			:(45) The Jackal ★★ (97, Suspense) Bruce Willis 'R'			:(3:50) Seven (95, Suspense) Brad Pitt 'R'			Crisis (21, Suspense) Gary Oldman 'R'										
	SHOS-E 323	▶Source Code ★★★ (11) 'PG-13'▶			:(35) Cloud Atlas ★★★ (12, Drama) Tom Hanks, Halle Berry 'R'			Unearth (20, Horror) 'NR'			:(15) Brahm's The Boy II ★★ (20) Haunting										
TMC-E 327	▶Save the Date (12) (12:50)▶			The Words (12) 'PG-13'▶			Winter Solstice (04, Drama) 'R'			Resistance (20, Biography) Jesse Eisenberg 'R'			:(05) The Nest (20, Suspense) Jude Law 'R'								
TMCX-E 328	:(05) Mother of George (13, Drama) 'R'			Shuttlecock: Director's Cut (20) (4:45)▶			Fist of Fury (72, Adventure) Bruce Lee 'R' (4:45)▶			Unforgiven (92, Western) Clint Eastwood 'R'											
FLIX-E 333	:(15) Reality Bites ★★ (94, Drama) 'PG-13'▶			:(1:55) Kate & Leopold (01) Meg Ryan 'PG-13'▶			:(3:55) Four Weddings and a Funeral (94) 'R'▶			:(5:55) Notting Hill (99) Julia Roberts 'PG-13'▶											
STARZ	ENCR-E 340	▶The Song of Names▶ (32) Debra Winger 'PG'			:(32) Urban Cowboy ★★★ (80, Drama) John Travolta, Debra Winger 'PG'			:(2:50) An Officer and a Gentleman ★★★ (82, Drama) Richard Gere, Debra Winger 'R'			:(4:58) Terms of Endearment ★★★★★ (83, Comedy-Drama) Shirley MacLaine 'PG'			:(13) Fever Pitch ★★★ (05) 'PG-13'							
	STARZ-E 350	▶The Grudge▶ (21) Byers, Aja Naomi King 'NR'			:(21) The 24th (20, Historical Drama) Trai Byers, Aja Naomi King 'NR'			:(18) Brooklyn's Finest ★★ (09, Crime Drama) Richard Gere, Don Cheadle 'R'			:(34) Resident Evil: Retribution (12, Horror) Milla Jovovich 'R'			:(13) Monster Hunter ★★ (20, Fantasy) Milla Jovovich, Ron Perlman 'PG-13'							
	STARZ-W 351	▶Monster Hunter (20) 'PG-13'▶			:(44) The Grudge ★ (20, Horror) 'R'			:(21) The 24th (20, Historical Drama) 'NR'			:(18) Brooklyn's Finest (09, Crime Drama) 'R'			Res Evil							
	STRZED 352	▶Far and Away (92) Power III▶			:(44) The Replacement Killers (98)▶			:(15) The Last Shift (20, Comedy-Drama) 'R'			:(4:49) The Craft: Legacy ★★ (20) Power Book III: Raising Hell▶			Absolute							
	STRZCI 353	:(10) Film Stars Don't Die in Liverpool (17) 'R'▶			:(10) My Life as a Zucchini▶			:(10) My Hero Academia: Heroes Rising (19)▶			:(34) After Class (19, Comedy) 'NR'										
	STRZCO 354	▶Funny Farm (88, Comedy) 'PG'▶			:(34) Austenland (13) 'PG-13'▶			:(13) The Stepford Wives (04, Comedy) 'PG-13'▶			:(4:48) Hope Springs (12) 'PG-13'▶			:(95) Jury Duty (95, Comedy) 'PG-13'							
STRZB 355	▶Miles Ahead (16) 'R'▶ (12:57)▶			Behind Enemy Lines (01) (4:45)▶			Blindspotting (16)▶			White Men Can't Jump (92) (1:4)▶			The Fan (96, Suspense) Robert De Niro 'R' (1:3)▶			Light It Up (99)▶					
STRZKF 356	▶Spider-Man 2 ★★ (04, Action) 'PG-13'▶			:(1:46) Amazing Africa▶			:(2:47) Pit Pony (97, Drama) 'NR'▶			:(21) Buttons: A Christmas Tale (5:51)▶			Spider-Man 2 (04, Action) 'PG-13'▶								
EPIX	EPIX 380	▶Bill & Ted Face▶ (20, Children's) David Oyelowo, Angelina Jolie			:(05) The Forbidden Kingdom ★★ (08, Action) Jackie Chan, Jet Li			:(3:50) Young Sherlock Holmes (85, Mystery) Nicholas Rowe, Alan Cox			:(40) Henry V ★★★★★ (89, Historical Drama) Kenneth Branagh, Derek Jacobi										
	EPIX2 381	:(10) The Expendables 3 (14, Action) Sylvester Stallone▶			:(20) Heartbreakers ★★ (01, Comedy)▶			:(25) Playing With Fire ★ (19)▶			:(05) Kingpin (96, Comedy) Woody Harrelson▶										
	EPIXH 382	▶Adaline▶ (25) Revolutionary Road ★★★ (08, Drama)▶			:(25) The Virgin Suicides (99)▶			:(05) Rudy ★★★ (93, Drama) Sean Astin▶			The Soloist ★★ (09, Drama) Jamie Foxx▶										
	EPIXDR 292	▶The Gift▶ (35) Jennifer 8 (92, Suspense) Andy Garcia▶			:(45) Twisted ★ (04, Suspense) Ashley Judd▶			:(25) Universal Soldier ★★ (92)▶			:(10) Virtuosity (95, Action) Denzel Washington▶										
AMERICA'S TOP RAMPAGING																					
A&E 118	▶Murder▶ The Murder of Laci Peterson			Court Cam P			The First 48			The First 48			The First 48			The First 48					
AHC 195	▶World War II in Color▶ WWII: Witness to War			Warrior POV			Warrior POV			Warrior POV			Bullet Points			Bullet Points					
AMC 131	▶Minority Report ★★★★★ (02, Science Fiction)▶ Tom Cruise▶			Hell or High Water (16, Crime Drama) Jeff Bridges▶			Tombstone ★★ (93, Western) Kurt Russell, Val Kilmer▶														
APL 184	▶Tanked▶			Pit Bulls and Parolees			Pit Bulls and Parolees			Lone Star Law			Deadliest Catch			Deadliest Catch					
AXSTV 167	▶Van Morrison: San Francisco▶			Counting Crows			Legends			IMPACT Wrestling (N)			Before-IMPACT								
BBCA 135	▶Star Trek: Next▶			Star Trek: Next			Star Trek: Next			Star Trek: Next			Star Trek: Next			Star Trek: Next					
BET 124	▶Martin▶			Prince			Prince			Browns			Browns			Life ★★ (99, Comedy-Drama) Eddie Murphy, Martin Lawrence▶			Bringing Down the House (03, Comedy)▶		
BOUNCE 359	▶Law & Order: Burned▶			The Game			The Game			Blood Brother (18, Action) Trey Songz▶			Cop Out ★ (10, Comedy) Bruce Willis▶			Zookeeper ★ (11, Comedy) Kevin James▶					
BRAVO 129	▶Top Chef▶			Million Dollar Listing			Million Dollar Listing			Million Dollar Listing			Million Dollar Listing			Million Dollar Listing					
BUZZR 245	▶Match Gm.▶			Match Gm.			Concen.			Concen.			Password			Password					
CHHD 249	▶Bordertown▶			Bordertown			Bordertown			Bordertown			Crime 360			Payback					
CMT 166	▶Gold Girls▶			King			King			King			King			King					
CNBC 208	▶Fast Money▶			Halftime			The Exchange (L)			Power Lunch (L)			Closing Bell (L)			Fast Money (L)					
CNN 200	▶Ins. Politics▶			CNN Newsroom			CNN Newsroom			CNN Newsroom			Jake Tapper			Situation Room					
COM 107	▶Cleveland▶			Cleveland			Cleveland			Cleveland			Cleveland			Cleveland					
COMET 289	▶Pumpkinhead (88)▶			The Outer Limits			The Outer Limits			Sliders			Stargate SG-1: Lost City▶			Stargate SG-1▶					
COOK 113	▶Man Fire▶			Man Fire			Carn Eats			Carn Eats			Carn Eats			Carn Eats					
DISC 182	▶Building Off the Grid▶			Building Off the Grid			Building Off the Grid			Building Off the Grid			Building Off the Grid			Building Off the Grid					
DFC 179	▶Pac-Man▶			Pac-Man			Littlest Pet			Pet Shop			Pony Life			LittlePony					
DISN-E 172	▶Big City▶			Big City			Big City			Raven			Raven			Bunk'd					
DIY 111	▶Pool Kings▶			Pool Kings			Pool Kings			Pool Kings			Pool Kings			Pool Kings					
ENCR-W 341	▶Fever Pitch ★★ (05) 'PG-13'▶			:(35) The Song of Names (19, Drama) 'PG-13'▶			:(32) Urban Cowboy (80, Drama) John Travolta 'PG'			:(5:50) An Officer and a Gentleman (82) 'R'											
EWESTN 342	▶Wild-Inn.▶ (35) Backlash (56, Western) 'NR'			Wyatt Earp▶ (26)▶			The Big Valley			Laramie			Death Vall.			Death Vall.					
EACTN 343	:(07) Man of the House (05, Comedy) 'PG-13'▶			:(1:49) Season of the Witch (11)▶			:(26) Crouching Tiger, Hidden Dragon (00)▶			:(29) Striking Distance (93) 'R'▶			:(13) Ronin (98) 'R'▶								
ESUSP 344	▶Heat (95)▶ (20)▶			Zombieland: Double Tap (19)▶ (03)▶			Buffy the Vampire Slayer▶ (32)▶			Disturbing the Peace (20) 'R'▶ (06)▶			The Grudge 2 ★ (06, Horror) 'PG-13'▶			:(6:51) Donnie Brasco▶					
EBLACK 345	▶White House Down ★★ (13, Action) 'PG-13'▶			:(10) Perfect Stranger ★★ (07, Suspense) 'R'▶			:(08) Courage Under Fire ★★★★★ (96, Action) 'R'▶			Miami Vice▶			Malcolm▶			Ghosts▶					
ECLASS 346	▶Road House (89) 'R'▶ (12)▶			Chicago ★★★★★ (02, Musical) 'PG-13'▶ (08)▶			Christine (83, Horror) Keith Gordon 'R'▶			Braveheart ★★★★★ (95, Historical Drama) Mel Gibson 'R'▶											
EFAMILY 347	▶Max Winslow▶ (12)▶			The Land Before Time (88)▶ (22)▶			Baby Geniuses (99) 'PG'▶			The Snow Queen: Mirrorlands (27)▶			Jetsons: The Movie (90) 'G'▶			The Land Before Time▶					
ESPN 140	▶SportsCenter (L)▶			SportsCenter (L)▶			Jalen			Question			NBA: The Jump (L)▶			NFL Live (L)▶					
ESPN2 143	▶First Take▶			SportsCenter▶			Question			Jalen			Question			Football					
EWTV 261	▶Daily Mass▶			Women of▶			At Home▶			The Journey Home▶			Chaplet			Rosary					
FETV 82	▶Bewitched▶			Bewitched▶			Matlock▶			The Angel▶			Matlock▶			The Professor▶					
FNC 205	▶Untethered (L)▶			America Reports▶			With John Roberts▶			The Story With Martha▶			Perry Mason▶			Perry Mason▶					
FOOD 110	▶Chopped▶			Chopped▶			Summer Heat▶			BBQ Brawl▶			Beat Bobby▶			Beat Bobby▶					
FREFM 180	▶Popstar▶			Mamma Mia! ★★ (08, Musical Comedy) Meryl Streep▶			Pretty Woman (90, Romance-Comedy) Richard Gere▶			Grease ★★ (78, Musical) John Travolta▶											
F51 150	▶The Herd with Colin Cowherd (L)▶			Speak for Yourself (L)▶			Undisputed▶			NASCAR Race Hub (L)▶			Renegades: Bad Boys▶								

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Great	Mechanic: Resurrection ★★ ('16, Action)				The Last Full Measure ★★★ ('19, War) <i>Sebastian Stan</i>				Logan ★★★ ('17, Action) <i>Hugh Jackman, Patrick Stewart</i>						
FXM	384	Warning Sign (85) 'R'	Alien ('79, Science Fiction) <i>Tom Skerritt</i> 'R'				Alien: Covenant ★★★ ('17, Science Fiction) 'R'				(20) Get Out ('17, Horror) <i>Daniel Kaluuya</i> 'R'						
FXX	125	Baywatch ★★ ('17, Comedy) <i>Dwayne Johnson, Zac Efron</i>				The Hangover Part II ★★ ('11, Comedy) <i>Bradley Cooper</i>				Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons		
GETTV	373	All/Family	All/Family	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger		
GMSHW	116	Deal or No Deal				Match Gm.	Match Gm.	Catch 21	Catch 21	The Chase	FamFeud	FamFeud	Chain Rea.	Common	Puzzler	America	America
GOLF	401	♀ PGA Tour Golf <i>WGC/FedEx St. Jude Invitational, First Round</i> (L)										Live From the Olympics (L)		2020 Tokyo Olympics			
GRIT	217	The Virginian <i>A Slight Case of Charity</i>				Laramie <i>The Fatal Step</i>		Laramie <i>The Accusers</i>		Laramie		Fargo	Fargo	Fargo	Fargo	Fargo	Fargo
HALL	185	The Middle	The Middle	Reba	Reba	Reba	Reba	Reba	Reba	My Secret Valentine ('18, Romance-Comedy)			Bottled With Love ('19, Romance)				
HALLDR	186	The Waltons <i>The Star</i>		The Waltons <i>The Sinner</i>		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Chesapeake Shores	
HALLMV	187	Monk		Monk		Monk		Good Witch <i>The Corner</i>		Good Witch		The Irresistible Blueberry Farm ('16, Drama)					
HDMOV	130	The Duel ★★ ('16)		(05) Deliverance ('72, Adventure) <i>Jon Voight</i>		Frankie and Johnny ('66, Musical)		The Possession ★★ ('12, Horror)		(10) My Friend Dahmer ('17, Biography)							
HGTV	112	Battle on the Beach		Battle on the Beach		No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno	
HIST	120	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Mountain Men <i>Big Mountain Payday</i>		
ID	192	Primal Instinct		Primal Instinct		Fatal Vows		Fatal Vows		Fatal Vows		Someone You		Someone You		Someone You	
IFC	133	Scrubs	Scrubs	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	
LAFF	237	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	70s Show	70s Show	70s Show	70s Show	70s Show	
LIFE	108	The Closer		The Closer <i>Road Block</i>		Major Crimes		Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles	
LMN	109	Seduced by a Killer ('19, Suspense)				Erasing His Dark Past ('19, Suspense)				All My Husband's Wives ('19, Suspense)				Deceitful Dating ('21, Suspense)			
MGMHD	385	Shout at the Devil ★★ ('76, Action) <i>Lee Marvin</i>		(35) The Siege of Firebase Gloria ('88, Drama)		(45) Hornet's Nest ★★ ('70, War) <i>Rock Hudson</i>		(05) Richard III ('95)									
MOTOR	246	Unique Rides		Unique Rides		Unique Rides		Unique Rides		Texas Metal		Junkyard Empire		Bitchin' Rides		Garage Squad	
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Ayman Mohyeldin		Deadline: White House (L)				The Beat With		The ReidOut (L)	
NATGEO	197	Wicked Tuna (N)		World's Deadliest		World's Deadliest		World's Deadliest		World's Deadliest		World's Deadliest		World's Deadliest		National Parks	
NGWLD	190	Kingdom of the Oceans		Kingdom of the Oceans		Kingdom of the Oceans		The Croc That Ate Jaws		When Sharks Attack		When Sharks Attack		When Sharks Attack		When	
OUTD	396	Fowl Life	Live 2 Hunt	Outdoors	The One	Humanimal	Jim Shock	Shooting USA	Wild Ride	Addicted	Archer's	Driven	Wicked Tuna	Bowlife	Outdoors		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		20/20: Homicide		20/20 on OWN		20/20: Homicide		20/20: Homicide		20/20 on OWN	
OXYG	127	Dateline: Secrets				Dateline: Secrets Uncovered				Dateline: Secrets Uncovered <i>Angels & Demons</i>				Dateline: Secrets			
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Two Men		Two Men		Two Men		Two Men	
POP	117	ER		TBA		TBA		TBA		TBA		TBA		TBA		TBA	
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Demons in the City of		Demons in the City of		Demons in the City of		Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Autopsy-Last	
RFDTV	231	Market Day Report (L)				Wild	Wild	Rodeo	Grown	Reporter	Agriculture	Corn War.	Farmweek	Farm Mon.	Gaither Gospel Hour	Rural News	
SCI	193	Underground Marvels		Underground Marvels		Underground Marvels		Underground Marvels		Underground Marvels		Underground Marvels		Underground Marvels		Underground Marvels	
SMITH	367	Air Disasters		Air Disasters <i>Blind Spot</i>		Hell Below		Hell Below		Hell Below		Hell Below		Bomb Dropped		Atomic Age Declassified	
SONY	386	Love and Bullets ★★ ('79, Crime Drama)				(150) Fired Up ★★ ('09, Comedy)		(40) Cross ('11, Action) <i>Michael Clarke Duncan</i>		(40) The Legend of Zorro ('05, Adventure) <i>Antonio Banderas</i>							
SUND-E	358	Andy G.	Andy G.	Law & Order <i>Aria</i>		Law & Order <i>Asylum</i>		Law & Order		Law & Order		Law & Order		Law & Order <i>Legacy</i>		Law & Order <i>Menace</i>	
SYFY	122	Deep Impact ('98)		(05) Fantastic Four ★★ ('05, Action) <i>Ioan Gruffudd</i>		Blood Father ★★★ ('16, Action) <i>Mel Gibson</i>		Crank ★★ ('06, Action) <i>Jason Statham</i>		I, Robot							
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	Hope	Graham	Graham	Joel Osteen	Jewish	Church	Potters
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Amer. Dad	Amer. Dad	Family Guy	Family Guy	Family Guy	Family Guy	Big Bang	Big Bang
TCM	132	Importance of		Chimes at Midnight ('65, Historical Drama)				The V.I.P.s ★★ ('63, Comedy-Drama)				The Runaway Bus ('54, Comedy)		The Mouse on the Moon ('63)			
TLC	183	Call in the Cheapskates		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		Dr. Pimple Popper		Dr. Pimple Popper	
TMC-W	329	Shakespeare in Love ('98) <i>Joseph Fiennes</i> 'R'				(05) Save the Date ('12, Romance-Comedy) 'R'		(350) The Words ('12) 'PG-13'		Winter Solstice ('04, Drama) 'R'		Resistance ('20) 'R'					
TNT	138	Supernatural		Supernatural		Supernatural		Bones		Bones		Bones		Bones		Bones	
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Wipeout (Part 1 of 2)		Wipeout (Part 2 of 2)		Imp. Jokers		Imp. Jokers		Imp. Jokers	
TRVL	196	Haunted- Files		Haunted- Files		Haunted- Files		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.	
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba	Reba
USA	105	2020 Tokyo Olympics <i>Table Tennis</i> (N)				2020 Tokyo Olympics <i>Karate, Boxing, Wrestling</i> (N)				2020 Tokyo Olympics				2020 Tokyo Olympics		2020 Tokyo Olympics	
WE	128	Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl	

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	GMA3-Need to Know	General Hospital (N)		Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CBS-E	Local Prog.	Young & Restless	Bold		The Talk (N)	Let's Make a Deal	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CW-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Jerry Springer	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
FOX-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
NBC-E	2020 Tokyo Olympics	<i>Sport Climbing, Canoe/Kayak, Water Polo, Track Cycling</i> (N)										Local Programs	Local Prog.	News	2020 Tokyo Olympics		
METV	247*	The Waltons <i>The Idol</i>	Gunsmoke (Part 2 of 2)		Bonanza	Rifeman	Rifeman	Wagon Train	Adam-12	Adam-12	Addams	Happy Day	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H
ABC-W	Local Programs	The View (N)		Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CBS-W	Local Programs	The Price Is Right		Young & Restless	Local Prog.	Bold	The Talk (N)	Let's Make a Deal	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CW-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
FOX-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
NBC-W	Today 3rd Hour (N)	2020 Tokyo Olympics <i>Sport Climbing, Canoe/Kayak, Water Polo, Track Cycling</i> (N)										Local Prog.	News	Local Programs			
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Molly	Xavier	Odd	Arthur	Cat in the	Peg & Cat	PBS NewsHour (N)		

EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
PREMIUM MOVIES																		
SHOWTIME	SHO-E 318	(:15) Munich ★★★★★ ('05, Suspense) <i>Eric Bana, Daniel Craig</i> 'R'					Desus & Mero (N)			Saving Private Ryan ★★★★★ ('98, War) <i>Tom Hanks, Edward Burns</i> 'R'				Desus & Mero		Killing Them Softly ('12, Crime Drama) 'R'		
	SHO-W 319	(:15) Olympic Dreams ('19) (:15) I, Tonya ★★★★★ ('17, Biography) 'R'					(:15) Munich ★★★★★ ('05, Suspense) <i>Eric Bana, Daniel Craig</i> 'R'			Desus		Saving Private Ryan ('98, War) 'R'						
	SHO2-E 320	(:19) 1776 ★★★★★ ('19, War) <i>George MacKay, Dean-Charles Chapman</i> 'R'		The Gentlemen ★★★★★ ('20, Crime Drama) <i>Matthew McConaughey, Charlie Hunnam</i> 'R'			Desus & Mero (N)		Eyes Wide Shut ★★★★★ ('99, Drama) <i>Tom Cruise, Nicole Kidman</i> 'R'		(:40) The Exception ('16, Historical Drama) <i>Lily James, Jai Courtney</i> 'R'							
	SHOBET 321	Four Brothers ('05) 'R' <i>Bellator</i>		<i>Bellator</i>		<i>Flatbush</i>		<i>Black Mon</i>		<i>Eddie Griffin: E-Niggma</i>		Richard Pryor-Sunset Strip		Death at a Funeral ★★ ('10) 'R'		Desus		Cry Game
	SHOX-E 322	Platoon ★★★★★ ('86, War) <i>Tom Berenger</i> 'R'					<i>Boxing 2021: Jaron Ennis vs. Sergey Lipinets</i>					Hustle & Flow ★★★★★ ('05, Drama) 'R'			Gary Owen			
	SHOS-E 323	The Haunting in Connecticut ('09) Hereditary ('18, Horror) <i>Toni Collette</i> 'R'					(:45) Byzantium ★★★★★ ('12, Horror) 'R'			(:45) Brimstone ★★ ('16, Western) <i>Dakota Fanning</i> 'R'		(:25) The Exception ('16, Historical Drama) <i>Lily James, Jai Courtney</i> 'R'						
TMC-E 327	Changing Lanes ('02, Suspense) 'R'		(:40) Welcome to the Punch ('13, Action) 'R'			(:45) Seven Psychopaths ★★★★★ ('12, Comedy) 'R'		(:25) Movie		Leaving Las Vegas 'R'								
TMCX-E 328	About Last Night ... ('86, Comedy-Drama) 'R'					S...house ('20, Comedy) 'R'			(:45) Countdown ★★ ('19, Horror) 'PG-13'		(:20) All I See Is You ★★ ('16) 'R'		(:10) Dark Places ('15)					
FLIX-E 333	The Perks of Being a Wallflower (:45) Moonrise Kingdom ('12) 'PG-13'					(:20) Liberal Arts ('12) 'PG-13'			How She Move ('07) 'PG-13'		Bad News Bears Break Tr.							
STARZ	ENCR-E 340	(:17) Fever Pitch ('05, Romance-Comedy) 'PG-13'		Steel Magnolias ★★★★★ ('89, Comedy-Drama) <i>Sally Field, Dolly Parton</i> 'PG'			(:02) Zero Dark Thirty ★★★★★ ('12, Drama) <i>Jessica Chastain, Jason Clarke</i> 'R'			(:43) Premium Rush ★★★★★ ('12, Action) <i>Joseph Gordon-Levitt, Michael Shannon</i> 'PG-13'		(:17) Death Race 2 'R'						
	STARZ-E 350	The Deceived		(:84) A League of Their Own ★★★★★ ('92, Comedy-Drama) <i>Tom Hanks, Geena Davis</i> 'PG'			Along Came Polly ★★ ('04, Romance-Comedy) <i>Ben Stiller</i> 'PG-13'		White Castle ('04, Comedy) 'R'		(:06) Resident Evil: Retribution ('12, Horror) <i>Milla Jovovich</i> 'R'		What Lies Beneath					
	STARZ-W 351	Resident Evil		(:13) Monster Hunter ('20, Fantasy) 'PG-13'			The Deceived		(:114) A League of Their Own ('92) 'PG'		Along Came Polly ('04) 'PG-13'		Harold					
	STRZED 352	Absolute Deception		<i>Power Book III: Rising</i>			Paranormal Activity ('07) 'R'		(:29) My Soul to Take ★ ('10, Horror) 'R'		(:21) The Cave ('05, Horror) 'PG-13'		(:02) Men of Honor 'R'					
	STRZCI 353	(:11) Film Stars Don't Die in Liverpool ('17) 'R'		The Deceived			(:1047) The Wave ('19) 'R'		(:18) The Deceived		Film Stars Don't Die in Liverpool After Cl							
	STRZCO 354	The Object of My Affection ★★ ('98) 'R'		(:954) Scary Movie 4 ('06) 'PG-13'			(:20) Mom and Dad ('17) 'R'		(:1250) Get Him to the Greek ('10)		(:42) The Broken Hearts Gallery							
STRZIB 355	Light It Up ('99) 'R'		Blindspot			(:26) Two Can Play That Game 'R'		Blindspot		(:31) White Men Can't Jump ('92, Comedy) 'R'		Blindspot		(:02) Undercover Brother ('02)		Miles		
STRZKF 356	Spider-Man 3 ★★ ('07, Action) <i>Tobey Maguire</i> 'PG-13'		(:21) The Astronaut Farmer ('07)			(:1207) Christmas With the Kranks ('04) 'PG'		(:147) Buttons: A Christmas Tale		(:40) Strike								
EPIX	EPIX 380	William Shakespeare's Romeo & Juliet ★★★★★ ('96, Romance) <i>Leonardo DiCaprio</i>		(:05) King Arthur ★★★★★ ('04, Historical Drama) <i>Clive Owen, Keira Knightley</i>			(:1215) The Hawaiians ★★★★★ ('70, Drama) <i>Charlton Heston, Geraldine Chaplin</i>		War of the Worlds		War of the Worlds		Episode Seven					
	EPIX2 381	War of the Worlds		<i>Domina Happiness</i>			Galaxy Quest ('99, Comedy)		(:45) The Hustle ('19, Comedy) <i>Anne Hathaway</i>		(:20) The Dictator ('12)		(:45) Lucky Day ('19, Suspense)					
	EPIXH 382	Judy ★★★★★ ('19, Biography) <i>Renée Zellweger</i>		Rocketman ('19, Musical) <i>Taron Egerton</i>			(:1205) Florence Foster Jenkins ('16, Biography)		The Soloist ★★★★★ ('09, Drama) <i>Jamie Foxx</i>									
	EPIXDR 292	Breakdown ('97, Suspense)		(:35) Cliffhanger ('93, Action) <i>Sylvester Stallone</i>			Mad Max ('79, Action) <i>Mel Gibson</i>		(:05) Virtuosity ('95, Action) <i>Denzel Washington</i>		(:255) The Condemned							
AMERICA'S TOP PROGRAMMING																		
A&E 118	The First 48		The First 48 <i>Snapshot</i>			The First 48		(:04) The First 48		(:1203) The First 48		(:03) The First 48		The First 48		(:05) The First 48		
AHC 195	Gunslingers		Gunslingers			Gunslingers		Gunslingers		Gunslingers		Gunslingers		Gunslingers		Gunslingers		
AMC 131	Escape Plan ★★★★★ ('13, Action) <i>Sylvester Stallone</i>					Total Recall ('90, Science Fiction) <i>Arnold Schwarzenegger</i>			Face/Off ★★★★★ ('97, Action) <i>John Travolta, Nicolas Cage</i>									
APL 184	Deadliest Catch <i>Out of the Ashes</i>					Deadliest Catch			Deadliest Catch		Deadliest Catch <i>Out of the Ashes</i>		Deadliest Catch		Deadliest Catch			
AXSTV 167	IMPACT Wrestling (N)					IMPACT in 60 (N)			IMPACT Wrestling		IMPACT in 60		IMPACT in 60		Before-IMPACT			
BBCA 135	Fury ★★★★★ ('14, War) <i>Brad Pitt, Shia LaBeouf</i>					Fury ★★★★★ ('14, War) <i>Brad Pitt, Shia LaBeouf</i>			Star Trek: Next		Star Trek: Next		Star Trek: Next					
BET 124	Bringing Down		Nobody's Fool ★★ ('18, Romance-Comedy) <i>Tiffany Haddish</i>			Tyler Perry's The Oval		Martin		Martin		Martin		Martin		Prince		
BOUNCE 359	Major Payne ('95, Comedy) <i>Damon Wayans</i>					Who's Your Caddy? ★★ ('07, Comedy)			Soul Men ('08, Comedy) <i>Samuel L. Jackson</i>		My Man Is a Loser ('14, Comedy) <i>Bryan Callen</i>							
BRAVO 129	Million Dollar Listing		Top Chef		Watch		Harry Potter and the Chamber of Secrets ★★★★★ ('02, Children's) <i>Daniel Radcliffe</i>			Below Deck		Below Deck		Top Chef				
BUZZR 245	Concen. Super Pass.		Sweep Card		Match-Squares		Concen. Super Pass.		Sweep Card		Match-Squares		Concen. Super Pass.		FamFeud			
CHD 249	City Confidential		City Confidential		Crime 360 <i>Overkill</i>		Crime 360		City Confidential		City Confidential		Crime 360		Crime 360			
CMT 166	Pure Country ★★★★★ ('92, Drama) <i>George Strait, Lesley Ann Warren</i>					Field of Dreams ★★★★★ ('89, Fantasy) <i>Kevin Costner</i>			Reba		Reba		Reba		Housewife			
CNBC 208	2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		<i>Rhythmic Gymnastics, Canoe Sprint (L)</i>		2020 Tokyo Olympics		Olympics		2020 Tokyo Olympics		Greed			
CNN 200	Anderson Cooper 360 (L)		Cuomo Prime Time (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight		Don Lemon Tonight			
COM 107	The Office		The Office		The Office		The Office		The Office		South Park		South Park		South Park			
COMET 289	Quantum Leap		Quantum Leap		The X-Files		The X-Files <i>This</i>		The X-Files <i>Plus One</i>		Battlestar Galactica		Battlestar Galactica		Paid Programs			
COOK 113	Delicious		Delicious		Bizarre Foods America		Fire Masters		Man, Food		Man, Food		Delicious		Delicious			
DISC 182	Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid			
DFC 179	Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Too Cute!			
DISN-E 172	Jessie		Jessie		Bunk'd		Bunk'd		Sydney		Sydney		Jessie		Bunk'd			
DIY 111	Pool Kings		Pool Kings (N)		Pool Kings		Pool Kings		Pool Kings		Pool Kings		Pool Kings		Pool Kings			
ENCR-W 341	Terms of Endearment ★★★★★ ('83) 'PG'					(:13) Fever Pitch ('05, Romance-Comedy) 'PG-13'			Steel Magnolias ('89, Comedy-Drama) 'PG'		(:02) Zero Dark Thirty ('12, Drama) 'R'							
EWESTN 342	(:44) Garden of Evil ('54, Adventure) 'NR'					(:26) The Wild and the Innocent			(:1152) Way of a Gaucho ('52) 'NR'		(:25) Draw! ('84, Western) 'NR'		(:04) Backlash ('56)					
EACTN 343	Ronin ★★★★★ ('98, Action) 'R'		Escape From L.A.			Miami Vice		Kn't Rider		(:42) Bloodshot ('20, Action) <i>Vin Diesel</i> 'PG-13'		(:34) Bat 21 ('88, Action) 'R'						
ESUSP 344	Donnie Brasco ('97) 'R'		Heat ★★★★★ ('95, Crime Drama) <i>Al Pacino, Robert De Niro</i> 'R'			(:1153) Buffy the Vampire Slayer		(:23) Natural Born Killers ('94, Crime Drama) 'R'		TalesCrypt								
EBLACK 345	 Ghosts of Mars ('01) <i>Ice Cube</i> 'R'		(:23) Meet the Blacks ★★ ('16) 'R'			White House Down ('13, Action) <i>Channing Tatum</i> 'PG-13'		(:16) Sweetness in the Belly ('19)		Courage Under Fire								
ECLASS 346	Road House ('89, Action) <i>Patrick Swayze</i> 'R'		Rescue Me			Rules		(:07) Damages		(:1156) Evil Dead ('13, Horror) 'R'		Fatliners ★★★★★ ('90, Science Fiction) 'R'		Chicago				
EFAMILY 347	Max Winslow and the House		(:39) Penelope ('06, Children's) 'PG'			(:10) Jetsons: The Movie ('90) 'G'		(:33) Playmobil: The Movie ('19)		Swan Princess: Royally		King and						
ESPN 140	Ⓛ MLB Baseball <i>Atlanta Braves at St. Louis Cardinals (L)</i>					SportsCenter (L)			SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter			
ESPN2 143	Ⓛ NFL Live					Ⓛ CFL Football <i>Hamilton Tiger-Cats at Winnipeg Blue Bombers (L)</i>			UFC		TBA		UFC		UFC			
EWTV 261	The World Over News (N)		News		Rosary		Pro-Life		Defend Life		Real		Women of		Daily Mass			
FETV 82	Perry Mason		Perry Mason		T.J. Hooker		<i>Lag Time</i>		Hurt to Hurt		B. Miller		B. Miller		Maude			
FNC 205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld (L)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle			
FOOD 110	Beat Bobby		Beat Bobby		Restaurant: Impossible (N)		BBQ Brawl		Beat Bobby		Beat Bobby		Beat Bobby		Beat Bobby			
FREFM 180	grown-(N) Knocked Up ★★★★★ ('07, Romance-Comedy) <i>Seth Rogen</i>					The 700 Club			Simpsons		Simpsons		Simpsons		Simpsons		Paid Programs	
F51 150	WWE Friday Night SmackDown					PokerStars Shark Cage			PokerStars Shark Cage		Skip and Shannon: Undisputed		TMZ (N)		WWE Friday Night SmackDown			

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Equalizer 2 ★★ ('18, Action) <i>Denzel Washington</i>				The Equalizer 2 ★★ ('18, Action) <i>Denzel Washington</i>				The Great Wall ('16, Adventure) <i>Matt Damon</i>				Paid Programs			
FXM	384	Nerve ('16, Suspense) 'PG-13' (25) Nerve ★★ ('16, Suspense) 'PG-13' (20) Get Out ('17, Horror) <i>Daniel Kaluuya</i> 'R'				The Girl in the Spider's Web ('18, Action) <i>Claire Foy</i> 'R'											
FX	125	Family Guy Family Guy Family Guy Family Guy Cake				Cake				Archer				Archer			
GETTV	373	Charlie's Angels				Hart to Hart				All/Family				All/Family			
GMSHW	116	America				America				FamFeud				FamFeud			
GOLF	401	📌 2020 Tokyo Olympics Women's Golf, Third Round				Third round coverage of women's golf. From Kasumigaseki Country Club in Kasahata, Saitama, Japan. (L)				Live From the Olympics (L)							
GRIT	217	The Man From Laramie ('55, Western) <i>James Stewart</i>				Geronimo: An American Legend ('93, Historical Drama)				Rocky Mountain ('50, Western) <i>Erol Flynn</i>				Paid Programs			
HALL	185	Love, for Real ('21, Romance) <i>Chloe Bridges</i>				Gold Girls				Gold Girls				Gold Girls			
HALLDR	186	Chesapeake Shores				To Dance With the White Dog ('93, Drama)				The Waltons				The Waltons			
HALLMV	187	Good Morning				Aurora Teagarden Mysteries				Murder, She Wrote				Murder, She Wrote			
HMMOV	130	(05) Clambake ★★ ('67, Musical) <i>Elvis Presley</i> (9:50)				The Big Chill ★★ ★★ ('83) (40) Five Easy Pieces ★★ ★★ ('70, Drama) (25) The Big Chill ★★ ★★ ('83) (15) Five Easy Pieces											
HGTV	112	Christina on the Coast (N)				Christina on the Coast (N)				Hunters				Hunt Intl			
HIST	120	Mountain Men <i>Winter's Fury</i> (N) (33) Alone <i>The Troll</i> (N) (05) Mountain Men				(12:03) Mountain Men <i>Winter's Fury</i> (36) Alone <i>The Troll</i> (06) Mountain Men											
ID	192	Evil Lives Here				Signs of a Psychopath (N)				Deadly Women (N)				Murder in the			
IFC	133	Two Men				Two Men				Two Men				Two Men			
LAFF	237	How I Met				How I Met				How I Met				How I Met			
LIFE	108	The Boy Next Door ★ ('15, Suspense) (03) A Predator Returns ('21, Suspense) (12:01) The Boy Next Door ★★ ('15, Suspense) (04) A Predator Returns ('21, Suspense) (12:01) Deadly Mom Retreat ('21, Suspense) (12:01) Deadly Mom Retreat ('21, Suspense) (12:01) Sinfindity ('20, Suspense) <i>Jade Taylor</i>															
LMN	109	Deadly Mom Retreat ('21, Suspense) (12:01) Deadly Mom Retreat ('21, Suspense) (12:01) Sinfindity ('20, Suspense) <i>Jade Taylor</i>															
MGMHD	385	Richard III ('95) (15) The Bounty ★★ ★★ ('84, Adventure) <i>Mel Gibson, Anthony Hopkins</i>				Battle of Britain ★★ ★★ ('69, War) <i>Laurence Olivier</i> (45) Run Silent, Run Deep ('58)											
MOTOR	246	Street Outlaws <i>Deja Vu</i>				Fastest Cars-Dirty South				Donkma (N)				Donkmaster			
MSNBC	209	All In With Chris Hayes (L)				Rachel Maddow Show				The Last Word				The 11th Hour			
NATGEO	197	National Parks				Smoky Mountain Park				Texas: Spirit & Soul (N)				Reach for			
NGWLD	190	When				When				When				When			
OUTD	396	Whitetail				Hunter				McMillan				Heartland			
OWN	189	48 Hours: Hard Evid.				20/20 on OWN				20/20 on OWN				20/20 on OWN			
OXYG	127	Dateline: Secrets Uncovered <i>The wire</i> (N)				Charmed to Death				Dateline: Secrets				Dateline: Secrets			
PARMT	241	Mr. & Mrs. Smith ('05, Action) <i>Brad Pitt</i>				Red 2 ★★ ★ ('13, Action) <i>Bruce Willis, John Malkovich</i>				Red ★★ ★ ('10, Action) <i>Bruce Willis, Morgan Freeman</i>				The Office			
POP	117	NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans			
REELZ	299	Karen Carpenter: Goodbye to Love				Autopsy-Last				Autopsy-Last				Karen Carpenter: Goodbye to Love			
RFDTV	231	Larry's Country Diner				Next Level				Du. Ranch				Rural America Live			
SCI	193	Underground Marvels				Underground Marvels (N)				Expedition Shipwreck (N)				Mysteries-Abandoned			
SMITH	367	Atomic Age Declassified				Atomic Age Declassified				A-Bombs Over Nevada				Marilyn Monroe-Sale			
SONDY	386	Dirty ('05, Crime Drama) <i>Cuba Gooding Jr.</i> (9:55) The Marine 5: Battleground (45) Dirty ('05, Crime Drama) <i>Cuba Gooding Jr.</i>				The Marine 5: Battleground ('17) (10) Check Point ('17)											
SUND-E	358	Law & Order <i>Barter</i>				Law & Order				Law & Order				Law & Order			
SYFY	122	!i, Robot ★★ ★ ('04, Science Fiction) <i>Will Smith</i>				Avengers: Age of Ultron ★★ ★ ('15, Action) <i>Robert Downey Jr.</i>				Crank ★★ ★ ('06, Action) <i>Jason Statham</i>				The Railway Man			
TBN	260	Praise (N)				Drive Thru				Insights				Watchman			
TBS	139	The Big Bang Theory <i>The Matrimonial Momentum Sheldon deals with the Amy situation.</i>															
TCM	132	Murder, She Said ('61, Comedy) (45) Murder at the Gallop ('63) (15) Murder Most Foul ★★ ★ ('64, Mystery)				Murder Ahoy! ('64, Mystery) (45) Just My Luck ('57, Comedy)											
TLC	183	Dr. Pimple Popper (N)				My 600-Lb. Life <i>Dominic's Story</i>				Family by the Ton				Dr. Pimple Popper			
TMC-W	329	Resistance ('20 'R') (05) The Nest ('20, Suspense) <i>Jude Law</i> 'R'				Changing Lanes ('02, Suspense) 'R' (40) Welcome to the Punch ('13, Action) 'R' Seven Psychopaths ('12) 'R'											
TNT	138	The Hitman's Bodyguard ('17, Action) <i>Ryan Reynolds</i>				Shaft ★★ ('19, Action) <i>Samuel L. Jackson, Jessie T. Usher</i>				Castle				Castle <i>Limelight</i>			
TRU	242	Imp. Jokers Imp. Jokers Imp. Jokers Imp. Jokers Bar Wars				Imp. Jokers Imp. Jokers Imp. Jokers Bar Wars				Imp. Jokers Imp. Jokers				Imp. Jokers Imp. Jokers			
TRVL	196	Paranormal Ca.				Paranormal Ca.				Paranormal Ca.				Paranormal Ca.			
TVLND	106	Raymond				Raymond				Raymond				Raymond			
UP	188	Hearland <i>Outsiders</i> (N)				Reba				Reba				Reba			
USA	105	Olympics				2020 Tokyo Olympics				2020 Tokyo Olympics				2020 Tokyo Olympics			
WE	128	Growing Up Hip Hop				Growing Up Hip Hop (N)				Beyond the Pole (N)				My Mane			

LOCAL NETWORKS

ABC-E	When Nature Calls				Holey Moley (N)				The Hustler (N)				Local Prog.				
CBS-E	Big Brother (L)				Love Island (N)				Bull <i>The Bad Client</i>				Local Prog.				
CW-E	William & Kate				The Outpost (N)				Local Programs								
FOX-E	🏈 NFL Preseason Football Dallas Cowboys at Pittsburgh Steelers (L) Local Prog. Local Programs																
NBC-E	🏊 2020 Tokyo Olympics Skateboarding, Diving, Track and Field, Beach Volleyball (L) Local Prog. 2020 Tokyo Olympics																
METV	247*	Andy G.				G. Pyle				Heroes				C. Burnett			
ABC-W	When Nature Calls				Holey Moley (N)				The Hustler (N)				Local Programs				
CBS-W	Local Programs				News				Local Programs				Big Brother (N)				
CW-W	Local Programs								William & Kate				The Outpost (N)				
FOX-W	🏈 NFL Preseason Football Dallas Cowboys at Pittsburgh Steelers (L) Local Programs																
NBC-W	2020 Tokyo Olympics <i>Skateboarding, Diving, Track and Field, Beach Volleyball</i> (N) 2020 Tokyo Olympics																
PBS	Old House				Old House				Unforgotten				Professor T <i>Mother Love</i>				

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Ⓢ Killing Them (45) A Call to Spy ★★ (19, Historical Drama) Sarah Megan Thomas, Stana Katic 'PG-13'	Indiana Jones and the Raiders of the Lost Ark (81, Adventure) Harrison Ford 'PG'	(8:55) School Ties ★★ (92, Drama) Brendan Fraser 'PG-13'	(45) Boiler Room ★★ (00, Drama) Giovanni Ribisi 'R'		
	SHO-W 319	Ⓢ Saving Private Ryan (98, War) 'R' Desus	Ⓢ Killing Them Softly (12) 'R' (45) A Call to Spy ★★ (19, Historical Drama) 'PG-13'	Indiana Jones and the Raiders of the			
SHO2-E 320	Ⓢ The Exc-ception 'R' (15) Pitch Black ★★ (00, Science Fiction) Radha Mitchell, Vin Diesel 'R'	Ⓢ Dreamland (19, Drama) Margot Robbie, Travis Fimmel 'R'	(15) I, Tonya ★★ (17, Biography) Margot Robbie, Sebastian Stan 'R'	(15) Paranormal Activity 3 ★★ (11, Horror) Katie Featherston 'R'	(40) Unearth (20)		
SHOBET 321	Ⓢ The Crying Game (92) 'R'	Jamel Shabazz Street	Ⓢ The Cuban (19, Drama) Louis Gossett Jr. 'NR'	Ⓢ Whitney: Can I Be Me (17) 'NR'	(45) Complicit (13) Arsher Ali 'NR'		
SHOX-E 322	(05) Vampire in Brooklyn (95, Comedy) 'R'	Ⓢ Source Code ★★ (11) 'PG-13'	(35) Bad News Bears (05, Comedy) 'PG-13'	Ⓢ Smokey and the Bandit (77) 'PG'	(05) Biker Boyz (03)		
SHOS-E 323	(15) First Reformed (17, Suspense) 'R'	(15) Indiana Jones and the Temple of Doom (15) Indiana Jones and the Kingdom of the Crystal Skull (01) The French Connection (71) 'R'					
TMC-E 327	Ⓢ Leaving Las Vegas (95) 'R'	Sex Pistols	Ⓢ Max Steel ★ (16) 'PG-13'	(35) In the Line of Fire (93, Suspense) 'R'	(45) Unforgiven (92, Western) Clint Eastwood 'R'		
TMCX-E 328	Ⓢ Dark Places (15) 'R'	(05) You Can't Say No (18) 'NR'	(40) Collide (16, Action) Nicholas Hoult 'PG-13'	Ⓢ The Rental (20, Horror) 'R'	Ⓢ Shakespeare in Love (98) Joseph Fiennes 'R'		
FLIX-E 333	(15) Reefer Madness ★★ (36, Drama) 'PG'	Dali	Ⓢ Vampire in Brooklyn (95) 'R'	(15) Uptown Girls ★★ (03, Comedy) 'PG-13'	Ⓢ Guess Who (05, Comedy) Bernie Mac 'PG-13'		
STARZ	ENCR-E 340	Ⓢ Death Race 2 (10, Action) Luke Goss 'R'	Ⓢ Death Race 3 (12, Action) Luke Goss, Ving Rhames 'R'	(6:49) How High ★ (01, Comedy) Method Man, Redman 'R'	(26) Once Upon a Time... In Hollywood ★★ (19, Comedy-Drama) Leonardo DiCaprio, Brad Pitt 'R'	(11) John Carpenter's Vampires (98) 'R'	
	STARZ-E 350	Ⓢ What Lies Beneath ★★ (00, Suspense) Harrison Ford, Michelle Pfeiffer 'PG-13'	(5:58) A League of Their Own ★★ (92, Comedy-Drama) Tom Hanks, Geena Davis 'PG'	(10) Catch and Release ★★ (06, Comedy-Drama) Jennifer Garner 'PG-13'	(05) Private Valentine: Blonde & Dangerous ★ (08, Comedy) Jessica Simpson 'PG-13'		
	STARZ-W 351	Ⓢ Harold & Kumar Go (06) Resident Evil: Retribution 'R'	(45) What Lies Beneath ★★ (00, Suspense) 'PG-13'	(8:58) A League of Their Own (92) 'PG'	Catch and Release		
	STRZED 352	Ⓢ Men of Honor (00) 'R'	(15) Tears of the Sun ★★ (03, Action) Bruce Willis 'R'	(20) My Soul to Take ★ (10) 'R'	(12) How Do You Know (10, Romance-Comedy) 'PG-13'	Ⓢ The Cave	
	STRZCI 353	Ⓢ After Class (19, Comedy) 'NR'	(18) The Wave (19) Justin Long 'R'	(6:49) Greed (19, Comedy) 'R'	(36) Escape From Pretoria (20) 'PG-13'	(25) The Rook	
STRZCO 354	Ⓢ Broken (33) Charlie Wilson's War (07, Docudrama) 'R'	(17) Tyler Perry's Meet the Browns ★★ (08, Comedy-Drama) 'PG-13'	(39) The Broken Hearts Gallery (20) 'PG-13'	Ⓢ Hollywood			
STRZBI 355	Ⓢ Miles Ahead (16) 'R'	(14) Two Can Play That Game ★ (01) 'R'	(6:48) No Good Deed (02) 'R'	(28) See No Evil, Hear No Evil 'R'	(13) Undercover Brother (02) Power III		
STRZKF 356	Ⓢ Strike (19, Adventure) 'NR'	(21) Sam Sam (19)	(40) Spider-Man 3 (07, Action) Tobey Maguire 'PG-13'	Ⓢ Charmers	(9:50) Millions (04) Alex Etef 'PG'		
EPIX	EPIX 380	Ⓢ War of the Worlds Domina	Ⓢ Domina Happiness	Ⓢ Under the Gun (16, Documentary) Narrated by Katie Couric	(15) The Love Letter ★★ (99, Romance) Kate Capshaw	(45) William Shakespeare's Romeo & Juliet ★★ (96, Romance) Leonardo DiCaprio	(45) King Arthur
	EPIX2 381	Ⓢ Lucky Day	Ⓢ Book of Shadows: Blair Witch 2	Ⓢ The Cookout (04, Comedy) Ja Rule	Ⓢ Matriarch (18, Horror)	(05) Silence ★★ (16, Historical Drama) Andrew Garfield	
	EPIXH 382	Ⓢ Ordinary People ★★ (80, Drama)	(05) Sabrina ★★ (95, Romance-Comedy)	(15) Stonewall ★ (15, Historical Drama) Jeremy Irvine	(25) Judy ★★ (19, Biography)		
	EPIXDR 292	Ⓢ The Condemned (07)	(4:50) The Eagle and the Hawk	(35) Johnny Guitar ★★ (54, Western)	Ⓢ Open Water (03, Suspense)	(9:50) Arachnophobia ★★ (90) Breakdwn	

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs		Joyce M.	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	The First 48
AHC 195	Bullet Points		America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War	America's Civil War
AMC 131	The Road Warrior (81, Action) Mel Gibson		Paid Programs				Minority Report ★★ (02, Science Fiction) Tom Cruise									
APL 184	Dr. Jeff: RMV	Dr. Jeff: RMV	Planet	Too Cute!	My Cat From Hell	The Crocodile Hunter	Secret Life-Zoo	The Zoo	Treehouse Masters							
AXSTV 167	Paid Programs					The Big Interview	Live From Daryl's (L)	B.B. King	John Mayer							
BBCA 135	Star Trek: Next	Star Trek: Next	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next
BET 124	The Parkers	The Parkers	The Parkers	The Parkers	Prince	Prince	Prince	Prince	black-ish	black-ish	black-ish	black-ish	black-ish	black-ish	black-ish	black-ish
BOUNCE 359	Scandal	The Real Scott Evans	Wendy Williams Show	Judge Faith	Judge Faith	Judge Faith	Judge Faith	Judge B.	Judge B.	Judge B.	Judge B.	Judge B.	Judge B.	Judge B.	Judge B.	Law & Order Ritual
BRAVO 129	Kelly Clarkson	Paid Programs	Million Dollar Listing	Million Dollar Listing	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	TBA	Potter
BUZZR 245	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Paid Programs	Les Feldick	Paid Prog.	Tell Truth	My Line?	Concentrat.	Sweep	Body Lang.	Blockbust	Match-Squares		
CHD 249	City Confidential	City Confidential	City Confidential	City Confidential	Paid Programs	American Justice	American Justice	American Justice	American Justice	American Justice	American Justice	Nightwatch	Freak Show	Nightwatch		
CMT 166	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne
CNBC 208	Shepard Smith	Worldwide Exchange (L)	Squawk Box (L)	Squawk Box (L)	Squawk Box (L)	Squawk Box (L)	Squawk Box (L)	Squawk on the Street (L)	Squawk on the Street (L)	Squawk on the Street (L)	Squawk on the Street (L)	Squawk on the Street (L)	Squawk on the Street (L)	Squawk on the Street (L)	Squawk on the Street (L)	TechCheck (L)
CNN 200	CNN Newsroom Live (L)	Early Start w/Romans	New Day With	New Day With	New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	At This Hour-Kate
COM 107	South Park	South Park	Paid Programs	Futurama	Futurama	Futurama	Futurama	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park
COMET 289	Paid Programs							Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery
COOK 113	Paid Programs					Beach Bites	Beach Bites	Cakes	Cakes	Cake Hnt.	Cake Hnt.	Cake Hnt.	Cake Hnt.	Cake Hnt.	Cake Hnt.	Cake Wars
DISC 182	Bering Sea Gold		The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans	The Last Alaskans
DFC 179	BathCrash	BathCrash	Gi Joe	Gi Joe	Blazing	Transform.	Beast	Beast	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Pet Shop	Monsters	Monsters
DISN-E 172	Austin	Bunk'd	Bunk'd	Big City	Ladybug	Ladybug	DuckTales	Amphibia	Big City	Puppy Pals	Spidey	Spidey	Ladybug	Ladybug	Ladybug	Ladybug
DIY 111	Paid Prog.	Salvage	Paid Programs				Fla	Fla	Fla	Fla	Fla	Fla	Fla	Fla	Fla	Fla
ENCR-W 341	Ⓢ Zero Dark (43) Premium Rush (12, Action) 'PG-13'	(17) Death Race 2 (10, Action) 'R'	Ⓢ Death Race 3 (12, Action) Luke Goss 'R'	(9:49) How High (01, Comedy) 'R'	Ⓢ Once											
EWESTN 342	Ⓢ Backlash	Ⓢ The Secret of Convict Lake (51)	(5:55) Pillars of the Sky (56) 'NR'	(32) The Wild and the Innocent (8:59) Draw! (84, Western) 'NR'	(38) Wells Fargo ★★ (37) 'NR'											
EACTN 343	Ⓢ Bat 21 'R' (21) Juan of the Dead (11) 'NR'	Ⓢ Shark Night (11, Horror) 'PG-13'	(33) Amelia (09, Biography) Hilary Swank 'PG'	(27) Top Gun (86, Action) Tom Cruise 'PG'	Ⓢ Bloodshot											
ESUSP 344	Ⓢ Tales From the Crypt (4:58) Apt Pupil (98, Drama) Ian McKellen 'R'	Ⓢ Scorpion King 2: Rise (42) Donnie Brasco (97, Crime Drama) Al Pacino 'R'	(10:51) The Covenant													
EBLACK 345	Ⓢ Courage Under Fire (07) Go ★★ (99, Comedy-Drama) 'R'	(6:51) Men in Black (97) 'PG-13'	(31) Men in Black II (02) 'PG-13'	(02) Men in Black 3 (12, Action) 'PG-13'												
ECLASS 346	Ⓢ Chicago (02, Musical) 'PG-13'	(23) Valkyrie (08, Historical Drama) 'PG-13'	(26) Christine (83, Horror) Keith Gordon 'R'	(19) Total Recall (12, Science Fiction) 'PG-13'	Ⓢ Aft Earth											
EFAMILY 347	Ⓢ The King and I (99)	(04) Thumbelina ★★ (94) 'G'	(32) Playmobil: The Movie (19) Pit Pony	(37) Swift (19, Children's) 'NR'	(08) Little Boy (15, Historical Drama) 'PG-13'											
ESPN 140	MLB Baseball: Braves at Cardinals		SportsCenter	SportsCenter (L)	Get Up (L)	Get Up (L)	Get Up (L)	Get Up (L)	Get Up (L)	Get Up (L)	Get Up (L)	Get Up (L)	Get Up (L)	Get Up (L)	Get Up (L)	Get Up (L)
ESPN2 143	Ⓢ UFC	UFC Archival	UFC	Keyshawn, JWill and Zubin (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)
EWTN 261	Web/Faith	Living	Franciscan U. Presents	My God	Choices	Stations	Rosary	Daily Mass (L)	Holy	World Over Live	Catholic	At Home	Lives/Saints			
FETV 82	Sergeant Lassie	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Patty Duke	Patty Duke	Knows Best	Knows Best	Hazel	Hazel	Jeannie	Jeannie	
FNC 205	FOX & Friends First (L)	FOX & Friends First (L)	FOX & Friends (L)	FOX & Friends (L)	FOX & Friends (L)	FOX & Friends (L)	FOX & Friends (L)	America's Newsroom	With Hemmer & Perino	The Faulkner Focus (L)						
FOOD 110	Beat Bobby	Beat Bobby	Paid Programs					Cake Wars	Paid Prog.	Buddy vs. Duff	Food Paradise	Food Paradise	Food Paradise	Food Paradise	Food Paradise	Food Paradise
FREFM 180	Paid Programs					black-ish	black-ish	black-ish	black-ish	The 700 Club	700 Club	The Middle	Grease (78, Musical)			
F51 150	PBC	PBC Collection	TMZ Sports	Skip and Shannon: Undisputed	First Things First (L)	First Things First (L)	First Things First (L)	Skip and Shannon: Undisputed (L)								

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs						Life on the Line ('15, Suspense) <i>John Travolta</i>				Mechanic: Resurrection ★★ ('16, Action)			The Last Full Measure						
FXM	384	Alien ('79, Science Fiction) <i>Tom Skerritt 'R'</i>			The Black Swan ('42) 'NR'			The King and I ('56, Musical) <i>Deborah Kerr 'G'</i>		(45) Snow White and the Three Stooges ('61)			MaxDu								
FXX	125	Paid Programs						Mom	Mom	Mom	Mom	Inferno ★★ ('16, Suspense) <i>Tom Hanks, Felicity Jones</i>			5th Wave						
GETTV	373	Catch 21	Face Race	All/Family	All/Family	Paid Progr	Paid Progr	Paid Progr	Paid Progr	Paid Progr	Amen	Amen	Good Time	Good Time	Good Time	Good Time					
GMSHW	116	Paid Programs						Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America						
GOLF	401	Live From the Olympics <i>Women's Round 3</i>			Live From the Olympics			PGA Korn Ferry Tour Golf <i>Utah Championship, First Round (N)</i>		PGA Golf											
GRIT	217	Paid Programs						Zane Grey	Zane Grey	Death Vall.	Death Vall.	Death Vall.	Death Vall.	The Lucky Texan ('34, Western)		Paradise Canyon ('35, Western)					
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	The Middle	The Middle					
HALLDR	186	Little House on Prairie		Little House on Prairie		Medicine Woman		Medicine Woman		Medicine Woman		Medicine Woman		The Waltons		The Waltons					
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote					
HDMOV	130	Five Easy Pieces ('70) Paid Programs						Clambake ★★ ('67, Musical)			(45) Telling Lies in America ('97, Drama)			Big Chill							
HGTV	112	Christina	Christina	Christina	Christina	Christina on the Coast		Christina on the Coast		Christina on the Coast		Christina on the Coast		Christina on the Coast		Christina on the Coast					
HIST	120	Paid Programs						Jeremiah	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens				
ID	192	Wives With Knives		Wicked Attraction		Fear Thy Neighbor		Fear Thy Neighbor		Fear Thy Neighbor		Murder Comes to Town		Murder Comes to Town		Murder Comes to Town					
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Another 48 HRS. ('90)					
LAFF	237	Paid Programs						Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	Jim	Jim		
LIFE	108	Paid Programs						Robison	Joyce M.	Makeover	Grey's Anatomy			Grey's Anatomy			Grey's Anatomy				
LMN	109	Paid Programs						A Lover's Revenge ('05, Suspense)			The Boy Next Door ('08, Suspense) <i>Dina Meyer</i>			Inspired to Kill ('16, Suspense) <i>Daniel Booko</i>							
MGMHD	385	Run Silent, Run Deep		Studio	Studio	Studio	Studio	Where the Lilies Bloom ★★ ★ ('74, Drama) (40)			The Miracle Worker ('62, Biography) <i>Anne Bancroft</i>			Young Billy Young							
MOTOR	246	Garage Squad		Bitchin' Rides		Garage Squad		Texas Metal		Junkyard Empire		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides					
MSNBC	209	Rachel Maddow Show		Way Too Early (L)		Morning Joe (L)					Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)						
NATGEO	197	World's Deadliest		World's Deadliest		Paid Programs						Reach for	Cutest	America's	America's						
NGWLD	190	Paid Programs						Sharktraz		700 Sharks		Mega Hammerhead		Biggest Tiger Shark		Australia's Sh					
OUTD	396	McMillan	Heartland	Bow Mad.	Wild Boar	Buck.	Bushman	Sporting	Dirt Trax	Bill Dance	Match Fish.	Major League Fishing Cups		Fishing		Bass					
OWN	189	20/20 on OWN		20/20 on OWN		TBA		Dr. Phil (Part 1 of 3)		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil (Part 2 of 3)					
OXYG	127	Cold Justice		Cold Justice		Accident, Suicide		Accident, Suicide		Dateline: Secrets		Dateline: Secrets		Snapped		Snapped					
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue <i>In a Pinch</i>		Bar Rescue					
POP	117	NCIS: New Orleans		NCIS: New Orleans		ER		ER		ER		ER		ER		ER					
REELZ	299	Paid Programs						Nancy O'Dell		Nancy O'Dell		Nancy O'Dell		Jo Frost: Killer Kids		Jo Frost: Killer Kids		Jo Frost: Killer Kids			
RFDTV	231	Paid Programs						DocTalk	Corn War.	Agriculture	Jeremiah	Rural News/AgDay		Market Day Report (L)							
SCI	193	Viking Stone		Viking Stone		Viking Stone		Viking Stone		Viking Stone		Viking Stone		Viking Stone		Viking Stone					
SMITH	367	Inside Buckingham		Inside Buckingham		Aerial America <i>Georgia</i>		Aerial America		Aerial America		Make It Out Alive		V-Day: Volcanic Planet							
SONY	386	Check Point ('17)		(4:55) Mackenna's Gold ★★ ★ ('69, Western)		(10) 88 Minutes ★ ('07, Suspense) <i>Al Pacino</i>		(10) Tripwire ★★ ('90, Action) <i>Terence Knox</i>		The Good Policeman											
SUND-E	358	P. Mason Perry Mason		The Andy Griffith Show		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.				
SYFY	122	The Railway Man		Twi. Zone	Wild Life	Twi. Zone	Z Nation	Z Nation		Z Nation <i>Day One</i>		Z Nation		Z Nation <i>No Mercy</i>							
TBN	260	Jordan	Business	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo Doll	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen				
TBS	139	The Big Bang Theory						Matters	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends		
TCM	132	Just Luck		English Without Tears ('44)		Johnny Doesn't Live Here		The Big Steal ('49, Crime Drama)		Blood on the Moon ('48, Western)		One Minute to Zero ('52, War)									
TLC	183	Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Gypsy Wedding		Gypsy Wedding		Gypsy Wedding					
TMC-W	329	Psycho (25) Movie		Leaving Las Vegas ('95, Drama) <i>Nicolas Cage 'R'</i>						Sex Pistols		Max Steel ★★ ('16)		PG-13' (35) In the Line of Fire ('93) 'R'							
TNT	238	NCIS: New Orleans		NCIS: New Orleans		Charmed <i>Exit Strategy</i>		Charmed		Charmed (Part 1 of 2)		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans					
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins		Ad. Ruins		Imp. Jokers/Imp. Jokers		Carbonaro		Carbonaro		Carbonaro	
TRVL	196	Paid Programs						Most Terrifying Places		Most Terrifying Places		Most Terrifying Places		Most Terrifying Places		Most Terrifying Places		Most Terrifying Places			
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza					
UP	188	Paid Programs						Br. Bates	Br. Bates	Heartland		Heartland		Heartland		Heartland		Little House on Prairie			
USA	105	Olympics 2020 Tokyo Olympics		Olympics		2020 Tokyo Olympics		Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics					
WE	128	Beyond the Pole		Paid Programs						Criminal Minds		Criminal Minds		Criminal Minds <i>Big Sea</i>							

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)	
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right	
CW-E	Local Programs						Local Programs									
FOX-E	Local Programs						Local Programs									
NBC-E	Olympics		Local Programs		Local Programs		Today (N)		Today 3rd Hour (N)			Today-Hoda		Local Programs		
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me	Beaver	Beaver	Perry Mason	Matlock	The Target	In the Heat of Night		
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)			
CBS-W	Corden		Local Prog.		CBS Overnight News (N)		News		News	News	News	News	CBS This Morning (N)			
CW-W	Local Programs						Local Programs									
FOX-W	Local Programs						Local Programs									
NBC-W	2020 Tokyo Olympics				2020 Tokyo Olympics		Local Programs		Local Programs		Local Programs		Today (N)			
PBS	Nature (Part 2 of 3)		NOVA		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Boiler Room (00) (45) Seven ★★★ ('95, Suspense) Brad Pitt, Morgan Freeman 'R'	Platoon ★★★ ('86, War) Tom Berenger, Willem Dafoe 'R'	U-571 ★★★ ('00, Suspense) Matthew McConaughey, Bill Paxton 'PG-13'	Crisis ('21, Suspense) Gary Oldman 'R'
	SHO-W 319	School Ties ('92, Drama) 'PG-13' (45) Boiler Room ★★★ ('00, Drama) 'R' (45) Seven ★★★ ('95, Suspense) Brad Pitt 'R'	Platoon ('86, War) Tom Berenger 'R'		
	SHO2-E 320	Unearth ('20, Horror) Adrienne Barbeau, Marc Blucas 'NR' (20) Obsessed ★ ('09, Suspense) Idris Elba, Beyoncé Knowles 'PG-13'	Dreamland ('19, Drama) Margot Robbie, Travis Fimmel 'R'	Tonya ★★★ ('17, Biography) Margot Robbie, Sebastian Stan 'R'	Black Monday Flatbush Mis
	SHOBET 321	Complicit: Fast and Furious: Death Race (20) Children of Men ('06, Science Fiction) 'R'	The Jackal ('97, Suspense) Bruce Willis 'R'	RocknRolla ★★★ ('08, Crime Drama) 'R'	
	SHOX-E 322	Biker Boyz ★ ('03) The Challenger ('15) 'PG-13' (40) Wild Bill ('95, Western) Jeff Bridges 'R'	John Q ★★★ ('02, Drama) 'PG-13'	Four Brothers ★★★ ('05) 'R'	

STARZ	ENCR-E 340	John Carpenter's Vampires (98) 'R' (02) The Lone Ranger ★★ ('13, Western) Johnny Depp, Armie Hammer 'PG-13'	Zero Dark Thirty ★★★ ('12, Drama) Jessica Chastain, Jason Clarke 'R'	Once Upon a Time... In Hollywood ('19, Comedy-Drama) Leonardo DiCaprio 'R'	
	STARZ-E 350	Elf ★★★ ('03, Children's) Will Ferrell, James Caan 'PG' (27) A League of Their Own ★★★ ('92, Comedy-Drama) Tom Hanks, Geena Davis 'PG'	A Beautiful Day in the Neighborhood ('39) A Beautiful Day in the Neighborhood (31) Catch and Release ★★ ('06, Comedy-Drama) Jennifer Garner 'PG-13'	Ally-Polly	
	STARZ-W 351	Catch and Release (05) Private Valentine: Blonde & Dangerous (247) Elf ('03, Children's) 'PG'	A League of Their Own ('92) 'PG'	Beautiful Day Neighborhood	
	STRZED 352	The Cave ('05) 'PG-13' (1257) The Mothman Prophecies ('02) 'PG-13' (259) Men of Honor ('00, Biography) 'R'	How Do You Know ★★ ('10) 'PG-13' (15) Larry Crowne ('11)		
	STRZCI 353	The Rook (11) The Rook (05) The Rook Chapter 5 (254) The Rook (44) The Rook (38) Anthropoid ('16, Historical Drama) 'R'	Finding		

EPIX	EPIX 380	King Arthur ★★★ ('04, Historical Drama) Clive Owen, Keira Knightley (155) Paranormal Activity 4 ★★ ('25) Saint Maud ★★★ ('19, Horror) Morfydd Clark (450) Pet Sematary ★★ ('19, Horror) Jason Clarke, Amy Seimetz (35) The Blair Witch Project ('99, Horror) Heather Donahue			
	EPIX2 381	Galaxy Quest ('99, Comedy) (35) Vault ('19, Crime Drama) (15) Soldiers of Fortune ★★ ('12, Action) (450) Safe ★★★ ('12, Action) (25) From Paris With Love ('10)			
	EPIXH 382	Judy ('19) (25) Rocketman ('19, Musical) Taron Egerton Florence Foster Jenkins ('16, Biography) (25) Bloody Sunday ('02, Historical Drama) (20) '71 ★★★ ('14, Action)			
	EPIXDR 292	Breakdown ('97) (15) Cliffhanger ('93, Action) Sylvester Stallone (10) Mad Max ('79, Action) (45) Roadhouse 66 ('84, Action) Willem Dafoe (20) Miami Blues ('90, Comedy)			

AMERICA'S TOP PROGRAMMING

A&E 118	The First 48	The First 48	The First 48 Stray Shot	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48
AHC 195	Ultimate Warfare	Ultimate Warfare	Weaponology	Weaponology Artillery	Superman-KKK	Inside Secret Societies	Ancient Assassins	Almost, Away	
AMC 131	Face/Off ★★★ ('97, Action) John Travolta, Nicolas Cage	Total Recall ('90, Science Fiction) Arnold Schwarzenegger	Escape Plan ★★★ ('13, Action) Sylvester Stallone						
APL 184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	River Monsters	River Monsters	River Monsters	River Monsters	
AXSTV 167	John Mayer	Band	Matchbox Twenty	Final 24 Gianni Versace	Final 24 Janis Joplin	Final 24	Final 24 River Phoenix	Final 24 John Belushi	
BBCA 135	Star Trek: Next	Star Trek: Next	Seven Worlds, Planet	Seven Worlds, Planet	Seven Worlds, Planet	Seven Worlds, Planet	Seven Worlds, Planet	Seven Worlds, Planet	
BET 124	black-ish	black-ish	Prince	Prince	Bringing Down the House ★★ ('03, Comedy) Steve Martin	Nobody's Fool ★★ ('18, Romance-Comedy) Tiffany Haddish			
BOUNCE 359	Law & Order	Law & Order Expert	The Game	Southpaw ★★★ ('15, Drama) Jake Gyllenhaal, Forest Whitaker	Stomp the Yard ★★★ ('07, Drama) Columbus Short				
BRAVO 129	Harry Potter and the Sorcerer's Stone ('01, Children's)	Harry Potter and the Chamber of Secrets ★★★ ('02, Children's) Daniel Radcliffe	Harry Potter and the Prisoner of Azkaban						
BUZZR 245	Match Gm. Match Gm.	Concen. Concen.	Password Password	Super Pass. Tattletales	Press Luck Card	Match Gm. Match Gm.	Match Gm. Match Gm.	Match Sale of	
CHD 249	Cajun Cajun	Cajun Cajun	Cajun Cajun	The Squad The Squad	The Squad Why I Ran	Why I Ran Why I Ran	Who Killed Tupac?	Who Killed Tupac?	
CMT 166	Roseanne Roseanne	King King	King King	King King	Last Man Last Man	Last Man Last Man	Last Man Last Man	Last Man Last Man	
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Fast (L) Options	Mad Money (N)	Shepard Smith		
CNN 200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Situation Room	Situation Room	Erin Burnett OutFront (L)	
COM 107	South Park South Park	The Office The Office	The Office The Office	The Office The Office	The Office The Office	The Office (45) The Office	The Office The Office	The Office The Office	
COMET 289	Nt. Gallery Nt. Gallery	The Outer Limits	The Outer Limits	Sliders Net Worth	Stargate SG-1	Stargate SG-1	Stargate SG-1 Icon	Fantastic Fear	
COOK 113	Cake Wars	Cupcake Wars	Cupcake Wars	Cupcake Wars	Cupcake Wars	Cupcake Wars Barbie	Cupcake Wars	Cupcake Wars	
DISC 182	The Last Alaskans	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush: Winter's	
DFC 179	Pac-Man Pac-Man	Littlest Pet Pet Shop	Pet Shop Pony Life	LittlePony LittlePony	LittlePony LittlePony	Too Cute! Too Cute!	Dogs 101	Winner Cake All	
DISN-E 172	Big City Big City	Big City Big City	Raven Raven	Bunk'd Bunk'd	Bunk'd Jessie	Jessie Jessie	Raven (25) Zombies 2 ('20) Meg Donnelly		
DIY 111	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	
ENCR-W 341	Once Upon a Time... In Hollywood ('19) 'R'	(11) John Carpenter's Vampires (98) 'R'	(02) The Lone Ranger ('13, Western) Johnny Depp 'PG-13'	(35) Zero Dark Thirty ('12) 'R'					
EWESTN 342	Well Fargo (17) Texas Across the River ('66) Wyatt Earp (27) The Big Valley	Laramie	Death Vall. Death Vall.	Fargo	Rifleman (5:59) The Virginian (15) Showdown ('73)				
EACTN 343	Bloodshot ('20) 'PG-13' (11) The Negotiator ('98, Suspense) Samuel L. Jackson 'R'	(33) Amelia ('09, Biography) Hilary Swank 'PG'	(27) Stripes ('81, Comedy) Bill Murray 'R'	Bloodshot					
ESUSP 344	Covenant Apt Pupil ★★ ('98, Drama) Jan McKellen 'R'	(24) Ultraviolet ★ ('06) 'PG-13' (3:54) Cape Fear ★★★ ('91, Suspense) 'R'	(04) The Marine 4: Moving Target (37) Devil						
EBLACK 345	Rebound ('05, Children's) 'PG'	(19) After the Sunset ('04) 'PG-13' (259) Connors' War ★ ('06) 'R'	(32) A Haunted House ('13) 'R'	Miami Vice	Jeffersons	Men Black			
ECLASS 346	After Earth ★ ('13) (04) Man of the Year ('06, Comedy) 'PG-13'	Airplane! ('80, Comedy) 'PG'	(31) Valkyrie ('08, Historical Drama) 'PG-13'	(34) After Earth ★ ('13) 'PG-13'					
EFAMILY 347	The King and I ★ ('99) 'G'	(26) Flicka 2 ('10, Children's) 'PG'	(03) Playmobil: The Movie ('19) (44) Little Boy ('15, Historical Drama) 'PG-13'	(32) Thumbelina ★★ ('94) 'G'					
ESPN 140	SportsCenter (L)	SportsCenter (L)	Jalen Question	NBA: The Jump (L)	NFL Live (L)	Around Interruption	SportsCenter (L)	ESPN Documentaries	
ESPN2 143	First Take (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	The Jump First Take	NFL Live (N)	Daily Wager (L)	TBA	
EWTN 261	Daily Mass	Women of Grace (N)	Life/Rock Stations	Chaplet Rosary	Cross The Friar	Might Faith	News Discerning	Daily Mass	
FETV 82	Bewitched/Bewitched	Matlock The Author	Matlock The Rat Pack	Ranger Ranger	Perry Mason	Perry Mason	Matlock The Nurse	Matlock The Convict	
FNC 205	Outnumbered (L)	America Reports With John Roberts	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report	FOX News Primetime (L)		
FOOD 110	Food Paradise	Diners Diners	Diners, Drive	Diners Diners	Diners Diners	Diners Diners	Diners Diners	Diners Diners	
FREFM 180	Grease ('78, Musical) John Travolta	Jumanji ★★ ('95, Children's) Robin Williams	Family Guy Family Guy	Family Guy Family Guy	Family Guy Family Guy	Family Guy Family Guy	Family Guy Family Guy	Family Guy Family Guy	
F51 150	The Herd with Colin Cowherd (L)	Speak for Yourself (L)	NASCAR Race Hub (L)	NASCAR Truck Series					

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	♣The Last Full Measure ('19, War) Logan ★★★ ('17, Action) <i>Hugh Jackman, Patrick Stewart</i>					Night School ★★ ('18, Comedy) <i>Kevin Hart</i>					Jurassic World					
FXM	384	♣Max Dugan Returns (:15) Kidco ('84, Comedy) <i>Scott Schwartz</i> 'PG'			Miss Peregrine's Home for Peculiar Children ('16) 'PG-13' (:40) Ice Age: Collision Course ★★ ('16) 'PG'			Kung Fu 3									
FXX	125	♣The 5th Wave ★★ ('16, Science Fiction) Interstellar ★★★ ('14, Science Fiction) <i>Matthew McConaughey, Anne Hathaway</i>				Simpsons		Simpsons		Simpsons		Simpsons					
GETTV	373	All/Family	All/Family	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Spillane's Mike Hammer	Starky and Hutch					
GMSHW	116	Deal or No Deal		Match Gm.	Match Gm.	Catch 21	Catch 21	The Chase	FamFeud	FamFeud	Chain Rea.	Common	Puzzler	America	America	America	
GOLF	401	♀ PGA Tour Golf <i>WGC/FedEx St. Jude Invitational, Second Round (L)</i>										Live From the Olympics (L)		2020 Tokyo Olympics			
GRIT	217	The Virginian <i>You Take the High Road</i>				Laramie		Laramie <i>Wolf Cub</i>		Laramie <i>Handful of Fire</i>		Fargo	Fargo	Fargo	Fargo	Fargo	Fargo
HALL	185	The Middle	The Middle	Reba	Reba	Reba	Reba	Reba	Reba	Hearts of Spring ('16, Romance) <i>Lisa Whelchel</i>			All Summer Long ('19, Romance)				
HALLDR	186	The Waltons		The Waltons		Little House on Prairie		Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Chesapeake Shores			
HALLMV	187	Monk		Monk		Monk		Good Witch: Curse From a Rose ('19, Drama)			Chronicle Mysteries <i>The Deep End</i>		Signed, Sealed				
HDMOV	130	♣The Big Chill ('83, Comedy-Drama) (:25) Species II ('98, Science Fiction)			My Friend Dahmer ('17, Biography) <i>Ross Lynch</i> (4:55)			From Beyond the Grave (:40)			Highway to Hell ★★ ('91)						
HGTV	112	Christina on the Coast		Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	
HIST	120	Ancient Aliens		Ancient Aliens		Ancient Aliens <i>The UFO Conspiracy</i>			Ancient Aliens <i>Return to Mars</i>			Ancient Aliens					
ID	192	Dark Waters: Murder		Dark Waters: Murder		Dark Waters: Murder		Forbidden-Dying		Forbidden-Dying		Forbidden-Dying		Still a Mystery		Still a Mystery	
IFC	133	♣Another 48 HRS. ('90) (:15) 48 HRS. ★★★ ('82, Action) <i>Nick Nolte</i>			Coneheads ('93, Comedy) <i>Dan Aykroyd</i>			RV ★★ ('06, Children's) <i>Robin Williams</i>			Vacation						
LAFF	237	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	'70s Show	'70s Show
LIFE	108	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy	
LMN	109	♣Killer Assistant ('16, Suspense) <i>Arianne Zucker</i>			Killer Ending ('18, Crime Drama)			Killer Inspiration ('18, Suspense) <i>Erin Cahill</i>			Abducted on Air ('20, Suspense) <i>Perrey Reeves</i>						
MGMHD	385	♣Young Billy Young The Wonderful Country ★★ ('59, Western)			(:10) Two for the Seesaw ('62, Drama) <i>Robert Mitchum</i> (:35)			Foreign Intrigue ★★★ ('56, Drama)			Thunder Rd						
MOTOR	246	Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Wide World of Speed		Junkyard Empire		Bitchin' Rides		Garage Squad	
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Ayman Mohyeldin		Deadline: White House (L)			The Beat With		The ReidOut (L)		
NATGEO	197	America's		America's		America's		America's		America's		America's		Cesar Millan			
NGWLD	190	World's Most		Cannibal Sharks		Blitzkrieg Sharks		Life of Lemon Sharks		When	When	When Sharks Attack		When Sharks Attack		When Sharks Attack	
OUTD	396	Thirteen	Heartland	Bone Coll.	Drop Zone	Legends	Crush	McMillan	Hunt	Whitetail	Hunter	Fowl Life	The Flush	Wicked Tuna		Longmire	
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Snapped		Snapped <i>Kelly Cochran</i>		Snapped		Snapped <i>Liz Golyar</i>		Snapped <i>Tonya Miller</i>		Snapped <i>Ashley Hoath</i>		Snapped		Cold Justice	
PARMT	241	Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Raiders-Lost Ark	
POP	117	ER		TBA		TBA		TBA		TBA		TBA		TBA		TBA	
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Jo Frost: Killer Kids		Jo Frost: Killer Kids		Jo Frost: Killer Kids		Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.
RFDTV	231	♣Market Day Report (L)				Rural America Live		TruCountry/Penny G		Porter	Country	Big Joe Polka Show		Woodsongs		Jimmy	Duttons
SCI	193	Secrets of the Lost Ark		Secrets of the Lost Ark		Secrets of the Lost Ark		Secrets of the Lost Ark		Secrets of the Lost Ark		Secrets of the Lost Ark		How/Made	How/Made	How/Made	How/Made
SMITH	367	Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters	
SONY	386	♣The Good Policeman (12:50) Genuine Risk ('90, Drama) (:35)			Relative Chaos ★ ('06, Comedy-Drama) (:25)			Blind Fury ('89, Action)			(:10) Kings of South Beach ('07, Docudrama)						
SUND-E	358	Andy G.	Andy G.	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	
SYFY	122	♣Z Nation	Blood Father ★★★ ('16, Action) <i>Mel Gibson</i>			The Giver ★★ ('14, Drama) <i>Jeff Bridges</i>			Gods of Egypt ★ ('16, Fantasy)			<i>Nikolaj Coster-Waldau</i>		Avengers: Age			
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	Bible	Praise		Metaxas	Watchman	Church	Potters
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Family Guy	Family Guy	Burgers	Burgers
TCM	132	♣1 Minute Angel Face ('52, Crime Drama)			(:15) Where Danger Lives ('50)			(:45) The Lusty Men ★★★ ('52, Western)			(:45) The Sundowners ★★★ ('60, Drama) <i>Deborah Kerr</i>						
TLC	183	Gypsy Wedding		Fat Fabulous		Fat Fabulous		Fat Fabulous		Fat Fabulous		Darcey & Stacey		Darcey & Stacey		Darcey & Stacey	
TMC-W	329	♣In Line (:45) Unforgiven ('92, Western) <i>Clint Eastwood</i> 'R'			Moonlight ('16, Drama) <i>Mahershala Ali</i> 'R'			Fist of Fury ('72, Adventure) <i>Bruce Lee</i> 'R'			A Most Violent Year						
TNT	238	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Bones		Bones		Bones		Bones <i>Pilot</i>		Bones	
TRU	142	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes
TRVL	196	Most Terrifying Places		Most Terrifying Places		Most Terrifying Places		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures	
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls	
USA	105	2020 Tokyo Olympics			2020 Tokyo Olympics (:45)			2020 Tokyo Olympics <i>Wrestling, Boxing, Karate (N)</i>			2020 Tokyo Olympics		♀ 2020 Tokyo Olympics Women's Marathon (L)				
WE	128	Criminal Minds		Criminal Minds		Criminal Minds <i>Proof</i>		Criminal Minds		Criminal Minds <i>Painless</i>		Criminal Minds		Criminal Minds		Love After Lockup	

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		News		Local Programs												
CBS-E	Local Prog./Young & Restless			Bold		The Talk (N)		Let's Make a Deal		Local Programs		News		Local Programs											
CW-E	Local Programs				Local Programs		Jerry Springer		Local Programs		Local Programs														
FOX-E	Local Programs				Local Programs				Local Programs																
NBC-E	2020 Tokyo Olympics <i>Canoes/Kayak, Equestrian, Artistic Swimming, Rhythmic Gymnastics, Volleyball, Sport Climbing (N)</i>										Local Programs		Local Prog./News		Local Programs										
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifeman		Rifeman		Wagon Train		Adam-12		Adam-12		Addams		Happy Day		M*A*S*H		M*A*S*H	
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs														
CBS-W	Local Programs		The Price Is Right		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal		Local Programs												
CW-W	Local Programs				Local Programs				Jerry Springer		Local Programs														
FOX-W	Local Programs				Local Programs				Local Programs																
NBC-W	Today 3rd Hour (N)		2020 Tokyo Olympics <i>Canoes/Kayak, Equestrian, Artistic Swimming, Rhythmic Gymnastics, Volleyball, Sport Climbing (N)</i>										Local Prog./News		Local Programs										
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Molly	Xavier	Odd	Arthur	Cat in the	Peg & Cat	PBS NewsHour (N)										

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
PREMIUM MOVIES																
SHOWTIME	SHO-E 318	Crisis ('21, Suspense) Falling ★★★ ('20, Drama) <i>Viggo Mortensen, Gary Oldman</i> 'R'		Crisis ('21, Suspense) Falling ★★★ ('20, Drama) <i>Viggo Mortensen, Lance Henriksen</i> 'R'		Seven ★★★ ('95, Suspense) <i>Brad Pitt, Morgan Freeman</i> 'R'		Seven ★★★ ('95, Suspense) <i>Brad Pitt, Morgan Freeman</i> 'R'		American Psycho ★★★ ('00, Horror) <i>Christian Bale, Willem Dafoe</i> 'R'		American Psycho ★★★ ('00, Horror) <i>Christian Bale, Willem Dafoe</i> 'R'		Black Monday ONE!		The Chi
	SHO-W 319	U-571 ★★★ ('00, Suspense) 'PG-13'		Crisis ('21, Suspense) Falling ★★★ ('20, Drama) <i>Viggo Mortensen</i> 'R'		Seven ★★★ ('95, Suspense) <i>Brad Pitt, Morgan Freeman</i> 'R'		Seven ★★★ ('95, Suspense) <i>Brad Pitt, Morgan Freeman</i> 'R'		American Psycho ★★★ ('00, Horror) <i>Christian Bale, Willem Dafoe</i> 'R'		American Psycho ★★★ ('00, Horror) <i>Christian Bale, Willem Dafoe</i> 'R'		Black Monday ONE!		The Chi
	SHO2-E 320	The Chi A Raisin in the Sun		The End	The End	Art vs Life	Obsessed ★★ ('09, Suspense) <i>Idris Elba, Beyoncé Knowles</i> 'PG-13'	Obsessed ★★ ('09, Suspense) <i>Idris Elba, Beyoncé Knowles</i> 'PG-13'	Desus & Mero	Erotic Manuscript ('18, Adult) 'NR'	Erotic Manuscript ('18, Adult) 'NR'	Paranormal Activity 3 ★★★ ('11, Horror) <i>Katie Featherston</i> 'R'	Paranormal Activity 3 ★★★ ('11, Horror) <i>Katie Featherston</i> 'R'	Paranormal Activity 3 ★★★ ('11, Horror) <i>Katie Featherston</i> 'R'	Paranormal Activity 3 ★★★ ('11, Horror) <i>Katie Featherston</i> 'R'	Chronicles-Ridd
	SHOBET 321	Hustle & Flow ★★★ ('05, Drama) 'R'		Hustlers ★★★ ('19, Comedy-Drama) 'R'		Why Did I Get Married? ★★★ ('07) 'PG-13'		Why Did I Get Married? ★★★ ('07) 'PG-13'		Half Baked ★★ ('98, Comedy) 'R'		Half Baked ★★ ('98, Comedy) 'R'		Desus		
	SHOX-E 322	Four Bros (20) Dead in Tombstone ('13) 'R'		Boxing 2021: <i>Luis Nery vs. Brandon Figueroa</i>		Desus		Desus		The Canyons ★★ ('13, Suspense) 'R'		The Canyons ★★ ('13, Suspense) 'R'		Lavell Crawford		
	SHOS-E 323	Saving Private Ryan ('98, War) 'R'		The Gentlemen ★★★ ('20, Crime Drama) 'R'		LX 2048 ('20, Science Fiction) 'NR'		LX 2048 ('20, Science Fiction) 'NR'		Juice ('92, Crime Drama) <i>Omar Epps</i> 'R'		Juice ('92, Crime Drama) <i>Omar Epps</i> 'R'		O ('01, Drama) 'R'		
TMC-E 327	Moonlight ('16, Drama) <i>Mahershala Ali</i> 'R'		American Honey ('16, Comedy-Drama) <i>Sasha Lane</i> 'R'		The Spectacular Now ('13) <i>Miles Teller</i> 'R'		The Spectacular Now ('13) <i>Miles Teller</i> 'R'		All I See Is You ('16, Drama) 'R'		All I See Is You ('16, Drama) 'R'					
TMCX-E 328	Love		The Turning ('20) 'PG-13'		Witches in the Woods ('19) 'NR'		Witches in the Woods ('19) 'NR'		The House by the Cemetery ('81)		Witches in the Woods ('19) 'NR'		The House by the Cemetery ('81)			
FLIX-E 333	Tremors ('90, Horror) 'PG-13'		Tammy and the T-Rex: Uncut		The Woman in Black ('12, Horror) 'PG-13'		The Woman in Black ('12, Horror) 'PG-13'		Below ★★ ('02, Suspense) <i>Matthew Davis</i> 'R'		Below ★★ ('02, Suspense) <i>Matthew Davis</i> 'R'		Brokeback Mountain			
STARZ	ENCR-E 340	Once Upon a Time... In Hollywood ('19) 'R'		Big Trouble in Little China ('86) 'R'		John Carpenter's Vampires ★★★ ('98, Horror) <i>James Woods, Daniel Baldwin</i> 'R'		John Carpenter's Vampires ★★★ ('98, Horror) <i>James Woods, Daniel Baldwin</i> 'R'		Piranha 3D ★★★ ('10, Horror) <i>Elisabeth Shue, Adam Scott</i> 'R'		Piranha 3D ★★★ ('10, Horror) <i>Elisabeth Shue, Adam Scott</i> 'R'		Urban Cowboy ★★★ ('80, Drama) <i>John Travolta, Debra Winger</i> 'PG'		
	STARZ-E 350	Along Came Polly ('04) <i>Ben Stiller</i> 'PG-13'		Ice Clouds		The Dilemma ★★ ('11, Comedy) <i>Vince Vaughn</i> 'PG-13'		The Dilemma ★★ ('11, Comedy) <i>Vince Vaughn</i> 'PG-13'		Power Book III: Raising Kanan		Lake Placid ★★ ('99, Horror) <i>Bill Pullman, Bridget Fonda</i> 'R'		Spider-Man ★★ ('02, Action) <i>Tobey Maguire, Willem Dafoe</i> 'PG-13'		
	STARZ-W 351	Beautiful ('31) Catch and Release ★★ ('06) 'PG-13'		Along Came Polly ★★ ('04)		Ice Clouds		Ice Clouds		The Dilemma ('11) 'PG-13'		The Dilemma ('11) 'PG-13'		Power Book III: Raising		Lake Placid
	STRZED 352	Larry Crowne ('11)		The Mothman Prophecies ('02) 'PG-13'		The Deceived		The Deceived		Dallas Buyers Club ('13, Drama) 'R'		Dallas Buyers Club ('13, Drama) 'R'		The Dec		The Edge ('97, Adventure) 'R'
	STRZCI 353	Finding Forrester ★★★ ('00, Drama) 'PG-13'		The Last Temptation of Christ ★★★ ('88, Drama) <i>Willem Dafoe</i> 'R'		The Song of Names ('19)		The Song of Names ('19)		The Traitor ('19) 'R'		The Traitor ('19) 'R'				
	STRZCO 354	Broken ('32) Tyler Perry's Meet the Browns ★★ ('08)		Charlie Wilson's War ('07) 'R'		Party		Party		The First Wives Club ('96, Comedy) 'PG'		The First Wives Club ('96, Comedy) 'PG'		Trading Places		
STRZIB 355	No Good ('32) Undercover Brother ('02)		Blindspot		Power Book III: Raising		Power Book III: Raising		CB4 ('93, Comedy) <i>Chris Rock</i> 'R'		Chain Reaction ★★ ('96, Action) 'PG-13'		Chain Reaction ★★ ('96, Action) 'PG-13'		No Good	
STRZKF 356	Cinderella ('15, Children's) <i>Cate Blanchett</i> 'PG'		Million Dollar Arm ('14, Docudrama) 'PG'		Sheep and Wolves		Sheep and Wolves		Wild America ('97, Comedy-Drama) 'PG'		Wild America ('97, Comedy-Drama) 'PG'		Cinderella ('15)			
EPIX	EPIX 380	The Haunting ★★ ('99, Horror) <i>Liam Neeson, Catherine Zeta-Jones</i>		I Know What You Did Last Summer ★★ ('97, Horror)		The Wolf of Snow Hollow ('20, Horror) <i>Jim Cummings</i>		The Wolf of Snow Hollow ('20, Horror) <i>Jim Cummings</i>		Saint Maud ★★★ ('19, Horror) <i>Morfydd Clark</i>		Saint Maud ★★★ ('19, Horror) <i>Morfydd Clark</i>		War of the Worlds ('05) <i>Episode Eight</i>		Domina
	EPIX2 381	Skyfall ★★★ ('12, Action) <i>Daniel Craig, Judi Dench</i>		Red Dawn ★★ ('12, Action)		Hansel & Gretel: Witch Hunters		Hansel & Gretel: Witch Hunters		Thelma & Louise ('91, Comedy-Drama)		Thelma & Louise ('91, Comedy-Drama)		Bound		
	EPIXH 382	Enemy at the Gates ('01, War) <i>Joseph Fiennes</i>		We Were Soldiers ★★★ ('02, War) <i>Mel Gibson</i>		Rules of Engagement ('00, Drama)		Rules of Engagement ('00, Drama)		71 ★★★ ('14, Action)		71 ★★★ ('14, Action)				
	EPIXDR 292	Planes, Trains and Automobiles ('35) <i>Scrooged</i> ('88, Comedy) <i>Bill Murray</i>		Wayne's World 2 ('93)		Miami Blues ('90, Comedy)		Miami Blues ('90, Comedy)		Waiting ... ('05, Comedy)		Waiting ... ('05, Comedy)				
AMERICA'S TOP PROGRAMMING																
A&E 118	The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48	
AHC 195	Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away	
AMC 131	Judge Dredd ('95, Action) <i>Sylvester Stallone</i>		First Blood ('82, Action) <i>Sylvester Stallone</i>		Judge Dredd ('95, Action) <i>Sylvester Stallone</i>		Judge Dredd ('95, Action) <i>Sylvester Stallone</i>		First Blood ('82, Action) <i>Sylvester Stallone</i>		First Blood ('82, Action) <i>Sylvester Stallone</i>		First Blood ('82, Action) <i>Sylvester Stallone</i>		First Blood ('82, Action) <i>Sylvester Stallone</i>	
APL 184	River Monsters: Deadliest Man-Eaters (N)		River Monsters		River Monsters		River Monsters		Piranha		Piranha		Piranha		Piranha	
AXSTV 167	Music's If These		The Eddie Money Tribute Concert		Music's If These		Music's If These		The Eddie Money Tribute Concert		The Eddie Money Tribute Concert		The Eddie Money Tribute Concert		The Eddie Money Tribute Concert	
BBCA 135	Seven Worlds, Planet		Eden: Untamed Planet		Seven Worlds, Planet		Seven Worlds, Planet		Seven Worlds, Planet		Seven Worlds, Planet		Seven Worlds, Planet		Eden: Untamed Planet	
BET 124	When the Bough Breaks ★★ ('16, Drama) <i>Morris Chestnut</i>		Tyler Perry's Sistas		The Encore Stack That		The Encore Stack That		Martin		Martin		Martin		Martin	
BOUNCE 359	Boyz n the Hood ('91, Drama) <i>Larry Fishburne</i>		Dark Blue ('02, Crime Drama) <i>Kurt Russell</i>		Sprinter ('18, Drama) <i>Dale Elliott, David Alan Grier</i>		Sprinter ('18, Drama) <i>Dale Elliott, David Alan Grier</i>		The Game		The Game		The Game		The Game	
BRAVO 129	Harry Potter-Azkaban		Fantastic Beasts and Where to Find Them ★★★ ('16, Fantasy)		Fantastic Beasts: The Crimes of Grindelwald ★★ ('18, Fantasy)		Fantastic Beasts: The Crimes of Grindelwald ★★ ('18, Fantasy)		Harry Potter		Harry Potter		Harry Potter		Harry Potter	
BUZZR 245	Concen. Super Pass.		Sweep Card		Match-Squares		Match-Squares		Concen. Super Pass.		Sweep Card		Match-Squares		Concen. Super Pass.	
CHD 249	Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?	
CMT 166	Mom		Mom		Skyville Live		Skyville Live		Mom		Mom		Mom		Mom	
CNBC 208	2020 Tokyo Olympics		2020 Tokyo Olympics		Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics	
CNN 200	Anderson Cooper 360 (L)		Cuomo Prime Time (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight		Don Lemon Tonight	
COM 107	Creek		Creek		Creek		Creek		Creek		Creek		Creek		Creek	
COMET 289	Fantastic Fear		Dreamscape ('84, Science Fiction) <i>Dennis Quaid</i>		Jackals ('16, Suspense) <i>Stephen Dorff</i>		Jackals ('16, Suspense) <i>Stephen Dorff</i>		The Wraith ★★ ('86, Action) <i>Charlie Sheen</i>		The Wraith ★★ ('86, Action) <i>Charlie Sheen</i>		Paid Programs			
COOK 113	BBQ Pitmasters		BBQ Pitmasters		BBQ Pitmasters		BBQ Pitmasters		BBQ Pitmasters		BBQ Pitmasters		BBQ Pitmasters		BBQ Pitmasters	
DISC 182	Gold Rush: Winter's		Dino Hunters (N)		Expedition Unknown		Expedition Unknown		Gold Rush: F. Dodge		Gold Rush: Winter's		Dino Hunters		Expedition Unknown	
DFC 179	Winner Cake All		Winner Cake All		Winner Cake All		Winner Cake All		Winner Cake All		Winner Cake All		Winner Cake All		Winner Cake All	
DISN-E 172	Bunk'd (N) Gabby		Beverly's Home		Roll With It		Roll With It		Raven		Fam Jam		Jessie		Bunk'd	
DIY 111	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation	
ENCR-W 341	Zero Dark Thirty ('12)		Once Upon a Time... In Hollywood ('19, Comedy-Drama) 'R'		Big Trouble in Little China ('86) ('43) <i>John Carpenter's Vampires</i> ('98) 'R'		Big Trouble in Little China ('86) ('43) <i>John Carpenter's Vampires</i> ('98) 'R'		Piranha 3D		Piranha 3D		Piranha 3D		Piranha 3D	
EWESTN 342	Showdown ('73) 'PG'		Rough Night in Jericho ('67) ('40) <i>Texas Across the River</i> ('66, Western) 'NR'		The Big Valley		The Big Valley		Showdown ('73, Western) 'PG'		Showdown ('73, Western) 'PG'		Tell Them Willie Boy			
EACTN 343	Bloodshot ('20) 'PG-13'		Top Gun ('86, Action) <i>Tom Cruise</i> 'PG'		Miami Vice Little Prince		Miami Vice Little Prince		Kn't Rider		Charlie's Angels ('19, Action) 'PG-13'		The Devil's Own ('97) 'R'			
ESUSP 344	Devil ('10) 'PG-13'		The Black Dahlia ★★★ ('06, Mystery) 'R'		Cape Fear ★★★ ('91, Suspense) 'R'		Cape Fear ★★★ ('91, Suspense) 'R'		Vacancy ('07, Suspense) 'R'		Vacancy ('07, Suspense) 'R'		Linewatch ('08, Drama) 'R'			
EBLACK 345	Men in Black ('97, Action) 'PG-13'		Men in Black II ('02) 'PG-13'		Men in Black 3 ('12, Action) ('43) <i>Posse</i> ('93, Western) <i>Mario Van Peebles</i> 'R'		Men in Black 3 ('12, Action) ('43) <i>Posse</i> ('93, Western) <i>Mario Van Peebles</i> 'R'		Stir Crazy ('80, Comedy) 'R'		Stir Crazy ('80, Comedy) 'R'		Stir Crazy ('80, Comedy) 'R'			
ECLASS 346	Aft'r Earth ('17) Untraceable ('08, Suspense) 'R'		Rescue Me Rules		Damages		Damages		Eat Pray Love ('10, Drama) <i>Julia Roberts</i> 'PG-13'		Eat Pray Love ('10, Drama) <i>Julia Roberts</i> 'PG-13'		The 6th Day ('00) 'PG-13'			
EFAMILY 347	Spy Kids ('01, Children's) 'PG'		Playmobil: The Movie ('19)		Flicka 2 ('10, Children's) 'PG'		Flicka 2 ('10, Children's) 'PG'		The Express ('08, Biography) 'PG'		The Express ('08, Biography) 'PG'		Little Boy ('15)			
ESPN 140	ESPN Documentaries		ESPN Original Documentaries		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)			
ESPN2 143	TBA		Cornhole 2021 <i>ACL World Championships, Day</i>		The Ocho		The Ocho		NFL Live		NFL Live		UFC Live		The Walk	
EWTV 261	EWTN News In-Depth (N)		News		Rosary		Solemn Mass		Kenosis/Life/Rock		Daily Mass		EWTN News In-Depth		News	
FETV 82	Perry Mason		Perry Mason		T.J. Hooker		T.J. Hooker		Hart to Hart		Hart to Hart		B. Miller		B. Miller	
FNC 205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		The Ingraham Angle (L)		Gutfeld! (N)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight	
FOOD 110	Diners		Diners		Diners		Diners		Diners		Diners		Diners		Diners	
FREFM 180	Family Guy		Family Guy		Family Guy		Family Guy		The 700 Club		The 700 Club		Simpsons		Simpsons	
F51 150	Athletes Unlimited Lacrosse		PokerStars Shark Cage (N)		PokerStars Shark Cage (N)		PokerStars Shark Cage (N)		TMZ (N)		TMZ (N)		Skip and Shannon: Undisputed		NASCAR Xfinity	

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Jurassic World: Fallen Kingdom ★★ (18)					Jurassic World: Fallen Kingdom ★★ (18, Adventure) <i>Chris Pratt</i>					Night School ★★ (18, Comedy) <i>Kevin Hart</i>			Fargo		
FXM	384	Kung Fu Panda 3 (16) 'PG'		(25)	Kung Fu Panda 3 (16, Children's) 'PG'		(20)	Miss Peregrine's Home for Peculiar Children (16)		Nine Lives (16, Comedy) 'PG'			King & I				
FX	125	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Family Guy	Family Guy	Archer	Archer	Paid Programs				
GETTV	373	Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford	Sanford	Sanford	Good Time	Good Time	
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided	
GOLF	401	📍 2020 Tokyo Olympics Women's Golf, Final Round Final round coverage of women's golf. From Kasumigaseki Country Club in Kasahata, Saitama, Japan. (L)										Olympics					
GRIT	217	Two Rode Together ★★★ (61, Western) <i>James Stewart</i>			Firecreek ★★ (68, Western) <i>James Stewart, Henry Fonda</i>			Heaven With a Gun ★★★ (69, Western) <i>Glenn Ford</i>			Paid Prog.						
HALL	185	Christmas Under the Stars (19, Romance)		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier		
HALLDR	186	Chesapeake Shores		Breathing Lessons ★★★ (94, Romance)			The Waltons		The Waltons		The Waltons		The Waltons		Little House on Prairie		
HALLMV	187	Signed, Sealed		Signed, Sealed, Delivered: Impossible			Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Magnum, P.I.		
HDMOV	130	Highway (20) Scream (96, Horror) <i>Neve Campbell</i>		(20)	Scream 2 (97, Horror) <i>David Arquette</i>		(25)	Scream (96, Horror) <i>Neve Campbell</i>		(25)	Scream 2 (97, Horror)						
HGTV	112	Dream	Dream	One Week	One Week	Dream	Dream	Dream	Dream	One Week	One Week	Dream	Dream	Dream	Dream		
HIST	120	Ancient Aliens		Ancient Aliens (N)		(03)	Ancient Aliens		(05)	Ancient Aliens		(12:03)	Ancient Aliens		(06)	Ancient Aliens	
ID	192	Web of Lies / See You		Web of Lies		Web of Lies		Web of Lies		Web of Lies		Web of Lies		Web of Lies		Web of Lies <i>Final Sale</i>	
IFC	133	Vacation ★★ (15, Comedy) <i>Ed Helms</i>			Failure to Launch (06, Romance-Comedy)			RV ★★ (06, Children's) <i>Robin Williams</i>			(15) Failure to Launch (06, Romance-Comedy)						
LAFF	237	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	'70s Show	'70s Show	Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Paid Programs	
LIFE	108	The Help ★★★ (11, Drama) <i>Viola Davis, Emma Stone</i>					(03)	The Simone Biles Story: Courage to Soar (12:59) The Help ★★★ (11, Drama) <i>Viola Davis, Emma Stone</i>									
LMN	109	Death She Wrote (21, Suspense)			Is There a Killer in My Family? (20, Suspense)			(12:01)	Death She Wrote (21, Suspense)			Is There a Killer in My Family? (20, Suspense)					
MGMHD	385	Thunder Road (58, Adventure) <i>Robert Mitchum</i>		(9:50)	The Night of the Hunter (55, Suspense)		Tank Girl ★★ (95, Science Fiction) <i>Lori Petty</i>		(15) The Adventures of Buckaroo Banzai (84)								
MOTOR	246	Engine	Engine	Roadkill Garage	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill Garage	Roadkill	Roadkill	Roadkill	Roadkill	Engine	Engine		
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour		Rachel Maddow Show		The Last Word		The 11th Hour		Dateline	
NATGEO	197	Cesar Millan		Cesar Millan		Cesar Millan		Cesar Millan		Cesar Millan		Explorer		Bloods and Crips		Miami Drug Cartel	
NGWLD	190	When	When	When Sharks Attack (N)		Shark Attack		When	When	When Sharks Attack		Shark Attack		Big Sharks Rule		Paid Programs	
OUTD	396	Wardens	Wardens	Red River ★★★ (88, Western) <i>James Arness</i>			Red River ★★★ (88, Western) <i>James Arness</i>			Hollywood		Wardens	Hunt Adv	Wildlife			
OWN	189	Put a Ring on It		Put a Ring on It (N)		Put a Ring on It		Put a Ring on It		Put a Ring on It		Put a Ring on It		Put a Ring on It			
OXYG	127	Cold Justice		Cold Justice		Dateline: Secrets		Dateline: Secrets		Charmed to Death		Snapped		Snapped <i>Deirdra Griffin</i>			
PARMT	241	Raiders of the Lost Ark (81)		Indiana Jones and the Last Crusade (89, Adventure) <i>Harrison Ford</i>			Indiana Jones and the Temple of Doom (84, Adventure)			The Office		The Office					
POP	117	Sex and the City ★★★ (08, Romance-Comedy) <i>Sarah Jessica Parker, Kim Cattrall</i>					Sex and the City 2 ★★ (10, Romance-Comedy) <i>Sarah Jessica Parker, Kim Cattrall</i>					Hitch (05) <i>Will Smith</i>					
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Paid Programs	
RFDTV	231	Presleys'	Penny G	Reporter	FarmHer	Farming	Blu. Trail	Country	Rural News	Presleys'	Penny G	Reporter	Farming	Paid Programs			
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	
SMITH	367	Mighty Trains		Mighty Cruise Ships		Battle of Okinawa		Bomb Dropped		Mighty Trains		Mighty Cruise Ships		Battle of Okinawa		Battle at Sea: Jutland	
SUNDY	386	The Hunt for Eagle One (06)			(45)	The Hunt for Eagle One: Crash Point			The Hunt for Eagle One (06)			Hunt for Eagle One			(40) Wild Things 2 (04, Suspense)		
SONY-E	358	Law & Order <i>Passion</i>		Law & Order		Law & Order <i>Terminal</i>		Law & Order <i>Thrill</i>		Law & Order <i>Denial</i>		Law & Order		Columbo <i>No Time to Die</i>			
SYFY	122	Avengers: Age of Ultron ★★★ (15, Action)			SurrealEstate (N)			Gods of Egypt ★★ (16, Fantasy) <i>Nikolaj Coster-Waldau</i>			The Giver ★★ (14, Drama) <i>Jeff Bridges</i>		Surreal				
TBN	260	Christian History		Christian History		Christian History		Christian History		Prince	Love Lang	Gaither	Rubin	Watchman	Insights	Gospel	Xtreme Life
TBS	139	Rush Hour ★★★ (98, Action) <i>Jackie Chan</i>			(10)	Rush Hour 2 ★★ (01, Action) <i>Jackie Chan</i>			(20)	Rush Hour (98, Action) <i>Jackie Chan</i>			(20)	Rush Hour 2 (01, Action)			
TCM	132	Out of the Past ★★★★★ (47, Crime Drama)			Farewell, My Lovely ★★★★★ (75, Mystery)			Macao ★★ (52, Crime Drama)			(45)	The Way West ★★ (67, Western) <i>Kirk Douglas</i>					
TLC	183	90 Day Fiancé: Happily Ever After? (N)			90 Day		Darcey & Stacey (N)	90 Day		90 Day Fiancé: Happily Ever After?			90 Day		Darcey & Stacey	90 Day	
TMC-W	329	A Most Violent Year (05) Out of Time (03, Suspense) 'PG-13'			Moonlight (16, Drama) <i>Mahershala Ali 'R'</i>			American Honey (16, Comedy-Drama) <i>Sasha Lane 'R'</i>			Spec Now						
TNT	138	Star Wars: The Force Awakens (15, Science Fiction) <i>Harrison Ford</i>			Star Wars: The Last Jedi ★★★★★ (17, Science Fiction) <i>Mark Hamill, Carrie Fisher</i>			Star Wars: The Phantom Menace									
TRU	242	Jokes	Jokes	Jokes	Jokes	Big Daddy ★★ (99, Comedy) <i>Adam Sandler</i>		Big Daddy ★★ (99, Comedy) <i>Adam Sandler</i>		Bar Wars		Bar Wars		Jokes	Jokes		
TRVL	196	Ghost Adventures		Ghost Adventures <i>Spirits of the Epidemic</i> (N)			Ghost Adventures		Ghost Adventures		Ghost Adventures <i>Spirits of the Epidemic</i>		Ghost Adventures				
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	King	Goldbergs	Goldbergs
UP	188	Gilmore Girls		Gilmore Girls		Heartland <i>Outsiders</i>		Home Imp.		Home Imp.		Home Imp.		Home Imp.		Paid Programs	
USA	105	2020 Tokyo Olympics			2020 Tokyo Olympics Diving (L)		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics		Olympics		
WE	128	Love After Lockup		Love After Lockup (N)		Love After Lockup		Love After Lockup		Love After Lockup		Love After Lockup		Love After Lockup			

LOCAL NETWORKS

ABC-E	Shark Tank	20/20		Local Prog.			(35) Jimmy Kimmel Live!	Nightline (N)	Local Programs					
CBS-E	Celebrity Renovation	Love Island (N)		Blue Bloods		Local Prog.	Late Show-Colbert	James Corden	Local Programs					
CW-E	Burden of Truth (N)	Dynasty (N)		Local Programs										
FOX-E	📍 WWE Friday Night SmackDown (L)			Local Programs										
NBC-E	📍 2020 Tokyo Olympics Track and Field, Marathon, Diving, Basketball (L)						Local Prog.	2020 Tokyo Olympics	2020 Tokyo Olympics					
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Tw. Zone	Hitchcock	Hitchcock	Mannix	Cannon <i>Fool's Gold</i>
ABC-W	Local Programs		News	Local Programs		Shark Tank	(12:01) 20/20			Local Prog. (35) Jimmy Kimmel Live! Nightline (N)				
CBS-W	Local Programs		News	Local Programs		Celebrity Renovation	Love Island (N)		Blue Bloods		Local Prog. Late Show-Colbert Corden			
CW-W	Local Programs			Burden of Truth (N)		Dynasty (N)		Local Programs						
FOX-W	Local Programs			WWE Friday Night SmackDown (N)			Local Programs							
NBC-W	📍 2020 Tokyo Olympics Track and Field, Marathon, Diving, Basketball (L)						Local Prog.	2020 Tokyo Olympics	2020 Tokyo Olympics					
PBS	Wash	Hoover	Icon: Music Through		Classic Albums (N)		Amanpour-Co	Wash	Hoover	Icon: Music Through		Classic Albums	POV <i>Pier Kids</i>	

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Ⓢ The Chi Desus & Mero	The Firm ★★ (93, Drama) Tom Cruise, Jeanne Tripplehorn 'R'	(45) Dead in Tombstone (13, Western) Danny Trejo, Anthony Michael Hall 'R'	John Q ★★ (02, Drama) Denzel Washington, Robert Duvall 'PG-13'	I Love You, Man	
	SHO-W 319	(10) American Psycho ★★ (00, Horror) 'R'	Black Mon	The Chi	Desus	The Firm ★★ (93, Drama) Tom Cruise 'R'	(45) Dead in Tombstone (13) 'R'
	SHO2-E 320	Ⓢ The Chronicles of Riddick (04, Science Fiction) Vin Diesel 'PG-13'	Rescue Dawn ★★ (06, War) Christian Bale, Steve Zahn 'PG-13'	(35) The Nutty Professor (96, Comedy) Eddie Murphy 'PG-13'	(10) Nutty Professor II: The Klumps ★★ (00, Comedy) Eddie Murphy 'PG-13'	The Bodyguard (92, Drama) 'R'	
	SHOBET 321	Basketball County: In the Water	Rafiki (18, Drama) 'NR'	How She Move (07) 'PG-13'	(35) Dance Flick (09) 'PG-13'	Waves (19, Drama) Kelvin Harrison Jr. 'R'	
	SHOX-E 322	(05) Bad News Bears (05, Comedy) 'PG-13'	Mob Town (19, Crime Drama) 'R'	Blazing Saddles (74, Comedy) 'R'	(05) The Longest Yard (05, Comedy) 'PG-13'	Chronicles-Ridd	
	SHOS-E 323	Ⓢ (01) 'R' (45) Indiana Jones and the Kingdom of the Crystal Skull Official Secrets (19, Drama) Keira Knightley 'R'	I, Tonya (17, Biography) Margot Robbie 'R'	The Firm (93) 'R'			
STARZ	TMC-E 327	Ⓢ All I See Out of Time ★★ (03, Suspense) 'PG-13'	(20) Lifeguard (76, Drama) 'PG'	Sleepless in Seattle (93) Tom Hanks 'PG'	(9:50) Collide (16, Action) 'PG-13'	Gangster	
	TMCX-E 328	Scary Stories to Tell in the Dark (19) 'PG-13'	A Dog's Journey ★★ (19, Children's) 'PG'	In the Line of Fire ★★ (93, Suspense) 'R'	(10) Out of Time (03, Suspense) 'PG-13'		
	FLIX-E 333	(15) Brokeback Mountain (15) The Saint (97, Action) Val Kilmer 'PG-13'	(15) Ruby in Paradise ★★ (93, Drama) 'R'	(15) Remember Me (10, Romance) 'PG-13'	(15) Spaceballs (87)		
	ENCR-E 340	Ⓢ Urban Cowboy (25) The Lone Ranger ★★ (13, Western) Johnny Depp, Armie Hammer 'PG-13'	(6:58) Hotel Transylvania ★★ (12, Children's) 'PG'	(33) Parenthood ★★ (89, Comedy-Drama) Steve Martin, Mary Steenburgen 'PG-13'	(40) Big Trouble in Little China (86, Action) Kurt Russell 'PG-13'		
	STARZ-E 350	(13) The Nanny Diaries ★★ (07, Comedy) Scarlett Johansson, Laura Linney 'PG-13'	(02) The Dilemma ★★ (11, Comedy) Vince Vaughn, Kevin James 'PG-13'	(7:57) Lake Placid ★★ (99, Horror) Bill Pullman, Bridget Fonda 'R'	(23) Basic ★★ (03, Suspense) John Travolta, Connie Nielsen 'R'	(06) The Amazing Spider-Man (12) 'PG-13'	
	STARZ-W 351	Ⓢ Lake Placid (99) 'R' (08) Spider-Man ★★ (02, Action) 'PG-13'	(13) The Nanny Diaries (07, Comedy) 'PG-13'	(02) The Dilemma ★★ (11, Comedy) 'PG-13'	(10:57) Lake Placid 'R'		
STRZED 352	Ⓢ The Edge (37) Come as You Are (19) Hayden Szeto 'NR'	(27) How Do You Know ★★ (10) 'PG-13'	(31) Overcomer (19, Drama) Alex Kendrick 'PG'	(34) Larry Crowne (11) 'PG-13'			
STRZCI 353	Ⓢ The Traitor (19) 'R' (13) Animal Kingdom (10, Crime Drama) 'R'	(08) Pain and Glory ★★ (19, Drama) 'R'	(03) Amour ★★ (12, Drama) 'PG-13'	(12) Finding Forrester			
STRZCO 354	Ⓢ Trading (45) The Family ★★ (13, Comedy) 'R'	Party	Love, Weddings	(43) Breakin' All the Rules (04)	(13) Here Comes the Boom (12, Comedy) 'PG'		
STRZIB 355	Ⓢ No Good Deed (02) (03) Under Suspicion ★★ (00, Suspense) 'R'	(6:57) Boys on the Side ★★ (95) 'R'	(8:55) Chain Reaction (96) 'PG-13'	Long Run	Long Run	Long Run	
STRZKF 356	Ⓢ Cinderella (45) My Hero Academia: Heroes Rising (09) (31) Dudley Do-Right (99) 'PG'	(7:55) Wild America (97) 'PG'	(42) Snowflake, the White Gorilla (08) Million Dollar Arm				
EPIX	EPIX 380	Ⓢ Domina Happiness (12, Comedy) Jena Sims	(35) Attack of the 50 Ft. Cheerleader As Good as It Gets ★★ (97, Comedy-Drama) Jack Nicholson, Helen Hunt	(20) The Dead Zone ★★ (83, Suspense) Christopher Walken	(05) The Wolf of Snow Hollow (20, Horror) Jim Cummings	I Know What	
	EPIX2 381	Ⓢ Bound (96, Suspense) Jennifer Tilly Sex Life	(25) Spare Parts (15, Drama) George Lopez	(25) Robot & Frank (12)	(9:55) Skyfall (12, Action) Daniel Craig		
	EPIXH 382	Ⓢ 71 (14) (25) Hope Gap (19, Drama)	(10) Alive (19, Documentary)	(20) Trial by Fire (18, Drama) Jack O'Connell	Enemy at the Gates (01, War) Joseph Fiennes	We Soldiers	
	EPIXDR 292	(10) Still Waiting ... (09, Comedy) (40) Punk (Part 2 of 4)	(35) Fish Don't Blink (02, Comedy)	(05) Bagdad Cafe (87, Comedy)	(40) Young Adult ★★ (11)	Planes, Trains	

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs				Flipping Vegas	Flipping Vegas	Flipping Vegas	Zombie House Flipping	Sell House	Sell House
AHC 195	Almost, Away	Ancient Assassins	Against the Odds	Korean	Against the Odds	UFOs: Uncovering	UFOs: Uncovering	UFOs: Uncovering		
AMC 131	Rambo: First Blood Part II (85, Action)		Two Men	Two Men	Two Men	Two Men	Two Men	(15) Jaws the Revenge ★ (87, Suspense)		
APL 184	Dr. Jeff: RMV	Dr. Jeff: RMV	My Cat From Hell	My Cat From Hell	Embarr	Embarr	The Aquarium	The Aquarium	The Aquarium	
AXSTV 167	Paid Programs				Legends	Paid Programs	The Big Interview	The Big Interview	The Big Interview	
BBCA 135	Ⓢ Worlds	Seven Worlds, One Planet	Seven Worlds, Planet	Seven Worlds, Planet	Planet Earth: Dynasties	Planet Earth: Dynasties	Planet Earth: Dynasties	Planet Earth: Dynasties	Planet Earth: Dynasties	
BET 124	The Parkers	The Parkers	The Parkers	The Parkers	Showdown of Faith	Payne	Payne	Prince	Prince	Prince
BOUNCE 359	Scandal	Off-Chain	Off-Chain	Wendy Williams Show	Black Quiz	Diff. World	Hates Chris	Hates Chris	Hates Chris	Hates Chris
BRAVO 129	Ⓢ Harry Potter and the Sorcerer's Stone (01)		TBA	Harry Potter and the Prisoner of Azkaban ★★ (04, Children's)	Harry Potter and the Goblet of Fire ★★ (05, Fantasy)					
BUZZR 245	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Paid Programs			Hidden	Price	(10) The Price Is Right
CHD 249	Who Killed Tupac?	Who Killed Tupac?			Paid Programs	The Big House Folsom	The Big House	The Big House	The Big House	
CMT 166	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	Hot 20 Countdown			
CNBC 208	Ⓢ 2020 Tokyo Olympics		American Greed	Options	Paid Programs					Paid Prog.
CNN 200	CNN Newsroom Live (L)	CNN Newsroom Live (L)	New Day We	New Day We	New Day We	Smerconish (L)	CNN Newsroom	CNN Newsroom		
COM 107	South Park	South Park	Paid Programs	Parks	Parks	Parks	Parks	The Office (45) The Office	The Office	The Office
COMET 289	Paid Programs				Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery
COOK 113	Paid Programs				Unique	Unique	Unique	Unique	Man's Greatest Food	Man's Greatest Food
DISC 182	(11) Dual Survival	(11) Dual Survival	Bass Wrap	Sport	Major League Fishing (N)	Airplane Repo	Airplane Repo	Airplane Repo		
DFC 179	BathCrash	BathCrash	Gi Joe	Gi Joe	Adventures Pirata	Monsters	Transform.	Rescue Bots	Rescue Bots	Transform
DISN-E 172	Austin	Bunk'd	Bunk'd	Big City	Ladybug	Ladybug	DuckTales	Amphibia	Big City	Big City
DIY 111	Paid Prog.	Salvage	Paid Programs		Old House	Old House	Old House	Old House	Old House	Old House
ENCR-W 341	Ⓢ Piranha 3D (10) 'R'	(07) Urban Cowboy (80, Drama) John Travolta 'PG'	(25) The Lone Ranger (13, Western) Johnny Depp 'PG-13'	(9:58) Hotel Transylvania (12) 'PG'	Parenthd					
EWESTN 342	Ⓢ Tell-Willie (36) Smoky (66, Western) Fess Parker 'NR'	(20) Yellow Sky (48, Western) 'NR'	The War Wagon (67) 'NR'	(41) Texas Across the River (66, Western) 'NR'	Rough N.					
EACTN 343	Ⓢ DevilsOwn (39) The Hit List (11, Action) 'R'	(11) Miami Vice	(02) Ronin (98, Action) Robert De Niro 'R'	(06) The Wave (19) Justin Long 'R'	(36) Scarface (83) Al Pacino 'R'					
ESUSP 344	(13) Side Effects (13, Drama) Jude Law 'R'	The Scorpion King 3: Battle for Redemption	(7:48) Vacancy (07) 'R'	(15) Lucky Number Slewin ★★ (06) 'R'	(07) Devil (10) 'PG-13'					
EBLACK 345	Ⓢ Stir Crazy Taxi ★★ (04, Comedy) 'PG-13'	(09) Cadillac Records ★★ (08, Drama) 'R'	Sanford	Jeffersons	(8:54) A Thousand Words (12)	(28) Ticking Clock (11, Action) 'R'				
ECLASS 346	Ⓢ 6th Day (34) Spider-Man 2 (04, Action) 'PG-13'	(43) Titanic ★★ (97, Historical Drama) Leonardo DiCaprio 'PG-13'	Drop Dead Dia	Drop-11	Eat Pray					
EFAMILY 347	Ⓢ Little Boy (45) The Good Dinosaur (15, Children's) 'PG'	(20) Mary and the Witch's Flower (05) Flicka: Country Pride (12) 'G'	(38) The Express (08, Biography) Dennis Quaid 'PG'							
ESPN 140	SportsCenter	SportsCenter	SportsCenter	SportsCenter (L)	SportsCenter (L)	Outside the Lines (L)	SportsCenter (L)	SportsCenter (L)		
ESPN2 143	UFC Unleashed	UFC Top	UFC Live	NFL Live	Cornhole 2021 ACL World Championships, Day	SportsCenter (L)	NFL's Greatest Games	Super Bowl		
EWTN 261	Savoring	Chesterton	Catholic	Catholics	My God	Religious	St. Michael/Rosary	Daily Mass (L)	Devotion	First Sat.
FETV 82	Sergeant	Sergeant	Lassie	Lassie	Paid Prog.	Monkees	Monkees	Partridge	Partridge	Partridge
FNC 205	Hannity	The Five	FOX and Friends Saturday (L)							
FOOD 110	Diners	Diners	Paid Programs	Contessa	Contessa	The Kitchen	Symon	Symon	Pioneer	Pioneer
FREFM 180	Paid Programs				Jumanji ★★ (95, Children's) Robin Williams	Cars ★★ (06, Children's) Voices of Owen Wilson				
F51 150	PokerStars Shark Cage	PokerStars Shark Cage	TMZ Sports	NASCAR Xfinity	Hub	Greatest Races: NASCAR From Aug. 10, 1986.				RaceDay

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	◀ Fargo	FXM Pres.	Paid Programs				Mike	Mike	Night School ★★ ('18, Comedy) <i>Kevin Hart</i>				That's My Boy ★ ('12, Comedy)					
FXM	384	◀ The King and I ('56, Musical) <i>Deborah Kerr</i> 'G'		A Royal Scandal ('45) 'NR'				(35) Hilda Crane ★★★ ('56) 'NR'	(05) Fraulin ('58, Drama) 'NR'	(45) All About Eve ('50) 'NR'									
FXX	125	Paid Programs						The 5th Wave ('16, Science Fiction) <i>Chloë Grace Moretz</i>				Interstellar ('14, Science Fiction) <i>Matthew McConaughey</i>							
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs				Paid Progr	Paid Progr	Paid Progr	Paid Progr	Real Life	Real Life	Shane	(15) Hondo		
GMSHW	116	Paid Programs										Deal or No Deal	America	America	America	America			
GOLF	401	◀ Live From the Olympics <i>Women's Round 4 (L)</i>				Olympics	2020 Tokyo Olympics <i>Women's Golf, Final Round</i>				PGA Korn Ferry Tour Golf <i>Utah Championship, Second Round (N)</i>								
GRIT	217	Paid Programs						Men From Shiloh <i>Follow the Leader</i>	Death Vall.	Death Vall.	Death Vall.	Death Vall.	Death Vall.	Mohawk ★★★ ('56, Adventure) <i>Scott Brady</i>					
HALL	185	Frasier	Frasier	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	June in January ('14, Romance-Comedy)				Love on Safari ('18)			
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		All's Fair in Love			
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Monk		Monk		Monk		Monk		Monk					
HDMOV	130	◀ Scream 2 Trailer		Paid Programs						Heartburn ★★★ ('86, Drama) <i>Meryl Streep</i>				(9:55) Ironweed ('87, Drama) <i>Jack Nicholson</i>					
HGTV	112	Paid Programs						Good Bones				Good Bones							
HIST	120	Paid Programs						Mnt. Men	Mountain Men <i>On Thin Ice</i>		Mountain Men <i>Big Mountain Payday</i>				Mountain Men				
ID	192	Shattered		Shattered		Murder in Ypsilanti: Keith Morrison		Investigates	Shadows of Death		A Time to Kill		Deadly Women		Body Cam <i>Man Down</i>				
IFC	133	(15) Kids in the Hall		Kids in Hall	Kids in Hall	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	RV ('06, Children's)			
LAFF	237	Paid Programs						Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	Videos	Videos	Videos	Videos
LIFE	108	Paid Programs										Paid Programs				Married at First Sight			
LMN	109	Paid Programs						If Looks Could Kill ('16, Suspense) <i>Gary Sievers</i>				Infidelity in Suburbia ('17, Suspense)				One Nightmare Stand ('18, Suspense)			
MGMHD	385	◀ AdvBuck Studio		Studio	Studio	Studio	(35) Convicts ★★ ('91, Drama) <i>Robert Duvall</i>	(40) Foxes ★★★ ('80, Comedy-Drama) <i>Jodie Foster</i>					All or Nothing ('02)						
MOTOR	246	Garage Squad		Bitchin' Rides		Hot Rod	GearZ	Junkyard	EveryDay	Roadkill	Classic Car	LOKAR	Hot Rod	Roadkill	Roadkill	Car Fix	Garage		
MSNBC	209	Dateline		Dateline		Report		Report		Velshi (L)		Velshi (L)		The Cross Connection		With Tiffany Cross (L)			
NATGEO	197	Vegas Mafia		Philly Mob		Paid Programs						Drug Lords: Next Gen.		Drug Lords: Next Gen.		Drug Lords: Next Gen.			
NGWLD	190	Paid Programs						Orca vs. Great White		Man vs. Shark		Shark vs. Predator		Shark vs. Tuna		The Croc That Ate Jaws			
OUTD	396	Sporting	DirT Trax	Bill Dance	Bass	Outdoors	Critical	Bowlife	Bow Mad.	Fowl Life	The Flush	Buck.	Bucks Tec.	Bone Coll.	Hunter	Hunting	Raised		
OWN	189	20/20 on OWN		20/20 on OWN		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Hunters		Hunters	
OXYG	127	Snapped		Snapped <i>Ana Mancio</i>		Dateline				Dateline: Secrets Uncovered				Charmed to Death		Snapped <i>Shajia Ayoubi</i>			
PARMT	241	Paid Programs										Raiders of the Lost Ark ('81, Adventure) <i>Harrison Ford</i>				Indiana Jones & the Temple			
POP	117	◀ Hitch ('05, Romance-Comedy) <i>Will Smith</i>		Charmed		Charmed		Hitch ★★★ ('05, Romance-Comedy) <i>Will Smith, Eva Mendes</i>				Sex and the City ('08)							
REELZ	299	Paid Programs						J.K. Rowling: Behind Closed Doors				Anna Nicole Smith: Behind Closed Doors		Playmate Killer		N. Holloway			
RFDTV	231	Paid Programs						Rural America Live		Red Ste.	Rural News	Agribusiness		Cattlemen to Cattlemen		U.S. Farm Report (N)		Farm Show	Mecum
SCI	193	Legends of the Deep		Legends of the Deep		Legends of the Deep		Legends of the Deep		How/Made/Tomorrow		Expedition Shipwreck		Shipwreck Secrets		Shipwreck Secrets			
SMITH	367	(05) Secrets		Pocahontas		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America			
SONY	386	◀ Wild ('20) Beach Fever ('88, Comedy)		Starman ('84, Science Fiction) <i>Jeff Bridges</i>				(10) Escape to Athena ★★ ('79, Action) <i>Roger Moore</i>				Conspiracy ★★ ('08, Suspense)							
SUND-E	358	(15) <i>Columbo A Bird in the Hand...</i>						Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Law Order: CI	
SYFY	122	◀ Surreal		Futurama	Futurama	Futurama	Paid Programs				The Last Sharknado: It's About Time ('18)				Sharknado 5: Global Swarming ('17, Action)				
TBN	260	Why Israel	Harbinger	Jordan Rubin: CBD Pills		Father	Mysteries	Joel Osteen	Prince	Veggie	Veggie	Veggie	Veggie	Joel Osteen	Prince	S. Furtick	Franklin		
TBS	139	◀ Rush Hr 2 ('20) Hot Pursuit ('15, Comedy)		George	George	George	George	George	George	George	George	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld		
TCM	132	◀ Rampage ('63, Adventure) <i>Robert Mitchum</i>		Africa Screams ('49, Comedy)				Jack and the Beanstalk ('52)		(15) Abbott and Costello in Hollywood ('45)				Rio Rita ★★★ ('42)					
TLC	183	Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		Little People, Big World		Little People, Big World			
TMC-W	329	The Spectacular Now ('13) 'R'						All I See Is You ('16, Drama) <i>Blake Lively</i> 'R'		Out of Time ★★ ('03, Suspense) 'PG-13'		(20) Lifeguard ('76, Drama) 'PG'		Sleepless in Seattle					
TNT	138	◀ Star Wars: The		(15) Star Wars: Attack of the Clones ★★ ('02, Science Fiction) <i>Ewan McGregor</i>						(24) Star Wars: Revenge of the Sith ★★ ('05, Science Fiction)		Star Wars							
TRU	242	Laff Mobb	Laff Mobb	Laff Mobb	Laff Mobb	Funniest	Funniest	Funniest	Funniest	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Jokes	Jokes	Jokes	Jokes		
TRVL	196	Paid Programs						Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne		
UP	188	Paid Programs						Br.- Bates	Br.- Bates	Heartland <i>Wild One</i>		Heartland		Home Imp.		Home Imp.		Home Imp.	Home Imp.
USA	105	◀ 2020 Tokyo Olympics		2020 Tokyo Olympics <i>Rhythmic Gymnastics (N)</i>				2020 Tokyo Olympics				* 2020 Tokyo Olympics <i>Baseball, Gold Medal Game (L)</i>							
WE	128	Beyond the Pole		Paid Programs										Criminal Minds		Criminal Minds <i>Hope</i>			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs						Local Programs		Good Morning America (N)		Good Morning America (N)		Local Programs				Local Prog.	
CBS-E	Local Programs						Local Programs		Lucky (N)	Innovation	Mission	Hope-Wild	CBS This Morning: Saturday (N)				Pet Vet	All In
CW-E	Local Programs						Local Programs		Local Prog.	Local Prog.	Into Wild	Into Wild	Into Wild	This Old H.	Friends	Tail-Valor	Local Programs	
FOX-E	Local Programs						Local Programs						Local Programs					
NBC-E	◀ 2020 Tokyo Olympics		Local Programs				Local Prog.		2020 Tokyo Olympics				2020 Tokyo Olympics					
METV	247*	Barnaby Jones	Petticoat	Petticoat	Hillbillies	Hillbillies	Pink Panther's Party	The Tom and		Bugs Bunny and (N)		Maverick		Wagon Train				
ABC-W	Local Programs								Good Morning America (N)		Good Morning America (N)		Local Prog.				Local Prog.	
CBS-W	◀ Corden		Local Programs										CBS This Morning: Saturday (N)		Lucky (N)	Innovation		
CW-W	Local Programs												Local Programs		Local Prog.	Local Prog.	Into Wild	Into Wild
FOX-W	Local Programs												Local Programs					
NBC-W	◀ 2020 Tokyo Olympics						2020 Tokyo Olympics				2020 Tokyo Olympics							
PBS	◀ POV	Breaking	Old House	Old House	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	◀ Love You, Man '09, Comedy Paul Rudd 'R'	(15) The Challenger '15, Drama Moran, Michael Clarke Duncan 'PG-13'	The End	The End	The Gentlemen ★★★ ('20, Crime Drama) Matthew McConaughey, Charlie Hunnam 'R'	The Chi A Raisin in the Sun	Four Brothers ★★ ('05, Crime Drama) 'R'
	SHO-W 319	◀ Dead Tmb John Q ★★ ('02, Drama) 'PG-13'	Love You, Man '09, Comedy 'R'	(15) The Challenger '15, Drama) 'PG-13'	The End	The End	The Gentlemen ('20)	
	SHO2-E 320	◀ The Bodyguard '92, Drama) 'R'	(10) Munich ★★★ ('05, Suspense) Eric Bana, Daniel Craig 'R'	Black Monday	Flatbush Mis	Platoon ★★★ ('86, War) Tom Berenger, Willem Dafoe 'R'	Falling ('20, Drama) Viggo Mortensen 'R'	
	SHOBET 321	(15) This Ain't Normal '18, Documentary) 'NR'	The Captive '14, Suspense) Ryan Reynolds 'R'	O '01, Drama) Mekhi Phifer 'R'	(45) Pitch Black ★★★ ('00, Science Fiction) 'R'	Unforgive		
	SHOX-E 322	◀ Chronicles-Ridd	U-571 ★★★ ('00, Suspense) 'PG-13'	Saving Private Ryan ★★★ ('98, War) Tom Hanks 'R'	(5:50) Shooter ★★ ('07, Suspense) 'R'			
	SHOS-E 323	◀ The Firm ★★★ ('93, Drama) 'R'	(35) Burden '18, Drama) Garrett Hedlund 'R'	(35) The Thomas Crown Affair '99) 'R'	Limitless '11, Suspense) 'PG-13'	(15) I, Tonya '17) 'R'		

STARZ	ENCR-E 340	◀ Big Trouble '01, Mystery) Morgan Freeman 'R'	(23) Along Came a Spider ★★ ('10) Black and Blue ★★★ ('19, Suspense) Naomie Harris, Tyrese Gibson 'R'	The Call ★★ ('13, Suspense) Halle Berry, Abigail Breslin 'R'	(39) Big Trouble in Little China ★★★ ('86, Action) Kurt Russell, Kim Cattrall 'PG-13'	So I Married
	STARZ-E 350	◀ The Amazing Spider-Man '12, Action) Andrew Garfield 'PG-13'	(26) Scream 4 ★★★ ('11, Horror) Neve Campbell, Courteney Cox 'R'	(20) Power Book III: Raising Kanan	(4:51) Basic ★★ ('03, Suspense) John Travolta, Connie Nielsen 'R'	(33) The Dilemma ★★ ('11, Comedy) Vince Vaughn 'PG-13'
	STARZ-W 351	◀ Lake Placid '23) Basic ★★ ('03, Suspense) 'R'	(06) The Amazing Spider-Man '12, Action) 'PG-13'	(26) Scream 4 '11, Horror) Neve Campbell 'R'	Power Book III: Raising Blindspot	
	STRZED 352	◀ Larry '16) Girl, Interrupted ★★ ('99, Drama) 'R'	(27) Man of the House ★★ ('05) (11) 21 and Over '13, Comedy) Miles Teller 'R'	Power Book III: Raising The Edge '97)		
	STRZCI 353	◀ Finding Forrester '00) 'PG-13'	(31) Animal Kingdom '10, Crime Drama) 'R'	(27) The Last Temptation of Christ '88, Drama) 'R'	(13) Assassins '20, Documentary) 'NR'	
	STRZCO 354	Party	Party	It Could Happen to You '94) 'PG-13'	(45) Trading Places ★★ ('83, Comedy) 'R'	(45) Breakin' All the Rules '04)

AMERICA'S TOP PROGRAMMING

A&E	118	The Bourne Supremacy ★★★ ('04, Action) Matt Damon	The Bourne Ultimatum ★★★ ('07, Action) Matt Damon	John Wick: Chapter 2 ★★★ ('17, Action) Keanu Reeves, Common													
AHC	195	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Codes and Conspiracies	Nazi Secret Files	Nazi Secret Files	Nazi Secret Files	Nazi Secret Files								
AMC	131	(15) Jaws 3 ★★ ('83, Suspense) Dennis Quaid	Jaws ★★★ ('75, Suspense) Roy Scheider, Robert Shaw	Jaws 2 ★★ ('78, Suspense) Roy Scheider, Lorraine Gary													
APL	184	The Aquarium	The Aquarium	The Zoo	The Zoo	The Zoo Beloved Bugs	The Zoo	The Zoo	The Zoo								
AXSTV	167	Year-Music/Year-Music	Year-Music/Year-Music	Year-Music/Year-Music	Year-Music/Year-Music	Year-Music/Year-Music	Year-Music/Year-Music	Year-Music/Year-Music	Year-Music/Year-Music								
BBCA	135	Planet Earth: Dynasties	Wild India	Planet Earth	Planet Earth	Freshwater/Planet Earth Deserts	Planet Earth	Planet Earth	Planet Earth								
BET	124	Martin	Martin	Martin	Martin	True to the Game '17, Drama) Erica Peeples, Vivica A. Fox	True to the Game 2 '20, Crime Drama) Erica Peeples, Vivica A. Fox										
BOUNCE	359	Hates Chris	Hates Chris	Hates Chris	Liberty Stands Still ★★ ('02, Suspense)	7 Seconds '05, Action) Wesley Snipes	Chaos ★★★ ('05, Action) Jason Statham, Ryan Phillippe										
BRAVO	129	Harry Potter	Harry Potter and the Order of the Phoenix ★★★ ('07, Fantasy)	Harry Potter and the Half-Blood Prince ★★★ ('09, Children's) Daniel Radcliffe	Potter												
BUZZR	245	Price	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Concen.	Concen.	Concen.	Concen.	Concen.	Concen.	Card	Card
CHD	249	Cajun	Cajun	Cajun	Cajun	Model Killers	Model Killers	Model Killers	Model Killers	Crime 360	Crime 360	Killing Field	Crime 360				
CMT	166	Sister Act ★★ ('92, Musical Comedy) Whoopi Goldberg	Sister Act 2: Back in the Habit '93, Musical Comedy)	Overboard ★★ ('87, Comedy) Goldie Hawn, Kurt Russell	Sister Act												
CNBC	208	Paid Programs	Secret Lives	NASCAR Xfinity	Shark Tank	Shark Tank											
CNN	200	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom								
COM	107	The Office	The Office	The Office	The Office	The Office	Step Brothers ★★ ('08, Comedy) Will Ferrell	Ride Along ★★ ('14, Comedy) Ice Cube									
COMET	289	Nt. Gallery	Nt. Gallery	The X-Files Conduit	The X-Files	The X-Files 3	The X-Files	The X-Files Grotesque	The X-Files								
COOK	113	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Good Eats	Good Eats	Good Eats	Good Eats	Good Eats	Good Eats	Iron Chef America	Iron Chef America
DISC	182	Airplane Repo	Airplane Repo	Airplane Repo	Airplane Repo	Airplane Repo	Airplane Repo	Airplane Repo	Airplane Repo								
DFC	179	My Little Pony: Rainbow Roadtrip	Pet Shop	Too Cute!	Kids Baking	Winner Cake All	Bakery Boss	Cake Boss	Cake Boss	Cake Boss							
DISN-E	172	Movie	Gabby	Roll With It	Raven	Jessie	Jessie	Jessie	Jessie	Liv-Mad.	Liv-Mad.	Raven	Raven	(15) Zombies 2 '20, Romance-Comedy)			
DIY	111	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper							
ENCR-W	341	◀ Parenthood ★★★ ('89) 'PG-13'	(40) Big Trouble in Little China '86) 'PG-13'	(23) Along Came a Spider '01) 'R'	(10) Black and Blue ★★ ('19, Suspense) 'R'	The Call '13) 'R'											
EWESTN	342	◀ Rough Jericho '08) Showdown ★★ ('73, Western) 'PG'	(248) Smoky '66, Western) 'NR'	(32) Tell Them Willie Boy Is Here '11) The Comancheros '61, Western) 'NR'													
EACTN	343	◀ Scarface '83, Crime Drama) 'R'	(28) The Gunman '15, Action) Sean Penn 'R'	(26) Emperor '20) 'PG-13'	(07) Charlie's Angels '19, Action) 'PG-13'	(08) Scarface '83) 'R'											
ESUSP	344	◀ Devil '10) (29) Looper '12, Science Fiction) Bruce Willis 'R'	Linewatch '08, Drama) 'R'	(02) Kings ★★ ('17, Drama) 'R'	(31) Air '15) 'PG-13'	Lucky Number Slewin											
EBLACK	345	(12) Taxi '04, Comedy) Queen Latifah 'PG-13'	(1:52) Bulletproof '96, Action) 'R'	(19) Arena '11, Action) 'R'	(4:55) Cadillac Records '08, Drama) 'R'	(6:46) Taxi '04) 'PG-13'											
ECLASS	346	◀ Eat Pray Love ★★ ('10, Drama) 'PG-13'	(1:58) Jumping the Broom '11) 'PG-13'	(3:54) Titanic '97, Historical Drama) Leonardo DiCaprio 'PG-13'	(11) Young Guns '88)												
EFAMILY	347	◀ Ice Age '02) 'PG'	(12) The Good Dinosaur '15, Children's) 'PG'	Stuart Little 3 '04) Mary and The Witch's Flower '17) 'PG'	(5:49) The Express ★★ ('08, Biography) 'PG'												
ESPN	140	SportsCenter (L)	Comhole 2021 ACL World Championships, Day	ESPN Original Documentaries	ESPN Original Documentaries	SportsCenter (L)	Football Hall of Fame										
ESPN2	143	NFL's Greatest Games	NFL's Greatest Games	NBA Summer League Basketball Teams TBA	NBA Summer League Basketball Teams TBA	E60											
EWTV	261	Daily Mass	Religious	Bookmark	Vianney Speaks	Marian Procession	Called to Communion	Reform	Reasons	The Journey Home	Daily Mass						
FETV	82	Masterson	Masterson	Masterson	Ranger	Ranger	Ranger	Ranger	Ranger	Ranger	Matlock (Part 1 of 2)	Matlock (Part 2 of 2)					
FNC	205	Fox News Live (L)	Fox News Live (L)	Fox News Live (L)	Fox News Live (L)	Journal Editorial Report	Fox News Live (L)	The Big Saturday Show (L)	Fox Report	Life, Liberty & Levin							
FOOD	110	Symon	Guy's	Buddy vs. Duff	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Diners	Diners	Diners	Diners		
FREFM	180	(05) Cars 2 ★★ ('11, Children's) Voices of Owen Wilson	(40) Cars 3 ★★ ('17, Children's) Voices of Owen Wilson	(10) Ratatouille ★★ ('07, Children's) Voices of Patton Oswalt													
FS1	150	◀ RaceDay	NASCAR Truck Series	MLB on FS1 Pregame (L)	⊕ MLB Baseball New York Mets at Philadelphia Phillies (L)	If You Build It: Field											

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	That's My Boy ('12)				Mr. Deeds ★ ('02, Comedy) <i>Adam Sandler</i>				21 Jump Street ★★★ ('12, Comedy) <i>Jonah Hill</i>				22 Jump Street ★★★ ('14, Comedy) <i>Jonah Hill</i>			
FXM	384	All About Eve ('50)				Two for the Road ★★★ ('67) 'NR'				Gone Girl ★★★ ('14, Mystery) <i>Ben Affleck, Rosamund Pike</i> 'R'				Intrigo: Death of an Author Intrigo			
FXX	125	Interstellar ('14, Science Fiction)				Deepwater Horizon ('16, Suspense) <i>Mark Wahlberg</i>				Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers
GETTV	373	Hondo		Laredo		(:45) Casey Jones		Casey J.		Guns of Paradise		<i>Hawkeye The Siege</i>		Barbery Coast		Bret Maverick	
GMSHW	116	Common		Common		Ma. Minds		Ma. Minds		Cash Cab	Cash Cab	Cash Cab	Cash Cab	America	America	FamFeud	FamFeud
GOLF	401	PGA Golf				♀ Women's Golf <i>U.S. Women's Amateur, Semifinals (L)</i>				R&A Highlights (N)				PGA Golf			
GRIT	217	The True Story of Jesse James ('57, Western)				Reprisal! ★★★ ('56, Western) <i>Guy Madison</i>				Face of a Fugitive ★★ ('59, Western)				Good Day for a Hanging ('58, Western)			
HALL	185	Love on Safari ('18)				Royally Ever After ('18, Romance)				The Sweetest Heart ('18, Romance)				Right in Front of Me ('21, Romance)			
HALLDR	186	All's Fair in Love				Lead With Your Heart ('15, Romance-Comedy)				Time After Time ('11, Drama) <i>Richard Thomas</i>				Cloudy With a Chance of Love ('14, Romance)			
HALLMV	187	Monk				Monk				Monk				Monk			
HDMOV	130	Ironweed (:25) Falling in Love ('84, Romance)				(:15) Marvin's Room ('96, Drama) <i>Meryl Streep</i>				Music of the Heart ('99, Drama) <i>Meryl Streep</i>				(:05) The French Lieutenant's Woman ('81)			
HGTV	112	Breaking		Breaking		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous	
HIST	120	The Definitive Guide to the Mob				Goodfellas ★★★ ('90, Crime Drama) <i>Robert De Niro, Ray Liotta</i>				Pawn Stars <i>Pawnfellas</i>				Pawn Stars			
ID	192	American Detective		Reasonable Doubt		Reasonable Doubt		Reasonable Doubt		Dead Silent		Dead Silent		Disappeared		Disappeared	
IFC	133	RV ('06, Children's)		(:15) Raising Arizona ★★★ ('87, Comedy) <i>Nicolas Cage</i>		Vacation ★★ ('15, Comedy) <i>Ed Helms</i>		(:45) Grown Ups ★ ('10, Comedy) <i>Adam Sandler</i>									
LAFF	237	Jim	Jim	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.
LIFE	108	Psycho Yoga Instructor ('20, Suspense)				Psycho Stripper ('19, Suspense) <i>Tyler Johnson</i>				Psycho Escort ('20, Suspense) <i>Victoria Barabas</i>				Obsession: Stalked by My Lover ('20)			
LMN	109	His Deadly Affair ('19, Suspense) <i>Gina Holden</i>				Sinister Seduction ('19, Suspense) <i>Kristina Klebe</i>				Black Widow Killer ('18, Suspense) <i>Erin Karpluk</i>				Murder in the Vineyard ('20, Suspense)			
MGMHD	385	All or Nothing ★★ ('02, Drama)				(:40) CrisisCross ★★ ('92, Drama) <i>Goldie Hawn</i>				(:35) Lions for Lambs ★★ ('07, Drama)				Rancho Deluxe ('75, Western) <i>Jeff Bridges</i>			
MOTOR	246	Four	Engine	Truck U	Garage	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South
MSNBC	209	Alex Witt Reports (L)				Alex Witt Reports (L)				Yasmin Vossoughian				Yasmin Vossoughian			
NATGEO	197	Drug Lords: Next Gen.				Drug Lords: The Next Generation				To Catch a Smuggler				To Catch a Smuggler			
NGWLD	190	United Sharks				The Incredible Dr. Pol				The Incredible Dr. Pol				The Incredible Dr. Pol			
OUTD	396	Wild Ride	Sporting	Bill Dance	Match Fish.	Major League Fishing Cups				Fishing	Bass	Pigman	Wild Boar	MeatEater	Hunts	Farming	WildFed
OWN	189	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Love & Marriage	Love & Marriage	Love & Marriage	Love & Marriage	Love & Marriage
OXYG	129	Snapped <i>Sonia Mitchell</i>				Snapped <i>Kimberly Ross</i>				Snapped <i>Shelly Arndt</i>				Snapped			
PARMT	241	Indiana Jones				Indiana Jones and the Last Crusade ('89, Adventure) <i>Harrison Ford</i>				Raiders of the Lost Ark ('81, Adventure) <i>Harrison Ford</i>				Indiana Jones & the Temple			
POP	117	Sex and the City ★★ ('08, Romance-Comedy)				Sex and the City 2 ★★ ('10, Romance-Comedy) <i>Sarah Jessica Parker, Kim Cattrall</i>				NCIS: New Orleans				NCIS: New Orleans			
REELZ	299	N. Holloway				Casey Anthony: Her Friends Speak				Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Capt. Sully's Hudson	Clint Eastwood: Outlaw
RFDTV	231	Mecum	Classic Tractor Fever	Machinery	Ag PhD	SharkFar.	Next Level	Heritage	FarmHer	J. Wilson	Agriculture	Merlin Ge.	Gaither Gospel Hour	Brothers	Presleys'		
SCI	193	Shipwreck Secrets				Shipwreck Secrets				Shipwreck Secrets				Shipwreck Secrets			
SMITH	367	Aerial America <i>Nevada</i>				Secrets <i>Garden of Eden</i>				Secrets				Secrets <i>Tower of Babel</i>			
SONY	386	Conspira (:20) Return to the Blue Lagoon ('91, Romance)				(:20) Walking Tall: Lone Justice				(:10) Brothers in Arms ('05, Western)				(:55) The Taking of Pelham 123 ('09, Action)			
SUND-E	358	Law Order: Cl		Law Order: Cl		Law Order: Cl		NCIS <i>Ravenous</i>		NCIS <i>Bait</i>		NCIS <i>Iced</i>		NCIS <i>Untouchable</i>		NCIS <i>Bloodbath</i>	
SYFY	122	Sharknado: The 4th Awakens ('16, Action)				Sharknado 3: Oh Hell No! ★ ('15, Action)				Sharknado 2: The Second One ('14, Action)				Sharknado ★ ('13, Action) <i>Tara Reid</i>			
TBN	260	R. Jeffress	Veggie	Drive Thru	Creation	The Unholy	7 Men	Jordan	News	Turning Point	Graham	Graham	Precious Memories	In Touch			
TBS	139	The Cube				Overboard ★★ ('18, Romance-Comedy)				(:15) Mean Girls ('04, Comedy) <i>Lindsay Lohan</i>				(:15) I Feel Pretty ('18, Comedy) <i>Amy Schumer</i>			
TCM	132	Rio Rita ★★ ('42)				Lost in a Harem ('44, Comedy)				(:45) Ride 'em Cowboy ('42, Musical Comedy)				The Time of Their Lives ('46)			
TLC	183	Little People, Big World				Say Yes to the Dress				Say Yes to the Dress				Say Yes to the Dress			
TMC-W	329	Sleepless in Seattle (:25:50) Collide ('16, Action) 'PG-13'				American Gangster ★★★ ('07, Crime Drama) 'R'				(:15) S...house ('20, Comedy) <i>Cooper Raiff</i> 'R'				Scary Stories			
TNT	138	Star Wars: The Force Awakens ('15, Science Fiction)				(:29) Star Wars: The Last Jedi ★★ ('17, Science Fiction) <i>Mark Hamill</i>				(:54:7) Star Wars: A New Hope ★★ ('77)							
TRU	242	Meet the Parents ★★ ('00, Comedy)				Bar Wars				Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
TRVL	196	The Dead Files <i>Last Call</i>				The Dead Files				The Dead Files				The Dead Files <i>Detox</i>			
TVLND	106	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Two Men	Two Men	Two Men	Two Men	
UP	188	Home Imp.				Home Imp.				Home Imp.				Home Imp.			
USA	105	Olympics 2020 Tokyo Olympics				2020 Tokyo Olympics				(:45) 2020 Tokyo Olympics <i>Karate, Wrestling, Boxing (N)</i>				♀ 2020 Tokyo Olympics <i>Men's Marathon (L)</i>			
WE	128	Criminal Minds				Criminal Minds				Criminal Minds				Criminal Minds			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		Local Programs		TBA		UFC Countdown 265 (N)		UFC Live (N)		Local Programs		News		Local Programs			
CBS-E	🏀 BIG3 Basketball <i>Teams TBA (L)</i>				♀ PGA Tour Golf <i>WGC/FedEx St. Jude Invitational, Third Round (L)</i>				Local Prog.		News		Local Programs					
CW-E	Local Programs																	
FOX-E	If You Build It: Field				Local Programs				Local Prog.				Local Programs					
NBC-E	2020 Tokyo Olympics <i>Volleyball, Handball, Beach Volleyball, Rhythmic Gymnastics, Equestrian, Artistic Swimming (N)</i>												Local Prog.		News		Local Programs	
METV	247*	The Big Valley		<i>Gunsmoke The Legend</i>		Bonanza		Rawhide		Have Gun		Wanted ...		Rifleman		Rifleman		
ABC-W	Local Programs		Local Programs		TBA		UFC Countdown 265 (N)		UFC Live (N)		Local Programs		Local Programs		Local Programs		Local Programs	
CBS-W	🏀 BIG3 Basketball <i>Teams TBA (L)</i>				♀ PGA Tour Golf <i>WGC/FedEx St. Jude Invitational, Third Round (L)</i>				Local Prog.		Local Programs		Local Programs					
CW-W	Into Wild	This Old H.	Friends	Tail-Valor	Local Programs				Local Programs									
FOX-W	If You Build It: Field				Local Programs				Local Prog.				Local Programs					
NBC-W	🏀 2020 Tokyo Olympics <i>Volleyball, Handball, Beach Volleyball, Rhythmic Gymnastics, Equestrian, Artistic Swimming (L)</i>												Local Prog.		News		Local Programs	
PBS	Splash	Cyberchase	Old House	Old House	Old House	MotorWeek	Old House	Chefs Life	British Baking		History Detectives		Weekend		Hoover		Antiques Roadshow	

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

SHOWTIME	SHO-E 318	Four Brothers ★★ ('05, Crime Drama) <i>Andie MacDowell</i> 'PG-13'	No Man's Land ('21, Western) <i>Frank Grillo, Andie MacDowell</i> 'PG-13'	John Q ★★ ('02, Drama) <i>Denzel Washington, Robert Duvall</i> 'PG-13'	Flatbush Mis	The Chi A Raisin in the Sun	Desus & Mero	Love You, Man ('09, Comedy) <i>Paul Rudd</i> 'R'	
	SHO-W 319	The Gentlemen ('20) The Chi	Four Brothers ★★ ('05, Crime Drama) 'R'	No Man's Land ('21, Western) 'PG-13'	John Q ★★ ('02, Drama) 'PG-13'				
	SHO2-E 320	Falling ('20, Drama) <i>Viggo Mortensen</i> 'R'	The L Word: Generation Q <i>Let's Do It Again</i>	The L Word: Generation Q <i>Less Is More</i>	The L Word: Generation Q <i>Lost Love</i>	The L Word: Generation Q <i>LA Times</i>	Platoon ★★★★★ ('86, War) <i>Tom Berenger, Willem Dafoe</i> 'R'	The One and Only Dick Gregory ('21)	
	SHOBET 321	Unforgiven ('92, Western) <i>Clint Eastwood</i> 'R'	The Chi	Seven ★★ ('95, Suspense) <i>Brad Pitt</i> 'R'		Fences ('16, Drama) <i>Denzel Washington</i> 'PG-13'		Conan	
	SHOX-E 322	Embattled ('20, Drama) <i>Stephen Dorff</i> 'R'	21 Bridges ★★ ('19, Action) 'R'		Drive Angry ('11, Action) <i>Nicolas Cage</i> 'R'		American Psycho ('00, Horror) 'R'	Fright Night ('11)	
	SHOS-E 323	Li, Tonya ('17) 'R'	Under the Silver Lake ('18, Suspense) <i>Riley Keough</i> 'R'	Wrong Turn ('21, Horror) 'R'	Java Heat ★ ('13, Action) 'R'				Killer Elite ('11) 'R'
TMC-E 327	The Rental ('20) 'R'	The Blackcoat's Daughter ('15) 'R'	The Witch ('15, Horror) 'R'	The Blackcoat's Daughter ('15, Horror) <i>Anya Taylor-Joy</i> 'R'		The Witch ('15, Horror) <i>Anya Taylor-Joy</i> 'R'		Becky	
TMCX-E 328	Silver Linings Playbook ★★★★★ ('12) 'R'	The Words ★★ ('12) 'PG-13'	About Last Night ... ('86) <i>Rob Lowe</i> 'R'		My Best Friend's Girl ('08) <i>Dane Cook</i> 'R'		Outlaws		
FLIX-E 333	Spy Game ('01, Suspense) <i>Robert Redford</i> 'R'	Sahara ('05, Adventure) <i>Matthew McConaughey</i> 'PG-13'	The Big Hit ('98, Action) 'R'		Disturbing Behavior ★★ ('98) 'R'		On Road		
STARZ	ENCR-E 340	So I Married an Axe Murderer ('93) 'PG-13'	Footloose ★★ ('84, Drama) <i>Kevin Bacon, Lori Singer</i> 'PG'	Black and Blue ★★ ('19, Suspense) <i>Naomie Harris</i> 'R'	Along Came a Spider ★★ ('01, Mystery) <i>Morgan Freeman, Monica Potter</i> 'R'		So I Married an Axe Murderer ('93, Comedy) <i>Mike Myers</i> 'PG-13'		
	STARZ-E 350	The Dilemma ('28) Blind-spotting	Power Book III: <i>Raising the Deceived</i>	The Deceived (10:48)	The Deceived (:37)	Blind-spotting (:27)	Scream 4 ★★ ('11, Horror) <i>Neve Campbell, Courteney Cox</i> 'R'	Get Carter ★ ('00, Suspense) 'R'	
	STARZ-W 351	Basic ★★ ('03, Suspense) 'R'	The Dilemma ★★ ('11, Comedy) 'PG-13'	Blindspot	Power Book III: <i>Raising the Deceived</i>	The Dec	The Dec	The Deceived (:37)	Blindspot
	STRZED 352	The Edge ('97) 'R'	Girl, Interrupted ★★ ('99, Drama) 'R'	Blindspot	Man of the House ★★ ('05)		Power Book III: <i>Raising the Deceived</i>	Kingdom of Heaven ★★ ('05) 'R'	
	STRZCI 353	The Deceived	Amour ★★ ('12, Drama) 'PG-13'	Greenberg ('10, Comedy-Drama) 'R'		The Dec	Castle in the Ground ('19, Drama) 'NR'	Missing	
	STRZCO 354	Here Comes the Boom ('12, Comedy) 'PG'	It Could Happen to You (:47)	Breakin' All the Rules ('04)		The Kid Detective ('20) 'R'		Zack and Miri Make a Porno (:43)	
STRZIB 355	Get on the Bus ('96, Drama) <i>Richard Belzer</i> 'R'	Bad Boys for Life ('20, Action) <i>Will Smith</i> 'R'	Under Suspicion ('00, Suspense) 'R'		Absolute Deception ('13) 'R'		CB4 (:35)		
STRZKF 356	Manjani: The Next Level ★★ ('19) 'PG-13'	Dudley Do-Right ('99) 'PG'	My Hero Academia (:15)		Wheely ('18, Children's) <i>Frances Lee</i> 'PG'		Titan A.E. ('00)		
EPIX	EPIX 380	Flight ★★ ('12, Drama) <i>Denzel Washington, Don Cheadle</i>	Gemini Man ★★ ('19, Action) <i>Will Smith, Mary Elizabeth Winstead</i>	Mad Max ★★ ('79, Action) <i>Mel Gibson, Joanne Samuel</i>		Jennifer 8 ★★ ('92, Suspense) <i>Andy Garcia, Uma Thurman</i>			
	EPIX2 381	<i>Domina Happiness</i>	War of the Worlds	Sonic the Hedgehog ★★ ('20)	Love and Monsters ★★ ('20, Fantasy)		<i>War of the Worlds</i>	<i>Domina Happiness</i>	Weekend
	EPIXH 382	The Avengers ★★ ('12, Action) <i>Robert Downey Jr.</i>	Kick-Ass ('10, Action) <i>Aaron Johnson</i>	Spontaneous ('20, Comedy)		Star Trek Beyond ('16, Science Fiction)			
	EPIXDR 292	Rudy ★★ ('93, Drama) <i>Sean Astin</i>	Kingpin ('96, Comedy) <i>Woody Harrelson</i>	The Legend of Bagger Vance ('00)		Blue Chips ★★ ('94, Drama) <i>Nick Nolte</i>			

AMERICA'S TOP PROGRAMMING

A&E 118	John Wick: Chapter 3: Parabellum ('19, Action) <i>Keanu Reeves</i>	The First 48 M.I.A. (:04)	John Wick: Chapter 3: Parabellum ('19, Action) <i>Keanu Reeves</i>	The First 48 M.I.A. (:05)
AHC 195	Sam Giancana: Mafia	Mafia's Greatest Hits	Real Don of New York	Manhunt: Kill
AMC 131	Eden: Untamed Planet (N)	Jaws ★★★★★ ('75, Suspense) <i>Roy Scheider, Robert Shaw</i>	Jaws 2 ★★ ('78, Suspense) <i>Roy Scheider</i>	Jaws 3 ★ ('83, Suspense)
APL 184	The Zoo: Bronx-Sized	Put to the Test (N)	The Zoo	The Zoo: Bronx-Sized
AXSTV 167	Year-Music	Year-Music	Year-Music	Year-Music
BBCA 135	Eden: Untamed Planet (N)	Planet Earth	Planet Earth	Planet Earth
BET 124	Empire State ('13, Action) <i>Dwayne Johnson, Liam Hemsworth</i>	Uncle Drew ★★ ('18, Comedy) <i>Kyrie Irving, Lil Rel Howery</i>	The Parkers	The Parkers
BOUNCE 359	The Taking of Pelham 123 ('09, Action)	Passenger 57 ('92, Action) <i>Wesley Snipes</i>	Surviving the Game ★★ ('94, Action) <i>Ice-T</i>	Black Snake Moan ★★ ('07, Drama)
BRAVO 129	Harry Potter and the Deathly Hallows: Part 1 ('10)	Harry Potter and the Deathly Hallows: Part 2 ('11, Fantasy)	Harry Potter and the Goblet of Fire ★★ ('05, Fantasy)	
BUZZR 245	Match-Squares	Super Pass, Super Pass	Sweep	Sweep
CHHD 249	Crime 360	Crime 360	Crime 360	Crime 360
CMT 166	Sister Act ★★ ('92, Musical Comedy)	Sister Act 2: Back in the Habit ('93, Musical Comedy)	Fried Green Tomatoes ★★ ('91, Drama) <i>Kathy Bates</i>	Campfire
CNBC 208	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics
CNN 200	CNN Newsroom	CNN Special Program	History of the Sitcom	History of the Sitcom
COM 107	TBA	Ride Along ★★ ('14, Comedy) <i>Ice Cube</i>	Step Brothers ★★ ('08, Comedy) <i>Will Ferrell</i>	South Park
COMET 289	The X-Files	The X-Files <i>Demons</i>	The X-Files <i>Drive</i>	The X-Files <i>Requiem</i>
COOK 113	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America
DISC 182	Getaway Driver	Getaway Driver	Getaway Driver	Getaway Driver
DFC 179	Cake Boss	Cake Boss	Cake Boss	Cake Boss
DISN-E 172	Movie	Gabby	Big City	Raven
DIY 111	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper
ENCR-W 341	The Call (:39)	Big Trouble in Little China ('86) 'PG-13'	So I Married an Axe Murderer	Footloose ('84, Drama) <i>Kevin Bacon</i> 'PG'
EWESTN 342	The Undeclared ★★ ('69, Western) 'G'	The War Wagon ('67) 'NR'	Yellow Sky ★★ ('48, Western) 'NR'	River of No Return ('54) 'NR'
EACTN 343	Scarface ('83, Crime Drama) <i>Al Pacino</i> 'R'	Death Race ('08, Action) <i>Jason Statham</i> 'R'	Death Race 2 ('10) 'R'	Death Race 3 ('12, Action) <i>Luke Goss</i> 'R'
ESUSP 344	Lucky Number Slewin	Looper ('12, Science Fiction) <i>Bruce Willis</i> 'R'	Kings ('17, Drama) <i>Halle Berry</i> 'R'	Cellular ('04, Suspense) 'PG-13'
EBLACK 345	Taxi ('04)	A Thousand Words ★ ('12)	Bulletproof ★ ('96, Action) 'R'	Cadillac Records ★★ ('08, Drama) 'R'
ECLASS 346	Young Guns ('88) 'R'	Silverado ('85, Western) <i>Kevin Kline</i> 'PG-13'	The Eagle ★★ ('11, Action) 'PG-13'	An Officer and a Gentleman ('82, Drama) 'R'
EFAMILY 347	The Good Dinosaur ('15) 'PG'	Ice Age ('02, Children's) 'PG'	Stuart Little 3 (:12)	The Dark Crystal ('82, Children's) 'PG'
ESPN 140	2020 Pro Football Hall of Fame Enshrinement Ceremony (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)
ESPN2 143	UFC 265: Lewis vs. Gane - Prelims (L)	CFL Football <i>Ottawa Redblacks at Edmonton Elks</i> (L)	2020 Pro Football Hall of Fame Enshrinement Ceremony	
EWTN 261	Dominic: Light of the Church	Rosary	Living Right	Web/Faith Journey
FETV 82	Perry Mason	Perry Mason	The Saint	The Saint
FNC 205	Watters' World (N)	Justice With Jeanine	Unfiltered with Watters' World	Justice With Jeanine
FOOD 110	Diners	Diners	Diners	Diners
FREFM 180	Despicable Me ★★ ('10, Children's)	Despicable Me 2 ★★ ('13, Children's)	The Emperor's New Groove ('00)	
FS1 150	Pregame	MLB Baseball <i>Arizona Diamondbacks at San Diego Padres</i> (L)	MLB on FS1 Postgame (L)	If You Build It: Field

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Daddy's Home ★★ ('15, Comedy) <i>Will Ferrell</i>	Pixels ★★ ('15, Comedy) <i>Adam Sandler</i>	That's My Boy ★ ('12, Comedy) <i>Adam Sandler</i>	Better	Better	Breeders								
FXM	384	Intrigo: Dear Agnes ('19) 'R' (:40) Intrigo: Samaria ('19, Crime Drama) <i>Jeff Fahey</i> 'NR'	(:11:50) Intrigo: Samaria ('19) <i>Jeff Fahey</i> 'NR'	Buried ('10, Suspense) <i>Ryan Reynolds</i> 'R'											
FXX	125	Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Sunny Sunny Sunny Sunny Dave Dave Dave FXM Pres.													
GETTV	373	Walker, Texas Ranger Walker, Texas Ranger Starksy and Hutch Starksy and Hutch Jo-Jo Charlie's Angels Charlie's Angels Hart to Hart Hart to Hart Hart to Hart													
GMSHW	116	America America America America FamFeud FamFeud FamFeud FamFeud Idiotest Idiotest Idiotest Idiotest Emogenius Snap													
GOLF	401	PGA Golf	PGA Korn Ferry Tour	Golf Central (L)	PGA Tour Golf WGC/FedEx St. Jude Invitational, Third Round										
GRIT	217	The Magnificent Seven ★★★ ('60, Western) <i>Yul Brynner</i>	Rage at Dawn ('55, Western) <i>Randolph Scott</i>	Thunder Over the Plains ('53, Western)	Paid Programs										
HALL	185	Sand Dollar Cove (:21) The 27-Hour Day (:21, Romance)	(:02) The Story of Us ('19, Romance-Comedy)	Gold Girls Gold Girls Gold Girls Gold Girls Gold Girls Gold Girls											
HALLDR	186	Mom's Day Away	You've Got a Friend ('07, Drama)	The Waltons <i>The Fire</i>	The Waltons	The Waltons	The Waltons	Little House on Prairie							
HALLMV	187	Gourmet Detective	Gourmet Detective Mysteries	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Magnum, P.I.							
HDMOV	130	(:15) Ironweed ★★★ ('87, Drama) <i>Jack Nicholson</i>	(:45) Don't Be Afraid of the Dark ('10, Fantasy) <i>Heartburn</i> ★★★ ('86, Drama) <i>Meryl Streep</i>	The French Lieutenant's Woman											
HGTV	112	Vacation House Rules (N) Vacation House Rules (N) Love It or List It Love It or List It Love It or List It Love It or List It Love It or List It Vacation House Rules													
HIST	120	Pawn Stars	(:02) Pawn Stars	(:05) Pawn Stars	(:05) Pawn Stars	(:12:03) Pawn Stars	(:05) Pawn Stars	(:08) Pawn Stars	(:08) Pawn Stars						
ID	192	20/20 on ID	The Lost Boys of Bucks County	Murder in the	The Lost Boys of Bucks County	Murder in the	20/20 on ID								
IFC	133	Grown Ups 2 ★ ('13, Comedy) <i>Adam Sandler</i>	(:15) Grown Ups ★★ ('10, Comedy) <i>Adam Sandler</i>	Grown Ups 2 ★ ('13, Comedy) <i>Adam Sandler</i>	(:45) Raising Arizona ('87, Comedy)										
LAFF	237	How I Met How I Met How I Met How I Met How I Met How I Met Videos Videos Videos Videos Videos Videos Jim Jim Paid Programs													
LIFE	108	Movie	(:03) Killer Single Dad ('18, Suspense)	(:12:01) Movie	(:04) Killer Single Dad ('18, Suspense)										
LMN	109	My Husband's Killer Girlfriend (:21, Suspense)	The Perfect Wedding (:21, Suspense)	(:12:01) My Husband's Killer Girlfriend (:21)	The Perfect Wedding (:21, Suspense)										
MGMHD	385	(:05) Cutter's Way ★★★ ('81, Suspense) <i>Jeff Bridges</i>	(:25) Thunderbolt and Lightfoot ('74, Comedy-Drama)	(:12:50) No Way Out ★★ ('87, Suspense) <i>Kevin Costner</i>	Deadly Im										
MOTOR	246	Garage Squad	RMD Garage	Speed Is the New Black	Hand Built Hot Rods	RMD Garage	Speed Is the New Black	Hand Built Hot Rods	Garage Squad						
MSNBC	209	Week-Joshua Johnson	Week-Joshua Johnson	Voices-Alicia Menendez	Week-Joshua Johnson	Week-Joshua Johnson	Dateline	Dateline	Dateline						
NATGEO	197	To Catch a Smuggler	To Catch a Smuggler	To Catch a Smuggler	To Catch a Smuggler	To Catch a Smuggler	To Catch a Smuggler	To Catch a Smuggler							
NGWLD	190	Dr. Pol: Deja MOO!	The Incredible Dr. Pol (N)	Hatcher Family	Dr. Pol: Deja MOO!	The Incredible Dr. Pol	Hatcher Family	Hatcher Family	Paid Programs						
OUTD	396	Hollywood Hollywood	McLintock! ★★★ ('63, Western) <i>John Wayne</i>	McLintock! ★★★ ('63, Western) <i>John Wayne</i>	MeatEater	Hunts	Farming	WildFed							
OWN	189	Love & Marriage	Love & Marriage	Family or Fiancé (N)	Love & Marriage	Love & Marriage	Family or Fiancé	Love & Marriage	Love & Marriage						
OXYG	127	Accident, Suicide	Accident, Suicide	Snapped	Dateline: Secrets Uncovered <i>The wire</i>	Snapped	Snapped	Dateline							
PARMT	241	Indiana Jones	Indiana Jones and the Last Crusade ('89, Adventure) <i>Harrison Ford</i>	Indiana Jones and the Kingdom of the Crystal Skull ('08, Adventure)	The Office	The Office									
POP	117	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	Scorpion	Scorpion						
REELZ	299	Every Which Way But Loose ★★★ ('78, Comedy-Drama)	Any Which Way You Can ('80, Comedy) <i>Clint Eastwood</i>	Clint Eastwood: Outlaw	Celebrity	Celebrity	Paid Programs								
RFDTV	231	Stuart	Country	Daniel O'Donnell Show	Mollie B Polka Party	Larry's Country Diner	Paid Programs	The Red Skelton Show	Paid Programs						
SCI	193	What on Earth? (N)		What on Earth?	What on Earth?	What on Earth?	What on Earth?	What on Earth?	What on Earth?						
SMITH	367	Secrets	Secrets	Air Disasters	Sacred Sites	Sacred Sites <i>Maya</i>	Sacred Sites	Sacred Sites							
SONY	386	Ghostbusters ('84, Comedy) <i>Bill Murray</i>	Ghostbusters II ('89, Comedy) <i>Bill Murray</i>	Ghostbusters ('84, Comedy) <i>Bill Murray</i>	(:15:00) Ghostbusters II ('89, Comedy) <i>Bill Murray</i>										
SUND-E	358	NCIS <i>Jeopardy</i>	NCIS (Part 1 of 2)	NCIS (Part 2 of 2)	NCIS <i>Shalom</i>	NCIS <i>Escaped</i>	Monk	Monk							
SYFY	122	Bad Boys ★★★ ('95, Action) <i>Martin Lawrence, Will Smith</i>	(:31) Robin Hood ★★★ ('10, Adventure) <i>Russell Crowe, Cate Blanchett</i>	Zombie Shark ('15, Science Fiction)	Zombie										
TBN	260	Huckabee (N)	Somebody	Hour Power: Schuller	Youseff	Huckabee	Somebody	L. Fontaine	J. Rubin	Praise	Rubin	Praise			
TBS	139	Feel	Crazy Rich Asians ('18, Romance-Comedy) <i>Constance Wu</i>	Miracle	The Cube	The Cube	Overboard ★★ ('18, Romance-Comedy) <i>Eugenio Derbez</i>								
TCM	132	Abbott and Cos. -Frank.	Abbott and Costello Meet the Invisible Man	Abbott & Cos Meet Mummy	Abbott-Jekyll and Hyde	Abbott-Captain Kidd									
TLC	183	Say Yes to the Dress (N)	sMothered (N)	Call in the Cheapskates	Say Yes to the Dress	sMothered	Call in the Cheapskates								
TMC-W	329	Scary Stories	House at the End of the Street	The Rental ('20, Horror) 'R'	The Blackcoat's Daughter ('15) 'R' (:35)	The Witch ('15, Horror) 'R'	Blackcoat's Daughter								
TNT	138	Star Wars (:32) Star Wars: The Empire Strikes Back ('80, Science Fiction)	(:19) Star Wars: Return of the Jedi ('83, Science Fiction) <i>Mark Hamill</i>	(:17) NCIS: New Orleans	Star Wars:										
TRU	242	Jokes	Jokes	Jokes	Jokes	Imp. Jokers Imp. Jokers Imp. Jokers Imp. Jokers Bar Wars Imp. Jokers Imp. Jokers Imp. Jokers Jokes	Jokes	Jokes	Jokes						
TRVL	196	Destination Fear	Destination Fear (N)	The Dead Files (N)	The Dead Files <i>He Lurks</i>	Destination Fear	Destination Fear	The Dead Files	The Dead Files <i>He Lurks</i>						
TVLND	106	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	King	King	King	King	Christine	Christine
UP	188	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Paid Programs
USA	105	Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	2020 Tokyo Olympics	Olympics							
WE	128	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Law Order: CI	Law Order: CI	Monk						

LOCAL NETWORKS

ABC-E	Funniest Home Videos	Shark Tank	The Good Doctor	Local Programs					
CBS-E	Magnum P.I.	48 Hours	48 Hours	Local Programs					
CW-E	Local Programs	Local Programs							
FOX-E	Boxing PBC: Crowley vs. Maestre (L)	Local Programs	Game of Talents	Local Programs					
NBC-E	2020 Tokyo Olympics <i>Marathon, Track and Field, Diving, Basketball</i> (L)	Local Prog.	2020 Tokyo Olympics	2020 Tokyo Olympics					
MEV	247* <i>Svengoolie Black Friday</i>	Star Trek	Buck Rogers	Kolchak: Night Stalker	Lost in Space	Voyage/Bottom of Sea	Land of the Giants		
ABC-W	Local Programs	News	Local Programs	Funniest Home Videos	Shark Tank	The Good Doctor	Local Programs		
CBS-W	Local Prog./News	Local Programs	Magnum P.I.	48 Hours	48 Hours	Local Programs	Local Programs		
CW-W	Local Programs	Local Programs							
FOX-W	Boxing PBC: Crowley vs. Maestre (L)	Local Programs	Local Programs	Local Programs	Game of Talents	Local Programs			
NBC-W	2020 Tokyo Olympics <i>Marathon, Track and Field, Diving, Basketball</i> (L)	2020 Tokyo Olympics	Local Prog.	2020 Tokyo Olympics	2020 Tokyo Olympics				
PBS	American Experience	Jesse Owens: American	Finding Your Roots	Austin City Limits	Bluegrass	Chefs Life	NOVA	Nature (Part 2 of 3)	Secrets of the Dead