Teach ABCs With Ease: Lists for Teaching the Alphabet

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LETTER A

Letter A Containers

- Angel food cake pan
- Animal crackers box
- Apple crate
- Apple Jacks box
- Applesauce jar
- Apron
- Aquarium

Letter A Objects

ace, acorn, ad, airplane, album, alligator, ambulance, anchor, angel, animal, ant, apple, apron, ark, arrow, astronaut, athlete, automobile

Letter A Movements

- Move like an alligator, ape, ant, or anteater

Letter A Pretend

- Shoot an arrow
- Chop down an apple tree with an axe
- Put on an apron
- Fly an airplane

Letter A Fun

- Draw an alien
- Make an ant picture with raisins
- Paint with apples
- Make an apple graph

Letter A Talk

- Actor
- Adventure
- Alien
- Angry
- Animal
- Astronaut
- Attic

Letter A Foods

- Almonds
- Animal crackers
- Angel food cake
- Angel hair pasta
- Apple juice

- ApplesApplesauceAvocados

LETTER B

Letter B Containers

- Baby wipes container
- Bag
- Barrel
- Basket
- Bin
- Bottle
- Box
- Bucket

Letter B Objects

baby, badge, bag, ball, ballerina, balloon, banana, bandage, bandana, barbecue sauce, barrette, battery, bead, bean, bear, bell, bib, bird, blanket, block, boat, bone, book, boot, bottle, bow, boy, bracelet, branch, bread, broom, brush, bubbles, bug, burlap, bus, butterfly, button

Letter B Movements

- Walk like a bear
- Crawl like a baby
- Bounce up and down
- Walk on a balance beam
- Fly like a butterfly

Letter B Pretend

- Bounce a ball
- Button your shirt
- Build
- Blow bubbles or balloons
- Put on a bandage
- Butter and eat a biscuit
- Brush your teeth and hair

Letter B Fun

- Draw balloons
- Make a block painting
- Dress bears with letter B accessories
- Play Bingo
- Make a banner

Letter B Talk

- Bake
- Ball
- Barn

- Bath
- Beach
- Bed
- Body
- Bumblebee

Letter B Foods

- Bacon
- Bagels Bananas
- Berries
- Biscuits Bologna Bon-bons

- Bread and butter
- Brownies
- Buns

LETTER C

Letter C Containers

- Cake box
- Can
- Carton
- Ceramic bowl
- Cereal box
- Chinese take-out box
- Chocolate box
- Circular bowl
- Cowboy hat
- Cylinder

Letter C Objects

cactus, calendar, camel, camera, can, candle, candy, cap, car, card, carpet, cat, catalog, caterpillar, cent, cereal, chalk, cherry, chopstick, cinnamon stick, circle, clock, cloth, clothespin, comb, confetti, cookie, cotton, coupon, cow, cowboy, cowboy hat, crab, crayon, crown, cup, curtain

Letter C Movements

- Crawl or creep across the floor
- Move like a cat or camel
- Clap your hands
- Walk like you're in wet cement
- Move your arms like you're playing cymbals

Letter C Pretend

- Eat cotton candy or corn on the cob
- Catch a caterpillar
- Put on your coat
- Cut a piece of cake
- Pour a box of cereal

Letter C Fun

- Count coins to match coupons
- Play cards
- Sort colors
- Make a cat
- Build a city

Letter C Talk

- Camping
- Candy
- Compliments
- Cookies

- Cry Cut

Letter C Foods

- Cake Carrots Celery Cereal
- Cocoa
- Corn
- Crackers Cranberries Cucumbers
- Cupcakes

LETTER D

Letter D Containers

- Desk
- Diaper bag
- Dishpan
- Doctor bag
- Doughnut box

Letter D Objects

dandelion, deer, diamond, diaper, diary, dice, dime, dinosaur, dish, doctor kit, dog, doll, dollar, dolphin, domino, donkey, donut, dot, dough, dress, drill, drum, duck, dump truck, duster

Letter D Movements

- Dance
- Drag your feet
- Stomp like a dinosaur
- Move like a dog, deer, donkey, dragonfly, duck, dove, or dolphin

Letter D Pretend

- Do the dishes
- Dig
- Get dressed
- Walk a dog
- Beat a drum

Letter D Fun

- Dig through dirt for dimes
- Count out a dozen doughnuts
- Play dot-to-dot
- Play drums
- Make a dog

Letter D Talk

- Danger
- Date
- Dentist
- Desk
- Dishes
- Doctor
- Dollar
- Drink

Letter D Foods

- Danishes
- Desserts

- DessertsDevil DogsDill picklesDing DongsDipsDoughnutsDr. PepperDumplings

LETTER E

Letter E Containers

- Easel with apron
- Easter basket
- Egg carton
- Envelope

Letter E Objects

eagle, earmuffs, earphones, earring, egg, elbow macaroni, elephant, elf, engine, envelope, eraser, Eskimo, exit sign, eye

Letter E Movements

- Exercise your elbows
- Move like an elephant, eagle, or eel

Letter E Pretend

- Break, scramble, and eat an egg
- Ride an elephant
- Decorate Easter eggs
- Ride an elevator to the eleventh floor

Letter E Fun

- Guess what's in plastic eggs
- Make an eskimo
- Make an elephant
- Paint an Easter scene on an easel
- Try to make a spinner point to "East" on a map as many times as you can

Letter E Talk

- Easter
- Eat
- Elevator
- Enormous
- Evening
- Exit

Letter E Foods

- Éclairs
- Eggo waffles
- Eggrolls
- Eggs
- Elbow noodles
- Enchiladas
- English muffins

- Eskimo Pie bars

LETTER F

Letter F Containers

- Fish bowl
- Flour can
- Flower pot
- French fry box
- Frosting tub
- Fruit box or bowl

Letter F Objects

fabric, fairy, fan, feather, felt, fire engine, firefighter, fish, flag, flamingo, flashlight, flour, flower, foil, football, fork, fox, frog, frosting, fruit, funnel

Letter F Movements

- Swim like a fish
- Hop like a frog
- Move like a fox

Letter F Pretend

- Catch a fish
- Fold the laundry
- Polish the furniture
- Wash your face and feet
- Eat French fries

Letter F Fun

- Draw pictures of fruit and cover them with flavored powder mix
- Make pictures or stories with felt
- Make a frog
- Sort flags

Letter F Talk

- Fall
- Farm
- Fish
- Fold
- Frozen
- Fruit
- Fun
- Fur
- Fuzzy

Letter F Foods

- Fettuccini

- Fig Newtons
 Fish sticks
 Fortune cookies

- French friesFritosFrosted Flakes
- Fruit
- Fruit punch Fudge

LETTER G

Letter G Containers

- Galoshes
- Game box
- Garbage can
- Gift box
- Ginger Ale bottle
- Gingersnap cookie box
- Gym shoe

Letter G Objects

game, gauze, gem, ghost, gift, giraffe, girl, glasses, glitter, globe, glove, glue, goat, goggles, goldfish, golf ball, grass, gum wrapper

Letter G Movements

- Gallop
- Glide
- Walk in something gooey
- Move like a giant, goat, gorilla or goose

Letter G Pretend

- Put on gloves, goggles, and galoshes
- Wrap a gift
- Play golf
- Play the guitar
- Pet a gigantic giraffe

Letter G Fun

- Shovel through gravel for G items
- Count gummy bears
- Sort gumballs
- Make a gorilla
- Make gingerbread man patterns

Letter G Talk

- Game
- Garden
- Gooey
- Grandparents
- Green
- Gum
- Gym

Letter G Foods

- Gatorade
- Gelatin
- Gingerbread Graham crackers
- Granola bars Grapefruit
- Grapes
- Green saladGrilled cheese
- Gummy bears

LETTER H

Letter H Containers

- Hamburger Helper box
- Hamster cage
- Happy Meal box
- Hat
- Helmet

Letter H Objects

hairbrush, hammer, handcuffs, handkerchief, handle, hanger, harmonica, harp, hat, headband, headphones, heart, helicopter, helmet, hook, horn, horse, house

Letter H Movements

- Hop
- Move like a hippo, horse, hamster, hog, or hyena
- Fly like a hawk or a hummingbird
- Walk on your heels

Letter H Pretend

- Hammer a nail and hang a picture
- Play a harp, horn or harmonica
- Fly a helicopter
- Wash and brush your hair

Letter H Fun

- Assemble a paper hamburger
- Count heart candy
- Make a hair graph
- Trace hands

Letter H Talk

- Hair
- Hot
- Help
- Habit
- Happy
- Handicapped
- Healthy
- Helmet

Letter H Foods

- Ham

- Hamburgers
 Hash browns
 Hershey's chocolate
 Honey
 Honeydew melons
 Ho-Hos

- Hot chocolate
- Hot dogs

LETTER I

Letter I Containers

- Ice cream carton
- Ice cream cone
- Ice cube tray
- Insect habitat
- Instrument case

Letter I Objects

ice cream scoop, icicle, igloo, iguana, inchworm, ink pen, insect, instrument, invitation, iron

Letter I Movements

- Move like an inchworm or iguana
- Move like you're wearing ice skates

Letter I Pretend

- Build an igloo
- Hold an infant
- Get ice from an ice cube tray
- Scoop ice cream into a cone

Letter I Fun

- Make a pull-along inchworm
- Make an igloo with sugar cubes
- Draw with different ink pens
- Get rid of wrinkles with a toy iron

Letter I Talk

- Instrument
- Improve
- Ill
- Insect
- Iron
- Ice cream

Letter I Foods

- Ice cream
- Iceberg lettuce
- Iced cookies

- Icee
- Ice tea
- Instant tea
- Italian dressingItalian ice

LETTER J

Letter J Containers

- Jacket
- Jar
- Jeans
- Jug
- Juice bottle

Letter J Objects

jack o' lantern, jack-in-the-box, jacks, jeep, jelly jar, jet, jewelry, jigsaw puzzle, juice box, jump rope

Letter J Movements

- Move like a jaguar or jackal
- Do jumping jacks
- Jog

Letter J Pretend

- Juggle
- Drive a jeep through a jungle
- Jump rope
- Be a jack-in-the-box
- Put on your jacket

Letter J Fun

- Make a jumbo jet
- Play with jeeps
- Color jungle pictures
- Count jelly beans

Letter J Talk

- Jacket
- Jealous
- Jelly
- Jewelry
- Job
- Juice
- Jungle

Letter J Foods

- Jam
- Jell-O
- Jelly
- Jelly beans

- JerkyJolly RanchersJuicy Juice

LETTER K

Letter K Containers

- Karate uniform
- Ketchup bottle
- Kettle
- Kitty litter box

Letter K Objects

kaleidoscope, kangaroo, ketchup packet, key, king, kit, kite, kitten, koala

Letter K Movements

- Kick
- Move like a kitten, kangaroo, or koala
- Walk like a king

Letter K Pretend

- Fly a kite
- Look through a kaleidoscope
- Put a key in a lock
- Play with a kitten
- Play a kazoo

Letter K Fun

- Draw kites
- Play in a kitchen
- Count kidney beans
- Make a key chain
- Make a kangaroo

Letter K Talk

- Keep
- Ketchup
- Key
- Kit
- Kitchen
- Kitten

Letter K Foods

- Kabobs
- Keebler crackers
- Kelloggs cereal
- Kettle chips
- Kiwis
- Kool-Aid

LETTER L

Letter L Containers

- Leather bag
- Lemonade carton
- Lunch box

Letter L Objects

lace, ladybug, lantern, leaf, leather, lid, light bulb, lion, lipstick, lock, locket, log, lollipop

Letter L Movements

- Lean
- Leap
- Lift
- Move like a leopard, lizard, llama, lobster, or lion

Letter L Pretend

- Climb up and down a ladder
- Hang laundry
- Start a lawnmower
- Write a letter
- Make and drink lemonade

Letter L Fun

- Match library cards to books
- Sort lids
- Make a lamb
- Make a picture with lollipops, licorice, and lemon drops
- Lace paper

Letter L Talk

- Laugh
- Library
- Lick
- Lie
- Little
- Lock
- Love
- Lunch box

Letter L Foods

- Lasagna
- Lemonade
- Lemons
- Lettuce
- LicoriceLife cereal
- Life Savers
- Limeade
- Limes
- Lucky Charms

LETTER M

Letter M Containers

- Magazine holder
- Mailbox
- Meat tray
- Milk carton
- Mitten
- Muffin tin
- Music box with lid

Letter M Objects

M&Ms wrapper, magnet, magnifying glass, map, marble, marker, mask, matchbook, medal, microphone, mirror, mitten, money, monkey, motorcycle, mouse

Letter M Movements

- Move like a monkey, mare, or manatee
- Deliver the mail
- March
- Fly like a magpie

Letter M Pretend

- Read your mail
- Move furniture
- Mix macaroni
- Give yourself a manicure
- Milk a cow

Letter M Fun

- Draw mushrooms
- Make mosaics
- Count marshmallows
- Stack milk cartons
- Make a moose

Letter M Talk

- Machine
- Magician
- Make
- Manners
- McDonald's

- Money

Letter M Foods

- Macaroni
- Mangos
- Marshmallows- Mashed potatoes- Meat
- Melons
- Milk
- Minute Maid juice Muffins

LETTER N

Letter N Containers

- Nest
- Net
- Nut can

Letter N Objects

nail polish, nail, name tag, napkin, necklace, necktie, needle, nest, net, nickel, nutcracker, nylons

Letter N Movements

- Nod your head
- Roll your neck
- Move like a newt

Letter N Pretend

- Be a nurse
- Take a nap
- Put on a necktie
- Read the newspaper
- Blow your nose

Letter N Fun

- Make newspaper prints with Silly Putty
- Sort nuts
- Order numbers
- Make a noodle necklace

Letter N Talk

- Neighborhood
- Nervous
- New
- Nickname
- Night
- Nutritious
- Nuts

Letter N Foods

- Nabisco crackers
- Nachos

- Nectarines
- Nestle chocolate
- Nestle chocolateNesquick chocolate milkNoodlesNuggetsNuts

LETTER 0

Letter O Containers

- Oatmeal can
- Olive jar
- Omelet pan
- Orange juice carton
- Overalls
- Overcoat

Letter O Objects

oak tree, octopus, on/off switch, open sign, opener (can or bottle), ornament, oval, oven mitt, overcoat

Letter O Movements

- Move like an octopus, ostrich, otter, or opossum
- Climb an oak tree
- Hoot like an owl

Letter O Pretend

- Put on overalls
- Eat oatmeal
- Play the oboe
- Row oars
- Sing in the opera

Letter O Fun

- Draw an octopus
- Play office
- Paint an ocean scene
- Make a sea otter

Letter O Talk

- Ocean
- October
- Odd
- On
- Open
- Opposite

Letter O Foods

- Oatmeal
- Olives
- Omelets

- Onion ringsOrange juiceOrangesOreosOtter Pops

LETTER P

Letter P Containers

- Paint can
- Peanut butter jar
- Pickle jar
- Pie tin
- Pillowcase
- Pitcher
- Planter
- Potato sack
- Purse

Letter P Objects

packet of pepper, paintbrush, panda, paper clip, paper, parachute, pebble, pen, pencil, penny, pillow, pin, pine cone, pipe cleaner, plate, pocket, pom-pom, postcard, price tag, puppet, puppy, putty, puzzle piece

Letter P Movements

- Move like a pony, penguin, pig, panda, or puppy
- Fly like a parrot, pigeon, or peacock

Letter P Pretend

- Pack your suitcase
- Paddle
- Paint
- Play the piano
- Pick pansies

Letter P Fun

- Put together puzzles
- Make things with pink and purple play dough
- Make a pig
- Count pretzel sticks

Letter P Talk

- Pancakes
- Parade
- Party
- Pedal
- Pizza
- Potatoes
- Purse

Letter P Foods

- Pancakes
- Pasta
- Peaches
- Peanut butter
- Peanuts
- Pears
- Peas
- Pepperoni Pickles
- Pie
- Pineapple Pizza

- PIZZaPop-TartsPopcornPopsiclesPot piesPotato chips
- Potatoes
- Pretzels
- Pudding

LETTER Q

Letter Q Containers

- Quart-size milk carton
- Quilted bag

Letter Q Objects

Q-tip, quail, quarter, queen, question mark, quill, quilt, quiz

Letter Q Movements

- Move like a quail
- Walk in the shape of a question mark

Letter Q Pretend

- Sew a quilt
- Write with a quill pen
- Flip a quarter
- Jump quickly, then quit

Letter Q Fun

- Dig for quarters in "quicksand"
- Make pictures with Q-Tips
- Make designs on a paper quilt

Letter Q Talk

- Quarrel
- Quarter
- Quick
- Quiet
- Quit
- Quiver

Letter Q Foods

- Quaker granola bars
- Quaker oatmeal
- Quesadillas
- Quiche

LETTER R

Letter R Containers

- Raincoat
- Rain boot
- Raft

Letter R Objects

rabbit, radio, rat, rattle, receipt, recipe, record, rectangle, ribbon, ring, rock, rocket, rolling pin, rope, rose, rug, ruler

Letter R Movements

- Move like a rabbit, rhino, raccoon, or rat
- Raise your hand
- Walk like a robot
- Move like you're wearing roller skates

Letter R Pretend

- Rest
- Ride a horse
- Rip paper
- Rake
- Ring a bell

Letter R Fun

- Draw a robot
- Color a rainbow
- Make a pet rock
- Count rubber bands
- Make a raccoon mask

Letter R Talk

- Radio
- Rain
- Recess
- Rectangle
- Recycle
- Refrigerator
- Remember

Letter R Foods

- Raisins
- Ranch dip
- Ravioli
- Rice

- Rice KrispiesRitz crackers
- Roast beef
- Roasted nuts
- Rolls
- Root beer

LETTER S

Letter S Containers

- Sack
- Sandbox
- Shoebox
- Soapbox
- Suitcase

Letter S Objects

sail boat, sandal, sandpaper, sauce, scarf, scissors, screw, seashell, shark, shoe, slipper, snake, soap, sock, spider, sponge, spoon, stamp, star, stick, sticker, string, sugar and salt packets, sunflower seeds, sunglasses

Letter S Movements

- Move like a snake, skunk, shark, seal, or sheep
- Move your shoulders
- Skip

Letter S Pretend

- Make a sub sandwich
- Make a sandcastle
- Swim
- Tie your shoe
- Stir sugar in a cup of tea and sip

Letter S Fun

- Make pictures with stamps and stickers
- Cut things with scissors
- Sort items by season
- Sponge paint

Letter S Talk

- Sad
- Salty
- Sandwich
- Saturday
- Sea
- Seatbelt
- Soup
- Subject

Letter S Foods

- Salad

- Salami
- Saltines
- Sandwiches
- Sausages Smarties

- Soup Spaghetti Stew
- Strawberries

LETTER T

Letter T Containers

- Teapot
- Tent
- Tin Can
- Tote
- Tub

Letter T Objects

tab, tag, tambourine, tape, tea bag, tea cup, teddy bear, tee, tennis ball, ticket, tie, tiger, tinsel, tire, tissues, toothbrush, toothpaste, top, towel, tractor, train, tree, trophy, truck, turtle

Letter T Movements

- Tap your feet
- Move like a turtle, tiger, tarantula, or turkey
- Tiptoe
- Create a train
- Walk a tightrope

Letter T Pretend

- Put on a T-shirt
- Call someone on the telephone
- Play a tambourine or tuba
- Set the table
- Take your temperature

Letter T Fun

- Trace objects
- Make a telephone
- Set a table
- Count toothpicks
- Read tongue twisters

Letter T Talk

- Taco
- Tail
- Talk
- Teeth
- Television
- Toy

Letter T Foods

- Tacos

- Tarts
 Tea
 Teddy Grahams
 Toast
 Tomatoes
 Tropical fruit
 Tootsie Rolls
 Turkey
 Twinkies

LETTER U

Letter U Containers

- Children's upside-down umbrella
- Umpire's mask
- Uniform
- University bag
- Usher's hat
- Utensil tray

Letter U Objects

umbrella, umpire picture, undershirt, unicorn, United States map, utensil

Letter U Movements

- Walk uphill
- Usher someone to their seat
- Climb under the table

Letter U Pretend

- Ride a unicycle
- Play the ukulele
- Put up your umbrella
- Cook with utensils
- Swim underwater

Letter U Fun

- Make umbrella pictures
- Assemble a puzzle of the United States
- Draw pictures of underground things

Letter U Talk

- Umpire
- Under
- Uniform
- Unique
- United States
- Up
- Utensil

Letter U Foods

- Ugli fruit
- Uncle Ben's rice
- Un-cola
- Unsalted peanuts

- Unsweetened chocolate
- Upside-down cake

LETTER V

Letter V Containers

- Valise
- Valentine box
- Vase

Letter V Objects

valentine, van, vanilla extract bottle, Vaseline, veil, velvet, vest, video tape, violet, visor, vitamin bottle

Letter V Movements

- Move like a vulture
- Sway like a violet
- Blow a kiss like a valentine

Letter V Pretend

- Drive a van
- Vacuum
- Put on a vest
- Climb a volcano
- Play volleyball
- Play video games
- Play the violin

Letter V Fun

- Play vet
- Make pictures with violet glitter on velvet
- Make a vulture
- Draw vegetable soup

Letter V Talk

- Vacation
- Vegetable
- Velcro
- Visit
- Vowel

Letter V Foods

- Vanilla ice cream
- Vegetable soup
- Vegetables
- Velveeta cheese

LETTER W

Letter W Containers

- Wagon
- Watering can
- Whipped cream tub

Letter W Objects

wallet, wallpaper, wand, washcloth, watch, watercolor paint, watering can, wedding picture, whale, wheel, whistle, wig, wire, wood, worm

Letter W Movements

- Waddle
- Walk over to a friend and whisper something
- Wiggle like a worm

Letter W Pretend

- Wade in a pool of water
- Weed and water watermelons
- Whip cream
- Wind up a toy
- Wash your hands

Letter W Fun

- Play with wind-up toys
- Weave a waffle (add glue with brown food coloring for syrup)
- Window watch
- Make a walrus

Letter W Talk

- Wash
- Watch
- Water
- Web
- White
- Winter
- Witch

Letter W Foods

- Wafers
- Waffles
- Walnuts
- Watermelon
- Welch's juice
- Wheat Thins

- Wheaties
- Whipped creamWhite chocolate

LETTER X

Letter X Containers

- Box
- Mixing bowl

Letter X Objects

cake mix, candle wax, fox, jewelry box, paper six, toy axe

Letter X Movements

- Move like a fox or an ox
- Jump over boxes

Letter X Pretend

- Chop wood with an axe
- Wrap a box
- Mix a cake
- Play a xylophone
- Wax the floor

Letter X Fun

- Make an X-Ray with black construction paper and white chalk
- Play tic-tac-toe
- Make a Foxy Loxy headband

Letter X Talk

- Box
- Chicken pox
- Fox
- X-Ray

Letter X Foods

- Boxed foods
- Chex Mix
- Kix
- Trail Mix
- Trix

LETTER Y

Letter Y Containers

- Yellow bag
- Yogurt carton

Letter Y Objects

yarn, yearbook, yellow crayon, yield sign, yo-yo, yogurt carton

Letter Y Movements

- Move like a yak
- Nod your head yes
- Do yoga

Letter Y Pretend

- Mow and water the yard
- Yawn
- Play with a yo-yo
- Knit with yarn
- Drive a yacht

Letter Y Fun

- Make a picture with yarn
- Color yellow things
- Make a Yankee Doodle hat
- Play with a yo-yo

Letter Y Talk

- Yarn
- Yellow
- Yogurt
- Yucky
- Yummy

Letter Y Foods

- Yams
- Yellow cake
- Yogurt
- York peppermint patties

LETTER Z

Letter Z Containers

- Ziploc bag

Letter Z Objects

zebra, zero, zip code highlighted on an address label, zipper, zucchini

Letter Z Movements

- Move like a zebra or zebrafish
- Zoom like a motorcycle
- Zip like a race car driver
- Walk in a zigzag

Letter Z Pretend

- Zip up a sleeping bag or backpack
- Write your zip code
- Plant zucchini

Letter Z Fun

- Make a zoo cage with a meat tray (use yarn for bars)
- Make zigzags
- Sort zippers
- Make a zebra

Letter Z Talk

- Zany
- Zillion
- Zipper
- Zoo

Letter Z Foods

- Zebra Cakes
- Zesty chicken
- Zingers
- Ziti
- Zoo animal cookies
- Zours candy
- Zucchini
- Zwieback toast