

Meadowlark Notes

Our Mission is to provide loving, compassionate care for those living with a life-limiting illness.



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Issue 77

Summer 2017

The Fable of the Broken Pot

By Dawn Phelps, RN/LMSW

A water bearer in India had two large water pots. Each hung on an end of a pole which he carried across his neck. One pot was perfect and always delivered a full portion of water from the stream to the master's house. But the other pot was cracked and arrived only half full.

Each day for two years, the water bearer delivered only one and a half pots of water to the house. The perfect pot was proud of its accomplishments, but the broken pot was ashamed of its imperfection, miserable that it could only accomplish half of what it was meant to do.

After two years of what it perceived to be a bitter failure, the broken pot spoke to the water bearer one day by the stream.

"I am ashamed of myself, and I want to apologize to you."

"Why?" asked the wa-

ter bearer. "What are you ashamed of?"

"For the past two years I have only been able to deliver half my load. The crack in my side has caused the water to leak out on the way back to your master's house. Because of my flaws, you have to do more work. You don't get full value for your efforts," the pot said.

The water bearer felt sorry for the old

Continued on pg 2

Director Notes

When you're happy, you enjoy the music.

But, when you're sad, you understand the lyrics.

Frank Ocean song can elicit tears. I am one that can cry instantly if a song comes on that reminds me of my loved ones. I think

Music has a simple yet profound impact on people. After losing a loved one, hearing a special song can elicit tears. I am one that can cry instantly if a song comes on that reminds me of my loved ones. I think this is an important time to remember that the tears are because of great memories and they remind us that our loved

one remains in our hearts.

There are so many pleasant things that music can provide when families are facing end of life. Utilizing music as a source of comfort for

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The Fable of the Broken Pot ...cont'd from pg 1

cracked pot. In compassion he said, "As we return to the master's house, I want you to notice the beautiful flowers along the path."

As they went up the hill, the broken pot took notice of the sun shining on the beautiful wild flowers on the side of the path. Momentarily the flowers helped cheer him. But at the end of the trail, the old pot still felt badly because it had, as usual, leaked out half its load. Again the pot apologized to the water bearer for its failures.

The bearer said to the pot, "Did you notice there were flowers only on your side of the path and not on the other pot's side? That's because I have always known about your flaw, and I took advantage of it. I planted flower seeds on your side of the path.

"Every day while we walked back from the stream, you've watered the flowers. For two years I have been able to pick beautiful flowers to decorate my master's table. Without you being just the way you are, he would not have flowers to grace his house."

Like the broken pot, each of us has our own unique flaws. All of us, in some way, have experienced hurts during our lifetime—disappointments, broken relationships, betrayal, hurts, losses, and failures. None of us have lived perfect, charmed lives.

If you have experienced the death of someone precious to you, you may feel broken inside, like part of you is missing. Maybe you, like the broken water pot, feel like you can no longer bear your full load.

What you may not realize, however, is that you still have something important to offer to the world. Your brokenness may be an asset, your strength. You are important to others just the way you are.

Even though you may feel like a broken water pot, you can still water the seeds along the path for someone else, so keep your eyes open for those beautiful flowers!



use what talent you possess:
The woods would be very silent if no
bird sang there except those
that sang best.
-Henry Van Dyke

Director Notes ...cont'd from pg 1

families and patients can be helpful in the dying process. Personal experiences have reignited our drive to remember the comfort that music can provide to our patients and families. Music can be used to break the silence that is felt when sitting with a loved one. Music has a natural way of easing anxiety for the patient as well as the family-assuming the musical selection chosen is one that typically soothes the patient. Playing Bon Jovi for someone that prefers Bach would likely not create a peaceful environment.

Music is also an easy way to cover the breathing sounds that are natural in the dying process but can be disturbing to the family at the bedside. Having some soft music in the background can distract from the sounds and provide comfort to the family as well. Music can also provide a means for the patient and family to reminisce about special times they have had together.

". .one of the most beautiful gifts that humans have brought to the earth is music. In great music, the ancient longing of the earth finds a voice Music is, perhaps, the art form that brings us closest to the eternal because it changes immediately and irreversibly the way we experience time. When we are listening to beautiful music, we enter into the eternal dimension of time. Transitory, broken linear time fades away, and we come into the circle of belonging within the eternal. The Irish writer Sean O'Faolain said, "In the presence of great music we have no alternative but to live nobly."~

John O'Donohue, in Anam Cara: A Book of Celtic Wisdom, pp. 72-73

Music can also be a great resource for someone grieving the death of their loved one. Music charms the soul. Music can be a respite from the pain of grieving. It can be used for relaxation and also to help us confront our sorrow. The tears shed when a particular music selection grabs our soul can help us work through our grief.

"No matter your preference for style or composer, music can lend itself to healing the pain of grief. I encourage you to connect with music that can offer you solace and bring you to a place of healing and remembrance."

~ Vince Corso

One of the greatest gifts I've received is a CD of my grandpa singing a few hymns. No doubt there are some tears shed when I take time to remember grandpa, but they are tears of great memories that I will treasure forever. Whatever your choice of music might be, I encourage you to take a moment and listen. Your soul will be glad you did.

I' think music in itself is healing. It's an explosive expression of humanity. It's something we are all touched by. No matter what culture we're from, everyone loves music."

~ Billy Joel

Calendar of Events

Jul 10	1:00 pm	Concordia Volunteer Continuing Education
Jul 10	3:00 pm	Belleville and Republic Volunteer Continuing Education at Belleville
Jul 10	6:30 pm	Concordia Bereavement Group (community-sponsored) - Episcopal Parish Hall, 117 W 8th Call Judy Lambert 785-243-4454
Jul 11	4:30 pm	Clay Center Bereavement Support Group - Meadowlark Hospice office
Jul 13	7:00 pm	The Grief Support Group (community-sponsored) - 214 W 2nd, Washington - Call Terri Clark 785-325-3200
Jul 17	11:00 am	Clay Center Volunteer Continuing Education
Jul 18	9:30 am	Washington Volunteer Continuing Education
Jul 18	Noon	Marysville Volunteer Continuing Education
Jul 18	2:00 pm	Frankfort Volunteer Continuing Education
Jul 20	5:30 pm	Belleville Bereavement Support Group – Library, 1327 19 th Street
Jul 27	4:30 pm	Marysville Bereavement Support Group – South Plaza of CMH – use N door
Aug 8	4:30 pm	Clay Center Bereavement Support Group - Meadowlark Hospice office
Aug 10	7:00 pm	The Grief Support Group (community-sponsored) - 214 W 2nd, Washington - Call Terri Clark 785-325-3200
Aug 14	1:00 pm	Concordia Volunteer Continuing Education
Aug 14	3:00 pm	Belleville and Republic Volunteer Continuing Education at Republic
Aug 14	6:30 pm	Concordia Bereavement Group (community-sponsored) - Episcopal Parish Hall, 117 W 8th Call Judy Lambert 785-243-4454
Aug 15	9:30 am	Washington Volunteer Continuing Education
Aug 15	Noon	Marysville Volunteer Continuing Education
Aug 15	2:00 pm	Frankfort Volunteer Continuing Education
Aug 17	5:30 pm	Belleville Bereavement Support Group – Library, 1327 19 th Street
Aug 21	11:00 am	Clay Center Volunteer Continuing Education
Aug 24	4:30 pm	Marysville Bereavement Support Group – South Plaza of CMH – use N door
Sep 11	1:00 pm	Concordia Volunteer Continuing Education
Sep 11	3:00 pm	Belleville and Republic Volunteer Continuing Education at Belleville
Sep 11	6:30 pm	Concordia Bereavement Group (community-sponsored) - Episcopal Parish Hall, 117 W 8th Call Judy Lambert 785-243-4454
Sep 12	4:30 pm	Clay Center Bereavement Support Group - Group will eat together, Place TBA
Sep 14	7:00 pm	The Grief Support Group (community-sponsored) - 214 W 2nd, Washington - Call Terri Clark 785-325-3200
Sep 18	11:00 am	Clay Center Volunteer Continuing Education
Sep 19	9:30 am	Washington Volunteer Continuing Education
Sep 19	Noon	Marysville Volunteer Continuing Education
Sep 19	2:00 pm	Frankfort Volunteer Continuing Education
Sep 21	5:30 pm	Belleville Bereavement Support Group - Group will eat together, Place TBA
Sep 28	4:30 pm	Marysville Bereavement Support Group – South Plaza of CMH – use N door

Hospice Gifts & Memorials

Your memorial gifts honor your loved ones and help others!

HOSPICE GIFTS

Clay Center Chapter O.E.S. #180

Harold & Delila Metz Dorothy Richardson

Dolores Wassenberg

MEMORIALS

LYNN ANDERSON

Don & Dee Anderson

Murray & Carolyn Anderson

Jill & John Berry

Larry & Jan Blochlinger

Tim & Marsha Bombardier

John Paul Breault

Central National Bank-Concordia

Rita Collette

Steven & Helen Collins

Don & Kay Cummins

Galen & Debbie Deneault

Lana Ellis Chris Fall

Jim Fitzgerald

John & Ardys Fitzgerald

Friends & Neighbors

Douglas & Sandra Hanson

John Herman

Dan & Tina Huff

Dennis, Peggy & Brett Jackson

Larry & Kelly Jackson

Angel & Jim Kerr

Kurt & Cindy Kocher

Roger & Tricia Koester

Fred & Phyllis Larsen

Vicki Lee

Kelly & Becky Leon

Kirk & Janet Lowell

Catherine Lowers

Robert & Theresa Maynard

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Bob & Ann McCall

Doris McCall

Will & Lindsay Metcalf

Everett & Marlene Miller

P.J. Nelson

Stephen & Jane Richard

Brian & Stacy Roderman

Arthur Slaughter

Dale & Madlyn Swenson

Bill & Kay Thompson

Bonnie Thurston

Jeff & Regina Wallace

PATRICIA BARTELS

The Miller/Bartels Family

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Diane Bobzien

Cheryl Bobzien Dibben

RONALD BUDREAU

Max & Susan Adkins

Pauline Allison

David & Linda Bogart

Marilyn Bogart

Konnie Budreau

Central National Bank-Concordia

Friends & Neighbors

Michael & Rebecca Hammeke

Jarold & Linda Hayden

Randy & Marcia Johnson

Ronald & Shari Johnson

Cherri Waites

Margaret Waites

DOROTHY BUSEMAN

Arlyss Alexander

Vernon & Susan Anderson

Shirley Berggren

Dorothy Beswick

...DOROTHY BUSEMAN

James & Christine Brinkman

Mary Ann Fowles

Friends & Neighbors

Dale & Deanna Hammond

Galen & Nancy Hofmann

Letha Lloyd

W.A. & B.A. Newton

Noel & Joy Deane Pfizenmaier

Marjorie Sanneman

Stephen & Teresa Schiffelbein

Joanne Schmidtberger

Kenneth & Cathy Scroggs

Shorman Enterprises-Rosalie

Shorman

Betty Sump

The Mane Effect

Lloyd & Susan Tiffany

Richard & Edna Williams

IOLA CARTER

Iola Carter's Friends & Family

PEARL "LAVONE" CHESTNUT

Marty Averill

Clay County Medical Center

Richard & Jody Cott

Clayton & Marjorie Coulson

Gene Ferguson

Fourth & Pomeroy Associates

Cecil & Evelyne Keen

Randy & Zita Milligan

Pat & Maureen Pfizenmaier

MARCIA CHOPP

Liz & David Mott

REVA COASH

John & Cindy Chavey

Linda Coash

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Hospice Gifts & Memorials

Your memorial gifts honor your loved ones and help others!

...REVA COASH

G.K. & B.J. Gardner

David & Genevieve Jones

Jerry & Catherine Koch

John & Janel Peterson

Dianne Rickley

Ellen Seifert

Clyde & Rita Wollenberg

CHARLOTTE CURRIE

Charlotte Currie Memorial

CECELIA DAHM

Arlan Benteman

Leon & LaVerne Benteman

Margaret Braun

Cecelia Dahm Memorial

Duane & Kathy Dahm

D.J. Daniels

Robert & Margie Marrs

Anita Marie McFarlane

Sharon Moddelmog

K.A. & P.A. Propp

Joyce Redelsperger

Scott & Mary Taddiken

Gail & Susan Thomas

Alan & Margaret Zillinger

ILA FIELDER

Larry & Peggy Wilkinson

MARILYN GOODWIN

James & Krista DeMars

Susan Duff

Gerald Goodwin

Marvin & Barbara Shunn

David Vopat

LARRY JOHNSON

Susan Erickson

Jean Farlee

Curt & Cindy Friedrich

...LARRY JOHNSON

Shirley Johnson

CHARLOTTE KIDWELL

Charlotte Kidwell Memorial

Phil & Jean Frigon

Edward & Lori Haselwood

Randy & Jeanette Kidwell

Lonnie & Carol Parker

Onette Shannon

EUGENE LEON

Clint Leon Family

RAY LINDSAY

Dorothy Lindsay

MARION O'BRIEN

Community Memorial Healthcare

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PETTYJEAN

Stephanie Blackwood

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DUANE PRALLE

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T.M. Roper

The Family of Duane Pralle

BETTY RHODES

JoAnne Balthazor

Jo Barclay

Steve & Susan Bechard

Shirley Benteman

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Gary & Margene Cash
Gary & Mary Lou Channell

James & Janice Chaput

Daniel & Judy Deaver

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Arlo & Dixie Schurle

Dale Schurle

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Patricia Pence

ROBERT SMITH

Maxine Boling

Stephanie Garrison

Bill & Dee Marshall

MARY JANE TIEKING

Harley & Darla Adams

Tim & Marsha Bombardier

John Paul Breault

Gerald & Pam Campbell

Central National Bank-Concordia

Cloud County Health Center Auxiliary

Hospice Gifts & Memorials

Your memorial gifts honor your loved ones and help others!

...MARY JANE TIEKING

Concordia Auto Mart, Inc.

Doug & Kris Cox

Shirley Geist

Greg Hattan DDS

Martha Hughes

Rex & Janet Istas

Dennis & Peggy Jackson

Don & Cheryl Lanoue

Lloyd & Sandra Littrell

Kirk & Janet Lowell

Larry & Barbara Michaud

Alvin & Joan Miles

Everett & Marlene Miller

Roberta Paulson

Donna Reid

Robert & Geralyn Strait

S.A. Trost

VELMA TROST

Dale & Linda Berk

PEGGY WEIDMAN

Scott & Monica Anderson

Lawrence & Stephanie Avery

Wynn & JoAnn Bauer

David & Shirley Berggren

...PEGGY WEIDMAN

Jack Blackwood

Dr. David & Debrah Bollig

Stuart & Carolyn Buchmann

Delores Case

Maury & Beth Catlin

Rene & Denise Charbonneau

Gary & Dianne Comstock

Kim & Sonya Conrad

Clayton & Marjorie Coulson

Jerome & Jody Crimmins

Rick Reed & Babette Crimmins

Randy & Deborah Debenham

Jackie Foster

Mary Ann Fowles

Bill & Sandy Fox

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Max & Tessie Hanson

Scott & Debbie Hedke

Dan & Brenda Heeren

Ron & Judy Hileman

Greg & Mary Jensen, Joe, Jake &

Molly

Mike Kidwell

...PEGGY WEIDMAN

Derele Knepper

Robert & Vicky Mall

Phil Martin

Rick & Rita Meyer

Evelyn Mugler

Scott & Wilma Nelson

Peggy Weidman Memorial

Mark & Carol Pfizenmaier

Pat & Maureen Pfizenmaier

Phil & Brenda Pfizenmaier

Beuford & Debbie Rook

Preston Rook

Dianne Smith

Barb Spilker

Mary Ann Sullivan

The Wilder Family

Larry & Helen Wallace

Truman & Leona Woellhof

Sylvia Wohler





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MEADOWLARK HOSPICE STAFF

Medical Director – John Ryan, MD

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Nurse Practitioner - Michele Voelker, APRN

Program Director – Amy Burr, RN, BSN

Patient Care Coordinator - Deb Martin, RN, BSN

Hospice Staff Nurses – Stacy Behrends, RN, BSN; Debra Champlin, RN; Deb Hedke, RN, BSN; Nedra Kisby, RN; Kristin Kruse, RN; JoAnn Lips, RN; Sherry Wiese, RN;

Director of Social Services - Kay Lynn Mead, LMSW

Social Workers – Kathryn Benson, LBSW; Stephanie Garrison, LBSW; Joyce Nelson, LMSW

Bereavement Writer: Dawn Phelps, RM, LMSW

Bereavement Services Coordinator - Kay Lynn Mead, LMSW

Chaplains – Greg Doll; Kathy Ouellette; Al Paredes; Sr. Mary Savoie; Rev. Susan Sawyer; Marilyn Sweet; Sr. Marilyn Wall

Volunteer Coordinator - Darlene Melton

Billing/Insurance - Ronna Urban

Administrative Assistant - Lilly Hitsman; Charlotte Rundell

HOSPICE 709 CLAY CENTER, KS 67432 CLAY CENTER, KS 67432

Ph 785.632.2225 Fax 785.632.3557 Email hospice@ccmcks.org Web meadowlarkhospice.org

We are available to present programs to area organizations!

