

THE ART OF  
*Cable  
Knitting*

7 FREE PATTERNS  
*for a Cable Knit  
Sweater, Scarf,  
Pullover, and More*



# ART OF *Cable Knitting*



# THE ART OF Cable Knitting

## 7 FREE PATTERNS

### for a Cable Knit Sweater, Scarf, Pullover, and More

WORKING CABLES IS ONE OF THE MOST SATISFYING of knitting techniques. Cables add texture to all kinds of garments, they keep knitting interesting, they add a little challenge, and they look fabulous!

We've gathered seven patterns for you in this eBook, *The Art of Cable Knitting: 7 Free Patterns for a Cable Knit Sweater, Scarf, Pullover, and More*, from cowls to wraps to sweaters, these fun knit cable designs will satisfy your urge to knit cables!

My **Winding River Cowl** is a super cozy neck warmer comprised of reversible cables that cross every 14 or 28 rows. The resulting fabric reminded me of the twists and turns rivers take. Use a yummy yarn like a cashmere/merino blend for a luxurious treat.

The **Rittenhouse Scarf** by Marilyn Murphy is also a reversible cable design, one that's combined with ribbing around the neck. Worked in two identical sections from a provisional cast on, this scarf is a lovely

addition to anyone's wardrobe.

Lily Chin's **Five Way Cable Wrap** (from her book *Power Cables*) is a versatile piece that functions as a shrug, wrap, poncho, or stole. Lily's wrap is basically a stole with buttons and buttonholes added in strategic positions. You'll love this inventive piece!

The **Valkyrie Vest** by Lisa Shroyer is a beautiful cabled piece that's flattering to all figures. When Lisa was designing this vest, she thought a plain, vertical pattern seemed boring so she started traveling the cables out, achieving a winged effect. "Hence, the Valkyrie Vest," she says.

**Interlocking Cables** by Shirley Paden is a showstopper. The allover cable pattern is made up of interlocking rope cables and the foldover boatneck collar gives this sweater a sophisticated look.

Kathy Zimmerman's **Anniversary Pullover** was designed as an anniversary

gift for her husband. The knitted cables and checks represent the twists and turns of married life, which is such a lovely sentiment. This is the perfect "man sweater," which also works great for women!

The **Wheat Ear Cable Yoke** by Pam Allen is a study in contrast: the contrast of knitted textures with smooth stockinette. A two-stitch twist cable alternates with a seven-stitch wheat ear cable to make a stunning yoke at the top of a smooth, stockinette body.

These designs represent the best in cable knitting, from beginning to advanced—with these patterns we're sure you'll enjoy knitting cables as much as we do.

Have fun!



Kathleen Cuble  
Editor, *KnittingDaily.com*

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THE ART OF CABLE KNITTING:  
7 FREE PATTERNS FOR A CABLE KNIT  
SWEATER, SCARF, PULLOVER, AND MORE

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# Winding River Cowl

by **KATHLEEN CUBLEY**

Originally published in *Interweave Knits Winter 2009*

**FINISHED SIZE** 8" wide and 25" circumference.

**YARN** Karabella Boise (50% cashmere, 50% merino; 163 yd [150 m]/50 g); #67 slate blue, 2 balls.

**NEEDLES** Size 8 (5 mm). Adjust needle size if necessary to obtain the correct gauge.

**NOTIONS** Size H/8 (5 mm) crochet hook; waste yarn for CO; cable needle (cn); removable markers (m); tapestry needle.

**GAUGE** 22 sts and 27 rows = 4" in St st.

## Stitch Guide

12/12 RC: Sl 12 sts to cn and hold in back, [k2, p2] 3 times, then [k2, p2] 3 times from cn.

## Notes

- It's helpful to place a marker to designate the side that correlates to even-numbered rows in pattern.
- First and last two stitches are worked in garter stitch throughout for edge stitches.



KATHRYN MARTIN

## Cowl

Use the crochet-chain-provisional method (see below) to CO 100 sts.

**Row 1:** K2 (edge sts), \*k2, p2; rep from to last 2 sts, k2 (edge sts).

**Row 2:** K2 (edge sts), knit the knit sts and purl the purl sts to last 2 sts, k2 (edge sts); place a marker in any st on this side of work before turning (see Notes).

**Rows 3–13:** K2, work sts as they appear to last 2 sts, k2.

**Row 14:** K2, 12/12 RC (see Stitch Guide), [k2, p2] 6 times, 12/12 RC, [k2, p2] 6 times, k2.

**Rows 15–27:** Rep Row 3.

**Row 28:** K2, [k2, p2] 6 times, 12/12 RC, [k2, p2] 6 times, 12/12 RC, k2.

Rep Rows 1–28 until piece measures 25" from CO, ending with Row 14. Do not BO.

## Finishing

Lay the piece flat and twist one end over so there is a bend in the center of the cowl, creating a Möbius strip. Unzip the CO, place the live sts on a needle, and join ends with three-needle BO (see below), maintaining Möbius twist. Weave in ends.

**KATHLEEN CUBLEY** is the editor of *Knitting Daily*. She actually does knit daily, working mostly on socks and sweaters.





# Valkyrie Vest

by **LISA SHROYER**  
Originally published in  
*Interweave Weekend Knits 2009*



KATHRYN MARTIN

**FINISHED SIZE** 27 (31½, 36, 40½)" bust circumference and 42 (46½, 51, 55½)" hip circumference. Vest shown measures 31½" bust, modeled with about 10½" negative ease at bust and some positive ease at hip (see Notes about sizing).

**YARN** Lion Brand LB Collection Organic Wool (100% wool; 185 yd [169 m]/100 g); #134 avocado, 4 (4, 5, 6) skeins.

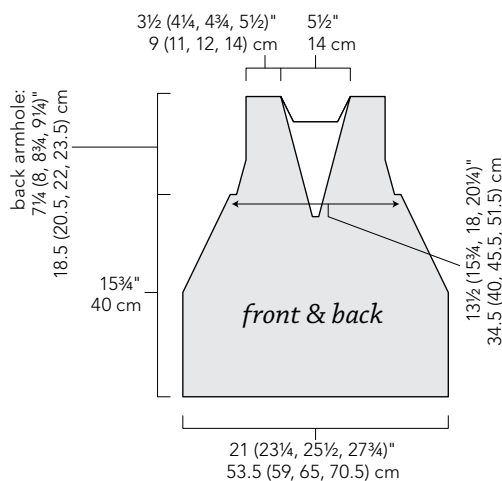
**NEEDLES** Sizes 8 (5 mm) and 9 (5.5 mm): 24" circular (cir). Adjust needle size if necessary to obtain the correct gauge.

**NOTIONS** Markers (m); cable needle (cn); stitch holders; tapestry needle.

**GAUGE** 14 sts and 22 rows = 4" in St st on larger needle; 25 sts of charted panel = 5" wide on larger needle; 24 sts and 24 rows = 4" in shifting cables patt on larger needle.

## Notes

- This garment is designed to be worn with negative ease at the bust and positive ease over the belly and hips. The bust size is relevant, but the hip/hem measurement is just as important for choosing a size; the deep neckline can adjust for up to 10" of negative ease across the bust. The sizes are intended for women with about 37 (41, 46, 49)" actual bust measurement and 38 (42, 47, 51)" actual hip measurement. Smaller women can wear the size 27" for a looser, more casual look.
- When working shifting cables charts, keep center three purl stitches aligned from row to row.

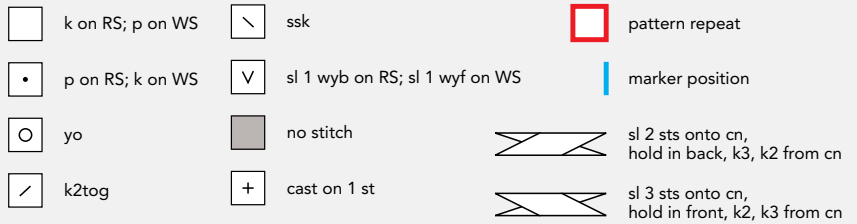


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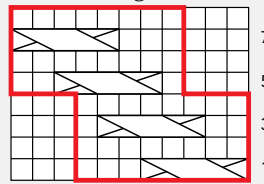
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## Back

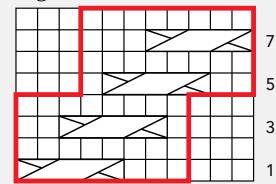
With smaller needle, CO 81 (89, 97, 105) sts. Do not join. Work Rows 1 and 2 of Rib chart once, then work Rows 3 and 4 of chart 6 times, working reps and placing markers (pm) as indicated on chart. Change to larger needle. **Next row:** (RS) Work in St st to m, work Row 1 of Cable chart to m, work in St st to end. Cont in patt until piece measures 9" from CO, ending with a WS row. **Shape sides: Note:** Cables shift before side shaping is complete; read through the foll sections before proceeding. **Dec row:** (RS) K2, ssk, work in patt to last 4 sts, k2tog, k2—2 sts dec'd. Rep Dec row every 8th row 4 more times—71 (79, 87, 95) sts rem. **At the same time,** when Rows 1–6 of chart have been worked 9 times, change to Back Shifting Cables chart for your size. Work Rows 1–8 of chart between m. Move first chart m 8 sts to the right, and move last chart m 8 sts to the left—41 sts between m. Work Rows 9–16 of chart between m. Move m as before—57 sts between m. Work Rows 9–12 of chart between m. **Shape armholes:** Cont in patt, BO 5 sts at beg of next 2 rows—61 (69, 77, 85) sts rem. **Next row:** (RS) Sl 1 pwise with yarn in back (wyb), p1, knit to m, work Row 15 of chart to m, knit to last 2 sts, p1, k1. **Next row:** (WS) Sl 1 pwise with yarn in front (wyf), k1, purl to m, work Row 16 of chart to m, purl to last 2 sts, k1, p1. Move first chart m 0 (4, 8, 8) sts to the right and last chart m 0 (4, 8, 8) sts to the left—57 (65, 73, 73) sts between m. Work Rows 9–16 (17–24, 9–16, 9–16) of chart between m. Move first chart m 0 (0, 0, 4) sts to the right and last chart m 0 (0, 0, 4) sts to the left—57 (65, 73, 81) sts between m. Work Rows 9–30 (17–42, 9–38, 17–50) of chart between m. **Shape back neck:** (RS) Sl 1 pwise wyb, p1, work 19 sts according to Row 7 of Right Back chart, pm, k1 (5, 9, 13), BO center 17 sts, knit to last 21 sts, pm, work 19 sts according to Row 7 of Left Back chart, p1, k1—22 (26, 30, 34) sts rem each side. Place right-back sts on holder.



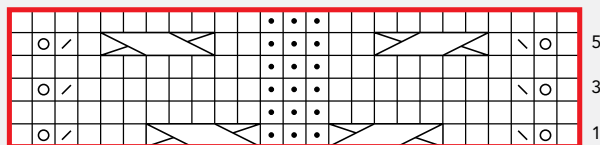
Left Back/Right Front



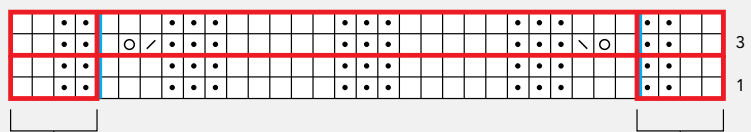
Right Back/Left Front



Cable



Rib



work 7 (8, 9, 10) times

work 7 (8, 9, 10) times

**LEFT BACK: Next row:** (WS) Sl 1, k1, work Row 8 of Left Back chart to m, purl to end. With RS facing, move chart m 8 sts to the left—11 sts between m. **Next row:** (RS) Sl 1 pwise wyb, k1, ssk, knit to m, work Row 1 of chart to last 2 sts, p1, k1—21 (25, 29, 33) sts rem. Work even in patt through last row of chart. Place sts on holder. **Right back:** With WS facing, join yarn. **Next row:** (WS) Purl to m, work Row 8 of Right Back chart to m, k1, p1. With RS facing, move chart m 8 sts to the right—11 sts between m. **Next row:** (RS) Sl 1, p1, work Row 1 of chart to m, knit to last 4 sts, k2tog, k2—21 (25, 29, 33) sts

rem. Work even in patt through last row of chart. Place sts on holder.

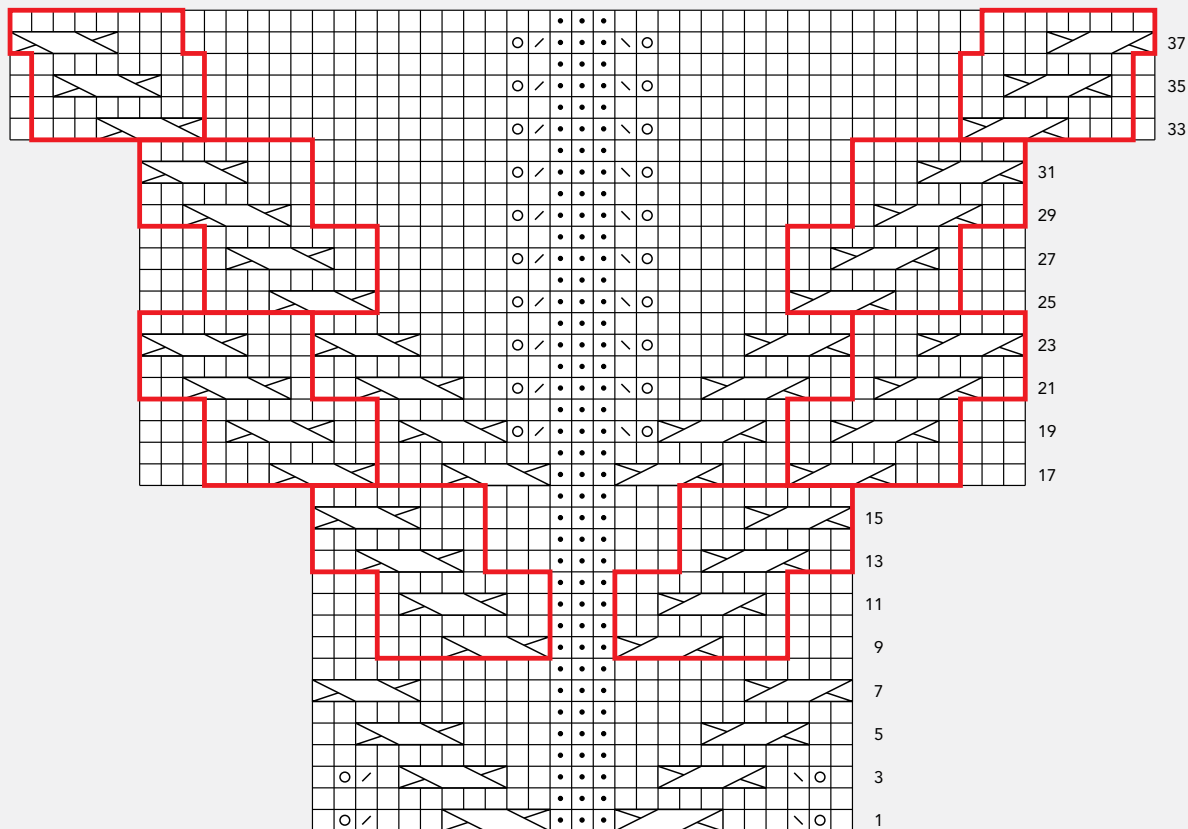
## Front

Work as for back to end of Cable chart. Cont with side shaping, work Rows 1–8 of Front Shifting Cables chart for your size between m. Move first chart m 8 sts to the right, and move last chart m 8 sts to the left—41 sts between m. **Divide for neck:** Mark center st. Working Row 9 of chart, work in patt to 1 st before center st, CO 1 st using the backward-loop method (see

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Back Shifting Cables, size 27", 36"



Glossary), turn. Place right-front sts on holder. **Left front:** (WS) Work Row 10 of chart to m, purl to end. **Next row:** (RS) Cont in patt, working Row 11 of chart. With RS facing, move chart m 1 st to the right—21 sts between m and end of row. Work 2 more rows in patt. With RS facing, move chart m 1 st to the right—21 sts between m and end of row. Cont in patt through Row 16 of chart. With RS facing, move chart m 6 (8, 8, 8) sts to the right—27 (29, 29, 29) sts between m and end of row. Work Rows 17–20 of chart between m and

end of row. **Shape armhole:** Cont in patt, BO 5 sts at beg of next row—29 (33, 37, 41) sts rem. **Next row:** (WS) Work in patt to last 2 sts, k1, p1. **Next row:** (RS) Sl 1 wyb, p1, work in patt to end of row. Cont in patt through Row 24 of chart. With RS facing, move chart m 0 (2, 6, 8) sts to the right—27 (31, 35, 37) sts between m and end of row. Work Rows 17–24 (25–32, 25–32, 17–24) of chart between m and end of row. With RS facing, move chart m 0 (0, 0, 2) sts to the right—27 (31, 35, 39) sts between m and end of row. Work Rows 17–42 (25–50,

25–50, 25–50) of chart between m and end of row—21 (25, 29, 33) sts rem. **Next row:** (RS) Sl 1 pwise wyb, p1, work Row 5 (1, 5, 1) of Left Front chart over 11 (11, 19, 19) sts, pm, work in St st to last 2 sts, p1, k1. Cont in patt, working chart between m, through Row 8 of chart.

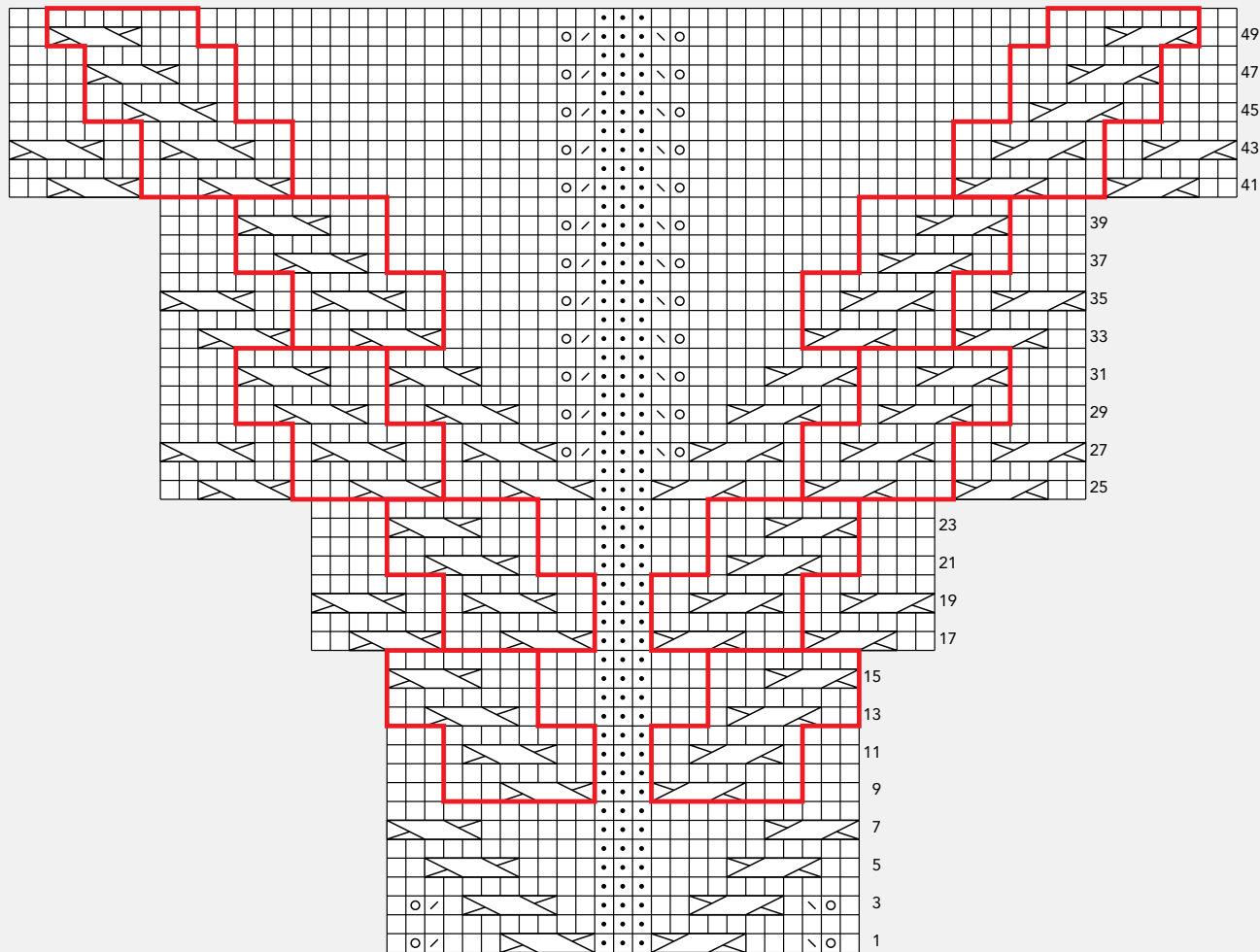
### Sizes 36 (40½)" only:

With RS facing, move left chart m 8 sts to the right—11 sts between m. Cont in patt, work Rows 1–8 of chart once.

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Back Shifting Cables, size 31½", 40½"



## All sizes:

Place sts on holder. **Right front:** With RS facing, join yarn. Working Row 9 of chart (beg at center of chart), work in patt to end. **Next row:** (WS) Purl to m, work Row 10 of chart to end. **Next row:** (RS) Cont in patt, working Row 11 of chart. With RS facing, move chart m 1 st to the left—21 sts between beg of row and m. Work 2 more rows in patt. With RS facing, move chart m 1 st to the left—21 sts between beg of row and m. Cont in patt through Row 16

of chart. With RS facing, move chart m 6 (8, 8, 8) sts to the left—27 (29, 29, 29) sts between beg of row and m. Work Rows 17–21 of chart between beg of row and m. **Shape armhole:** Cont in patt, BO 5 sts at beg of next row—29 (33, 37, 41) sts rem. **Next row:** (RS) Work in patt to last 2 sts, p1, k1. **Next row:** (WS) Sl 1 wyf, k1, work in patt to end of row. With RS facing, move chart m 0 (2, 6, 8) sts to the left—27 (31, 35, 37) sts between beg of row and m. Work Rows 17–24 (25–32, 25–32, 17–24) of chart

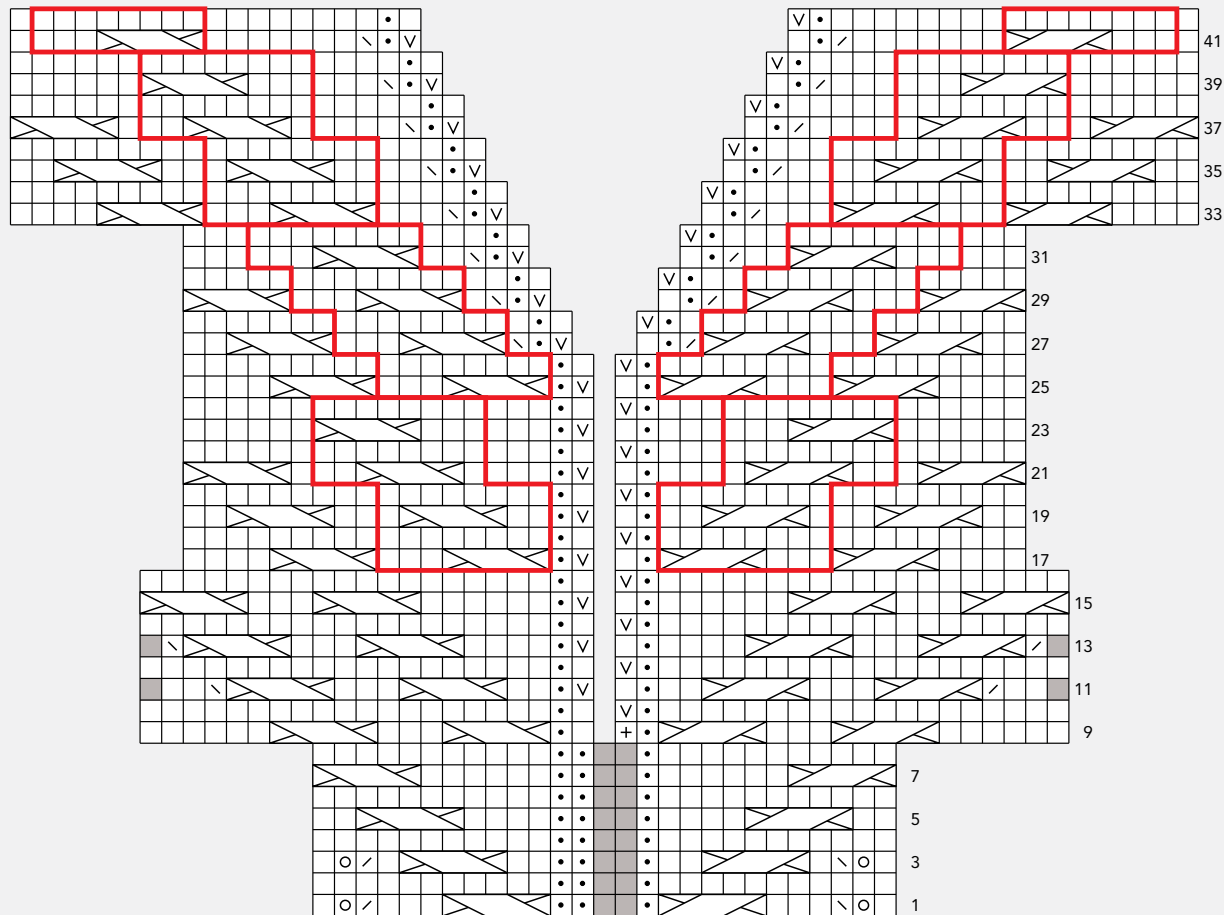
between beg of row and m. With RS facing, move chart m 0 (0, 0, 2) sts to the left—27 (31, 35, 39) sts between beg of row and m. Work Rows 17–42 (25–50, 25–50, 25–50) of chart between beg of row and m—21 (25, 29, 33) sts rem. **Next row:** (RS) Sl 1 pwis wyb, p1, work in St st to last 13 (13, 21, 21) sts, pm, work Row 5 (1, 5, 1) of Right Front chart over 11 (11, 19, 19) sts, p1, k1. Cont in patt, working chart between m, through Row 8 of chart.



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Front Shifting Cables, size 27"



**Sizes 36 (40½)" only:**

With RS facing, move right chart m 8 sts to the left—11 sts between m. Cont in patt, work Rows 1–8 of chart once.

**All sizes:**

Place sts on holder.

**Finishing**

Block pieces as desired. With RS tog and larger needle, join shoulders using three-needle BO (see Glossary). Sew side seams.

**Neck edging:** With smaller cir needle, RS facing, and beg at center back neck, pick up and knit 1 st for every BO or slipped st around entire neck edge, picking up 1 st at bottom of V-neck—80 (84, 88, 92) sts total. Do not join. With WS facing, BO all sts kwise. Use yarn tail to join short seam in edging at center-back neck. **Armhole edging:** With smaller cir needle, RS facing, and beg at center of underarm, pick up and knit 1 st for each BO or slipped st around entire armhole, picking up 1 st in shoulder seam—52 (56, 60, 64) sts total. Do not join.

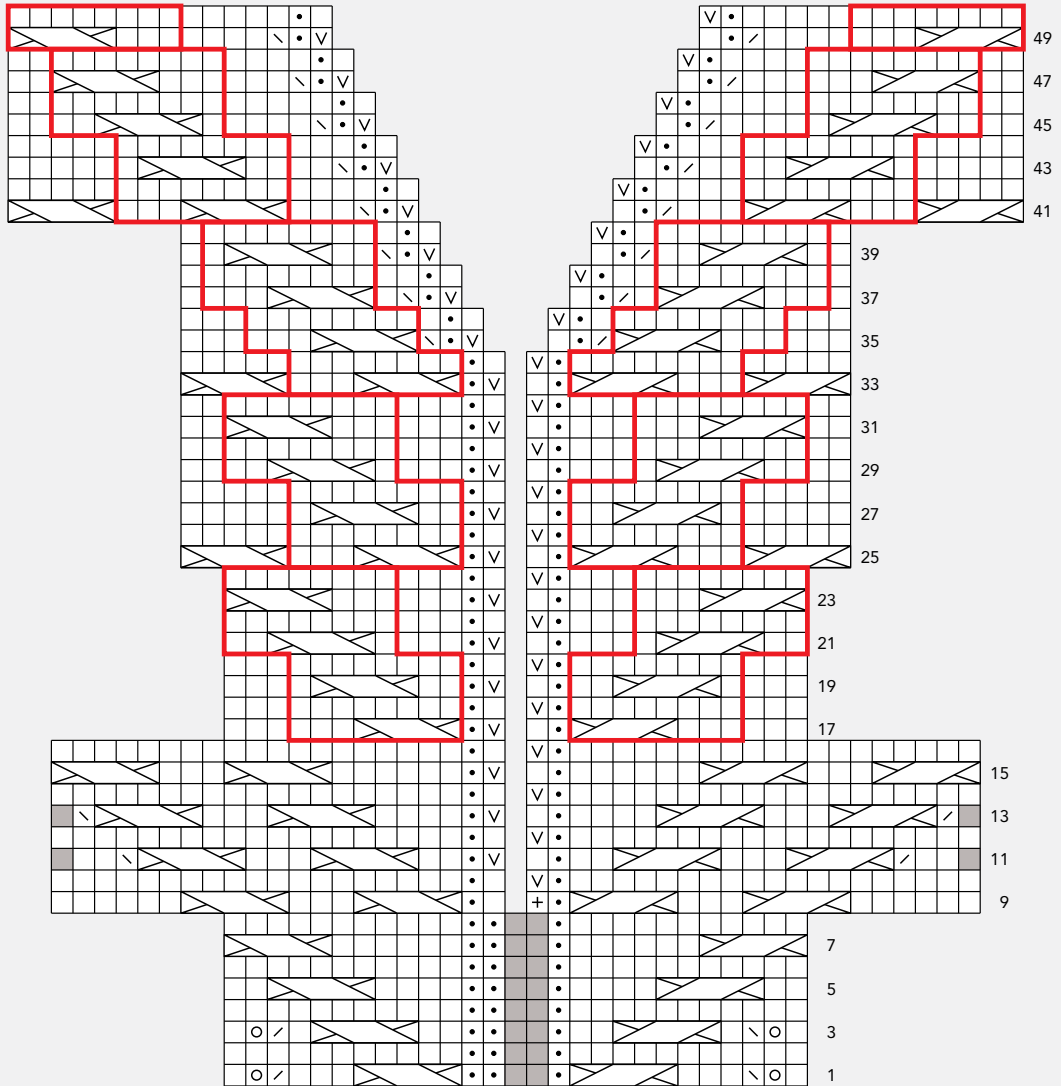
With WS facing, BO all sts kwise. Use yarn tail to sew short seam in edging at underarm. Weave in loose ends.

**LISA SHROYER** is editor of Knitscene magazine. She lives in North Carolina, where wool vests are extremely practical.

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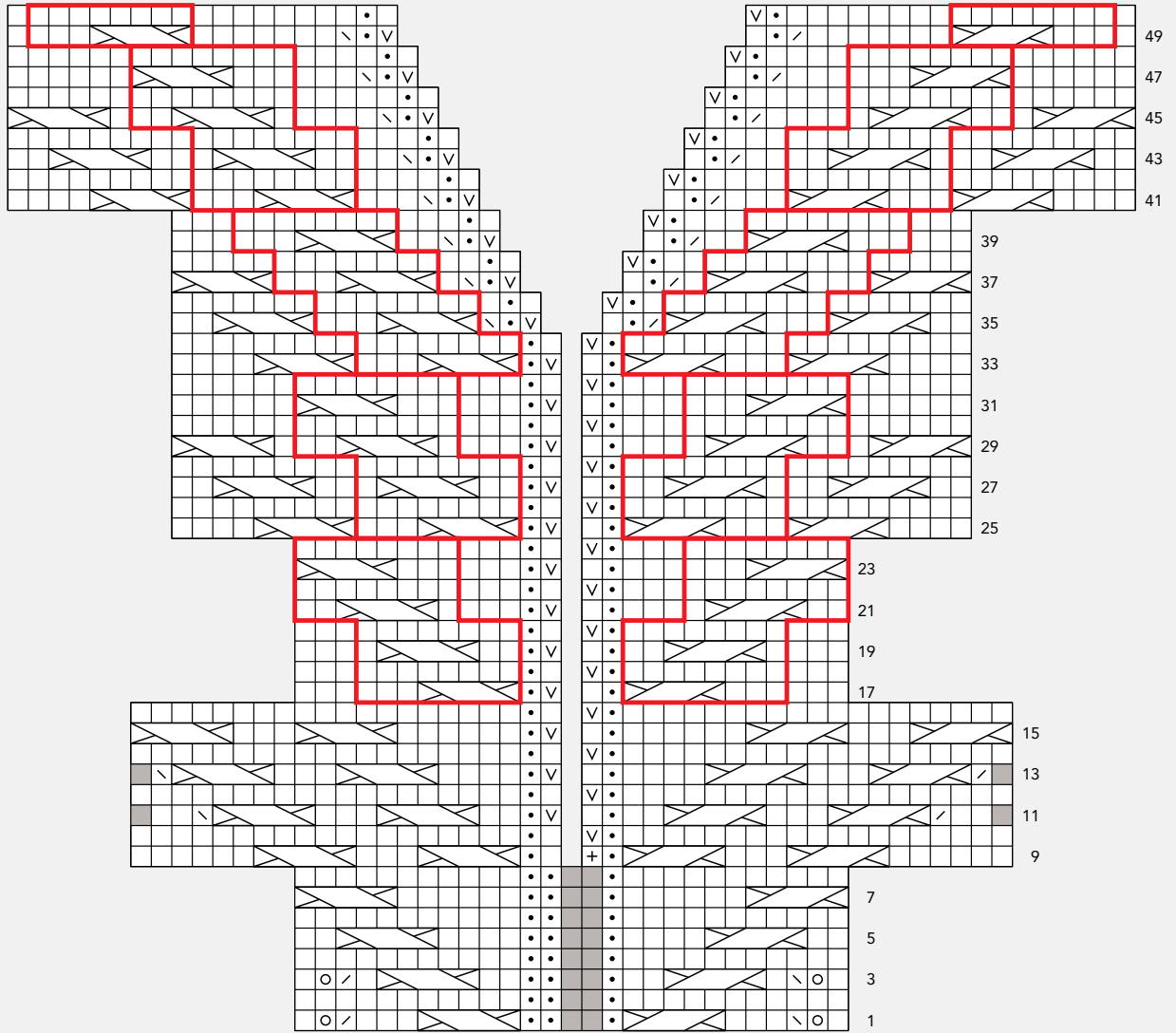
Front Shifting Cables, size 31½", 40½"



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Front Shifting Cables, size 36"





## The Art of Cable Knitting:

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# Interlocking Cables

by SHIRLEY PADEN

Originally published in  
*Interweave Knits*, Fall 1996

**FINISHED SIZE** 34 (38½, 43, 48)" (86.5 [98, 109, 122] cm). Sweater shown measures 34" (86.5 cm).

**YARN** Filatura di Crosa Zara (100% wool; 136 yd [125 m]/50 g): #1705 oatmeal, 15 (17, 19, 21) balls. Yarn distributed by Tahki/Stacy Charles.

**NEEDLES** Sizes 7, 8, 9, and 10 (4.5, 5, 5.5, and 6 mm): 32" (80-cm) circular. Adjust needle size if necessary to obtain the correct gauge.

**NOTIONS** Markers (m); cable needle (cn); stitch holders; tapestry needle.

**GAUGE** 60 sts and 52 rows = 8" (20.5 cm)

in interlocking cables patt on size 8 (5-mm) needle; 62 sts and 60 rows = 8" (20.5 cm) in ribbing patt on size 7 (4.5-mm) needle.

### Stitch Guide

**2/2LC:** Sl 2 sts onto cn and hold in front, k2, k2 from cn.

**2/2LPC:** Sl 2 sts onto cn and hold in front, p2, k2 from cn.

**2/2RC:** Sl 2 sts onto cn and hold in back, k2, k2 from cn.

**2/2RPC:** Sl 2 sts onto cn and hold in back, k2, p2 from cn.

**3/2LPC:** Sl 3 sts onto cn and hold in front, p2, k3 from cn.

**3/2RC:** Sl 2 sts onto cn and hold in back, k3, k2 from cn.

**3/2RPC:** Sl 2 sts onto cn and hold in back, k3, p2 from cn.

**3/3RC:** Sl 3 sts onto cn and hold in back, k3, k3 from cn.



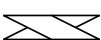


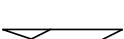



**Slip Raised Increase (SRI):** Knit into the st below the first st on left needle, then slip first st on left needle to the right needle pwise—1 st increased. On the following row, work these 2 sts individually in pattern.

**Full-Fashioned Single Decrease:** RS rows: K1 (selvage st), k3, return the last st worked to left needle, pass the second st on left needle over the first st, sl the first st back to right needle, work in patt to last 5 sts, sl 1 kwise, k1, pssso, k2, k1 (selvage st)—2 sts dec'd. WS rows:

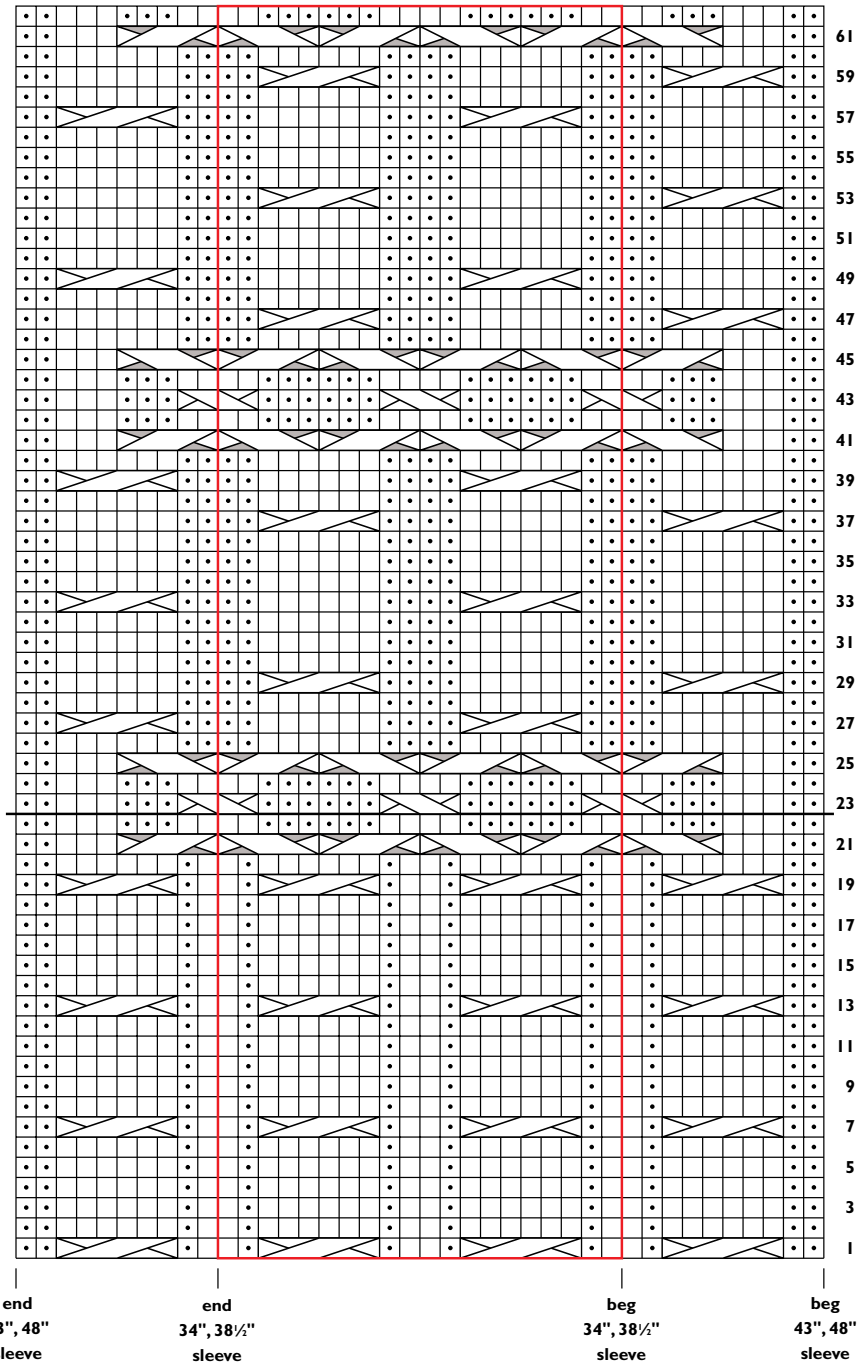


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- k on RS; p on WS
- p on RS; k on WS
-  **2/1RPC:** sl 1 st onto cn and hold in back, k2, p1 from cn
-  **2/1LPC:** sl 2 sts onto cn and hold in front, p1, k2 from cn
-  **2/2LC:** sl 2 sts onto cn and hold in front, k2, k2 from cn
-  **2/2RPC:** sl 2 sts onto cn and hold in back, k2, p2 from cn
-  **2/2LPC:** sl 2 sts onto cn and hold in front, p2, k2 from cn
-  **3/2RC:** sl 2 sts onto cn and hold in back k3, k2 from cn
-  **3/2RPC:** sl 2 sts onto cn and hold in back, k3, p2 from cn
-  **3/2LPC:** sl 3 sts onto cn and hold in front, p2, k3 from cn
-  **3/3RC:** sl 3 sts onto cn and hold in back, k3, k3 from cn
- pattern repeat

## Sleeve



K1 (selvedge st), p3, work in patt to last 4 sts, p3, k1 (selvedge st).

**Full-Fashioned Double Decrease:** RS rows: K1 (selvedge st), ssk, return st resulting from ssk to left needle, pass second st on left needle over the first st, sl the first st back to right needle, work in patt to last 6 sts, sl 1 kwise, k2tog, pss0, k2, k1 (selvedge st)—4 sts dec'd. WS rows: K1 (selvedge st), p3, work in patt to last 4 sts, p3, k1 (selvedge st).

### Note

When, there are not enough stitches to work a cable as called for in the pattern (as a result of shaping or the beginning and ending places for your size), cross

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the stitches that are available in the same direction as the original cable (either to the right or to the left). If there is an even number of stitches, cross half the stitches over the other half of the stitches to make the cable. If there is an odd number, arrange the stitches in the cable crossing so that group of stitches with the extra stitch crosses on top of the other group of stitches.

## Body

**Ribbing:** With size 7 (4.5-mm) needle, CO 280 (320, 360, 400) sts. Place marker (pm) to indicate end of rnd, and join, being careful not to twist sts. (If you find it helpful, use markers that are a different color from the end-of-rnd marker to indicate each patt repeat.)

**Rnds 1, 7, 13, and 19:** \*K1, p1, 3/3RC (see Stitch Guide), p1, k1; rep from \*.

**Rnds 2–6:** \*K1, p1, k6, p1, k1; rep from \*.

**Rnds 8–12:** Rep Rnds 2–6.

**Rnds 14–18:** Rep Rnds 2–6.

**Rnd 20:** Rep Rnd 2.

**Rnd 21:** \*3/2RPC, 3/2LPC; rep from \*.

**Rnd 22:** \*K2, p6, k2; rep from \*, ending 2 sts before end-of-rnd marker (m)—piece should measure about 3" (7.5 cm) from beg. Change to size 8 (5-mm) needle.

## Lower Body

**Rnd 1:** 2/2LC (last 2 unworked sts of previous rnd and first 2 sts of rnd; reposition end-of-rnd m in center of this cable as you work it), p6, \*2/2LC, p6; rep from \* to last 2 sts (first 2 sts of first cable), k2 to finish at the end-of-rnd m.

**Rnd 2:** \*K2, p6, k4, p6, k2; rep from \*.

**Rnd 3:** \*3/2LPC, 3/2RPC; rep from \*.

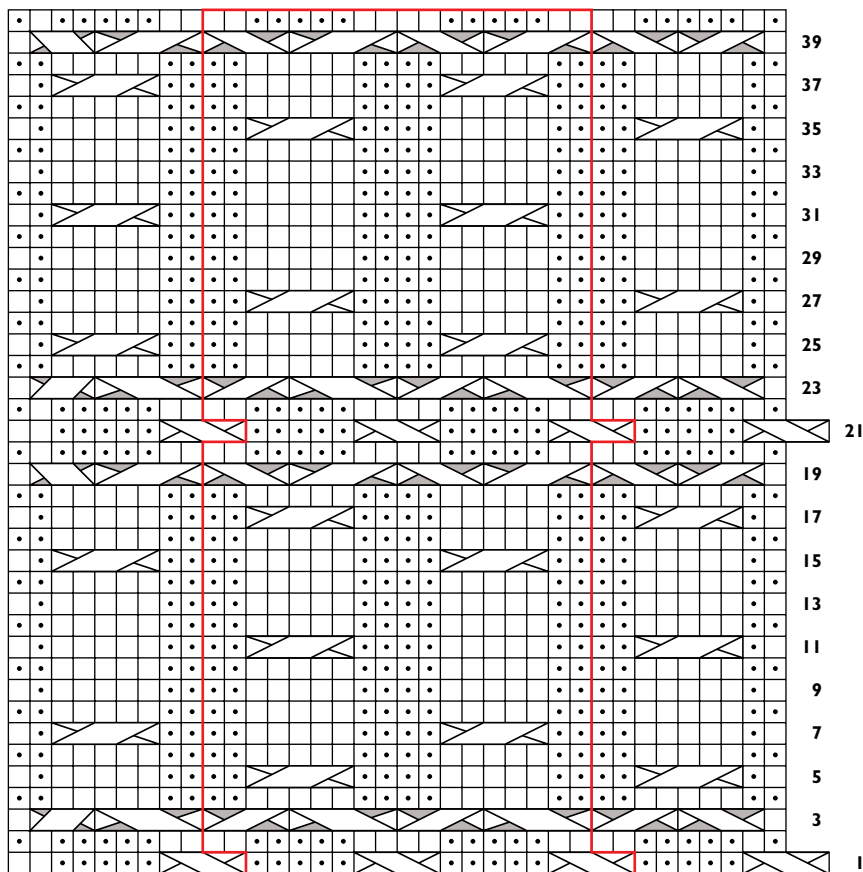
**Rnds 4, 6, and 8:** \*P2, k6, p4, k6, p2; rep from \*.

**Rnd 5:** \*P2, 3/3RC, p4, k6, p2; rep from \*.

**Rnd 7:** \*P2, k6, p4, 3/3RC, p2; rep from \*.

**Shape hip to waist:**

## Upper Body



**Rnd 9:** (first dec rnd) \*P2, k2, k2tog, k2, p4, k6, p2; rep from \*—266 (304, 342, 380) sts rem.

**Rnds 10, 12, 13, 14, and 16:** \*P2, k5, p4, k6, p2; rep from \*.

**Rnds 11 and 17:** \*P2, 3/2RC, p4, k6, p2; rep from \*.

**Rnd 15:** \*P2, k5, p4, 3/3RC, p2; rep from \*.

**Rnd 18:** (second dec rnd) \*P2, k5, p4, k2, k2tog, k2, p2; rep from \*—252 (288, 324, 360) sts.

**Rnd 19:** \*3/2RPC, 2/2LPC; rep from \*.

**Rnds 20 and 22:** \*K2, p5, k4, p5, k2; rep from \*, ending 2 sts before end-of-rnd m.

**Rnd 21:** 2/2LC (last 2 unworked sts

of previous rnd and first 2 sts of rnd; reposition end-of-rnd m in center of this cable as you work it), p5, \*2/2LC, p5; rep from \* to last 2 sts (first 2 sts of first cable), k2 to finish at the end-of-rnd m.

**Rnd 23:** \*3/2LPC, 2/2RPC; rep from \*.

**Rnd 24:** \*P2, k5, p4, k5, p2; rep from \*.

**Rnd 25:** \*P2, k5, p4, 3/2RC, p2; rep from \*.

**Rnd 26:** (third dec rnd) \*P2, k1, k2tog, k2, p4, k5, p2; rep from \*—238 (272, 306, 340) sts.

**Rnd 27:** \*P2, 2/2RC, p4, k5, p2; rep from \*.

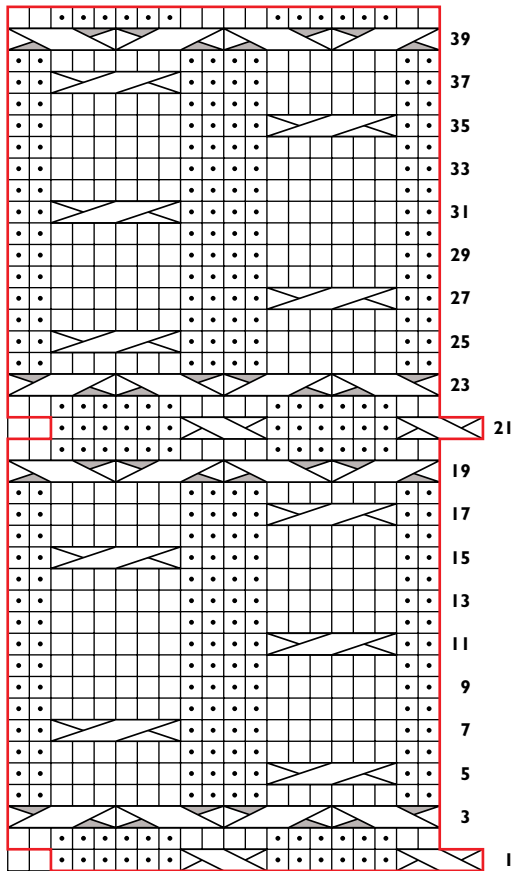
**Rnds 28–30:** \*P2, k4, p4, k5, p2; rep from \*.

**Rnd 31:** \*P2, k4, p4, 3/2RC, p2; rep from \*.

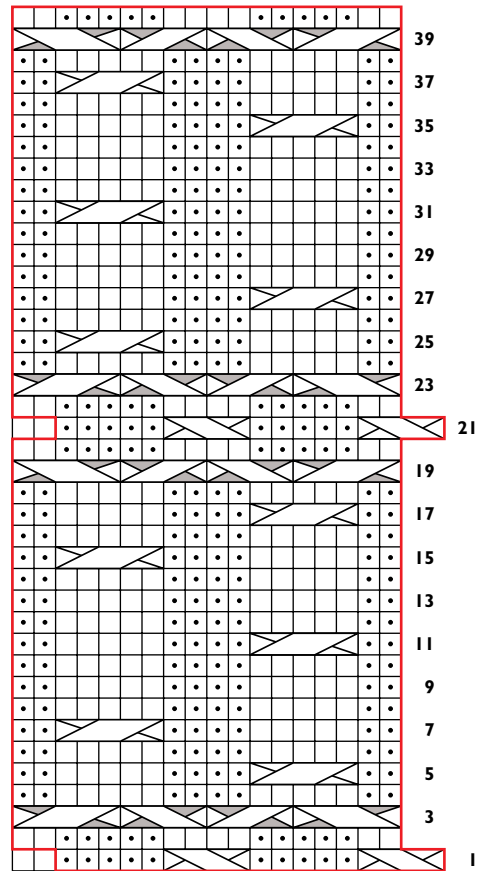
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Collar: Sizes 34", 38½", and 43"



Collar: Size 48"



**Rnds 32–34:** Rep Rnds 28–30.

**Rnd 35:** Rep Rnd 27.

**Rnd 36:** (fourth dec rnd) \*P2, k4, p4, k1, k2tog, k2, p2; rep from \*—224 (256, 288, 320) sts.

## Waist

**Rnd 37:** \*P2, k4, p4, 2/2RC, p2; rep from \*.

**Rnd 38:** \*P2, k4, p4, k4, p2; rep from \*.

**Rnd 39:** \*2/2RPC, 2/2LPC; rep from \*.

**Rnd 40:** \*K2, p4, k4, p4, k2; rep from \*, ending 2 sts before end-of-rnd m.

**Rnd 41:** 2/2LC (last 2 unworked sts of previous rnd and first 2 sts of rnd; reposition end-of-rnd m in center of

this cable as you work it), p4, \*2/2LC, p4; rep from \* to last 2 sts (first 2 sts of first cable), k2 to finish at the end-of-rnd m.

**Rnd 42:** \*K2, p4, k4, p4, k2; rep from \*.

**Rnd 43:** \*2/2LPC, 2/2RPC; rep from \*.

**Rnds 44 and 46:** Rep Rnd 38.

**Rnd 45:** \*P2, 2/2RC, p4, k4, p2; rep from \*.

**Rnd 47:** Rep Rnd 37—piece should measure about 11½" (3.8 cm) above last dec rnd, and about 10¼" (26 cm) from beg.

## Shape waist to bust:

**Rnd 48:** (first inc rnd) \*P2, k2, SRI (see Stitch Guide), k1, [p4, k4] 3 times, p2;

rep from \*—231 (264, 297, 330) sts.

**Rnds 49 and 50:** \*P2, k5, [p4, k4] 3 times, p2; rep from \*.

**Rnd 51:** \*P2, 3/2RC, p4, k4, p4, 2/2RC, p4, k4, p2; rep from \*.

**Rnds 52–54:** Rep Rnd 49.

**Rnd 55:** \*P2, k5, p4, 2/2RC, p4, k4, p4, 2/2RC, p2; rep from \*.

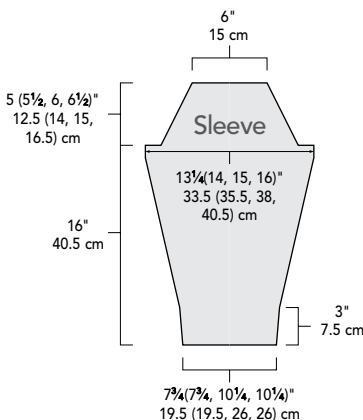
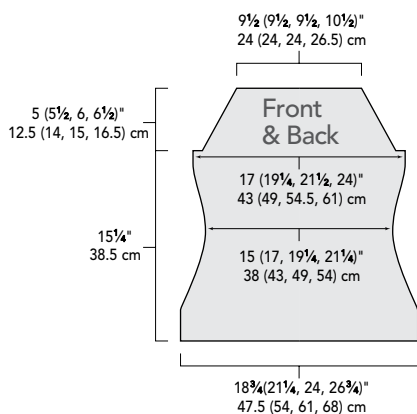
**Rnd 56:** (second inc rnd) \*P2, k5, p4, k4, p4, k2, SRI, k1, p4, k4, p2; rep from \*—238 (272, 306, 340) sts.

**Rnds 57 and 58:** \*P2, k5, p4, k4, p2; rep from \*.

**Rnd 59:** \*3/2RPC, 2/2LPC, 2/2RPC, 2/2LPC; rep from \*.

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**Rnd 60:** \*K2, p5, k4, p4, k2; rep from \*, ending 2 sts before end-of-rnd m.

**Rnd 61:** 2/2LC (last 2 unworked sts of previous rnd and first 2 sts of rnd; reposition end-of-rnd m in center of this cable as you work it), \*p5, 2/2LC, p4, 2/2 LC; rep from \* to last 15 sts, end p5, 2/2LC, p4, k2 (first 2 sts of first cable) to finish at the end-of-rnd m.

**Rnd 62:** \*K2, p5, k4, p4, k2; rep from \*.

**Rnd 63:** \*3/2LPC, 2/2RPC, 2/2LPC, 2/2RPC; rep from \*.

**Rnd 64:** (third inc rnd) \*P2, k5, p4, k1, SRI, k2, p4, k5, p4, k4, p2—245 (280, 315, 350) sts.

**Rnd 65:** \*P2, k5, p4, 3/2RC, p4, k5, p4, 2/2RC, p2; rep from \*.

**Rnd 66:** \*P2, [k5, p4] 3 times, k4, p2; rep from \*.

**Rnd 67:** \*P2, 3/2RC, p4, k5, p4, 3/2RC, p4, k4, p2; rep from \*.

**Rnds 68–70:** Rep Rnd 66.

**Rnd 71:** Rep Rnd 65.

**Rnd 72:** (fourth inc rnd) \*P2, [k5, p4] 3 times, k1, SRI, k2, p2—252 (288, 324, 360) sts; piece should measure about 14" (35.5 cm) from beg. Cont even as foll:

**Rnds 73 and 74:** \*P2, k5, p4, k5, p2; rep from \*.

**Rnd 75:** \*P2, 3/2RC, p4, k5, p2; rep from \*.

**Rnds 76 and 78:** Rep Rnd 73.

**Rnd 77:** \*P2, k5, p4, 3/2RC, p2; rep from \*.

**Rnd 79:** \*3/2RPC, 2/2LPC; rep from \*.

**Rnd 80:** \*K2, p5, k4, p5, k2; rep from \*, ending 2 sts before end-of-rnd m—piece should measure about 15¼" (38.5 cm) from beg.

## Back

**Divide for front and back:** (RS; counts as Row 1 of Upper Body chart) 2/2LC (last 2 unworked sts of previous rnd and first 2 sts of rnd; reposition end-of-rnd m in center of this cable as you work it to indicate beg of front sts), p5, [2/2LC, p5] 13 (15, 17, 19) times, 2/2LC (place m in center of this cable as you work it to indicate end of front sts), [p5, 2/2LC] 13 (15, 17, 19) times, p5, k2 to finish at the end-of-rnd m—126 (144, 162, 180) sts each for front and back between markers. Place front sts on holder. Working back and forth in rows, turn and work Row 2 of Upper Body chart across 126 (144, 162, 180) back sts only, establishing garter st selvedge sts at each side as shown. In order to keep the patt correct while shaping, you may find it helpful to use markers to indicate each pattern repeat. See Note regarding how to work cables at shaped edges. **Shape raglan armholes:** Cont in patt, BO 3 (3, 5, 6) sts at beg of next 2 rows, ending with Row 4 of chart—120 (138, 152,

168) sts. Cont in patt, BO 0 (0, 3, 3) sts at beg of next 0 (0, 2, 4) rows, ending with Row 4 (4, 6, 8) of chart—120 (138, 146, 156) sts. Beg with next RS row, and working sts between decreases in patt, work sts at each end of needle in full-fashioned double decrease (see Stitch Guide) every RS row 8 (15, 18, 19) times, then work 1 WS row to end with Row 20 (34, 2, 6) of chart—88 (78, 74, 80) sts. Beg with the next RS row, and cont to work sts between decreases in patt, work sts at each end of needle in full-fashioned single decrease (see Stitch Guide) every RS row 7 (2, 0, 0) times, then work 1 (1, 0, 0) WS row to end with Row 34 (38, 2, 6) of chart—74 (74, 74, 80) sts; shaped raglan armhole section measures about 5 (5½, 6, 6½)" (12.5 [14, 15, 16.5] cm) high. Place sts on holder.

## Front

Return front sts to needle and rejoin yarn with WS facing. Working back and forth in rows, turn and work Row 2 of Upper Body chart across 126 (144, 162, 180) front sts only, establishing garter st selvedge sts at each side as shown. Complete as for back—74 (74, 74, 80) sts. Place sts on holder.

## Sleeves

With size 7 (4.5-mm) needle, CO 62 (62, 82, 82) sts. Establish garter st selvedge sts and patt from chart as foll: K1 (selvedge st), work Row 1 of Sleeve chart over center 60 (60, 80, 80) sts, beg and ending where indicated for your size, end k1 (selvedge st). Cont in patt from chart until Row 22 has been completed—piece should measure about 3" (7.5 cm) from beg. Change to size 8 (5-mm) needle. See Note regarding how to work cables at shaped edges. Rep Rows 23–62 from Sleeve chart for patt (do not rep Rows 1–22), maintaining garter st selvedge sts, and at the same time, inc 1 st inside selvedge st each end of needle every 3 (3, 4, 3) rows 8 (20, 8, 8) times, then every 4 (4,



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5, 4) rows 12 (3, 8, 12) times, working new sts into patt, and ending with Row 54 of chart—102 (108, 114, 122) sts. Work 12 rows even in patt, ending with Row 28 of chart—piece should measure about 16" (40.5 cm) from beg. Shape raglan: Cont in patt, BO 3 (3, 5, 6) sts at beg of next 2 rows, ending with Row 30 of chart—96 (102, 104, 110) sts. Beg with the next RS row, and working sts between the decreases in patt, work sts at each end of needle in full-fashioned double decrease every RS row 10 (11, 10, 11) times, then work 1 WS row to end with Row 50 (52, 50, 52) of chart—56 (58, 64, 66) sts. Beg with the next RS row, and cont to work sts between the decreases in patt, work sts at each end of needle in full-fashioned single decrease every RS row 5 (6, 9, 10) times, then work 1 WS row to end with Row 60 (24, 28, 32) of chart—46 sts for all sizes; shaped raglan section should measure about 5 (5 1/2, 6, 6 1/2)" (12.5 [14, 15, 16.5] cm) high. Place sts on holder.

### Collar

Block all pieces to measurements. With yarn threaded on a tapestry needle, sew sleeve seams. Sew sleeves to back and front along raglan seam lines. With RS facing, transfer held sts to size 7 (4.5-mm) needle in the foll order: 46 sts for left sleeve, 74 (74, 74, 80) sts for front, 46 sts for right sleeve, 74 (74, 74, 80) sts for back—240 (240, 240, 252) sts total.

#### Mark the sleeve sts for your size as foll:

**Sizes 34" and 43":** Pm on either side of the 20 center sts of each sleeve (one marked 20-st section and 13 sts at each side).

**Size 38 1/2":** Pm in the center of the sleeve, then pm 20 sts out from the first m on either side (two marked 20-st sections and 3 sts at each side)

**Size 48":** Pm on either side of the 18 center sts of each sleeve (one marked 18-st section and 14 sts at each side).

#### Mark the sts of the back and front sts for your size as foll:

**Sizes 34" and 43":** Pm on either side of the center 18 sts of both back and front, then pm 18 sts out from the first markers on either side (three marked 18-st sections and 10 sts at each side).

**Sizes 38 1/2 and 48":** Pm in the center of the front and back, then place 2 markers 18 sts out from the first m on either side, then place 2 more markers 18 sts out to each side again (four marked 18-st sections and 1 [4] st(s) at each side).

#### Work set-up rnd for your size as foll:

**Sizes 34" and 43":** With RS facing, join yarn to last 10 sts of back (10 sts before beg of left sleeve). \*K3, k2tog, k4, k2tog (selvedge sts), k4, k2tog, k6, slip marker (sl m), k20, sl m, k6, k2tog, k4, k2tog (selvedge sts), k4, k2tog, k3, sl m, knit across 3 marked 18-st sections of front, and at the same time inc 1 st at the top of the 2 cable columns in each section—2 sts inc'd per marked section, 6 sts inc'd total; rep from \*, beg 10 sts before start of right sleeve sts—240 sts total; twelve marked 20-st sections. Place different-colored m to indicate end of rnd.

**Size 38 1/2":** With RS facing, join yarn to last st of back (1 st before start of left sleeve). \*K2tog (selvedge sts), k2, slip marker (sl m), k2, k2tog, [k4, k2tog] 2 times, k4, sl m, k2, k2tog (selvedge sts), knit across 4 marked 18-st sections of front, and at the same time inc 1 st at top of the 2 cable columns in each section—2 sts inc'd per marked section, 6 sts inc'd total; rep from \* for right sleeve and back—240 sts total; twelve 20-st sections. Place different-colored m to indicate end of rnd.

**Size 48":** With RS facing, join yarn to last 4 sts of back (4 sts before start of left sleeve). \*K18 (4 sts of back and first 14 sts of left sleeve), slip marker (sl m), k18, sl m, knit 18 (last 14 sts of left sleeve and first 4 sts of

front), knit across 4 marked 18-st sections of front; rep from \* for right sleeve and back—252 sts total; fourteen 18-st sections. Place different-colored m to indicate end of rnd.

**All sizes:** Turn garment inside-out so WS of sweater is facing; RS of collar cable patt corresponds to WS of garment so the RS of collar will show when it's folded down. Work k1, p1 rib for 8 rnds (about 1" [2.5 cm]), removing extra markers within the sections on the first rnd, and ending last rnd 2 sts before end-of-rnd m. Change to size 8 (5-mm) needle. Work Rnd 1 according to the Collar chart for your size as foll: 2/2LC (last 2 unworked sts of previous rnd and first 2 sts of rnd; reposition end-of-rnd m in center of this cable as you work it), p6 (6, 6, 5), \*2/2LC, p6 (6, 6, 5); rep from \* to last 2 sts (first 2 sts of first cable), k2 to finish at the end-of-rnd m. Note: When you get to Rnds 20 and 40, end both these rnds 2 sts before end-of-rnd m, and work Rnd 21 the same as Rnd 1. Cont in patt from chart until collar measures 3" (7.5 cm) from top of ribbing. Change to size 9 (5.5-mm) needle and cont in patt until collar measures 6 1/2" (16.5 cm) from top of ribbing. Change to size 10 (6-mm) needle and cont in patt until collar measures 10 1/2" (26.5 cm) from top of ribbing. Change to size 8 (5-mm) needles and work 2 rnds of rib. BO all sts in patt.

### Finishing

Weave in loose ends. With WS facing, steam-block to measurements. Turn garment right-side out. Fold collar down so RS of collar cable patt shows.

**SHIRLEY PADEN** designs knitwear for magazines, yarn companies, and private clients from her home in New York City.



## The Art of Cable Knitting:

7 FREE Patterns for a Cable Knit Sweater, Scarf, Pullover, and More



# 5-Way Cabled Shrug

by LILY CHIN

Originally published in *Power Cables*

**FINISHED SIZE** 16" (40.5 cm) wide and 54" (137 cm) long.

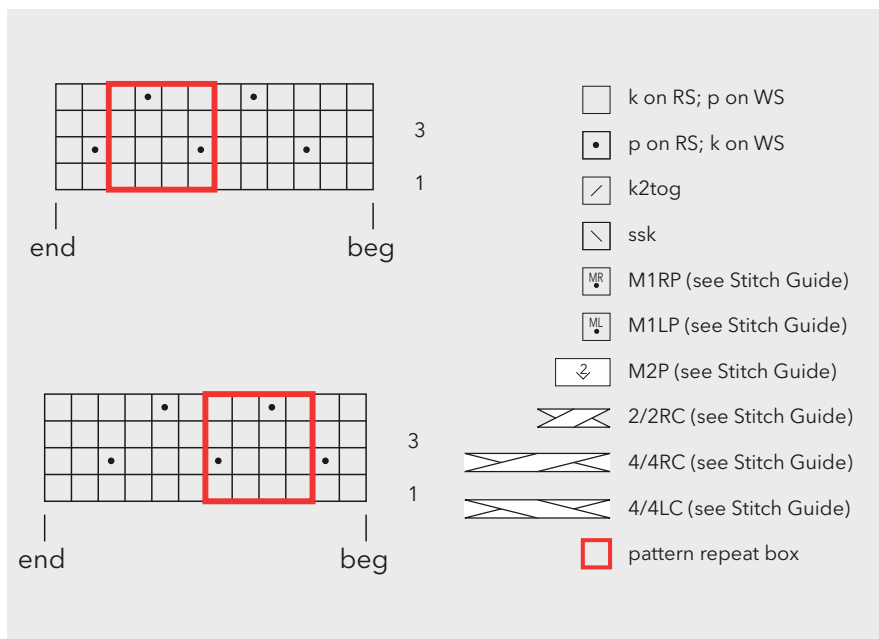
**YARN** Worsted (Medium #4).

**Shown here:** Classic Elite Lush (50% angora, 50% wool; 123 yd [112 m]/50 g): Princess Pink #4489, 8 skeins.

**NEEDLES** U.S. size 9 (5.5 mm). Adjust needle size if necessary to obtain the correct gauge.

**NOTIONS** Stitch markers (m); twelve removable markers; cable needle (cn); size G/6 (4.00 mm) crochet hook; tapestry needle; twelve 1/2" (1.3 cm) buttons.

**GAUGE** 38-st cabled center panel = 5 1/4" (13 cm). 19 sts and 24 rows = 4" (10 cm) in scattered seed patt. Markers indicate scattered seed st pattern at sides of cable. Slip markers (sl m) as you come to them.

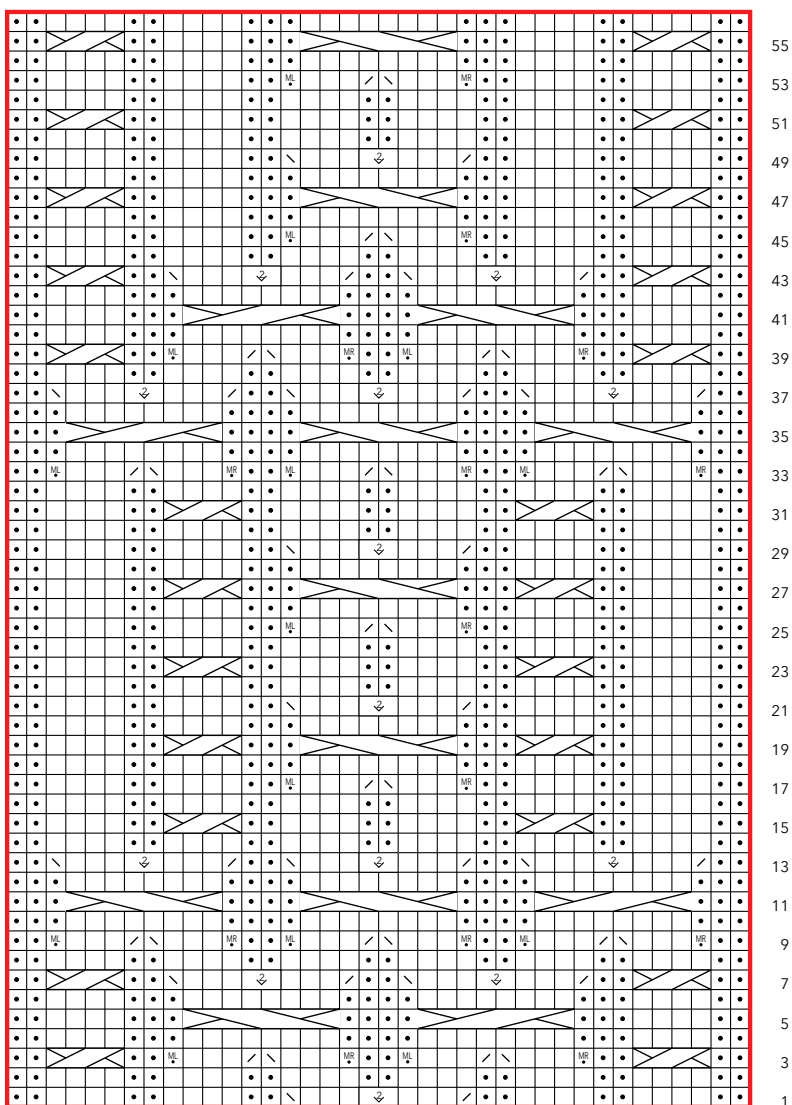


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Center Cable Panel



## Stitch Guide

**2/2RC (2 over 2 right cross):** Sl 2 sts to cn and hold in back of work, k2, k2 from cn.

**4/4LC (4 over 4 left cross):** Sl 4 sts to cn and hold in front of work, k4, k4 from cn.

**4/4RC (4 over 4 right cross):** Sl 4 sts to cn and hold in back of work, k4, k4 from cn.

**M1LP (make one left purlwise):** With left needle, pick up strand between last st worked and first st on left needle from front to back and purl into back of the lifted loop—1 st inc'd.

Button Placement



Right-Side Panel

Left-Side Panel



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**M1RP (make one right purlwise):** With left needle, pick up strand between last st worked and first st on left needle from back to front and purl into front of the lifted loop—1 st inc'd.

**M2P (make two purlwise):** With left needle, pick up strand between last st worked and first st on left needle from in front to back and purl into back and front of the lifted loop—2 sts inc'd.

### Shrug

CO 86 sts.

**Row 1:** (RS) Work Right-Side Panel chart over first 24 sts, place marker (pm), work Center Cable Panel chart over next 38 sts, pm, work Left-Side Panel chart over last 24 sts.

Continue working respective patterns until piece measures 54" (137 cm) or

desired length, ending after Row 43 of Central Cable Panel chart. BO in patt.

### Finishing

**Block piece to measurements.** Weave in ends.

With crochet hook and RS facing, sc evenly around all edges, working ch 2 at corners, join with slip st to first sc. (See Glossary for crochet directions.) Using removable markers, mark for 4 buttons spaced 3" (7.5 cm) apart at one short end, mark for 4 buttons spaced 3" (7.5 cm) from end and 3" (7.5 cm) apart at lower left end of long edge, mark for 4 buttons spaced 3" (7.5 cm) from end and 3" (7.5 cm) apart at upper right end of long edge (see diagram).

**Next sc row:** Ch 1 and turn, sc in each sc and work 3 sc in each ch-2 corner space, work buttonhole loops of (sc, ch 5, sc) all in each sc on edge opposite buttons, join with slip st to first sc.

**Next sc row:** Ch 1 and turn, sc in each sc and work 5 sc in each ch-5 buttonhole loop, join with slip st to first sc, fasten and end off.

Attach buttons at marked places.

*Named a "Master Knitter" by Vogue Knitting International, LILY CHIN has designed knitwear for magazines and yarn companies for nearly twenty-five years. She lives in New York City.*





## The Art of Cable Knitting:

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KATHRYN MARTIN

# Rittenhouse Scarf

by MARILYN MURPHY

Originally published in *Interweave Knits Winter 2009*

**FINISHED SIZE** 8½" wide at cabled ends and 40" long.

**YARN** Manos del Uruguay Rittenhouse Merino 5 Ply (100% merino; 241 yd [220 m])/100 g): #502 sapphire, 2 skeins. Yarn distributed by Fairmount Fibers.

**NEEDLES** Size 8 (5 mm). Adjust needle size if necessary to obtain the correct gauge.

**NOTIONS** Waste yarn for CO; cable needle (cn); tapestry needle.

**GAUGE** 31 sts and 22 rows = 4" in 1×1 rib, unstretched.

### Stitch Guide

**5/5 LC Cable:** (worked over 10 sts)

**Row 1:** [K1, p1] 5 times.

**Row 2:** Sl 5 sts to cn and hold in front, [k1, p1] 2 times, k1, then ([p1, k1] 2 times, p1) from cn.

**Rows 3–10:** Rep Row 1.

Rep Rows 1–10 for cable.

**5/5 RC Cable:** (multiple of 10 sts)

**Row 1:** [K1, p1] 5 times.

**Row 2:** Sl 5 sts to cn and hold in back, [k1, p1] 2 times, k1, then ([p1, k1] 2 times, p1) from cn.

**Rows 3–10:** Rep Row 1. Rep Rows 1–10 for cable.

### Notes

- This scarf is completely reversible. Rows are designated as right-side and wrong-side to make pattern easier to follow—the right-side rows begin and end with k1 in the ribbed section, and cable crossings are worked on right-side rows.

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### Scarf

**First section:** Use the invisible-provisional method (see below) to CO 31 sts.

**Next row:** (RS) \*K1, p1; rep from \* to last st, k1.

**Next row:** (WS) \*P1, k1; rep from \* to last st, p1. Cont in 1×1 rib until piece measures 24" from CO, ending with a WS row.

**Inc row:** (RS) K1f&b, \*p1f&b, k1f&b; rep from \* to end—62 sts. **Cabled section:**

**Row 1:** (WS) K2, \*work Row 1 of 5/5 LC cable (see Stitch Guide) over 10 sts, k2; rep from \* 4 more times.

**Row 2:** (RS) K2, \*work Row 2 of 5/5 LC cable over 10 sts, k2; rep from \* 4 more times.

Cont as established, keeping 2 sts at each edge and 2 sts between each cable in garter st, and work through Row 10 of cable, then work Rows 1–10 four more times, then Rows 1 and 2 once more—52 rows total. Knit 2 rows. BO all sts loosely in patt.

**Second section:** Unzip provisional CO and place live sts on needle—31 sts. With RS facing, join yarn and work Inc row as for first section—62 sts. **Cabled section:**

**Row 1:** (WS) K2, \*work Row 1 of 5/5 RC cable (see Stitch Guide) over 10 sts, k2; rep from \* 4 more times.

**Row 2:** (RS) K2, \*work Row 2 of 5/5 RC cable over 10 sts, k2; rep from \* 4 more times.

Work through Row 10 of cable, then work Rows 1–10 four more times, then Rows 1 and 2 once more. Knit 2 rows. BO all sts loosely in patt.

### Finishing

Weave in ends. Block cable sections lightly, if desired, being careful not to flatten texture.

**Loop:** Measure ½" up from cable section on first section. Pick up and knit next 3 sts along edge of rib section. Work in garter st until piece measures 4" from pick-up row. Graft live sts to 3 sts on opposite side of rib section, ½" up from cable section.

**MARILYN MURPHY** is the former editorial director of the yarn group at Interweave. Marilyn now spearheads Cloth Roads, whose mission is to create opportunities to support indigenous textile artisans worldwide.



## The Art of Cable Knitting:

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# Anniversary Pullover

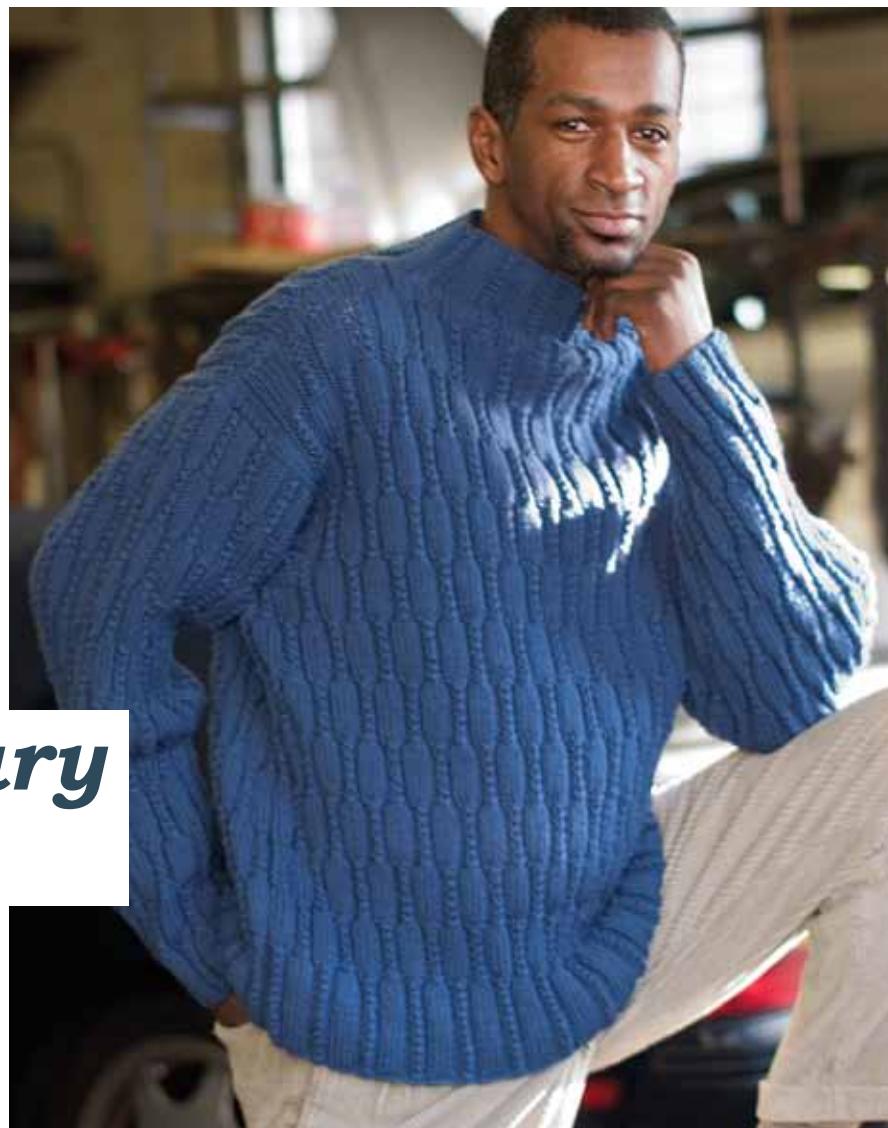
by **KATHY ZIMMERMAN**

Originally published in  
*Interweave Knits Summer 2004*

**FINISHED SIZE** 36½ (42, 48, 54)" (92.5 [106.5, 122, 137] cm) chest circumference. Sweater shown measures 48" (122 cm).

**YARN** Goddess Emmanuella (100% merino; 90 yd [82 m]/50 g): #3988 cadet blue, 20 (23, 26, 30) balls.

**NEEDLES** Body and sleeves—Size 8 (5 mm). Edgings—Size 6 (4 mm): straight and 16" (40-cm) circular (cir). Adjust needle size if necessary to obtain the correct gauge. Notions Stitch holders; tapestry needle; marker (m).



KATHRYN MARTIN

**GAUGE** 28 sts and 24 rows = 4" (10 cm) in Twists & Checks patt on larger needles, slightly stretched.

### Stitch Guide

**RT:** (right twist) Knit the second st on left needle but do not slip st from needle, knit into the first st on left needle, then slip both sts off needle together.

### Note

Work all increases and decreases 1 stitch in from the edges.

### Back

With smaller straight needles, CO 128 (148, 168, 188) sts. Work Set-up row of Rib chart once, then rep Rows 1 and 2 of chart 11 times total (do not rep Set-up row), ending with Row 2—23 rows. Change to larger needles. Beg with Row 1, work Twists & Checks chart until piece measures 13½ (16½, 16½, 16)" (34.5 [42, 42, 40.5] cm) from beg, ending with a WS row. **Shape armholes:** BO 13 (15, 17, 19) sts at beg of next 2 rows—102 (118, 134, 150) sts rem.

# The Art of Cable Knitting:

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Cont even in patt until armholes measure  $8\frac{1}{2}$  ( $9\frac{1}{2}$ ,  $9\frac{1}{2}$ ,  $10$ )" (21.5 [24, 24, 25.5] cm), ending with a WS row. Shape shoulders: Keeping in patt, BO 5 (8, 11, 13) sts at beg of next 4 rows, then BO 6 (8, 10, 14) sts at beg of foll 2 rows, working k2tog at top of each RT (counts as 2 sts BO) in the BO row to prevent shoulder edges from flaring—70 sts rem. Place sts on holder for neck.

## Front

Work same as back.

## Sleeves

With smaller straight needles, CO 58 (68, 68, 78) sts. Work Set-up row from Rib chart once, then rep Rows 1 and 2 of chart 8 times total (do not rep Set-up row), ending with Row 2—17 rows. Change to larger needles. Beg with Row 1, work Twists & Checks chart, and at the same time inc 1 st each end of needle every other row 21 (20, 16, 7) times, then every 4th row 10 (13, 17, 24) times, working new sts into patt—120 (134, 134, 140) sts. Cont even in patt until piece measures 17 ( $18\frac{1}{2}$ ,  $19\frac{3}{4}$ ,  $21\frac{1}{2}$ )" (43 [47, 50, 54.5] cm) from beg. Mark each edge of piece for armhole placement. Work even in patt for  $1\frac{3}{4}$  (2,  $2\frac{1}{2}$ ,  $2\frac{3}{4}$ )" (4.5 [5, 6.5, 7] cm)

more, ending with a WS row. BO all sts in patt, working k2tog at the top of each RT in the BO row to prevent upper edge of sleeve from flaring.

## Finishing

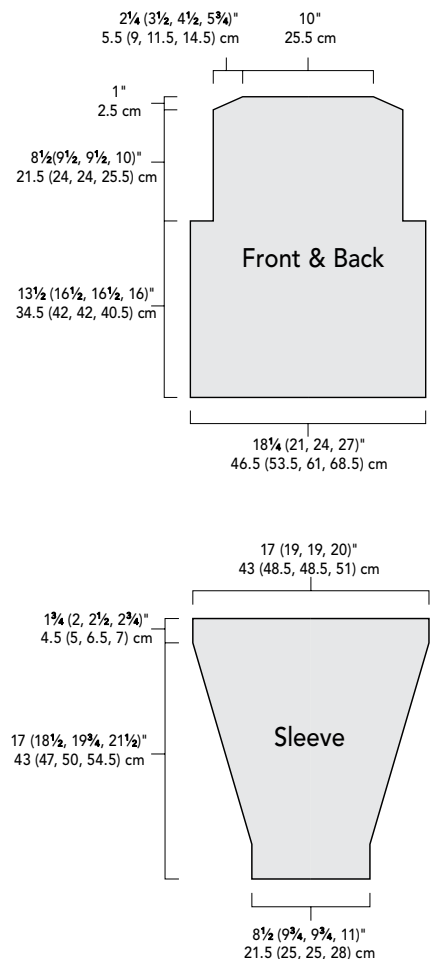
With yarn threaded on a tapestry needle and using the Kitchener st (see Glossary), graft front to back at shoulders. **Neck:** With smaller cir needle, RS facing, and beg at left shoulder seam, pick up and knit 70 sts along front neck and 70 sts along back neck—140 sts total. Place m and join.

**Rnd 1:** K2, \*p2, k2, p2, k4; rep from \* to last 8 sts, end [p2, k2] 2 times.

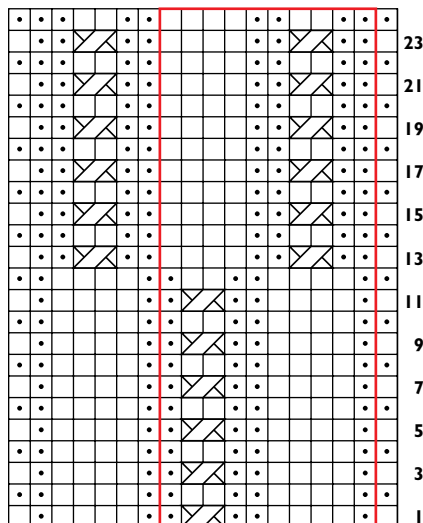
**Rnd 2:** K2, \*p2, RT, p2, k4; rep from \* to last 8 sts, end p2, RT, p2, k2.

Rep these 2 rnds until neck measures 3" (7.5 cm), ending with Rnd 1. BO all sts loosely in patt, working k2tog at top of each RT. With yarn threaded on a tapestry needle, sew sleeves into armholes, matching marked sts on sleeves to beg of armhole notches. Sew sleeve and side seams. Weave in loose ends. Block lightly to measurements.

**KATHY ZIMMERMAN** and her husband live in Ligonier, Pennsylvania.




## Twists & Checks



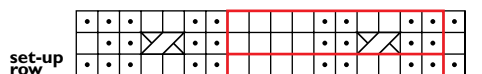
 k on RS; p on WS

 p on RS; k on WS

 RT: knit second st on left needle but leave st on needle, knit first st, then slip both sts off needle tog

 pattern repeat

### Rib







## The Art of Cable Knitting:

7 FREE Patterns for a Cable Knit Sweater, Scarf, Pullover, and More

# Wheat Ear Cable Yoke

by PAM ALLEN

Originally published in  
*Interweave Knits Summer 2007*



KATHRYN MARTIN

**FINISHED SIZE** 35 (40, 45, 50)" bust circumference. Sweater shown measures 35". Yarn Tahki Torino (100% extra fine merino; 94 yd [86 m]/50 g): #124 dusty rose, 10 (12, 14, 16) balls.

**NEEDLES** Sizes 6 (4 mm), 7 (4.5 mm), and 8 (5 mm): 24" circular (cir). Adjust needle size if necessary to obtain the correct gauge.

**NOTIONS** Cable needle (cn); stitch holders; markers (m); tapestry needle.

**GAUGE** 19 sts and 26 rows = 4" in St st on largest needle.

## Back

With middle-size needle, CO 84 (96, 108, 120) sts. Do not join.

**Row 1:** (RS) \*K1, p1; rep from \* to end.

**Row 2:** (WS) \*K1, p1; rep from \* to last 4 sts, ssk (see Glossary), k1, p1—83 (95, 107, 119) sts rem.

Change to largest needles and work in St st (knit on RS; purl on WS) until piece measures 2" from CO, ending with a WS row. **Dec row:** (RS) K2, k2tog, knit to last 4 sts, ssk, k2—2 sts dec'd. Work 9 rows even in St st. Rep the last 10 rows 2 more times—77 (89, 101, 113) sts rem. Rep Dec

row, then work 7 rows even—75 (87, 99, 111) sts rem. Rep the last 8 rows once more—73 (85, 97, 109) sts rem; piece measures about 9" from CO. **Inc row:** (RS) K2, M1 (see Glossary), work to last 2 sts, M1, k2—2 sts inc'd. Work 7 rows even. Rep the last 8 rows 3 more times, then work Inc row once more—83 (95, 107, 119) sts. Work even until piece measures 14¼ (14¾, 16¼, 16¾)" from CO, ending with a WS row. **Beg chart:** (RS) Work Row 1 of Cable chart (page 78)—89 (102, 115, 128) sts. Rep Rows 2–5 of chart until piece measures 1¼" from beg of chart patt, ending with a WS row.



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Shape armholes: Cont in patt, BO 5 sts at beg of next 2 rows, then BO 3 sts at beg of foll 2 rows—73 (86, 99, 112) sts rem. Place rem sts on holder.

## Front

Work as for back.

## Sleeves

With middle-size needle, CO 46 (48, 50, 52) sts.

**Row 1:** (RS) \*K1, p1; rep from \* to end.

Cont in 1×1 rib until cuff measures 4½"

from CO, dec 1 st on last WS row—45 (47, 49, 51) sts rem. Change to largest needle and work in St st for 8 rows, ending with a WS row. Inc row: (RS) K2, M1, knit to last 2 sts, M1, k2—2 sts inc'd. Work Inc row every 12th (6th, 8th, 6th) row 6 (11, 10, 15) more times—59 (71, 71, 83) sts. Work even until sleeve measures 17 (18, 19, 20)" from CO, ending with a WS row. Beg chart: (RS) Work Row 1 of chart—63 (76, 76, 89) sts. Rep Rows 2–5 of chart for same number of rows as back, ending with a WS row—piece measures 1¼" from beg of chart patt. Shape underarm: BO 5 sts

at beg of next 2 rows, then BO 3 sts at beg of foll 2 rows—47 (60, 60, 73) sts rem. Place rem sts on holder.

## Yoke

With largest cir needle, place 73 (86, 99, 112) sts of back, 47 (60, 60, 73) sts of left sleeve, 73 (86, 99, 112) sts of front, and 47 (60, 60, 73) sts of right sleeve on needle—240 (292, 318, 370) sts total. Join yarn.

**Rnd 1:** Sl 1, work chart as established to last 2 sts of back, place marker (pm), p1, k2tog (last st of back and first st of left sleeve), p1, pm, work chart as established to last 2 sts of left sleeve, pm, p1, k2tog (last st of sleeve and first st of front), p1, pm, work chart as established to last 2 sts of front, pm, p1, k2tog (last st of front and first st of right sleeve), p1, pm, work chart as established to last 2 sts of right sleeve, pm, p1, k2tog (last st of sleeve and slipped first st), p1, pm for beg of rnd—236 (288, 314, 366) sts, 3 sts between each set of m.

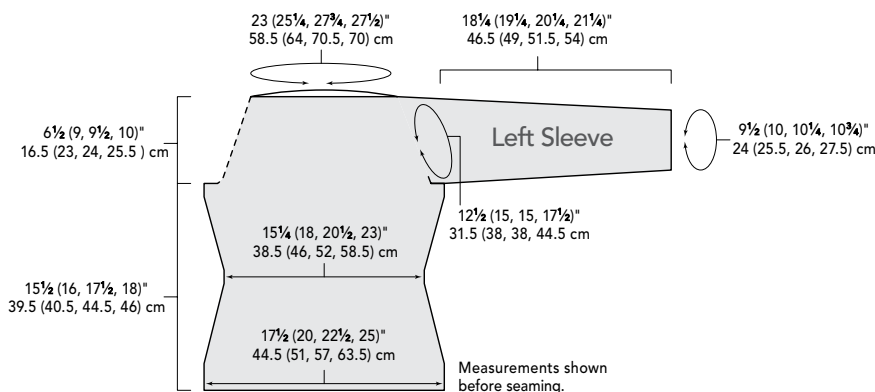
Work 3 (3, 2, 2) rnds even in patt as established, slipping markers and working

p1, k1, p1 between markers. Dec rnd: \*Ssk, work in patt to 2 sts before next m, k2tog, sl m, p1, k1, p1, sl m; rep from \* to end of rnd—8 sts dec'd. Rep last 4 (4, 3, 3) rnds until yoke measures 4 (6½, 7, 7½)" from beg of patt. Change to middle-size cir needle and work Dec rnd every 4th (4th, 4th, 3rd) rnd until yoke measures 7 (9½, 10, 10½)" from beg of patt—about 140 (154, 170, 168) sts rem. Change to smallest cir needle and work in 1×1 rib for 5 rnds. BO loosely.

## Finishing

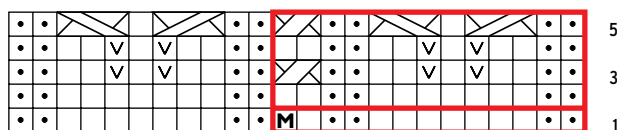
Sew sleeve and side seams. Weave in loose ends. Steam lightly on WS.

**PAM ALLEN** likes to contrast knitted textures with smooth stockinette. In her raglan pullover, a sleek bodice and sleeves flow into a yoke of delicate cables. The cable patterns—a two-stitch twist alternating with a seven-stitch wheat ear—are more etched than sculptural. They add decoration without bulk. Wear the yoke as shown, or slide it down to reveal a little shoulder. Pam Allen is the former editor of Interweave Knits. Pam is now one of the owners of the yarn company Quince and Co.



- k on RS; p on WS
- p on RS; k on WS
- V sl 1 wyb on RS; sl 1 wyf on WS
- M MI
- pattern repeat
- RT: k2tog but do not drop sts from left needle, k first st again, drop both sts from left needle
- 2/1 RC: sl 2 sts onto cn and hold in back, k1, k2 from cn
- 2/1 LC: sl 1 st onto cn and hold in front, k2, k1 from cn

## Cable



### ABBREVIATIONS

CO	cast on
k	knit
k1f&b	knit into front and back of same st
k2tog	knit two stitches together
kwise	knitwise
p	purl
p1f&b	purl into front and back of same st
p2tog	purl two stitches together
psso	pass slipped stitch over
p2sso	pass two slipped stitches over
pwise	purlwise
rev St st	reverse stockinette stitch
rib	ribbing
sl st	slip stitch (sl 1 st pwise unless otherwise indicated)
ssk	slip 1 kwise, slip 1 kwise, k2 sl sts tog tbl (decrease)
ssp	slip 1 kwise, slip 1 kwise, p2 sl sts tog tbl (decrease)
St st	stockinette stitch
tbl	through back loop
wyb	with yarn in back
wyf	with yarn in front

### Knit Stitch (k)

With yarn held to the back of the work, insert the right needle into the first stitch on the left needle from bottom of the stitch to top and from the front of the stitch to the back. Wrap yarn around right-needle tip counterclockwise. Slip the right needle back through the stitch, carrying the wrapped yarn with it, then drop the worked stitch off the left needle. Gently tighten the yarn. One knit stitch completed on right needle.



### Purl Stitch (p)

With yarn held to the front of the work, insert the right needle into the first stitch on the left needle from the top of the stitch to the bottom and from the back of the stitch to the front. Wrap the yarn around the right-needle tip counterclockwise. Draw the right needle back through the stitch carrying the wrapped yarn with it, drop the worked stitch of the left needle and gently tighten the yarn. One purl stitch completed on right needle.



### Cable Cast-On

Begin with a slipknot and one knitted cast-on stitch if there are no established stitches. Insert right needle between first two stitches on left needle (Figure 1). Wrap yarn as if to knit. Draw yarn through to complete stitch (Figure 2) and slip this new stitch to left needle as shown (Figure 3).



Figure 1



Figure 2



Figure 3

### Continental (Long-Tail) Cast-On

Leaving a long tail (about ½" to 1" for each stitch to be cast on), make a slipknot and place on right needle. Place thumb and index finger of left hand between yarn ends so that working yarn is around index finger and tail end is around thumb. Secure ends with your other fingers and hold palm upward, making a V of yarn (Figure 1). Bring needle up through loop on thumb (Figure 2), grab first strand around index finger with needle, and go back down through loop on thumb (Figure 3). Drop loop off thumb and, placing thumb back in V configuration, tighten resulting stitch on needle (Figure 4).



Figure 1



Figure 2



Figure 3



Figure 4

# glossary

## The Art of Cable Knitting:

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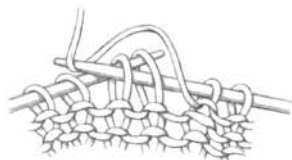
### Backward-Loop Cast-On

\*Loop working yarn and place it on needle backward so that it doesn't unwind. Repeat from \*.



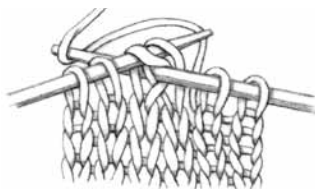
### Purl 2 together (p2tog)

Purl two stitches together as if they were a single stitch.



### Knit 2 together (k2tog)

Knit two stitches together as if they were a single stitch.



### Ssk Decrease

Slip two stitches knitwise one at a time (Figure 1). Insert point of left needle into front of two slipped stitches and knit them together through back loops with right needle (Figure 2).



Figure 1



Figure 2

Illustrations by Gayle Ford

### Raised (M1) Increases

*Left Slant (M1L)* With left needle tip, lift strand between needles from front to back (Figure 1). Knit lifted loop through the back (Figure 2).

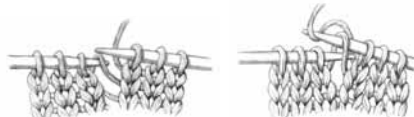


Figure 1

Figure 2

*Right Slant (M1R)* With left needle tip, lift strand between needles from back to front (Figure 1). Knit lifted loop through the front (Figure 2).

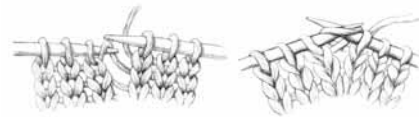


Figure 1

Figure 2

### Short-Rows: Wrapping a Stitch

Work to turn point, slip next stitch purlwise to right needle. Bring yarn to front (Figure 1). Slip same stitch back to left needle (Figure 2). Turn work and bring yarn in position for next stitch, wrapping the stitch as you do so. Note: Hide wraps in a knit stitch when right side of piece is worked in a knit stitch. Leave wrap if the purl stitch shows on right side. Hide wraps as follows: Knit stitch: On right side, work to just before wrapped stitch. Insert right needle from front, under the wrap from bottom up, and then into wrapped stitch as usual. Knit them together, making sure new stitch comes out under wrap. Purl stitch: On wrong side, work to just before wrapped stitch. Insert right needle from back, under wrap from bottom up, and put on left needle. Purl them together.



Figure 1



Figure 2

### Standard Bind-Off (BO)

Knit the first stitch, \*knit the next stitch (2 stitches on right needle), insert left needle tip into first stitch on right needle (Figure 1) and lift this stitch up and over the second stitch (Figure 2) and off the needle (Figure 3). Repeat from \* for the desired number of stitches.



Figure 1

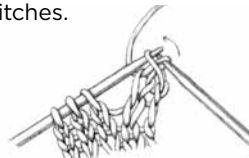


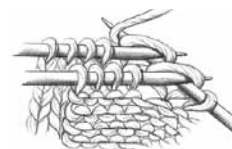
Figure 2



Figure 3

### Three-Needle Bind-Off

Place stitches to be joined onto two separate needles. Hold them with right sides of knitting facing together. Insert a third needle into first stitch on each of the other two needles and knit them together as one stitch. \*Knit next stitch on each needle the same way. Pass first stitch over second stitch. Repeat from \* until one stitch remains on third needle. Cut yarn and pull tail through last stitch.



### Kitchener Stitch

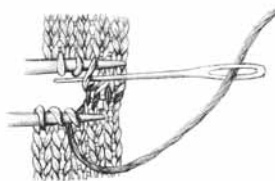
**STEP 1:** Bring threaded needle through front stitch as if to purl and leave stitch on needle.

**STEP 2:** Bring threaded needle through back stitch as if to knit and leave stitch on needle.

**STEP 3:** Bring threaded needle through same front stitch as if to knit and slip this stitch off needle. Bring threaded needle through next front stitch as if to purl and leave stitch on needle.

**STEP 4:** Bring threaded needle through first back stitch as if to purl (as illustrated), slip this stitch off, bring needle through next back stitch as if to knit, leave this stitch on needle.

Repeat Steps 3 and 4 until no stitches remain on needles.



### Single Crochet (sc)

Insert hook into a stitch, yarn over hook and draw a loop through stitch, yarn over hook (Figure 1) and draw it through both loops on hook (Figure 2).



Figure 1



Figure 2

### I-Cord



With double-pointed needle, cast on desired number of stitches. \*Without turning the needle, slide the stitches to other end of the needle, pull the yarn around the back, and knit the stitches as usual; repeat from \* for desired length.

### Crochet Gauge

To check gauge, chain 30 to 40 stitches using recommended hook size. Work in pattern stitch until piece measures at least 4" (10 cm) from foundation chain. Lay swatch on flat surface. Place a ruler over swatch and count number of stitches across and number of rows down (including fractions of stitches and rows) in 4" (10 cm). Repeat two or three times on different areas of swatch to confirm measurements. If you have more stitches and rows than called for in instructions, use a larger hook; if you have fewer, use a smaller hook. Repeat until gauge is correct.

### Crochet Chain (ch)

Make a slipknot on hook. Yarn over hook and draw it through loop of slipknot. Repeat, drawing yarn through the last loop formed.

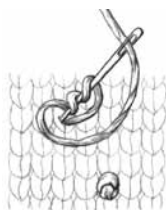


### Slip Stitch Crochet (sl st)

Insert hook into stitch, yarn over hook and draw loop through stitch and loop on hook.



### French Knot



Bring needle out of knitted background from back to front, wrap yarn around needle one to three times, and use thumb to hold in place while pulling needle through wraps into background a short distance from where it came out.

### Twisted Cord

Cut several lengths of yarn about five times the desired finished cord length. Fold the strands in half to form two equal groups. Anchor the strands at the fold by looping them over a doorknob. Holding one group in each hand, twist each group tightly in a clockwise direction until they begin to kink. Put both groups in one hand, then release them, allowing them to twist around each other counter-clockwise. Smooth out the twists so that they are uniform along the length of the cord. Knot the ends.



Figure 1



Figure 2

Illustrations by Gayle Ford