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The Faith Connection

News and ideas for your health ministry—courtesy of the Pittsburgh Mercy Parish Nurse & Health Ministry Program
 Part of Pittsburgh Mercy and Trinity Health,
 Serving in the tradition of the Sisters of Mercy

Prayer for Peace

Lord Jesus Christ,
 Make us instruments of your peace.
 Where there is hatred, let us sow love.
 Where there is injury, let us offer pardon.
 Where there is discord, let us build peace.
 Oh Divine Lord, you taught us that those who work for peace are called the children of God.
 Help us to persist in establishing justice and truth as firm and lasting foundations of peace.
 Lord, you offer us peace as a gift and peace as a responsibility that we must realize with your help.
 Give us the grace to reach for peace, to have attitudes of peace, that our words may be of peace, and that our works be works of peace.
 Then, may we build the peace that we and our nations need.

Amen

Monsignor Pedro Rubiano Saenze
<https://bit.ly/2NQzhp6>

Preach the truth as if you had a million voices.

It is silence that kills the world.

—St. Catherine of Siena





Pittsburgh Mercy Parish Nurse & Health Ministry
Faith Community Nurse & Health Minister Preparation Course
NEW VIRTUAL COURSE!

Foundations of Faith Community Nursing Curriculum
Westberg Institute for Faith Community Nursing

5 Dates: October 2, 3, 17, 23 and 24, 2020



- This Course is designed to prepare RNs seeking to practice Faith Community Nursing and whole-person health (balancing body, mind, and spirit). Such areas of practice may include: faith communities, volunteer organizations in the community (i.e. YMCA, public library, American Red Cross, local food bank, senior citizen community center, and retreat center) and/or current workplaces. It is open to anyone interested in health ministry, intentional care of the spirit, and *wholistic-care* (whole-person) approach in assisting others with spiritual health & well-being.
 - Location: Zoom meetings in the comfort of your own home via an unique meeting ID and password.
 - Class size is limited to 20 participants.
 - Early bird discount must be postmarked by September 3, 2020 along with accompanying application and check payment with discounted price.
 - Cost: \$395 for Registered Nurses (RNs) which includes 39.5 continuing education credits.
 - Cost: \$200 for non-registered nurses and RNs with *inactive* nursing licenses.
 - Pittsburgh Mercy employee discount.
 - Hybrid course: online modules and Zoom meetings (5 dates).
 - Variety of Course instructors who understand adult learners' need for engagement, time to process new information, and life application.
 - Limited, partial scholarships available upon request—see Course application.
 - For each participant, the cost includes a follow-up virtual mentoring session with a health ministry specialist from our Mercy Parish Nurse Ministry Team.
 - Last day of Course, includes a special virtual commissioning service and blessing.
 - Call our office (412.232.5815) for our faith community/church group rate of 2 or more.
 - **For the Course application, visit this link <https://bit.ly/2uQTWNz>**
- ♥ RNs are commissioned as **Faith Community Nurses**. All other participants are commissioned as **Health Ministers**. Everyone receives a pin and certificate.
 - ♥ RNs who attend the entire 5 days, complete the online learning requirements, and complete an evaluation form for each module are awarded a certificate for **39.5 nursing continuing education credits (CEs)**. The University of Pittsburgh Medical Center (UPMC) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). UPMC and ANCC do not endorse any commercial products as a result of this CE activity.
 - ♥ This Foundations of Faith Community Nursing course is based on the curriculum developed through the *Westberg Institute for Faith Community Nursing*, which curriculum is owned by Church Health Center of Memphis, Inc., 1350 Concourse Ave., Suite 142, Memphis, TN 38104.

Looking Back on Spring 2020
Health Ministry Prayer Gatherings
Virtual Conversations & Faith Sharing
Theme: *The Gift of Light*



The **Pittsburgh Mercy Parish Nurse & Health Ministry Program** offered virtual conversations via Zoom meetings in May and June 2020. We have received encouraging comments from those who attended these Health Ministry Prayer Gatherings with the theme titled “The Gift of Light.” There were 4 virtual sessions with no cost to attendees. A combined total of **51 participants** attended and represented several states in the USA such as New York, Michigan, Oklahoma, Texas, Ohio, Maryland, North Carolina, Kentucky, Minnesota, West Virginia, Wisconsin, and Pennsylvania. Many participants were faith community nurses, health ministers, spiritual leaders, health care professionals, nursing professors, clergy, those individuals working at non-profit organizations, and others from various backgrounds and faith traditions.

This is the first virtual outreach opportunity provided by the Mercy Parish Nurse Ministry Team. The goal was to invite others to experience spiritual awareness and group faith sharing through a virtual learning setting, This invitation centered around a quiet place and sacred time to allow ourselves to prayerfully reflect on our own ***whole-person health***... balancing body, mind, and spirit. On average, each session lasted less than one hour depending upon group discussion. At the end of each session, the lead facilitator suggested that participants keep their individual candles burning and continue their contemplative meditation in privacy. Some suggestions for further spiritual awareness included prayer, Scripture or spiritual reading, calming breathing exercises, listening to music, taking a nature walk, artwork and mindful coloring, and spiritual journaling.



Also, due to the positive comments from participants, the Mercy Parish Nurse Ministry Team will offer five (5) future *Health Ministry Prayer Gatherings* in August, September, November, and December. **For more details, see page 9 in this E-Newsletter.**

A special thanks to each participant who attended and shared their voice and heart with us. May we encourage our readers to consider joining us soon for some quiet self-reflection, rich adult learning, and spiritual sharing.

Encourage each other to build each other up, just as you are doing.

1 Thessalonians 5:11 TLB

NEWS FROM YOU... WALK AND PRAY TO DEFEAT COVID-19

Our MACH₁ (Monaca, Aliquippa, Center, Hopewell) grouping of Catholic parishes in Beaver County (Our Lady of Fatima, St. Frances Cabrini, St. John the Baptist and St. Titus) made good use of the outdoors during the pandemic by walking and praying to defeat COVID-19! This "virtual" walk exercised the body by walking, the spirit by praying and the mind by learning about *CATHOLIC SHRINES in the UNITED STATES*.

All four parish sites participated as we "travelled" a northern route stopping at shrines on our way to the Shrine of St. Therese in Juneau, Alaska, and returned via a southern route back home with a final stop at The Basilica of the National Shrine of Our Lady of Fatima in Niagara Falls, New York. In total, we visited 15 shrines and stormed the heavens in prayer as ONE in Christ. Every single step and mile accumulated by parishioners counted, and ALL prayers were heard! The walk lasted five weeks, beginning on Sunday, April 26, and ending on Pentecost Sunday, May 31.



The weekly church bulletin included an activity log for parishioners to submit their miles on paper, or they could send miles via email to accumulate total weekly miles. A thermometer was included in the weekly bulletin to indicate our collective total as a parish grouping as well as descriptions of shrines visited, the history of the inspirational shrines and information about the patron. Images of the shrines or links were provided in the case of virtual tours. (For a sample, see page 12 of the June 7 bulletin available at <https://www.stjbparish.org/mach1-bulletin>.)

Weekly prayer suggestions included over the course of these five weeks were: The Five Finger Prayer; the Labyrinth Prayer Steps; the Rosary; and prayers to the Blessed Mother and to various saints such as St. Odilia, intercessor for the infirmed, and St. Bernard, patron of respiratory illness. Featured was the following prayer for COVID19 sufferers: ***O Jesus, please be in the hearts and lives of all those who are suffering. Bring healing to those who are enduring pain. Bring value to those who are disregarded. Bring joy to those in great sorrow. Amen.***



Be well,
**Joyce Ott, RN-BC Faith Community Nurse
for MACH₁ Grouping Beaver County, Pennsylvania**

Above photo is the Basilica of the National Shrine of the Immaculate Conception in Washington D.C.



Staying Connected with Peers in Faith Community Nursing

The Westberg Institute Knowledge Sharing Platform

www.yammer.com (free app)

During challenging times, it is essential for faith community nurses to stay connected via an online community such as the *Westberg Institute Knowledge Sharing Platform*. With over a thousand nurses and several topic-based groups, the platform is a great way for nurses to be connected and supported to those who are "in the trenches." This is an excellent resource that one can find virtual assistance for many questions regarding topics of interest and locating experts in health ministry. There are different groups that one can join such as "nursing educators" as well as regional and denominational groups. If interested, request an invitation to the platform by going to <https://westberginstitute.org/fcn-knowledge-sharing-platform> **Check it out today!**

A Prayer for Healthcare Workers
By Terri Winaught
(Recovery Services Coordinator, Pittsburgh Mercy)



Thank you, Lord for the healthcare workers whose healing hands; special skills, and humble hearts you use as instruments of your care. For all that they are; for all that they do, and for all that they give: May they be blest with shoulders to cry on when bad days hurt too much; mentors to guide them with compassionate counsel, and Your strength to sustain them because "You are the same yesterday, today, and forever." - Hebrews 13:1



The COVID-19 pandemic continues to impact our country and world through its shifting patterns. While some communities are seeing new cases, hospitalizations and deaths for the first time, other areas are reopening.

Whether you are in the front lines of patient care, providing community services, working at home, supporting your faith community, being a family caregiver or parent or going through this alone... self-care and resilience are more important than ever. Below are some selected references for you:

- CDC Coping with Stress Resources <https://bit.ly/2Ax3aHN>
- National Alliance on Mental Illness COVID-19 Resource and Information Guide <https://bit.ly/3fgDILv>
- National Council on Aging COVID-19 Resources for Older Adults and Caregivers <https://bit.ly/2ZFYEzo>
- National Institute on Drug Abuse: FAQs on COVID-19 and Addiction/Substance Use Disorders <https://bit.ly/3gu6GIG>

Health Ministry... so important now more than ever!
Phone Consultation for those locally & out of state

Every faith community has been impacted by the COVID-19 Pandemic. We are going through a challenging time with uncertainty about future days ahead. Due to social distancing, faith communities are asked to be creative via social media opportunities. Meeting the needs of parishioners in all age groups requires time and energy as well as when:



- ♦ parishes are merging
- ♦ a pastor or Faith Community Nurse leaves and there is an unfilled vacancy
- ♦ a new pastor & family enter the church
- ♦ there's a growing membership with young families, homebound individuals and/or elderly with special needs.

In these situations, innovative forms of ministry may be part of the answer. We would be happy to work with you, your clergy, and/or faith community team. **Contact us at the Pittsburgh Mercy Parish Nurse & Health Ministry Program at 412.232.5815 or ParishNurse@pittsburghmercy.org** We are only a phone call or email away!

Pittsburgh Mercy Parish Nurse & Health Ministry Program offering



Health Ministry Virtual Meetings... Peer Support, Learning & Conversation

Beginning in August 2020

(3rd Tuesday evening of every month)

Goal: To emphasize the importance of networking, fellowship, learning and peer support for faith community nurses and health ministers as they assist their congregations and local community to better health and well-being.

Target Audience: Faith Community Nurses, Health Ministers, Registered Nurses, Licensed Practical Nurses, Clergy/Laity, and anyone interested in learning about *wholistic care* (whole-person health) approach as we commit to health advocacy and education of others.

Content Discussion: Focusing on the intentional care of the spirit, the promotion of whole-person health, the prevention of disease, creative ministry programming, and current challenges in ministry, each monthly session will invite participants to a specific topic of interest. From the Mercy Parish Nurse Team, one of our health ministry specialists will be the lead facilitator and will invite participants to a brief learning activity such as a PowerPoint presentation, a video clip, a short article, or a case study. At the beginning of each session, the lead facilitator will give 2 learning objectives. She will then highlight specific points for clarity, learning, exploration, and group discussion. The lead facilitator will offer suggestions and some answers to questions that arise, but the best forum will be in peer discussion and brainstorming. Depending upon the number of participants, the lead facilitator will use virtual break-out rooms to allow for small group discussion to occur. Also, the lead facilitator will offer more educational tools and resources to be added to our health ministry “toolbox” for future use with clients ranging from individuals, families, faith community, and/or local community residents. Each participant will be asked to complete an evaluation within 10 days after the session. Participants can suggest topics of interest for future virtual sessions, or contact the Mercy Parish Nurse Ministry Team for a follow-up virtual mentoring session.

Specific Points to share about our time together:

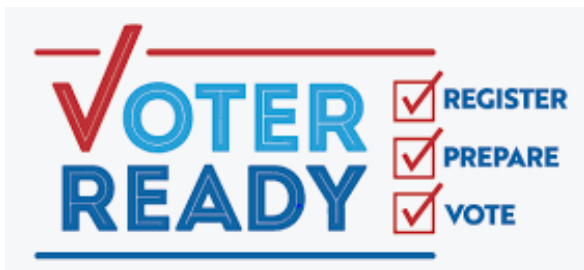
- ◆ Allow time and space for expression of ideas, suggestions & concerns
- ◆ Questions are encouraged... there is no foolish question
- ◆ No need to be present at every session
- ◆ Doesn't matter if you are a novice or expert
- ◆ Safe, non-threatening learning environment
- ◆ No cost for sessions or provided written materials

Registration must include:

- 1) First & last name
- 2) Date & time of desired session
- 3) Email address
- 4) Phone number
- 5) Role/title and name of faith community and/or organization

Registration is required in order for each participant to receive the Zoom link, meeting ID, password, and agenda. Dial-in option is available. Registration deadline is by 3:00 p.m. ET (Eastern Time in US and Canada) on the date of your choice. Space is limited, so early registration is suggested. For questions or to register send email to ParishNurse@pittsburghmercy.org or call **412.232.5815** and leave a clear and detailed message.

***The 2020 dates are the following: August 18 (“Current Concerns & Challenges of COVID”), September 15, October 20, November 17, and December 15. Please mark your calendars now! Please join us for this time together of encouragement and support.**



Get Ready to Vote

It's Not Too Early to Get Started

Whether or not you are excited about the upcoming November election or trying to tune out the political rhetoric, it's important to remember that as a citizen, we have a responsibility to vote. As faith leaders we can also provide basic unbiased information about voting to members of our faith community and those we serve.

With Department of Motor Vehicles and field-based registrations being affected by COVID, voter registration is more important than ever this year! At the same time, in order to be able to take advantage of some of the options being rolled out in the states to reduce the spread of COVID-19 (such as vote by mail) eligible voters need to be registered at their current addresses well ahead of Election Day.

We can play a vital role in supporting the vote by providing non-partisan information to members of our faith communities and the people that we serve. This can include information about the following:

- How to register to vote and the deadline for voter registration visit <https://bit.ly/3izHlSr>
- Details such as if you have moved permanently to another state, you must register to vote in the new state.
- The importance of an accurate voter name and address.
- How to update your voter registration if you've moved within your state, changed your name, or want to update your political party affiliation – this must be done before your state's deadline for voter registration.
- How to confirm your voter registration
- More information on voting and elections is available at <https://www.usa.gov/voting>



Our Email Address:
ParishNurse@pittsburghmercy.org

We enjoy hearing from our E-Newsletter readers about your faith community ministries. Send an email with a short description of your recent church activity and we will include it in our section "News from You!" If you like, include a photo of yourself too.

If you should no longer wish to receive communications from the Pittsburgh Mercy Parish Nurse & Health Ministry Program, please unsubscribe by contacting us at 412.232.5815 or email us at ParishNurse@pittsburghmercy.org Thank you.

Pittsburgh Mercy
invites you to



"like" us!



READ OF THE MONTH

The Footprints of God: Recognizing God's Presence in the Ordinary

By Kathleen M. O'Connell, RSM
ISBN: 978-1-706-160-472

At the Pittsburgh Mercy Parish Nurse & Health Ministry Program, Sr. Judith Wuerl, RSM is our health ministry specialist volunteer as well as a commissioned faith community nurse. She is a true blessing to our Ministry. She is an avid reader of spiritual books, prayers and devotionals.

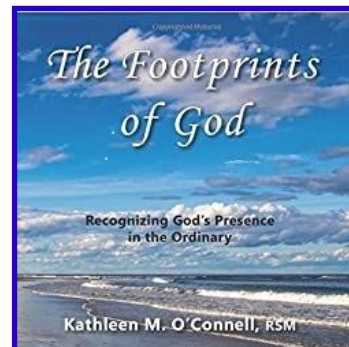
Sr. Judy recently introduced us to this delightful book "The Footprints of God: Recognizing God's Presence in the Ordinary" composed by her dear friend and also a Sister of

Mercy, **Sr. Kathleen M. O'Connell, RSM.**

Combining her gift of nature photography with Scripture verses and short reflections, the author Sr. Kathleen reminds us that ". . . we have been gifted with this earth by our Creator and that we are called, each one of us, to be faithful stewards of that which has been entrusted to us."

This book is not designed to be read cover to cover in one sitting. Instead, the photographs on each page remind us of the variety of wonders and blessings in God's creation. Readers can use this resource for daily reflections, a pleasant porch read, or a way to nurture one's spirit in a time of stress or uncertainty.

We, the Mercy Parish Nurse Team have enjoyed randomly opening a page of the book and being struck by how the reflections have spoken to our hearts. The photographs, Scriptures, and reflections bring us to a spiritual churning inside and a connection with our Creator. May our readers enjoy this spiritual book and use it for contemplative prayer this summer... it is good medicine for the soul.



"Where does one begin to 'lighten' our world? It begins with each one of us. The Light that is God shines through us, through our kindnesses, generosity, peace-making, comfort, forgiveness, respect for one another, love. . . . We all stand together to bring Light to this world that so desperately needs it." (page 45)

How Have Racial Disparities Touched Your Heart

We want to hear from you! Please email ParisNurse@pittsburghmercy.org or call and leave a message at 412.232.5815 with your thoughts. Be sure to include your name and phone number. or what you are planning to do in response to the recent protests.



SAVE THE DATE

Pittsburgh Mercy Parish Nurse & Health Ministry Program

**Virtual
Health Ministry
Prayer Breakfast**



Saturday, November 21, 2020
**More details & registration on our website
coming in September!**

Pittsburgh Mercy Parish Nurse & Health Ministry

Health Ministry Prayer Gatherings 2020

Virtual Conversation and Faith Sharing



Do you need a sacred space and time set-aside for peace and quiet reflection during this challenging time in our world? Do you desire to give to your family and others, but could use some extra encouragement and support? Do you have a need to connect with others in prayer and contemplation? Do you want to experience spiritual awareness and spiritual care in a virtual setting?

Please attend our Candle Meditation and Health Ministry Prayer Gatherings. It is a wonderful opportunity to experience spiritual awareness and group faith sharing through a virtual learning setting. We invite all to this quiet place and time as we allow ourselves to prayerfully reflect on our own *whole-person health*.... balancing body, mind, and spirit. The emphasis is on the importance of self-care, connection with Creator, and peer support. In our busy lives, we sometimes feel overwhelmed to the point of neglecting our spiritual needs. We risk little to pour out and then burn out. We invite all to safe, better health and well-being.

These virtual offerings are at no cost. It is intended for faith community nurses, parish nurses, health ministers, lay ministers, clergy, registered nurses, health care professionals, licensed professional counselors, social workers, Pittsburgh Mercy employees, and anyone interested as we continue our commitment to advocating for and serving others in need.

Each offering begins at 7:00 p.m. ET. The five (5) dates are the following:

- 1) Summer Candle Meditation August 6th Thursday**
- 2) Summer Candle Meditation August 26th Tuesday**
- 3) Autumn Candle Meditation September 24th Thursday**
- 4) Giving Thanks Candle Meditation November 12th Thursday**
- 5) Advent Candle Meditation December 8th Tuesday**

AGENDA

- ⇒ Welcome
- ⇒ Opening Prayer
- ⇒ Candle Meditation
- ⇒ Group Faith Sharing
- ⇒ Closing Prayer

Registration is required in order for each participant to receive the Zoom link, meeting ID, password, and agenda. Dial-in option is available. Registration deadline is by 3:00 p.m. ET (Easter Time in US and Canada) on the date of your choice. Space is limited, so early registration is suggested.

For questions or to register send email to **ParishNurse@pittsburghmercy.org** or call **412.232.5815** and leave a clear and detailed message with the following information:

- 1) First and last name
- 2) Date and time of desired session
- 3) Email address
- 4) Your phone number
- 5) Your role or title and the name of your faith community or organization.

Remember to visit our website at <https://www.pittsburghmercy.org/faith-communities/education/>



Do You Know the Census Impact on Your Community?

If you have not already completed the 2020 census, it is important that you do so as soon as possible. FCNs and Health Ministers should be knowledgeable about the importance of the census so that we can encourage members of our faith community and broader community to take part. Being aware of common myths and misconceptions is a crucial component of information sharing.

The results of this once-a-decade count determine the number of seats each state has in the House of Representatives. They are also used to draw congressional and state legislative districts. The results of the 2020 Census will help determine how hundreds of billions of dollars in federal funding flow into communities every year for the next decade. It's estimated that the state of Pennsylvania will lose approximate \$2,000 for each citizen that is NOT represented in this year's census. (Estimated amount per person can vary between states).

That funding shapes many different aspects of every community, no matter the size, no matter the location. Census results affect the planning and funding for the following areas:

- ◆ Healthcare including programs such as Medicaid, Medicare Part B, State Children's Health Insurance, and the prevention and treatment of substance abuse.
- ◆ Education including Head Start, Pell Grants, school lunches, rural education, adult education, and grants for preschool special education.
- ◆ Infrastructure such as highway planning and construction, Section 8 housing, federal transit, community development, and rural water and waste disposal systems.

Take a few minutes to think about how you can encourage others to complete the census --- personal contact, newsletter/bulletin announcements, brief education sessions, social media challenges. Be creative and persistent! The deadline for responses to the 2020 census is October 31, 2020.

Adapted from <https://2020census.gov/>

Faith-based Observances

The Hajj and Eid al Adha (July 31–August 3rd)The Hajj is one of the five key pillars in Islam. Hajj is a requirement for all physically and financially able Muslims to perform at least once in their lifetime. Unfortunately participation for this year's Hajj will be severely limited due to the COVID pandemic. The Eid al Adha celebrates the completion of the Hajj and recalls Abraham's willingness to sacrifice his son in obedience to Allah.

The Transfiguration of the Lord (August 6th) *After six days Jesus took with him Peter, James and John the brother of James, and led them up a high mountain by themselves. There He was transfigured before them. His face shone like the sun and His clothes became as white as the light. Just then there appeared before them Moses and Elijah, talking with Jesus.*

Matthew 17:1-3 NIV

Labor Day, Monday September 7

This holiday was originally created to recognize the contributions of labor associations and workers in our country. While celebrating the last long weekend of summer, make time to acknowledge and thank the hard working people that you know —especially our essential COVID workers in health care and other businesses who have diligently worked during the pandemic. **To learn more about history and Labor Day, visit at <https://bit.ly/2Chfw7E>**





Faith Community Nursing: Scope and Standards of Practice 3rd Edition

Co-published by the American Nurses Association and
the Health Ministries Association



The Scope and Standards of Practice for Faith Community Nursing provides a definitive resource for the Faith Community Nurse (FCN) to use in decision-making when validating, or analyzing professional practice. It guides the FCN in practice within:

- *Preparation and educational programs
- *Role description and performance evaluations
- *Policies and procedures
- *Quality improvement endeavors
- *Competencies and compliances

With the nursing process to assess *wholistic care* –balance of body, mind, and spirit— the FCN uses evidence-based practice for the intentional focus on spiritual well-being through education, counseling, prayer, presence, active listening, and advocacy. As health care delivery expands more into the community setting, multiple venues are available for FCNs to provide hope, healing, peace, purpose, trust and contentment – even when apart from cure.

With informed attention to **ethics, cultural competence, care within life transitions, behavioral health, and addiction**, the **3rd Edition of the Scope and Standards** speaks to the demanding challenges of current practice. The six standards of practice and ten standards of professional performance are the criteria by which all FCNs are held accountable.

To learn more, click on this link: <https://bit.ly/2BaiGXc>

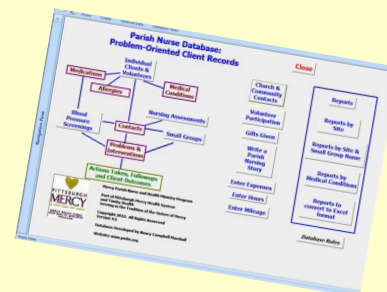
Electronic Documentation System for Faith Community Nurses



This user-friendly electronic program was designed by FCNs, rigorously tested by FCNs, and is currently used by FCNs nationally. This documentation system offers the following:

- ***Documents client problems easily** by using a concise list built-in to the system with drop-down boxes (physical, mental, spiritual, social, financial and relational areas)
- ***Rates the problem** initially and at follow-up assessments using a 1-5 scale
- ***Demonstrates the outcomes** of your FCN interventions
- ***Includes many more useful features!**

See [YouTube Video](#) of the Pittsburgh Mercy Parish Nurse Documentation System at:
<https://www.youtube.com/watch?v=XNKGJx1Fex8>



Contact us! ParishNurse@pittsburghmercy.org 412-232-5815

See our website for our Demo link at <https://bit.ly/2JMKmbu>
Email us, if interested in our upgrade Version 5.1

Health Observances

To encourage others in balancing body, mind, and spirit. Please note: This is not an inclusive list of all health observances.



- ♥ Fireworks Safety Month
<https://bit.ly/2Ys8C8w>
- ♥ Healthy Vision Month (NIH Postponed from May) <https://bit.ly/2xvC6az>
- ♥ Juvenile Arthritis Awareness Month
<https://bit.ly/3fjxd5A>
- ♥ Sun Safety Month
<https://bit.ly/2Yypomq>
- ♥ UV Safety Month
<https://bit.ly/2wVHcfM>



- National School Backpack Awareness Day
<https://bit.ly/2AoXC1Y>
- Gynecologic Cancer Month
<https://bit.ly/2VYqeHl>
- Atrial Fibrillation Awareness Month
<https://bit.ly/2D60XSZ>
- National Childhood Obesity Awareness Month
<https://bit.ly/2NP5ptd>
- National Cholesterol Education Month
<https://bit.ly/2YTTb8Q>
- National Food Safety Education Month
<https://bit.ly/2YUNbfX>
- National Preparedness Month
<https://bit.ly/3dXTgNc>
- Pain Awareness Month
<https://bit.ly/2Bz8cEg>
- Prostate Cancer Awareness Month
<https://bit.ly/2D7lPej>
- Suicide Prevention Month
<https://bit.ly/3e0uvQd>



- Back to School— Children & Youth Preparedness
<https://bit.ly/2VZyU0k>
- National Immunization Awareness Month
<https://bit.ly/2yng5eo>
- Children's Eye Health & Safety Month
<https://bit.ly/2O6xxli>



- Mental Illness Awareness Week (Oct. 4-10)
<https://bit.ly/2NRey4z>
- Bone and Joint Health National Action Week (Oct. 12-20)
<https://bit.ly/2YVzayM>
- Domestic Violence Awareness Month
<https://bit.ly/3eW7Rkr>
- National ADHD Awareness Month
<https://bit.ly/31GKxwo>
- Breast Cancer Awareness Month
<https://bit.ly/2NRvB6n>
- National ADHD Awareness Month
<https://bit.ly/31GKxwo>
- National Bullying Prevention Month
<https://bit.ly/2Zw3LC4>

Tell Us about Your Ministry

Newsletter Deadline

We love hearing from our readers! Feel free to call 412-232-5815 or email us at ParishNurse@pittsburghmercy.org with news about your ministry.

The next edition of "The Faith Connection" is **Sept./Oct. 2020**. If you have news to share or would like to suggest future article topics please email us by **August 10th**.

