



# TENNIS & SCHOOL

**MOURATOGLU**  
TENNIS ACADEMY



## WITHIN THE HEART OF THE FRENCH RIVIERA...

### THE IDEAL DESTINATION FOR ALL TENNIS FANS

With more than **320 days of sunshine** per year, the French Riviera is one of the most sought after destinations in the world for the practice of intensive outdoor tennis all year round.

### BETWEEN NICE & CANNES

The Academy is located within 15 minutes from the International Nice Côte d'Azur Airport.

### A LAND OF SPORT AND LEISURE

Between the sea and the mountain, unique areas to discover with the whole family.





## THE N°1 ACADEMY IN EUROPE

« I founded the Mouratoglou Tennis Academy in 1996, 20 years ago...

My goal has always been to enable every player to maximize his or her potential through individualized training, hence why I created the Mouratoglou method. A tried and tested method applied to my players and coaches which has proved itself time and time again at the highest level. This is why since its creation, the Academy has guided the most promising talents on the male and female professional and junior circuits.

Our vision is, first and foremost, to build a true lifetime sport and education project around our student-athletes. Our tennis-study program enables our students to combine intensive training sessions with an adapted school curriculum throughout the year. A reference program, which over the years, has become the provider of the best student-athletes in the American University Tennis League (the NCAA)»

**Welcome to the Mouratoglou  
Tennis Academy !**



## JOIN US

**The Admission into our Tennis-Study program requires mandatory selection tests used to :**

Being selected to join our Academy is dependent on a number of factors including, but not limited to, motivation, general attitude, tennis level, academic level.

To get to know you, you have to spend a week at the Academy as a visiting student athlete, in total immersion with other students.

### **FOLLOW THE SELECTION PROCESS**

We will consider the following in assessing your profile:

- + Tennis tests (technical, tactical and mental)
- + Fitness tests
- + Academic tests (essay writing, critical reading skills, mathematics)
- + Previous school records
- + Interview with student
- + Meeting with parents

### **ELIGIBILITY**

- + Successfully completed CM2 (for the French School) or Grade 4 (for the International School)
- + School transcripts from the past 2 years
- + Ability to withstand significant physical training
- + School & Sports level allowing the student to target entrance to an American university
- + Personal motivation and dedication to the project

**Applications are to be made as soon as possible because the number of seats in the Academy is limited**







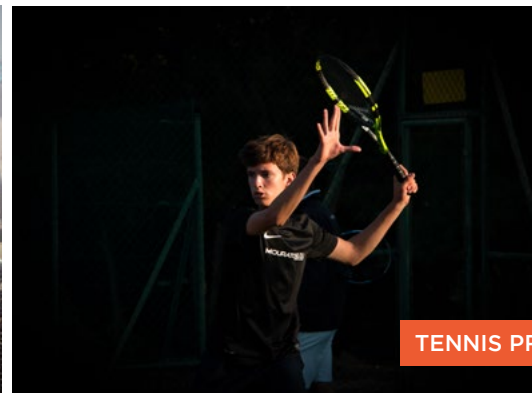
SCHOLARSHIP USA



ABOUT US



ACADEMICS



TENNIS PROGRAM

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INFRASTRUCTURE



## MOURATOGLOU TENNIS ACADEMY

- + A French and International school allowing French and foreign students to benefit from a rigorous academic program organized around an intensive tennis schedule.
- + 30 qualified teachers fully dedicated to our student-athletes.

## MISSION & VALUES

- + To train you intensively without compromising on your education. Whether you dream of becoming a professional tennis player or whether you wish to reach your full potential in tennis and studies, we will equip you with the skills. Because your success is our mission.
- + There are no shortcuts to success; working hard in a consistent way pays off.. Determination, passion, integrity, perseverance, constantly seeking improvement, being daring and ambitious - these are our driving forces.

## PHILOSOPHY

- + Our Academy is much more than a simple school or a training facility. The strength of character that our student athletes develop are skills which prepare them for life.
- + Learning effort in the classroom and on the court is our mandate. Achieving results is our first priority.





# 12 HECTARES OF WORLD CLASS FACILITIES



## 34 COURTS

Clay & hardcourt (8 covered courts)

## 6 CONNECTED COURTS

with the latest «Playsight» video equipment

## 4 PADEL COURTS

## STUDENT CAMPUS

School & Boarding

## ATHLETICS TRACK & MULTI-SPORTS AREA

## FITNESS ROOM & WEIGHT LIFTING AREA

## SPORTS MEDICINE CENTER

With the latest technology

## PRO SHOP

specialized in Tennis & Padel

## 2 POOLS - outdoor & indoor

## VIP & SEMINAR ROOMS



## THE WORLD OF HIGH-LEVEL TENNIS

THE MOURATOGLOU TENNIS ACADEMY IS THE ULTIMATE PERFORMANCE TRAINING CENTER

### PROUD OF OUR PLAYERS

#### CORI GAUFF :

Winner of the Orange Bowl (U12 years old)  
Youngest US Open Junior Finalist

#### CHUN HSIN TSENG :

Winner of « Les Petits As » (U14 years old)

#### DASHA LOPATETSKAYA :

Finalist of « Les Petits As » (U14 years old)  
European Champion (U14 years old)

#### HOLGER RUNE :

European Champion (U14 years old)

#### ALEXEI POPYRIN :

Roland Garros Junior Champion

#### STEFANOS TSITSIPAS :

Junior World N°1 (U18 years old)  
Second Youngest player of the top 100 ATP



### THE TRAINING CENTER FOR THE WORLD'S BEST PLAYERS

Serena Williams, Novak Djokovic, Alizé Cornet,  
Grigor Dimitrov, Jérémy Chardy, Natalia Vikhlyantseva,  
Andy Murray, Milos Raonic...







## THE CAMPUS

In our American-style campus, everything has been designed to provide the comfort and equipment needed for all our players. From high-speed internet, air-conditioned rooms, nutritious food, to on-site staff at all times, every detail has been considered to give students and parents peace of mind. If it's important to you, it's important to us.

### SCHOOL & BOARDING HOUSE

- + Secure access
- + On-site boarding house staff at all times
- +70 rooms (either single, double or triple available)
- + Shower and toilet in every room
- + Laundry
- + Individual lockers and wardrobes
- + Games room (including pool table, table tennis)
- + TV Room
- + Wifi with firewall
- + Disabled access



### MEALS & NUTRITION

- + Academy cafeteria (full boarding)
- + Healthy, balanced & nutritious
- + Planned for sportspeople
- + Prepared on-site
- + Individual nutrition plans available (on request)





## THE SPORTS MEDICINE CENTER

### A unique structure for optimal medical coverage.

The Mouratoglou sports medicine center benefits from an exceptional infrastructure and provides the latest technology equipment.

### PHYSIOTHERAPY EXERCISES MADE IN DIFFERENT ROOMS :

#### Individual practices for each practitioner

**Medical surgery** dedicated to the implementation of protocols defined by the physiotherapists

#### Indoor re-education pool (16m x 8m)

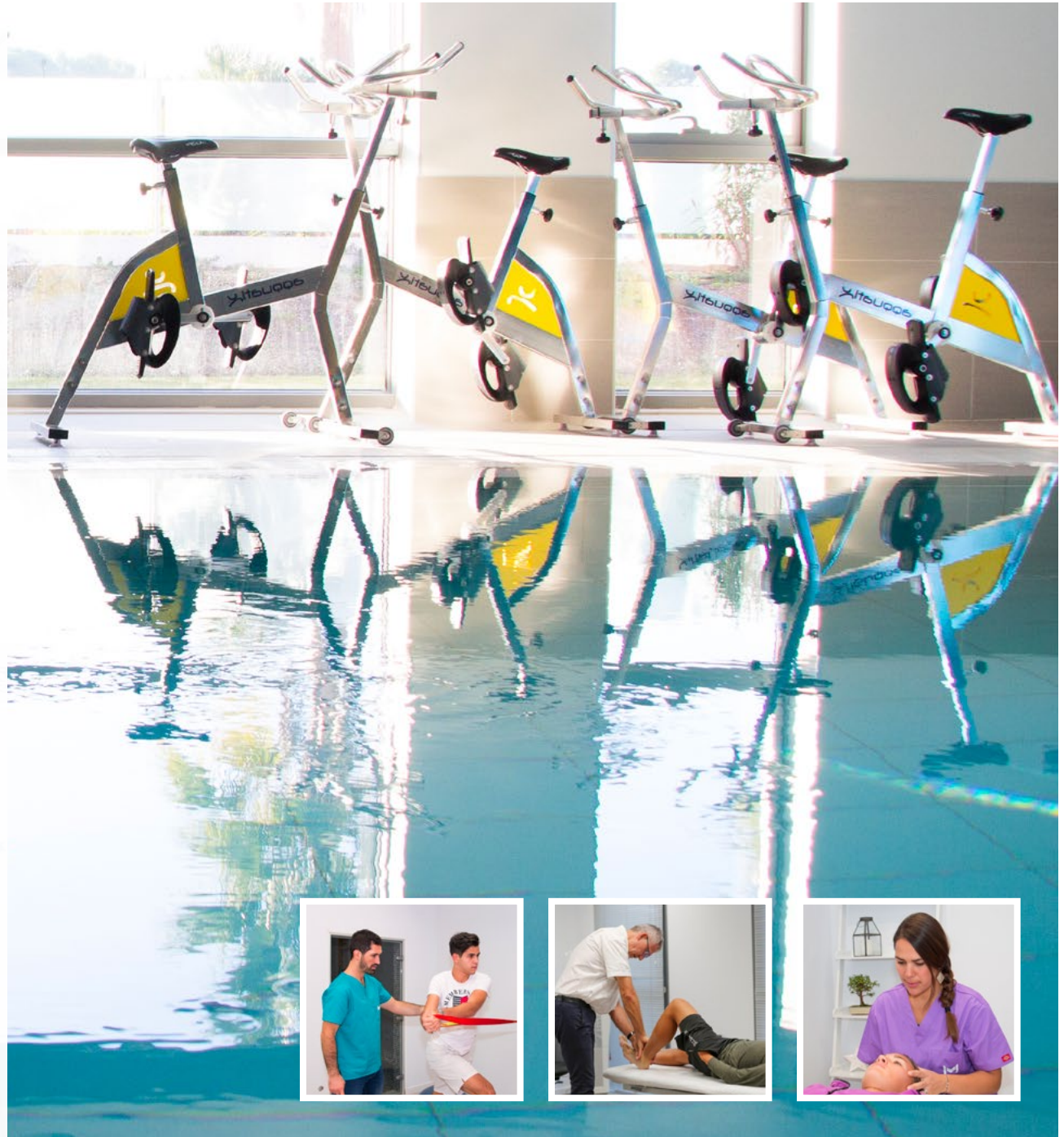
Fully equipped: aquabikes, under water jets...

#### Immersion pools

Protocols for recovery

Our student-athletes have full access to :

- + Medical & physiotherapy care
- + Immersion pools
- + Recovery massages & osteopathy sessions: **optional**





## COACHING & MANAGEMENT

Our qualified and professional staff is comprised of 25 tennis & 7 fitness coaches, all educated at the Mouratoglou training methods.

Passionate and methodical, our coaches give players the ideal setting for a full training program. Students are supervised on campus 24/7 by caring staff. The welfare of each and every student is our priority. To excel in both academics and athletics we invest in quality time for the well-being of our students.

## SCHOOLING

**Our goal :** find the right balance between school and tennis.

Students are given responsibilities which encourage them to effectively manage their time. Our students progress in small classes, allowing a unique relationship with their teachers.

The curriculum is consistently tailored to student achievement. In view of tournaments, the program is modified only if the student is up to date with school assignments.

## METHOD & TAILORED SESSIONS

### Customized training for each player

The Academy's method focuses on reinforcing the individual's strengths. Armed with self-confidence the player

can work on improving the weak aspects of his/her game. Trust is a very important factor and we absolutely need to create and maintain a trusting environment between the coaches and players.

Customized training is the only way one can progress. Coaches rely on their technical, tactical and mental skills to adapt to the player's needs.

The Mouratoglou method has been developed by Patrick Mouratoglou over the years and has proven its efficiency at the highest level. Shared to all the coaches at the Academy, this method is essential to help each player reach his full potential.

## THE LEVEL OF PLAY

### 167 players for a wide range of levels.

At the Academy, the average level is very high. This is a constant challenge and source of motivation for the progression of our players. This guarantees, for every player, to never stop evolving within a homogenous group.

## PHYSICAL PREPARATION & RECOVERY

### One of the pillars of our training program

From injury prevention to focusing on specific physical attributes and exercises, we test and analyze the profile of each player to activate a working plan which answers the needs of each player.

Our players are fortunate to benefit from

a state of the art sports medicine center, dedicated to recovery and high-level performance.

Special attention is put on the physiological maturation of the player. The programs are therefore adapted according to the age of the player and his medical diagnostic.

## HIGH-LEVEL PERFORMANCE

### A daily source of inspiration at the Academy

Our players are immersed in a unique world of performance. Almost every week, they train and evolve alongside some of the sport's best champions of the WTA and ATP tour, who train at the Academy on a regular basis.

The creation of the Champ'Seed Foundation in 2015, which supports the world's best junior players constitutes another great source of inspiration for our players.

## TOURNAMENT SUPERVISION

Supervision is provided to our student-athletes in every tournament throughout the season.

Coaches observe and encourage their players in every match, which enables a better understanding of the player and therefore a better follow-up of the goals set for the season.

A precise debrief pre and post-match is provided by the coach for every match played.

## SCHOLARSHIP USA

The Academy is the N°1 US scholarship placement service.

This is a successful pathway for our students who get to live and study for at least 4 years in the USA and play in a very high level championship (the NCAA). Without a doubt, the scholarship USA program is the best way to pursue a high level sports project while benefiting from an intensive training structure and a top level education.

## INTERNATIONAL ENVIRONMENT

More than 35 different nationalities form the basis of our student-athletes, of which 65% follow the international curriculum. This melting pot and immersion within a cosmopolitan environment is unique.

## VIDEO ANALYSIS & STATISTICS

Video analysis is a central pedagogical tool of the Academy. We use the Playsight technology to analyse, the biomechanics and the tactical schemes of the player in real time. The "Babolat Replay" tool is also used to create post-match statistical summaries. The video & statistics tool provides an objective vision of the game and enables us to boost our player's development.



## ACADEMICS

A high-level curriculum which leads to the High School Diploma. The education program is an essential pillar of the Academy training and the gateway to an American scholarship.

### AVAILABLE PROGRAMS

#### French section :

French Baccalaureate – From 6<sup>ème</sup> to Terminale

#### International section :

Certified American curriculum – From Grade 5 to grade 12

#### American universities :

Placement in American universities  
Bachelor or Masters Degrees

### OUR FUNDAMENTALS

- + A team of 30 teachers
- + Small classes of 5-15 per class
- + 22.5 class hours per week (including study periods)
- + Perfect environment for learning English and French and for developing intercultural communication skills
- + 100% Baccalaureate success rate (French School)
- + 100% High School Diploma achievement
- + 90% of our final year students obtain a scholarship to join an American university
- + Total immersion in an international environment
- + School Year : September-June

### ON TOP OF THE CLASS HOURS

- + Monitored studies from 8PM to 9.15PM

### ADDITIONAL CURRICULUMS PROVIDED

- + E.S.L & FLE : Reinforcing English or French skills
- + Preparation for SAT & TOEFL exams
- + Post-Bac follow up







## TENNIS PROGRAM

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## THE METHOD

### TRAIN LIKE A PRO

+ Intensity + consistency + rigor

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### THINK LIKE A CHAMPION

Believe in your potential and be ambitious

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### MASTER THE TECHNIQUE

Develop the Tennis of tomorrow

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### BE IN POSSESSION OF KEY TACTICS

Analyze the game and impose your own

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### BUILD AN ATHLETIC BODY

Personalized physical workout ,  
maintain a healthy diet , optimize your qualities

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### MAXIMIZE YOUR STRENGTHS

Improve your weaknesses

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### BECOME THE BEST COMPETITOR

Be efficient in matches and in training

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## TRAINING & CONTENTS

### TENNIS

- + 2 to 3 hours of Tennis a day
- + 4 players per group
- + Morning & Evening sessions
- + Work on techniques
- + Master strategic tactics
- + Learn "Attitude & Mental strength"
- + Playsight & Babolat Replay video screening and analysis
- + Individual training : **optional**

### PHYSICAL

- + 1.5 hours of Physical training a day
- + Physical tests 4 times a year
- + Medical check-ups
- + Yoga : **optional**
- + Individual preparation : **optional**

### TOURNAMENTS

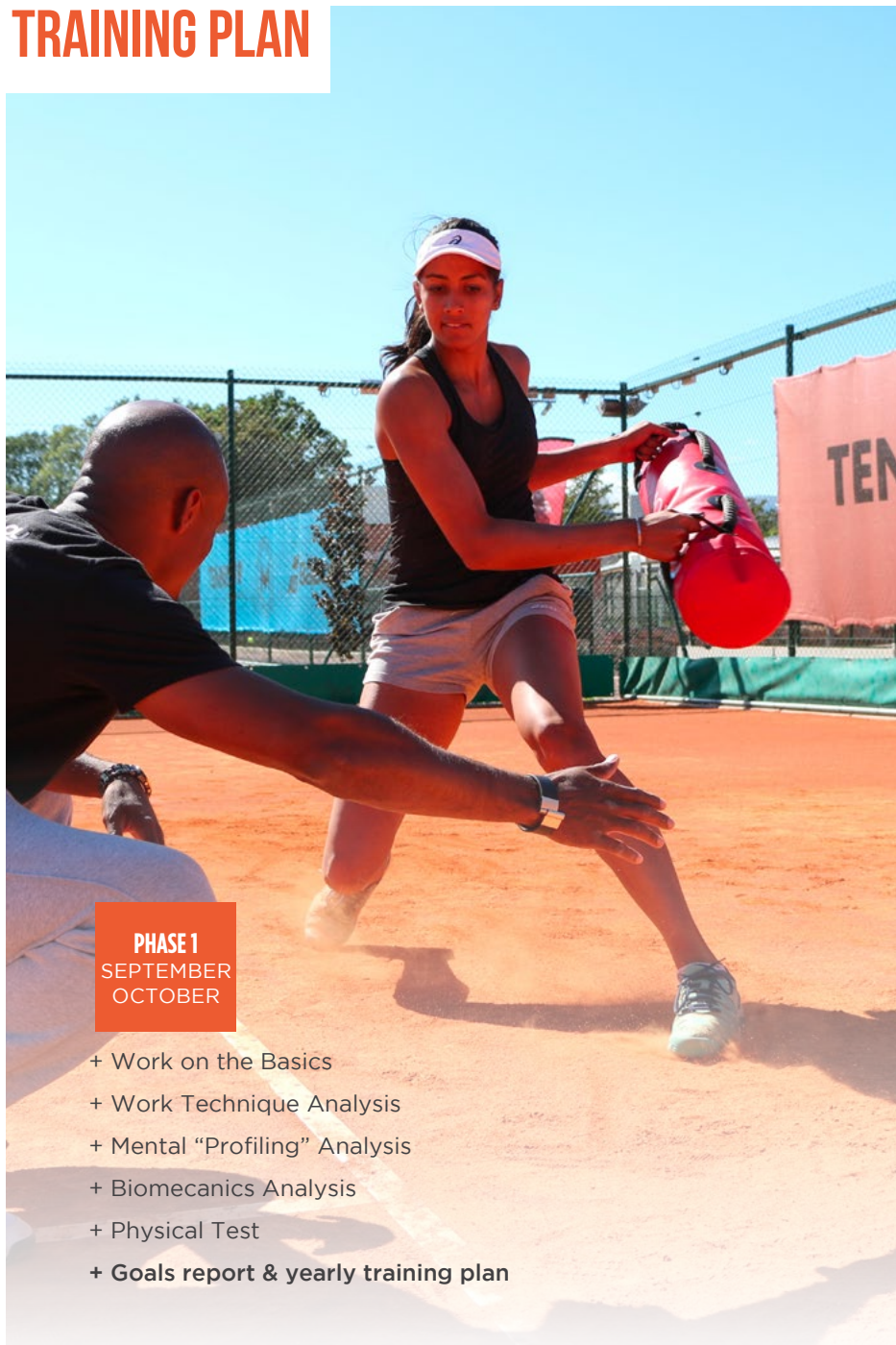
- + Preparing for matches
- + Follow-up of 15- 20 tournaments
- + Online regular debriefing
- + Summer Tour : **optional** tournaments schedule

### MENTAL

- + Individual "profiling" at the beginning of the year
- + Regular workshops
- + Complementary individualized follow-up : **optional**

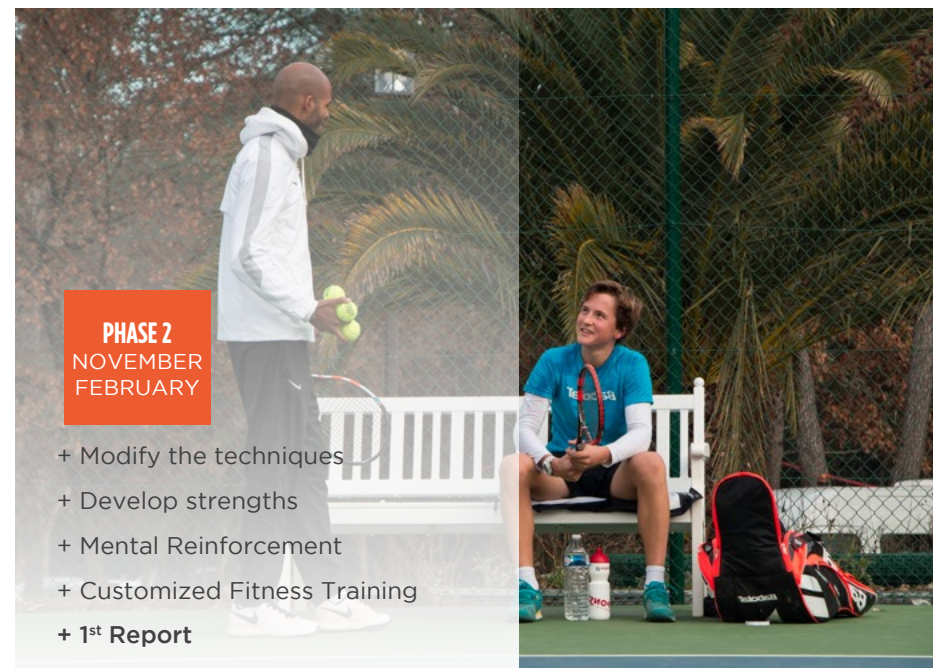






**PHASE 1**  
SEPTEMBER  
OCTOBER

- + Work on the Basics
- + Work Technique Analysis
- + Mental "Profiling" Analysis
- + Biomechanics Analysis
- + Physical Test
- + **Goals report & yearly training plan**



**PHASE 2**  
NOVEMBER  
FEBRUARY

- + Modify the techniques
- + Develop strengths
- + Mental Reinforcement
- + Customized Fitness Training
- + **1<sup>st</sup> Report**



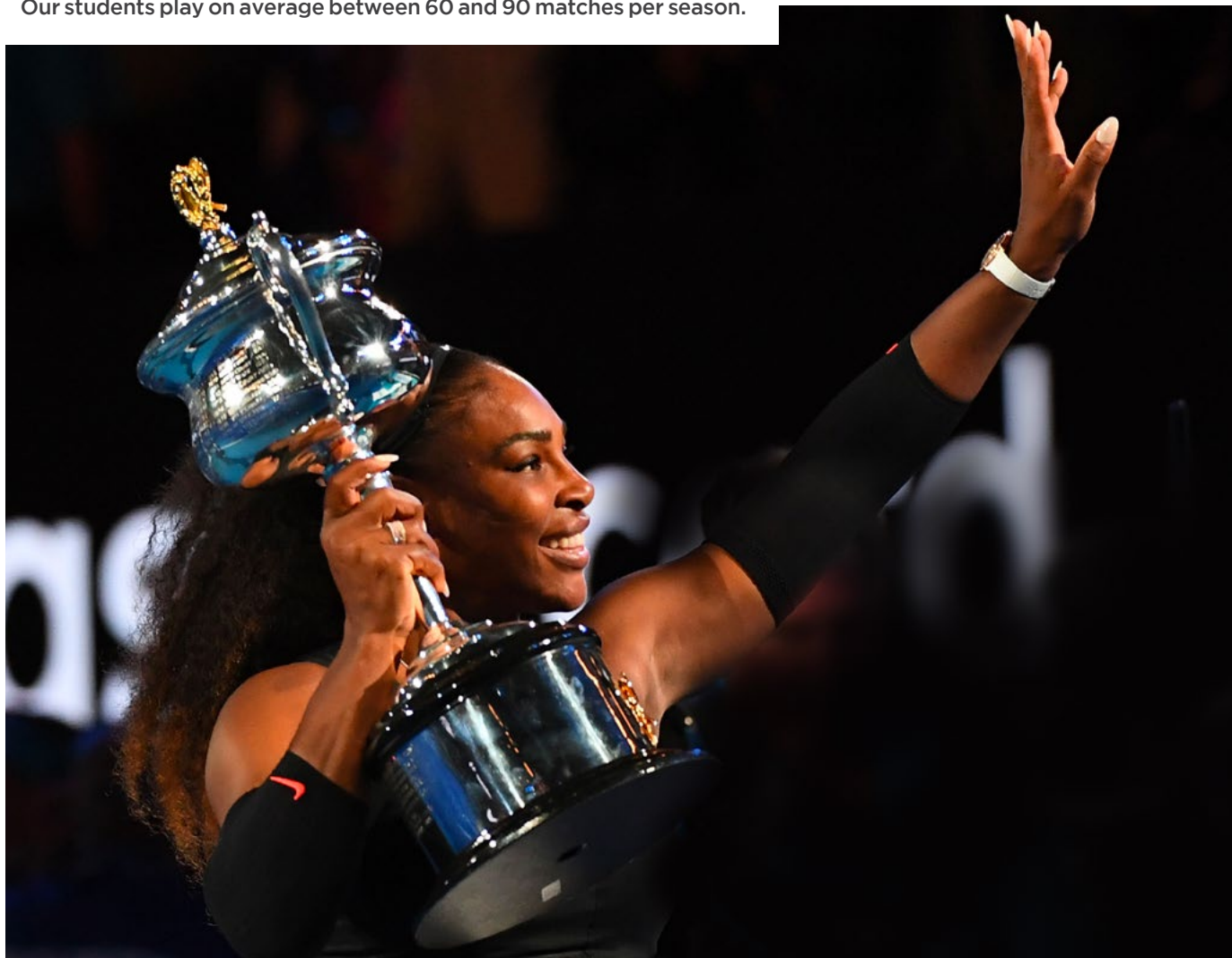
**PHASE 3**  
MARCH  
JUNE

- + Work on strategy and tactics
- + Simulate match sequences
- + Approach competition on a mental level
- + Fitness training workout
- + Coaching in tournaments
- + **2<sup>nd</sup> & 3<sup>rd</sup> Report**



## TOURNAMENT PROGRAM

The Academy offers a full tournament schedule incorporating FFT regional competitions, follow up on ETA, ITF international competitions and ATP & WTA tournaments. We adapt the program to the player's level. Our students play on average between 60 and 90 matches per season.



### ■ NATIONAL TOURNAMENTS

- + All students in the 4th to the 1st French series
- + Monitoring around 15-20 tournaments between September and June
- + Organising a tournament tour in July (in addition to the annual program)

### ■ ITF & ETA TOURNAMENTS

- + Reserved for players under 18 (ITF) and under 14 (ETA) with an international ranking
- + International follow-up : optional

### ■ TOURNAMENTS ATP & WTA

- + Reserved for professional players







**Jean-Paul DAMIT** : Sport Director

**Régis LAVERGNE** : Head Coach

## TENNIS

Kerei ABAKAR  
 Valentin BAIZE  
 Christophe BERGUES  
 Philippe BERTRAND  
 Alexandre BLOSSIER  
 Virgile BOISSAVY  
 Morgan BOURBON  
 Pierre BOUTEYRE  
 Alexis CATILLON  
 Julien CONRATH  
 Salvino DI PIETRA  
 Mathys DIMAIO  
 Jordan DUMAS  
 Sébastien EYROLLES  
 Rodolphe FABRE  
 François FAJON  
 Yannick FAQUE  
 Alexandre FAUSTINO  
 Bastien FAZINCANI  
 Christelle FERRET  
 Jordan GARCIA  
 Manu HEUSSNER  
 Vincent HUNAUT  
 Lorenz ILG  
 Giorgio JACQUET  
 Julien JEANPIERRE  
 Thomas LEBOULCH  
 Sylwia MAJEWSKA  
 Sophie MAURISSEN  
 Vlad POPA  
 Gregory RATEL  
 Nanette SCHUTTE  
 Mickael SICCO  
 Matthieu USAN-  
 NAZ-JORIS  
 Romain VAN RILLAS  
 Christopher VERDURA

## FITNESS PREPARATION

Francis BOUGY  
 Nicolas CARTERET  
 Gerald CORDEMY  
 (Coordinator)  
 Tiroy GENSBURGER  
 Yann GRAVOULET  
 Vaclav JURSIK  
 Paul VINEL  
 Emmanuel YAGUE  
 (Coordinator)

## MENTAL PREPARATION

Emmanuel HEUSSNER  
 Sophie MAURISSEN

## MEDICAL

+ 1 sport doctor  
 + 3 physiotherapists  
 + 1 osteopath

## OUR TEAM

- + 25 tennis coaches
- + 7 physical trainers
- + 1 mental trainer
- + 1 sport psychologist
- + medical staff
- Former pro players
- Former tour coaches
- + FFT or USPTR graduates



## CAREER PLANNING

Following a curriculum at Mouratoglou, is providing yourself with the guarantee of a viable sport and professional project - whether on the professional circuit or via an American scholarship.



### PROJECT USA

- + A placement within an american university with scholarship
- + To obtain an international degree
- + A springboard to the pro circuit
- + An unbelievable life experience



### PROFESSIONAL CAREER

- + Integration within the Pro Team
- + Access to the pro circuit
- + Coaching follow-up in competitions



### BECOMING A COACH

- + Follow the BE training
- + Full immersion within the Academy
- + Seize the opportunities



**PROMOTION  
REPRESENTATIVE**

**JEREMY CHARDY TOP 50 ATP**





Our « USA Scholarship» program offers our students a unique opportunity to have access to outstanding education after high school. Each year, more than 50 ouratoglou students, with a scholarship, to a university in the United States.

The average annual cost of an American university is 35,000 dollars, and our students receive scholarships that cover on average 70% of the total fees, the equivalent to 25,000 dollars per year.

The best universities have a very high tennis level, similar to a professional one, and it is common to see some of their athletes reach the world's top 100 (recently: James Blake, Robby Ginepri, John Isner, and many others).

#### What is the minimum level required to apply for a tennis scholarship ?

Boys : 4/6

Girls : 15 (the number of scholarships available for girls is higher than for boys)

#### Which qualifications are required ?

+ **High School Diploma** (all subjects) with a minimum GPA of 2.0

+ **SAT & TOEFL** : the two required exams for which we provide training

#### How valuable is an American graduate ?

American degrees (Bachelors & Masters) are recognized worldwide and gives you a significant advantage in the job market

#### When should I register ?

The admission process begins about 8 to 12 months before the end of high school. Your application should include high school transcripts, registering for tests and scholarship requests.





## ACTIVITIES

Our students spend 9 months at the Academy, working hard in class as well as on court. They have spare time in the evening and during weekends that they might use to enjoy activities organized directly by our staff, on and off campus. Our region is beautiful and students have many opportunities to enjoy seasonal activities.

### INTEGRATION CAMPS

The first 2 days of the Academy are dedicated to the integration boot camp. During 2 days, all players and coaches live on a bivouac located 30 kilometers from the academy, in the heart of the French Alps. The camp includes hiking, races, physical tests, and this is an opportunity to create social cohesion between everyone.

### ACTIVITIES ON CAMPUS

A certain number of activities are organized throughout the year.

Players have access to the game room (pool, ping-pong, TV), the theatre room, and can participate in artistic and sport workshops. With permission, they are also given access to the swimming pool, the athletics track, the padel courts and the multisports area (Football, Basketball, Handball, Volley-ball).

### ACTIVITIES OFF CAMPUS

#### WINTER ACTIVITIES

Hiking, mountain biking, cultural visit and shopping in Cannes or Nice.

#### SUMMER ACTIVITIES

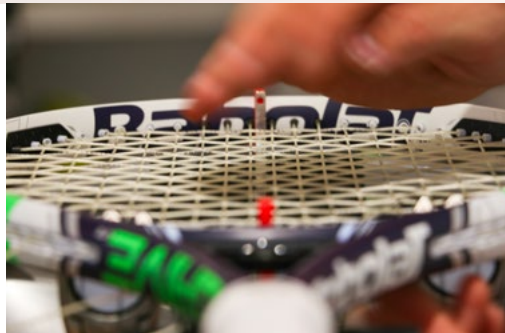
Beach and lake nautic activities, mountain biking.





**TENNIS PRO-SHOP**

- + 100m<sup>2</sup> dedicated to tennis equipment & clothing
- + Professional stringing service
- + Personalized advice



**TENNISPRO**  
.FR .IT .ES .NL .EU



**15 MINUTES AWAY FROM THE ACADEMY**

- + Hotels & Festivals
- + Shopping, Cinema, Restaurants
- + Beaches





**BEACHCOMBER**  
FRENCH RIVIERA  
RESORT & SPA

*The Art of sport*

## 4\*\*\*\* HOTEL FOR FAMILIES

The Beachcomber « French Riviera »,  
minimalism & elegance in one location

155 ROOMS

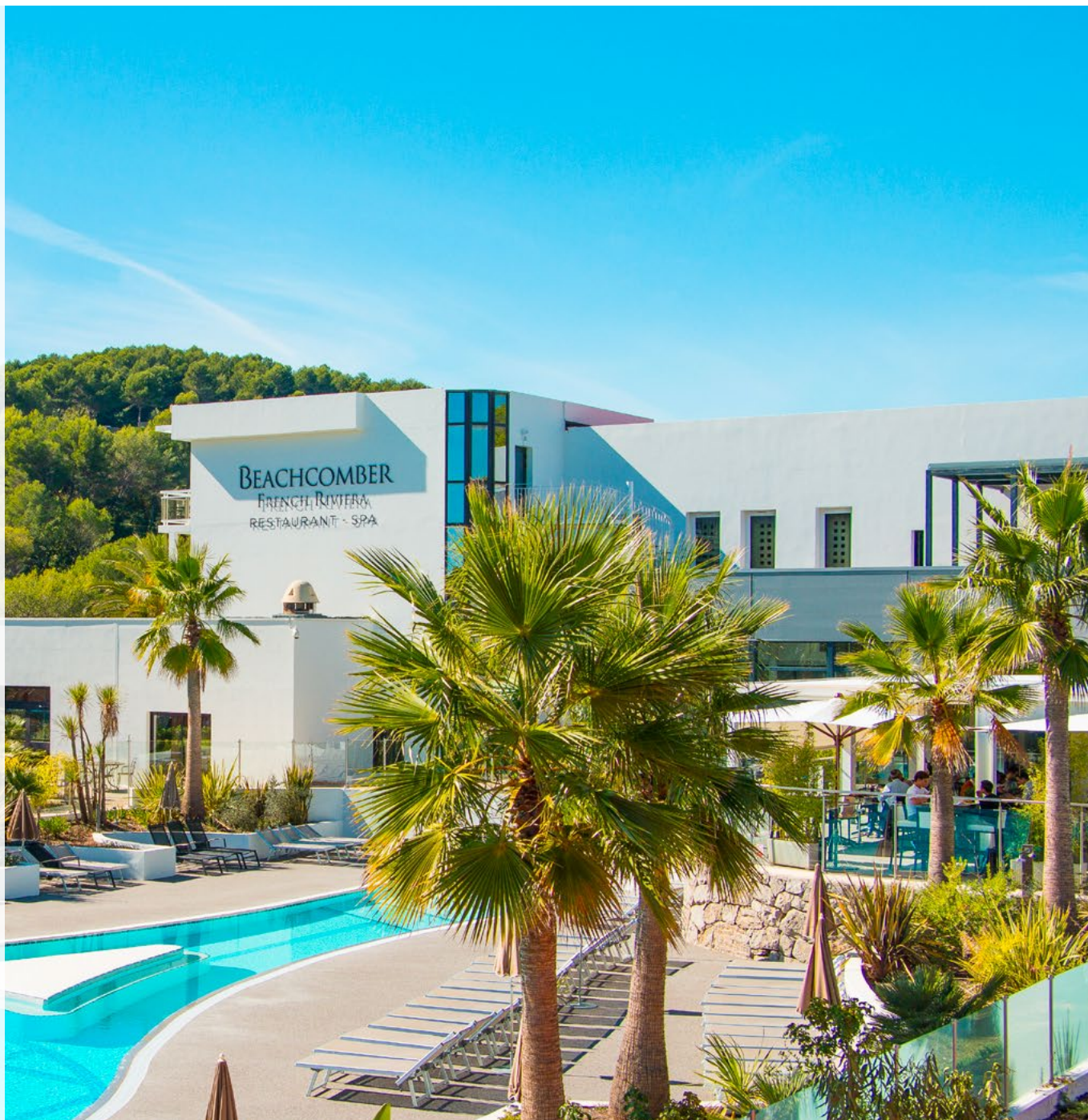
RESTAURANT & LOUNGE-BAR

SPA

2 POOLS

11 SEMINAR ROOMS

FREE SPORT OFFERING  
in partnership with





# PACKAGES & PRICES

## TENNIS PROGRAMS

**CORE** (September-June) : program including group tennis & physical training, tournament follow-up, seminars & additional activities, medical assistance (sports physician, physiotherapy & recovery protocol) 19 750 €

**CUSTOM** «customized» program including Core program + 100 hours /year of individual training (70h tennis 30h fitness) + summer circuit 27 500 €

## ACADEMICS

### INTERNATIONAL SCHOOL

Grade 5 to 12 11 750 €

US COLLEGE PLACEMENT SERVICES (SCHOLARSHIP USA) OFFERED

## ROOM AND BOARD

### ACADEMIC YEAR FROM SEPTEMBER TO JUNE

TRIPLE ROOM 12 000 €

DOUBLE ROOM 15 000 €

SINGLE ROOM 19 000 €

**MEDICAL ASSISTANCE PROVISION** (not included within the medical assistance package : Pharmacy expenses, Dentist, MRI, Scanner, Orthopedist...) 1 000 €

**HOUSING DEPOSIT** (mandatory for new students) 750 €

## OPTIONS

**LAUNDRY SERVICE** (for boarding students) 500 €

**LUNCH** (for non boarding students) 1 835 €

**TENNIS OR FITNESS PRIVATE LESSONS** (10hr pack) 650 €

**TENNIS OR FITNESS PRIVATE LESSONS** (20hr pack) 1 270 €

**TENNIS OR FITNESS PRIVATE LESSONS** (50hr pack) 3 125 €

**TENNIS OR FITNESS PRIVATE LESSONS** (75hr pack) 4 575 €

**YOGA** once a week 400 €

«**SUMMER TOUR**» : circuit of tournaments (3 weeks) 3 500 €

**VISA / TRAVEL CARD** 350 €

**CANCELLATION GUARANTEE** 1500 €







**MOURATOGLOU**  
TENNIS ACADEMY

**CONTACTS**

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