

CSU

**The California
State University**

Supporting Student Wellness & Basic Needs in the CSU

**CSU Counselor Conference
September 23, 2020**



Presenters

- **Dr. Lea M. Jarnagin, CSU Chancellor's Office**
Interim Systemwide Director of Student Wellness & Basic Needs Initiatives
- **Henoc M. Preciado, CSU Chancellor's Office**
Interim Project Manager, Basic Needs Initiatives
- **Maria Elizondo, CSU Northridge**
Coordinator of Volunteer and Community Involvement
- **Darice Ingram, CSU East Bay**
Program Coordinator of Pioneers for HOPE
- **Joanna Snawder-Manzo, CSU Monterey Bay**
Care Manager

Agenda

- Foundational Framework
- Importance of Meeting Students' Basic Needs
- Basic Needs Programs and Services in the CSU
- In-Depth Look
 - Emergency Housing (CSUMB)
 - Financial Resources & Connections to the Community (CSUEB)
 - Food Pantry & Food Programs (CSUN)



Student Wellness & Basic Needs Initiatives

Basic Needs Initiatives

Counseling & Psychological Services

Confidential Victim's Advocacy Services (Title IX)

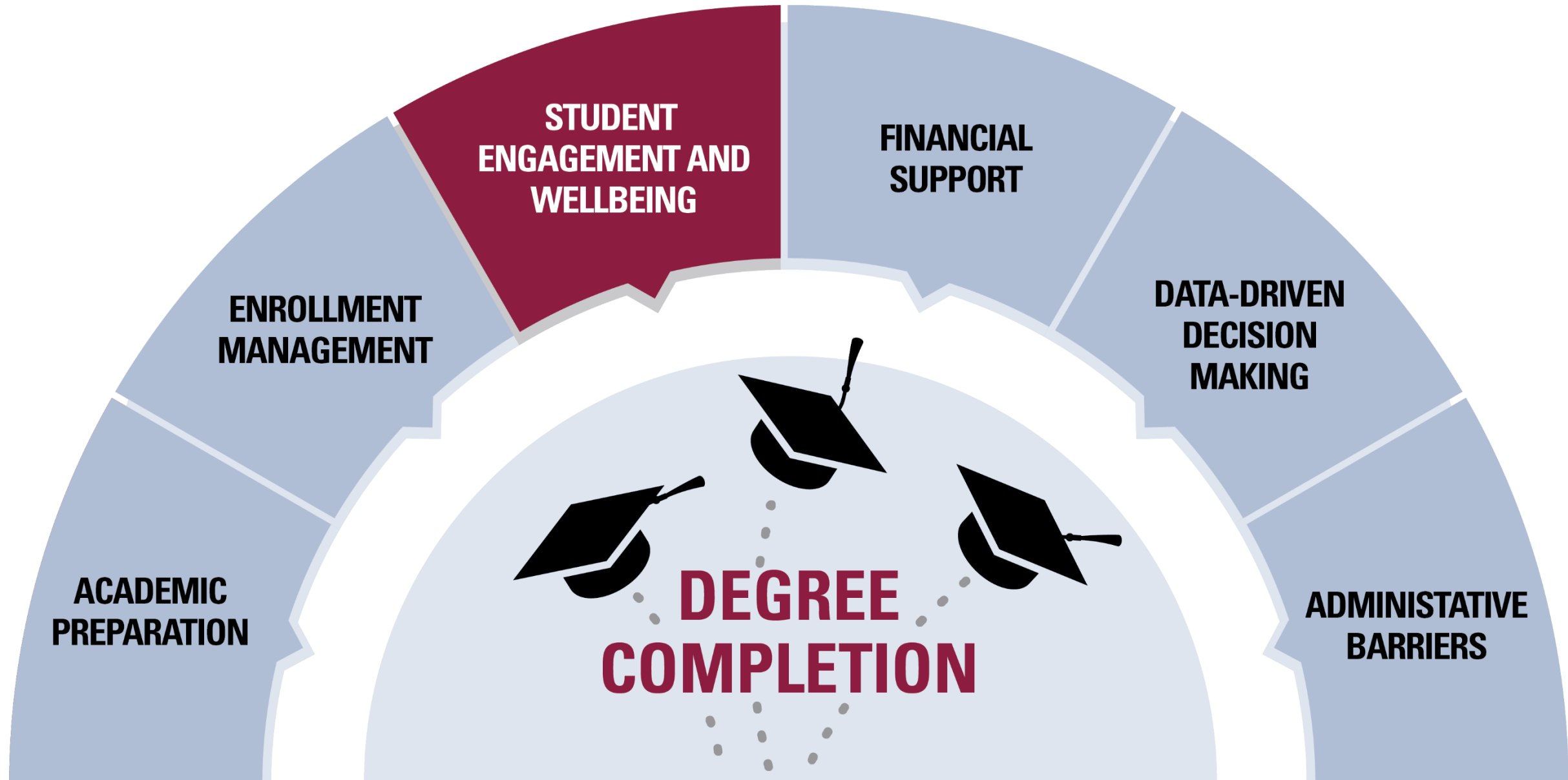
Health Promotion Education

Student Health Services



The California State University

GRADUATION INITIATIVE 2025



**ACADEMIC
PREPARATION**

**ENROLLMENT
MANAGEMENT**

**STUDENT
ENGAGEMENT AND
WELLBEING**

**FINANCIAL
SUPPORT**

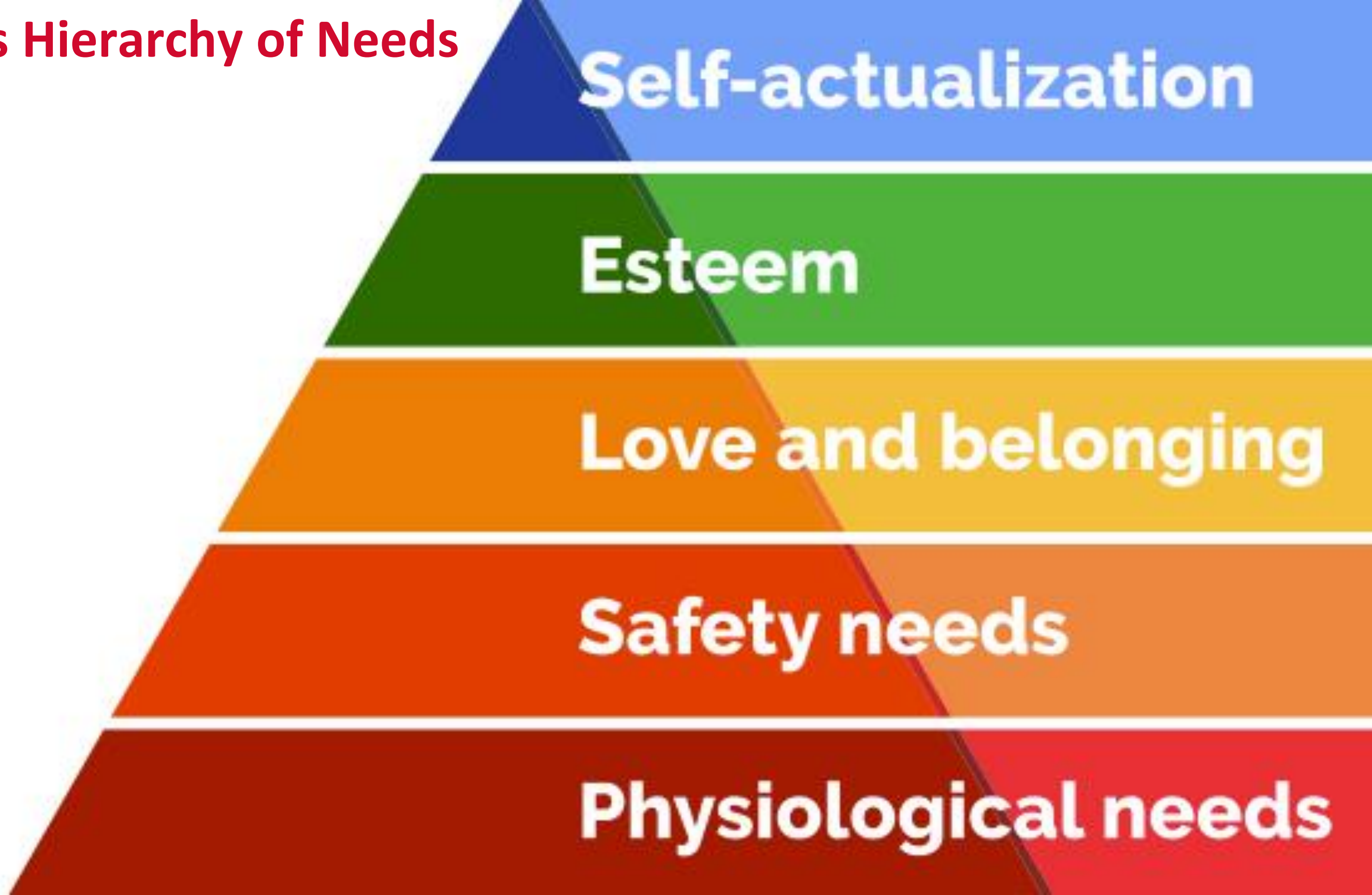
**DATA-DRIVEN
DECISION
MAKING**

**ADMINISTRATIVE
BARRIERS**

**DEGREE
COMPLETION**



Maslow's Hierarchy of Needs



Self-actualization

Esteem

Love and belonging

Safety needs

Physiological needs

CSU Comprehensive Study of Student Basic Needs

Commissioned by Chancellor White

Three phases

Led by two CSU Faculty Members



Campus Support

Emergency Grants

CalFresh Application Assistance

Emergency Housing

- 7 Campuses Piloting Rapid Rehousing

Food Pantry or Food Distribution Program

Connections to Community Resources

Faculty & Staff Training



Systemwide Support

tinyurl.com/CalStateBN



In-Depth Look

CSU East Bay: Emergency Housing

CSU Monterey Bay: Financial Resources
& Connections to the Community

CSU Northridge: Food Pantry & Food Programs



tinyurl.com/CalStateBN

Emergency Housing at CSU Monterey Bay

About the Campus

2018 CSU Study

- 50.1% of respondents indicated food insecurity; 15.9% indicated housing insecurity

Impact of the COVID-19 Pandemic

Emergency Housing Process & Support for
Students



Financial Resources and Connections to the Community at CSU East Bay



#DOWELLBEINGYOU

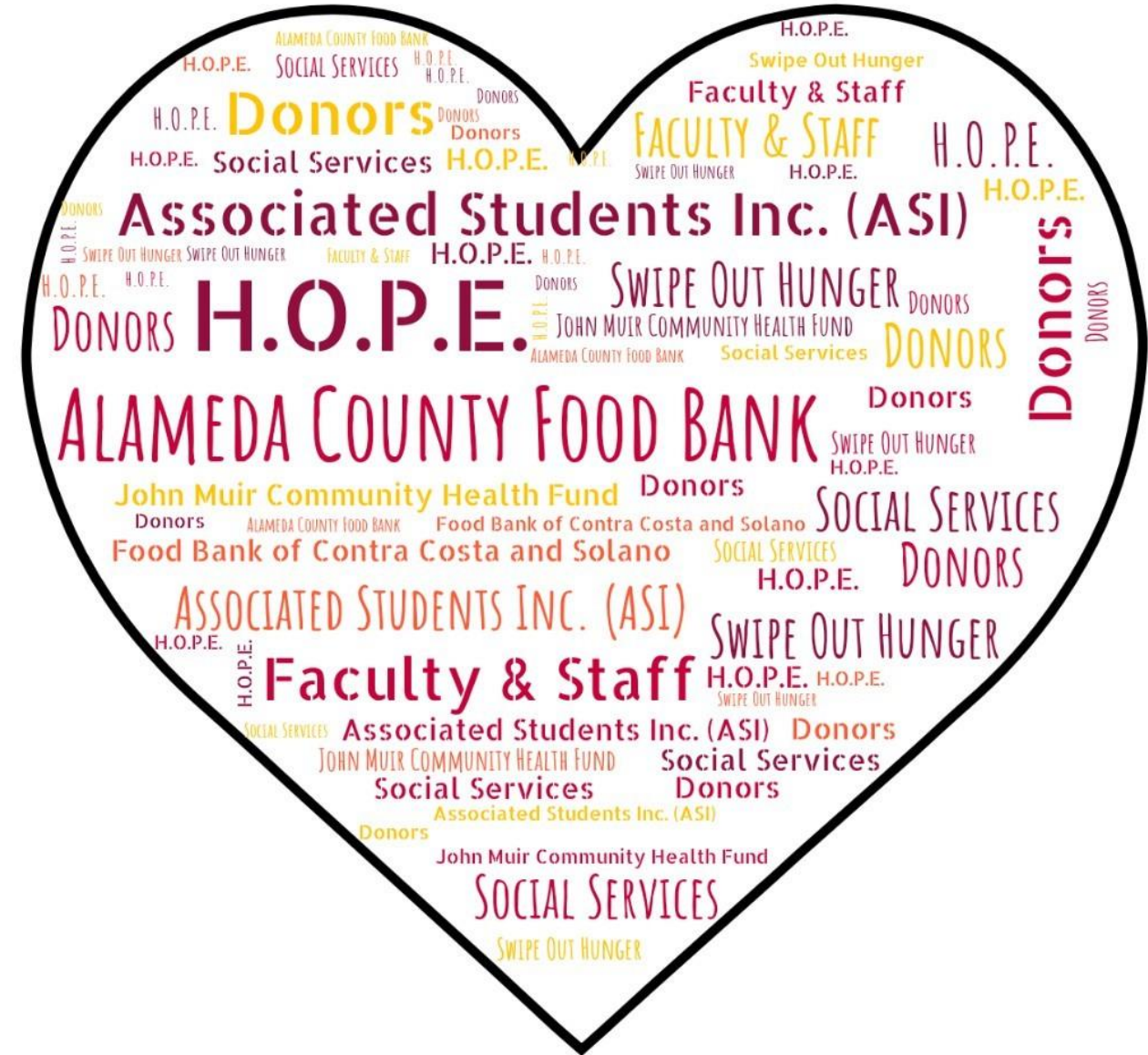
www.csueastbay.edu/hope

Financial Resources and Connections to the Community at CSU East Bay

- About the Campus
- Basic Needs Campus-Wide Connections
- Wellness Focus
 - Emergency Financial Assistance
 - Housing
 - Food Pantry, Meal Swipes and CalFresh
 - Mental Health
 - Sustainability

Financial Resources and Connections to the Community at CSU East Bay

- Community Partnerships & Referrals
 - City and County Social Services
 - County Food Bank College Pantry Network
 - Foundations & Donors
 - National Support & Partnerships
 - Student Governance (ASI) partnerships



Food Pantry and Food Programs at CSU Northridge

- About the Campus
- 2018 CSU Study
 - 40% of respondents indicated food insecurity;
10% indicated housing insecurity
- Basic Needs Resources



CSUN
MATADORS

Food Pantry and Food Programs at CSU Northridge

- Food Pantry
- Pop-Up Pantry
- Food for Thought



Food Pantry and Food Programs at CSU Northridge

- CalFresh Outreach
 - Grant funded: CDSS and USDA
 - Provides food aid (SNAP)
 - Up to \$194/month
 - Support
- CalFresh Healthy Living
 - Nutrition education (workshops and demonstrations)



How to Provide Additional Support

- CSU Systemwide Resources: **tinyurl.com/CalStateBN**
- Destigmatize food and housing insecurity
 - Bring awareness of issues and resources available
 - Shared information broadly
 - Normalize language and support available
- “Hungry to Learn” Video: **tinyurl.com/HungryToLearnVideo**
- Remember Collective Goal: Access and Opportunity in Education

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Questions?