

SUPER HERO THEME

TITLE: "WHERE IS OUR SUPER HERO?"

SUMMARY OF LESSONS

These lesson plans for the Super Hero Theme is meant for the entire school year from September to beginning of June. This theme covers the Bible Book of "Matthew" with a "Take Home Activity Page" for the parents. It is a look at "Jesus" from birth to death on the cross as "being a Super Hero" in the eyes of the children. The children will compare other "super heroes" to Jesus and discover that "Jesus, our Super Hero" is by our side every day, every minute. The material is divided into preschool lessons for ages 3-6 and the grade school lessons for ages 7-12.

*****SEPTEMBER LESSONS*****

LESSON ONE - "WHO IS A SUPER HERO?"

In this lesson, the children will understand the qualities of a "super hero", like being strong, having special powers, being confident, being brave and saving others. They will determine that Jesus had these qualities and can be their "Super Hero"! They will play a game called "Where is Jesus, Our Super Hero" and color a Super Hero picture.

LESSON TWO - "A SUPER HERO FAMILY TREE"

In this lesson, the children will begin their study of the Bible Book of "Matthew". They will learn in Matthew 1, the disciple Matthew wrote about the family tree of Jesus, our Super Hero and how He was born. They will know that God was the father of Jesus, but that Mary and Joseph were the earthly parents. They will understand how special the birth of Jesus was, and how Jesus can be the Super Hero of their life. The preschool children will play a game "Put Baby Jesus on the Family Tree". The grade school children will take the names of the family of "Jesus" and form a family tree on the floor.

LESSON THREE - "AN ENEMY AFTER OUR SUPER HERO!"

This lesson will cover Matthew 2:1-23 showing the children that God protected His one and only Son, Jesus from an enemy, King Herod. God sent an angel to tell Mary and Joseph to travel to Egypt so that the enemy, King Herod would not find them and kill Baby Jesus. The children will learn that they are "children of God" and that God will protect them from their enemies. They will play a game "Watch Out for the Enemy".

*****OCTOBER LESSONS*****

LESSON FOUR – “SIDEKICK FOR OUR SUPER HERO”

This lesson will teach the children about “baptism” based upon Matthew 3. They will understand that God sent “John, the Baptist”, like a sidekick of a hero to baptize Jesus so He could receive the “Holy Spirit” and begin his ministry for God. The children will perform an “experiment with dirt (sin), water (faith) and dish soap (Holy Spirit) to understand the power of “baptism”.

LESSON FIVE – “A SUPER HERO BATTLE”

This lesson is based upon Matthew 4 and how Jesus, our Super Hero battled “Satan”. The children will know that using the power of God’s words from the Bible will win many battles with “sin”. With the strength of their faith, the children will make “right choices” and win over “sin” and become “Knights in Christ”. The children will do a pretend battle with Satan with a bag of crumpled sheets of paper with words of God written on them.

LESSON SIX – “SUPER HERO REWARDS”

In Matthew 5:1-12, the children will know that riches on earth will not get them into heaven, but that their actions and heart feelings will. Jesus, our Super Hero, tells the children specifically how they can receive super hero rewards from God to be with Him in heaven. The children will play the “Behavior and Blessing Bingo Game” with candy M & Ms.

LESSON SEVEN – “GOOD/BAD PUMPKINS FOR OUR SUPER HERO”
(HALLOWEEN LESSON)

This lesson will cover Matthew 5:13-47 which will show the children how Jesus, our Super Hero, used objects as examples of good and bad to show the people how they should act in pleasing God. This lesson can be used for Halloween as a pumpkin not carved and cleaned out represent “bad” and a pumpkin that is cleaned out can represent “good”. The children will learn that they need to follow God’s rules in order to please Him. The children will be carving pumpkins in this lesson.

*****NOVEMBER LESSONS*****

LESSON EIGHT – “SUPER HERO HAND POWER”

In Matthew 6, the children will learn how to use their hands to serve and help Jesus, our Super Hero change people’s “sinful” lives into “good” lives. They will use their “hand power” to give to the needy, to pray, to use self-control and fast, to love one another and know that God will provide them with their needs. They will say “The Lord’s Prayer” and trace their hands to create “beautiful hand power”.

LESSON NINE – “BASHING AND TATTLING ON OTHERS”

This lesson will center on what Jesus, our Super Hero, tells us in Matthew 7:1-6 about judging others and the consequences. The children will discuss and determine what is right and wrong about “bashing and tattling on other” children. They will play a game called “The Blame Game” and practice what Jesus teaches about judging others.

LESSON TEN – “BASKETS OF FOOD” (THANKSGIVING LESSON)

In this lesson, the children will jump ahead to Matthew 14:13-21 where Jesus, our Super Hero, uses His God given power to provide food for 5,000 people with just five loaves of bread and two fish. The children will compare our Thanksgiving feast with the feast of feeding the 5,000 people. They will be familiar with our country celebrating their survival in their new land with the help of the Indians, and the teamwork of many people along with the blessings of “God”. The children will prepare baskets of bread with butter and vegetable trays for the congregation to feast upon after church. The children will use teamwork and the power of God to provide for others as their special “Thanksgiving Celebration”.

LESSON ELEVEN – “ASK, SEEK AND KNOCK”

In Matthew 7:7-12, Jesus, our Super Hero, tells us to ask, seek and knock and God will help us receive, find and have doors of opportunity opened to us. The children will learn how to talk with God and see that God answers in different ways. They will play a game called “Ask, Seek and Knock”.

*****DECEMBER LESSONS*****

LESSON TWELVE – “A SUPER HERO CHRISTMAS ESCAPE”

The children will be assigned parts in a short Christmas Play to be presented to the church. Therefore, the next three lessons are devoted to “practice” and “Christmas activities”, such as making gifts for others, coloring pages of the Christmas story, singing Christmas songs and coloring their favorite “super hero” pictures. However, if you choose not to do this “Christmas Program”, you may substitute any lessons or activities you wish to do.

LESSON THIRTEEN – “A SUPER HERO CHRISTMAS ESCAPE”

The children will practice their parts in “WHAT WOULD OUR SUPER HEROES SAY ABOUT JESUS?” Ask the children to bring their “costumes” for their favorite super hero. Then, ask and write down “what their Super Hero would say about the birth of Jesus”. The Christmas story will be reviewed in Matthew 1:18-24 and Matthew 2.

LESSON FOURTEEN – “A SUPER HERO CHRISTMAS ESCAPADE”

The children will continue to practice the short “play” while the others color the “Christmas Story” coloring book. The teacher can put on a CD of Christmas songs for preschoolers to learn. The teacher can finish the “Christmas story” and help the children make some book markers as gifts to give to others.

CHRISTMAS PROGRAM PRESENTATION FOR THE SUNDAY SCHOOL

On Christmas Day Celebration, have the children present their short “play” and song to the church. Make sure your church has given you about 10-15 minutes in the program. There will not be any Sunday School lesson on this date.

*****JANUARY LESSONS*****

LESSON FIFTEEN – “SUPER HERO CODE MESSAGES”

In this lesson, the children will discover that the words of Jesus, our Super Hero, in Matthew 7:13-29 are “codes” that we need to live by and practice in our obedience to our God. The children will understand that living God’s way is like a narrow path and not easy to follow. They will also know that living God’s way will bring about good fruit and not rotten fruit. They need to practice living by God’s “codes” and be a “wise builder” whose house will weather all the storms of life. They will perform a science experiment with “sand” and a “rock”.

LESSON SIXTEEN – “SUPER HERO HEALING POWER”

In Matthew 8:1-17, the children will be able to tell how Jesus healed a man with leprosy, a centurion’s servant, Peter’s mother-in-law and others. They will know that this “healing power” came from God and that those “healed needed to have “trust and belief” in God before they were healed. They will play the “Trust and Believe” game.

LESSON SEVENTEEN – “SUPER HERO POWERS OVER NATURE”

The purpose of this lesson is to teach the children about “how Jesus, our Super Hero, had control over “nature”. The children will be able to tell and draw the Bible story of “Jesus calms the storm on the sea” according to Matthew 8:23-27. They will recognize that Jesus was the “son of God” and had super hero powers. They will know that their belief and trust in Jesus will also calm the “storms” in their daily lives.

LESSON EIGHTEEN – “SUPER HERO POWERS OVER DEMONS”

In Matthew 8:28-34, Jesus, our Super Hero, had the power to cast “demons” out of people with just a few words. The children will understand that Jesus did not “judge” the person who was possessed by a “demon”, but rather “saved” that person. Jesus teaches us that we cannot “judge” each person by their outward “appearance”. The children will understand that each person is “special” to God and that God sent “Jesus”, His Son to save each and every one of us. The children will make a “love gift of a flower” for the ones they love as a reminder of the love that God has for us. This lesson can be used as a “Valentine’s Day” celebration for the children.

*****FEBRUARY LESSONS*****

LESSON NINETEEN – “SUPER HERO MISSIONS”

In this lesson, the children will have a partner and complete a “MISSION CARD” by reading various Bible passages in Matthew 9. They will then use the “magnetic white board” to tell the Bible story to the rest of the children. The children will understand that God has a “mission for each of them” and understand that Jesus, our Super Hero, had a “special mission” from God to complete.

LESSON TWENTY – “SIDEKICKS GO AND TELL THE WORLD”

In Matthew 10:1-16, the children will be able to know and/or recognize the names of the twelve disciples of Jesus. They will understand that these twelve men were “sidekicks” for Jesus, our Super Hero. They will understand how these “sidekicks” were to go and tell the “world” about Jesus, the Son of God. The children will know that we must become like “sidekicks” for Jesus and go “fishing” for others to tell them about “Jesus”.

LESSON TWENTY-ONE – “SUPER HERO WARNINGS”

In Matthew 10:17-42, Jesus, our Super Hero, gives seven special warnings to each of us. The children will make “signs” for each of these warnings and understand that their belief in God can bring about struggles in their lives. Jesus gives us warnings, but also reassures us that we should not fear, but rather let the “Spirit of God” prevail within us and all hardships will be conquered.

LESSON TWENTY-TWO – “WAS JOHN, THE BAPTIST, A HERO?”

In Matthew 11:1-19, the children will be able to tell how John, the Baptist was a “hero” in the eyes of Jesus, our Super Hero. They will be able to tell how John endured “hardships” for his belief in Jesus as our Savior. The children will play the “Pass My Word” game.

*****MARCH LESSONS*****

LESSON TWENTY-THREE – “JESUS, SUPER HERO OF THE SABBATH”

The purpose of this lesson is to show the children how important the Sabbath Day is to God. In Matthew 12:1-14, Jesus, our Super Hero, had to show the people what God wanted them to do on the Sabbath Day. The children will be able to decide that man-made laws about the Sabbath are not as important as God-made laws. God made the Sabbath a day of rest and praising His name. The children will play “Breaking the Rules” game.

LESSON TWENTY-FOUR – “JESUS, A CHOSEN SERVANT OF GOD”

In Matthew 12:15-21, the children will learn how God told His people that He would send someone to bring compassion, healing and forgiveness to all the people of the world. The children will know that Jesus was the son of God who brought hope and peace to all nations. They will practice being like Jesus, our Super Hero, a chosen servant of God by responding to some “Situation Cards”.

LESSON TWENTY-FIVE – “A SUPER HERO SACRIFICES” (EASTER LESSON #1)

The children will match the picture with the Bible stories of the events leading to the “arrest of Jesus”, our Super Hero in Matthew 21:1-17 and Matthew 26:14-56. They will be able to tell the story of the “Triumphal Entry” into Jerusalem and the “anger” Jesus had for the “den of robbers” at the temple. They will see that Judas agreed to betray Jesus for thirty pieces of silver, understand “The Lord’s Supper” with the disciples and the prediction of the “denial of Peter”. They will learn how close Jesus was to His Father in Heaven at “the Garden of Gethsemane” as well as how Jesus was arrested. The children will place their special “Bible Story Easter Eggs” in an “Easter basket” that they will make.

*****APRIL LESSONS*****

LESSON TWENTY-SIX – “A SUPER HERO ARISES” (EASTER LESSON #2)

In this lesson, the children will be familiar with the Bible stories from Matthew 27:13-66 and Matthew 28:1-15. They will match the pictures of the stories of “Jesus before Pilate”, “The soldiers mocking Jesus”, “The crucifixion”, “The death of Jesus”, “the burial of Jesus”, “the guard at the tomb”, “the resurrection” and the “Guard’s report. They will understand the death and resurrection of Jesus as God’s plan of salvation to save our “sinful” selves. The children will place their “Bible Story Easter Eggs” in their finished “Easter Basket” to take home.

LESSON TWENTY-SEVEN – “FOREVER BATTLING EVIL”

In Matthew 12:22-50, the children will realize that even Jesus, their Super Hero, was forever battling “evil” from “behavior” to “words”. This lesson will help the children realize that the “words” they say to one another can be “what is in their heart” and lead to “evil”. They will use marbles and water in a science experiment to show that the more they say “evil things”, the more their heart may become “evil”. They need to be more like “Jesus” who used “good words” to bring about “good fruit” in people.

LESSON TWENTY-EIGHT – “PARABLES – A FUN, LEARNING STORY”

In Matthew 13:1-58, Jesus, our Super Hero, demonstrates his story telling ability by telling parables which is a fun way to learn lessons from God. The children will interpret the special lesson from the six parables that Jesus preached by using the story board pictures and telling the story in their own words. They will make six “Parable Power Cards” to take home.

LESSON TWENTY-NINE – “A SUPER HERO WALKS ON WATER”

The purpose of this lesson is to show the children that even a “Super Hero” has the emotions of sadness, anger and happiness and “feels” for others. In Matthew 14:1-12, Jesus had great sadness for the death of John, the Baptist. In Matthew 14:22-34, Jesus recognized the “fear” and the “emotions” his disciples had and how little “faith” they had. The children will learn to give their “emotions” to God and have “faith” that their feelings can be turned into “happiness” when they are challenged to do something they are not sure they can do. They will play the “Yarn Rolling Game” to visually see what their emotions do.

*****MAY LESSONS*****

LESSON THIRTY – “A SUPER HERO CLEAN UP ACT”

The purpose of this lesson is to help the children distinguish between “clean” and “unclean” acts, thoughts and ideas. Jesus, our Super Hero, stressed in Matthew 15:1-28 that the “law and faith in the words of God” were deemed more important than “the laws and words of man”. They will learn that the words that come out of their mouth does show “what is in the heart” which makes them “clean” or “unclean”. They will practice becoming “clean” by using a “wash cloth of forgiveness and great faith” to become the children of God.

LESSON THIRTY-ONE – “SUPER HERO CHALLENGES”

The purpose of this lesson is to help the children realize the “super challenges” that Jesus had as a “super hero”. In Matthew 16:1-28; Matthew 17:1-26 and Matthew 18:1-9, Jesus struggles with demands of “proving who he is” to others and finally, shows the disciples who he is thru the “transfiguration” and identified as “the Messiah” from God. The children will understand the “challenges” they too will face in telling others about “Jesus, their Super Hero”. With the help and strength of God, the children will run a “Baton Relay Race” to meet all the “challenges of being a “super hero” like Jesus.

LESSON THIRTY-TWO – “MORE SUPER HERO PARABLES”

In this lesson, the children will be interpreting more of the fun, short stories of wisdom that Jesus, our Super Hero, used to teach the people about God. These parables will be matched with art clips and told in their own words from the “Parable of Lost Sheep” in Matthew 18:10-14; “Parable of the Unmerciful Servant” in Matthew 18:21-35; “Parable of the Workers in the Vineyard” in Matthew 20:1-16; “Parable of the Two Sons” in Matthew 21:28-45; “Parable of the Wedding Banquet” in Matthew 22:1-14; “Parable of the Ten Virgins” in Matthew 25:1-13; and the “Parable of the Talents” in Matthew 25:14-30. The children will make seven more “Parable Power Cards” to take home.

LESSON THIRTY-THREE – “SUPER HERO WOES”

In Matthew 23 and 24, Jesus was confronted with silly, minor problems presented in such a way as to cause grief and trouble for him. The children will learn how to overcome “the woes” of the world” and stay true to the way God wants us to live. They will build a “pyramid of woes” to help them understand how Jesus handled these “woes”.

***** JUNE LESSONS *****

LESSON THIRTY-FOUR – “BAD THINGS HAPPEN EVEN TO A SUPER HERO”

This lesson will help the children learn to overcome the “bad things” that happen and look toward the “good” that comes out of the bad. They will determine the “good” that came out of the bad things that happened to Jesus, our Super Hero, in Matthew 26:1-5, “the plot against Jesus”; in Matthew 25:31-46, “the sheep and the goats”; in Matthew 27:1-10, “the death of Judas” and the “denial of Peter” in Matthew 26:69-75, and in Matthew 26:57-67 “Jesus answers the High Priest”. They will make a “Wheel of Happenings” and learn how a super hero can overcome these happenings.

LESSON THIRTY-FIVE – “BE A SUPER HERO!”

In this final lesson, the children will memorize Matthew 28:16-19, the great commission that God declares for each one of us to do in order to be a super hero in His eyes. Each child will determine how he/she can be a “SUPER HERO FOR JESUS” and make their own “commission box” to add to others thus making a skyscraper to God. They will be ready to receive “their KEY” to the city of God.

LESSON THIRTY-SIX - “SUPER HERO KEYS AND CAPES FOR OUR SUPER HERO CHILDREN” PROGRAM

This will be a program set up for those who participated in the program. A special key can be presented to each child along with a cape (if possible) as they become “SUPER HEROES FOR JESUS”. The children will have completed a study of the Bible Book of Matthew.