The 7 Hidden Keys To Conscious Creation

A Journey of Profound Self Discovery and Reclaiming Your "True Power"

Provided Courtesy of Chuck Danes and Enlightened Journey Enterprises

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First of all I'd like to welcome all of you to The 7 Hidden Keys To Conscious Creation Conference and commend you for taking the initiative.

The fact that you're here or listening to the recorded version of the conference says a lot about you. Your willingness to spend these next hours with me tells me that you're open and willing to expand and grow...that you're willing to enhance your level of awareness and do what the vast majority choose not to and so in a sense that sets you apart from the vast majority.

I'm going to start out by asking a thought provoking question that I've found most don't give much thought to...

Think for a minute about why the vast majority IS the vast majority and why those who are ultra successful and experience harmonious and fulfilling lives are such a small minority.

You might have all kinds of individual perceptions and beliefs as to why...but

there's really only one reason. The minority choose to do what the vast majority choose not to.

I've found and come to believe that The majority choose to follow the masses...to DO what the vast majority does which can only provide results that the masses experience.

I call it a sheeple people mentality. I don't mean that in a derogatory way it's just a phrase I've adopted.

The fact that you're here puts you in the minority class. Most people won't take the time.

Most people won't make the choice to invest in themselves.

The fact that you did, sets you apart.

And rest assured it will be time well spent.

What I'll be covering today and tomorrow will serve you in both tangible and intangible ways and if you're not already...enable you to begin experiencing a kind and quality of life that only the minority experience if you'll choose to remain open, internalize and apply what you'll learn.

We're going to be covering a lot of things today and tomorrow that I believe can benefit you, hopefully way beyond your expectations and what I'll be sharing will assist you in getting more of what you want.

The things I'll be sharing throughout the conference aren't based on empty promises. You're about to discover some transformational and extremely powerful concepts that have the potential to change your life.

I say potentially for the following 2 reasons

The first reason is that It's not enough to just attend the conference, take in the information...nod your head in agreement, and then go on your merry way.

The information in and of itself will do you no good.

It's important that you internalize and APPLY these concepts if you want to make them work for you. Don't worry, there's no hard work or heavy lifting involved! Your only job today and tomorrow is simply to remain open and receptive to the ideas I'm going to introduce to you.

The second reason (and this is a big one): Some people write it off as being to "SIMPLE" to be true. Don't dismiss the transformational power behind what we'll be covering due to it's simplicity!

I've found in my years of path walking that the most profound truths that provide the most incredible results are also the most simple. At first, you might be tempted to brush them off as being too good to be true or not applicable to you due to their simplicity, but that would be a big mistake.

Believe me, you'll understand just how powerful they are when you choose to apply them and you begin to see the tangible results that show up in your life!

I'd also like to clarify that what I share with you may or may not resonate with what you "believe" to be true. Understand that I'm not here to convince you or ask that you believe what I share.

I've found in my years of working with people that too many do just that. Believe everything their told

I share what I do because based on my own experience and years of study, I believe it and it's my intention to share it with whoever is willing to listen with the hope that they might benefit from it.

So...my point is take what works for you and discard the rest.

Also...I would encourage you to take notes. Your retention of what I'll be sharing will be much higher if you'll choose to do so. You will be receiving a recorded copy but taking notes will help you to retain more of the information than just listening will.

The Only Difference Between The "Lucky" and The "Unlucky"

Now let me start out by asking you...

Have you ever wondered why some people are more successful than others or wondered why some seem to struggle really hard and often fail regardless of what they do or how hard they try while others seem to float through life and come into windfall after windfall with very little effort?

I talk to a lot of people and ask them the same thing.

The responses usually range from they're more blessed or more formally educated, more gifted, they were born into it or it's wired in their DNA, or it's fate or they're lucky.

What I hope to convey to you is that you have the potential to be, do and have whatever you choose and that none of these "reasons" that so many "believe" to be the reason are factual.

Today we're going to be laying the groundwork for why that's true and why I believe that you, me or anyone else on this planet can be "Lucky" any time we make the choice to do so.

Professor Richard Wiseman from the U.K. who is the author of a book called 'The Luck Factor" has been studying "luck and lucky people for over ten years. He has compiled a whole database of people who think they're VERY lucky and those on the flip side who see themselves and who think they're very UNLUCKY.

Through his research and his experiments he came up with 4 conclusions..

Conclusion One: Lucky People Maximize Chance Opportunities

He found that Lucky people are skilled at creating, noticing and acting upon chance opportunities or what are often "perceived" as being chance opportunities. They do this in various ways, including networking, adopting a relaxed attitude to life and by being open and receptive to new information and experiences.

Conclusion Two: Lucky People Listen to Lucky Hunches

He found that Lucky people make effective decisions by learning to tune in and

listen to their intuition and gut feelings. In addition, they take steps to actively boost their intuitive abilities through practices like meditation and clearing their mind of other thoughts.

Conclusion Three: Lucky People Expect Good Fortune

Lucky people are certain that the future is going to be full of good fortune. He found that those who choose to consistently hold that mindset...who choose to look for and expect the good...that their expectations become self-fulfilling prophecies.

Conclusion Four: Lucky People Turn Bad Luck to Good

Lucky people employ various psychological techniques to cope with, and in many cases even thrive upon, the ill fortune that comes their way. For example, they spontaneously imagine how things could have been worse, do not dwell on ill fortune, and choose to take control of the situation in the best way they know how.

One of the experiments He did I find really interesting...

What he did was gathered a hundred people who "thought" of themselves as being very lucky and a hundred who considered themselves UNLUCKY and had them engage in this experiment where he gave them a "newspaper." Their job was really simple...all they had to do was to count how many pictures there were in the newspaper.

The "lucky people were suppose to count and give him the exact number and the "unlucky" were suppose to count and give him the exact number.

Pretty simple but the results are astounding...

The "Lucky People" finished the experiment in an average 7 seconds. The "UNLUCKY" people took several minutes to complete the EXACT SAME task.

Guess why the LUCKY people finished the task in such a short amount of time? When you opened the newspaper...right on page 2 there was a half page ad in 2 inch bold lettering that said "QUIT COUNTING" there are 53 pictures in this newspaper.

Guess what the people who were lucky did? They went and told the experimenter that there were 53 pictures in the newspaper.

Guess what the "UNLUCKY PEOPLE" did? Counted the pictures. The majority of them didn't see the ad Or if they DID see it they thought to themselves AHHHH TRICK or "Too good to be true" and went on to count the pictures. Yea...not gonna get me on that one!!! Why did they think and act differently than the "LUCKY people? Because they were Cynical. Cynical minds...cynical thought processes. Cynical focus.

Bottom line....they didn't notice or do anything with what was RIGHT BEFORE their EYES!!

What's amazing is that ANOTHER couple of pages into the newspaper he had ANOTHER AD....a HALF PAGE in 2 inch block letters and guess what it said?

"QUIT COUNTING" there are 53 pictures in this newspaper. Go tell the experimenter that you saw this ad and he will pay you \$400.00 in cash. Guess how many of the UNLUCKY people took advantage of that? NONE!!!! ZERO!!!!!

Most of them reported...I didn't see that. Where was that I didn't see it. Can you pay me now....PLEASE????

They didn't even see it or if they DID see it they thought it was a trick and as a result didn't take advantage of it.

One of the main things this experiment provided is the fact that there IS NO SUCH THING as "luck." Professor Wiseman has concluded through his work that there is no such thing as lucky people or people that are unlucky unless they choose that for themselves.

That Luck's a choice.

He concluded, based on the way that you are focused...the way you "view" the world determines your luck or "unluckiness."

You either see the opportunities that are available to you or you don't. You spot them because you "see" yourself as being lucky and you spot them. You say, HEY I'm Lucky!!! Things ALWAYS happen for me or you perceive yourself as "unlucky" and consistently experience unlucky results !!

Unlucky people often miss opportunities that are right before your eyes.

But then he took it a step further...

He took this group of "Unlucky People" and helped them to change the way they viewed themselves and their lives. Then he followed them for a 2 year period and what he found was that after 2 years they had focused and adopted the same thought patterns of "lucky people" and guess what happened...they started being "lucky."

They started having "Lucky things" happen in their life.

Now...were they ALWAYS lucky or were they focused on something other than "being" lucky?

Professor Wiseman didn't teach them any new technical skills but only helped them shift how they viewed themselves and the world.

Like professor Wiseman I've come to believe that There is no such thing as luck unless YOU choose to believe there is.

There is no such thing as an unlucky number -- such as "13" -- or an unlucky event, such as crossing the path of a black cat or walking under a ladder unless you choose to believe it. You make your own luck.

Believing you are "unlucky" WILL create that in your life for sure as Professor Wiseman showed through his work but in truth...THE HIGHER TRUTH is that luck, does not exist, if you define "luck" as "unexpected good" emerging "out of thin air" as a result of fate or chance for no apparent reason.

We're going to be doing a lot of prodding throughout the conference OK...and we're going to be doing a lot of thought provoking things.

What Is It That You Want?

I'm going to start out this prodding by asking a thought provoking question. Why

is it that you came to this conference. Why is it that you're here?

Although I'm not a psychic and many of you in the conference I've never met before, I DO know something very personal about each and every one of you.

What I know about you is that each and ever one of you in this conference is looking for more. You're looking for something more in your life or you wouldn't be here. Am I right? Do you want something more?

Of course you do, we all do. I do, you do...Everyone does. Everyone is looking for something more. It's human nature. Obviously I can't know what more you're looking for individually.

It might be more money, more success, more happiness, more love, more health, a more fulfilling career, more understanding...whatever. The possibilities are infinite and as unique as each individual.

So although I can't know for certain what you might want more of individually, what I do know is that each of you want more of something.

What I'd like you to do, is start thinking about what it is that you do want individually and why you want it. What aspect of your life do you want to enhance and improve in some way and why is it that you want to enhance it?

There are 5 predominant areas of life that I often mention in the newsletter that cover every aspect of our lives...physical, financial, relational, emotional and spiritual.

I find that the vast majority of people that I associate and communicate with experience good to great results in some of those areas but might be "settling for" experiencing far less than that in other areas. In other words poor to mediocre results.

MOST of the people that I communicate with both inside and outside of the community claim that they want more money. They believe that money will take care of their happiness. Although money is an extremely important aspect of our lives I'd have to disagree based on personal experience, but at the same time what we each "perceive" success and wealth to be is an individual thing.

It's our individual perception that really matters and although I personally believe that success is about A LOT more than some predefined amount of money, or material gain or stuff but maybe that's where you currently are in your understanding.

And that's OK.

I'm not here to define and tell you what success and wealth might be or should be for you, but I'll ask that you consider that Real Success...Real Harmony...Real Wealth and Real Happiness is experienced as a result of achieving harmony in all 5 areas of life and that it goes much further than money.

I've also come to believe that it's our literal birthright to experience that harmony in EVERY area. I personally believe that we can have it all...the physical, financial, relational, emotional and spiritual harmony and that we don't have to settle for anything less.

I've also come to believe that to achieve that simply requires making the right choices for ourselves.

At this point you may agree or disagree with that belief. And again that's OK.

So for you individually, based on where you currently are and what you believe to be true or "untrue"...based on what you currently "perceive" as being possible or NOT POSSIBLE for you...I'm going to ask that you write down why you chose to attend this conference today? What is that you want individually?

Do you know? Have you defined it? Do you have a clearly defined definition of what success, harmony and happiness means to you?

Do you believe it's possible for you?

The reason that I ask that question is because I've found that most haven't. They know they want more but they haven't really defined what more it is that they want.

More is a BIG word. More can mean A LOT of things. As we'll be discovering there's an INFINITE amount of more that's available to us but just stating that we want more in a general sense isn't clear and defined enough to bring you whatever

that more might be for you.

If you're taking notes, here's the first note that I'm going to ask you to take.

Some of you may be familiar with it and some of you won't.

Here it is...

Energy flows where attention goes.

I'm going to repeat it because it is SO CRUCIAL to getting what you want. It's the very reason why people get what they want and is also the very reason that many DON'T get what they want and in MANY cases get the exact opposite of what they want.

And we're going to be getting into more depth about why that's "true."

Here it is again...

ENERGY FLOWS WHERE ATTENTION GOES.

Why is it crucial? Because whether you currently understand it or not your thoughts are energy. I'm not going to get into detail about that yet...for now I'm just planting the seed and giving you the BIG PICTURE view.

We'll be getting into why that's "true" in more depth as we progress.

For now I'd like you to just embrace the idea that "Energy flows where attention goes."

And then another note I'd like you to take is that "Energy Attracts."

It's a crucial part of what we'll be talking about throughout the conference.

It's these foundational and fundamental principles that determines why people get what they want and also the reason why so many don't get what they want.

It separates the lucky from the unlucky.

In fact, when it comes to getting what you want it's the only reason. In the case of NOT getting what you want there can be a number of reasons although they are all directly related to these same two fundamental principles.

One of those main reasons that people don't get what they want is because they haven't yet clearly defined WHAT they want. Although they say they want MORE...defining what you want as MORE isn't enough I can assure you. Having a clearly defined vision of what you want is what's necessary...it's an essential part of getting more of whatever it is that you want.

It goes beyond the general definition of most which is MORE money or better relationships or greater health. Those descriptions of more aren't defined enough.

If you pulled up to the drive up window at Burger King or some other fast food restaurant and the order takers voice came over the intercom saying "Can I take your order please and you said back to them...Uh yea....I'd like more please.

After a few seconds of silence you might hear something like "more of what sir or ma'am?"

Hmmm....I don't know just more.

Although I can't be sure what the next response would be, I'm pretty certain that you wouldn't get what you want.

So knowing and defining what you want out of life is crucial to getting it.

There are also those that when asked what they want, although they know to some extent attempt to define that by stating what they DON'T want.

Well...I don't want to be in debt. I don't want to be broke...I don't want to be sick. I don't want to be alone. I don't want to lose my job, I don't want a bad haircut etc. etc.

If it's true...and it is as you'll understand shortly...that ENERGY flows where attention goes and that energy attracts, and you keep your ATTENTION focused on what you DON''T want, what do you suppose you will get?

MORE OF WHAT YOU DON"T WANT.

Then there's still another group. They may have a clearly defined idea of what they want but for any number of reasons they don't "believe" that they can get what they want which is where their predominant ATTENTION stays focused.

Maybe they heard and understand that clearly defining and writing down what they want is crucial but they don't have the underlying "belief" that enables them to get it.

There's another word that's relevant here at the "ATTENTION" level and that's focus.

We all want something more but in the vast majority of cases our primary FOCUS is often on something that's too broad and undefined or on something completely opposite of what we claim that we want.

Sometimes our focus stays fixated on NOT believing that we can have what we want.

We WANT this thing or that thing but since we can't see it, based on where we are currently and the fact that we don't have it...our focus stays fixated on not having or the lack of the thing we want.

What Is Your Intention?

We're going to be talking about ATTENTION and INTENTION here for a bit. Consciously directing and focusing our ATTENTION and stating our INTENTION are vital in getting whatever it is that we want.

So my next question is what is your INTENTION. Not what you want but what is your underlying INTENTION.

What comes up for you in the way of thoughts, feelings, emotions and actions as you think about what it is that you do want.

Does it stir thoughts and feelings of joy, excitement, happiness, anticipation and having or does it stir a sense of anxiety, lack, limitation, it's to good to be true and

not having? Do you know that this thing that you want is on it's way and that you're going to have it, or are you in wishful thinking mode wondering if, how and when you're going to get it if at all?

This next statement is vitally important to the rest of the conference so please grasp and internalize this and write it down if you're taking notes.

In life we don't get what we want, we get what we ask for. We get what we choose to remain focused on. We get what we think about most. We get what we INTEND to get.

Life delivers whatever we ask. No more and no less.

Now you may disagree with and that's OK. But before you do consider this.

Most are just "unconscious" of what they're asking for and how the asking is being done.

Everyone wants but only a handful get what it is they want. I'm not talking about mere survival here, I'm talking about getting the BIG things...the REALLY BIG hopes, dreams and desires that we each have yet all too often have suppressed and often times "think" that we can't have simply because of our past results and where we currently find ourselves in relation to that thing...in other words the NOT HAVING of it and how far away we are from it.

So we settle. We become "conditioned" to settling and we lower our sites as to what's possible. We settle for "getting by" and survival as the vast majority do… and due to our focus...where we choose to place our ATTENTION most...that's what we get.

Not to sound like a broken record but it's important that I mention this again. ENERGY FLOWS WHERE ATTENTION GOES and energy attracts.

Here's why that's so relevant in getting what we want...

Our want...what we think about with regard to our want is a conscious intention. Yet in the vast majority of cases our focus gets redirected to the opposite or the absence of what we want which comes up as an "unconscious intention." It's under the radar outside of our awareness. We can think about what this thing is that we want but as we think about it, as we try to figure out how we're going to get it we have all these programs running beneath our conscious awareness that provides us with all the reasons why we can't have or don't have this thing.

So let's stop for just a minute and think about what you want. Something that you don't yet have but that you REALLY want. Not what you might currently think you can have but what you really want.

No limitations here.

Let's take a minute to do that and pay really close attention to what comes up.

PAUSE HERE....

So now I'm going to ask you again, what is your INTENTION. Not what is it that you want but what INTENTION are you holding for yourself? What surfaces... what do you begin thinking about when you think of what you want?

A lot of people think that a conscious awareness of what they want is their INTENTION but it's not.

Our predominant focus determines our attention but it's more times than NOT UNCONSCIOUS. Our attention, the thing that we "think about and focus on the most determines our INTENTION.

Your predominant method of thinking...your thoughts...are energy. Energy Flows Where Attention Goes and energy attracts.

If your at all familiar with what's now being called the Law of Attraction you have at least a basic understanding that your thoughts are energy and that energy attracts.

And with that being true as many really smart people have proven...Where your ATTENTION stays focused states your INTENTION.

In more cases than not...in the vast majority of cases...it's an unconscious intention that you hold...but regardless if it's conscious or unconscious, it IS

stating your intention and will without fail show up in your life JUST AS you're intending.

If you'll look at and be really honest with yourself about what's going on in the physical, financial, relational, emotional and spiritual aspects of your life right now, you'll begin to become aware of what you've been intending for yourself.

Let's slow down for a minute and go through this so you really grasp it.

Since your predominant THOUGHTS which are energy state your intention. Where you place your thoughts or ATTENTION which determines your INTENTION is projected energy. Your stated INTENTION which is created by your predominant method of thinking or where you place your FOCUS most of the time...your FOCUS which is projected ENERGY places your ATTENTION consistently on your INTENTION and that's what you'll get without fail.

This is VERY CRUCIAL to understand and become "conscious of" if you truly do want to begin getting what you want.

Why?...because as I stated "life gives us whatever we intend for ourselves. It gives us what we ask for...what we intend...No more no less.

If you're focused on "getting by" whether consciously or unconsciously...that's what life will deliver. If you're focused on being broke...whether consciously or unconsciously...that's what life will deliver. If you're laser focused on the fulfillment of your fondest dreams and desires...both consciously and unconsciously...that's what life will deliver.

Why do you suppose that the vast majority just "get by?" It's not because they're UNLUCKY I can assure you. Because that is what their predominant focus is fixated on. Their INTENTION is being projected as getting by and so getting by is as far as they go. Life delivers what they ask.

It's no different with the ultra successful. The process is the same. It's only a different focus that produces different results.

I hope you Get this...REALLY get this...

It's the foundation and most crucial part of this entire conference and is necessary

to understand how important it is to begin thinking about what you're thinking about...to become conscious and aware of where you're placing your predominant attention most if you "truly do" expect to get whatever it is that you want.

I know from experience that most people don't think about what they're thinking about. They're unconscious of the fact that they're predominant focus is on the opposite of or the absence of whatever it is that they want which is the one and only thing that keeps us from getting whatever it is that we do want.

Here's why that happens...

The experts tell us that we think an average of 60,000 thoughts per day. That's a lot of thinking. But the vast majority of these thoughts are "unconscious thought processes" running under the radar...95-98% of them and the vast majority of people couldn't tell you what more than 5% of those daily thoughts are.

So put in another way, you could say that what we think about 95% of the time which is stating our INTENTION...what we "Unconsciously" keep our predominant focus on" we're not even consciously aware of.

We wonder where all this "undesired stuff" comes from and not knowing or understanding we adopt the attitude that life is chaotic and random and that some people are lucky and others are "unlucky."

You could say that we are...for the most part "unconscious of our consciousness." We're UNCONSCIOUS OF what we're asking life to give us.

That may sound a little weird initially, that we're UNCONSCIOUS OF OUR CONSCIOUSNESS or that it even matters. I know it sounded a bit weird to me until I was made aware of it and began to take the time to slow down and begin "focusing and paying ATTENTION" enough to begin thinking about what I was thinking about most of the time which turned on the light bulbs. Actually for me it turned on some floodlights...really HIGH INTENSITY floodlights.

Have you ever seen those rows and rows of floodlights that hover over a football field that they turn on at night that illuminate the whole field? That's what my light bulb moment was like. It was VERY illuminating.

And it also painted the EXACT picture of what my life was like.

It's what precipitated my digging a bit deeper to find out why and the more I dug the more I discovered and the more I began to grasp the reality and the power behind it.

That digging led me down a number of paths of research and study. Many years and countless thousands of hours of it...You could say I became obsessed with it.

But the reason I did is because I was in a place of discontent...serious discontent.

If you think that being Unconscious of your consciousness sounds weird...wait till we get a bit deeper into one of the paths that I researched which is Quantum Physics. That'll raise your eyebrows.

That's only one of a number of paths I explored. I also explored cosmology, the new biology, neuro science, religion, spirituality, studying a number of the ancient texts combined with a WHOLE BUNCH of personal experience...some pleasant and some NOT so pleasant. Some downright UNPLEASENT as a matter of fact.

What I share isn't entirely my own. It comes from a number of people...very famous, insightful and smart people.

I'm not formally educated. In fact I'm a high school dropout. But I've been told by a number of people who DO have a formal education, that what I've spent so many years and hours studying and researching is FAR MORE valuable than the education that they spent tens of thousands of dollars on and many years getting.

Don't get me wrong...I'm not downing formal education but at the same time formal education doesn't show you where your "True Power" lies unless you major in quantum physics.

You discover this "True Power" by choosing to take an inside out approach to life that yields far greater results than ANY external resource could EVER hope to.

Ultimately...in really simple terms, what I discovered through my "digging" and through my years of "self education" is that our thoughts...what we keep our ATTENTION on most of the time determines our reality without fail.

When you really grasp that and begin to use it consciously and consistently, you'll

find out for yourself where YOUR true power lies.

My self education lead me down a lot of different paths. You could say I took the long path...a number of them. You could say that when I began walking some of these paths I was a bit cynical at first.

But the digging I did revealed that all these seemingly different paths I took lead to the same fundamental truth...what I choose to call a higher truth than most understand or are even aware of.

This higher truth is that you are limitless in what you can accomplish in your life and the achievement of whatever it might be for you is far more simple to acquire than most understand, are aware of or that most can even fathom for that matter.

That's not based on personal opinion alone. It's been validated by modern day science...by biologists...by neuro scientists...by cosmologists.

Not only has modern day science validated it, I also know through my "digging" process or "path walking" as I like to call it...that the truth behind it has been shared by the mystics, sages and masters of the past for thousands of years whether through structured religions like Christianity, the Muslim Faith, Buddhism, Taoism or whatever other structured religion that may exist.

In the case of ancient texts...there are countless references as to how "true" that is...

"As you think so shall you be" as one of the texts puts it.

Or as the Buddha puts it...."You will not be punished FOR your thoughts, you'll be punished BY your thoughts."

Or another...

"Be transformed by the renewing of your mind."

I use to believe that meant something ALTOGETHER different...until I started digging. Because I was told that it and I believed it.

Whichever one you choose...whether Being transformed by the "renewing of your

mind" is an "inside out approach" to life.

Now if what both science and what the masters of the past say is true....and we are unconscious of roughly 95% of our thoughts...what we keep our ATTENTION on 95% of the time which we are "unconscious of", is it any wonder that most people think that life unfolds randomly, chaotically and only a handful of the "lucky ones" get what it is that they "truly want?"

Is it any wonder that the vast majority "perceive" that we live in a world of chaos, fate, chance, or luck and that such a thing as unanswered prayer exists?

I don't want to step on anyones toes here OK but I learned growing up and for a number of years BELIVED that unanswered prayer was "real" but through my searching I've also discovered that there isn't a record ANYWHERE spiritually or otherwise that supports such a "limiting and dis empowering belief."

This is a potentially life changing realization to come to. IN fact it's the key...the MASTER KEY that will enable you to begin consciously and consistently getting what you want.

The reason I say POTENTIALLY life changing as I mentioned earlier is because "learning it…knowing it and understanding it is absolutely USELESS unless you choose to DO SOMETHING with it once you learn, know and understand it.

APPLICATION IS KING here.

It's the understanding that if you choose to recognize and you grasp the transformational power behind it and make the choice to apply it, is the very thing that will enable and empower you to begin "consciously and consistently" getting what you want...WHATEVER you want whether physically, financially, relationally, emotionally and spiritually or all of the above.

There are NO exclusions and there are NO limits as to what you can have, with the exception of the limits you place on yourself.

Now don't misunderstand...there is more to getting what you want than just thinking it into being. It goes beyond thinking and intending. You have to follow that up with words and actions as well that harmonize with whatever it might be that you want.

But becoming conscious is the first step. Becoming aware that it's "true" is the first step. It's the foundation that choosing to bypass will only serve to continue providing "FAR less than desired" or very hard earned results.

But once you get the foundation in place...you know your predominant method of thinking...once you become conscious of that...once you clearly see and become conscious of where you're placing your predominant attention that's stating your intention...once you become aware and conscious of that...and you make the choice to become conscious and master the art of shifting what you're intending when it's not in alignment with what you want, the speaking and acting part becomes much more easy and simple than most can even fathom.

We start attracting the ways and means.

There's a very good and LOGICAL reason why so many today struggle and work so hard only to produce mediocre results at best...you know who just get by...who survive.

Because they don't understand the importance and the necessity of building on a firm foundation that allows the speaking and acting to become second nature and once that foundation is set the rest becomes what many today refer to as effortless creation.

It's NOT because it's effortless in the literal sense of the word. It just starts showing up in pleasing and in many cases "seemingly miraculous" ways that it's referred to as effortless.

But make no mistake even once the foundation is laid, the other 2 are necessary as well. They just become a lot more simple and pleasant than most understand and believe them to be.

I know first hand that since the release of "The Secret" in 2006...there's a lot of information being circulated that says all you need to do is visualize your dream life into being.

You can listen to and follow that if you'd like...sit around and think and visualize and affirm and meditate and all that's REALLY great stuff....NECESSARY stuff....but without taking action, I don't think you'll like the results.

Unless being in "feel good land" is your idea of success…because that will take you there. But to add the "tangible results" that create the physical, financial, relational, emotional and spiritual aspects that I believe are necessary for experiencing "REAL HARMONY" and REAL FULFILLMENT and real success, it's going to require action.

You have to think it and "consciously focus" on it...consciously and consistently keep your ATTENTION on the desired result which lays the unshakable foundation and begins the attraction process...

But it goes beyond that. That's the key...that's the fundamental and foundational place to start. That's where it ALL begins.

But then you have to talk as if...speak about it with every word that crosses your lips in a way that harmonizes with creating the desire which is the first stage of bringing it from "thought form" or the "unseen" into the physical by transmuting consciousness...the unseen consciousness...transmutes it into thought and converts it into physical words...

That will most certainly begin to attract the ways and means...but as you start ATTRACTING the ways and means...you have to act on it which creates the "tangible" results.

You have to harmonize the tangible with the intangible.

You could say that you have to think, speak and act it into being.

Energy flows where attention goes and that works on all levels. The seen and the "unseen." But the "unseen" is the foundation.

You can envision and visualize and meditate and do all these things that attract the ways and means in the way of people, events, conditions and circumstances, ideas to you....everything you could possibly need to fulfill the desire, but if you choose NOT to act on it...it's going to go away. You're not going to see any tangible results.

But once you get it right...once you learn to harmonize thought, word and deed you'll never have to regret, tolerate or hate anything that you do ever again. In fact

as you develop further, you'll learn to LOVE and BE GRATEFUL for ALL of it.

You'll create and experience harmony in your life. Real harmony.

Now with that in mind...once again just for a minute, I'm going to ask that you think about what Intention have you been setting for yourself. What is it that you want and what INTENTION have you been setting for yourself up to this point.

Now you don't have to tell me but make a mental note to yourself. Is what you want harmonious with what you've been intending for yourself? Is the desire that you hold backed up and supported by the under the radar thoughts that pop up as you think about getting that thing?

Are your words and actions harmonious with what you want?

If you take a look around at your current results, you'll have a good idea of what you've been intending for yourself.

Let's look at it in a very practical and "tangible way" that everybody can relate to. Let's talk for a minute about your job or career or whatever it is that you spend a good portion of your time doing.

Are You Passionate About or Merely Tolerating What You Do

With that in mind, using our job or career specifically as our point of focus, let's substitute the word attention or energy for passion for just a minute.

Are you "passionate" about doing whatever it is that you do? Do you LOVE what you do or do you do what you do because you "believe" that's what's necessary and what you MUST do to survive?

How do you FEEL about what you do and why do you do it? Is it because you're passionate about it and LOVE doing it or Do you tolerate it? Does what you do excite and invigorate you or Do you tolerate or worse hate it?

Do you get up every morning anticipating what you GET to do today or

DREADING what you have to do today.

Think about that for a second.

If you're passionate about it great, congratulations...keep doing it. But if you tolerate it or if you hate what you spend so much time doing, where do you think your predominant attention is focused as you're doing it? What INTENTION are you stating to yourself?

If you don't love and you're not passionate about what you do, I would certainly and strongly consider changing it because you will not achieve anywhere close to your potential if you don't.

Yea, you might survive...you might get by...you might put food on the table...you might be able to pay the utility bills and your mortgage or rent but there's much more to life than that. There's MUCH more available than getting by and it's your BIRTHRIGHT to have it and you can IF that's what you choose for yourself.

Please don't misunderstand...I'm not saying that there's anything wrong with getting by and in fact we should be EXTREMELY grateful for that.

But I've come to know that people want more for themselves than just getting by.

In my interactions with people from all walks of life, I believe that EVERYONE wants to reach their full potential but at the same time I've also come to know that most aren't aware of what their potential is...there TRUE potential I mean.

Many believe...based on what they've been conditioned to believe that where they are IS their full potential. They WANT more for themselves...they have desires to experience the BIG dreams and goals and visions but they consistently communicate an INTENTION for themselves that they're not capable.

But as they become "conscious" and they become aware of the importance of "thinking about what they're thinking about" they find that it was only their "underlying and under the radar "BELIEFS" and the "unconscious INTENTION" that they'd been stating to themselves that kept them there.

Most "settle" for getting by because they've decided that that's all that's available to them. But it's not unless you choose it for yourself. Your Individual Potential is

limitless regardless of who you are or what you currently believe.

You know everyone holds individual beliefs. Everyone has and is entitled to their own truth.

There's a vast difference in truth though and what I refer to as Higher Truth. Whatever you believe to be true will hold true for you without fail...no doubt about it.

But there's also a Higher Truth that transcends individually held perceptions of truth.

Because the fact of the matter is that Truth is infinite....truth is eternal.

We all have the ability to choose that truth for ourselves. Your choice to remain stuck with a limiting belief will keep you stuck there for sure but it's not because it's true that you've gone as far as you can go.

One thing I've found that's REALLY exciting is that you can't OUTBELIEVE Source whatever the Source of your understanding might be.

One of the most profound things I've discovered is that We NEVER arrive in life. There's ALWAYS more and the kind and quality of more that we experience individually is based on our individual choices...what we choose as truth for ourselves...what we choose to believe.

It's not limited to "physical things." One of the most amazing realizations I've come to is the fact that regardless of how far we choose to progress in life or in our understanding of "Higher Truth" there's always more to explore and understand.

I've spent a number of years exploring and the more I come to know and understand...the more I realize just how little I know and understand. The horizon just keeps expanding.

It's like a little speck of sand on a thousand mile beach.

That's profound. That's literally a PROFOUND and exciting realization to come to.

But amazingly the deeper you dig the more you begin to see and understand the simplicity. Higher truth reveals the simplicity and our individually held "perceptions of truth"...what we've been conditioned and programmed to believe more often than not keeps us trapped in the complexity. But it's NOT because it's complex. It's because that's what we are choosing for ourselves.

Science is finding the same thing. They've progressed in leaps and bounds over the past 80 plus years but they're also understanding that what they're exploring is literally INFINITE in nature and no matter how far they go whether on a microscopic or macroscopic scale they've discovered there is more to discover.

They're also discovering how simple it is the deeper you go. Do some research on Fractals.

The deeper they go the more simple it becomes.

It's the same in our physical life...there's always another plateau to reach. Some goal to achieve...some desire to fulfill. That's what life's about. Experiencing it to the fullest and enjoying the journey.

But most don't only because they don't "believe" that they can. They don't "BELIEVE" they have the potential. They believe it's hard and complex.

So back to passion and what we do to contribute to the world...

Making choices that harmonize with our Passion is an extremely important part of achieving REAL WEALTH. As we progress we'll get into more of why that's true.

Passion can be likened to a focused energy in physical form just as tolerating and hating can be.

Think about this...

What's a projected passion? What's a projected tolerating? What's a projected HATING what you do?

There all the same with the exception of the kind and quality of INTENTION that's being projected...They're all a projected energy and energy flows where attention goes and energy attracts.

And whichever one you choose you get. That's cool and exciting stuff.

Here's what's sad...

Most people I talk to don't do what they do because they're passionate about it... they do what they do because they feel they HAVE to regardless of HOW they feel about it. They do it for the money. They do it because they have to pay the utilities and buy the groceries and pay the rent or the mortgage and spend their entire lives feeling stuck...unfulfilled.

And NOT knowing how to get unstuck. Not even realizing that they can. And not knowing why that's happening.

It's a documented fact...Most don't even like what they do, but they do it because they have to survive and they don't know any other way to do that because they've never been shown how.

But they aren't shown how in more cases than not because they won't take the time. They're too busy surviving and getting by.

They get so caught up in the cycle of survival that they "choose" a mindset that they don't have "time" to explore deeper which is the very thing that's necessary to break the cycle that they WANT so bad to get out of.

It's amazing to me....sadly amazing that in the U.S. based on the research I've done 86% of the people find their careers and vocations unfulfilling.

They settle...they tolerate or they hate their work.

In a Harris Poll that was taken recently 72% said they would like to start and own their own business but most of them don't. They WANT to. They have the desire to, but they don't.

Combine that statistic with the fact that the number 1 cause of depression and anxiety in the US is due to career dissatisfaction and you begin to get a pretty good idea of why so many people never achieve above average results...who get by and are stressed out, anxious and fearful all the time and take some pharmaceutical drug to cover it up.

So why do so many stay stuck? My personal belief is due to a fear of a lack of money. Where's their attention? What INTENTION are they consistently projecting?

It's fear based right? They operate and stay stuck in a fear based mindset.

What do you suppose might happen if they shifted their predominant ATTENTION which states their INTENTION to what they loved rather than what they feared?

Due to the programming that we've allowed to be ingrained in us, due to our beliefs about money and our fear based ATTENTION toward it...money has become our master.

But it doesn't HAVE to be unless WE choose for it to be. We only need to elevate the "belief" that is creating the fear.

Passion Never Follows Money But Money Always Follows Passion

If you study and follow any of the ultra successful people in the world you discover that they don't do what they do because of the money, they do it because it's what they are passionate about and the money follows. The money isn't their passion...when they began MONEY wasn't their passion...what they DO is their passion and money is a bi-product.

Their INTENTION of engaging in and fulfilling there passion determines their ATTENTION OK...Energy flows where attention goes and then energy ATTRACTS.

They engage in their passion...they LOVE what they do...they provide VALUE to people...where is their energy flowing? What do they attract based on that type of energy projection? Money is a bi-product.

Let's bring that into light based on what we just discovered about ATTENTION and INTENTION and the fact that most tolerate or hate their work.

If we tolerate or hate what we do where is our predominant attention focused? And if our predominant ATTENTION is focused in that way what INTENTION are we projecting?

What does life deliver to us? What we intend for ourselves right?

Let's take another look at what the masters say...

As we think so shall we be. As we believe we receive. I could provide quote after quote made by the masters from all cultures around the world that validates the fact that our choices...our INTENTION determines our lives.

And I can also back it up with science and I will soon.

So now an important question to ask yourself is, do you do what you do because you're "passionate" about it or do you do what you do because of the money? Do you do what you do because it's what you love or do you do what you do because you "fear" not having enough money?

Do you do what you do because you fear NOT having enough money to get by and due to the "time" it takes to "get by" it leaves you "no time" and keeps you from engaging in your passion? Or maybe from digging deeper to discover and understand where your "TRUE POWER" lies and the awesome and creative you that you are which would elevate your "belief" enough to enable you to do that?

Starting a business in and of itself isn't enough as so many FAILED businesses prove. Although that's a great thing to do, it requires more than that to experience above average success.

If you're passionate about what you do, when you come up against obstacles you'll keep driving forward to fulfill your dreams. You'll do whatever it takes to get where you want to be. If you're not, if you're chasing the money, chances are pretty good that you'll change from job to job to job or spend the rest of your life "getting by" and tolerating or hating what you do.

I know because I use to chase the money. And I also know from personal experience that money won't make you happy. I made a lot of money and I crashed and burned more than once.

I also know that there are a number of people who attempt to start businesses with the INTENTION of making money which is why so many businesses fail today.

They focus on the money they think they'll make by starting their own business rather than starting a business based on what they love and are passionate about.

Starting a business is a great thing in my opinion. But if you start a business for the money...as the obstacles come and believe me they will...it won't carry you through. Obstacles and hurdles are a part of life...a necessary and important part as we'll cover later.

I can tell you from experience that starting a business based on passion with the INTENTION of serving others rather than with a "what's in it for me" mindset as many who start businesses have will carry you MUCH further and be sustained for MUCH longer than trying it the other way.

In fact when you project your passion and you provide incredible value to enough people...you'll become wealthy AND fulfilled.

It's not necessary to start a business either. You can engage in your passion working for someone else. It's not what you do that determines your success...it's how you feel about what you do. If you love it and are passionate about it you'll give it your all. Your ATTENTION and your INTENTION will harmonize and you'll see things happen...desired things...that so many people "perceive" as happening by fate, chance or luck.

Point being...Chasing the money won't keep you going if things get tough but engaging in your passion will. Chasing and even GETTING money won't fulfill you. And maybe you think at this point that it will but I can tell you from experience and the experiences of a number of other people that it won't.

I made A LOT of money in my corporate days. I made A LOT of money by starting my own businesses. For a while I even liked what I did to make it. I can't say that I loved it but I liked it.

But then I didn't. I lost my passion. Why because I was doing the work for the money rather than doing what I enjoyed and loved the most. Money was my focus rather than passion being my focus.

Did it create some money? Yep...a lot of it...temporarily.

The time it took to make this money began conflicting with what I valued most. All the DOING that was required interfered with my values. I spent the majority of my "time" making money and it didn't leave me enough time to spend doing one of the things that I valued most which was being with my wife and kids.

It didn't leave me any TIME to do anything except recoup and rest so I could DO some more of the same. I did that for quite awhile but I can tell you from experience that it will become emotionally, physically and mentally draining.

I wasn't passionate about it. In fact I began to despise it after a time of 70-80 hour work weeks and it wasn't long afterwards that I found myself without passion AND without money.

In a world where money is necessary, That's not a great place to be.

I had some passions at the time but I didn't think I could make money doing them. I didn't know how and I didn't believe I could.

Why...because of what I had been "programmed and conditioned" to believe with regard to what was logical and rational and practical based on the worlds standards and based on the beliefs of others that I "inherited" or should I say "allowed myself" to inherit and hold onto with regard to what it took to make money and get by. We'll be touching on that as well...in depth actually.

The belief thing.

Point being money follows passion. Passion DOESN'T follow money. When you do what you love and you provide value to people...the money follows. Money is a bi-product.

When we shift from all this DOING to being...when we begin being on the inside what we DO on the outside with a sincere and "internally felt" passion and purpose BIG things will begin to happen.

When we choose LOVE over fear and our INTENTION changes...so do our results.

We spend a lot of time doing what we do. Since energy flows where attention goes and our attention determines that "flow" if we're doing what we love and we're passionate about it we're moving toward where we want to be instead of away from it.

Fear will only keep you stuck and you'll never reach it.

Passion and effortless creation go hand in hand. Not because it's effortless literally. It takes action. We have to engage ourselves physically, emotionally and mentally.

But If we are doing what we are passionate about and love is it work or is it play?

But if we tolerate it or if we hate it is it effortless? Do you think it's moving you closer to or further away from where you "truly" WANT to be?

Where's your ATTENTION focused if you're consistently tolerating or hating your work?

Our careers are just a single example that many can relate to.

That's not limited to money and a career. The same applies to anything...To ANY area of your life. Physical, financial, relational, emotional or spiritual.

So here's something to be thinking about as well.

In relationships do you keep your ATTENTION focused on having healthy, wholesome and fulfilling relationships or do you consistently think about how bad things are? How unpleasing your spouse or significant other is? Their shortcomings.

Do you focus on how few good relationships you have or project gratitude for the ones you do have?

Do you hope and wish and pray that the right relationship would come along so you don't have to be alone and fear not having one or do you focus on the LOVE of attracting just the right partner to share an incredible life with?

In relation to your physical health do you consistently keep your ATTENTION

focused on being healthy and enjoy your good health or do you worry about getting sick?

In relation to life in general do you keep your ATTENTION on what's good and what you have to be grateful for In every area of your life or do you constantly experience fear, doubt and worry about what might or what could happen tomorrow based on what's happened in the past or what's going on around you currently?

That's something to consider and be thinking about as well.

And I understand that there are those who might be in "less than desired" situations in one or all of those areas. I'm empathetic and compassionate for those who are.

I've experienced some SERIOUS discontent of my own.

And because of that I also know that choosing to keep our FOCUS on them... keeping our ATTENTION focused on the story rather than where you desire to be will only keep you stuck in the same story all the while "believing" that you're trapped...that the world is random and chaotic.

So are you focusing on the LOVE of what you want or the FEAR of what you DON"T want?

Let me assure you that a focus of LOVE will draw MANY more pleasing results that FEAR ever will.

My whole point for that dialog is that it's CRUCIAL that we become conscious of what we're intending for our lives and where we direct the 60,000 thoughts per day that we think IF we TRULY want to break consistent patterns and cycles that we find UNDESIRABLE and begin to experience greater results.

That's step one in becoming a conscious creator. Becoming conscious of where we keep our ATTENTION and know how and what we are stating as our intention.

OK...let's take a ten minute break and stretch and get refreshed and we'll pick back up where we left off.

Break Time

Part 2 Day 1

Then there's step 2...Becoming Conscious of Our Beliefs

OK...now that we're all conscious of our consciousness let's do step 2 which is becoming conscious of our beliefs.

Equally as crucial. Once we're conscious of our consciousness we have to begin recognizing...become conscious of and consider what core beliefs we hold which step one will begin to reveal. When we become conscious of what we're thinking about we almost automatically start becoming conscious of the under the radar beliefs...our "unconscious beliefs" that will begin to surface.

We have to pay attention. We have to really pay attention but we'll spot them.

Then we have to ask ourselves why do we have them?

As these beliefs start popping up and we become "CONSCIOUS" of them, it's important that we identify and start questioning ourselves as to why we believe those things. If we have a desire or a passion for achieving something...but a conflicting belief surfaces as to why we can't have or shouldn't have and never will have this thing, it's necessary to become "conscious of" why is it that we believe that?

Where did that belief come from? If it's "true" if this belief is REALLY TRUE that's conflicting with the DESIRED outcome...then why do we desire to have that thing?

Did we inherit this belief based on someone else's limited perspective...do we have fear about this thing due to how we've been programmed to think and believe based on someone else's fear or is it a valid belief?

Is what we think that we want not truly in our best interest and serve us and others

or due to our conditioning do we just "perceive" it to be true.

I would challenge anyone in this conference that we all have deeply embedded beliefs that conflict with what we want or we wouldn't be wanting anything. I'd go a step further and say that many of these "beliefs" that we have aren't based on fact or a "Higher Truth." They're in many cases traditionally held beliefs handed down to you...that aren't anymore true than elephants can fly.

We have desires because these desires are the TRUE US...the REAL US...which is spiritual in nature SEEKING EXPRESSION.

We might have any number of desires that we've been told that we shouldn't, but I can assure you that we have them because they are seeking expression.

We've each been conditioned and programmed throughout our lives in some aspect and have adopted certain beliefs that are the only thing that is keeping us from getting what we truly want.

As one of the personal empowerment teachers out there today puts it...We' were all born into greatness and have been conditioned to mediocrity."

And that IS SOOOOO true!! If we see ourselves as ANYTHING but magnificent, awesome and creative beings who can be, do and have "Whatsoever ye desire" as one of the masters puts it, we have some underlying beliefs that need to be addressed and elevated if we TRULY want to reach our potential.

Once we become conscious and aware of what those beliefs are and learn which are "true" and which aren't and we make the choice to elevate them miracles will happen.

And once we get there...once we elevate and overwrite the limiting beliefs held we have to be very conscious and guard ourselves from input and opinion that can and WILL bring us back down IF we allow it to.

The most important foundational belief that we can elevate has to do with ourselves. It's necessary to "believe" in yourself...To discover, know and understand who and what you "truly are and your ability and worthiness to get whatever it is that you want. Not what you may have been told that you are but making the choice to discover for yourself who and what you TRULY are. Belief in yourself and your capabilities happens as a result of choosing to develop and enhance SELF AWARENESS. Not what someone tells you that you are or what's available to you...What the REAL YOU is...what's available to you and for you which is INFINITE in nature and what you're quite capable of achieving when you choose to do so.

And we're going to be covering some of that to assist you in getting there and not to jump ahead of myself but I think this is important to say.

I can assure you that you're NOT a physical body with a spirit. Your not a physical body having a spiritual experience as many think...You're a SPIRITUAL being having a PHYSICAL experience and when you grasp the truth and power behind that you're well on your way to achieving a level of self awareness that will enable you to begin getting more of what you want...the "untainted kind of self awareness that's based on a "higher truth" than many currently hold or understand about themselves.

It's ALWAYS the nature of spirit to seek fuller expression and expansion. NEVER restriction

So belief in yourself is essential. An enhanced awareness of how awesome, incredible and worthy you are is first and foremost.

And finally It's also necessary to believe in your vision. In want you want. But first and foremost you have to have one.

Becoming conscious of our consciousness will reveal what we believe in each and every one of these areas.

It will be an eye opener and a transformational experience I can assure you.

Also it's important that you to be thinking about and becoming conscious about what you say to others about your vision...about this thing that you want. Do you enthusiastically share it with people you're close to? Do you talk about it as an already existing fact...as something that's truly possible for you or do you engage in conversations of far off dreams and wishes only to end your conversation with..."Well, back to reality."

Do you associate and communicate with people who understand what's true possible for you or do you choose to associate with people who tell you how irrational and illogical your desires are? Do they support you in it or tell you how illogical and unrealistic they are?

Do you spend the majority of your time listening to and surrounding yourself with people who are focused on survival and getting by and saying how hard life is or choose to interact with people who are advancing toward the "uncommon" types of visions and dreams that the vast majority "perceive" as being unreachable and unattainable.

I can tell you that I've had to break free with some limiting relationships that I was engaged in personally. Not because I didn't like them...not because I didn't care about them...but because I care enough about myself and FULLY INTEND to achieve my personally held visions.

So I had to make some tough decisions.

Who and what you surround yourself with is vitally important to getting what you want. You don't just project energy you absorb energy.

Which brings us to another subject that's sometimes touchy. Do you absorb all the doom and gloom in the headlines of the morning paper and allow the talking heads on TV to inundate you with how the world's going to hell in a hand basket?

Do you allow yourself to take in information that is continually telling you how bad things are?

It's vitally important to determine if what you surround yourself with is feeding and moving you closer to your desire or moving you further away from it.

Do you read empowering books and material and avoid all the negativity.

That's extremely important. And heres' why. If you'll remember that I said your thoughts are energy and are what projects outward stating your intention. What you surround yourself with is projecting energy too and if you're not very conscious and alert will keep you from getting what you want.

And then finally think about what actions you've taken or haven't taken to make

this thing real. What steps if any have you taken to initiate the "tangible creation" of this desire?

Are you taking steps that are bringing you closer to your desired outcome or "waiting for the world or some other external thing to change so you can."

You don't have to have everything just perfect or know exactly what to do. You just have to do the best you know how starting where you are.

Creation happens on 3 levels and energy is projected on 3 levels. What you create is based on and determined by how you think speak and act. You could say that thought...your quality of consciousness...what you place your attention on is the seed and the speaking and acting are the fertilizer and accelerator that cause the seed to grow.

You need to begin with a solid foundation and build upon that.

OK...Lets talk for just a minute about Personal Will and your willingness to persevere.

Once we've become conscious and aware of our intention and the underlying beliefs that can move us toward or further away from our desired outcomes, and we begin elevating the beliefs that will get us there...let's discern how "serious" we are about getting that thing or things.

Is it a heartfelt desire? How BADLY do you want it?

For now let's replace the word INTENTION with perseverance or personal will. Do you have the perseverance and the personal will to make your intention "REAL?"

Do you have a strong enough WHY to get you through?

How much personal will do you need? Well, that depends on both you the size of your vision...and the quality of consciousness that you currently hold and your willingness to apply what we're covering here.

It's not the doing that's hard. It's changing our way of being. When we shift our

way of BEING and make the paradigm shifts the rest comes. We begin to attract it in fact.

What are you willing to do to get what you want? How badly do you want it? How big is your why and are you willing to do what it takes...to persevere through what it will take to make the "INTERNAL shifts necessary to get there?

I can't possibly know what level of perseverance will be necessary for you individually. There are a number of factors to consider and each person is unique.

It's all dependent on your ability and willingness to spend the time to become conscious of your consciousness and begin thinking speaking and acting in harmony with whatever the desired outcome might be.

So it's dependent on your willingness to take the time to make the inner changes.

That's why you have to have a big enough WHY. Because it's going to take some personal will and perseverance.

The process is EXTREMELY simple but don't be fooled by some of the marketing hype floating around today...because it's NOT always easy.

The underlying principles that will carry you there are EXTREMELY simple I can assure you, but depending on where you're starting from, and where you want to go, it's NOT always easy.

For some it might be the hardest thing you've EVER done in your life, but at the same time it will prove to be the most rewarding and fulfilling.

It will be easier for some than others, but that depends on how much UNLEARNING and reprogramming you have to do and your willingness to do it consistently.

Success and reaching your full potential isn't as much about learning as it is unlearning. Learning is the EASY part...UNLEARNING and reprogramming is the NOT SO EASY part.

It's requires a deprogramming if you will and that takes commitment. It literally

requires Changing the neuro pathways in your brain.

How much deprogramming will be revealed to you soon enough when you make the choice to take step one and become conscious of where your predominant ATTENTION is being directed to...which will reveal to you your UNDERLYING INTENTION that may have up to this point fallen outside of your "conscious awareness" which in turn will reveal the beliefs that need to be shifted and elevated.

But when you get there...when you choose to DO THAT...When you begin recognizing the thoughts, beliefs and emotions that are limiting you, you've made a "profound" discovery that will enable you to begin moving forward...and making the changes necessary to begin getting what you want...what you "truly want."

Then you have to become conscious of what you're doing and surrounding yourself with. What information are you allowing to penetrate your mind.

I know there's a lot of information being circulated today that says how easy it is.

Making internal changes that you've habitually and unconsciously engaged in for years requires more than driving up to the fast change my life window and driving off with your new life.

It's going to take some doing and that doing is going to require enhancing your awareness...developing the understanding...elevating your belief and then choosing to apply what you discover and in more cases than not is going to require some perseverance as you begin to work toward where you want to be which will inevitably get you where you want to go.

A strong why is going to be essential.

Regardless of which area or areas of life that you have a desire to enhance on the surface, get clear on your what...stay focused on the what and start becoming conscious of WHY you want whatever it is that you want. The "underlying" idea as to why and pay no mind to the when and how.

Don't make the mistake of getting caught up in the when and the how. Clingy attachment to those will only serve to delay your "desired" outcome.

The WHY and the WHAT are essential and the only things that are necessary for us individually. It's the strong emotional response to the why and what that fuels and determines the ATTRACTION of the how that will take us there and the WHEN is ALWAYS in perfect timing. Those aren't our job. Those are automatic when we do the first steps properly.

That's what I hope to accomplish in this conference. To introduce you or in the case of some of you... remind you of the potential you have to begin "consciously creating" your life by design rather than by default and provide you with some steps that will enable you to get what you want.

To be one of the "Lucky People."

That's what I love and am extremely passionate about doing. That's my job and a pretty cool one too if you ask me.

So, with that in mind and all that said, let's move on and let me continue doing my job...OK?

We're covering a lot of ground quickly here so let's recap what we've covered in the first half so we can get "refocused"...

Energy flows where attention goes.

Energy Attracts

Your predominant thought processes define your ATTENTION

Your ATTENTION states your INTENTION.

Your beliefs about yourself and your vision determine your level of success

Guard ourselves as to what we surround ourselves with and what we intake

Continual growth and expansion is essential.

Take action in the best way you know how.

Now that we're aware of our potential, What we'll be covering in this portion of the conference will hopefully serve to make you more aware of WHY that potential is REAL which will assist in reaching your potential...your full potential.

We live in an exciting time folks. The world is awakening at an ever increasing rate as to what's "Truly available to and possible for each of us."

Modern day technology is enabling scientists to discover things in a tangible kind of way what has always in the past had to be taken on blind faith.

They're showing us in ways that has never existed before...the "True Power" that we each have.

We're going to be talking a lot about power today and tomorrow. But it's not a kind of power that many in this day and age perceive power to be.

It's a kind of power that I refer to as "Real Power." A kind of power that isn't limited in any way, shape or form to anything physical or anything external to you.

I'm going to do the best I currently know how to assist you in seeing that in a way that's digestible and understandable.

This power that I mention isn't a form of power that destroys or hurts or causes anyone to lose but enables and empowers everyone to win AND it's a power that we each already possess INSIDE.

It's not a kind of power based on fear...it's a kind of power based on love.

We don't need ANYTHING to tap into it with the exception of the AWARENESS of how to do so.

It's a kind of power that hopefully, based on what I'll be sharing with you...in the

simplest, clearest and most concise way I'm able, will enable you to recognize and clearly understand how awesome and powerfully creative you are individually and provide you with enough information to enable you to really grasp and understand how to begin recognizing it as well as using it consciously and intentionally.

This kind of power isn't determined by or dependent on the economy...it's not determined by or dependent on the government...it's not determined by or dependent on any person or institution.

It's not dependent on your age, It's not dependent on the color of your skin, your level of formal education or lack of or your country of origin. It's a form of power that was provided to you, me, and everyone else in this conference room as well as anyone outside and our ability to exercise, use and benefit from it is ONLY determined by YOU and YOUR individual choices.

Hopefully when we conclude you'll have a crystal clear understanding as to EXACTLY why energy flows where attention goes and why our thoughts, words and actions determine our realities.

More specifically the UNDERLYING reason why that happens.

Energy goes beyond thoughts. In fact it determines everything. As you'll soon discover if you're not already aware...Energy IS everything.

Intention Attention Vibration Energy Attraction Surrender Allowing Receiving

I've found when you start looking at things at the ENERGY level things become simple. We find that the way our lives unfold is very simple. Contrary to what so many today believe, Your ability to get what you want isn't difficult. In fact it's EXTREMELY simple, which is precisely why I believe that more people don't get what they want.

The bottom line is that we get in our own way.

And as I touched on briefly the reason is Because most of us have been predominantly conditioned and programmed to believe how complex and "hard everything is." That's what makes it hard.

Establishing the understanding and the belief with regard to how "simple" it is what precipitates internalizing, "seeing" and personally experiencing the simplicity which enables you to begin elevating your belief...breaking through all this "perceived complexity" and as a result enjoying more of what you want in a tangible kind of way.

Ironically, as simple as it is, it's necessary to hold several hour conferences like this one in order to break it down into bite sized chunks over a couple of days to break through all this perceived complexity that we "know" or at least "perceive that we know to be true.

Not because it's complex but rather because of what we've learned and come to know and understand with regard to how life works which in MANY cases makes living a life of harmony and fulfillment in the physical world, seem really hard and complex and in some cases even...impossible.

One of the teachers out there today whose work I respect...Steve D'Annunzio calls it hard/easy. Once you get through the hard stuff....all the "perceived complexity...it becomes really easy.

My mentor Leslie Fieger...calls it seeing through the veil.

Initially the veil can SEEM like an impenetrable wall due to what we think we know...but the reality is it's only a veil...and one that we can walk through any time we choose to do so.

Unity and Oneness We're <u>ALL</u> Interconnected

So let's begin to uncover and reveal how to do that as well as why we can.

Let's start exploring the simplicity by switching gears a bit and talking about WHY it is SO SIMPLE and enable you to begin seeing for yourself why experiencing a life of harmony and fulfillment is not only possible for you, WHY it IS your birthright and when you choose to do what's necessary can become easy.

Let's talk for a while about Unity and Oneness. If that's a new term for you, don't go cross-eyed on me here OK.

I know I did when I first heard it.

In fact...To be quite honest, someone approached me with this "unity" and "we are one" message many years ago and at the time I was pretty sure...no scratch that...actually I was POSITIVE that the guy who was sharing it with me had taken way too many hallucinogenic drugs!! Seriously!! I thought "woo woo."

It was pretty obvious to me based on my understanding of the world at the time and what I "knew" with regard to how everything worked that everything was quite separate and individual. I certainly couldn't see this interconnected nature... so based on my understanding I came to the conclusion that this guy had to be taking some HAPPY pills that were seriously affecting his mind or at the very least that he had COMPLETELY lost his marbles.

I was like 18 years old when that encounter happened. Evidently I wasn't ready to accept the "Unity" and "Oneness" message then, but as I would discover only a few years later, in an extremely profound, amazingly simple yet literally indescribable way, I experienced what that someone was trying to have me "get" only a few years before.

For the sake of time I'll just say that this experience was profound. It made a tremendous impact on me. It was like I had a profound understanding of things I'd never even studied before. For lack of a better phrase I was overcome by an immense sense of peace and inner assurance.

And amazingly at the time it happened...I was in a place of SERIOUS discontent. SERIOUS discontent.

And then in a flash I wasn't.

I guess you could call it a transcendental experience. Profound is the best way I can explain it.

After about 7 days it went away. Each day it disappeared a little more until the 7th day and it was gone.

So I went about my life and didn't pay it any more mind.

I went back to my old way of DOING things.

2 years later I found myself in the same place of discontent and had the same thing happen. The same profound sense of inner peace and inner assurance came over me in like a second.

Except this time I knew I wasn't going to let it get away. Not knowing at the time what else to do I left work and went straight to a church and asked to talk to the pastor there.

I had a long conversation with him and it blew me away that he understood. Really...I was amazed. Initially I was a little concerned that he might think that I had dipped into the Happy Pills.

But he didn't...he understood and we had a long conversation. . In a nutshell he told me that it went away the first time because I didn't follow up with it. I didn't do anything with it. I think his exact words were "I didn't feed it."

That initiated my becoming actively involved in religion and I actually immersed myself in it. I wanted answers. I wanted to feel like that ALL the time.

Over the next several years I explored different denominations and although I gained a lot through that period... I also came to the place where I found what seemed to me to be contradictions and no one could seem to answer my questions.

And so...I broke away from religion and started exploring other avenues one of which we're going to be covering shortly.

Initially though, the thought of elevating my understanding to a "profound" level,

grasping this UNITY and ONENESS thing based on where I was intellectually at the time sounded a bit woo woo to me.

And the reason I tell you that is because some of what I'll share may sound woo woo to you as well.

But I'll also tell you that many times what we don't allow ourselves to open up to...digest and accept...when we shut out anything and everything that might fall outside of our comfort zones due to what we "Know" to be right and true which can also become our greatest hindrance and slow the process of progressing forward in life and getting what we REALLY want.

Had I been open and receptive and not so closed minded to what this guy had attempted to share with me It may have saved me from walking down a number of paths that I found myself walking down all the while wishing I didn't have to.

And so that's why I share what I share, so others might shorten their path and not have to go through some of the experiences I did. To help others get through or bypass the same kind of DISCONTENT that I experienced

It's not that I want you or expect you to believe me based on my experiences but rather that you might benefit in some way from my experiences.

What you do or don't do with what I share is up to you. I believe it can help...I KNOW it can help...but it's what YOU believe that's important.

I think that doing the best I know how to explain this Unity and Oneness thing is the best place to start.

And you may be familiar with it already. In the personal empowerment, self help community, you hear the words "Oneness" and "Unity" all the time. I can assure you It's a lot more prevalent than it was in the 70s when I first heard it.

In fact it's becoming so widespread, it's almost become a cliché.

Based on my own experiences I've come to believe that there are few teachers today who share it at a depth where people can effectively use it.

There's MUCH more to it than you can get what you want.

I've found that there's a lot of VERY superficial versions that claim that which causes a lot of people to "perceive" that the Law of Attraction and Unity and Oneness isn't "real."

But it is.

Another word or phrase that's used to describe Unity and Oneness is that everything's "Interconnected."

Recently, those have become some fairly common terms.

That can seem like a really complex and general term and alienate people depending on how it's presented. And if you're at all like I was it might even sound a little weird initially.

But it where your true power lies and it can be easily grasped and understood when it's presented in a way that the brain can process the information.

Based on my interaction with a number of people although they've heard and are aware of these words at a surface level, by choosing not to dig a bit and examine Unity and Oneness or the interconnected nature of everything...to really get to the core of what that means and the power that exists there for each of us individually, it causes many to overlook and never tap into their power.

That happens for a number of reasons...

In some cases it's presented in a way that's too philosophical. In the case of science it's presented in a way that's too complicated for people to grasp based on the way scientists attempt to explain it through all the mathematical equations and due to the complexity of how it's presented either scientifically or philosophically...many just don't get it.

I've read a number of books that gave me a mind cramp.

Often times when it's presented in a spiritual kind of way, it's necessary to take what were told on blind faith but based on what we see and experience in our day to day lives it's difficult to establish the level of faith and belief that's necessary to change things that we see happening around us and "truly have a desire to change. So, due to my realization, through my own experiences...and all my path walking...I'm going to do my best to simplify and explain things in a way that isn't limited to one specific methodology. It's my hope that by doing it that way, that more will "get it" and grasp the power behind it.

That you'll get it if you don't already and recognize your "true power" and just how unique, awesome and powerfully creative you are.

Everyone has their own unique way of looking at and perceiving reality and in order to effectively communicate what I share, in a group setting and impact the greatest number of people...which is my INTENTION it's necessary to approach it in a number of ways.

Some of you relate more to spirituality. Others relate more to science.

I'll use my wife as an example...

She relates predominantly to spirituality as the underlying cause for everything and she's right. Based on her predominant way of looking at and seeing life and how life unfolds, if I start talking to her about energy and science, regardless of how much I might attempt to simplify it...she goes cross-eyed on me. I lose her. She doesn't relate in that way.

So if I don't want her around for a while I just start talking about science and energy. No I'm just kidding.

Now I say that she's right by seeing everything in the world as being derived from the spiritual or the "unseen" and that's true but it's also true that those who relate more to what modern day science has discovered...they're also right.

So how could that be? Because as I've discovered as a result of all my path walking and digging and personal experience...science and spirituality aren't separate. I was personally taught that they are. For a long time I believed that they were and maybe some of you believe that as well.

I've found that most people do believe that. They're looked at in different ways as being some how completely opposite and as separate understandings.

The spiritual or unseen realm is predominantly thought to be out there somewhere while we're here.

Based on what we've been predominantly taught in school regarding how our world operates...more specially Newtonian Physics, which is still taught in the majority of our public school systems today that's quite understandable. In Newtonian Physics we were taught that the world and everything in it is a mechanical machine. Nothing spiritual or unseen about that.

But modern day science clearly shows that science and spirituality are NOT separate at all and more and more scientists are coming forward to acknowledge that fact.

The gap that many of us perceive is being bridged as science digs deeper and discovers more.

Different words are utilized in spiritual circles than scientists use to explain things but when you begin to study each of them more deeply...when you remain open minded and choose to transcend the self limiting perceptions that we've each formed...based on what we've been taught...you begin to see and understand that nobody is wrong.

That you can't separate science and spirituality or anything else for that matter.

That Unity and Oneness and this interconnected nature of everything is VERY real.

There are also those who relate better through observing and developing an understanding of nature and they're also "RIGHT."

Bottom line is that None of these ways are wrong. They're all RIGHT to an extent and they all lead to the same understanding when you look at them deeply enough because nothing is separate and everything is interconnected.

Regardless of how we perceive reality, regardless of how we've been taught... Unity and Oneness or Interconnectedness is the Ultimate Reality...the "Higher Truth" and once you really "get that" it becomes MUCH EASIER to begin getting what you want. Modern day science provides us with a tangible way to do that. Something we can sink our teeth into...get our minds wrapped around and grasp at the "brain level."

That's quite a shift actually. During my years of being involved in structured religion a number of years ago, I was told that if I believed in what science said with regard to how life has and does come to be, that I was going to end up in a place that I really didn't want to go to.

That led me on a quest...a really intensive search to begin exploring all these avenues and what I came up with ultimately is that once you sort through all the individually held perceptions and beliefs of all the teachers we've encountered throughout life and sort through all the traditionally established "False Beliefs" that we've adopted...you find that EVERYONE is right and it's only our individual perspectives, judgments and prejudices that makes anybody else "wrong."

Ultimately...in the bigger scheme of things, there is no "wrong" only individual perceptions held by each of us, based on what we've been taught throughout life regarding what's real and right and true and it's those teachings and the beliefs we form as a result of them that dictate within our own minds who's right and who's wrong which unfolds in our lives JUST as we believe.

We all have a free will and we're entitled to choose and believe whatever we like.

But I've also discovered that it's this predominant way of looking at and seeing life that has resulted in what is "perceived" to be a world of separation and has resulted in so much struggle and hardship that the vast majority in the world experience.

It's not because that's the way it is but rather because that is what we ourselves are choosing for it to be.

And the choices that many are making is what makes things hard to come by and why we often struggle so hard to get what we want. We've developed beliefs that that's just how life is which is precisely why so many end up "settling for less than what's available to them. It's because they believe in separation.

We've been taught that we're individual and separate...that it's a dog eat dog

world...that only the strong survive...that it's you and me against the world.

It's that very attitude that keeps wars around the world going. It's what precipitates hunger. It's what creates pollution and what many "perceive" as being a world grounded in chaos. It's what makes so many believe that life is just a series of seemingly random and uncontrollable events.

But it's not. And it NEVER has been.

It took a lot of years and a lot of study for that to finally click. It took literally thousands and thousands of hours of research, intense study and a number of personal experiences to finally come to that conclusion.

The ultimate conclusion that I came to is that there exists NO SUCH THING as separation and that we are all interconnected with everything else. That regardless of what country you live in...regardless of what color of skin you have... regardless of your social status...regardless of your age...regardless if you're Christian or Buddhist or Muslim or Jew or atheist or whatever we are ALL interconnected. We ALL exist in a world of Unity and Oneness and the power available to us by coming to that realization is mind boggling.

We just don't act like it. But we don't act like it simply because more aren't aware and don't understand the "higher truth" and the power behind it but only because we haven't been taught about it.

We've been taught something different...we've developed beliefs about something different.

I don't want to get to far ahead of myself here because I don't want you to go cross-eyed on me before we get started as to why Unity and Oneness is "true", but Ultimately that's what I hope you'll gain from this portion of the conference as well as how to begin using and applying that understanding to begin creating and experiencing more of what YOU want in life and far less of what you don't.

And again I commend each of you for being here because another thing I've discovered is that due to what we've been taught to be true...by our teachers, parents, clergy, aunts, uncles, siblings and the beliefs we've developed based on those teachings...most don't or won't take the time to step outside those pre-existing and self limiting boundaries and explore the depths of science, spirituality

and the simple observation of nature to come up with the same inevitable and Ultimate Conclusion.

But you did.

I'd like a make a clarification with regard to spirituality. When I mention spirituality as we progress I'm not talking about religion. I'm referring to the unseen or the metaphysical.

When I talk about the masters of the past and quote them I'm doing so to show you that they knew what they were talking about long before science validated it.

But it has NOTHING to do with religion.

But I've also learned that religion and spirituality CAN BE and often are 2 different things.

Spirituality as I use it isn't about man made laws and doctrines and dogmas it's about power and freedom and love.

I talk about it in a non-judgmental way. I've personally come to believe that LOVE is the only ONE TRUE religion.

I've spent a lot of years bridging the gap between science and spirituality and although one of my paths was spending a number of years in man made religious circles and it has served me immensely during my individual growth process and enables me to better condense the bigger picture of life and how life unfolds and helps me to present it in a way that more can understand it, it's not about religion.

It's about helping others to see and experience the Love.

So...with that in mind I'm going to do my best to explain Unity and Oneness or Interconnectedness or whatever you might choose to call it individually, to assist those of you who don't understand it already, in developing the understanding... the "profound" and empowering nature of this Unity and Oneness thing without sounding profound but with the hope that you'll gain something profound from it...OK?

Break time.

OK....It's interaction time...

Let's start out by doing a brief visualization and lay the groundwork for why our Intention...our Attention...and our beliefs determine what kind of results we get or don't get. And so we better understand this Unity and Oneness thing.

We're going to be doing some interactions like this as we go on so I'll ask that you participate and keep an open mind and once we're finished you'll have enough information to make an educated and informed decision for yourself if it's applicable or not.

We're going to start out by looking at energy.

I know a lot of people are aware that everything is energy but they don't really grasp it at any depth. I think this visualization will help us do that. To enable you to more experience it rather than just hear about it.

Let's start out by looking at this Unity or Oneness thing...this interconnected nature of everything as a huge ocean. An ocean so vast that you see no shoreline... just ocean. Let's also assume that this ocean is all there is. In other words...There exists nothing else...no land, no cities, no highways no nothing except this boundless body of water. The entire earth in fact is simply a huge ocean. Got the visual of that?

And like water in the ocean does...It never rests. It's always in motion.

OK for now we'll store this big picture view and we'll save it for later. That gives you an idea of where we're heading. We'll be using and referring back to it again after we do a little more detailed envisioning or as one of my mentor Leslie Fieger refers to it "envisioneering."

OK next, let's bring our attention out of the water and on to everything that surrounds you....EVERYTHING. Your house, everything in the house, the pictures, statues, your dog, your kids (if you have any) and anything else that you can see as you look around. Now, let's imagine it all being changed from it's solid form into water form in your mind and imagine all of that being poured into and becoming a part of this ocean that we visualized.

Everybody with me?

Now, let's take it a step further and venture outside...Picture in your mind of everything outside in your immediate environment.

Whatever it is that you see surrounding where you live, whether it's the trees, the grass, the sky, the clouds, the neighbors car, the driveway, the houses or whatever else might be out there, let's melt it down into water form also, the same way as we did with the all the stuff inside the house convert it into h20 and pour it into this ocean too.

OK...is everybody with me? Good. So far we can see that all these things that appeared to be separate and solid objects just a minute ago are now collectively joined in this huge body of water right? In other words all these things have been transformed into the same substance, water, and are floating around in this vast ocean and and unlike a minute ago...they're all now interconnected...they're not separate anymore like they were when you were looking at them....they don't appear to be separate and independent objects anymore...

Now...Were going to take a little visual ride into space.

Envision as far as you can into space and melt all of that down into water form too. The stars, the planets, the sun, everything. Melt them down and let's put them into this same body of water.

OK...we've done that with all the things you can see!!

Now think of all the things you CAN'T see. You know like oxygen, the wind, thoughts, emotions, sounds, colors, dreams, desires, future inventions and discoveries, your past, your future, etc etc. Anything and every thing that you can think of that you can't see.

Now take these, turn them into liquid form and put them into this same body of water.

Let's take an inventory of what we have. Everything in our house, our house itself,

everything outside, everything in outer space and everything that we can't see yet has been transformed from it's original state into H2O and placed in this huge body of water, right?

OK, now See yourself as being transformed from flesh and skin and bone and changed into liquid form too just like everything else and place yourself into this ocean.

I hope you're following me, because it's really important that you do if you're going to discover just how you can use this understanding to get REALLY good at consciously and intentionally creating desired events, conditions and circumstances in your life that you may have "previously" thought to be separate, unattainable and out of your reach.

First of all, let me clarify that anything that you might currently believe to be out of your reach...all of this stuff that we "perceived as being separate and individual and outside of our reach REGARDLESS of how BIG or far fetched you might currently "think" it is, IS now within this ocean with you...well within your reach and attainable for you and by you.

There's no separation anymore.

Everything conceivable is ALL floating around in this ocean together. You could say it's ALL interconnected.

OK...now it's time to go a little bit deeper so you clearly understand WHY they're not separate.

This ocean, where everything currently exists based on our visual exercises, the house, the cars, the trees, the grass, the stars, the planets, the clouds, thoughts, feelings, emotions, doubts, the past, the present and the future, ALL things that can and can't be seen and experienced are in there. Every hope, dream, desire we could possibly fathom is floating around in there too.

Now consider this...EVERYTHING also entails those events, conditions, and circumstances that we choose NOT to experience. They're in there too. It's ALL in there. Everything means everything...the good the bad and the ugly. What we love, what we fear, what we hate, what we dislike what we don't want... EVERYTHING. Now keep in mind that we're in their too.

We're now interconnected with everything that is was or ever will be...we have equal access to what we want and what we don't want.

OK...Next point...

Here's the thing...and a really important thing that brings this whole Unity and Oneness concept into clarity and makes it fully understandable yet easily digestible. First understand that everything in this ocean that we've envisioned contains every conceivable and non conceivable outcome. What exists and is floating around in there is literally infinite in nature.

There is absolutely nothing that exists, has existed or ever will exist that isn't floating around in this one big body of water.

OK next step. Let's imagine taking an eye dropper putting the tip of it into this ocean and drawing out a single drop of water. When we do that we see and perceive this droplet as being separate. That's what we see and perceive as being true.

But now let's squeeze the eye dropper and put that drop of water back in the ocean.

Now with that in mind, where does the drop of water begin and end?

It doesn't right. I'm going to ask you where do you end and I begin when seeing things from this perspective?

Where does what you want and what you don't want begin and end from this perspective?

Where does good and bad and right and wrong begin and end when we look at things this way?

Where is the dividing line between evil and goodness?

The answer is there is no dividing line...it doesn't begin and end anywhere...it's ALL ONE. It's ALL one and the same without separation...without judgment...

without labels...without anything.

The only thing that differentiates ANY of it now is the perceptions and the judgments we hold with regard to it. The label that we choose to place on it which at this point I hope is just water.

Now, we're going to make a bit of a transition here. We're going to make a slight shift in how we see this body of water. Although it's a very subtle shift, it's an extremely important one.

Let's take this water...all this stuff that's just one big body of water and imagine it turning into energy. Envision this energy any way you need to. You might look at it as a silver cloud of vibrating wave frequencies or any other way that enables you to see and envision it as nothing but one huge interconnected ocean of energy.

Remember when we said that the good, the bad and the ugly is all in there? In this form...this energy form, there is no distinction or differentiation between the good, bad or ugly...right or wrong...up or down...good or evil...solid, liquid or ether. It's all the same stuff. There are no labels on any of it with the exception of our understanding that it's energy. That's the only label.

You could say that it's just a big vibrating mass of isness where every conceivable and non-conceivable thing, person, event, condition, circumstance or potential outcome exists.

OK, so now we have this energy. This INFINITE FIELD without boundaries or borders of any form. Without judgments, without borders without labels. What's that got to do with anything as it pertains to you and getting what you want?

That's where we start getting into the tangible proof...

We're going to be looking at the science behind why it's "true." The scientific understanding that shows us in a logical and tangible way how true it is that you are not separate from ANYTHING and why, once we grasp, understand and choose to remove our self limiting filters, our judgments, our individually chosen beliefs and perceptions we begin to see and believe just how real and true that is for ourselves, we can begin consciously and intentionally drawing from this "Field" or ocean of energy as we choose. Put another way, we get to pick what it is that we want out of there. Whatever we want based on and only limited by our individual choices. Now, don't get me wrong, there's a little more to it than that. Wanting it isn't enough. It's going to take a little more than just wanting to get it, whatever it is for you.

The next step in the process before we can start experiencing all this "gettingness" is showing you why that's true and why you can from a practical and tangible scientific perspective.

I'm going to use science initially because that's something tangible that people can see and touch and sink their teeth into and even do a bit of their own research and validate that for yourself. It's physical and verifiable. We don't have to take it on "blind faith." It's something that the intellect can grasp and believe and something that our brains can easily process.

It's physics actually, but not just any physics...it's quantum physics.

Hang with me now...don't let the science or the "quantum thing" ruffle your feathers. It's weird. It's not as complicated or difficult to comprehend as you may think. In fact I'm going to present in a way that makes it really easy to grasp and understand.

We're not going to dig really deeply into it, but just enough so you can begin to see the power made available to you, me and everyone else as a result of this Unity and Oneness thing we've been talking about and what modern day science has discovered regarding it's "realness."

This is a REALLY important step so you can know how and why you can pick and choose whatever it is that you want out of this ocean of infinite energy.

If you're anything like me and a lot of people I share it with...It's going to expand your belief muscle just a bit and maybe a lot so it makes it much easier to connect with and begin receiving the things you want and getting much better at bypassing those things you don't want.

It will lay the foundation for that.

It will assist you in simplifying and demystifying the creative process and the crucial role that you, I and everyone else plays in it.

It will assist you in recognizing your "TRUE POWER."

Quantum Physics

"To see things in the seed, that is genius." - Lao-Tzu

"Science without religion is lame, religion without science is blind." - Albert Einstein

First of all the little envisioning thing we did that brought us to the conclusion that everything is energy was validated by a scientist known as Albert Einstein.

The equation he came up with is known as E=MC2. You may or may not remember it from school.

If you're anything like me you don't. Honestly I would have rather had a sharp stick in my eye than apply myself in science class and I find that's the case with a lot of people.

So I can't be sure if E=mc2 was presented to me in school or not. I just don't remember.

What I do remember are bits and pieces of Newtonian Physics. You know learning about molecules, atoms, protons, electrons neutrons etc.

But it was real surface level stuff.

But I never applied myself in that or got really interested because I never saw... based on how it was taught that it could help me in life.

You know it was kind of like learning about the war of 1812. I've never been able to use that either. It's never benefited me in my life.

So anyway Newtonian Physics had no rational purpose for me individually.

But when I hit a place of discontent in my life and I began digging and taking all these different paths...and I was introduced to Quantum Physics my interest in science peaked.

When I first heard about it I thought it might be a little weird...like I did with Unity and Oneness. But as I began to explore it more deeply it enhanced my belief and faith if you will exponentially.

It added to and enhanced exponentially what I discovered during my years of engaging in religion and answered some of the questions that I couldn't find answers for in religion.

Now you may or may not have any interest in science at all and that's OK. But for the next few minutes I'm going to ask that you stay with me and really focus on what I share regarding Quantum Physics because it's a key part of understanding and learning how to get what you want.

It will help bring some additional clarity to the little visualization we just did and help you see why it's EXTREMELY relevant in every area of your life and how from a scientific perspective...how it is that we get what we want as well as what we don't want.

So first...in case you're not familiar with what e=mc2 means, In a nutshell the E stands for energy and the MC2 is a really really big number. Bigger than we can imagine actually.

This number is SO big that it covers 99.9999% of everything that does has ever or ever will exist.

In a nutshell what Einstein's e=mc2 equation proved is that ALL physical things as well as non physical things are all comprised of energy. In their purest and most basic form they are ALL energy.

Not different kinds of energy...the same energy.

Einstein also came to the conclusion that energy cannot be created or destroyed. It

can only transmute in form.

Hang with me on this because this is REALLY key.

Looked at in another way, which is why we did the little visualization exercise is so that you could see that we exist in what could be considered to be an "infinite" field of quantum energy soup.

This energy isn't born and doesn't die. It only transmutes in form.

The energy that we can't see transmutes from the unseen and becomes physical and the physical things that we can see when they die or deteriorate or whatever transmute from "seen" energy back to unseen.

Take an ice cube as an example. When it's frozen we can see it. It's in solid form. When it melts it's in liquid form. It's still the same energy just a different form. When we boil the water the energy doesn't change it transmutes. When the steam evaporates into ether the energy isn't gone it just becomes "UNSEEN."

Think about what spiritual text says about that. Ashes to ashes and dust to dust. We go back where we came from.

Einsteins E=mC2 equation also proved that there is no separation between the seen and unseen or as scientists refer to it the Newtonian world and the quantum world. There isn't an out there and in here. It's all interconnected.

Literally Everything in it's purest and most basic form is energy. A continuously moving and changing ball of Infinite energy and NOTHING is excluded.

You could say that there is nothing that energy is not.

Scientists call it the field...the Unified field or the plenum. If you're more spiritually minded you could refer to what science calls the field as the Kingdom. If you're familiar with spiritual text says with regard to God or whatever the Source of understanding might be, is the alpha...the omega...the beginning...the end...the all in all...the I AM you understand that there is nothing that GOD is not.

As another text puts it "As above so below." As within so without.

To me they both say the same thing...there is nothing that energy is not and there is nothing that God or Source is not.

What we experience around us and sense with the limitations of our 5 physical senses of sight, smell, touch, taste and hearing gives us the "perception" that it's all individual and separate just as it did when we extracted an individual drop of water from the ocean. We look at it and perceive it as being separate. Although it is individual as we're looking at it...when it's placed back in the ocean it becomes an integral part of the one body of water.

In other words it becomes one with the ocean...with the whole. You can't see the separation anymore. You can't see where that drop of water begins and ends.

And that's what Einstein discovered about energy, us and the world around us that we "perceive" as being separate. Although we see and "perceive" it all as being separate it's not. It's all interconnected.

There is no beginning or end. There's no separation between what we want and what we don't want. We only have to understand how to transmute the energy.

That's a lot different than Newtonian Physics that teaches about a mechanical world of atoms that are all separate and individual and being separate that we must do whatever it takes to get by in a cruel dog eat dog world where everything and everyone is separate.

What Einstein discovered is that atoms which make up the world as we know it... the NEWTONIAN world or the world of "matter" which Isaac Newton presented in the 17th century and which was accepted as being REAL and still is "predominantly" believed to be "true" today has LONG since been outdated.

And although Einstein discovered that more than 85 years ago we've lived with that "perception of reality" and our children are still taught that today...that the world is separate and individual. In fact we've lived with that "perception of reality" for the past for 300 years.

It's NOT that it's not real or true in the strictly physical sense of the word, there is just a MUCH more DEEP and PROFOUND understanding that 21st century scientists have discovered which explains how everything in the NEWTONIAN

physical world becomes REAL which is predominantly "perceived" by us as being separate.

Looked at in another way...Newtonian Physics only provides us with a VERY LIMITED perspective regarding life and what's TRULY available to us. Since it's still taught in our school systems today although the "shift" is occurring and the word is rapidly spreading thanks to mediums like the Internet and a number of movies that are coming out now and a growing number of teachers our children still aren't being taught about it.

OK...anyway...

In case you don't remember...Newtonian Physics taught us that everything in the physical world is solid and is drawn together by gravity. And that's "true."

But what quantum science has discovered is that the "truth" goes much deeper and FAR beyond that...you could say that quantum physics shows us that there's a "Higher Truth."

What Einstein discovered is that the atoms of the NEWTONIAN world could be broken down and analyzed further revealing what are known today as subatomic particles or energy.

Particles of energy. And they're what make up EVERYTHING in our world.

These subatomic particles aren't particles like a grain of sand but rapidly vibrating subatomic structures and due to their high rate of movement...let's call it vibration...or resonance...they're given the appearance of solidity.

They "look solid" like matter does but they're not.

It's these subatomic particles like Electrons protons, neutrons that join together and collectively make up atoms.

To make sure you're with me...

Subatomic particles or energy form to create Atoms, atoms join to form and create molecules, molecules join and form to make cells, cells form to create our organs and our bodies etc. etc.

But when you go backwards...When you break down and begin examining anything physical and look at it in it's purest and most basic form and examine it with powerful microscopes you discover that none of it is really solid at all including our bodies.

The building blocks of the entire visible Universe is energy. Everything in the unseen Universe is energy.

We see it as solid with the naked eye...we perceive it as being solid but at it's core it's a vibrating mass of subatomic particles or energy collectively joined which gives everything the appearance of being solid.

When it transmutes from the unseen into physical form it's just a much more dense form of energy. The resonance changes. It resonates at a rate that we can see it.

In the case of our bodies...we're comprised of about 50 trillion cells that are joined together and although we appear and perceive ourselves as being solid... we're not.

When you examine a cell under a microscope you can see that it moves. It's alive. As modern day biologists have discovered it's it's own individual sentient being just as we are. We're a bigger version of the same thing.

But at our core...in our purest and most basic form we're a vibrating mass of energy. In the same way...Everything around us...both seen and unseen is a vibrating mass of energy.

You could say that we're a field of energy operating in a field of energy. We are energy and everything that surrounds us is energy. Both seen things and unseen things.

Newtonian physics taught us that we and the world around us operates like a mechanical machine. That we live in a world of matter. Solid stuff. Everything that we could see from the microscopic world of atoms to the macroscopic world of space was all solid and that's all there was.

If you believe that what we can see is real and that's all there is you'll find this enlightening..

What the 21st century scientists have discovered is that what we can see...what we perceive as being solid only makes up about 4% of the energy that exists in the Universe. So, what most of us "perceive" as being ALL there is...is only a VERY small portion of what REALLY is.

Now here's where what scientists discovered with regard to energy is relevant to you, me and everyone else and how our thoughts, perceptions and beliefs determine our outcomes in life.

And this is where it gets a little weird but it's key and if you get it...it's REALLY exciting.

First of all remember that I said that upon Einstein discovering E=MC2 that he considered energy to be particles.

Not long before Einstein discovered and introduced e-mc2 to the world, there was another well known scientist named Thomas Young who discovered and believed that energy existed as waves.

So think of all this stuff that we melted down in our visualization as not being here yet and existing as nothing but waves. Waves of probability as scientists call it.

If you've ever seen heat waves coming off of the highway when it's hot outside you have an idea of what these waves of energy might look like if you could see them.

In other words the potential for their "realness" is there but in this wave form we can't see or experience them yet. They don't yet exist in the mechanical Newtonian World. They're all floating around all around us but they're outside of our awareness as just waves of unseen energy. Let's call them waves of probability.

But Einstein didn't agree with Young's findings. He believed that energy was particles.

There was a division in the scientific community for a number of years about who was right and who was wrong. Some scientists agreed with Young that energy was waves and others agreed with Einstein that energy was particles.

That debate went on for a number of years.

This led to a gathering of a whole bunch of scientists that was arranged and put together by another scientist named Neils Bohr where they conducted an experiment that led to what's known today as the Copenhagen Interpretation.

Now here's where things get really weird...

Here's what the Copenhagen Interpretation revealed. Young wasn't wrong and Einstein wasn't wrong. Energy was both waves and particles. Waves of probability and particles of matter.

More accurately it was either waves or particles but it couldn't be both at the same time.

So how could this energy be both waves and particles?

Because what determined what created this transmutation of this energy...the transmutation from waves of probability to particles of matter was the observation of the scientist. When a scientist observed these waves they transmuted into particles.

Now get your head around this OK and really grasp the implications here.

We have this INFINITE field of waves of probability that are transmuted into particles of matter due to our observation of them.

So you could say that the particles that are created are based on the thoughts, beliefs and perceptions of the scientist who was doing the observing...but it's NOT because a scientist has any special powers or gifts it's because they have the same thing that you and I do. The ability to think and reason and believe and observe.

In other words all energy is waves...an infinite field of probability and potentiality until it's observed by us.

That led to what is known today as wave/particle duality.

This understanding has since evolved and is known today as The Observer Effect.

So what is the Observer Effect?

In a nutshell The Observer Effect led scientists to the conclusion that there is no objective reality. Everything in existence only exists because of our observation of it. In other words without our observation none of it really exists.

Our observation, our perceptions and our beliefs transmutes it from wave forms of probability into particles of matter.

There is no separation between the spiritual or unseen and the physical world. There is no out there or in here. Everything that exists in the seen and unseen world is nothing more or less than a wave field of Infinite probability.

Now think about the implications here regarding what scientists have discovered and let's compare those findings with what one of the masters shared more than 2000 years ago when he said As you believe...so shall you receive. And then he goes on to say..."Judge NOT by appearances." I personally think he knew what he was talking about.

And he didn't have a microscope OK.

There's another correlation...

This same master also shared that "You are the light of the world."

Science has revealed that photons which are the basic element of all matter is what? Packets of light...pure light.

Again...he didn't have a microscope.

Before we get to deep into that let's go backwards for a minute and look at something tangible again and break it down. As I mentioned If you take any physical thing regardless of what it is and place it under a powerful microscope you find that although it appears to be solid with our physical eyesight when you place it under the microscope and look closely at it you discover that there's movement within it. It comes alive under the microscope.

As we all know things are made of atoms and molecules. When you observe Molecules under a microscope you find that they aren't solid...they move. They're microorganisms that have life. aren't solid they're made up of atoms. Atoms are made up of subatomic particles or energy.

The only thing that sets the 2 apart...the physical and the non physical is the vibrational intensity or frequency of this energy.

What you perceive with your 5 senses...and what we all "perceive" as being so real are *frequencies or vibrating energy packets that we transmute and create through our observation*.

Our perceptions...our beliefs...our individually chosen paradigms about life and what we choose individually to be TRUE or not TRUE become "true" for us.

As you believe...you receive. Ask and it shall be given. Be transformed by the renewing of your mind.

These Frequencies are what energy emits and projects.

- Everyone knows that your eyes merely distinguish between different colors. Everyone who has been attending any physics classes in high school knows that different colors are just photons of light with different 'wavelengths' or 'frequencies'. Optometrists know that too.
- Blue light has a different frequency than red light. It's this difference in frequency that distinguishes their color. Your eyes pick up these light frequencies emitted by the photons and your brain decodes them into an image containing different colors of light. That's how you see.

You don't see with your eyes you see through your eyes and your brain processes the data at the very back of your skull. What's the data? Light. Photons of light. It's NOT real and it's NOT solid!!

In essence our ability to "perceive" different colors of light is a transmutation of energy. This light passes through our eyes ignites an electrochemical process in the brain which processes this energy transmuting the unseen into the seen and you can see that energy as the electrical storm goes off in your brain.

It's like a lightening storm within your brain. That energy is processed by the brain which in essence is a transmutation into "physical energy" which sends signals and instructs the body what to do and NOT do.

These signals are filtered. The filtering device that determines what is done or not done is beliefs and perceptions.

When you look at or think about something your brain ignites into an electrical storm so to speak and you "perceive" this energy as being something "real" lets say.

• It's not limited to what we see. In the same way, different sounds have different frequencies. Your ears pick up the frequencies, and your brain processes and decodes these frequencies into different sounds. That's how you hear.

Hungarian biophysicist and Nobel Prize winner Georg Von Bekesy (pronounced Bakeashe) discovered that your skin responds to frequencies as well. Our skin has little receptors in it which decodes frequencies which are also processed and decoded by your brain. That's how your sense of touch works.

The only thing that determines differences in what we see, hear, touch, taste and smell are different frequencies of energy and based on our individually held perceptions our reality unfolds.

If we see something that we don't like and we judge it as bad...where is our ATTENTION focused and what INTENTION are we stating. In essence we are JUDGING by appearances and doing the EXACT opposite of what we've been instructed to do.

So let's look at the difference between the seen and the unseen. Or the physical and the spiritual. The unseen realm are high vibrations of energy that are outside

of our awareness and lower vibrations of energy are processed at the physical level.

In The higher vibrations take it outside of our ability to sense it with the limitations of the 5 physical senses (waves of probability) and more dense vibrations of energy become physical things (particles) that we can see, touch, taste, hear and smell.

Now let's look at the core of what EVERYTHING is made of which is photons. Photons in really simple terms are collapsing energy packets of light OK. A photon consists of an electron and a positron. The electron holds a negative charge and a positron holds a positive charge.

These positive and negative charges are consistently colliding with each other and cancel each other out. These photons collapse and disappear so to speak. When that happens Scientists don't know where they go. They haven't figured that one out.

But here's what they have figured out...

When we focus on a specific thing or event, as scientists have discovered...when we place our ATTENTION on it...on this WAVE form of probability...ALL other probabilities collapse and a particle is formed.

That particle is attracted to additional particles that vibrate or resonate harmoniously with it until an atom and them a molecule and then matter that we can see, smell touch, taste and hear shows up in our reality.

So what's that mean to you, me and our lives...

If you choose to focus on being broke all other probabilities collapse and you create a particle that harmonizes with your choice.

If you focus on and worry about being sick you create a particle that harmonizes with your choice and all other probabilities collapse.

If you focus on how bad your relationships are you create a particle that harmonizes with your choice and all other probabilities collapse.

If you focus on wealth and success you create a particle that harmonizes with wealth and success and all other probabilities collapse.

I know that's some DEEP stuff and it may be a bit hard to wrap your mind around but it aligns perfectly and precisely with what the ancients and mystics have shared for thousands of years.

This isn't woo woo esoteric nonsense...this is hard SCIENCE folks and it aligns perfectly with what the masters have shared since antiquity!!

The act of observing is what begins the creative process. What you are observing and experiencing in your reality...based on your individually held perceptions and beliefs YOU have attracted and created and are attracting and creating this very minute into your reality events, conditions, circumstances, relationships, based on those individually held perceptions and beliefs.

You are the observer...chooser. That's what we all are. What you place focus on... what you perceive and believe to be true...your "perception" of reality creates your reality...What YOU create and you experience.

We're in a transitional period. We're discovering that the Newtonian world that we've been programmed and conditioned to believe is real, for 3 centuries isn't real at all unless WE choose to perceive it that way.

If we choose to "Judge not by appearances and DON"T buy into the illusion... elevate our beliefs and perceptions become conscious of our INTENTIONS we can totally transform our lives.

We've been programmed and limited for the past 300 years by the limiting reality that Newtonian Physics has told us is true.

Again it is "true" from a strictly physical sense...it's what molds and shapes our reality but it's a VERY SMALL view of a MUCH LARGER and more profound picture and YOU are the artist.

Let's refer to spiritual text again...

You were created in the image and likeness of God

These things and greater shall you do

Have I not told you that you are Gods?

That's A LOT to swallow if this is new to you. But it's the understanding that can transform your entire life once you GET IT and if you choose to apply it.

Think about it. What you think about and focus on...all other probabilities collapse. Quantum Scientists call it The collapse of a super position.

The fall from Unity into duality. A transmutation from ACTUALITY into REALITY.

Actuality being the place of UNITY and ONENESS where energy just is transmutes into REALITY...DUALITY and "perceived separation" where judgments and determinations are made.

In Unity...in this Infinite field of waves...this INFINITE field of probability there is no duality...everything just is. It's all just a wave field of energy. An infinite field of probabilities.

The Newtonian world...our physical world that we "perceive" as being so real is a world of duality.

Everything that exists in the Newtonian world is derived from the place of Unity whatever you might choose to call it individually.

I personally like to refer to the wave field as Actuality. The unseen, spiritual or quantum realm is actuality and the Newtonian world is REALITY.

What we perceive and believe our reality to be and our choices as to how we respond or react to what we encounter and experience in the Newtonian world is what determines what is drawn from actuality.

But what we "perceive" as being SO REAL and what creates so much of the fear, doubt and worry in our lives isn't REALLY REAL at all. It's ALL an illusion and created based on our individually chosen "perceptions" of reality and if we don't remain "CONSCIOUS of our INTENTION we can get caught up in a cycle.

In the Newtonian world is where right and wrong become real. It's where left and right become real. It's where up and down become real. It's where wealth and poverty become real. It's where good and evil become real.

But it's our individually held "perceptions" and beliefs that determine what it becomes and remains for us.

It's what we choose to focus on...what WE choose to give our ATTENTION to which states our INTENTION and draws it from this field of INFINITE probability causing all other probabilities to collapse and makes it real in the Newtonian world just as we choose...our world of reality.

If we choose to have fears, doubts and worries about life we are transmuting wave forms of energy into particles of matter that harmonize with our choices.

.Whatever we might choose to place our predominant focus on...what we choose to give our predominant ATTENTION to draws it from Actuality and brings it into our REALITY just as we choose.

I talk to a lot of people who say they don't buy into or believe in the "spiritual." And that's OK...we have a free will to "believe" and "perceive" life any way that we choose.

That's one of the greatest gifts we could have EVER been provided.

Yet at the same time, it's those very same perceptions and beliefs that determine our individual experiences.

I personally choose to listen to Nobel Prize Laureates and some of the most documented masters in the history of the world.

Here's what I've come to know and believe. Here's what scientists as well as the mystics, sages and mystics of the past have come to know and believe and teach...

You CAN"T separate the spiritual from the physical because all things...ALL things that are experienced in the physical come from the spiritual or the metaphysical or the quantum realm whatever you might choose to call the spiritual individually.

It's where EVERYTHING in our reality comes from.

So now what do we do with that mind twisting understanding and how do we apply it?

What are The Seven Hidden Keys To Conscious Creation?

Well...that's what we'll get into tomorrow. We'll focus a bit more on how to put all this into practical application.

Let's let what we learned today soak in a bit.

The 7 Hidden Keys To Conscious Creation (Day 2)

Hello all. Good morning...good afternoon...good evening depending on what part of the globe you're attending the conference today from.

Isn't the Internet great? It allows us to connect from all over the world and in one individual place.

Well, welcome back everyone to Day 2 of 7 Hidden Keys To Conscious Creation conference.

It looks like we have some new attendees today that weren't here yesterday so for those of you who were not in attendance yesterday first of all I'd like to welcome you also.

My name is Chuck Danes and I'm the founder of Enlightened Journey Enterprises and I'll also be hosting the conference today as I did yesterday and for those who were here yesterday welcome back.

We're going to be getting into the 7 Hidden Keys today and provide you with what I believe to be some very powerful tools and a very powerful understanding that will enable you to begin utilizing these tools and understandings...I hope I present it in a way that's very useful to you and that you might be able to utilize them in a "conscious and intentional way."

It's my hope...my sincere hope that what I share today as well as what we covered yesterday will enable and empower you to begin getting more of what you want. Which we discerned yesterday that's why everybody's here.

Although I know it can...as I mentioned yesterday...what I know and believe doesn't matter when it comes to you. It's what you know and believe that's important. And will require you applying what I share to see those results for yourself and so I really hope you'll choose to do that.

For those of you who were here yesterday, I hope everyone allowed some of what was shared yesterday to soak in and perhaps that it stirred some thinking. Some deep thinking. And even better some "INDEPENDENT Thinking."

Because as I mentioned yesterday, that's key here.

It's also my hope that it provided you with a glimpse...even a glimpse of your

inherent greatness, your awesomeness as well as your ability to begin exercising this unique and individual awesomeness that you are to begin both creating and experiencing a kind and quality of life that harmonizes perfectly with your consciously held desires.

We've got a lot to cover today and a short time to cover it so let's jump right in and get started.

But first let's do a quick review of yesterday to serve as a reminder and we'll proceed today with discovering the 7 Hidden Keys To Conscious Creation and the practical application techniques that will enable you to see for yourself just how powerful you are and how worthy you are in initiating these keys and again, that choosing to do so will enable you to begin seeing "tangible evidence" and how they both can and will work in your life.

If you'll recall we began yesterday with the big picture view that "Energy flows where attention goes." Everybody remembers that right? Energy flows where attention goes.

We went on to mention that "Energy Attracts."

We discussed how "Your predominant thought processes define your ATTENTION."

And then we went on to say That "Your ATTENTION states your INTENTION."

We briefly touched on the fact that "Life doesn't give us what we want that life gives us what we choose for ourselves...no more no less." That we don't get what we want, we get what we choose.

Then we progressed to cover the fact "That our INTENTION is predominantly subconscious and in the vast majority of cases that we're not consciously aware of what INTENTION we're stating for ourselves or what we're asking for life to give us."

We also covered the importance of Your beliefs...the beliefs about yourself...the beliefs about your vision, all of it which determine your level of success whatever you might define success to be for you individually.

That it's important...vitally important once we choose to become conscious and aware of our stated INTENTION that we Guard ourselves as to who and what we surround ourselves with and what we allow ourselves to intake." The ENERGY that we surround ourselves with.

We touched on the importance of Continual growth and expansion and the necessity of discovering for OURSELVES... for OURSELVES who and what we "Truly are." Regardless of what we've been told unless it points to anything other tha our greatness...our awesomeness and our creative ability.

And that it takes conscious thought, words and action in the best way we know how to produce "desired results in your life.

Then if you'll remember we did our little ocean exercise that hopefully enabled you to see that Unity and Oneness or "Interconnectedness" is the Ultimate Reality and that EVERYTHING is energy... whether seen or unseen. That past present or future are as well and that there is no separation between you, me or anyone else or those things that you want or that you don't want.

Then we went down the rabbit hole a bit and took a look at REALITY from a

quantum view...the scientific view to see what 21[°] century scientists have discovered regarding this energy...wave particle duality you'll remember we called it as well as a scientific view of reality based on the latest science which showed us that the common worldview of reality...the Newtonian view that most of us learned in school is only a very small and limited view of the total picture.

And although I know that most people aren't interested in science I did that because I've found that most people aren't because they don't think it relates to their lives in an applicable way.

And granted Newtonian Physics which is, as I mentioned yesterday, still taught in our school systems today...and taught to our kids today...that it doesn't really show us that...with the exception of Cause and Effect based on a strictly physical perspective and so that's understandable why people aren't interested.

It's kind of like you don't know what you don't know until that which you don't know is shown to you.

As I mentioned yesterday...I sure had NO interest in science in school. None.

If you'll remember, I think I said I'd have rather had a sharp stick in my eye than apply myself in science in high school. Because I didn't see how it was applicable in my life.

But I hope you got just a glimpse yesterday of how the 21st century science of quantum physics does apply to you and each and every area of your life...you know each and every one of the events, conditions and circumstances in every area of your life.

Believe me, I know it can be mind bending if it's new to you and we're not going to be getting into that today with the exception of making occasional references to it.

Again I did that because it provides us with a tangible means to validate in an intellectual and tangible kind of way...something our brains can get wrapped around and show us the unseen or spiritual realm or the metaphysical realm if you prefer that, rather than having to depend completely on the beliefs of those who share their "individual perspectives"...as well intentioned as they might have been making it necessary to take it on blind faith alone.

Now today we're going to be looking at various ways that we can apply and build on the foundation that we laid yesterday. What I personally believe to be a rock solid foundation.

And we're going to be doing that by starting out by becoming aware of and taking a look at the 7 Hidden Keys to Conscious Creation.

The 7 Hidden Keys To Conscious Creation

Before we delve into the 7 Hidden Keys individually I'm going to initiate a little thought here...I'm going to ask that you think about and consider for just a minute how perfectly the universe operates.

If you're like many I say that to...you might be thinking to yourself...

"Hey Chuck, slow down their BIG BOY, my life is anything BUT perfect!"

And believe me when I tell you I hear that from A LOT of people and based on past personal experiences of my own, I can relate as to why a lot of people think that and why a lot of people say that.

But by the same token I've also come to see those past experiences...those painful and personal past experiences as painful and seemingly bad as they were at the time I was experiencing them...I now recognize them to be incredible gifts. They served to create a "greater good" if you will and the necessity of those experiences is now "clearly evident." I can say without reservation that I'm extremely "grateful for them in fact."

One of the really great things that came about as a result is the fact that had I not experienced them...had I not experienced the serious DISCONTENT that I mentioned yesterday...chances are pretty good that I wouldn't have delved in and explored deeper and as a result wouldn't be here sharing with you and doing what I love and am so passionate about.

In fact chances are that I'd still be in my "getting by mode" and doing whatever was necessary to survive.

But those experiences led me down a path that enabled me to clearly see the perfection and the simplicity of it all.

It's my hope today that by the conclusion of the conference that you'll be enabled to see that perfection as well.

Because it is...regardless of what you currently "perceive", without fail EVERYTHING....and I DO MEAN EVERYTHING is always perfect and things ALWAYS do serve a "greater good." For you and the collective.

Now think about this for just a minute . . . isn't it mind-boggling when you look at and think about the oceans, the planets, the cycles of nature, the fact that you run around experiencing life without having to plug yourself into an electrical outlet, the fact that your heart beats automatically pumping gallons and gallons and gallons of blood through your veins and arteries consistently without fail...never stopping...that your brain is constantly igniting an electrical storm enabling us to operate and do whatever it is that we do?

You know when you "think about it" each of these examples...whether it's us individually and our bodily functions or through the observation of the Newtonian world that surrounds us...in our physical reality...these are all "tangible evidence", verifiable "tangible evidence that this perfection is real and true.

When you begin to explore a little more deeply you begin to discover that ALL of this perfection...this immutable and unwavering perfection is operating in the way it is due to precise laws.

And you know I believe a lot of people take that perfection for granted. We don't slow down to see it sometimes because of all the busyness in the world.

We have something to do...we always have something to do.

We have our jobs to go to and kids to feed and things to do, places to go people to see. We have to deal with the daily Stress, anxiety, fear, doubt worry that life gives us and as a result...we "perceive ourselves as not having the time...we just don't have time in most cases.

And also as a result our lives can sometimes SEEM...the key word here is SEEM random and chaotic.

But Every morning without fail we see the sun come up in the east and settle in the west. Every evening on the coast...you see the tide come in and the tide goes out. Every single night we can look up into the sky and there's the moon and the stars. Each and every year we see the spring summer winter and fall come and go only to return again next year.

We see the cycles...the perfection.

And according to what scientists have discovered that"perfection" has been going on for a 13.5 -14 billion years. Think about that BILLIONS of years!!

Why is that? How could that be?

It's because of the perfection. The awesome perfection in how it was constructed. This awesomeness and perfection was designed to work in cycles.

Every things works in cycles. And the cycles that we look at around us and see in

the world are always perfect if we'll slow down and do that. They always work. And they've been working that way for BILLIONS of years.

In the case of nature and the way the Universe operates it's a continuous cycle. It's uninterrupted. It never wavers and always operates perfectly. And we can see that if we choose to slow down a little bit...to clear our minds and just slow down it's SOOOOO easy to see.

But I've found that in our busyness...and all our doingness...all the fear, doubt and worry and anxiety that we allow to overtake us sometimes as a result...we overlook the beauty and the perfection of it all. We overlook the magic. And it is magic.

We choose to overlook it and as a result to not express the gratitude for what we've been provided.

The magnificence and the perfection that we've been provided that is in continual operation without fail.

You know what? Every day when I get out of bed I know my feet are going to be firmly planted on the ground and I'm not going to be floating off into space somewhere...and neither are you.

But we miss that sometimes. We don't think about those things sometimes.

But when you do choose to slow down a little...when you do take the time to slow down long enough to think about these things and we take the time to observe them and think about them and ponder on the perfection it's not difficult at all to see the awesomeness and literal magnificence of the perfection.

You know I think it's because we get caught up in all the little trivial things that really...in the bigger scheme of things...in the big picture view of life and what life's REALLY about that little trivialities really don't mean anything at all.

And when we begin to see that and we calm down long enough to look at and understand the perfection...when we slow down and choose to recognize the perfection of everything then our lives can calm down as well.

Because it's our busyness...it's the stress...the consistent pull of having to do...

do...do that keeps us from the most important aspect of getting what we want which is a calm and appreciative state of acceptance and gratitude.

But first we have to take CONSCIOUS CONTROL. The key word here is CONSCIOUS control and that's why we covered that yesterday about becoming conscious of your consciousness...remember that? Our predominant ATTENTION which determines our INTENTION and how important doing that is...in getting what we want.

When we don't...when we choose not to do that, we lose sight of the perfection. We begin to "perceive" things as being hectic, chaotic, random and the anxious state that we are choosing as a result...the cycles in their "perfection" working as they were designed to do, we create what can seem random hectic chaotic results and we can experience the fear, the doubt, the worry as a result creating more of the same.

And I'm not downplaying how life can "seem" sometimes. I'm not downplaying how life can "seem" sometimes. I've been through some really, really tough times in my life, that I'm now grateful for.

Because you know what? Aside from what's going on in our lives individually we can any time we choose look around at all these things I mentioned and still see the perfection whenever we choose to.

I think it's important that EVERYONE get that. Because there is no "imperfection" in the process or the cycles, it's our individual choices that create it and keep us "seemingly trapped" within tour own little individual "undesired" cycles.

The cycles are ALWAYS perfect. The process is ALWAYS perfect. It's our individually chosen and held perceptions, judgments and behaviors that make it "seem" as being anything but perfect.

It's The 7 Hidden Keys that keep that perfection flowing. When you learn what these keys are and you understand how to harmonize yourself with this precision and perfection, it becomes much easier to see and appreciate the perfection in our own lives. Not only the externals OK...not only externals of a material nature although that's an important part of the puzzle in the Newtonian or physical world or in our realities because without it we couldn't fully experience life. We couldn't

fully experience the harmony I talked about yesterday.

But the perfection I'm talking about goes way beyond the money and the material stuff that most everyone is striving so hard toward and wanting to achieve. The thing that in a number of cases is creating all this doingness and busyness and anxiousness resulting in all the stress, anxiety, fear doubt and worry and keeps us from seeing the perfection that we're surrounded by.

It's kind of a self created dichotomy.

If you think about it we live amongst the perfection. We're a part of the perfection. We see the perfection in nature when we look at it OK? We ourselves are a part of nature. And so automatically we're also a part of the perfection.

What I'm mainly talking about is the perfection of who you are...who you REALLY are...which we touched on yesterday...how awesome, unique and powerfully creative you are and how you CAN...when you choose to do so begin creating a harmonious and successful life for yourself that's ONLY based on and limited by your individual choices which when done "consciously and intentionally results in experiencing whatever individually held desires you might aspire to create for yourself. And it unfolds perfectly...precisely and without fail.

It CAN'T fail. It CAN'T FAIL. That's the great thing. It CAN'T fail.

Because the perfection in the bigger scheme of things...all this perfection...we are all an integral part of that. We are ALL an integral part of the perfection. We just can't see it sometimes.

We are an integral part of the whole....of the whole of this perfection.

Now, are we individual? Yes...and we'll be looking at how and why that individuality exists and the gift that it is...the incredible incredible gift that it is... yet at the same time why sometimes it can be because of that individuality that can be the very cause that allows us to get in our own way. To get into fear, doubt and worry mode.

And that's exactly why we took at a quantum view yesterday because it was an extremely important part of putting the puzzle pieces together for me personally. I covered that so we could see first of all, that although we are individual...at the

core of it all we're not. We are from the physical perspective. But in our purest and most basic form everything's interconnected. You, me and everyone else and EVERYTHING else. Physical and non physical. There is no individuality...it's all just energy. We're all made of the same stuff.

And I know a lot of you have heard that before...but it's true.

The energy is not only the physical energy, it's our spiritual nature.

And for those of you that weren't in here yesterday, when I say spiritual it has nothing to do with religion. Not in here OK? When I talk about the spiritual it's unseen.

And just so you know as I told everyone yesterday it's my belief that the only one true religion is love.

And we covered in the first part why we might think and perceive that our lives aren't operating perfectly and precisely but it's not that it's not. It's us...it's our predominant way of thinking...what we give our ATTENTION to which communicates our INTENTION...what we often do "unconsciously which the 7 hidden keys in their immutable and unwavering fashion bring us...just as we choose.

And again I know...Life can seem less than perfect based on our individually held perspectives, but it's a misconception. Because life is always perfect. The 7 Hidden Keys are always perfect.

If you don't see that...if you don't see the perfection and you "perceive" yourself and these underlying and hidden keys as anything but perfect and in complete harmony...in "perfect mode" all the time...then it's my hope that today I'll be able to shine a little light in helping you see...that choosing that path for yourself...seeing the imperfection...seeing the chaos...seeing the randomness is a part of the problem.

And when I say "the problem"...in the bigger scheme of things it's not a problem at all. In the bigger scheme of things there are no problems. It's a perceived problem based on our individually held perceptions and perspectives. Our paradigms. How we view life. So maybe a better way to put that would be to say to assist you in making the shift...let's call it the shift. enabling you to recognize and see the perfection.

Because really it's only a perception...OK. Perceptions are only based on beliefs that we've acquired throughout life...through what we've learned from others as well as our past experiences that we've had because of those beliefs which form our individual paradigms. Which is how we view life.

The really great thing about it is...the exciting thing is perceptions can be changed. Paradigms can be changed. We have the ability to see the perfection in the world. But we have to choose that for ourselves...first. No one can make that choice for us. We all have a free will...we were all provided a free will to think as we choose...as we please and there is NOTHING...NOTHING external to you, me or anyone else that can take that free will away. And I mean Nothing.

Thinking and choosing isn't an external thing...it's an internal thing. Granted, somebody might do something that you don't like that you "allow" to affect you in some way, something may happen that you don't like but nobody can make you think a specific thought or have a specific judgment or see that in a certain way... that thing whatever it is without you allowing them to do that.

It's you that has to choose that. And that choice is only based on your individual judgments and perceptions that have become an internal part of your life based on a number of factors.

If they're causing you to "perceive" the world as unfair, cruel, random and chaotic...the "Higher truth" is that there's NOTHING WRONG" with them or you, it's only a sign that is pointing to the need to become aware of why. Where is it coming from and why is it happening.

And where you look is within yourself.

But the really great thing is...the REALLY really really exciting thing is when you TRULY grasp it and understand it...You find that when you choose to do that... when you choose to follow the signs...those signs and you dig a little deeper... adjust your sails a bit and shift the perception...shift the paradigms...when perceptions and paradigms change so do results. SO DO results. And you begin experiencing desired and TANGIBLE results.

Now that's cool stuff OK.

And these results...the situations change because you acknowledged where the "perceived problem" was, which was hidden below your conscious awareness and made a "conscious choice" to find and resolve it.

And that is when we begin to make some SERIOUS serious progress!!

When you change your internal paradigms which are made up of a combination of your individually held perceptions, beliefs and past experiences, and you see that everything TRULY is unfolding perfectly just as WE ourselves are choosing, and you really see that, and you really grasp that and you accept that and you start expressing gratitude for what you get... your external world changes.

It only requires a willingness on our part to do that...to shift our paradigms...make the shift. A willingness to remain open and receptive to information first of all that might assist us in expanding what we "know" to be true...as "less than true" as it might be and then choosing to "apply" what we discover which we took the big picture view of yesterday.

Now, with all that said let's review the 7 Hidden Keys so you might witness for yourself if you're not already, your own inherent greatness and to understand that just like nature...just like nature that you were created perfectly and that everything in your life unfolds perfectly.

The 7 Hidden Keys helped me to stop limiting my abilities based on my own individually acquired insecurities and inaccurate beliefs...or "less than Higher Truth" AND assisted me greatly in making the internal shift...and the KEY word here is internal shift to begin consciously and intentionally attracting and experiencing the harmony...recognizing the harmony and the perfection. And that was an important part of assisting me to see that perfection.

And I hope it does you too. I really really hope it does you too. When you discover and begin to understand these seven hidden keys to conscious creation, or in the case of some of you...a lot of you in here actually...when you're reminded of them and you learn how and choose to harmonize yourself with them...your thoughts, words and actions, you'll create in yourself a sense of understanding, discernment and even detachment from circumstances. You'll drop judgments. You'll stop jumping to conclusions...you stop reacting to externals that due to the perfection of the process...the cycles...only serve to cause us additional unnecessary pain. They will show you how to respond rather than react which is what we want to do. That's where we want to be to get what we want and that's why we're here.

And when you can get there...you'll experience a calmness...a profound calmness in knowing everything is turning out the just the way it should be...it always becomes apparent...that everything is ALWAYS unfolding perfectly and harmoniously.

And that's exciting.

Before we jump into the Keys, let's look at a few references so you don't just take my word for it...

Science says that there is NEVER an atom out of place ever.

Oh boy, here we go with science again Chuck. No this is important OK?

Atoms become atoms for a specific reason. Remember we said yesterday that scientists have found that everything is waves that turns to particles...and we're not going in deep. It's a reference. Everything is waves that turns to particles and it's our observation that makes them do that.

It's our predominant attention that states our intention that turns them from waves of probability into particles of matter.

And again...we're not going back there. The point being there's ALWAYS a cause. In a lot of cases we don't recognize the cause. We're not conscious of the cause. We can't see it because we become so wrapped up in survival...in getting by based on what we've learned and KNOW to be true regarding life...based on what we see going on around us in the Newtonian world...in our REALITY that we can't recognize it.

But it's important to remember that our reality comes from actuality and it's the seven hidden keys that govern the entire process.

Then let's look at another reference from spiritual text...

Spiritual text says "All things work together for good." And I think a lot of people don't think deeply about that. Deeply enough. It doesn't say all things work together for good except for this money problem or this health problem or this relational issue. It's says ALL things.

If we're wrapped up in fear, doubt and worry and we're unaware of the vast majority of our habitual thoughts...what we are INTENDING and in essence asking life to give us it can seem chaotic...it can SEEM random...it can GET hectic. We can "perceive it as chaotic and random...but it's not.

And EVERYTHING unfolds perfectly. ALWAYS and in ALL WAYS. Everything ALWAYS works together for good.

So let's look at why. Which is The 7 Hidden Keys.

The 7 Hidden Keys have a number of labels.

There referred to as Universal Laws, they're also referred to as Spiritual Laws or Laws Of Nature and whatever you choose to call them individually, that's OK. It doesn't matter. They're unerring, unwavering and unchanging principles that govern our entire physical universe. They're the often overlooked and unseen means by which our lives...our world and the entire cosmos...for that matter continues to exist, thrive and expand.

So lets take a deeper and individual look at these Universal Laws at these 7 Hidden Keys Of Conscious Creation and what they do.

The 7 Hidden Keys To Conscious Creation

First of all you could say that these Laws are what govern energy or consciousness.

But unlike man made type laws...unlike laws that are passed in congress... Universal Laws aren't restrictive. They don't bind and restrict. And we can't make any amendments to change them. Let's call them something different for just a minute. Let's call them spiritual laws. With that in mind if you'll remember yesterday we mentioned what spirits role is. What is spirits role? Fuller expression and expansion right...never retraction or restriction.

In the light of spiritual laws they only exist to create further expansion and in their perfection they always do. They are immutable and unwavering principles that continually create fuller expression and expansion ... NEVER ever ever ever restriction. Never ever ever contraction.

In the physical world...in our lives individually...they keep everything in harmony like we talked about earlier. The cycles...the sun rising the sun setting... the tide coming in the tide going out and all that.

There as constant and consistent as the Law of Gravity.

If any restriction is perceived individually in our lives, it's only due to a misunderstanding...a misapplication or should I say "unconscious" application of these principles combined with our individually chosen judgments regarding the situation.

Our paradigms. How we choose to look at view ourselves and our lives. Although there are a rapidly expanding number of people in the world who are waking up and becoming aware of these laws, it's still the vast majority who believe that life just happens randomly and chaotically.

And you know what that's sad but true...sad but true.

The vast majority perceive life as being a game of chance...a game of chance and that we must just do the best we can with whatever hand is dealt to us.

"Oh my God, I got a bad hand. I'm unlucky."

I'm not making light. Because it is...it's sad but true.

It's sad that many "perceive" that the various events, conditions and circumstances experienced in life are based on a series of "random yes's and no's" regardless of how good or bad they might perceive these yes's or no's to be and fully believing there's no definitive purpose or underlying reason why things happen as they do.

And you know what, maybe at this point some of you think that. I don't know. Nothing "WRONG" with that....nothing wrong with that. In fact I use to think the same thing. But I can also tell you based on personal experience that it was a little scary and it provided A LOT of things that I didn't want...created my discontent.

Thinking that life just happened randomly.

But I've since learned that it's not random and it's not chaotic. We're ALWAYS always always told yes and when we "perceive" no...if we perceive no it's only due to our "unconscious choices." It's only due to our own individual unconscious choices. Because everything does unfold perfectly and it's Universal Laws...the 7 Hidden Keys that govern the process and ensure that.

I choose to call them Universal Laws because everybody can accept that and they are...and they are just that. They govern EVERY aspect of life at both the seen and unseen level and never waver.

They don't work sometimes and not others and they aren't biased or prejudiced in any way shape or form. They're not discerning or judgmental. They have no reasoning ability.

They don't work for good people and not for bad people...If there is such a thing. And in the bigger scheme of things...there's not. Which we'll get into. There's no such thing as bad person and we'll be covering that a little later.

These Universal Laws only govern frequency or energy. If you remember yesterday we talked about energy being non-discerning. Remember when this energy was in the ocean, when we did our little visualization and turned all the water into energy...there were no labels or judgments only energy. Isness we called it I think...isness.

Universal Laws are the same. They don't work better for one than they do another...regardless.

Let me ask...have you ever been walking down the street and seen somebody floating by saying HELP HELP gravity isn't working for me today?

Of course not.

Point being...They work the same for all of us ALL the time. We're using them right now. Hopefully what we covered yesterday will enable you to begin using them more effectively.

So what are these laws Chuck? What are these laws.

In essence, Universal Laws, or Laws of Nature or spiritual laws whichever one you prefer, are the governing force that determine without fail EVERY aspect of creation including each of the events, conditions and circumstances experienced by you, me and everyone else in the world on both an individual and a collective level.

They are just as active and perfect at the macroscopic level as they are the microscopic level.

I get asked all the time if it's absolutely necessary to understand these Laws in order to begin creating and experiencing more of the desired outcomes and the answer to that question is that it depends on the individual.

First of all knowing them or not knowing them is nothing more than a choice. Nothing's absolutely necessary accept our choices.

But to know if it's preferable to know them, it requires a self examination of your life. A deeper look. Are you getting everything that you want? If so no...just keep doing what you're doing.

If you're in the place of accepting everything as it is...being unattached to any outcomes...calmly responding to any event, condition or circumstance that comes your way and seeing it as nothing more or less than an experience...without judgment, without any attachment, with gratitude...then no.

As a matter of fact if you're there...e-mail me because I want you for my coach.

As an analogy...

Let's use electricity as an example. We don't have to understand electricity to flip a switch to have the light come on. You only have to know how to flip the switch and then the light comes on. But let's assume for a minute that we've been told that electricity is a really bad and a really scary thing. That it's evil actually. That it's evil. That it's random and chaotic and at any moment it could come out of nowhere and zap us. So now in the back of our mind we have this consistent fear about electricity and we're always looking over our shoulder fearful that this evil electricity is going to sneak up and get us.

We developed a fear based on what we were told and so due to our fear, we want nothing to do with electricity. We want to stay as far away from electricity as we can. But at the same time unless we choose to discover it, we don't ever get to use it for the good and the perfection that it is.

So...based on what we learned we know that we better watch out for electricity. But you know what, the whole time the switch did exist. It was always there but due to what we were taught we just never sought it out...we just didn't know it...about the switch. Although it did exist.

We had a totally different conception...a different perception when it came to electricity. But then we find that a lot of people are using this electricity and enjoying it. They're saying "Hey I love this electricity." They start telling us they love this electricity. And so we wonder. Hmmmm...hmmm.

So we start to think..."Well, you know what, maybe I'd like to start using this electricity...how do I do that?"

But no one has shown you the switch yet. And if you don't know that the switch exists...if you don't know that it's there and how to flip the switch then it requires being open and allowing someone to show you...to introduce you to the switch first...making a choice to allow someone to introduce you to the switch first and then once you're "aware" that it exists...once you're AWARE that it exists...show you how to flip it.

You don't have to know how a toaster works to make toast. You only have to know how to push the handle down and set the control knob to brown the toast the way you like it.

By the same token if you're unaware of the beneficial way to use the power of electricity and the toaster and you choose to stick a butter knife down into it and touch one of those electrodes that heats up to cook the toast, you'll find out really fast that the toaster and electricity can also be misused.

They can create harmony and give you what you want or due to a lack of understanding they can create disharmony also.

So it's a choice.

If the toaster or electricity creates an "undesirable" outcome though, guess what? It's not the toasters fault. It's not the electricity's fault. It's our individual choice to not understand and become consciously aware of how the toaster and electricity works.

The same holds true with gravity. It's a great thing...it's a really great thing if I use it right. If I'm aware of it and how it works and I use it in a beneficial way. It serves a number of great purposes. One thing...It keeps me down here with my family. And you too.

I can use it to go parasailing. I'm not one for jumping out of airplanes but if I were it could be used to have a really incredible experience as long as I make sure I put on a parachute first before I jump.

But If I'm unaware that it exists and I'm not aware of the consequences I can experience by "Misusing" it or using it "Unconsciously" and I choose to jump off the top of a building or out of the airplane without a parasail or a parachute, it is in it's perfection...in it's unwavering and immutable perfection going to provide me with some pretty adverse affects.

Some affects that I don't want personally.

But you know what...it's not the gravities fault. I just chose to remain unaware of how it works to make it work in a desirable way. You could say that I just made an unconscious choice and the gravity did it's job and did exactly what it was designed to do...perfectly, precisely without fail.

It worked perfectly, but I might not "perceive it that way.

It's the same with all Universal Laws.

I know how simplistic that sounds...and guess what, you know why it does? Because it is...it is.

If you'll remember yesterday when I mentioned that the more deeply you look the more simple things become. Looking at, learning about and choosing to harmonize your thought, words and actions with Universal Laws, you'll begin to see and experience both the simplicity and the perfection for yourself. And Universal Laws are VERY VERY VERY simplistic. And better yet, what's more exciting and what's better...they're predictable, unwavering, immutable, and they never change. That's how they were created.

That's why things have been going on the same for thirteen and a half or fourteen billion years. You know, NASA uses them. They're used for a lot of things. And when you know and understand them and you choose to utilize them consciously you see just how simple they are and how beneficial they can be.

But again, If you don't know about them...if you're unaware of them they can seem REALLY REALLY complex.

If I don't know how to tie my shoe...if no one ever showed me how to tie my shoe, it can seem really really complex and hard until someone shows me how and I choose to do it a few times. Then I can see for myself just how simple it is.

You know it becomes second nature. Shoot I don't even have to think about it...just tie them.

Universal Laws, when they don't seem simple or when life seems hard, or we're constantly struggling for hard earned and mediocre results, and getting into fear, worry, anxiety, stress and all that it's only because we don't recognize or understand the simplicity and the perfection....and at some level we're choosing to use them in a disharmonious way and receiving the opposite of what we want as a result.

So no...knowing and understanding Universal Laws isn't necessary at all. It's not necessary at all. But you know what? The vast majority AREN'T seeing and perceiving the perfection. If you're not then I'd say yes...it's advisable...I would say it would be preferable to explore and understand them...advisable and preferable. But you know what, it's a choice.

And I'll just tell you that's why I did initially. Because I could NOT...I could NOT for the life of me see the perfection. As I mentioned yesterday I found myself

in a place of serious serious SERIOUS discontent. I was not a happy camper.

You know what? I know a number of people who do very very well in life that have no knowledge or understanding of Universal Laws at all. ..none. And one guy comes to mind and I laugh because when I've talked to him about it in the past, about Universal Laws and energy he started cocking his head a little side ways...you know like a little puppy dog does when you do something and he really doesn't understand what you're doing.

But at the same time when you talk to him you can easily see that although he's not aware of them, he's still "unconsciously utilizing" them in a way that harmonizes with what he wants.

And some people do OK? Some people do. But it's because they were taught differently. They hold different beliefs. They hold different perceptions about life than those who might work really really hard and struggle yet only produce limited and mediocre or poor results.

Unconsciousness works both ways. You can be "unconscious" and unaware of Universal Laws altogether and still be "doing" the right things to make them work in a desirable way.

It depends a lot on what we've been taught and developed beliefs about. And that's the key. If we've been taught things that harmonize with creating our desires...creating harmony and fulfillment in life and we develop beliefs about life in that regard, guess what? That's what we experience.

We do the things that harmonize with harmony and fulfillment on all levels.

But you know what? Here's a key point...a key key point. It's not a doing in an external form. Harmonizing with Universal Laws is an internal thing and whether you're aware of them or not...when the "internal" aspects of us are in harmony...when the INTERNAL aspects of us are in harmony, the external aspects start working much better.

We start being Lucky. Remember talking about lucky yesterday? We start being lucky.

What we do to create results becomes much easier...it creates harmonious results. And we start attracting the ways that we LOVE to get that done. In other words the Internal aspects of those who create incredible results are enacting these laws in a way that create "desired results" even though they may not be "consciously aware" that they are.

When it becomes necessary or should I say "preferable" to understand them is if you have certain desires...but you are continuously, consistently experiencing less than desired results, consistently repeating undesirable cycles...not getting those desires fulfilled and believing that life is random and chaotic and you really want to change that, then I'd say it's preferable. But again it's a choice.

Or even...if you do pretty good...or even if you do REALLY REALLY GREAT but can't seem to get beyond where you are and really want to...Then I'd say it's still a good idea. Because when you gain an awareness and understanding of them you begin to understand that life isn't random and chaotic and half hazard at all... you DO begin to see the perfection and you become enabled and empowered to begin creating your life consciously and intentionally, if you're not already.

When you begin to see and understand the perfection...the perfection in the cycles... you become enabled and empowered to effectively respond to externals rather than react.

You discover what it means to be in harmony and that the world around you is too. All around you. Everything you see.

OK, with all that said let's look at these laws individually and then we'll get into how to begin consciously applying them to work in the way that we want them to. To get what we want.

And the first one is...

The Law of Cause and Effect

The Law of Cause and Effect is the granddaddy of all Universal Laws.

And a lot of people think they KNOW what cause and effect is. Yet most don't. They know a little about it.

But here's what most DON'T know....

Cause and effect is the all encompassing law that governs both the physical and the non physical realms. We're all familiar with Cause and Effect at least from the perspective of the Newtonian world...our physical world...our reality.

And it's simple...A cause is what makes something else happen. Out of 2 events the Cause is the event that happens first and the effect is what follows.

To determine Cause of anything we only have to look at and become conscious of what was done to create the effect and to determine what created the effect we only have to be aware of the cause. Right?

VERY, very, very basic and simple stuff.

And in my interaction with people I've found that most don't understand the cause. The true cause. They don't understand the true cause of what makes things happen in their life. Now they "think" they know what it is and sometimes as I mentioned earlier....sometimes it's that "knowing" that gets them in trouble and creates what they "perceive" to be disharmony. And it creates the fear, doubt, worry, anxiety and all that.

I've found that most people think that their physical actions are the cause. The doing. The physical actions they take.

And don't get me wrong, In the physical world...in the physical world, that's "partially" true. Physical actions do create physical results. But they're hard earned unless you harmonize the "true cause" with those actions.

You know if you kick a ball the ball roles. But the kicking of the ball isn't the 1st cause... the real cause I mean. It's an effect.

Cause and effect goes MUCH deeper and is much more profound than what happens in the Newtonian world. The things that happen in the Newtonian world...in our reality and what most "perceive" to be the cause of every event, condition and circumstance that's obvious to us in the Newtonian world isn't REALLY the cause of anything.

Because everything existing here in reality including our physical actions is an

effect of the true cause which Universal Laws govern.

So what is the "true cause?"

The true cause is Consciousness...consciousness. Let's relate consciousness to the Infinite field of probabilities that science has discovered which we talked about yesterday. The Infinite wave field of probability. Energy.

Prior to us doing anything physically or otherwise something happens first. We have to think about it and conceive a thought before the body can take any action to create an effect.

Unless we think about doing it, nothing happens.

Physical action is an effect NOT a cause. Your quality of consciousness is the cause and everything else is an effect.

Remember yesterday when we talked about energy transmuting from wave forms of probability into particles of matter due to the observation of the scientist? That's the cause. Second cause at least and well get into that a little more later.

For now...it's your individual quality of consciousness that is the cause for what you do in life.

So...Since you are in control over your quality of consciousness...or at least have the potential to be if you choose to be...The fact of the matter is YOU are at cause...many just choose to skip that step...and I think you'll agree it's an IMPORTANT one...it's an IMPORTANT one. Most people just don't dig deeply enough to realize that. They don't understand that much of what they're thinking about is the true cause and the unconscious thought processes that most have are what's stating the intention or intentions...that's creating all these effects.

So that's the biggy..that's the biggy. Cause and Effect.

And then the next one...

Ok...we're all probably familiar or at least heard of "The Law of Attraction" which is the underlying principle that governs the level of your personal prosperity let's say. What you attract to you.

But this next law is necessary to know and understand to help us achieve a really solid understanding of the Law of Attraction. It's necessary I mean if we'd like to go beyond the "superficial way" that so many are attempting to explain the Law of Attraction as being that you can just get whatever you want.

"Once you know the Law of Attraction you get whatever you want."

But as we mentioned yesterday...the Higher Truth is that you don't get whatever you want. We all want. If it were true that the Law of Attraction brought you everything you want, we'd all have it.

It can...it CAN when we understand and harmonize the laws that work with it and how they operate.

Again, we don't get what we want...we get what we expect...as we discovered yesterday...we get what we intend to get and our Intention is determined by our predominant ATTENTION...our Intention is determined by our predominant ATTENTION so...another way to put that is that what we are being...It's what we choose to BE that determines what we get.

To get what we want we have to harmonize ourselves with that thing. We have to BE something to harmonize with this thing that we want so we can get it.

To really "get this" and to determine what it is that is creating this way of "being" it's necessary to become aware of and develop the understanding of another law; the Law that determines what we are being which also determines what is attracted to us and why...namely, the "Law of Vibration."

It's called the Law of Vibration.

The Law of Vibration

Basically The Law of Vibration bridges the gap between mind and matter; between the physical and the nonphysical worlds. Between the seen and the unseen worlds.

Think back to yesterday when we talked about everything being energy. Everything.

According to the Law of Vibration, scientists understand that EVERYTHING... which is energy... consistently vibrates or moves; nothing ever sits idle. We talked yesterday about energy and how energy vibrates and emits a frequency.

Everything vibrates. Everything emits a frequency. It doesn't matter...seen or unseen. Everything is in a constant state of motion, and so, there's no such thing as "inertia", or a state of rest. In other words change is constant. From the unseen to the most solid form of matter, everything is in a constant state of vibration.

And then when you look at the lowest to the highest degrees of vibration, we discover there are literally millions upon millions or maybe even BILLIONS upon billions or maybe even trillions upon trillions...I don't know of these intervening levels or degrees of vibration. These vibrations range in intensity from the smallest particles of electrons to the largest known which is the universe as far as scientists have been able to explore it, and all of this stuff...all of it, from the microscopic to the macroscopic is in a continuous state of vibratory motion.

As we covered...energy....which EVERYTHING is comprised of...whether seen or unseen...physical or non physical is a vibrating mass of energy soup.

You could say we live in a vibrational Universe.

And it's important to understand that everything vibrates and because of that ,emits a frequency.

Our thoughts are vibration...our words are vibration...our emotions are vibration. The varying intensities of vibration that we emit determine the frequency being sent out and projected which in essence determines the quality of our communication at the unseen level...at the vibratory level whatever you might choose to call that.

So it determines what we're asking for. What we're intending.

And then it's important to understand that the vibrational intensity determines the resonance of the energy...which brings us to the Law of Resonance.

The Law of Resonance

The Law of Resonance is closely interrelated to the Law of Vibration. Everything vibrates and the Law of Resonance is the determining factor of what intensity this energy or frequency vibrates at.

Vibration exists at varying intensities and resonance determines the quality or the rate of that vibration.

As an example in the case of emotions...fear vibrates at a different rate than does Love and so it resonates and creates a different frequency.

Happiness vibrates at a different rate than does sadness and so it resonates at and creates a different frequency.

Thoughts of anger vibrate at different intensity than say thoughts of empathy and compassion and so it resonates and projects a different frequency.

We've all probably felt bad vibes at some point. You know it's funny, I used to think that bad vibes was just a hippy term. But vibes are real. Vibes can be felt.

Have you ever walked into a room and felt bad vibes? Those vibes were a projected resonance from something going on in that room that we sensed and felt. Couldn't see them, but we felt it.

Have you ever had a gut feeling about something that turned out to be right on target? That's an intuitive thing and it's vibes that provided that intuitive knowing. Point being...Everything vibrates and EVERYTHING exists at varying intensities

of vibration which determines the resonance of the energy that make them up.

Let's look at a "tangible example of the Law of Resonance. We'll use a tuning fork...

If I hold a tuning fork in my hand or have somebody do that, that is tuned to an E chord and I play my guitar or any other instrument and play the same chord...an E chord...that tuning fork will begin to vibrate.

Now if I switch from an E chord to a B chord, and I play this B chord regardless of how much I might strum on my guitar, it will not affect the tuning fork. The reason is that the resonance created by the B chord isn't harmonious with the E chord. In order to create that outcome...to make the tuning fork vibrate...the projected resonance from whatever instrument I'm playing has to be the same. An E chord and an E chord.

Another example of the Law of Resonance and vibration is like if I put my hand up close to a big bass speaker as the musics playing I can feel the base with my hand. I don't have to hear it to know that the base speaker is working...I can feel that vibration.

Now if I put my hand over a midrange speaker or a tweeter...depending on the volume of the stereo, if I feel anything at all it's a different vibration. It's not as noticeable or intense as the bass. It's because the bass speaker is projecting a different resonance than a mid range or tweeter. And the mid range speaker projects a different resonance than the tweeter.

So the Law of Resonance states that all energy consists of a specific vibratory output or frequency.

OK now the one that we're probably all familiar with. I know we've all heard of it or I'm going to assume that we have.

And that's...

The Law of Attraction

The Law of Attraction is the law that governs and differentiates between the

various vibrations and resonances and determines what frequencies or vibrational intensities are drawn together.

It draws together energy that resonates or is harmonious with other energies. It draws harmonious vibrations together. Let's say that.

The Law of Attraction is essentially the Law of Gravity in UNSEEN form. It attracts harmonious frequencies together and causes these harmonious frequencies to gravitate toward one another.

Like gravity joins matter together...solid physical things...The Law of Attraction joins harmonious vibrations together that are of the same resonance...things you can't see.

Put another way...Higher vibrations are attracted to higher vibrations and lower vibrations are attracted to lower vibrations.

So bottom line is we want REALLY good vibrations. It's an important part of getting what we want.

Let's look at that in a "tangible way" if you place a drop of water and a drop of oil really close to each other...touching each other and you try to join them together you find that they won't join. The reason why is because the water doesn't blend with the oil. In fact It's repelled by the oil. It appears they're separate in a sense. They repel each other.

But if you put a drop of water really close to another drop of water you'll find that they join together and become one drop...they attract each other.

They are harmonious in their resonance.

In the case of the water and oil, the reason one repels the other is due to the resonance. The subatomic structures that make them water and oil although at their core now, their both energy...and they're both liquid in form...the resonance that each contains isn't harmonious and one repels the other. When they are harmonious like the two drops of water they join and blend together. They become one OK?

It's not that either the oil or the water is good or bad or right or wrong they just

don't harmonize...they have a varying resonance. A different resonance.

Just like energy there aren't any "right or wrong" vibrations...in other words there is no discernment at that level...at the level of vibration and attraction...only vibrations that are attracted together and transmute from UNSEEN form to the events, conditions and circumstances that show up in the physical, financial, relational, emotional and spiritual aspects of your life and my life and everybody else's life.

This is where the term "Everything Just Is" comes from. That can sound a little weird. But it's true...There is no good or bad energy in the bigger scheme of things. There is no good or bad vibration at this level. Energy just is.

And the law of attractions job is to draw this harmonious isness together. Discernment of what's good or bad only happens in our minds. And we talked about this a little bit. We judge this or that thing based on our individual perceptions. When we see something that we don't like...something that we don't want...something that we label as good or bad and we think about and focus on that thing a vibration consisting of a specific resonance is created. We attract what we don't want...we get what is good or bad as we choose to resonate. Our judgment or perception transmutes from wave form of probability into a particle and the Law of Attraction goes to work to draw more of these same "harmonious particles" together.

And they're harmonious even if it draws what we don't want because it's our resonance and our vibration that the Law of Attraction uses to draw.

So the Law of Attraction takes what it's provided and does it's job to bring whatever it's provided into material form and it never fails and it never wavers. Ever ever ever. It operates perfectly and precisely without fail.

So the Law of Attraction ALWAYS in ALL WAYS keeps EVERYTHING in the Universe perfect and ALWAYS in harmony.

We just don't see it that way sometimes and that CAN and DOES keep us trapped in the same cycles that we THINK we can't get out of. And guess what? When we think that, WE get to be right...we get to be right.

So to get out of them we only need to change our focus...our perceptions...our

paradigms and our newly formed vibrations based on that choice will start attracting what we want. And that's what we want.

So that's the Law of Attraction.

And then there's...

The Law of Growth

The Law of Growth is the Law that states that...let's put it this way... nothing is ever stagnant. Something is ALWAYS being created always growing. Something is ALWAYS being attracted together. If a seed is planted in fertile soil you can rest assured that a harvest is inevitable.

That's the law of growth at work.

If you look at another kind of seed...say our thought seeds OK, because they are... and you fertilize them with strong emotion the Law of Growth ensures that a harvest is reaped.

Now if we plant a seed of the desired outcome initially and fertilize it with fear doubt and worry wondering if, how, when and even IF this thing is going to happen at all...is it going to show up...guess what we're going to get. A HARVEST that HARMONIZES with our choice...NOT the thing we want though. Because we used a fertilizer that killed the original seed and our choice to project fear, doubt or worry killed the original seed and replaced it with fear, doubt and worry seeds...drawing to us what we are having fear, doubt or worry about.

If we plant that original seed...that original "desired seed" and we fertilize it with love, joy, assurance and gratitude...guess what we're going to get. A HARVEST that HARMONIZES with our original choice.

Because the process doesn't waver...it's only OUR choice that wavers. We only have to use the CORRECT fertilizer.

It doesn't matter what kind of seed...it doesn't matter. If it's a physical seed or a thought seed or whatever. It always works the same. Perfectly, precisely, harmoniously and without fail.

If we plant a weed seed we're going to get a weed. If we plant an apple tree seed we're going to get an apple tree. It never wavers.

And that brings us to...

The Law of Abundance

The **Law Of Abundance** is clearly evident anywhere and everywhere you look. If you take a look at nature...the physical nature even, the Law of Abundance is clearly evident.

New species of plant life, animals, and fish are being discovered all the time. You know I like to watch The Discovery channel sometimes and scientists are always finding new stuff. New life that they hadn't ever seen before or even knew about.

On the macroscopic scale...let's get off earth here for a minute...on a macroscopic scale way out there in space, the most recent scientific discoveries show these photos received from the Hubble Telescope that return pictures to earth that clearly reveals what scientists refer to as black energy...and we won't get into that...black energy that is continually expanding outward creating new stars, new planets, and new solar systems all the time.

You may or may not be aware but there are more galaxies than there are people on earth. A WHOLE bunch more. Scientists aren't sure how much more. It seems like I read that they estimate 200,000,000,000 galaxies. A hundred and fifty to 200 billion, I don't remember the number and that's not important.

A lot of people think and you might think that our galaxy...the milky way is all there is...but it's not. Based on what science knows there are billions and billions of galaxies and it's still expanding...it's STILL expanding.

That's the Law of Abundance OK?

From a material standpoint...It has been estimated that if the worlds wealth were divided among the people, that each person would have approx. \$7,000,000.00 in cash. If the trees in the world that are here now were all utilized, there would be enough to provide every person in the world with a 3000 sq. ft. home.

There is no lack on earth...there is no lack.

The Law of Abundance is clearly evident everywhere. And it doesn't matter where we look. It doesn't matter where we look.

So the Law of Abundance is real.

And then finally the last but most certainly not the least...although it is the least talked about in Law of Attraction circles which allows the Law of Attraction as well as all the other laws to exist. In fact it's what enables life itself to be possible.

That Law is...

The Law of Polarity

The Law of Polarity is sometimes referred to as the Law of Gender or the Law of Opposites. And what it means is that everything has an opposite. Everything is dual; everything has poles or another way to put it is that everything has its pair of opposites. Positive and negative.

For every positive there exists a negative. It's not positive or negative in a good or bad kind of way as we often "perceive" positive and negative. For attraction and creation to be made possible it requires a negative and a positive to merge creating the force of the attraction.

In the case of a magnet if you put two positive poles together they push each other away. If you flip one of the magnets over they join...put a negative charge and a positive charge together they join. Put 2 positive charges together and they repel. They push each other away.

So it takes both a positive and a negative to initiate the attraction process.

From a scientific perspective...

Physicists talk about "the wave nature of particles" and "the particle nature of waves.

In the case of a photon... which we talked a little about yesterday...which is one of the most basic building blocks of life as we know it, which is a subatomic packet of light consists of a electron...negative charge and a positron...positive charge. It's what gives the photon it's power. Since photons are one of the fundamental

building blocks of the Universe and everything in it...it's what gives the Universe it's power as well.

It's what creates life and the events conditions and circumstances that we all experience in life.

Without polarity life couldn't and wouldn't exist. You and I wouldn't exist.

Let's do this...

Take a battery for example. A battery must have a negative pole and a positive pole which is what gives it the ability to power whatever we put it in. It's what gives the battery it's power.

It's also what creates lightening during a thunder storm and a lightening storm. And how that happens...Electrons which hold a negative charge and are heavier and more dense and so they gather at the bottom of a cloud and protons which carry a positive charge which are lighter...they float and gather at the top of a cloud and they collect until the energy between them intensifies the attraction causing them to release their energy toward each other and BOOM...lightening is created.

In the same way as the battery it requires both the positive and the negative to create the power.

Polarity in a nutshell is two seemingly opposing possibilities that exist on the same scale. They aren't different scales they are 2 probabilities that exist on the same scale allowing that scale to exist. Without polarity the scale couldn't exist first of all.

As an example...

Without the possibility of bad which is on one end of a scale we couldn't know what good was which is on the other. But it's one scale. Without the possibility of poverty which is on one end of the scale we wouldn't know what it meant to be wealthy which is on the other end of the scale. But it's just one scale. They're not different. Both possibilities or probabilities exist within the same scale.

Without the possibility of hot to exist we couldn't know what cold was.

But here's the thing. Without polarity we could know what these opposites were conceptually and intellectually somebody could "tell us" that this is hot but we couldn't and wouldn't be able to know what hot meant unless we could experience cold. So without polarity we couldn't and wouldn't be able to "KNOW" what any opposite was experientially.

Hot would be just a word unless I could experience cold. Joy would be just a word unless I knew what sadness was. I have to be able to experience the polarity to know it OK?

So in essence everything has a positive and a negative within it. In the unseen world and in the physical world.

Here's where many fail to address polarity in it's fullest capacity as it relates to you and your life and me and my life and everybody.

I receive a number of e-mails from people who say that they get this information... they become excited but as they initiate and apply what they've discovered they sometimes experience the exact opposite of what they are intending or what they "perceive" themselves as intending at least.

The reason for that is due to polarity.

Get this because this is really really really important to understand so please hear this. When we conceive a thought...say for example to attract our perfect life partner...when we do, the polar opposite is also existent within that probability...on that same scale.

Both ends of the polarity spectrum become probable. In other words the probability to attract that perfect mate becomes just as real as the probability to be alone.

Please get this...

This is where attracting and creating the perfect relationship becomes key. Both probabilities exist and you may...you MAY experience the lack of initially. But within the lack of also exists the probability for the fulfillment of.

What's necessary to work through the polarity...should that happen...should that

happen...it doesn't always but should that happen it's nothing more or less than choosing to NOT "judge by appearances"...if the polarity shows up and you don't "Judge by appearances" and you accept and you hold the knowing of the power and perfection of the process as well as your ability to experience the desire whether it be a relationship or any other desired outcome.

So in other words when you ask for something...and it doesn't matter what it is...when you focus on something it's polar opposite is also within that thing that you asked for. You can't separate them OK? It takes away the power. We couldn't live without the polarity. But it's just necessary if the opposite surfaces...if the opposite shows up in your life to judge not by what you see and keep your ATTENTION which states your INTENTION on the desire and the desire will come through.

And people don't share that OK? Most people don't share that.

Because....BELIEVE ME if you believe nothing else The 7 Hidden Keys are never broken...they never not work....they're never random and they're never chaotic. It's only due to a lack of understanding that many "perceive" that they don't work due to the judgments they hold and the conclusions they come to based on what they see and hear and smell and taste and touch. But in the "perfection" everything is created just as we are choosing.

Within every positive there exists a negative and what we experience personally and allow to affect us individually is only based on and dependent on our individual choices and in this case the choice to FOCUS on what we want rather than what we don't want. And choose to FOCUS on what we want even though what we don't want might show up.

We have to judge not by appearances.

If you'll remember yesterday when I mentioned that our only job is the what and the why. That is our only, only job. To have the clearly defined what and a strong why that harmonizes with the Love of the fulfillment of the desire rather than the fear that it may not show up or the fear that what we're seeing says that it can't show up.

Because we get whatever we choose to get. We get whatever we choose to get. And I hope you "get that." Because polarity is a gift. In a nutshell, the law of polarity states that nothing can exist in our world without the existence of it's polar opposite and when you make the choice to focus on the desire rather than it's polar opposite, the desire will show up. It has to OK? It HAS to.

You just have to know it and see beyond the polarity.

So the bottom line...The Law of Polarity exists to both create life and enables us to fully experience life.

Holding fast to your desire...keeping focus on the fulfillment of your desired outcome without fear doubt and worry, without attachment...fear, doubt and worry is the polar opposite of love, and do that with knowing and assurance...will enable the desire to show itself.

And you get to choose and I get to choose...and everybody gets to choose and when we choose constantly we get what we want. And that's exciting stuff.

That's what the 7 Hidden Keys are.

Now...how are all these applicable to you and your life? They're incredibly powerful principles and they're very real but if you aren't conscious of them and you don't understand how they operate and how they all work together, combined with an understanding of how we fit into the bigger scheme of things and how we harmonize with them and what we need to do, life can seem and even get a little chaotic based on our perception.

And I think we'll all agree with that.

And we're going to get into that next but first let's take a break. I ran a little overtime here. Let's take a break and I'll see you back here in 15 minutes OK? Alright.

Break Time

Day 2 Part 2

Ok everybody. Back and refreshed.

Welcome back all of you to part 2 of day 2 of the 7 Hidden Keys To Conscious Creation and I hope you had a really refreshing break because we're going to be talking about something in this segment that is absolutely VITAL to getting what you want. Absolutely vital.

It's closely interrelated to what we touched on yesterday with regard to ATTENTION and INTENTION. With focus. We're going to be talking specifically about Imagination and how it can assist you in getting what you want AND...AND assist you in getting what you don't want and how to consciously choose the "desirable" way...OK?

You know, Albert Einstein, who we talked about during the first part of the conference yesterday who opened the eyes and the minds of the world through his discovery that everything is energy...if you'll remember E=MC2?... he claimed that imagination is the greatest creative force in the universe.

What he said verbatim is...

"Imagination is more important than knowledge. For knowledge is limited to all we now know and understand, while imagination embraces the entire world, and all there ever will be to know and understand." - Albert Einstein

That's a brilliant statement.

Now why would such a brilliant guy...a Nobel Prize Laureate who opened the worlds eyes to the fact that EVERYTHING is energy say that?

Look at those words again: 'Imagination is THE greatest creative force'.

Imagination. Not hard work...Not education...Not money...Not luck...Not trying really hard...Not governments...Not the military..Not corporations...not ANYTHING.

He said it was imagination.

I know from both personal experience as well as working with a number of other people based on their personal experience how a lot of people growing up can be programmed to believe when they're young that imagination is "cute" but at the same time it's written off as being outside the realm of possibility. It can be "perceived" as falling too far outside of the borders, of what's "really and truly" possible...outside of what's rational and logical based on the widely held "perspectives and perceptions of the vast majorit And it's often times being labeled as "cute" and is often innocently downplayed as being outside of the realm of what's truly possible for us.

Oh Johnny that's so cute but come on now honey, we gotta be real.

It's not that anybody's wrong. There is no fault here. In most cases the people that we've adopted these beliefs from did the best they KNEW how.

We have been conditioned and programmed in MOST cases as we're growing up with all these best intentions and for all the right reasons. But at the same time as good as these intentions and reasons might be they were based on a very limited perspective due to what those who taught us these things were also "conditioned and programmed" to "believe and perceive" as being possible, not possible, real, right and true or NOT true."

You know things that we imagine when we're young are often considered to be illogical, irrational, and sometimes just plain silly by those who might have limited imaginations which is nothing more or less than underlying limited beliefs that they hold about what's possible. Either conscious or subconscious beliefs actually.

But, does it make it true? Does it mean that because we have these unlimited Imaginations when we're young prior to receiving our "programming" and conditioning...you know all this programming and conditioning that we receive as we're growing up based on the worlds "perceptions of what's real, right, true, possible and not possible...based on what the vast majority "perceive" as being rational or logical OR that they're impossible, illogical, irrational and outside the scope of possibility does that mean that they're "true?" Absolutely not.

But it often happens that we DO let others determine how far we stretch our imagination and inevitably determines where we draw the line as to what's possible or not possible for US when our imaginations get TOO BIG.

So in a nutshell...growing up in our most...what's the word...in our most open years let's call it...let's just say in our most open years where we're most susceptible to outside input, we're programmed OK?

Inevitably it's our "beliefs"...the beliefs that we acquire throughout our lives that determine how far and how BIG our imaginations can go today.

And that's only one of many reasons why the vast majority is the vast majority and why those who are ultra successful...who experience "Real Wealth" and Real Success and Real Harmony and Real Fulfillment in their lives are in fact a small minority.

It's not because those who achieve BIG results are luckier...more talented...better educated...more gifted or any other reason you might come up with.

It's because maybe that they haven't become so conditioned and allowed others to limit their imagination or maybe they have initially but they became "conscious of" those limiting "beliefs" that were placed in them and they've discovered and broken free from the conditioning they did receive.

They found the switch. They found the power. The REAL power and where their REAL and TRUE power lies.

We'll be looking at and developing a deeper understanding about why that's "true" as we progress but first let's stop for a minute and think about how and why our imagination affects and determines our lives in a real and tangible way.

Or at least let's look at some "tangible ways" and "real things" in our reality that have come to be an every day part of our lives. Things that at one point MAY have seemed illogical and irrational based on what existed at the time that someone conceived them as an idea but are here now.

In other words they weren't here and now they are. They were considered as impossible at one point and they didn't exist but now they do.

So let's think for a minute and think about cars. I love cars so let's talk about cars. I ask people where do they think their car came from. The answer is that it came from the dealership or from an individual or their mom or dad or relative gave it to them or whatever.

And fair enough. That's true to an extent.

But prior to that, where did it come from? The reply is well from the factory. And that's true to an extent. But prior to that where did it come from? Well, I guess from a lot of these different vendors where the individual parts were built and they were shipped to the manufacturer and they put it all together and then it became a car. Ok that's true to an extent also.

But where did the parts come from that when combined and put together made the car a car?

Where did the manufacturing plants come from that build the cars? Where did the machines come from that are within these manufacturing plants that build the cars. Where did they come from? Where did the bricks come from that make the manufacturing plants real? Where did the understanding come from that enabled brick layers to lay the brick for that matter? Where did the brick come from?

Where did it all come from? All of it. And the answer is it ALL began in someone's imagination. It began as an idea. An idea derived from someone's imagination...all of it...all of it. Now think about that. And then that idea...or that conceptualization became a thought. It couldn't have happened unless and until someone conceived the idea and "thought that it could."

Now although these things were thought of...an idea was conceived by an individual, let's think back to yesterday and touch on the Infinite field of wave probabilities that science has discovered or if you prefer...the Kingdom.

All these things had to have come from somewhere and that's where they existed prior to being conceived as an idea or a thought.

They were just a wave field of probability. They were just within the wave field of probability as science has said.

But a thought wasn't enough. We have all kinds of thoughts. 60,000 per day as we covered yesterday. Now could you imagine if every one of our thoughts were creative and became real? WOW. We'd have 60,000 creations per day dropping ALL around us rushing in. We'd be dodging things everywhere. That's why yesterday we also talked about speaking as if they were already here and as we attract the ways and means to take action to make things real and tangible.

Based on what we know now with regard to one of the 7 Hidden Keys...namely the Law of Polarity, our Imagination...what we hold in our imagination can create what we "perceive" to be either good things or bad things and even though now we understand that the perfection is constant and unerring as to what is created... what WE create individually, it's our Imagination that determines the how and why we can create both desired as well as "undesired" things for ourselves.

What surrounds us...what's in our individual realities didn't start out there somewhere. It didn't start out there. Each and every thing in every aspect of our lives weren't conceived out there. They were both conceived and created based on what was happening at some point in our imagination. On the inside. AND They're NOT the result of what we did in a physical kind of way initially, whether through our work or through any other physical endeavor.

That's a part of it...both the speaking and the action as we mentioned yesterday... an important part of it...but it's not the foundation. It's not the "seed level."

Remember the quote from Lau Tsu, "To see things in the seed that is genius?" Well we're all genius's now. We are.

And the seed level is our IMAGINATION and Einstein knew this and so did A LOT of masters long before Einstein's day and a whole bunch of other people still do today.

But the vast majority still don't...OR at least they don't know how to make it work "consciously and consistently."

But it doesn't matter what you look at or what you see around you...prior to YOU being able to see it...prior to me, you or anyone else being able to see it, it DIDN'T exist and in a NUMBER of cases prior to it's existence it was considered as being impossible or outside the realm of possibility but now it's here.

And all these things are a product of our imagination. ALL of them. They were conceived as an imagining and NOTHING is left out...Let me say that again because it's SOOOO important...NOTHING...nothing, nothing...NO THING is left out.

Granted it took following these initial imaginings up with words and action to make them real but they were conceived initially as a thought, as a quality of

consciousness held in our own imagination.

And you know, when you understand that...when you really and truly understand and you internalize that and you begin to consciously and consistently control what you allow to be held in your IMAGINATION, what you may have previously "perceived" as miracles...these desired things that we all want...these REALLY REALLY BIG or small things that we want REGARDLESS of how BIG or SEEMINGLY impossible can and do start showing up in your life.

And again I can't know what kind of results you're experiencing individually. What I do know is that those results, regardless of how bleak or grand they might be are a direct reflection of what you are and have been imagining for yourself the majority of the time.

We are ALL constantly imaging something. Every second of every minute of every day we are imagining what our finances are like, what our health is like, what our relationships are like and when we begin to look at and become conscious of what these Imaginings are...when we make the choice to become CONSCIOUS and begin thinking about what we're thinking about...as I mentioned yesterday we can look around in our reality, in our physical surroundings and without fail see a mirrored image of what our predominant focus is fixated on most of the time. We'll see exactly what WE ourselves have been choosing for ourselves.

If we have a desire to change something all we have to do is change what we're imagining most of the time.

In the case of all these things we mentioned earlier whether cars or the factories that build them and all those other things, we can know in a tangible kind of way that Imagination turns "nothingness" into "somethingness."

And it's not limited.

Let's drift back to yesterday when we talked about everything being energy. We talked about the "wave field of probability" where ALL conceivable outcomes exist in this INFINITE wave field of energy.

Remember when we said that ALL things both conceivable and non conceivable exist in this wave or energy form.

Remember we also said that the good the bad and the ugly also exist in there? In fact as we covered...there is ABSOLUTELY NOTHING...nothing that doesn't exist as a probability. What we want...what we don't want...what's conceivable and none conceivable all exists within there.

Infinite potential and probability is INFINITE potential and probability. If it weren't unlimited it couldn't and wouldn't be infinite. It would be limited.

There is NOTHING that the INFINITE is not. There is NOTHING that energy is not. There is NOTHING that Source is not. It doesn't matter if it is here already or has been conceived before because EVERY conceivable and NON conceivable event, condition, circumstance, thing or whatever although not seen or experiencable yet is floating around in this "Wave field of Infinite probability... this Infinite field of energy soup. Or The KINGDOM if you prefer.

As an example...

When Henry Ford conceived the idea of an internal combustion 8 cylinder engine, it didn't exist. He created it first in his imagination developed it into an idea and took action to make it real.

And then his engineers said it wasn't possible. After a long time of trying they said "Sir it's not possible." And you know what he told them? "He said "Go back to work until it becomes possible. He didn't want to hear that. And then 6 mos. later, guess what? It became possible and the 8 cylinder engine was born.

And now some of you might be thinking...

"Well yea Chuck, but that was Henry Ford man, cmon. He's a lot smarter than I am."

To which I'd say "REALLY?" Because for those that may or may not be aware Henry Ford had a fourth grade education. But he still changed the entire course of history and the world. It wasn't because he was so smart intellectually. It wasn't because he had this formal education. It was because he had an IMAGINATION and he backed it up with a passion and a purpose and he didn't allow ANYONE... ANYONE to interfere with that vision.

Not even his engineers who were a lot more formally educated than he was.

Now was some perseverance necessary? Absolutely. Absolutely. Was action necessary? Absolutely. But he held the vision. He conceived the idea and kept the vision in his imagination regardless of what others said...regardless of what anybody said was possible or not possible and he held it as his point of focus.

So as I mentioned yesterday perseverance is sometimes necessary but imagination, attention and intention is where it started and what will make it real.

And today it IS real. It's a very important part of our Newtonian Physics world. And I'll go a step further and say that it's now something that many take for granted...that many take for granted.

But point being EVERYTHING in our world originated in this way. From the beginning of creation the same holds true.

If you're familiar with what the Christian Bible for example says with regard to creation, God said let there be light and there was light. And he did this for six days each day saying let there be something else and it was. Whatever you perceive God or Source to be, He, She or It or whatever you perceive Source to be first "thought" about the creation and it was created.

Now let's say you don't believe it happened in that way...that's OK too. Science says there was a Big Bang. Does it mean that anybody's wrong? No. It really doesn't matter how it happened specifically...what does matter is that it happened and it's very obvious today that it did.

You can look around, it's obvious. You're here, I'm here everything's here.

And the perfection behind it all is evident.

And again, I mean we're here, the earth's here, and billions of galaxies are here...billions of galaxies and still expanding all the time. The Law of Abundance and the Law of Growth is clearly, clearly, clearly evident.

Think about this. Even if it was the Big Bang it still required someone or some thing to light the firecracker. And something had to have happened prior to that for there to be a firecracker to light. Or for that matter something to light the firecracker with. Point being it really doesn't matter how you perceive it individually...the magnificence and the perfection it's obvious...it's obvious. There is a Source of some form and for anything to have been created it had to have first been conceived as a thought or as an idea.

So for me personally ALL of creation is the Source expressing Herself, or Himself or Itself or whatever you choose. The trivial arguments that arise from that are what create separation and this "perceived" separateness, so I'm good with whatever you believe. I'm good with whatever anybody believes. Because I've discovered that all paths led to the same Source. And all the names and all the labels...none of that matters.

And think about this. Science says that we are all made of the same stuff...energy. Spiritual text says we were created in the Image and Likeness of Source whatever you might perceive that to be.

Soyou know what? It all sounds the same to me.

Point being...

Our life is the way it is because that is what we are imagining as well. It doesn't have to be a massive and world changing idea like Henry Ford came up with.

Now, it CAN be if you'll allow your imagination to go that far. But it doesn't have to be. It can be whatever you choose in whatever area of life that you choose whether it's physically, financially, relationally, emotionally or spiritually. And it will become whatever you choose whenever YOU choose to allow it to become that.

You know when I share this with a lot of people they get really really excited... they see the potential...it makes sense to them. They know it already. They're being reminded. Let's put it that way.

But then they say....

"Well yea Chuck, but I've got all this stuff going on in my life. I've got all this stuff going on in my life."

To which I respond...

OK...Is imagination determined by the Newtonian world?

And really...the answer is both yes and no. It can be if you choose to look around you and you "perceive" what's happening in the Newtonian world as being real. If you allow it to create fear, doubt and worry what are you imagining?

And that's the yes part of the answer.

But let's go backwards a bit to what scientists have discovered regarding "realness and reality?" Remember what we covered yesterday with regard to what scientists have found regarding what we often perceive and believe to be so real and right and true based on what we can see, hear, smell, touch and taste? What did they find?

It's NOT an objective reality right? It's SUBJECTIVE which means that WE can change it anytime that we choose. But if we don't like it...if we don't like what we see going on around us and we choose to overlook all we have to be grateful for... and keep our focus on what we don't like and we keep our IMAGININGS on all this STUFF we don't like, that will only serve to focus your predominant ATTENTION on it stating your INTENTION...what's being held in your imagination...which will only serve to create more of the same because of and due to the process of creation in it's unwavering and immutable perfection.

To change the effects we MUST change the cause. To put it in anther way, if you don't like what you're seeing, just make the choice to change what you're being. To change what you don't want into what you DO want, you MUST change you. NOT what you DO in a physical sense...it's what you are BEING on the inside. This change begins at the level of what you are imagining most of the time.

If you like what you see keep imagining that...keep imagining that. If you don't change what you're imagining and you won't see it for long.

And here's something VERY VERY VERY important to grasp and internalize... It's with regard to what you're seeing around you in the physical world.

What you're seeing around us now is NOT who you are OR what we are being now. We have to choose to be now what created what we are seeing now.

What we are SEEING now is what we have chosen to imagine at some point in the past. What we have chosen to keep our ATTENTION focused on which stated our INTENTION which showed up just as we asked however UNCONSCIOUS as that might have been.

But It's NOT what we are now...or at least it doesn't HAVE to be unless we choose that for ourselves and it's NOT what we should be keeping our FOCUS or our ATTENTION on now UNLESS...and the key word is UNLESS it's in harmony with what we want.

As I quoted one of the masters previously based on some what I consider to be some very profound, extremely simple and VERY insightful instruction...and that is...

"Judge NOT by appearances."

If we really have a desire to change our now, it's only necessary to change what we are imagining now...to "judge NOT what we are "seeing around us"...to keep our IMAGINATIONS on the clearly defined VISIONS that after yesterday's session I hope...I really and truly HOPE that each and every one of you will take the time to do...which is really get clearly defined and our tomorrows will reflect our choices if we'll only choose to hold that vision...stay open and alert for the ways and means...and take action on them as they show up which the process... this process of creation in it's perfect and harmonious operation, will DO it's JOB and it WILL become our REALITY.

Do we have to overlook what we're seeing now if we don't like it?...yes. Do we have to see above it?...Yes. Do we have to have a clearly defined what...a specific target? YES!! We can't focus on a target that we don't have. We can't hit a target that we don't have. Do we have to have a strong WHY? YES!!! But if you'll remember we have to let go of the when and how and let the 7 Hidden Keys... Universal Laws...spiritual laws...laws of nature or whatever you might choose to call them individually, allow them to do their job in the way that they do...in their "perfection" to draw to us what we desire or want rather than what we don't want or desire.

It's essential...CRUCIAL, crucial, crucial that we "Be transformed by the renewing of our minds."

It's CRUCIAL that we "Judge NOT by appearances." And I hope you get that. And if you're asking Why? Because as science has discovered...they're NOT real.

Now this is important and KEY as well....

We <u>MUST NOT DENY</u> what is real OK. What we "perceive" as real. Not in the PHYSICAL SENSE of the word I mean. We don't want to ignore whatever it is that we've imagined and created in the past that we're experiencing now. It's here in the physical alright. From most people's perspective it is real. But by the same token, it is what it is. But here's the key...and here's where most stumble and get in trouble...okay? It's here granted. But we don't stress about it...we don't become anxious about it. But at the same time we don't just ignore it and pretend it isn't there.

We can...we have the free will...but chances are unless we're really really really good at making some really profound internal shifts REALLY quickly, these things that are...are gonna get bigger if we choose that.

So here's what we do...

We recognize the perfection of the process and now that we're AWARE of the 7 Hidden Keys and the role we play in the process we internalize and understand and see the power we have to create what we "didn't want" OK...because we did and make the shift to begin RIGHT HERE RIGHT NOW using that same power to begin IMAGINING and CREATING what we do want.

What we DO, is keep our eye on the DESIRED outcome...what we WANT, do the best that we can to handle and resolve any issue that has shown up in our REALITY that's in the here and now, in the best way we know how, but at the same time DETACH ourselves emotionally from it.

We just do the best we can based on what we know how to do and then let it go. We don't stress and worry and doubt if we did the "right or the wrong thing." We just do the best we can and let it go.

In other words we just deal with what is in the best way we know how, doing the best we know how...the best we can all the while keeping our ATTENTION...our IMAGINATION focused on the DESIRED outcome. On the desired end result OK?

In doing that, in essence we make a conscious and intentional choice to respond rather than react.

We respond at the internal level...at the seed level...and we change the resonance at the internal level...the projection that determines both our reactions or responses which enacts the Law of Attraction and here it comes just as we chose. We also respond in the best way we can in the best way we know how in the "physical sense" of the word and understand that "All things work together for a greater good" and then hold onto the thoughts and ideas of the gift that we've been given to change our REALITIES ANYTIME WE CHOOSE...and then we do that.

This WILL...I repeat this WILL change what we see happening around us. Then as we get better and better at "consciously creating" and CONSCIOUSLY keeping our ATTENTION on our INTENTION these "undesired things" don't become "SEEMINGLY inescapable" cycles as so many today "perceive" them to be.

The "perceived chaos" disappears. The "seemingly" random events, conditions and circumstances stop happening. They stop showing up. We can see through the fog now and begin consciously recognizing and seeing the perfection of the process.

We begin getting more of what we want and less of what we don't want.

Now THAT"S where we want to be right?

Now don't misunderstand because that doesn't mean that challenges won't stop coming...what I call growth lessons...because they will keep coming. And that's a very real part of life. But it's our choice as to whether we respond or react to these things that show up and that determines how long we remain in the lesson. We can if we choose...react as the vast majority do OR we can choose to respond...OK? Respond...keep emotionally correct, do the best we can, keep our eye on the vision and quickly move through to the next "growth lesson."

Because growth lessons are gonna come folks. And if anybody tells you they're not..well...you can believe them if you choose.

From the Newtonian perspective what we are seeing is real OK? But at the same time it's a very limited kind of realness as we've discovered and as we now know

and understand that can be shifted and changed when we make the choice to do so.

When WE choose to become "conscious and intentional."

COOL STUFF!! EXCITING STUFF!!

But make no mistake...Growth is forever. We never arrive. Growth lessons are continuous. But when we start to see it as further expression and expansion rather than HOLY SHIT...we move through it quickly and on to the next. We don't stay trapped in these cycles repeating the same thing over and over and over again.

That's how we get trapped in cycles. Because we look at it perceive it as real and our REACTION...our REACTION...our OH _____, takes hold and it keeps us stuck in the cycle.

We accept it and do the best we know how all the while keeping our FOCUS...our ATTENTION on the "desired" outcome.

But again, to ignore or attempt to cover it up...to stick our head in the sand and pretend that it's going to go away...that's nothing more than wishful thinking. We do the best we can with where we are and remain emotionally fixated on the desire rather than the thing "Undesired" and DETACH ourselves from the OBJECTIVE reality.

From the objective reality in our minds eye, from that perspective. But we do the best we can.

And you know it's just SO important. I don't mean to sound like a broken record but we have to "Judge not by appearances" now and keep our focus...our attention on the desire and not what we are looking at.

It's SOOOOO important that you get this I'm going to stay on it for a few more minutes...

Let's think back to yesterday when we talked about what science has learned with regard to everything being energy.

If you'll remember we talked about EVERY conceivable outcome already existing as a wave form of probability.

Before the car became a car what was it? A probability. It didn't exist. It wasn't here and then it was.

Before the Wright Brothers created a flying machine what was it? Nothing more than a probability...a conceptualization that was floating around in this infinite field of probability...this wave field of potentiality floating around in the Kingdom you could say, waiting for someone to conceive it.

Everything in our Newtonian world was a product of mind before it became a reality. It existed only as a "probability" though... A wave form of probability.

And that's the key. Because whatever YOU want is a wave form of probability. Or maybe it's already here. Maybe what you want is already here whether it's...whatever... money, health, relationships whatever. Regardless of where it is...you may NOT see it yet but it exists in the field...or the Kingdom.

And remember yesterday. There is no "out there" and "in here." It's all...you cannot separate the Newtonian world from the quantum world. You cannot separate the physical world from the spiritual world because it's all One infinite field of energy.

So you have to fixate on that thing. You have to keep your imagination on that thing. Not fixated and focused on what you created at some point in the past and are seeing now based on what you chose to place focus on in the past. You change the focus that brought this undesired thing to you if you're experiencing something like that now.

Let me ask you...

Do you think that the Wright Brothers doubted their ability to create the first flying machine? If they'd focused on the fact that there is just no way...there is just no way that anything can fly, I can assure you we wouldn't have airplanes today...or at least they wouldn't have invented it, but someone would have.

And I can't get off into that.

But here's something else to consider...

Were the Wright Brothers anything special that you're not? Henry Ford wasn't. He had a fourth grade education. Were the Wright Brothers anything special that you're not? No. They were bicycle mechanics. The only difference between them and anyone else is that they held a vision...they held the vision in their IMAGINATION until that thing became real. They held it in their IMAGINATION...they held their vision...they acted on it and they changed the world. A couple of bicycle mechanics changed the world.

Now...do you think they might have received a little resistance from the people in their circles of contacts? I'll assure you that they did.

"You're gonna do WHAT? You're gonna fly? Are you nuts? Have you lost your mind?"

And we could have some fun with that too.

Let's do this...

Let's change the word energy into consciousness OK? These waves of probability...all this energy that we now know surrounds us is consciousness.

Anything that has ever been created...prior to it's creation wasn't here OK? It began in the mind of whoever conceived the idea as a conceptualization yet it DID always exist in this Infinite field of consciousness.

Now let's make just a slight shift and look at all this energy as consciousness and explore just a bit the aspects of mind OK?

Because there's more to understand than that we have a mind. We all know that we have a mind and that there are 2 aspects of our individual mind...the conscious and the subconscious.

Nothing new about that.

But there's more than that...MUCH more actually. There's a Super Conscious Mind or Universal Consciousness or whatever you might choose to call that individually.

The Super Conscious mind IS this Infinite Field of Energy that we've been talking

about.

Some call the Super Conscious Source...some God...some Universal intelligence as we've been through...others Universal consciousness. But for now, for the sake of simplification, we'll refer to Source as The Super Conscious Mind which is one and the same as what the scientific community refers to as the Infinite Field of wave probability that we've been talking about and that we talked about yesterday.

The Super Conscious or the Infinite field of energy is the ultimate consciousness or what we could refer to as the ONE consciousness...the Ultimate or Supreme Consciousness if you prefer that.

Stay with me because this is really really really important OK?

Our individual consciousness, although individual and unique to each of us is an integral part of The Whole...an integral part of the Super Conscious. In other words our subconscious and our conscious is an integral part of the Super Conscious.

Because our mind is not our brain. Our brain is physical. Our MIND is non physical. It produces consciousness and it's an integral part of the Super Conscious.

OK now consider this...

Without the part...each individual part...the whole couldn't be whole right? From a "tangible" perspective, if you cut off one of your fingers...and don't do that please...which is an important and integral part of what makes up your "whole body"... the whole that makes your body whole wouldn't be whole...right?

Well, It's the same with the Whole that makes up Super Consciousness and you as an integral part of the Super Conscious. Without your individual consciousness the whole couldn't be whole.

Now, what differentiates the Super Conscious and you, me or anyone else is the fact that we've each been provided a free will...we've each been provided a free will. That is the ONLY differentiation in the aspects of mind. Between the Super Conscious and the PART of the Whole. What makes us individual and unique...our Free will.

And we'll be talking about free will but before we get into that let's explore another aspect of consciousness that many aren't aware of.

And we haven't talked about this. But what we didn't talk about yesterday is the collective consciousness. If you'll remember we talked about our thoughts individually projecting energy and attracting to you outcomes based on the quality of consciousness that we choose.

And we talked about the Infinite wave field of probability which we're now calling the Super Conscious or Supreme Consciousness or Universal Consciousness.

Well it's the same with the collective consciousness and here's why that's important to understand if we really want to get good at consistently producing what we want.

The Collective Consciousness is much the same as individual consciousness except it's much more powerful. The Collective Consciousness consists of a projection of energy...the same way that we project individually containing the collective ATTENTION of the world's population that...just like our individual consciousness which projects outward...is projected into the field...or, the KINGDOM which is communicating the INTENTION of everyone on this planet and the 7 Hidden Keys in the process, in their perfection provide it.

Now this collective...the individually joined consciousnesses of the collective creates the experience...all these experiences that we as a collective encounter from day to day on a global scale.

Stay with me here.

This projection of consciousness of the collectively joined INTENTION projects the same kind of energy...the very same as we do individually but it's far more powerful than ours individually because it consists of the thoughts, beliefs and perceptions of more than 6.5 BILLION people.

Although our individual quality of consciousness is extremely creative and powerfully effective when you join these powerful forces together they become more powerful. Much more powerful.

To give that a little spiritual validation, as one of the masters clearly stated "Where

2 or more are gathered and shall ask anything it shall be given." That clearly shows from the "spiritual perspective just how "TRUE" that is.

Now Imagine 6.5 BILLION of these INDIVIDUAL consciousnesses joined together. I think you'll agree that's EXTREMELY extremely powerful.

If you'll recall yesterday when we covered that your ATTENTION and your INTENTION project an energy which in turn attracts to you the various events, conditions and circumstances that show up in your life...outcomes based on the INTENTION that YOU are choosing for yourself, the same holds true with the collective.

So imagine for a minute the individual consciousnesses of a large number of people being focused on and projected into the Super Conscious focused on...let's say "fear."

Let's just say that 1 billion are focused on fear. The unwavering and immutable perfection of the 7 Hidden Keys doesn't differentiate what is being asked for. Remember they are non-judging and non discerning. They don't know and don't differentiate between what we see and judge as good or bad or right or wrong they only govern energy (consciousness) that resonates and projects a vibratory output...a frequency and reflects back outcomes...because remember FULLER expression and expansion and so they reflect back FULLER expression and expansion based on what they're provided to work with.

As an example...

Let's look at a past event in history that so many "perceived" as being so bad. The depression. What created the great depression? Was it a focus on love by the collective or was it a focus on fear?

And here's what it was...

It was the focus of the collective focusing on a fear of losing their money which precipitated the masses rushing to the banks all over the country...all these people rushing to the banks to withdraw their money fearful that they were going to lose it which depleted the financial markets and that focus...that focus of fear by such a large number of people spiraled into the great depression.

It was a Fear based energy...a fear based quality of consciousness cannot and never will return what we desire...what we LOVE OK. It can't!! EVERY single Universal Law would have to be violated. EVERY single Law would have to be violated. In other words it can't, won't and never will happen OK? It's NOT happening currently and NEVER will happen.

Now this is key...I hope you grasp this.

Was there chaos and disharmony during that period in history? In the minds of those who were experiencing it there was but the process wasn't broken. The process and what was created was harmonious based on the quality of consciousness of the collective that the 7 Hidden Keys or the Source had to work with.

It was the focus...the ATTENTION of this large number of people, stating their INTENTION that projected an energy...consciousness...a quality of consciousness that unfolded perfectly and precisely just as the collective asked.

Ask and you shall receive.

And it's important to remember, The 7 Hidden Keys or the process of creation isn't rational or logical and here's the thing that a lot of people don't get...it never says no. It NEVER says no. It ALWAYS 100% of the time provides what is being asked of it. It only takes the energy it's provided to work with...energy or consciousness of a specific vibration...RESONANCE...that does what? Enacts the Law of Attraction and delivers events, conditions and circumstances that harmonize with the kind and quality of energy that it's being provided to work with.

Since Universal Laws are non discerning...non judgmental...not rational or logical...there's no reasoning ability and they provide a mirrored image of what is given to them to work with, it provides you individually as well as the world collectively with what it asks.

This can and does...in the case of the collective without fail lead to events, conditions and circumstances on a global scale that many of us would rather NOT experience.

But it's only because the vast majority choose to remain "UNCONSCIOUS" of the perfection of the process.

Is this making sense?

Let's use this analogy to REALLY bring the point home because it's SO important...

If you take a piece of paper and write the word fear on it and then go take it and hold it in front of a mirror, can you expect the mirror to return a reflection of love? NO...no. You project fear and the mirror returns a reflection based on what it's provided to work with.

So in the same way it delivers outcomes...events, conditions and circumstances... the same in kind and quality based on what we choose to project.

The process isn't broken...it's perfect. Always perfect, always magnificent. ALWAYS, always, always on target.

Struggling against things...resisting things...saying no to what we don't want only focuses our attention on it. What does our attention do? States our intention.

Projects frequencies which attract harmonious frequencies which draws to us what we are choosing to place our focus on.

Now granted, if this is producing things that we don't want it can seem really really scary at times. Sometimes we can't see the forest for the trees if we don't now what's going on. And also if we're placing focus on what the collective is creating it can appear that life is random and chaotic. But it's NOT...it's not. It's unfolding perfectly and precisely as the world...and as "THE COLLECTIVE" is asking.

But the reality is, the ACTUALITY is, when you look at it closely and understand it you begin to see that it is you that has been creating the things that you don't want. You begin to recognize, see and understand your creative power.

Now granted you may have been using your power "unconsciously" but when you become "conscious of what your attention is predominantly focused...when you reveal the underlying INTENTIONS that you are projecting for yourself...what you are asking Source for...it becomes clearly evident of the power you've been provided...the individual power you hold to create your reality.

Focusing on what you don't want is providing energy to what you don't want which is attracting more of what you don't want to you.

Now, let's Look at a current global situation that so many are perceiving...perceiving as so BAD. The economy. What are you perceiving with regard to the economy? What are you perceiving with regard to those who are working or have worked on wall street or AIG? Are you standing in judgment of them. Are you focusing on these horrible things that they did to the people? Are you focusing on the trillions that so many "perceive" as being lost or see it as opportunity to learn and grow.

Because the fact is, it just It is what it is right now. Did it happen? yes. Are you focusing on how bad it is...taking in what all the talking heads on the news are saying about it and intensifying the "negative" emotional state of the collective or...OR understanding that what's going on out there has ABSOLUTELY NOTHING to do with you individually unless YOU ALLOW it to.

Because we're ALWAYS allowing something. Sometimes we allow unconsciously and sometimes we see and consciously allow what is, to be OK as it is.

Consciously allowing is allowing what is to be OK as it is.

Keep this in mind. There is no separation amongst any of the people OK? There is no individuality with the exception of free will. We are one...we are joined..we are all together OK so...

You are responsible for what's going on right now..OK in a sense. Don't get mad at me..don't burn me at the stake. Because I am responsible for what's going on right now. My neighbors are responsible for what's going on right now. The people of my state are responsible for what's going on right now. Our country...our world and EVERYONE in it is responsible for what's going on right now.

Our individual responsibility joins together as a collective responsibility which is nothing more or less than frequency intensified to bring us precisely what we as a collective are choosing to focus on.

Now...NOW here's our individual shield and how we can contribute to the collective. Because we have been provided an inalienable right of free will to think as we choose. No one can make us think or perceive things in any way that we

don't choose for ourselves. If we perceive something as good or bad that's our choice. No one or no thing can make us think or respond or react in any way that we don't choose for ourselves.

Now...everyone else has a free will as well. Everyone else has the same ability that we do. Do others have thoughts and beliefs and perceptions and the ability to make their own individual choices just as we do? Absolutely.

In Actuality, what's going on isn't evil or wrong or bad or anything except for the judgments that we choose for ourselves. Remember it's just energy...it's just energy...it is what it is.

Now if we choose to look at things that way...OK. If we choose to "judge" things as bad, evil, despicable what energy are we projecting individually? What vibrations are we sending out? What resonance are we sending out?

And this is key so please get this...

And based on what WE are sending out, who is going to receive back outcomes that harmonize and reflect the way of being that we are choosing for ourselves? We are right? It's not going to affect anyone else.

That's the key folks.

So...who does judging hurt? Us right. It doesn't hurt those who we choose to judge. We reflect judgment...we reflect the vibration...we reflect the resonance and the Universe or Source or whatever you want to call that, in it's perfection reflects back at us just as we ask.

When the master quoted "Judge not and you will not be judged", that wasn't a you better do this or else...it was profound wisdom providing us with direction to create and experience a harmonious and fulfilling life for ourselves regardless of what we might "perceive" as being so real based on what's going on around us.

Now we CAN...we can perceive what's going on around us as bad...as unfair...as evil and wrong and "perceive" everything as broken. And we have that right...we have that free will, that's the beauty. We have that free will and we can do that. Or we can choose to respond...we can choose how we respond which determines what we are asking for individually OK...INDIVIDUALLY...and that will

determine what we receive back individually.

Now...Is what's going on around us right now "undesirable?" For those who choose to focus on it that way and keep their IMAGINATION fixated on it that way yes. But that's a choice. It's a choice that can't and won't deliver any other result than what we ourselves are choosing for ourselves.

We can find gratitude in EVERYTHING folks believe me and that's important.

And you know I'm not undermining or downplaying what's going on. YES, it is...it can be undesirable looking at it from the perspective of reality OK...But in the bigger scheme of things...in the bigger scheme of things there is nothing wrong. Nothing is broken. Creation IS ALWAYS perfect. It is unfolding just as we are choosing and "allowing" it to.

Because believe me the collective consciousness allowed what happened to happen. There was a lot of signs before this happened. But nobody did anything. Nobody chose to DO anything. So the collectives responsible...OK?

So anyway, what's creating the current circumstance was the predominant focus, the ATTENTION of the collective or the "UNATTENTION" in this case maybe, which stated the INTENTION of the collective. And it is what it is.

And that's how so many often "perceive" it to be a random and chaotic world. But is it really?

Is there chaos? NO. Is the current situation unfolding randomly? NOPE!!! The 7 Hidden Keys...Cause and Effect...The Law of Vibration...the Law of Resonance...the Law of Attraction...the Law of Growth...the Law of Abundance...the Law of Polarity doesn't fail or waver EVER. These Laws of creation don't fail or waver any more than the Law of Gravity does.

The flow is always open in other words. The flow is ALWAYS in harmony.

And THAT'S exciting. That's exciting stuff... IF you're conscious of it.

It's always producing precisely what we are asking for. If it "appears to be" or is being "perceived" as being broken and producing what we "don't want"...if we "perceive" it as being random and chaotic it's only necessary to become conscious of and look at the cause...the underlying cause that most overlook which is nothing more or less than our emotional response or reaction which creates a projection of energy based on love or fear...which the Infinite field or the Kingdom is providing and projecting back to us just as we are asking for. Just like the mirror does when we hold whatever we hold in front of it. It projects it right back. What we are projecting out individually is being reflected back at us. What we are projecting out as a collective is being reflected back to us.

Can we control what others are thinking? Nope. Can we control what others do? NOPE!! They have a free will...EVERYONE has a free will. And again we have a free will. With that being the case...Can we control what we are thinking? Yes. Can we control how we perceive things? YES. Can we control what we do? YES!!

And that is where the key lies. That's where your "TRUE power" lies. And my true power and everybody else's true power.

So CHOOSING to become conscious...learning to judge NOT by appearances and learning to consciously and consistently direct your thoughts to what you WANT rather than what you don't want or what you think is going wrong around you or if you want to think that the world is going to hell in a hand basket...that's a choice.

But I recommend learning to "Judge not by appearances and keep your focus on what you want and not what you don't want.

When we do that we serve both ourselves and the collective.

Although I'm not personally aware of anyone who exists currently who has the power to overcome and shift the consciousness of the collective, we each have the ability to control what's going on within us individually which serves the collective.

We're not FEEDING the negativity...we're feeding the other side...the polarity.

So...think about what you're thinking about with regard to the economy or anything else. Are you contributing to the replenishment of the economy or it's further spiral? Are you damning and freaking out about the current economic climate or accepting that it is what it is and keeping your focus on where it is that YOU want to be individually...the end result of where YOU want to go. Because what's going on around you can't affect you unless you allow it to. That's your bubble. That's the key to your power. Because it doesn't matter what's going on out there. You can attract and you DO attract based on what YOU project.

So what are you holding in your IMAGINATION? (Starts laughing here)

I don't mean to harp on this but this is important and it requires some CONSCIOUS attention. It requires an awakening if you will...an awakening.

So...are you fixated on the INFINITE nature of the flow and what's already available to you...or are you going to choose to focus on how bad the economy is?

You know as Mahatma Ghandi quoted...and there's some profound wisdom in this little statement..."Be the change you wish to see in the world"..."Be the change you wish to see in the world" because guess what? What you choose to BE you are you contributing to the entire world.

I know that sounds crazy but think about it. When you think...when you project a vibration of a specific resonance it's going into the One, OK? You're contributing...you've changed the course of history. Actually you have OK?

You know a LOT of people think that money is power. I hear that all the time. "Money is power."..."money's power." And from the Newtonian perspective...in the physical world...in this land of illusion...in this non objective reality it is in a sense. But it's not real power. It's a finite and temporary form of power like all other external powers are whether the military or the government or corporations or whatever you might conceive power to be or "perceive" it to be in a physical sense.

Since money is a such an important and sought after and emotionally attached thing that's such a big thing in so many people's lives, let's use it as an example and see how it correlates with Imagination...and let's see if it really is power.

Because not only do a lot of people "perceive" money as being power, I talk to a lot of people who "perceive" money as being in short supply.

Let me assure you, there is no "shortage of money" in the world. Money can be and is printed with a signature...once that signature is acquired, through a computer entry the process is started...the printing of more money. Here's what a lot of people don't know...

The actual amount of physical and tangible MONEY...currency that's on these pieces of paper with this ink only equates to about 4% of the money that actually exists.

Hmmm.

So where's the other 96%? The other 96% is a computer entry. It's nothing more than a number that exists in cyberspace somewhere. It's fiat money. Even our physical money is fiat money. There is nothing that backs it. There's nothing that gives it or the paper that exists...whether it's this 4%...the printed paper that gives it tangible value with the exception of the government claiming that it's worth something combined with the belief system of the collective about the system...about our monetary system. It used to be backed with gold and silver. Now it's not backed with anything...it's backed on a promise.

And we won't get into all the particulars about that system. That can be a touchy thing.

But the point being...what created this system? What created all this "perceived" wealth?...These trillions and trillions...however many is out there I don't know. What created all this "perceived" wealth? It was an Idea, that's all. It exists today in the financial arena and it's called a fractional reserve system.

Most of the money doesn't even exist. It's not even in physical form.

But it's what determines all the material wealth in the world which in reality folks, it doesn't exist.

So no, wealth isn't money. Money is NOT power. Wealth...REAL Wealth is an idea. REAL WEALTH is an idea. And your REAL power is in your imagination. Real Wealth is the product of IMAGINATION just as poverty disharmony and discord are the result of IMAGINATION. Money is energy just as anything else is and both wealth and poverty are created as the result of IMAGINATION and ideas.

That's where your TRUE WEALTH lies. That's where your TRUE POWER lies.

And mine and everybody else's. Not in things and stuff. Not in the amount of paperbacks that you keep in your purse or your wallet.

So, the whole point for that dialog...consistently check yourself and remain conscious of whether you're holding a "poverty consciousness" or a "wealth consciousness."

And just always remember...no judgment...there's no right or wrong...but just remember whichever one you choose will be reflected back to you just as you choose. And it doesn't fail and it doesn't waver.

OK? OK...with all that said let's take a break. Let's take 15 minutes and we'll be back. Go stretch and let that soak in for awhile and we'll see you when you get back. OK bye.

Break Time

Day 2 Part 3

OK everyone, we're back.

OK...we've talked a lot throughout the conference about our ATTENTION...our INTENTION...about thoughts and the power of Imagination. Now let's talk about what fuels these things.

What gives them power. Really really strong creative power.

And so that's what we're going to cover in this portion of the conference. We're going to be talking about and delving into emotions specifically.

If you'll remember we talked a lot about our thoughts being creative as well as the thoughts of the collective being just as creative and even more so power due to the collective power. But let's focus on our individual thoughts here and delve in deep so we can really get a grasp of how they become so creative.

If you'll remember we touched on the fact that individually we think an average of 60,000 thoughts per day. If you remember before we took a break I mentioned that it's a good thing that each thought doesn't create an outcome. And it is...it is.

And they don't...not in and of themselves anyway. It requires emotion.

Emotions are another part of the puzzle to make these thoughts real things that cause them to show up and become real experiences...events, conditions, circumstances and experiences in our Newtonian or physical world...in our reality.

You could say that Emotion is the fuel or the fertilizer that gives thought it's power.

Sometimes the best way to describe things so we really internalize it, is by going through a visual type process, like we did in the first part of the conference with the water and all that...so let's do that here.

Let's do this...Let's get interactive again now and do a little imagining like we did yesterday.

If you'll think back to yesterday and remember we initially viewed everything in life as water. Remember when we put everything into this Infinite ocean? Everything in our house and all that? We transmuted everything that exists and doesn't exist from it's original form or non form into h20 and we poured it all in this ocean.

Then we transmuted it from water into energy.

If you'll remember, we did that with the physical things we could see. We also envisioned the unseen things like oxygen, sounds colors, smells and we also envisioned that past and present, future were all in there...ALL past, present and future events, conditions and circumstances in our lives...ALL of them whether the good, the bad the ugly, the desired, the undesired any and every event condition and circumstance that shows up, has shown up or ever will or could show up we transmuted into water form and then we made a subtle shift to change it from water...from the infinite ocean so we could see it as energy?

Then before we took our last break we transmuted this energy into consciousness. We touched on our individual consciousness, the collective consciousness and the Super Conscious....or the Infinite Consciousness or the Universal Consciousness or whatever you want to call that.

Let's make another subtle shift and transmute this consciousness...this Super Conscious Mind, which includes everything we just mentioned...the seen, the unseen and all that and also include the collective consciousness and our individual consciousness all collectively joined and transmute it into Love. Let's see it all as Love.

Imagine it as being instead of this Infinite ocean of water like we envisioned initially yesterday as being an Infinite Field of Love or an Infinite ocean of love.

Let's transmute all this stuff that exists in the Infinite Field of Probability and potential...the wave field as scientists call it...this Super Consciousness and pretend...just like we did with the water that nothing else is here yet. All this stuff that we see and experience in life, all this stuff that we can't see, anything and everything conceivable as well as everything non-conceivable as well as anything and everything past, present and future and just imagine that NONE of it is here yet.

Get that...grasp that.

Anything and everything...all exists in this infinite field of Love. Just ONE huge Infinite field of Love.

And again, NOTHING else is here yet...it's just an INFINITE field of Love without labels...without judgments without anything. It's just Love. There's no separation or individuality. There's no separation between you, me, the collective or anything else. It's one big ball of vibrating Love.

So Love is all that exists at this point. You could say that this Love is Everything that is, was or ever will be. It's the Alpha, the Omega, the Beginning the End, the Omniscient, the Omnipresent, the ALL.

As above, so below. As within, so without.

It's all there is. There is nothing that this Love is not just as there was nothing that energy is not OK...when we did that yesterday.

And there's NOTHING that this Love consciousness is not because it's all there is just like the ocean of water that we envisioned yesterday. It's all there was. There wasn't any earth or sky or outer space or anything. It was all just energy.

Now in the same way, in this Infinite field of Love there is no polarity or duality. There isn't right, wrong, good, bad, up, down, left or right, hot, cold....black, white, Christian, Buddhist, Jew, Male, female...none of that...no distinctions...just Love.

But it's not a physical kind of love that we're all familiar with. It's not a conditional kind of love that says you have to do something so I'll love you or if you do or don't do this I won't love you anymore. Or if you don't give me this I won't love you anymore. It's a form of LOVE that's inseparable, immutable, unwavering and doesn't change...EVER. It's an eternal and non conditional kind of love. It's INFINITE in nature. Nothing can rattle it...nothing can change it. Nothing can make it mad.

OK...we've all got that? Ok so now we have this Love...this Infinite field of vibrating LOVE energy where there's nothing else...only love.

Now...if you'll remember back to yesterday when we put the eye dropper into the ocean and we pulled out that single drop of water, remember? When we did that we saw and were able to perceive ourselves as being individual and separate. We could see that although we came from the whole...from the ocean...the one body of water that was all there was...when we drew a drop out of it, we became individual. It became us. We were able to see ourselves and perceive ourselves as being individual and separate from the body of water.

But when we squeezed the eye dropper and put it back into the water...the little drop into the infinite ocean...what we perceived as being individual and separate disappeared again. We couldn't see where we began or ended anymore. We saw ourselves as being interconnected with everything again with that Infinite ocean. We became a part of the whole again...we became one again.

Now I'm going to ask that you envision yourself as being that drop of water again except within this Infinite field of Love. Except now instead of the drop of water we're this drop of Love consciousness...or this little wave of continuously vibrating Love consciousness that exists within this Super Consciousness that we're calling the Infinite field of Love or the ocean of Love.

Nothing else exists yet.

And now all that exists is YOU, this little wave field of Love consciousness and this Infinite field of Super Conscious Love. Nothing else.

Now, you don't have a body yet but you have an awareness. You're just this Individual Love consciousness...a little vibrating wave of Love energy. In comparison to the Big Love you're just a little vibration of love energy.

That feels good huh?

You're able to see and "perceive" yourself as individual but you also recognize that although individual, you're still an integral part of the one BIG Love but you don't yet have the ability to judge, think, reason or hold perceptions about anything.

All you know is Love. All you vibrate is Love. And at this point all you have the capacity to think and project are these little love thoughts or Love vibrations let's call them OK.

You do know...you have this awareness that within the ONE big field of LOVE that everything that ever has been , is, or ever will be exists there...but at the same time you don't have the capacity or the ability to do anything except see and perceive it all as good...as love. And as you think about all this stuff, you're only able to think these little love thoughts.

Stay with me here. Stay with me here please.

Now although you see and know that literally EVERYTHING exists here...everything some of these things...although aware of them, although you're aware they exist within the Big Love you don't know what they are.

Now as you're doing all that you know how to do...THINKING and projecting these little LOVE thoughts or little Love vibrations and since that's all you know and you're unaware of anything else...in essence you're KEEPING your ATTENTION focused on LOVE which is consistently projecting your INTENTION that is focused only ON the LOVE.

And so that's all you're projecting...it's all you know to project...these little love vibrations into the Infinite field of LOVE...the ONE BIG love and as a result you're drawing everything you want out of there...out of the Big Infinite Field of Love that harmonizes with the same little love vibrations that you're sending into there...that you're projecting. And that's all you know. In fact, it's all you've ever experienced.

You don't know anything else.

So being all you kn and being all you've ever known, you keep projecting these little love vibrations these little thoughts focused on love and you keep getting all this stuff you love. Every little love thought that you think reflects back to you what you love.

And you're also aware and can see real clearly that Cause and effect...the Law of Vibration...the Law of Resonance...the Law of Attraction...the Law of Abundance and the Law of Growth are consistently in operation. They never rest. They're always perfect...they never fail or waver. And this perfection is all you know.

You see and understand that this Infinite Field of Love is all about further expression and expansion. You know no such thing as restriction or contraction. In fact it doesn't exist. Everything you think which is these love thoughts draw to you and create and allow you to experience what you love.

The more thoughts you think the more the Infinite field of Love provides.

But there are also a lot of things that you see and are aware of within the Field of Love, but you're not sure what they are...you're not sure what they are. You can't get a grasp on them.

And so you start asking questions. You ask the Big Love...you ask the Field of Love...what are those things. In your loving little way you convey that you'd like to know what these things are. You have no conceptualization with the exception of knowing that something else is there.

So you ask the BIG Love what they are.

And you're told that everything exists there. Everything that was or ever will be.

But that doesn't make sense to you. You can't grasp it. You can get your little love vibration consciousness around it a little bit. But you just can't get there. You can't grasp it. You can't get your little vibrations all the way around it so you keep asking...you keep asking and after a long time of trying to explain it, the Big Love tells you that it's not something that can be explained. That it must be experienced.

But to experience it you have to make a change OK...you have to make a change. So you're asked if you'd like to do that. The BIG Love asks if you would like to go to this place where you could experience all of it. And you being this curious little Love vibration that you are...say "Well yea! Absolutely."

And you're excited. And so the trip is set up.

Before you know it you find yourself in this place. You become aware of this little body that you didn't have. You have these senses that you hadn't experienced when it was just you and the field of Love. And you realize that you can see, smell, touch, taste, and hear.

This is different than just experiencing the little vibration that you are and the BIG Vibration of Love.

So you're thinking "Wow...this is cool stuff. This is really cool stuff."

Unlike when you were this little vibration of love you sense the same sensations of Love that you did...but there's also this new sensation...something that you can't quite put your finger on. This is an all new sensation for you but it doesn't feel as good as the only thing that you knew to this point. It doesn't feel as good as the only thing you knew to this point which was Love.

You realize that you no longer only sense this Love you also sense these other things that make you feel different. You're still keenly aware of the love but you're also aware of another way of being that you never experienced before. You become aware that something else is there.

Now as you're trying to get your bearings and figure out what this other sensation is something happens and it hurts!!! It hurts!!

You look up and you see this guy in a white robe that just slapped on you the butt really hard and it makes you do something that you've never done or experienced

before...it makes you cry as a matter of fact. It makes you cry.

You come to the realization that this other sensation feels a lot different than all you've ever known or experienced before. Although you're not yet fully aware, it's your first encounter of something other than Love...or it feels like something other than Love which to this point is all you knew.

And as a result you've had your first encounter with something other than just feeling good all the time. In fact you've experienced pain and it hurt. And it makes you feel something else that you've never felt which is somehow different than the Love that you've always felt.

So you've experienced your first encounter and you begin to find that the polar opposite of Love which is all you knew...there also exists this thing called fear and pain even. You also begin to understand that to this point all you knew prior was joy and laughter and Love. But then you begin to realize this thing that you just experienced was one of those things floating around in the Field of Love that you were asking about. But you couldn't conceive it. You couldn't...because you were just the Love you couldn't grasp it...you couldn't get it experientially, let's put it that way.

So you have this experience...this sensation that you don't much like but after a few minutes you're handed to this person that takes you in their arms and you feel the love again. This person holds you and hugs on you and you tune back into the same kind of love that you felt just before this jerk in the white robe hit you.

And you're OK again. Now you feel the love again.

As time goes on your little body starts getting bigger and you begin to learn and experience other things. In some of these things you feel and experience the same love that you were used to but you also learn and experience some things that don't feel as good as the love. You begin to learn and know the difference between yes and no. All you knew prior when you were with the Big Love was yes. That's all you knew. But now you're experiencing yes and no. And you're experiencing the difference between right and wrong, good and bad, up and down...happy and sad.

And as time goes on...the more you experience this place the more you learn. And the more you learn and the more you venture out the more experiences you have.

Some you love and some are the opposite. Some you don't really love at all. In fact they feel quite the opposite of love. It feels a lot different than love...a lot different.

As time goes by and you begin applying a whole lot of these things that you learned and picked up as you've grown and experienced you begin to experience a lot more of these things that seem to go against the love.

At first you're not really sure why. You do this for a long time and you experience some things that you love but you start experiencing a lot more of what you don't.

You develop these fears. You develop these fears but you only want to feel the love. It's a lot more pleasant. But as much as you want to...as much as you only want to experience it, you also experience the opposite and you don't much like it.

In fact you learn to hate some of it. But you begin to realize the more you hate it... the more you fear it...the more of the same that you create. Now this is coming into your awareness OK?

Then at some point during all this experience and learning you discover that you get to choose which one you'll experience. You discover that you have a choice. You become aware that you've been provided a free will. You discover that you can see and feel the love but now you begin to realize you also have a choice to see and feel the fear also and when you choose that you experience it just as you choose.

As you ponder on your new awareness and your ability to experience something other than the Love, you have this faint remembrance...this very faint rememberance of a conversation you had just prior to getting here in the world of polarity and duality with the BIG Love. With the Infinite Field of Love. When you were just a little love vibration.

You remember not long before that guy in the white robe slapped you on the butt...being told that you are going to be provided this INCREDIBLE gift...this incredible gift and it's called free will and because of this gift you'll be provided the ability to choose between things that you experience in this place of duality and polarity...that you'll have a choice.

And you remember being told that sometimes it's going to be different than the

love experiences which to that point was all you knew.

You're told that these things that you were aware of but had no conceptualization of but were asking about...all these things that were floating around in the field of Love, you'd be provided the ability to experience just like you wanted to.

And so, you remember very faintly, being the loving little being that you were, that you were pretty excited that you got to do that.

You remember being told that in the land of duality, that you'll have 2 choices to make. And ultimately these choices are that you'll be presented with different decisions and choices all the time that enable you to decide...to decide between Love and Fear. But you couldn't grasp fear at the time...you couldn't grasp fear cause all you knew and experienced was Love. You were told that there are these other emotions that exist there that extend way beyond Love and you'll get to choose and experience any of these other emotions that you decide to and whenever you choose to.

You were told that the 2 dominant emotions though are love and fear. You're told that there are a number of other emotions but every other emotion is a subcategory of these main 2. They all reside and fall between the Love and the fear.

And as you ponder that you remember being told that Love is one end of this spectrum and fear resides on the other. And then there's a whole bunch of other emotions between them and you'll get to choose which ones you experience for yourself.

And you also remember being told that Love and fear are what create the polarity in the Newtonian world. You remember being told that there exists another Law that you weren't yet aware of or have any conceptualization about and that it was called the Law of Polarity.

And you said OK. You said OK but you didn't know what it meant really...you were excited about getting to go to this place where you could have all these experiences.

You remember being told that these emotions you'd be provided the ability to choose from...love and fear are the two polarities (highest and lowest emotions)

and you'd have the ability to choose between the high intensity vibration that you remember and the low intensity vibration that you didn't know at that time but you've often experienced since. Since you came to the world of polarity and duality. And you were told that you'd also have the ability to choose between every other vibration that falls in between.

And now since you're experiences here you grasp the fact that on one end of this polarity spectrum exists love and on the other exists fear and all these different emotions exist in between and you've experienced them all. You've experienced them now, what you couldn't experience when you were right there with the Big Love and you were just that vibrating individual of Love.

Then as you're recalling all this...it dawns on you that since leaving the BIG Love and being sent to exist in and experience the world of polarity, there were times during a number of these experiences that you had along the way...you often became confused. Because you were only use to love and getting what you wanted but at the same time you didn't know what it meant to NOT get what you wanted. You didn't ever now anything else.

But in the world of polarity you've learned to see and experience both love and fear. And then as time has passed which is something else that was totally new to you, you were taught different things and as a result your little love mind absorbed it. Your little love mind absorbed it.

And as you were experiencing in those early years you were taught things that you should fear and you were taught things that you should love and some of the things that you were taught to fear were good. One time it saved your body from being run over by a semi truck. And that was a good one. That was a good fear.

But as you recall this conversation when you were still this little love vibration, you remember being told that you might...you might be taught about some things to fear that you should really have no fear about.

You remember being taught that there was good fear and a form of fear that was less than good...it wasn't bad you were told. It wasn't bad, it just might not feel as good as the love at first. But you didn't get that because you had no conceptualization through experience what anything other than love and feeling good was. So after you got here, you realize that as you learned and as you experienced you began looking at and seeing all this polarity around you and everybody else freaking out...everybody was freaking out about this and that... and your mind picked up and absorbed some of that energy...some of that vibration...and since everybody else was doing it...you thought that it must be right...you learned that it was the right thing to do and so you started doing it too sometimes.

Those choices created a number of experiences for you. But they didn't feel like Love. And one of those experiences was feeling separate and alone as you were feeling the fear.

So now as you're beginning to remember as you look back on some of these experiences, you develop the understanding that some things are feared and some things are loved and as a result you start thinking thoughts of love sometimes and thoughts of fear other times.

During the thoughts of fear you felt separate and alone. During the times you were able to focus on Love you got a faint remembrance of that connection again. A faint remembrance of that connection with the Big Love.

And then you begin to understand that you allowed the collective to mess with your mind so to speak. You allowed others to instill fear where there was nothing to fear. These things that many fear didn't have anything to do with keeping their body safe. It was unfounded fear and amazingly it was this unfounded fear that actually hurt peoples bodies.

And fear became a part of you. And some of it became so deeply ingrained that you became unconscious of it. It became an automatic response based on experiences that you had which now since you're remembering this conversation with the BIG Love...you're beginning to realize and remember they were only created due to these unfounded fears.

You discovered that that there is this place within you where all this duality got stored...but it only got stored there because what you feared became real which intensified the fear and as you experienced it because of the strong emotion attached to it, the storing of it was automatic. It became automatic.

All you knew before you came here was attraction and love. You didn't know duality. You didn't know anything but love. But when you came into the world of

duality...the Newtonian world...polarity became real. Fear became real. As you picked up these unfounded fears and your little Love vibration changed you began drawing out of the Infinite Field of Love all these things that you knew were there all along prior to coming here...but you couldn't experience while you were there. You knew they were in there but you couldn't grasp them. You didn't know what they were.

And now you understand that it was only because you only knew Love and couldn't attract anything else to you. Because you forgot this place of Love for awhile...due to all these learned fears, there were times that you felt separate and alone. You felt disconnected. You felt that The BIG Love had abandoned you which only served to intensify the fear.

And so you began attracting and experiencing all these things that you use to see but weren't familiar with in the field of LOVE. All these things that you were asking about but you had no conceptualization or experience of. You started experiencing them. You started attracting and experiencing them.

But when you started remembering again...when you began to see and understand that attraction in the world of duality is the same as it was in your world of LOVE except you now know you have a choice...if you choose LOVE you attract what you LOVE. If you choose fear you attract what you fear.

Then, as a result of your experiences you recognize the fact that when you began to experience what you learned and "perceived" as being true throughout your experiences in the world of polarity and duality...you begin to grasp and recognize the fact that some of those things weren't based on a Higher Truth...the truth that you now are starting to remember that exists within the Infinite Field of Love. And you also realize that since you came here you learned and experienced something else that is the polar opposite of attraction.

Because remember all you'd ever known prior to coming here was attraction but then you learned about and started experiencing another possibility...a choice that you'd been provided the free will to make whenever you decided to and as a result based on some of what you've learned you experience the attraction of what you love but also it's polar opposite...which is the attraction of what you fear...and this polar opposite you're told is called resistance. It's called resistance.

But now you remember...now you awaken. You find that you do get to choose.

You find that either of those choices...either of those choices and whatever you experience come from the same Love...the same exact place and that it's your individual choices that determine what you'll draw from there.

Because it all exists there...ALL of it...all the polarity exists in Love. In the same Love. And Love gave us the choice when we got here to choose whichever one we wanted.

We recognize that the arms that held us and made us feel so good after that little initial shock of pain when that guy slapped us on the butt as well as a lot of other things we learned from a lot of other people along the way during our experiences...although they did the best they knew how, they taught us some things that created the attraction of the polarity that we've experienced.

We begin to understand and accept that what they taught us...was the best they knew because that's what they were taught.

They thought it was true and because they believed it, it became true for them so it solidified how right and true it was and so they taught us the same. They taught little love the same.

And so you get to the place where you except it and do the best you know how to become conscious and you start reconnecting with the Love whenever you remember and decide to.

And you know what folks? It's nothing more or less than a choice...ours. It's nothing more or less than a choice...ours. But regardless of what we choose...we get to experience it and we find this immense comfort in the fact that even though we might make choices that at times are based on a limited truth...something less than a Higher Truth" as we're awakening...or reawakening and remembering...that it still all comes from Love...ALL of it...ALL of it.

And then finally through all of our experiences...hopefully we learn to reconnect with it...we reconnect with the Love and find that the only "perceived" separation there ever was, only happens due to our choices. And it's a perspective...a limited perspective because we can't ever be separate from the Love because we are an integral part of the Love. And Love is all there is. In the bigger scheme of things Love is all there is. But in the world of polarity and duality we don't always see that. And that's what I refer to as the "Higher Truth" folks. That's what I refer to as the "Higher Truth." It's the way I like to see things.

But that's only one perspective OK? It's the perspective I prefer to lean on...the perspective I like to lean on for my own understanding OK.

But that's only one perspective. You know there's other ways to look at it. We can look at it and see it from another perspective which I gained actually through studying the science behind it. And it's also a perspective that I've heard others talk about.

That perspective is that energy is just energy. That everything in existence is just an Infinite field of energy soup that's unbiased, non prejudice, uncaring...uncaring and only attracts to itself energies that harmonize with whatever resonance of energy that we choose to project through our thoughts and emotions.

And I discovered that all energy vibrates and projects a frequency and whatever frequency that we choose to project draws to us harmonious frequencies that transmute from vibration and frequencies...transmute from vibrations and frequencies and transmute to particles...particles of matter and show up in life just as we choose.

Transmute from vibrations and frequencies...transmute to particles...particles of matter and show up just as we choose and what chooses it? What chooses it? And hopefully you'll remember it from yesterday and what we talked about today. It's our observation of it OK. It's what WE choose...how we choose to observe it.

And you can look at it that way. There's nothing wrong with it...nothing wrong with it. I prefer the Love OK? I prefer Unconditional Love. That's how I prefer to look at it.

But either perspective...whichever one you prefer individually, whether it be the Love perspective that I personally choose to lean on or as unbiased and uncaring energy...either perspective points to and leads to the same ultimate conclusion. And that conclusion is that YOU are the observer chooser and whichever way of "being" that you choose...whichever way of being that you choose for yourself... based on the incredible gift of free will that you were given...you will experience in your life without fail due to the perfection of the process.

And that's EXCITING stuff folks. And it's worth becoming conscious of. And developing. And eliminating any of the less than...less than beliefs. Anything less than a "Higher Truth"...eliminate them.

My personal preference is to do my best to keep my focus...my ATTENTION on the Love which states my INTENTION and draws me what I love.

You can call it whatever you want. It doesn't matter...IT DOESN'T matter! There's no judgment or condemnation...there is no right or wrong...good or bad way...only choices...an incredible gift of free will that gives us choices that reap a harvest based on whatever seeds we choose to sow.

And that's how Love created it.

And I can assure you that either one of these perspectives regardless if it's Love or uncaring energy is a much more empowering and consciously creative perspective than believing that things just happen randomly and chaotically with no definitive reason or purpose. Or that there's some judgment OK...that you get to experience heaven after you go through this life of misery.

And when you get that...when you really really really get that...and choose to apply it whenever and however you can...it becomes MUCH easier to express gratitude for it all...to accept it ALL...ALL of it...to trust...to become conscious and awake and choose carefully and in choosing to do so experience much more of the what we "perceive" to be the good...the Love...what we love even though all of it comes from the same place and is experienced only because of and due to our individual choices.

And that's all because of the incredible and beautiful and eternal gift that we've all been provided which is free will.

And you get to use yours however you choose.

Now isn't that cool? Isn't that exciting? I sure think it is.

It took a lot of digging...walking down a lot of paths. And a lot of what I perceived to be being separate paths and I found that it's all the same path. And it doesn't matter what you call it...it doesn't matter what you call it. It's all based on Love, because Love is all there is. Until we come here and experience the world of

polarity. But when we see that we can focus on the Love regardless. Because we know that we brought it to ourselves. Anything less than Love, we brought to ourselves.

So with all that said let's look at how to use it most effectively...how to use it most effectively to begin getting more of what we want.

Attraction, Resistance and Gratitude

So let's talk awhile about attraction and resistance. That's what it's called in the world of duality and polarity, attraction and resistance.

Attraction as we know draws harmonious frequencies together creating what we experience in our realities. But there's another form of attraction that I mentioned that we don't often hear about, but if we do it's not discussed at any depth and it's called something other than attraction.

This other form of attraction is being called resistance. We're not told that it's a form of attraction for the most part. We're told that it's a bad thing. That it's something we shouldn't do. That it's a bad thing but it's not. And yea, it's called resistance. But resistance isn't bad. It's nothing more or less than "Unconscious Attraction."

But It's not bad. Number one, it like everything else just is.

You can't stop the Law of Attraction from working and you can't stop the process of attraction. You can put labels on it. You can put labels on it and say it's bad.

"Don't resist, it's bad."

And here's why I say that resistance isn't bad.

Resistance only happens because we are unconscious of the resonance we are projecting which determines what the Law of Attraction draws to us...perfectly...precisely in it's immutable and unwavering way. It's what the Law of Attraction draws to us.

Now...this is key OK. If we judge and see resistance as bad...if we learn to fear it what does that do? What does that do with our point of focus? Where do we place our ATTENTION and what are we stating as our INTENTION through that focus of fear?

So from my perspective...from MY perspective, I personally think it's important to accept it all. Because it all comes from Love...it all comes from the same Love or it all comes from the same Infinite field of uncaring energy if you prefer...but knowing that...knowing that let everything be OK. Learn not to judge anything as good or bad. Just let it be what it is and remain conscious of what we're choosing in the best way we know how.

Because if we perceive that we're doing something bad or wrong...it becomes necessary to change it in our minds.

But we don't have to change it...we don't have to fear it. We only have to be aware of what we're choosing to be...become aware of what we're choosing to be and what we're resonating and when we find that it's not in alignment with what we want OK...let it be OK...let it be OK...but at the same time just make a conscious and intentional choice to just accept it and shift it. Don't beat yourself up. Don't think you did anything wrong. Don't get into fear mode that you did something wrong and so you're going to attract something that you fear because Love is greater than all of it. Because Love in the bigger scheme of things is all there is and Love overpowers fear. And I can tell you from experience that it does.

And I may do that...I may if we have time here.

In the world of polarity...the world of duality...in REALITY OK...there's good and bad. There's right and wrong.

But in the bigger scheme of things...There is no wrong...there is no bad...only experiences...an Infinite field of wave energy where EVERY probability already exists OR...OR...my preference, an Infinite field of Unconditional Love that delivers to us just as we choose. Regardless of what we choose...regardless of how we might choose to utilize our inalienable right of free will, ALL outcomes come from the same field...they all come from the same Love.

There's a lot of things and a lot of teachings floating around today that from my perspective, even though they might be doing the best they know how with all the

best intentions in instructing people how to overcome fear...number one...overcome fear and eliminate what people "perceive" as being bad from their lives...you know oftentimes it's those same teachings that direct our focus to what is feared and what is bad.

It's presented in way that encourages people to "escape" fear which puts your attention where? Which states your INTENTION on what? Or to overcome the bad...which puts your attention where and what's it state for your intention?

You know in a lot of cases it's taught as if there's something wrong. That you're broken and that you've gotta fix yourself but you don't. You have to accept yourself and you have got to accept what you've done up to this point and just make a choice and shift it. Because there is nothing bad and there is nothing wrong and there is nothing broken.

There's never an atom out of place ever. There's never an atom out of place at any time.

From a Newtonian perspective maybe you could say there is something wrong or there is something bad or there is something broken. But NOT from a Higher Perspective...not from a Higher Truth. And that's where we want to live from is from a Higher Truth. And when we live from a Higher Truth, we'll experience that Higher Truth here because EVERYTHING is perfect. Everything is unfolding just the way it should be.

Again, from the perspective of scientists there's never an atom out of place anywhere. From the spiritual perspective "All things work together for good."

"As a man thinketh in his heart so is he." "As you believe you receive." "Ask and it is given."

Those aren't lies folks. It's not religious dogmas and doctrines. That's pure spiritual text that existed long before religions did.

And again...it's vital that we judge not by appearances. None of those are religious...it's just "profound" spiritual wisdom.

So let's just accept it. Let's just allow it to be OK and do our best to remain conscious, awake and alert to make the shifts when we see the opportunity...but at

the same time...if we find ourselves backsliding...OK there's a good one...backsliding...just allow whatever it is to be OK. Allow it to be what it is. Allow it to be OK. And just make the shift. But don't beat yourself up. There's nothing wrong...there's nothing bad. Just make the shift.

You know there's another example along those same lines. And it's the ego mind. There are a lot of teachings saying that the ego mind is a bad thing.

"Gotta get rid of the ego mind."

It gets a bad rap. The ego mind isn't bad. It's an important part of what we are. It keeps us safe. It's serves a distinct purpose.

Now can we misuse it? Sure. But we become aware OK...we become aware...we awaken and we make the shift. And the ego mind makes the shift. We don't want to do away with the ego mind. The ego mind isn't bad. It protects us...it keeps us safe. If we misuse maybe it gives us some false direction but we just change that.

We're told that we need to overcome the ego mind. That we need to recognize and become aware of how the ego mind is interfering with what we love and that we need to overcome that interference to get what we want.

We're told that it's a bad thing...but it's not anymore "bad" than fear is. Now will fear bring us some undesired things? Yea...yea it will. But once we discover it, once we awaken, we just make the shift to Love.

All these things are necessary and useful. They serve to keep our bodies safe.

Fear is here so we can know what Love is. It's not a bad thing either. We just have to recognize that.

What is often referred to and "perceived" as bad is nothing more than an attraction that's happened perfectly and precisely based on individual choices we've made in the past that have been stored in what many call the ego mind to keep us safe and from repeating the same things that caused on pain and discomfort.

But it's not bad...it's only unconscious choices that we've made which created the experience and so the only necessary thing that we need to do is to become aware...to become awake...and make different choices.

Not focus on how bad it is but come to the place where we can experience gratitude for it all. And once you see the Love and once you see your power...whether it's creating what you want or what you don't want and you understand that it's you creating it and Love gave you that ability...then you can express gratitude for it all and make the shift.

Project gratitude that we've been provided the ability...the INCREDIBLE gift to create our lives individually based on our own choices.

Express gratitude that we've been provided this incredible gift of free will to choose to create our lives consciously and intentionally or if we choose to remain unconscious, which in essence really...it may create what we don't want but when we recognize it, then we can recognize the Love that's behind it.

Emotions are a crucial aspect of our experiences. Combined with thought they attract and create our experiences. They're what mold and shape our experiences. And they're what give our thoughts their power to create whether Love or fear.

But when you accept everything...OK...when you learn to accept everything as it is, allow it to be OK, you become **unattached to the outcomes... and** when there is no anxious expectation or **fear-based need**, or anything wrong or broken...when you release judgment about outcomes...about anything that's going on... especially those things that you can see with your physical eyes which "seem" so real as well as the fear, doubt and worry due to past experiences that we've come to fear...and just allow everything to be OK just as they are... You eliminate resistance which changes the underlying "vibration" which the Law of Attraction immediately goes to work to draw...based on YOUR individually chosen quality of consciousness...events, conditions, circumstances, people and situations that harmonize perfectly with your choices.

To draw what you Love.

When you master your mind...when you master your emotions and learn to "consciously and consistently direct your point of focus, to keep your focus on the Love...on the gratitude...on how perfect and good everything is...and the KEY word here is EVERYTHING...your life will take a dramatic turn.

But we have to eliminate bad OK...there is no bad. We have to eliminate

judgment. "Judge not and you will not be judged." That doesn't mean that if you say something bad about your neighbor that you're going to get slapped upside the head or sent into some pit. It's profound wisdom that will create a life of things you want.

Judge not by appearances...judge not and you will not be judged...there's a lot of them OK?

Bad is a mindset...it's a judgment...it's a perception. And If it's a perception that we choose to hold...it's OK... it's OK...but I can tell you that choosing that that you can continue to receive an abundance of bad.

What is bad? It's a mindset right? What is a mindset? A belief. What's a belief? It's faith isn't it?

In a perfectly orderly and abundant Universe there is no bad or limitation or lack...only order and abundance. Faith and abundance is all there is. What we have faith in...we receive an abundance of.

If we choose to project fear...we're just projecting a form of faith that can only draw to us what we fear and have faith in. And that's what Love sends us OK. It's not evil.

If the Source of your understanding is the All OK...the Alpha, the Omega, the Beginning, the End, the All in All, the I AM and there's such a thing as evil, that means that the Source of your understanding is part evil. Is that right?

I don't think so.

If we choose to project love...we're projecting a form of faith that can only draw to us what we love and have faith in. If we choose to project fear we're projecting a form of faith that can only draw to us what we fear and have faith in.

But it ALL comes from Love. Because Love is all there is.

The Law of Attraction doesn't send us BAD things. The Law of Attraction sends us what we're asking for. It sends us what we are choosing to be. Does a "perception of bad or fear" have a different resonance than a perception of "good and Love?" Absolutely. What does the Law of Attraction utilize to determine what it brings to you? Resonance right?

Keep in mind what we talked about at the beginning regarding ATTENTION and INTENTION.

If you're constantly focused on want and need or don't have and how BAD things are and what you should fear and NEED to overcome, and you need to get rid of and you need to fix...where is your predominant focus? What are you keeping your ATTENTION on. What INTENTION are you stating for yourself? What are you resonating and projecting?

Love will ALWAYS return it just as you ask OK. The uncaring field of vibration will return it will return it just as you ask.

The Law of Resonance and The Law of Attraction like any other Universal Law isn't discerning. The Law of Growth and the Law of Abundance aren't discerning.

They don't have reasoning ability. They all come from Love. They're what I call the Perfect Plan and they've been working that way for fourteen BILLION years!!

They only go to work to do their job based on what they're given to work with. Who determines what they're given to work with? YOU DO. The Perfect Plan was created long before we got here, OK.

And I hope you ALL get that. Because it will change your life...It will change your life.

OK...let's look at something else here real quick before we wrap up OK?

I'm going to throw you a bit of a curve ball here OK. Unlike a pitcher though...a major league pitcher...I'm going to tell you in advance that I am. That I'm going to throw you a curve ball.

Because we all want something right? I think we all agree on the fact that we're here because we want something more in our lives.

So based on what we've covered, I'm going to ask that you consider this. Just consider it.

Have you ever considered the fact that maybe your focus on having what you want could be the VERY thing that is keeping you from getting it?

Hmmm...hmmm.

And that may be a little confusing and seem to go against everything you've ever heard about "consciously creating" desired outcomes which is why I believe so many don't.

And that's because there's a small but powerfully creative difference between having what you want and wanting what you already have. There's a razors edge...but there's an extremely powerful difference.

The varying emotions created and experienced based on which of these you choose can mean the difference between getting what you want and NOT getting what you want.

Here's why...

Because everything experienced in your life, regardless of what area of life that might be is intricately connected with your predominant emotional state OK as we've covered. Love or fear.

Now our emotions serve a number of purposes. One is that they intensify the "thought" energy making it creative as we discussed. Emotions can also serve as incredibly insightful clues with regard to the attainment or non-attainment of our consciously desired outcomes.

In other words if we are wanting something really badly does that make us feel really good...does that create little Love vibrations or does it make us feel really bad?

A desire to have what you want...something you REALLY want, when it doesn't exist and you're not experiencing it in physical form can...can sometimes create some pretty intense emotions. You agree? But in a lot of cases it's not the kind that harmonize with drawing the "desired" outcomes to you which enable you to experience whatever that desired outcome might be.

In fact it can and will keep it from you and keep you in "wanting" and desiring mode for the rest of your life fully believing that "It just wasn't meant to be." Unless you become conscious of it OK.

To begin experiencing far more of these "desired" things, whatever they might be, it's only necessary to develop the ability to begin accepting and expressing heartfelt gratitude...that's a projection of Love in a sense OK...for what you already have as well as this thing that you want. Your willingness to do so serves as an "allowing"...an allowing...an allowing of sorts anyway, eliminating any resistance which enables whatever it is that you want to be "attracted" to you.

And now you may...you might be confused you know. So let's explain why wanting what you have can result in having what you want?

Here's why...here's why.

When you begin to fully grasp and understand that your focused "attention" determines your "intention"...that what your "feeling" determines what you are projecting and without fail attract and draw to you whatever harmonizes with that projection, you'll begin to fully understand that having what you want only serves to keep your "attention" on "wanting" OK...on wanting...this is key...on WANTING which if you'll look want up in the dictionary it's defined as not having a thing...so WANTING implies NOT having and so wanting can create emotions that conflict with receiving and may very well push what you want away and keep it from you.

Now, wanting what you have on the other hand...being grateful for what you already have...creates an entirely different emotional response which in turn resonates and projects a "higher" vibrational frequency...OK...little Love frequencies, that is far more in alignment and harmonizes with attracting additional "havings" or desired outcomes to you.

And I think we've already established, THAT'S where we ALL "want" to be isn't it!?!? Getting what we want. (laughs)

So how do we make that shift? Simply by adopting the mindset of wanting what you already have...developing heartfelt gratitude for where you are now regardless of where that might be and more specifically without any "anxious expectation" of receiving anything more.

Don't misunderstand...

That doesn't mean that you shouldn't hold visions of grander experiences by any means or develop an expectation of "assurance" and "knowing" or GRATITUDE in advance regarding whatever that thing is, but just rather get in a state of NOT wanting, needing or "anxiously" expecting them.

Because anxious expectation, want and need...wondering when and how these things that we want are going to show up...are MUCH different experiences than already having and create a much different emotional response. They make you "feel" much different.

Let's look at it in the light of nature...

Seeds of anxious expectation, want and need...anxious expectation, want and need only produce a harvest that correlates with those seeds, which is what? More anxious expectation, want and need.

And we've talked about this throughout the conference...EVERY creation has at it's root a seed. There is ALWAYS an underlying cause for EVERY creation. Creation doesn't make any judgments or distinctions as to what the harvest is, it only creates based on the kind and quality of the seed that it's provided to work with.

So "Having" seeds...or GRATITUDE seeds or Love seeds are of a different kind and quality and produce a much different harvest than want, need, anxious expectation and when and IF. It's a lot different kind of seed.

If I plant an orange tree seed...I can't expect an apple tree. I can hope and wish and pray and stress and be anxious all I want...and attached all I want...I'm getting an orange tree.

So you do something that enables you to see the thing already...whatever it might be. And what you DO is visualize and affirm what you "prefer" to experience. And you SEE it on the movie screen of your mind because when you have it there, you have it...you have it and that's where your true power lies. And then it's unattaching. Un-attaching and waiting for it to show up in the Newtonian world. The what and the why.

Properly done visualizing and affirming "preferred" outcomes allow you to get into the mindset of already having the desired outcome...of being there, experiencing, enjoying and savoring whatever it might be that your visualizing and affirming about.

Those are some powerful seeds!! In fact...they've already produced the harvest although granted it's only in your minds eye, but that's where it ALL begins.

What did Einstein say the greatest force in the Universe is? Imagination. Imagination...and it is.

I have some people tell me that envisioning and affirming things doesn't work for them.

And so what if affirming and visualizing isn't producing your "preferences?"

First of all I'd check my visualizing and affirming. And it's necessary to develop your ability to affirm and visualize at a greater level. This is done through practice. You don't go in and pick up 300 pounds when you start picking up weights. You don't drive up to the fast food window and drive off with your new life.

This stuff takes a little doing. It's necessary to create some neuro pathways in your brain that enable you to envision and visualize effectively.

What if you have difficulty visualizing and affirming and doing so makes you feel like really anxious?

My personal belief first of all, would be that it's necessary to delve in a little more deeply into discovering who and what you "truly" are, the "infinite" power provided to you, the greatness, the awesomeness that you are and the power provided to you to consciously create your reality until you establish that inner knowing...that "Higher Truth"...that sense of I AM that ensures that you'll get them.

It's necessary to understand and see the perfection of the Universe and the process of creation. And if you think that won't boost your faith and your belief...that's what it's all about.

But, until this is established your visualizations and affirmations could potentially put you in a state that is actually pushing what you have a preference to experience away from you.

Here's why...

If your visualizations and affirmations create "feelings" of discomfort, cause you to ache in a sense because you don't have them, you're not in the mindset or vibrational resonance that will draw them to you.

Feelings of discomfort point toward expressing a "fear" of not having rather than a "love" of having. And Love provides us whatever one we choose.

Visualization and affirmations are designed to put you in the state of mind of already having....of wanting what you already have so to speak. When you are visualizing effectively you DO have them...you do. Visualizing enables you to create a movie on the movie screen of your mind...of YOUR choosing and enables you to experience the outcome...to have it and experience it right now. It enables you to see what your desired outcome looks and feels like and to experience the fulfillment of already having it.

Affirmations are designed to overwrite the subconscious programming, the often underlying and "unconscious" beliefs that you may have which left unattended, will without fail keep having what you want away from you until their replaced.

Visualization and affirmations are necessary tools and if used properly...if used properly EXTREMELY extremely powerful. But like any tool, they can also be misused and quite literally keep you from having what you want. If they create feelings of want, need and anxious expectation they are being misused.

Discovering the power behind and developing your ability to get in the place of wanting what you have...expressing gratitude for what you have, will make your affirmations and visualizations much more effective.

Want, need, anxious desire and expectation are only words and feelings that express not having. So let's start by changing those words to "expanding your experience" or "preferring" them. There's no assumption of want or need but rather a "preference"...a preference to experience what you may have been referring to previously as wants and needs. Once this preference is stated just unattach from it...not detach...unattach. We detach from undesired experiences...we ignore those...those events, conditions and circumstances that we "prefer" to do without. We shift our focus from the undesired thing to the desired thing.

To unattach is to "prefer" a desired outcome but not be so attached to having it. Not HAVING to have it.

We're not wanting to do without our "preferences", or grander experiences, we have these desires and feel them so we <u>WILL</u> experience them. That's our spirit seeking fuller expression and expansion.

The problem with attachment to any given outcome is that we anxiously "expect" it and as a result when it doesn't show up in the time or the way we think it should we become discouraged which only serves to create additional emotions of fear, doubt and worry, anxiety, not having, when the heck is it going to show up...and that only serves to push it further away rather than draw it to you.

As a set intention...a "preference" that we are unattached to, we get in the mindset of although consciously choosing to experience it, we don't become anxious about it...we don't become "clingy" to it. We just remain unattached...allowing everything to be OK...in a place of acceptance and staying alert for the ways and means that present themselves that "feel" good...and feel right...that resonate with you, and when they do...and they will...take action on them.

Getting in the mindset of heartfelt gratitude for what you already have will provide you with more to be grateful for without fail...WITHOUT fail. Clingy and anxious attachment to having what you want can and will at best...at best DRAMATICALLY slow the process or keep it from showing up at all.

Regardless of where you are or what you might be currently experiencing in your life right no, you DO have much to be grateful for. Depending on your current mindset you may have to dig a bit but not very far.

Do you have something to eat? Are you breathing? You are if you're here...I hope. Do you have shoes on your feet and clothes on your back? Do you have friends? Do you have a family? Do you have kids? Do you have a dog? We ALL...ALL have something to express gratitude for. And I don't care who we are..if we're walking on this earth we do.

If you're here you're breathing...you're alive...you can hear. It doesn't matter how far we have to dig through the layers...you know through all our perceptions. Once we get through all the clutter...we can ALL find something to be grateful for.

And that folks is the key.

The key to developing and getting into the mindset of wanting what you have is finding whatever it might be that you already do have to be grateful for and start there. Start where you are and let it be OK. It doesn't matter where you are. If you're able to hear this, you have something to be grateful for. So learn to focus your "attention" on gratitude and take focus off of the want and need.

You know I've said a number of times throughout the conference to get really clear on the what and develop a very emotionally charged why and then just "allow" the when and the how to show up when and how it will. Because that's not your job.

A focus of "attention" on want, when, how, need and anxious expectation is stating your "intention" to Source that you would like to stay in want, need and anxious expectation mode. There is no logic...there is no differentiation between what we ask...there is no reasoning ability...we get exactly what we ask and just as you ask and believe...it creates that vibration...that resonance and you receive...and you receive.

It says ask and you shall receive. It doesn't say "Well, except for...", OK it doesn't.

Your focus...where you place your attention determines your intention and you WILL receive it.

I'm going to repeat this again because it's SO important OK. And I know I've covered it a lot but the consistency hopefully will make it stick.

From a scientific perspective want and need create, resonate and project a vibrational frequency that will and does attract harmonious frequencies that turn or transmute from waves of probability into particles which gravitate toward

additional particles...and more particles and more particles and then atoms and molecules and then they transmute from the unseen, metaphysical or spiritual realm and show up in your life as the events, conditions and circumstances that you experience in your life.

Let's look at another spiritual text and what what of one of the spiritual teachers...one of the spiritual teachers...most profound spiritual teachers...well they all were...

"**Be anxious for nothing**, (highlight those words OK) but in **everything** by prayer and supplication with **thanksgiving (gratitude right)** let your requests be made known to God." - Philippians 4:6

Be anxious for nothing, and in **everything** with **gratitude** let your requests be made known to God.

What does that say...what direction does that give? Don't be anxious...don't have fear, don't have doubt and worry. But for EVERYTHING express gratitude. And that's life changing stuff folks.

And I think I've mentioned this but I'm going to say it again...

Your prayers and supplications aren't created and communicated at the "physical" level. Spirit doesn't have ears. Spirit responds to vibration. The Love is vibration and the Love responds to vibration and you send vibration that you get back. So your prayers are derived and communicated at the unseen, metaphysical spiritual level...the "seed" level...at the "feeling" level. Your prayers are broadcast in wave frequency form based on your individually held feelings and beliefs that determine your projected resonance.

These frequencies that you project through your "feelings" and "emotions" serve as your "prayers." That's your prayers. What "feelings" does want, need and anxious expectation create? Much different than those of already having your "preferences", wouldn't you agree?

Don't get me wrong, I'm not saying that you don't pray. An emotionally charged prayer is powerful...VERY powerful. Prayer has proven to be an extremely powerful force.

But, praying verbally with underlying "feelings" of want, need, anxiety, fear doubt and worry, clingy attachment, oh God please, is why so many experience what they so often "perceive" to be "unanswered prayer."

There's no such thing. There exists no such thing. Because EVERY law of nature would have to be violated. Something is ALWAYS being created EVERY second of EVERY day. You are creating something every second of every day. I am and everyone is.

You receive EVERYTHING you ask. Source...LOVE...the field of infinite probabilities NEVER says no. You only need to become "conscious and aware of how it is that you are asking and become conscious of what it is that you're asking for.

Let's look at another spiritual teaching...it's concerning wanting or "anxious expectation". And it says...

"And why are you anxious about what to wear? Consider the lilies of the field, how they grow; they toil not, neither do they spin. And yet I say to you, that even Solomon in all his glory is not arrayed like one of these."- Matthew 6:28-29

Solomon was a king. A very rich man that dressed in very extravagant clothes OK. But the Lilies of the field in all their glory are arrayed a lot better than Solomon OK.

Now do the lilies of the field express want, need, fear, worry and anxiety? Are they attached and worried about whether they're going to grow or not? NO!! No. They just "allow" nature to take her course.

They aren't anxious about what might happen tomorrow or express fear based on what may have happened in the past and look at what happens.

Do they anxiously dig around under ground seeking out what they need to grow attempting to "fix things" due to an "anxious" mindset? NO...NO, they "attract" everything that's required for their growth and survival.

And so do you and so do I and so does everybody and that's exciting.

Wanting what you have eliminates anxiety, doubt, fear and worry. It eliminates

attachment to any outcome. It creates and emits an internal resonance that projects a frequency that is harmonious with the desire. It creates new neuro pathways in your brain.

It is an "allowing" of sorts that enables those things that you "prefer"...that you "prefer" to be attracted to you.

Another spiritual text from another teacher from another culture...

"Be careful what you water your dreams with. Water them with worry and fear and you will produce weeds that choke the life from your dream. Water them with optimism and solutions and you will cultivate success. Always be on the lookout for ways to turn a problem into an opportunity for success. Always be on the lookout for ways to nurture your dream." - Lao-Tzu

Is wanting, needing, being anxious about an outcome watering your dream or feeding the need, want and anxiety?

The point being is that it is necessary...crucial in fact that you develop the ability to become grateful for what you already have...plant seeds for your "preferences" and grander experiences for sure...establish your what and your why...but unattach yourself from the outcome, giving no thought to the how and when... remain open and alert...give up any idea as to how you might think they have to be created because your perspective is very limited in the case of Infinite potential and they will show up in ways that you may never have dreamed they could.

We have very limited perspectives in relation to the "how" our "preferences" can be fulfilled and the when is ALWAYS in perfect timing.

The how and when aren't our job, only the what and the why. We state the what, believe, express gratitude for it, attach emotion through our why which intensifies the resonance of the energy and bingo...bingo there it is.

Creation NEVER fails or wavers folks. Universal Laws never fail or waver. LOVE never fails or wavers. People only "perceive" that they do because they choose to remain "unconscious" and as a result "unaware" of what they are asking for specifically.

Make no mistake...you ALWAYS receive just as you ask. You always receive a

harvest that harmonizes with the seed...Most are just "unconscious" or "unaware" of what they're asking for and what seeds they're planting.

What's sad is that many choose to remain that way their entire lives...as unconscious as that choosing might be.

But you know what? You know what? You are different. The fact that you're here is evidence that you choose to become conscious...to become aware....to start consciously and intentionally asking and planting your seeds.

And now you know how. Now you know how. Now it's only a matter of choosing to apply what you have discovered.

You know contrary to what so many believe...Happiness and fulfillment in life isn't achieved by having what you want, it's NOT achieved by getting more stuff." Real Wealth, Real Happiness, Real Fulfillment" and Real Harmony is achieved and experienced by wanting what you have. That's an inside job. There is nothing OUT THERE that needs to happen. There's nothing out there that needs fixed. There's nothing out there that you need.

And when you get that...when all the clingy attachment is eliminated. When all the anxious expectation is resolved...when you can express sincere and heartfelt gratitude for all the gifts you've already been provided...you begin attracting everything out there...whatever you prefer and in "seemingly" miraculous ways...in "seemingly miraculous ways.

All the rest is just an unfolding of the unfailing, immutable and unwavering process of creation...it's nature being to produce an abundance of whatever YOU choose as it always has...always will...always does...and will always continue to.

What's spirit's role? Further expression and expansion.

So become aware of your creative power...consciously state your preferences... express sincere and heartfelt gratitude for your life now...Give thanks for already receiving your "preferences" in advance...ignite the emotions that are harmonious with drawing it to you...remain unattached from the outcome...remain alert and take action that "feels" good to you...that resonates with you on the ways and means that show up and you WILL experience a life of fulfillment, joy, inner peace, limitless prosperity and anything else that you want without fail and in ways that are often "perceived" by many as effortlessly.

Folks...you know a lot of people "perceive" miracles. Every second of every minute of every day is a miracle. Every second of every minute of every day something is being created. The only time we don't see things as miracles is if we see things that we don't like but it's all a miracle and it's all us.

And that brings us into the final deal and then we're gonna wrap up and I know we've run long but this is so important. It's so important.

And that's accepting responsibility...

Accepting Responsibility

And that's what we need to do from a practical standpoint to begin consciously utilizing this energy and 7 Hidden Keys To Conscious Creation?

The first step is making the choice to recognize the fact that it's you...you who is attracting and creating EVERYTHING into your life and accept full responsibility starting right here right now for where you are individually as well as where we're heading in the future.

And this isn't an acceptance of responsibility in the way of blaming ourselves but rather coming to the place that we recognize there is nothing external to any of us that is affecting or can affect us in any way shape or form without our consent. Not the collective not anything. There's nothing out there that can. Because it can't.

It's us that projects and emits the frequency that attracts to us each and every event, condition, circumstance. Everything. Everything in our life. It's also us and us alone that determines what we choose to believe and not believe and it's us that determines what we talk about and act upon that transmutes this unseen energy...this unseen Love that begins and determines the attraction process and we ourselves decide for ourselves what shows up in "physical form."

And when we understand that...when we understand that we are at cause and we make the choice to accept responsibility for the effects we've experienced as a

result or ever will experience at some point in the future we become enabled to reclaim our power.

Our TRUE power. And there's nobody can take it away from us.

Here's how. If I believe and perceive that you or anyone else can affect or alter my choice or choices in moving forward in creating or not creating whatever my individually held desires and passions might be, am I "truly" in control or am I relinquishing my control?

No. I relinquish my control. The gifts I've been given...My personal power and success or failure rests in your hands. And although it's NOT true...if I choose to believe and perceive it to be true...my life will unfold just as I believe and perceive that it will. And so will anyone else's.

If I allow you or anyone else to affect my emotional state of being. If I allow you or anyone else to instill fear or anger or anything else in me...I've given you my power. I've given away my power. But the Higher Truth is you can't take it. I have to choose to give it to you.

I have to choose to react. And so do you and so does anybody else. No one can take your power. Isn't that cool? Nobody can take your power. No one can make you act in any way that you choose not to. You have to allow them to.

So once we grasp the importance of accepting responsibility and start doing that and recognize our power and reclaim our power...when we reclaim our power to begin consciously creating...we can.

But it's a choice and it requires conscious choosing.

And I hope you'll all make the choice to do that for yourselves.

I hope that the 7 Hidden Keys to Conscious Creation has given you something that you may not have come here with. Or maybe it reminded you of something you already knew. I mean we all already know this. At our core we ALL already know this and we don't have time to get into that.

Point being I hope that you've received something that you can use. Something that will enable and empower you to begin getting more of what you want and

enable you to recognize and clearly see the awesome you that you are...that it might have shown you how worthy and magnificent and unique and creative you are and enable you to begin consciously and intentionally using the gifts you've been provided. That we've all been provided.

It's also my hope that you'll be one step closer to experiencing...you know whatever it is that you want...but more importantly the harmony, joy, fulfillment, inner peace and limitless prosperity. And I personally believe all of those to be your literal birthright.

And I hope you do too.

Folks, I know we've run a long time and that's all I've got.

But I want to thank you all SO much for being here and I commend you so much for being here.

And again I hope you've gained immense benefit from the conference. So with that said I love you all...I love you all, I thank you for coming and we'll be in contact again real soon OK?

Bye for now.

To receive an audio version of The 7 Hidden Keys To Conscious Creation conference in it's entirety <u>visit abundance-and-happiness.com</u>

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