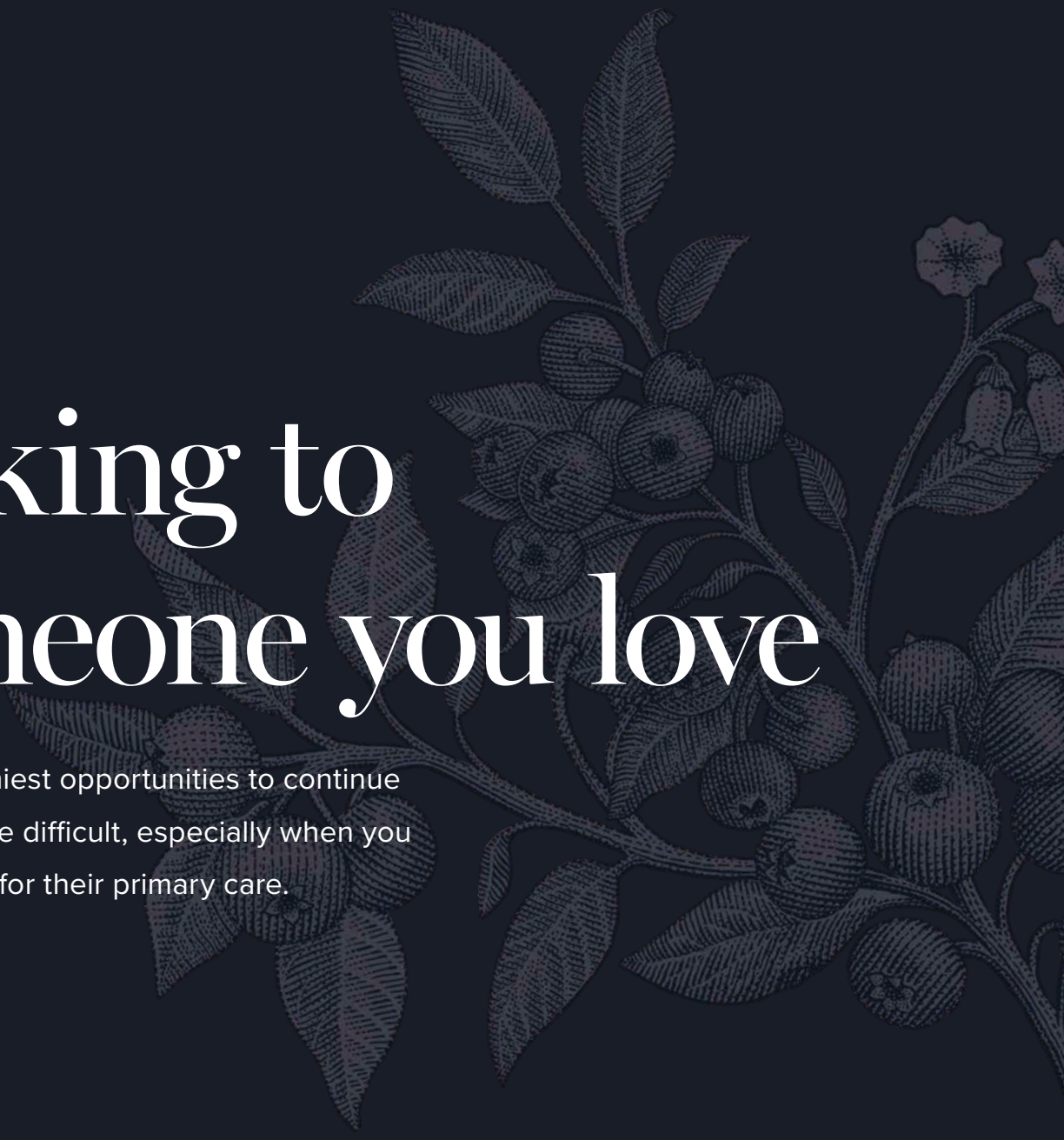

Talking to someone you love

about the healthiest opportunities to continue living well can be difficult, especially when you are responsible for their primary care.

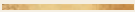




Talking to someone you love about the healthiest opportunities to continue living well can be difficult, especially when you are responsible for their primary care.



Dad swore he won't live "in a home".



Mom worries about leaving behind family memories.



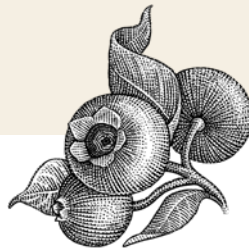
Your partner doesn't want to say it, but they feel anxious about not seeing you as often.



How do you know

—
and what do you do

—
when your loved one needs
more help than you can provide?



The Finest
**SENIOR
LIVING**
SINCE 1958

The feeling of not being able to “do more” can be overwhelming, and you may also feel equally concerned about your ability to continue offering the kind of care your loved one deserves.

You want what is in the best interest of your loved one. But how do you start the conversation? It’s important to consider the options, with openness and honesty, that is beneficial for them and for you.



Koelsch Care

If our 60-plus years of experience has told us anything, it's that people are always better together than the alternative in seclusion. We are made for connection. So we are here to partner with you, no matter what decision you make.

This is our guide to help you address the most common family interactions that can occur while discussing your loved one's future. We want you to feel empowered and regain a positive outlook through healthy, productive conversations.

We are here
whenever you need us.

Conversation Guide

PAGE ONE

Parent

But you're taking care of me so well. I'm managing because of your help.

I'm not alone, I have you.

Could we have someone else come to help me on the days you can't?

You

I'm glad I have been able to care for you, and we have been managing. There is a big difference between managing—just getting by—and living well. I worry about you being alone so much, and I've probably done a decent job disguising everything I'm doing and what it's taking out of me. The house is too much for you to handle alone and too much for me as well. At Koelsch, a team of specialists will anticipate your needs and assist with whatever, whenever.

Of course, you have me, and you always will. But I can't be here for you all the time. At Koelsch, you can spend time with people who have things in common with you instead of depending on my schedule and waiting around for me. Besides, I miss just being your child (spouse/partner), instead of your cook, housekeeper, driver, and nurse.

We could, and I know that sounds like a solution, but you'd still be alone most of the time. I hate seeing you cooped up in the house when you could be out doing things and seeing people like you used to. Not only that but the cost of having someone come in to help you temporarily, plus all the living expenses you have now would be about the same or even more than the cost of living at Koelsch with an entire staff available 24/7/365.

Conversation Guide

PAGE TWO

Parent

I feel good more days than not, and I usually remember to take my medications.

Everyone is so old at those places. I don't need as much help as they do.

What if I don't like it?

You

I know you do, and I'm grateful for that. But even one missed pill can be dangerous for your health. I want you to have even more good days for a long time. At Koelsch, whether you need to take medications with your meal or at a specific time, someone will politely remind you exactly which you need to take and when.

You're right. You don't. But you're probably thinking of a nursing home—a facility—and that's not what Koelsch is. You'll have your own apartment, delicious meals, and activities to look forward to every day. You'll actually be more independent than you are now because you won't have to wait around for me to help you when I can. The people who live there just need a little help as you do, and the staff is always subtle about it.

If you don't like it, you don't have to stay. All of the suites are month-to-month, so you can try living there with no strings attached. But I bet you'll meet neighbors who were just trying it out, too, and ended up wishing they'd moved in a lot sooner. You won't be stuck there, and I will come to visit!



*We create happiness
by providing
the finest living
experiences
anywhere.*

K / Koelsch
COMMUNITIES

