



The Village Club

2021 Summer Membership Guide

Aquatics-Tennis-Social

Welcome to the Village Club! This 2021 packet has everything you need to enjoy your summer with us and take advantage of all we have to offer. Please feel free to reach out to your club managers for any additional information and questions.

New Additions For 2021

Text Update Service
Uniforms and Name Tags For All Staff
Ping Pong Tables, Television, and Bags All Returning
New Scorecards and Benches on Court
All New Registration System
Swim Lessons Are Back
Tennis For Our Youngest Champions Is Returning
Apparel Store Open to Members

How To Find Us

Club Phone: 414-761-9871(Summer)
Membership: 414-380-2582
Website: www.thevillageclubinc.com
Instagram: @villageclubtennis, @thevillageclub & @villageclubaquatics.
Twitter: @VCTennisProgram
Facebook: The Village Club, Inc

Contact Information

Aquatics Director: Melanie Carlson
Email: mcarlson972@gmail.com
Tennis Director: Scott Ficks
Email: scottfickstennis@gmail.com



New Text Option For 2021!

We are now offering a text option for all members. This plan is free for all and will become one of our primary ways to communicate information like weather updates, social events as well as pool and tennis information. Sign up using the instructions below and you will be part of the group.

Text Keyword “VillageClub” to 414-404-9462

Receive updates on weather, tennis, swim, and other information to stay in the know.

How To Enjoy Your Time At The VC

Management Team

Aquatics/Management: mcarlson972@gmail.com

Tennis/Management: Scott Ficks scottfickstennis@gmail.com

Membership: Karen Rybakowicz membership@thevillageclubinc.com

Facilities: Joe Paul jfpaul@waukesha.k12.wi.us

Yoga for Adults: Mary Hanneken omhanneken@wi.rr.com

Website: Cindy Wendland cindyw19@gmail.com

Technology: Luis Hernandez lh64214@gmail.com

Credit Card Required On Account: All members must have a credit card on file in order to register for programs and classes. Having a card on file will make registering and paying for lessons and events significantly easier and faster. See the instructions below and email Luis Hernandez for any questions.

Sign in to MindBody } Select “My Info” } Select “Profile” } Select “Edit” in Billing Information

Key Tags: You must have your Village Club key tag and a picture on file for each member on your membership. New key-tags can be purchased at check-in and pictures can be taken at check-in.

Alcoholic Beverages: Members can legally bring alcoholic beverages into the club. Those beverages are not allowed in the pools, at the pools edge, or in the restrooms and shower rooms. The club is not licensed to sell or distribute alcoholic beverages.

Childcare Providers: Must complete the Childcare Form, the Insurance Waiver and pay a \$10 processing fee per childcare provider. Members are limited to two providers. Board approval is required for additional providers. Providers who remain at the club after the parents of the children arrive, must pay the guest fee.

Guest Fees & Policy: Non-members pay \$10 per person everyday of the week from when the club opens until it is closed. On Memorial Day, the 4th of July, the Family Picnic and on Labor Day the guest fee is \$15 per person at all times. Guests are not allowed to participate in lessons, leagues, teams and master swim. If enrolling children in lessons or teams their parent or guardian must be a direct member of the Village Club.

Picture Consent & Check-in: All members, children and adults are required to have a recent picture on file. The Village Club utilizes its website for pictures of club members involved in competitive activities, social events and random snapshots of good fun. Unless an adult member informs us to the contrary, we may post pictures of members, both adults and children taken by management, staff, and board members and/or submitted by other members of the club. Discretion will be employed in deciding which pictures to post. These guidelines apply to all individuals. Hereinafter, the term "individual" shall mean all persons associated with, members of, guests of or employed by the Village Club.

Covid Waiver: The Village Club (“VC”) has put in place preventative measures to reduce the spread of COVID19; however, the Club cannot guarantee that members and/or their families will not become infected with COVID-19. Please see the Village Club website to print and sign the waiver. Please return the waiver to the Village Club front desk.

Smoking & Tobacco Policy: The Village Club does not allow the use of tobacco products including cigarettes, cigars, chewing tobacco, pipe tobacco, e-cigarettes or “vaping” within the club. Use the parking lot if you choose to use tobacco products or facsimiles. This restriction applies to staff, management, members, guests, vendors, visitors for tournaments and contractors, at all times.

Firearms & Weapons: Firearms and weapons of any type or device are not allowed in the club or on the property of the club. This includes facsimile firearms/weapons. There is no exception for open carry or concealed carry. Violations of this policy will be referred to the Greendale Police Department for appropriate charges. The Board of Directors reserves the authorization to harbor a protective device securely kept in the facility, in accordance with federal, state and local laws for the safety of the staff and the members and management if deemed necessary.

Registration Information (NEW): Online and email registration begins on April 1st, 2021. *The new and improved registration site will go live on April 1st. A link will be sent to all members on that date to be able to register for lessons, teams, and activities.* Please note that when registering for aquatics lessons or teams **you must fill out a new form for each child.** Failure to do this will result in the inability to attend that session. Please note that this site allows you to register BUT you still must pay through MindBody. A credit card is required in your Mindbody account in order to register for classes. Dues for classes, lessons, and teams are due 1-week before the first day of the session. Failure to remit payment will result in losing your spot for that session. If you have any questions please email Scott or Melanie for further assistance. The registration website will go live on April 1st.

Credit Card Required On Account (NEW): **All members must have a credit card on file in order to register for programs and classes.** Having a card on file will make registering and paying for lessons and events significantly easier and faster. See the instructions below and email Luis Hernandez for any questions.

Sign in to MindBody } Select “My Info” } Select “Profile” } Select “Edit” in Billing Information

Registration Payment Information (NEW): Once you have registered for a class, lesson, or team through our new and improved registration site the club will charge the credit card on file through Mind Body. Registrations will officially go live April 1st and close April 30th. Payment must be completed by April 30th to secure your registration. Failure to add a payment method through Mind Body will result in a loss of registration. Any questions or concerns should be directed to Scott Ficks or Melanie Carlson.

Concessions: Cash and credit cards will be accepted in 2021. There will no longer be the ability to add credit to your account and pay using your key tag.

2021 Calendar

(Subject to changes and additions, see club for summer updates)

April

April 1 Swim and Tennis Registration Begins (Closes April 30th)

May

May 8 Club Work Day

May 22 Club Work Day

May 27 New Member Open House

May 28 Opening Day

May 31st Memorial Day - Free soda and ice cream for kids under 18

June

June 4 Friday Night Mixed Doubles

June 5 Social Tennis

June 7 Men's Night Begins

June 12 Saturday Adult Drills Begin

June 13 Men's Sunday Intra Club Begins

June 14 Swim Lessons, Masters swim, Aquatic Teams, and Tennis Lessons Begin

June 25 Friday Night Mixed Doubles

June 18 Friday Ladies Day Begins

June 19 Social Tennis

June 26 Swimming/Diving/Synchro meet at the Village Club

July

July 4th Independence Day - Free soda and ice cream for kids under 18

July 10 Social Tennis

July 10 Swimming/Diving/Synchro meet at the Village Club

July 15 Teen Night

July 16 Club Championships Warm Up

July 17 & 18 Club Championships

July 24 Last Swimming/Diving meet at the Village Club

July 24 Synchro Show

July 30 Friday Night Mixed Doubles

July 31 Social Tennis

August

August 5 Rubber Ducky Days 12-3

August 6 Last day of Aquatics Teams and Lessons - Mini meet & party for teams

August 7 Social Tennis

August 7 Family Picnic

August 12 Rubber Ducky Days 12-3

August 13 Friday Night Mixed Doubles

August 14 Social Tennis

August 15 Men's Tennis Fundraiser (Kass Tourney)

August 21-22 Pickleball Tournament

September:

September 5 Men's Fall League

September 6th Labor Day - Free soda and ice cream for kids under 18

September 11 Club Shut Down Day

2021 Pool Schedule & Hours

Open Swim Hours:

Saturday & Sunday	11:00 am - 9:00 pm
Jun 14th - Aug 27th	12:00 pm - 9:00 pm
Aug 30th - Sep 3rd	4:00 pm - 8:00 pm

Holiday & Special Event Hours:

May 28th (Opening Day)	4:00 pm - 9:00 pm
May 31st (Memorial Day)	11:00 am - 9:00 pm
Sep 6th (Labor Day)	11:00 am - 6:00 pm

Lap Lane Hours *(June 14th - August 27th):*

Monday - Thursday	8:30 am - 9:30 am
Friday	8:00 am - 10:00 am
Monday - Friday	7:30 pm - 9:00 pm

Masters Swimming Program 17 and older *(June 14th - August 6th):*

Monday - Thursday	7:00 am - 8:30 am
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Lessons:

No lessons OR teams practice on July 4th

Swimming Lessons *(June 14th - August 6th):*

Monday - Thursday	9:45 am - 10:15 am
Monday - Thursday	10:20 am - 10:50 am
Monday - Thursday	10:55 am - 11:25 am
Friday (Private Lessons)	10:00 am - 10:30 am
Friday (Private Lessons)	10:30 am - 11:00 am

Diving Lessons *(June 14th - August 6th):*

Monday - Thursday	9:45 am - 10:15 am
Monday - Thursday	10:55 am - 11:25 am

Team Information *(June 14th - August 6th)*

Meet schedules will be handed out at the beginning of the season

Swimming Team Practice *(10 and under):*

Monday - Thursday	9:30 am - 10:30 am
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Swimming Team Practice *(11 and up):*

Monday - Thursday	10:30 am - 11:30 am
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Diving Team Practice:

Tuesdays & Thursdays	9:45 am - 10:15 am
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Synchronized Swimming Team Practice:

Tuesdays & Thursdays	10:15 am - 10:45 am
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Weather Information:

All aquatic based activities and open hours are weather permitting.

The Club Closes When the Pool Closes

The Village Club offers a variety of outdoor seasonal experiences that are permitted based upon acclimate and safe weather. The Village Club Aquatics Department will not be open on days when the temperature is 67 degrees or lower. The Village Club will close for 30 minutes for lightning and thunder or suspected unsafe weather. Closings are at the discretion of the aquatics staff in charge and are based on inclement weather and unusual circumstances. Please sign up for text updates (New for 2021!) for immediate weather updates.

POOL RULES

1. Do not enter the pool if you have a communicable disease or open cut.
2. Shower before entering the pool and after use of toilet facilities.
3. Do not bring food, drink, gum, or into the pool.
4. Eating is not allowed in the main pool area.
5. No running or rough play in the pool areas.
6. No riding the shoulders of others in the pool.
7. No pushing or throwing others into the pool.
8. Only one person at a time on the diving board.
9. **Glass and breakable objects are not allowed inside the club.**
10. Appropriate swimwear is required. No leotards, cutoffs or hats.
11. Kids under 6 must be with an adult and toilet trained to use the large pool.
12. Non-swimmers may only use the shallow roped-off area of the large pool.
13. Toddlers are not allowed in the main pool area unless toilet trained.
14. Toddlers must not be left unattended in any of the pool areas.
15. Swim diapers are not allowed in the main pool.
16. Non-toilet trained children are required to wear swim diapers.
17. Baby strollers, and playpens are not permitted in the main pool area.
18. No ball playing is permitted on the decks.
19. Floating devices are not permitted.
20. Round sponge balls are the only toys allowed in the large pool.
21. No swimming in the I-pool or large pool without a lifeguard on duty.
22. Go under the guide ropes not over when crossing.
23. Avoid the lap lane when being used for swimming laps.
24. **Do not play catch from the water to the deck or vice-versa.**
25. Somersaults and backward entries poolside are not allowed.
26. Inward and reverse dives are not allowed from the diving board.
27. Parents must remain on the upper deck during lessons/practices.
28. The pools will be closed at the end of lessons/practice for 30 min.
29. Adult swim is for members who are at least 18 years of age.
30. The pools will be closed when the air temperature is below 67°.
31. Basketball hoop: You must be in the water to shoot the basketball
32. No hanging on the net or the rim and no dunking.

Safety is our first priority. Lifeguards have the responsibility and the authority to enforce the rules listed in this document. Their instructions should be followed promptly for the safety and well being of all. Your cooperation is expected.

2021 Aquatics Programs

SIGN UP FOR ACTIVITIES ONLINE STARTING APRIL 1ST

ALL FEES MUST BE PAID IN FULL IN ORDER TO ENROLL IN ANY OF THESE ACTIVITIES

2021 Sessions for Swimming, and Diving Lessons:

Session 1: June 14th - June 25th

Session 2: June 28th - July 9th

Session 3: July 12th - 23rd

Session 4: July 26th - August 6th

Lessons will be held Monday-Thursday with private one-on-one lessons on Friday

On the first day of each session a swim test will be conducted to determine what level is the right fit for your child. If you have participated in the first session and move onto the second you will remain in the last level participated in.

Swimming Lessons:

Days: Monday - Thursday, June 14th - August 6th. Private Lessons on Friday.

Time: 9:45 am - 11:25 am

Private Lessons: 10:00 - 11:00

Fee: \$30.00 - Must be paid prior to the first day of the session

*Private lessons will be offered on Friday through a sign up form at the club. These lessons will be a one-on-one experience and **on a first come first serve basis**. Must be registered to participate. See page 8 for more information.*

- Aqua Tots:** Ages 6 months - 3 years. A parent and child experience where children will experience an introductory aquatics experience through various aquatic based songs, games, and toys. *(min of 3 children to run the class)*.
- Level 1:** Ages 3 years and up. An introductory level where swimmers of all ages will learn basic water skills (floating & bobbing).
- Level 2:** Swimmers will begin to integrate floating with asynchronous arm movement.
- Level 3:** Swimmers will be able to rhythmically breathe, swim 10 yards of front and back crawl and retrieve an underwater object.
- Level 4:** Swimmers will learn the integral components of each stroke and be able to swim a 50 of each stroke (butterfly, backstroke, breaststroke, freestyle)
- Level 5:** Swimmer will be able to swim consecutively for a 100. Swimmers will learn a flip turn.
- Level 6:** Beginner swim team. Swimmers will practice stroke repetition while improving overall stroke technique.

All levels will learn and discuss a variation of components regarding water safety.

(8 children is the maximum for each class)

Diving Lessons:

Days: Monday - Thursday, June 14th - August 6th.

Time: 9:45 - 10:15 | 10:55-11:25

Fee: \$30.00 - Must be paid prior to the first day of the session

Description: Learn the basics of diving fundamentals: the approach, safety, and different diving groups – front, back, inward, reverse, and twist.

2021 Aquatics Programs

SIGN UP FOR ACTIVITIES ONLINE STARTING APRIL 1ST

ALL FEES MUST BE PAID IN FULL IN ORDER TO ENROLL IN ANY OF THESE ACTIVITIES

Private Lessons Information:

Private lessons are on a first come first serve basis and offer an individualized experience to those of all ages and all abilities looking for one-on-one technique and stroke assistance. During private lessons you are able to specify what you, or your child, would like to work on. Cost for one-on-one lessons will be \$30 per lesson.

Please visit the registration site on April 1st for sign up information.

Team Information:

Swim Team:

Days: Monday - Thursday, June 14th - August 6th.

Time: 9:30 am - 11:30 am

Fee: \$50 (\$100 maximum per family)

Description: The swim team is open to all village club swimmers, who are able to swim 2 - lengths of the pool, and would like to improve their skills and abilities while participating at a competitive level. Swimmers will compete in a variety of competitions at the VC versus their own teammates as well as teams from varying clubs across the Milwaukee and Waukesha county area. Meet schedule coming soon!

Diving Team:

Days: Tuesdays & Thursdays, June 14th - August 6th.

Time: 9:45 - 10:15

Fee: \$50 (no charge if you are on the swim team)

Description: The dive team is open to all Village Club members looking to practice at a more elite level while gaining experience in new techniques and dives.

Synchronized Swimming Team:

Days: Tuesdays & Thursdays, June 14th - August 6th.

Time: 10:15 am - 10:45 am

Fee: \$50 (no charge if you are on the swim team)

Description: Synchronized swimming combines swimming, music and lights. Choreographed routines are taught, practiced and performed.

Masters Swim Program:

Days: Mon - Thurs June 14th - August 6th

Time: 7:00 am - 8:30 am

Fee: \$50

Description: The Masters Swimming Program is available to those 17 and up and offers the competitive aspect of the sport while providing a laid back environment to promote athletic progression and endurance, speed, and agility training. This opportunity would be perfect for a college athlete looking to stay in shape or an adult looking for competitive exercise.

How To Add A Credit Card To Your Account

Credit Card Required On Account: All members must have a credit card on file in order to register for programs and classes. Having a card on file will make registering and paying for lessons and events significantly easier and faster. See the instructions below and email Luis Hernandez for any questions.

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2021 Village Club Tennis

Tennis Court Rules

SIGN UP FOR ACTIVITIES ONLINE STARTING APRIL 1ST
ALL FEES MUST BE PAID IN FULL IN ORDER TO ENROLL IN ANY OF THESE ACTIVITIES

Direct supervision of the tennis court area is the responsibility of the Tennis Director and Tennis Instructors when they are on duty. The responsibility for supervision of the tennis courts area rests with the management or the designated representative at any other time. Failure to adhere to these rules will jeopardize your membership privileges. The Village Club aims to keep our tennis courts and Quick-Start courts in the best possible shape. Thank you for your cooperation.

1. No smoking or tobacco use in the tennis court area.
2. No eating (including gum) in the tennis court area.
3. No Slides, Sandals, Flip Flops etc. Only tennis shoes and tennis attire are allowed on the playing surface. Playing tennis barefoot or in sandals is not allowed. Shirts are required on tennis courts with no cutoff sleeves.
4. No more than four people are permitted to play on one court at a time.
5. Non-playing children are not permitted to play in the tennis court area unless supervised by an adult.
6. Be respectful of other courts of play. Only cross behind a court by the back fence in between points. Do not move behind a court while a point is in play.
7. Please keep the tennis court area clean by using the proper trash receptacles.
8. Club tournaments, socials, state league matches, and lessons have priority in use of the courts. Courts do NOT have to be left open during special events for open play.
9. Adults (18 years of age or older) have preference for use of the courts after 4:00 P.M. weekdays and at all times of the weekend and during holidays.

Quick Start Court Rules

1. The above tennis court rules apply to the two Quick Start courts.
2. Lessons have priority on the courts at all times.
3. The courts are designed and specified for 10 and under players and their parents using 10 and under Quick-Start equipment.
4. Quick Start courts are lined for pickle-ball play with pickle-ball equipment.

Private Lesson Rates

1 Hour Private W/ Scott: \$60

Group of 3: \$25/Player

Group of 4: \$20/Player

Groups of 5 or More: \$15/Player

Can be paid via Cash / Venmo / Check / CC directly to Scott Ficks

Racquet Stringing & Equipment

Stringing and Regripping service is available to all members.

Prices are determined based on the type of string and other equipment.

See Scott for details.

Add A Credit Card To Your Account

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Adult Tennis Programming

**All Adult Programs Register Via Email Directly to Scott
scottfickstennis@gmail.com**

Monday Night Men’s League

Sign up for Monday night men’s doubles. It’s a great way to exercise, socialize, and meet new players. All levels are welcome and the line-up will be set each week based on the number of players, level, and best matchups.

The season begins June 7 and runs every Monday unless a special event interferes.

\$30 For The Season or \$5 Per Play Includes

- Reserved courts each Monday night
- Scott Sets All Matches and Finds Subs
- New Balls Each Week

Sign-up via email directly with Scott for Monday Nights Men’s League:

- Scott sends out an email each week to all players who have until Saturday to respond. Lineups will be provided each night and a staff member will be on site each week to help coordinate and play if necessary to ensure even numbers.

Adult Social Tennis

Join some of our clubs most enthusiastic tennis players and families for some adult time on the tennis courts. This event is casual and open to all members. The fee covers the cost of tennis balls and beverages and the food is provided by the players. You can bring your favorite dish, snack, chips, or a five course meal, just bring enough for everyone!

Social Tennis Dates

June 5 June 19 July 10 July 31 August 7 August 14

Saturdays @ 1:00 PM

COST: \$10 for the season-pay on first play and all future dates are included

SIGN UP

Email Jane Mlenar and/or Connie Kocourek to register and get more information.

Jane Mlenar jpmlenar@gmail.com

Connie Mlenar Connie.kocourek@gmail.com

Men's Sunday Morning League

This league is designed to promote play within the club. Players of all skill levels are encouraged to participate. Minimum age of 18 to participate. If players prefer, a court or two of singles will be offered.

When: Matches will be held on Sunday mornings at 10:00 A.M, Matches will begin June 13 and run through August.

Cost: \$15.00 per player. Fees must be paid by May 26th by cash, check, or credit card to the VC. Sign-up online for Men's Sunday Morning Tennis and email Mark Kass at mkass@sbcglobal.net.

Men's Fall Doubles League

OPEN ONLY TO MEMBERS OF THE VILLAGE CLUB

- Sunday Morning: September 5th through October 24th
- Play starts at 9:30 A.M
- All levels of play are welcome to join the league
- Each Sunday you play 24 games, 8 with each player on your court
- There is no sub list - pick the Sunday's you can play
- \$10 fee paid in cash on September 5th (\$5 new balls)
- League players help take down windscreens on Oct 18th or Oct 25th (earn \$5 back)

Contact: Brian Hillstrom: bhillstrom@johnsonfinancialgroup.com
Deadline to sign-up is Thursday, August 26th

2021 Adult Club Championships

July 17 and 18

Men's and Women's Doubles & Mixed Doubles

See Details and Registration Information Later In The Summer

Adult Tennis Drills

Saturday Morning Adult Drills

9:00 AM – 10:00 A.M. Women

10:00 AM – 11:00 A.M. Men

Begins June 12 and continues throughout the summer unless a special event interferes.

Please register in advance with Scott via email or text. Having advance registrations significantly improves our ability to staff correctly and have a prepared lesson plan.

Ladies Tennis Day

Friday mornings we will offer drills and competitive play. Players must register in advance via sign up at the front desk, email, text, or directly with Scott.

Cost: \$5

8:00 am – 9:00 am - Experienced & Competitive Players-State League Players

9:00 am – 10:00 am- All Players-Non-State League Players-New Players

Fridays Begin on June 18th

All levels are welcome to participate. Please sign up for the appropriate time for your experience. Direct questions to Scott @ scottfickstennis@gmail.com or text to 414-704-5562

Friday Night Mixed Doubles

June 4 June 25 July 30 August 13

6:00 to 7:30 P.M. Bring your own food and beverages.

Sign up via email to Scott at: scottfickstennis@gmail.com at least 48 hours prior to each event.

Our goal is to play some fun mixed doubles and enjoy a great night at the club.

\$5 per player to be paid on the night of play.

Adult State League

We host several USTA league teams. If you are a captain of a previous team or are looking to start or join a team please see Scott to discuss reserving the courts. New teams should not register as a VC home team without clearing with Scott due to limited court space in the mornings and evenings.

Junior Tennis Program

June 14- August 6

All Classes Meet Monday-Thursday

Online registration begins April 1st

Members may also register directly with Scott via email

scottfickstennis@gmail.com

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Add A Credit Card To Your Account

Credit Card Required On Account: All members must have a credit card on file in order to register for programs and classes. Having a card on file will make registering and paying for lessons and events significantly easier and faster. See the instructions below and email Luis Hernandez for any questions.

Sign in to MindBody } Select “My Info” } Select “Profile” } Select “Edit” in Billing Information

New This Season

Classes Will Meet Monday-Thursday

Friday “Flex Days” Will Allow Us To Offer New Programming

Our Youngest Champions Are Back!

Middle School Class Time Extended

Full Summer and Weekly Options

New Scorecards and Additional Seating

The Ping Pong Tables Are Back

Important Registration Information

Please contact Scott Ficks with any questions. If you are not sure where to place your child please see Scott first for guidance to avoid having to switch classes once the summer begins. Players can register online and via email with Scott. For our 4-7 year olds and 8-11 please only sign up for one time slot. After initial registration if spots remain available students may add a second session if it is appropriate for that student.

Junior Tennis Lessons

We will offer tennis groups for ages 4-18 this season. All groups will meet four days a week and while we strongly encourage registering for the entire summer there will be a weekly option as well. Our program is based on a long term plan and builds skills throughout the summer. If possible please consider joining us as much as possible in order to gain all the benefits of consistent coaching and play.

8 Weeks Of Instruction

If you want to choose the weekly option registration must go through Scott

Week 1: June 14-17 Week 2: June 21-24 Week 3: June 28-Aug 1 Week 4: July 5-8
Week 5: July 12-15 Week 6: July 19-22 Week 7: July 26-29 Week 8: Aug 2 -5

Junior Lesson Schedule

Ages 4-7

8:30 am -9:00 am & 9:00 am - 9:30 am

Summer \$64 Weekly \$8

These classes will utilize our Quickstart tennis courts, age appropriate red and orange tennis balls, and our U10 lined tennis courts. Our youngest champions can bring a racquet but we will provide age and size appropriate racquets for all players.

Ages 8-11

8:30 am - 9:15 am & 9:15 am -10:00 am

Summer \$96 Weekly \$12

This age group will use a mix of the 10U tennis balls and the regular ball and mostly use a full size tennis court. Players should bring tennis racquets but we can provide some equipment. Our focus in this group will be skill building and introducing competition and match play.

Middle School Ages 12-14

12:30 pm -2:00 pm

Summer \$128 Weekly \$16

Our program will be geared toward preparing players for competitive tennis at the high school level and provide opportunities to play and manage competitive matches.

High School

10:00 am -11:30 am

Summer \$128 Weekly \$16

The high school program is for all players who are entering their freshman year and older. Competition will be a priority which will include match play, competitive games, and learning how to manage a match from a skills and strategy standpoint. The group will be divided by experience level in most cases to allow for a more efficient learning environment.

Pickleball Courts

Our two Quickstart courts are also lined for pickleball play.

The courts are open to all members except for when being used for junior lessons.

Tennis Shoes Only-No Slides-No Flip Flops

Paddles and balls are available for checkout at the concessions stand

Children under 10 years old must be supervised by a parent or authorized caretaker.

Yoga Fridays

This five week session of yoga classes will cover basic yoga postures, breathing techniques, meditation and relaxation skills. Learn how yoga helps build strength and flexibility while promoting overall health and well-being. Yoga is an excellent complement to tennis or any other fitness activity since it balances the body and reduces risk of injury. Yoga is a FREE class to Village Club members. No prior sign up is needed.

8:30 am-9:30 A.M. June 18, June 25, July 9, July 16, July 23.

Please bring a yoga mat or beach towel to class and meet on Tennis Court #10:

Taught by Mary Hanneken PT/e-RYT, a practicing Physical Therapist and a Certified Yoga Instructor.

omhanneken@wi.rr.com

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