

The Golden Chronicle

sponsored this month by First Federal Savings Bank

JUNE 2017



QuotesPics.net

Hello Everyone!

We are entering the time of year where the weather fluctuates with the upcoming season of summer. As the weather gets warmer, I encourage and hope to see all of you more and more. Take time and come to the Center and enjoy the company. We have things coming up this 2017 summer. We will be having a cookout, ice cream social, euchre, exercise, Bingo, crafts. It is also a good time to pay it forward...we are blessed in so many ways. Take time to reflect upon one blessing in life and share it with someone. Stop by my office and share with me, I would love to see you.

This kind of weather also tends to make us all in a better mood. I know it helps me when the sun shines versus a dark and dreary day. Even if you just sit out on the porch or open a window and let the breeze flow through. I am sure it will make you feel so much better.



Bless All of You,

Georgia

YES, I'M A SENIOR CITIZEN!

I'm the life of the party—even if it only lasts until 8 p.m.

I'm very good at opening child proof caps—with a hammer.

I'm awake many hours before my body allows me to get up.

I'm smiling all the time because I can't hear a thing you're saying.

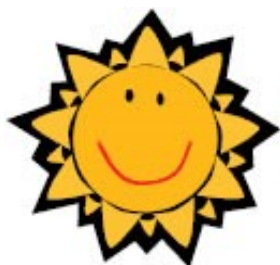
I'm sure everything I can't find is in a safe, secure place, somewhere.

I'm wrinkled, saggy, lumpy, and that's just my left leg.

I'm beginning to realize that aging is not for wimps.

Yes, I'm a SENIOR CITIZEN and I think I am having the time of my life!

Now if I could only remember who sent this to me, I wouldn't send it back to them, but I would send it to many more too!



WELCOME SUMMER

C X A G N B H R C I Y J D L M K R A P E M E H T
 A A T E P A R T I E S V F R U G A D H B T I J N
 M L R H J W K K E Y S E I L F E R I F B L E U K
 P B M N T K E O Y F P O U Q I W X R I H F S M O
 I L D V I C E C R E A M R X S D W Y R G L Y P Z
 N A P B O V C G P D S H E R H F S S E G I V R H
 G R P H U L A H O O P S I J I J J A W K P H O L
 M O D N A O F L O P G Q J R N S K N O T F U P V
 W L F X P Y J Z L A A W E S G B L D R C L P E D
 E L H F J G O H X I Q J W E K R L A K G O M H N
 O E B S P C A U G U S T Q I C R X L S U P Z T M
 V R G U H T D E R T H J K V L O H S B T S D R G
 D C H N R V J T N C H A R O M H R L E E D E A F
 P O P S I C L E S T T Y U M O Y L K K C I N H G
 E A X C C W E T Y K C S G N A E M I E F A H A Q
 S S T R N O N N E G H W O E V X B P A R A D E S
 H T U E A D J U L Y R I B J R K E Y M M G H E V
 A E S E T D F F Q W T M E R E T A Y U I H S O P
 A R S N A D F G H A J M K L L Z C X C V S B N S
 M Q W E L R T U C T I I O P K A H S D A A F G C
 H J K L I Z X A C V B N N M N Q R W L E L N U I
 R T Y E E U V I O P A G S D I F G G H J P A J N
 Z X N C V B N F D H J T R H R J N K L E S G W C
 I U E R K S E N O C W O N S P U P C I H G E W I
 J W H C O O K O U T S W E E S D L K I J F M D P

AUGUST
 BEACH
 BIKES
 CAMPING
 CARNIVAL
 COOKOUTS
 FIREFLIES
 FIREWORKS
 FISHING
 FLIPFLOPS

FUN
 HULA HOOPS
 ICE CREAM
 JULY
 JUMPROPE
 JUNE
 MOVIES
 PARADES
 PARTIES
 PICNICS
 POOL

POPSICLES
 ROLLERCOASTER
 SANDALS
 SPLASH
 SPRINKLER
 SNOWCONES
 SUNGLASSES
 SUNSCREEN
 SWIMMING
 THEME PARK
 VACATION

Fulton County Council on Aging

625 Pontiac St, Rochester, IN 46975



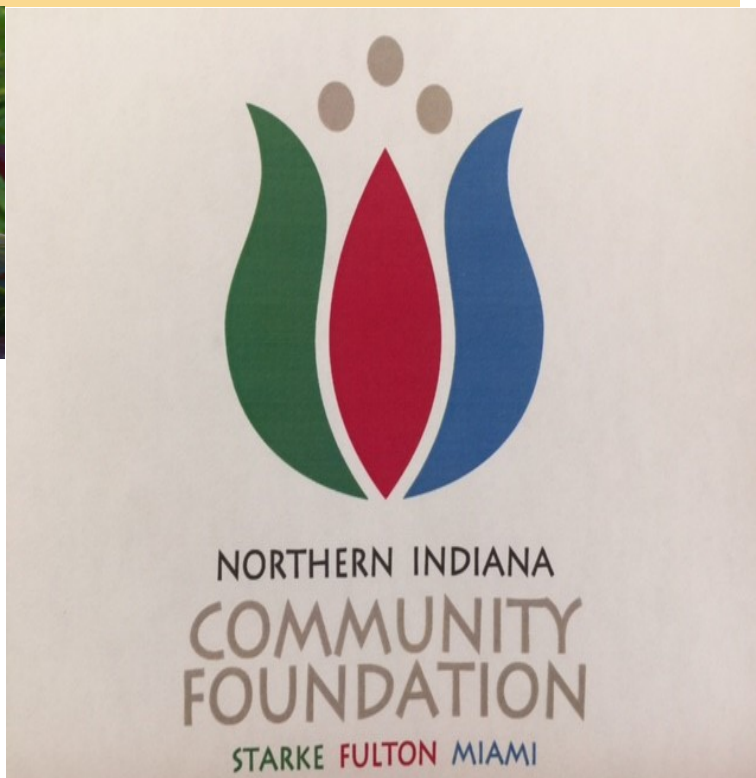
THANK YOU TO THE FOLLOWING FOR YOUR DONATIONS!



Donations:

Alice Grimm

**In Memory of Frances Coplen
From The Tuesday Euchre Club**



Your contribution is very important!
All donations made to the COA are tax deductible.

PLEASE ACCEPT MY DONATION OF:

☐ \$300 ☐ \$200 ☐ \$100 ☐ \$50 ☐ \$25 ☐ Other _____

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Ph: _____ Cell Ph: _____ Email (optional): _____

Please attribute my gift to: ☐ Senior Activities ☐ General Fund

Thank you for your donation!

Area Five June Menu

Call Sandy in the kitchen (223-8170) by 12:30 pm the day before to reserve a lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Sausage Gravy Pot O'brien Corn Fruit Salad Bread/ Milk	2 Cheeseburger Baked Beans Salad Fruit Bread/ Milk
5 Chick w/mand Stir fry Veggies Cole Slaw Brownie Bread/ Milk	6 Salisbury Steak Mashed Pot Brussel Sprouts Cookie Bread/ Milk	7 Pork Burger Rst Sweet Pot Gr Beans Mixed Fruit Bread/ Milk	8 Chick Parm Baby Bakers Peas Peaches Bread/ Milk	9 Spanish Rice Carrots Apple Crisp Cornbread Milk
12 Spaghetti w meat It blend Veggies Corn Tropical Fruit Bread/ Milk	13 Meat loaf Baby Bakers Salad Sherbet Bread/ Milk	14 Beef Manhattan Mashed Pot Season gr Beans Cinn Applesauce Bread/ Milk	15 Hotdog Mac n Cheese Mixed Veggies Pears Bread/ Milk	16 BBQ Ribette Cheesy Pot Spinach Pudding Bread/ Milk
19 Baked Fish Augratin Pot Cntry Blend Mand Oranges Bread/ Milk	20 Cntry Fr Steak Mashed Pot Broccoli Pineapple Bread/ Milk	21 Chicken Salad Fruit Salad Cole Slaw Cake Bread/ Milk	22 Sausage Patty Hash Brown Peas Fruit Salad Bread/ Milk	23 Chicken Patty Stewed Tom Cali Blend Frozen Fruit Bread/ Milk
26 Sliced Ham w/ pineapple Sw Pot Cntry Blend Pears Bread/ Milk	27 Chick N Noodles Mash Pot Broccoli Oranges/ Pineapple juice Bread/ Milk	28 Sloppy Joe Scalloped Pot Gr Beans Mixed Fruit Bread/ Milk	29 Dill Chicken Peas & Carrots Cauliflower Peaches Bread/ Milk	30 Meal Site Is Closed



Round Table this month Hickory Creek came and Shawna Sopher spoke about what they are doing to the building and rooms. They are doing a complete remodel. Stop out and see them, it is beautiful. Thanks for coming and speaking Hickory Creek/ Shawna Sopher.

HAPPY FATHERS DAY

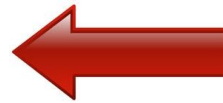


Thanks Mike Kenny for coming by and singing and playing your guitar. We enjoyed they songs and of course you.

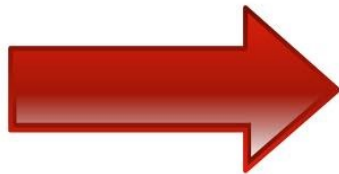




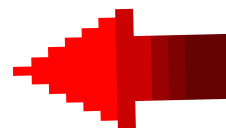
Senior Games took place May 18th and here are some of the winners through out the day. Softball throw: Ruth Schneider, Larry Mikesell, Mike Meiser, Larry Maibauer, Lois Williams.



Uchre Players Sam Flohr, Joan Haag, Wanda Flohr, Frances Williams playing for the win.



Georgia is serving pizza for lunch to the Seniors . Sam and Wanda Flohr is chatting to her about the day they were having. Thanks to all the Seniors that came and participated in the games this year.





Dominos winners are
3rd place Gracie
Figlio, 2nd place Su-
san Onstott, 1st
place Sam Flohr.



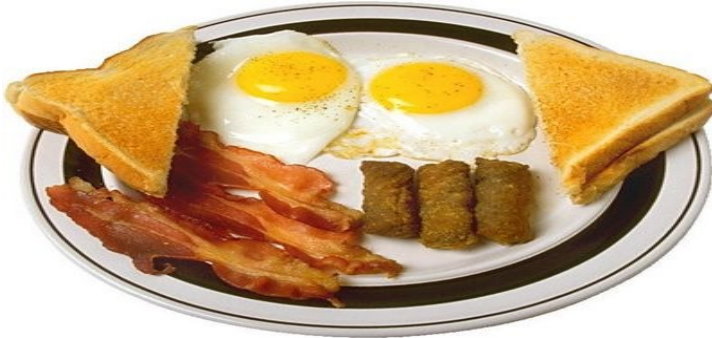
Great job !!

Mary Nissen playing PLINKO She was
the first one to play the game that day.



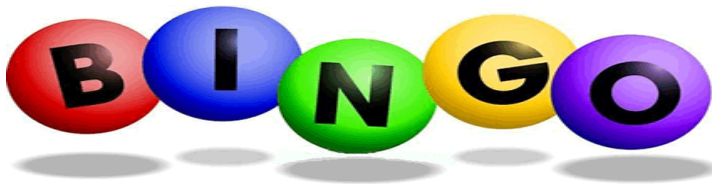
More Domino players :
Area Five Cass County
Michelle Williams, Gor-
don Tatman , Sandy
Campbell, Wanda Flohr,
Sam Flohr, Gracie Figlio,
Susan Onstott, Joan
Haag

HAPPENINGS



ROUND TABLE BREAKFAST

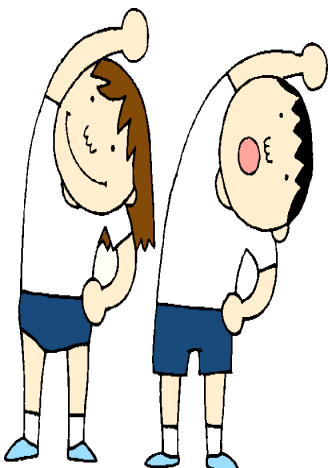
Join us for our Round Table breakfast **Wed. June 7th at 8:30 am.** Sara Wilcox from Peabody Retirement will be joining us and will talk-



Bakery BINGO June 20th at 9:30. Please come and play .

Janet from Trinity will be here on Wednesday June 14 th 10:30-11 for Name That Tune .

Notice time change



Come Exercise with Desiree from Life Care on June 5th at 9:30. She is here the first Monday of every month.

Pam Funk from Hickory Creek will be here on Friday June 16th at 1:30 pm in the training room for a fun craft day. Come join us.

HAPPY FATHER'S Day!

Movie Day Friday June 9th th at 1:00

We will be showing Hidden Figures about 3 African American woman working for NASA in the 1961 Please join us for popcorn and a movie.



June 27h Blood Pressure Check with Rhonda at 10:30-11:30



Can you guess if the Price is Right? Millers Merry Manor will be sponsoring Price is Right this month. Please join us on Tues. June 27th at 10:00 and see if you can guess the right price!

Recipe Corner



Devil Egg Pasta Salad

Ingredients:

4 cups cooked elbow macaroni pasta

1/2 cup Mayonnaise

1/4 cup Sour Cream

1 Tbls. Mustard

8 Hard boiled cooked eggs
(chopped)

1 Tbls. White Vinegar

1 tsp. Salt

1/4 tsp. Pepper

1/4 tsp. Paprika

1/4 cup Diced Dill Pickles

STEPS:

Place Pasta in large bowl, add mayonnaise, sour cream, mustard, vinegar, salt, and pepper. Then gently stir in hard boiled chopped eggs. Refrigerate 1 to 2 hours or until chilled. Just before serving top with the paprika

Clip and Carry June Calendar

Mon. 6/5/17 Exercise with Desiree 9:30 a.m.

Wed 6/7/17 Round Table Breakfast 8:30 a.m

Wed 6/14/17 Name That Tune 10:30-11

Tues. 6/20/17 Bakery Bingo 9:30

Fri. 6/16/17 Hickory Creek Craft with Pam
Funk 1:00

Tues. 6/27/17 Price is Right 10:30

Tues : 6/27/17 Blood Pressure Check 10:30-11.00

REGULAR SCHEDULED ACTIVITIES

BINGO: MWF 9:30 A.M.

EASY DOES IT EXERCISE:MWF 10.00A.M.

TAI CHI FOR BALANCE & FITNESS:MWF 9:30

BID EUCHRE: WED. 12:30PM.

DOMINOES:TUES. 10:00A.M.

EUCHRE: TUES 12:30p.m.

BAKERY BINGO :THIRD TUES. 9:30 A.M.

BRIDGE:THURS. 12:00P.M.

EXERCISE: TUES & THURS. 9:00A.M.

June 2017 Calendar of Activities

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 Bingo 9:30
5 Bingo 9:30 Exercise w/ Desiree 9:30	6	7 Breakfast Round Table 8:30 Peabody/ Sara Wilcox Bingo 9:30	8	9 Bingo 9:30 Movie-1:00
12 Bingo 9:30	13	14 Bingo 9:30 Name That Tune 10:30-11 w/ Ja- net	15	16 Bingo 9:30 Craft w Pam Funk of Hickory Creek 1:30
19 Bingo 9:30	20 Bakery Bingo 9:30	21 Bingo 9:30	22 Craft with Mitzi 10:00. Call if you think you want to come. 223-3715	23 Bingo 9:30
26 Bingo 9:30	27 Price is Right 10:00 Blood Pressure check10:30	28 Bingo 9:30	29	30 Bingo 9:30
Bingo MWF—9:30 am Bakery Bingo—Third Tues 9:30 am Dominoes— Tues 10:00 am Bid Euchre— Wed 12:30 pm Euchre— Tues 12:30pm Bridge—Thurs 12:00 pm Exercise Tu/Th 9:00 m Easy Does It Exercise— MWF 10:00 am Tai Chi— MWF 9:30 am				

TURNING 65 in the next 6 months?

**Flooded with literature,
and you don't know where to start?**

Unlike a lot of other agents, we, at the Evans Agency, take the time to help you understand your options.



Judith D. Evans

Evans Agency is here to help!

- Multitude of companies to choose from since we are an independent insurance agency
- Products - Health Insurance for Seniors, Medigap Plans

Make appointment approximately 2 months before the month of your birthday.

Evans
AGENCY LLC

410 Main St., Rochester, IN 46975

574-224-6988



"We Are Neighbors Taking Care of Neighbors"

**Need Help
With a Loved
One?**

*Hickory Creek at
Rochester is Here
For You.*



**Long-Term Care
Short-Term Rehabilitation**

**Physical Therapy
Occupational Therapy
Speech Therapy**

**Respite or Relief for
Caregiver Stays**

*Accepts Medicaid,
Medicare & Most Insurance*

Call for a Personal Tour
(574) 223-5100



at Rochester
A Charitable Non-Profit Nursing Home

340 East 18th Street
Rochester, Indiana 46975
(574) 223-5100

www.hickorycreekhealthcare.org



DISCOVER *the difference*



Discover the Difference at Wynnfield Crossing...
Rochester's best choice for senior living.

Enjoy a maintenance-free, worry-free lifestyle.

Stop by and see for yourself the place you'll love to call home.

Call today to schedule a complimentary lunch & tour!

WYNNFIELD CROSSING

1729 Wabash Ave.
Rochester, IN 46975

tel **574-224-2400**

www.WynnfieldCrossing.com



The Noteables came and sang for us on May 17th . They sounded great. Thanks for the concert .



RSVP June 2017

574-223-3716
Email: rsvpanne84@yahoo.com

UPCOMING RSVP TRIPS

**CHECK OUT OUR FABU-
LOUS TRIPS COMING UP!
MONEY RAISED FROM
THESE TRIPS HELP TO
FUND R.S.V.P.**

**Brown Bag Tour of Ship-
shewana June 16th .**
Cost=\$119 per person in-
cludes Amish meal, lots
of goodies from Amish
shops to fill your brown
bag and bus fare.

**Amish Acres Arts & Crafts
Festival—Thursday Au-
gust 3rd in Nappanee.**
Cost= \$30 includes admis-
sion and transportation.
See unique arts & crafts
for sale and lot of differ-
ent foods. Bring \$\$ for
lunch. Departs Comm.
Center at 8:30a returns
approx 5:30p.

**Fair Oaks Farms Day trip
Wed. Oct. 11th Cost \$70**

**Cape Cod & Martha's
Vineyard Bus Trip**

Sept. 17-23.
Cost=\$680 per person
**Only a few seats re-
main, so call soon.**

**Stocking Stuffer Tour of
Shipshewana Nov. 30th**

VOLUNTEER NEEDS-
Transportation for Dr.
appt., make blankets for
the Head Start, and help
Hickory Creek residents
with games / activities.
**PLEASE CALL ANNE AT
223-3716**

Recycle Dates are
July 22, August 26th,
Sept. 23rd. All are 8a.m.–
12 p.m. times. Call Anne
to help at 223-3716

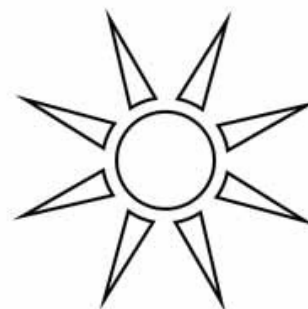
Power Show Volunteers
needed Friday & Saturday
June 16-17
Ticket Booth & Museum
Guides needed



June

Shirley Stoner 6/2
Virginia Willis 6/2
Suzanne Beattie 6/3
Frances Heller 6/4
John Roberts 6/7
Phil McCarter 6/10
Audrey Diaz 6/11
Richard Enyart 6/11
Ronald Garrett 6/11
Ruth Schneider 6/11
Rex Bowen 6/12
Janice Cable 6/13
Caroline Johnson 6/13
Charone Savage 6/14
Gail Scheeringa 6/15
Paul Henderson 6/16
Connie Mygrant 6/16
Nancy Bearss 6/17
Phyllis Dausman 6/20
Nancy Krom 6/21
Georgia Townsend 6/21
Tim Bryant 6/22
Jeri Good 6/23
Carolyn Heeter 6/24
Ruth Bose 6/26
Robert Cessna 6/26
Patricia Clary 6/27
Thelma Ledger 6/30

Picnic Foods



Word Search

Can you find the hidden words below?

a e p t e w v e g e t a b l e s a k a l a d u j
 r i i c e t e a e m a r c h i c k e n e r s c e
 u p a e q u y t e a p p l e p i e j a v e n e l
 n a c k s a n d w i c h y c u p c a k e s a s l
 a a c t p o t a t o c h i p s e r s o d a c e y
 e r h u q h o t d o g a p a r s o s a j o k a p
 s d e e p l a w n w a t e r m e l o n n e t l i
 a a e a h a m b u r g e r t a c b o k w r i a c
 n a s e o g a m i l y a t y a n d w o c h a e n
 a q e r t p o t a t o s a l a d a s e l l y t i
 u k c o o k i e s c o o g b a s k e t i c n a c

Find the Following Words:

watermelon

ice tea

sandwich

cheese

snack

chicken

hot dog

hamburger

jelly

soda

potato salad

basket

picnic

potato chips

vegetables

apple pie

cupcakes

cookies



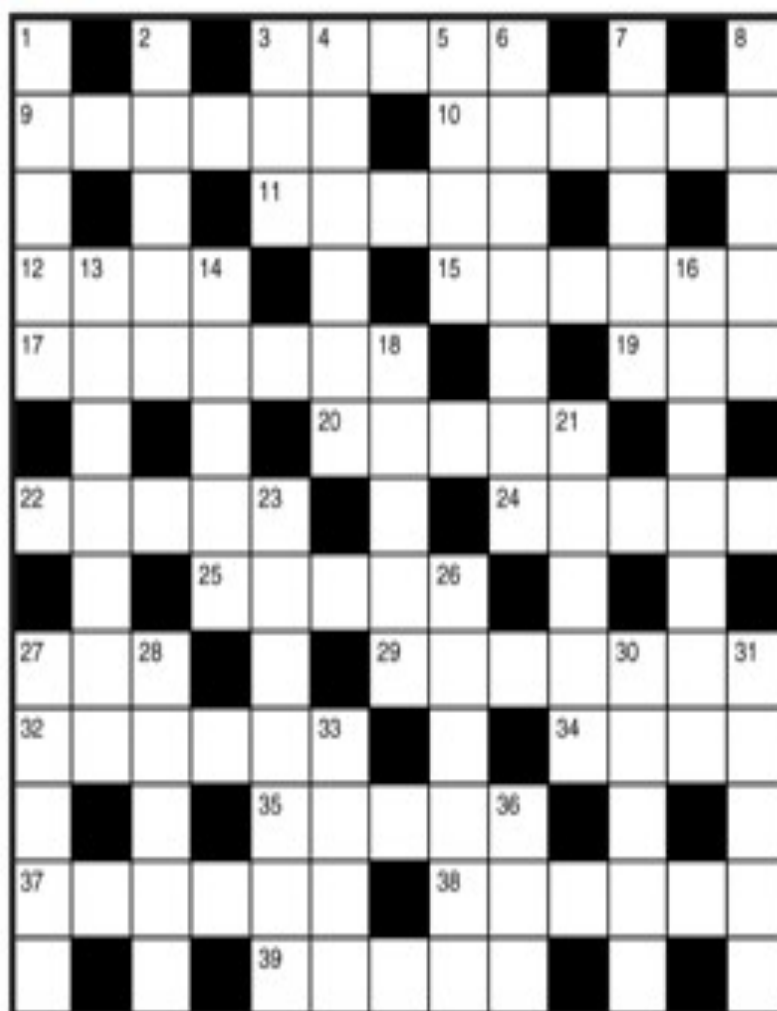
EASY COFFEE-TIME CROSSWORD

ACROSS

3. Light wood (5)
9. Zodiac sign (6)
10. In a state of ignition (2,4)
11. Portly (5)
12. Corrosive substance (4)
15. Envoy, messenger, etc. (6)
17. Temporal (7)
19. Managed (3)
20. Shows signs of tiredness (5)
22. Criticism, informally (5)
24. Major artery (5)
25. Noblemen (5)
27. Belonging to him (3)
29. Rider's foot support (7)
32. Brutish person (6)
34. Unspecified amount (4)
35. Pop group (5)
37. Office workers (6)
38. Container used for boiling water (6)
39. English county (5)

DOWN

1. Volume of maps (5)
2. Soldier's jacket (5)
3. Public transport vehicle (3)
4. Off the right path (6)
5. Type of music (4)
6. Feeler (7)
7. Panatella, for example (5)
8. Number (5)
13. Sure (7)
14. Stupid pupil (5)
16. Childish fit of rage (7)
18. Complains bitterly (5)
21. Flies high (5)
23. Pub entertainment (7)
26. Industrial protest (6)
27. Emerge from an egg (5)
28. Tendon (5)
30. Regular journey travelled (5)
31. Mr Cushing, actor (5)
33. Girl or young woman (4)
36. Gender (3)



FULTON COUNTY COMMUNITY CENTER

625 Pontiac Street
Rochester, IN 46975

Phone: 574-223-6953

Fax: 574-223-4962

E-mail: fcco@rtcol.com

www.fultoncountycommunitycenter.com

Non-Profit Organization

U.S. Postage

PAID

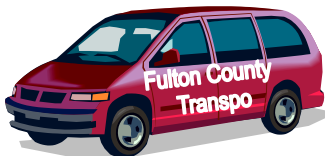
Rochester, IN

Permit No. 167

*FCCOA is
partially
funded by
United Way.*



**Fulton County
TRANSPO**
***RIDE FREE to
& from
Woodlawn
Hospital &
their
affiliates!***



RATES

In Town—\$2 per trip

In County—\$4 per trip

**Seniors—Donation
Only**



**Happy
FATHER'S
DAY**

garyvarvel.com

Our monthly Newsletter is available on the
web: www.fultoncountycommunitycenter.com
Please check it out. You can also stop by the
Center to pick up a copy or it can be emailed.

Important Numbers

Community Center

223-6953

RSVP

223-3716

Kitchen

223-8170

Transpo

223-4213

Fax

223-4962