


Drum Rudiment System

PROGRESS CHART



VIC FIRTH

Paradiddle Flam Stroke Swiss Army Triplet
Single Stroke Stroke Roll
Single Drag Tap Single Drag Tap
Inver Middle
Dragad Middle
Double Drag Middle Roll
Ratamac Swiss Army Triplet
Lesson 25 Pataflafla
Single Stroke Roll

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Single Stroke Roll

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R L R L R L R L R L R L R L R L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 60 bpm

Drum Rudiment System Reference Guide - Single Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 08
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 08
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 08
DVDs - 5 & 6

Single Stroke Roll Four

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 75 bpm

Drum Rudiment System Reference Guide - Single Stroke Roll Four

Beginner Beats & Fills

Book 1 - pg. 09
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 09
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 09
DVDs - 5 & 6

Single Stroke Roll Seven

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 75 bpm

Drum Rudiment System Reference Guide - Single Stroke Roll Seven

Beginner Beats & Fills

Book 1 - pg. 10
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 10
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 10
DVDs - 5 & 6

Multiple Bounce Roll

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R L R L R L R L R L R L R L R L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 60 bpm

Drum Rudiment System Reference Guide - Multiple Bounce Roll

Beginner Beats & Fills

Book 1 - pg. 11
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 11
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 11
DVDs - 5 & 6

Double Stroke Roll

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R R L L R R L L R R L L R R L L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 65 bpm

Drum Rudiment System Reference Guide - Double Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 12
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 12
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 12
DVDs - 5 & 6

Triple Stroke Roll

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

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Tempo _____

Date _____

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Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 65 bpm

Drum Rudiment System Reference Guide - Triple Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 13
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 13
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 13
DVDs - 5 & 6

Five Stroke Roll

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R R L L R L L R R L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

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Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 125 bpm

Drum Rudiment System Reference Guide - Five Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 14
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 14
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 14
DVDs - 5 & 6

Six Stroke Roll

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

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Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 125 bpm

Drum Rudiment System Reference Guide - Six Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 15
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 15
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 15
DVDs - 5 & 6

Seven Stroke Roll

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R R L L R R L R R L L R R L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

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Tempo _____

Tempo _____

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Tempo _____

Tempo _____

Recommended Start Tempo - 125 bpm

Drum Rudiment System Reference Guide - Seven Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 16
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 16
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 16
DVDs - 5 & 6

Nine Stroke Roll

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

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Tempo _____

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Tempo _____

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Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 125 bpm

Drum Rudiment System Reference Guide - Nine Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 17
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 17
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 17
DVDs - 5 & 6

Ten Stroke Roll

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R R L L R R L L R L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

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Tempo _____

Tempo _____

Date _____

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Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 125 bpm

Drum Rudiment System Reference Guide - Ten Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 18
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 18
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 18
DVDs - 5 & 6

Thirteen Stroke Roll

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R R L L R R L L R R L L R



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

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Tempo _____

Date _____

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Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 125 bpm

Drum Rudiment System Reference Guide - Thirteen Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 20
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 20
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 20
DVDs - 5 & 6

Fifteen Stroke Roll

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R R L L R R L L R R L L R R L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

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Tempo _____

Recommended Start Tempo - 125 bpm

Drum Rudiment System Reference Guide - Fifteen Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 21
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 21
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 21
DVDs - 5 & 6

Seventeen Stroke Roll

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

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Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 125 bpm

Drum Rudiment System Reference Guide - Seventeen Stroke Roll

Beginner Beats & Fills

Book 1 - pg. 22
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 22
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 22
DVDs - 5 & 6

Single Paradiddle

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

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Date _____

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Tempo _____

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Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Single Paradiddle

Beginner Beats & Fills

Book 1 - pg. 23
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 23
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 23
DVDs - 5 & 6

Double Paradiddle

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Date _____

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Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Double Paradiddle

Beginner Beats & Fills

Book 1 - pg. 24
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 24
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 24
DVDs - 5 & 6

Triple Paradiddle

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R L R L R L R R L R L R L R L L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

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Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Triple Paradiddle

Beginner Beats & Fills

Book 1 - pg. 25
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 25
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 25
DVDs - 5 & 6

Single Paradiddle-diddle

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 100 bpm

Drum Rudiment System Reference Guide - Single Paradiddle-diddle

Beginner Beats & Fills

Book 1 - pg. 26
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 26
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 26
DVDs - 5 & 6

Flams

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

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Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 100 bpm

Drum Rudiment System Reference Guide - Flams

Beginner Beats & Fills

Book 1 - pg. 27
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 27
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 27
DVDs - 5 & 6

Flam Tap

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Flam Tap

Beginner Beats & Fills

Book 1 - pg. 28
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 28
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 28
DVDs - 5 & 6

Flam Accent

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Flam Accent

Beginner Beats & Fills

Book 1 - pg. 29
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 29
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 29
DVDs - 5 & 6

Flamacue

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Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

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Tempo _____

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Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 50 bpm

Drum Rudiment System Reference Guide - Flamacue

Beginner Beats & Fills

Book 1 - pg. 30
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 30
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 30
DVDs - 5 & 6

Flam Paradiddle

www.DrumRudimentSystem.com

L R L R R_R L R L L_L R L R R_R L R L L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

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Tempo _____

Tempo _____

Date _____

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Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 50 bpm

Drum Rudiment System Reference Guide - Flam Paradiddle

Beginner Beats & Fills

Book 1 - pg. 31
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 31
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 31
DVDs - 5 & 6

Single Flammed Mill

www.DrumRudimentSystem.com

L R R L R_R L L R L L R R L R R_R L L R L



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

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Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 50 bpm

Drum Rudiment System Reference Guide - Single Flammed Mill

Beginner Beats & Fills

Book 1 - pg. 32
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 32
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 32
DVDs - 5 & 6

Flam Paradiddle-diddle

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

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Tempo _____

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Tempo _____

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Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 50 bpm

Drum Rudiment System Reference Guide - Flam Paradiddle-diddle

Beginner Beats & Fills

Book 1 - pg. 33
DVDs - 1 & 2

Intermediate Beats & Fills

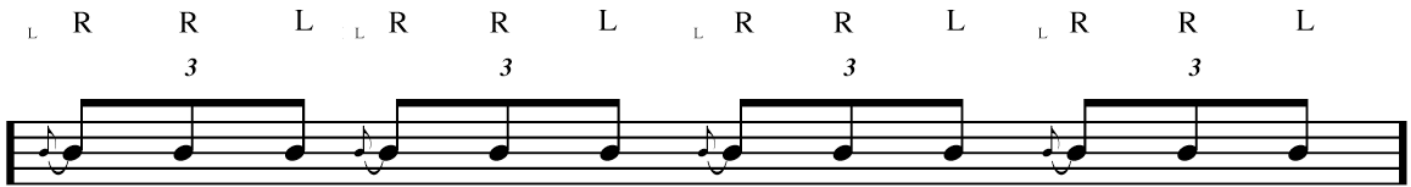
Book 2 - pg. 33
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 33
DVDs - 5 & 6

Swiss Army Triplet

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

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Tempo _____

Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Swiss Army Triplet

Beginner Beats & Fills

Book 1 - pg. 34
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 34
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 34
DVDs - 5 & 6

Inverted Flam Tap

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

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Date _____

Tempo _____

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Date _____

Tempo _____

Tempo _____

Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Inverted Flam Tap

Beginner Beats & Fills

Book 1 - pg. 35
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 35
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 35
DVDs - 5 & 6

Flam Drag

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

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Tempo _____

Tempo _____

Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Flam Drag

Beginner Beats & Fills

Book 1 - pg. 36
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 36
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 36
DVDs - 5 & 6

Pataflafla

www.DrumRudimentSystem.com

L R L R R L L R L R R L L R L R R L L R L R R L

Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

Date _____

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Tempo _____

Recommended Start Tempo - 50 bpm

Drum Rudiment System Reference Guide - Pataflafla

Beginner Beats & Fills

Book 1 - pg. 37
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 37
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 37
DVDs - 5 & 6

Drag Ruff

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

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Tempo _____

Recommended Start Tempo - 70 bpm

Drum Rudiment System Reference Guide - Drag Ruff

Beginner Beats & Fills

Book 1 - pg. 38
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 38
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 38
DVDs - 5 & 6

Single Drag Tap

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

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Recommended Start Tempo - 65 bpm

Drum Rudiment System Reference Guide - Single Drag Tap

Beginner Beats & Fills

Book 1 - pg. 39
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 39
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 39
DVDs - 5 & 6

Double Drag Tap

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

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Tempo _____

Recommended Start Tempo - 50 bpm

Drum Rudiment System Reference Guide - Double Drag Tap

Beginner Beats & Fills

Book 1 - pg. 40
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 40
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 40
DVDs - 5 & 6

Lesson 25

www.DrumRudimentSystem.com

L L R L R L L R L R L L R L R L L R L R



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

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Tempo _____

Recommended Start Tempo - 60 bpm

Drum Rudiment System Reference Guide - Lesson 25

Beginner Beats & Fills

Book 1 - pg. 41
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 41
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 41
DVDs - 5 & 6

Single Dragadiddle

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

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Tempo _____

Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Single Dragadiddle

Beginner Beats & Fills

Book 1 - pg. 42
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 42
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 42
DVDs - 5 & 6

Dragadiddle #1

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

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Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Dragadiddle #1

Beginner Beats & Fills

Book 1 - pg. 43
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 43
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 43
DVDs - 5 & 6

Dragadiddle #2

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

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Recommended Start Tempo - 55 bpm

Drum Rudiment System Reference Guide - Dragadiddle #2

Beginner Beats & Fills

Book 1 - pg. 44
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 44
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 44
DVDs - 5 & 6

Single Ratamacue

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

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Tempo _____

Recommended Start Tempo - 50 bpm

Drum Rudiment System Reference Guide - Single Ratamacue

Beginner Beats & Fills

Book 1 - pg. 45
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 45
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 45
DVDs - 5 & 6

Double Ratamacue

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

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Tempo _____

Recommended Start Tempo - 50 bpm

Drum Rudiment System Reference Guide - Double Ratamacue

Beginner Beats & Fills

Book 1 - pg. 46
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 46
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 46
DVDs - 5 & 6

Triple Ratamacue

www.DrumRudimentSystem.com



Practice Session

Max Speed (1min)

Endurance (5min)

Date _____

Tempo _____

Tempo _____

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Tempo _____

Recommended Start Tempo - 50 bpm

Drum Rudiment System Reference Guide - Triple Ratamacue

Beginner Beats & Fills

Book 1 - pg. 47
DVDs - 1 & 2

Intermediate Beats & Fills

Book 2 - pg. 47
DVDs - 3 & 4

Advanced Beats & Fills

Book 3 - pg. 47
DVDs - 5 & 6