



Tallowood School Newsletter

20 March 2019



MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers,

We have made it to Week 8 already and the second last newsletter for the term! It is great to see all our students settled into daily routines and their new classes for 2019.

AN IMPORTANT REMINDER ABOUT HEALTH CARE PLANS AND MEDICATION AT SCHOOL

At the start of every school year, as part of our Personalised Learning Plan meetings, we

review health care plans and medication at school for students. As we have gone through this process for 2019, it has highlighted a number of areas that need to be clarified:

Anaphylaxis, Allergy or Asthma

If your child has any of these medical conditions, then an appropriate Action Plan must be provided from your doctor. The copy must be in colour and must be signed and dated by your doctor. Generally, your doctor should review and update these plans every 12 months and a copy of the new plan provided to the school. If your child's plan changes during the year, a copy of the new plan must be provided to the school.

If your child has Anaphylaxis, then an Epipen must be provided in case of emergency at school. If your child travels to and/or from school on Assisted Student

Transport, then an Epipen must be provided to the Travel Support Officer on the bus. Epipens can either remain at school or travel to and from school with the student each day. This will be discussed with you and written into your child's health care plan. Our first aid officers track the expiry dates of all Epipens and you will be notified when you need to provide a new Epipen.

If your child has Asthma and their action plan requires the use of a puffer and spacer (if required), these need to be provided to the school. If your child travels to and/or from school on Assisted Student Transport, then a puffer and spacer (if required) must be provided to the Travel Support Officer on the bus. Puffers and spacers can either remain at school or travel to and from school with the student each day. This will be discussed with you and written into your child's health care plan.

Epilepsy

If your child has a diagnosis of Epilepsy, a seizure management plan should be provided from your doctor. This plan should outline what the seizure will look like and what treatment should occur and when. If your child has a PRN medication such as Midazolam, this should be mentioned in the plan along with when and how it should be administered. It is important to note that if we do need to administer a PRN such as Midazolam, we are required to call an ambulance. This will be written into your child's health care plan.

General seizure management guidelines state that if a seizure lasts longer than 5 minutes then an ambulance



- 44 Redden Drive, Kellyville NSW 2155
- 9836 3810
- tallowood-s.school@det.nsw.edu.au
- <https://tallowood-s.schools.nsw.gov.au>
- <https://www.facebook.com/tallowood5459/>

DATES FOR YOUR DIARY

21 March	Harmony Day
28 March	Parent Social Club Morning Tea
12 April	Easter Fun Day
12 April	Last Day of Term 1
30 April	First day of Term 2

should be called. Unless the plan received from your doctor states something different, we will follow this recommendation and include it in your child's health care plan.

Medications at School

If your child has medication that needs to be administered at school, we must have a signed Medication Consent Form for each medication. The consent form outlines the name and dosage of the medication, the time it is to be given and how it is to be given.

If the medication is a prescription medication, then it must be sent to school in the original packaging with the prescription label that shows the child's name. Many families choose to send their child's medication to school in a Webster or Blister pack. This service is available from the chemist and is an easy way to ensure that all medications and correct dosages are sent to school.

Any non-prescription medication such as Panadol must also be accompanied by a Medication Consent Form and should also be sent in the original packaging.

If there are any changes to your child's medication – type, dosage, time of administration, method of administration, then a new Medication Consent Form must be completed. Medication Consent Forms are available on our school website for you to download or you can request a form from your child's class teacher through the communication book.

When your child's Health Care Plan is updated each year, you will be asked to sign it to say that you agree that the details are correct. It is important that you take the time to read the plan fully and let the class teacher know if there are any corrections that need to be made. It is also important to let the class teacher know if anything changes during the year so that the plan can be updated.

If you have any questions about Health Care Plans or medication at school, please contact your child's class teacher.

HARMONY DAY

This Thursday is Harmony Day. We encourage all students to wear something orange or cultural dress on the day. There will be fun activities in all classrooms to celebrate cultural diversity.



PARENT SOCIAL CLUB

Our next Parent Social Club gathering is Thursday 28 March, 10.30am at Coco Cubano in Rouse Hill Town Centre. Please come along, join our Assistant Principal, Michelle Rose,

for a cuppa, and catch up.

Greg Wood
Principal



Activate
Inclusion
Day

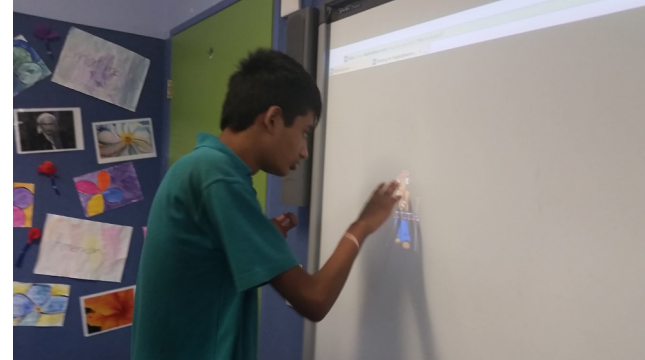


Class 7 have settled well into our new routines and activities at school. Some of our favourite things to do are spending time in the garden, creating modern art and using switches and the interactive panel.

We have planted many new seeds in the garden and are watching them sprout and grow each visit. Students enjoy assisting to water the garden and staff have been busy doing some pruning and tidying as well.



Another highlight of our week is participating in a variety of switch and interactive activities including Help Kidz Learn, a computer program with a wide variety of switch and interactive panel games and stories, activating lights and fans and activating music. As part of our visual art unit this term we are exploring some modern artists. Our latest project is creating a Gustav Klimt inspired work.





Kids Café re-opens for 2019

The students in class 11 along with their peers in class 12 re-opened the Kids Café in Week 4. The students are spending several weeks practising by preparing for and serving each other.

In week 6 they invited class 16 to their café in Yellow Block and in week 9 they will invite Class 14. As the years goes on, they will invite more classes from across the school. This is an excellent program for students from all classes across the school to learn how to sit and eat appropriately in a mock café setting.

The menu alternates weekly between Vegetable Muffins and Fresh Fruit Salad with Yoghurt. Every week the drink served is water infused with fruit, vegetables or herbs.

The menu is a healthy choice menu in keeping with the Western Sydney Local Health Department program called Live Life Well @ School. Last year, we received a grant from them to run the Kids Café and we have used this grant to purchase ingredients as well as new equipment and utensils such as cutlery, aprons and bakeware.

Here you can see the class 11 students proudly showing off their new green Kids Café aprons.





Hi everyone! Term 1 has started well for Class 13 as they enthusiastically participate in developing life skills. In particular, Class 13 has been learning how to butter, put vegemite on, and cut their own toast.

On Mondays we have been learning how to cook simple foods and have been developing skills such stirring, combining ingredients and using an electric mixer.

We have been involved in learning about History with our unit of work this term – ‘The Making of the Modern World’, and have produced artworks linked to this theme. We have created pioneer homes and covered wagons and boats which represent aspects of how we lived in the past.

We look forward to a continued eventful year of learning in 2019 at Tallowood!



THE BEATLES

Welcome to the Library for 2019. All classes have commenced their weekly lessons and everyone has settled in well.

Our theme for library lessons this term is Picture Books that contain the lyrics of songs. We are enjoying the poetic words, imagery, rhymes and rhythm of many different songs (both past & present). Our focus has been on the songs of the famous 1960's and 70's band, The Beatles. Our school has the musical instruments to make up a full pop band with a professional drum kit (donated to the school many years ago), guitars, keyboard, tambourines, maracas and a xylophone. Students love the simple beats of The Beatles' songs and they have been dressing up with some 1960s wigs that we had in our performing arts storeroom. We've all had a turn at walking across the famous Abbey Road Crossing which we set up in the library. We have also had photo shoots, solo performances, live band shows and wheelchair dances. I have to say, on behalf of everyone, it has been an enormous amount of fun!



EASTER FUN MORNING

On Friday 12th April 2019 we will be holding our annual Easter Fun Morning. The program will include an Easter Hat Parade by K-6 students, egg and spoon races for all students and their families, an Easter raffle run by the Tallowood P & C and a morning tea hosted by the Principal for all of our visitors.



We would be very pleased if you could join us for this special morning.

K-6 families, we would also appreciate if you could help your child to design and make an Easter hat for them to wear in the parade.

There will be special awards for the smallest, tallest, craziest and best Easter theme hats. Entry in the Easter Hat Parade is optional.



The parade begins at 9.30am and all activities are expected to conclude by morning teatime at 10.30am. If there is wet weather, activities will be adjusted to suit but the event will still go ahead.



Classes 9 & 10 cook some great food each week for the Cafe which is open from 2:10pm until 2:40pm every Tuesday.

The menu changes weekly. This week's menu was yummy Vegetable Lasagne and Blueberry Muffins.



Everyone is welcome!

KEEP UP TO DATE
WITH THE LATEST
TALLOWOOD NEWS AND
INFORMATION



Just search for Tallowood School and like the page!



Check out our website:
<https://tallowood-s.schools.nsw.gov.au>

Keep an eye out for letters about the

Tallowood P&C
Easter Egg Raffle

Coming home next
week



OPEN DAY INVITATION

DSA's Community Solutions Centre at Blacktown has a new look.

Join us for a tour around our newly refurbished centre that provides customers with the opportunity to develop new skills and increase their independence.

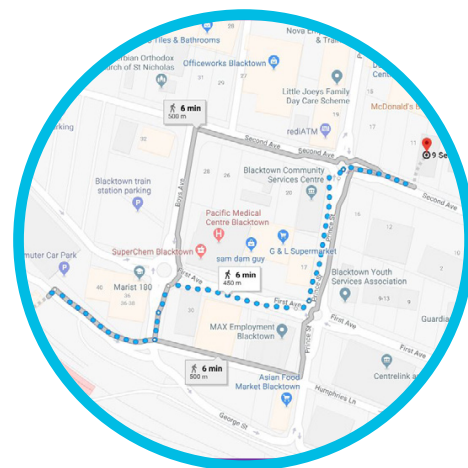
Participate in social and recreational activities that are designed around individual goals, interests and support needs.

**When: Friday, 5th April
10:00am - 2:30pm**

**Where: 9, Second Avenue,
Blacktown NSW 2148**

RSVP: Tuesday, 2nd April

We look forward to seeing you.



To RSVP and for more information call

-  1300 372 121
-  customerconnections@dsa.org.au
-  www.dsa.org.au



Disability
Services
Australia

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AUTUMN VISUAL ARTS PROGRAM

About the Programs:

- Our 6 week VISUAL ARTS programs are designed by an experienced team of Artists, Therapists, Educators; and Child & Youth workers.
- Each program is designed to be inclusive for our whole community including those with a Disability Additional needs with input directly from PWD and their families
- Each program is designed for 'All Abilities' with a focus this term on exposing kids and teens to a variety of Visual Arts techniques and mediums to complement activities within the community, school and home environments.
- Aimed to building capacity in Areas of Development like Social & Emotional, Cognitive and Motor Skills.
- Family and Carer involvement is welcomed during workshops.

Kids Group:

- 5 to 12 years
- 10:30- 11:45 AM

Start Date:

Every Sunday from
the 7th of April 2019
w/ Morning Tea inc.
from 11:45 to 12 PM

Teens Group:

- 13 to 17 years
- 12:15 – 1:30 PM

Details:

- **COST:** \$169 inc. all trainer, aide, materials and Certificate of Completion (\$69 deposit due at time of booking with full payment due before commencement)
 - Deposit payable via bank transfer or payment link
 - Remainder of payment can be made via transfer, cash and/or via Creative Kids vouchers
- **BOOKING:**
 - Workshop sizes are kept at a LIMITED number so please email us at bookings@butterflyeffects.com.au by Sunday 31st with age group, location and any special requirements so we can secure a spot for your child and/or teen.

Delivered collaboratively with our local communities and affiliates



©





Connecting cultures. Building community.



SydWest
Multicultural
Services

Disability Services



Funded by the National Disability Insurance Agency

SydWest Information Linkage and Capacity Building (ILC) Info Session

ILC is all about inclusion – it's about creating connections between people with disability and the communities they live in. Unlike the rest of the National Disability Insurance Scheme (NDIS), ILC doesn't provide funding to individuals. ILC provides grants to organisations to carry out activities in the community.

SydWest community connection coordinators are here to help you to connect to mainstream and community services. You are invited to our next SydWest Information session about Health Eating Habits. Please see further information below.

Workshop Topic: Healthy Diet and Meal Preparation facilitated by **Joshua Preston** from Hit 100.

For more information, please do not hesitate to contact SydWest community connection coordinators on the below contact number.
RSVP by: 29 March 2019

Phone: 9621 6633 or 9625 0455

NDIS Services intake/inquiries email: info@sydwestms.org.au

Community Connection Program email: intake.ilc@sydwestms.org.au



Find us on
Facebook

www.facebook.com/sydwestms

Topic: Healthy Eating

Date: 02 April 2019

**Time: 10:00AM-
12:00PM**

**Venue: SydWest
Office**

**Level 2/125 Main
Street Blacktown**

NSW 2148

RSVP by: 29 March 2019



SydWest Community
Connection Coordinators

Firat Abali

Tel: 0429 916 111

Scania

Tel: 0429 167 932

Morija Vucenovic

Tel: 0429 306 364

www.sydwestms.org.au

SydWest
Multicultural Services

Avenue Parramatta

Open Day

Work - Socialise - Learn

Individualised program - All abilities - NDIS Registered Service

Micro enterprises

Supported participation

Personalised social activities

Skill development plans

Work experience for students



Core Supports • SLES • Capacity Building

Take a tour of the space, talk to our intake and management teams, meet the participants.

Tuesday 9 April 2019

10am - 3pm • Drop-ins welcome!

Ground Floor, 7 Hassall Street, Parramatta NSW 2150

RSVP to julie@fightingchance.org.au or 0490 367 610

Empowered by
**FIGHTING
CHANCE**