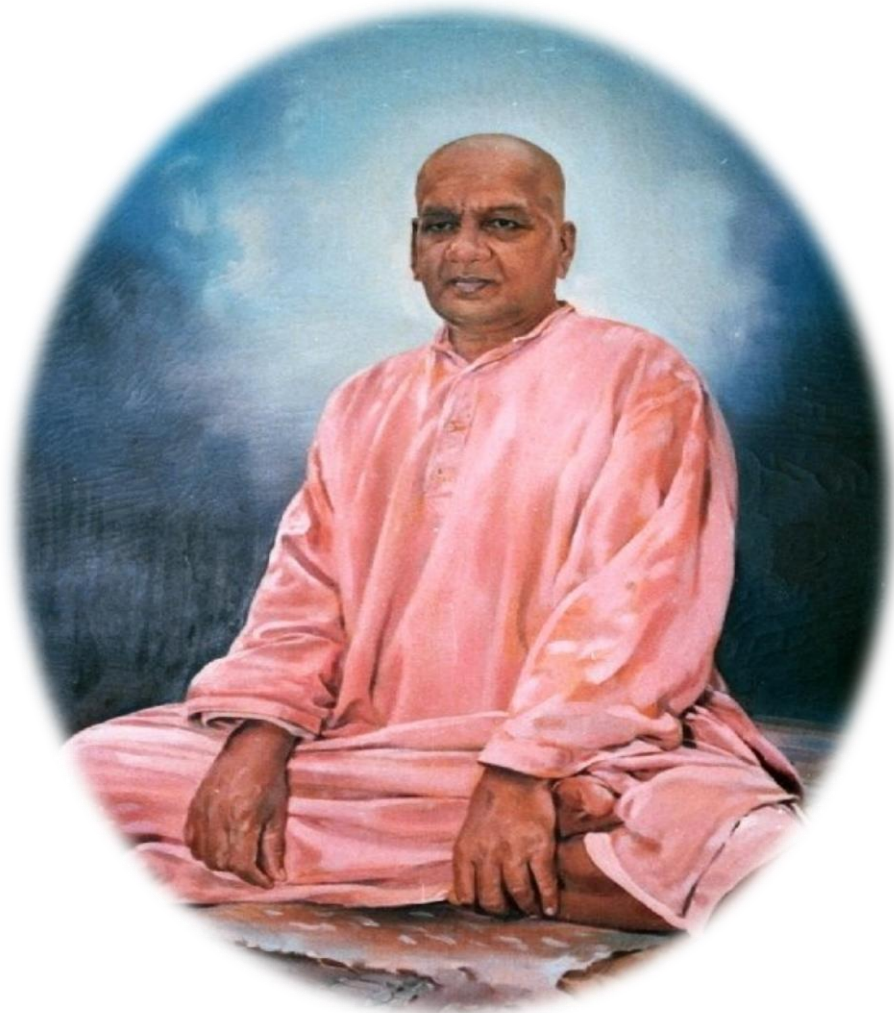


SWAMI TAPOVAN MAHARAJ QUOTES



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S. No.	Quote
1.	- O Lord! Give me, in this very life, the capacity to enjoy the charm of thy matchless beauty, as people enjoy the sight of the lovely moon.
2.	- The first step in spiritual life is to believe firmly that God alone is true, indestructible and blissful. Those who have such firm belief will have no attachment to sense objects and no desire to enjoy them.
3.	- By the grace of God, an aspirant comes into contact with a Guru who is established in Brahman. And through the grace of the Guru he learns the secrets and puts them into practice.
4.	- See God inside and outside and everywhere; know all creatures, big and small, to be forms of God, and therefore treat them with love. Never deviate a hair's breadth from truth, duty and good conduct - this is true spiritual life.
5.	- In the effort to realise the supreme Truth, it is not science which can help you the most; it is only faith that can stand you in good stead.

S. No.	Quote
6.	- The really poor man is not the one who lacks money, but he who lacks the joy of the heart.
7.	- Without the blessings of the Lord, our wrong tendencies will not come to an end; without the destruction of the vasanas, there cannot be purity of mind, there cannot be the attainment of Jnanam (knowledge). So the blessings of the Lord are essential for the attainment of Knowledge.
8.	- Even as the formless liquid in certain countries and climes freezes into form, the omnipotent supreme God, just to please His devotees, assumes a form at times and in certain places.
9.	- Sraddha is a wonderful thing indeed. It turns water into tirtha, stone into God. All religions of the world are founded on faith. It leads the world forward as a marshal leads his men.
10.	- The devotee, who has his mind and senses under control, is not enslaved by pleasure or pain - for him his home is as good as the cavern in the Himalayas.

S. No.	Quote
11.	<ul style="list-style-type: none"> - To the worthy aspirants who approach them in the proper way, the great spiritual guides, in their infinite mercy, impart instruction on the knowledge of Truth and initiate them into spiritual exercises; but it is for the aspiring disciples themselves to follow those instructions and acquire the divine qualities by strenuous effort.
12.	<ul style="list-style-type: none"> - Work should be done to attain the workless abode of divine silence and peace. This is the secret doctrine of all our Vedas and ancient scriptures.
13.	<ul style="list-style-type: none"> - God shines everywhere, in stone and earth and water, but those who have not overcome their ego fail to find the Resplendent One anywhere.
14.	<ul style="list-style-type: none"> - What is essential is to understand correctly the principles of religion and put them into practice with full sincerity.
15.	<ul style="list-style-type: none"> - To attain God is the end and aim of human life. Therefore, everything that helps man to reach his goal is "dharma" and whatever hinders him from reaching it is "adharma".

S. No.	Quote
16.	- We have to achieve happiness and peace, not by renouncing the world, but by remaining fixed in the thought of the supreme Self, by possessing unbreakable faith.
17.	- The first and foremost means of God-realisation is love – love of the Lord all unsurpassed. Love of God purifies the mind and easily leads to mental concentration.
18.	- Cheerfulness of mind and sense of peace are the tangible results of devout worship.
19.	- A Jnani enjoys Brahmananda or supreme bliss without interruption, not after death, but in this life itself.
20.	- The true Guru is one's own Self, the source of all knowledge - in fact, pure Knowledge itself.
21.	- Live, live in the present. Think not of the past or the future. If one attains this state of dispassion, one's mind will get fixed upon God.

S. No.	Quote
22.	- Moderation in conversation is a great sadhana. As far as possible, talk of God. Don't pollute your mind with petty talk of love and hate.
23.	- When all activities of the mind cease, what remains, what shines by itself, is the Truth, the Self, the Supreme Self.
24.	- Today is Sivaratri. It is the day of Lord Parameshwara, the embodiment of auspiciousness. Today is the day when all ascetics and all householders should contemplate on the Lotus Feet of Paramasiva without respite of even a moment.
25.	- Accept sorrows yourself and rain down happiness on others.
26.	- Tranquillity, Truth, Beauty, Bliss, Self, God, Brahman are but different names for one and the same Principle.
27.	- Apply the axe of Knowledge to the root of Samsara and destroy it - root and branch – once and forever.

S. No.	Quote
28.	- The sole means of liberation is the immediate knowledge of the Self, arising out of the enquiry of the Self. That is the goal. There it is, we have to reach step by step.
29.	- Contract no attachment to anything. Welcome what comes, willingly give up what goes. There is no need to worry about either.
30.	- In all this world, there is not a blade of grass or a particle of dust which is useless. Everything has its own place in the economy of the universe.
31.	- In the world, the wicked ones are created as a touchstone to the good. So accept their blows as if they are flowers and rise morally and spiritually, higher and still higher.
32.	- One who lives in the present without joy or sorrow, without thinking of the past or the future is regarded by the learned as a knower of Brahman.
33.	- The true Guru is one's own Self, the source of all knowledge - in fact, pure knowledge itself.

S. No.	Quote
34.	- When the fire of faith burns within, one cannot feel even the benumbing cold.
35.	- That by the sight of which the mind becomes peaceful and turns towards Parameshwara is called the best darshanam.
36.	- Strive to find joy in the continued practice of spiritual thoughts and noble qualities of renunciation and peace. This is most important; all the rest is secondary or just lila (sport).
37.	- To attain God is the end and aim of human life. Therefore, everything that helps man to reach his goal is "dharma" and whatever hinders him from reaching it is "adharma".
38.	- Work should be done to attain the workless abode of divine silence and peace. This is the secret doctrine of all our Vedas and ancient scriptures.
39.	- Strive to find joy in the continued practice of spiritual thoughts and the noble qualities of renunciation and peace.

S. No.	Quote
40.	- Live, live in the living present. Think not of the past or future. If one attains this state of dispassion, one's mind will get fixed upon God.
41.	- He who is the innermost Self of all, whose eyes are the sun and the moon, who is the Lord of Parvati, and who is the controller of the entire universe - to that Lord of Mount Kailas, I, though a karma sannyasi, an advaitic philosopher and a paramahansa, offer with mind, word and deed, my heartfelt prostrations with great devotion attain and again – millions of times!
42.	- Only Knowledge of the Self will destroy ignorance, and the samsara that results from it.
43.	- When stainless devotion to God gets deep-rooted in the mind of man, we consider the object of his existence already attained.
44.	- The means to liberation is Jnana : but Jnana too is obtained by whole-hearted devotion to Bhagavan Shri Krishna.

S. No.	Quote
45.	- The purpose of the shastras is to instil faith and interest in the concept of "I".
46.	- Everyone has the continual experience of the Self, but one does not remember that the experience is Brahman.
47.	- O Lord! Give me, in this very life, the capacity to enjoy the charm of Thy matchless beauty as people enjoy the sight of the lovely moon.
48.	- Continue reading and reflecting on the Upanishads. Eventually this will give you the true knowledge of Atman.
49.	- If the mind is not pure, one may hear the Truth expounded a thousand times, but the Truth itself will not dawn upon him.
50.	- Without vairagya there can be no Brahma-Jnana.
51.	- Being the innermost Self of all, that immeasurable and unknowable Lord, rules over everything effortlessly.
52.	- Just one look at Mahatmas can lift up a man's soul, far more than the reading of several holy texts and numberless commentaries.

S. No.	Quote
53.	- As your mind learns to be steady and constantly conscious of the Atman even while you carry on with your activities on the material plane, you will become attuned to the effulgence of the Atman.
54.	- All that appears in the form of subject or object because of the vibrations of the mind is nothing but Brahman. Brahman, Brahman, Brahman, Brahman alone is there nothing else is.
55.	- O Children, remember that you were born in a country of high spiritual attainments and learn to respect her great spiritual heritage.
56.	- In the waking state, one should view the world outside as the manifestation of Brahman, while in the seat of meditation, one should consider oneself as the very nature of Brahman.
57.	- The greatness of material wealth is evanescent, charming at the start, but sorrowful at the end. On the contrary, the wealth arising out of realisation of Truth is everlasting, uniformly beautiful and blissful.