

Year 5

UNIT 5 OPTIONS

(Extra exercises)



Textbook-
based
English
Worksheets

SCHOOL:

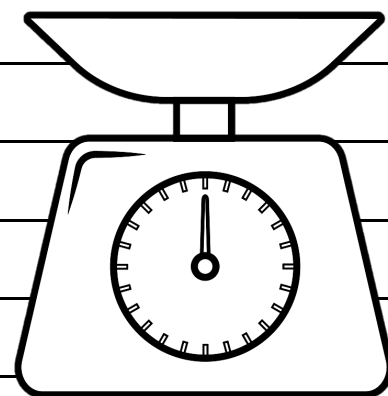
NAME:

CLASS:

TEACHER'S NAME:

EXTRA LISTENING AND SPEAKING. Shopping at the market**I. Study the key phrases. Then write and say weights 1-6. (page 96)***Key phrases : Saying weights*

100 g	a/one hundred grams
325 g	three hundred and twenty-five grams.
675 g	six hundred and seventy-five grams
1 kg	a/one kilo
1/2 kg	half a kilo
2 1/2 kg	two and a half kilos
1/4 kg	a quarter of a kilo



1	650 g	
2	2 kg	
3	100 g	
4	3 1/2 kg	
5	5 kg	
6	500 g	

.....

2. Listen and write the weights you hear. Then listen and repeat. (page 96)

1	3/4 kg
2	
3	
4	
5	
6	

EXTRA LISTENING AND SPEAKING. Shopping at the market

3. Match and write the fruit to photos 1-8. Then listen to Emma shopping at the market. Tick (✓) the things she buys. (page 96)

green beans

strawberries

tomatoes

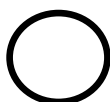
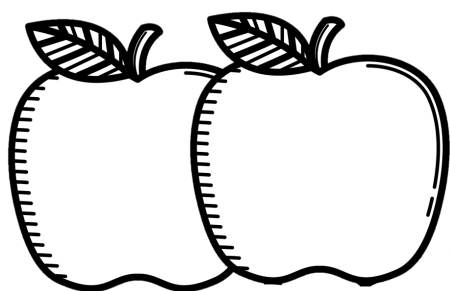
pears

apples

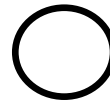
grapes

bananas

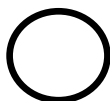
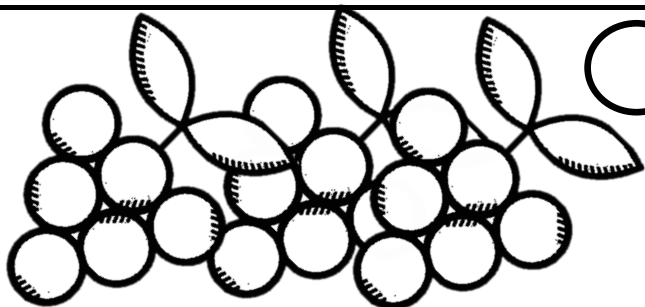
oranges



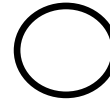
1)



2)



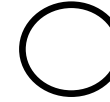
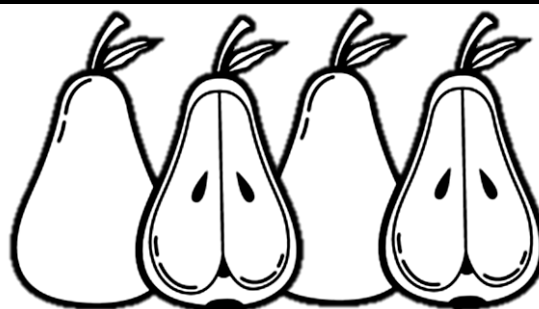
3)



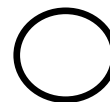
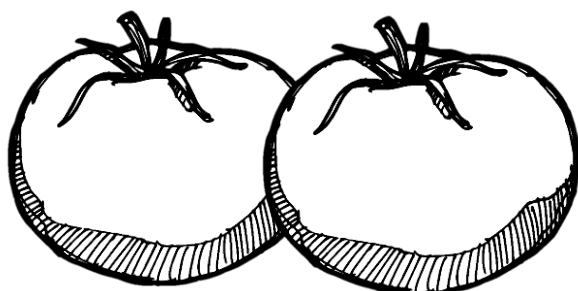
4)



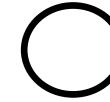
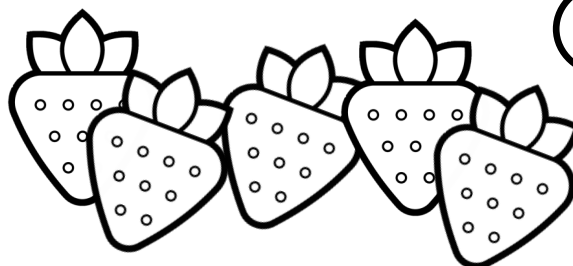
5)



6)



7)



8)

EXTRA LISTENING AND SPEAKING. Shopping at the market

4. Study the key phrase. Listen to the conversation again and colour *true* or *false*. (page 96)

Key phrases : Buying things at the market.

Good morning. What would you like?

How much is/are ...?

It's / They are ...?

I'd like ..., please.

Is that everything?

How much is that?

1	Emma wants to make a fruit salad.	true	false
2	First she wants half a kilo of apples.	true	false
3	The strawberries are cheap.	true	false
4	One pear costs 40 sen.	true	false
5	Emma buys some green apples.	true	false
6	Emma also wants three oranges.	true	false
7	The shopping costs RM 7.55.	true	false

Correct the false sentences. (page 96)

EXTRA LISTENING AND SPEAKING. Shopping at the market**5. Listen and repeat the dialogue with your partner. (page 96)**

Woman	Good morning. What would you like?
George	I'd like a kilo of pears, please.
Woman	They're RM 1.75 a kilo.
George	That's fine. Can I have three red peppers, please?
Woman	Sure. Here you are.
George	Thanks.
Woman	Anything else?
George	Yes. 250 grams of green beans.
Woman	OK, here you go. Is that everything?
George	Yes, thanks. How much is that?
Woman	That's RM 4.30, please.
George	Here you are.
Woman	Thanks. Bye!
George	Bye!

.....

6. What did George buy? Listen again and draw below.

EXTRA LISTENING AND SPEAKING. Shopping at the market

6. Work in pairs. Imagine you want to buy the fruit in the picture. Prepare and practise a new dialogue using the key phrases in exercise 4 and the dialogue in exercise 5. (page 96)

**NEW DIALOGUE**

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CURRICULUM EXTRA. Science: Food and nutrients**I. Write the meaning of the words below. (page 103)**

No	WORDS	MEANINGS
1	water	
2	minerals	
3	fat	
4	protein	

No	WORDS	MEANINGS
5	vitamins	
6	diseases	
7	carbohydrates	

**Write the correct answers. Read and listen to text and check your answers.
(page 103)**

NUTRIENTS IN FOOD

water	minerals	fat (X2)	protein	vitamins	diseases	carbohydrates
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If you want to be fit and healthy, it's important to eat and drink the right things. The nutrients in food and drink give us energy and help us stay strong. There are six main types of nutrient.

1)_____ makes you strong. There is a lot of this in meat, fish, milk, eggs, beans and nuts.

2)_____ give us energy. There are a lot of these in bread, pasta, rice and potatoes.

3)_____ are important nutrients in the food we eat and you can find them in different types of food, like fruit and vegetables. People who don't get many of these in their food can get 4)_____.

5)_____ are important for strong teeth and bones. You can find them in meat, fish, milk, vegetables and nuts.

This nutrient has got most energy and is good for our skin and hair. The 6)_____ in food such as butter, chocolate, chips, burgers and crisps is unhealthy, but the 7)_____ in food like olive oil, nuts and some fish is healthy.

8)_____ is also a very important nutrient. You can't live for more than one or two days without it. There's a lot of this in fruit, vegetables and juice, too.

CURRICULUM EXTRA. Science: Food and nutrients**2. Read the sentences below.****Colour 'true' or 'false' based on the text in exercise 1. (page 103)**

1	There aren't any nutrients in drinks.	true	false
2	Nutrients give us energy.	true	false
3	There isn't any protein in beans.	true	false
4	You can get diseases if you don't eat a lot of vitamins.	true	false
5	Minerals are good for healthy teeth.	true	false
6	Carbohydrates have got the most energy.	true	false
7	Some types of fat are good for you.	true	false
8	There isn't any water in vegetables.	true	false

3. Read the sentences and write the names of the food in the text. (page 103)

1	It's got animal fat in it. It's from milk. We put it on bread. Answer: _____
2	It's got vegetable fat in it. It's in a bottle. We put it on salads. It's very healthy. Answer: _____
3	It's got a lot of protein in it. It's white. We drink it. Answer: _____
4	These have got a lot of protein. You can cook them or eat them in a salad. They can be different colours. Answer: _____
5	It's brown and very sweet. It's delicious, but it's got a lot of fat. Answer: _____

CURRICULUM EXTRA. Science: Food and nutrients

4. Look at the picture of the dinner plate. What nutrients are there in the five food groups? (page 103)

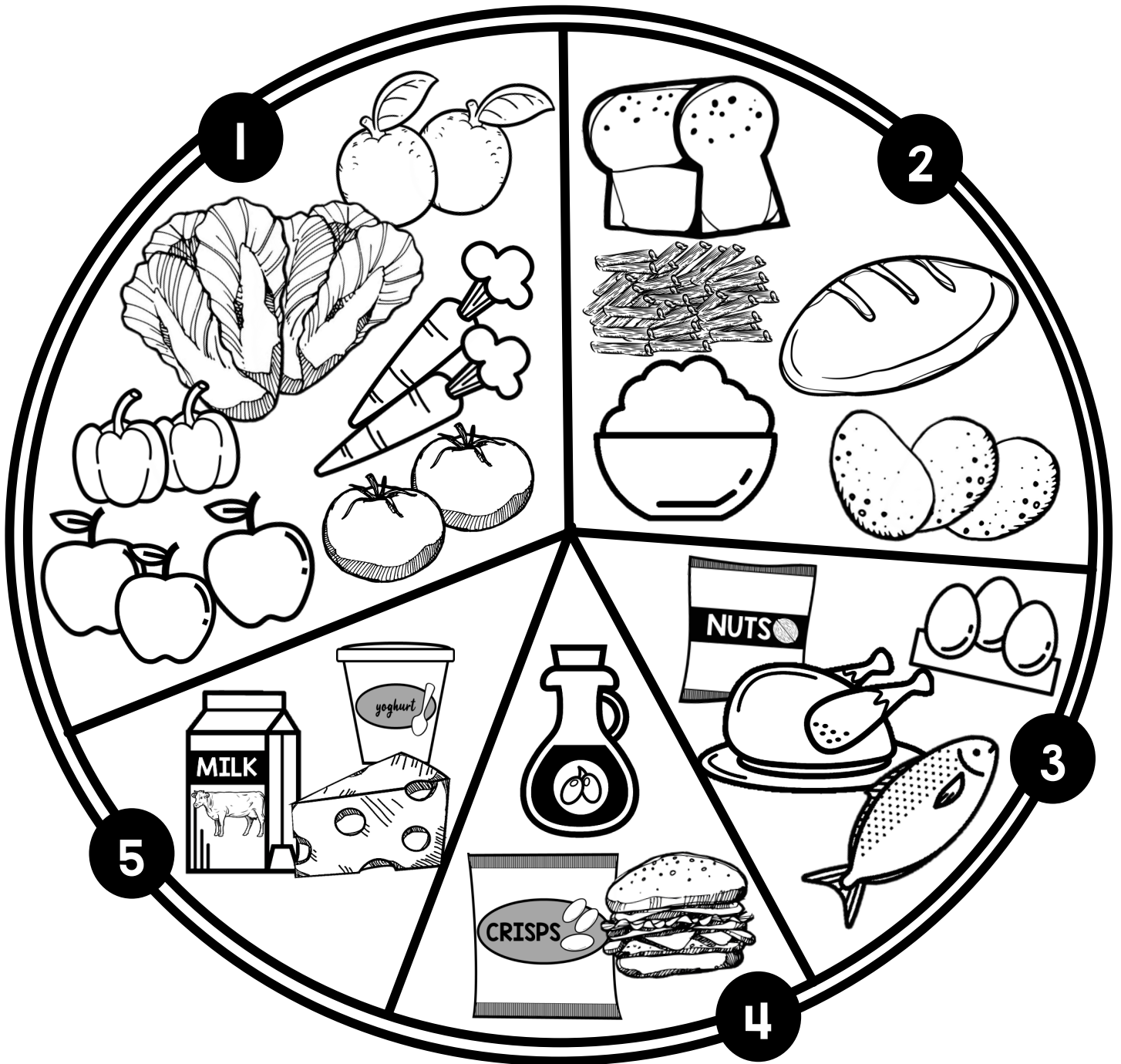
protein, minerals

fat

vitamins, minerals, water

carbohydrates

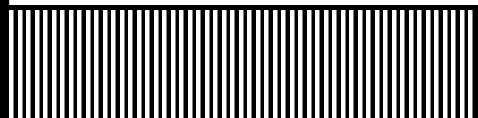
protein



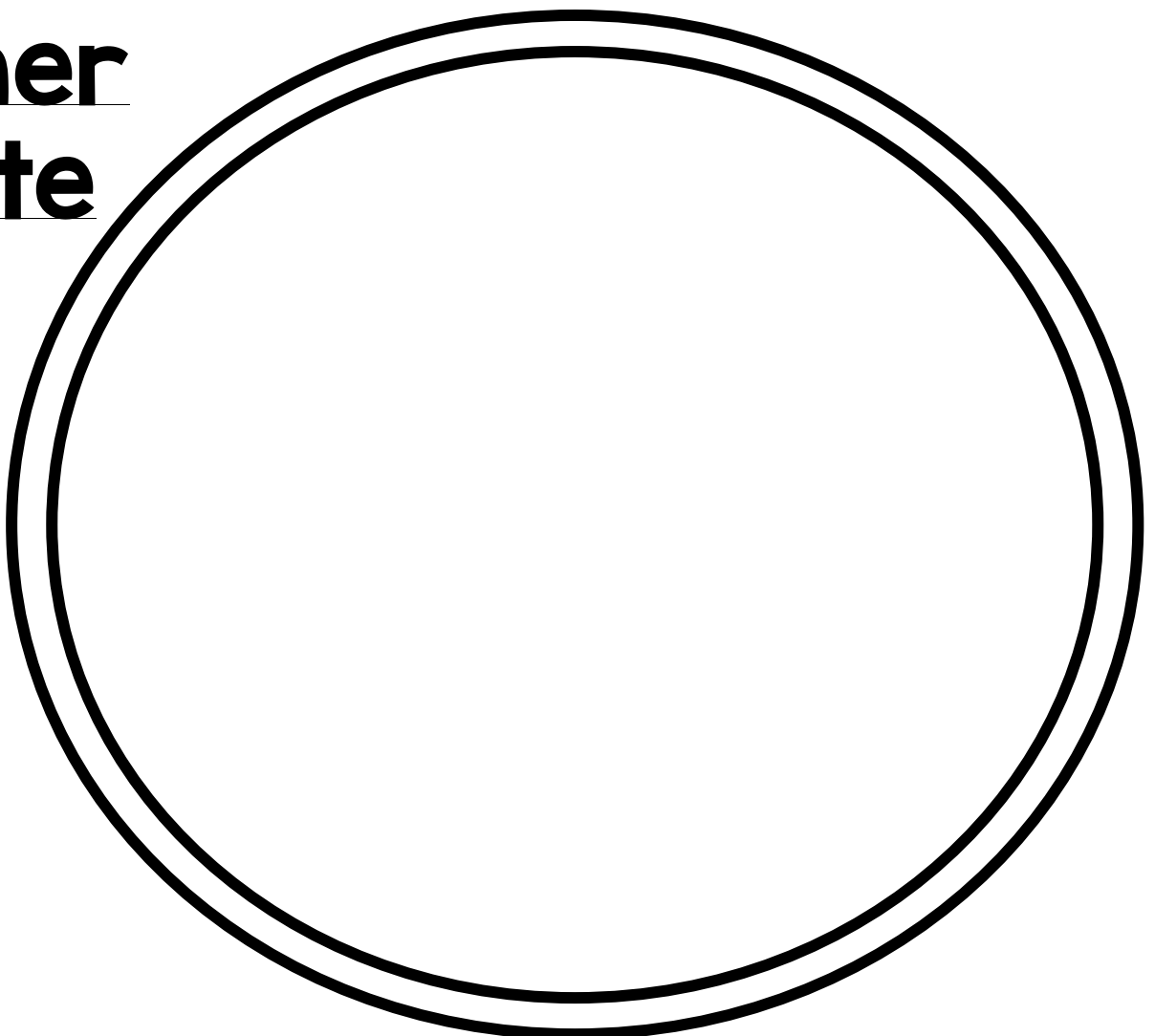
1	
2	
3	
4	
5	

CURRICULUM EXTRA. Science: Food and nutrients

5. Work in pairs. What do you eat every day? Ask and answer questions with your partner to complete the table below. Then use the information to draw a dinner plate for your partner. Who eats the healthiest food? (page 103)

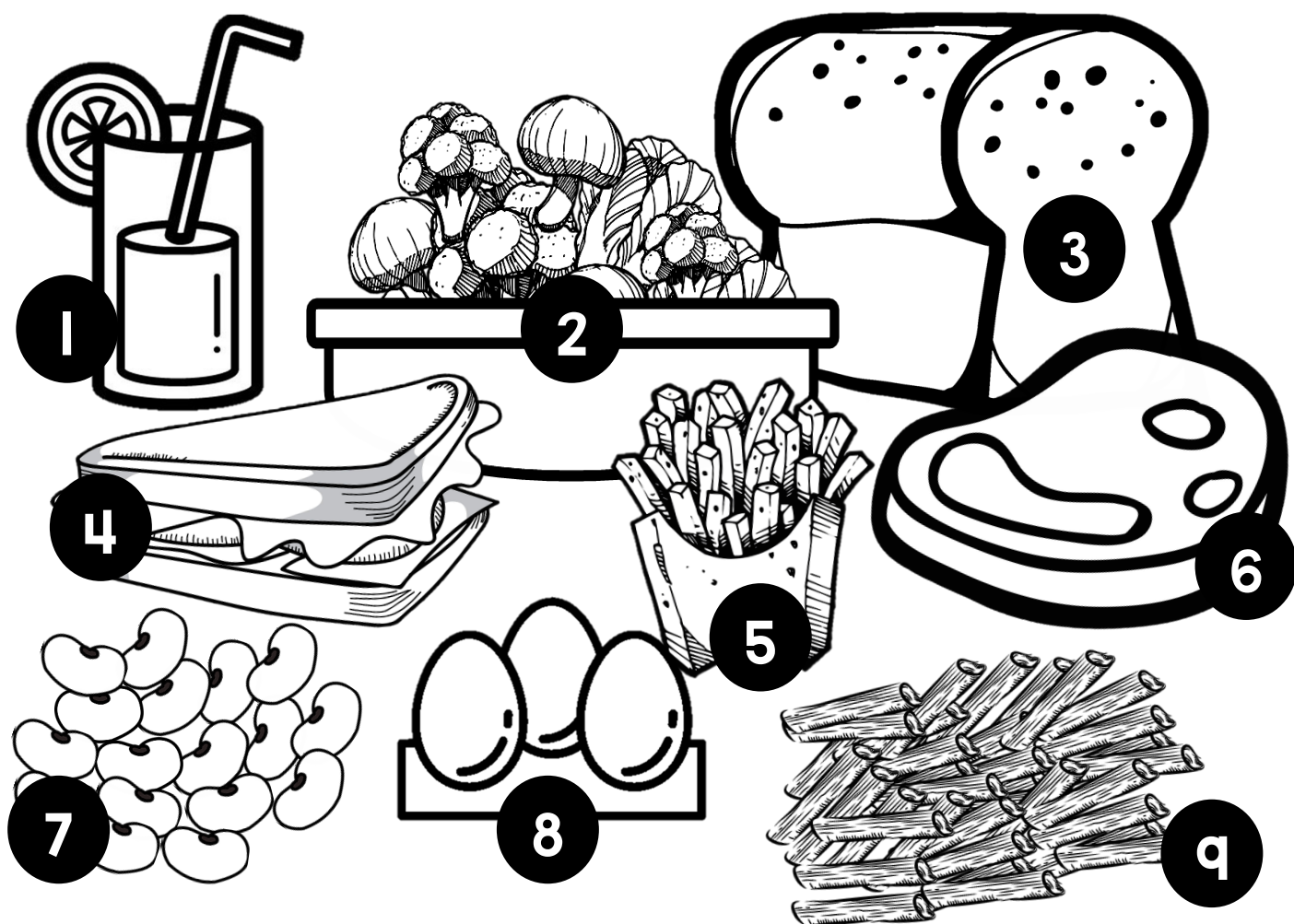
	(Myself)	(My partner)
		
<u>Group 1 :</u> Fruit and vegetables		
<u>Group 2 :</u> Bread, pasta, etc		
<u>Group 3 :</u> Meat, Fish		
<u>Group 4 :</u> Fat		
<u>Group 5 :</u> Milk, cheese, yoghurt, etc		

**Dinner
plate**



SONG. Delicious

I. Look at the picture. What different types of food can you see?
Write the correct answers. (page 118)

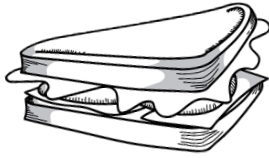


1	2	3
4	5	6
7	8	9

SONG. Delicious

2. Listen to the song. Number the verses in the correct order. (page 118)

Delicious



- a** I like cooking lunch,
But I'm sometimes very lazy.
Would you like a sandwich?
I can make something tasty.

☐

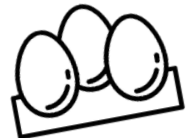
- b** Do you prefer sitting
on the sofa
And playing video games?
I love running and swimming,
And I hope you like the same.



Mmm delicious - what's your favourite?
Mmm delicious - what do you want to eat?
Tell me what you really like,
And you can have breakfast with me.

☐


- c** First, I have some eggs.
I eat some every day.
Next I drink a lot of juice,
And after that I say:

☐


- d** We can go to a restaurant
And choose a healthy snack.
I'll have a salad; you'll have pasta,
And then we can walk back.



Mmm delicious-what's your favourite?
Mmm delicious-what do you want to eat?
Tell me what you really like,
And you can have lunch with me.

☐


- e** I'm usually fit and healthy:
I exercise a lot.
Then I enjoy my breakfast -
I like it when it's hot.

☐

- f** I love eating pasta,
but I don't eat much meat.
What are the things
You usually eat?

☐


Mmm delicious-what's your favourite?
Mmm delicious-what do you want to eat?
Tell me what you really like;
You can have dinner with me.

SONG. Delicious

3. Listen to the song again. Which foods in exercise 1 are mentioned in the song?
Draw them below. (page 118)

4. Read the sentences about the singer in exercise 2. Colour *true* or *false*.
(page 118)

1	She's normally lazy and unhealthy.	true	false
2	She eats eggs every day.	true	false
3	She can cook.	true	false
4	She eats a lot of meat.	true	false
5	She doesn't like running and swimming.	true	false

Correct the false sentences. (page 96)

SONG. Delicious

5. Choose the correct words for sentences 1-6. (page 118)

tasty	snack	breakfast	healthy	pasta	juice
1	You drink this. It's fruity.				
2	A kind of food, for example, spaghetti and lasagne.				
3	The first meal of the day.				
4	A word that means the same as <i>delicious</i> .				
5	Something small to eat between meals.				
6	Food that is good for you is				

6. Work in pairs. Ask and answer the questions. (page 118)

		My answers ()	My partner's answers ()
1	Which meal do you prefer: breakfast, lunch or dinner? Why?		
2	Do you prefer eating healthy or unhealthy food? Why?		
3	What snacks do you usually eat?		
4	What food is popular in your country?		

NOTES

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