

The Computer Gourmet Recipe Index

Disk	Type	Category	Recipe
1	Soup	Base	Vegetable Stock
1	Main Dish	Beef	Beef Teriyaki
1	Main Course	Beef	Grammy's Burgers
1	Main Course	Beef	Miniature Meat Loaves
1	Bread	Biscuits	Buttermilk Biscuits
1	Bread	Breakfast	French Toast Waffles
1	Soup	Broccoli	Cream of Broccoli Soup
1	Salad	Cabbage	Cabbage Salad
1	Dessert	Cake	Chocolate Cake
1	Dessert	Cake	Rainbow Cake
1	Dessert	Candy	Fudge
1	Soup	Carrot	Curried Carrot Soup
1	Vegetable	Carrots	Herbed Carrots
1	Main Course	Casserole	Beed, Corn, and Noodles
1	Main Dish	Casserole	Dried Beef and Macaroni
1	Main Course	Casserole	Hot Cabbage Slaw and Knockwurst
1	Main Course	Casserole	Scalloped Potatoes and Pork
1	Main Course	Casserole	Shrimp and Macaroni
1	Vegetable	Cauliflower	Fried Cauliflower with Cheese Sauce
1	Sauce	Cheese	Cheese Sauce
1	Main Course	Chicken	Chicken A La King
1	Main Course	Chicken	Chicken Casserole
1	Main Dish	Chicken	Chicken Chow Mein
1	Main Course	Chicken	Chicken Nuggets
1	Sauce	Cocktail	Cocktail Sauce
1	Dessert	Cookie	Melting Moments
1	Dessert	Cookies	Pecan Butter Balls
1	Dessert	Cookies	Snickerdoodles
1	Snacks	Filling	Avocado Filling
1	Snacks	Filling	Snappy Cheese Filling
1	Main Course	Fish	Maryland Crab Cakes
1	Meat	Fish	Stuff Fillets in Cheese Sauce
1	Dessert	Frosting	Chocolate Frosting
1	Vegetable	Greens	Greens with Bacon Dressing
1	Drink	Ice Cream	Black Bottom Combo
1	Dessert	Ice Cream	Orange Chocolate Swirl
1	Main Course	Lamb	Lamb Skillet Ragout
1	Main Course	Meat	Lamb Twirls
1	Snacks	Mexican	Nachos
1	Drinks	Mix	Chocolate Syrup
1	Drinks	Mix	Lemon Syrup
1	Salad	Molded	Self Layering Salad
1	Bread	Muffins	Ham Muffins
1	Drink	Orange	Orange Freeze Float

Disk	Type	Category	Recipe
1	Snacks	Party	Stuffed Celery
1	Dessert	Pie	Double Chocolate Pie
1	Dessert	Pie	Egg and Cheese Pie
1	Dessert	Pie	Pecan Pumpkin Pie
1	Bread	Popovers	Popovers
1	Meat	Pork	Maple Sauce Chops
1	Meat	Pork	Pork with Sauerkraut
1	Main Course	Pork	Quick New England Boiled Dinner
1	Vegetable	Potato	Broiled Potato Wedges
1	Vegetable	Potatoes	Potato Puffs Parmesan
1	Dessert	Pudding	Apple Cheese Crisp
1	Salad	Seafood	Shrimp and Avocado Cocktail
1	Main Course	Turkey	Turkey Scallops A L'Orange
1	Salad	Vegetable	Creamy Potato Salad
1	Salad	Vegetable	Green Bean and Bacon Salad
1	Salad	Vegetable	Luncheon Salad Bowl
1	Main Course	Vegetable	Stuffed Acorn Squash
1	Soup	Vegetable	Supper Soup
1	Main Course	Vegetable	Tomato Quiche
1	Soup	Vegetable	Vegetable Rutabaga Soup
1	Sauce	White	White Sauce
1	Vegetable	Zucchini	Cheesed Zucchini
1	Snacks		Ham and Cheese Rolls
1	Sauce		Red Sauce
1	Vegetable		Turnips and Carrots
1	Bread		Zucchini Bread
2	Japanese	Beef	Beef Teriyaki
2	Chinese	Beef	Cantonese Chow Mein
2	Chinese	Beef	Chinese Pepper Steak
2	Korean	Beef	Korean Barbecued Beef
2	Chinese	Beef	Mandarin Beef
2	Chinese	Beef	Stir-Fried Beef with Asparagus
2	Japanese	Beef	Sukiyaki
2	Chinese	Beef	Sweet and Sour Beef
2	Chinese	Bread	Mandarin Pancakes
2	Cantonese	Chicken	Chicken Almond Ding
2	Chinese	Chicken	Chicken with Snow Peas
2	Chinese	Duck	Peking Duck
2	Chinese	Fish	Sweet and Sour Fish
2	Indonesia	Ham/Shrimp	Indonesian Fried Rice
2	Chinese	Low-Cal	Chilled Chicken and Bean Sprouts
2	Phillipines	Meat	Pork and Chicken
2	Chinese	Pork	Ants Climbing A Tree
2	Chinese	Pork	Coconut-Curried Pork
2	Chinese	Pork	Mandarin Pork
2	Chinese	Pork	Pork Egg Foo Yung

Disk	Type	Category	Recipe
2	Chinese	Pork	Pork with Peanuts
2	Chinese	Pork	Siir-Fried Pork with Cauliflower
2	Chinese	Pork	Stir-Fried Pork with Cabbage
2	Chinese	Pork	Twice-Cooked Pork
2	India	Poultry	Chicken Curry
2	Pakistan	Poultry	Crunchy Almond Chicken
2	Chinese	Rice/Pork	Pork Fried Rice
2	Japanese	Seafood	Oyster Stew Nippon
2	Chinese	Seafood	Szechwan Shrimp
2	Chinese	Vegetable	Eggplant with Hot Bean Sauce
2	Chinese	Vegetable	Sauted Green Beans with Walnuts
2	Chinese	Vegetable	Sweet and Sour Cabbage
3	Liquor	Akvavit	Danish Mary
3	Liquor	Amaretto	Dreamsicle
3	Liquor	Amaretto	Orange Max
3	Liquor	Bourbon	Frisco
3	Liquor	Brandy	Alexander No.1
3	Liquor	Brandy	B and B
3	Liquor	Brandy	Brandy Blazer
3	Liquor	Brandy	Brandy Collins
3	Liquor	Brandy	Brandy Flip
3	Liquor	Brandy	Brandy Sour
3	Liquor	Brandy	Chicago
3	Liquor	Brandy	Classic
3	Liquor	Brandy	Depth Charge (Bomb)
3	Liquor	Brandy	East India
3	Liquor	Brandy	Froupe
3	Liquor	Brandy	Jack Rose
3	Liquor	Brandy	Pousse Cafe
3	Liquor	Brandy	Prairie Oyster
3	Liquor	Brandy	Sidecar
3	Liquor	Brandy	Stinger (Brandy)
3	Liquor	Brandy	Third Rail
3	Liquor	Brandy	Valencia
3	Liquor	Brandy/Rum	Between The Sheets
3	Liquor	Cacao	Angel's Tip
3	Liquor	Champagne	Mary Dee
3	Liquor	Champagne	Mimosa
3	Liquor	Cognac	French "75"
3	Liquor	Dark Rum	Chinese
3	Liquor	De Menthe	Grasshopper
3	Liquor	Dry Gin	Alexander No. 2
3	Liquor	Dry Gin	Artillery
3	Liquor	Dry Gin	Bronx
3	Liquor	Dry Gin	Casino
3	Liquor	Dry Gin	Clover Club

Disk	Type	Category	Recipe
3	Liquor	Dry Gin	Club
3	Liquor	Dry Gin	Dixie
3	Liquor	Dry Gin	Fallen Angel
3	Liquor	Dry Gin	Favorite
3	Liquor	Dry Gin	Fifty-Fifty
3	Liquor	Dry Gin	Frankenjack
3	Liquor	Dry Gin	Gibson
3	Liquor	Dry Gin	Gilroy
3	Liquor	Dry Gin	Gimlet
3	Liquor	Dry Gin	Gin and Bitters
3	Liquor	Dry Gin	Gin and IT
3	Liquor	Dry Gin	Gin Fizz
3	Liquor	Dry Gin	Gin Rickey
3	Liquor	Dry Gin	Gin Sling
3	Liquor	Dry Gin	Gin Sour
3	Liquor	Dry Gin	Imperial
3	Liquor	Dry Gin	Jockey Club
3	Liquor	Dry Gin	Knickerbocker
3	Liquor	Dry Gin	Kup's Indispensable
3	Liquor	Dry Gin	Lady Finger
3	Liquor	Dry Gin	Leapfrog
3	Liquor	Dry Gin	London
3	Liquor	Dry Gin	Maiden's Blush
3	Liquor	Dry Gin	Maiden's Prayer
3	Liquor	Dry Gin	Martini (Dry)
3	Liquor	Dry Gin	Martini (Medium)
3	Liquor	Dry Gin	Martini (On the Rocks)
3	Liquor	Dry Gin	Martini (Sweet)
3	Liquor	Dry Gin	Napoleon
3	Liquor	Dry Gin	Negroni
3	Liquor	Dry Gin	Old Fashioned (Gin)
3	Liquor	Dry Gin	Opal
3	Liquor	Dry Gin	Orange Blossom
3	Liquor	Dubonnet	Dubonnet
3	Liquor	Gin	Abbey
3	Liquor	Gin	Gin and Sin
3	Liquor	Gin	Paradise (Gin)
3	Liquor	Gin	Perfect
3	Liquor	Gin	Piccadilly (Dry)
3	Liquor	Gin	Pink Lady
3	Liquor	Gin	Polo
3	Liquor	Gin	Racquet Club
3	Liquor	Gin	Rose (English)
3	Liquor	Gin	Rose (French)
3	Liquor	Gin	Silver
3	Liquor	Gin	Sloe Gin

Disk	Type	Category	Recipe
3	Liquor	Gin	Southern Gin
3	Liquor	Gin	Stinger (Gin)
3	Liquor	Gin	Tom Collins
3	Liquor	Gin	Trinity
3	Liquor	Gin	Ulanda
3	Liquor	Gin	Union Jack
3	Liquor	Gin	Virgin
3	Liquor	Gin	White Lily
3	Liquor	Gin	White Rose
3	Liquor	Gin	Why Not?
3	Liquor	Gin	Why?
3	Liquor	Gin	Yale
3	Liquor	Gin	Yolanda
3	Liquor	Gin/Vodka	Long Island Iced Tea
3	Liquor	Gin/Vodka	Russian
3	Liquor	Ir./Creme	B-52
3	Liquor	Port	Devil's Own
3	Liquor	Rum	Bacardi
3	Liquor	Rum	Beachcomber
3	Liquor	Rum	Cuba Libre
3	Liquor	Rum	Daiquiri
3	Liquor	Rum	Daiquiri (Frozen)
3	Liquor	Rum	Daiquiri (Fruit)
3	Liquor	Rum	Eye Opener
3	Liquor	Rum	Fireman's Sour
3	Liquor	Rum	Fog Cutter
3	Liquor	Rum	Havana Special
3	Liquor	Rum	Jamaican Cafe
3	Liquor	Rum	Mai Tai
3	Liquor	Rum	Mary Pickford
3	Liquor	Rum	Miami
3	Liquor	Rum	Morning Dawns
3	Liquor	Rum	Old Fashioned (Rum)
3	Liquor	Rum	Paradise (Rum)
3	Liquor	Rum	Pina Colada
3	Liquor	Rum	Planter's Punch
3	Liquor	Rum	Quake
3	Liquor	Rum	Quarter Deck
3	Liquor	Rum	Rum And
3	Liquor	Rum	Rum Coke
3	Liquor	Rum	Rum Collins
3	Liquor	Rum	Rum Old Fashioned
3	Liquor	Rum	Rum Screwdriver
3	Liquor	Rum	Rum Sour
3	Liquor	Rum	Tahitian
3	Liquor	Rum	X-Y-Z

Disk	Type	Category	Recipe
3	Liquor	Rum	Zombie
3	Liquor	Sherry	Sherry And
3	Liquor	Sherry	Sherry Twist
3	Liquor	Sloe Gin	Eclipse
3	Liquor	Tequila	Acapulco
3	Liquor	Tequila	Bloody Bull
3	Liquor	Tequila	Dirty Mother
3	Liquor	Tequila	Margarita
3	Liquor	Tequila	Martini (Tequila)
3	Liquor	Tequila	Tequila Collins
3	Liquor	Tequila	Tequila Matador
3	Liquor	Tequila	Tequila Sunrise
3	Liquor	Tequila	Tequila Up
3	Liquor	Vermouth	Cinzano
3	Liquor	Vermouth	Vermouth Cassis
3	Liquor	Vermouth	Vermouth on the Rocks
3	Liquor	Vodka	Black Russian
3	Liquor	Vodka	Bloody Mary
3	Liquor	Vodka	Bull Shot
3	Liquor	Vodka	Cape Codder
3	Liquor	Vodka	Godmother
3	Liquor	Vodka	Harvey Wallbanger
3	Liquor	Vodka	Kamikazi
3	Liquor	Vodka	Martini (Vodka)
3	Liquor	Vodka	Moscow Mule
3	Liquor	Vodka	Mudslide
3	Liquor	Vodka	Pearl Harbor
3	Liquor	Vodka	Screwdriver (Vodka)
3	Liquor	Vodka	Seabreeze
3	Liquor	Vodka	Vodka Collins
3	Liquor	Vodka	Vodka Gibson
3	Liquor	Vodka	Vodka Gimlet
3	Liquor	Vodka	Vodka Martini
3	Liquor	Vodka	Vodka Salty Dog
3	Liquor	Whiskey	Boilermaker
3	Liquor	Whiskey	Canadian
3	Liquor	Whiskey	Commodore
3	Liquor	Whiskey	Everybody's Irish
3	Liquor	Whiskey	Horse's Neck
3	Liquor	Whiskey	Irish
3	Liquor	Whiskey	John Collins
3	Liquor	Whiskey	Kentucky Colonel
3	Liquor	Whiskey	Manhattan (Dry)
3	Liquor	Whiskey	Manhattan (Sweet)
3	Liquor	Whiskey	Millionaire
3	Liquor	Whiskey	Mint Julep

Disk	Type	Category	Recipe
3	Liquor	Whiskey	New York
3	Liquor	Whiskey	Old Fashioned (Whiskey)
3	Liquor	Whiskey	Old Pal (Dry)
3	Liquor	Whiskey	Old Pal (Sweet)
3	Liquor	Whiskey	Paddy
3	Liquor	Whiskey	Piccadilly (Sweet)
3	Liquor	Whiskey	Preakness
3	Liquor	Whiskey	Presbyterian
3	Liquor	Whiskey	Rock & Rye
3	Liquor	Whiskey	Rusty Nail
3	Liquor	Whiskey	Rye Cocktail
3	Liquor	Whiskey	Sazerac
3	Liquor	Whiskey	Shamrock
3	Liquor	Whiskey	Soul Kiss
3	Liquor	Whiskey	Stinger (Bourbon)
3	Liquor	Whiskey	T.N.T.
3	Liquor	Whiskey	Ward Eight
3	Liquor	Whiskey	Whiskey (Hot)
3	Liquor	Whiskey	Whiskey (Sour)
3	Liquor	Whiskey	Whiskey Plush (Whiskey)
3	Liquor	Whisky	Bobby Burns
3	Liquor	Whisky	Godfather
3	Liquor	Whisky	Highball Cooler
3	Liquor	Whisky	Old Fashioned (Scotch)
3	Liquor	Whisky	Rob Roy
3	Liquor	Whisky	Scotch Mist
3	Liquor	Whisky	Scotch Sour
3	Liquor	Whisky	Wally
3	Liquor	Wine	Kir
3	Liquor	Wine	Sangria
3	Liquor	Wine	Spritzer
4	Chinese	Beef	Beef and Tomatoes
4	Chinese	Beef	Beef with Lotus Root
4	Chinese	Beef	Beef with Noodles
4	Chinese	Beef	Beef with Oyster Sauce
4	Chinese	Beef	Beef/Mushrooms and Broccoli
4	Chinese	Beef	Beef/Snow Peas and Mushrooms
4	Chinese	Beef	Chinese Pepper Steak
4	Chinese	Beef	Chinese Pot Roast
4	Chinese	Beef	Chinese Spiced Beef
4	Chinese	Beef	Stir Fry Beef Liver
4	Chinese	Beef	Szechwan Beef
4	Chinese	Chicken	Chicken Chow Mein
4	Chinese	Chicken	Chicken with Lemon Grass
4	Chinese	Chicken	Chicken with Oyster Sauce
4	Chinese	Chicken	Chicken with Pineapple

Disk	Type	Category	Recipe
4	Chinese	Chicken	Chicken with Red Chilis
4	Chinese	Chicken	Chicken with Snow Peas
4	Chinese	Chicken	Chicken/Almonds/Water Chestnuts
4	Chinese	Chicken	Chicken/Peanuts & Red Peppers
4	Chinese	Chicken	Cold Chicken Szechwan
4	Chinese	Chicken	Cold Chicken with Oyster Sauce
4	Chinese	Chicken	Szechwan Chicken
4	Chinese	Omelette	Egg Foo Yung
4	Chinese	Pork	Ants Climbing A Tree
4	Chinese	Pork	Mo-Shu-Ru
4	Chinese	Pork	Pork and Watercress
4	Chinese	Pork	Pork with Peanuts
4	Chinese	Pork	Sweet and Sour Pork
4	Chinese	Pork	Szechwan Pork
4	Chinese	Pork	Twice-Cooked Pork
4	Chinese	Rice	Basic Steamed Rice
4	Chinese	Rice	Chinese Fried Rice
4	Chinese	Rice	Festive Fried Rice
4	Chinese	Rice Dish	Fried Rice
4	Chinese	Seafood	Chinese Cabbage and Shrimp
4	Chinese	Seafood	Crab with Cabbage
4	Chinese	Seafood	Lobster Cantonese
4	Chinese	Seafood	Lobsters/Mushrooms and Almonds
4	Chinese	Seafood	Scallops with Green Beans
4	Chinese	Seafood	Shrimp Balls/Spinach and Mushrooms
4	Chinese	Seafood	Shrimp with Bacon and Bamboo
4	Chinese	Seafood	Shrimp with Bean Curd Cakes
4	Chinese	Seafood	Shrimp with Black Bean Sauce
4	Chinese	Seafood	Shrimp with Snow Peas
4	Chinese	Seafood	Stir Fry Shrimp with Corn
4	Chinese	Seafood	Sweet and Sour Fish
4	Chinese	Seafood	Sweet and Sour Shrimp
4	Chinese	Seafood	Szechwan Shrimp
4	Chinese	Vegetable	Bamboo Shoots/Green Onions/Mushrooms
4	Chinese	Vegetable	Bean Curd with Oyster Sauce
4	Chinese	Vegetable	Chinese Vegetable Mix
4	Chinese	Vegetable	Eggplant with Hot Bean Sauce
4	Chinese	Vegetable	Sauted Green Beans with Walnuts
4	Chinese	Vegetable	Snow Peas/Mushrooms/Green Onions
4	Chinese	Vegetable	Stir Fried Fresh Spinach
4	Chinese	Vegetable	Sweet and Sour Cabbage
5	India	Beef	Bali Beef Casserole
5	Germany	Beef	Beef Roll-Ups
5	Argentina	Beef	Boiled Beef Dinner, Creole Style
5	Belgium	Beef	Carbonnades De Boeuf
5	China	Beef	Chinese Pot Roast

Disk	Type	Category	Recipe
5	Egypt	Beef	Egyptian Beef & Okra
5	Columbia	Beef	Hallacas
5	Chili	Beef	Matambre (Stuffed Steak)
5	France	Beef	Steak Au Poivre
5	Russia	Beef	Stroganoff Steak
5	Israel	Beef	Tzimmes (Sweet&Sour Beef Stew)
5	England	Cookies	Brandy Snaps
5	Italy	Cookies	Florentines
5	Holland	Cookies	Jan Hagels
5	England	Egg	Yorkshire Pudding
5	Mexico	Eggs	Mexican Sunset Omelette
5	Brazil	Fish	Fish in Spicy Tomato Sauce
5	Australia	Kidney	Kidney Rolls
5	Ireland	Lamb	Irish Lamb Stew with Dill
5	India	Lamb	Lamb Curry
5	Sweden	Liver	Jellied Swedish Meat Loaf
5	Mexico	Main Fair	Chicken-Stuffed Tortillas
5	England	Meat	Jack's Beefsteak & Kidney Pie
5	Germany	Meat	Short Ribs
5	Sweden	Meat	Swedish Style Stuff Cabbage
5	Italy	Meat	Veal Parmesan
5	Spain	Meats	Andalusian Beef Stew
5	Hungary	Meats	Hungarian Goulash/Dumplings
5	Italy	Pasta	Spaghetti Alla Carbonara
5	France	Pork	Cassoulet
5	U.S.A.	Potato	Southern Candied Yams
5	Lebanon	Poultry	Barbecued Chicken Lebanese
5	Russia	Poultry	Chicken-Rice Pie
5	Bolivia	Poultry	Escabeche (Pickled Chicken)
5	Morocco	Poultry	Moroccan Chicken Pie
5	Iran	Poultry	Persian Chicken with Rice
5	Germany	Salads	Celery Salad
5	Denmark	Salads	Curried Herring & Macaroni Salad
5	Hungary	Seafood	Fish in Sweet-Sour Sauce
5	Portugal	Soup	Caldo Verde
5	Russia	Soup	Hot Borscht
5	Ecuador	Soup	Potato-Cheese Soup
5	Mexico	Soup	Sombrero Meatball Soup
5	Philippine	Stew	Philippine Pork & Chicken Stew
5	Hungary	Stew	Pork Stew (Goulash)
6	Beef Cookery	Meat	Baked Eggplant with Beef
6	Beef Cookery	Meat	Barbecued Meat Balls
6	Beef Cookery	Meat	Beef & Cheese Burgers
6	Beef Cookery	Meat	Beef & Rice Casserole-Texas Style
6	Beef Cookery	Meat	Beef & Spinach Lasagna
6	Beef Cookery	Meat	Beef and Eggplant

Disk	Type	Category	Recipe
6	Beef Cookery	Meat	Beef and Macaroni
6	Beef Cookery	Meat	Beef and Noodles
6	Beef Cookery	Meat	Beef and Pepper Loaf
6	Beef Cookery	Meat	Caraway Meatballs/Mashed Potatoes
6	Beef Cookery	Meat	Chinese Hamburgers
6	Beef Cookery	Meat	Chinese Meatballs
6	Beef Cookery	Meat	Chopped Beef Stroganoff
6	Beef Cookery	Meat	Cornmeal Muffin Hamburger Pie
6	Beef Cookery	Meat	Elise's Spiced Beef Kebabs
6	Beef Cookery	Meat	French Bread Stuffed with Beef
6	Beef Cookery	Meat	German Meatballs
6	Beef Cookery	Meat	Gwyneth's Favorite Meat Balls
6	Beef Cookery	Meat	Hamburger and Vegetable Pie
6	Beef Cookery	Meat	Hamburger Hash
6	Beef Cookery	Meat	Hamburger Pizza
6	Beef Cookery	Meat	Hamburgers with Chili Peppers
6	Beef Cookery	Meat	Hamburgers with Wine
6	Beef Cookery	Meat	Hawaiian Hamburgers
6	Beef Cookery	Meat	Herb Filled Meat Loaf
6	Beef Cookery	Meat	Hurry-Up Meat Loaves
6	Beef Cookery	Meat	Italian Meatloaf I
6	Beef Cookery	Meat	Italian Meatloaf II
6	Beef Cookery	Meat	Jean's Sloppy Joes
6	Beef Cookery	Meat	Lasagna with Beef
6	Beef Cookery	Meat	Mario's Sloppy Joes
6	Beef Cookery	Meat	Mary's Cold Day Chili
6	Beef Cookery	Meat	Meat Ball Curry
6	Beef Cookery	Meat	Meat Loaf with Fennel
6	Beef Cookery	Meat	Meat Loaf with Mushrooms
6	Beef Cookery	Meat	Meat/Potato Burgers
6	Beef Cookery	Meat	Meatloaf with Cheese
6	Beef Cookery	Meat	My Mother's Meat Loaf
6	Beef Cookery	Meat	Oriental Beef & Rice
6	Beef Cookery	Meat	Paul's Sloppy Joes
6	Beef Cookery	Meat	Picadillo
6	Beef Cookery	Meat	Quick Beef & Tomato Sauce
6	Beef Cookery	Meat	Rose's Mexian Casserole
6	Beef Cookery	Meat	Salisbury Steak
6	Beef Cookery	Meat	Shepherd's Pie
6	Beef Cookery	Meat	Spiced Stuffed Cabbage with Beef
6	Beef Cookery	Meat	Stuffed Green Peppers
6	Beef Cookery	Meat	Swedish Meat Balls
6	Beef Cookery	Meat	Swedish Meat Loaf
6	Beef Cookery	Meat	The Best Hamburger
6	Beef Cookery	Meat	Toya's Meat Turnovers
6	Beef Cookery	Meat	Zucchini Stuffed with Beef

Disk	Type	Category	Recipe
7	Main Dish	Beef	Barcelona Beef Stew
7	Main Dish	Beef	Beef and Beer Casserole
7	Main Dish	Beef	Beef and Potato Casserole
7	Main Dish	Beef	Beef and Sauerkraut
7	Main Dish	Beef	Beef in Sesame Seed Sauce
7	Main Dish	Beef	Beef Stew Toulouse
7	Main Dish	Beef	Beef Stew with Dumplings
7	Main Dish	Beef	Beef Stroganoff
7	Main Dish	Beef	Beef with Eggplant Casserole
7	Main Dish	Beef	Braised Beef in Beer
7	Main Dish	Beef	Braised Liver Casserole
7	Main Dish	Beef	Chili Con Carne
7	Main Dish	Beef	Family Meat Pie
7	Main Meal	Beef	Fruity Hotpot
7	Main Dish	Beef	Ground Beef and Celery Casserole
7	Main Meal	Beef	Ground Beef and Macaroni Casserole
7	Main Dish	Beef	Hotpot
7	Main Meal	Beef	Hungarian Beef Goulash
7	Main Dish	Beef	Leftover Beef Casserole
7	Main Dish	Beef	Leftover Beef Stew
7	Main Dish	Beef	Means and Beef
7	Main Dish	Beef	Pepper Pot Stew
7	Main Dish	Beef	Pot Roast/Prunes/Sweet Potatoes
7	Main Dish	Beef	Potato-Beef Pie
7	Main Meal	Beef	Red Cabbage and Beef Stew
7	Main Dish	Beef	Rosemary Beef Casserole
7	Main Dish	Beef	Rump Steak and Olive Casserole
7	Main Dish	Beef	Shin of Beef/Vegetable Casserole
7	Main Dish	Beef	Special Beef Stew
7	Main Dish	Beef	Spicy Steak Casserole
7	Main Dish	Beef	Swedish Sailor's Stew
7	Main Dish	Beef	Sweet and Sour Beef
7	Main Dish	Beef	West Indian Beef Stew
7	Main Dish	Chicken	Chicken Curry
7	Main Dish	Chicken	Chicken in Whisky Sauce
7	Main Dish	Chicken	Chicken with Pineapple
7	Main Dish	Chicken	Oriental Chicken with Rice
7	Main Dish	Chicken	Sweet Potato Chicken Pie
7	Main Dish	Ham	Potatoes with Ham Casserole
7	Main Dish	Lamb	Ground Lamb Curry
7	Main Dish	Lamb	Lamb and Bean Stew
7	Main Dish	Lamb	Pilaf with Lamb Patties
7	Main Dish	Seafood	Classic Crab Casserole
7	Main Dish	Seafood	Deviled Crab and Scallops
7	Main Dish	Seafood	Tuna and Vegetable Casserole
7	Main Dish	Stew	Pork and Sauerkraut Stew

Disk	Type	Category	Recipe
7	Main Dish	Veal	Veal and Noodle Supreme
7	Main Dish	Veal	Vegetable Meat Loaf
7	Main Dish	Vegetable	John Wayne's Cheese Casserole
9	N.A. Indian	Bread	Bannock
9	N.A. Indian	Bread	Bannock on a Stick
9	Celebrity	Bread	Vincent Price's Prune Honey Bread
9	Microwave	Cheese	Cheese Enchiladas
9	Main	Cheese	Chili Cheese Strata
9	Pancakes	Dessert	Caramel Apple Pancakes
9	Microwave	Dessert	Chocolate Raspberry Pie
9	Breakfast	Dessert	Pumpkin Pancakes
9	Refreshing	Drink	Moroccan Pineapple Tea
9	Microwave	Egg	Baked Custard
9	Main	Eggs	Puffy Omelet Ranchero
9	Dessert	Festive	Melt In Mouth Shortbread
9	Dessert	Festive	Miniature Cheesecakes
9	Spicy	Fish	Fish Creole
9	Maindish	Fish	Salmon Ring Loaf
9	Oriental	Fish	Salmon-Pecan Ball
9	Snack	Fruit	Apricot Bars
9	Snack	Fruit	Maple Apple Rings
9	Dessert	Fruit	Raspberry Fool
9	Main Dish	India	Curried Chicken and Shrimp
9	Maindish	Meat	Cheese Meatloaf
9	Maindish	Meat	Cornbread with Chili Con Carne Filling
9	Jamaican	Meat	Curry Goat
9	Maindish	Meat	Hamburger Stroganoff
9	Maindish	Meat	Indonesian Bamie
9	Low-Cal	Meat	Meat and Potato Loaf
9	Microwave	Meat	Potato-Topped Beef Pie
9	Microwave	Meat	Savory Cabbale Rolls
9	Maindish	Meat	Savory Ham-Noodle Casserole
9	Oriental	Meat	Spicy Szechwan Pork Stew
9	Maindish	Meat	Stuffed Bell Peppers Italiano
9	Microwave	Meat	Szechwan Beef and Pea Pods
9	Microwave	Pasta	Fried Rice
9	Main	Pasta	Pasta with Crabmeat
9	Dessert	Pie	Grasshopper Pie
9	Funfood	Pizza	Pita Pizza
9	Main Dish	Pork	Pineapple and Pork Stir-Fry
9	Maindish	Poultry	Chicken and Rotini with Dill Pesto
9	Mexican	Poultry	Chicken Tortilla Casserole
9	Lo-Cal	Poultry	Chicken-Broccoli Skillet
9	Jamaican	Poultry	Jerked Chicken
9	Maindish	Poultry	Lemon Pineapple Chicken
9	Quick-Cooking	Poultry	Parmesan Chicken

Disk	Type	Category	Recipe
9	Maindish	Poultry	Polynesian Chicken Wings
9	Leftovers	Poultry	Puffed Turkey Sandwiches
9	Main	Poultry	Sweet and Sour Chicken
9	Main	Poultry	Turkey in Puff Pastry Shells
9	Dessert	Pudding	Raymond Burr's Chocolate Mousse
9	Filler	Rice	Orange-Rice Stuffing
9	Dessert	Rice	Tally Savalas' Rice Pudding
9	Oriental	Seafood	Seafood Kabobs
9	Filling	Soup	Corn and Potato Chowder
9	Southwestern	Soup	Corn-Crab Chowder
9	Dinner	Soup	Hearty Beef and Bean Soup
9	Special	Soup	Peach Pumpkin Soup
9	Jamaican	Spicy	Salt Fish and Ackee
9	Fun Food	Spread	Baboon Butter
9	Traditional	Starch	Sweet Potato Casserole
9	Main Dish	Vegetable	Carrol O'Connors Eggplant Siciliana
9	Side Dish	Vegetable	Corn Puffs
9	Meatless	Vegetable	Garden Vegetable Chili
9	Maindish	Vegetable	Lentil and Barley Stew
9	Maindish	Vegetable	Pasta Primavera
9	Dinner	Vegetable	Scalloped Rutabaga and Apple
10	Italian	Bread	Focaccia
10	Italian	Custard	Mascarpone Crema Di Caramello
10	Italian	Desserts	Fruit in Marsala
10	Italian	Desserts	Gelato
10	Italian	Desserts	Italian Cookies
10	Italian	Desserts	Rice Pudding
10	Italian	Desserts	Zabaglione
10	Italian	Meat	Chicken Cacciatore
10	Italian	Meat	Chicken with Spaghetti
10	Italian	Meat	Duck Stuffed with Sausage
10	Italian	Meat	Fillet Steak with Brandy/Marsala
10	Italian	Meat	Flounder in Mushroom/Cream Sauce
10	Italian	Meat	Lamb Chops Parmesan
10	Italian	Meat	Lamb Stew Peasant Stew
10	Italian	Meat	Liver Milanese
10	Italian	Meat	Pork Chops with Wine
10	Italian	Meat	Rolled Meat Loaf
10	Italian	Meat	Sweet and Sour Liver
10	Italian	Meat	Veal Parmesan
10	Italian	Meat	Veal Scaloppine
10	Italian	Pasta	Basic Pizza Dough
10	Italian	Pasta	Cheese Pizza
10	Italian	Pasta	Chicken Dumplings
10	Italian	Pasta	Egg Pasta
10	Italian	Pasta	Lasagne

Disk	Type	Category	Recipe
10	Italian	Pasta	Parmesan Dumplings
10	Italian	Pasta	Pizza Napoletana
10	Italian	Pasta	Polenta
10	Italian	Pasta	Ravioli
10	Italian	Pasta	Rice in White Wine
10	Italian	Pasta	Roman-Style Pizza
10	Italian	Pasta	Spaghetti Casserole
10	Italian	Pasta	Spaghetti Marinara
10	Italian	Pasta	Spaghetti with Anchovies Milanese
10	Italian	Pasta	Spaghetti with Egg & Bacon Sauce
10	Italian	Pasta	Super Pizza
10	Italian	Pasta	Vermicelli with Zucchini
10	Italian	Rice	Frittelle Di Riso
10	Italian	Salad	Bean & Tuna Fish Salad
10	Italian	Salad	Rice & Shrimp Salad
10	Italian	Sauce	Bolognese Sauce
10	Italian	Sauce	Meat Sauce
10	Italian	Sauce	Pesto Genovese
10	Italian	Sauce	Piquante Sauce
10	Italian	Sauce	Tomato Sauce
10	Italian	Seafood	Mussels in Marinara
10	Italian	Seafood	Shrimp Risotto
10	Italian	Soup	Chicken Soup with Eggs and Cheese
10	Italian	Soup	Fish Soup
10	Italian	Soup	Minestrone
10	Italian	Soup	Pumpkin Soup
10	Italian	Soup	Rice and Pea Soup
10	Italian	Vegetable	Asparagus Florentine
10	Italian	Vegetable	Baked Cauliflower
10	Italian	Vegetable	Breaded Eggplant
10	Italian	Vegetable	Cabbage with Bacon
10	Italian	Vegetable	Mushrooms in Cream
10	Italian	Vegetable	Potato Croquettes
10	Italian	Vegetable	Stuffed Mushrooms
10	Italian	Vegetable	Stuffed Tomatoes
10	Italian	Vegetable	Zucchini Pie
11	Maindish	Beef	Beanpot O' Gold
11	Finger Food	Beef	Beef Loaf in a Loaf
11	Maindish	Beef	Beef Roll-Ups with Sausage
11	Maindish	Beef	Burger Turnovers
11	Maindish	Beef	Carrie's Cabbage Meat Loaf
11	Maindish	Beef	Corn Dogs 'N Beans
11	Maindish	Beef	Corn-Stuffed Beef Birds
11	Finger Food	Beef	Deviled Corn Beef Buns
11	Maindish	Beef	Dieter's Shepherd's Pie
11	Maindish	Beef	Dilled Cabbage Rolls

Disk	Type	Category	Recipe
11	Maindish	Beef	Flank Steak, Creole Style
11	Italian	Beef	Italian Tortilla Stacks
11	Maindish	Beef	Machaca De Huevos
11	Maindish	Beef	Olive's Cornish Pasties
11	Maindish	Beef	Peachy Beef Pinwheels
11	Maindish	Beef	Swedish Cabbage Rolls
11	Finger Food	Beef	Taco Crescents
11		Fingerfood	Calzone (Filled Bread)
11	Maindish	Lamb	Lamb Chops in Jackets
11	Maindish	Lamb	Lamb-Asparagus Rolls
11	Argentine	Meat	Empanadas
11	Maindish	Pork	Angostura Lasagne Rolls
11	Maindish	Pork	Finnish Pork Pot Pie
11	Maindish	Pork	Roasted Potatoes/Sausage Under Wraps
11	Maindish	Pork	Sadie's Ham & Tater Snack
11	Maindish	Pork	Sausage Links in Batter Pudding
11	Maindish	Pork	Sweet Potato-Stuffed Pork Chops
11	Maindish	Pork	Tasty Pork Turnovers
11	Maindish	Pork	Texas Burritos
11	Maindish	Poultry	Avocado Chicken Breasts
11	Maindish	Poultry	Mexican Chicken Kiev
11	Maindish	Poultry	Mexican Rolls
11	Maindish	Poultry	Mom's Chicken Croquettes with Peas
11	Maindish	Poultry	Mom's Turkey Pie
11	Maindish	Poultry	Vegetable-Chicken Pockets
11		Salad	Tuna Nicosia
11	Finger Food	Sausage	Sausage Pockets
11	Maindish	Seafood	Moussaka Di Mare
11	Maindish	Seafood	Rock Lobster Filled Pancakes
11	Finger Food	Tuna	Nan's Nutty Pita Pockets
11	Finger Food	Vegetable	Florentine Submarines
11		Vegetarian	Bean Stuffed Tomatoes
11	Maindish	Vegetarian	Bo-Peep Pie
11	Maindish	Vegetarian	Chile Rellenos
11		Vegetarian	Curry Stuffed Onions
11		Vegetarian	Elsie's Eggplant Supreme
11	Maindish	Vegetarian	Sam's Potato-Stuffed Omelot
11		Vegetarian	Stuffed Peppers, Angostura
11		Vegetarian	Stuffed Tomatoes
11	Finger Food	Weiners	Peel Deals
11	Dessert		Ambrosia Pizza
12	Portugese	Bread	Piri Piri Pizzas
12	Dessert	Cake	Rum Cake
12	Celebrity	Cheese	Gerald Ford's Cream Cheese Roll
12	Snack	Cheese	Hot Cheese Puffs
12	Lo-Cal	Dessert	Amaretto Cheesecake

Disk	Type	Category	Recipe
12	Lo-Cal	Dessert	Banana Cream Pie
12	Lo-Cal	Dessert	Chocolate Cream Puffs
12	Fancy	Dessert	Ice Cream Pizza
12	Lo-Cal	Dessert	Mocha Chiffon Pie
12	Sandwich	Egg	Cheesy Egg Sandwiches
12	Dessert	Fruit	Blackberry and Apple Pie
12	Celebrity	Fruit	Dolly Parton's Banana Pudding
12	Dessert	Fruit	Fresh Peach Ice Cream
12	Dessert	Fruit	Peach Raspberry Pie
12	Ground Beef	Meat	Beef Patties Italian Style
12	Stetcher	Meat	Beef-Eggplant Bake
12	Sandwich	Meat	Deviled Ham Sandwiches
12	Ground Beef	Meat	Dinosaur Burger
12	One-Dish	Meat	Easy Sausage Supper
12	Fancy	Meat	Flaming Pepper Steak
12	One-Dish	Meat	Frank Fiesta
12	Lo-Cal	Meat	Lamb and Rice Casserole
12	Ground Beef	Meat	Meat Loaf in Crust
12	Stetcher	Meat	Pizza Porcupine Patties
12	Fancy	Meat	Roast Veal Knuckle
12	Ground Beef	Meat	Sloppy BBQ Joes
12	Ground Beef	Meat	Stir-Fired Medley
12	Ground Beef	Meat	Stuffed Beef Dogs
12	Main Dish	Meat	Supper Chili
12	Fancy	Meat	Veal Medallions with Sorrel
12	Dessert	Peach	Peach Coconut Cake
12	Exotic	Pie	LemonBlueberry Pizza
12	Celebrity	Poultry	Bob Hope's Chicken Hash
12	Microwave	Poultry	Chicken and Pea Pods
12	Main	Poultry	Chicken Scalopipine
12	Special	Poultry	Chicken Timitar
12	Microwave	Poultry	Chicken-Stuffed Tomatoes
12	Indonesian	Poultry	Indonesian Chicken Sate
12	Appetizer	Poultry	Mahogany Chicken Wings
12	Fancy	Poultry	Olympic Seoul Chicken
12	Fast-Fry	Poultry	Oriental Skillet
12	Microwave	Poultry	Roast Chicken with Noodles
12	Celebrity	Salad	Jane Wyman's Kidney Bean Salad
12	Ground Beef	Salad	Ranchero Beef Salad
12	Lobster	Sea Food	Stuffed Lobster
12	Portugese	Seafood	Portugese Seafood Stew
12	Sandwich	Seafood	Salmon-Stuff French Rolls
12	Sandwich	Seafood	Shrimp Cocktail Croissants
12	Dessert	Snack	Raspberry Oatmeal Squares
12	Exotic	Soup	Blueberry Soup
12	Appetizer	Soup	Cold Tomato Soup

Disk	Type	Category	Recipe
13	Diabetic	Bread	Miss Cathey's Corn Bread
13	Diabetic	Bread	Spoonbread
13	Diabetic	Breads	Louise's Baking Powder Biscuits
13	Diabetic	Breads	Oatmeal Raising Muffins
13	Diabetic	Breads	Spicy Raising Pancakes
13	Diabetic	Cheese	Banana Cheesewich
13	Diabetic	Cheese	Casserole Quiche
13	Diabetic	Cheese	Cheesy Baked Grits
13	Diabetic	Cheese	Double Cheese Muffin
13	Diabetic	Cheese	Pizza Quiche
13	Diabetic	Cooler	Cherry Brandy Swizzle
13	Diabetic	Cooler	Grape Fizz Cocktail
13	Diabetic	Cooler	Lemonade
13	Diabetic	Cooler	Lime Snap
13	Diabetic	Cooler	Limeade
13	Diabetic	Cooler	Orange Rum Cooler
13	Diabetic	Cooler	Rum Cola Highball
13	Diabetic	Cooler	Tomato Highball
13	Diabetic	Dessert	Fluffy Whipped Topping
13	Diabetic	Drink	Peanut Butter and Banana Thick Shake
13	Diabetic	Drink	Strawberry Shake
13	Diabetic	Egg	Egg Pouches
13	Diabetic	Egg	Potato and Sausage Omelet
13	Diabetic	Fish	Fish en Papillotte
13	Diabetic	Fish	Mediterranean Fish Stew
13	Diabetic	Fish	Oven-Fried Fish
13	Diabetic	Fish	Tuna Salad Nicoise
13	Diabetic	Jams	Apple Jelly
13	Diabetic	Jams	Grape Jelly
13	Diabetic	Jams	Peach Jam
13	Diabetic	Jams	Raspberry Jam
13	Diabetic	Jams	Strawberry Jam
13	Diabetic	Meat	Autumn Pork Chops
13	Diabetic	Meat	Barbecued Spareribs
13	Diabetic	Meat	Easy Meat Loaf
13	Diabetic	Meat	Ham Steak with Piperade Sauce
13	Diabetic	Meat	Irish Stew
13	Diabetic	Meat	Savory Baked Beans and Hamburger
13	Diabetic	Meat	Steak Au Poivre
13	Diabetic	Meat	Tacos
13	Diabetic	Pasta	Linguini Carbonara
13	Diabetic	Pasta	Zucchini Lasagna
13	Diabetic	Poultry	Baked Chicken Barbecue
13	Diabetic	Poultry	Chicken Breasts Florentine
13	Diabetic	Poultry	Chicken Paprikash
13	Diabetic	Poultry	Chinese Chicken Livers

Disk	Type	Category	Recipe
13	Diabetic	Poultry	Herbed Roast Chicken
13	Diabetic	Poultry	Oven-Fried Chicken
13	Diabetic	Poultry	Tarragon Turkey Scallopini
13	Diabetic	Rice	Raisin Rice Pudding
13	Diabetic	Soup	French Mushroom Soup
13	Diabetic	Soup	Gazpacho
13	Diabetic	Soup	Potato and Onion Soup
13	Diabetic	Soup	Virginia's Vegetable Beef Soup
13	Diabetic	Spread	Strawberry Butter
13	Diabetic	Starch	Skillet Sweet Potatoes
13	Diabetic	Vegetable	Cron Creole
13	Diabetic	Vegetable	Eggplant Au Gratin
13	Diabetic	Vegetable	Red and Green Pepper Pot
13	Diabetic	Vegetable	Stir-Fry Vegetables
B	Soup	Bean	Three-Bean Soup
B	Vegetable	Beans	Baked Beans
B	Meat	Beef	Beef Stroganoff
B	Meat	Beef	Sue's Stew
B	Bread	Biscuits	Biscuits
B	Bread	Biscuits	Buttersticks
B	Vegetable	Cabbage	Grandma's Red Cabbage
B	Dessert	Cake	Bubble Orange Loaf
B	Dessert	Cake	Ladyfingers
B	Dessert	Cake	Pound Cake
B	Dessert	Cake	Pumpkin Cake
B	Dessert	Candy	Lollipops
B	Main Course	Casserole	Cottage Cheese Casserole
B	Main Course	Casserole	Ham Casserole
B	Main Course	Casserole	Hamburger Pie
B	Main Course	Casserole	Jamba Ham
B	Main Course	Casserole	Tuna Casserole
B	Main Course	Casserole	Vegetable Lasagna
B	Meat	Chicken	Cheesy Chicken
B	Meat	Chicken	Chicken Chop Suey
B	Meat	Chicken	Chicken Cordon Bleu
B	Meat	Chicken	Chicken Nachos
B	Meat	Chicken	Chinese Chicken
B	Meat	Chicken	Easy Roast Chicken
B	Meat	Chicken	White Wine Chicken
B	Soup	Chowder	Hot Dog-Bean CHowder
B	Meat	Codfish	Baked Codfish
B	Dessert	Cookies	Chocolate Bars
B	Dessert	Cookies	Chocolate Nut Logs
B	Dessert	Cookies	Raisin Pineapple Cookies

Disk	Type	Category	Recipe
B	Meat	Crab	Crabby Joes
B	Soup	Cream	Cream of Spinach Soup
B	Vegetable	Cucumber	Marinated Cucumbers
B	Vegetable	Dip	Vegetable Dip
B	Salad	Dressing	Tart Salad Dressing
B	Meat	Fillets	Fish Italian
B	Salad	Fish	Seafood Salad
B	Salad	Fish	Tuna Louie Salad
B	Dessert	Frozen	Frosty Strawberry Squares
B	Dessert	Frozen	Frozen Cocktail Dessert
B	Salad	Fruit	Fruit Salad
B	Meat	Ham	Ham Dish
B	Meat	Hamburger	Beef Vegetable Dish
B	Meat	Hamburger	Meat Loaf
B	Meat	Hamburger	Royal Hamburgers
B	Main Course	Health	Vegetable Health Dish
B	Meat	Hot Dogs	Biscuit Dogs
B	Bread	Loaves	Banana Bread
B	Bread	Loaves	Braided Raisin Loaves
B	Bread	Loaves	Corn Bread
B	Bread	Loaves	Pumpkin Bread
B	Main Course	Macaroni	Macaroni & Cheese
B	Soup	Meat	Beef Vegetable Soup
B	Salad	Meat	Chicken Salad
B	Salad	Meat	Lettuce and Salami Salad
B	Soup	Meat	Shrimp Soup
B	Salad	Meat	Tostada Salad
B	Salad	Meat	Turkey Salad
B	Soup	Meat	Turkey Vegetable Soup
B	Bread	Muffins	Muffins
B	Bread	Pancakes	Grandma's Fat Pancakes
B	Salad	Pasta	Macaroni Salad
B	Bread	Pastry	Apple Coffee Cake
B	Vegetable	Pea Pods	Pea Pods Oriental
B	Meat	Pork	Country Pork
B	Meat	Pork	Pork Steak Dinner
B	Meat	Pork	Sweet-Sour Pork
B	Vegetable	Potato	Potato Bake
B	Vegetable	Potato	Potato Pancakes
B	Vegetable	Potato	Potatoes Au Gratin
B	Main Course	Rice	Fried Rice
B	Main Course	Rice	Rice Piloff
B	Bread	Rolls	Puffy Cheese Balls

Disk	Type	Category	Recipe
B	Meat	Salmon	Salmon Loaf
B	Meat	Shrimp	Curried Shrimp
B	Meat	Shrimp	Shrimp Boats
B	Meat	Shrimp	Shrimp-Tuna Dish
B	Vegetable	Spinach	Creamed Spinach
B	Main Course	Stuffing	Turkey Stuffing
B	Bread	Toast	French Toast
B	Vegetable	Tomato	Stuffed Tomatoes
B	Meat	Tuna	Baked Tuna
B	Meat	Tuna	Tuna Patties
B	Frosting	Uncooked	Creamy Icing
B	Frosting	Uncooked	Pumpkin Cake Frosting
B	Meat	Veal	Parslied Veal
B	Meat	Veal	Veal Parmesian
B	Salad	Vegetable	Hot Potato Salad
B	Salad	Vegetable	Potato Salad
B	Soup	Vegetable	Potato-Cheese Soup
B	Soup	Vegetable	Sour Cream Bean Soup
B	Salad	Vegetable	Three Bean Salad

Table 1

Disk	Quantity	Category	Quantity
B	92		
1	70		
2	32		
3	203		
4	56		
5	45		
6	52		
7	49		
8	0		
9	64		
10	61		
11	51		
12	51		
13	60		