



The Association for University and College Counseling Center Directors Annual Survey

Reporting period: September 1, 2014 through August 31, 2015

David R. Reetz, Ph.D.

Director, Counseling and Psychological Services
Rochester Institute of Technology

Brian Krylowicz, Ph.D.

Director, Counseling Center
Springfield College

Carolyn Bershad, Ph.D.

Director, Counseling and Student Development
SUNY Cortland

Joshua M. Lawrence, Ph.D., ABPP

Director, Counseling Services Center
Husson University

Brian Mistler, Ph.D.

Associate Dean of Students
Ringling College of Art and Design

The AUCCCD Annual Survey and Report Overview

The Association for University and College Counseling Center Directors (AUCCCD) is an international organization comprised of universities and colleges from the United States and its territories, Australia, Azerbaijan, Canada, China, Japan, Oman, Qatar, Singapore, St. Kitts and Nevis, United Kingdom, and Uganda. As of this survey period, it has over 800 members. The mission of AUCCCD is to assist directors in providing effective leadership and management of campus counseling centers. The organization promotes college student mental health awareness through research, information dissemination on key campus mental health issues and trends, and related training and education, with special attention to issues of changing demographics including diversity and multiculturalism. In 2006, AUCCCD developed and administered the Annual Survey to its membership as a means to increase the objective understanding of factors critical to the functioning of college and university counseling centers.

In December, 2015 all college and university counseling center administrators, identified in the Higher Education Directory, were invited to participate in the Annual Survey. The survey was administered to 1797 verified email accounts via a secure internet interface. The reporting period for the 2015 Annual Survey varies among administrators, reflecting variations in organization specific annual reporting periods. Participants had reporting periods ranging from July 1, 2014 through June 30, 2015 to September 1, 2014 through August 31, 2015. This monograph serves to provide a summary of data trends reported in the AUCCCD Annual Survey. Participants have access to the online reporting features of the survey including data filtering and export. Additionally, AUCCCD members have access to a separate comparable salary table and items that address ethical dilemmas and legal issues. A total of 518 counseling center administrators completed the 2015 survey, 438 of which were AUCCCD members.

To create broad utility and make available a wide scope of information, narrative explanations were limited. Please direct all questions, comments, and clarifications to the AUCCCD Survey Coordinator at:

David R. Reetz, Ph.D.
Director, Counseling and Psychological Services
Rochester Institute of Technology
drrcps1@rit.edu

Table of Contents

Acknowledgements and Participating Institutions.....	6
Executive Summary.....	14
Institutional Demographics.....	17
School Size, Status, Location.....	17
Transport Time, Percentage of Students Living On-Campus.....	18
Director Demographics.....	19
Years of Experience, Gender Identity.....	19
Years of Experience x Gender Identity, Sexual Orientation.....	19
Race/Ethnicity, Citizenship, Disability.....	20
Highest Degree, Professional Identity.....	21
Licensure, Licensure Requirement, Direct Report.....	22
Professional Organizations.....	24
Board Certification.....	25
Length of Contract, Director Work Distribution, Direct Service Definition.....	26
Counseling Center Demographics.....	27
One-Person Centers.....	27
Staff Demographics x FTE.....	27
Support Staff FTE x School Size.....	28
New Staff Hire Demographics, New Hire FTE x Professional Identity.....	29
FTE Lost, Position Types, Case Manager Location.....	30
Training Program, APA-Accreditation.....	31
Trainee FTE, Staff and Trainee FTE Totals.....	32
Staff FTE x School Size.....	32
Trainee FTE x School Size, Staff and Trainee FTE x School Size.....	32
Students to Staff Ratios.....	32

Students Served Demographics x Student Body Demographics.....	35
Services, Policies, and Procedures.....	37
Counseling Services Mission.....	37
Months of Operation, After Hours Service.....	38
Students Involved in Outreach, Strategic Planning, Peer Counseling, Training..	39
Embedded Counselor.....	40
International Association of Counseling Services (IACS) Accreditation.....	40
Center for Collegiate Mental Health (CCMH) Involvement.....	42
Suicide Prevention Protocols.....	43
Alcohol and Other Drugs (AOD) Prevention Programs.....	44
Clinical Staff Work Distribution.....	45
Proximity to Health Services, Integration, and Administration.....	46
Counseling and Health Services Shared Resources.....	48
Psychiatric Services.....	49
Counseling and Health Services Collaboration.....	52
Record-Keeping Systems and Shared Systems.....	52
Services Offered.....	54
Service Fees.....	55
Funding Sources, Third Party Payments, Grants.....	56
Budget Status.....	58
Session Limits.....	58
Waitlists.....	59
Telepsychology Services and Crisis Hotlines.....	59
Diagnostic Classification Systems.....	59
Clinical Service Rates.....	61
Clinical Impact on Academic Performance.....	61
Numbers of Clinical Sessions.....	61

No Show and Cancellation Rates.....	61
Utilization Rates Overview, Number of Students Served.....	62
Total Sessions, Group Contacts, Percentage of Student Body Served.....	63
Severity and Data Sources.....	65
Presenting Concerns.....	66
Frequency of Critical Incidents.....	67
Target Population Outreach – Qualitative Assessment.....	71
Race/Ethnicity	71
Sex.....	73
Sexual Orientation.....	74
Disability Status.....	74
International Students.....	74
Student-Athletes.....	75
Greek Affiliated.....	75
Military Veterans.....	75
Former Foster Youth.....	75
Sexual Assault Survivors.....	75
Supplemental Analyses.....	77
Utilization Rate: Student:Staff Ratio x % Students Living On-Campus.....	77
Total Sessions Provided: Student:Staff Ratio x % Students Living On-Campus.	78

Acknowledgments and Participating Institutions

This report is the amalgamation of efforts put forth by numerous individuals. On behalf of AUCCCD, the Survey Research Team thanks the 5,738,922 students served by the institutions represented in this survey and the 631,855 students who demonstrated the resolution to utilize 2,111,202 clinical mental health service hours during the 2014-2015 academic year. Additionally, we thank the tireless efforts of the 3,773 clinical staff members, 1296 support staff, and roughly 1789 clinical trainees represented in this survey. Effective collegiate mental health service delivery would not be possible without the on-going support of the many Provosts, Vice Presidents, Vice Chancellors, Associate Vice Presidents, Executive Directors, and Deans to whom we report. We thank you as well. Finally, we want to extend deep appreciation to all the counseling center directors who took time out of their incredibly complex schedules to participate; this survey, ultimately, is for your students, counseling center, and campus. The following institutions of higher education represent each participating director:

<i>Abilene Christian University</i>	<i>Azusa Pacific University</i>	<i>Boston University</i>
<i>Adelphi University</i>	<i>Baldwin Wallace University</i>	<i>Bowdoin College</i>
<i>Albany College of Pharmacy and Health Sciences</i>	<i>Ball State University</i>	<i>Bowling Green State University</i>
<i>Alberta College of Art and Design</i>	<i>Bard College</i>	<i>Brigham Young University</i>
<i>American University</i>	<i>Barnard College</i>	<i>Brigham Young University at Idaho</i>
<i>Appalachian State University</i>	<i>Bastyr University</i>	<i>Bucknell University</i>
<i>Aquinas College</i>	<i>Bay Path University</i>	<i>Buena Vista University</i>
<i>Arizona State University</i>	<i>Baylor University</i>	<i>Butler University</i>
<i>Ashland University</i>	<i>Becker College</i>	<i>Cal Poly Pomona</i>
<i>Atlanta Metropolitan State College</i>	<i>Bentley University</i>	<i>Caldwell University</i>
<i>Auburn University</i>	<i>Berea College</i>	<i>California Lutheran University</i>
<i>Augusta University</i>	<i>Berkshire Community College</i>	<i>California Polytechnic State University</i>
<i>Augustana College</i>	<i>Binghamton University</i>	<i>California State University at Monterey Bay</i>
<i>Aurora University</i>	<i>Bloomfield College</i>	<i>California State University at Channel Islands</i>
	<i>Bloomsburg University</i>	
	<i>Boston College</i>	

<i>California State University at Chico</i>	<i>College of Mount Saint Vincent</i>	<i>Defiance College</i>
<i>California State University at Fullerton</i>	<i>College of Saint Elizabeth</i>	<i>Denison University</i>
<i>California State University at Long Beach</i>	<i>College of William and Mary</i>	<i>DePaul University</i>
<i>California State University at San Bernardino</i>	<i>Colorado School of Mines</i>	<i>DePauw University</i>
<i>California State University at San Marcos</i>	<i>Colorado State University</i>	<i>Des Moines University</i>
<i>California State University Maritime Academy</i>	<i>Columbia College</i>	<i>Dickinson College</i>
<i>California University of PA</i>	<i>Columbia University in the City of New York</i>	<i>Divine Word College</i>
<i>Canisius College</i>	<i>Columbia University Medical Center</i>	<i>Drew University</i>
<i>Carnegie Mellon University</i>	<i>Columbus College of Art & Design</i>	<i>Drexel University</i>
<i>Case Western Reserve University</i>	<i>Columbus State Community College</i>	<i>East Carolina University</i>
<i>Centenary College</i>	<i>Conception Seminary College</i>	<i>East Central University</i>
<i>Central College</i>	<i>Concordia University</i>	<i>East Stroudsburg University</i>
<i>Central Michigan University</i>	<i>Concordia University</i>	<i>East Tennessee State University</i>
<i>Centre College</i>	<i>Connecticut College</i>	<i>Eastern Illinois University</i>
<i>Chapman University</i>	<i>Cornell College</i>	<i>Eastern Michigan University</i>
<i>Charleston Southern University</i>	<i>Cornell University</i>	<i>Eastern Washington University</i>
<i>Chatham University</i>	<i>Cornish College of the Arts</i>	<i>Eckerd College</i>
<i>City University of New York, College of Staten Island</i>	<i>Culver-Stockton College</i>	<i>Edgewood College</i>
<i>City University of New York, York College</i>	<i>Curry College</i>	<i>Edinboro University of PA</i>
<i>Clarkson University</i>	<i>Curtin University</i>	<i>El Centro College</i>
<i>Clayton State University</i>	<i>Daemen College</i>	<i>Elizabethtown College</i>
<i>Colgate University</i>	<i>Dalton State College</i>	<i>Elmhurst College</i>
	<i>Dartmouth College</i>	<i>Embry-Riddle Aeronautical University</i>
	<i>Darton State College</i>	<i>Emerson College</i>
	<i>Davidson College</i>	<i>Emmanuel College</i>
		<i>Emory University</i>
		<i>Emporia State University</i>

<i>Fairmont State University</i>	<i>Hamilton College</i>	<i>John Jay College</i>
<i>Felician University</i>	<i>Harcum College</i>	<i>Johns Hopkins University</i>
<i>Fitchburg State University</i>	<i>Hardin-Simmons University</i>	<i>Johnson & Wales University at North Miami</i>
<i>Flagler College</i>	<i>Harvard University</i>	<i>Johnson State College</i>
<i>Florida Atlantic University</i>	<i>Hastings College</i>	<i>Kalamazoo College</i>
<i>Florida Gulf Coast University</i>	<i>Haverford College</i>	<i>Kansas City Kansas Community College</i>
<i>Florida International University</i>	<i>Heartland Community College</i>	<i>Kansas State University</i>
<i>Florida State University</i>	<i>Hiram College</i>	<i>Kean University</i>
<i>Foothill College</i>	<i>Hobart & William Smith Colleges</i>	<i>Kennesaw State University</i>
<i>Fordham University</i>	<i>Holy Cross College</i>	<i>Kent State University</i>
<i>Fort Lewis College</i>	<i>Holy Family University</i>	<i>Keuka College</i>
<i>Framingham State University</i>	<i>Hood College</i>	<i>Kutztown University of PA</i>
<i>Frostburg State University</i>	<i>Houghton College</i>	<i>La Roche College</i>
<i>Furman University</i>	<i>Hult International Business School</i>	<i>Lafayette College</i>
<i>George Mason University</i>	<i>Husson University</i>	<i>Lake Superior State University</i>
<i>Georgetown University School o</i>	<i>Illinois State University</i>	<i>Lakeland College</i>
<i>Georgia College and State University</i>	<i>Illinois Wesleyan University</i>	<i>Le Moyne College</i>
<i>Georgia Highlands College</i>	<i>Indiana State University</i>	<i>Lebanon Valley College</i>
<i>Georgia Institute of Technology</i>	<i>Indiana University</i>	<i>Lesley University</i>
<i>Georgia Southern University</i>	<i>Indiana University at Kokomo</i>	<i>Lewis-Clark State College</i>
<i>Georgia State University</i>	<i>Indiana University of Pennsylvania</i>	<i>Life Chiropractic College West</i>
<i>Georgian Court University</i>	<i>Indiana University-Purdue University Indianapolis</i>	<i>LIM College</i>
<i>Grand Valley State University</i>	<i>Indiana University - Northwest</i>	<i>Linfield College</i>
<i>Green Mountain College</i>	<i>Ithaca College</i>	<i>Longwood University</i>
<i>Guilford College</i>		<i>Loyola Marymount University</i>
		<i>Loyola University at New Orleans</i>

<i>Loyola University Chicago</i>	<i>Mills College</i>	<i>North Carolina State University</i>
<i>Loyola University Maryland</i>	<i>Milwaukee School of Engineering</i>	<i>North Central College</i>
<i>Luther College</i>	<i>Misericordia University</i>	<i>North Dakota State University</i>
<i>Lynn University</i>	<i>Mississippi State University</i>	<i>North Seattle College</i>
<i>Madison College</i>	<i>Missouri State University</i>	<i>Northcentral Technical College</i>
<i>Marist College</i>	<i>Missouri University of Science</i>	<i>Northeastern Illinois University</i>
<i>Marquette University</i>	<i>Monmouth College</i>	<i>Northern Arizona University</i>
<i>Marymount California University</i>	<i>Monmouth University</i>	<i>Northern Essex Community College</i>
<i>Marymount Manhattan College</i>	<i>Montclair State University</i>	<i>Northern Illinois University</i>
<i>Marymount University</i>	<i>Moody Bible Institute</i>	<i>Northern Michigan University</i>
<i>Maryville University</i>	<i>Moravian College</i>	<i>Northwestern College</i>
<i>Massachusetts Bay Community College</i>	<i>Morehouse College</i>	<i>Northwestern University</i>
<i>McKendree University</i>	<i>Morgan State University</i>	<i>Notre Dame De Namur University</i>
<i>McNeese State University</i>	<i>Mount Mary University</i>	<i>Notre Dame of Maryland University</i>
<i>MCPHS University</i>	<i>Mount St. Joseph University</i>	<i>Nova Southeastern University</i>
<i>Meharry Medical College</i>	<i>Mount Vernon Nazarene University</i>	<i>Ohio Dominican University</i>
<i>Mercer University at Macon</i>	<i>Muhlenberg College</i>	<i>Ohio State University Agricultural Technical Institute</i>
<i>Meredith College</i>	<i>Murray State University</i>	<i>Ohio University</i>
<i>Merrimack College</i>	<i>Nazareth College</i>	<i>Oral Roberts University</i>
<i>Metropolitan State University</i>	<i>New College of Florida</i>	<i>Oregon State University</i>
<i>Metropolitan State University of Denver</i>	<i>New Jersey City University</i>	<i>Ouachita Baptist University</i>
<i>Miami University</i>	<i>New York Institute of Technology</i>	
<i>Michigan State University</i>	<i>North Carolina A&T State University</i>	
<i>Middlebury College</i>	<i>North Carolina Central University</i>	
<i>Millersville University</i>		

<i>Pace University, Westchester Campus</i>	<i>Rosalind Franklin University of Medicine and Science</i>	<i>Seton Hall University</i>
<i>Pasadena City College</i>	<i>Ross University School of Veterinary Medicine</i>	<i>Seton Hill University</i>
<i>Penn State University</i>	<i>Rowan-Cabarrus Community College</i>	<i>Siena College</i>
<i>Penn State University at Harrisburg</i>	<i>Rush University</i>	<i>Siena Heights University</i>
<i>Pennsylvania College of Technology</i>	<i>Rutgers University</i>	<i>Simmons College</i>
<i>Pepperdine University</i>	<i>Rutgers University at Camden</i>	<i>Simpson College</i>
<i>Philadelphia University</i>	<i>Rutgers University at Newark</i>	<i>Skidmore College</i>
<i>Pittsburg State University</i>	<i>Sacred Heart University</i>	<i>Slippery Rock University</i>
<i>Portland State University</i>	<i>Saint Joseph's College of Indiana</i>	<i>Sonoma State University</i>
<i>Quincy University</i>	<i>Saint Louis University</i>	<i>Southeast Missouri State</i>
<i>Quinnipiac University</i>	<i>Saint Martin's University</i>	<i>Southern Connecticut State University</i>
<i>Radford University</i>	<i>Saint Mary's University of Minnesota</i>	<i>Southern Methodist University</i>
<i>Randolph College</i>	<i>Saint Peters University</i>	<i>Southern Oregon University</i>
<i>Randolph-Macon College</i>	<i>Salt Lake Community College</i>	<i>Southern University and A&M College</i>
<i>Reed College</i>	<i>Samford University</i>	<i>Southern Utah University</i>
<i>Regis University</i>	<i>San Diego State University</i>	<i>Southwestern University</i>
<i>Rhode Island School of Design</i>	<i>San Francisco State University</i>	<i>Spalding University</i>
<i>Ringling College of Art and Design</i>	<i>San Jose State University</i>	<i>Springfield College</i>
<i>Rivier University</i>	<i>Santa Rosa Junior College</i>	<i>St. Cloud State University</i>
<i>Robert Morris University</i>	<i>School for International Training</i>	<i>St. George's University</i>
<i>Roberts Wesleyan College</i>	<i>School of the Art Institute of Chicago</i>	<i>St. John Fisher College</i>
<i>Rochester Institute of Technology</i>	<i>Seattle Pacific University</i>	<i>St. Mary's College of Maryland</i>
<i>Roger Williams University</i>		<i>St. Norbert College</i>
<i>Rollins College</i>		<i>St. Olaf College</i>
<i>Roosevelt University</i>		<i>State University of New York at Orange</i>

<i>State University of New York at Cortland</i>	<i>The Catholic University of America</i>	<i>University of Alaska at Fairbanks</i>
<i>State University of New York at Fredonia</i>	<i>The Citadel</i>	<i>University of Baltimore</i>
<i>State University of New York at New Paltz</i>	<i>The College of New Jersey</i>	<i>University of California at Irvine</i>
<i>State University of New York at Potsdam</i>	<i>The College of New Rochelle</i>	<i>University of California at Los Angeles</i>
<i>State University of New York at Purchase</i>	<i>The Culinary Institute of America</i>	<i>University of California at San Diego</i>
<i>State University of NY at Brockport</i>	<i>The New School</i>	<i>University of California at Santa Cruz</i>
<i>State University of NY at Oswego</i>	<i>The Ohio State University</i>	<i>University of Central Arkansas</i>
<i>Stetson University</i>	<i>The University of Findlay</i>	<i>University of Central Florida</i>
<i>Stevenson University</i>	<i>The University of Texas at Austin</i>	<i>University of Central Missouri</i>
<i>Stony Brook University</i>	<i>The University of Tokyo</i>	<i>University of Central Oklahoma</i>
<i>Suffolk University Boston</i>	<i>Thomas Jefferson University</i>	<i>University of Chicago</i>
<i>SUNY College at Old Westbury</i>	<i>Toccoa Falls College</i>	<i>University of Connecticut</i>
<i>Swarthmore College</i>	<i>Tougaloo College</i>	<i>University of Dayton</i>
<i>Syracuse University</i>	<i>Touro University Nevada</i>	<i>University of Delaware</i>
<i>Tallahassee Community College</i>	<i>Trinity College</i>	<i>University of Denver</i>
<i>Tarleton State University</i>	<i>Trinity University</i>	<i>University of Evansville</i>
<i>Tarrant County College, Northwest</i>	<i>Truman State University</i>	<i>University of Florida</i>
<i>Texas A&M University</i>	<i>Tufts University</i>	<i>University of Georgia</i>
<i>Texas A&M University at Central Texas</i>	<i>Tulane University</i>	<i>University of Houston at Clear Lake</i>
<i>Texas State University</i>	<i>University of St. Thomas</i>	<i>University of Houston at Victoria</i>
<i>Thaddeus Stevens College of Technology</i>	<i>Union College</i>	<i>University of Houston Main Campus</i>
<i>The Boston Conservatory</i>	<i>Universities at Shady Grove</i>	<i>University of Idaho</i>
	<i>University at Buffalo</i>	
	<i>University of Akron</i>	
	<i>University of Alabama</i>	

<i>University of Illinois at Chicago</i>	<i>University of Montana, Western</i>	<i>University of Puerto Rico at Rio Piedras</i>
<i>University of Illinois at Urbana</i>	<i>University of Nebraska at Kearney</i>	<i>University of Rochester</i>
<i>University of Indianapolis</i>	<i>University of Nebraska at Lincoln</i>	<i>University of San Diego</i>
<i>University of Iowa</i>	<i>University of New Brunswick</i>	<i>University of San Francisco</i>
<i>University of Kentucky</i>	<i>University of New Hampshire</i>	<i>University of South Alabama</i>
<i>University of Louisville</i>	<i>University of New Mexico</i>	<i>University of South Carolina</i>
<i>University of Mary Hardin-Baylor</i>	<i>University of New Orleans</i>	<i>University of South Florida</i>
<i>University of Maryland at Baltimore</i>	<i>University of North Alabama</i>	<i>University of Southern Indiana</i>
<i>University of Maryland at Baltimore County</i>	<i>University of North Carolina at Chapel Hill</i>	<i>University of St. Francis</i>
<i>University of Maryland at College Park</i>	<i>University of North Carolina at Charlotte</i>	<i>University of Tennessee at Knoxville</i>
<i>University of Massachusetts at Dartmouth</i>	<i>University of North Carolina at Pembroke</i>	<i>University of the District of Columbia</i>
<i>University of Memphis</i>	<i>University of North Carolina at Wilmington</i>	<i>University of the Pacific</i>
<i>University of Miami</i>	<i>University of North Dakota</i>	<i>University of Tulsa</i>
<i>University of Michigan at Ann Arbor</i>	<i>University of North Florida</i>	<i>University of Utah</i>
<i>University of Michigan at Dearborn</i>	<i>University of North Texas at Dallas</i>	<i>University of Vermont</i>
<i>University of Minnesota at Morris</i>	<i>University of Northern Iowa</i>	<i>University of Victoria</i>
<i>University of Minnesota Twin Cities</i>	<i>University of Notre Dame</i>	<i>University of Washington at Tacoma</i>
<i>University of Missouri at Columbia</i>	<i>University of Pennsylvania</i>	<i>University of West Florida</i>
<i>University of Missouri-St Louis</i>	<i>University of Pittsburgh</i>	<i>University of West Georgia</i>
<i>University of Montana</i>	<i>University of Puerto Rico at Aguadilla</i>	<i>University of Wisconsin at Green Bay</i>
	<i>University of Puerto Rico at Cayey</i>	<i>University of Wisconsin at La Crosse</i>
		<i>University of Wisconsin at Madison</i>

<i>University of Wisconsin at Milwaukee</i>	<i>Virginia Military Institute</i>	<i>Western Carolina University</i>
<i>University of Wisconsin at Platteville</i>	<i>Virginia State University</i>	<i>Western Illinois University</i>
<i>University of Wisconsin at Stout</i>	<i>Virginia Wesleyan College</i>	<i>Western Kentucky University</i>
<i>University of Wisconsin at Whitewater</i>	<i>Wake Forest University</i>	<i>Western Washington University</i>
<i>University of Wisconsin-River Falls</i>	<i>Walsh University</i>	<i>Westmont College</i>
<i>University of Wyoming</i>	<i>Warren Wilson College</i>	<i>Wheeling Jesuit University</i>
<i>Utah State University</i>	<i>Washington State University</i>	<i>Whitworth University</i>
<i>Utica College</i>	<i>Washington State University at Vancouver</i>	<i>Wichita State University</i>
<i>Valdosta State University</i>	<i>Washington University in Saint Louis</i>	<i>Widener University</i>
<i>Valley City State University</i>	<i>Wayne State College</i>	<i>William Woods University</i>
<i>Valparaiso University</i>	<i>Wayne State University</i>	<i>Winona State University</i>
<i>Vanderbilt University</i>	<i>Weber State University</i>	<i>Winston Salem State University</i>
<i>Vassar College</i>	<i>Wellesley College</i>	<i>Worcester Polytechnic Institute</i>
<i>Virginia Commonwealth University</i>	<i>West Chester University of Pennsylvania</i>	<i>Wright State University</i>
	<i>West Virginia State University</i>	<i>Young Harris College</i>
	<i>West Virginia University</i>	

Executive Summary

Institutional Demographics and Services

A total of 518 counseling center directors completed the 2015 AUCCCD survey. Among participants, 438 indicated current membership to the Association for University and College Counseling Center Directors (AUCCCD). This represents a 55% return rate for membership.

Public (45.8%) and private (44.0%) institutions were equally represented with an additional 3.9% representing community colleges (n=20), 1.5% professional schools (n=8), 1.2% art schools (n=6), and 3.3% other (n=17).

Among students reporting if Counseling Services helped with their academic performance, 71% responded positively.

Anxiety continues to be the most predominant and increasing concern among college students (47.3%), followed by depression (40.1%), relationship concerns (32.5%), suicidal ideation (20.2%), self-injury (12.8%), and alcohol abuse (10.6%).

On average, 26.1% of students seeking services take psychotropic medications.

Sixty-two (61.5%) of directors reported that psychiatric services are offered on their campus, up from 54.5% last year. Additionally, 36.3% are housed in the counseling center.

Nine percent (8.9%) of centers charged a fee for personal counseling, and an additional 7.0% charge a fee after a determined number of sessions. Three percent (2.8%) collected third-party payments for services.

Twenty-seven percent (27.0%) of directors reported their centers were accredited by the International Association of Counseling Services (IACS), up from 23.0% last year.

Counseling center staff spend an average of 61% their time providing direct clinical service, 22% indirect service (training, supervision, consultation, outreach), 14% administrative service (meetings, committee work, professional development, and 3% other (teaching, research). The work distribution is virtually unchanged from previous years.

Forty-three percent (42.7%) of directors indicated their center would continue to use the DSM diagnostic model, down from 53.4% last year. Another 19.6% indicated they have transitioned or are transitioning to the ICD model, up from 11.9% last year.

Some form of tele-psychology was offered by 9.1% of counseling centers, up from 6.6% last year.

Twenty-eight percent (27.9%) of directors reported their centers were administratively integrated with a health service and 20.5% share the same suite/floor. Of those integrated, most commonly shared resources are outreach initiatives (66.2%), student health/mental health fee (58.3%), marketing materials (54.7%), and webpage (51.1%).

Two percent (2.3%) of directors were from Historically Black Colleges or Universities and 14.5% were from Hispanic Serving Institutions.

Counseling Center Staffing and Service Trends

The majority of counseling center salary budgets increased (55.9%), while many others have remained unchanged (38.3%). The majority of operating budgets remained unchanged (59.1%), while 21.4% increased.

Fifty-one percent (51.2%) of directors reported gaining professional clinical or psychiatric staff during the past year. This follows 54.2% reporting staff increases in the previous year, both representing an increase from 30% in 2013. Another 37.8% remained the same.

Counseling centers continue to gain staff member FTE at a much higher level than those losing staff (gained 3.9 FTE for every 1 lost).

Eleven percent (11.0%) of directors reported losing professional clinical or psychiatric staff during the past year.

Current clinical staff was identified as 72.2% White, 10.2% Black, 6.7% Latino/a, 7.4% Asian, 2.0% multiracial, 1.0% other, and 0.5% Native American. New hires were identified 61.9% White, 12.2% Black, 7.1% Latino/a, 11.5% Asian, 4.4% multiracial, 1.7% other, and 0.1% Native American.

The average student to paid clinical staff ratio reveals a consistent and inverse relationship to total student body size. Additionally, the student:staff ratio, together with percentage of student body living on-campus, best predicts utilization rate.

Service utilization by diverse groups remains proportionate to the general student body. Notable deviations between counseling client and student body demographics include male (33.7% to 42.7%), student athletes (9.3% to 14.1%) and Greek affiliated (8.9% to 11.1%).

Seventy percent (70.3%) of directors reported their staff is required to be licensed, and 95.8% reported they are required to become licensed to continue practicing.

Sixty-nine percent (68.6%) of directors reported having a training program.

On average, transportation time to psychiatric hospitalization is 21 minutes (12 metro; 17 urban; 17 adjacent urban; 33 rural).

Counseling Center Director Demographics

In addition to AUCCCD, counseling center directors represent membership in 35 additional professional organizations, most prevalent in the American Psychological Association (47.1%), Center for Collegiate Mental Health (31.9%), American College Counseling Association (28.8%), and American College Health Association (26.6%).

Fifty-seven percent (57.0%) of directors reported their highest degree as Ph.D., 25.1% as Master's degree, 11.5% as Psy.D., 2.5% as Ed.D., .8% as M.D. Six-nine percent (68.5%) are a licensed psychologists.

Female directors continue to increase as the majority (62.2%).

Directors represent diverse racial/ethnic backgrounds that include White (82.2%), Black (7.5%), Asian-American (3.7%), Latino/Latina (3.5%), multiracial (1.2%), and Native American (.2%).

Ten percent (10.4%) of directors identified as Gay, Lesbian, or Bisexual.

Twelve percent (11.8%) of counseling center directors serve as chief administrator over health services and 33.5% of integrated Centers.

The top three groups of directors when considering years of experience were 0-3 years (30.0%), 15 years and above (20.7%), and 4-6 years (18.4%).

More than half (53.4 %) of directors reported directly to a VP/AVP for Student Affairs and another 29.2% report to a Dean of Students.

Institutional Demographics

School Size: Category	Count	Percent
Under 1,500	54	10.4%
1,501 - 2,500	78	15.1%
2,501 - 5,000	93	18.0%
5,001 - 7,500	63	12.2%
7,501 - 10,000	39	7.5%
10,001 - 15,000	62	12.0%
15,001 - 20,000	30	5.8%
20,001 - 25,000	23	4.4%
25,001 - 30,000	30	5.8%
30,001 - 35,000	19	3.7%
35,001 and over	27	5.2%

School Status	Count	Percent
Four-year public university	176	34.0%
Four-year private college	143	27.6%
Four-year private university	85	16.4%
Four-year public college	61	11.8%
Two-year community college	20	3.9%
Professional School	8	1.5%
Art School (e.g. Culinary, Music, Design, etc.)	6	1.2%
Both Four-year public and private university	2	0.4%
Other (Specify Below)	17	3.3%

School Location	Count	Percent
Metropolitan Inner-City Campus	45	8.7%
Urban Campus - Inside a city or town	225	43.4%
Urban Adjacent Campus - Easy access to urban environment	116	22.4%
Rural Setting Campus - More distant access to urban environment	123	23.7%
Other	9	1.7%

How long (in minutes) does it take to transport a student to any meaningful form of psychiatric hospitalization?	Mean	Min	Max
Metropolitan Inner-City Campus	12	5	30
Urban Campus - Inside a city or town	17	1	150
Urban Adjacent Campus - Easy access to urban environment	17	3	60
Rural Setting Campus - More distant access to urban environment	33	1	240
Other (Specify Below)	17	10	30

	Yes	Percent
Is your college/university considered a historically black college or university?	12	2.3%
Is your college/university considered a Hispanic serving institution?	74	14.5%

	Yes	Percent
Does your college/university provide domestic partner benefits?	351	73.0%
Does your college/university include sexual orientation in its nondiscrimination statement?	462	92.8%

What percentage of your student body lives on-campus?				
	Count	Mean	Minimum	Maximum
Under 1,500	54	67	0	100
1,501 - 2,500	78	62	0	100
2,501 - 5,000	93	49	0	98
5,001 - 7,500	63	31	0	95
7,501 - 10,000	39	41	0	99
10,001 - 15,000	62	32	0	95
15,001 - 20,000	30	34	0	82
20,001 - 25,000	23	24.	0	54
25,001 - 30,000	30	20	0	75
30,001 - 35,000	19	17	7	25
35,001 and over	27	22	6	38

Director Demographic

Total Years as a Director	Count	Percent
0-3 years	155	30.0%
4-6 years	95	18.4%
7-9 years	80	15.5%
10-12 years	48	9.3%
13-15 years	31	6.0%
15+ years	107	20.7%
Total	516	99.61%

Directors' Gender Identity	Count	Percent
Female	317	62.2%
Male	192	37.6%
Transgender	0	0.0%
Self-Identify	1	0.2%

	Directors by Years and Gender Identity							
	Female		Male		Transgender		Other	
	Count	Percent	Count	Percent	Count	Percent	Count	Percent%
0-3 years	101	31.9%	50	26.0%	0	0.0%	1	100.0%
4-6 years	63	19.9%	32	16.7%	0	0.0%	0	0.0%
7-9 years	47	14.8%	33	17.2%	0	0.0%	0	0.0%
10-12 years	31	9.8%	16	8.3%	0	0.0%	0	0.0%
13-15 years	15	4.7%	15	7.8%	0	0.0%	0	0.0%
15+ years	60	18.9%	46	24.0%	0	0.0%	0	0.0%

Directors' Sexual Orientation	Count	Percent
Gay man	19	3.8%
Lesbian	22	4.4%
Bisexual	11	2.2%
Heterosexual	446	89.6%

Director Racial/Ethnic Background	Count	Percent
African American/Black	39	7.5%
American Indian/Native American	1	0.2%
Asian American/Asian	19	3.7%
Latino/Latina	18	3.5%
White	424	82.2%
Multiracial	6	1.2%
Other	9	1.7%
Total	516	100.0

Directors' Citizenship Country	Count
United States	482
U.S./Other Nation (dual citizenship)	5
Canada	3
Australia	1
Austria	1
China	1
Japan	1
Mauritius	1
Norway	1
Trinidad and Tobago	1
U.S. Territories/Puerto Rico	1

Directors with Disability	Count
Attention Deficit/Hyperactivity Disorders	15
Deaf or Hard of Hearing	6
Learning Disorders	8
Mobility Impairments	2
Neurological Disorders	7
Physical/Health Related Disorders	7
Psychological Disorder/Condition	2
Visual Impairments	15
Other	0

Directors' Highest Degree	Count	Percent
Ph.D.	293	57.0%
Masters	131	25.1%
Psy.D.	59	11.5%
Ed.D.	13	2.5%
M.D.	4	0.8%
Other	16	3.1%

Other Director Degrees	Count	Percent
M.Ed.	4	.8%
Ed.S.	3	.6%
Masters of Nursing	1	.2%
MBA	1	.2%
DVM	1	.2%
D.S.W.	1	.2%

Directors' Professional Identity	Count	Percent
Counseling psychologist	165	32.0%
Clinical psychologist	148	28.7%
Professional counselor	101	19.1%
Social Work (MSW, LCSW, D.S.W)	45	8.7%
Administrator	24	4.7%
Other Mental health professional	9	1.7%
Marriage and family therapist	7	1.4%
Psychiatrist	4	0.8%
Nurse Practitioner	3	0.6%
Other licensed psychologist	3	0.6%
Nursing	1	0.2%
Other	5	2.1%

Other Professional Identities	Count	Percent
Psychotherapist	1	.2
Dean of Students	1	.2
Counselor Educator	1	.2
Counseling faculty member	1	.2
Approved Clinical Supervisor	1	.2

Directors' Licensure	Count	Percent
Psychologist	319	62.0%
Professional Counselor / Licensed Mental Health Counselor	119	23.1%
Social Work (MSW, LCSW, D.S.W.)	52	10.1%
Marriage and family therapist	7	1.2%
Other Mental health professional	5	1.0%
Psychiatrist	4	0.8%
Nurse Practitioner	3	0.6%
Nursing	2	0.4%
Other	4	.8%

Others Director Licensure	Count	Percent
Educational agency affiliated counselor	1	.2%
Licensed Clinical Addiction Counselor	1	.2%
Licensed Senior Psychological Examiner/ Health Service Provider	1	.2%
Not licensed at this time, completing hours	1	.2%

Licensure Requirements	Yes	Percent
Are counseling center professional staff required to be licensed to practice in you center?	360	70.3%
Are counseling center professional staff expected to become licensed in order to continue practicing in your center?	456	95.8%
Does your center provide to new staff the supervision required for licensure of mental health professionals in your state?	405	83.0%

Direct Report: Student Affairs Division	Count	Percent
Vice President/Associate VP/ Assistant VP	269	53.37%
Dean of Students/Assistant Dean/Associate Dean	147	29.17%
Director, Health Services	40	7.94%
Other (Specify Below)	48	9.52%

Other Director Report
Assistant Director, Academic Affairs
Assistant/Associate Vice Chancellor for Student Affairs
Assistant VP of Wellness and Sport
Associate Provost of Student Affairs
Associate Vice Chancellor of Wellness, Health and Counseling Services
Associate Vice Chancellor, Student Development
Dean of Spiritual Formation
Dean, College of Education
Deputy Provost
Director of Academic Resources
Director of Counseling Services
Director of Health and Recreation Services
Director of Student Achievement/Student Success/Student Development
Director of Student Development/Experience
Director/Executive Director/Dean of Wellness
Director, Integrated Center
Director, Support Services
Division of Health Science
Executive Director
Executive Director of Student Affairs and Director of Residential Life / Title III Director
Medical Director of Health System
President/Provost
Executive Director/Senior Director/Director of Health and Wellness
Vice Chancellor
Vice President for Finance, Administration, and Support
Vice President/Dean of Students (combined position)

Professional Organizations	Count	Percent
Association for University and College Counseling Center Directors (AUCCCD)	438	84.16%
American Psychological Association (APA)	244	47.1%
State-Level Professional Organization	202	39.0%
Center for Collegiate Mental Health (CCMH)	165	31.9%
American College Counseling Association (ACCA)	149	28.8%
American College Health Association (ACHA)	138	26.6%
National Association of Social Workers (NASW)	134	25.9%
Student Affairs Administrators in Higher Education (NASPA)	108	20.8%
American Psychological Association (APA) Division 17	125	24.1%
Jed Foundation	96	18.5%
Association of Psychology Postdoctoral and Internship Centers (APPIC)	94	18.1%
Association for the Coordination of Counseling Center Clinical Services (ACCCCS)	91	17.6%
Association of Counseling Center Training Agencies (ACCTA)	90	17.4%
Association for University and College Counseling Center Outreach (AUCCCO)	87	16.8%
American Psychiatric Association (APA)	60	11.6%
American College Personnel Association (ACPA)	54	10.4%
Commission for Counseling and Psychological Services (CCAPS)	53	10.2%
American Mental Health Counselors Association (AMHCA)	29	5.6%
American Medical Association (AMA)	22	4.2%
Higher Education Mental Health Alliance	10	1.9%

Other Professional Organizations
Academy of Pain Management
American Academy of Physicians Assistants (AAPA)
American Association of Marriage and Family Therapy (AAMFT)
American Association of Suicidology
American Counseling Association (ACA)
Association for Applied Psychophysiology and Biofeedback
Association of Black Psychologists (ABP)
Association for Contextual Behavioral Sciences (ACBS)
Association for Counselor Education and Supervision
Art Therapy Credentials Board
Coalition for Disability Access in Health Science and Medical Education
Canadian Association of College and University Student Services

Higher Education Case Manager's Association (HECMA)
The Japanese Association of Student Counseling (JASC)
National Board of Certified Counselors (NBCC)
Psychologists for Social Responsibility

Board Certification		
Are you Board Certified?	Yes	12.5%
If yes, please name certification board (e.g. ASPBB)	Count	Percent
American Board of Professional Psychology (ABPP)	13	2.4%
American Board of Psychiatry and Neurology	4	0.7%
American Board of Examiners in Clinical Social Work---ABE	10	1.8%
National Board of Certified Counselors (NBCC)	20	3.7%
American Nurses Credentialing Center	1	0.2%
American Psychotherapy Association	1	0.2%
APA Professional Psychology Proficiency in Treatment of Substance Use disorders	1	0.2%
Art Therapy Credentials Board	1	0.2%
Biofeedback Certification International Alliance	1	0.2%
Board of Behavioral Science	1	0.2%
Certified Clinical Mental Health Counselor	1	0.2%
Clinical Fellow and Approved Supervisor (AAMFT), Diplomate in Adlerian Psychology (NASAP), Diplomate in Clinical Social Work (NASW)	1	0.2%
College of Psychologists of British Columbia, Canadian Psychological Association	1	0.2%
Foundation of the Japanese Certification Board for Clinical Psychologists	1	0.2%
International Association of Counseling Services	1	0.2%
LCPC, NCC	1	0.2%
National association of social worker-academy of certified of social worker(ACSW)	1	0.2%
North Carolina Board of Licensed Counselors (NCLPC)	1	0.2%
PA Board of Certified Addictions Counselors	1	0.2%

	How many months of the year do directors work						
	8.0	9.0	9.5	10.0	10.5	11.0	12.0
Under 1,500		9.3%		27.8%	3.7%	7.4%	51.9%
1,501 - 2,500		6.6%	1.3%	14.5%		11.8%	65.8%
2,501 - 5,000		3.2%		9.7%	1.1%	6.5%	79.6%
5,001 - 7,500	1.6%	1.6%		4.8%		1.6%	90.3%
7,501 - 10,000		5.3%		5.3%		10.5%	78.9%
10,001 - 15,000		4.8%					95.2%
15,001 - 20,000				6.7%			93.3%
20,001 - 25,000							100.0%
25,001 - 30,000							100.0%
30,001 - 35,000							100.0%
35,001 and over						3.7%	96.3%

During the past academic year, what percentage of time is the counseling center director expected to work in the following area:	
	Mean Percent
Direct Service (Clinical)	37.69%
Indirect Service (Administrative)	48.91%
Other (Teaching, Professional Leadership)	11.71%
Lack Sufficient Information	.84%

Check all the services that meet your definition of direct clinical service to students provided by Counseling Services staff		
	Count	Percent
Individual/Couples/Group counseling	499	96.3%
Faculty/Staff consultation	265	51.2%
Campus outreach programs/workshops	247	47.7%
Record-keeping	115	22.2%
Classroom presentations	201	38.8%
Parent consultation	220	42.5%
Trainee supervision	211	40.7%
Staff supervision	154	29.7%
Career counseling	144	27.8%
Community outreach	113	21.8%
Career testing	60	11.6%

Counseling Center Demographics

Do you consider your center a "One-person Counseling Center"					
	Count	Percent	Mean Enrollment	Minimum Enrollment	Maximum Enrollment
Yes	39	7.6%	2377	104	12028
No	474	92.4%	11842	120	68310

Professional Staff Demographics					
	Mean	Minimum	Maximum	Sum	Percentage
Black/African American	1.04	0	9	387	10.2%
Indian/Native American	0.07	0	2	19	0.5%
Asian/Asian American	0.81	0	10	279	7.4%
Latino/Latina	0.77	0	18	254	6.7%
White	5.80	0	46	2730	72.2%
Multiracial	0.29	0	4	76	2.0%
Other Race/Ethnicity	0.17	0	2	38	1.0%
Male	2.14	0	27	1051	27.9%
Female	5.53	0	48	2713	72.0%
Transgender	0.01	0	2	6	0.1%
Gay	0.46	0	7	131	4.0%
Lesbian	0.64	0	5	195	5.9%
Bisexual	0.28	0	4	74	2.2%
Heterosexual	6.71	0	54	2911	87.9%
Diagnosed Disability	0.72	0	12	211	6.3%

Professional Staffing FTE			
	Minimum	Maximum	Sum
Clinical psychologist	0.10	24.40	1015.51
Counseling psychologist	0.46	19.90	843.84
Marriage and family therapist	0.38	7.00	84.90
Professional counselor	0.17	12.00	703.21
Social Work (MSW, LCSW)	0.10	16.00	496.74
Psychiatrist	0.02	8.00	166.85
Psychiatric Nurse Practitioner	0.03	3.40	43.60
Other mental health professional	0.08	4.00	87.00
TOTAL STAFF	0.50	50.00	3434.51

School Size	Does a Professional Support Staff position exist in your center			
	Yes		No	
	Count	Percent	Count	Percent
Under 1,500	15	28.8%	37	71.2%
1,501 - 2,500	52	67.5%	25	32.5%
2,501 - 5,000	67	73.6%	24	26.4%
5,001 - 7,500	45	72.6%	17	27.4%
7,501 - 10,000	34	87.2%	5	12.8%
10,001 - 15,000	53	91.4%	5	8.6%
15,001 - 20,000	28	96.6%	1	3.4%
20,001 - 25,000	20	87.0%	3	13.0%
25,001 - 30,000	29	100.0%	0	0.0%
30,001 - 35,000	18	94.7%	1	5.3%
35,001 and over	27	100.0%	0	0.0%

FTE Professional Support Staff Totals by School Size				
School Size	Yes Count	Minimum	Maximum	Mean
Under 1,500	15	0.25	2	0.86
1,501 - 2,500	52	0.19	2	0.88
2,501 - 5,000	67	0.25	2	1.08
5,001 - 7,500	45	0.25	2.08	1.21
7,501 - 10,000	34	0.5	4	1.53
10,001 - 15,000	53	0.75	5	1.86
15,001 - 20,000	28	1	6	2.76
20,001 - 25,000	20	1	5	2.54
25,001 - 30,000	29	1	7	2.73
30,001 - 35,000	18	1	6.75	3.39
35,001 and over	27	2	19	5.57

NEW HIRE: Professional Staff Demographics			
	Mean	Sum	Percent
Black/African American	1.07	59	12.2%
Indian/Native American	1.20	6	0.1%
Asian/Asian American	1.33	55	11.5%
Latino/Latina	1.13	34	7.1%
White	1.64	297	61.9%
Multiracial	1.05	21	4.4%
Other Race/Ethnicity	.94	8	1.7%
Male	1.25	122	26.2%
Female	1.74	340	73.1%
Transgender	1.00	3	0.1%
Gay	1.11	20	5.9%
Lesbian	1.00	15	4.4%
Bisexual	1.17	14	4.1%
Heterosexual	1.81	291	85.6%
Diagnosed Disability	1.06	19	

Did you have any NEW HIRES this past year?			
	Count	Percent	Sum
Yes	258	51.2%	
No	246	48.8%	
New Staff Total (Not FTE)			518
Total FTE Gained			271.3
Professional/Clinical		56.7%	153.9
Psychiatric Nurse Practitioner		1.0%	2.9
Psychiatrist		3.9%	10.5
Psychiatric Resident		0.1%	0.2
Professional/Non-Clinical		4.4%	12.0
Case Manager		5.3%	14.5
Support Staff		9.2%	24.9
Pre-Doctoral Intern		9.2%	24.9
Post Doc		4.6%	12.5
Other		6.6%	17.9

Did you lose any staff this past year?			
	Count	Percent	Sum
Yes	57	11.0%	
No	461	89.0%	
Total FTE Lost			69.5

Do the following positions exist in the center?		
	Count	Percent
Director	481	92.90%
Professional Staff	389	75.10%
Support Staff	384	74.10%
Assistant/Associate Director	238	45.90%
Psychiatrist	183	35.30%
Training Director	172	33.20%
Pre-Doctoral Interns	154	29.70%
Group Coordinator	133	25.70%
Coordinator	118	22.80%
Clinical Director	115	22.20%
Clinical Graduate Assistant	103	19.90%
Case Manager	88	17.00%
Post-Docs	84	16.20%
Non-Clinical Graduate Assistant	67	12.90%
Psychiatric Nurse Practitioner	58	11.20%
Psychiatric Resident	29	5.60%

Other Positions:
Academic Assistance Counselor
Accessibility/Disability Services Director/Coordinator/Advisor
AOD
Billing Coordinator
Clinical Referral Coordinator
Campus Advocate
Coordinator of eating disorder counseling services
Coordinator of LGBT counseling services
Coordinator of Multicultural Counseling

Crisis Counselor/Coordinator/Specialist
Dietitian/Nutritionist
Employment/Career Advisors
Family Nurse Practitioner
Health Educator/Promotions/Wellness
Medical Director
Military Services Coordinator
Non mental health faculty/staff member
Outreach Coordinator
Practicum Coordinator
Practicum/Intern/Extern/Fellow/Peer Helpers
Quality Analyst
Quality, Risk, & Patient Safety Manager
Referral Coordinator
Registered Nurses
Research Director
Sexual Assault/Victims Advocate Program Coordinator
Student-Athlete Services Coordinator/Provider
Student Success Counselor
Suicide Prevention coordinator
Test Coordinator/Administrator

Do you have a training program?		
	Count	Percent
Yes	348	68.6%
No	159	31.4%

If yes, is the training program APA accredited?		
	Count	Percent
Yes	94	38.4%
No	151	61.6%

Trainee FTE					
	Count	Mean	Min	Max	Sum
Practicum FTE:	182	1.37	.10	15.00	250.11
Pre-doctoral Psychology Intern FTE:	150	2.49	.19	8.68	373.83
Post-doctoral Psychologist FTE:	92	1.69	.19	5.00	155.52
Post-doctoral Psychiatric Resident FTE:	24	.48	.10	3.00	11.59
Social Work Intern FTE:	79	.87	.10	3.80	68.50
Counseling Intern FTE:	76	.97	.19	3.80	74.04
Marriage & Family Practicum/Internship FTE:	12	.53	.19	1.20	6.30
Clinical Graduate Assistant (Paid) FTE:	37	.89	.08	3.80	32.96
Masters Level Practicum/Internship FTE:	80	.94	.10	5.00	75.09
Other FTE:	30	1.07	.10	5.00	32.03
Sum of Pre-degree Trainee FTE	320	2.75	.10	19.00	880.83
Sum of Post-degree Trainee FTE	102	1.64	.10	5.50	167.11
Total Sum of Trainee FTE	333	2.48	.13	23.60	1089.16

Professional Staff and Trainee Total FTE	Min	Max	Sum	Mean
	0.50	57.44	4517.67	8.79

Paid Professional Staff Total by School Size and Status									
	2 Year College	Art School	Prof School	4-year public U	4-year public college	4-year private U	4-year private college	Both public and private	Other
< 1,5K	1.00	2.49	2.50	1.22	1.00	1.22	1.61		1.00
1.5K – 2.5K	1.00	3.48	1.63	1.13	2.75	2.41	3.09		2.11
2.5K – 5K		4.33	3.83	2.78	4.06	3.13	2.87		1.97
5K – 7.5K	2.47			3.68	3.88	4.87	5.73		4.61
7.5K – 10K	7.00			4.90	5.41	6.12			8.00
10K – 15K	1.85			7.36	7.36	10.59	8.80		
15K – 20K	1.45			10.08	9.72	13.80			
20K – 25K	2.80			10.95	10.46	15.20		26.20	
25K – 30K	2.25			12.78	7.10	24.41			9.00
30K – 35K				16.05	13.24	20.27			27.00
> 35K				23.46	23.43			23.90	

Trainee Staff Total by School Size and Status									
	2 Year College	Art School	Prof School	4-year public U	4-year public college	4-year private U	4-year private college	Both public and private	Other
< 1,5K		.38			1.40	.49	2.03		
1.5K – 2.5K	3.00	1.29			.95	1.13	1.68		1.56
2.5K – 5K		3.68	.44	2.53	2.11	1.23	1.43		1.89
5K – 7.5K	2.39			.93	1.12	2.61	.64		
7.5K – 10K				1.48	1.25	3.22			
10K – 15K				3.16	3.06	4.05	9.80		
15K – 20K				6.65	4.56	5.07			
20K – 25K	.60			4.41	5.99	9.42		2.00	
25K – 30K	3.60			5.27		5.66			4.50
30K – 35K				5.86	5.01	7.20			
> 35K				6.30	7.02			2.19	

Professional and Trainee Staff Total by School Size and Status									
	2 Year College	Art School	Prof School	4-year public U	4-year public college	4-year private U	4-year private college	Both public and private	Other
< 1,5K	1.00	2.58	2.50	1.22	1.70	1.45	2.12		1.00
1.5K – 2.5K	1.00	4.77	1.63	1.13	3.07	2.89	4.07		2.50
2.5K – 5K		8.01	4.13	4.34	5.12	3.76	3.71		3.11
5K – 7.5K	3.17			4.30	4.78	6.87	6.15		4.61
7.5K – 10K	7.00			5.75	6.66	8.75			8.00
10K – 15K	1.85			9.97	9.99	14.13	18.60		
15K – 20K	1.45			16.72	12.76	17.35			
20K – 25K	3.40			15.35	14.96	19.91		28.20	
25K – 30K	3.45			17.82	7.10	30.07			13.50
30K – 35K				21.91	18.25	23.87			27.00
> 35K				29.49	30.45			26.09	

Students to Clinical Staff Ratios									
			Percentile						
	Min	Max	1 st	5 th	25 th	50 th	75 th	95 th	99 th
Professional Clinical Staff	60	25000	324	502	952	1485	2059	3940	10979
Trainee and Clinical	60	25000	204	393	753	1134	1679	3269	7029

	Student : Professional Staff Ratio	Student : Professional Staff & Trainee Ratio
	Mean	Mean
Under 1,500	786	693
1,501 - 2,500	1010	889
2,501 - 5,000	1505	1274
5,001 - 7,500	1999	1620
7,501 - 10,000	1767	1564
10,001 - 15,000	2454	1973
15,001 - 20,000	2133	1660
20,001 - 25,000	2389	1769
25,001 - 30,000	3488	2517
30,001 - 35,000	2258	1653
35,001 and over	2306	1854

Student to Professional Staff Ratio by School Size								
	Max	Min	5 th %ile	25 th %ile	Mean	75 th %ile	95 th %ile	99 th %ile
Under 1,500	1502	60	263	461	786	1148	1482	1502
1,501 - 2,500	4200	376	422	578	1010	1100	2500	4200
2,501 - 5,000	4750	480	546	921	1505	1844	3900	4750
5,001 - 7,500	6540	613	854	1279	1999	2142	5500	6540
7,501 - 10,000	3835	864	950	1183	1767	2125	3008	3835
10,001 - 15,000	25000	465	830	1356	2454	1967	6014	25000
15,001 - 20,000	13753	950	956	1192	2134	2125	3260	13753
20,001 - 25,000	8662	834	888	1570	2389	2839	4349	8662
25,001 - 30,000	20887	735	1290	1789	3488	2980	11294	20887
30,001 - 35,000	5368	985	985	1742	2258	2509	5368	5368
Over 35,001	5277	865	1164	1717	2306	2927	3833	5277

Student to Professional Staff & Trainee Ratio by School Size								
	Max	Min	5 th %ile	25 th %ile	Mean	75 th %ile	95 th %ile	99 th %ile
Under 1,500	1502	60	200	414	693	934	1482	1502
1,501 - 2,500	4200	187	274	514	889	1094	2346	4200
2,501 - 5,000	4407	175	483	681	1274	1574	3240	4407

5,001 - 7,500	6387	445	695	969	1620	1843	3183	6387
7,501 - 10,000	5179	422	607	1051	1564	1895	2553	5179
10,001 - 15,000	25000	465	637	876	1973	1640	5278	25000
15,001 - 20,000	13753	518	612	849	1660	1368	2909	13753
20,001 - 25,000	7133	607	775	1139	1769	1899	3286	7133
25,001 - 30,000	11294	640	752	1161	2517	2562	8667	11294
30,001 - 35,000	2315	693	693	1445	1653	2104	2315	2315
Over 35,001	4820	753	909	1274	1854	2186	3833	4820

Percent of students served by race/ethnicity	Mean %
Black/African-American - Percent of your centers clients?	12.58
Black/African-American - Percent of your Student Body?	11.84
American Indian/Native American - Percent of your centers clients?	0.67
American Indian/Native American - Percent of your Student Body?	0.84
Latino/Latina - Percent of your centers clients?	7.26
Latino/Latina - Percent of your Student Body?	7.18
Asian/Asian American – Percent of your centers clients?	9.70
Asian/Asian American – Percent of your Student Body?	11.56
White - Percent of your centers clients?	64.34
White - Percent of your Student Body?	61.76
Multiracial - Percent of your centers clients?	4.80
Multiracial - Percent of your Student Body?	3.88
Other Race/Ethnicity - Percent of your centers clients?	3.39
Other Race/Ethnicity - Percent of your Student Body?	4.25

Percent of students served by disability status	Mean %
Diagnosed Disability - Percent of your centers clients?	12.19
Diagnosed Disability - Percent of your Student Body?	12.18

Percent of students served by gender	Mean %
Male - Percent of your centers clients?	33.68
Male - Percent of your Student Body?	42.71
Female - Percent of your centers clients?	64.31
Female - Percent of your Student Body?	55.25
Transgender - Percent of your centers clients?	.87
Transgender - Percent of your Student Body?	.86

Percent of students served by sexual orientation	Mean %
Gay - Percent of your centers clients?	3.89
Gay - Percent of your Student Body?	7.42
Lesbian - Percent of your centers clients?	2.93
Lesbian - Percent of your Student Body?	6.70
Bisexual - Percent of your centers clients?	5.39
Bisexual - Percent of your Student Body?	6.83
Heterosexual – Percent of your centers clients?	79.15
Heterosexual – Percent of your Student Body?	74.25

Percent of students served by involvement	Mean %
International Student - Percent of your centers clients?	6.28
International Student - Percent of your Student Body?	8.20
Student Athlete - Percent of your centers clients?	9.33
Student Athlete - Percent of your Student Body?	14.07
Greek Affiliated - Percent of your centers clients?	8.93
Greek Affiliated - Percent of your Student Body?	11.13
Military Veterans - Percent of your centers clients?	1.87
Military Veterans - Percent of your Student Body?	3.57
Former Foster Youth - Percent of your centers clients?	1.45
Former Foster Youth - Percent of your Student Body?	2.25
Sexual Assault Survivors - Percent of your centers clients?	12.67
Sexual Assault Survivors - Percent of your Student Body?	12.20

Services, Policies, and Procedures

Which of the following areas represent an integral part of your Counseling Services mission?		
	Count	Percent
Direct Clinical Service	502	96.9%
Classroom/Campus Outreach	412	79.5%
Clinical Supervision and Training	356	68.7%
Staff/Faculty Training	303	58.5%
Committee Work	238	45.9%
Community Outreach	207	40.0%
Research	56	10.8%
Teaching	32	6.2%

Which of the following areas represent an integral part of your Counseling Services mission X school size								
School Size	Direct Service	Outreach	Training	Staff/Faculty Training	Committee Work	Comm. Outreach	Research	Teaching
Under 1500	94.4%	66.7%	42.6%	53.7%	40.7%	29.6%	9.3%	13.0%
1,501–2K	94.9%	76.9%	52.6%	52.6%	30.8%	43.6%	1.3%	5.1%
2,501–5K	96.8%	78.5%	63.4%	63.4%	38.7%	33.3%	8.6%	5.4%
5,001–7.5K	100.0%	88.9%	68.3%	61.9%	54.0%	42.9%	3.2%	4.8%
7,501–10K	100.0%	84.6%	74.4%	59.0%	56.4%	38.5%	10.3%	5.1%
10,001–15K	95.2%	79.0%	83.9%	54.8%	50.0%	41.9%	16.1%	6.5%
15,000–20K	96.7%	76.7%	73.3%	50.0%	36.7%	43.3%	16.7%	0.0%
20,001–25K	100.0%	87.0%	91.3%	47.8%	39.1%	43.5%	4.3%	4.3%
25,001–30K	100.0%	86.7%	83.3%	66.7%	63.3%	46.7%	16.7%	0.0%
30,001–35K	94.7%	68.4%	78.9%	63.2%	68.4%	47.4%	47.4%	15.8%
35,001+	96.3%	85.2%	96.3%	74.1%	63.0%	44.4%	22.2%	11.1%

How many months of the year is your center providing service?	Count	Percent
12.0	404	78.4%
11.5	1	.2%
11.0	13	2.5%
10.5	1	.2%
10.0	42	8.2%
9.0	49	9.5%
8.0	4	.8%
7.0	1	.2%

How many days of the week does your center offer services outside the normal 8am-5pm hours?	Count	Percent
0	241	46.5%
1	46	8.9%
2	49	9.5%
3	21	4.1%
4	43	8.3%
5	44	8.5%
6	2	.4%
7	61	11.8%

	How many months of the year did your center provide services?						
	8.0	9.0	9.5	10.0	10.5	11.0	12.0
Under 1,500		9.3%		27.8%	3.7%	7.4%	51.9%
1,501 - 2,500		6.6%	1.3%	14.5%		11.8%	65.8%
2,501 - 5,000		3.2%		9.7%	1.1%	6.5%	79.6%
5,001 - 7,500	1.6%	1.6%		4.8%		1.6%	90.3%
7,501 - 10,000		5.3%		5.3%		10.5%	78.9%
10,001 - 15,000		4.8%					95.2%
15,001 - 20,000				6.7%			100.0%
20,001 - 25,000							100.0%
25,001 - 30,000							100.0%
30,001 - 35,000							96.3%
35,001 and over						3.7%	100.0%

	Yes	Percent
Does your counseling center utilize students in your outreach strategy?	373	73.1%
Are students directly involved in your counseling centers strategic planning?	103	20.2%

	Does your counseling center utilize students in your outreach strategy?	Are students directly involved in your counseling centers strategic planning?
	Yes	Yes
Under 1,500	62.3%	15.4%
1,501 - 2,500	67.1%	15.6%
2,501 - 5,000	76.4%	14.3%
5,001 - 7,500	68.3%	17.7%
7,501 - 10,000	76.9%	34.2%
10,001 - 15,000	72.6%	22.6%
15,001 - 20,000	76.7%	30.0%
20,001 - 25,000	87.0%	17.4%
25,001 - 30,000	69.0%	17.2%
30,001 - 35,000	89.5%	22.2%
35,001 and over	85.2%	37.0%

	Student mental health organization?	Trained peer counselors?	Students provided gatekeeper training?
	Yes	Yes	Yes
Under 1,500	24.2%	19.4%	52.3%
1,501 - 2,500	40.9%	28.8%	47.0%
2,501 - 5,000	34.0%	21.1%	44.7%
5,001 - 7,500	38.0%	24.5%	56.5%
7,501 - 10,000	51.4%	42.1%	68.4%
10,001 - 15,000	55.1%	42.9%	55.3%
15,001 - 20,000	56.8%	35.1%	73.0%
20,001 - 25,000	67.7%	25.0%	56.7%
25,001 - 30,000	58.3%	22.7%	73.9%
30,001 - 35,000	76.9%	46.2%	61.5%
35,001 and over	95.8%	62.5%	83.3%

	Yes	Percent
Does your campus have a student mental health student organization?	289	56.2%
Are there trained peer counselors on your campus?	174	34.0%
Are students provided gatekeeper training on your campus?	288	57.8%

Does your center have an "embedded" or "counselor in residence" position (e.g. in academic department; residence hall)		
	Count	Percent
Yes	35	6.8%
No	479	93.2%

	Does your center have an "embedded" or "counselor in residence" position (e.g. in academic department; residence hall)?	
	Yes	
Under 1,500		2.9%
1,501 - 2,500		2.9%
2,501 - 5,000		0.0%
5,001 - 7,500		2.9%
7,501 - 10,000		2.9%
10,001 - 15,000		8.6%
15,001 - 20,000		11.4%
20,001 - 25,000		20.0%
25,001 - 30,000		20.0%
30,001 - 35,000		5.7%
35,001 and over		22.9%

Is your center accredited by IACS?	Count	Percent
Yes	138	27.0%
No – not accredited	350	68.4%
No – accredited by another agency	24	4.7%

	Is your center accredited by IACS?			
	Yes		No	
	Count	Percentage	Count	Percent
Under 1,500	1	0.9%	49	98.0%
1,501 - 2,500	8	10.5%	69	89.5%
2,501 - 5,000	11	11.8%	82	88.2%
5,001 - 7,500	12	19.0%	51	81.0%
7,501 - 10,000	13	33.3%	26	66.7%
10,001 - 15,000	26	41.9%	36	58.1%
15,001 - 20,000	13	43.3%	17	56.7%
20,001 - 25,000	12	52.2%	11	47.8%
25,001 - 30,000	15	50.0%	15	50.0%
30,001 - 35,000	10	52.6%	9	47.4%
35,001 and over	17	63.0%	10	37.0%

"Yes" – Reasons	Count	Percentage
Quality Assurance / external validation / standard of practice / compliance with national standards	94	68.6%
IACS aids in arguments for staff and other funding increases	12	8.8%
Valued / respected by administration / supervisor	10	7.3%
Enhance credibility / status on campus	6	4.4%
Evidence of commitment to international standards	4	2.9%
National recognition/prestige	3	2.2%
Other	8	5.8%

"No" – Reasons	Count	Percentage
Small center	57	15.6%
Not required / not interested / never applied	53	14.5%
Application in process - planning in upcoming years	45	12.3%
Not applying as do not see center as meeting minimum standards	37	10.1%
Cost	29	7.9%
Other	27	7.4%
Don't see benefit to accreditation	24	6.6%
Lack of support by administration / not valued by administration	20	5.5%
Not enough time to complete	19	5.2%
Single Person Center	17	4.7%
New Director, do not know about IACS	12	3.3%
Brand new center	1	0.3%

Is your center currently involved in the Center for Collegiate Mental Health?	Count	Percent
My center is currently involved with CCMH	114	31.0%
My center plans to be involved with CCMH	35	9.5%
My center may decide to be involved with CCMH	103	28.0%
My center does not plan to be involved with CCMH	22	6.0%
I do not know enough about CCMH to be able to say.	94	25.5%

If involved with CCMH, does your center contribute clinical data?	Count	Percent
Yes	74	64.9%
No	40	35.1%

CCMH Involvement by School Size				
	My center is currently involved with CCMH	My center may decide to be involved with CCMH	My center does not plan to be involved with CCMH	I do not know enough about CCMH
Under 1,500	12.2%	32.7%	16.3%	34.7%
1,501 - 2,500	25.4%	26.9%	6.0%	40.3%
2,501 - 5,000	24.7%	28.4%	6.2%	28.4%
5,001 - 7,500	33.3%	29.4%	2.0%	25.5%
7,501 - 10,000	20.0%	40.0%	8.0%	12.0%
10,001 - 15,000	42.9%	20.0%	2.9%	14.3%
15,001 - 20,000	64.7%	23.5%	0.0%	5.9%
20,001 - 25,000	40.0%	30.0%	0.0%	10.0%
25,001 - 30,000	35.7%	35.7%	0.0%	21.4%
30,001 - 35,000	66.7%	11.1%	11.1%	11.1%
35,001 and over	80.0%	10.0%	0.0%	0.0%

If Involved with CCMH, does your center contribute data?				
	Yes	Percent	No	Percent
Under 1,500	4	33.3%	8	66.7%
1,501 - 2,500	11	47.8%	12	52.2%
2,501 - 5,000	16	57.1%	12	42.9%
5,001 - 7,500	11	45.8%	13	54.2%
7,501 - 10,000	2	20.0%	8	80.0%
10,001 - 15,000	9	56.3%	7	43.8%
15,001 - 20,000	7	63.6%	4	36.4%
20,001 - 25,000	3	60.0%	2	40.0%
25,001 - 30,000	2	33.3%	4	66.7%
30,001 - 35,000	5	83.3%	1	16.7%
35,001 and over	4	44.4%	5	55.6%

If your center uses a suicide prevention protocol, please indicate which best describes what you do		
	Count	Percent
QPR	169	30.2%
Campus Connect	47	8.4%
Ask Listen Refer	29	5.2%
Applied Suicide Intervention Skills Training (ASSIST)	23	4.1%
At-Risk for University and College Faculty (Kognito)	46	8.2%
Mental Health First Aid	66	11.7%
Collaborative Assessment and Management of Suicidality	38	6.8%
Locally developed model	108	19.3%
Other	36	6.4%

Other suicide prevention models
ABC - CPR Model
Adaptation of ones above
American Foundation for Suicidality and Jed Foundation protocols
AMSR Guidelines
C-SSRS
Columbia Suicide Severity Risk Screening
Combination of a variety of protocols
Dialectical Behavior Therapy assessment tool
Individual interview and assessment
JED program
Jesuit Higher Ed Model

Locally developed model called "Be That One".
Notice and Respond
Partner with Hope 4 Utah
ProtoCall
Recognizing and Responding to Suicide Risk
SafeTalk
Spanish suicide gatekeeper training developed
Standard psychological clinical assessment
Starting to use the Columbia Suicide Severity Rating Scale
Step Up & Speak Up
Student Support Network
Voluntary mental health awareness training for faculty and staff
We used Campus Connect, but are moving to QPR

If your center uses an Alcohol/AOD prevention program please indicate which best describes what you do, check all that apply.	Count	Percent
AlcoholEDU for College	118	20.3%
MyStudentBody.com	24	4.1%
Alcohol Skills Training Program (ASTP)	8	1.4%
Campus Clarity (Think About It)	52	9.0%
BASICS	162	27.9%
Choices	38	6.6%
eCheckup to go (ECHUG)	127	21.9%
Other (specify below)	51	8.8%

Other AOD Prevention Programs
360 Proof : NASPA Collaboration
3rd Millennium Classrooms Alcohol-Wise
Alcohol 360
Alcohol Wise
College Drinkers Check-Up
CORE Substance use surveys
eTOKE
PRIME For Life
Red Watch Band
Thrive
TIPS
AOD Recovery Support Group

Clinical Staff Work Distribution	Mean %
Direct Service (Individual/group counseling, intakes, assessment, crisis intervention, community based services)	
Indirect Service (Supervision, RA/peer/clinical training, consultation, case conferences, case notes and outreach)	
Administrative Service (Staff business meetings, committee work, center management, and professional development)	
Other (Research, teaching, etc.)	
Direct Clinical Service – Expected	62%
Direct Clinical Service – Actual	61%
Indirect Clinical Service – Expected	22%
Indirect Clinical Service – Actual	22%
Administrative Service – Expected	13%
Administrative Service – Actual	14%
Other – Expected	3%
Other – Actual	3%

	Direct Clinical Service		Indirect Clinical Service		Administrative Service		Other	
	<i>Expected</i>	<i>Actual</i>	<i>Expected</i>	<i>Actual</i>	<i>Expected</i>	<i>Actual</i>	<i>Expected</i>	<i>Actual</i>
	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean
Under 1,500	65%	66%	17%	16%	13%	14%	4%	4%
1,501 - 2,500	66%	68%	20%	19%	12%	12%	2%	1%
2,501 - 5,000	62%	64%	22%	22%	12%	12%	3%	2%
5,001 - 7,500	59%	59%	23%	22%	13%	15%	4%	4%
7,501 - 10,000	64%	63%	22%	23%	10%	11%	4%	3%
10,001 - 15,000	61%	56%	20%	22%	15%	19%	4%	3%
15,001 - 20,000	60%	60%	23%	22%	13%	14%	4%	4%
20,001 - 25,000	59%	56%	25%	28%	14%	15%	3%	2%
25,001 - 30,000	61%	59%	24%	26%	13%	13%	2%	2%
30,001 - 35,000	59%	55%	22%	25%	12%	14%	8%	6%
35,001 and over	60%	56%	26%	29%	11%	12%	3%	3%

What is your Counseling Center's Proximity to Health Services	Count	Percent
Across campus	168	33.1%
Adjacent, but separate space in shared building	132	26.0%
Shared floor/suite in same building	104	20.5%
Adjacent, but separate building	61	12.0%
My campus does not have Health Services	43	8.5%

Are Counseling and Health Services Administratively Integrated	Count	Percent
Yes	139	27.9%
No	359	72.1%

If Yes, Who is the Chief Administrator?	Count	Percent
Director, Counseling Services	59	33.5%
Executive Director/Assist./Assoc. Vice President (not joint appointment with Director)	36	21.2%
Director, Health Services	33	19.4%
Student Affairs Administrator	16	9.4%
Academic Affairs Administrator	2	1.2%
Other (Specify Below)	26	15.3%

If Other, Who is it?
Assistant Dean of Students for Wellness
Both Director of Counseling and Director of Health
Co-Directors Director of Health Services & Director of Counseling Services
Co-directors with Medical Director
Director Counseling and Health
Director of Counseling and Health Care
Director of Health and Wellness
Director, Campus Wellness and Support Services
Director, Health and Counseling Services

Executive Director-reports to VP of Student Affairs
Executive Director, Student Health. Medical Services, Counseling Services, Health Promotion and Admin/Insurance all fall under Student Health.
Health and Wellness Services Director
Health services is outsourced (administrator not an employee of the university)
Joint appointment Director Student Health and Counseling Services
Off campus provider
We have a Director above the Manager of Counseling Services and the Manager of the Health Clinic
Sort of a combined effort. For operations/admin, chief admin is the senior director of wellness. For clinical services, the Director of Counseling. Both are direct reports to the AVP of Wellness and Sport.
Medical Director
Refer to previous answer
Director of Health Services and Director of Counseling & Psychological Services both report to higher level administrator

If Executive Director/AVP, What Is Their Professional Background?	Count	Percent
Medical	36	34.3%
Mental Health	33	31.4%
Public Health	11	10.5%
Spiritual Life/Divinity/Ministries	1	1.0%
Other (Specify Below)	24	22.9%

Other Professional Backgrounds
Accounting
Anthropology Professor
Business
College Student Affairs
Counseling
DC, ED
Ed.D.
Education
Executive Director of Student Wellness oversees Health, Counseling, and Disability Support Services - Posses an MBA with extensive experience in University Health and Counseling Services-
Health Administration

Higher Education
Hospital Administration
M Ed (not clinical)
Math, university administration
Podiatry
Refer to previous answer
Social Worker
Student affairs
Student Life
Vice President of Student Affairs has graduate business degree

Shared by Counseling and Health Services		All Centers (N=518)		Integrated Centers (n=139)	
		Count	%	Count	%
Outreach initiatives	Yes	149	28.8%	92	66.2%
Student Health/Mental Health fee	Yes	136	26.3%	81	58.3%
Formal screening and referral process	Yes	118	22.8%	63	45.3%
Support staff	Yes	108	20.8%	66	47.5%
Psychiatric services	Yes	104	20.1%	59	42.4%
Reception desk	Yes	102	19.7%	60	43.2%
Marketing materials	Yes	100	19.3%	76	54.7%
Waiting room	Yes	91	17.6%	56	40.3%
Electronic record-keeping system	Yes	89	17.2%	65	46.8%
Webpage	Yes	85	16.4%	71	51.1%
Learning outcomes and quality improvement initiatives	Yes	63	12.2%	59	42.4%
Student Health/Mental Health History form	Yes	39	7.5%	29	20.9%
Case Manager	Yes	24	4.6%	17	12.2%
Third-party billing system	Yes	16	3.1%	13	9.4%

Are psychiatric services available on your campus?	Count	Percent
Yes, located in the counseling center only	186	36.3%
No access to psychiatrists except as a private referral	153	29.8%
Yes, located in the student health center only	82	16.0%
Yes, located in both counseling and student health Centers	44	8.6%
No, but we contract with outside psychiatric providers and pay fee	12	2.3%
Yes, in other places on campus	3	0.6%
Other (Specify Below)	33	6.4%

Other Psychiatric Services
At Health Center and off-campus
Contract with outside psychiatrist and pay fee only when student is being required to have a psychiatric assessment.
Family Nurse Practitioner treats mild to moderate anxiety and depression; we refer off-campus for anything else.
Health Services provides mental health assessment and treatment with family practice physician/ARNP
Health services provides very limited psychiatric services, others are referred into the community
Local mental health center
Located in Student Health, but reports to Director of Counseling
Located in the counseling center and through the university medical center
No psychiatrists are on island.
No access provided by referral to public and private health
No, but we collaborate with psychiatric providers located on our main campus (The Ohio State University, Columbus campus) at no cost to students
No, but we do have relationships with psychiatrists in the community
No, but, we have an MOU with the town's Health Services department and refer students there for free assessments from a psychiatric nurse
No, we have MOUs with psychiatric providers but do not pay the fee; we have a Nurse Practitioner in our Wellness/Health Center
None on campus. We have one off-campus who contracts for a reduced, sliding scale for students. The rest are private referrals.
NP prescribes in Health Center and free psychiatric residents specifically for our students available immediately off campus
Our physician provides the only means of psychiatric care on campus - no local psychiatrist available

Psychiatry is administratively part of the Counseling Center but split between CAPS and Student Health locations because of space limitations.
Refer consistently to nearby university's psychiatrist
We are an integrated center in a shared space; we have a Psychiatric NP four days a week who serves our integrated team.
We are an integrated Wellness Center
We are not separate services; we have a psychiatrist and a part-time psychiatry consultant on staff
We contract with outside providers who come to campus to meet with students, but students are required to pay the psychiatrist directly. This service is not a part of their student health/counseling fee.
We contract with Tele-psychiatry services. Students pay using their own insurance and/ or out-of-pocket.
We currently have telehealth psychiatry through the University of MS Medical Center in Jackson, MS
We have a full time NP and part time GPs in the health center who provide as needed psychiatric evaluation and follow ups
Within Canada, psychiatric referral is included in students' healthcare coverage
Yes in a different location from Student Health-students use insurance and MD students only cannot see (dual roles)
Yes, in our integrated health center
Yes, in the Counseling Center and at the Medical Center in the hospital Emergency Room and in the outpatient/inpatient departments of Psychiatry
Yes, located in the counseling center and in other places on campus
Yes, we have a psychiatrist 8 hours a week that is contracted
Yes... Merged service, available for referral from Health Services or Counseling Services

How many weekly hours of psychiatric services are available to students										
Under 1,500	1,501 - 2,500	2,501 - 5,000	5,001 - 7,500	7,501 - 10,000	10,001 - 15,000	15,001 - 20,000	20,001 - 25,000	25,001 - 30,000	30,001 - 35,000	35,001 and over
Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean
9	5	14	16	23	19	44	56	51	69	83

How would characterize the number of available psychiatric hours?	Count	Percent
(1) Non-existent	121	25.3%
(2)	234	49.0%
(3) Exactly where we need them	108	22.6%
(4)	11	2.3%
(5) More than needed	4	0.8%

How would you characterize the number of psychiatric hours that are available on your campus?						
		(1) Non-existent.	(2)	(3) Exactly where we need them	(4)	(5) More than needed
Under 1,500	n	34	7	4	0	1
	%	73.9%	15.2%	8.7%	0%	2.2%
1,501 - 2,500	n	18	28	22	1	0
	%	26.1%	40.6%	31.9%	1.4%	0%
2,501 - 5,000	n	29	33	17	3	0
	%	35.4%	40.2%	20.7%	3.6%	0%
5,001 - 7,500	n	17	28	11	0	1
	%	29.8%	49.1%	19.3%	0.0%	1.8%
7,501 - 10,000	n	8	18	10	1	0
	%	21.6%	48.6%	27.0%	2.7%	0.0%
10,001 - 15,000	n	9	33	14	3	1
	%	15.0%	55.0%	23.3%	5.0%	1.7%
15,001 - 20,000	n	1	20	8	1	0
	%	3.3%	66.7%	26.7%	3.3%	0.0%
20,001 - 25,000	n	2	16	4	0	1
	%	8.7%	69.6%	17.4%	0.0%	4.3%
25,001 - 30,000	n	2	19	8	0	0
	%	6.9%	65.5%	27.6%	0.0%	0.0%
30,001 - 35,000	n	0	13	4	1	0
	%	0.0%	72.2%	22.2%	5.6%	0.0%
35,001 and over	n	1	19	6	1	0
	%	3.7%	70.4%	22.2%	3.7%	0.0%

Which record-keeping system does Counseling Services utilize?	Count	Percent
Titanium	310	61.0%
Paper / No electronic record-keeping system	90	17.7%
Point and Click	42	8.3%
Medicat	34	6.7%
Other (Specify Below)	24	4.7%
PyraMED	7	1.4%
EPIC	1	.2%

Other Record-keeping Systems
Advisortrac
Athena - contract in process
Avatar, Electronic Health Record
Datatel
DocuTrac
EAP EXPERT
EPIC
Electronic Health Records (Greenway)
Internal System
Onbase
Oracle Rightnow
Orbis
Practice Fusion
NextGen
TheraNest
Therascribe

Electronic Record-keeping Systems							
All Centers (N=518)				Integrated Centers (n=139)			
		Count	%		Count	%	
Counseling Services	Titanium	310	61.0%	Counseling Services	Titanium	50	36.2%
	Paper	90	17.7%		Point and Click	28	20.3%
	Point and Click	42	8.3%		Medicat	24	17.4%
	Medicat	34	6.7%		Paper	21	15.2%
	Other	24	4.7%		Other	9	6.5%
	PyraMED	7	1.4%		PyraMED	5	3.6%
	EPIC	1	.2%		EPIC	1	0.7%
Health Services	Paper	103	25.0%	Health Services	Point and Click	34	24.8%
	Point and Click	88	21.0%		Paper	33	24.1%
	Other	86	20.5%		Medicat	29	21.2%
	Medicat	85	20.2%		Other	26	19.0%
	PyraMED	37	8.8%		PyraMED	9	6.6%
	EPIC	13	3.1%		EPIC	5	3.6%
	Titanium	8	1.9%		Titanium	1	0.7%

Counseling and Health Services EMR System Combinations					
All Centers n=518			Integrated Centers N=136		
Health Services	Counseling Services	n	Health Services	Counseling Services	n
Other	Titanium	62	Point and Click	Point and Click	27
Paper	Titanium	48	Medicat	Medicat	23
Medicat	Titanium	48	Other	Titanium	17
Paper	Paper	46	Paper	Titanium	15
Point and Click	Titanium	45	Paper	Paper	15
Point and Click	Point and click	38	Other	Other	6
Medicat	Medicat	32	Point and Click	Titanium	5
PyraMED	Titanium	29	PyraMED	PyraMED	5
Other	Paper	16	Medicat	Titanium	5
Other	Other	10	PyraMED	Titanium	4
EPIC	Titanium	9	Other	Paper	4
PyraMED	PyraMED	7	EPIC	Titanium	3
Titanium	Titanium	4	Paper	Other	2
Medicat	Other	3	Point and Click	Paper	1
Titanium	Paper	2	Titanium	Titanium	1
Medicat	Paper	2	Medicat	Other	1
Other	Point and Click	2	EPIC	Paper	1
Point and Click	Other	2	EPIC	EPIC	1

Services Offered		Count	Percent
On-campus services: Personal counseling to all students	Yes	503	97.1%
On-campus services: Consultation	Yes	471	90.9%
On-campus services: Workshops	Yes	444	85.7%
On-campus services: Suicide prevention programming	Yes	427	82.4%
On-campus services: Couples counseling	Yes	407	78.6%
On-campus services: Therapy groups	Yes	367	70.8%
On-campus services: Structured groups	Yes	345	66.6%
On-campus services: Sexual assault prevention	Yes	281	54.2%

On-campus services: AOD prevention	Yes	254	49.0%
On-campus services: Psychiatry	Yes	240	46.3%
On-campus services: Sexual assault advocacy	Yes	236	45.6%
On-campus services: Career counseling to students	Yes	164	31.7%
On-campus services: Psychological testing and assessment	Yes	163	31.5%
On-campus services: Individual study skills counseling	Yes	127	24.5%
On-campus services: ADHD testing and assessment	Yes	117	22.6%
On-campus services: Biofeedback	Yes	108	20.8%
On-campus services: Study skills workshops	Yes	103	19.9%
On-campus services: Career testing to students	Yes	92	17.8%
On-campus services: Teaching (Staff member does not receive additional pay for teaching class)	Yes	81	15.6%
On-campus services: Family Therapy	Yes	77	14.9%
On-campus services: Yoga	Yes	70	13.5%
On-campus services: Learning Disabilities testing and assessment	Yes	61	11.8%

Service Fees	Count	Percent
Personal counseling	45	8.9%
Personal counseling, fee after certain number of sessions	35	7.0%
Couples counseling	47	9.3%
Family therapy	14	2.8%
Psychiatry	71	14.2%
Career counseling	12	2.4%
Career testing	27	5.4%
Therapy groups	31	6.2%
Structured groups	26	5.2%
Psychological testing and assessment	46	9.3%
ADHD testing and assessment	54	10.9%
Learning Disabilities testing and assessment	34	6.9%

100%	42	18	29	14	0
75%-99%	24	11	9	2	0
50%-74%	15	5	2	3	0
25%-49%	9	5	5	1	1
1%-24%	15	4	7	4	1
0%	64	16	80	47	0

If yes, your Center is supported by a mandatory fee, does the support come from a fee for:							
	Two-year community college	Art Schools	Professional Schools	Four-year public College/Univ.	Four-year private College/Univ.	Both	Other
Counseling Services	0	0	0	17	5	1	0
Health services	4	1	0	80	24	1	2
Student activities	4	3	2	42	48	0	4
Testing Services (not part of Counseling)	0	0	0	0	0	0	0
Other	1	0	1	17	15	0	1

Do you collect third party payments for counseling?	Count	Percent
Yes	14	2.8%
No	495	97.2%

Do you collect third party payments for counseling x School Status?							
	Two-year community college	Art Schools	Professional Schools	Four-year public College/Univ.	Four-year private College/Univ.	Both	Other
Yes	0	0	1	11	2	0	0
No	20	5	7	223	221	2	17
Gross Income:				\$703,000	\$10,000		

Has your center received funding from grants or contracts this past year?	Count	Percent
Yes	94	19.0%
No	400	81.0%

If yes, your center HAS received funding from grants or contracts this past year, estimate earnings:	Count
< \$1,000	11
\$1,000 - \$9,999	25
\$10,000 - \$25,000	16
\$30,000 - \$49,000	6
\$50,000 - \$99,999	7
\$100,00 – \$149,000	11
\$150,000 – \$200,000	3
>\$200,000	4
GRAND TOTAL	\$4,705,142

What has been the status of your centers budget in the past year? - <u>Salaries</u> (cost of living or merit):	Count	Percent
Decreased 7% or more	5	1.0%
Decreased 4 - 6%	8	1.6%
Decreased 1 - 3%	15	3.1%
Stayed the same	187	38.3%
Increased 1 - 3%	224	45.9%
Increased 4 - 6%	25	5.1%
Increased 7% or more	24	4.9%

What has been the status of your centers budget in the past year? - <u>Operating Budget</u>:	Count	Percent
Decreased 7% or more	34	7.0%
Decreased 4 - 6%	31	6.4%
Decreased 1 - 3%	30	6.2%
Stayed the same	287	59.1%
Increased 1 - 3%	70	14.4%
Increased 4 - 6%	17	3.5%
Increased 7% or more	17	3.5%

Do you limit the number of counseling sessions allowed a client?	Count	Percent
Yes	70	13.6%
Yes, flexible	192	37.4%
No	251	48.9%

Do you have waitlist clients waiting to receive ongoing treatment?	Count	Percent
Yes	177	34.6%
No	334	65.4%

	How many weeks in the year does your waitlist occur (mean)?	What was the maximum number of clients on the waitlist during the year (mean)?
Under 1,500	19	17
1,501 - 2,500	8	14
2,501 - 5,000	12	19
5,001 - 7,500	11	38
7,501 - 10,000	13	41
10,001 - 15,000	12	33
15,001 - 20,000	17	57
20,001 - 25,000	14	56
25,001 - 30,000	23	65
30,001 - 35,000	20	70
35,001 and over	19	66

Have all waitlist clients received a complete intake?	Count	Percent
Yes	100	56.8%
No	66	43.2%

If you have a waitlist who retains responsibility for clients on the waitlist?	Count	Percent
The triage person retain clinical responsibility for disposition of the client	42	22.3%
A case manager is clinically responsible for disposition of the client	6	3.2%
A staff team is clinically responsible for disposition of the client	46	24.5%
A Clinical Director or other individual is clinically responsible for disposition of the client	74	39.4%
Other	20	10.6%

Do you provide telepsychology provision of clinical services?		
	Count	Percent
Yes	45	9.1%
No	451	90.9%

Description of Telepsychology services
Two counselors are Distance Counseling Certified trained in phone, skype and video modalities
For distance students in the state on clinical rotations. Must have had in-person assessment and be determined to be eligible for the telepsychology service by clinician discretion. Currently phone only available.
Initial contact (triage) available by phone Crisis intervention and consult available by phone
Our affiliated hospital provides a telehealth service which he have begun to use for psychiatric visits and psychotherapy
Our center piloted TAO - Therapy Assisted Online. However, lack of student interest resulted in our center not moving forward with this initiative.
Pilot program with NorthWell Hospital System
Piloting the Silvercloud program
ProtoCall Services for after-hours crisis counseling.
TAO-focuses on psychoeducational treatment of anxiety and depression with video conferencing
We began a pilot of a teletherapy connection with a branch campus. We have a remote office equipped for teletherapy services and use ZOOM to connect with main campus students who are studying remotely. We have only engaged in 4 pilot session in the past year and are re-evaluating the program and marketing to increase utilization. We have also conducted workshops for the branch campus using this medium.
We developed and offer on our web-site to students free, self-paced psychoeducation via online workshops in academic anxiety and stress management. This is in addition to a variety of online resources (mp3 files etc) in stress management. WE do not offer online psychotherapy or consultation.
We offer it through Canvas, to students at our regional campuses. However, we have never had anyone actually use it.
We offer online assessment tools, mental health issue specific information, and other resources through our website

Crisis hotline availability			
		Count	Percent
Is there an active crisis hotline available in your community that students can use?	Yes	438	89.4%
	No	52	10.6%
Is there an active crisis hotline available provided by your campus students can use?	Yes	206	42.1%
	No	283	57.9%

Has your center transitioned away from the DSM-V to the ICD-9/ICD-10?		
	Count	Percent
No. We do not use either	183	37.7%
No. We will continue to use the DSM	207	42.7%
Yes. We are beginning the transition	50	10.3%
Yes. We made the transition and are now using the ICD-9/ICD-10	45	9.3%

Clinical Service Rates

Does your center's evaluation form include a question that asks students if counseling has helped with their academic performance?	Count	Percent
Yes	365	74.3%
No	126	25.7%
If yes, what percentage responded positively?		70.8%

How many sessions of individual therapy. . .						
	n	Mean	Min	Max	Sum	%
...did your center provide?	436	3727	5	30283	1625198	79.6%
...did clients not show for?	341	456	0	4753	155705	7.6%
...did clients cancel?	316	357	0	6919	112784	5.5%
...did clients reschedule?	277	323	0	11685	89438	4.4%
...did counselors cancel or reschedule?	279	212	0	8329	59272	2.9%

How many sessions of group therapy. . .						
	n	Mean	Min	Max	Sum	%
...did your center provide?	357	401	0	7216	143116	78.4%
...did clients not show for?	216	94	0	2383	20301	11.1%
...did clients cancel?	203	69	0	1224	13921	7.6%
...did clients reschedule?	187	5	0	167	973	0.5%
...did counselors cancel or reschedule?	198	21	0	485	4162	2.3%

Individual Therapy Show Data					
	How many sessions of individual therapy did you provide?	How many sessions of individual therapy did client not show for?	How many sessions of individual therapy did client cancel?	How many sessions of individual therapy did client reschedule?	How many sessions of individual therapy did counselors cancel or reschedule?
Institution Size	Mean	Mean	Mean	Mean	Mean
Under 1,500	892	133	59	41	396
1,501 - 2,500	1599	194	162	86	58
2,501 - 5,000	1924	247	170	135	93
5,001 - 7,500	2251	272	227	189	116

7,501 - 10,000	2954	370	232	209	131
10,001 - 15,000	4466	663	481	349	315
15,001 - 20,000	5340	723	490	416	334
20,001 - 25,000	7765	661	427	417	229
25,001 - 30,000	7009	855	487	1075	278
30,001 - 35,000	9369	920	653	675	391
35,001 and over	12609	1169	1561	1136	597

Group Therapy Show Data					
	How many sessions of individual therapy did you provide?	How many sessions of individual therapy did client not show for?	How many sessions of individual therapy did client cancel?	How many sessions of individual therapy did client reschedule?	How many sessions of individual therapy did counselors cancel or reschedule?
Institution Size	Mean	Mean	Mean	Mean	Mean
Under 1,500	11	3	1	0	0
1,501 - 2,500	69	8	6	1	4
2,501 - 5,000	50	8	6	1	2
5,001 - 7,500	119	15	17	1	2
7,501 - 10,000	247	42	23	5	7
10,001 - 15,000	256	71	83	2	14
15,001 - 20,000	711	115	123	5	32
20,001 - 25,000	748	147	128	9	37
25,001 - 30,000	717	193	92	2	31
30,001 - 35,000	1454	573	210	32	99
35,001 and over	2454	368	319	25	119

Utilization Rates Overview	Mean	Minimum	Maximum	Sum
How many students did your center serve this past year?	882	29	8608	411040
What is the total number of sessions provided by your center (NOT including medication management)?	4447	121	34660	2112202
What is the total number of sessions provided by your center (including medication management)?	4789	121	41195	2274912

What is the average number of sessions per client?	5.48	1.94	14.52	N/A
How many total student group contacts did your center provide last year (12 student attending one group = 12)?	551	0	6868	153081
What percent of your student body did your center serve this past year?	11.01	.14	83.33	N/A

Number of students served by school size				
Institution Size	Mean	Median	Minimum	Maximum
Under 1,500	192	177	38	447
1,501 - 2,500	297	251	29	990
2,501 - 5,000	392	313	46	1300
5,001 - 7,500	505	450	40	1505
7,501 - 10,000	657	620	68	1401
10,001 - 15,000	1006	903	125	2369
15,001 - 20,000	1414	1399	226	3014
20,001 - 25,000	1632	1350	503	4156
25,001 - 30,000	1770	1594	321	4861
30,001 - 35,000	2108	1713	979	4370
35,001 and over	3278	2956	1473	8606

	What is the total number of sessions? (Not including medication management sessions)?		What is the total number of sessions? (Including medication management)?	
	Mean	Median	Mean	Median
Under 1,500	959	818	971	818
1,501 - 2,500	1698	1421	1767	1502
2,501 - 5,000	2036	1783	2098	1832
5,001 - 7,500	2534	2117	2705	2212
7,501 - 10,000	3276	3081	3478	3456
10,001 - 15,000	4969	4527	5458	4902
15,001 - 20,000	6999	6817	7505	7593
20,001 - 25,000	8339	6288	9236	7111
25,001 - 30,000	8704	7599	9683	8450
30,001 - 35,000	11287	9518	12235	9535
35,001 and over	16573	15030	17774	16293

Number of group contacts by school size (12 student attending one group = 12)				
	Mean	Median	Minimum	Maximum
Under 1,500	69	23	0	569
1,501 - 2,500	113	45	0	505
2,501 - 5,000	119	35	0	960
5,001 - 7,500	210	81	0	1398
7,501 - 10,000	306	183	10	1906
10,001 - 15,000	493	258	0	2806
15,001 - 20,000	865	913	6	2208
20,001 - 25,000	866	601	0	2386
25,001 - 30,000	1022	855	10	4881
30,001 - 35,000	1530	923	100	6124
35,001 and over	2553	2436	184	6868

Percent of student body served by school size					
	Count	Mean	Median	Minimum	Maximum
Under 1,500	54	22.58	18.67	.14	83.33
1,501 - 2,500	78	14.59	13.46	2.00	45.00
2,501 - 5,000	93	12.17	9.56	2.68	44.11
5,001 - 7,500	63	8.41	7.37	2.26	23.89
7,501 - 10,000	39	7.75	7.35	3.20	14.44
10,001 - 15,000	62	8.05	7.51	1.09	18.85
15,001 - 20,000	30	9.92	9.34	3.25	23.81
20,001 - 25,000	23	7.43	6.00	2.07	19.02
25,001 - 30,000	30	6.88	6.01	1.82	18.78
30,001 - 35,000	19	6.52	5.43	3.25	12.86
35,001 and over	27	7.17	5.87	3.60	19.90

Average number of sessions by school size					
	Count	Mean	Median	Minimum	Maximum
Under 1,500	54	5.86	5.40	3.00	14.52
1,501 - 2,500	78	5.91	5.60	1.95	10.40
2,501 - 5,000	93	5.98	5.49	2.20	14.50
5,001 - 7,500	63	5.33	4.93	1.94	13.00
7,501 - 10,000	39	5.03	5.00	2.82	9.00
10,001 - 15,000	62	5.44	5.30	3.00	8.70

15,001 - 20,000	30	4.97	5.00	2.61	7.00
20,001 - 25,000	23	4.84	4.50	2.50	7.00
25,001 - 30,000	30	5.28	5.09	2.00	8.20
30,001 - 35,000	19	5.08	5.00	3.00	8.71
35,001 and over	27	4.77	4.82	2.50	7.00

Over the past year, has the severity of student mental health concerns and related behavior on your campus risen or decreased?		
	Count	Percent
Risen	359	73.1%
Decreased	7	1.4%
Unsure	125	25.5%

On what evidence do you base your response to the previous question (Rank Order)?			
		Count	Percent
Mental health staff data	1	217	53.7%
	2	92	22.8%
	3	54	13.4%
	4	39	9.7%
Campus staff experience	1	71	17.4%
	2	92	22.6%
	3	97	23.8%
	4	144	35.4%
Student of concern reports	1	60	14.7%
	2	99	24.3%
	3	153	37.6%
	4	93	22.9%
Student self-report data	1	89	22.8%
	2	128	32.7%
	3	80	20.5%
	4	92	23.5%

Percent of Counseling Center Students with Presenting Concern		
	Mean %	Median %
Anxiety	47.34	47.00
Depression	40.13	40.00
Relationship issues	32.48	30.00
Taking psychotropic medication	26.08	25.00
Suicidal thoughts/behaviors	20.19	18.00
Had extensive or significant prior treatment histories	14.72	10.00
Engaging in self-injury	12.80	10.00
Alcohol abuse/dependence	10.58	8.00
Learning disability	8.77	5.00
ADD or ADHD	8.78	6.00
Sexual/physical assault/acquaintance rape	8.30	5.00
Substance abuse/dependence other than alcohol	7.66	5.00
Eating disorders	7.00	5.00
Issues of oppression (racism, sexism, homophobia, etc.)	8.70	3.00
Being "stalked"	2.33	1.00

Critical Incidents

Students Placed on <u>Leave Of Absence</u> for Psychological Reasons				
School Size	Among Entire Student Body		Among Counseling Center Clients	
	Mean # of Students	Total # of Students	Mean # of Students	Total # of Students
Under 1,500	4	117	3	90
1,501 - 2,500	10	244	7	166
2,501 - 5,000	10	301	6	161
5,001 - 7,500	14	260	8	150
7,501 - 10,000	32	287	9	72
10,001 - 15,000	22	239	9	97
15,001 - 20,000	78	701	27	133
20,001 - 25,000	68	136	53	160
25,001 - 30,000	57	284	15	59
30,001 - 35,000	120	480	71	354
35,001 and over	140	421	99	297
TOTAL		3470		1739

Students <u>Hospitalized or Transported</u> for Psychological Reasons				
School Size	Among Entire Student Body		Among Counseling Center Clients	
	Mean # of Students	Total # of Students	Mean # of Students	Total # of Students
Under 1,500	5	144	3	109
1,501 - 2,500	7	237	5	174
2,501 - 5,000	8	310	5	224
5,001 - 7,500	11	266	7	204
7,501 - 10,000	14	194	9	149
10,001 - 15,000	28	445	15	268
15,001 - 20,000	47	377	20	158
20,001 - 25,000	35	242	22	217
25,001 - 30,000	71	496	22	178
30,001 - 35,000	49	247	25	201
35,001 and over	99	592	37	297
TOTAL		3550		2179

Number of <u>Involuntarily Hospitalization Incidents</u> for Psychological Reasons				
School Size	Among Entire Student Body		Among Counseling Center Clients	
	Mean # of Students	Total # of Students	Mean # of Students	Total # of Students
Under 1,500	2	54	2	41
1,501 - 2,500	2	57	1	29
2,501 - 5,000	2	76	2	63
5,001 - 7,500	2	42	1	33
7,501 - 10,000	5	51	2	31
10,001 - 15,000	8	107	3	47
15,001 - 20,000	9	83	4	23
20,001 - 25,000	21	127	12	118
25,001 - 30,000	15	74	5	32
30,001 - 35,000	16	16	8	49
35,001 and over	60	239	26	102
TOTAL		926		568

Students <u>Involuntarily Hospitalized</u> for Psychological Reasons				
School Size	Among Entire Student Body		Among Counseling Center Clients	
	Mean # of Students	Total # of Students	Mean # of Students	Total # of Students
Under 1,500	2	48	2	42
1,501 - 2,500	1	27	1	19
2,501 - 5,000	1	37	1	41
5,001 - 7,500	1	29	1	19
7,501 - 10,000	4	45	2	22
10,001 - 15,000	4	48	2	20
15,001 - 20,000	4	26	2	12
20,001 - 25,000	16	81	8	71
25,001 - 30,000	8	15	3	11
30,001 - 35,000			4	11
35,001 and over	18	55	16	65
TOTAL		411		333

Students <u>Attempted Suicide</u>				
School Size	Among Entire Student Body		Among Counseling Center Clients	
	Mean # of Students	Total # of Students	Mean # of Students	Total # of Students
Under 1,500	2	48	1	32
1,501 - 2,500	2	47	1	39
2,501 - 5,000	2	61	2	51
5,001 - 7,500	3	48	2	36
7,501 - 10,000	2	15	1	5
10,001 - 15,000	9	110	3	28
15,001 - 20,000	19	95	8	33
20,001 - 25,000	18	54	6	29
25,001 - 30,000	5	9	7	20
30,001 - 35,000			11	21
35,001 and over	35	69	22	112
TOTAL		556		406

Students <u>Died By Suicide</u>				
School Size	Among Entire Student Body		Among Counseling Center Clients	
	Mean # of Students	Total # of Students	Mean # of Students	Total # of Students
Under 1,500	0	0	0	0
1,501 - 2,500		3	0	0
2,501 - 5,000		17		1
5,001 - 7,500		14		2
7,501 - 10,000	1	17		3
10,001 - 15,000	1	27		6
15,001 - 20,000	1	12	1	5
20,001 - 25,000	2	15		2
25,001 - 30,000	2	28		2
30,001 - 35,000	2	13		2
35,001 and over	3	39	1	6
TOTAL		185		29

Students <u>Died by Accident</u>				
School Size	Among Entire Student Body		Among Counseling Center Clients	
	Mean # of Students	Total # of Students	Mean # of Students	Total # of Students
Under 1,500		5		1
1,501 - 2,500		15		2
2,501 - 5,000		19		3
5,001 - 7,500	1	19		1
7,501 - 10,000	1	10		1
10,001 - 15,000	1	26		2
15,001 - 20,000	2	12	0	0
20,001 - 25,000	3	17		1
25,001 - 30,000	2	14	1	3
30,001 - 35,000	4	17		2
35,001 and over	4	48		1
TOTAL		202		17

Students <u>Died by Other Means</u>				
School Size	Among Entire Student Body		Among Counseling Center Clients	
	Mean # of Students	Total # of Students	Mean # of Students	Total # of Students
Under 1,500		6		2
1,501 - 2,500		4		1
2,501 - 5,000		15		3
5,001 - 7,500	1	18		3
7,501 - 10,000	1	13		4
10,001 - 15,000	1	13		3
15,001 - 20,000	2	12	0	0
20,001 - 25,000	3	3	0	0
25,001 - 30,000	3	18	0	0
30,001 - 35,000	4	7	0	0
35,001 and over	9	72	1	5
TOTAL		181		21

Target Population Outreach – Qualitative Assessment

In the following section we analyzed **1083 separate responses** which included over 13,000 words representing outreach approaches from a range of campuses. In each category campus counseling center directors were asked if the group was considered an **underserved population**, “what steps is your center taking to reach out to this group?” We summarize **themes** that emerge as counseling centers report on the most **common approaches to reaching specific groups**. We also include some **specific examples of new or interesting approaches** centers have developed on individual campuses. As elsewhere the parenthetical letter-number codes are provided for reference. Many of the themes that emerged were remarkably consistent with the previous year. **The most common efforts to reach underserved and at-risk populations across categories included:**

- **Staffing to match demographic(s)**
- **Targeted counseling and support groups**
- **Topical guest speakers and presenters**
- **Participation on committees/taskforces/student groups**
- **Increased publicity on-campus and via e-mail**

Black/African-American

Of those centers that did indicate specific steps taken (N=110), the most frequent responses included intentional **targeted outreach** by e-mail as well as hosting **events on racial stress, microaggressions, intersectionality, and mental health disparities**. This was reported as helpful across diverse groups. Centers also frequently reported **collaboration with other departments** including offices of multicultural affairs and **hiring new staff** who were African American and/or had expertise in working specifically with this population. A couple of centers reported attending academic department meetings as helpful to disseminating information about their resources.

American Indian/Native American

Of those centers that did report on specific steps taken (N=48), the most frequent responses included intentional **outreach** coupled with programs for all ALANA (African, Latino(a), Asian, and Native American) students. Several centers remarked that they did not keep statistics in this area and many noted the **difficulty of finding student groups** that either did not exist or had only a handful of members. Creation of **University-wide diversity teams** and opportunities to interact with students in non-clinical settings also emerged as a theme among some responses as in previous years, as well as presenting to first year students about programs.

Asian/Asian American

Of those centers that did indicate specific steps taken (N=74), the most frequent responses included **intentional outreach** with an emphasis on connecting to **existing student groups with large numbers of Asian or Asian American students**. Active **liaison relationships with international affairs offices** were also a prominent theme. A number of centers reported receiving additional **funding for new staff** with an Asian or Asian American background. One center reported “We make several attempts to reach out to underserved populations on our-campus through campus clubs/organizations and most especially work with our international student programs,” and “**We purposely reach out to student organizations to invite them to create and provide peer to peer activities during our various outreach programs.**”

Latino/Latina

Of those centers that did detail specific steps taken (N=86), the most frequent responses included **outreach activities** and working with other organizations. Specifically, several reports indicated counseling center staff **advocated for multicultural centers** on campus. As with other groups, a number of centers reported receiving additional **funding for new staff**, in this case benefiting from **bilingual staff** and **marketing in Spanish** especially. **Liaison relationships with Latino/Latina serving student organizations** also emerged as a theme. Other responses included “the center emphasizes confidentiality in an effort to increase the number of Latino Men seeking services,” and, “selected readings, invited speakers, and discussion to increase cultural understanding.”

White

Of those centers that did report on specific steps taken (N=11), which is usually very low each year, the themes that emerged most were related to **general outreach programs** that included this category, and specific responses ranged from “nothing specific to White students only” to “most recent hire was a Caucasian male”.

Multiracial

Of those centers that did indicate specific steps taken (N=42), the most frequent responses included **intentional outreach** with an emphasis on connecting to **existing student groups with large numbers of multicultural students**. Some centers reported activities such as, “marketing; collaborative efforts with departments that provide services to students of color; involvement of student government with our advisory group.” Active **liaison relationships** were also a prominent theme specifically, “heavy outreach focus to departments and organizations with strong involvement with this population, as was **training** for staff working in the counseling center. Responses to this question echoed the themes of responses to various cultural groups.

Other Race/Ethnicity

Of those centers that did respond to the question about specific steps taken (N=25), the most frequent responses included outreach to groups specific to each campus or a suggestion that this area had already been addressed in the multiracial category. One center reported, **“Liaison to relevant student organizations; active involvement in campus events regarding race; visibility and advocacy; attempts to diversify counseling center staff”** and another reported, **“outreach programs and other non-traditional psycho-educational programs with other supportive and academic units.”**

Male

Of those centers that did indicate specific steps taken (N=79), the most frequent responses included **Men’s groups** and active outreach to, and programming for, men. **Connecting with athletic departments and fraternities** also emerged as a theme. Several campuses spoke about the importance of **having a male therapist on staff**, and one said, **“In addition to framing services in non-pathologizing ways having a wide selection of waiting room magazines and materials.”** **Addressing possible negative stigmas** around therapy also emerged as a theme.

Female

The majority of centers did not provide a specific response on steps taken as **the overwhelming majority of centers do not consider females (and especially white females) an underserved population**. Of those centers that did indicated specific steps taken (N=7) the fewest of any subcategory, multiple centers reported working with **campus women’s centers** and one center reported **“specific programming for sororities”**.

Transgender

Of those centers that did indicate specific steps taken (N=74), the most frequent responses included **educating staff** about transgender issues, and **reading important articles on university counseling centers working with transgender students**. Many also reported creating referral partnerships with respected community providers.

Gay

Of those centers that did report on specific steps taken (N=72), the most frequent responses included **working with LGBT and gay student organizations**. Working with **LGBT resource centers** and providing outreach by email and support groups also emerged as an important theme. Some campuses provided **population specific support groups** and others encouraged student to participated in **general process groups**.

Lesbian

Of those centers that did indicate specific steps taken (N=66), the most frequent responses included working with student groups and **LGBTQ centers on campus**, and outreach which includes having **staff regularly attend public functions** that support issues around sexual orientation. **Safe Zone trainings** and committees also emerged as an important theme. One center reported: “We offer a LGBTQ support group... and several of our staff identify with and are active in the LGBTQ community. We also have a strong relationship with the town's... center for LGBTQ support and advocacy... we collaborate with them on workshops and events throughout the year.”

Bisexual

Of those centers that did speak to specific steps taken (N=54), the most frequent responses were **similar to those for working with lesbians**, included working with student groups and **LGBTQ student organizations and centers**. In this category several centers also reported **ally programs** were especially important. Several centers also noted they or their institutions did not track sexual orientation effectively enough to respond fully.

Heterosexual

The majority of centers did not provide a specific response on steps taken. As so few centers indicate specific steps taken (N=9), there were no consistent themes. Some centers did make note of the difficulty of capturing fluid sexuality.

Diagnosed Disability

The majority of centers did not provide a specific response on steps taken. Of those centers that did indicate report on steps taken (N=39), the most frequent responses reported most campuses work closely with their **disabilities service center** and many campuses have disability services reporting to the director of the counseling center. **Outreach and marketing** also plays an important role in responding to students with a diagnosed disability. More than one center also described some form of **presentations during student orientation** or other outreach programs. A few centers reported something similar to a “Living with Chronic Illness Group”.

International Student

Of those centers that did indicate specific steps taken (N=81), the most frequent responses included **working collaboratively with international student services**, though several centers reported on the challenges of getting international students in based “cultural issues” and described some **negative stigma regarding counseling and help seeking behaviors among international students**. The importance of forming relationships with international students emerged as important, and outreach to student organizations which helped reduce stigma is a common approach. The **tension between formality** as important to perceiving counseling staff as experts and **informality** important in overcoming perception of counseling as only for more serious issues also appears as a reoccurring tension as in previous years. One center reported they “**embedded counselors in international student residence hall.**”

Student Athlete

Of those centers that did indicate specific steps taken (N=51), the most frequent responses included regular **contact with athletic coaches** with an emphasis on collaboration and information sharing with the staff in athletics. **Specialized staff** also emerged as a theme, with some centers reporting positions such as a staff psychologist/sports psychologist-focused position that works closely with the athletics department. Relationships with the athletics department/coaching staff was a theme for increasing **referrals of** their athletes to counseling. **Athletic identity development** remains important for counselors to understand. Separating service to athletes versus the gender component for male athletes, was not clear. **Attending athletic events** was one suggested way of developing **relationships and credibility**. One center director said, "I have been working in collaboration with athletics to help **educate coaches and captains about services**."

Greek Affiliated

Of those centers that did respond (N=20), the most frequent responses indicated that there were not Greek organizations on the campus. Those centers who did develop specialized outreach reported **liaison connections for outreach activities** with Greek organizations and specific activities such as, "Lots of workshops for fraternities and sororities," and **"training the recruitment counselors for the sororities at the beginning of the year."** Working with their **Inter-Fraternity Council**, organizing competitions, and making completion of Campus Connect or other gatekeeper training mandatory was also reported.

Military Veterans

Of those centers that did indicate specific steps taken (N=63), the most frequent responses included activities in **collaboration with veterans affairs departments and other offices** including multicultural life & diversity. Increasing referrals as well as visibility was a central focus. Centers also reported they are hoping to **increase staff diversity** to include therapist familiar with veteran's issues. Several centers talked about their success with or goal to hire an additional **male counselor**, at minimum, believing veterans were a largely male group. One director shared an idea to, "Attend weekly **"Military Mondays"** (which staff helped design and implement, but veterans service now sustains)...support, **resource sharing forum every Monday as drop in for student veterans, dependents, or affiliated people."**

Former Foster Youth

Of those centers that did respond to this question (N=16), the most frequent response indicated that **most centers did not identify this group** and had not taken any steps to reach out to them. Three centers reported responses similar to "University has set up department to serve foster students" and one reported "securing grant money".

Sexual Assault Survivor

Of those centers that did indicate specific steps taken (N=56), many centers reported having an **advisor role on a SART team**, being **involved in campus wide efforts**, and maintaining and **publicizing their role as non-mandated reporters** within the Title IX framework. A number of centers also stressed the importance of **prevention efforts** in reducing cases of sexual assault on campus. Outreach emerged as a theme with an emphasis on collaboration and **co-sponsorship** of programs (and) outreach programming initiatives. Many centers also reported on the importance of developing a **strong working relationship with sexual assault services** on campus. Counseling centers also took a **helping role** in supporting larger departments' trainings with both **students and staff** in **Title IX** related issues. Though centers underscored the importance of having a **counseling center director with expertise in Title IX** though they should remain outside of the judicial process. Several directors also emphasized **supporting survivors and respondents both** as critical to serving the entire campus community.

Supplemental Analyses

Utilization Rate: Percentage of Student Body Served		Student to Staff Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		60-835	837-1200	1205-1666	1669-2164	2179+
<i>Percentage of Student Body Living On-campus (25th, 50th, 75th percentile)</i>	0-16%	26.25	11.73	6.73	5.48	5.63
	17-34%	17.74	11.42	8.84	7.06	5.95
	35-69%	15.82	13.37	7.99	8.74	7.58
	70-100%	23.80	12.31	13.05	6.71	6.16

Utilization Rate: Percentage of Student Body Served		Student to Staff + Trainees Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		60-653	655-958	961-1275	1277-1798	1806+
<i>Percentage of Student Body Living On-campus (25th, 50th, 75th percentile)</i>	0-16%	22.30	10.35	7.94	5.70	5.33
	17-34%	16.73	11.19	9.15	6.80	6.00
	35-69%	16.14	12.16	10.02	8.08	8.43
	70-100%	22.87	14.20	8.66	10.28	5.97

Utilization Rate: Percentage of Student Body Served		Student to Staff Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		60-835	837-1200	1205-1666	1669-2164	2179+
<i>Percentage of Student Body Living On-campus (10th percentiles)</i>	0-4.9%	32.40	11.63	4.48	3.72	5.55
	5.0-14.3%	21.20	13.98	8.06	5.69	5.21
	14.3-18.0%	19.02	7.51	6.61	7.16	5.71
	20.0-25.8%	22.48	11.47	9.87	6.91	5.86
	27.0-34.0%	14.90	11.27	8.99	7.20	7.13
	35.0-48.0%	16.35	10.90	7.75	8.56	6.52
	49.7-58.0%	10.24	13.27	8.49	9.58	9.70
	60.0-75.0	20.58	13.41	10.64	6.52	5.55
	76.0-88.0	20.27	10.22	11.12	7.61	.
	90.0-100%	24.32	15.17	12.64	5.98	7.37

Utilization Rate: Percentage of Student Body Served		Student to Staff + Trainees Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		60-653	655-958	961-1275	1277-1798	1806-6387
Percentage of Student Body Living On-campus (10 th percentiles)	0-4.9%	25.23	3.45	9.36	4.99	5.08
	5.0-14.3%	17.90	13.71	6.31	5.56	5.02
	14.3-18.0%	.	10.41	7.89	5.51	6.44
	20.0-25.8%	18.75	11.91	9.51	7.14	5.87
	27.0-34.0%	14.70	10.58	9.18	7.38	6.67
	35.0-48.0%	16.47	10.55	8.08	8.77	8.12
	49.7-58.0%	11.59	12.47	10.91	7.38	9.70
	60.0-75.0%	20.04	15.53	9.84	11.62	5.31
	76.0-88.0%	18.32	9.25	12.17	6.76	.
90.0-100%	24.53	17.92	9.41	11.13	6.96	

Total Sessions Provided: <u>Not</u> Including Medication Management		Student to Staff Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		60-835	837-1200	1205-1666	1669-2164	2179 +
Campus Enrollment	Under 1,500	1165	791	538	.	.
	1,501 - 2,500	2257	1235	856	889	174
	2,501 - 5,000	3176	2561	1564	1473	677
	5,001 - 7,500	6032	4818	2253	2221	929
	7,501 - 10,000	.	4216	3284	3108	2728
	10,001 - 15,000	9275	7335	5725	4326	2081
	15,001 - 20,000	.	10131	7190	7261	3196
	20,001 - 25,000	21345	24855	8383	7905	4888
	25,001 - 30,000	23963	.	15370	10729	5611
	30,001 - 35,000	.	31018	18444	8450	8734
35,001+	.	31796	25091	16676	11279	

Total Sessions Provided: Including Medication Management		Student to Staff Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		60 - 835	837 - 1200	1205 - 1666	1669 - 2164	2179 +
Campus Enrollment	Under 1,500	1184	791	542	.	.
	1,501 - 2,500	2365	1260	873	889	174
	2,501 - 5,000	3289	2633	1605	1522	692
	5,001 - 7,500	7023	4931	2509	2304	946
	7,501 - 10,000	.	4511	3558	3260	2850
	10,001 - 15,000	11975	8742	6025	4551	2198

	15,001 - 20,000	.	10973	7667	7578	3610
	20,001 - 25,000	23652	32811	8790	8830	5076
	25,001 - 30,000	31699	.	17466	11685	6002
	30,001 - 35,000	.	33994	18639	9915	9475
	35,001+	.	36415	26274	17765	11703

Total Sessions Provided: <u>Not</u> Including Medication Management		Student to Staff + Trainee Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		60-653	655-958	961-1275	1277-1798	1806+
Campus Enrollment	Under 1,500	1245	852	569	552	.
	1,501 - 2,500	2324	1452	1023	787	174
	2,501 - 5,000	3210	2431	2002	1376	728
	5,001 - 7,500	6570	4036	2664	1827	1071
	7,501 - 10,000	8397	3711	2953	3202	2617
	10,001 - 15,000	9900	5860	5671	4424	1870
	15,001 - 20,000	6386	9401	8248	6597	3425
	20,001 - 25,000	24855	15758	10161	6953	4276
	25,001 - 30,000	23963	17307	10009	13261	6117
	30,001 - 35,000	.	31018	26907	9795	6903
	35,001+	.	30364	26023	16239	10336

Total Sessions Provided: Including Medication Management		Student to Staff + Trainee Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		60 - 653	655 - 958	961 - 1275	1277 - 1798	1806 +
Campus Enrollment	Under 1,500	1267	852	569	558	.
	1,501 - 2,500	2431	1504	1051	787	174
	2,501 - 5,000	3321	2531	2029	1403	739
	5,001 - 7,500	7352	4197	2855	2060	1087
	7,501 - 10,000	9060	3946	3063	3461	2761
	10,001 - 15,000	12207	6426	6223	4594	1884
	15,001 - 20,000	6523	10232	8868	7178	3502
	20,001 - 25,000	32811	16911	10930	7516	4451
	25,001 - 30,000	31699	18807	10921	15155	6551
	30,001 - 35,000	.	33994	26907	10561	7963
	35,001+	.	34025	28248	17455	10621