



JULY 16-19, 2017
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The 5th Annual CORE

Clinical Overview of the Recovery Experience



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C4 RECOVERY FOUNDATION CONFERENCE

WELCOME TO THE

5TH ANNUAL CORE

CLINICAL OVERVIEW OF THE RECOVERY EXPERIENCE

JULY 16-19, 2017

C4 Recovery Foundation (C4) is honored to welcome you to the 5th Annual Clinical Overview of the Recovery Experience (CORE). C4 is a non-profit organization whose mission is to promote long-term recovery solutions and improve the accessibility and overall quality of addiction treatment. In addition to CORE, C4 also offers four other premier addiction events — the Cape Cod Symposium on Addictive Disorders (CCSAD), the West Coast Symposium on Addictive Disorders (WCSAD), the Evolution of Addiction conference, and the Addiction eXecutives Industry Summit (AXIS). We invite you to explore our array of educational opportunities.

CORE highlights the critical importance of providing individualized treatment and presents new options for productively integrating useful clinical tools into a larger recovery-oriented treatment culture while maintaining passion for delivering advanced behavioral, addiction, and therapeutic services.

The Founding Patrons and C4 developed CORE to be an opportunity for addiction professionals to advance the principles of client-centered treatment with a strong clinical foundation as well as to be a forum to increase the collective understanding of the full continuum of recovery processes, including 12 step recovery. Our goal is to improve outcomes by better integrating personalized evidence-based treatment services that allow individuals, families, and professionals to choose the most appropriate treatment.

We offer a special debt of gratitude to our Founding Patrons and Collaborators, as well as our Title, Platinum, Gold, and Silver Patrons, who with their generous support and underwriting, allow us to continue to offer an exceptional educational experience and provide the best return on your investment of time, energy, and money.



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JOIN US AT THESE UPCOMING
C4 RECOVERY EVENTS

core

Clinical Overview of the Recovery Experience
AMELIA ISLAND, FL // JULY 16 - 19, 2017



ccsad

Cape Cod Symposium on Addictive Disorders
HYANNIS, MA // SEPTEMBER 14 - 17, 2017



axis

Addiction eXecutives Industry Summit
PONTE VEDRA, FL // MARCH 4 - 7, 2018



wcsad

West Coast Symposium on Addictive Disorders
LA QUINTA, CA // MAY 31 - JUNE 3, 2018



evolution

Evolution of Addiction Treatment
LOS ANGELES, CA // COMING IN 2019



WWW.C4CONFERENCING.COM

Sunday – Monday

Sunday, July 16, 2017



Register online for the golf tournament at www.core-conference.com.

Join us for a fantastic networking opportunity at the beautiful Ocean Links Golf Course. Renowned golf architects, Pete Dye and Bobby Weed collaborated to design this truly picturesque course. With five holes running directly parallel to the Atlantic shoreline, Ocean Links not only offers breathtaking views, but challenging play as well. Featuring narrow fairways and perpetually shifting coastal winds, the course demands stern concentration and pinpoint accuracy. At par 70, this 18-hole 6,200-yard course also features 10 holes that wander through coastal lagoons and marsh wetlands. Enjoy a special CORE golf rate of only \$150 per 18 holes. All skill levels are welcome!

Tournament Title Patrons



7:30 AM

Hospitality Area Opens – Exhibit Area #32

Coffee and Tea Available All Day
Hosted by BRC Recovery



6:30 AM – 7:45 AM

Golf Breakfast provided on Course

7:45 AM – 1:00 PM

Golf Tournament

11:00 AM

Registration Opens

5:30 PM – 6:45 PM

Hors d'oeuvres Reception

Hosted by Infinity



Opening Reception 5:00 PM – 6:30 PM



Please come celebrate the opening of the 5th Annual CORE conference with a delicious hors d'oeuvre reception in the Magnolia Ballroom and Exhibit Hall hosted by Infinity Behavioral Health.

Schedule of Events

Opening Plenary: 6:30 PM – 8:30 PM

199. From Sobriety to Recovery: Quenching the Thirst for Wholeness

Rokelle Lerner |  Supported by Crossroads Centre Antigua

Level of Instruction: All

The thirst for alcohol can be compared to men and women's thirst for wholeness and a hunger for the sacred. One often self-medicates in an effort to escape the present moment, numb their pain or avoid the "void" in their soul. In order to experience the miracle of recovery addicts need practical tools that will allow them to nourish their spirit and show up for their lives. This lecture will explore the topic of mindfulness and compassion in recovery and offer tools that will allow recovering addicts to embrace their birthright of serenity and wellbeing.

Monday, July 17, 2017

7:00 AM – 8:00 AM Open 12 Step Meeting in Amelia 4

7:30 AM

Hospitality Area Opens – Exhibit Area #32

Coffee and Tea Available All Day

Hosted by BRC Recovery



7:30 AM

Registration Opens

7:30 AM – 8:30 AM

Breakfast in the Exhibit Hall

Monday Morning Plenary: 8:30 AM – 10:00 AM

200. Treating Chronic Pain During the Opioid Epidemic

Mel Pohl, MD, DFASAM |  Supported by Las Vegas Recovery Center

Level of Instruction: All

Chronic Pain occurs as a complicated web of emotions and physical symptoms. The most common way to treat pain is to use opioid medications, which actually complicate the course of chronic pain. For some individuals who develop dependence/ addiction to these medications, management and treatment for their condition can become much more complicated. This session will review the interactions of pain, suffering and addiction as they interface in your clients with suggestions for intervention and treatment.

Morning Break in the Exhibit Hall: 10:00 AM – 10:45 AM

Monday Mid-Morning Workshops: 10:45 AM – 12:15 PM

210. PsychoNeuroPlasticity and Addiction Recovery

Barbara Peavey, PhD and Laura Martinez, LCDCI |  Supported by Origins Behavioral Healthcare

Level of Instruction: Introductory/Intermediate

Principles and practices of psychoneuroplasticity in addiction treatment will be explained. Intentionally adding dimensions of brain health will be explained, as well methods of brain training to help heal, enliven, and direct the brain will be covered.

211. Conquering Compassion Fatigue & Burnout: Build Resilience, Intervene with Passion, Make an Impact

Margaret Nagib, PsyD |  Supported by Timberline Knolls

Research indicates that some level of compassion fatigue is normal and inevitable in the helping fields. This presentation will provide education on the nature of compassion fatigue, burnout, and secondary trauma; describe the importance differences between the three and help the practitioner build resilience preserving passion and maximizing impact.

Monday

212. Impact of Integrative Health on Addiction Treatment

Philip Hemphill, PhD, LCSW |  Supported by Lakeview Health

Level of Instruction: Intermediate

The impact of Integrative Health in addiction treatment requires the identification and treatment of both behavioral and medical conditions. This process involves screening, consultation, and intervention in a coordinated manner that promotes health and wellness. The importance of creating strategies for increasing both patient and staff literacy with a phased in activation will be presented with case examples. Data from this process of implementation will be provided for discussion as well as a model of care. Finally, an assessment of your organizations readiness with fidelity scales will be provided for enhanced commitment to patient care.

Monday Luncheon: 12:15 PM – 1:45 PM

250. Internet Addiction: Epidemiology, Etiology, and Treatment Considerations

David Greenfield, PhD, MSCP

Level of Instruction: Intermediate/Advanced

This workshop will attempt to address the theory, research, and clinical/treatment issues associated with Internet Addiction and Internet Use Disorder. There will be an introduction to the etiology, neurobiology, epidemiology and clinical/treatment implications of managing this growing process-addiction. We will also discuss some of the broader psychosocial and neurobehavioral aspects of the Internet as a mood-altering behavior and how the unique characteristics of the Internet promote compulsive use and addictive patterns. We will also discuss the specific addictive aspects of the Smartphone, along with distracted driving. Time permitting, we will review treatment strategies; Q&A.

Monday Early Afternoon Workshops: 2:00 PM – 3:30 PM

251. Addiction Interaction Disorder and Relapse

Eric Webber, MA, CADC, ASAT, CCPG |  Supported by Caron Treatment Center

Level of Instruction: Intermediate

This presentation provides a general examination of addiction interaction disorder and the specific impact on the relapse process. Behavioral addictions such as sex addiction, gambling disorder, and workaholism will be examined in some detail, while broader looks at food/eating, technology, and money issues will also be included. A review of the ASAM definition of addiction, how various behavioral addictions fit this definition, and a discussion of their manifestations will lead into a discussion of how the addiction interaction process leads to a process of return to chemical use. Discussion will also focus on the interaction of chemical use and behavioral addictions in active addiction in the areas of replacement, fusion, ritualization, cross tolerance, and alternating cycles. A look at assessment and treatment approaches in various levels of care will close the training. Some of the assessments to be discussed will be the SOGS, GA20, Lie/Bet Questionnaire, SAST and SDI.

252. Motivational Interviewing in the Treatment of Substance Use Disorders

Peter Musser, MD |  Supported by Ashley Addiction Treatment

Level of Instruction: Introductory/Intermediate

This workshop will introduce participants to the theoretical basis and tenets behind Motivational Interviewing (MI), a humanistic, client-centered intervention style based on the Transtheoretical Model (stages of change) of behavior change. Dr. Musser will compare pre-existing theoretical models and how MI techniques can enhance interventions to facilitate behavior change in sometimes resistant clients. He will also discuss strategies for incorporating MI among diverse client populations and issues.

Schedule of Events

253. Evolving Landscape of Adolescent Addiction Treatment

Ronald Porterfield, LPC-MHSP, NCC & Mr. Caleb Vogtner, MA |  Supported by Cumberland Heights
Level of Instruction: Introductory/Intermediate

The primary focus on this presentation is treating addicted adolescents. The presenters will draw from years of experience in working with this population in a residential setting. The content of which will include: current trends in substance abuse, the impact of today's technology culture (social media, smart phones, gaming), strategies to connect with the adolescent, developing therapy groups that engage the teen, successful implementation of Twelve Step fundamentals that can be grasped by the teen, addressing co-occurring issues such as grief, trauma, depression and anxiety, interventions that include the family and the community and counseling with strategies to support long-term recovery.

Afternoon Break in the Exhibit Hall: 3:30 PM – 4:15 PM

Monday Late Afternoon Workshops: 4:15 PM – 5:45 PM

275. Trauma, PTSD, EMDR, and the Mind: Use of the Grief Model in Healing Traumatic Experiences

Cynthia Westcott MA, BS, LCSW |  Supported by Onsite
Level of Instruction: Introductory/Intermediate

Based on the work of Bessel van der Kolk, Peter Levine, Robert Schear, Lorie Dwinell and Jane Middelton Moz, and others, we will explore 1. How traumatic experiences as well as grief and loss are registered as psychological injury and encoded in the brain in a similar fashion; 2. How the 'stages' of grief effectively describe the subjective experience of feeling, emotional, and cognitive states as an individual grieves a variety of usual and unusual life experiences; 3. What internal and external support and anchoring is most helpful or even necessary for successful grieving to occur.

276. The Female Brain: Implications for Recovery

Jeff Georgi, MDiv, MAH, LPC, LCAS, CCS, CGP |  Supported by Lakeview Health
Level of Instruction: Introductory/Intermediate

This presentation will provide an overview of the emerging information that identifies the unique aspects of the female brain and the significance of limbic resonance giving a biological foundation for the relational nature of treatment and recovery. Specific attention will be given to both the strengths and vulnerabilities of women with substance use disorders. Despite the growing attention to gender sensitive treatment, far too many models of treatment still find their theoretical foundations in the male experience. However, the field is changing. Utilizing the works of Louann Brizendine, M.D., Nancy Andreasen, M.D., PhD, Robert Sapolsky, PhD, and other important neuroscientists, participants will review the neuro-hormonal aspects of the female brain. Special attention will be given to the neurological impact of a woman's dynamic hormonal changes throughout her life cycle and the ramification of these changes for her treatment and sustained recovery.

277. Integrating a Wellness Model in Addictions Counseling

Devona Stalnaker-Shofner, EdD, LPC & Melissa Chickering, MLADC, LCMHC
Level of Instruction: Introductory, Intermediate

Wellness is an integral part of the counseling profession. As such, incorporation client wellness into a recovery plan is vital. This workshop focuses on how to integrate wellness as a part of a recovery plan and overall treatment utilizing Myers and Sweeney's (2005) Indivisible Self Wellness (IS-Wel) Model. In doing so, this offers a more holistic approach to addictions treatment and extends the recovery model beyond a mere focus on abstinence and change to include key lifestyle and personal factors that can be essential elements to sustaining recovery.

Monday – Tuesday

6:00 PM – 7:30 PM **Tennis Tournament**

8:00 PM – 9:00 PM **Tennis Dinner & Division Finals**



Join us for a fantastic networking opportunity at our very first CORE tennis tournament! You do not need prior tennis experience for this event. For people with little experience, we will have professionals on the court to teach the basics of tennis and how to have fun doing it. There will be three different divisions based on skill level. All levels are welcome!

Enjoy a special CORE tennis rate of only \$60 with an included dinner. You may also purchase a dinner only ticket (dinner starts at 8:00 PM) for \$40 and watch the finals of the tennis event. If you don't want to play come out and cheer on (or heckle) your fellow conference attendees!

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Tuesday, July 18, 2017

7:00 AM – 8:00 AM **Open 12 Step Meeting in Amelia 4**

7:30 AM

Hospitality Area Opens – Exhibit Area #32

Coffee and Tea Available All Day
Hosted by BRC Recovery



7:30 AM

Registration Opens

7:30 AM – 8:30 AM

Breakfast in the Exhibit Hall



Schedule of Events

Tuesday Morning Plenary: 8:30 AM – 10:00 AM

300. Opioid Antagonist Therapy

Chapman Sledge, MD, FASAM |  Supported by Cumberland Heights

Antagonist therapy is a useful adjunct in the treatment of opioid addiction. Opioid antagonists are lifesaving in the face of overdose, and ongoing treatment with opioid antagonist medication can improve outcomes in conjunction with psychosocial treatment. The basic pharmacology at the Mu opioid receptor will be reviewed regarding agonists, partial agonists, and antagonists. Selection of appropriate candidates for opioid antagonist therapy will be addressed, as will different modes of delivery of the drug. Adverse effects of antagonist therapy will be reviewed, and the efficacy of this treatment modality will be examined.

Morning Break in the Exhibit Hall: 10:00 AM – 10:45 AM

Hosted by Infinity Behavioral Health Services



Tuesday All Day DBT Workshop: 10:45 AM – 5:45 PM (with normal conference lunch/breaks)

399. DBT Application to Co-Occurring Mental Health and Addictive Disorders

Eric Schmidt, MSW, MBA and Jordan Harmon, MSW |  Supported by New Roads Behavioral Health
Level of Instruction: Intermediate

DBT, a cognitive behavioral treatment originally developed to treat borderline personality disorder and suicidality, now is evidentially proven effective for a wider range of disorders such as substance dependence. DBT can be successful in reducing self-injury, suicidal behavior, psychiatric hospitalization, treatment dropout, substance use, resentment, loathing, and depression.

Practitioners must possess multiple skills and styles in order to effectively apply DBT. This training seeks to introduce attendees to some of cornerstone techniques and concepts. Participants of this interactive training will receive a brief and general introduction to DBT.

Tuesday Mid-Morning Workshops: 10:45 AM – 12:15 PM

310. Using Acceptance Commitment Therapy (ACT) as an Initial Intervention in a Residential or Outpatient Drug and Alcohol Treatment Setting

Joseph Troncale, MD, DFASAM |  Supported by Retreat Premier Addiction Treatment Centers
Level of Instruction: Intermediate

Acceptance Commitment Therapy (ACT) has been shown to be useful in the treatment of addictive disorders. The cornerstones of ACT include principles of mindfulness, remaining open to new ideas and moving toward one's values rather than escaping one's feelings. In short, accepting feelings rather than escaping them and moving toward values rather than toward suffering define the goals of this type of behavioral therapy. Introducing patients to these principles can be done early in drug and alcohol treatment and set the tone for ongoing therapy. This workshop will demonstrate practical techniques that can be used in any therapeutic setting.

311. A Recovery Model of Working with Families

Melinda Drake, MSW |  Supported by Canyon at Santa Monica
Level of Instruction: Intermediate/Advanced

A Recovery Model Approach of Working with Families in Addiction begins with understanding where the family is: understanding the patient and family members for need and readiness to accept changes in their lives; group sessions to help the family to realize that their experiences and feelings are not unique and that they can set healthy boundaries for themselves; structured intervention to allow participants, with the support and guidance of a trained clinician, to share how the addiction-related behaviors have impacted their relationship; informal interaction with other family members (While this element may seem inconsequential we believe that it is a vital element for success. When family members share intimate information with one another they are more apt to trust and bond.); and Relapse Prevention Planning to assist the family to generalize lessons learned in the program.

Tuesday – Wednesday

Tuesday Luncheon: 12:15 PM – 1:45 PM

350. The Trauma Heart: Stories of Survival and Hope

Judy Crane, MA, LMHC, CAP, ICADC, CSAT-R | [Supported by The Guest House Ocala](#)
Level of Instruction: Intermediate/Advanced

I was born in October 1945 and I'm pretty sure I was responsible for the Atomic Bomb. So much emanates about me from that opening line. Do the math I'm 71, I seem to recognize that I carried enormous guilt. What could be bigger than the atomic bomb? And I must have some resilience or coping skills because I can make light of something that sounds so huge. And perhaps you can infer that I have a strong sense of self because I can share that with an audience. What do the stories of our clients tell you about them, their families and perhaps about you. This presentation will offer the stories and the work of past clients, their families, their therapists and the therapeutic processes that provide a road to healing. It will provide therapeutic modalities that may be useful in your own practice.

Tuesday Early Afternoon Workshops: 2:00 PM – 3:30 PM

351. Lost: Providing a Compass for Families

Adrian Hickmon, PhD, MEd, LPC-S, LMFT-S, LADAC, CSAT-S, CMAT-S | [Supported by Capstone](#)
Level of Instruction: Intermediate

Families and other support systems often become part of the collateral damage of addiction. Individuals who love an addict often experience feelings similar to those of their loved one who is addicted. These feelings include hopelessness, fear, hurt, shame, anger, sadness and guilt. The focus of treatment providers is often focused solely on the individual in need of treatment. Meanwhile, the family may be left struggling with pain and confusion with insufficient tools, no guidance, and ample amounts of fear and resentment. The whole process of recovery can be bewildering and frustrating to the inexperienced. Addiction professionals must stand ready to accept the call for help from loved ones, not only to guide the recovery process for the addict, but also to provide guidance and help for the loved ones.

352. Sober and Happy

Stefan Bate, MA, LAC | [Supported by Jaywalker Lodge](#)
Level of Instruction: Introductory/Intermediate

It is now universally recognized that medical detox and primary care treatment are only the beginning for people seeking long-term addiction recovery. Countless studies have proven the efficacy of extending the treatment continuum beyond the traditional 28-day in-patient experience. While improving recovery rates is good, miraculous even, I pose the following question: is it good enough? Is the best we can hope for in the field of continuing care to help clients maintain their recovery? Helping people in early recovery stay clean is good, but it isn't good enough. Incorporating core life skills education, life coaching techniques, along with traditional recovery support services, into continuing care treatment programs will not only help clients stay in recovery longer but will also give them the tools and support they need to begin to build a life of their dreams.

Afternoon Break in the Exhibit Hall: 3:30 PM – 4:15 PM



Schedule of Events

Tuesday Late Afternoon Workshops: 4:15 PM – 5:45 PM

375. Nation Taken Hostage

Heather R. Hayes, MEd, LPC, CIP, CAI |  Supported by Heather R. Hayes and Associates

Level of Instruction: Introductory/Intermediate

Heather Hayes utilizes her thirty plus years of experience as a Clinician, and sixteen years as a Hostage Negotiator and Psychological Profiler, to liken addiction to terrorism. By reviewing tactical protocol used in infamous hostage situations of the past; Hayes lays the framework that rhetorically encourages viewing addiction as a terrorist, and emphasizes the hard-hitting philosophy of “zero acceptable losses.” By providing solution based strategies, we turn our efforts from an ineffective offense, to a strategic, grass roots defense. With these methods, we can RESIST, and begin taking back our communities, one family system and human being at a time.

376. All Bets Are Off: An Overview of Female Compulsive Gamblers

Josephine Tynes, MSW, ICGC-II |  Supported by Caron Foundation

Level of Instruction: All

This workshop will explore the individual needs of female problem gamblers in a therapeutic setting. Information regarding demographics, presenting problems, specific needs and barriers will be explored during the presentation. Specific attention will be paid to identification of female problem gamblers, as well as interventions and appropriate treatment for this population. Furthermore, an overview of characteristics, diagnostic indicators and problems specific to women presenting with compulsive gambling issues will be provided. Case studies will be presented to enhance understanding of the problems and barriers to treatment associated with female problem gamblers.

Tuesday Evening Plenary: 6:00 PM – 7:30 PM

380. Recovery is Cheap, Relapse is Expensive: Reducing Behavioral Healthcare Costs in Emerging Adult Populations

Andrew Burki, MSW |  Supported by Life of Purpose and Young People in Recovery

Level of Instruction: All

We find ourselves facing an unprecedented challenge in the history of modern substance use disorder treatment. The efficacy and value of clinical care is under widespread attack. This panel will discuss root causes for the current landscape and present viable solutions to the systemic issues facing clients, their families, insurance providers, and treatment professionals. As part of the discussion we will review improving best practice through the establishment of recovery capitol in conjunction with clinical and outpatient services; discuss the utilization of medication assisted treatment in abstinence based clinical models; and develop a macro level understanding of the relationship between behavioral healthcare costs and the efficacy of treatment episodes.

Wednesday, July 19, 2017

7:00 AM – 8:00 AM **Open 12 Step Meeting in Amelia 4**

7:30 AM **Hospitality Area Opens – Exhibit Area #32**

Coffee and Tea Available All Day
Hosted by BRC Recovery



7:30 AM **Registration Opens**

7:30 AM – 8:30 AM **Breakfast in the Exhibit Hall**

Wednesday

Wednesday Morning Plenary: 8:30 AM – 10:00 AM

400. Bridging Divides: An Emphasis in Client Centered Care and Feminist, LGBTQ, and Atheist Populations

James Yoxall, MA, CSC and Leta Herrington, D Min, LPC, MAC |  Supported by Pavillon Treatment Center and The Center for Dependency, Addiction and Rehabilitation (CeDAR)

Level of Instruction: Introductory/Intermediate

This workshop presents resources, approaches, and clinical philosophy for best practices in addressing the spiritual care of patients and families affected by addiction, being sensitive to the difficulties that particular populations have including questions of gender, sexual identity, culture, and religion. Each of the presenters is experienced in providing patient-centered spiritual care in residential addictions treatment to diverse populations.

Present treatment of use disorders has developed significantly since 1939 and the publishing of the historic “Big Book” of Alcoholics Anonymous. At the same time, the ‘grass roots’ recovery community remains an important resource sought out by many individuals and families during and after formal treatment. The historical distance from founding documents is one source of tensions between clinical practice, the recovery community, and individuals and families seeking help. Questions are raised by persons representing different stances that can feel excluded or typecast by the historic recovery frame of reference.

Wednesday Morning Break: 10:00 AM – 10:30 AM

Closing Plenary: 10:30 AM – 12:00 PM

401. Process Addictions and the LGBT Community: Diverse Community, Diverse Treatment Jeff Zacharias, LCSW, CSAT, CAADC

Process addictions—addictions based on an activity or behavior such as gambling, shopping, watching porn, internet surfing and eating disorders—are becoming more prevalent in the addiction community. Equally as debilitating, if not more so than more common addictions such as alcohol and drugs, evidence-based practices suggest it’s not enough to treat these addictions one at a time but rather simultaneously in order to provide an individual with stronger longer lasting recovery. For the LGBT community, there exists a diversity of issues which often complicate the treatment process—trauma, co-occurring mental illness and attachment—and for this reason there exists a need to diversify the treatment process in order to achieve long lasting recovery.



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Faculty Biographies



Stefan Bate MA, LAC holds a master's degree in applied psychology and is a licensed addiction counselor in Colorado. In his professional career Stefan has served as a counselor, program manager, and executive director. Currently Stefan is the Chief of Clinical Operations at Jaywalker Lodge.



Andrew Burki, MSW is the founder and CEO of The Life of Purpose Group, an academically focused comprehensive continuum of care offering treatment for substance use disorders. Facilities are located on or in close proximity to college campuses, with locations in Florida, Texas, Tennessee, and opening soon in New Jersey. Andrew was inspired to open treatment facilities to help clients whose education was disrupted due to substance abuse after his own education was derailed by his substance use disorder. Andrew is a person in long-term abstinence based recovery since 2001. Andrew holds a Master in Social Work degree from Florida Atlantic University and is a macro level social worker. He is a member of the Young People in Recovery national board as well as a board member of The Bridge Way School in Philadelphia, which is a recovery high school. Andrew is also a member of the Florida Sober Homes Taskforce and a recipient of the Association of Recovery Schools Recovery Philanthropist of the Year award for 2015. Andrew served on the Office of National Drug Control Policy Advisory Board under the last administration.



Melissa Chickering, MLADC, LCMHC is a dually licensed clinician (LCMHC, MLADC) in the state of New Hampshire. She received her master's degree in Clinical Mental Health Counseling with a concentration in Substance Abuse Counseling from Antioch University New England in 2006, where she now serves as the Director of Practica and Internships and Clinical Faculty. Melissa has 15 years of experience in the fields of counseling, supervision, education, and program development. She specializes in working with adolescents with addictions, trauma, and Oppositional Defiant Disorder.



Judy Crane, MA, LMHC, CAP, ICADC, CSAT has over 3 decades of experience. She earned her B.A. at Rutgers, M.A. from New York Institute of Technology and is a specialist for healing trauma and PTSD. Judy believes that persistent addictions, chronic relapse and repetitive self-sabotage are often the result of unresolved trauma.



Melinda Drake, LCSW (CA, MY & HI), LISW CP & AP (SC) is the Director of Insight Health & Wellness, was the joint director of The Canyon at Santa Monica and Encino. She earned her MSW in 1997, doctorate in business administration in 2000 and MA in computer resources and information management in 2003.



Jeff Georgi MDiv, MAH, LPC, LCAS, CCS, CGP has provided substance abuse treatment to patients and families for over 35 years. He remains at Duke University Medical Center in the Division of Addiction Research and Translation where he developed a SUDs program for women and their children. FROM Jeff has provided substance abuse treatment to patients and families for more than 35 years. He remains at Duke University Medical Center as a Consulting Clinical Associate in the Division of Addiction Research and Translation where he developed a SUDs program for women and their children. Jeff and his wife, Becky are providing South Carolina with an integrated, science-based definition of addictive disease yearlong training in Modified Interpersonal Group Psychotherapy. Jeff has served as Co-chair and panel member on three Treatment Improvement Protocols supported by SAMHSA.

Faculty Biographies



David Greenfield, PhD is founder of The Center for Internet and Technology Addiction and Assistant Clinical Professor of Psychiatry, at The University of Connecticut School of Medicine. He is recognized as a leading authority on Internet, Smartphone, and Technology Addiction and behavior.



Jordan Harmon, MSW received his MSW from the University of South Carolina. He has been intensively trained in dialectical behavioral therapy (DBT) and acceptance and commitment therapy (ACT). Under Jordan's care, clients heal, gain relevant skills, and move forward toward their life worth living.



Heather Hayes, MEd, LPC, CIP, CAI is founder and CEO of Heather R. Hayes & Associates. She is a Master's Level, Licensed Counselor, and Board Registered Interventionist (CIP). Hayes received her MEd from Antioch University in Counseling Psychology. With over 30 years of experience, she is a veteran of the behavioral health field, specializing in the treatment of adolescents/young adults, trauma, brain disorders, complex mental health issues, and the full spectrum of addictive disorders. Hayes is known as one of the most prominent authorities on these topics, and has been a featured expert for The New York Times, CNN, and The Dr. Oz Show.



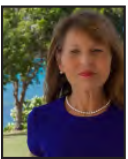
Philip Hemphill, PhD, LCSW is the Chief Clinical Officer of Lakeview Health, a premier addiction treatment facility where he is responsible for planning, organizing, implementing, and directing all of the company's behavioral health services. He has practiced and taught in the field during the past 27 years.



Leta Herrington, D Min, LPC, MAC is the Director of Spiritual Care at The Center for Dependency, Addiction and Rehabilitation (CeDAR). She has worked to develop an approach and curriculum that addresses patient distorted and/or destructive belief systems as well as ways of recognizing and accessing Higher Power/Help. Leta is member of Spiritual Care Addiction Treatment Professionals.



Adrian Hickmon, PhD, MEd, LPC-S, LMFT-S, LADAC, CSAT-S, CMAT-S served as a Professor of Marriage and Family Therapy in the Marriage and Family Master's Program at Harding University from its beginning in 1993 until 2013, where he now teaches classes on addictions and trauma as an adjunct professor. In 2001 he founded Capstone Treatment Center in Searcy, Arkansas, where he now serves as the CEO. In that time Capstone has grown from an 8 member team to 60 full-timers today and has worked with over 1000 families from all across America. Hickmon holds a PhD in Marriage and Family Therapy from Virginia Tech and a MA in Substance Abuse Counseling from NE Louisiana University. He is a Licensed Professional Counselor, a Licensed Marriage and Family Therapist and a Licensed Alcohol and Drug Abuse Counselor. Dr. Hickmon has over 25,000 hours of therapy and supervision-of-therapy experience. His specialized credentials include; CSAT-S, EMDR I, CMAT-S, CTT (Certified Trauma Therapist), and AAMFT-S. Dr. Hickmon developed the Core Model of therapy which focuses on chemical and process addictions and compulsions, trauma, attachment, relationship intimacy within the family and their core underlying issues. He has presented internationally on these topics.



Rokelle Lerner is the Senior Clinical Advisor for Crossroads Centre Antigua. For the past twenty-one years Rokelle has facilitated Spring Recovery Workshops in London, UK. She is co-founder of Children Are People, a national organization dealing with high-risk children from chemically dependent families. Rokelle has authored many articles and books including: *The Object of My Affection is in My Reflection: Coping with Narcissists*, *Affirmations for Adult Children of Alcoholics* and *Living in the Comfort Zone: The Gift of Boundaries in Relationships*.

Faculty Biographies



Laura Martinez, LCDCI is the Director of Neuroplasticity where she assists patients with brain transformation. She attained her degree in Psychology & Neuroscience. She worked as a research associate for the Neuroscience labs of Texas A&M. Laura co-authored the book *Neuroplasticity Protocols in Addiction*. FROM Laura serves as the Director of Origins Behavioral Healthcare where she is able to assist patients with brain transformation. She attained her degree in Psychology and Neuroscience from Texas A&M University. Afterwards, she spent years examining the effects of lead on prolonged drug use in neuroscience research labs. Laura went on to attain her license chemical dependency counseling. Laura has co-authored the published textbook “*PsychoNeuroPlasticity Protocols in Addiction*” with Dr. Frank Lawlis. This year she co-authored the book “*Nature and Animal Rituals.*”



Peter Musser, MD is a licensed psychologist at a private practice in Columbia, MD and specializes in substance use disorders, dual-diagnosis, intimate partner abuse, and trauma healing. He has presented workshops on MI for the past 15 years and is published in peer-reviewed journals on the topics of MI, addiction, and abusive behavior change. Dr. Musser received a Master’s Degree in Psychology from The Catholic University of America and a doctorate from The University of Maryland Baltimore County. He completed his Doctoral Internship at the VA Medical Center in Perry Point, Maryland.



Margaret Nagib, PsyD is a clinical psychologist specializing in treating eating disorders, trauma, addiction, self-injury and mood disorders. For 15 years, she has provided individual, family and group therapy. Today, as a key faculty member of Timberline Knolls’ Clinical Development Institute, she travels throughout the country providing clinical training and presentations to professionals. Every year, Dr. Nagib offers more than 30 presentations at national and regional meetings, and contributes to awareness and early intervention through media interviews and blog contributions.



Barbara Peavey, PhD Internationally recognized psychologist Dr. Peavey holds PhD from University of North Texas in Behavioral Medicine / Clinical Psychology and Post-Doctoral degree in Psychopharmacology. Co-Founder and CEO of Lawlis-Peavey PsychoNeuroPlasticity (PNP) Center, an assessment center recognized by Dr. Phil Show for its outstanding capability to work with complex brain-based disorders and consulting psychologist with Origins Recovery Centers developing and integrating principles and practices of psychoneuroplasticity with 12-Step for more comprehensive addiction recovery.



Mel Pohl, MD, DFASAM is the Chief Medical Officer of Las Vegas Recovery Center (LVRC). He is certified by the American Board of Addiction Medicine and is the author of *A Day without Pain* and *The Pain Antidote*. He recently filmed a show for PBS. FROM Mel Pohl, MD, DFASAM is a Board Certified Family Practitioner. He is the Medical Director of Las Vegas Recovery Center (LVRC). Dr. Pohl was a major force in developing LVRC’s Chronic Pain Recovery Program. He is certified by the American Board of Addiction Medicine (ABAM) He is the author of *A Day without Pain*, revised edition (Central Recovery Press, 2011) and *The Pain Antidote - Stop Suffering from Chronic Pain, Avoid Addiction to Painkillers, and Reclaim Your Life* (DaCapo, 2015). He recently filmed a show for PBS on chronic pain which will air around the country in August, 2016.



Dean Porterfield, LPC-MHSP, NCC Currently serves as Director of Adolescent and Young Men’s Programming at Cumberland Heights, owner of DO Life! Counseling, PLLC focusing on the treatment of adolescent and young adults. 2002-2008; Executive Director of Three Springs, Duck River, an outdoor therapeutic program for adolescents. Served on Board of Directors of NATSAP (National Association of Therapeutic Schools and Programs) 2011-2015. Member of ACA, TLPCA.

Faculty Biographies



Eric Schmidt, MSW, MBA has worked in the behavioral health and substance abuse field for the past 28 years. He has served primarily in key executive level positions for community-based behavioral health care/substance abuse treatment organizations. Eric boasts both a Masters of Science in Social Work and a Masters of Business Administration. Eric, as a Licensed Mental Health Therapist, personally provides clinical services utilizing a range of techniques and theoretical designs. In particular, he has extensive clinical experience working with addiction, borderline personality disorder, and trauma. Further, Eric is adjunct faculty for the University of Utah School of Social Work, where he teaches a variety of clinical and professional development courses. Currently he co-owns and serves as the CEO of New Roads Behavioral Health, which he founded. New Roads primarily serves clients with severe persistent mental illness, addiction, and personality disorders. He is the President of the Utah Association of Addiction Treatment Providers. He also serves as a board member several national organizations for behavioral health, tirelessly advocating for clients on both the national and state levels.



Chapman Sledge, MD, FASAM accepted his role as Chief Medical Officer at Cumberland Heights in 2009. He previously served as Medical Director at Pine Grove in Hattiesburg, MS. Dr. Sledge has over 25 years experience in residential addiction treatment and has served on the ASAM Board of Directors.



Devona Stalnak-Shofner, EdD, LPC (GA) is an Assistant Professor at Antioch University New England as well as the Coordinator of the Substance Abuse/Addiction Concentration in the Clinical Mental Health Counseling Master's Degree Program. She is also a Licensed Professional Counselor in the State of Georgia, with sixteen years of clinical experience working with clients with co-occurring mental health and substance use disorders. Her post-graduate research has focused on wellness in students, counseling professionals, and applying wellness models in clinical practice.



Joseph Troncale, MD, DFASAM is Retreat's Medical Director. Over the past 35 years, Dr. Troncale has established himself as one of the premier physicians working in the field of addiction. He is both a fellow and a member of the American Society of Addiction Medicine (ASAM) and was named Outstanding Clinician by Addiction Magazine in 2010. A published author, Dr. Troncale has contributed content to both Saunders Manual of Medical Practice & When to Call the Surgeon as well as numerous articles in addiction journals.



Josephine Tynes, MSW, ICGC-II currently works as a primary therapist at Caron Renaissance. Josephine is trained in compulsive shoplifting, stealing, spending, hoarding and employee theft. Josephine also holds her ICGC-II certification to treat patients suffering from gambling disorder.



Caleb Vogtner, MA currently serves as Adolescent Primary Therapist at Cumberland Heights, focusing on treatment of adolescent males. 2013-Current. Case Manager at Mental Health Co-op focusing on providing services to those with severe and persistent mental illness. 2010-2013.



Eric Webber, MA, CADC, ASAT, CCPG is the Clinical Supervisor of the Relapse Program at Caron Treatment Centers. Eric is a Certified Alcohol and Drug Counselor and holds a Certificate of Competency in Problem Gambling, both through the Pennsylvania Certification Board. He is also certified as an Associate Sex Addiction Therapist and Certified Multiple Addictions Therapist through the International Institute for Trauma and Addiction Professionals. He holds a Bachelor's Degree from Kutztown University and a Master's Degree from Alvernia University.

Faculty Biographies



Cynthia Westcott MA, BS, LCSW has 29 years of experience including 22 years in as founder of The Psychological Trauma and Wellness Center. She has developed and facilitated inpatient specialty programs for suicide prevention and for the treatment of complicated grief and traumatic stress, and PTSD. She is a level 2 EMDR trained clinician and utilizes other innovative therapies such as IFS, Gestalt and Ego State Experiential therapies, EFT, and others to address the acute and long term effects of childhood and other forms of trauma and abuse.



James (Wolf) Yoxall, MA,CSC is the Spiritual/Wellness Director at Pavillon Treatment, Mill Spring, NC. Wolf integrates spiritual care and wellness into all aspects of treatment at Pavillon. He is a member of Spiritual Care Addiction Treatment Professionals, a non-profit association.



Jeff Zacharias, LCSW, CSAT, CAADC is the Clinical Director/Owner of New Hope Recovery Center/Chicago, Clinical Director of New Hope Counseling Center and has a private practice. His areas of expertise include working with the LGBTQI community, healing all forms of addiction whether substance/alcohol/behavioral, mental health issues and trauma leading to a holistic recovery framework. He is on the Board of Directors for NALGAP as well as the Board of Directors for NASW-IL. He was awarded the 2015 NASW Social Worker of the Year as well.

CORE Program Goals & Objectives

Goals—to increase participants' awareness, knowledge and skills related to effective substance use or abuse prevention, treatment and recovery, program administration and system development with an emphasis on client centered care.

Objectives—Participants will be able to: apply clinical skills from a broad range of professional core functions including assessment and therapeutic approaches; cite advances in the addiction field resulting from research and practice innovations; and discuss key issues within the addiction field.

Satisfactory Completion

In order to receive a continuing education certificate, the following must be met: 1) registration fee must be paid; 2) each session attended must be attended in its entirety and 3) an attendance/evaluation form must be completed within 90 days of the conference. Participants not fulfilling these requirements will not receive a certificate. Failure to complete and turn in the attendance/evaluation form will result in forfeiture of credit for the entire symposium. No exceptions will be made.

ADA Statement

ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate your needs by June 16, 2017. We cannot ensure the availability of appropriate accommodations without prior notification.



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C4 Recovery Foundation is excited to announce a new online system to find qualified employees in the addictions field.

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Website: <http://www.omnihotels.com/hotels/amelia-island-plantation>



Room Block closes June 14

Rate: \$207.00 – Single/Double

\$267.00 – 1 Bdrm Villa Suite

Room rates quoted exclusive of applicable state and local taxes, (currently 11%). Quoted rates will be offered, based on space and rate availability, to attendees three days before and three days after the conference dates.

About the Omni Plantation

The Omni Amelia Island Plantation is Florida's award-winning island destination. Recognized for offering a luxury resort experience in perfect harmony with nature, the oceanfront retreat, located just north of Jacksonville, Fla., is nestled between the Atlantic Ocean, lush marshlands and the Intracoastal Waterway. Situated on the 1,350-acres of the Amelia Island Plantation, the property's improvements include 404 luxury oceanfront guest rooms and suites; the largest pool deck in Northeast Florida and boasting spectacular Atlantic views. Rich in recreational amenities, the resort also offers three-and-a-half miles of wide, uncrowded beach; 54 holes of championship golf; 23 Har-Tru® tennis courts; award-winning recreation programs; a shopping village with restaurants, boutiques and a nature-inspired signature spa; a state-of-the-art fitness center; nine culinary options ranging from casual to fine dining; kids camps; and numerous activities for adventurers including kayaking, horseback riding, Segway tours and seven miles of paved trails. The Villas of Amelia Island Plantation feature 300 one-, two- and three-bedroom villas with ocean, golf or resort views. The Omni Amelia Island Plantation offers authentic, genuine guest experiences with AAA Four-Diamond service and the expectations of the Omni brand.

Resort Service Fee—Waived

The Resort Service Fee of \$20.00 per night has been waived for this conference; however all group attendees will receive the following amenities:

- Complimentary Self Parking
- Unlimited internet access in all accommodations
- On-property Resort transportation service
- Unlimited use of Health & Fitness Center
- In Room Coffee Service
- Local & Toll Free Phone Access
- Resort beach access
- Preferred Racquet Club and Golf Course reservation access

Travel Information/Directions

For more detailed information on airports, driving directions, and other travel related information, please see the Hotel/Travel tab on www.core-conference.com

Registration Form

To Register, please complete this form and forward with payment by mail or fax with credit card information to:

CORE Registration, PO Box 876, Duncan, SC 29334

1-984-200-0145/Fax 984-232-0145 Email Questions to Kelly Chapman at kelly@c4recovery.org

Please Check the Workshops you plan to attend.

SUNDAY, JULY 16

Opening Reception (Complimentary—pre-registration required)

Opening Plenary #199

MONDAY, JULY 17

Morning Plenary #200

Morning Workshops #210 OR #211 OR #212

Luncheon Plenary #250 (Complimentary - pre-registration required)

Early Afternoon Workshops #251 OR #252 OR #253

Late Afternoon Workshops #275 OR #276 OR #277

TUESDAY, JULY 18

Morning Plenary #300

Mid-Morning Workshops #310 OR #311 OR #399

Luncheon Plenary #350 (Complimentary - pre-registration required)

Early Afternoon Workshops #351 OR #352 OR #399

Late Afternoon Workshops #375 OR #376

Evening Plenary #380

WEDNESDAY, JULY 19

Morning Workshop #400

Closing Plenary #401

SPECIAL OFFERINGS & OPTIONS

Annual CORE Golf Tournament - Sunday, July 16

\$150 for 18 holes

CORE Tennis Tournament with dinner - Monday, July 17

\$60

Dinner only \$40

SYMPOSIUM REGISTRATION FEES

Symposium Registration fees (Sunday evening through Wednesday noon) include all presentations, the Opening Reception, Monday Luncheon, Tuesday Luncheon, all Coffee/Beverage Breaks and all Snack Breaks.

Regular Attendee Fees:

Early Registration through 6-16-17 \$325 Registration on or after 6-16-17 \$395

Group Registrant Registration Fee (3 or more registrations received together)

Early Registration through 6-16-17 \$275 Registration on or after 6-16-17 \$325

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PAYMENT INFORMATION

Check # _____ Please make check payable to **C4 Recovery Foundations/CORE**.

All cancellations MUST be submitted in writing, telephone requests WILL NOT be honored. Cancellations received more than 30 days prior to the conference, paid or unpaid invoices, will incur a \$35.00 administrative fee. Cancellations received 14 to 30 days prior to the conference, paid or unpaid invoices will be refunded at 50% of the invoice. No refunds will be given for cancellations received within 14 days of the conference and all unpaid invoices will be due in full.

There will be NO EXCEPTIONS.

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Featured Faculty



Andrew Burki,
MSW



Judy Crane, MA,
LMHC, CAP, ICADC



David Greenfield,
PhD



Leta Herrington, D
Min, LPC, MAC



Rokelle Lerner



Mel Pohl, MD,
DFASAM



Chapman Sledge,
MD, FASAM



James (Wolf)
Yoxall, MA, CSC



Jeff Zacharias,
LCSW, CSAT,
CAADC



core
Clinical Overview of the Recovery Experience

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