



MANDARA
— SPA —

PLANET HOLLYWOOD SPA
BY MANDARA



Welcome

TO MANDARA SPA

Imagine the mystery of the East meeting the science of the West. Imagine boundaries ceasing to exist. Imagine science and nature dancing together in perfect harmony. And then imagine a spa experience at **Planet Hollywood Spa by Mandara**. Here science and nature; practicality and mystery; beauty and peace are entwined offering an experience as luxurious as it is therapeutic and as magical as it is real.

OUR STORY

The Mandara experience began on the spiritual island of Bali, inspired by the beautiful tradition of healing touches which are so deeply immersed within the culture and passed on from mother to daughter from generation to generation. These time-honored therapies, combined with European methods and natural elements indigenous to Bali, meld together to provide the most unique and indulgent spa treatments.

The name Mandara comes from a Sanskrit legend about the gods' quest to find the secret to eternal youth and beauty. We believe you will unlock the secret when you experience a timeless Mandara moment. Here, time stands perfectly still.



Not sure what to choose?

Throughout this menu, our most well-loved services are indicated with the Mandara symbol.

EXPERIENCES

Every spa treatment can be connected to others so that your treatment becomes a seamless experience of holistic healing and divine indulgence. These experiences can last from 2-6 hours and promise pure relaxation.

CEREMONY OF LOVE

This romantic escape was designed for couples to share an experience in one of our luxurious grand suites. Embark on a private journey together, beginning with a bathing ritual followed by an indulgent full-body massage side by side. Pastries and refreshments will be served during your bathing experience.

1 hour 45 minutes

SUNRISE AWAKENING

Experience the revitalizing benefits of the Mandara Balinese Body Polish followed by a soothing Balinese Massage. Rejuvenate your skin with an Elemis Visible Brilliance Facial.

2 hours 15 minutes *With Classic Spa Manicure and Pedicure.* **3 hours 45 minutes**

NIRVANA ... BLISS FOR A DAY

Bask in the pleasures of a Mandara Hot Stone Massage, then emerge radiant from your Elemis Pro-Collagen Quartz Lift Facial followed by a luxurious and pampering Mandara Hand and Foot Ritual. Treat yourself to a Shampoo and Style and a personalized Make-up Application. Leave feeling refreshed and renewed all over.

5 hours 50 minutes

MEN'S SPA ESCAPE

Soothe overworked and tired muscles with a Mandara Deep Tissue Massage and cleanse and exfoliate deep into the skin's pores with an Elemis Urban Cleanse for Men Facial.

1 hour 50 minutes *With Men's Sports Manicure and Pedicure.* **3 hours**



FACIALS

Experience the ultimate in advance skincare. We offer Elemis, a professional spa-therapy brand that offers clinically-trialed face and body treatments without compromising on indulgence.

ELEMIS TRI-ENZYME RESURFACING FACIAL

This facial is clinically proven to reduce the appearance of fine lines, acne, superficial facial scarring, and uneven skin pigmentation, revealing a renewed level of clarity to the complexion. After just one session, this facial can resurface the skin up to 75% and leave your skin up to 32% smoother.* This superior treatment is further enhanced by a luxurious hand, arm, décolletage and scalp massage.

60 minutes

*Independent Clinical Trials 2006

ELEMIS PRO-COLLAGEN QUARTZ LIFT FACIAL

This anti-wrinkle facial has been independently tested with phenomenal results. Empowered with Quartz micro-crystals and the anti-oxidant properties of other precious minerals, this

treatment is proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment.* It will slow down the visible signs of aging, leaving skin firmer and uplifted. This exceptional therapy includes a hand, arm and scalp massage.

60 minutes

*Independent Clinical Trials 2007

ELEMIS VISIBLE BRILLIANCE FACIAL

Independently tested with revolutionary results, this anti-aging face and eye treatment instantly firms, rejuvenates and plumps up the skin while helping to reduce dark circles. The skin's moisture levels are proven to increase by up to 61% and elasticity by 40% after just one treatment.* Specialized micro-circulatory massage

techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance. This amazing treatment is further enhanced by a luxurious hand, arm and scalp massage.

60 minutes

*Independent Clinical Trials 2004

ELEMIS SKIN SPECIFIC FACIAL

A deep cleansing, active aromatherapy facial for men and women. This facial combines the power of premium grade essential oils to help de-stress and oxygenate the skin cells. Choose from: Herbal Lavender Repair to help heal and balance combination skin types, Exotic Moisture Dew for dry, dehydrated skin, and Fruit Active Glow to revive dull, lifeless complexions.

60 minutes



ELEMIS SKIN IQ FOR MEN FACIAL

Helping to calm irritation and minimize the signs of aging, this facial is the ultimate overhaul for male skin. Incorporating the Time Defence Wrinkle Delay and Time Defence Eye Reviver, this anti-aging treatment protects against the harsh effects of shaving and environmental damage.

60 minutes

ELEMIS URBAN CLEANSE FOR MEN FACIAL

This super-grooming, deep cleansing facial decongests the skin, working overtime to help eliminate blocked pores, rapidly accelerate skin repair, and neutralize impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defense against the damaging effects of daily pol-

lutants, leaving the skin visibly clear and squeaky clean.

60 minutes

LA THÉRAPIE HYDRA-LIFT FACIAL

This individualized, results-driven facial shows instantaneous improvement with no redness or down-time. With the use of galvanic stimuli, active ingredients are propelled into the deepest surface layers of the skin, pre-treating at the cellular level and providing anti-aging benefits for up to six months. This remarkable facial deeply cleanses, enhancing the skin's ability to repair and reduce the appearance of fine lines, wrinkles, sun-damage, blemishes, hyper-pigmentation and scarring. The skin is left smoother, firmer and vibrantly glowing after just one treatment.

50 minutes

MICRO-THERAPY FACIAL

This revolutionary face therapy takes the technology of micro-dermabrasion to another level by using a gentler approach to beautiful skin that will not cause irritation. This treatment non-invasively helps to soften fine lines, reduce skin discoloration, tighten pores, and reduce the appearance of age spots and scarring. When combined with a La Therapie facial, it is as indulgent as it is effective.

50 minutes

Facial Add-Ins

LOOKING TO ENHANCE YOUR FACIAL?

Build-on a Bilberry & Vitamin C Seaweed Task Mask to soothe, rejuvenate and refine the skin or a Breakout-Busting Task Mask to heal and replenish problem skin.

GLYCOLIC/SALICYLIC PEEL UPGRADE

Transform your facial into an indulgent overhaul by adding one of these peels. Depending on your skin type and goals, your therapist will recommend the best peel for you.



MASSAGE

Give yourself the gift of hands-on healing. A massage does so much more than just feel good. It helps your body to eliminate toxins through the lymphatic system, gives your circulatory system a boost of energy, and brings about a state of peace and harmony.

BALINESE MASSAGE

Relax, close your eyes, and float away to a world of tranquility. Utilized for centuries to strengthen and heal the body, this traditional therapy combines stretching, long strokes, skin rolling, and palm and thumb pressure techniques. Flowing and graceful, the Balinese massage relieves tension, improves blood flow, eases stress, and encourages harmony.

50 minutes

SWEDISH MASSAGE

This classical European technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.

50 minutes / 80 minutes

MANDARA DEEP TISSUE MASSAGE

Excessive physical activity can cause deep muscular and joint distress. This massage helps to warm and relax the muscles, improving range of motion. Enjoy before physical activity to increase flexibility and afterward to help the speedy recovery of strained muscles.

50 minutes / 80 minutes

MANDARA FOUR HAND MASSAGE

This is Mandara Spa's signature treatment. Two therapists working on you simultaneously in synchronicity - and serene silence. The ultimate indulgence!

50 minutes

MANDARA HOT STONE MASSAGE

Therapeutic and relaxing, this treatment alleviates stiffness and soreness while restoring energy and balance. The stones' heat, combined with long flowing strokes, relaxes the muscles and has a soothing effect on your emotions. Simultaneously, other stones are placed on your body's energy points, deeply infusing muscles with heat to melt away tension.

50 minutes / 75 minutes

BAMBOO MASSAGE

Imagine warm bamboo shoots of various sizes soaked in essential oils rolling, sliding, and massaging your muscles. Customized to your preference, your therapist will use deep tissue techniques or gentle strokes to soothe the muscles into sweet oblivion.

50 minutes



CHI-REVIVAL FOOT MASSAGE

This ancient Chinese therapy uses pressure point massage on specific energy channels of the feet. Based on the philosophy that the soles of the feet mirror the vital organs within the body, reflexology can release blocked energy that leads to excess fatigue and tension in the body.
25 minutes / 50 minutes

SPORTS MASSAGE

This massage is personalized to focus on the area of your body affected by tension and stress. Special blends of oils are prepared to penetrate your skin and soothe tired and aching muscles. This treatment is designed to increase flexibility, relieve tightness, and improve circulation and recovery time.
50 minutes / 80 minutes

THAI HERBAL POULTICE MASSAGE

This energizing, rhythmic massage utilizes heated and scented herbal poultices applied to the body at pressure points to relax the muscles and release tension. Your therapist then follows with an array of Eastern and Western massage techniques and acupressure movements combined with essential oils that will take your body on an exotic journey of total renewal.
75 minutes

ELEMIS NURTURING MASSAGE FOR MOTHER-TO-BE

Specially designed for mothers-to-be, this massage promotes relaxation, increases circulation, and provides comfort during this wondrous time of change. This treatment helps to relieve tension and alleviate swelling in the hands and feet while uplifting the spirit.

Comfort and safety is ensured with supportive pillows and Japanese Camellia Oil.
50 minutes

COUPLES MASSAGE

What a perfect way to spend time with someone you love. Both of you will enjoy a gorgeously relaxing full-body massage side by side.
50 minutes / 80 minutes

IN-SUITE MASSAGE

Let us bring the spa to you. Allow the power of touch, combined with the healing qualities of aromatherapy, to relax your mind, body and soul in the comfort of your room. All in-suite massages are booked with same gender therapists.

Massage Add-Ons

BATHING RITUALS

Add a 25-minute luxurious bathing experience to any massage or body treatment.

MANDARA BALINESE BODY POLISH

Add a 25-minute exotic body polish to any massage or body treatment.

PROLONG-THE-BLISS

50 or 80 minutes just not enough for you? Add 30 minutes to your massage to prolong the bliss a little longer.

Massage Add-Ins

CONDITIONING FOOT TREATMENT

An indulgent treat for the feet that rejuvenates and revitalizes.

FRANGIPANI NOURISHING HAIR AND SCALP TREATMENT

Restores luster to the hair and scalp and promises unadulterated relaxation.

HOT STONE THERAPY

We use the vitality and energy of heated stones to soothe away stress and relieve muscular tension, aches and pains.

WARMING PARAFFIN TREATMENT

Our paraffin packs stimulate circulation and relieve stiff necks, sore lower backs, and chapped, dry hands or feet. A perfect addition to any massage, skincare or nail service.

BODY THERAPIES

These scrubs, seaweed purees, and detoxifying concoctions will slough away dead skin, detoxify and remineralize the body, and help you tone and firm. Healthful and sumptuously indulgent, most treatments include an invigorating massage.

MANDARA BALINESE BODY POLISH WITH MASSAGE

An exotic ritual to invigorate and bring vitality to the body, your skin will be polished and smoothed to a glow with our uplifting Blood Orange + White Pepper Sugar Scrub or detoxifying Elemis Lime and Ginger Salt Glow, complete with an application of body butter to hydrate the skin. This treatment includes a 25-minute back massage or 50-minute, full-body massage. **50 minutes / 75 minutes**

ELEMIS AROMA SPA SEAWEED MASSAGE

Combining the richness of sea plants and marine algae with aromatherapy, this treatment is deeply detoxifying at all levels for women and men. A warm seaweed body mask containing a synergy of cleansing essential oils is applied to your body before you are cocooned in a comforting wrap. Let your thoughts drift away and relax with a scalp and foot massage while the active ingredients work to detoxify and stimulate your body systems. Choose from Cellutox for detoxification and Musclease to help relieve sore joints and muscular tension. Includes a 25-minute back massage or 50-minute, full-body massage. **75 minutes / 100 minutes**

ELEMIS EXOTIC COCONUT RUB AND MILK RITUAL WRAP

A traditional Balinese recipe with coconut, mungbean, spices and lavender polishes the skin while the sensation of warmed Exotic Frangipani Monoï Oil and Skin Nourishing Milk Bath being drizzled over your body is simply divine. The natural ingredients work to heal while you enjoy a relaxing scalp massage. Includes a 25-minute back massage or 50-minute, full-body massage. **50 minutes / 75 minutes**

ELEMIS EXOTIC FRANGIPANI BODY NOURISH WRAP

Inspired by a Tahitian recipe, this wrap blends fragrant coconut and frangipani flowers to produce monoï oil, a scented oil traditionally used by Polynesian women to protect and condition their



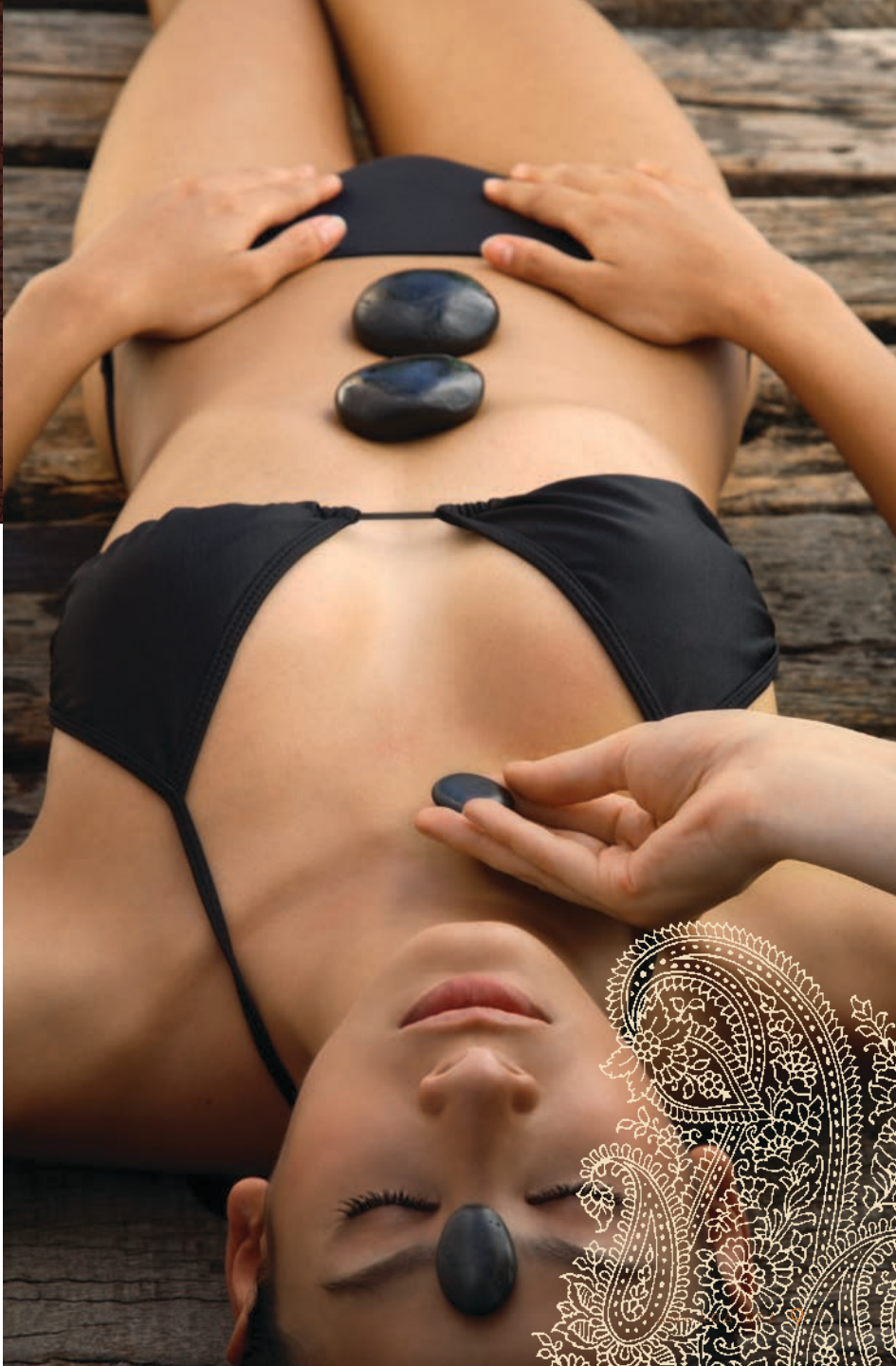
bodies from environmental stressors. We anoint your body with this warm, rich and creamy formula before you are cocooned in a comforting wrap while you enjoy a conditioning scalp massage. Includes a 25-back massage or 50-minute, full-body massage.

50 minutes / 75 minutes

FUN IN THE SUN

Enjoy an invigorating exfoliation treatment followed by an application of our sunless tan crème for a delicious bronzed glow on the face and body. We promise not to tell. Perfect for both women and men.

50 minutes



BEAUTY SALON

Shining hair and groomed hands and feet are a reflection of your inner health and beauty.

FRANGIPANI CONDITIONING HAIR AND SCALP RITUAL

We use rich Exotic Frangipani Monoi Oil, legendary for its ritual uses in Tahiti. After cleansing your hair, we massage the scalp with this precious ingredient and wrap the hair in a warm towel to ease away stress and give the hair a vibrant, healthful shine. Add this treatment to any hair service.

25 minutes

MANDARA RITUAL FOR THE HANDS AND FEET

What could be more sumptuous than having both your hands and feet treated with heavenly indulgence? In this ritual, they will enjoy an invigorating cleansing, exfoliation and massage followed by a traditional manicure, pedicure and polish!

2 hours

FIRE & ICE MANICURE AND PEDICURE

Your nails are one of your most of important accessories, so keep them beautiful with this invigorating manicure and pedicure that will warm your spirit and cool your stress. Using a combination of therapeutic cooling gels and the warmth of massage using a heated stone, your skin will be smoother and your nails will be nourished and polished to perfection.

manicure 50 minutes
pedicure 60 minutes

SHELLAC MANICURE AND PEDICURE

No drying time. No chipping. No smudging. This tough as nails treatment uses a Shellac coating instead of regular polish, resulting in tremendous shine, depth of color, and perfect finish. It provides excellent wear and comfortable protection for up to 14 days.

manicure 45 minutes
pedicure 60 minutes



HAIR SERVICES

- Hair Conditioning Treatment
- Shampoo and Style *includes blow dry*
- Hair Cut and Style *includes blow dry*
- Children's Hair Cut *includes blow dry (12 and under)*
- Bang Trim
- Special Occasion Hair Design
- Partial Highlighting or Low Lighting *includes blow dry*
- Full Highlighting or Low Lighting *includes blow dry*
- Color & Shine
- Color Correction
- Color Touch-up

NAIL SERVICES

- Mandara Hand Ritual
- Mandara Foot Ritual
- Classic Spa Manicure
- Classic Spa Pedicure
- Acrylic Full Set
- Acrylic Fills
- Pink & White Full Set
- Pink & White Fills
- Nail Repair
- French Polish
- Polish Change
- Aromatherapy Paraffin Infusion Treatment
- Sculptured or Silk Removal
- Shellac Removal
- Shellac Enhancement Upgrade

WAXING SERVICES

- Brow Sculpting
- Nose or Ear
- Lip or Chin
- Full Face
- Full Leg
- Half Leg
- Underarms
- Full Arm
- Half Arm
- Basic Bikini
- Bikini Plus
- Brazilian
- Back
- Men's Chest
- Stomach

GROOMING FOR HIM

- Men's Sports Manicure
- Men's Sports Pedicure
- Men's Hair Cut and Style
- Men's Color
- Moustache, Beard and Eyebrow Trim

MAKE-UP ARTISTRY

- Make-up Application
- Special Occasion Make-up Consultation
- Special Occasion Make-up Application
- Temporary Eyelash Enhancements

SPA TIPS

HOURS OF OPERATION

Spa and Salon 7am – 7pm
Fitness Center 6am – 7pm

RESERVATIONS

To schedule treatments you may call our spa directly from a hotel phone by dialing **55772** or **702-785-5772** from outside of the hotel. We accept most major credit cards and recommend pre-booking your services although we do welcome walk-ins and will do our best to accommodate you.

MINIMUM AGE REQUIREMENTS

Spa guests are required to be 18 years or older to receive treatments or utilize the spa and fitness facilities. Guests under 18 receiving a teen or kid treatment must be accompanied by a parent or guardian. Swimsuits are required. For further details, please see our teen and kid spa menu.

CANCELLATION POLICY

We require a credit card for all appointments and at least 4 hours' notice for cancellation or rescheduling to avoid being charged the full price for your treatments.

PURCHASE POLICY

You can exchange unopened products within 14 days of purchase if you have a receipt. We cannot exchange any opened products.

SERVICE CHARGES

For your convenience, a 20% service charge will be automatically added to your final

bill. Additional gratuity for exemplary service is discretionary. Prices and services are subject to change without notice.

FITNESS

The Fitness Center offers cardiovascular and strengthening equipment. Fitness facilities are available for ages 18 and up.

TREATMENT TIME

Please arrive at least 30 minutes prior to your scheduled appointment so you can relax and make full use of the facilities. Regretfully, if you are late for an appointment, we may need to shorten your treatment time to be on schedule for the next guest. To keep the serenity of the spa, we ask you turn off your mobile phone and electronic devices upon arrival.

VALUABLES

For the safety of your valuable items, we suggest you leave all jewelry and money in the safe provided in your hotel room. The spa will not assume any liability for valuables.

PETS

In consideration of other guests, the spa is a pet-free zone.

KEEP IN TOUCH

Make taking care of your skin, body and hair part of your daily ritual and visit us at timetospa.com. Here you may repurchase your skin, body and hair care products as well as read our inspiring articles, find some delicious healthful recipes, and be privy to our special offers.

Special Services

THE GIFT OF MANDARA

Gift cards are available for all services, spa packages, or a dollar amount. Gift cards are packaged in an attractive envelope ready for presentation.

WEDDING DAY MAKE-UP AND STYLING

Your special day requires special attention. Allow us to tailor our services to create lasting memories for you and to meet the needs of your wedding party. Prices vary by season and wedding party size.

SPA GROUP EVENTS

If you are bringing a group to stay at **Planet Hollywood Resort & Casino**, don't forget to pre-plan spa arrangements for your guests. Our Spa Group Coordinator will be happy to ensure your spa appointments are scheduled and that you and your group are completely indulged. Please call us at **702-785-5772** to find out about our group programs.





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