



COLLEGE
OF THE
FLORIDA KEYS

**The College of the Florida Keys
James E. Lockwood School of Diving and
Underwater Technology**

DIVING SAFETY MANUAL



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Volume 1

Sections 1.00 through 5.00

Section 1.00 GENERAL POLICY

1.10 Scientific Diving Standards

Purpose

The purpose of these Scientific Diving Standards is to ensure scientific diving is conducted in a manner that will maximize the protection of scientific divers from accidental injury and/or illness, and to set forth standards for training and certification that will allow a working reciprocity between American Academy of Underwater Sciences (AAUS) and its Organizational Members (OMs or OM). Fulfillment of these purposes shall be consistent with the furtherance of research and safety, and facilitation of collaborative opportunities between AAUS OMs. This Standards for Scientific Diving Manual, hereinafter will be referred to as the Manual, sets minimum standards for the establishment of American Academy of Underwater Sciences (AAUS) recognized scientific diving programs, the organization for the conduct of these programs, and the basic regulations and procedures for safety in scientific diving operations. It also establishes a framework for reciprocity between AAUS OMs that adhere to these minimum standards by compiling the policies set forth in the diving manuals of AAUS and several universities, private, and governmental scientific diving programs. These programs share a common heritage with the scientific diving program at the Scripps Institution of Oceanography (SIO). Adherence to the SIO standards has proven both feasible and effective in protecting the health and safety of scientific divers since 1954.

Historical Perspective

This manual was developed and written by The College of the Florida Keys (CFK) in compliance with the standards manual set forth by AAUS. This manual is a compilation of policies set forth in the diving manuals of several universities, private, and governmental scientific diving programs.

In 1982, OSHA exempted scientific diving from commercial diving regulations (29CFR1910, Subpart T) under certain conditions that are outlined below. The final guidelines for the exemption became effective in 1985 (Federal Register, Vol. 50, No.6, p.1046). AAUS is recognized by OSHA as the scientific diving standard setting organization.

Scientific Diving Definition

Scientific diving is defined (29CFR1910.402) as:

“Diving performed solely as a necessary part of a scientific, research, or educational activity by employees whose sole purpose for diving is to perform scientific research tasks. Scientific diving does not include performing any tasks usually associated with commercial diving such as: Placing or removing heavy objects underwater; inspection of pipelines and similar objects; construction; demolition; cutting or welding; or the use of explosives.”

Scientific Diving Exemption

The two elements that a diving program must contain as defined by OSHA in 29 CFR 1910 Subpart T 1910.401(a)(2)(iv) are:

- a) Diving safety manual which includes at a minimum: Procedures covering all diving operations specific to the program; procedures for emergency care, including recompression and evacuation; and criteria for diver training and certification.
- b) Diving control (safety) board, with the majority of its members being active divers, which must at a minimum have the authority to: Approve and monitor diving projects;

review and revise the diving safety manual; assure compliance with the manual; certify the depths to which a diver has been trained; take disciplinary action for unsafe practices; and, assure adherence to the buddy system (a diver is accompanied by and is in continuous contact with another diver in the water) for SCUBA diving.

OSHA has granted an exemption for scientific diving from commercial diving regulations under the following guidelines (Appendix B to 29 CFR 1910 Subpart T):

- The Diving Control Board consists of a majority of active scientific divers and has autonomous and absolute authority over the scientific diving program's operation.
- The purpose of the project using scientific diving is the advancement of science; therefore, information and data resulting from the project are non-proprietary.
- The tasks of a scientific diver are those of an observer and data gatherer. Construction and trouble-shooting tasks traditionally associated with commercial diving are not included within scientific diving.
- Scientific divers, based on the nature of their activities, must use scientific expertise in studying the underwater environment and therefore, are scientists or scientists-in-training.

1.20 Operational Control

The College of the Florida Keys Auspices and Responsibilities

CFK auspices include any scientific diving operation in which CFK is connected because of ownership of life support equipment used, locations selected, or relationship with the individual(s) concerned. This includes all cases involving the operations of authorized individuals of CFK or auxiliary organizations, where such individuals are acting within the scope of their authorization.

It is CFK's responsibility to adhere to the AAUS Standards for Scientific Diving Certification and Operation of Scientific Diving Programs. The administration of the local diving program will reside with CFK's Diving Control Board (DCB).

The regulations herein must be observed at all locations where scientific diving is conducted.

Diving Control Board

- The Diving Control Board (DCB) must consist of a majority of active scientific divers. Voting members include the Diving Safety Officer (DSO), and other representatives of the diving program such as qualified divers and members selected by procedures established by each OM. A chairperson and a secretary may be chosen from the membership of the board according to local procedure. The CFK DCB voting members may include:
 - CFK Faculty Members
 - Other CFK administrators with diving certification and experience
 - The CFK DSO, or his/her designee, shall act as the official representative of CFK DCB in matters concerning the scientific diving program.
- The DCB has autonomous and absolute authority over the scientific diving program's operation.
- The DCB must:
 - Establish additional standards, protocols, and operational procedures beyond the AAUS minimums to address CFK specific needs and concerns.
 - Approve and monitor diving projects.
 - Review and revise the diving safety manual.
 - Ensure compliance with the diving safety manual.
 - Approve the depth to which a diver has been authorized to dive.
 - Take disciplinary action for unsafe practices.
 - Ensure adherence to the buddy system for scientific diving.

- Act as the official representative of CFK in matters concerning the scientific diving program.
 - Act as a board of appeal to consider diver-related problems.
 - Recommend the issue, reissue, or the revocation of diving authorizations.
 - Recommend changes in policy and amendments to AAUS and CFK’s diving safety manual as the need arises.
 - Establish and/or approve training protocols or standards through which the applicants for authorization can satisfy the requirements of CFK’s diving safety manual.
 - Suspend diving operations considered to be unsafe or unwise.
 - Establish criteria for equipment selection and use.
 - Recommend new equipment or techniques.
 - Establish and/or approve facilities for the inspection and maintenance of diving and associated equipment.
 - Ensure that CFK’s air station(s) meet air quality standards as described in [Section 3.60](#).
 - Periodically review the DSO’s performance and program.
 - Investigate diving incidents within CFK’s diving program or violations of CFK’s diving safety manual.
- The DCB may delegate operational oversight for portions of the program to the DSO; however, the DCB may not abdicate responsibility for the safe conduct of the diving program.

Diving Safety Officer

The DSO serves as a voting member of the DCB, and should be designated one of CFK’s representatives to AAUS. This person should have broad technical expertise and experience in research related diving.

Qualifications:

1. Must be an active scuba instructor from an internationally recognized certifying agency.
2. Must be appointed by the responsible administrative officer or designee, with the advice and counsel of the DCB.
3. Must qualify as a Full Voting Member of AAUS as defined by AAUS Bylaws:
 - (a) Holds a diving certification from a recognized national certifying agency or equivalent, and
 - (b) Has engaged in sustained or successive scientific diving activities during the past two years, or
 - (c) Has completed a course in scientific diving that meets the requirements as specified by the most current edition of the AAUS Standards for Scientific Diving.”
4. Must attend an AAUS DSO Orientation within one year of accepting a position at CFK, unless he/she has served as a DSO for another current AAUS OM within the last year.

Duties and Responsibilities

1. Answers, through the DCB, to the appropriate administrative officer or designee, for the conduct of the scientific diving program of CFK.
2. If delegated by the DCB, the routine operational authority for this program rests with the DSO. This oversight includes, but is not limited to: training, diver authorizations, approval of dive plans, maintenance of diving records, and ensuring compliance with this Manual.
3. May permit some duties and responsibilities to be carried out by a qualified delegate, with the approval of the DCB.
4. Must be guided in the performance of the required duties by the advice of the DCB, but operational responsibility for the conduct of the scientific diving program will be retained by the DSO.

5. Must suspend diving operations determined to be unsafe or unwise.

Instructional Personnel Qualifications

All personnel involved in diving instruction under the auspices of CFK must be reviewed and authorized by the DCB.

Lead Diver

For each dive, one individual shall be designated as the Lead Diver who shall be at the dive location during the diving operation. The Lead Diver shall be responsible for:

- Ensuring dives are conducted in accordance with [Section 2.0](#).
- Ensuring all dive team members possess current authorization and are qualified for the type of diving operation.
- Coordination with other known activities in the vicinity that are likely to interfere with diving operations.
- Ensuring safety and emergency equipment is in working order and at the dive site.
- Suspending diving operations if in their opinion conditions are not safe.
- Reporting to the DCB, through the DSO, any physical problems or adverse physiological effects including symptoms of pressure-related injuries.

Reciprocity and Visiting Scientific Diver

- Two or more AAUS OMs engaged jointly in diving activities, or engaged jointly in the use of diving resources, must designate one of the participating DCBs to govern the joint dive project. However, responsibility for individual divers ultimately resides with the home OM.
- A scientific diver from one OM must apply for permission to dive under the auspices of CFK by submitting to the DSO a document containing all the information listed in Appendix 6, signed by the DSO or designee of the home DCB.
- A visiting scientific diver may be asked to demonstrate their knowledge and skills for the planned dive.
- If the CFK DCB denies a visiting scientific diver permission to dive, the host DCB must notify the visiting scientific diver and their DCB with an explanation of all reasons for the denial.

CFK Policies Regarding Temporary Divers

Diving Within the On-Campus Lagoon

- Proof of scuba diver certification from a nationally recognized training agency.
- Sign the temporary diver / media diver liability form.
- Complete a check out / training dive with DSO or designee.

Diving offshore with CFK on an Open Water Dive

- Proof of scuba diver certification from a nationally recognized training agency.
- Sign the temporary diver / media diver liability form.
- Have on file a copy of their certificate of liability insurance.
- Have on file a letter from an authorized representative of their company attesting to the fact that they are covered under their workman's compensation when diving with CFK..
- Complete a check out/ training dive with DSO or designee.

Waiver of Requirements

The CFK DCB may grant a waiver for specific requirements of training, examinations, depth authorizations, and minimum activity to maintain authorizations. AAUS medical standards may

not be waived.

1.30 Consequence of Violation of Regulations by Scientific Divers

Failure to comply with the regulations of CFK's diving safety manual may be cause for the restriction or revocation of the diver's scientific diving authorization by action of CFK's DCB.

1.40 Consequences of Violation of Regulations by Organizational Members

Failure to comply with the regulations of this manual may be cause for the restriction or revocation of CFK's recognition by AAUS.

1.50 Record Maintenance

The CFK DSO/DCB must maintain consistent records for its diving program and for each participant. These records include but are not limited to: diving safety manual; equipment inspection, testing, and maintenance records; dive plans (project and/or individual); records of dive (project and/or individual); medical approval to dive; diver training records; diver authorization(s); individual dive log; dive incident reports; reports of disciplinary actions by the DCB; and other pertinent information deemed necessary by CFK.

Availability of Records:

- Medical records must be available to an attending physician of a diver or former diver when released in writing by the diver.
- Records and documents required by this Manual must be retained by CFK for the following period:
 1. Diving safety manual – Current document only.
 2. Equipment inspection, testing, and maintenance records – Minimum current entry or tag.
 3. Records of Dive – minimum of 1 year, except 5 years where there has been an incident of pressure-related injury.
 4. Medical approval to dive – Minimum of 1 year past the expiration of the current document except 5 years where there has been an incident of pressure-related injury.
 5. Diver training records – Minimum of 1 year beyond the life of the diver's program participation.
 6. Diver authorization(s) – Minimum of 1 year beyond the life of the diver's program participation.
 7. Pressure-related injury assessment - 5 years.
 8. Reports of disciplinary actions by the DCB – Minimum of 1 year beyond the life of the diver's program participation.

College of the Florida Keys Policy

The DCB has sole authority for policymaking regarding the conduct of safe diving operations. Recommendations relating to the diving program of CFK shall be made to the Dean of the Division of Marine Science and Technology of CFK or his/her designee. The development of these recommendations is the joint responsibility of the DSO and the DCB.

Policy Administration

Responsibility for the administration of the diving program will reside with the DCB. Operational responsibility for all diving activities shall reside with the DSO.

SECTION 2.00 DIVING REGULATIONS

2.10 Introduction

No person shall engage in scientific diving operations under the auspices of CFK's scientific diving program unless they are authorized pursuant to the provisions of this *Manual*.

2.20 Pre-Dive Procedures

Dive Plans

Before conducting any diving operations under the auspices of CFK, a dive plan for the proposed project or dive must be formulated and submitted for approval by the DCB or designee. Dives should be planned around the competency of the least experienced diver. The dive plan (project or individual) should include the following:

- Diving Mode(s) and Gas(es)
- Divers' authorizations
- Approximate number of proposed dives
- Location(s) of proposed dives
- Estimated depth(s) and bottom time(s) anticipated
- Decompression status and repetitive dive plans, if required
- Proposed work, equipment, and boats to be employed
- Any hazardous conditions anticipated
- Emergency Action Plan (Appendix 7)
- In water details of the dive plan should include:
 - Dive Buddy assignments and tasks
 - Goals and objectives
 - Maximum depth(s) and bottom time
 - Gas management plan
 - Entry, exit, descent and ascent procedures
 - Perceived environmental and operational hazards and mitigations
 - Emergency and diver recall procedures

Diver Responsibility and Refusal to Dive

- The decision to dive is that of the diver. The ultimate responsibility for safety rests with the individual diver. It is the diver's responsibility and duty to refuse to dive, without fear of penalty, if in his/her judgment, conditions are unsafe or unfavorable, or if he/she would be violating the precepts of regulations in this *Manual*.
- No dive team member will be required to be exposed to hyperbaric conditions against his/her will.
- No dive team member may dive for the duration of any known condition, which is likely to adversely affect the safety and health of the diver or other dive team members.

Pre-dive Safety Checks

- Prior to commencing the dive, the team must assure that every team member is healthy, fit, and trained for the type of dive that is being attempted.
- Scientific divers must conduct a functional check of their diving equipment in the presence of the dive buddy or tender. They must ensure the equipment is functioning properly and suitable for the type of diving operation being conducted.
- Each diver must have the capability of achieving and maintaining positive buoyancy at the

surface.

- Environmental conditions at the site will be evaluated prior to entering the water.

Pre-dive Briefings

Before conducting any diving operations under the auspices of CFK, the dive team members must be briefed on:

- Dive buddy assignments and tasks
- Dive objectives.
- Maximum depth(s) and bottom time
- Turn around pressure and required surfacing pressure
- Entry, exit, descent, and ascent procedures
- Perceived environmental and operational hazards and mitigations
- Emergency and diver recall procedures

2.30 Diving Procedures

Solo Diving Prohibition

All research diving activities must assure adherence to the buddy system. This buddy system is based upon mutual assistance, especially in the case of an emergency.

Decompression Management

- On any given dive, both divers in the buddy pair must follow the most conservative dive profile.
- A safety stop performed during the ascent phase of the dive should be conducted on any dive that exceeds 30 feet (9.14m).

Termination of the Dive

Any dive must be terminated while there is still sufficient cylinder pressure to permit the diver to safely reach the surface, including decompression time, or to safely reach an additional air source at the decompression station.

It is the responsibility of the diver to terminate the dive that he/she considers unsafe, without fear of reprisal, in a way that does not compromise the safety of another diver already in the water.

Emergencies and Deviations from Regulations

Any diver may deviate from the requirements of this *Manual* to the extent necessary to prevent or minimize a situation likely to cause death, serious physical harm, or major environmental damage. A written report must be submitted to the DCB explaining the circumstances and justifications.

2.40 Post-Dive Procedures

Post-Dive Safety Checks

After the completion of a dive, each diver must report any physical problems, symptoms of decompression sickness, or equipment malfunctions to the Lead Diver, DSO, and/or DCB.

2.50 Emergency Procedures

First Aid Supplies

- A backboard is hanging on the wall next outside the CFK Dive Locker.
- A First Aid Kit and Emergency Oxygen Unit will be available at all open water dive sites.

- The First Aid kit is located in the dive locker and on the dive vessel.
- There are several portable Oxygen (O₂) bottles located in the CFK Dive Locker.

First Aid Procedures

The following information outlines the first aid procedures for diving-related injuries. Professional medical treatment procedures will not be discussed; only immediate and temporary aid is described.

In the event of an accident or sudden illness, it is necessary to act quickly; but it is equally important to know what to do and what the correct priority for action is. For example, both a superficial cut and respiratory failure require immediate action. However, should both problems occur simultaneously, first aid priorities dictate that response to the respiratory failure should occur before attending to the superficial cut.

Diving related causes of respiratory failure include obstructed airway, near drowning, cardiac failure (most common in diving emergencies), head injuries, adverse (allergic) reaction to marine-life wounds (poison), or decompression illness (DCI).

A *Primary Assessment* is to be done in the position in which the victim is found except when the victim must be removed from a life-threatening situation. Examples, surfacing an unconscious, non-breathing diver. Listed in sequential order are the steps included in a primary assessment:

- Arousal
- Establish an airway
- Check for breathing
- Check for bleeding
- Shock management

Open Water Diving Emergency Procedures

Diving shall not be conducted unless procedures have been established for emergency evacuation of the diver(s) to a hyperbaric chamber or appropriate medical facility, and these procedures have been approved by CFK Diving Control Board.

These procedures should be followed in the event of an accident:

Administer proper First Aid.

Medical System (EMS)- Telephone # 911. Notify the Divers Alert network (DAN) at 1-800-446-2671 or (919) 684-8111 (DAN is able to coordinate emergency response and transportation procedures)

Advise the nearest Coast Guard Base—VHF Radio Ch. 16. (if on the boat) -or- Notify the Emergency Coast Guard or the Emergency Medical System operator of your situation and location, coordinate emergency response and transportation procedures with them.

Record dive profile, personal information and accident/symptom descriptions for emergency personnel. Notify the DSO or DCB (813) 367-4019 dive office & Security at (813) 367-4077.

2.60 Flying After Diving or Ascending to Altitude (Over 1000 feet / 304 meters)

- Following a Single No-Decompression Dive: Divers should have a minimum preflight surface interval of 12 hours.
- Following Multiple Dives per Day or Multiple Days of Diving: Divers should have a minimum preflight surface interval of 18 hours.
- Following Dives Requiring Decompression Stops: Divers should have a minimum preflight surface interval of 24 hours.

- Before Ascending to Altitude Above 1000 feet (304 meters): Divers should follow the appropriate guideline for preflight surface intervals unless the decompression procedure used has accounted for the increase in elevation.

2.70 Record Keeping Requirements

Personal Diving Log

Each authorized scientific diver must log every dive made under the auspices of CFK's program and is encouraged to log all other dives. OM's may allow dives to be logged in any format of OM's choosing. Logs must be submitted per local protocol and must remain in the divers' file. The dive log must include at least the following:

- Name of diver and buddy
- Date, time, and location
- Diving modes used
- General nature of diving activities
- Maximum depth and dive time
- Diving tables or computers used
- Detailed report of any near or actual incidents

Required Incident Reporting

All diving incidents requiring recompression treatment, or resulting in moderate or serious injury, or death must be reported to CFK's DCB and AAUS in a timely manner. OMs must record and report occupational injuries and illnesses in accordance with requirements of the appropriate Labor Code section. OMs must investigate and document any incident of pressure-related injury and prepare a report that is to be forwarded to AAUS during the annual reporting cycle. If pressure-related injuries are suspected, or if symptoms are evident, the following additional information must be recorded and retained by CFK, with the record of the dive, for a period of five years:

Written descriptive report shall include:

- Name, address, phone numbers of the principal parties involved.
- Summary of experience of divers involved.
- Location, description of dive site, and description of conditions that led up to incident.
- The circumstances of the incident and the extent of any injuries or illnesses.
- Description of symptoms, including depth and time of onset.
- Description and results of treatment.
- Disposition of the case.
- Recommendations to avoid repetition of incident.

In addition to requirements specific to CFK, all diving incidents will be reported to the AAUS. This report must first be reviewed and released by CFK's DCB and at a minimum contain:

- Complete AAUS Incident Report.
- Summary of experience of divers involved.
- Description of dive site, and description of conditions that led up to incident.
- The circumstances of the incident and the extent of any injuries or illnesses.
- Description of symptoms, including depth and time of onset.

- Description and results of treatment.
- Disposition of case.
- Recommendations to avoid repetition of incident.

SECTION 3.00 DIVING EQUIPMENT

3.10 General Policy

All equipment must meet standards as determined by the DSO and the DCB. All equipment must be regularly examined by the person using it and serviced according to manufacturer recommendations. Equipment that is subjected to extreme usage under adverse conditions should require more frequent testing and maintenance.

3.20 Equipment

The CFK DCB must establish the minimum equipment configuration for all dives.

Regulators and Gauges

- Scuba regulators and gauges must be inspected and tested prior to each use and serviced, at a minimum, according to manufacturer's recommendations
- Standard open circuit (OC) regulator configuration is:
 - A first stage
 - Primary 2nd stage
 - Back up 2nd stage
 - Submersible Pressure Gauge (SPG)
 - Inflator hose for a Buoyancy Compensator Device
- A Full Face Mask may be used in place of the primary 2nd stage according to manufacturer's recommendations

Equipment for Determination of Decompression Status

- Each member of the buddy team must have an underwater timing device and depth indicator, or dive computer
- If dive tables are being used a set must be available at the dive location
- If a dive computer is used the diver must use the same computer used on repetitive dives.
- In an aquarium or other manmade structure of a known maximum obtainable depth:
 - A depth indicator is not required, except when a diver's decompression status must be taken into consideration on repetitive dives.
 - Only one buddy must be equipped with a timing device.
 - The maximum obtainable depth of the aquarium must be used as the diving depth.

Scuba Cylinders

- Scuba cylinders must be designed, constructed, and maintained in accordance with the applicable provisions of the Unfired Pressure Vessel Safety Orders.
- Scuba cylinders must be hydrostatically tested in accordance with DOT standards.
- Scuba cylinders must have an internal and external inspection at intervals not to exceed 12 months.
- Scuba cylinder valves must be functionally tested at intervals not to exceed 12 months.

Buoyancy Compensation Devices (BCD)

- Each diver must have the capability of achieving and maintaining neutral buoyancy underwater and positive buoyancy at the surface.
- BCDs, dry suits, or other variable volume buoyancy compensation devices must be equipped with an exhaust valve.
- These devices must be functionally inspected and tested at intervals not to exceed 12 months.

- BCDs, dry suits, or other variable volume buoyancy compensation devices must not be used as a lifting device in lieu of lift bags.

3.30 Auxiliary Equipment

Handheld Underwater Power Tools

- Power tools and equipment used underwater must be specifically approved for this purpose.
- Tools and equipment supplied with power from the surface must be de-energized before being placed into or retrieved from the water.
- Handheld power tools must not be supplied with power from the dive location until requested by the diver.

3.40 Support Equipment

First Aid Supplies

- A first aid kit and emergency oxygen appropriate for the diving being conducted must be available at the dive site.

Diver's Flag

- A diver's flag must be displayed prominently whenever diving is conducted under circumstances where required or where water traffic is probable.

Compressor Systems - CFK Controlled

The following will be considered in design and location of compressor systems:

- Low-pressure compressors used to supply air to the diver if equipped with a volume tank must have a check valve on the inlet side, a relief valve, and a drain valve.
- Compressed air systems over 500 psig must have slow-opening shut-off valves.
- All air compressor intakes must be located away from areas containing exhaust or other contaminants.

3.50 Equipment Maintenance

Record Keeping

Each equipment modification, repair, test, calibration, or maintenance service must be logged, including the date and nature of work performed, serial number of the item (if applicable), and the name of the person performing the work for the following equipment:

- Regulators
- Gauges (SPG, Depth Gauges, Timers, and Dive Computers)
- BCDs
- Dry suits
- Scuba cylinders and valves
- Full Face Masks
- Compressors, air filtration systems, gas control panels, and storage banks
- Surface supplied equipment
- Rebreather systems
- Additional equipment categories as determined by the DCB

Compressor Operation and Air Test Records

Gas analyses and air tests must be performed on each OM-controlled breathing air compressor at regular intervals of no more than 100 hours of operation or 6 months, whichever occurs first. The results of these tests must be entered in a formal log and be maintained.

3.60 Air Quality Standards

Breathing Gas

Breathing gas must meet the following specifications as set forth by the Compressed Gas Association (CGA Pamphlet G-7.1; see table below).

CGA Grade E	CGA Grade E
Component	Maximum
Oxygen	20 - 22%/v
Carbon Monoxide	10 PPM/v
Carbon Dioxide	1000 PPM/v
Condensed Hydrocarbons	5 mg/m ³
Total Hydrocarbons as Methane	25 PPM/v
Water Vapor ppm	(2)
Objectionable Odors	None

For breathing air used in conjunction with self-contained breathing apparatus in extreme cold where moisture can condense and freeze, causing the breathing apparatus to malfunction, a dew point not to exceed -50°F (63 pm v/v) or 10 degrees lower than the coldest temperature expected in the area is required.

SECTION 4.00 SCIENTIFIC DIVER CERTIFICATION AND AUTHORIZATIONS

This section describes the training and performance standards for AAUS Scientific Divers and represent the minimum required level of knowledge and skills presented in a generalized format. Individual diving programs are encouraged to expand upon and augment these requirements, develop or utilize appropriate educational materials, and optimize instructional programs to suit and reflect their specific needs.

4.10 Prerequisites

Administrative

The candidate must complete all administrative and legal documentation required by CFK.

Entry Level Diver Certification

The candidate must, at minimum, show documented proof of Diver Certification or equivalent from an internationally recognized training agency. OMs who wish to train and certify entry level divers may do so under the standards of the most current version of the RSTC/WRSTC and/or ISO entry-level diver standards. Entry level diver training is a prerequisite to scientific diver training and therefore no part of entry level training may be counted in any way toward scientific diver training.

¹ “Minimum Course Content for Open Water Diver Certification”- World Recreational Scuba Training Council (WRSTC), www.wrstc.com.

² “Safety related minimum requirements for the training of recreational scuba divers -- Part 2: Level 2 -- Autonomous diver”. ISO 24801-2:2007- International Organization for Standardization (ISO) - www.iso.org.

Medical Examination

The candidate must be medically qualified for diving as described in [Section 5.0](#) and [Appendices 1-4](#) of this Manual. AAUS medical standards may not be waived.

Swimming/Watermanship Evaluation

The candidate must demonstrate the following in the presence of the DSO or designee. All tests are to be performed without swim aids. However, where exposure protection is needed, the candidate must be appropriately weighted to provide for neutral buoyancy.

- a) Swim underwater for a distance of 25 yards (23 meters) without surfacing.
- b) Swim 400 yards (366 meters) in less than 12 minutes.
- c) Tread water for 10 minutes, or 2 minutes without the use of hands.
- d) Transport a passive person of equal size a distance of 25 yards (23 meters) in the water.

4.20 Training

The candidate must successfully complete prerequisites, theoretical aspects, practical training, and examinations for a minimum cumulative time of 100 hours and a minimum of 12 open water dives. Theoretical aspects must include principles and activities appropriate to the intended area of scientific study. Formats for meeting the 100 hour training requirement include the CFK formalized training course, or a combination of formalized and on the job training.

When a diver's resume provides clear evidence of significant scientific diving experience, the diver can be given credit for meeting portions of the 100 hour course requirements. The DCB will identify specific overlap between on-the-job training, previous scientific diving training/experience and course requirements, and then determine how potential deficiencies will be resolved. However, the DCB/DSO cannot "test-out" divers, regardless of experience, when they have no previous experience in scientific diving.

Any candidate who does not convince the DCB, through the DSO, that they possess the necessary judgment, under diving conditions, for the safety of the diver and his/her buddy, may be denied CFK's scientific diving privileges.

Theoretical Training / Knowledge Development

Required Topics:

- Diving Emergency Care Training
 - Cardiopulmonary Resuscitation (CPR)
 - AED
 - Standard or Basic First Aid
 - Recognition of DCS and AGE
 - Accident Management
 - Field Neurological Exam
 - Oxygen Administration
- Dive Rescue
 - To include procedures relevant to CFK specific protocols. (See water skills below)
- Scientific Method
 - Transects and Quadrats
 - Mapping
 - Coring
 - Photography
 - Tagging
 - Collecting
 - Animal Handling
 - Archaeology
 - Common Biota
 - Organism Identification
 - Behavior
 - Ecology
 - Site Selection, Location, and Re-location
 - Specialized Data Gathering Equipment
- Data Gathering Techniques
 - Only items specific to area of study required.
- Navigation
- HazMat Training

- HP Cylinders
- Decompression Management Tools
 - Dive Tables
 - Dive Computers
 - PC Based Software
- AAUS Scientific Diving Regulations and History
 - Scientific Dive Planning
 - Coordination with other Agencies
 - Appropriate Governmental Regulations
- Hazards of breath-hold diving and ascents
 - Dive Physics (Beyond entry level scuba)
 - Dive Physiology (Beyond entry level scuba)
 - Dive Environments
 - Decompression Theory and its Application

Suggested Topics:

- Specific Dive Modes (methods of gas delivery)
 - Open Circuit
 - Hookah
 - Surface Supplied diving
 - Rebreathers (closed and/or semi-closed)
- Specialized Breathing Gas
 - Nitrox
 - Mixed Gas
- Small Boat Operation
- Specialized Environments and Conditions
 - Blue Water Diving
 - Altitude
 - Ice and Polar Diving (Cold Water Diving)
 - Zero Visibility Diving
 - Polluted Water Diving
 - Saturation Diving
 - Decompression Diving
 - Overhead Environments
 - Aquarium Diving
 - Night Diving
 - Kelp Diving
 - Strong Current Diving
 - Potential Entanglement/Entrapment
 - Live boating
- HazMat Training
- Chemical Hygiene, Laboratory Safety (Use of Chemicals)
- Specialized Diving Equipment
 - Full face mask
 - Dry Suit
 - Communications
 - Dive Propulsion Vehicle (DPV)
 - SMBs/Lift Bags
 - Line Reels

- Other Topics and Techniques as Determined by the DCB

Practical Training / Skill Development

Confined Water

At the completion of training, the trainee must satisfy the DSO or DCB-approved designee of their ability to perform the following, as a minimum, in a pool or in sheltered water:

- Enter water fully equipped for diving
- Clear fully flooded face mask
- Demonstrate air sharing and ascent using an alternate air source, as both donor and recipient, with and without a face mask
- Demonstrate buddy breathing as both donor and recipient, with and without a face mask
- Demonstrate understanding of underwater signs and signals
- Demonstrate ability to remove and replace equipment while submerged
- Demonstrate acceptable watermanship skills for anticipated scientific diving conditions

Open Water Skills

The trainee must satisfy the DSO, or DCB-approved designee, of their ability to perform at least the following in open water:

- Surface dive to a depth of 10 feet (3 meters) without scuba*
- Enter and exit water while wearing scuba gear* ^^
- Kick on the surface 400 yards (366 meters) while wearing scuba gear, but not breathing from the scuba unit*
- Demonstrate proficiency in air sharing ascent as both donor and receiver*
- Demonstrate the ability to maneuver efficiently in the environment, at and below the surface* ^^
- Complete a simulated emergency swimming ascent*
- Demonstrate clearing of mask and regulator while submerged*
- Underwater communications^^
- Demonstrate ability to achieve and maintain neutral buoyancy while submerged*
- Demonstrate techniques of self-rescue and buddy rescue*
- Navigate underwater ^
- Plan and execute a dive^
- Demonstrate judgment adequate for safe scientific diving* ^^

Rescue Skills:

- Rescue from depth and transport 25 yards (23 meters), as a diver, a passive simulated victim of an accident: surface diver, establish buoyancy, stabilize victim
- Demonstrate simulated in-water mouth-to-mouth resuscitation
- Removal of victim from water to shore or boat
- Stressed and panicked diver scenarios
- Recommendations For Rescue Of A Submerged Unresponsive Compressed-Gas Diver – Appendix 9
- Successfully complete a minimum of one checkout dive and at least eleven additional open water dives in a variety of dive sites, for a cumulative surface to surface time of 6 hours. Dives following the checkout dive(s) may be supervised by an active Scientific Diver holding the necessary depth authorization experienced in the type of diving planned, and with the knowledge and permission of the DSO. The eleven dives (minimum) following the initial checkout dive may be conducted over a variety of depth ranges as specified by the CFK DCB. Depth progression must proceed shallower to deeper after acceptable skills and judgement have been demonstrated,

and are not to exceed 100 feet (30 m) during the initial 12 dive cycle.

* Checkout dive element

^^ Evaluated on all dives

^ Evaluated at some point during the training cycle

Examinations

Equipment

The trainee will be subject to examination/review of:

- Personal diving equipment
- Task specific equipment
- Function and manipulation of decompression computer to be employed by the diver (if applicable)

Written Examinations

The trainee must pass a written examination reviewed and approved by the CFK DCB that demonstrates knowledge of at least the following:

- Function, care, use, and maintenance of diving equipment
- Advanced physics and physiology of diving
- Diving regulations
- Applicable diving environments
- Emergency procedures for OM-specific dive mode(s) and environments, including buoyant ascent and ascent by air sharing
- Currently accepted decompression theory and procedures
- Proper use of dive tables
- Hazards of breath-hold diving and ascents
- Planning and supervision of diving operations
- Navigation
- Diving hazards & mitigations
- Cause, symptoms, treatment, and prevention of the following: near drowning, air embolism, hypercapnia, squeezes, oxygen toxicity, nitrogen narcosis, exhaustion and panic, respiratory fatigue, motion sickness, decompression sickness, hypothermia, and hypoxia/anoxia
- Applicable theoretical training and knowledge development from the Required and Suggested Topics (above)

4.30 Diver Certification and Authorizations

Only a person diving under the auspices of CFK that subscribes to the practices of the AAUS is eligible for a scientific diver certification.

Diver-In-Training (DIT) Authorization

This is an authorization to dive, usable only while it is current and for the purpose intended. This authorization signifies that a diver has completed and been authorized as at least an entry level diver through an internationally recognized certifying agency and has the knowledge skills and experience necessary to commence and continue training as a scientific diver under supervision, as approved by the DCB. DIT status must only be used when the diver is on his/her way to becoming certified as a scientific diver. While it is recommended for DIT's to have hands-on scientific diver experience during their training, the DIT status is intended to be a temporary authorization, not a substitute for Scientific Diver Certification.

Scientific Diver Certification

Signifies a diver has completed all requirements in [Section 4.20](#) and is certified by CFK to engage in scientific diving without supervision, as approved by the DCB through the DSO. Submission of documents and participation in aptitude examinations does not automatically result in certification. To be certified, the applicant must demonstrate to the DCB, through the DSO, that s/he is sufficiently skilled and proficient, and possess the necessary judgement for their safety and/or that of the dive team. Scientific Diver Certification is only active when required authorizations are in place and current.

Scientific Aquarium Diver Certification

Scientific Aquarium Diver is a certification authorizing the diver to participate in scientific diving solely in the aquarium environment.

All requirements set forth for Scientific Diver certification must apply, except follows:

- Practical training must include at least 12 supervised aquarium dives for a cumulative bottom time of 6 hours.
- Training requirements for navigation and 400-yard (366-meter) surface swim in scuba gear may be waived at the discretion of the DCB.

Temporary Diver Authorization

Only a diver not under the auspices of CFK may be granted a Temporary Diver Authorization. The individual in question must demonstrate proficiency in diving and can contribute measurably to a planned dive. A Temporary Diver Authorization constitutes a waiver of selected requirements of [Section 4.0](#) and is valid only for a limited time, as approved by the DCB. A Temporary Diver Authorization must be restricted to the planned diving operation and must comply with all other policies, regulations, and standards of this Manual, including medical requirements. This authorization is not to be utilized as a repeated mechanism to circumvent existing standards set forth in this Manual.

4.40 Depth Authorizations

Depth Ratings and Progression to Next Depth Level

Indicates the maximum depth in which a diver can conduct science and may supervise other divers holding a lesser depth authorization. A scientific diver requires a valid depth authorization to be considered active.

A diver may be authorized to the next depth level after successfully completing the requirements for that level. A diver may exceed his/her depth authorization when accompanied and supervised by a dive buddy holding a depth authorization greater or equal to the intended depth. Dives must be planned and executed with the permission of the DCB or designee.

In the event a diver within CFK does not hold an authorization at the desired next level, the DCB may authorize a required progression or procedure for a diver to attain a deeper authorization. If local conditions do not conform to traditional AAUS depth progressions, the DCB may devise a reasonable accommodation. However, the total number of dives to obtain a given depth authorization must follow the cumulative number of dives listed below.

- a) Authorization to 30 Foot Depth - Initial science diver depth authorization, approved upon the successful completion of training listed in [Section 4.00](#). Cumulative minimum supervised dives: 12.
- b) Authorization to 60 Foot Depth - A diver holding a 30-foot authorization may be authorized to a depth of 60 feet after successfully completing and logging 12 supervised dives to depths between

31 and 60 feet under supervision of a diver authorized by the DCB, for a minimum total time of 4 hours. Cumulative minimum supervised dives: 24.

- c) Authorization to 100 Foot Depth - A diver holding a 60-foot authorization may be authorized to a depth of 100 feet after successfully completing and logging 6 supervised dives to depths between 61 and 100 feet under supervision of a dive buddy authorized by the DCB. The diver must also demonstrate proficiency in the use of the appropriate decompression profiling method. Cumulative minimum supervised dives: 30.
- d) Authorization to 130 Foot Depth - A diver holding a 100-foot authorization may be authorized to a depth of 130 feet after successfully completing and logging 6 supervised dives to depths between 100 and 130 feet under supervision of a dive buddy authorized by the DCB. The diver must also demonstrate proficiency in the use of the appropriate decompression profiling method. Cumulative minimum supervised dives: 36.
- e) Authorization to 150 Foot Depth - A diver holding a 130-foot authorization may be authorized to a depth of 150 feet after successfully completing and logging 6 supervised dives to depths between 130 and 150 feet under supervision of a dive buddy authorized by the DCB. The diver must also demonstrate knowledge of the special problems of deep diving and of special safety requirements. Cumulative minimum supervised dives: 42.
- f) Authorization to 190 Foot Depth - A diver holding a 150-foot authorization may be authorized to a depth of 190 feet after successfully completing and logging 6 dives to depths between 150 and 190 feet under supervision of a dive buddy authorized by the DCB. The diver must also demonstrate knowledge of the special problems of deep diving and of special safety requirements. Cumulative minimum supervised dives: 48.

Diving on air is not permitted beyond a depth of 190 feet. Dives beyond 190 feet require the use of mixed gas.

- g) Authorization to 250 Foot Depth - A diver holding a 190-foot authorization may be authorized to a depth of 250 feet after successfully completing and logging 6 supervised dives to depths between 190 and 250 feet under supervision of a dive buddy authorized by the DCB. The diver must also demonstrate knowledge of the special problems of deep diving and of special safety requirements.
- h) Authorization to 300 Foot Depth - A diver holding a 250-foot authorization may be authorized to a depth of 300 feet after successfully completing and logging 6 supervised dives to depths between 200 and 250 feet under supervision of dive buddy authorized by the DCB. The diver must also demonstrate knowledge of the special problems of deep diving and of special safety requirements.
- i) Authorizations deeper than 300 Feet – Depth authorizations deeper than 300 feet progress in 50-foot depth/6 dive increments. A diver holding a 300 foot, or deeper authorization may be authorized to the next depth authorization increment after successfully completing and logging 6 supervised dives under supervision of dive buddy authorized by the DCB. The diver must also demonstrate knowledge of the special problems of deep diving and of special safety requirements.

4.50 Maintaining Active Status

Minimum Activity to Maintain Authorizations

During any 12-month period, each scientific diver must log a minimum of 12 scientific, scientific training, or proficiency dives. At least one dive must be logged near the maximum depth, as defined by the DCB, of the diver's authorization during each 6-month period. Divers authorized to 150 feet or deeper may satisfy these requirements with dives to 130 feet or deeper. Failure to meet these requirements will result in revocation or restriction of authorization by the DSO under procedures established by the DCB.

Requalification of Authorization

Once the initial requirements of [Section 4.00](#) are met, divers whose depth authorization has lapsed due to lack of activity may be requalified by procedures adopted by the DCB.

Medical Examination

All scientific divers must pass a medical examination at the intervals specified in [Section 5.0](#). A medically cleared diver experiencing any Conditions Which May Disqualify Candidates From Diving (Appendix 1) must receive clearance to return to diving from a physician before resuming diving activities. This medical examination requirement cannot be waived for any diver.

Emergency Care Training

The scientific diver must hold current training in the following:

- Adult CPR and AED
- Emergency oxygen administration
- First aid for diving accidents

4.60 Revocation of Authorization

An individual's scientific diver certification can be restricted or revoked for cause by the DCB. Authorizations associated with an individual's scientific diver certification may be restricted or suspended for cause by the DSO. Restrictions or suspensions issued by the DSO may be rescinded by the DSO; these issues will be reported to and reviewed by the DCB, and the outcomes or actions resulting from this review will be documented in the diver's CFK record. Violations of regulations set forth in this Manual or other governmental subdivisions not in conflict with this Manual, or demonstration of poor judgement, may be considered cause. The DCB or designee must inform the diver in writing of the reason(s) for revocation. The diver will be given the opportunity to present their case in writing to the DCB for reconsideration. Following revocation, the diver may be reauthorized after complying with conditions the DCB may impose. All such written statements and requests, as identified in this section, are formal documents, and therefore part of the diver's file.

SECTION 5.00 MEDICAL STANDARDS

5.10 Medical Requirements

General

1. All medical evaluations required by this Manual must be performed by, or under the direction of, a licensed physician of the applicant-diver’s choice, preferably one trained in diving/undersea medicine.
2. The diver should be free of any chronic disabling disease and any conditions contained in the list of conditions for which restrictions from diving are generally recommended. (Appendix 1)
3. The CFK must verify that divers have been declared by the examining medical authority to be fit to engage in diving activities.

5.20 Frequency of Medical Evaluations

Medical evaluation must be completed:	Medical evaluation must be completed:	Medical evaluation must be completed:
Before Age 40	After age 40 Before Age 60	After Age 60
Before a diver may begin diving, unless an equivalent initial medical evaluation has been given within the preceding 5 years	Before a diver may begin diving, unless an equivalent initial medical evaluation has been given within the preceding 3 years	Before a diver may begin diving, unless an equivalent initial medical evaluation has been given within the preceding 2 years
At 5-year intervals	At 3-year intervals	At 2-year intervals
Clearance to return to diving must be obtained from a healthcare provider following a medically cleared diver experiencing any Conditions Which May Disqualify Candidates from Diving (Appendix 1), or following any major injury or illness, or any condition requiring chronic medication. If the condition is pressure related, the clearance to return to diving must come from a physician trained in diving medicine.	Clearance to return to diving must be obtained from a healthcare provider following a medically cleared diver experiencing any Conditions Which May Disqualify Candidates from Diving (Appendix 1), or following any major injury or illness, or any condition requiring chronic medication. If the condition is pressure related, the clearance to return to diving must come from a physician trained in diving medicine.	Clearance to return to diving must be obtained from a healthcare provider following a medically cleared diver experiencing any Conditions Which May Disqualify Candidates from Diving (Appendix 1), or following any major injury or illness, or any condition requiring chronic medication. If the condition is pressure related, the clearance to return to diving must come from a physician trained in diving medicine.

5.30 Information Provided Examining Physician

CFK must provide a copy of the medical evaluation requirements of this *Manual* to the examining physician. (Appendices [1](#), [2](#), and [3](#)).

5.40 Content of Medical Evaluations

Medical examinations conducted initially and at the intervals specified in [Section 5.20](#) must consist of the following:

1. Diving physical examination ([Appendix 2](#)). Modifications or omissions of required tests are not permitted

2. Applicant agreement for release of medical information to the Diving Safety Officer and the DCB ([Appendix 2b](#))
3. Medical history ([Appendix 3](#))

5.50 Physician's Written Report

- A Medical Evaluation of Fitness for Scuba Diving Report (or CFK equivalent) signed by the examining physician stating the individual's fitness to dive, including any recommended restrictions or limitations will be submitted to CFK for the diver's record after the examination is completed.
- The Medical Evaluation of Fitness for Scuba Diving Report will be reviewed by the DCB or designee and the diver's record and authorizations will be updated accordingly.
- A copy of any physician's written reports will be made available to the individual.
- It is the diver's responsibility to provide to CFK a written statement from the examining medical authority listing any restrictions, limitations, or clearances to dive resulting from medical examinations obtained by the individual outside of their normal diving medical examination cycle. These statements will be reviewed by the DCB or designee and the diver's record and authorizations will be updated accordingly.

Volume 2

Sections 6.00 through 12.00

SECTION 6.00 NITROX DIVING

This section describes the requirements for authorization and use of nitrox for Scientific Diving.

6.10 Requirements for Nitrox Authorization

Prior to authorization to use nitrox, the following minimum requirements must be met:

Prerequisites

Only a certified Scientific Diver or DIT diving under the auspices of CFK is eligible for authorization to use nitrox.

Application for authorization to use nitrox must be made to the DCB. Submission of documents and participation in aptitude examinations does not automatically result in authorization to use nitrox. The applicant must convince the DCB through the DSO that they are sufficiently knowledgeable, skilled and proficient in the theory and use of nitrox for diving.

Training

In lieu of writing/promulgating AAUS specific training standards for Nitrox divers, AAUS references the standards for Nitrox diver training as defined by the WRSTC and/or ISO. AAUS programs who wish to train Nitrox divers may do so using one of the following options:

- a) Under the auspices and standards of an internationally recognized diver training agency.
- b) Under the auspices of AAUS using the minimum guidelines presented by the most current version of the RSTC/WRSTC and/or ISO Nitrox diver training standards.

References:

"Minimum Course Content for Enriched Air Nitrox Certification" - World Recreational Scuba Training Council ([WRSTC](#)), .

"Recreational diving services- Requirements for training programs on enriched air nitrox (EAN) diving". ISO 11107:2009 - International Organization for Standardization ([ISO](#)).
Practical Evaluation

- Oxygen analysis of nitrox mixtures.
- Determination of MOD, oxygen partial pressure exposure, and oxygen toxicity time limits, for various nitrox mixtures at various depths.
- Determination of nitrogen-based dive limits status by EAD method using air dive tables, and/or using nitrox dive tables, as approved by the DCB.
- Nitrox dive computer use may be included, as approved by the DCB.
- A minimum of two supervised open water dives using nitrox is required for authorization.

Written Evaluation

- Function, care, use, and maintenance of equipment cleaned for nitrox use.
- Physical and physiological considerations of nitrox diving (eg.: O₂ and CO₂ toxicity)
- Diving regulations, procedures/operations, and dive planning as related to nitrox diving
- Equipment marking and maintenance requirements
- Dive table and/or dive computer usage
- Calculation of: MOD, pO₂, and other aspects of Nitrox diving as required by the DCB

6.20 Minimum Activity to Maintain Authorization

The diver should log at least one nitrox dive per year. Failure to meet the minimum activity level may be cause for restriction or revocation of nitrox authorization.

6.30 Operational Requirements

Oxygen Exposure Limits

- The inspired oxygen partial pressure experienced at depth should not exceed 1.6 ATA.
- The maximum allowable exposure limit should be reduced in cases where cold or strenuous dive conditions, or extended exposure times are expected.

Calculation of Decompression Status

- A set of DCB approved nitrox dive tables should be available at the dive site.
- Dive computers may be used to compute decompression status during nitrox dives. Manufacturers' guidelines and operation instructions should be followed.
- Dive computers capable of pO₂ limit and fO₂ adjustment should be checked by the diver prior to the start each dive to ensure conformity with the mix being used.

Gas Mixture Requirements

- Only nitrox mixtures and mixing methods approved by the DCB may be used.
- OM personnel mixing nitrox must be qualified and approved by the DCB for the method(s) used.
- Oxygen used for mixing nitrox should meet the purity levels for "Medical Grade" (U.S.P.) or "Aviator Grade" standards.
- In addition to the AAUS Air Purity Guidelines outlined in [Section 3.60](#), any air that may come in contact with oxygen concentrations greater than 40% (i.e.. during mixing), must also have a hydrocarbon contaminant no greater than .01 mg/m³.
 - For remote site operations using compressors not controlled by CFK where this is not verifiable, the DCB must develop a protocol to mitigate risk to the diver.

Analysis Verification by User

- Prior to the dive, it is the responsibility of each diver to analyze the oxygen content of his/her scuba cylinder. And acknowledge in writing the following information for each cylinder: fO₂, MOD, cylinder pressure, date of analysis, and user's name.
- Individual dive log reporting forms should report fO₂ of nitrox used, if different than 21%.

6.40 Nitrox Diving Equipment

Required Equipment

All of the designated equipment and stated requirements regarding scuba equipment required in the *AAUS Manual* apply to nitrox operations. Additional minimal equipment necessary for nitrox diving operations includes:

- Labeled SCUBA Cylinders in Accordance with Industry Standards
- Oxygen Analyzers
- Oxygen compatible equipment as applicable

Requirement for Oxygen Service

- All equipment, which during the dive or cylinder filling process is exposed to concentrations greater than 40% oxygen, should be cleaned and maintained for oxygen service.
- Any equipment used with oxygen or mixtures containing over 40% by volume oxygen must be designed and maintained for oxygen service. Oxygen systems over 125 psig must have slow-opening shut-off valves.

Compressor system

- Compressor/filtration system must produce oil-free air, or
- An oil-lubricated compressor placed in service for a nitrox system should be checked for oil and hydrocarbon contamination at least quarterly.

SECTION 7.00 Surface Supplied Diving Technologies

Surface supplied diving technologies include any diving mode in which a diver at depth is supplied with breathing gas from the surface.

7.10 Prerequisites

All surface supplied and hookah divers must be certified scientific divers or divers in training and have completed system specific training as authorized by CFK.

7.20 Surface Supplied Diving

Surface Supply Definition

A mode of diving using open circuit, surface supplied, compressed gas delivered by means of a pressurized umbilical hose. The umbilical generally consists of a gas supply hose, strength member, pneumofathometer hose, and communication line. The umbilical supplies a helmet or full-face mask, often with voice communications.

Procedures

- Each diver must be continuously tended while in the water.
- A diver must be stationed at the underwater point of entry when diving is conducted in enclosed or physically confined spaces.
- Each diving operation must have a primary breathing gas supply sufficient to support divers for the duration of the planned dive including decompression.
- For dives deeper than 100 feet (30 m) or outside the no-decompression limits:
 - A separate dive team member must tend each diver in the water;
 - A standby diver must be available while a diver is in the water;
- A diver using Surface Supply may rely on surface personnel to keep the diver's depth, time and diving profile
- Surface supplied air diving must not be conducted at depths deeper than 190 feet (57.9 m).
- The CFK DCB is responsible for developing additional operational protocols

Manning Requirements

The minimum number of personnel comprising a surface supplied dive team is three. They consist of: a Designated Person-In-Charge (DPIC), a Diver, and a Tender. Additional dive team members are required when a diving operation or dive site is considered complex, or when the task loading of a dive team member is deemed excessive. It is the CFK DCB's responsibility to define when the surface supplied dive team must be expanded beyond the minimum manning requirements.

Equipment

- The diver will wear a positive buckling device on the safety harness to which the umbilical hose will be secured. The attachment must be of sufficient strength to prevent any strain on the helmet/full face mask hose connections and equipment must be configured to allow retrieval of the diver by the surface tender without risk of interrupting air supply to the diver.
- Each diver must be equipped with a diver-carried independent reserve breathing gas supply containing sufficient volume to complete the ascent to the surface, including all required decompression and safety stops.
- Masks and Helmets

- Surface supplied and mixed gas masks and helmets must have:
 - A non-return valve at the attachment point between the mask/helmet and hose which must close readily and positively; and
 - An exhaust valve
- Surface-supplied masks and helmets must have a minimum ventilation rate capability of 4.5 actual cubic feet per minute (acfm) at any depth at which they are operated or the capability of maintaining the diver's inspired carbon dioxide partial pressure below 0.02 atmospheres absolute (ATA) when the diver is producing carbon dioxide at the rate of 1.6 standard liters per minute
- Helmets or masks connected directly to the dry suit or other buoyancy-changing equipment must be equipped with an exhaust valve
- Air supplied to the diver must meet the air quality standards outlined in section 3.60

Surface Supplied in Aquariums

- In an aquarium habitat where the maximum depth is known, a pneumofathometer is not required.
- The maximum obtainable depth of the aquarium may be used as the diving depth
- One tender may line-tend multiple divers, provided the tender is monitoring only one air source, there is mutual assistance between divers, there are no overhead obstructions or entanglements, or other restrictions as defined by the CFK DCB.
- The CFK DCB is responsible for developing additional operational protocols for surface supplied diving specific to the aquarium environment.

7.40 Hookah

Hookah Definition

Hookah is an open circuit diving mode comprised of a remote gas supply, a long hose, and a standard scuba second stage or full face mask. Hookah is generally used in shallow water (30 feet or less), though the configuration has been used to supply breathing gas from a diving bell, habitat, or submersible/submarine.

Equipment Requirements

- The air supply hose must be rated for a minimum operating pressure of 130psi.
- Air supplied to the hookah diver must meet the air quality standards outlined in section 3.60
- Hookah supply systems must be capable of supplying all divers breathing from the system with sufficient gas for comfortable breathing for the planned depth and workload.
- Hookah system second stage should be capable of being attached to the diver in a way to avoid pulling stress on the second stage mouthpiece and affords easy release if the diver must jettison the regulator and hose.
- An independent reserve breathing gas supplied will be carried by each hookah diver:
 - When the diver does not have direct access to the surface or
 - At depths or distance from alternate breathing gas source determined by the DCB.

Operational Requirements

- Hookah diving must not be conducted beyond depths or distance from alternate breathing gas source as determined by the DCB.
- A diver's independent reserve breathing gas supply, if worn, must contain sufficient volume to

allow the diver(s) to exit to the surface or alternate breathing gas source

- Hookah divers not supported by diving bell, or underwater habitat must not be exposed to dives that require staged decompression.
- The CFK DCB is responsible for developing additional operational protocols.

Hookah Diving in Aquariums

- In an aquarium habitat where the maximum depth is known and planned for, a depth gauge is not required.
- The maximum obtainable depth of the aquarium may be used as the maximum diving depth.
- A hookah configured diver may operate without an in-water buddy in an aquarium provided the diver is tended from the surface; has visual, line pull, or voice communication with the tender; the diver carries an independent reserve breathing gas source containing sufficient volume to allow the diver to exit to the surface or alternate breathing gas source; and under other operational conditions as determined by the CFK DCB.
- The CFK DCB is responsible for developing additional operational protocols for hookah diving specific to the aquarium environment.

SECTION 8.00 STAGED DECOMPRESSION DIVING

Decompression diving is defined as any diving during which the diver cannot perform a direct return to the surface without performing a mandatory decompression stop to allow the release of inert gas from the diver's body.

The following procedures must be observed when conducting dives requiring planned decompression stops.

8.10 Minimum Experience and Training Requirements

Prerequisites

1. Scientific Diver qualification according to [Section 4.00](#).
2. Minimum of 100 logged dives with experience in the depth range where decompression dives will be conducted.
3. Demonstration of the ability to safely plan and conduct dives deeper than 100 feet.
4. Nitrox certification/authorization according to AAUS [Section 6.00](#) recommended.

Training

Training must be appropriate for the conditions in which dive operations are to be conducted. Minimum Training must include the following:

1. A minimum of 6 hours of classroom training to ensure theoretical knowledge to include: physics and physiology of decompression; decompression planning and procedures; gas management; equipment configurations; decompression method, emergency procedures, and omitted decompression.
2. It is recommended that at least one training session be conducted in a pool or sheltered water setting, to cover equipment handling and familiarization, swimming and buoyancy control, to estimate gas consumption rates, and to practice emergency procedures.
3. At least 6 open-water training dives simulating/requiring decompression must be conducted, emphasizing planning and execution of required decompression dives, and including practice of emergency procedures.
4. Progression to greater depths must be by 6-dive increments at depth intervals as specified in [Section 5.50](#).
5. No training dives requiring decompression shall be conducted until the diver has demonstrated acceptable skills under simulated conditions.
6. The following are the minimum skills the diver must demonstrate proficiently during dives simulating and requiring decompression:
 - Buoyancy control
 - Proper ascent rate
 - Proper depth control
 - Equipment manipulation
 - Stage/decompression bottle use as pertinent to planned diving operation
 - Buddy skills
 - Gas management
 - Time management
 - Task loading
 - Emergency skills
7. Divers must demonstrate to the satisfaction of the DSO or the DSO's qualified designee proficiency in planning and executing required decompression dives appropriate to the conditions in which diving operations are to be conducted.

8. Upon completion of training, the diver must be authorized to conduct required decompression dives with DSO approval.

8.20 Minimum Equipment Requirements

1. Valve and regulator systems for primary (bottom) gas supplies must be configured in a redundant manner that allows continuous breathing gas delivery in the event of failure of any one component of the regulator/valve system.
2. Cylinders with volume and configuration adequate for planned diving operations
3. One of the second stages on the primary gas supply must be configured with a hose of adequate length to facilitate effective emergency gas sharing in the intended environment.
4. Minimum dive equipment should include:
 - a. Diver location devices adequate for the planned diving operations and environment.
 - b. Compass
 - c. Redundancy in the following components may be required at the discretion of the DCB:
 - d. Decompression Schedules
 - e. Dive Timing Devices
 - f. Depth gauges
 - g. Buoyancy Control Devices
 - h. Cutting devices
 - i. Lift bags and line reels

8.30 Minimum Operational Requirements

1. The maximum pO₂ to be used for planning required decompression dives is 1.6 for open circuit. It is recommended that a pO₂ of less than 1.6 be used during bottom exposure.
2. Decompression dives may be planned using dive tables, dive computers, and/or PC software approved by the DCB.
3. Breathing gases used while performing in-water decompression must contain the same or greater oxygen content as that used during the bottom phase of the dive.
4. The dive team prior to each dive must review emergency decompression procedures appropriate for the planned dive.
5. If breathing gas mixtures other than air are used for required decompression, their use must be in accordance with those regulations set forth in the appropriate sections of this Manual.
6. Use of additional nitrox and/or high-oxygen fraction decompression mixtures as travel and decompression gases to decrease decompression obligations is recommended.
7. Use of alternate inert gas mixtures to limit narcosis is recommended for depths greater than 150 feet.
8. The maximum depth for required decompression using air as the bottom gas is 190 feet.
9. If a period of more than 6 months has elapsed since the last decompression dive, a series of progressive workup dives defined by the DCB to return the diver(s) to proficiency status prior to the start of project diving operations are required.
10. Mission specific workup dives are recommended.

SECTION 9.00 MIXED GAS DIVING

Mixed gas diving is defined as dives done while breathing gas mixes containing proportions greater than 1% by volume of an inert gas other than nitrogen.

9.10 Minimum Experience and Training Requirements

Prerequisites

1. Nitrox authorization ([Section 6.00](#)).
2. If the intended use entails required decompression stops, divers will be previously authorized in decompression diving ([Section 8.00](#)).
3. Divers must demonstrate to the DCB's satisfaction skills, knowledge, and attitude appropriate for training in the safe use of mixed gases.

Classroom training including

1. Review of topics and issues previously outlined in nitrox and required decompression diving training as pertinent to the planned operations
2. The use of helium or other inert gases, and the use of multiple decompression gases
3. Equipment configurations
4. Mixed gas decompression planning
5. Gas management planning
6. Thermal considerations
7. END determination
8. Mission planning and logistics
9. Emergency procedures
10. Mixed gas production methods
11. Methods of gas handling and cylinder filling
12. Oxygen exposure management
13. Gas analysis
14. Mixed gas physics and physiology

Practical Training

1. Confined water session(s) in which divers demonstrate proficiency in required skills and techniques for proposed diving operations.
2. A minimum of 6 open water training dives.
3. At least one initial dive must be in 130 feet or less to practice equipment handling and emergency procedures.
4. Subsequent dives will gradually increase in depth, with a majority of the training dives being conducted between 130 feet and the planned operational depth.
5. Planned operational depth for initial training dives must not exceed 260 feet.

1. Diving operations beyond 260 feet requires additional training dives.

9.20 Equipment and Gas Quality Requirements

1. Equipment requirements must be developed and approved by the DCB. Equipment must meet other pertinent requirements set forth elsewhere in this Manual.
2. The quality of inert gases used to produce breathing mixtures must be of an acceptable grade for human consumption.

9.30 Minimum Operational Requirements

1. All applicable operational requirements for nitrox and decompression diving must be met.
2. The maximum pO₂ to be used for planning required open circuit decompression dives is 1.6. It is recommended that a pO₂ of less than 1.6 be used during bottom exposure.
3. Divers decompressing on high-oxygen concentration mixtures must closely monitor one another for signs of acute oxygen toxicity.
4. If a period of more than 6 months has elapsed since the last decompression dive, a series of progressive workup dives defined by the DCB to return the diver(s) to proficiency status prior to the start of project diving operations are required.
5. Mission specific workup dives are recommended.

SECTION 10.00 SPECIALIZED DIVING ENVIRONMENTS

Certain types of diving, some of which are listed below, require equipment or procedures that require training. Supplementary guidelines for these technologies are in development by the AAUS. OM's using these, must have guidelines established by their Diving Control Board. Divers must comply with all scuba diving procedures in this *Manual* unless specified.

10.10 Blue Water Diving

Blue water diving is defined as diving in open water where the bottom is generally greater than 200 feet deep. It requires special training and the use of multiple-tethered diving techniques. Specific guidelines that should be followed are outlined in "Blue Water Diving Guidelines" (California Sea Grant Publ. No. T-CSGCP-014).

10.20 Ice and Polar Diving

Divers planning to dive under ice or in polar conditions should use the following: "PESH-POL_2000.08 Standards for the Conduct of Scientific Diving", National Science Foundation, Division of Polar Programs, 2015.

10.30 Overhead Environments

Overhead environments include water filled Caverns, Caves, Flooded Mines and Ice diving, as well as portions of Sunken Shipwrecks and other manmade structures.

For the purposes of this *Manual*, Ice diving is a specialized overhead environment addressed in [Section 10.20](#) and supplemented by requirements and protocols established by CFK's DCB.

Cavern, Cave, or Flooded Mine Diving see [Section 12](#)

It is the responsibility of CFK's DCB to establish the requirements and protocol under which diving will be safely conducted in overhead environment portions of sunken shipwrecks and other manmade structures.

10.40 Saturation Diving

If conducting saturation diving operations, divers must comply with the saturation diving guidelines of CFK.

10.50 Aquarium Diving

An aquarium is an artificial, confined body of water, which is operated by or under the control of an institution and is used for the purposes of specimen exhibit, education, husbandry, or research.

It is recognized that within scientific aquarium diving there are environments and equipment that fall outside the scope of those addressed in this *Manual*. In those circumstances it is the responsibility of CFK's DCB to establish the requirements and protocol under which diving will be safely conducted.

SECTION 11.00 REBREATHERS

Please note, the remainder of this document is from a third party organization and may not be ADA compliant.

This section defines specific considerations regarding the following issues for the use of rebreathers:

- Training and/or experience verification requirements for authorization
- Equipment requirements
- Operational requirements and additional safety protocols to be used

Application of this standard is in addition to pertinent requirements of all other sections of this *Manual*.

For rebreather dives that also involve staged decompression and/or mixed gas diving, all requirements for each of the relevant diving modes must be met. The DCB reserves the authority to review each application of all specialized diving modes, and include any further requirements deemed necessary beyond those listed here on a case-by-case basis.

No diver shall conduct planned operations using rebreathers without prior review and approval of the DCB.

In all cases, trainers must be qualified for the type of instruction to be provided. Training must be conducted by agencies or instructors approved by DSO and DCB.

11.10 Definition

- A. Rebreathers are defined as any device that recycles some or all of the exhaled gas in the breathing loop and returns it to the diver. Rebreathers maintain levels of oxygen and carbon dioxide that support life by metered injection of oxygen and chemical removal of carbon dioxide. These characteristics fundamentally distinguish rebreathers from open-circuit life support systems, in that the breathing gas composition is dynamic rather than fixed.
- B. There are three classes of rebreathers:
 1. Oxygen Rebreathers: Oxygen rebreathers recycle breathing gas, consisting of pure oxygen, replenishing the oxygen metabolized by the diver. Oxygen rebreathers are generally the least complicated design but are limited in depth of use due to the physiological limits associated with oxygen toxicity.
 2. Semi-Closed Circuit Rebreathers: Semi-closed circuit rebreathers (SCR) recycle the majority of exhaled breathing gas, venting a portion into the water and replenishing it with a constant or variable amount of a single oxygen-enriched gas mixture. Gas addition and venting is balanced against diver metabolism to maintain safe oxygen levels.
 3. Closed-Circuit Rebreathers: Closed-circuit mixed gas rebreathers (CCR) recycle all of the exhaled gas. Electronically controlled CCRs (eCCR) replace metabolized oxygen via an electronically controlled valve, governed by oxygen sensors. Manually controlled CCR (mCCR) rely on mechanical oxygen addition and diver monitoring to control oxygen partial pressure (ppO₂). Depending on the design, manual oxygen addition may be available on eCCR units as a diver override, in case of electronic

system failure. Systems are equipped with two cylinders; one with oxygen, the other with a diluent gas source used to make up gas volume with depth increase and to dilute oxygen levels. CCR systems operate to maintain a constant ppO₂ during the dive, regardless of depth.

11.20 Prerequisites for use of any rebreather

- A. Active scientific diver status, with depth authorization sufficient for the type, make, and model of rebreather, and planned application.
- B. Completion of a minimum of 25 open-water dives on open circuit SCUBA. The DCB may require increased dive experience depending upon the intended use of the rebreather system for scientific diving.
- C. For SCR or CCR, a minimum 60-foot-depth authorization is generally recommended, to ensure the diver is sufficiently conversant with the complications of deeper diving. If the sole expected application for use of rebreathers is shallower than this, a lesser depth authorization may be allowed with the approval of the DCB.
- D. Nitrox training. Training in use of nitrox mixtures containing 25% to 40% oxygen is required. Training in use of mixtures containing 40% to 100% oxygen may be required, as needed for the planned application and rebreather system.

11.30 Training

- A. Specific training requirements for use of each rebreather model must be defined by DCB on a case-by-case basis. Training must include factory-recommended requirements, but may exceed this to prepare for the type of mission intended (e.g., staged decompression or heliox/trimix CCR diving). (See training section for details.)
- B. Successful completion of training does not in itself authorize the diver to use rebreathers. The diver must demonstrate to the DCB or its designee that the diver possesses the proper attitude, judgment, and discipline to safely conduct rebreather diving in the context of planned operations.
- C. Post training supervised dives are required before the Scientific rebreather diver is authorized to use rebreather for research dives. ([See training section for details](#)).

Individual Equipment Requirements

Individual Equipment Requirements			
Key: X = include, IA = If Applicable			
	O ₂	SCR	CCR
DCB approved rebreather make and model	X	X	X
Bottom timer, and depth gauge	X	X	X
Dive computer (separate from rebreather unit)		X	X
Approved dive tables		IA	IA
SMB (surface marker buoy) and line reel or spool with sufficient line to deploy an SMB from the bottom in the training environment	IA	IA	IA
Access to an oxygen analyzer	X	X	X
Cutting implement	X	X	X

Individual Equipment Requirements

BCD capable of floating a diver with a flooded loop and/or dry suit at the	X	X	X
Bailout gas supply of sufficient volume for planned diving activities	X	X	X
Approved CO2 absorbent and other consumables	X	X	X

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11.40 Equipment Requirements

A. General

1. Only those models of rebreathers specifically approved by DCB shall be used.
2. Rebreathers should meet the quality control/quality assurance protocols of the International Organization for Standardization (ISO) requirements: ISO 9004: 2009 or the most current version, AND successful completion of CE (Conformité Européenne) or DCB approved third party testing.
3. Rebreather modifications (including consumables and operational limits) that deviate from or are not covered by manufacturer documentation should be discussed with the manufacturer and approved by the DCB prior to implementation.

B. Equipment Maintenance Requirements

1. The DCB or their designee will establish policies for the maintenance of rebreathers and related equipment under their auspices. Rebreathers should be maintained in accordance with manufacturer servicing recommendations.
2. Field repairs and replacement of components covered in rebreather diver training is not annual maintenance and may be performed by the rebreather diver in accordance with DCB policy.
3. A maintenance log will be kept and will minimally include:
 - a) Dates of service
 - b) Service performed
 - c) Individuals or company performing the service

11.50 Operational Requirements

A. Dive Plan

In addition to standard dive plan components, at a minimum all dive plans that include the use of rebreathers must include:

- a) Information about the specific rebreather model(s) to be used
 - b) Type of CO₂ absorbent material
 - c) Composition and volume(s) of supply gasses
 - d) Bailout procedures
 - e) Other specific details as required by the DCB
- B. Particular attention should be paid to using rebreathers under conditions where vibration or pulsating water movement could affect electronics or control switches and systems.
 - C. Particular attention should be paid to using rebreathers under conditions where heavy physical exertion is anticipated.
 - D. Respired gas densities should be less than 5 g·L⁻¹, and should not exceed 6 g·L⁻¹ under normal circumstances.
 - E. User replaceable consumable rebreather components should be replaced per manufacture recommendations or as defined by the DCB.
 - F. If performed, periodic field validation of oxygen cells should be conducted per DCB designated procedure.
 - G. Diver carried off-board bailout is not required under conditions where the onboard reserves are adequate to return the diver to the surface while meeting proper ascent rate

and stop requirements, and the system is configured to allow access to onboard gas.

These calculations must take into consideration mixed mode operations where an open circuit diver could require assistance in an out of gas situation.

- H. Use and reuse of CO₂ scrubber media should be per manufacture recommendations or as defined by the DCB.
- I. Planned oxygen partial pressure in the breathing gas must not exceed 1.4 atmospheres at depths greater than 30 feet, or 1.6 at depths less than 30 feet.
- J. Both CNS and Oxygen Tolerance Units (OTUs) should be tracked for each diver. Exposure limits should be established by the DCB.
- K. The DCB or their designee will:
 - 1. Establish policies for the use of checklists related to rebreather operations.
 - 2. Establish policies for pre- and post- dive equipment checks to be conducted by their divers.
 - 3. Establish policies for disinfection of rebreathers to be used by their divers.
 - 4. Establish policies for pre-breathing of rebreathers used by their divers
 - 5. Establish policies for the use of mixed mode and mixed rebreather platform dive teams under their auspices.
 - a) Mixed mode and/or mixed platform dive teams are permitted.
 - b) At minimum, divers must be cross briefed on basic system operations for establishing positive buoyancy, closing a rebreather diver's breathing loop, and procedures for gas sharing.
 - 6. Establish policies for the maximum depth of dives conducted using a particular class of rebreather within the auspices of their diving operations.
 - 7. Establish policies for depth authorization and maintenance for divers using rebreathers.
 - 8. Establish policies for implementing workup dives within program
 - a) Pre-operation workup dives, including review and practice of emergency recognition and response skills, and management of task loading are required for operations defined by the DCB as beyond the scope of normal operating conditions.
 - 9. Establish policies for the minimum use of rebreathers to maintain proficiency.
 - a) The minimum Annual rebreather diving activity should be 12 rebreather dives, with a minimum of 12 h underwater time.
 - b) To count, dives should be no less than 30 min in duration. A required element of maintaining proficiency is the periodic performance and reevaluation of skills related to in-water problem recognition and emergency procedures
- L. Establish policies for reauthorization for the use of rebreathers if minimum proficiency requirements are not met.
 - 1. Reestablishment of authorization to use rebreathers must require more than just performing a dive on a particular make or model of rebreather.
 - 2. At minimum demonstrated skills included in the required training elements for the level of rebreather operation must be performed and reevaluated.

11.60 Rebreather Training Section

A. Entry Level Training

1. The training area for O₂ Rebreather should not exceed 20 feet in depth.
2. Entry level CCR and SCR training is limited in depth of 130feet and shallower.
3. Entry level CCR and SCR training is limited to nitrogen/oxygen breathing media.
4. Divers at the CCR and SCR entry level may not log dives that require a single decompression stop longer than 10 minutes.
5. Who may teach: Individuals authorized as a CCR, SCR, or O₂ Rebreather Instructor by the DCB; in all cases, the individual authorized must have operational experience on the rebreather platform being taught, and where applicable the individual being authorized should be authorized as an instructor by the respective rebreather manufacturer or their designee.
6. Maximum Student/Instructor Ratio: 4 to 1. This ratio is to be reduced as required by environmental conditions or operational constraints.
7. Upon completion of practical training, the diver must demonstrate proficiency in pre-dive, dive, and post-dive operational procedures for the particular model of rebreather to be used.
8. Supervised dives target activities associated with the planned science diving application. Supervisor for these dives is the DSO or designee, experienced with the make/model rebreather being used.

Rebreather Entry Level Training Requirements			
Key: X = include, IA = If Applicable, ISE = If So Equipped			
Required Training Topic	O ₂	SCR	CCR
Academic			
History of technology	X	X	X
Medical & physiological aspects of:			
Oxygen toxicity	X	X	X
Chemical burns & caustic cocktail	X	X	X
Hypoxia – insufficient O ₂	X	X	X
Hypercapnia – excessive CO ₂	X	X	X
Arterial gas embolism	X	X	X
Middle Ear Oxygen Absorption Syndrome (oxygen ear)	X	X	X
Hygienic concerns	X	X	X
Nitrogen absorption & decompression sickness		X	X
CO ₂ retention	X	X	X
Hyperoxia-induced myopia	X	X	X
System design, assembly, and operation, including:			
Layout and design	X	X	X
Oxygen control systems	X	X	X
Diluent control systems		ISE	ISE
Use of checklists	X	X	X
Complete assembly and disassembly of the unit	X	X	X

Canister design & proper packing and handling of chemical absorbent	X	X	X
Decompression management and applicable tracking methods		ISE	X
Oxygen and high pressure gas handling and safety	X	X	X
Fire triangle	X	X	X
Filling of cylinders	X	X	X
Pre-dive testing & trouble shooting	X	X	X
Post-dive break-down and maintenance	X	X	X
Trouble shooting and manufacturer authorized field repairs	X	X	X
Required maintenance and intervals	X	X	X
Manufacturer supported additional items (ADV, temp stick, CO2 monitor, etc.)	ISE	ISE	ISE
Dive planning:			
Operational planning	X	X	X
Gas requirements	X	X	X
Oxygen exposure and management	X	X	X
Gas density calculations		X	X
Oxygen metabolizing calculations	X	X	X
Scrubber limitations	X	X	X
Mixed mode diving (buddies using different dive modes)	X	X	X
Mixed platform diving (buddies using different rebreather platforms)	X	X	X
Problem Recognition & Emergency Procedures:			
Applicable open circuit emergency procedures for common gear	X	X	X
Loss of electronics	ISE	ISE	X
Partially flooded loop	X	X	X
Fully flooded loop	X	X	X
Cell warnings		ISE	X
Battery warnings	ISE	ISE	X
High O ₂ warning	ISE	ISE	X
Low O ₂ warning	ISE	ISE	X
High CO ₂ warning	ISE	ISE	ISE
Recognizing issues as indicated by onboard scrubber monitors	ISE	ISE	ISE
Recognizing hypercapnia signs and symptoms in self or buddy	X	X	X
Excluded O ₂ cell(s)	ISE	ISE	ISE
Loss of Heads Up Display (HUD)	ISE	ISE	ISE
Loss of buoyancy	X	X	X
Diluent manual add button not functioning		ISE	ISE
O ₂ manual add button not functioning	ISE	ISE	ISE
Exhausted oxygen supply	X	X	X
Exhausted diluent supply		ISE	ISE
Lost or exhausted bailout	ISE	ISE	ISE
Handset not functioning	ISE	ISE	ISE
Solenoid stuck open	ISE	ISE	ISE
Solenoid stuck closed	ISE	ISE	ISE
ADV stuck open	ISE	ISE	ISE
ADV stuck closed	ISE	ISE	ISE
Isolator valve(s) not functioning	ISE	ISE	ISE
Oxygen sensor validation	ISE	ISE	X
CO ₂ sensor validation	IA	IA	IA
Gas sharing	X	X	X

Diver assist and diver rescue	X	X	X
Other problem recognition and emergency procedures specific to the particular unit, environment, or diving conditions	X	X	X
Practical Training and Evaluations			
Demonstrated skills must include, at a minimum:			
Use of checklists	X	X	X
Carbon dioxide absorbent canister packing	X	X	X
Supply gas cylinder analysis and pressure check	X	X	X
Test of one-way valves	X	X	X
System assembly and breathing loop leak testing	X	X	X
Oxygen control system calibration	ISE	ISE	X
Proper pre-breathe procedure	X	X	X
In-water bubble check	X	X	X
Proper buoyancy control during descent, dive operations, and ascent	X	X	X
System monitoring & control during descent, dive operations, and	X	X	X
Proper interpretation and operation of system instrumentation	X	X	X
Proper buddy contact and communication	X	X	X
Use of a line reel or spool to deploy an SMB from planned dive depth and while controlling buoyancy in the water column	X	X	X
Proper management of line reel or spool, and SMB during ascents and safety or required stops	X	X	X
Unit removal and replacement on the surface	X	X	X
Bailout and emergency procedures for self and buddy, including:			
System malfunction recognition and solution	X	X	X
Manual system control	ISE	ISE	ISE
Flooded breathing loop recovery	IA	IA	IA
Absorbent canister failure	X	X	X
Alternate bailout options	X	X	X
Manipulation of onboard and off board cylinder valves	X	X	X
Manipulation of bailout cylinders (removal, replacement, passing and receiving while maintaining buoyancy control)	ISE	ISE	ISE
Manipulation of quick disconnects, isolator valves, and manual controls specific to the unit and gear configuration	ISE	ISE	ISE
Proper system maintenance, including:			
Breathing loop disassembly and disinfection	X	X	X
Oxygen sensor replacement	ISE	ISE	ISE
Battery removal and replacement or recharging	ISE	ISE	ISE
Other tasks as required by specific rebreather models	X	X	X
Written Evaluation	X	X	X
Supervised Rebreather Dives	X	X	X

Entry Level Training – Minimum Underwater Requirements

	Pool/Confined Water	Open water	Supervised Dives
O2	1 Dive, 90 – 120 minutes	4 dives, 120 minute cumulative	2 Dives, 120 minute cumulative
SCR	1 Dive, 90 – 120 minutes	4 dives, 120 minute cumulative	4 dives, 120 minute cumulative
CCR	1 Dive, 90 – 120 minutes	8 dives, 380 minute cumulative	4 dives, 240 minute cumulative

- B. Rebreather Required Decompression, Normoxic, and Hypoxic Mix Training
1. Required Decompression and Normoxic Training may be taught separately or combined.
 2. Prerequisites:
 - a) Required Decompression 25 rebreather dives for a minimum cumulative dive time of 25 hours
 - b) Mixed Gas:
 - (1) Normoxic Mixes – 25 rebreather dives for a minimum cumulative dive time of 25 hours
 - (2) Hypoxic Mixes – Rebreather Required Decompression Certification and Normoxic Certification and 25 decompression rebreather dives for a minimum cumulative dive time of 40 hours on dives requiring decompression
 3. Who may teach: Individuals authorized as a CCR/SRC required decompression and/or Normoxic and/or Hypoxic Mix instructor by the DCB or their designee (this is in addition to the original authorization from [section A #5](#))
 4. Maximum Student/Instructor Ratio: 2 to 1. This ratio is to be reduced as required by environmental conditions or operational constraints
 5. Upon completion of practical training, the diver must demonstrate proficiency in pre-dive, dive, and post-dive operational procedures for the particular model of rebreather to be used
 6. Supervised dives target activities associated with the planned science diving application. Supervisor for these dives is the DSO or designee, experienced with the make/model rebreather being used

Rebreather Required Decompression, Normoxic & Hypoxic Mix Training Requirements

Key: X = include, IA = If Applicable, ISE = If So Equipped

	Deco	Normoxic	Hypoxic Mixes
Required Training Topic			
Academic			
Review of applicable subject matter from previous training	X	X	X
Medical & physiological aspects of:			
Hypercapnia, hypoxia, hyperoxia	X	X	X
Oxygen limitations	X	X	X
Nitrogen limitations	X	X	X
Helium absorption and elimination		X	X
High Pressure Nervous Syndrome (HPNS)			X
System design, assembly, and operation, including:			
Gear considerations and rigging	X	X	X
Gas switching	X	X	X
Dive planning:			
Decompression calculation	X	X	X
Gradient Factors	X	X	X
Scrubber duration and the effects of depth on scrubber function	X	X	X

Gas requirements including bailout scenarios	X	X	X
Bailout gas management – individual vs team bailout	X	X	X
Gas density calculations	X	X	X
Operational Planning	X	X	X
Equivalent narcosis depth theory		X	X
Gas selection, gas mixing and gas formulas		X	X
Problem Recognition & Emergency Procedures:			
Applicable open circuit emergency procedures for common gear	X	X	X
Flooded loop	X	X	X
Cell warnings	X	X	X
Battery warnings	X	X	X
Hypercapnia, hypoxia, hyperoxia	X	X	X
Practical Training and Evaluations			
Demonstrated skills must include, at a minimum:			
Proper demonstration of applicable skills from previous training	X	X	X
Proper manipulation of DSV and/or BOV	X	X	X
Proper descent and bubble check procedures	X	X	X
Proper monitoring of setpoint switching and pO2 levels	X	X	X
Proper interpretation and operation of system instrumentation	X	X	X
System monitoring & control during descent, dive operations, and ascent	X	X	X
Demonstrate the ability to manually change setpoint and electronics settings during the dive	ISE	ISE	ISE
Demonstrate buoyancy control; ability to hover at fixed position in water column without moving hands or feet	X	X	X
Demonstrate controlled ascent with an incapacitated diver including surface tow at least 30 meters / 100 feet with equipment removal on surface, in water too deep to stand	X	X	X
Onboard and off board valve manipulation for proper use, and reduction of gas loss	X	X	X
Diagnosis of and proper reactions for a flooded absorbent canister	X	X	X
Diagnosis of and proper reactions for CO2 breakthrough	X	X	X
Diagnosis of and proper response to Cell Errors	X	X	X
Diagnosis of and proper reactions for Low oxygen drills	X	X	X
Diagnosis of and proper reactions for Flooded Loop	X	X	X
Diagnosis of and proper reactions for High Oxygen Drills	X	X	X
Diagnosis of and proper reactions for electronics and battery	X	X	X
Operation in semi-closed mode	X	X	X
Properly execute the ascent procedures for an incapacitated dive	X	X	X
Proper buddy contact and communication	X	X	X
Use of a line reel or spool to deploy an SMB from planned dive depth and while controlling buoyancy in the water column	X	X	X

Proper management of line reel or spool, and SMB during ascents and safety or required stops	X	X	X
Demonstrate the ability to maintain minimum loop volume	X	X	X
Demonstrate comfort swimming on surface and at depth carrying a single bailout/decompression cylinder/bailout rebreather	X		
Demonstrate ability to pass and retrieve a single bailout/decompression cylinder or bailout rebreather while maintaining position in the water column	X		
Demonstrate ability to pass and receive multiple bailout/decompression cylinders or bailout rebreather while maintaining position in the water column	IA	X	X
Demonstration of the ability to perform simulated decompression stops at pre-determined depths for scheduled times	X	X	X
Demonstration of the ability to perform decompression stops at pre-determined depths for scheduled times	X	X	X
Demonstrate competence managing multiple bailout cylinders, including drop and recovery while maintaining position in the water column	IA	X	X
Demonstrate appropriate reaction to simulated free-flowing deco regulator	X	X	X
Gas share of deco gas for at least 1 minute	X	X	X
Demonstrate oxygen rebreather mode at appropriate stop depth		X	X
Complete bailout scenarios from depth to include decompression obligation on open circuit	X	X	X
Written Evaluation	X	X	X
Supervised Rebreather Dives	X	X	X
Minimum Underwater Requirements			
	Pool/Confined	Openwater	Supervised Dives**
Deco	1 Dive / 60 min	7 Dives / 420 min	4 Dives / 240 min.
Normoxic	1 Dive / 60 min	7 Dives / 420 min	4 Dives / 240 min.
Deco/Normoxic Combined	1 Dive / 60 min	7 Dives / 420 min 3 Normoxic Dives / 180 min	4 Dives / 240 min.
Hypoxic Mixes		7 Dives / 420 min	4 Dives / 240 min.
**A minimum of three supervised dives should comply with authorization parameters			

B. Rebreather Crossover Training

1. Crossover training to a new rebreather platform requires a minimum of 4 training dives for a minimum cumulative dive time of 240 min.
2. Advanced level certification on a new rebreather platform may be awarded upon successful demonstration of required skills using the new platform.

SECTION 12.00 SCIENTIFIC CAVE AND CAVERN DIVING

This section defines specific considerations regarding the following issues for Scientific Cavern and Cave diving:

- Training and/or experience verification requirements for authorization
- Equipment requirements
- Operational requirements and additional safety protocols to be used

Application of this standard is in addition to pertinent requirements of all other sections of this *Manual*.

For cavern or cave dives that also involve staged decompression, rebreathers, and/or mixed gas diving, all requirements for each of the relevant diving techniques, modes, or gases must be met.

No diver must conduct planned operations in caverns, caves, or other overhead environments without prior review and approval of the DCB or designee. The diver must demonstrate that he/she possesses the proper attitude, judgment, and discipline to safely conduct cave and cavern diving in the context of planned operations.

If a conflict exists between this section and other sections in this *Manual*, the information set forth in this section only takes precedence when the scientific diving being conducted takes place wholly or partly within an underwater cave or cavern environment.

12.10 Definition

A dive team must be considered to be cave or cavern diving if at any time during the dive they find themselves in a position where they cannot complete a direct, unobstructed ascent to the surface because of rock formations. In addition to blocking direct access to surfacing, underwater caves have additional environmental hazards including but not limited to:

- The absence of natural light.
- Current or flow that vary in strength and direction. Of particular note is a condition known as siphoning. Siphoning caves have flow or current directed into the cave. This can cause poor visibility as a result of mud and silt being drawn into the cave entrance.
- The presences of silt, sand, mud, clay, etc. that can cause visibility to be reduced to nothing in a very short time.
- Restrictions – Any passage through which two divers cannot easily pass side by side while sharing air make air sharing difficult.
- Cave-Ins – Cave-Ins are a normal part of cave evolution; however experiencing a cave-in during diving operations is extremely unlikely.

12.20 Prerequisites

Prerequisites	Cavern: OC or Rebreather	Cave	Rebreather Cave
Active scientific diver status, with depth qualification sufficient for proposed training location(s)	X	X	X
Completion of a minimum of 25 dives.	X		
Cavern Diver Authorization		X	X

12.30 Training

Training	Cavern: OC or Rebreather	Cave OC	Rebreather Cave
Key: X = include, R = Review, IA = If Applicable, OC = Open Circuit			
Trainers must be qualified for the type of instruction to be provided. Training must be conducted by agencies or instructors approved by the DCB or their designee	X	X	X
Academic			
Policy for diving overhead environments	X	X	X
Environment and environmental hazards	X	X	X
Accident analysis	X	X	X
Psychological considerations	X	X	X
Required equipment and equipment configuration			
Single cylinder with H or Y Valve	IA	IA	
Doubles with Isolation Manifold	IA	IA	
Side Mount		IA	IA
No Mount		IA	IA
Stage Cylinder(s)		IA	IA
Off-board Bailout	IA		X
Communications	X	X	X
Diving techniques			
Body control	X	X	X
Navigation and guidelines	X	X	X
Entry and Exit Protocols (Right of Way)	X	R	R
Use of line arrows and cookies	X	X	X
Line Systems Applicable to the Area and/or Cave System	X	R	R
Line Jumps		X	X
Circuits		X	X
Dive planning			
Rule of Sixths	X	R	R
Rule of Thirds	X	R	R
Gas Matching	IA	X	X
Decompression Theory	R	R	R
Dive Tables	R	R	R
Mixed Mode Diving	IA	IA	IA
Cave geology	X	R	R

Cave hydrology	X	R	R
Cave biology	X	X	X
Emergency procedures	X	X	X
Practical Training and Evaluation			
Land Drills			
Line Reel Use	X	R	R
Techniques and Considerations for Laying a Guideline	X	X	X
Guideline Following	X	R	R
Buddy Communication	X	R	R
Team Positioning for Normal Entry and Exit	X	X	X
Zero Visibility Drills			
Line Reel Use	X	R	R
Line and Line Arrow Identification and Following	X	R	R
Bump and Go (Skills description)		X	X
Emergency Procedures			
How Far Can You Go Out Of Gas?(Skills description)	X	X	X
Team Positioning for Emergency Situations	X	X	X
In-Water			
Demonstrated skills must include, at a minimum:			
A minimum of four (4) cavern dives, preferably to be conducted in a minimum of two (2) different caverns	X		
A minimum of twelve (12) cave dives, preferably to be conducted in a minimum of four (4) different cave sites with differing conditions		X	X
Safety drill (S-drill) – Performed on every dive			
Review of Dive Plan and Turn Pressures	X	X	X
Essential Gear Identification, Positioning, and Function Check	X	X	X
Proper Valve Position Check	X	X	X
Bubble Check	X	X	X
Proper Buoyancy Compensator Use	X	X	X
Proper Trim and Body Positioning	X	X	X
Hovering and Buoyancy With Hand Tasks	X	X	X
Specialized Propulsion Techniques and Anti-Silting Techniques (modified flutter kick, modified frog kick, pull and glide, ceiling walk or shuffle)	X	X	X
Proper Light and Hand Signal Use	X	R	R
Proper Reel and Guideline Use	X	X	X
Ability to Deploy a Primary Reel and Tie Into a Main Line Under Different Conditions (Flow, Visibility, Bottom/Silt, etc.)	X	X	X
Proper Line Placement and Etiquette	X	X	X
Proper Use of Safety Reel		X	X
Proper Use of Jump/Gap Reel(s)		X	X
Use of Drop/Stage Cylinders			
Proper Placement and Retrieval of Cylinder(s) With Minimal Disturbance of Environment and Visibility		IA	IA
Ability to Deploy and Retrieve Cylinders With Minimal Loss of Forward Progress		IA	IA

Surveying	IA	IA	IA
Ability to Properly Critique Their Dives and Performance	X	X	X
Zero Visibility Drills	IA	X	X
Line Reel Use	X	R	R
Buddy Communication	X		
Line and Line Arrow Identification and Following	X	R	R
Bump and Go (Skills Description)		X	X
Emergency Procedures			
Team Positioning for Emergency Situations	X	X	X
Lost Line (Skills Description)		X	X
Lost Buddy	X	X	X
Gas Sharing While Following Guideline (Conducted with and without visibility, As Donor and Receiver)	X	X	X
Gas Sharing in a Minor Restriction Using a Single File Method As Donor and Receiver		X	X
Valve Manipulation	X	X	X
Proper Attitude, Judgment, and Discipline To Safely Conduct Dives In An Overhead Environment	X	X	X
Written Examination			
A written evaluation approved by the DCB with a predetermined passing score, covering concepts of both classroom and practical training	X	X	X

12.40 Equipment Requirements

Equipment used for SCUBA in cave or cavern diving is based on the concept of redundancy. Redundant SCUBA equipment must be carried whenever the planned penetration distances are such that an emergency swimming ascent is not theoretically possible.

Minimum Equipment	Cavern OC	Rebreather Cavern	Cave OC	Rebreather Cave
Key: X = include, R = Review, IA = If Applicable, OC = Open Circuit				
At a minimum, a single cylinder with adequate volume and configured to allow divers to exit from farthest/deepest penetration while supporting self and dive buddy equipped with a “K” valve; standard OC regulator configuration (Section 3.20); and BCD	X			
At minimum, a single cylinder equipped with an “H” or “Y” valve Or an alternate gas supply with adequate volume and configured to allow divers to exit from farthest/deepest penetration while supporting self and dive buddy			IA	
Off-board/bailout gas supply of sufficient volume and configured to allow diver to exit from farthest/deepest penetration	IA	X		X
A BCD capable of being inflated from the cylinder	X	X	X	X
Slate and pencil	X	X	X	X
A functioning primary light with sufficient burn time			X	X

for the planned dive				
Two functioning battery powered secondary lights	X	X	X	X
Two cutting devices	X	X	X	X
One primary reel of at least 350 feet (106 m) for each team	X	X	X	X
Safety reel with at least 150 feet (45.6 m) of line			X	X
Directional Line Markers			X	X
Cylinders with dual orifice isolation valve manifold Or independent SCUBA systems* with enough volume for the planned dive plus required reserve			X	
Two completely independent regulators, at least one of each having submersible tank pressure gauge and a low pressure inflator for the BCD			X	
One regulator to be configured with a five foot or longer second stage hose			X	
Rebreather		X		X
Off-board Bailout of sufficient capacity for the diver to exit to the surface		X		X
*Independent SCUBA systems must be configured to allow for monitoring of gas pressures in each cylinder				

12.50 Operational Requirements and Safety Protocols

Operational Requirements and Safety Protocols	Cavern	Cave
Diving must not be conducted at penetration distance into the overhead environment greater than 200 feet (60 m) from the water's surface, with a depth limit of 100 feet (30 m)	X	
Dive teams must perform a safety drill prior to each dive that includes equipment check, gas management, and dive objectives	X	X
Each team within the overhead zone must utilize a continuous guideline appropriate for the environment leading to a point from which an uninterrupted ascent to the surface may be made	X	X
Gas management must be appropriate for the planned dive with special considerations made for; DPV's, siphon diving, rebreathers, etc.	X	X
The entire dive team is to immediately terminate the dive whenever any dive team member calls (terminates) the dive	X	X

Appendices

Appendix 1 Through 8

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APPENDIX 1

DIVING MEDICAL EXAM OVERVIEW FOR THE EXAMINING PHYSICIAN

TO THE EXAMINING PHYSICIAN:

This person, _____, requires a medical examination to assess their fitness for certification as a Scientific Diver for the *College of the Florida Keys* (Organizational Member). Their answers on the Diving Medical History Form (attached) may indicate potential health or safety risks as noted. Your evaluation is requested on the attached scuba Diving Fitness Medical Evaluation Report. If you have questions about diving medicine, you may wish to consult one of the references on the attached list or contact one of the physicians with expertise in diving medicine whose names and phone numbers appear on an attached list, the Undersea Hyperbaric and Medical Society, or the Divers Alert Network. Please contact the undersigned Diving Safety Officer if you have any questions or concerns about diving medicine or *The College of the Florida Keys* standards. Thank you for your assistance.

_____	_____
Diving Safety Officer	Date
_____	_____
Printed Name	Phone Number

Scuba and other modes of compressed-gas diving can be strenuous and hazardous. A special risk is present if the middle ear, sinuses, or lung segments do not readily equalize air pressure changes. The most common cause of distress is eustachian insufficiency. Recent deaths in the scientific diving community have been attributed to cardiovascular disease. Please consult the following list of conditions that usually restrict candidates from diving.
(Adapted from Bove, 1998: bracketed numbers are pages in Bove)

CONDITIONS WHICH MAY DISQUALIFY CANDIDATES FROM DIVING

1. Abnormalities of the tympanic membrane, such as perforation, presence of a monomeric membrane, or inability to autoinflate the middle ears. [5, 7, 8, 9]
2. Vertigo, including Meniere's Disease. [13]
3. Stapedectomy or middle ear reconstructive surgery. [11]
4. Recent ocular surgery. [15, 18, 19]
5. Psychiatric disorders including claustrophobia, suicidal ideation, psychosis, anxiety states, untreated depression. [20 - 23]
6. Substance abuse, including alcohol. [24 - 25]
7. Episodic loss of consciousness. [1, 26, 27]
8. History of seizure. [27, 28]
9. History of stroke or a fixed neurological deficit. [29, 30]
10. Recurring neurologic disorders, including transient ischemic attacks. [29, 30]
11. History of intracranial aneurysm, other vascular malformation or intracranial hemorrhage. [31]
12. History of neurological decompression illness with residual deficit. [29, 30]
13. Head injury with sequelae. [26, 27]
14. Hematologic disorders including coagulopathies. [41, 42]
15. Evidence of coronary artery disease or high risk for coronary artery disease. [33 - 35]
16. Atrial septal defects. [39]
17. Significant valvular heart disease - isolated mitral valve prolapse is not disqualifying. [38]
18. Significant cardiac rhythm or conduction abnormalities. [36 - 37]
19. Implanted cardiac pacemakers and cardiac defibrillators (ICD). [39, 40]
20. Inadequate exercise tolerance. [34]
21. Severe hypertension. [35]
22. History of spontaneous or traumatic pneumothorax. [45]
23. Asthma. [42 - 44]
24. Chronic pulmonary disease, including radiographic evidence of pulmonary blebs, bullae, or cysts. [45,46]
25. Diabetes mellitus. [46 - 47]
26. Pregnancy. [56]

SELECTED REFERENCES IN DIVING MEDICINE

Available from Best Publishing Company, P.O. Box 30100, Flagstaff, AZ 86003-0100, the Divers Alert Network (DAN) or the Undersea and Hyperbaric Medical Society (UHMS), Durham, NC

- Elliott, D.H. ed. 1996. *Are Asthmatics Fit to Dive?* Kensington, MD: Undersea and Hyperbaric Medical Society.
- Bove, A.A. 2011. The cardiovascular system and diving risk. *Undersea and Hyperbaric Medicine* 38(4): 261-269.
- Thompson, P.D. 2011. The cardiovascular risks of diving. *Undersea and Hyperbaric Medicine* 38(4): 271-277.
- Douglas, P.S. 2011. Cardiovascular screening in asymptomatic adults: Lessons for the diving world. *Undersea and Hyperbaric Medicine* 38(4): 279-287.
- Mitchell, S.J., and A.A. Bove. 2011. Medical screening of recreational divers for cardiovascular disease: Consensus discussion at the Divers Alert Network Fatality Workshop. *Undersea and Hyperbaric Medicine* 38(4): 289-296.
- Grundy, S.M., Pasternak, R., Greenland, P., Smith, S., and Fuster, V. 1999. . AHA/ACC Scientific Statement. *Journal of the American College of Cardiology*, 34: 1348-1359. <http://content.onlinejacc.org/cgi/content/short/34/4/1348>
- Bove, A.A. and Davis, J. 2003. *DIVING MEDICINE*, Fourth Edition. Philadelphia: W.B. Saunders Company.
- Edmonds, C., Lowry, C., Pennefather, J. and Walker, R. 2002. *DIVING AND SUBAQUATIC MEDICINE*, Fourth Edition. London: Hodder Arnold Publishers.
- Bove, A.A. ed. 1998. *MEDICAL EXAMINATION OF SPORT SCUBA DIVERS*, San Antonio, TX: Medical Seminars, Inc.
- NOAA *DIVING MANUAL*, NOAA. Superintendent of Documents. Washington, DC: U.S. Government Printing Office.
- U.S. *NAVY DIVING MANUAL*. Superintendent of Documents, Washington, DC: U.S. Government Printing Office, Washington, D.C.

APPENDIX 2

AAUS MEDICAL EVALUATION OF FITNESS FOR SCUBA DIVING REPORT

Name of Applicant (Print or Type)

Date of Medical Evaluation (Month/Day/Year)

To The Examining Physician: Scientific divers require periodic scuba diving medical examinations to assess their fitness to engage in diving with self-contained underwater breathing apparatus (scuba). Their answers on the Diving Medical History Form may indicate potential health or safety risks as noted. Scuba diving is an activity that puts unusual stress on the individual in several ways. Your evaluation is requested on this Medical Evaluation form. Your opinion on the applicant's medical fitness is requested. Scuba diving requires heavy exertion. The diver must be free of cardiovascular and respiratory disease (see references, following page). An absolute requirement is the ability of the lungs, middle ears and sinuses to equalize pressure. Any condition that risks the loss of consciousness should disqualify the applicant. Please proceed in accordance with the AAUS Medical Standards (Sec. 5.00). If you have questions about diving medicine, please consult with the Undersea Hyperbaric Medical Society or Divers Alert Network.

TESTS: THE FOLLOWING TESTS ARE REQUIRED:

DURING ALL INITIAL AND PERIODIC RE-EXAMS (UNDER AGE 40):

- Medical history
- Complete physical exam, with emphasis on neurological and otological components
- Urinalysis
- Any further tests deemed necessary by the physician

ADDITIONAL TESTS DURING FIRST EXAM OVER AGE 40 AND PERIODIC RE-EXAMS (OVER AGE 40):

- Chest x-ray (Required only during first exam over age 40)
- Resting EKG
- Assessment of coronary artery disease using Multiple-Risk-Factor Assessment¹ (age, lipid profile, blood pressure, diabetic screening, smoking)

Note: Exercise stress testing may be indicated based on Multiple-Risk-Factor Assessment¹

PHYSICIAN'S STATEMENT:

I have evaluated the above mentioned individual according to the tests listed above. I have discussed with the patient any medical condition(s) that would not disqualify him/her from diving but which may seriously compromise subsequent health. The patient understands the nature of the hazards and the risks involved in diving with these conditions.

_____ 01 I find no medical conditions that may be disqualifying for participation in scuba diving.

Diver **IS** medically qualified to dive for: _____ 2 years (over age 60)
 _____ 3 years (age 40-59)
 _____ 5 years (under age 40)

_____ 02 Diver **IS NOT** medically qualified to dive: _____ Permanently _____ Temporarily.

Signature MD or DO _____
Date

Name (Print or Type)

Address

Telephone Number E-Mail Address

My familiarity with applicant is: _____ This exam only _____ Regular physician for _____ years

My familiarity with diving medicine is: _____

APPENDIX 2b
AAUS MEDICAL EVALUATION OF FITNESS FOR SCUBA DIVING
REPORT

APPLICANT'S RELEASE OF MEDICAL INFORMATION FORM

Name of Applicant (Print or Type)

I authorize the release of this information and all medical information subsequently acquired in association with my diving to the _____ Diving Safety Officer and Diving Control Board or their designee at (place) _____ on (date) _____

Signature of Applicant _____ Date _____

REFERENCES

¹ Grundy, S.M., Pasternak, R., Greenland, P., Smith, S., and Fuster, V. 1999. AHA/ACC Scientific Statement. *Journal of the American College of Cardiology*, 34: 1348-1359. <http://content.onlinejacc.org/cgi/content/short/34/4/1348>

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APPENDIX 3 DIVING MEDICAL HISTORY FORM

(To Be Completed By Applicant-Diver)

Name _____ DOB ____ Age ____ Wt. ____ Ht. ____

Sponsor _____ Date ____/____/____
(Dept./Project/Program/School, etc.) (Mo/Day/Yr)

TO THE APPLICANT:

Scuba diving places considerable physical and mental demands on the diver. Certain medical and physical requirements must be met before beginning a diving or training program. Your accurate answers to the questions are more important, in many instances, in determining your fitness to dive than what the physician may see, hear or feel as part of the diving medical certification procedure.

This form must be kept confidential by the examining physician. If you believe any question amounts to invasion of your privacy, you may elect to omit an answer, provided that you must subsequently discuss that matter with your own physician who must then indicate, in writing, that you have done so and that no health hazard exists.

Should your answers indicate a condition, which might make diving hazardous, you will be asked to review the matter with your physician. In such instances, their written authorization will be required in order for further consideration to be given to your application. If your physician concludes that diving would involve undue risk for you, remember that they are concerned only with your well-being and safety.

	Yes	No	Please indicate whether or not the following apply to you	Comments
1			Convulsions, seizures, or epilepsy	
2			Fainting spells or dizziness	
3			Been addicted to drugs	
4			Diabetes	
5			Motion sickness or sea/air sickness	
6			Claustrophobia	
7			Mental disorder or nervous breakdown	
8			Are you pregnant?	
9			Do you suffer from menstrual problems?	
10			Anxiety spells or hyperventilation	
11			Frequent sour stomachs, nervous stomachs or vomiting spells	
12			Had a major operation	
13			Presently being treated by a physician	
14			Taking any medication regularly (even non-prescription)	
15			Been rejected or restricted from sports	
16			Headaches (frequent and severe)	
17			Wear dental plates	
18			Wear glasses or contact lenses	
19			Bleeding disorders	
20			Alcoholism	
21			Any problems related to diving	
22			Nervous tension or emotional problems	

	Yes	No	Please indicate whether or not the following apply to you	Comments
23			Take tranquilizers	
24			Perforated ear drums	
25			Hay fever	
26			Frequent sinus trouble, frequent drainage from the nose, post-nasal drip, or stuffy nose	
27			Frequent earaches	
28			Drainage from the ears	
29			Difficulty with your ears in airplanes or on mountains	
30			Ear surgery	
31			Ringling in your ears	
32			Frequent dizzy spells	
33			Hearing problems	
34			Trouble equalizing pressure in your ears	
35			Asthma	
36			Wheezing attacks	
37			Cough (chronic or recurrent)	
38			Frequently raise sputum	
39			Pleurisy	
40			Collapsed lung (pneumothorax)	
41			Lung cysts	
42			Pneumonia	
43			Tuberculosis	
44			Shortness of breath	
45			Lung problem or abnormality	
46			Spit blood	
47			Breathing difficulty after eating particular foods, after exposure to particular pollens or animals	
48			Are you subject to bronchitis	
49			Subcutaneous emphysema (air under the skin)	
50			Air embolism after diving	
51			Decompression sickness	
52			Rheumatic fever	
53			Scarlet fever	
54			Heart murmur	
55			Large heart	
56			High blood pressure	
57			Angina (heart pains or pressure in the chest)	
58			Heart attack	

	Yes	No	Please indicate whether or not the following apply to you	Comments
59			Low blood pressure	
60			Recurrent or persistent swelling of the legs	
61			Pounding, rapid heartbeat or palpitations	
62			Easily fatigued or short of breath	
63			Abnormal EKG	
64			Joint problems, dislocations or arthritis	
65			Back trouble or back injuries	
66			Ruptured or slipped disk	
67			Limiting physical handicaps	
68			Muscle cramps	
69			Varicose veins	
70			Amputations	
71			Head injury causing unconsciousness	
72			Paralysis	
73			Have you ever had an adverse reaction to medication?	
74			Do you smoke?	
75			Have you ever had any other medical problems not listed? If so, please list or describe below;	
76			Is there a family history of high cholesterol?	
77			Is there a family history of heart disease or stroke?	
78			Is there a family history of diabetes?	
79			Is there a family history of asthma?	
80			Date of last tetanus shot? Vaccination dates?	

Please explain any "yes" answers to the above questions.

I certify that the above answers and information represent an accurate and complete description of my medical history.

Signature

Date

APPENDIX 4 RECOMMENDED PHYSICIANS WITH EXPERTISE IN DIVING MEDICINE

A List of Medical Doctors that have training and expertise in diving or undersea medicine can be found through the [Undersea and Hyperbaric Medical Society](#) or [Divers Alert Network](#).

Michael Burton
1446 Kennedy Ave
Key West, FL 33040
305-294-8900

Michael Arnett**
NAS Key West
Key West, FL
305-293-4154

Southern Medical Group
1111 12th St, #210
Key West, FL 33040
305-296-2414

Laurie Kardon*
4570 Lantana Rd
Lake Worth, FL 33463
561-213-4999

George Bordenave*
4908 SW 8th St
Miami, FL 33134
305-446-2444

* Level I graduates of the (UHMS) Fitness to Dive courses.

**Military Physician.

APPENDIX 5

DEFINITION OF TERMS

Air sharing - Sharing of an air supply between divers.

ATA(s) - “Atmospheres Absolute”, Total pressure exerted on an object, by a gas or mixture of gases, at a specific depth or elevation, including normal atmospheric pressure.

Alternate Gas Supply - Fully redundant system capable of providing a gas source to the diver should their primary gas supply fail.

Authorization-The DCB authorizes divers to dive using specialized modes of diving, and the depth they may dive to.

Breath-hold Diving - A diving mode in which the diver uses no self-contained or surface-supplied air or oxygen supply.

Bubble Check - Visual examination by the dive team of their diving systems, looking for O-ring leaks or other air leaks conducted in the water prior to entering a cave. Usually included in the "S" Drill.

Buddy Breathing - Sharing of a single air source between divers.

Buddy System -Two comparably equipped scuba divers in the water in constant communication.

Buoyant Ascent - An ascent made using some form of positive buoyancy.

Cave Dive - A dive, which takes place partially or wholly underground, in which one or more of the environmental parameters defining a cavern dive are exceeded.

Cavern Dive - A dive which takes place partially or wholly underground, in which natural sunlight is continuously visible from the entrance.

Certified Diver - A diver who holds a recognized valid certification from an AAUS OM or internationally recognized certifying agency.

(Scientific Diver) Certification- A diver who holds a recognized valid certification from an AAUS OM

Controlled Ascent - Any one of several kinds of ascents including normal, swimming, and air sharing ascents where the diver(s) maintain control so a pause or stop can be made during the ascent.

Cylinder - A pressure vessel for the storage of gases.

Decompression Sickness - A condition with a variety of symptoms, which may result from gas, and bubbles in the tissues of divers after pressure reduction.

Designated Person-In-Charge – Surface Supplied diving mode manning requirement. An individual designated by the CFK DCB or designee with the experience or training necessary to direct, and oversee in the surface supplied diving operation being conducted.

Dive - A descent into the water, an underwater diving activity utilizing compressed gas, an ascent, and return to the surface.

Dive Computer - A microprocessor based device which computes a diver’s theoretical decompression status, in real time, by using pressure (depth) and time as input to a decompression model, or set of decompression tables, programmed into the device.

Dive Location - A surface or vessel from which a diving operation is conducted.

Dive Site - Physical location of a diver during a dive.

Dive Table - A profile or set of profiles of depth-time relationships for ascent rates and breathing mixtures to be followed after a specific depth-time exposure or exposures.

Diver – A person who stays underwater for long periods by having compressed gas supplied from the surface or by carrying a supply of compressed gas.

Diver-In-Training - An individual gaining experience and training in additional diving activities under the supervision of a dive team member experienced in those activities.

Diving Mode - A type of diving required specific equipment, procedures, and techniques, for example, snorkel, scuba, surface-supplied air, or mixed gas.

Diving Control Board (DCB) - Group of individuals who act as the official representative of the membership organization in matters concerning the scientific diving program ([See Diving Control Board under Section 1.0](#)).

Diving Safety Officer (DSO) - Individual responsible for the safe conduct of the scientific diving program of the membership organization ([See Diving Safety Officer under Section 1.0](#)).

DPIC – See Designated Person-In-Charge.

EAD - Equivalent Air Depth (see below).

Emergency Swimming Ascent - An ascent made under emergency conditions where the diver may exceed the normal ascent rate.

Enriched Air (EANx) - A name for a breathing mixture of air and oxygen when the percent of oxygen exceeds 21%. This term is considered synonymous with the term “nitrox” ([Section 6.00](#)).

Equivalent Air Depth (EAD) - Depth at which air will have the same nitrogen partial pressure as the nitrox mixture being used. This number, expressed in units of feet seawater or saltwater, will always be less than the actual depth for any enriched air mixture.

Flooded Mine Diving - Diving in the flooded portions of a man-made mine. Necessitates use of techniques detailed for cave diving.

fO_2 - Fraction of oxygen in a gas mixture, expressed as either a decimal or percentage, by volume.

FSW - Feet of seawater.

Gas Management - Gas planning rule which is used in cave diving environments in which the diver reserves a portion of their available breathing gas for anticipated emergencies (See Rule of Thirds, Sixths).

Gas Matching – The technique of calculating breathing gas reserves and turn pressures for divers using different volume cylinders. Divers outfitted with the same volume cylinders may employ the Rule of Thirds for gas management purposes. Divers outfitted with different volume cylinders will not observe the same gauge readings when their cylinders contain the same gas volume, therefore the Rule of Thirds will not guarantee adequate reserve if both divers must breathe from a single gas volume at a Rule of Thirds turn pressure. Gas Matching is based on individual consumption rates in volume consumed per minute. It allows divers to calculate turn pressures based on combined consumption rates and to convert the required reserve to a gauge based turn pressure specific to each diver’s cylinder configuration.

Guideline - Continuous line used as a navigational reference during a dive leading from the team position to a point where a direct vertical ascent may be made to the surface.

Hookah - While similar to Surface Supplied in that the breathing gas is supplied from the surface by means of a pressurized hose, the supply hose does not require a strength member, pneumofathometer

hose, or communication line. Hookah equipment may be as simple as a long hose attached to a standard scuba cylinder supplying a standard scuba second stage. The diver is responsible for the monitoring his/her own depth, time, and diving profile.

Hyperbaric Chamber - See Recompression chamber.

Hyperbaric Conditions - Pressure conditions in excess of normal atmospheric pressure at the dive location.

Independent Reserve Breathing Gas - A diver-carried independent supply of air or mixed gas (as appropriate) sufficient under standard operating conditions to allow the diver to reach the surface, or another source of breathing gas, or to be reached by another diver.

Jump/Gap Reel - Spool or reel used to connect one guide-line to another thus ensuring a continuous line to the exit.

Life Support Equipment – Underwater equipment necessary to sustain life.

Lead Diver - Certified scientific diver with experience and training to conduct the diving operation.

Organizational Member (OM) - An organization which is a current member of the AAUS, and which has a program, which adheres to the standards of the AAUS as, set forth in the *AAUS Manual*.

Manifold with Isolator Valve - A manifold joining two diving cylinders, that allows the use of two completely independent regulators. If either regulator fails, it may be shut off, allowing the remaining regulator access to the gas in both of the diving cylinders.

Mixed Gas - Breathing gas containing proportions of inert gas other than nitrogen greater than 1% by volume.

Mixed Gas Diving - A diving mode in which the diver is supplied in the water with a breathing gas other than air.

MOD - Maximum Operating Depth, usually determined as the depth at which the pO₂ for a given gas mixture reaches a predetermined maximum.

Nitrox - Any gas mixture comprised predominately of nitrogen and oxygen, most frequently containing between 22% and 40% oxygen. Also be referred to as Enriched Air Nitrox, abbreviated EAN.

Normal Ascent - An ascent made with an adequate air supply at a rate of 30 feet per minute or less.

OTU - Oxygen Toxicity Unit

Oxygen Compatible - A gas delivery system that has components (O-rings, valve seats, diaphragms, etc.) that are compatible with oxygen at a stated pressure and temperature.

Oxygen Service - A gas delivery system that is both oxygen clean and oxygen compatible.

Oxygen Toxicity - Any adverse reaction of the central nervous system (“acute” or “CNS” oxygen toxicity) or lungs (“chronic”, “whole-body”, or “pulmonary” oxygen toxicity) brought on by exposure to an increased (above atmospheric levels) partial pressure of oxygen.

Penetration Distance - Linear distance from the entrance intended or reached by a dive team during a dive at a dive site.

Pressure-Related Injury - An injury resulting from pressure disequilibrium within the body as the result of hyperbaric exposure. Examples include: decompression sickness, pneumothorax, mediastinal emphysema, air embolism, subcutaneous emphysema, or ruptured eardrum.

Pressure Vessel - See cylinder.

pO₂ - Inspired partial pressure of oxygen, usually expressed in units of atmospheres absolute.

Primary Reel - Initial guideline used by the dive team from open water to maximum penetration or a permanently installed guideline.

Psi - Unit of pressure, “pounds per square inch.

Psig - Unit of pressure, “pounds per square inch gauge.

Recompression Chamber - A pressure vessel for human occupancy. Also called a hyperbaric chamber or decompression chamber.

Restriction - Any passage through which two divers cannot easily pass side by side while sharing air.

Rule of Thirds - Gas planning rule which is used in cave diving environments in which the diver reserves 2/3's of their breathing gas supply for exiting the cave or cavern.

Rule of Sixths - Air planning rule which is used in cave or other confined diving environments in which the diver reserves 5/6's of their breathing gas supply (for DPV use, siphon diving, etc.) for exiting the cave or cavern.

Safety Drill - ("S" Drill) - Short gas sharing, equipment evaluation, dive plan, and communication exercise carried out prior to entering a cave or cavern dive by the dive team.

Safety Reel - Secondary reel used as a backup to the primary reel, usually containing 150 feet of guideline that is used in an emergency.

Safety Stop – A stop made between 15-20 feet (5-6 meters) for 3-5 minutes during the final ascent phase of a dive.

Scientific Diving - Scientific diving is defined (29CFR1910.402) as diving performed solely as a necessary part of a scientific, research, or educational activity by employees whose sole purpose for diving is to perform scientific research tasks.

Scuba Diving - A diving mode independent of surface supply in which the diver uses open circuit self-contained underwater breathing apparatus.

Side Mount - A diving mode utilizing two independent SCUBA systems carried along the sides of the diver's body; either of which always has sufficient air to allow the diver to reach the surface unassisted.

Siphon - Cave into which water flows with a generally continuous in-current.

Standby Diver - A diver at the dive location capable of rendering assistance to a diver in the water.

Surface Supplied Diving - Surface Supplied: Dives where the breathing gas is supplied from the surface by means of a pressurized umbilical hose. The umbilical generally consists of a gas supply hose, strength member, pneumofathometer hose, and communication line. The umbilical supplies a helmet or full-face mask. The diver may rely on the tender at the surface to keep up with the divers' depth, time and diving profile.

Swimming Ascent - An ascent, which can be done under normal or emergency conditions accomplished by simply swimming to the surface.

Tender - Used in Surface supplied and tethered diving. The tender comprises the topsides buddy for the in-water diver on the other end of the tether. The tender must have the experience or training to perform the assigned tasks in a safe and healthful manner.

Turn Pressure – The gauge reading of a diver's open circuit scuba system designating the gas limit for terminating the dive and beginning the exit from the water.

Umbilical - Composite hose bundle between a dive location and a diver or bell, or between a diver and a bell, which supplies a diver or bell with breathing gas, communications, power, or heat, as appropriate to the diving mode or conditions, and includes a safety line between the diver and the dive location.

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APPENDIX 6

AAUS REQUEST FOR DIVING RECIPROCITY FORM VERIFICATION OF DIVER TRAINING AND EXPERIENCE

Diver: _____

Date: _____

This letter serves to verify that the above listed person has met the training and pre-requisites as indicated below, and has completed all requirements necessary to be certified as a *(Scientific Diver / Diver in Training)* as established by The College of the Florida Keys Diving Safety Manual, and has demonstrated competency in the indicated areas. The College of the Florida Keys is an AAUS OM and meets or exceeds all AAUS training requirements.

The following is a brief summary of this diver's personnel file regarding dive status at

(Date) _____
_____ Original diving authorization
_____ Written scientific diving examination
_____ Last diving medical examination _____ Medical examination expiration date _____
_____ Most recent checkout dive
_____ Scuba regulator/equipment service/test
_____ CPR training (Agency) _____ CPR Exp. _____
_____ Oxygen administration (Agency) _____ O2 Exp. _____
_____ First aid for diving _____ F.A. Exp. _____
_____ Date of last dive _____ Depth _____
Number of dives completed within previous 12 months? _____ Depth Authorization _____ feet
Total number of career dives? _____

Any restrictions or Waivers of Requirements? (Y/N) _____ if yes, explain:

Please indicate any pertinent authorizations or training:

Emergency Information:

Name: _____ Relationship: _____
Telephone: _____ (work) _____ (home)
Address: _____

This is to verify that the above information is complete and correct

Diving Safety Officer:

(Signature) _____ (Date) _____

(Print) _____

APPENDIX 7

EMERGENCY ACTION PLAN

Introduction

A diving accident victim could be any person who has been breathing compressed gas underwater regardless of depth. It is essential that emergency procedures are pre-planned and that medical treatment is initiated as soon as possible.

General Procedures

Depending on and according to the nature of the diving accident:

1. Make appropriate contact with victim or rescue as required.
2. Establish (A)irway (B)reathing (C)irculation or (C)irculation (A)irway (B)reathing as appropriate
3. Stabilize the victim
3. Administer 100% oxygen, if appropriate (in cases of Decompression Illness, or Near Drowning).
4. Call local Emergency Medical System (EMS) for transport to nearest medical treatment facility. Explain the circumstances of the dive incident to the evacuation teams, medics and physicians. Do not assume that they understand why 100% oxygen may be required for the diving accident victim or that recompression treatment may be necessary.
5. Call appropriate Diving Accident Coordinator for contact with diving physician and recompression chamber, etc.
6. Notify DSO or designee according to the Emergency Action Plan of CFK.
7. Complete and submit Incident Report Form (www.aaus.org) to the DCB of the organization and the AAUS ([Section 2.70 Required Incident Reporting](#)).

List of Emergency Contact Numbers Appropriate for Dive Location

Available Procedures

- Emergency care
- Recompression
- Evacuation

Emergency Plan Content

- Name, telephone number, and relationship of person to be contacted for each diver in the event of an emergency.
- Nearest operational recompression chamber.
- Nearest accessible hospital.
- Available means of transport.

APPENDIX 8

AAUS STATISTICS COLLECTION CRITERIA AND DEFINITIONS

COLLECTION CRITERIA:

The "Dive Time in Minutes", "The Number of Dives Logged", and the "Number of Divers Logging Dives" will be collected for the following categories.

- Dive Classification
- Breathing Gas
- Diving Mode
- Decompression Planning and Calculation Method
- Depth Ranges
- Specialized Environments
- Incident Types

Dive Time in Minutes is defined as the surface-to-surface time including any safety or required decompression stops.

A Dive is defined as a descent underwater utilizing compressed gas and subsequent ascent/return to the surface with a minimum surface interval of 10 minutes.

Dives will not be differentiated as open water or confined water dives. But open water and confined water dives will be logged and submitted for AAUS statistics classified as either scientific or training/proficiency.

A "Diver Logging a Dive" is defined as a person who is diving under the auspices of your scientific diving organization. Dives logged by divers from another AAUS Organization will be reported with the diver's home organization. Only a diver who has actually logged a dive during the reporting period is counted under this category.

Incident(s) that occur during the collection cycle: Only incidents that occurred during, or resulting from, a dive where the diver is breathing a compressed gas will be submitted to AAUS.

DEFINITIONS:

Dive Classification:

- Scientific Dives: Dives that meet the scientific diving exemption as defined in 29 CFR 1910.402. Diving tasks traditionally associated with a specific scientific discipline are considered a scientific dive. Construction and trouble-shooting tasks traditionally associated with commercial diving are not considered a scientific dive.
- Training and Proficiency Dives: Dives performed as part of a scientific diver-training program, or dives performed in maintenance of a scientific diving certification/authorization.

Breathing Gas:

- Air: Dives where the bottom gas used for the dive is air.
- Nitrox: Dives where the bottom gas used for the dive is a combination of nitrogen and oxygen percentages different from those of air.

- Mixed Gas: Dives where the bottom gas used for the dive is a combination of oxygen, nitrogen, and helium (or other inert gas), or any other breathing gas combination not classified as air or nitrox.

Diving Mode:

- Open Circuit SCUBA: Dives where the breathing gas is inhaled from a self-contained underwater breathing apparatus and all of the exhaled gas leaves the breathing loop.
- Surface Supplied: Dives where the breathing gas is supplied from the surface by means of a pressurized umbilical hose. The umbilical generally consists of a gas supply hose, strength member, pneumofathometer hose, and communication line. The umbilical supplies a helmet or full-face mask. The diver may rely on the tender at the surface to monitor the divers' depth, time and diving profile.
- Hookah: While similar to Surface Supplied in that the breathing gas is supplied from the surface by means of a pressurized hose, the supply hose does not require a strength member, pneumofathometer hose, or communication line. Hookah equipment may be as simple as a long hose attached to a standard scuba cylinder supplying a standard scuba second stage. The diver is responsible for monitoring his/her own depth, time, and diving profile.
- Rebreathers: Dives where the breathing gas is repeatedly recycled in a breathing loop. The breathing loop may be fully closed or semi-closed. Note: A rebreather dive ending in an open circuit bailout is still logged as a rebreather dive.

Decompression Planning and Calculation Method:

- Dive Tables
- Dive Computer
- PC Based Decompression Software

Depth Ranges:

Depth ranges for sorting logged dives are: 0-30, 31-60, 61-100, 101-130, 131-150, 151-190, 191-250, 251-300, and 301->. Depths are in feet seawater (when measured in meters: 0-10, >10-30, >30-40, >40-45, >45-58, >58-76, >76-92, and >92->). A dive is logged to the maximum depth reached during the dive. Note: Only "The Number of Dives Logged" and "The Number of Divers Logging Dives" will be collected for this category.

Specialized Environments:

- Required Decompression: Any dive where the diver exceeds the no-decompression limit of the decompression planning method being employed.
- Overhead Environments: Any dive where the diver does not have direct access to the surface due to a physical obstruction.
- Blue Water Diving: Openwater diving where the bottom is generally greater than 200 feet deep and requires the use of multiple-tethers diving techniques.
- Ice and Polar Diving: Any dive conducted under ice or in polar conditions. Note: An Ice Dive would also be classified as an Overhead Environment dive.
- Saturation Diving: Excursion dives conducted as part of a saturation mission are to be logged by "classification", "mode", "gas", etc. The "surface" for these excursions is defined as leaving and surfacing within the Habitat. Time spent within the Habitat or chamber must not be logged by AAUS.

- Aquarium: An aquarium is a shallow, confined body of water, which is operated by or under the control of an institution and is used for the purposes of specimen exhibit, education, husbandry, or research (Not a swimming pool).

Incident Types:

- Hyperbaric: Decompression Sickness, AGE, or other barotrauma requiring recompression therapy.
- Barotrauma: Barotrauma requiring medical attention from a physician or medical facility, but not requiring recompression therapy.
- Injury: Any non-barotrauma injury occurring during a dive that requires medical attention from a physician or medical facility.
- Illness: Any illness requiring medical attention that can be attributed to diving.
- Near Drowning/ Hypoxia: An incident where a person asphyxiates to the minimum point of unconsciousness during a dive involving a compressed gas. But the person recovers.
- Hyperoxic/Oxygen Toxicity: An incident that can be attributed to the diver being exposed to too high a partial pressure of oxygen.
- Hypercapnea: An incident that can be attributed to the diver being exposed to an excess of carbon dioxide.
- Fatality: Any death accruing during a dive or resulting from the diving exposure.
- Other: An incident that does not fit one of the listed incident types

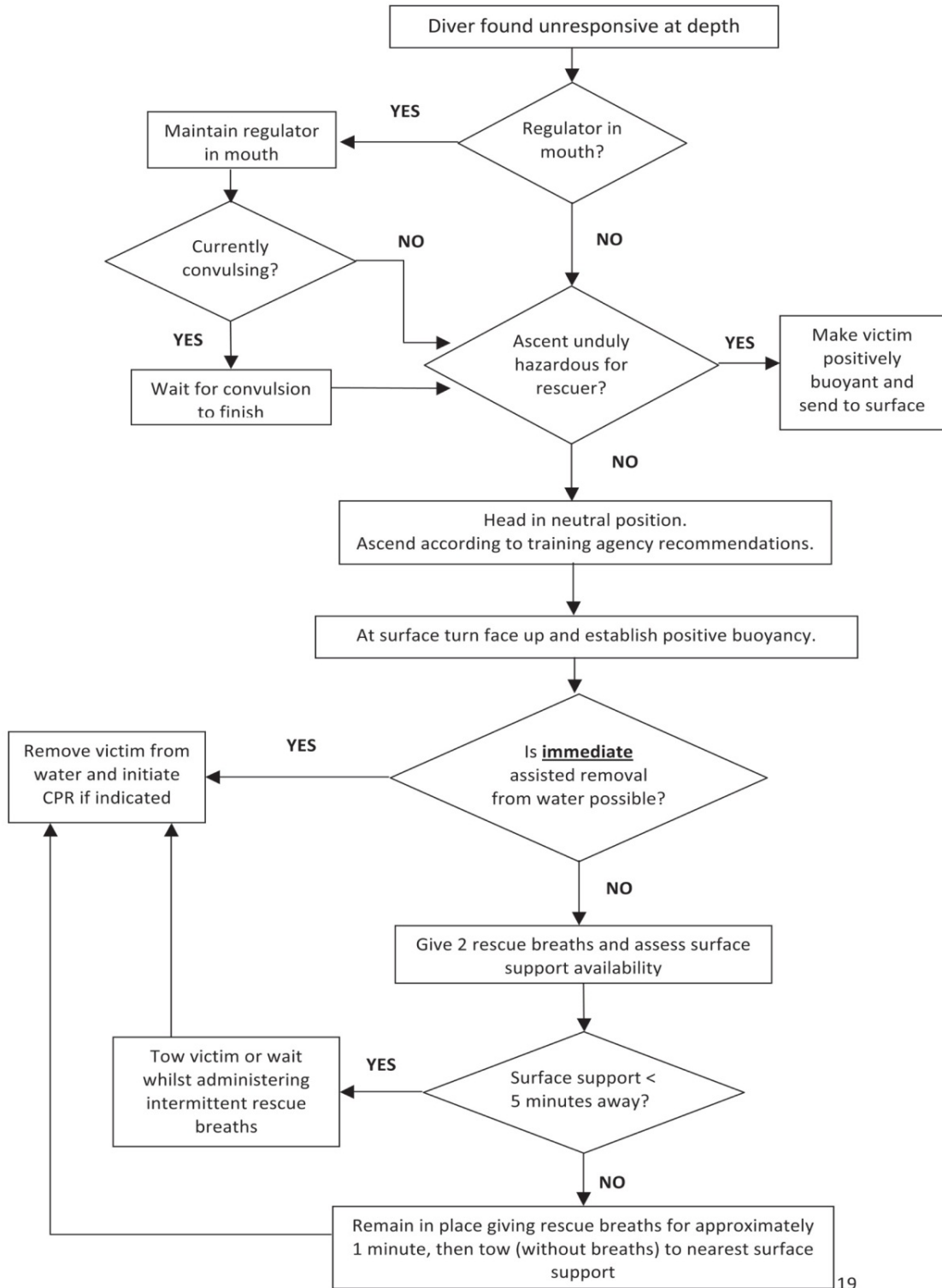
Incident Classification Rating Scale:

- Minor: Injuries that CFK considers being minor in nature. Examples of this classification of incident would include, but not be limited to:
 - Mask squeeze that produced discoloration of the eyes.
 - Lacerations requiring medical attention but not involving moderate or severe bleeding.
 - Other injuries that would not be expected to produce long term adverse effects on the diver's health or diving status.
- Moderate: Injuries that CFK considers being moderate in nature. Examples of this classification would include, but not be limited to:
 - DCS symptoms that resolved with the administration of oxygen, hyperbaric treatment given as a precaution.
 - DCS symptoms resolved with the first hyperbaric treatment.
 - Broken bones.
 - Torn ligaments or cartilage.
 - Concussion.
 - Ear barotrauma requiring surgical repair.
- Serious: Injuries that CFK considers being serious in nature. Examples of this classification would include, but not be limited to:
 - Arterial Gas Embolism.
 - DCS symptoms requiring multiple hyperbaric treatment.
 - Near drowning.
 - Oxygen Toxicity.
 - Hypercapnea.
 - Spinal injuries.
 - Heart attack.
 - Fatality.

APPENDIX 9

RECOMMENDATIONS FOR RESCUE OF A SUBMERGED UNRESPONSIVE COMPRESSED-GAS DIVER

From: S.J. Mitchell et al., Undersea and Hyperbaric Medicine 2012, Vol. 39, No. 6, pages 1099-1108



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APPENDIX 10

CFK SCIENTIFIC DIVER-IN-TRAINING APPLICATION



Division of Marine Science & Technology

Please print legibly!

Name:	DOB:	Sex: <input type="checkbox"/> M <input type="checkbox"/> F
Home phone:	other phone: cell/work (circle one)	
List any medical conditions or medications taken:		
Scuba Certifying Agency:	Certification date:	
Highest level: (Please submit a photo copy of your credential)	Number (if applicable):	
Address:	Emergency Contact Information: (name, relationship and phone numbers)	
Total # of dives:	Average Depth of Dives:	
# of Dives in previous 12 months:	Deepest Depth:	
<p>I wish to apply for admission into The College of the Florida Keys Scientific Diving Program. I understand that acceptance into the program and/or my presence onboard a boat or vessel engaged in a University related activity does not, in any way, confer or imply any type of insurance coverage by or through The College of the Florida Keys for my research activity. I further understand it is my responsibility to check with my insurance carrier to make sure that I will be covered in the event of a mishap. I agree to abide by the policies of the CFK Scientific Diving Control Board and to adhere to their policy and procedures concerning all scientific diving activities.</p> <p>Date ___/___/___</p> <p>Signature _____</p>		

Revision 12/2010

APPENDIX 11

CFK RELEASE AND WAIVER OF LIABILITY AGREEMENT

This agreement is executed on __ / __ / ____, by _____, City of _____, County of _____, State of _____, hereinafter referred to as "Releasor".

In consideration of the permission granted to Releasor by The College of the Florida Keys (acting for and on behalf of the Board of Trustees) to participate in certain scientific research activities which activities shall consist, in whole or in part, of diving, both SCUBA and snorkeling, during a time period commencing on January 1, 20__ and ending on December 31, 20__, the receipt of which permission is hereby acknowledged, Releasor, for himself/herself and his/her personal representatives, heirs, next of kin, executors, administrators and assigns, hereby forever releases, waives, discharges and covenants not to sue The College of the Florida Keys and the State of Florida, and their officers, agents, employees and members, (hereinafter referred to as "Releasee"), from any and all actions, causes of action, damages, claims, demands or liabilities, either in law or in equity, arising from or by reason of any bodily injury or personal injuries known or unknown, including death, and/or any property damage known or unknown which may occur as a result of or in connection with Releasor's participation in said activities.

Releasor hereby acknowledges that s/he has been fully advised of and has actual knowledge and conscious appreciation of the particular risks and dangers involved in said activities, including but not limited to those risks and dangers involved in traveling by automobile and/or boat to research locations, and being around and learning to use scientific research equipment, and spending periods exposed to the sun and weather, and possibly voyaging upon research vessels with its concomitant risks of motion sickness and grounding, and diving with SCUBA equipment, and all other risks and dangers naturally inherent in scientific research and other aspects of said activities, and Releasor hereby acknowledges that he/she elects voluntarily to fully assume all such risks and confront all such dangers.

Releasor realizes that he/she is responsible for any and all injury to persons or damage to property which may occur as a result of or in connection with his/her participation in said activities.

Releasor expressly agrees that this Agreement is intended to be as broad and inclusive as permitted by the laws of the State of Florida, and that if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Releasor hereby represents and warrants that s/he is at least 18 years of age, has carefully read this Agreement and understands all of its contents, and executes it voluntarily and with full knowledge of its significance.

IN WITNESS WHEREOF, Releasor has executed this Agreement at _____ on the date and year first above written.

Releasor's Signature: _____

Releasor's Printed Name : _____

APPENDIX 12

SUPERVISOR ACCIDENT INVESTIGATION SUPPORT INFORMATION

Supervisors play an important role in accident investigations. Here's what to tell your staff about how they can help in an accident investigation:

Report all accidents and near misses right away. Even if nobody was hurt, your supervisor needs to know what happened so steps can be taken to prevent future problems.

If you witness an accident, try to remember what happened. Write down what you saw as soon after the accident as possible—what, where, when, who, and why.

Don't disturb the scene of the accident. You could destroy valuable evidence that could help investigators figure out exactly how the accident happened.

Provide any information you have about an accident. Come forward right away and tell what you know. Your cooperation is essential to the success of the investigation.

Lend your expertise to the investigation. If you have special knowledge about the equipment or procedures involved, the circumstances surrounding the accident, etc., tell what you know and offer your suggestions.

Encourage co-workers to cooperate in accident investigations. Remind them that the purpose of an accident investigation is to prevent future accidents—accidents that could involve any one of them—not to punish someone.

Join with co-workers to implement any corrective measures that come out of an investigation. Be sure to follow any new safety rules that result from an accident investigation.

At CFK, the Supervisor's Accident Investigation Report plays a crucial role in preventing future incidents. While the Medical Incident Report form explains the specifics of the injury, the Supervisors Accident Investigation Report is designed to focus on causes and recommend solutions and includes the following information:

- Name of the employee(s) involved
- Names of any injured employees
- Date of the accident
- Time of the accident
- Location of the accident
- Names of witnesses
- Work the employees involved were engaged in at the time of the accident
- Description of the incident
- Unsafe condition(s) or unsafe act(s) that caused the accident
- Actions taken to prevent similar accidents
- Supervisor's recommendations for additional action
- Name of supervisor(s) or manager(s) who investigated the accident

- Name of supervisor or manager responsible for reviewing the report
- Date report written and submitted
- The best reports are written in plain, direct language that leaves no doubt as to meaning. Descriptions or explanations are brief and to the point, but contain sufficient detail to make the necessary point clearly.

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APPENDIX 13
SUPERVISOR'S ACCIDENT INVESTIGATION REPORT

Team Member Name: _____ Date of Accident _____

Location of Accident: _____ Time of Accident _____

Team Member Occupation _____ Injury _____

Witness _____

Team Member's Description of Accident.

What acts, failure to act and/or conditions contributed most directly to this accident?

What are the reasons for the existence of these acts and/or conditions?

What is the plan of action to prevent recurrence?

Supervisor's comments:

Investigated by:

Print First & Last Name Sign

_____/_____/_____
Date

Reviewed by:

Print First & Last Name Sign

_____/_____/_____
Date

APPENDIX 14
The College of the Florida Keys
COVID-19 Disclaimer and Liability Release Form

SARS-CoV2 (Severe acute respiratory syndrome coronavirus 2 or COVID-19) is a mild to severe respiratory illness that is caused by a novel coronavirus pathogen (genus *Betacoronavirus*). According to the Centers for Disease Control and Prevention CDC, mild symptoms may include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and loss of taste or smell. More severe symptoms may include trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face.

**For additional information regarding the symptoms and potential effects of COVID-19 visit: the CDC's website at www.cdc.gov/coronavirus/2019-ncov/.

At present time the full effects of the disease are not yet known, especially as they pertain to diving. The disease pathology indicates that pulmonary, cardiac and coagulation (clotting) systems can be affected so precautionary steps must be taken to ensure diver safety. The purpose of this questionnaire is to determine if you require additional medical evaluation to determine your fitness for diving at The College of the Florida Keys (CFK). Please note, answering yes to any of the following questions does not necessarily disqualify you from diving operations at CFK. However, a positive response means that you may need to seek the advice of a physician and that further testing and evaluation may be needed before you can be medically cleared to dive with CFK. Given the novelty of this disease, it is imperative to your health and well-being that you answer each of the following questions completely and honestly and to best of your ability. If you have any questions regarding this disclaimer or any of the following questions, please review them with your instructor or the person administering this form prior to signing it.

Answer each of the following questions truthfully and to the best of your ability. Initial next to each of your responses.

1. Are you currently experiencing any symptoms of COVID-19 as described by the CDC?
_____ Yes _____ No
2. Have you experienced any symptoms related to COVID-19 within the last 6 months?
_____ Yes _____ No
3. Have you ever been tested for COVID-19?
_____ Yes _____ No
4. If you have been tested have you ever tested positive for COVID-19?
_____ Yes _____ No
5. Have you been in contact with anyone who has ever tested positive for COVID-19?
_____ Yes _____ No

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF THE COLLEGE OF THE FLORIDA KEYS, THE TRUSTEES OF THE COLLEGE OF THE FLORIDA KEYS, AND/OR ITS OR THEIR DEPARTMENTS, TRUSTEES, AFFILIATES, EMPLOYEES, CONTRACTORS, INSTRUCTORS, PROFESSORS, OFFICERS, AGENTS, OR INSURERS DO USE REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOU MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS

ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR RIGHT TO RECOVER FROM THE COLLEGE OF THE FLORIDA KEYS, THE TRUSTEES OF THE COLLEGE OF THE FLORIDA KEYS, AND/OR ITS OR THEIR DEPARTMENTS, TRUSTEES, AFFILIATES, EMPLOYEES, CONTRACTORS, INSTRUCTORS, PROFESSORS, OFFICERS, AGENTS, OR INSURERS, IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOU OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND THE COLLEGE OF THE FLORIDA KEYS HAS THE RIGHT TO REFUSE TO LET YOU PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

I attest that the answers given above are true to the best of my knowledge. I (together with my parent or guardian, if I am under the age of eighteen or under a legal disability) represent, covenant and agree, on behalf of myself and my heirs, assigns, and any other person claiming by, under or through me, as follows:

1. I acknowledge that participating in the diving labs and related activities (“Activity”) involves certain risks (some of which I may not fully appreciate) and that personal injury, emotional injury, death or property damage, or other harm could occur to me or others. I accept and voluntarily incur and assume all risk of any injuries, damages, or harm which arise during or result from my participation in the Activity, regardless of whether or not caused in whole or in part by the negligence or other fault of CFK, The Trustees of The College of the Florida Keys, and/or its or their departments, trustees, affiliates, employees, contractors, instructors, professors, officers, agents, or insurers (collectively the "Released Parties"). These risks include but are not limited to equipment failure and/or malfunction; my own negligence and/or the negligence of others; and risks associated with submersion underwater.
2. I waive any and all claims against the Released Parties for any injuries, damages, losses or claims, whether known or unknown, which arise during or result at any time from my participation in the Activity, regardless of whether or not caused in whole or part by the negligence or other fault of any of the Released Parties. I release and forever discharge the Released Parties from all such claims.
3. I agree to indemnify and hold the Released Parties harmless from all losses, liabilities, damages, costs or expenses (including but not limited to reasonable attorneys' fees and other litigation costs and expenses) incurred by any of the Released Parties as a result of any claims or suits that I (or anyone claiming by, under or through me) may bring against any of the Released Parties to recover any losses, liabilities, costs, damages, or expenses which arise during or result from my participation in the Activity, regardless of whether or not caused in whole or part by the negligence or other fault of any of the Released Parties.
4. I willingly agree to comply with terms and conditions for participation in the Activity and further agree that I will not be under the influence of alcohol or any illicit or prescription drugs which would in any way impair the ability to safely participate in the Activity. If I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the instructor immediately. I agree to wear and use any safety apparel as instructed and recognize that failure to do so increases the potential for severe injury and absolves the Released Parties from any liability whatsoever.
5. I recognize that it may be necessary for the Released Parties to refuse or terminate my participation if I am judged to be incapable of meeting the rigors or requirements of the Activity. I accept the Released Parties right to take such actions for the safety of myself. I will not engage in any Activity beyond my capabilities and will not cause any third party to be endangered by any of my actions during the Activity.
6. I warrant and represent that I am in good health and have no physical or mental limitations or problems

that would affect my safe participation in the Activity and have not been advised otherwise by a qualified medical person.

7. I agree and acknowledge that the Released Parties are not legally responsible for my personal safety or the safety of my property during the Activity. Prior to diving, I will inspect all equipment to be used to make sure that it is in good operating condition. I will not hold the Released Parties or anyone else responsible for my failure to inspect my equipment prior to diving or for any equipment failure which may occur. I am fully aware and have been trained in the dangers, risks and hazards of holding my breath while diving on compressed air. I fully agree not to hold the Released Parties responsible for any such injuries sustained by me. Further, I understand that this Activity may be conducted in a remote site by time and distance from a medical facility and a recompression chamber. Nevertheless, I expressly wish to proceed with this Activity and assume all related risks.
8. I hereby release, waive, and covenant not to sue, and further agree to indemnify, defend and hold harmless the Released Parties, with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense, including court costs and reasonable attorney's fees of any kind or nature ("Liability") which may arise out of, result from, or relate to my participation in the Activity, including claims for Liability caused in whole or in part by the negligence of the Released Parties. I further agree that if, despite this COVID-19 Disclaimer and Liability Release form ("Waiver"), I, or anyone on my behalf, make a claim for Liability against the Released Parties, I will indemnify, defend, and hold harmless the Released Parties from any such Liability which any may be incurred as a result of such a claim.
9. I have carefully read and reviewed this Waiver and I understand it fully and I execute it voluntarily. I agree that I have had ample opportunity to obtain the advice of counsel and that, by signing this document, I understand that I am relinquishing legal rights and remedies that may have otherwise been available to me. I understand that this Waiver shall be construed as broadly and inclusively as is permitted by applicable law and agree that if any portion of this document is held invalid, the remaining shall continue in full force and effect.
10. I understand that the Released Parties do not carry medical or liability insurance to cover me in the event of an injury and I understand that injuries can be catastrophic for those without medical coverage.
11. This Waiver contains the entire understanding between and among the parties and supersedes any prior understandings and agreements among them respecting the subject matter of this Waiver. This Waiver shall be binding upon the parties, their personal representatives, successors and assigns and be governed by the laws of the State of Florida. Any litigation between the parties hereto concerning this Waiver shall be initiated in Monroe, Florida.
12. The duration of this Waiver shall continue to be in full force and effect now and all subsequent dates.

I UNDERSTAND AND AGREE THAT BY SIGNING THIS FORM I WILL WAIVE AND FOREVER RELINQUISH ANY AND ALL CLAIMS THAT I MAY HAVE, WHETHER KNOWN OR UNKNOWN, AND WHETHER ANTICIPATED OR UNANTICIPATED, AGAINST THE RELEASED PARTIES ARISING OUT OF MY PARTICIPATION IN THE ACTIVITY.

I understand and agree that if I am signing this form on behalf of my minor child, that: (i) I will be giving up the same rights for the minor as I would be giving up if I signed this document on my own behalf, and (ii) I personally represent and warrant that I am authorized to sign the form on behalf of the minor.

I have read, I understand, and agree to the terms above.

EXECUTED this _____ day of _____, 20_____.

Participant Name

Participant Signature

Legal Guardian, If Applicable

DRAFT

APPENDIX 15
THE COLLEGE OF THE FLORIDA KEYS
Medical Addendum

Post COVID-19 Medical Evaluation and Clearance for Diving

TO THE EXAMINING PHYSICIAN:

This addendum to the medical evaluation of, _____, was added in response to the SARS-CoV2 (Severe acute respiratory syndrome coronavirus 2 or COVID-19) pandemic. This form is being added to this diver's medical evaluation as the diver has either indicated that they are/were symptomatic or have tested positive for COVID-19. As the effects of this disease are still being examined, especially as they pertain to diving, The College of the Florida Keys (CFK) is now requiring a medical examination to assess the diver's severity of symptoms and the ability to return to normal diving activity, post-recovery.

The CFK Diving Control Board (DCB) does not currently include a physician and the members are not qualified to determine the extent of medical testing and evaluation necessary to medically clear divers and divers in training to engage in dive operations. However, the recommended guidelines developed and published by the University of California San Diego (referenced below) are the criteria currently being used by the American Academy of Underwater Sciences to determine the fitness of divers to return to SCUBA during the COVID-19 pandemic. This information, developed by a panel of dive physicians, is being included as a reference given the novelty of COVID-19. Evaluation criteria and clearance of the diver, however, is solely at the discretion of the examining physician.

For more information on diving medicine, diving after COVID-19 recommendations, or related questions, please call the Diver's Alert Network (DAN) Medical Information Line (+1-919-684-2948).

If you have any questions about this form, please contact the undersigned CFK Diving Safety Officer. Thank you for your assistance.

PHYSICIAN’S STATEMENT:

I have evaluated and discussed with the patient any medical condition(s) that would not disqualify him/her from diving, but which may seriously compromise subsequent health. The patient understands the nature of the hazards and the risks involved with diving under these conditions.

I find no medical conditions that may be disqualifying for participation in scuba diving.
 Diver **IS** medically qualified to dive.

Diver **IS NOT** medically qualified to dive: Permanently Temporarily

If the diver is medically disqualified, please use the space below to justify this recommendation. If this is a temporary disqualification, please indicate the duration of disqualification and a date for the required follow-up evaluation. Please note: any limitations on diving activities, such as depth limits, time limits, oxygen exposure limits, etc., will result in a temporary disqualification from diving with CFK and will require a follow-up medical evaluation not sooner than 90-days.

Signature _____ MD or DO Date _____

Name (Print or Type)

Address

Telephone Number and E-Mail Address _____

My familiarity with applicant is: This exam only Regular physician for _____ years

My familiarity with diving medicine is:

The physician’s stamp is required in the space below.

Signature _____, DSODate _____

Name (Print or Type)

Reference

COVID-19 Therapeutics and Information for Health Professionals: *UC San Diego Guidelines for Evaluation of Divers During COVID-19 Pandemic*. <https://health.ucsd.edu/coronavirus/Pages/health-professionals.aspx>