TECOM Connection

A Newsletter For The TECOM Workforce

July 2019

WORK STATUS: RETIRED

Inside this issue:

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FEDERAL VIEWPOINT SURVEY

CLOSES

05 JULY 2019

Have your voice heard!
Refer to page 8 for more details.

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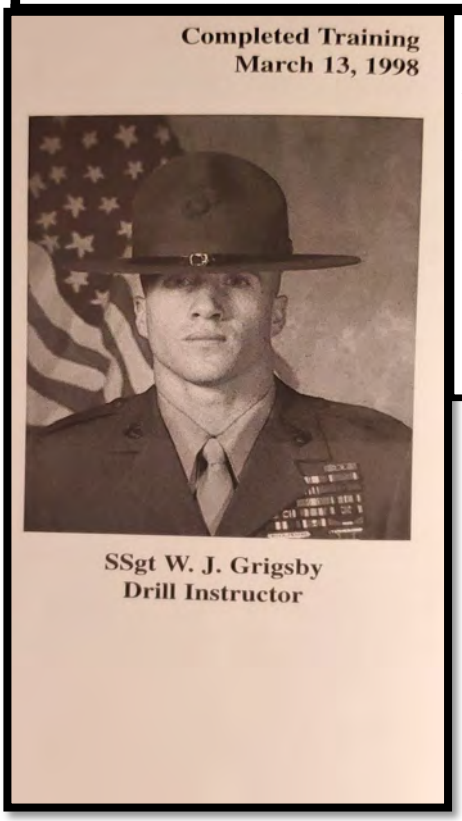
Mrs. Rennay A. Johnson was a Financial Management Analyst in the Training and Education Command, G-8 Comptroller Division, Travel Programs Branch (Quantico, VA). She worked in the Travel Support Section with duties including Defense Travel Administrator for the Defense Travel System and Alternate Program Manager for the TECOM Government Travel Card Program. Mrs. Johnson served twenty years in the U.S. Army Finance Corps, retiring in 1996. While assigned to the Pentagon, Mrs. Johnson was selected to be the spokeswoman in the instructional film, A Few Military Pay Items, which aired in Europe and Korea on the Armed Forces Network (AFN) from 1985 - 1987. After retiring from active duty, Mrs. Johnson became an Accounts Payable Manager and has volunteered for various not-for-profit organizations. Mrs. Johnson had over 40 years of Financial Management experience. Mrs. Johnson completed the USMC Basic Instructor Course and conducted initial and annual training for TECOM personnel for the Defense Travel System. Mrs. Johnson has been with TECOM since becoming a Civilian Marine in September of 2009.

Rennay has been married for over 34 years to her amazing husband Harvey Johnson. They have a blended family of children, grandchildren, and great grandchildren. After her retirement 31 May 2019, they are building a home and moving to South Carolina after retirement. Rennay received her Ministerial license in August of 2018 and looking forward to having more time to serve as God wills.

FAREWELL WISHES
SgtMaj William J. Grigsby



"To SgtMaj Grigsby the "Tasmania Devil", I can't believe time flies so fast. It seems like just yesterday you were making my life a "Living Hell" on Parris Island; what an introduction to the Corps. I would like to take this opportunity to thank you for your 30 years of service. You have mentored and molded so many proud warriors to continue the Marine Corps legacy.

MSgt. Donald A. Miller
Career Planner SNCOIC, G-1

"It was awesome serving with you while I was in uniform and it has been equally awesome to serve with you now that I am a civilian! I wish you and your family nothing but the best in your future endeavors. Fair winds and following seas!

Semper Fidelis,
Kevin Barry
Foreign Disclosure Program Manager

"You Sir, have been a wonderful mentor and leader at the command deck. With your help, and my team partnering, we made a huge impact in various Civilian Marine projects. Your emphasis...branding efforts and your personal challenges to the command supervisors ensured the entire workforce engaged in the new "Coffee with the SgtMaj" focus group.

In a few short years, it has grown into highly sought after quarterly effort – all because you took our concept and applied your leadership. I've wanted to implement this idea since 2006 and with your action and coordination with my team, WE have a very successful communication tool. So a big thank-you for being "that leader" we all need and want and thanks for everything you have taught my branch. You showed us what dedication to your job really means. You will be missed but never forgotten. Now is the time to forget about work meetings and deadlines - YOU deserve it! Farewell!

The CWD&T Branch will not be the same without your senior leadership!

Traveling Mercies,
Ronnie Parks
Head CWDT Branch

"SgtMaj,

Wow, time flies. We here in MCJROTC just wanted to send you our heartfelt thanks and appreciation for what you have done for the MCJROTC Program. Whether providing counsel or sage advice to this Staff or the Instructor force, or participating on the Instructor Selection Board your efforts have not gone unnoticed and have made the Program stronger. We wish you and your family nothing but the best as you enter this next Chapter of your life. Our loss here at TECOM will be somebody else's gain. Fair Winds and Following Seas!

Semper Fidelis,
MCJROTC Staff

FAREWELL WISHES
SgtMaj William J. Grigsby

Coffee with SgtMaj Grigsby & SgtMaj Easton
May 2019, Marine Corps University

"It started with YOU, thank you for pioneering Civilian Marines! You are truly a wonderful person and it has been fun working as your project lead for the coffee events.
Terra Eidinger
Editor

"It isn't always easy to believe TECOM's doctrine that civilian employees are civilian Marines. It often feels like there is a gap between the Active Duty and the Government Service personnel. SgtMaj Grigsby's coffees were a solid expression of his desire to close that gap. They provided a valuable means for "them to hear us, and us to hear them." The day that I went, the CG also sat in for the entire conversation, which was doubly encouraging. I hope this valuable (and informal) line of communication can go on and become SOP. Fair Winds and Following Seas.

L. Laurie M. Ed.
OCS ISS/FSA

"SgtMaj Grigsby it has been a pleasure working with you! You have provided sound leadership, guidance, and decisions on MCJROTC instructors, applications and unit concerns. While I didn't get to have coffee with you I'm sure those were as engaging as some of our conversations about current events "Rolling Thunder" or where the Marine Corps is leaning in the future "Uniforms - Co-Ed Boot Camp". We all know it's not easy to leave the Marine Corps so remember if you ever get the urge to put the uniform back on we've got a MCJROTC unit out there with your name on it. :) I wish you and your family the best in your future endeavors and retirement. Fair winds and following seas!"

Semper Fidelis,
Carmen E. Cole
CWO-3 Ret.
MCJROTC Ops Mgr

"Prior to checking into TECOM aboard MCB Quantico, I made it a point to read the biographies of the Commanding Officer and the SgtMaj. I wanted to know the upbringing of the individuals responsible for leading TECOM, and potentially gain some understanding on the way they led. That written, on my way into Daily Hall during my check-in process, I passed a SgtMaj. I didn't recognize the face immediately, but in true Marine fashion, I gave the greeting of the day. The SgtMaj, walking intensively with a notebook in his hand gave the greeting of the day back, and then stopped to ask me if I was new to TECOM. Focusing on my response and now also the individual, I immediately recognized the face as SgtMaj Grigsby, the TECOM SgtMaj. I offered yes as a response, and then SgtMaj Grigsby invited me to his office at a later time to talk. I'd never spoken one-on-one to a Senior Enlisted Advisor for a 2 star General, so I was excited about the opportunity.

From the first time I was able to sit down and speak with SgtMaj Grigsby, he impressed me with his personable and professional abilities as a Marine. Within the first five minutes of speaking with him, I instantaneously understood why he was slated as the TECOM SgtMaj. SgtMaj Grigsby took a solid hour out of his busy day to entertain my goals, personal challenges, and expectations. We talked about everything from Marine Corps PME, to family, to some of the decisions he was facing as the TECOM SgtMaj. I came away from that conversation knowing I had more than just another SgtMaj in charge, I had had a true enlisted leader, one who had a genuine care about me and my success, and one I could gain solid advice from whenever the situation arose.

I'm confident I am not alone in my opinion of SgtMaj Grigsby, as he was able to speak to my class during the Senior Enlisted PME. During his brief to the class, SgtMaj Grigsby gave out some answers to the "How to simultaneously be successful in life and the Marine Corps" test. Post his brief, every 1sgtSgt and MSgt in that class said, "now that's a SgtMaj". All of the MSgt's wanted a to be in a command with SgtMaj Grigsby, and all of the 1sgtSgt's wanted to be that kind of SgtMaj one day. Although SgtMaj Grigsby's presence and care will be missed by many, I am certain the great command culture he fostered will live throughout TECOM for years to come. I sincerely want to thank him for his leadership and professional friendship. We all wish him and his family the best things that life has to offer.

Semper Fi,
MSgt Taylor, Jason P.
MAGTF T&E Standards Division

JROTC

By Robert G. Oltman, Carmen E. Cole and Jesus B. Aponte

The Marine Corp Junior Reserve Officer's Training Corps (MCJROTC) is a program chiseled into public law, specifically Title 10 U. S. § Code 2031-2034. We won't bore you with the specifics of the law, we would not want to put you to sleep in the first paragraph. But…in a nut shell, through leadership, accountability, discipline and enrichment activities, MCJROTC provides a template on how to succeed in life, we call it "Life Skill 101," to approximately 35,000 High School students worldwide. Since the inception of the program in 1965 it has grown to 268 units across the globe. The program is powered by the ingenuity, leadership and creativity of approximately 500 retired Marines, both Officer and Staff Non-commissioned Officers. The cadets wear the Marine Corps uniform and follow the same uniform and grooming regulations as Marines. Co-curricular activities include drill, raider (a team that conducts CFT type events in competition), cybersecurity, physical fitness, academic competitions, and perhaps most importantly community service. It is these activities intertwined with a robust curriculum and the dedication, discipline and compassion of the Marine instructors that is the hallmark of MCJROTC.

In order for the 268 MCJROTC units to be successful, it truly takes a village, in this case, the village is the 24 MCJROTC Headquarters (HQ) personnel that work out of Little Hall Room 200 here on Quantico. The Tribal leader is Mr. Robert G. Oltman (Col USMC Ret.) It is the tireless support of this staff that empowers the 500 Instructors to be successful. The MCJROTC HQ village consists of three small branches and managers. The Operations and Instructional Support Branch - Ms. Carmen E. Cole (CWO-3 USMC Ret.), the Compliance and Training Support Branch - Mr. Sean Charney (LtCol USMC Ret.) and the Program Support Branch - Ms. Sheila Warren (Capt USMC). It is the herculean efforts of these branches and their working together in either a supporting or supported role that ensures the Program meets the intent outlined by the Secretary of the Navy. It would take more than a page for me to appropriately articulate the value each branch provides to this program. Additionally, it should be noted that most of the critical support; ensuring buses show up, providing meals to cadets, sponsoring competitions and orientation trips is secured by the village during regular work hours but the magic that takes place after regular normal work hours or on weekends when most high school students are able to participate in these types of activities. But make no mistake, the MCJROTC would not be the center piece of the JROTC program that it is, if it were not for the efforts and teamwork of this village.

A recent example of this village working together was in the planning, developing, and execution of the 3rd Annual MCJROTC National Drill Meet. This village worked diligently together to support over 600 Cadets, Instructors, and Chaperones with travel, lodging, and meal arrangements necessary for the Washington DC event. The competition consisted of 16 highly competitive schools. Schools came from as far away as Hawaii to compete in this event. The competition was fierce and when it was done, the real importance of this event took place; sightseeing throughout the historic sites of Washington D.C. What a painless and exciting way to learn!!! Who won the meet you may ask? They all won!

AROUND THE MARINE CORPS...

MARINE AIR SUPPORT SQUADRON SIX (MASS-6) WINS THE COVETED MARINE AIR CONTROL GROUP FORTY-EIGHT (MACG-48)

HIGH INTERCEPT TROPHY

By SgtMaj Joel Chaviano (Chicopee, MA)

The High Intercept Trophy as it sits on the Command Deck of MASS-6

The High Intercept Trophy is presented annually to the outstanding unit in Marine Air Control Group 48, for their lasting contributions to the Group's mission. Throughout the year MASS-6 has exceeded in multi readiness inspections from FRAPP to CGI to name a few. Recently in their Command Climate the unit is outpacing similar units and the Marine Corps as a whole which shows great credit to the leadership in place (under the leadership of LtCol Timothy V. Matthews) and the Marines under their command. In the awarding citation by Col. Scott A. Gondek, he credits the unit for maintaining a high standard of performance which demonstrated the values of Marine Aviation Command and Control to a multitude of allies, partners and other services supported by MASS-6 throughout the year. MASS-6 is not resting on their laurels and looking to do bigger and better things in the upcoming year.

Marines of MASS –6 Awarded Group Trophy

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Marines of MASS-6 (4th MAW, MACG-48) have something to be excited about! Hard work and dedication have paid off with the awarding of this trophy.

The High Intercept Trophy was created in July of 1978 after the pioneer air defense air control exercise of that year. The theme is a four cell tetrahedral shape developed by Dr. Alexander Graham Bell in his quest for manned flight. A multi-celled kite, named the Cygnet, was used to lift Lt. Thomas E. Selfridge, USA, in December of 1907 to a height of 168 feet during a seven minute flight. Lt. Selfridge became the first fatality of powered flight just nine months later in a tragic accident with Orville Wright. Because of Dr. Bell's close association with communications and aeronautics, his tetrahedral shape is most appropriate for this trophy.

Spotlight: Donald Vandergriff

I am very fortunate to be in a great job. I am Donald Vandergriff and I am assisting the Marine Corps to evolve to the next level of professional development through how they conduct formal and informal learning. I currently work in TECOM G3 Plans & Policy Division as a contractor. Specifically, we are assisting the Commanding General, Major General William F. Mullen III in implementing his July 18, 2018 guidance, writing the TECOM Strategic Plan or TSP guiding the Marine Corps from the Industrial-age to the Cognitive-age (Information-age).

The focus of my work has been on learning (specifically training and education) within the context of Maneuver Warfare. I am a military historian, author of five books, as well as editing and authoring chapters in three other books. I have also written around 80 articles. All my work has focused on reforming the personnel (manpower) system to support Maneuver Warfare and the culture of Mission Command. More specifically, I have written on how we learn (to include training, education, self-development and experience) to support a military culture that supports a doctrine of Maneuver Warfare.

I work with talented people in Plans & Policy making the effort to move us forward based on Maj Gen William F. Mullen III, 18 July 2018 guidance through the TSP. My main effort is co-writing the TSP, particularly as it pertains to learning, leader development and military history. The core concepts presented in the forthcoming TSP imply an approach to learning that differs significantly from that which TECOM has traditionally employed. A strategic plan outlines TECOM's vision for moving the USMC from the Industrial-age to the Cognitive-age. We argue that, while it met our needs in the past, the Marine Corps traditional (and current) approach to learning is based on an outdated theory and understanding of our warfighting needs. We provide the reader with contextually-grounded explanations of the TSP's core concepts, inclusive of critical principles and best practices, and why these represent a better pathway for the future of Marine Corps learning; and stimulate the reader to evaluate how these concepts, principles and best practices should be adapted and applied across TECOM.

To explain why, the TSP provides brief historical context for both the learning theory and warfighting needs that underlies the TECOM's traditional (and current) approach to training and education, arguing that, while our traditional approach met a critical need in the past, it is no longer appropriate. The TSP then explains the "what, how and why" for key learning principles and best practices aligned with the TSP's core concepts, demonstrating that the approach embodied in call outs showing that Marines and their courses are already beginning to do the things we are advocating. It is a better way to engender the adaptive, critical-thinking, decisive warfighters we need now and in the future.

Finally, as a practical matter, it would be highly problematic to set a higher bar for learning and to push Marines to achieve greater levels of learning and performance only to present them with a reality upon graduation that does not live up to their capabilities. In other words, we cannot have a system that says it values learning and then does not reward those who have learned. We also need to have an Operating Force (OPFOR) and a supporting establishment that use and value what our best student Marines will know and will be capable of. At a minimum, we need to ensure that those that have truly succeeded in our formal schools are selected for post-schooling opportunities that reward them for that performance.

In short, the Marine Corps will need to make changes outside of TECOM's responsibilities – most notably, to our manpower system - to truly reap the benefits of the changes outlined in the TSP. That said, we must start somewhere. Our forthcoming TSP clearly represents a better way for the Marine Corps to develop and sustain the intellectual edge we seek. The principles and best practices outlined can and should be adapted across TECOM, for both training and education. Our pathway to a better future for Marine Corps Learning must start here.

Today, I look forward to continuing to assist Marines to become better learners and being adaptive. When not working, I love my home life with my wife Lorraine, my dogs Bruiser and Becky and parrots Elvis and Daisy. I spend my free time doing yard work, lifting weights and hiking or biking Civil War battlefields.

Message from the Assistant Deputy Commandant, M&RA

CIVILIAN INDIVIDUAL DEVELOPMENT PLAN

Subject: CIVILIAN EMPLOYEE INDIVIDUAL DEVELOPMENT PLANS

Generals and Senior Civilian Leaders,

Training and professional development is as vital for our Civilian Marines as it is for our Marines and Sailors. We require a highly skilled and innovative workforce ready to meet our evolving mission requirements, perhaps now more than ever.

Recent Marine Corps Federal Employee Viewpoint Survey (FEVS) results indicate our civilian workforce would benefit from increased levels of supervisor engagement regarding their training and professional development.

We recently returned from a visit with civilian Marines, supervisors and leaders in Mid-Pac and WestPac. Many of our Civilian Marines and their supervisors were not aware of the array of capabilities available to support their continued professional growth and we've seen this in our other visits across the Corps.

It all starts when supervisors, both military and civilian, have that kneecap-to-kneecap discussion with their Civilian Marines about work competencies and plans to improve and/or fill gaps in their abilities.

DC M&RA requests military and civilian supervisors to ensure all APF Civilian Marines have an approved Individual Development Plan (IDP) structured IAW with the references.

For details on how to prepare IDPs please refer to MARADMIN 137/17. If you have any questions or recommendations, Mr. Ray Watkins at Raynard.watkins@usmc.mil or (703)784-9070 is our go-to expert here at M&RA.

With your help, we can improve in this area, supporting both improvements in outputs and the professional growth of our valuable Civilian Marines.

R/ Jeff Bearor

Jeffery W. Bearor
Senior Executive Service
Assistant Deputy Commandant for
Manpower and Reserve Affairs
U. S. Marine Corps
3280 Russell Road
Quantico, Virginia 22134

START PREPARING YOUR IDP IN TOTAL WORKFORCE MANAGEMENT SERVICES (TWMS) TODAY!

MARADMIN 137/17

PROMOTING "VALUE" BETWEEN SUPERVISORS, EMPLOYEES AND CAREERS!

TRAINING PAGES

FEDERAL VIEWPOINT SURVEY

Your Opinion Matters!
Got 20 to 30 mins?

Civilian Marines,

You will have the opportunity to participate in an important event that helps the Marine Corps evaluate and improve processes which effect you on a daily basis. This email announces the opening of the 2019 Federal Employee Viewpoint Survey (FEVS) window and explains what your participation means.

All eligible civilian Marines (permanently employed, non-political, non-seasonal, full or part-time employees) will be invited to complete the 2019 FEVS. The survey opened on 23 May 2019 and closes on 05 July 2019. The survey link will be emailed directly to all eligible employees.

The survey provides civilian Marines the opportunity to convey thoughts, opinions, and facts in an anonymous environment. Thus allowing the collection of unbiased opinions on the important everyday obstacles, environment, and processes effecting the workplace.

Your participation in the FEVS allows the Marine Corps to collect opinions and help evoke discussions regarding improving the workplace environment. The analysis of your responses will allow leaders to prioritize the areas where the greatest impact and improvement can be seen on an enterprise level, while also allowing subordinate Commands to address areas that have the greatest impact on civilian Marines.

The survey results are also used to create a baseline by offering a snapshot in time of the way civilian Marines view their work environment. This snapshot can then be used to compare findings within the Marine Corps civilian workforce to other U.S. Government Agencies.

Your participation is key to the success of the survey. A few minutes of your time will have an impact on the Marine Corps today.

Office of the Director
Civilian Human Resources
Manpower & Reserve Affairs

LET YOUR VOICE BE HEARD!

SURVEY ENDS - 05 JULY!

TRAINING PAGES

CORNERSTONE PROGRAM

SgtMaj Anthony Easton Mentor Time Group

(pictured above in no particular order) Brown 1stSgt Alex, SgtMaj Anthony Easton, Burton 1stSgt Shonor D, Contreras SgtMaj Yohana, Ducasse SgtMaj Jose M, Fleming SgtMaj Marcus N, Fleming SgtMaj Marcus N, Flynn SgtMaj Gabriel M, Housman SgtMaj Erik E, Pascuzzi 1stSgt Nicholas J, Soto SgtMaj Daniel A
(Note: SgtMaj Anthony Easton to be posted as TECOM SgtMaj on 12 July 2019)

The Cornerstone Program, formerly the Commandants Commanders Program and Spouses Workshop. President, Marine Corps (MCU) is the executive agent for the Commandant of the Marine Corps. The program annually conducts two commanders and sergeants major either prior to or shortly after arriving at their new command. Attendance for spouses, while not required, is encouraged. The mission is to prepare board selected commanders, sergeants major, and their respective spouses for the challenges of command.
Source: MARADMIN 465/18

My position within the Cornerstone Program is to serve as the SgtMaj Course Coordinator. As the Director of the Senior Enlisted Academy it is one of my responsibilities. In regards to SgtMaj mentor time, we bring in experienced SgtsMaj from across the force to share their experiences with the newly selected SgtsMaj.

The mentor time is always rated as "one of the top classes" at Cornerstone. The SgtMaj mentor time allows newly selected SgtsMaj the opportunity to ask questions in a small group setting from more experienced SgtsMaj.

SgtMaj E. E. Cayson
Director, Senior Enlisted Academy

**Testimonial from SgtMaj Shonor D. Burton *..." I enjoyed the Cornerstone Course. I think it is needed. We are given the tools to prepare us for new positions as senior enlisted leaders. The mentor time was very valuable, learned from my fellow SgtsMaj and Mentor."*

TRAINING PAGES

Meet Shani Thomas

TECOM Developmental Assignment

I am Shani Thomas, a Financial Budget Analyst that is currently working at Headquarters Marine Corps (HQMC), Programs and Resources (P&R). As part of the Executive Leadership Program (ELP), I have to complete an eight (8) week developmental assignment. The Executive Leadership Program is a nine month course that helps develop future leaders. This developmental assignment allows me the opportunity to practice new skills and learning in different work environments.

Training and Education Command (TECOM) has been my "home away from home" for the last eight weeks. I knew that TECOM was about the training and education for Marines, but to my surprise, having had the chance to peel back the onion opened up my eyes to all the additional responsibilities. Rotating between the different sections (Joint Training Integration, Current & Future Operations, and Plans & Policy) has granted me the opportunity to strengthen my understanding on the importance of the work done within G-3/5/7.

The mission of TECOM remain the same regardless of the obstacles. The way the Marine Corps is changing, this will create new demand for products and services. This opens up new areas of opportunity for companies to meet those needs.

Core Strengths:

Results through Relationships Workshop

August 6, 2019, MCU Breckenridge RM#215, 0830 to 1600

In this ONE DAY workshop, you'll discover how to:

* Develop the skills of personal accountability
* Tap into what motivates people
* Navigate opposition and conflict
* Strengthen relationships within your team
* Develop innovative solutions

NEW DATE!

To Register Send An Email To: TECOM_CWFDT@usmc.mil

TECOM CG Welcome Aboard Testimonial

"I was able to attend the first ever CG TECOM's quarterly welcome aboard brief for new military and civilian members joining the TECOM HQs team. As a retired Marine coming on board to the TECOM HQ team, it was enjoyable to gather in a small group and meet and hear from the leadership of the unit in person. This is the type of event that fosters understanding at all levels and helps to focus individual's efforts towards the accomplishment of the TECOM mission. The brief also allowed the new personnel to be presented to directly from the leadership, concerning current issues and priorities that TECOM is facing." ~ Justin Kinner, Training Specialist, MTESD OPS

G-4 HOSTED PME ANNOUNCEMENT

"MARK YOUR CALENDAR"

Who: Chris Woodbridge

What: One presentation (approx. 45 min to 1 hour w/out Q&A) consisting of three main topics:

1. Professional Development and Self-education: professional writing for military journals (articles, reviews and TDGs).
2. The Professional Debate in the Marine Corps: what actions the debate has led and how to participate.
3. Other ideas for self-education and unit-level PME: battle studies/staff rides, incentivized contests

When: 16, July 1500-1630

Where: The Clubs of Quantico

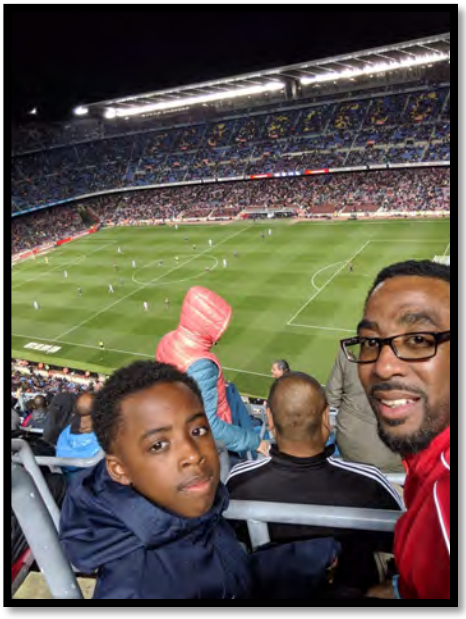
CONNECTIONS & ENGAGEMENTS

Stephanie Andrews, Civilian Manpower Branch Head, TECOM G-1, and her family vacationed to Disney World in Orlando, Florida before her grandson has open heart surgery. They took some time out of their busy vacation schedule to have dinner with Tia Peeks, Lead Payroll System Administrator, TECOM G-8, and her family. Stephanie and Tia work together on an almost daily basis for the successful execution of the TECOM enterprise civilian manpower payroll. The families enjoyed some good food and comradery that made for a delightful evening. It was a special treat for all, to include the kids, who enjoyed their animal balloons. If you are ever in Orlando, say hello to Tia!

DISNEY WORLD
Orlando, Florida

SPRING BREAK
Barcelona, Spain

Mr. Michael Pitts (G-8, Financial Management Supervisor) and Malachi (son) invited to play on a select team in a soccer tournament the Mediterranean International Cup (MIC) tournament. The MIC is one of the world's top international soccer tournaments. They also enjoyed attending FC Barcelona Futbol. Way to go Malachi!



CONNECTIONS & ENGAGEMENTS

2018 Manpower & Reserve Affairs Awards Ceremony

Guest of Honor, Lieutenant General Michael A. Rocco (Deputy Commandant for M&RA, Headquarters, U.S. Marine Corps)

Sgt. Alejandra B. Ovelar (Marine Air-Ground Task Force Training Command, Twenty-nine Palms, CA)
"Noncommissioned Officer of the Year"

"I thought it was phenomenal that the Marine Corps finally came out with an award for our occupational specialty considering it's a huge MOS! I was absolutely thrilled when my leadership informed me about my submission for this award and couldn't believe it when I saw my name on the MARADMIN." (Sgt. Ovelar)

Congratulations!

New Home Owners

Aaron Chudosky (Force Fitness Division), wife Lindsay, Realtor & Retired Marine Doreen Boggs
Congratulations on buying your new home!

CONNECTIONS & ENGAGEMENTS

Capt Margaret Snyder (former TECOM CG Aide) frocking ceremony to Major.

Family Vacation
Rome, Italy

Major James “Action Joe” Lilley (MAGTF T&E Standards Div, Aviation Maintenance Standards Section Head and wife at the colosseum of Rome. This is the iconic symbol of Rome and the largest amphitheater ever built.

CONNECTIONS & ENGAGEMENTS

CLASS OF 2019

Peggy Thomas (G-8, Financial Management Analyst) and son, Sir-Thomas on graduation day!

Proud Mom!

Sir-Thomas was offered 14 Academic scholarships totaling $748,000. With an interest in Germanna and Radford University major is Pre-Med, his goal is to be a Cardiologist or Neurologist. Sir-Thomas' plan has always been to look out for his best interest, and he has the determination to think of financial resolutions at times quicker than I. He said to me, "mom I want to go local to save you money and at the end I will still get the same degree of my classmates when I receive my BA." The best news came last month when the VA granted Sir-Thomas total education benefits for 36 months, his plan never changed once I let him know, the goal is still, two years on mom and the very essential years will be covered when he transfers to Radford. Sir-Thomas says that he thanks God everyday for his mercy and blessings.

Proud Dad!

Thomas Boyle (G-8, Operations Branch Head)

Junior Honor Society formal. Hannah and Connor Boyle set Personal Records at Central New York Track meet.

CONNECTIONS & ENGAGEMENTS

2019 TECOM SPRING CLASSIC GOLF TOURNAMENT

Congratulations to MGySgt Harrelson, GySgt Lemon, GySgt Houck, and Mr. Tyler Smith, winners of the Training and Education Command Spring Classic golf tournament at the Medal of Honor Golf Course aboard Marine Corps Base Quantico. **A portion of the proceeds from this event go to the Birthday Ball committee.

#LAS VEGAS

Jamison Smith (G-1, Civilian Manpower) and friends

CONNECTIONS & ENGAGEMENTS

BEFORE

AFTER

Daly Hall Renovation

Special thanks to our Major General William F. Mullen III, SgtMaj William Grigsby and volunteers for the Daly Hall second floor renovation (ceiling and new carpet). We really value our new work space. Thank you!

SEMPER FIT - HEALTH PROGRAM

Learning About Changes to Nutrition Facts Label

FDA regulated the food labels. Manufacturers had until 26 July 2018 to comply with final requirements. As Editor and parent, I wanted to update my knowledge for a healthier lifestyle. Lauren King (Registered Dietitian and Program Manager - Semper Fit) and I partnered for a personalized, grocery store tour. This is a **free service** offered at Semper Fit. Contact the Dietician for more details at 703-784-2869. Commissary privileges not necessary to attend.

Topics Included:

* Healthy Foods Choices
* Tips for Easier Shopping
* Understanding Food Labels
* Making Recipes Healthier
* Base Your Diet on ChooseMyPlate.gov
* Fresh is best! It's Your Health!

Shop the Perimeter of the Grocery Store

THANK YOU!

Think about it—everyone loves to feel appreciated. I'm grateful for all of you who make the TECOM Connection a newsletter for the total workforce. The success is due, in part, to your willing participation. One of our main goals is to bring out the best in others. Remember, whether you are a Marine or Civilian Marine - define your individual work/life balance and implement it as often as you need. Complete your FEVs and IDPs and take care of your mind, body and soul.

Thank you being a loyal TECOM Connection contributor and reader!

Picking fresh nutritional kale, raspberries and strawberries at a U-PICK local farm in Virginia. It is a great family activity.
~ Terra Eidinger, Editor

We're On The Web!

https://www.tecom.marines.mil/Resources/TECOM-Connection-Newsletter/