



City of
Casey

LYNBROOK COMMUNITY CENTRE

Lynbrook Community Centre, located at the corner of Lynbrook Boulevard and Harris Street, has a range of programs and activities for the whole community.



TERM 2 PROGRAM
APRIL – JUNE 2022

CASEY.VIC.GOV.AU



Rooms for hire

We welcome you to host community and cultural events, training, expos, meetings and corporate functions at Lynbrook Community Centre. For facility hire information, please visit casey.vic.gov.au/facilities-hire/lynbrook-community-centre

TERM 2 PROGRAM

Bookings:

For bookings or more information, please contact Lynbrook Community Centre on 9792 7370 or email lynbrookcc@casey.vic.gov.au.

For classes where a payment is required, please go to www.trybooking.com and search for Lynbrook Community Centre or follow the links provided.


Please note:

Program bookings should be confirmed and paid in full one week prior to the class at Lynbrook Community Centre. If attending after the commencement date, a pro rata fee will be applied. It is essential that bookings are made for all programs, where requested, even if there is no cost involved.

Cancellation policy:

A full refund will be given if notification of a cancellation is received three working days prior to commencement of course. No refunds or discounts for missed classes. Any program or classes cancelled due to COVID restrictions or lockdowns will be refunded at the end of the term.

Symbol meanings:

-  Day / time of activity
- B** Booking / contact information
- \$** Cost of activity

WELCOME TO LYNBROOK COMMUNITY CENTRE

We have a lot on for you this term!

Along with our regular programs and services, we will be hosting early voting for the upcoming Federal election. We are pleased to be able to host such an important service here at the centre.

In the lead up to the election, we will also be facilitating a “How to Vote” session. If this will be your first time voting or if you just want to know more about the process, feel free to check out the details and book in for this session.

Some other new standouts for this term include Kids Table Tennis, Miscast Misfits and English Conversation Classes. We hope to see you there!

FAMILY & CHILDREN



Storytime

Come along to this facilitated session with your child where we will read stories together, sing songs and share in a simple craft activity. Preschool aged children.

🕒 **Mondays: 10.00 am – 10.45 am**
(during school term)

B To register for the term go to
www.trybooking.com/BYEFJ

\$ FREE

Kids Catch-up

For parents and carers of preschool children aged up to five years old. Activities include crafts, themed days, free-play, and story time. Parents and carers need to be on hand to assist with activities. Don't forget your child's snack.

🕒 **Tuesdays: 10.00 am – 11.30 am**
(during school term)

B To register for the term go to
www.trybooking.com/BYEFR

\$ FREE

Children's Art Class

Does your child love getting creative? Our art classes are facilitated by a local artist who will teach your child various art-making techniques. All art materials are supplied – children should bring a smock to sessions. Suitable for primary-school aged children

🕒 **Tuesdays commencing 3 May**
4.00 pm – 5.00 pm
(during school term)

B Bookings essential:
www.trybooking.com/BYEGF

\$ \$70 per term

Indonesian Community Playgroup

Indonesian community playgroup provides the perfect opportunity for Indonesian parents and carers to feel at home and introduce their little ones to their cultural heritage and background.

🕒 **Wednesdays: 10.30 am – 12.00 pm**
(during school term)

B Email lynbrookcc@casey.vic.gov.au
for details.

\$ FREE

Kids Table Tennis

NEW

Come and play table tennis! This program encourages physical activity in a fun, social environment. All equipment is provided. Suitable for Primary school-aged children seven years and up.

🕒 **Thursdays commencing 26 May to 23 June (5 weeks) 3.30 pm – 4.45 pm**

B Bookings essential:
www.trybooking.com/BYFPP

\$ \$15 for 5 weeks

Dads Matter

The Read Play Make program develops strong relationships between dads and children through story-telling activities.

🕒 **Thursdays: 6.00 pm – 7.30 pm (during school term)**

B Bookings essential:
Call 9705 5200 or email dadsmatter@casey.vic.gov.au

\$ FREE

Children's Choir

A choir for children to discover their talents, build confidence, and improve self-esteem through music.

🕒 **Fridays: 6.30 pm – 7.30 pm (during school term)**

B Contact Esther Keji for details 0434 643 495
info@plorofoundation.com.au

\$ FREE

Toddler Town

A drop-in space perfectly suited for children under five years to play freely, interact with others and learn new skills. Parents and carers can sit back, relax, catch up with friends and enjoy a coffee while supervising.

🕒 **Weekdays: 9.00 am – 4.30 pm**

\$ FREE



HEALTH & WELLBEING

Dance Mantra

Bollywood dance and Zumba fitness classes for adults, teens and kids.

🕒 **Mondays: 6.30 pm**
Saturdays: 9.30 am

B Contact: Sulu Jeeva
0434 166 875

Yamagawa Ha

'Fudoshin Ryu Jujutsu Martial Arts'. Teaching traditional Japanese Martial Arts including, self-defence training, Martial Arts etiquette, physical exercise and ethical philosophy. All ages are welcome.

🕒 **Mondays and Thursdays**
6.30 pm – 7.30 pm

B Contact: Matthew Smithells
0477 677 760

Nrityataranga Dance

Indian classical dance – Bharata Natyam. For five years and above. Classes for adults are also available.

🕒 **Mondays: 7.30 pm**
Sundays: 2.00 pm

B Contact: Swapna Bhide
0438 055 701

Hulanesian Fitness

Hulanesian Fitness is infused with the Polynesian movement to Hula/Ura Dancing, moving to the beats of the South Pacific combining music from the Ol'Skool to RnB, Reggae and Pop.

🕒 **Wednesdays: 6.30 pm – 7.30 pm**

B Email hnmelbourne@gmail.com
for details.

Gentle Exercise

This gentle exercise program is a great way to improve and maintain your fitness and support your overall health. Our qualified YMCA personal trainer will tailor a program to suit individuals.

🕒 **Thursdays: 9.30 am – 10.15 am**

B Email lynbrookcc@casey.vic.gov.au
for details.

\$ \$8 per session

Table Tennis

Table Tennis is fun, good for hand and eye co-ordination, brain function and aerobic fitness. So why not come along and bring a friend, for a fun social evening.

🕒 **Thursdays: 7.00 pm – 9.00 pm**

B Call 9792 7370 for details

\$ FREE



Carer's Hub

The Carer's Hub is open to people who care for or support a person with a mental illness, disability, chronic illness, or who are frail aged. Come along to enjoy weekly activities, guest speakers and lunch. Please let us know if you need any assistance getting to the centre.

🕒 **Fridays: 10.00 am – 2.00 pm**

B Contact: Debbie Boock
1300 277 478
Debbie.Boock@vt.uniting.org

\$ FREE

Folk Lovers Academy

Folk Lovers Academy offers classes for kids and youth in Punjabi folk dance, Bhangra, Malawi Gidha, Jhummer, Jindua, Luddi & Folk-Instruments, Dhol, Algozey, Tumbi, Bugdu, Flute, Tumba, etc.

🕒 **Sundays: 5.00 pm**

B Contact: Sukhjinder Singh Laddi
0431 927 863

Minds Together Counselling

Counselling services supporting clients from diverse cultural backgrounds. Family and relationship counselling as well as an anger management program available.

🕒 **By appointment only**

B Contact: Mariane Fernando
0423 364 618
msrfernando99@gmail.com

Glen Counselling

Glen Counselling's Mental Health Counsellor will work with you to get the best outcome possible. They will help you identify your strengths and help you make the changes needed to improve your quality of life.

🕒 **By appointment only**

B Contact: Marcia Knipe
0451 192 428
marcia.knipe@gmail.com

LEARNING & DEVELOPMENT



Employeese

Training community members in essential services (Aged Care, Disability Support, Health Services). Employeese training has close ties to the community service industry and provides pathways to employment.

B Contact: Employeese 9761 2156
for details about courses offered.

Settlement Services International

A range of services are available to newly arrived community members including migration advice, multicultural foster care, and job seeker support.

🕒 **Mondays: 9.00 am – 4.30 pm**

B Contact: Tareq 0479 172 029



Adult Migrant English Program

Chisholm Institute are providing FREE English classes for eligible migrants. Learn English language skills and improve your knowledge about life and services in Australia. AMEP is funded by the Australian Government Department of Education and Training and provides up to 510 hours of FREE English language lessons.

🕒 **Monday to Wednesday**
9.00 am – 2.30 pm

B Contact: Chisholm Institute
1300 517 459
amep@chisholm.edu.au
for more information.

Vinsara Institute of Education

Tutoring primary and secondary students in Maths, Physics and English. Helping students achieve their best.

🕒 **Tuesdays and Wednesdays**

B Contact: Athil Goonesekera
0433 113 836

City of Casey Job Seeker Advocate

The Casey Job Advocates provide free support for Casey job seekers including help to find work and providing connections to career advice services. Everybody is welcome to access this service.

- 🕒 **Tuesdays (fortnightly) by appointment**
10.00 am – 12.00 pm
- B To connect with a Casey Job Advocate, please email your contact details to jobadvocate@casey.vic.gov.au**

Career Advice and Counselling – MAS International

MAS International provides free career advice to anyone who requires support and career guidance. Book in to receive tailored one on one career advice.

- 🕒 **Thursdays (fortnightly) by appointment: 9.00 am – 12.00 pm**
- B Contact: Steven 0498 011 003**
steven.roberts@masnational.com.au

VCE Chemistry

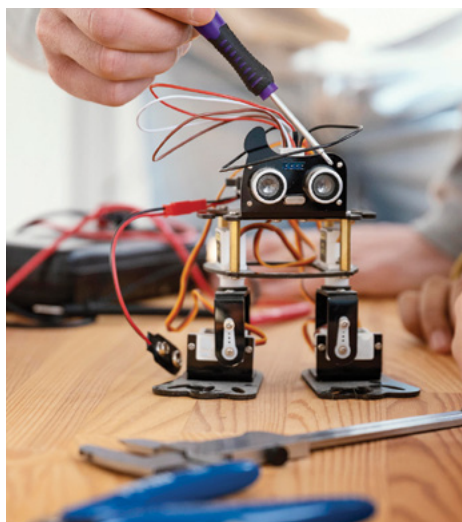
Offering tutoring in VCE Chemistry.

- 🕒 **Fridays: 6.00 pm – 8.00 pm**
Saturdays: 2.30 pm – 4.30 pm
- B Contact: Chamila 0425 772 078**

STEMBuddy

Offering artificial Intelligence, coding and robotics workshops. Laptops, robots, materials and challenges included.

- 🕒 **Saturdays: 11.30 am – 12.30 pm (during school term)**
- B Contact: 0450 212 756**
info@stembuddy.com.au



COMMUNITY LIFE

Card Games

Rummy, Uno, Solitaire, Skip-bo – the choice is yours. Come along and play a round or two. Card packs are provided, but you can also bring your own.

🕒 **Mondays: 10.00 am – 11.00 am**
\$ **FREE**

Cuppa and Chat

An open social group for anyone wanting to meet new friends. Drop in and have a coffee and introduce yourself to other residents and chat.

🕒 **Tuesdays: 10.00 am – 11.00 am**
\$ **FREE**

Board Games

We have a selection of board games at the centre for you to choose from, including Scrabble, Yahtzee, and Dominoes and you are welcome to bring any other game you would like to play. Come as a group or join in with other players.

🕒 **Wednesdays: 10.00 am – 12.00 pm**
\$ **FREE**

English Conversations

Join us for a casual conversation to practice your English. Each week we will focus on a different topic.

🕒 **Wednesdays commencing 4 May**
10.00 am – 11.00 am
(during school term)
B Bookings essential and limited spaces available:
www.trybooking.com/BYLVM
\$ **FREE**

Crossword of the Week

Each Thursday we will provide a 'Crossword of the Week'. Get to know other community members as you fill in your crossword and chat through some of the trickier clues together.

🕒 **Thursdays: 10.00 am – 11.00 am**
\$ **FREE**

Book Club

Passionate about literature? Do you wish you made more time for reading? Joining a Book Club is a great way to share ideas, discuss themes and connect with other literature lovers.

🕒 **Second Thursday of the month**
7.00 pm – 9.00 pm
\$ **\$10 joining fee**



Mindfulness Colouring

This activity will help you relax after a busy week. All materials provided.

🕒 **Fridays: 10.00 am – 11.00 am**
💰 **FREE**

Creating a Difference

Knit, crochet or stitch as a group or individually. Come together and craft to create a difference for people in need.

🕒 **Fridays: 1.00 pm – 3.00 pm**
💰 **FREE**

Miscast Misfits

Miscast Misfits is a tabletop gaming group that loves nothing more than rolling some dice with friends and discussing all things hobby related, including miniature building, future paint schemes, terrain builds and tactics. Age of Sigmar is the game of choice with plans to expand into other arenas. It's a respectful community, that encourages creativity, strategic thinking, social interaction and mateship. If you're keen to pick up a new hobby or reignite an old one, we welcome all players.

🕒 **Fridays: 3.30 pm – 11.00 pm**
B Contact: Anthony or Lenny
miscastmisfits@outlook.com
or come down and check it out.
💰 **\$5 per session**

Community Meal

We are offering a nutritious meal, good company and additional supports. Come along to our community meal and share with others in a friendly and welcoming environment. This program is in partnership with Casey ADRA Cafe.

🕒 **Sundays: 5.30 pm – 6.30 pm**
B Contact: 9792 7370 for more information.
💰 **FREE**

Lynbrook Residents Association

The Lynbrook Residents Association is a volunteer based, not-for-profit organisation, where members meet monthly. Discussing and acting on a variety of local issues, the group works to create community activities which brings local families together in a variety of social activities.

B For information visit
www.lynbrook.org.au

CULTURAL GROUPS

Southern Migrant and Refugee Centre

Social support and planned activities for Spanish and Filipino community members.

🕒 **Thursdays**

B Contact: MaryAnn DeSa
0466 684 075

Tayyiba

Juma prayers every Friday, including sermon and speech. For men of all ages.

🕒 **Fridays**

B Contact: Rafiq Zafar 0424 841 786

South-East Samoan SDA

Church services for adults, youth and children.

🕒 **Saturdays**

B Contact: Faiumu Tamala
0404 849 230

Yogi Divine Society

Services held at the Lynbrook Family and Children's centre.
25 River Redgum Place, Lynbrook.

🕒 **Saturdays**

B Contact: Dharmesh Parmar
0412 822 238
contact@ydsaustralia.org.au

The Australian Malayalam Islamic Association

A monthly social gathering while teaching the importance of language and stories.

🕒 **Saturdays (monthly)**

6.00 pm – 8.00 pm

B Contact: Shameem Mohammed
0402 115 367

Uwezo Liberty Church

Multi-ethnic church that empowers individuals to enjoy healthy and fruitful relationships with others, including colleagues or community, through the knowledge of God.

🕒 **Sundays**

B Contact: Melphon Mayaka
0402 723 536

Arise Church

Our services bring a friendly relaxed atmosphere where people are accepted for who they are. Community-based for all ages and cultures. Samoan/English service available.

🕒 **Sundays**

B Contact: Lily Roberston
0401 504 979

Free Indeed Tabernacle

Church services open to the community. Services are held at the Lynbrook Family and Children's Centre.
25 River Redgum Place, Lynbrook.

🕒 **Sundays**

B Contact:
freeindeedtabernacle@hotmail.com

CASEY U3A PROGRAMS



U3A provide a stimulating social and learning environment for senior members of the community. Their programs aim to foster self-development through a process of sharing knowledge, ideas and skills.

You can elect to do one class or as many as you want – there are over 50 classes at various locations across the City of Casey.

You may also attend up to three classes for free to see if you like the class/es before registering with Casey U3A.

- B** Go to myu3a.net/Casey to register.
- \$** Membership for 2022 is \$35 with no additional fees for classes.

The following programs are offered at Lynbrook Community Centre.

Pyrographic Art

Master the basic techniques of this decorative art. Learn how to transfer designs onto timber using a hot etching method. This technique can be used to produce a wide range of household items such as wall hangings, coasters, clocks and door signs.

🕒 Mondays: 10.00 am – 11.30 am



Ukulele

If you've never played a ukulele before but are interested in learning the basics, then this friendly and supportive class is for you. Anyone with some experience is also welcome to join the fun. You will need your own ukulele.

🕒 Mondays: 11.30 am – 12.30 pm

Zumba

Dance along to Latin inspired rhythms while getting fit and having fun! This low impact class is led by a qualified Zumba instructor and relieves stress, improves heart health and helps increase balance and coordination.

🕒 Mondays: 1.00 pm – 2.00 pm

Table Tennis

Combine exercise, laughter, and a little friendly competition. Come along and play to your strengths in a friendly and fun atmosphere, meet new people and improve your game. Any level of player is most welcome

🕒 Thursdays: 1.00 pm – 2.30 pm

Line Dancing

A choreographed dance class for all fitness levels and no dancing experience is required. Your movements can be energetic or minimal to suit your abilities. The main emphasis is on having fun!

🕒 Fridays: 10.30 am – 12.00 pm

JULY SCHOOL HOLIDAY PROGRAM



Risky Kids



Join the fun with Risky Kids. Your child will build resilience, confidence, self-esteem, healthy habits, leadership, and social skills in this active session. Suitable for primary school aged children.

Tuesday 5 July

9:45 am – 12.15 pm

Bookings essential:
www.trybooking.com/BYMAX

\$26 per child

Cookie Decorating



Join marvellous Megan to learn tips and tricks on decorating cookies with royal icing. You will have your own delicious treats to take away. Suitable for primary school aged children.

Tuesday 5 July

1.00 pm – 2.00 pm

Bookings essential:
www.trybooking.com/BYMBG

\$12 per child



Make Your Own Pizza



A fun cooking session for kids to learn to make pizza dough, prepare their own toppings and share some food together. Suitable for primary school aged children.

Wednesday 6 July

1.30 pm – 3.00 pm

Bookings essential:
www.trybooking.com/BYMBJ

\$15 per child

COMMUNITY EVENTS



How to Vote

Is this your first time voting in Australia? Or would you like know more about voting? Come along to our 1-hour information session to learn about how to vote. Make sure your voice is heard!

🕒 Monday 2 May
6.30 pm – 7.30 pm
💰 FREE

Neighbourhood House Week Morning Tea

Celebrate Neighbourhood House Week by joining us for morning tea. Meet other residents and find out more about events, programs and services offered here at your local Neighbourhood House. Members of the Lynbrook Residents Association will also be available to chat about more community events and how you can get involved.

🕒 Monday 9 May
10.00 am – 11.00 am
B Bookings essential:
www.trybooking.com/BYLXZ
💰 FREE

Men's Health Week Sausage Sizzle

Get your mates together and join us for a mid-week, casual sausage sizzle in celebration of Men's Health Week. Everyone welcome!

🕒 Thursday 16 June
6.30 pm – 7.30 pm
B Bookings essential:
www.trybooking.com/BYLYS
💰 FREE



Get in touch

- ☎ 03 9792 7370
- 📍 2 Harris Street, Lynbrook
- ✉ lynbrookcc@casey.vic.gov.au
- 🌐 casey.vic.gov.au/lynbrookcc
- 📘 facebook.com/lynbrookcc

Visit us

WE ARE HERE

2 Harris Street
Lynbrook



LYNBROOK COMMUNITY CENTRE



TIS: 131450 (Translating and Interpreting Service)

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